

Functional morphology of kidneys Clearance

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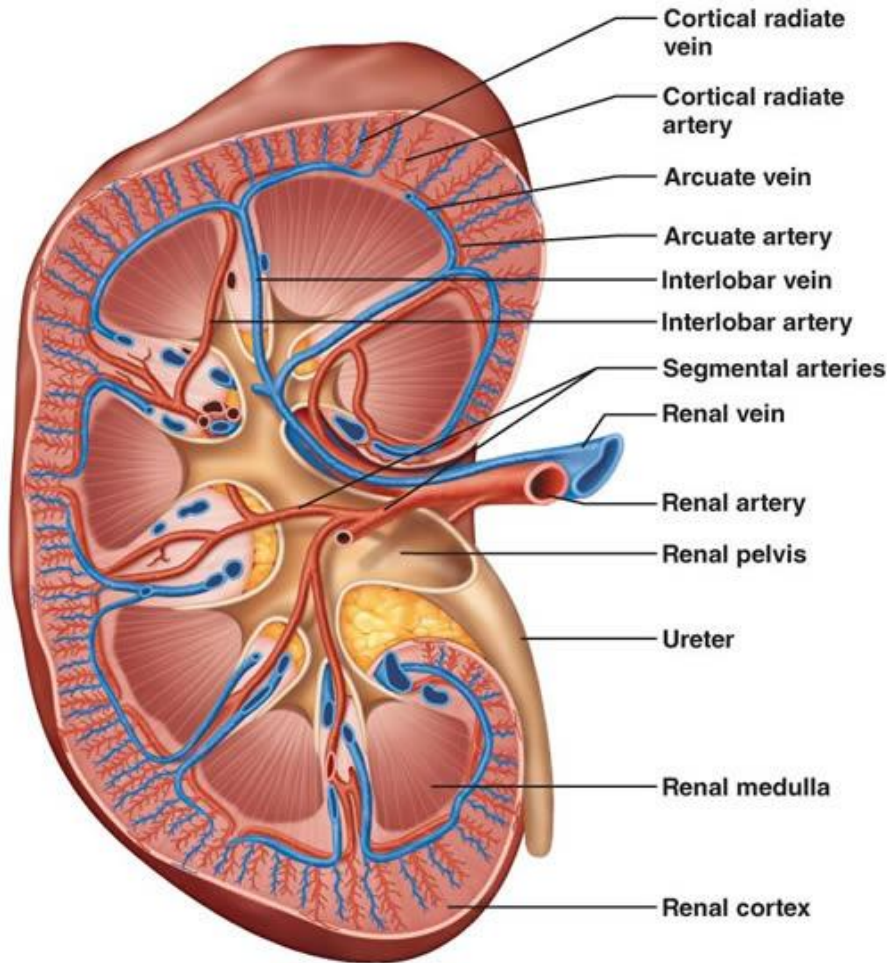
This presentation includes only the most important terms and facts. Its content by itself is not a sufficient source of information required to pass the Physiology exam.



Renal Functions

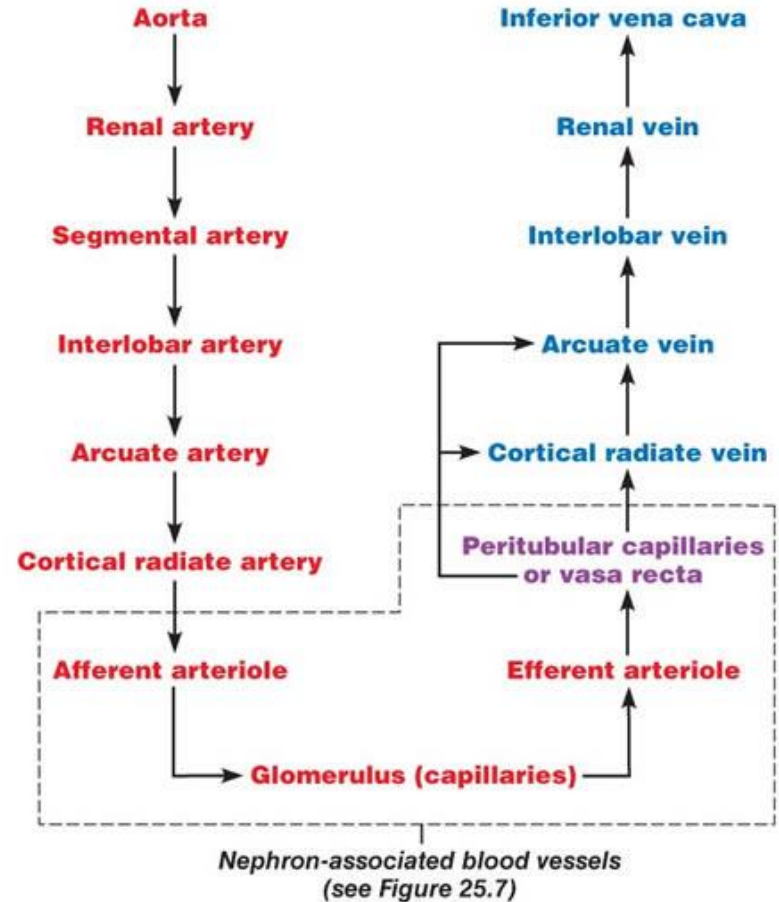
- Excretion of Waste Products and Toxins
- Control of Volume and Composition of Body Fluids, Osmolality
- Regulation of Acid-Base Balance
- Regulation of Blood Pressure
- Secretion, Metabolism and Excretion of Hormones
- Glukoneogenesis

Structure of Kidney



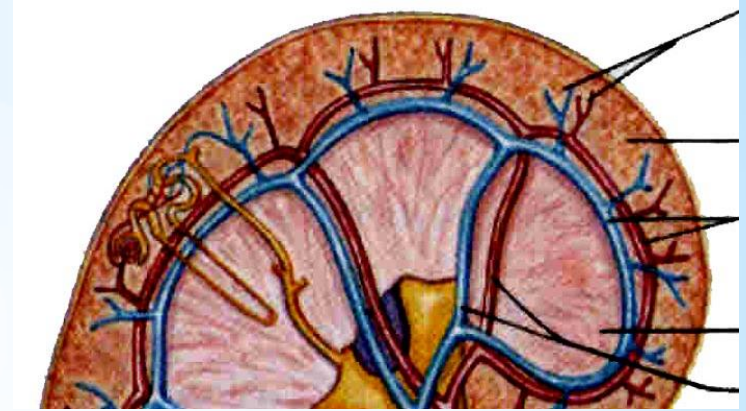
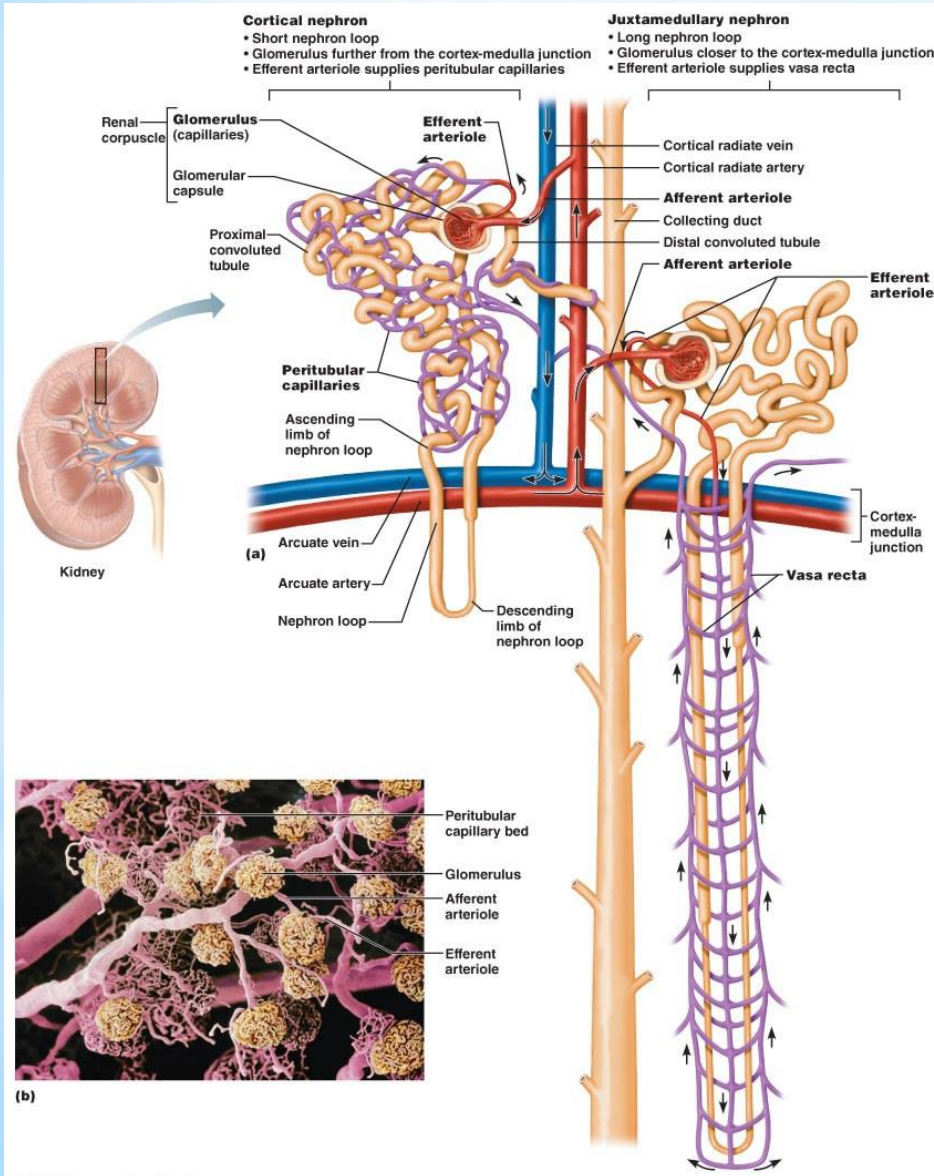
(a) Frontal section illustrating major blood vessels

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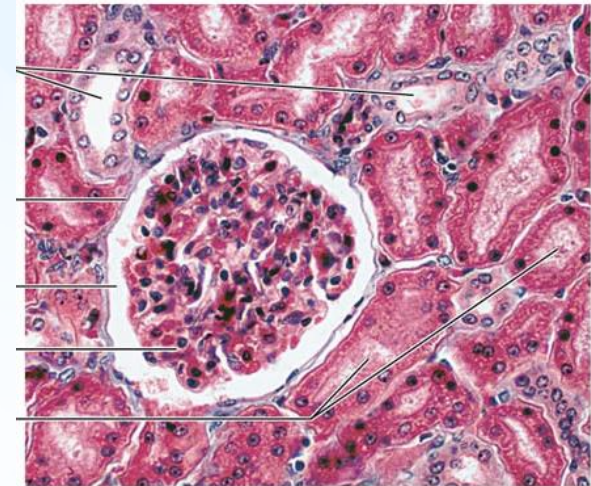
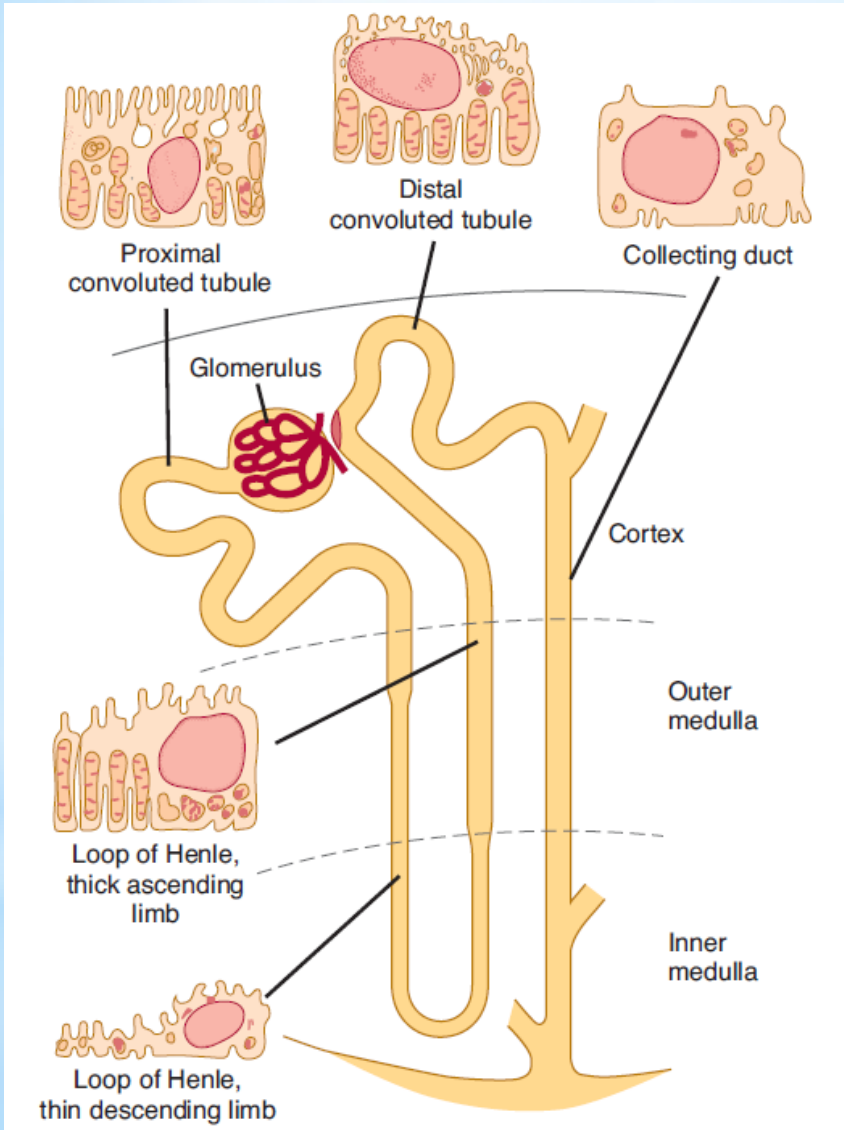
(b) Path of blood flow through renal blood vessels

Structure of Kidney



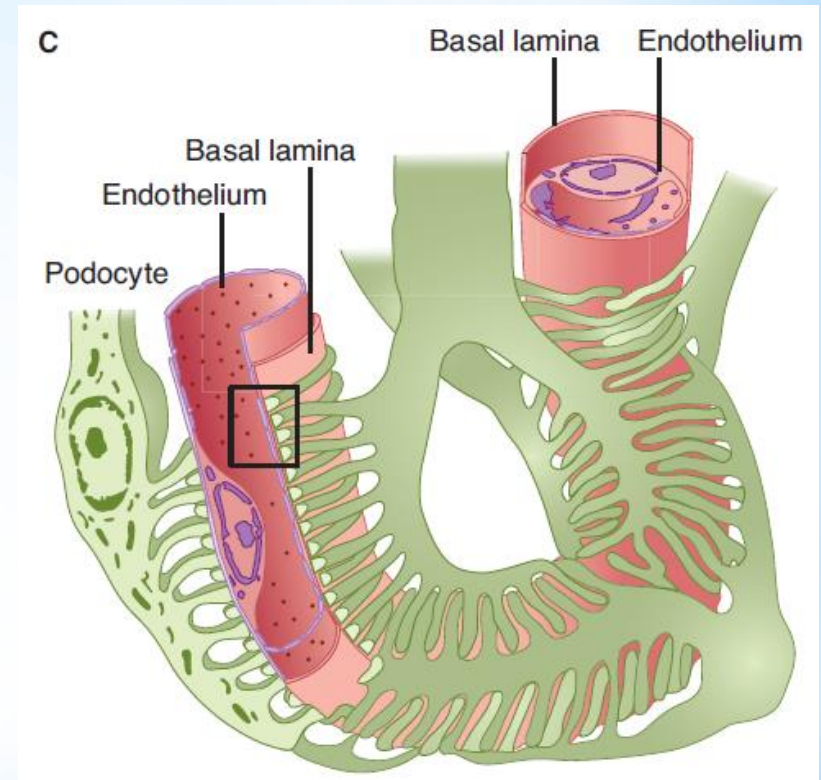
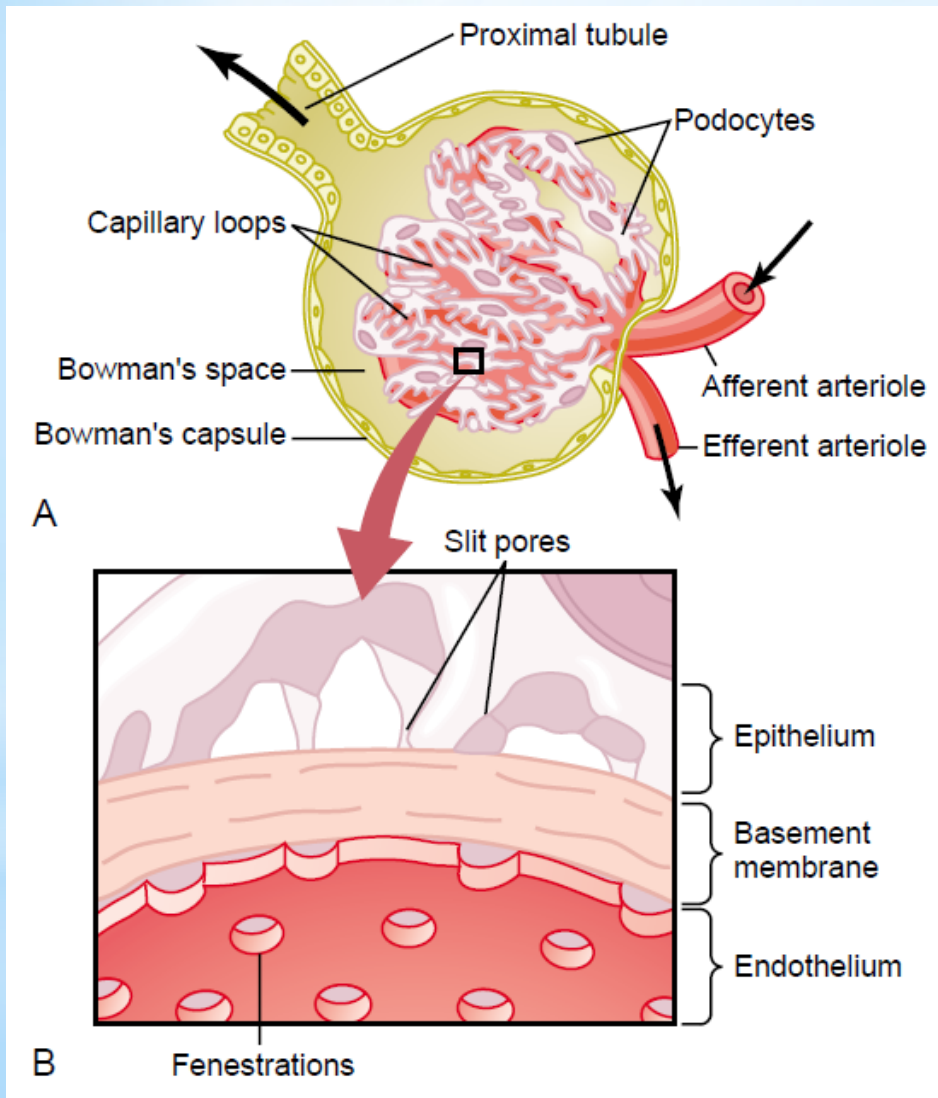
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Structure of Nephron



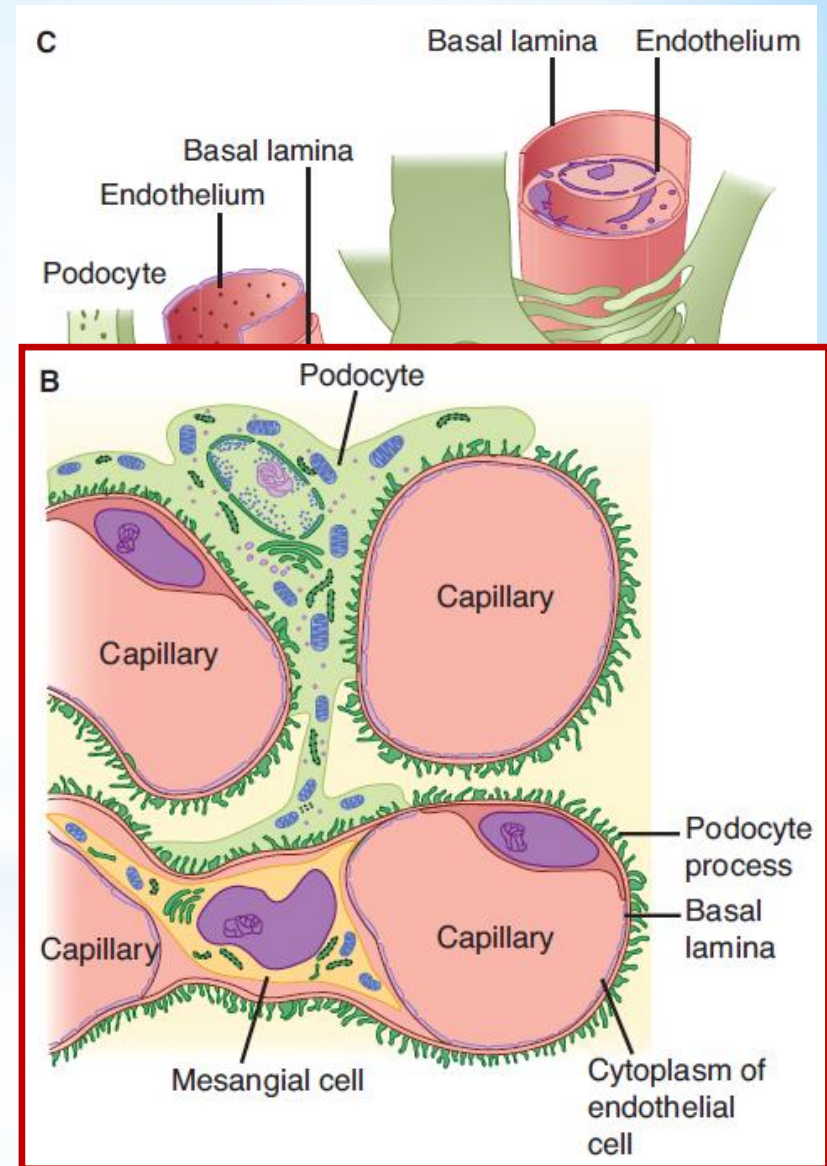
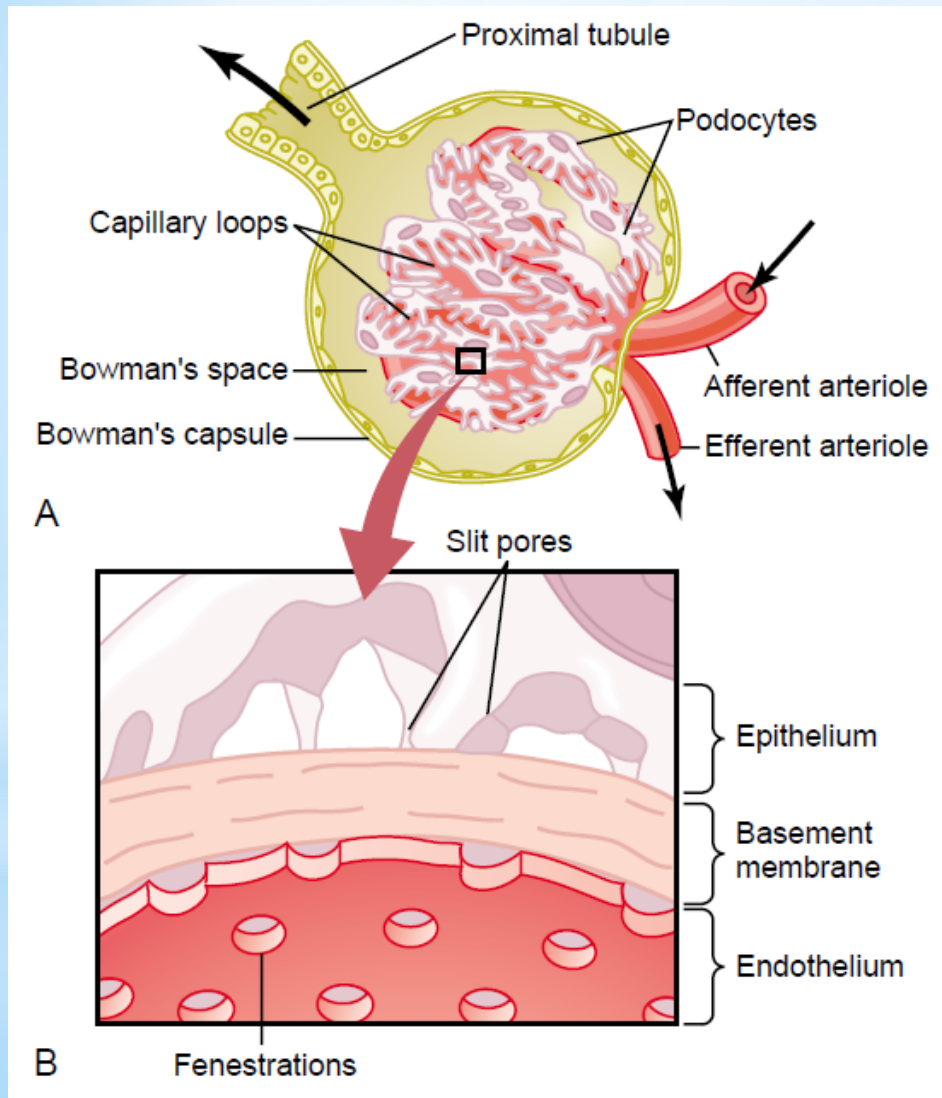
Renal cortical tissue (180×)

Structure of Nephron - Glomerulus



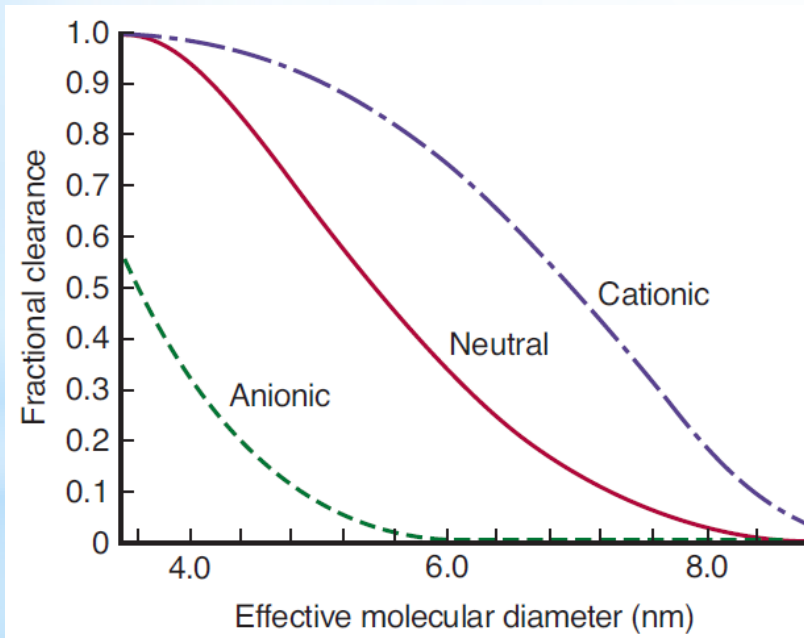
mesangial cells

Structure of Nephron - Glomerulus



Structure of Nephron - Glomerulus

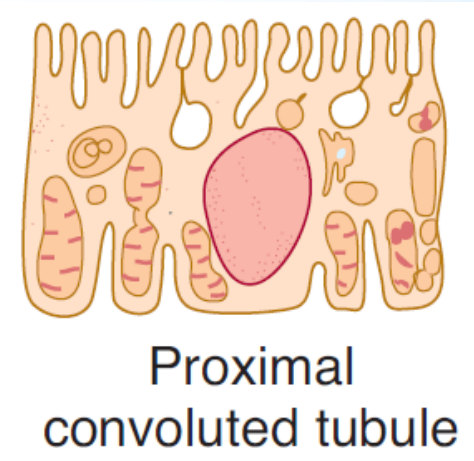
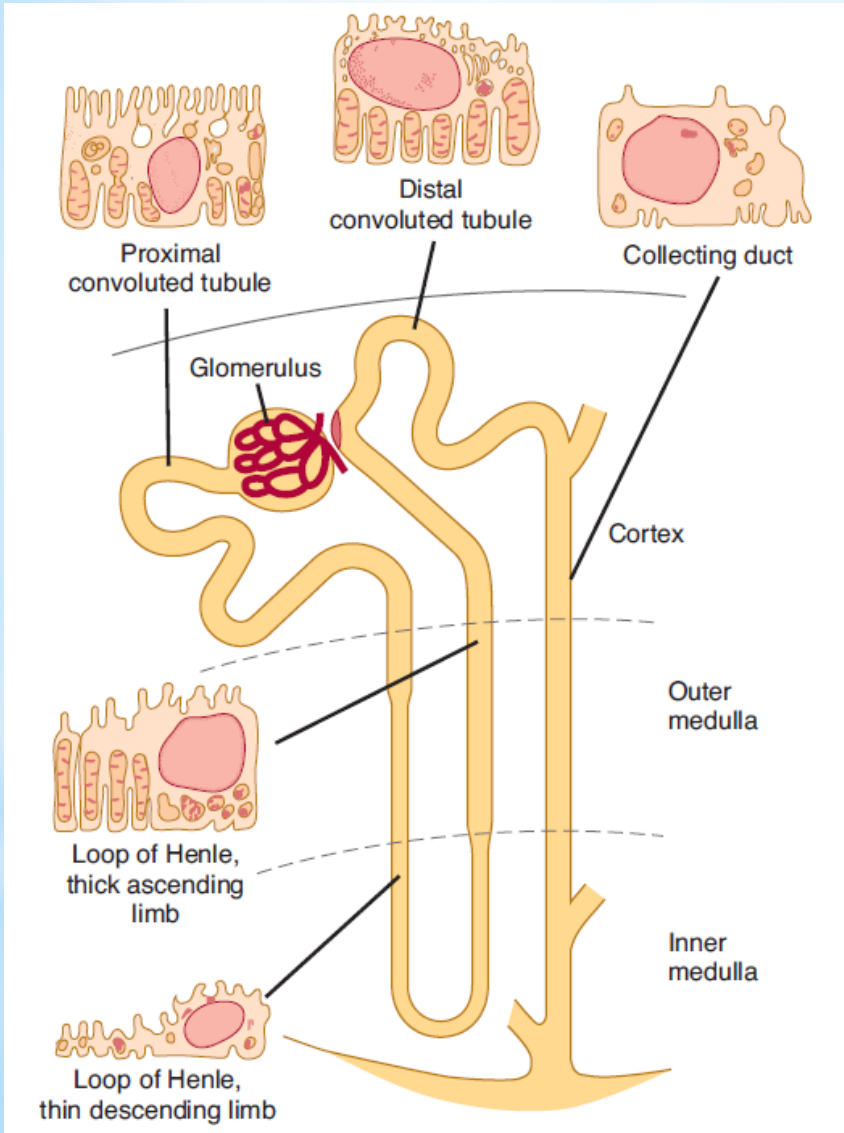
- High filtration rate in glomeruli provided by high permeability of glomerular membrane
- Protein passage barrier negative charge of all layers of glomerular membrane



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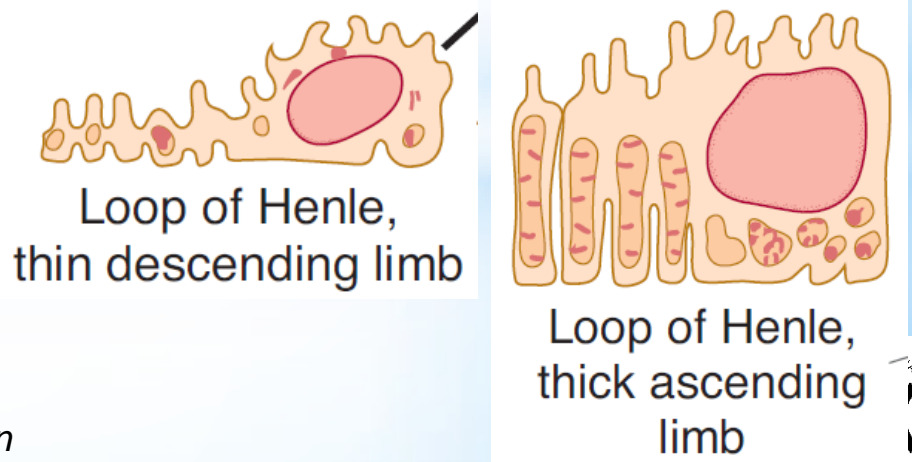
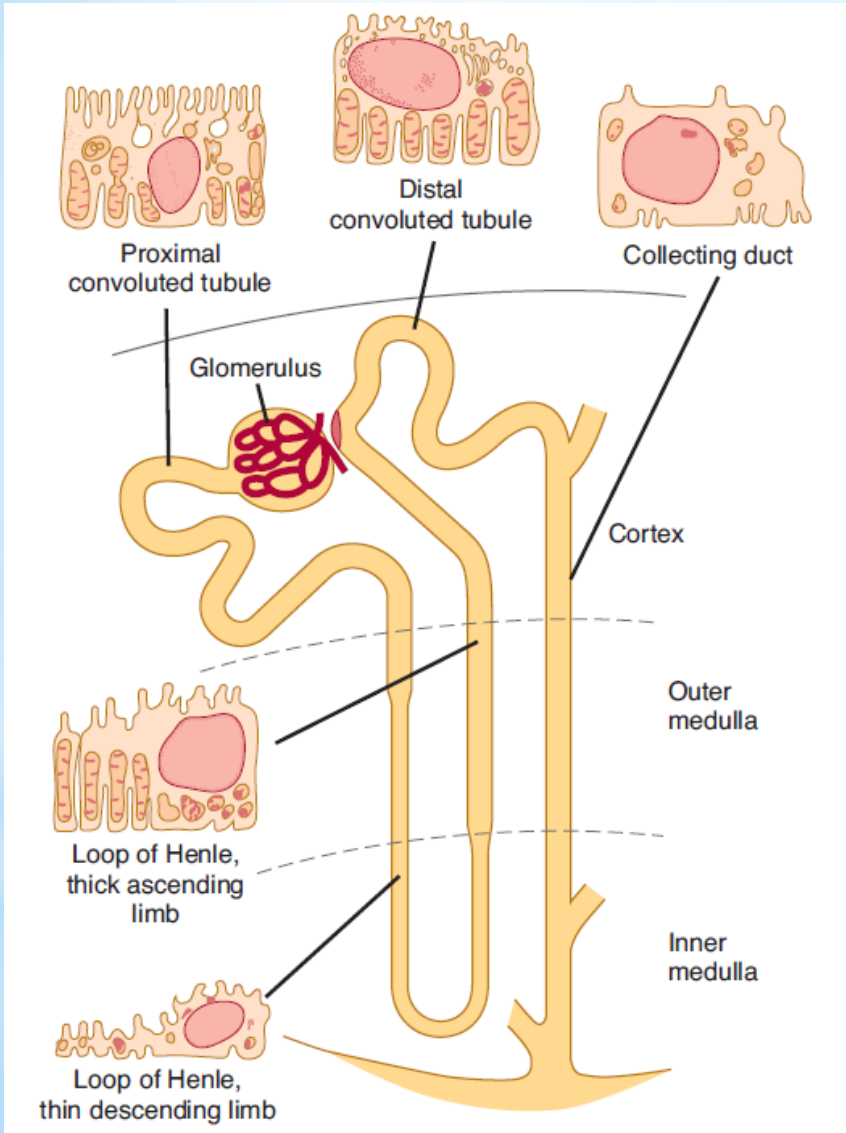
Structure of Nephron - Tubulus

- glomerulus
- proximal convoluted tubule



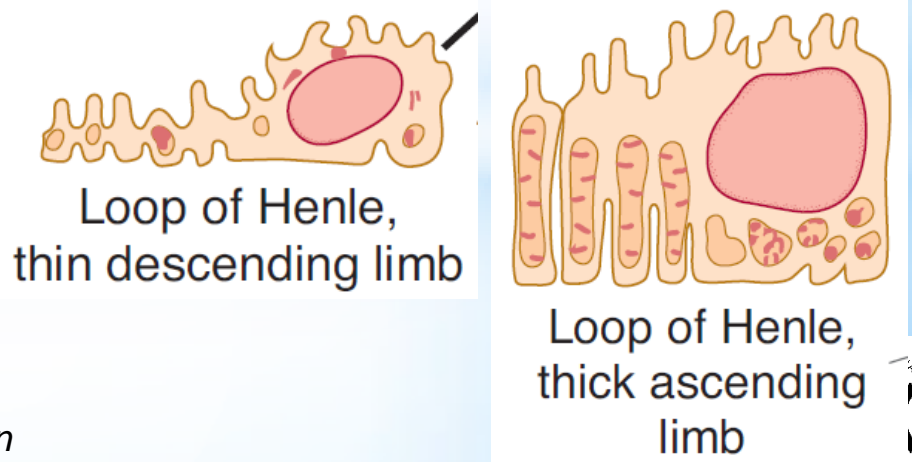
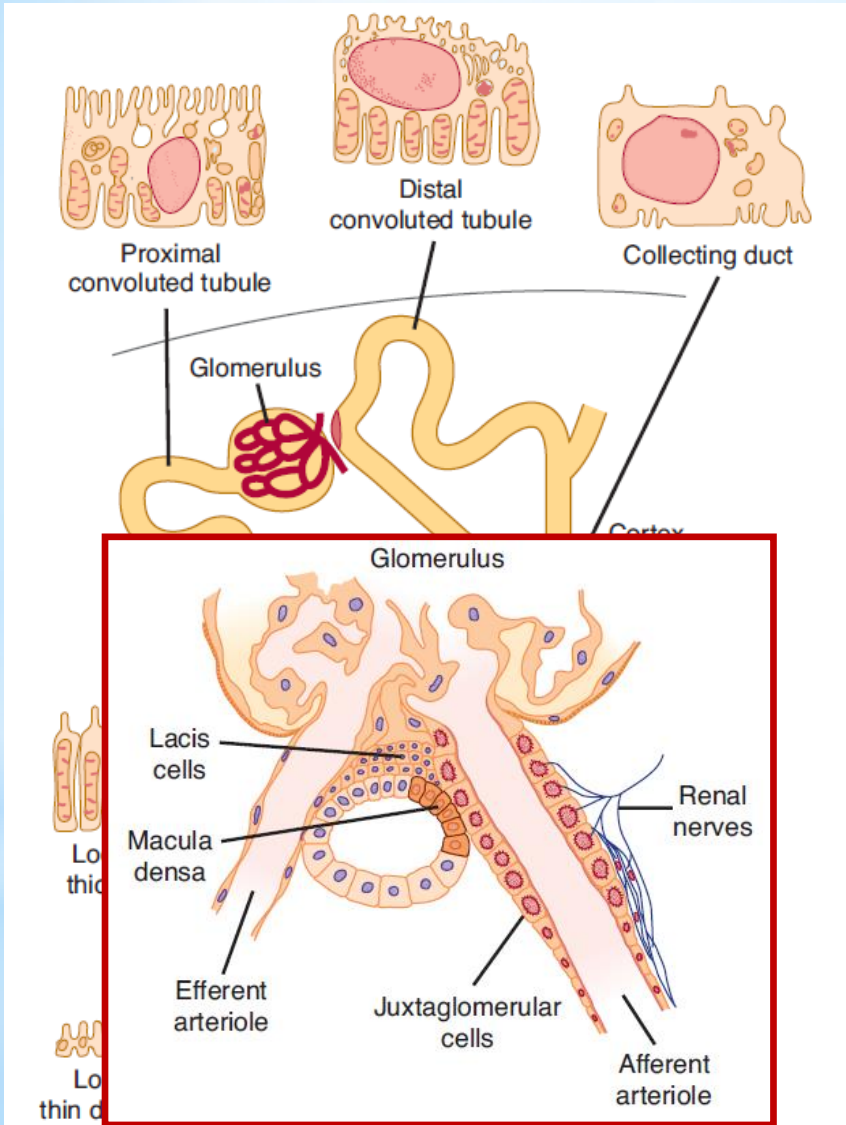
Structure of Nephron - Tubulus

- glomerulus
- proximal convoluted tubule
- loop of Henle

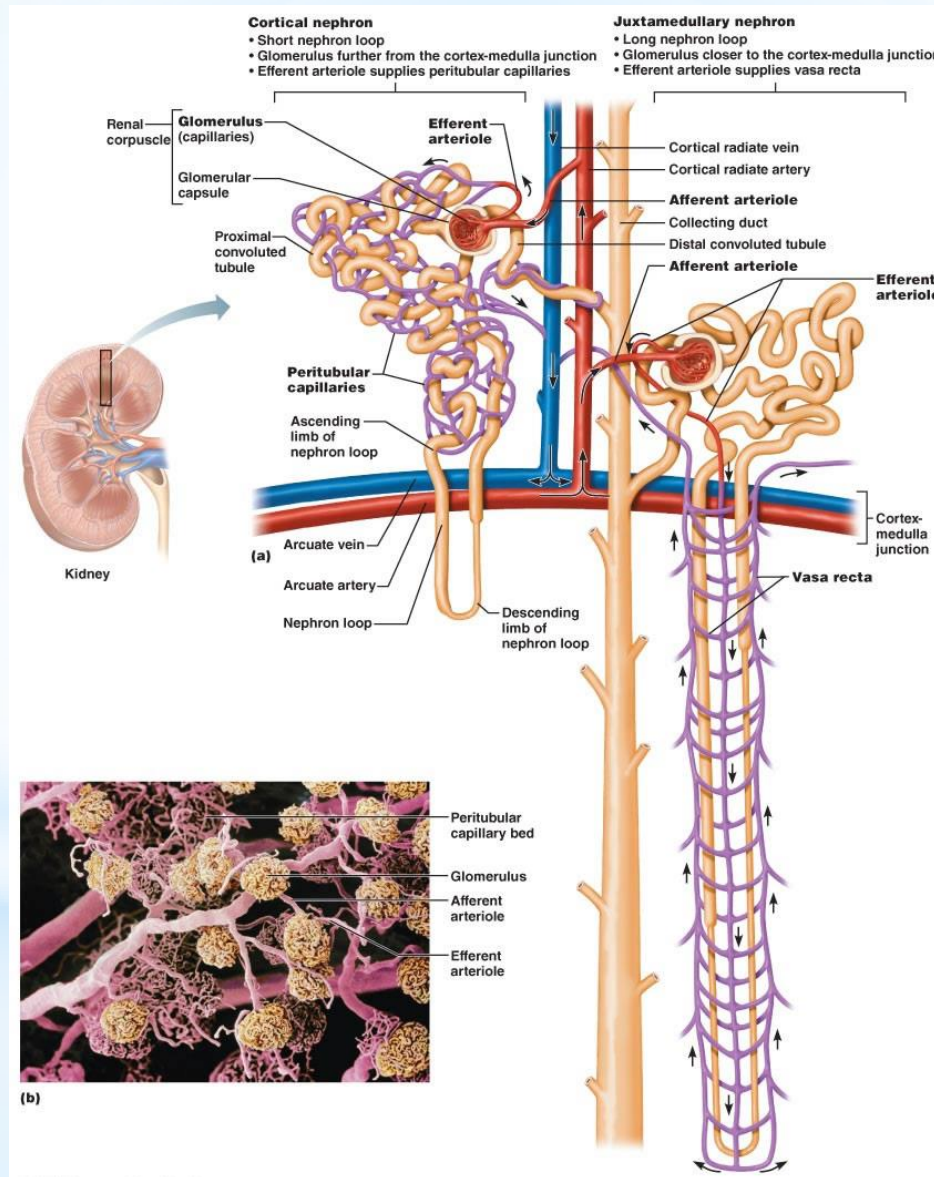


Structure of Nephron - Tubulus

- glomerulus
- proximal convoluted tubule
- loop of Henle



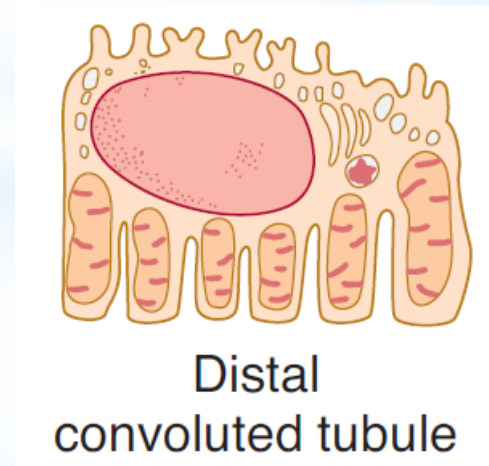
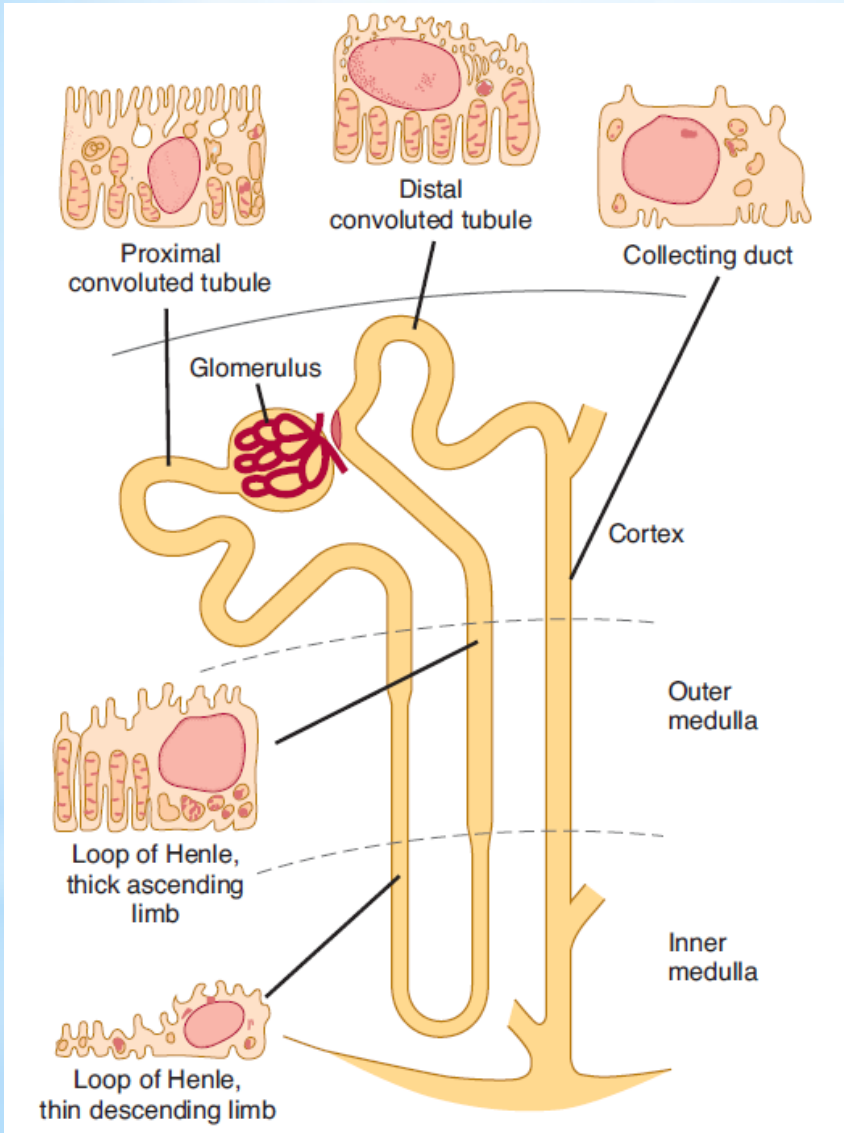
Structure of Nephron - Tubulus



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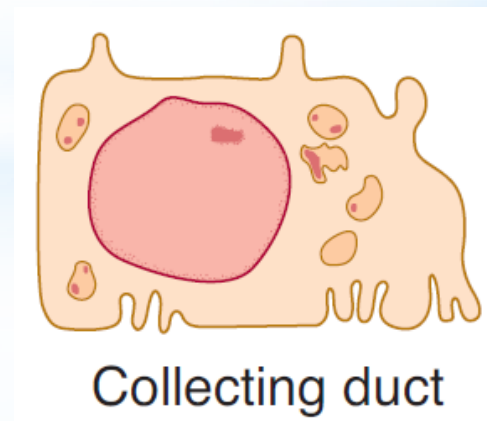
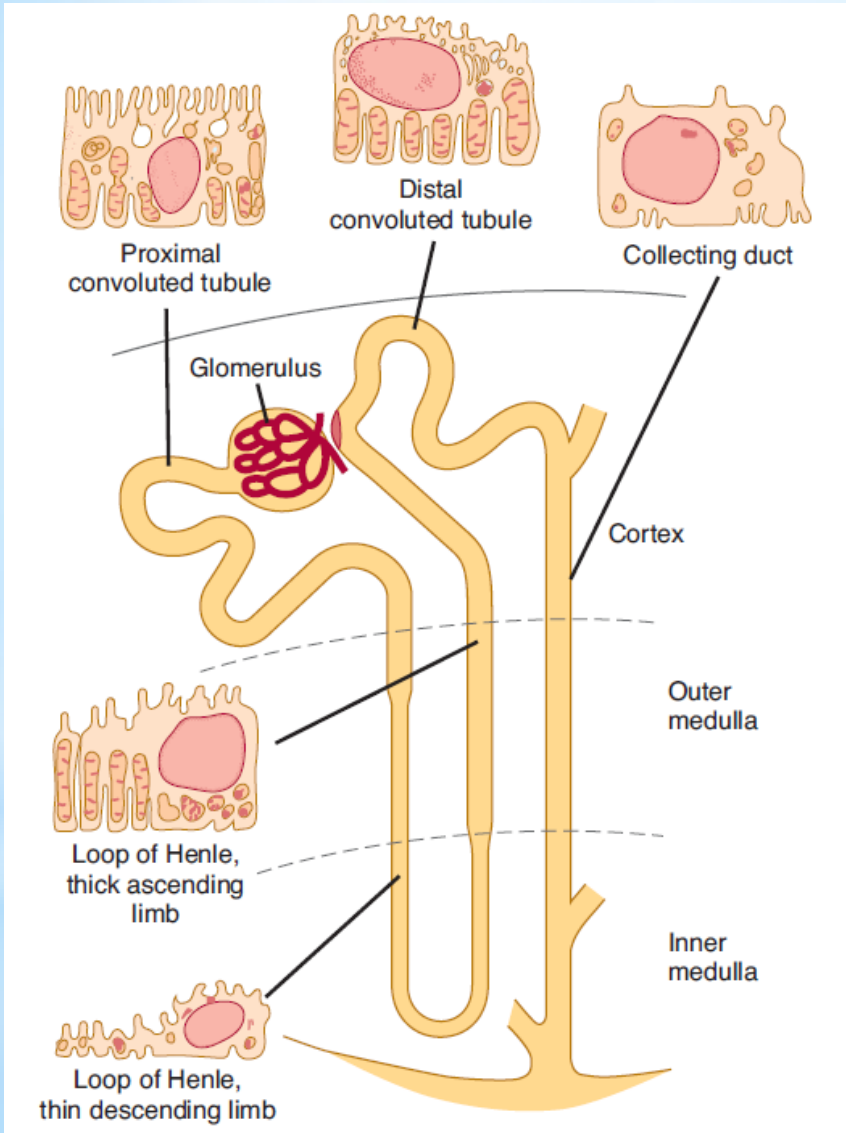
Structure of Nephron - Tubulus

- glomerulus
- proximal convoluted tubule
- loop of Henle
- distal convoluted tubule

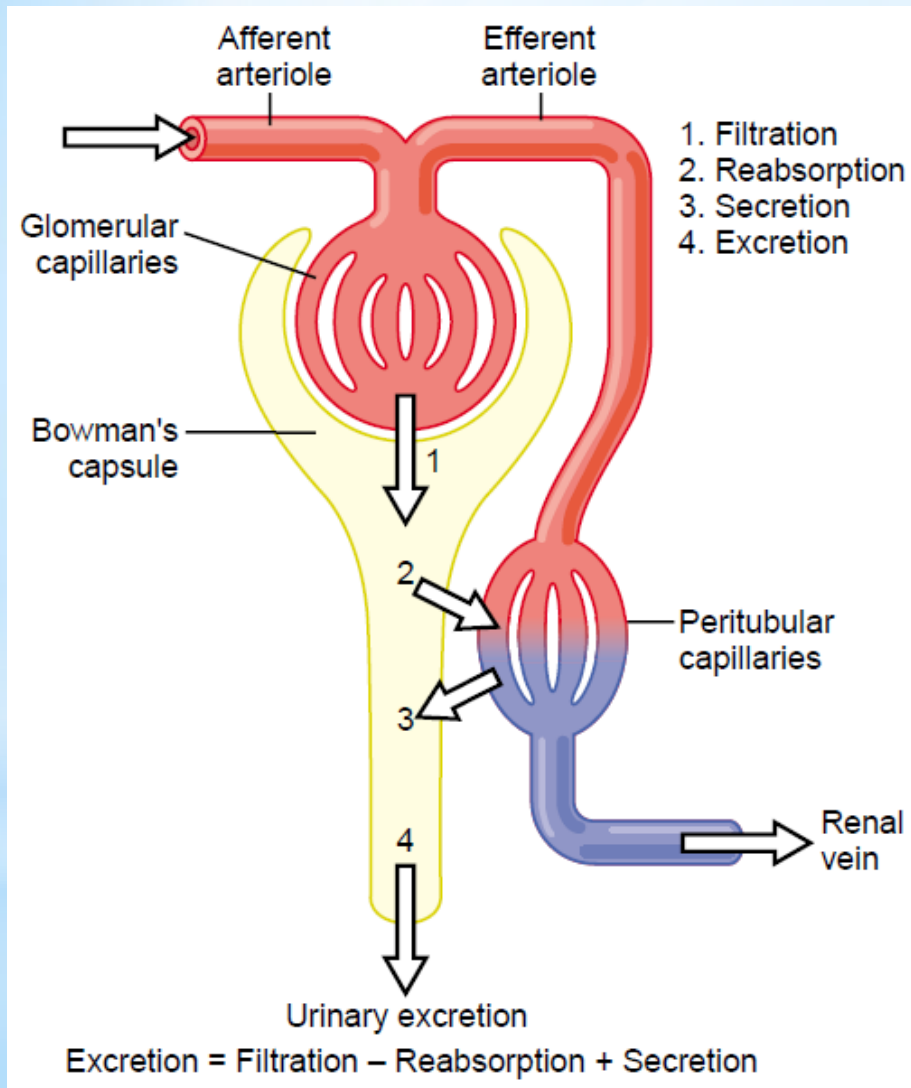


Structure of Nephron - Tubulus

- glomerulus
- proximal convoluted tubule
- loop of Henle
- distal convoluted tubule
- collecting duct

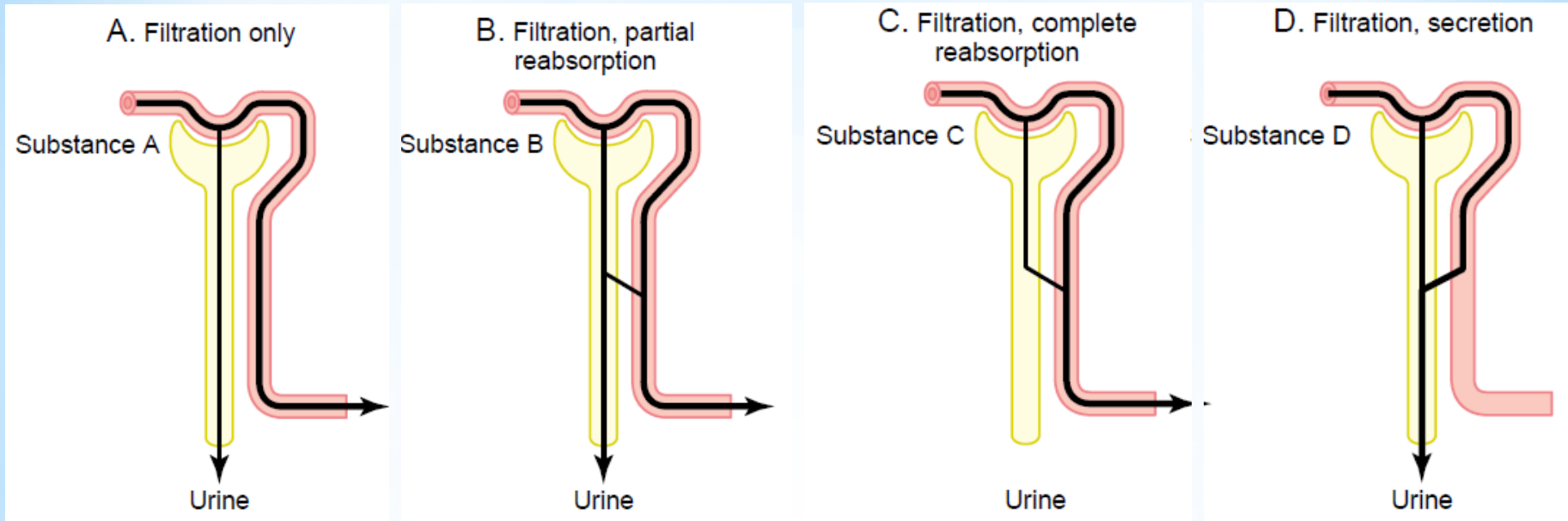


Urine Formation



- 1) Glomerular filtration
- 2) Tubular reabsorption
- 3) Tubular secretion
- 4) Urine excretion

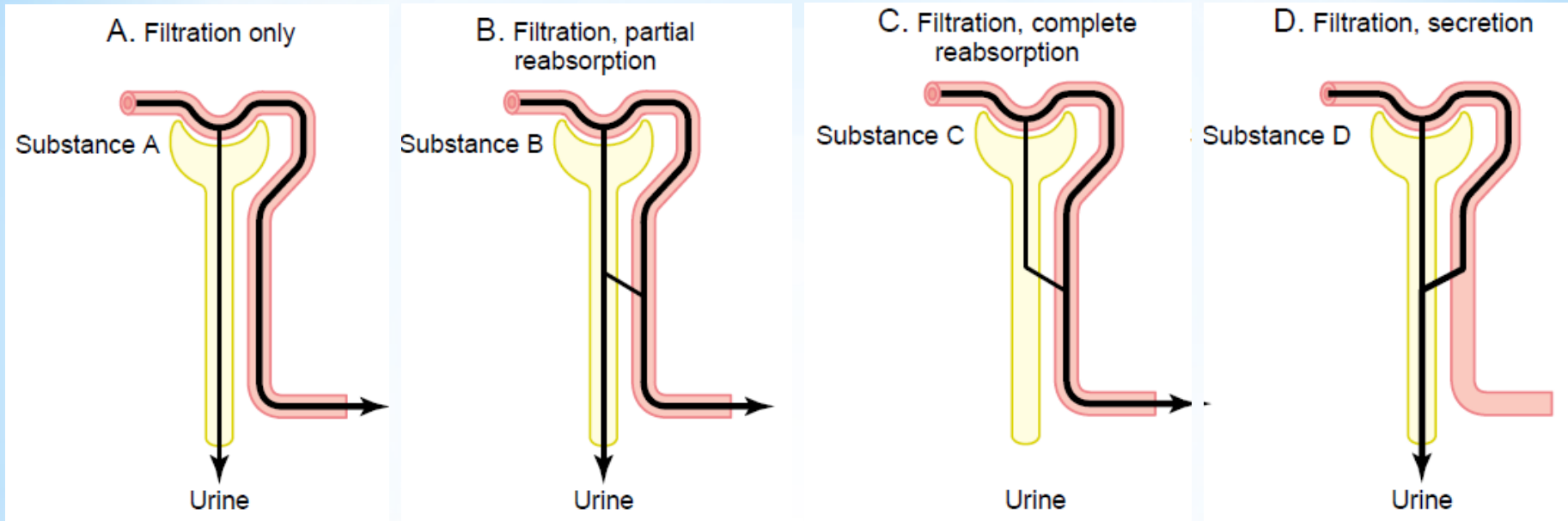
Urine Formation



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- creatinine
- other waste products
- electrolytes
- amino acids
- glucose
- PAH
- toxins
- organic base and acids

Urine Formation



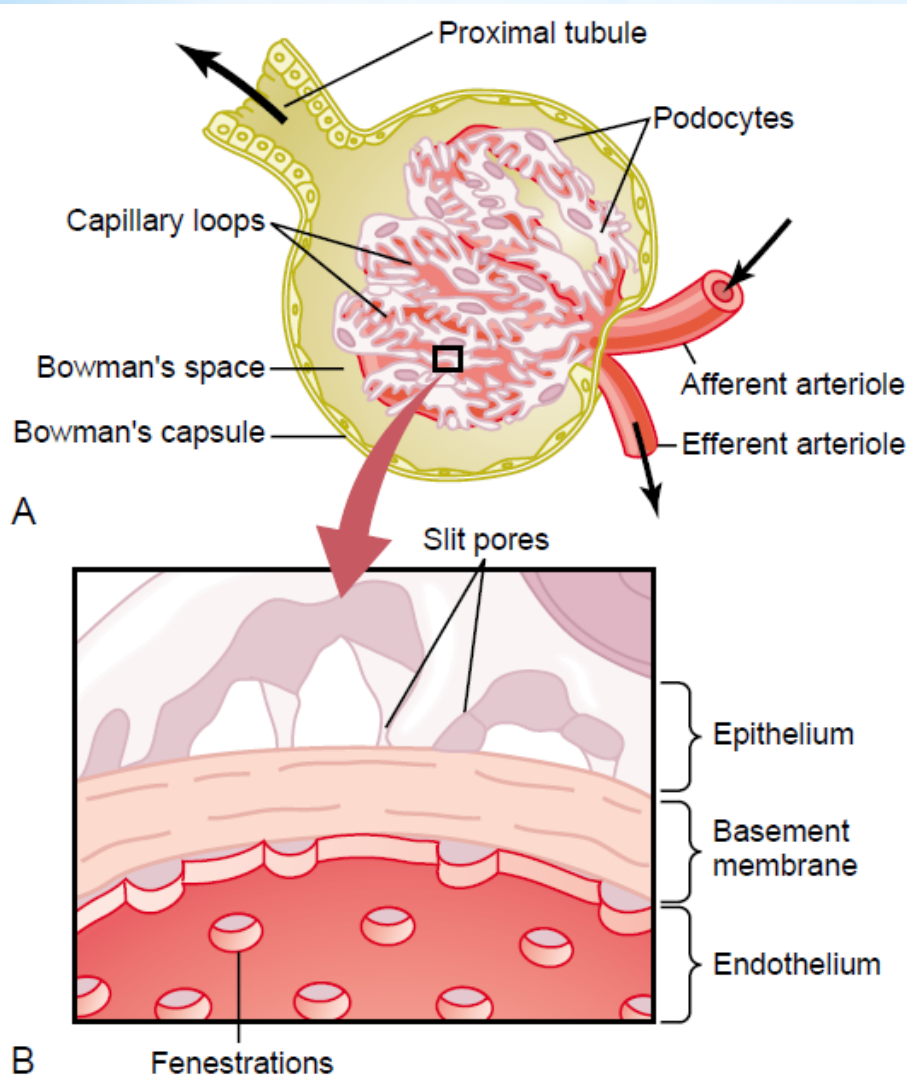
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- creatinine
- other waste products

Substance	Concentration in		
	Urine (U)	Plasma (P)	U/P Ratio
Glucose (mg/dL)	0	100	0
Na ⁺ (mEq/L)	90	140	0.6
Urea (mg/dL)	900	15	60
Creatinine (mg/dL)	150	1	150

- PAH
- toxins
- organic base and acids

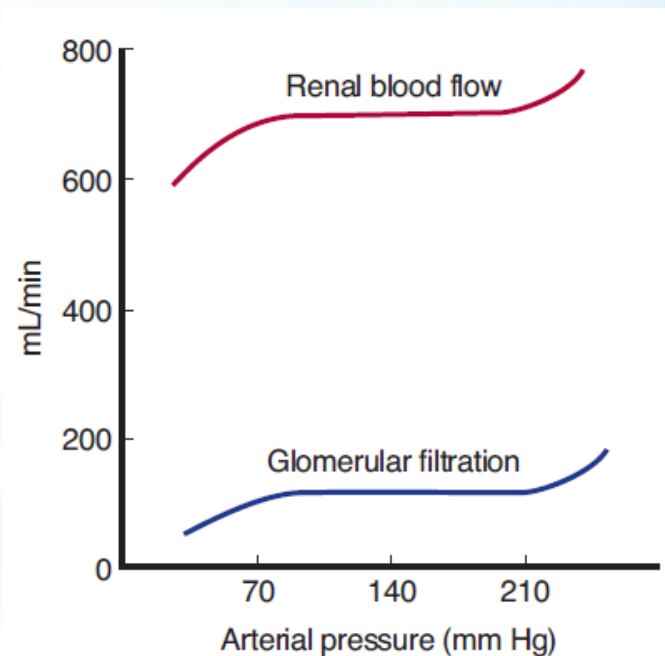
Urine Formation - Glomerular Filtration



$GFR = 125 \text{ ml/min} = 180 \text{ l/day}$

$FF = 0.2$

20% of plasma filtered!



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Urine Formation - Glomerular Filtration

Glomerular filtration rate (GFR) depends on:

- 1) Capillary filtration coefficient K_f
(permeability and area of glomerular membrane; mesangial cells)
- 2) Balance of hydrostatic and colloid osmotic forces

$$\text{GFR} = K_f \cdot \text{net filtration pressure}$$

Urine Formation - Glomerular Filtration

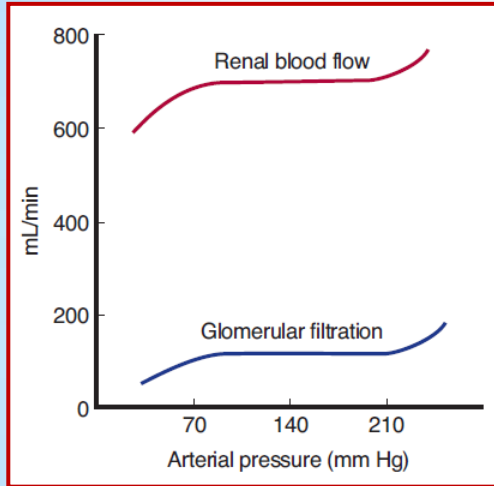
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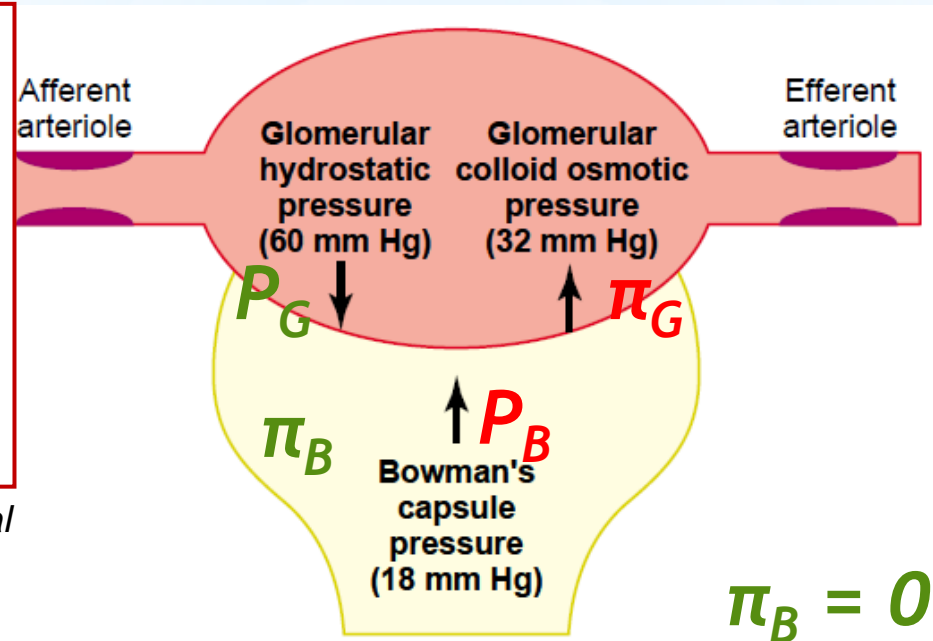
$$\text{GFR} = K_f \cdot \text{net filtration pressure}$$

Urine Formation - Glomerular Filtration

$$\text{GFR} = K_f \cdot \text{net filtration pressure}$$



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Under physiological conditions:

$$\text{net filtration pressure} = P_G + \pi_B - P_B - \pi_G = 60 + 0 - 18 - 32 = 10 \text{ mmHg}$$

$$\text{GFR} = K_f \cdot (P_G + \pi_B - P_B - \pi_G)$$

Urine Formation - Glomerular Filtration

Vas afferens, vas efferens

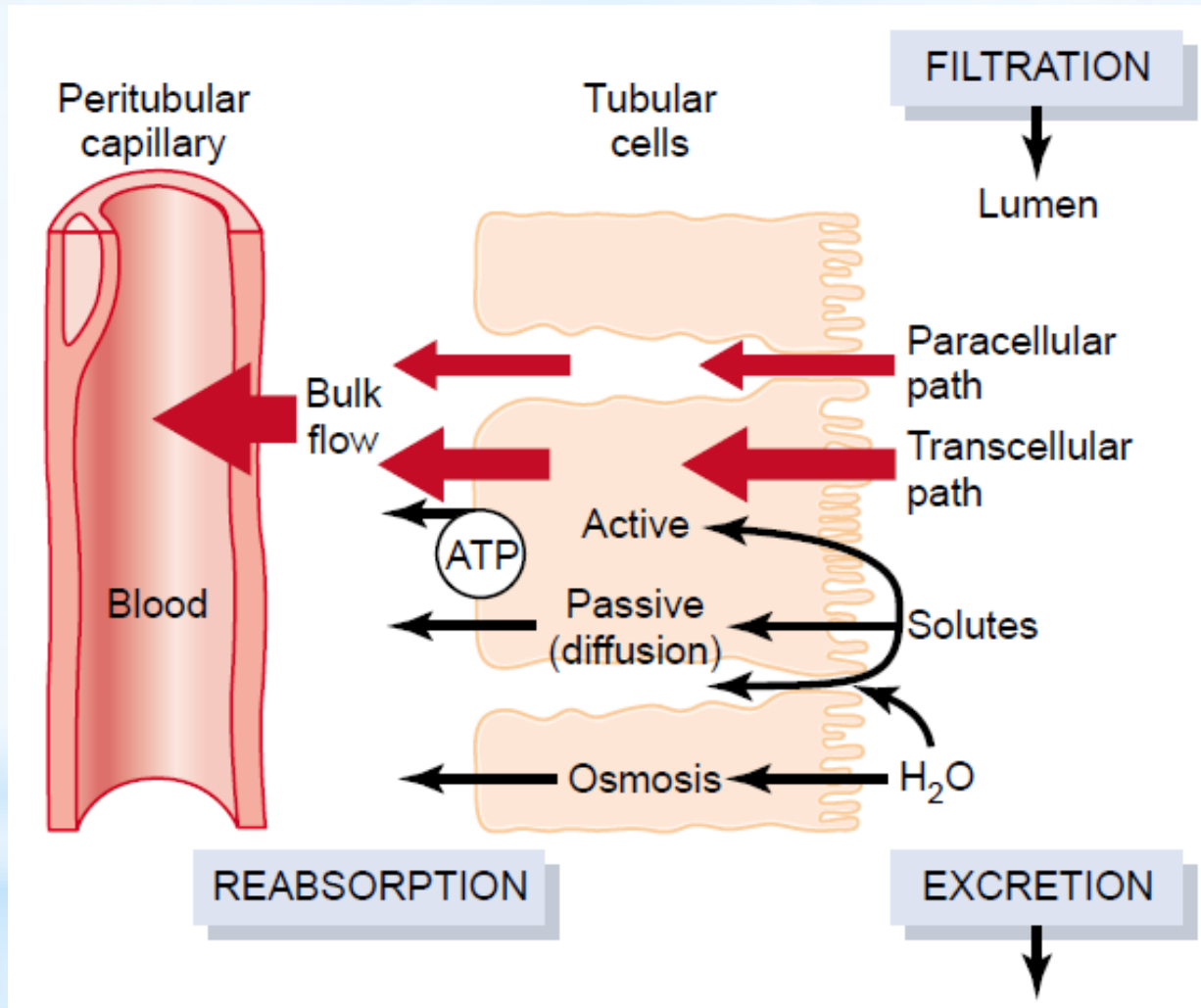
- input and output of high-pressure glomerular capillary net

- glomerular blood flow =
$$\frac{P_{v.a.} - P_{v.e.}}{R_{v.a.} + R_{v.e.} + \cancel{R_{g.k.}}}$$

- **↑ resistance** of *vas aff.* or *vas eff.* → **↓ renal blood flow** (if the arterial pressure is stable)
- **control the glomerular filtration pressure:**

constriction of *vas aff.* → ↓ glomerular pressure → ↓ filtration
constriction of *vas eff.* → ↑ glomerular pressure → ↑ filtration

Urine Formation – Tubular Processes



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Urine Formation – Tubular Processes

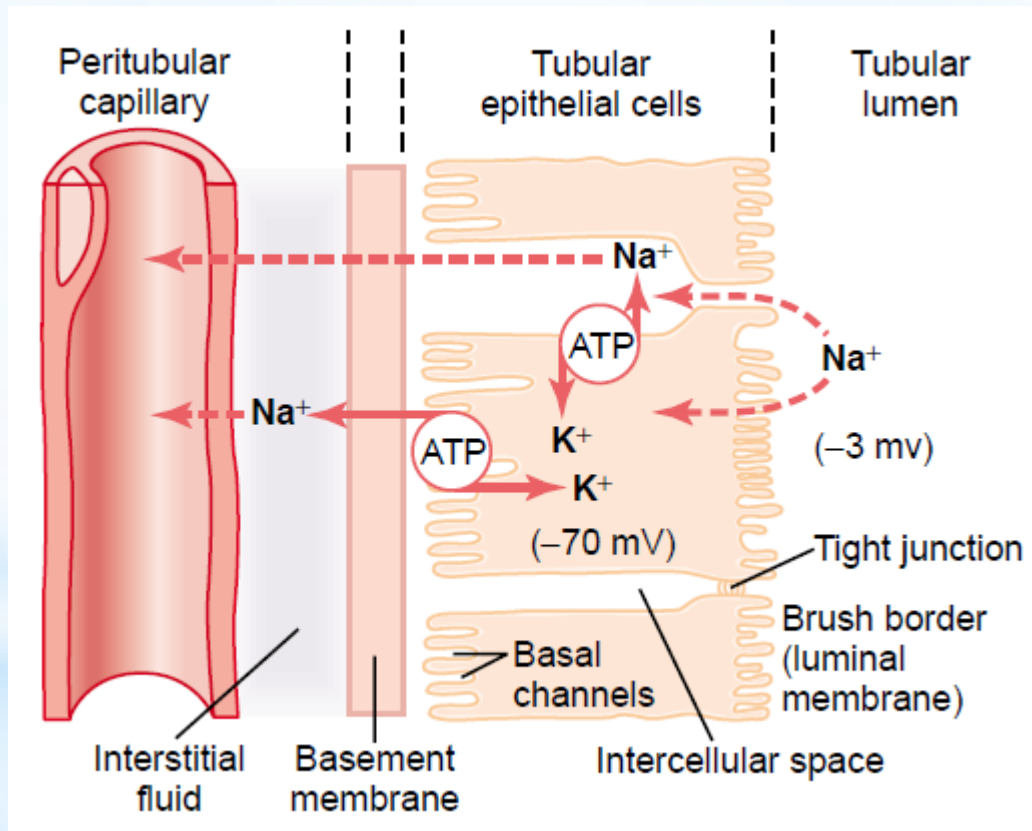
Active Transport Mechanisms

- 1) Primary active transport
- 2) Secondary active transport
- 3) Pinocytosis
(big molecules, e.g. proteins, namely in the proximal tubule)

Urine Formation – Tubular Processes

Active Transport Mechanisms

1) Primary active transport



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Urine Formation – Tubular Processes

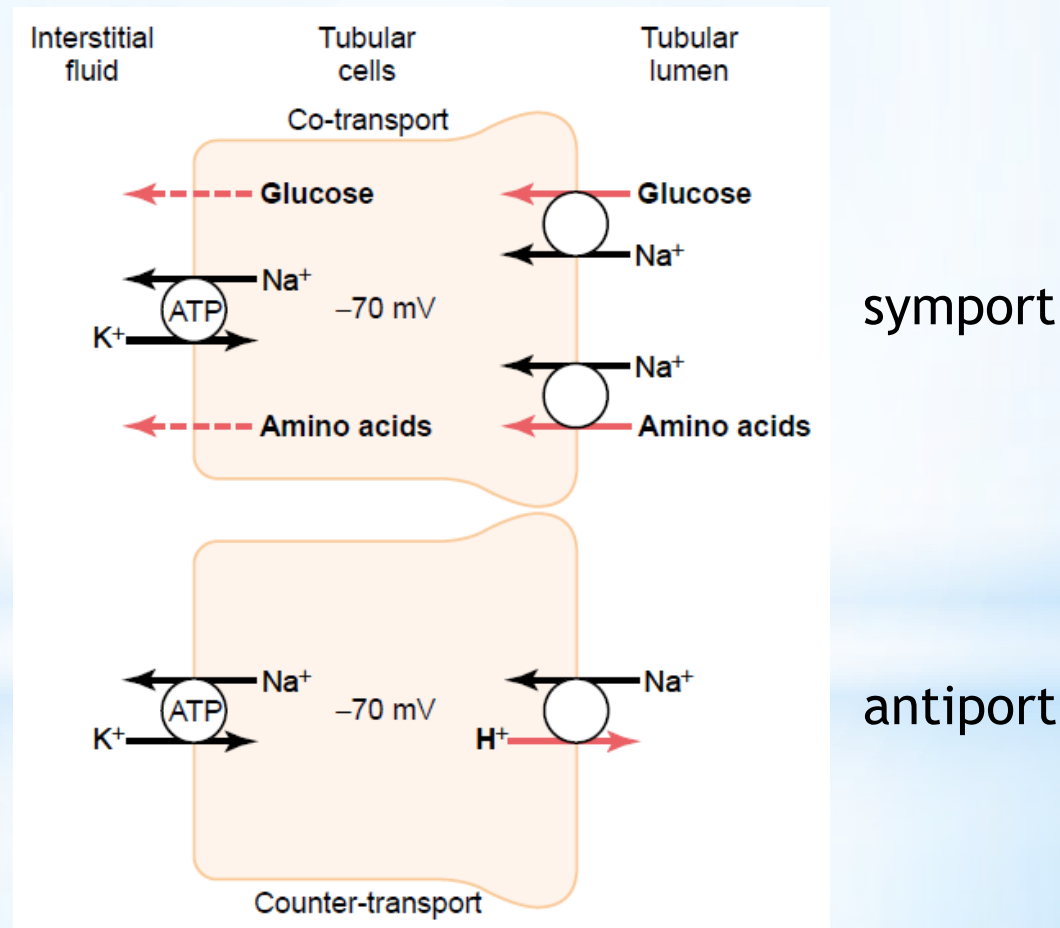
Active Transport Mechanisms

- 1) Primary active transport
 - Na^+/K^+ ATPase
 - H^+ ATPase
 - Ca^{2+} ATPase

Urine Formation – Tubular Processes

Active Transport Mechanisms

2) Secondary active transport



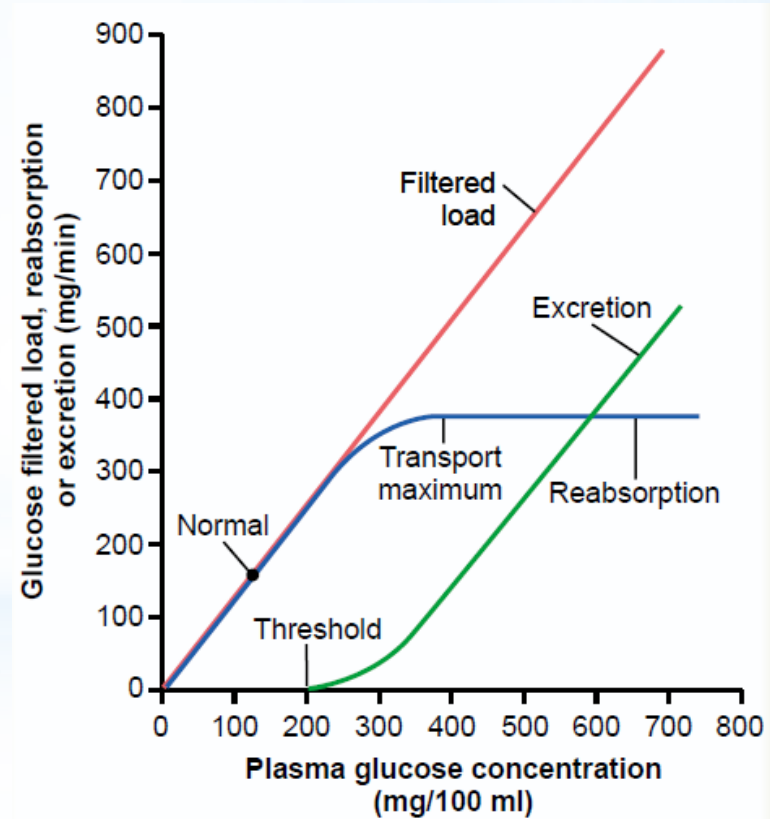
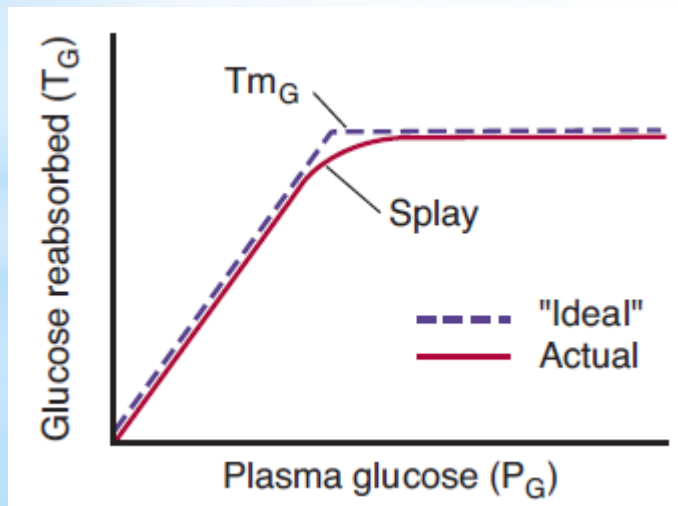
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Urine Formation – Tubular Processes

Active Transport Mechanisms

Substances using active transport show the so called **transport maximum** (given by saturation of the transporter).

for example **glucose**
transport maximum:
~320 mg/min



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Urine Formation – Tubular Processes

Active Transport Mechanisms

Substances using active transport show the so called **transport maximum** (given by saturation of the transporter).

reabsorption

Substance	Transport Maximum
Glucose	375 mg/min
Phosphate	0.10 mM/min
Sulfate	0.06 mM/min
Amino acids	1.5 mM/min
Urate	15 mg/min
Lactate	75 mg/min
Plasma protein	30 mg/min

secretion

Substance	Transport Maximum
Creatinine	16 mg/min
Para-aminohippuric acid	80 mg/min

Urine Formation – Tubular Processes

Active Transport Mechanisms

Substances using active transport **without the transport maximum** (the gradient-time transport).

- reabsorption of Na^+ in the proximal tubule



The higher concentration of Na^+ in the proximal tubule, the higher velocity of its reabsorption.

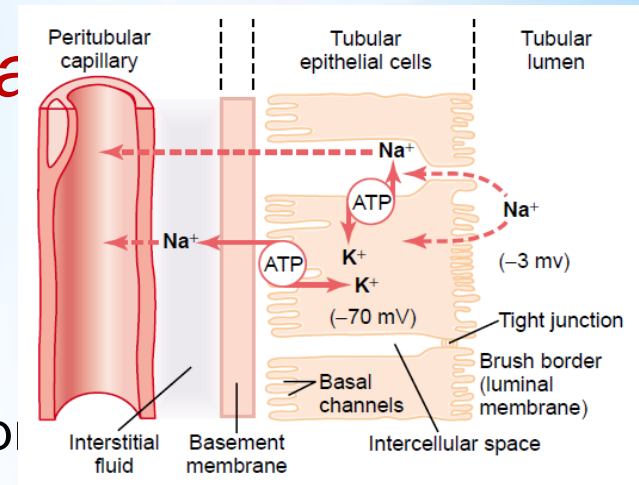
The slower flow of fluid in the proximal tubule, the more Na^+ is reabsorbed.

In the distal parts of tubule, Na^+ reabsorption shows the transport maximum (non-leaky tight junctions, smaller transport) – may be increased, e.g. by aldosteron.

Urine Formation – Tubular Processes

Active Transport Mechanisms

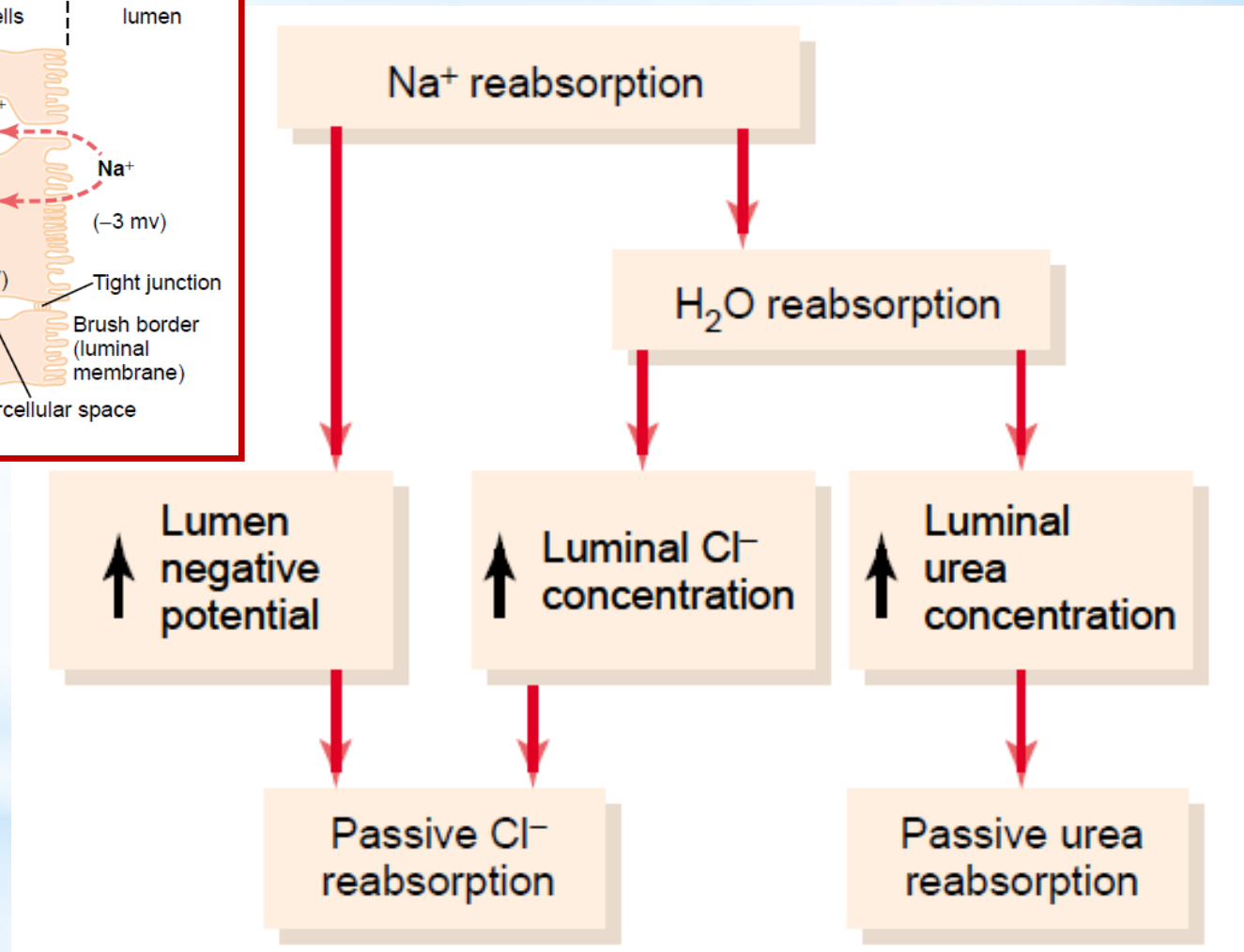
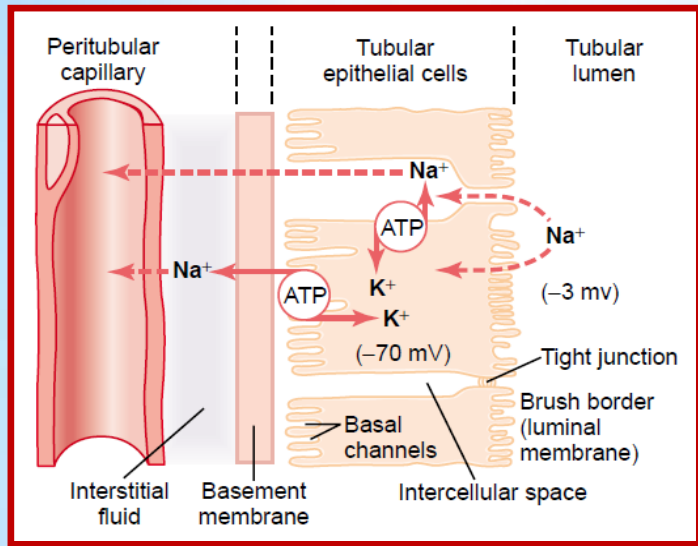
- 1) Primary active transport
- 2) Secondary active transport
- 3) Pinocytosis
(big molecules, e.g. proteins, namely in the proximal tubule)



Passive Transport Mechanisms

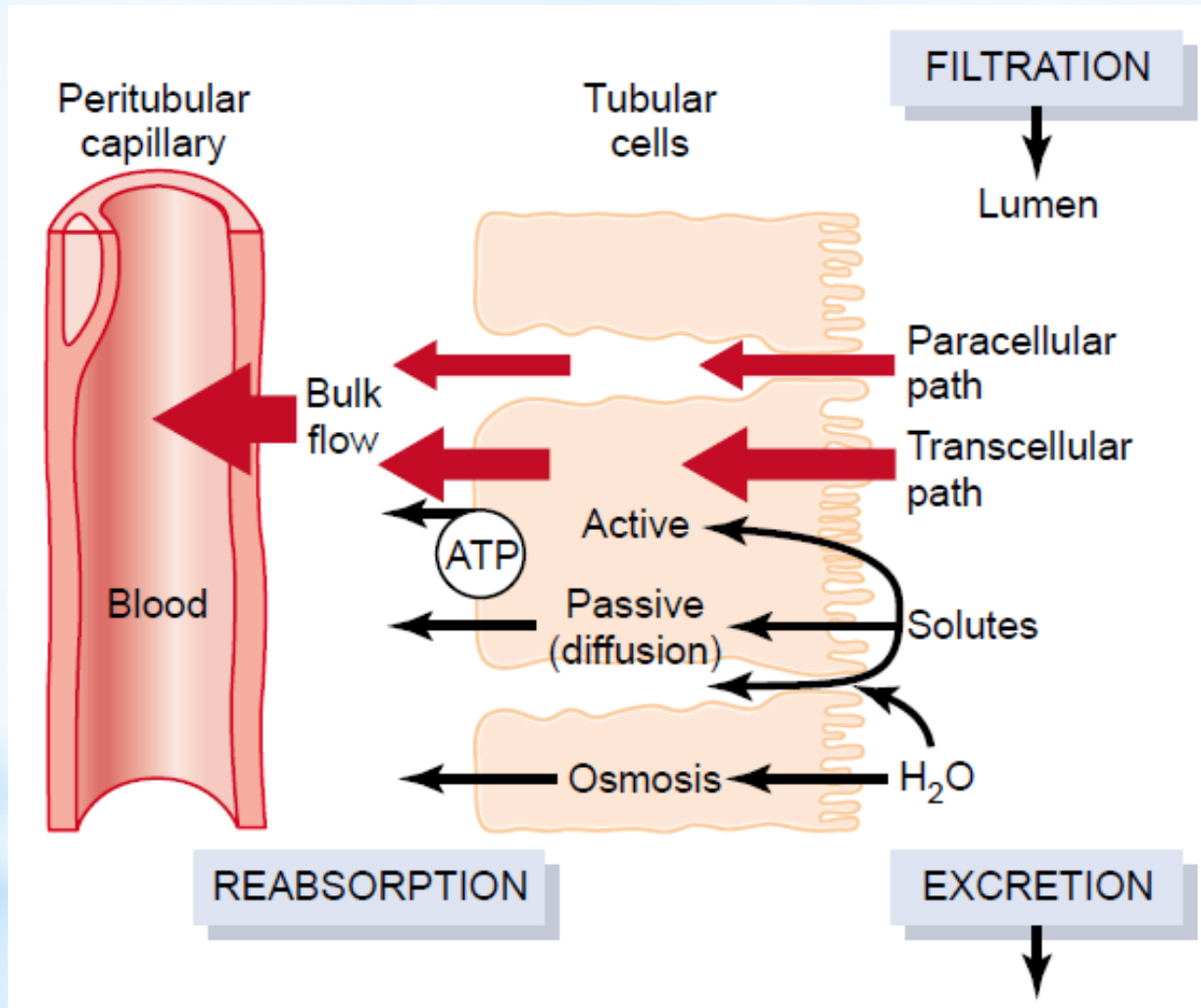
- 1) Reabsorption of H₂O by osmosis
 - in the proximal tubule (highly permeable for H₂O)
 - active reabsorption of solutes → lumen-interstitium concentration gradient → H₂O osmosis into interstitium
- 2) Reabsorption of solutes by diffusion
 - Cl⁻ (Na⁺ into interstitium, reabsorption of H₂O by osmosis)
 - urea (reabsorption of H₂O by osmosis)

Urine Formation – Tubular Processes



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Urine Formation – Tubular Processes



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Urine Formation – Tubular Processes

Physical Forces in Peritubular Capillaries and in Renal Interstitium

- tubular reabsorption is controlled by hydrostatic and colloid osmotic forces (similarly to GFR)

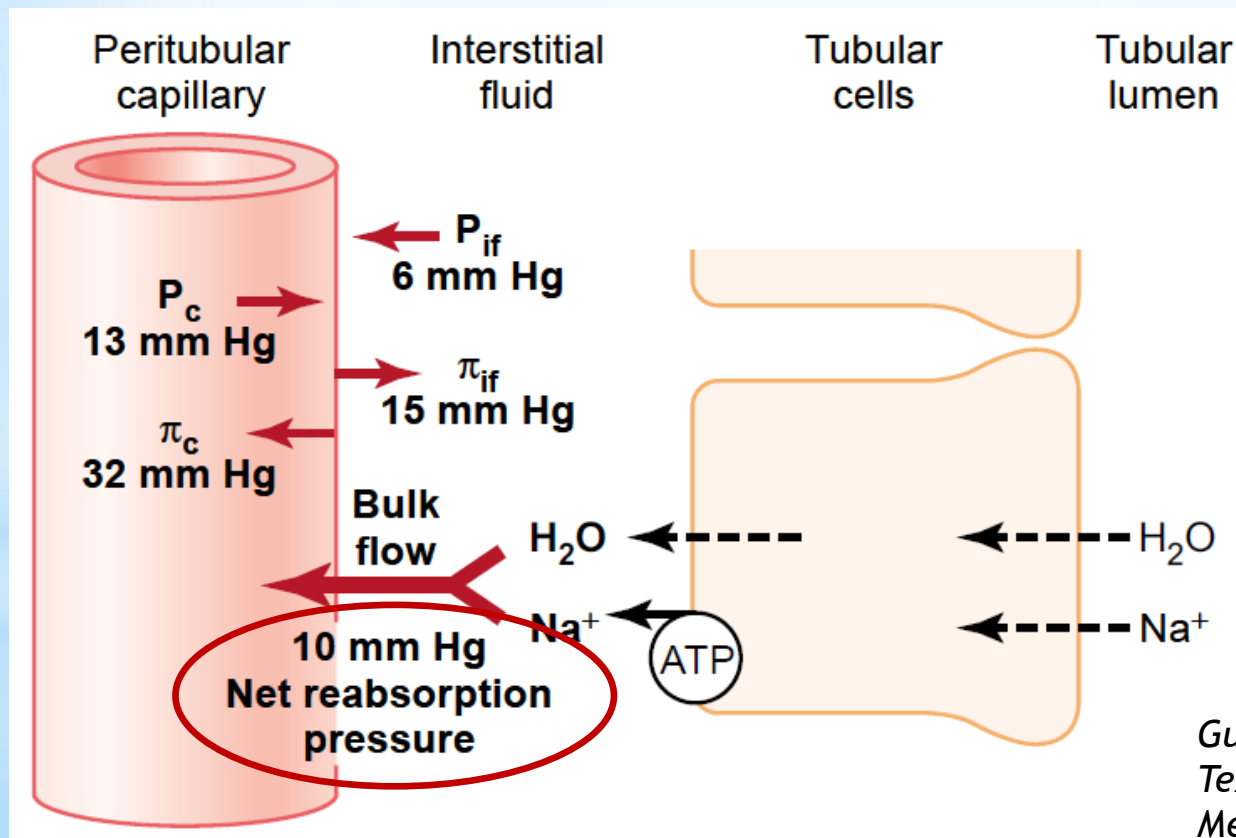
$$\text{GFR} = K_f \cdot \text{net filtration pressure}$$



$$\text{TRR} = K_f \cdot \text{net reabsorptive force}$$

Urine Formation – Tubular Processes

Physical Forces in Peritubular Capillaries and in Renal Interstitium

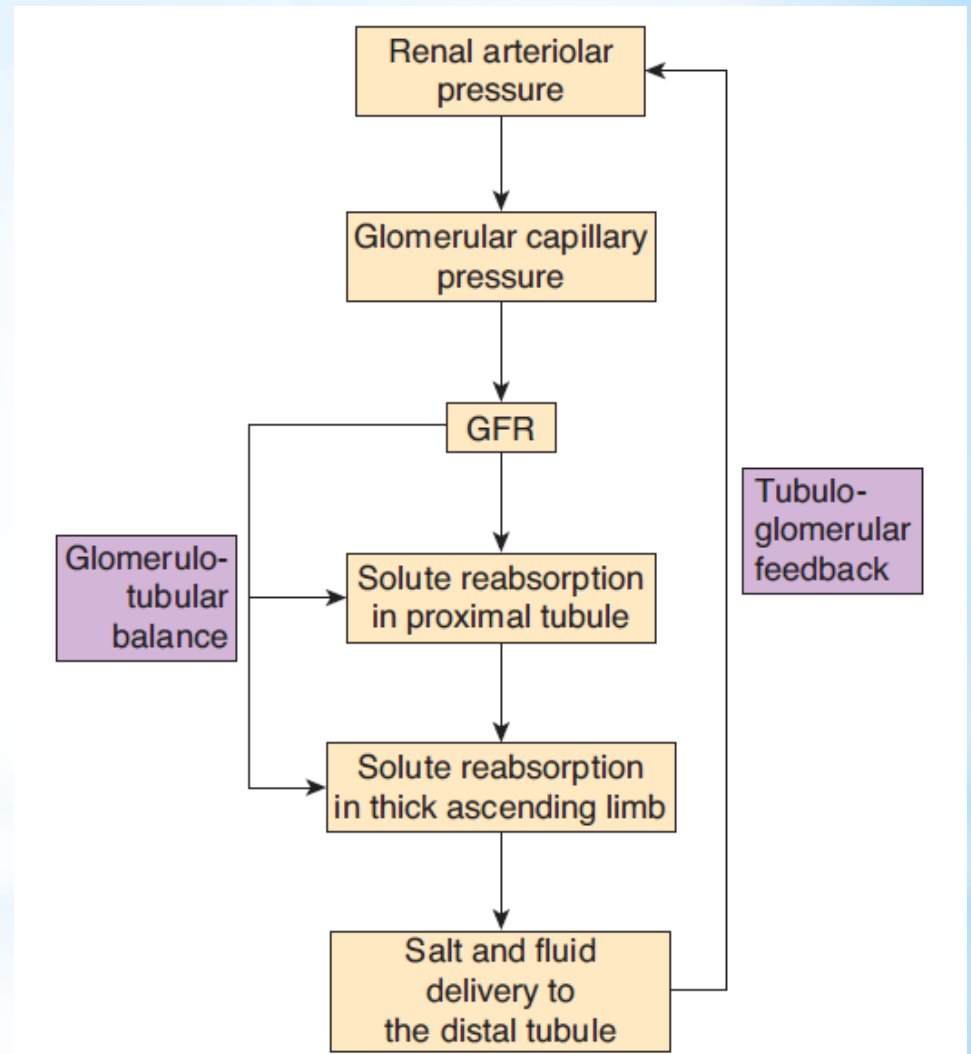


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Urine Formation – Tubular Processes

Tubuloglomerular feedback

Glomerulotubular balance



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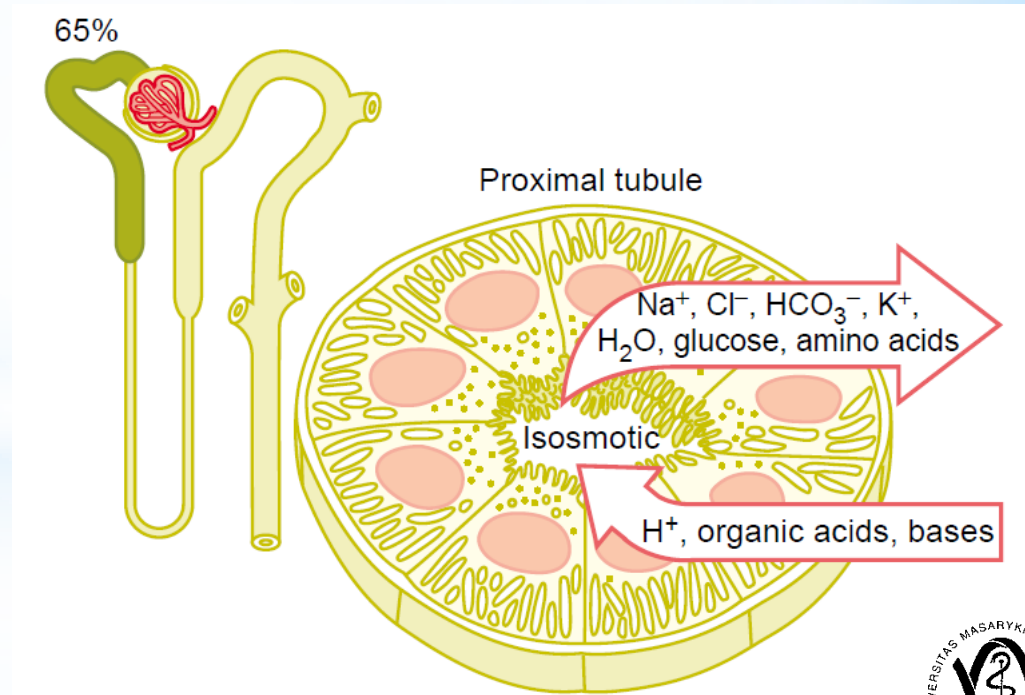
Urine Formation – Tubular Processes

Proximal Tubule

- 1) complete reabsorption of substances playing key roles for the organism (glucose, amino acids)
- 2) partial reabsorption of substances important for the organism (ions – Na^+ , K^+ , Cl^- , *etc.*)
- 3) reabsorption of water
- 4) secretion of H^+
- 5) reabsorption of HCO_3^-

Result:

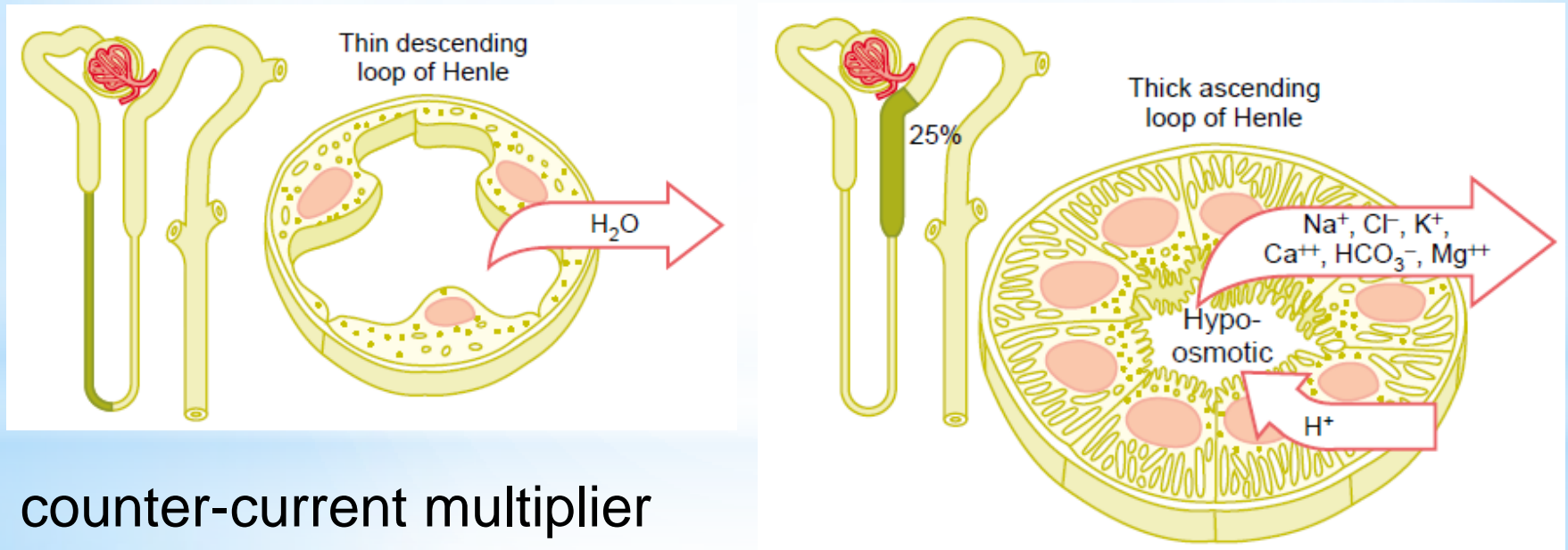
isoosmotic fluid,
notably decreased
volume



Urine Formation – Tubular Processes

Loop of Henle

- 1) **thin descending part** - passive reabsorption of water (osmosis)
- 2) **thick ascending part** - active reabsorption of ions ($\text{Na}^+/\text{K}^+/\text{2Cl}^-$ symport), secretion of H^+ , reabsorption of HCO_3^-

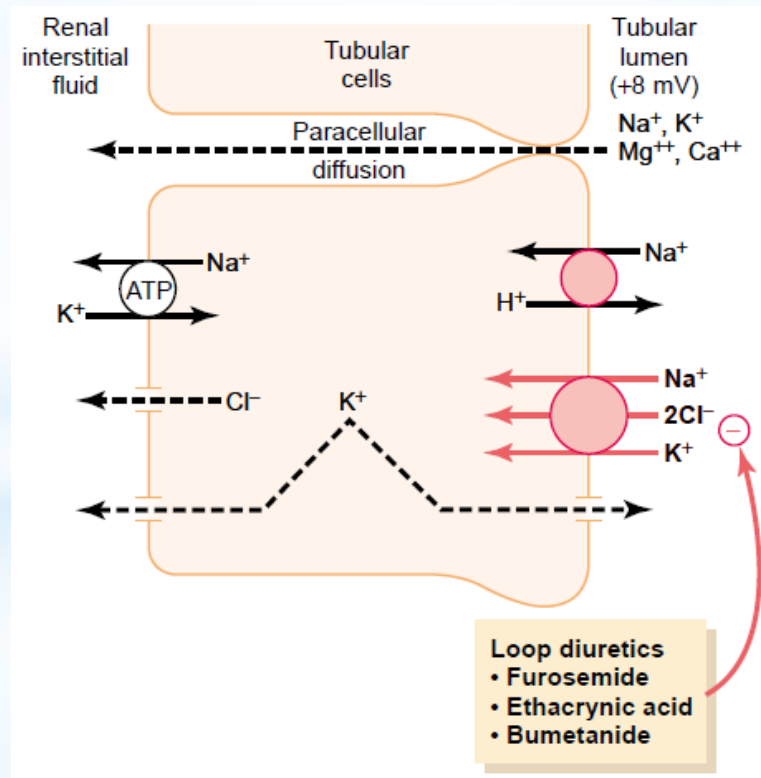


Result: hypotonic fluid, volume further decreased

Urine Formation – Tubular Processes

Loop of Henle

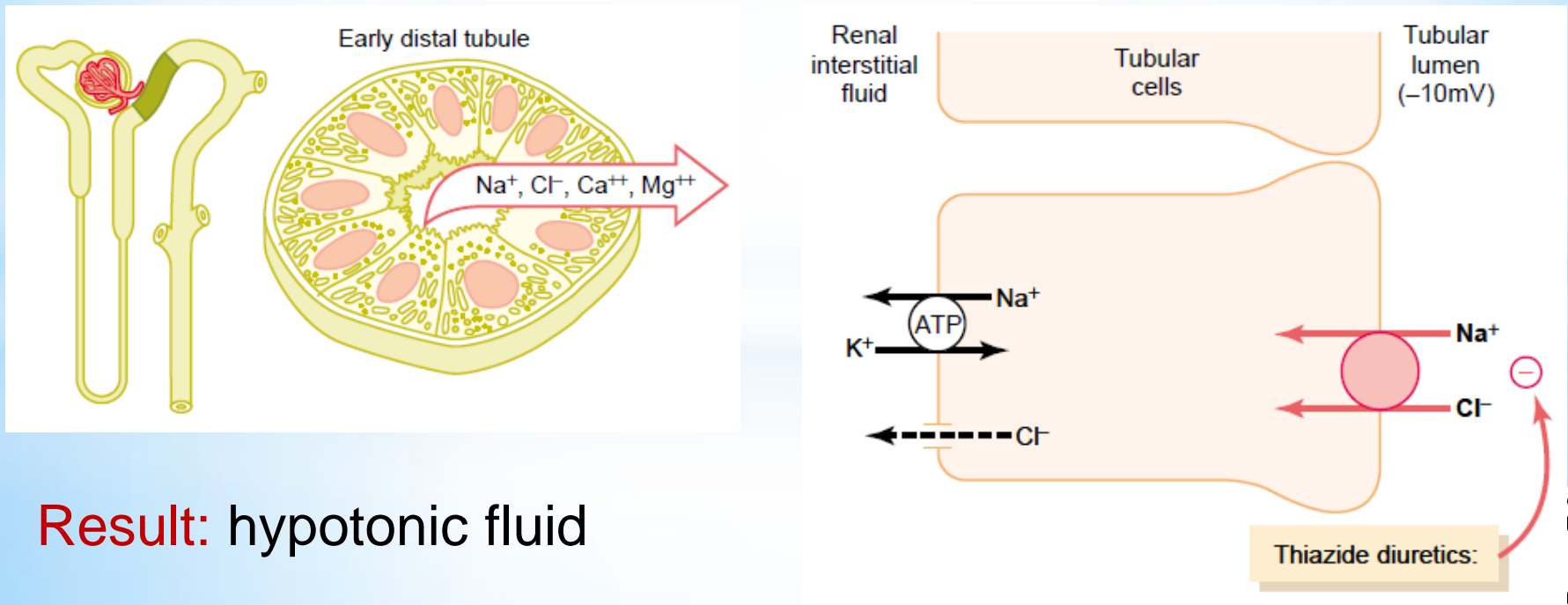
- 1) **thin descending part** - passive reabsorption of water (osmosis)
- 2) **thick ascending part** - active reabsorption of ions ($\text{Na}^+/\text{K}^+/\text{2Cl}^-$ symport), secretion of H^+ , reabsorption of HCO_3^-



Urine Formation – Tubular Processes

Distal tubule

- 1) juxtaglomerular apparatus
- 2) active reabsorption of solutes **similar to the thick ascending loop of Henle**, also no permeability for urea and water – the so called dilution segment (dilutes the tubular fluid)

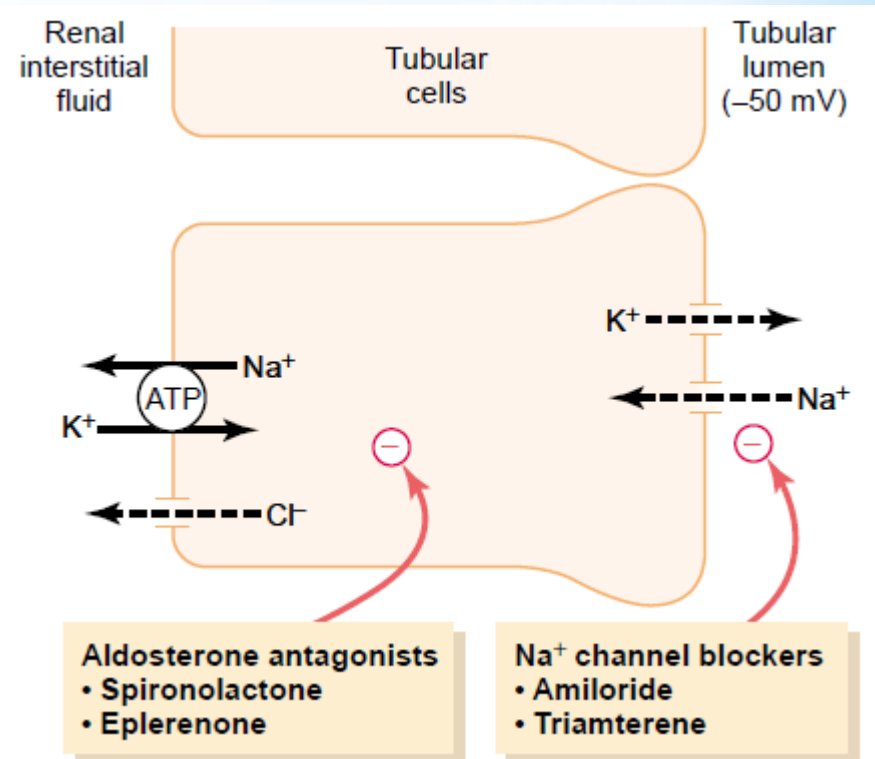
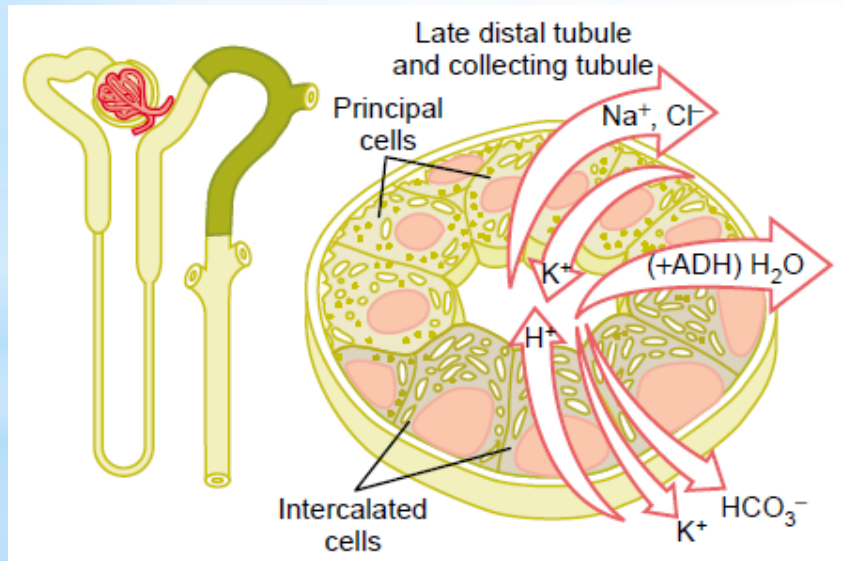


Result: hypotonic fluid

Urine Formation – Tubular Processes

Collecting duct (+ end of distal tubule)

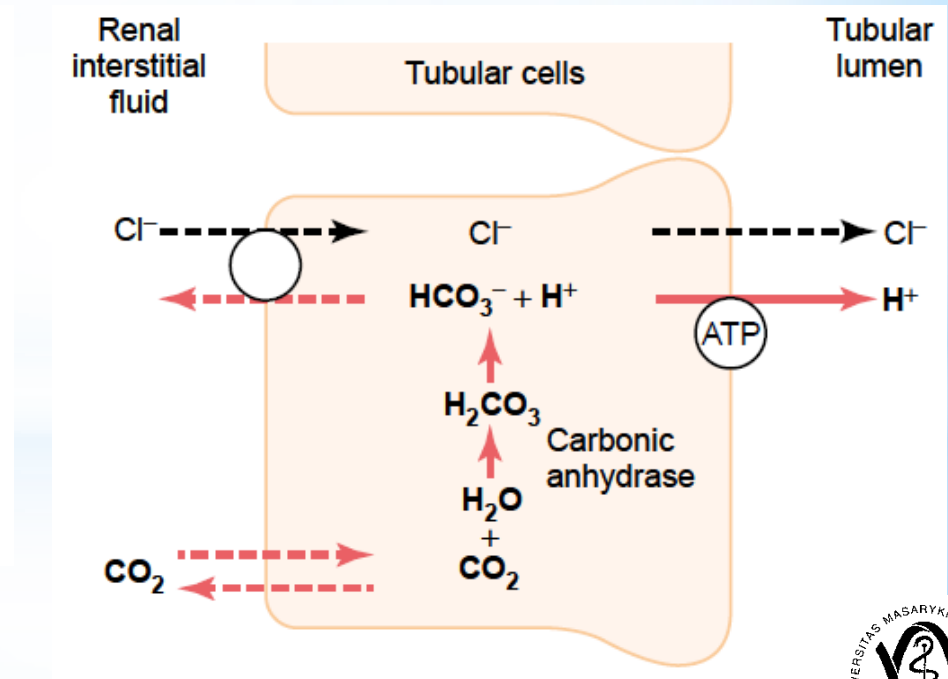
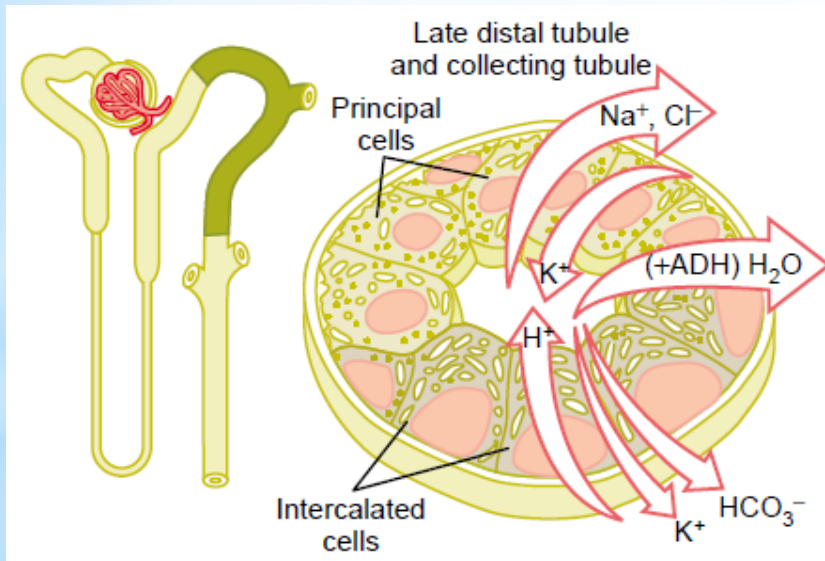
- 1) **principal cells** – reabsorption of Na^+ and water (ADH), secretion of K^+



Urine Formation – Tubular Processes

Collecting duct (+ end of distal tubule)

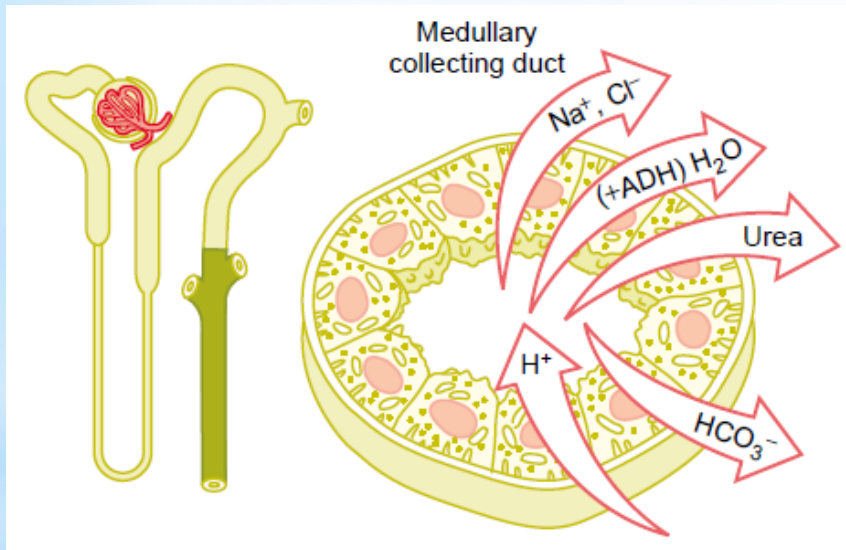
- 1) **principal cells** – reabsorption of Na^+ and water (ADH), secretion of K^+
- 2) **intercalated cells** – secretion of H^+ , reabsorption of HCO_3^- and K^+



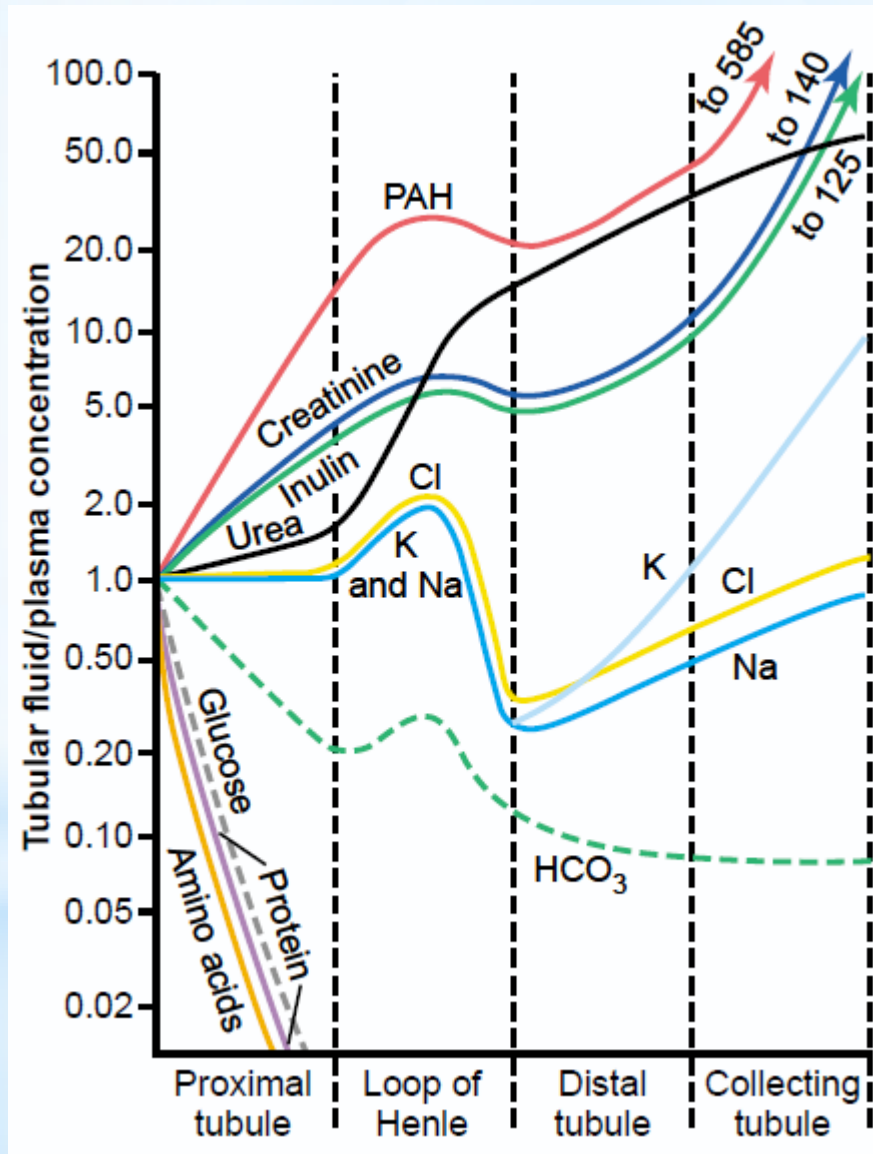
Urine Formation – Tubular Processes

Collecting duct – medullar part

- 1) reabsorption of Na^+ and Cl^- , water (ADH), urea
- 2) secretion of H^+ , reabsorption of HCO_3^-



Urine Formation – Tubular Processes



pronounced secretion in comparison with H₂O

pronounced reabsorption in comparison with H₂O

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Examination of renal function

- Renal clearance
- Examination of function of renal tubules
 - a) Examination of concentration ability of kidneys
 - Concentration test using thirstiness
(very unpleasant; 12 hours of thirstiness, urine sample every 4 hours – urine density and osmolality; also a blood sample)
 - Adiuretin test
(more pleasant for patient; no drinks and food during night, ADH application in the morning through the nasal mucosa – urine density and osmolality)
 - a) Examination of dilution ability of kidneys
(test of reaction on increased water intake – decreased ADH production + increased diuresis in healthy people)

Renal Clearance

= the volume of plasma that is cleared of the substance by kidneys per unit time

Using *clearance*, we can quantify the excretion ability of kidneys, the velocity of renal blood flow and even basic functions of kidneys (GFR, tubular reabsorption and secretion).

$$C_S \cdot P_S = V \cdot U_S \longrightarrow C_S = \frac{V \cdot U_S}{P_S}$$

[ml/min]

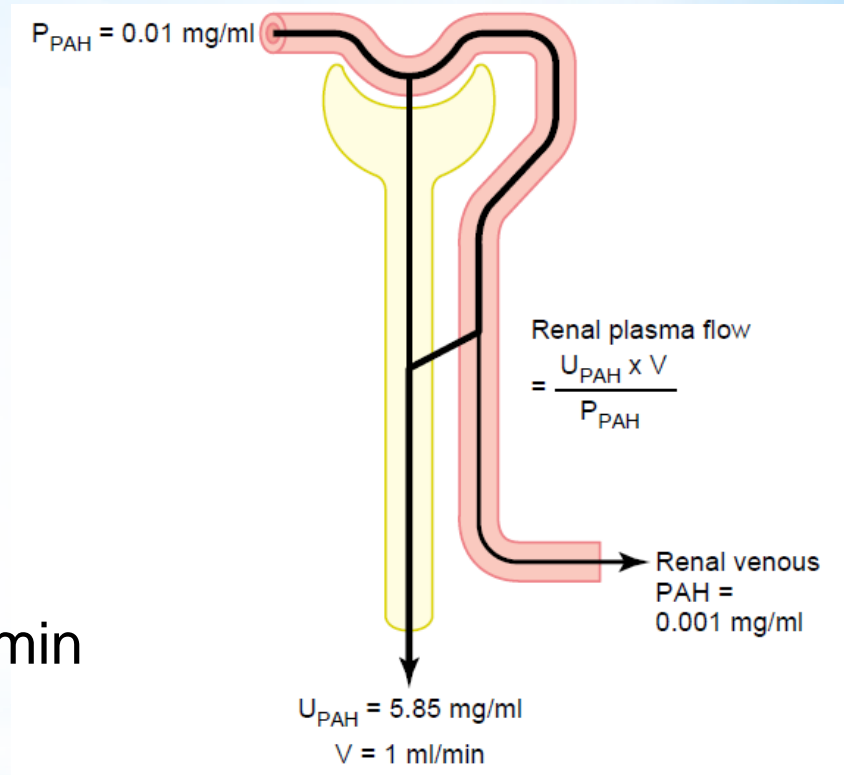
Renal Clearance

Determination of renal plasma flow velocity (RPF)

Clearance of a substance that is fully cleared from plasma in glomerulotubular apparatus.

PAH (paraaminohippuric acid) cleared by 90%

$$RPF = \frac{5.85 \times 1 \text{ mg/min}}{0.01 \text{ mg/ml}} = 585 \text{ ml/min}$$



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Correction to the extraction ratio of PAH (E_{PAH}):

$$E_{PAH} = \frac{P_{PAH} - V_{PAH}}{P_{PAH}} = 0.9 \longrightarrow RPF = \frac{585 \text{ ml/min}}{0.9} = 650 \text{ ml/min}$$

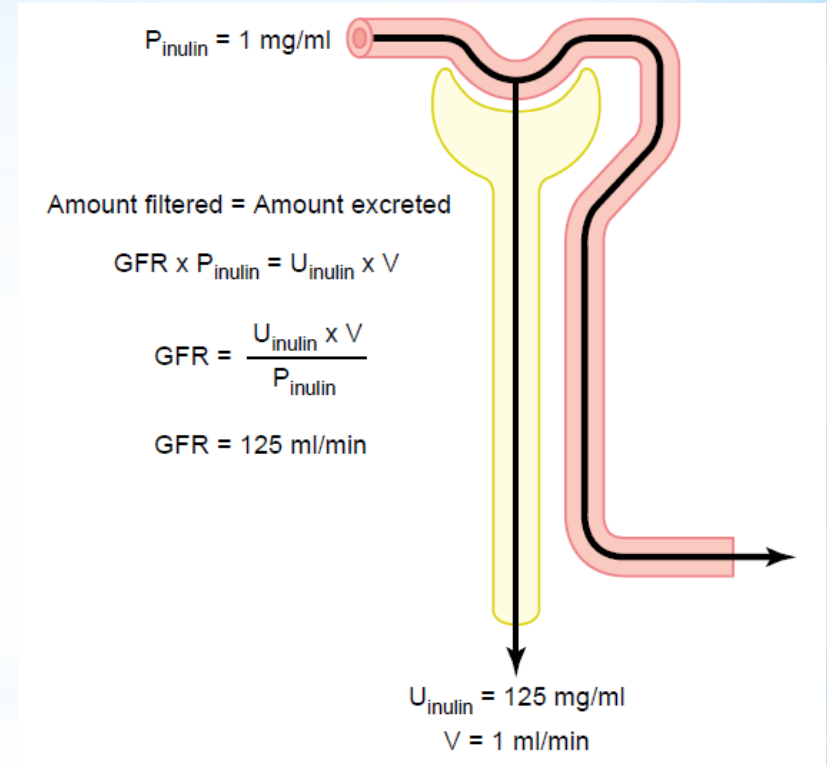
Renal Clearance

Determination of glomerular filtration rate (GFR)

Clearance of a substance that is fully filtered in the glomerulus and is not reabsorbed/secreted in tubules.

Inulin

Creatinine



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Renal Clearance

Calculation of Filtration Fraction (FF)

FF is the fraction of plasma filtered through the glomerular membrane.

$$FF = \frac{GFR}{RPF} = \frac{125 \text{ ml/min}}{650 \text{ ml/min}} = 0.19 \rightarrow \sim 20\% \text{ of plasma is filtered in the glomerulus}$$

Calculation of Tubular Reabsorption/Secretion

A. $GFR \cdot P_s > V \cdot U_s$ substance reabsorbed

B. $GFR \cdot P_s < V \cdot U_s$ substance secreted