

Ortopedická klinika LF MU a FN Brno

Scoliosis

<u>Prýmek M</u>., Repko M., Filipovič M., Leznar M.





Scoliosis = 3 D deformity

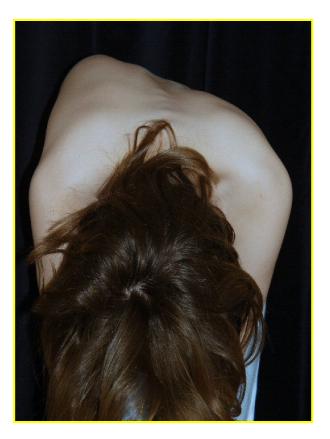


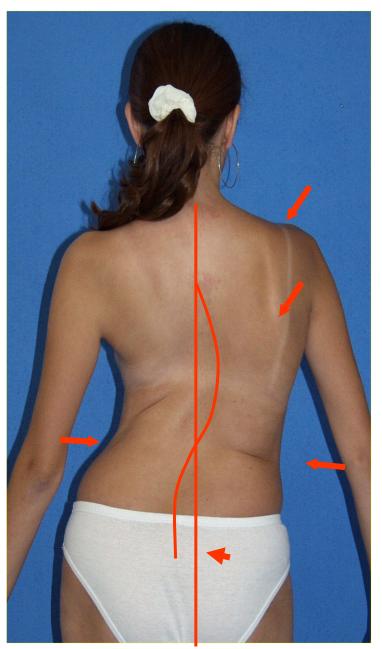






Axiální rovina





Shoulder height disbalance

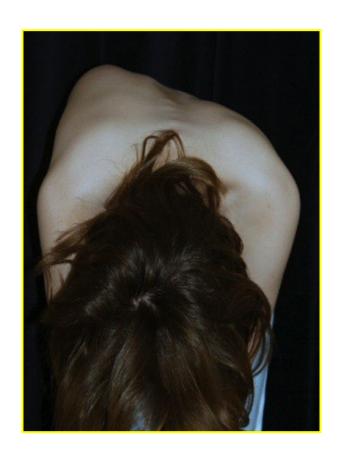
Gibbus – paravertebral prominence

Waist asymetry

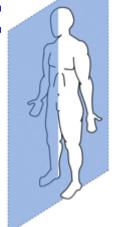
Trunk decompensation - frontal plane , C7 plumb line

Bending forward! = Adams test

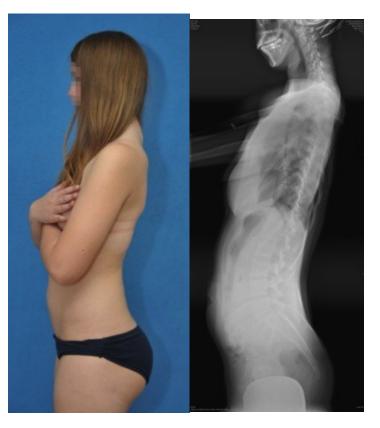




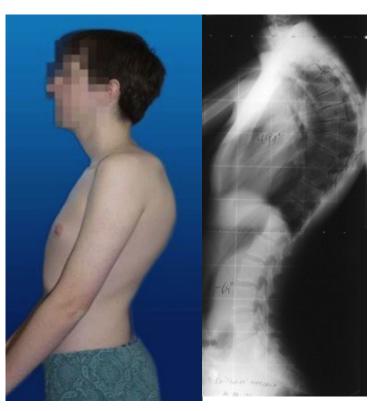
SAGITTAL aspect

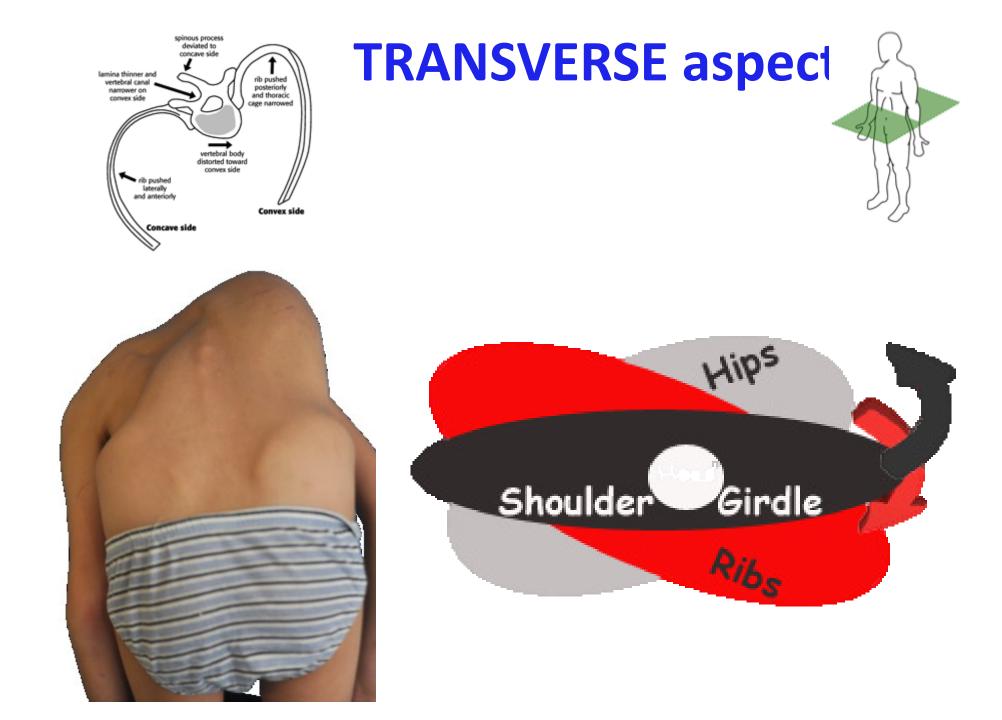


HYPOkyphosis



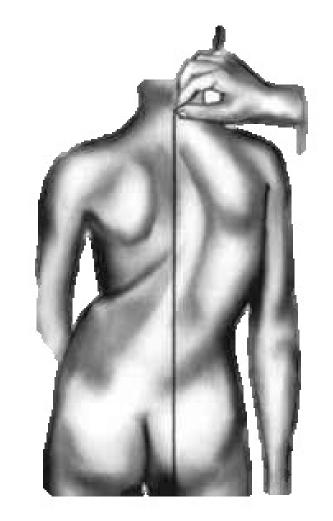
HYPERkyphosis





Scoliotic patient EVALUATION





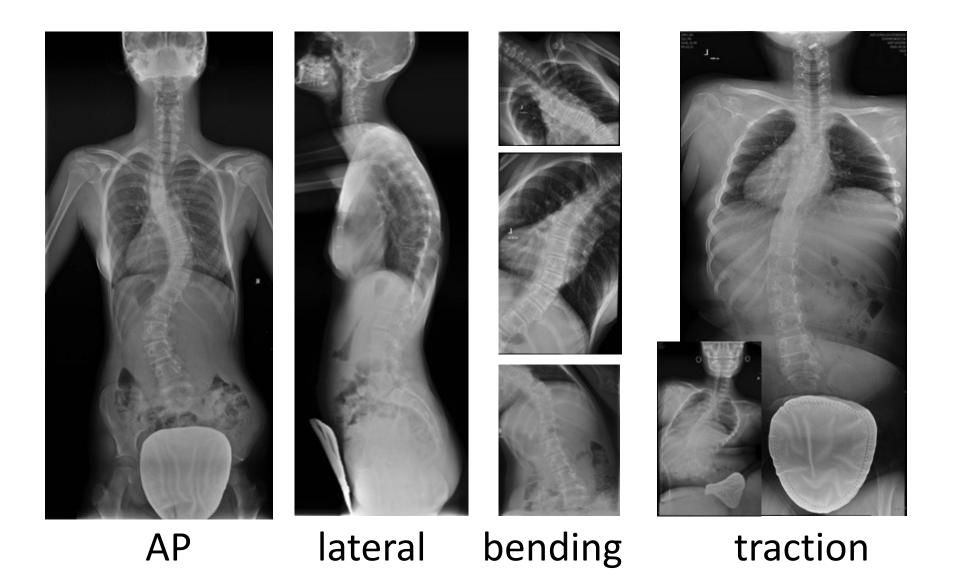


normal

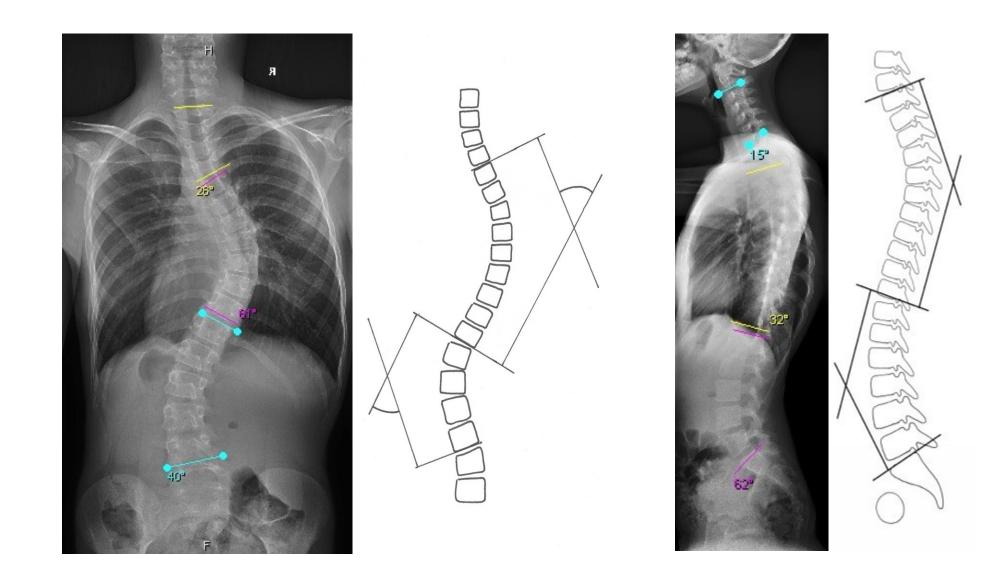




X-RAY

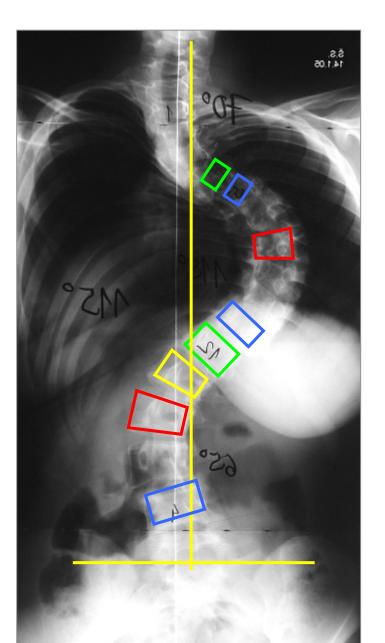


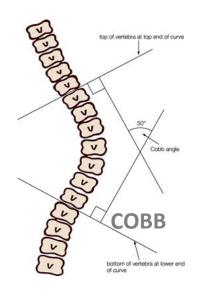
COBB's angle



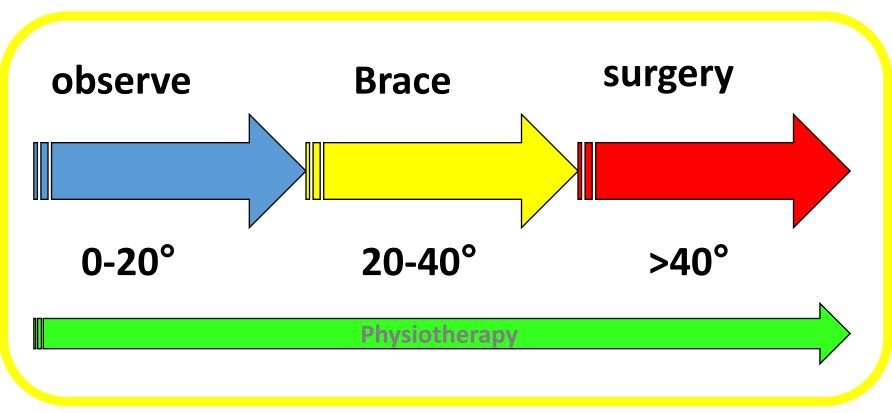
Descriptive terminology

Apical vertebraEnd vertebraNeutral vertebraCSVLStabile vertebra

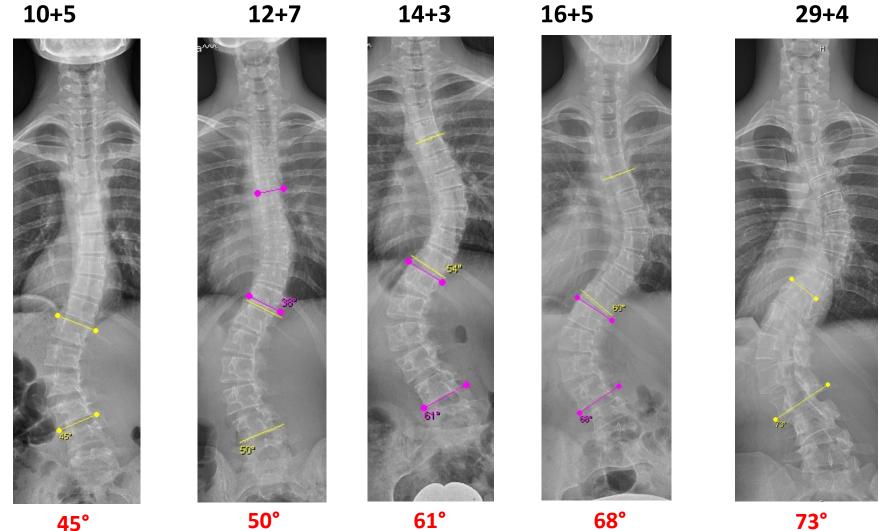




Therapeutic scheme



Natural evolition of untreated juvenile idiopathic scoliosis



73°

Deformity worsening

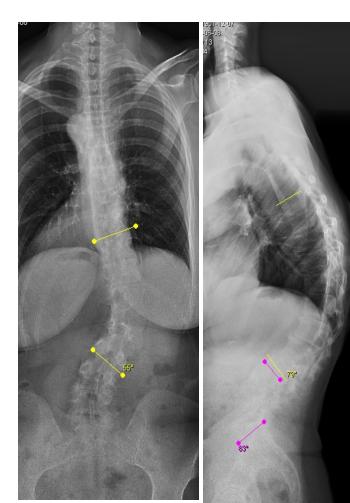
68% pts had progresion even in adult age !

(Weinstein et al)

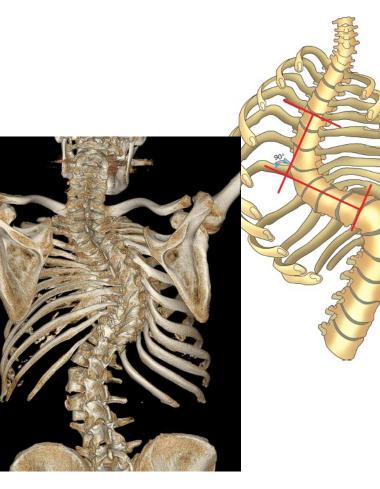
- Thoracic curves 1 dg./year
- Thoracolumbar curves 0,5 dg./year
- Lumbar curves 0,24 dg./year

Sever complication of untreated scoliosis in childhood

Degenerative changes and cardiopulmonal insuficiency







2015



32 let

35 let

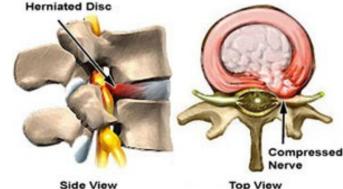
Risks of curve progression

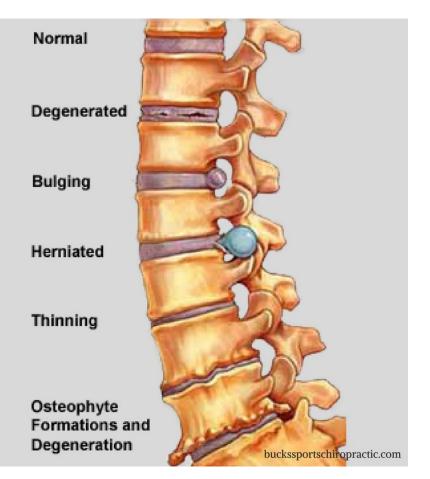
- Progressive oppression of intraabdominal organs
 - Heart + Lungs
 - Indigestion

Degeneration of spine structures

- Intervertebral joints
- Intervertebral disc->

production of osteophytes with possible nerve compression !





Goals of scoliosis surgery in childhood

- Stop deformity progression
- Correction of deformity
- Improvement of cardiopulmonary functions
- Prevention of degenerative spine changes

Scoliosis surgery in adult age

- Higher surgery risks with lower success rate of deformity correction
- Often associated with nerve impairment

• Difficult tolerance of corrected torso and spine position

- Slow postoperative convalescence (pain)
 - long-term rehabilitation care is required

Surgical risks in general

From GA

Chirurgické

- Venous thrombosis
- Pulmonary embolism
- Surgical wound infection
 - ATB therapy
- Bleedig
 - blood transfusion

 Nausea, vomiting, rhythm disorders, etc.

Surgical risks specific for scoliosis surgery

 Increased postoperative pain due to stretching of shortened muscles - in each patient

- Paralysis due to surgery
 - For thoracic and lumbar curves it refers to the lower limbs Very rare complication, but very serious as a result.

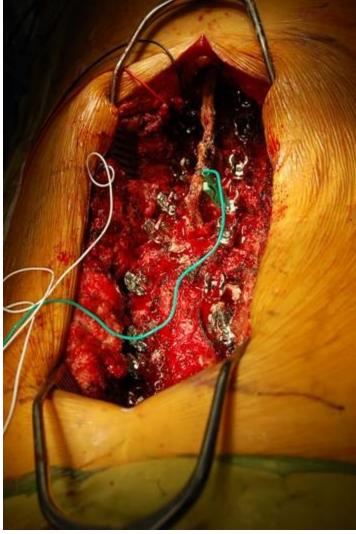
MEP – motor evoked potentials (SSEP)

- Monitoring of nervous system functionality during surgery
- It enables immediate reaction to the problem and thus minimizes the risk of permanent nervous disability



MEP – motor evoked potentials (SSEP) SEP a MEP

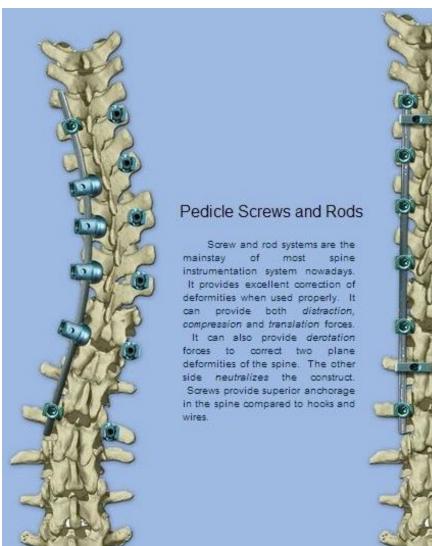
1		1		Rel	0:	5.1	HZ Lev: HZ Lev:	(3	0 V 57 V	Dur Dur	0.5 ms 0.5 ms	Single	
,	has	Min		A			N: 1 5 m	00 NR: s Nom	nal 0	NMEP		Slart-2	Sep-200
] -		THE	-M	nd?"	man	N: 1		serely.		PP Am Lot	P Lat Ragin	PP An
2	No.						5 m		und 0	1.81	UNI PI	201	280.01
	have	14pm	hun	When.	.MA	alow	myantan	-	s	310	300191	4.00	4100 PT
	-			ny	e file		N: 10	NR:	0	- 10	SMP	800	-
з	6	revery's	Min	my	~Vm	••••		Norma Norma	La.	30	2010	-	BRIP
-	mour	hrada	www	Wm		M	N: 10		มใ				
	8						N: 0 5 ms 0.5 uV	NR: Normal Amp 5	°				
							N: 0	NR:	0				
							5 ms 0.5 uV	Normal Amp 6					
	e						N: 0 5 ms	NR: Normal	•				
7							0.5 uV	Amp 5					*
	1 (6						N: 0	NR: Normal	0				
							0.5 uV	Amp 6					
	100												



Method of surgical scoliosis treatment.

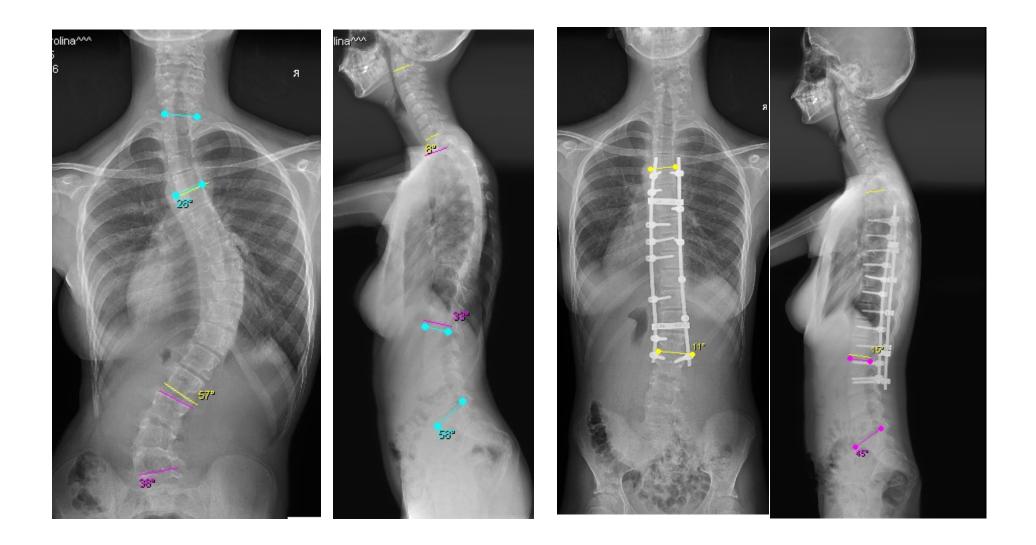
- Transpedicular screws
- Bended rods
- Bone grafts (autografts, alografts)
- = INTERVERTEBRAL FUSION

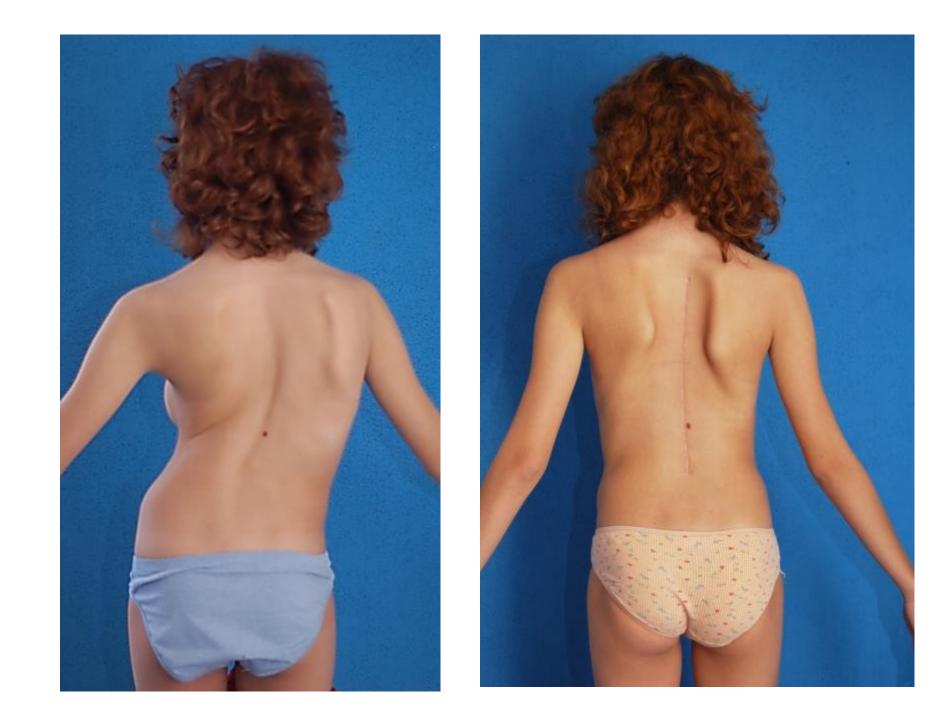






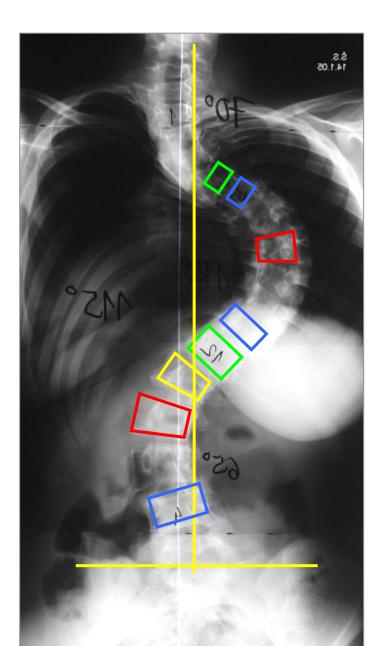






Základní pojmy popisné

Apical vertebraEnd vertebraNeutral vertebraCSVLStabile vertebra



Scoliosis types due to ethiology

- Idiopathic......4/5 **80%**
 - infantile
 - juvenile
 - adolescent
- Neuromuscular
 - neuropathic
 - myopathic
- Syndromic Neurofibromatosis
- Secondary
 - postural
 - tumors
 - Other syndromes(Marfan, Ehlers-Danlos......)
- Histerical
- Degenerative

Scoliosis types due to ethiology

TYPU deformity

• Idiopathic

- Congenital
- Neuromuscular

VĚKU pacienta

- Infantile
 - < 3 y
- Juvenile 4-10 y
- Adolescent 11-17 y
- Adult > 17 y

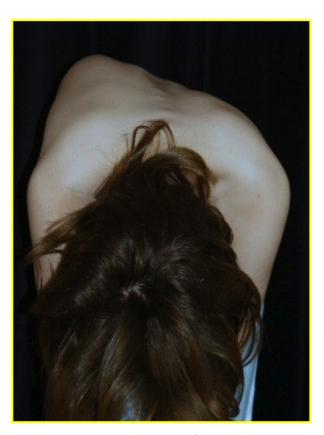
SCOLIOSIS = 3 dimensional deformity



Coronal plane

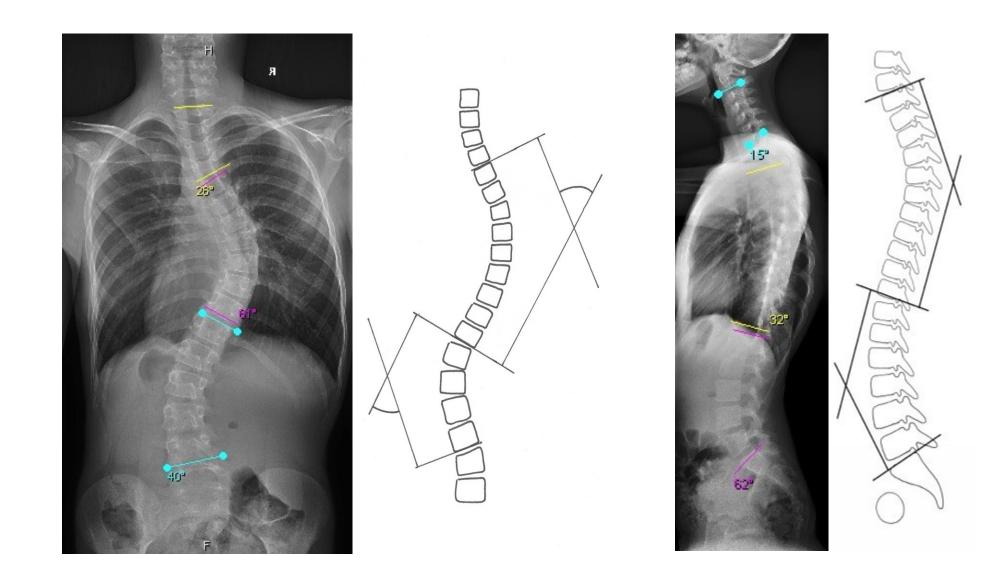


Sagittal plane

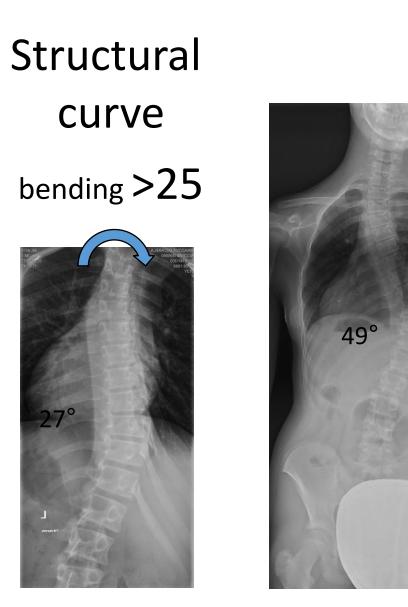


Transverse plane

COBB's angle

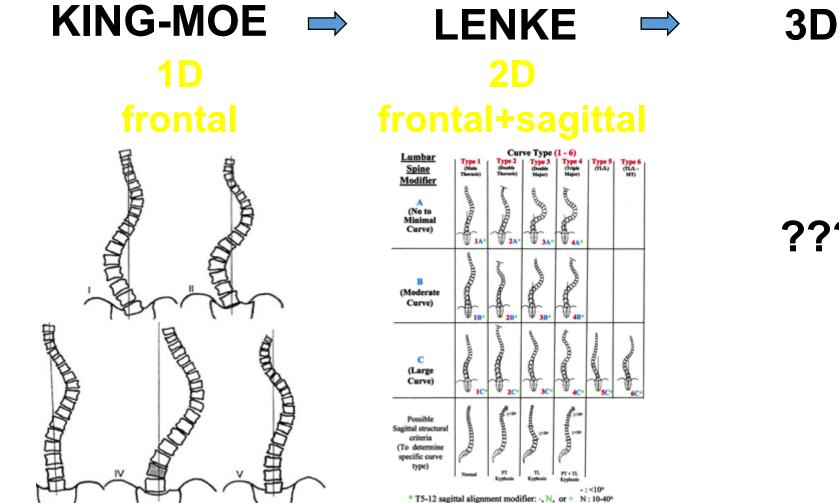


Essentially distinguish between:



Non-structural curve bending <25

EVOLUTION in scoliotic classifications



???



LENKE's classification

Curve type

Lumbar spine modifier

Thoracic sagittal profile



LENKE's classification

Curve type

Туре	Proximal Thoracic	Main Thoracic	Thoracolumbar/Lumbar	Description
1	Non-Structural	Structural (Major)*	Non-Structural	Main Thoracic (MT)
2	Structural	Structural (Major)*	Non-Structural	Double Thoracic (DT)
3	Non-Structural	Structural (Major)*	Structural	Double Major (DM)
4	Structural	Structural (Major)*	Structural (Major)*	Triple Major (TM) [§]
5	Non-Structural	Non-Structural	Structural (Major)*	Thoracolumbar/Lumbar (TL/L)
6	Non-Structural	Structural	Structural (Major)*	Thoracolumbar/Lumbar-Main Thoracie (TL/L-MT)

STRUCTURAL CRITERIA (Minor Curves)

- Proximal Thoracic Side Bending Cobb $\ge 25^{\circ}$ - T2-T5 Kyphosis $\ge +20^{\circ}$
 - Main Thoracic Side Bending Cobb ≥ 25° - T10-L2 Kyphosis ≥ +20°
- Thoracolumbar/Lumbar Side Bending Cobb $\ge 25^{\circ}$ - T10-L2 Kyphosis $\ge +20^{\circ}$

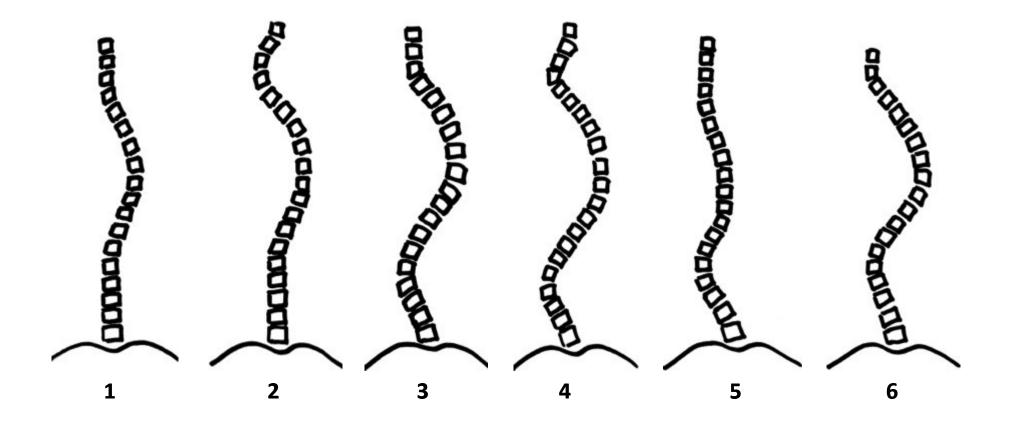
*Major = Largest Cobb measurement, always structural Minor = All other curves with structural criteria applied [§]Type 4 - MT or TL/L can be major curve

LOCATION OF APEX (SRS Definition)

(SRS Definition)

CURVE	APEX
Thoracic	T2-T11/12 Disc
Thoracolumbar	T12-L1
Thoracolumbar/Lumbar	L1/2 Dise-L4

Lenke's classification curve types



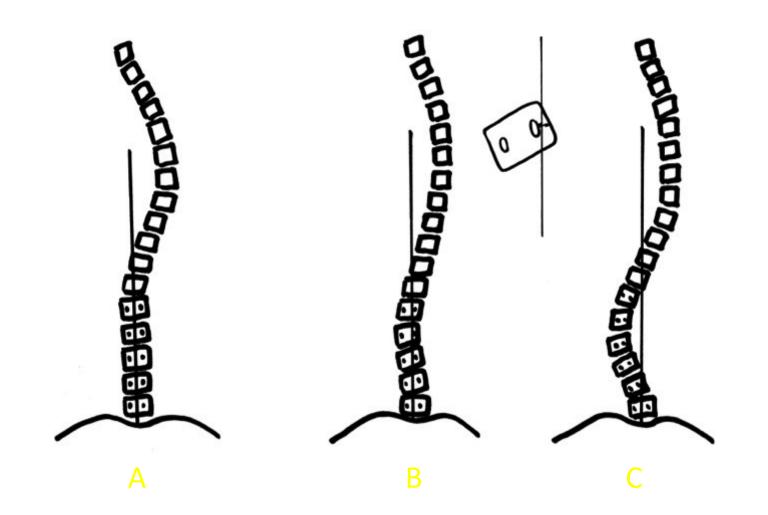


LENKE's classification

Lumbar spine modifier

Lumbar Spine Modifier	CSVL to Lumbar Apex	ORIOOOD ORIOOD
Α	CSVL between pedicles	
В	CSVL touches apical body(ies)	
с	CSVL completely medial	

Lenke's classification lumbar parameter



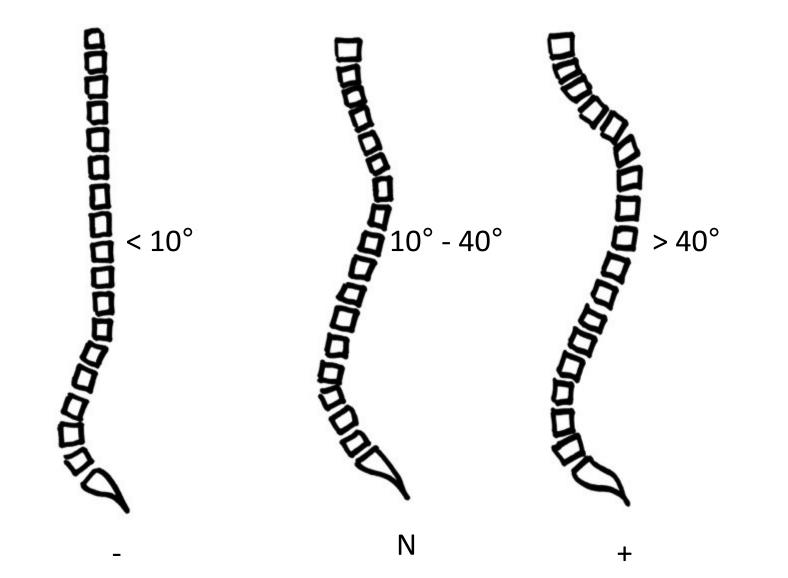


LENKE's classification

Thoracic sagittal profile

Thoracic Sagittal Profile T5-T12	
- (Нуро)	< 10°
N (Normal)	10° - 40°
+ (Hyper)	> 40°

Lenke's classification sagittal parameter



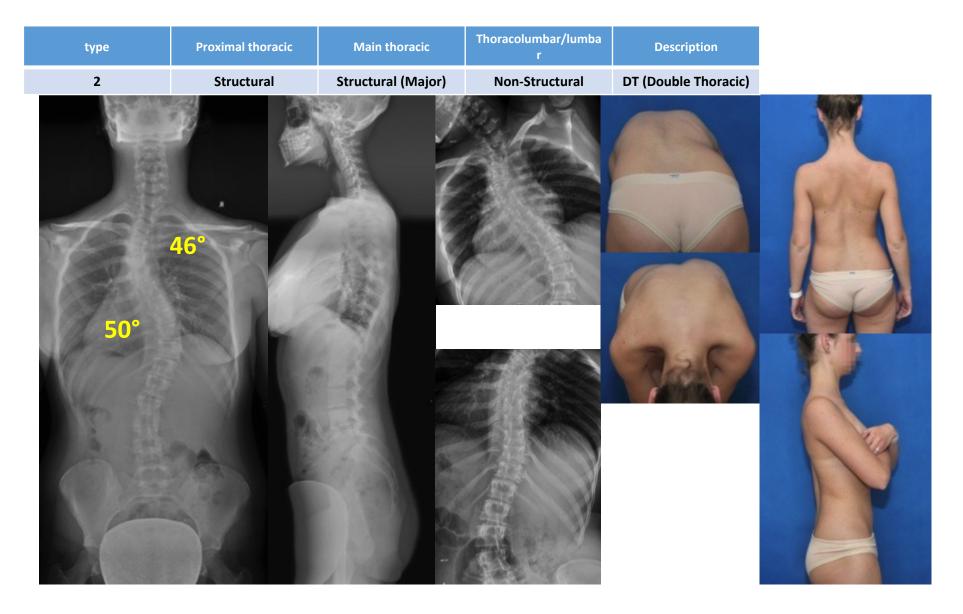
Lenke's classification EXAMPLES

> 40°

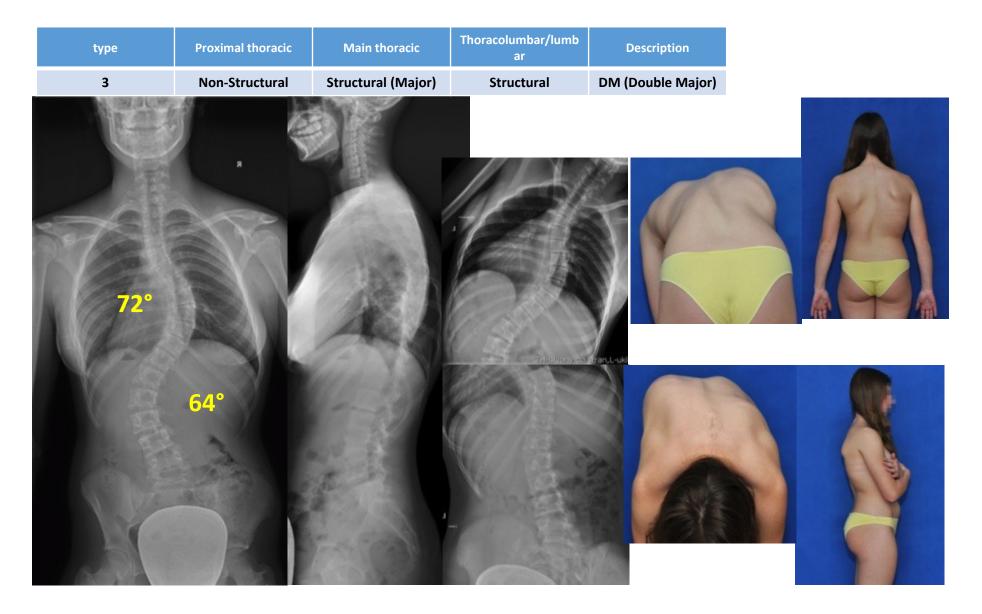
Lenke 1 Lenke 1A-Thoracolumbar/lumb Description **Proximal thoracic** Main thoracic type Structural (Major) Non-Structural MT (Main Thoracic) 1 Non-Structural 15

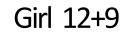
Girl 13+9

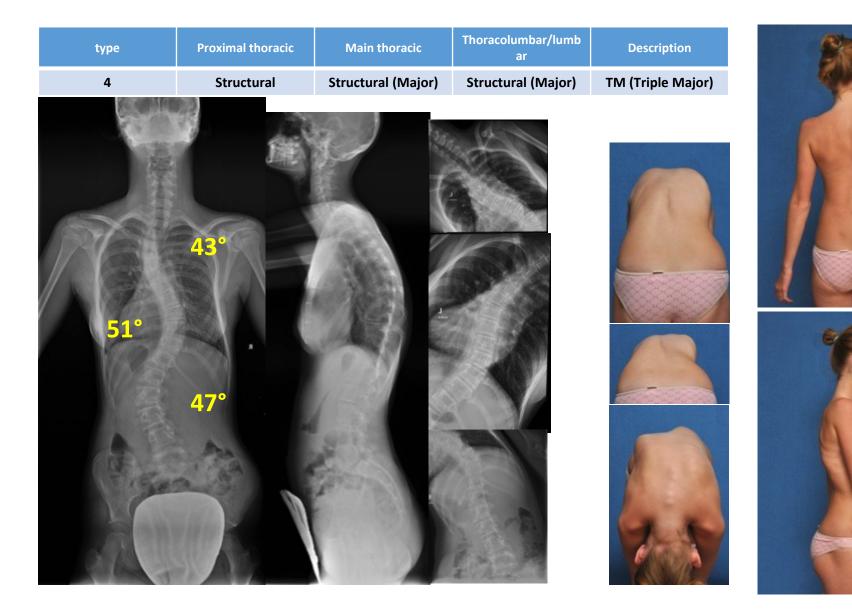
Girl 14+1



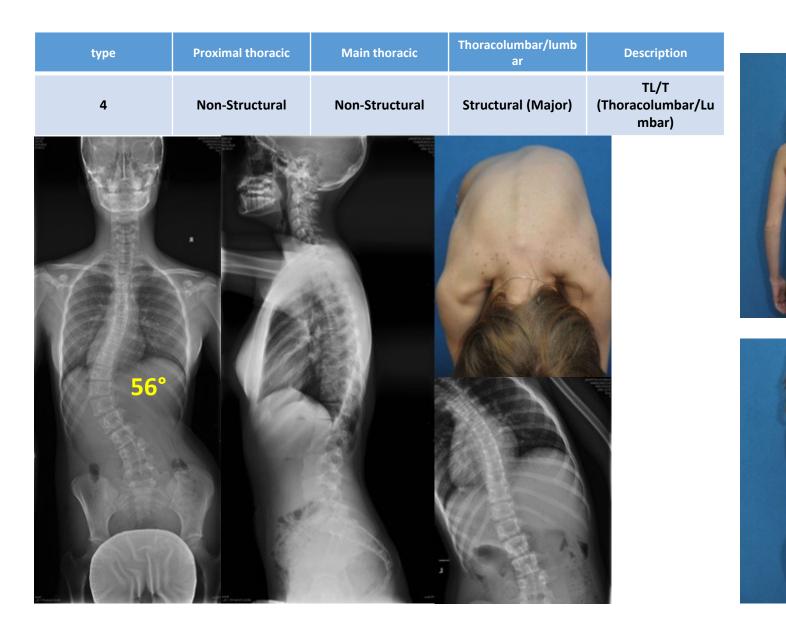
Girl 14+2







Lenke 5

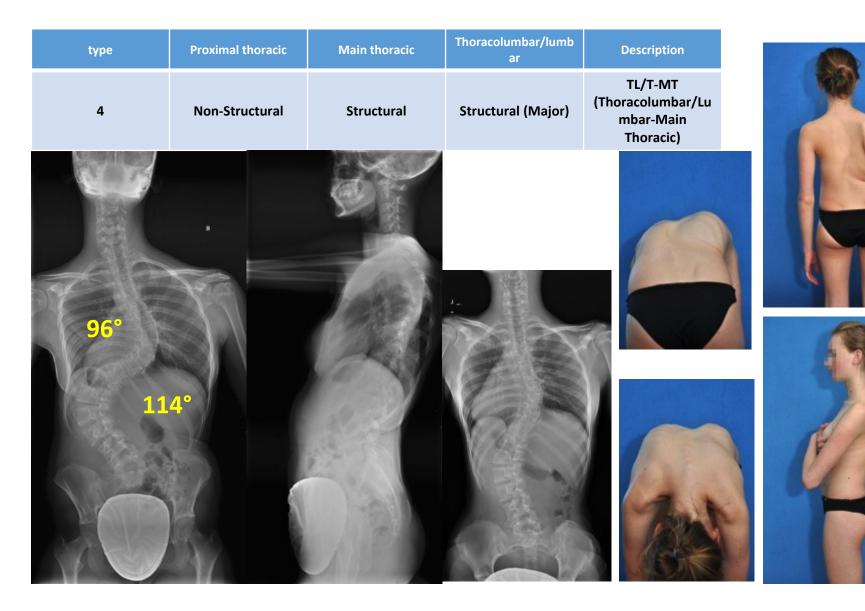


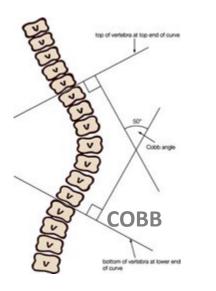
Girl 12+5

11×1×1×1×1

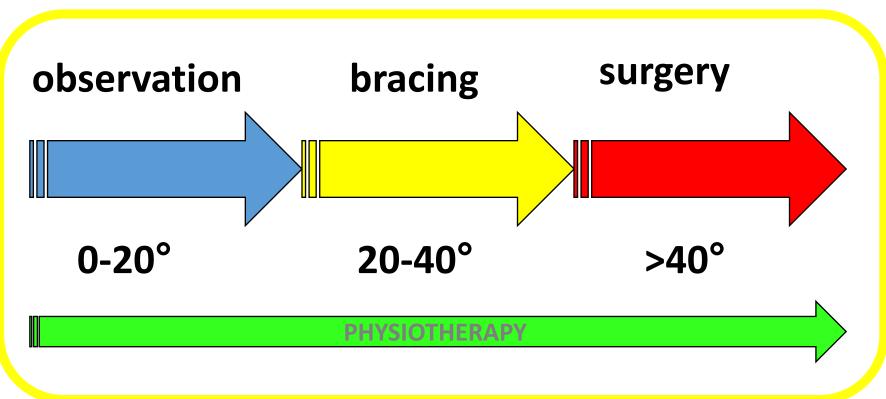
SHANN W

Girl 16+9





Therapeutic chart



Non-operative treatment

physiotherapy

casting

bracing

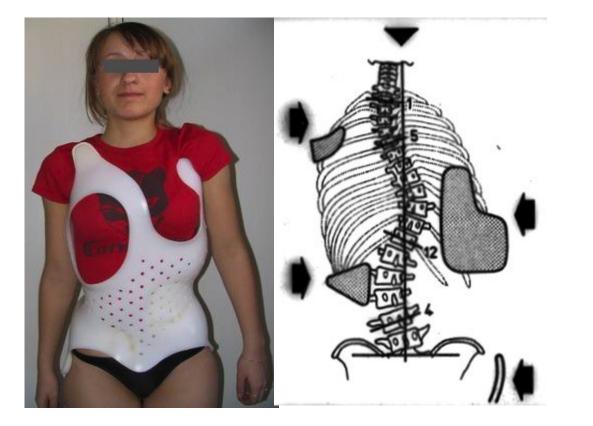


Indication: INFANTILE scoliosis Applying under the general anesthesia Changing each and every 2 month





BRACING



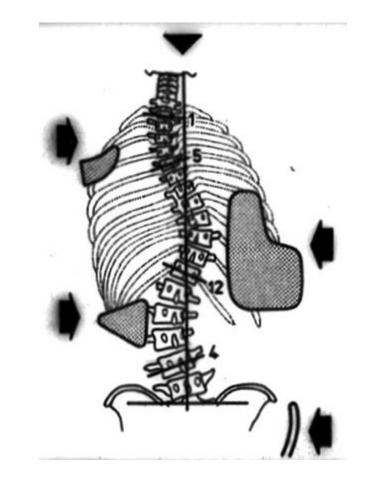


BRACING

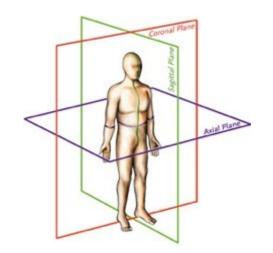
Indication for bracing:

progressive scoliosis poor or no casting toleration unable to undergo surgery



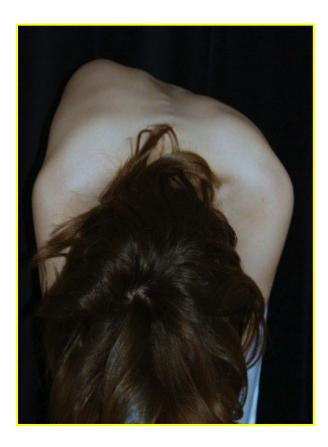


3D scoliotic correction

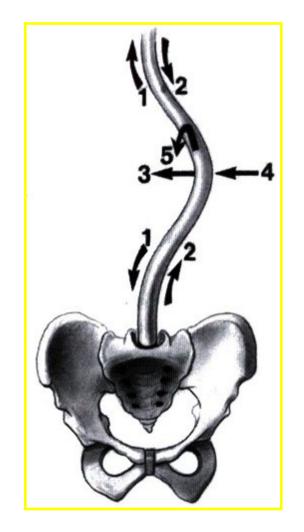








Corrective methods

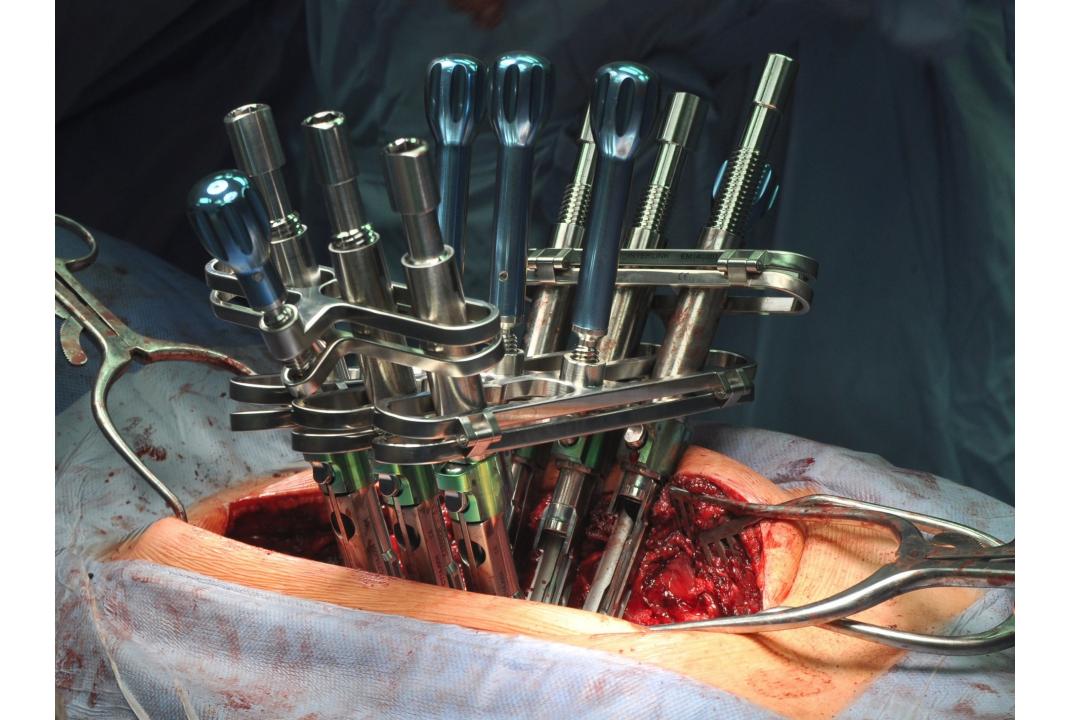


1-distraction

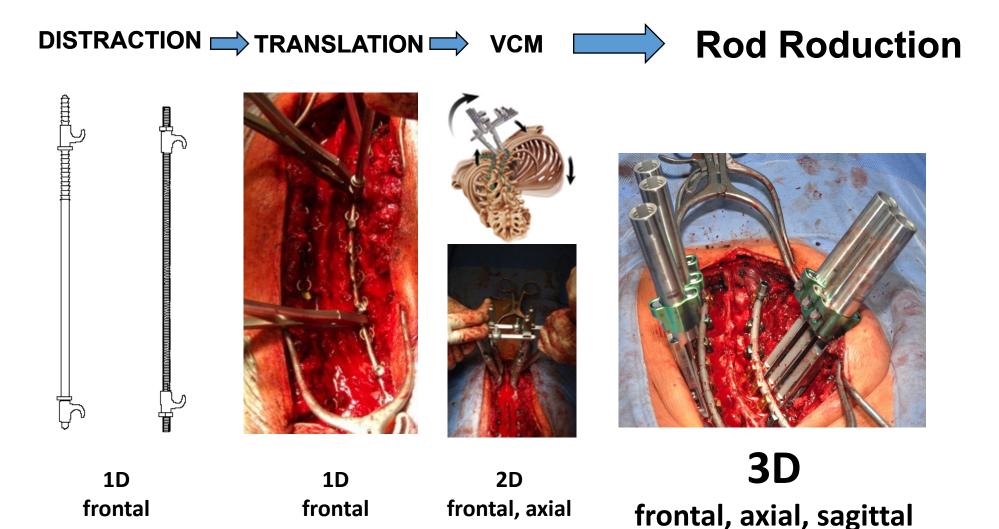
2-compression

3,4-translation

5-derotation

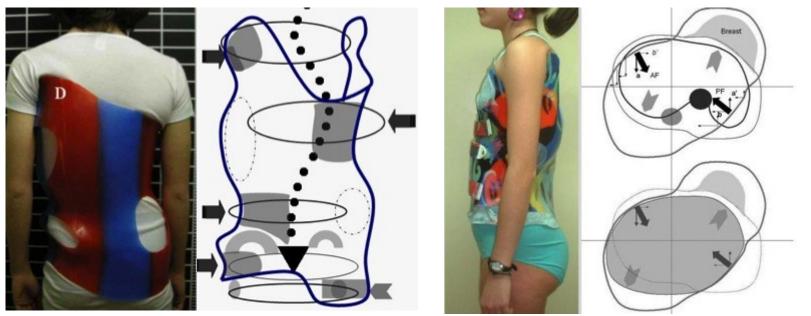


EVOLUTION in corrective maneuvers

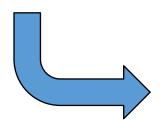


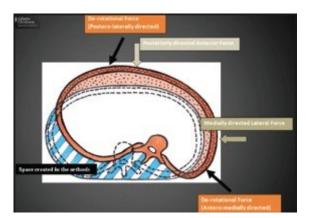
EVOLUTION in corrective maneuvers

BRACING



Source: Rigo et al, Scoliosis 2010





EVOLUTION in corrective maneuvers

BRACING

Advantages:

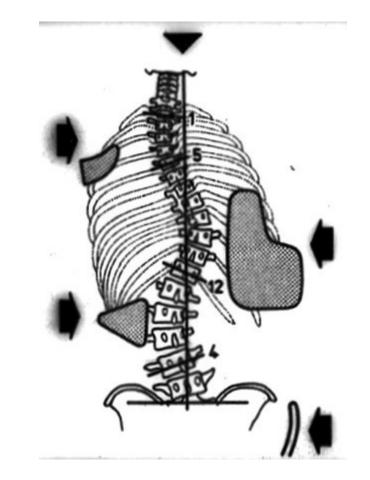
Surgery elimination

Disadvantages:

- Poor toleration
- Lung function decreasing
 - Muscle weaking

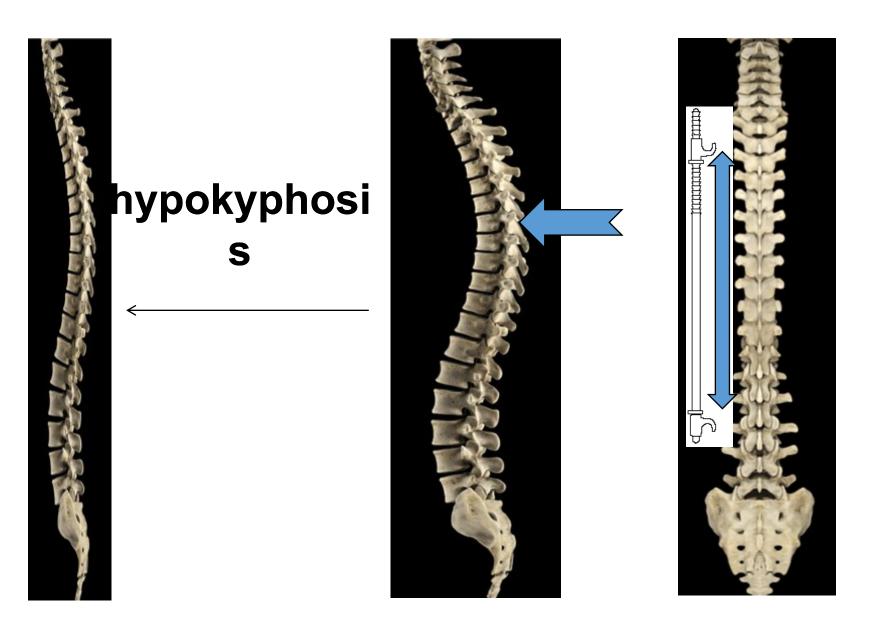
Problems:

- HYPOKYPHOSIS
- POOR DEROTATION



DISTRACTION

EVOLUTION in corrective maneuvers



DISTRACTION

EVOLUTION in corrective maneuvers

Advantages:

- Simple implantation
- Possibility of spine growth
 - Miniinvasive approach

Disadvantages:

- Uniplanar correction (frontal)
 - High rate of complications

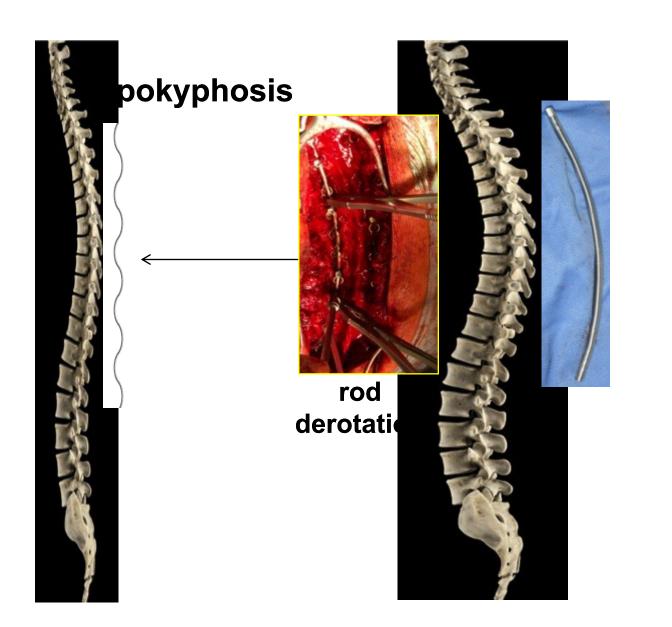
Problems:

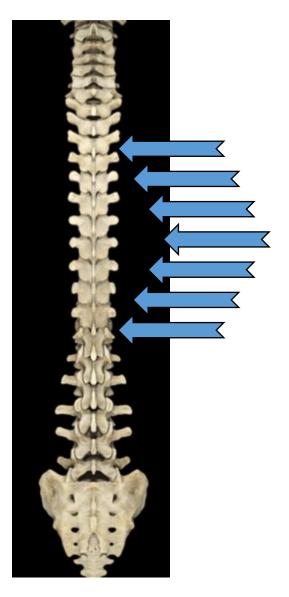
- HYPOKYPHOSIS
- NO DEROTATION



TRANSLATION

EVOLUTION in corrective maneuvers





TRANSLATION

EVOLUTION in corrective maneuvers

Advantages:

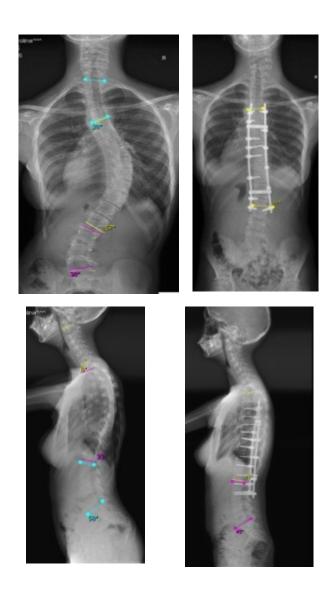
Good frontal correction

Disadvantages:

Uniplanar correction (frontal)

Problems:

- HYPOKYPHOSIS
- NO DEROTATION



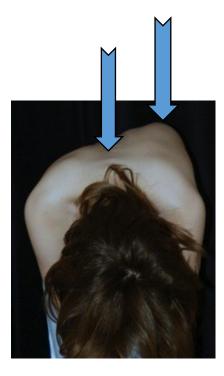
VCIVI VERTEBRAL COLUMN MANIPULATION

EVOLUTION in corrective maneuvers



hypokyphosi

S





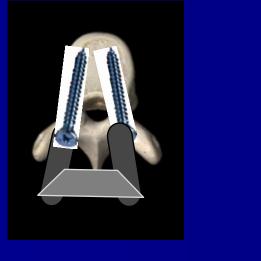
WHY derotation?

- 3D scoliotic correction
- Correction of Rib Hump prominence
- Secondary curve correction in selective fusion

Balanced spine

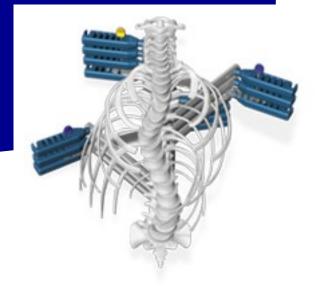
Transpedicular screw constructs

 Allows effective derotation of single vertebra



Derotation instruments

 Allows safe and effective derotation of single vertebra as well as the whole apical area.



VCM Vertebral column manipulation

Advantages:

Good frontal and axial correction

Disadvantage:

little too forced isolated technique

Problem:HYPOKYPHOSIS



Ενοι μτιον



HYPOKYPHOSIS

ABSENCE or RESTRICTIVE DEROTATION

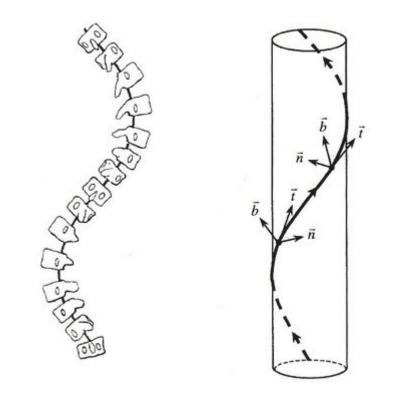


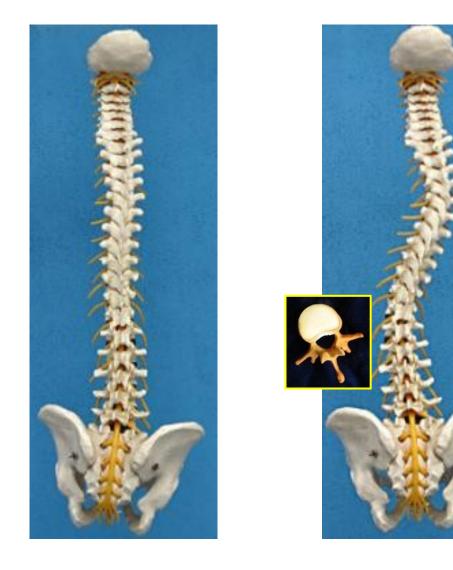
DEROTATION

Transversal plane

Scoliosis

Spiral concept





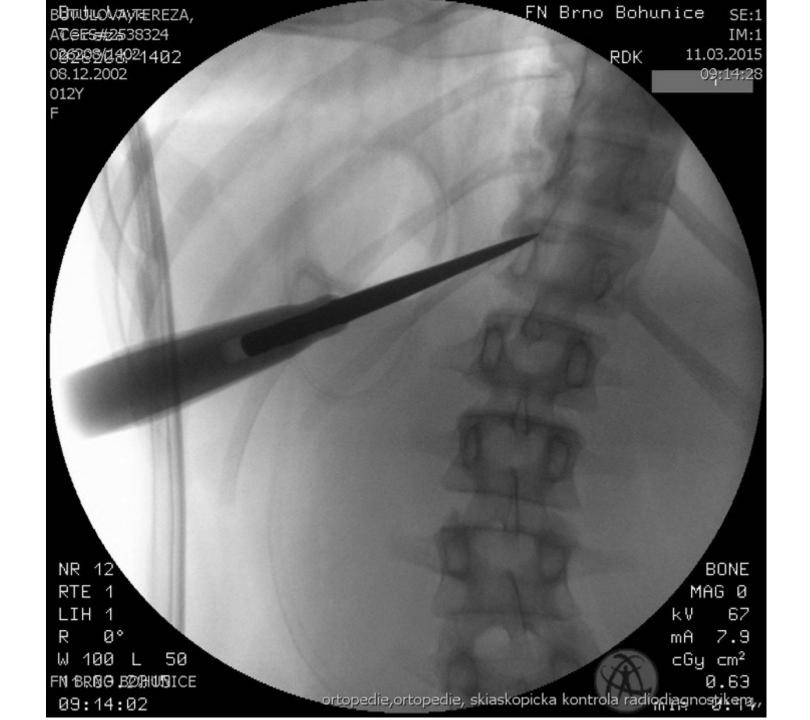
3D geometrical changes

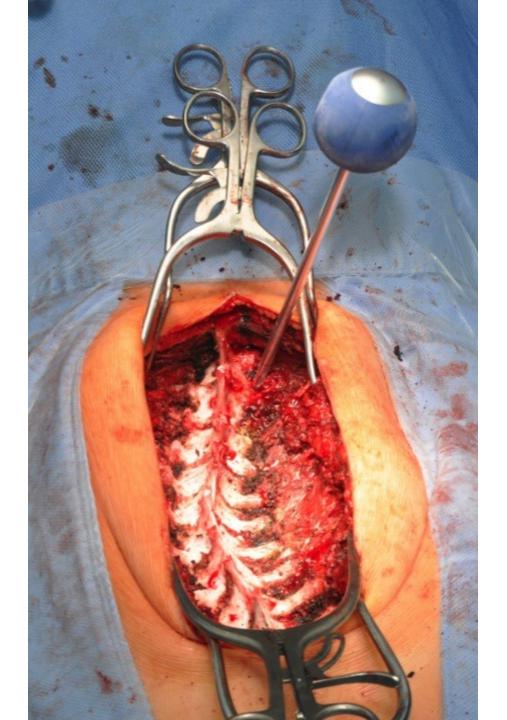


Surgical posterior approach



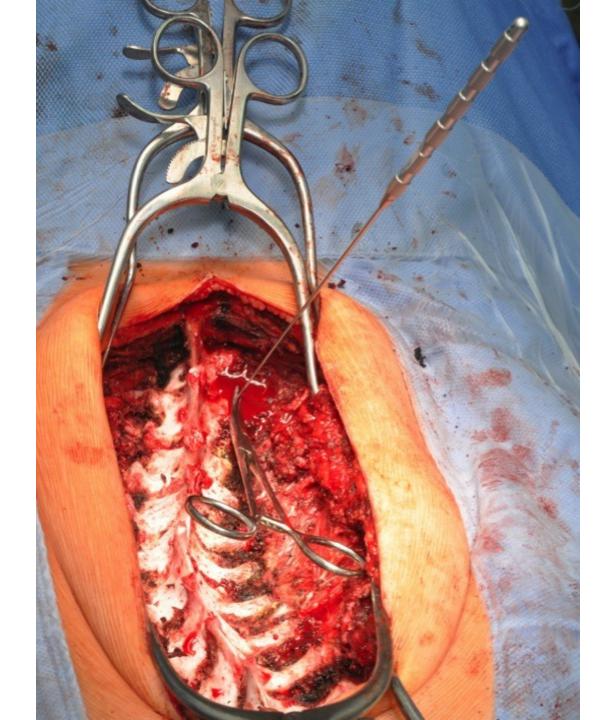
level checking





Probe

pedikle finding

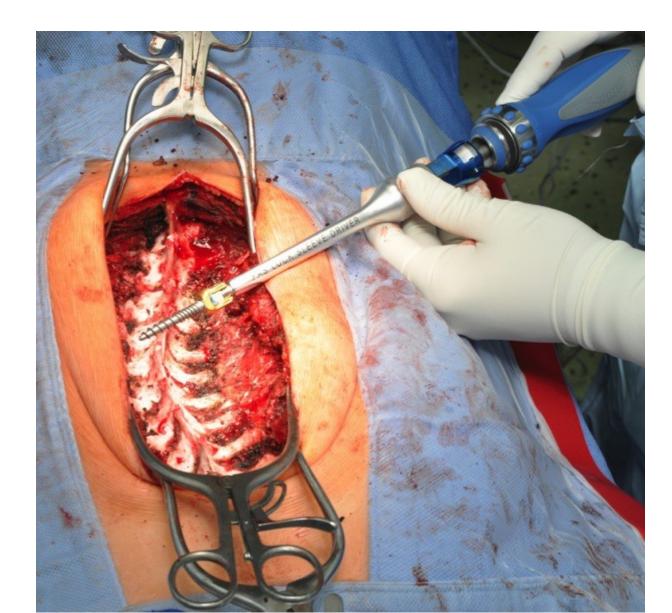


Sound

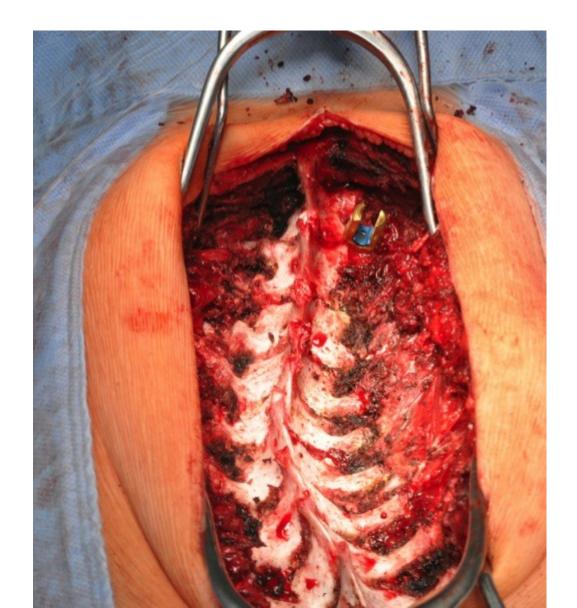
pedikle hole checking

screw length measuring

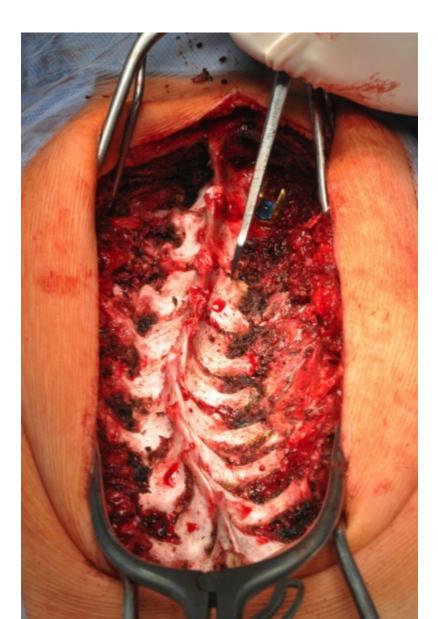
Screwdriver - screw insertion

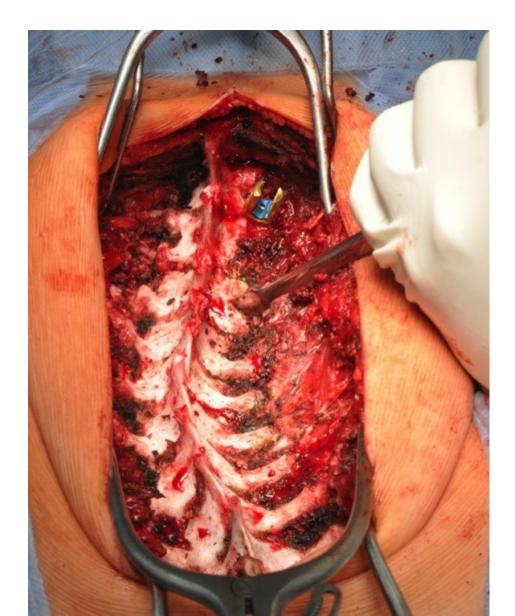


Screwdriver - screw insertion



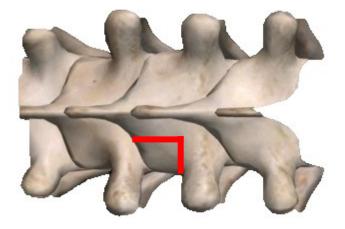
Chisel – facet resection

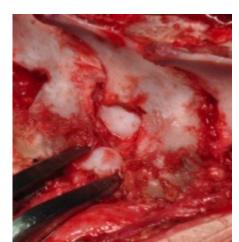




Chisel – facet resection

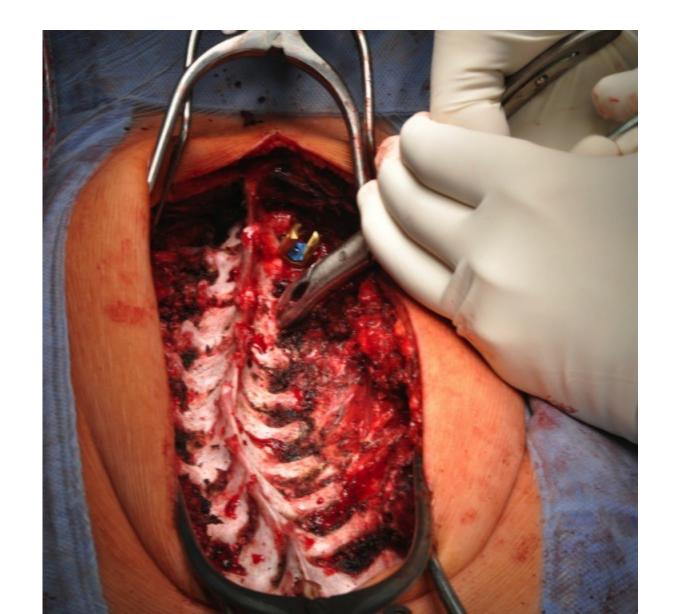


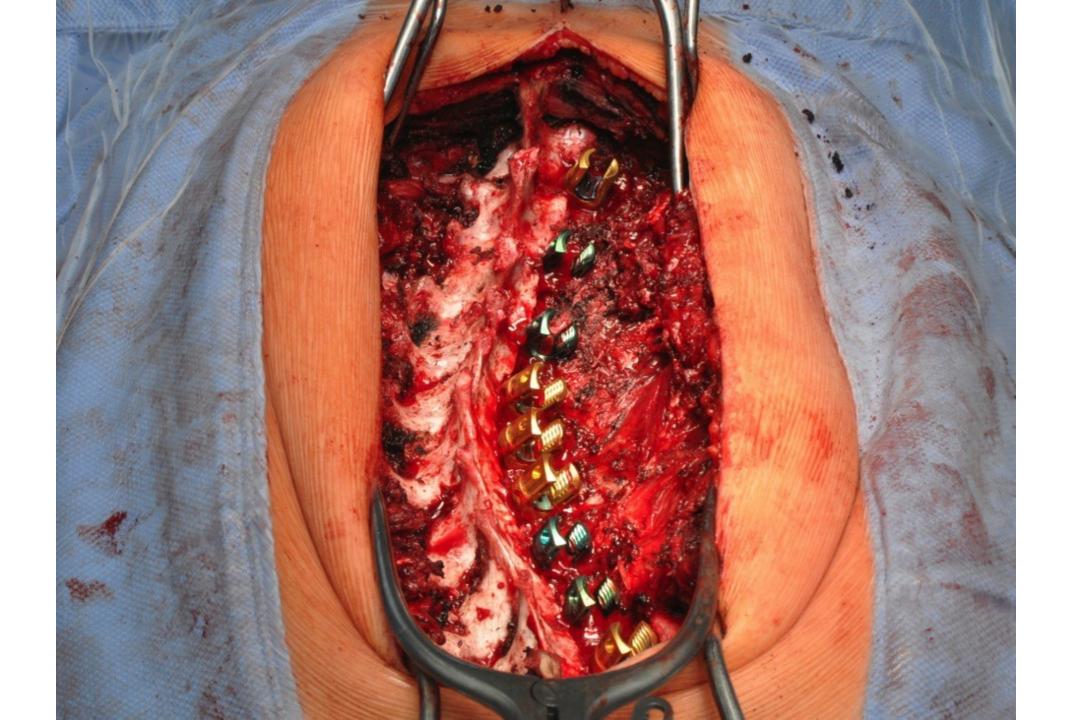


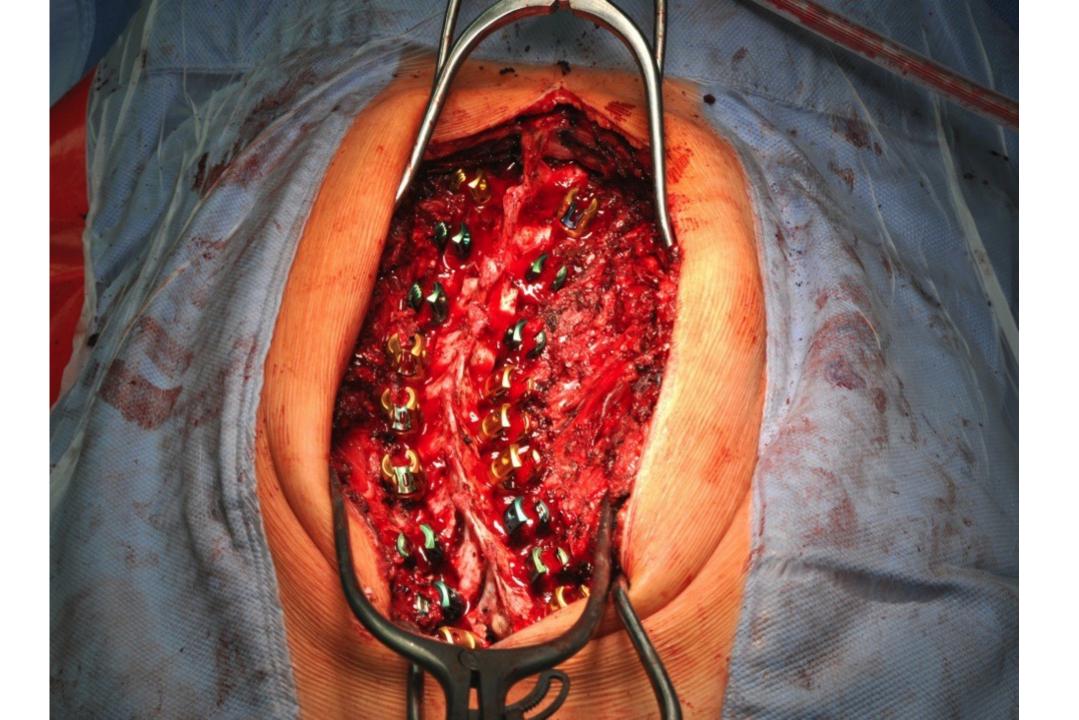




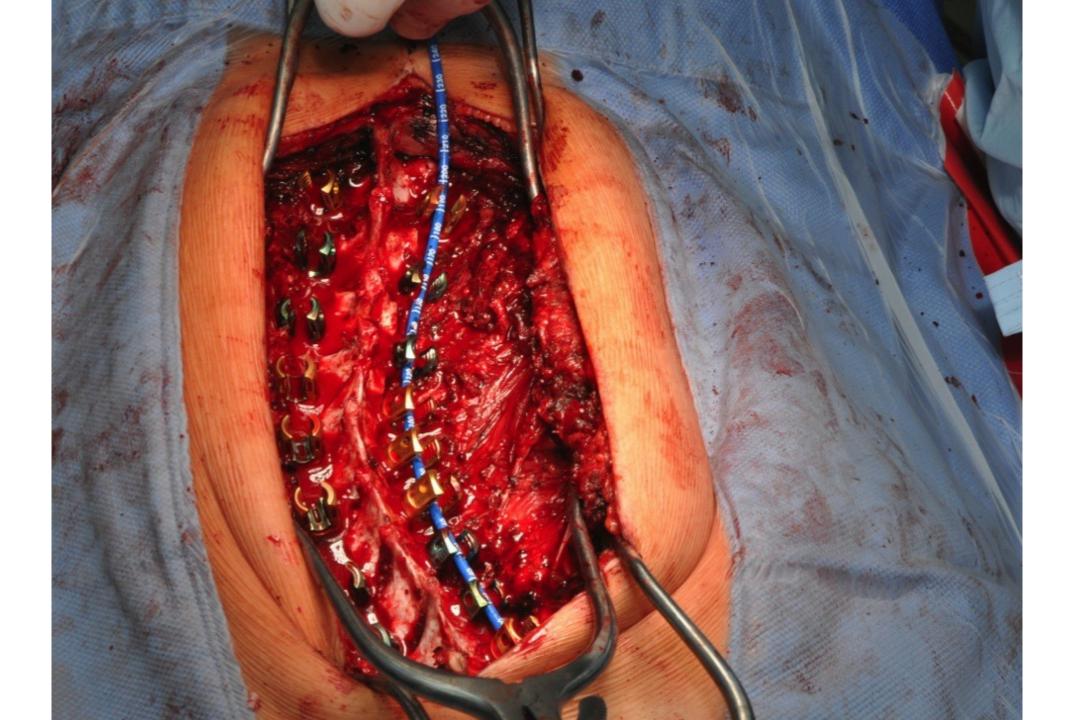
Luer – cortex resection





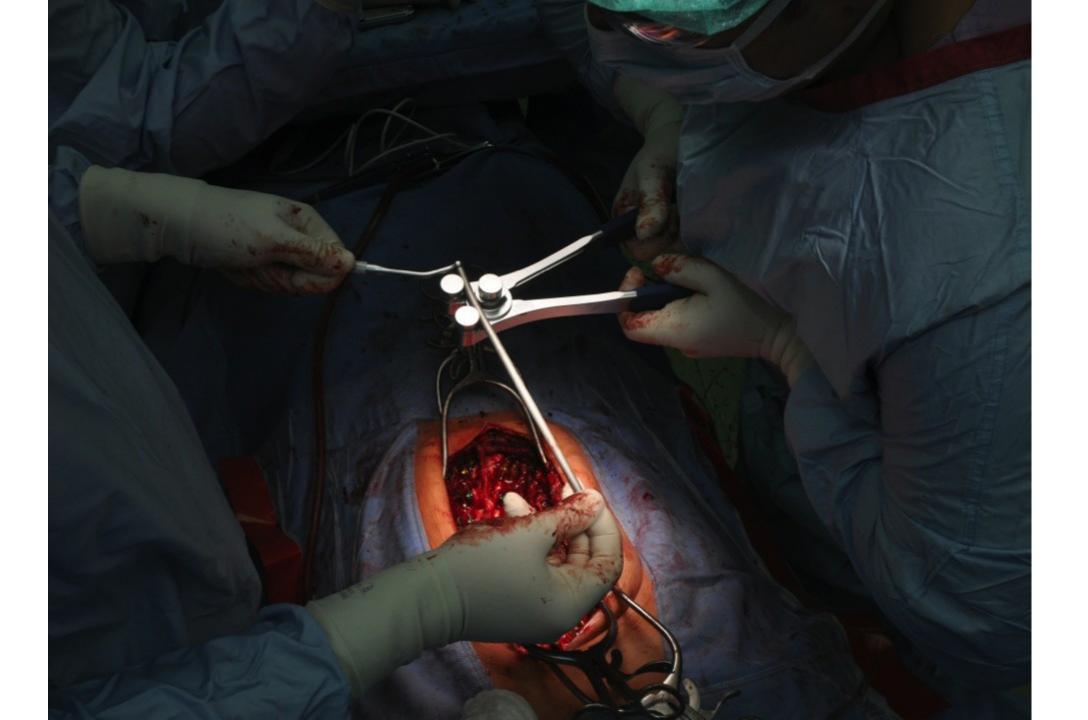


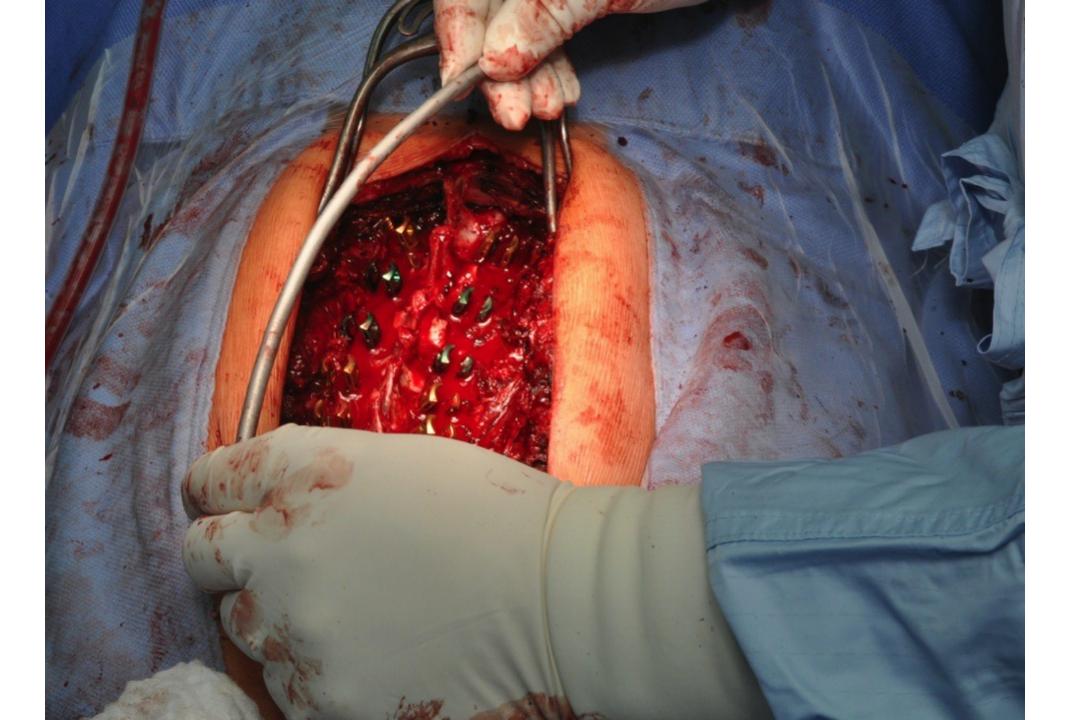


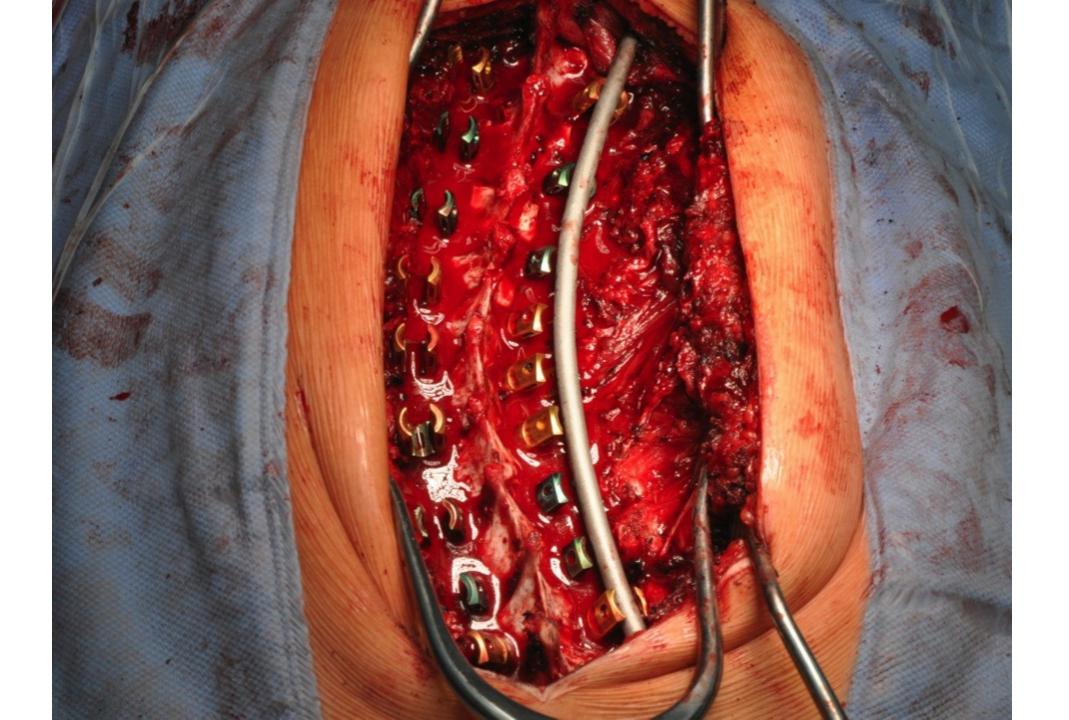


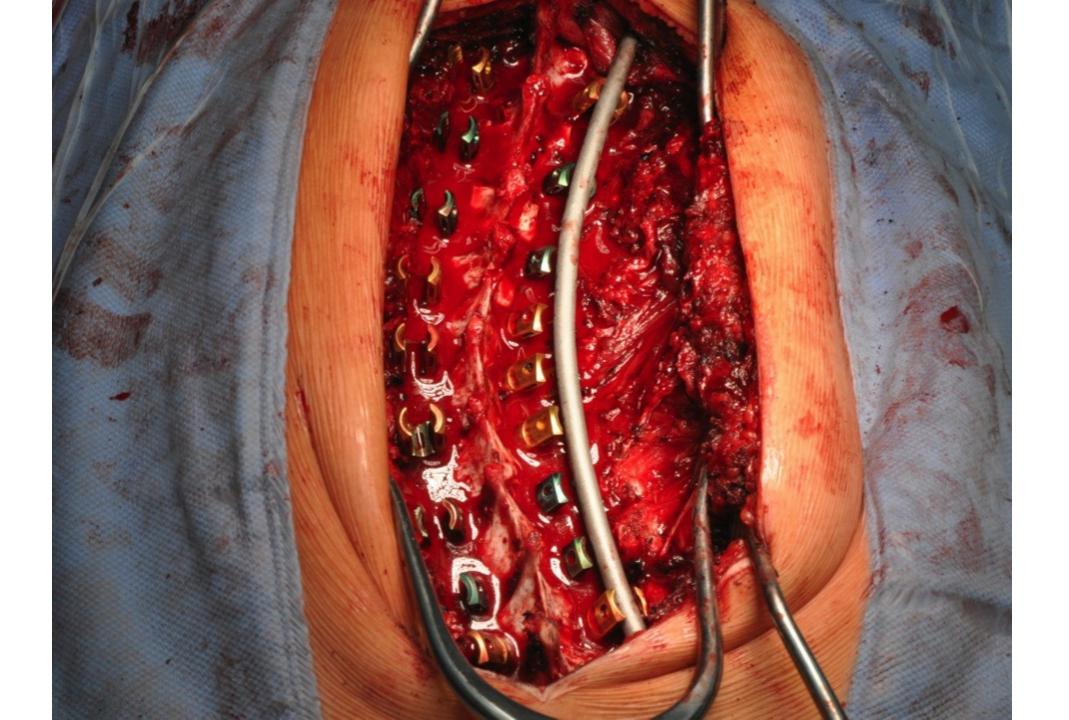




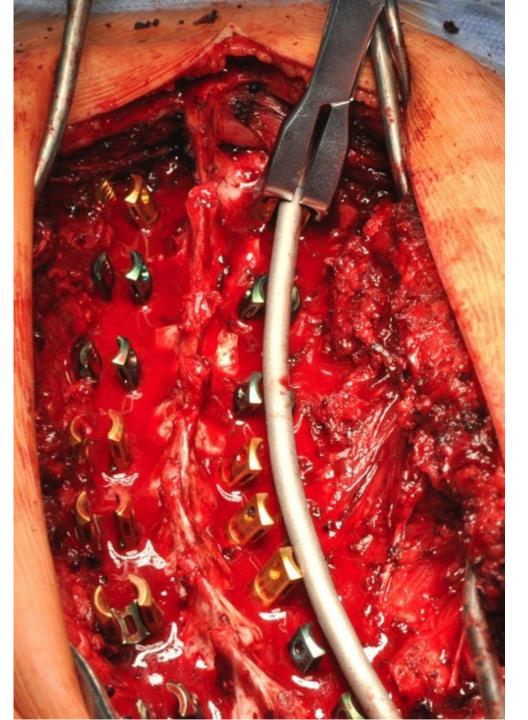


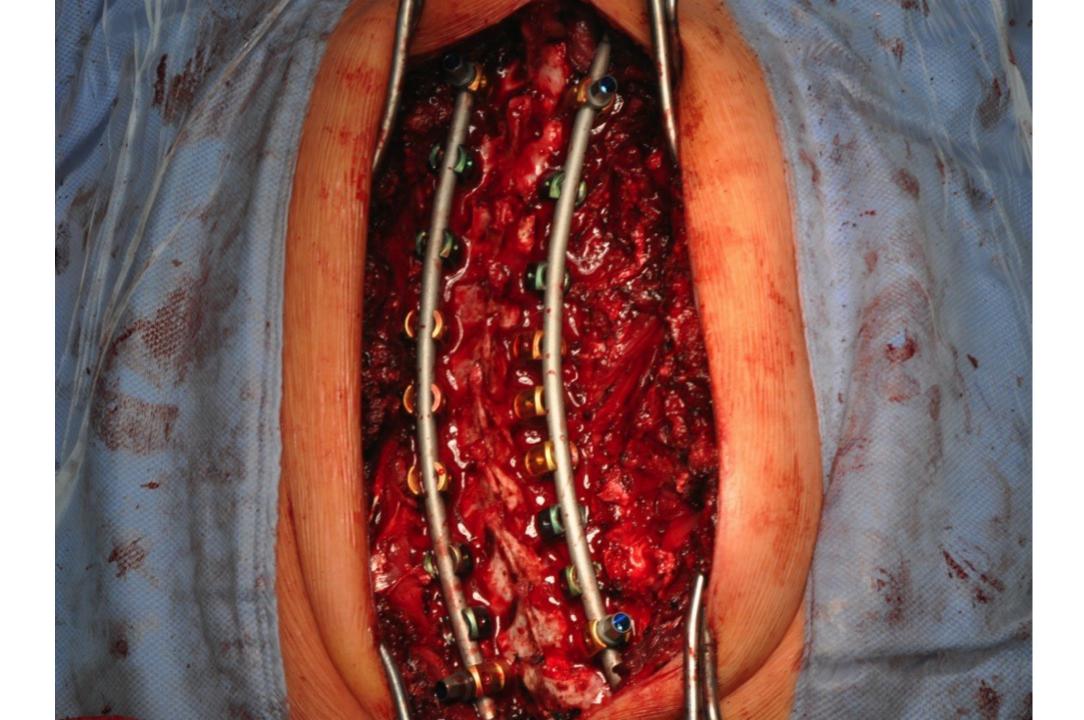


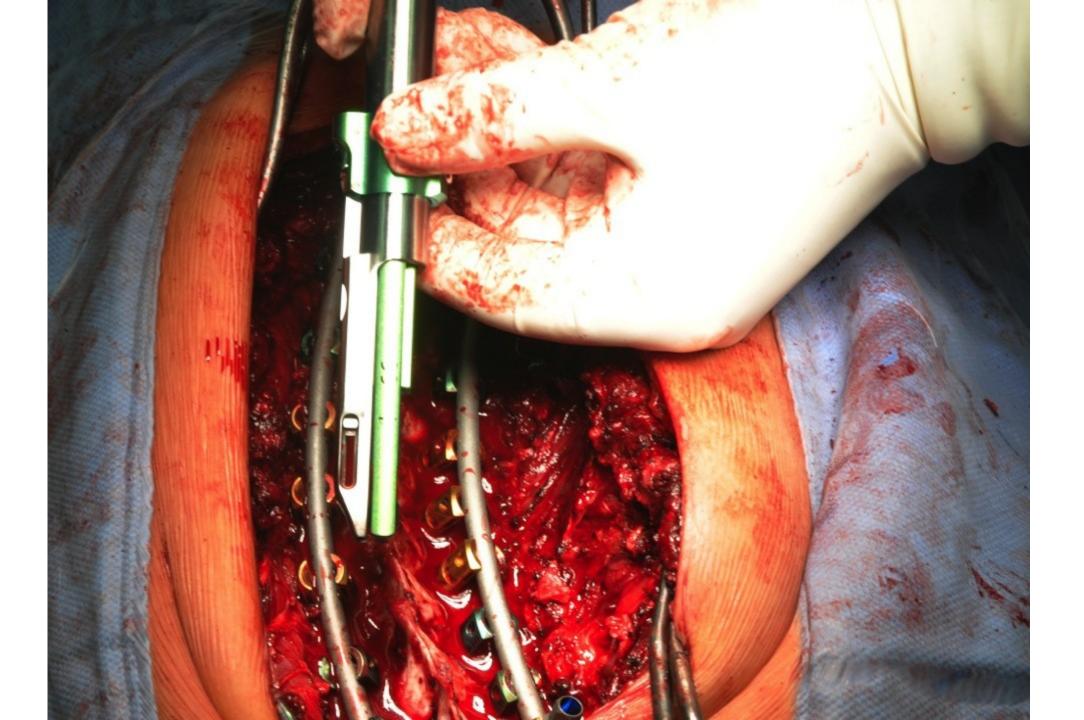


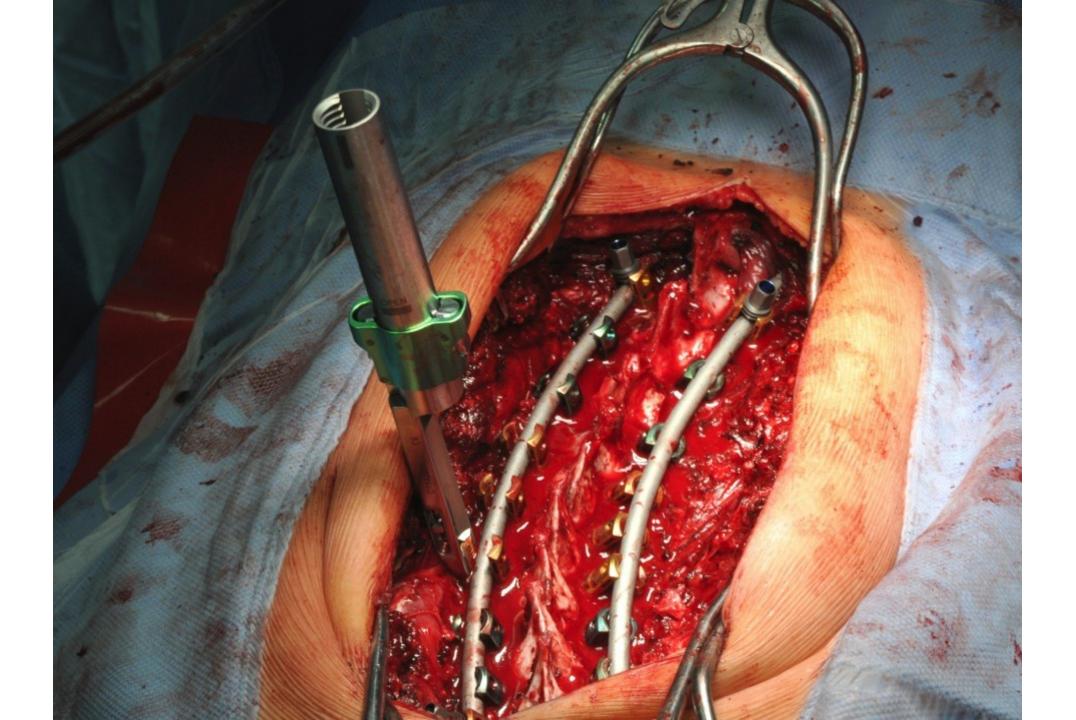


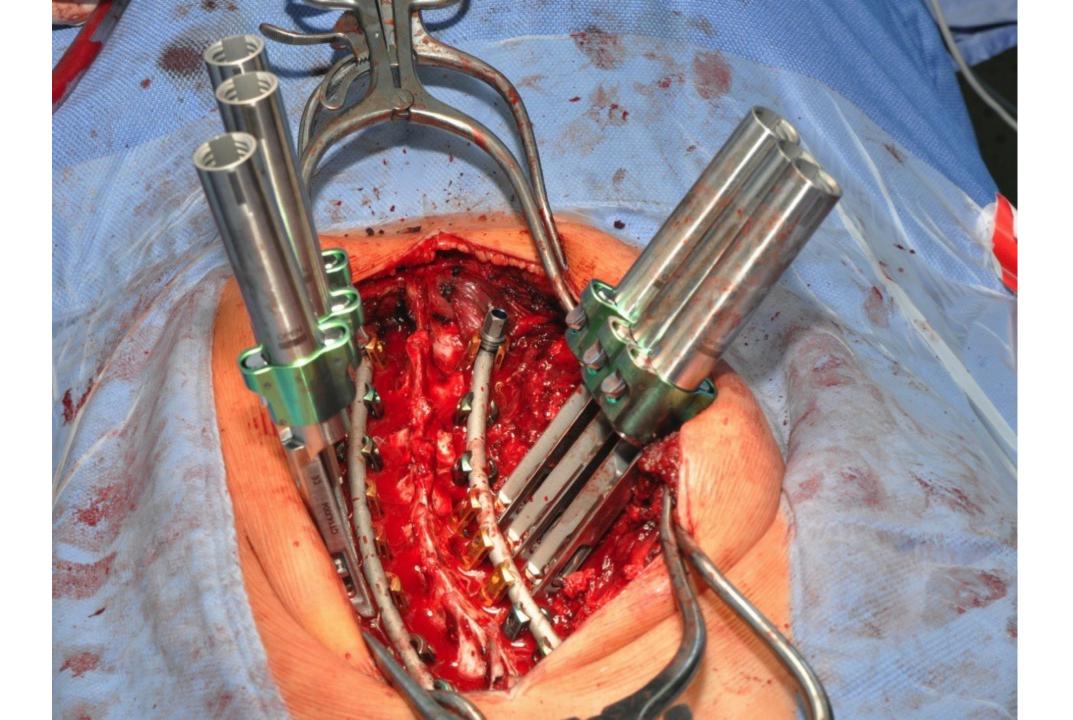


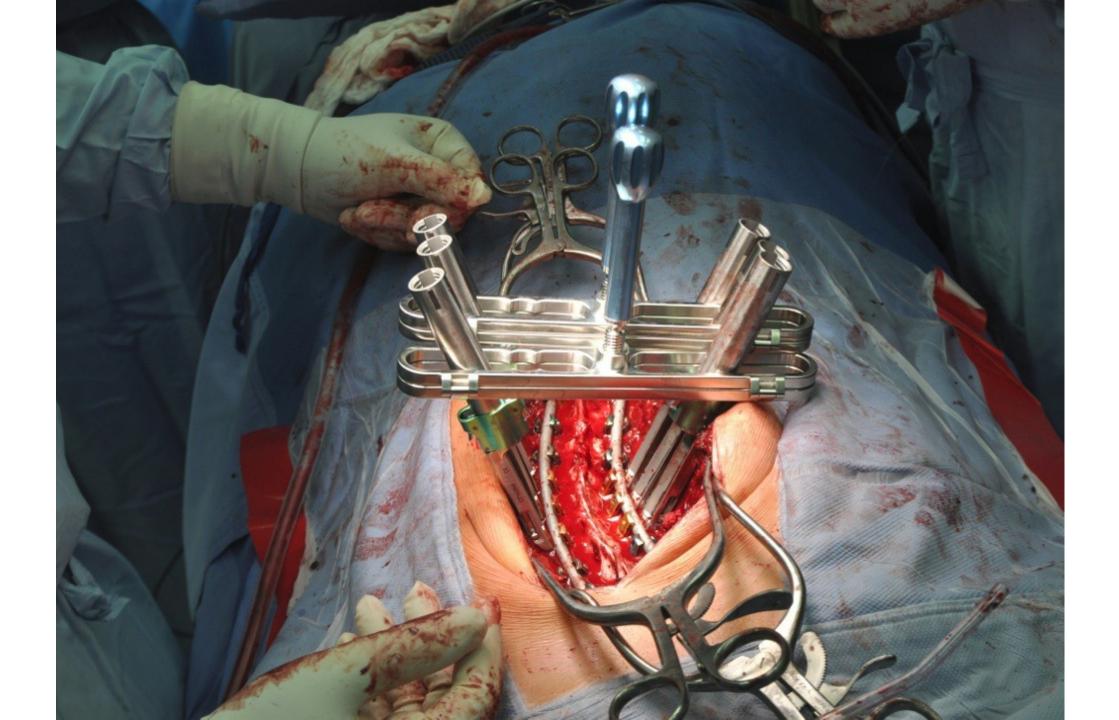


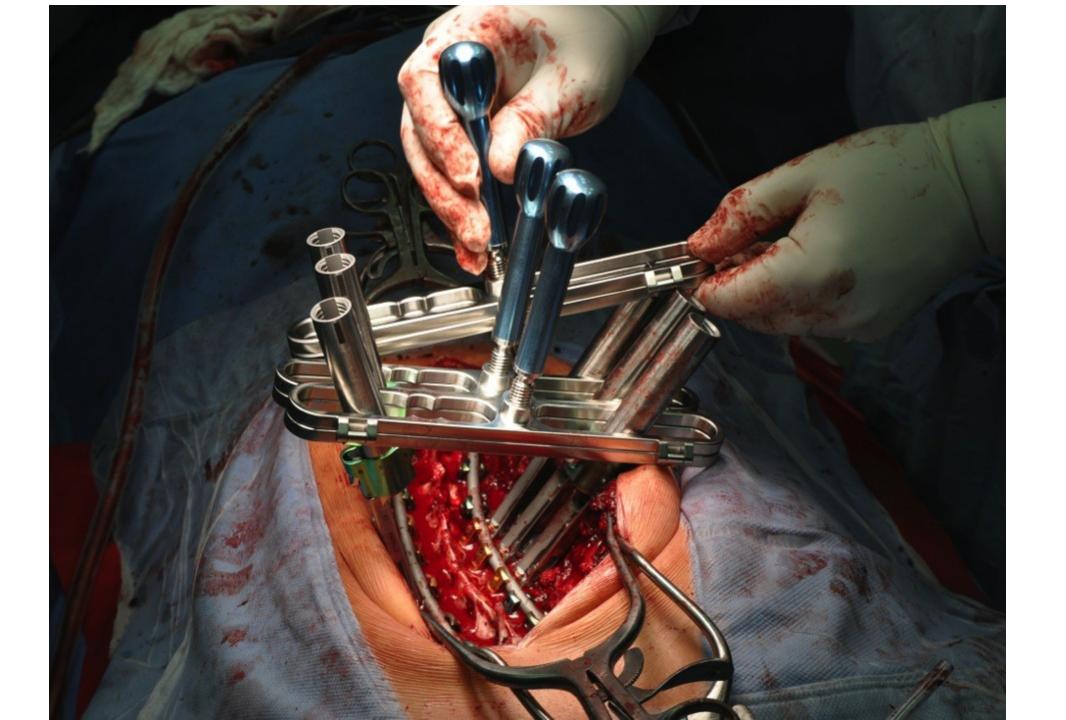


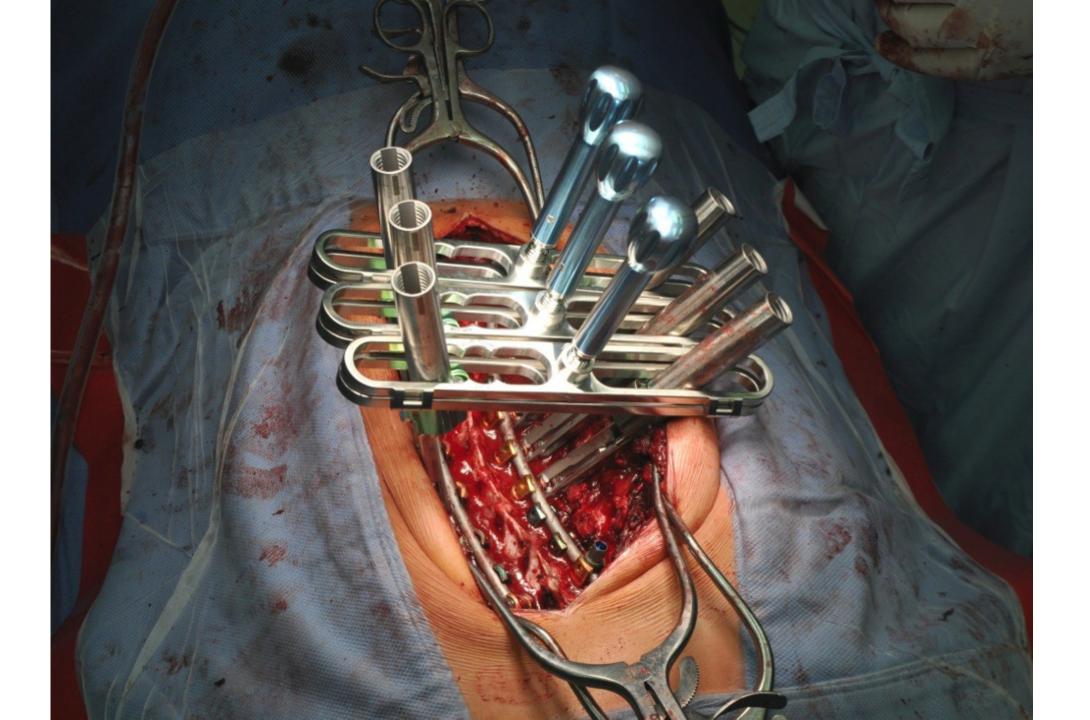


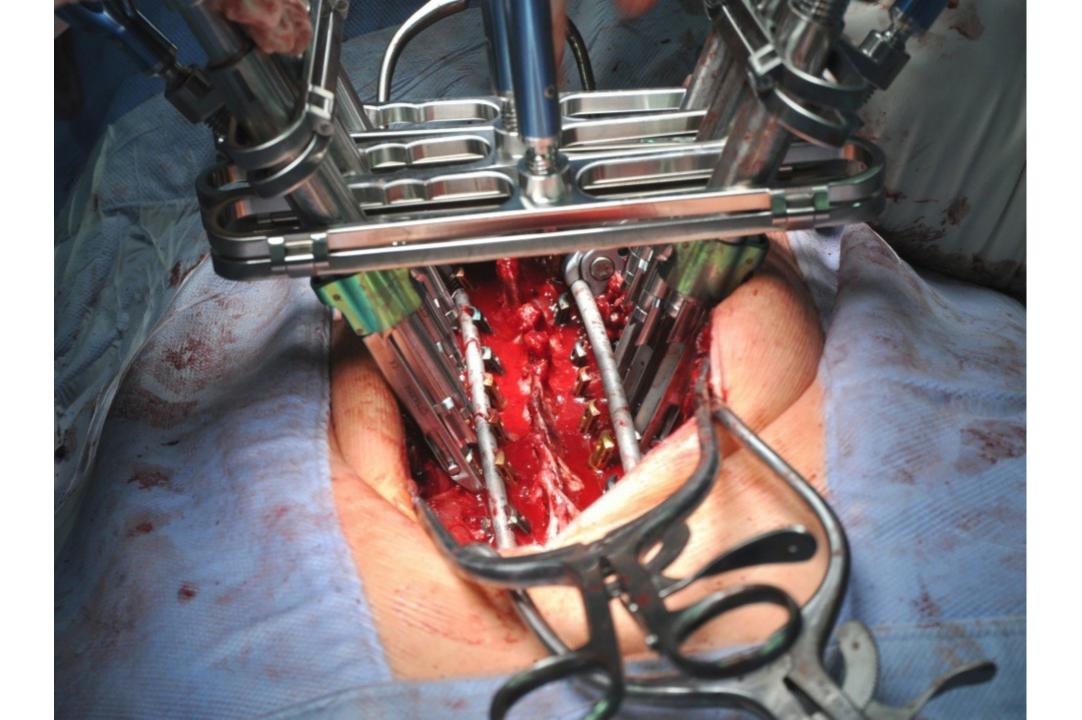


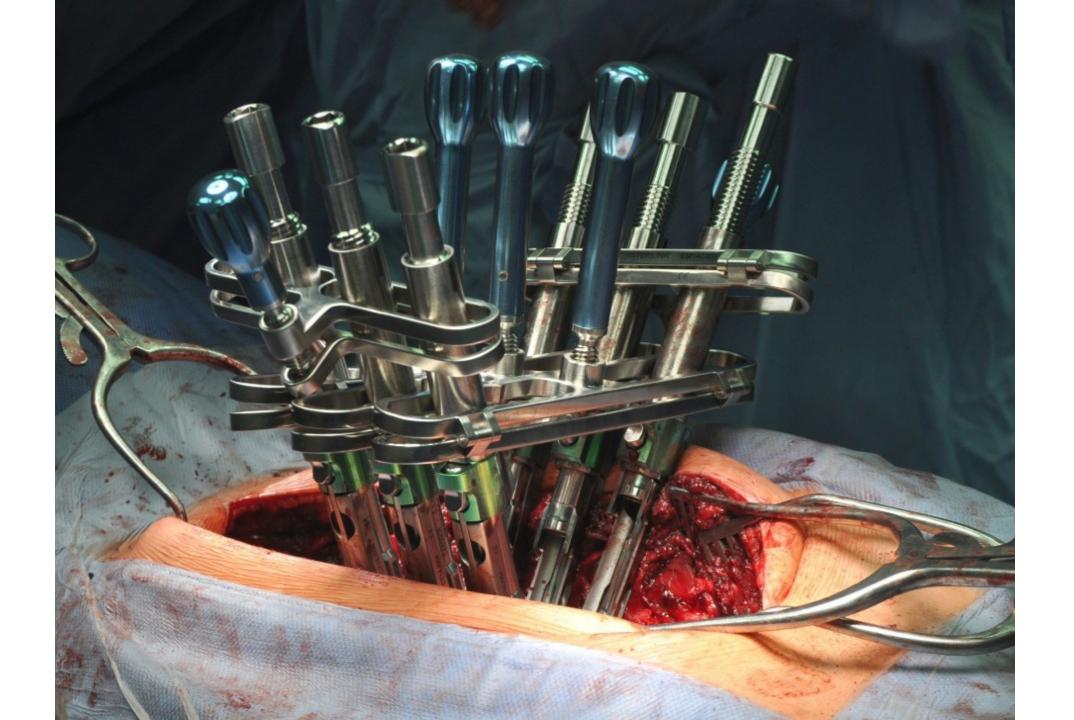


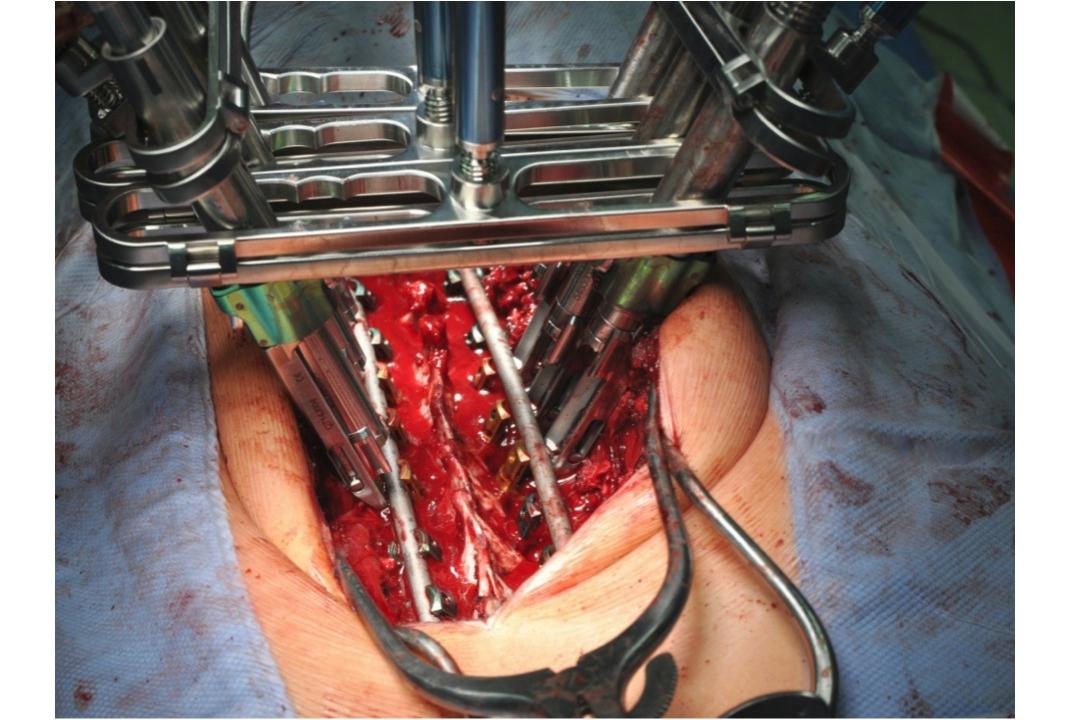


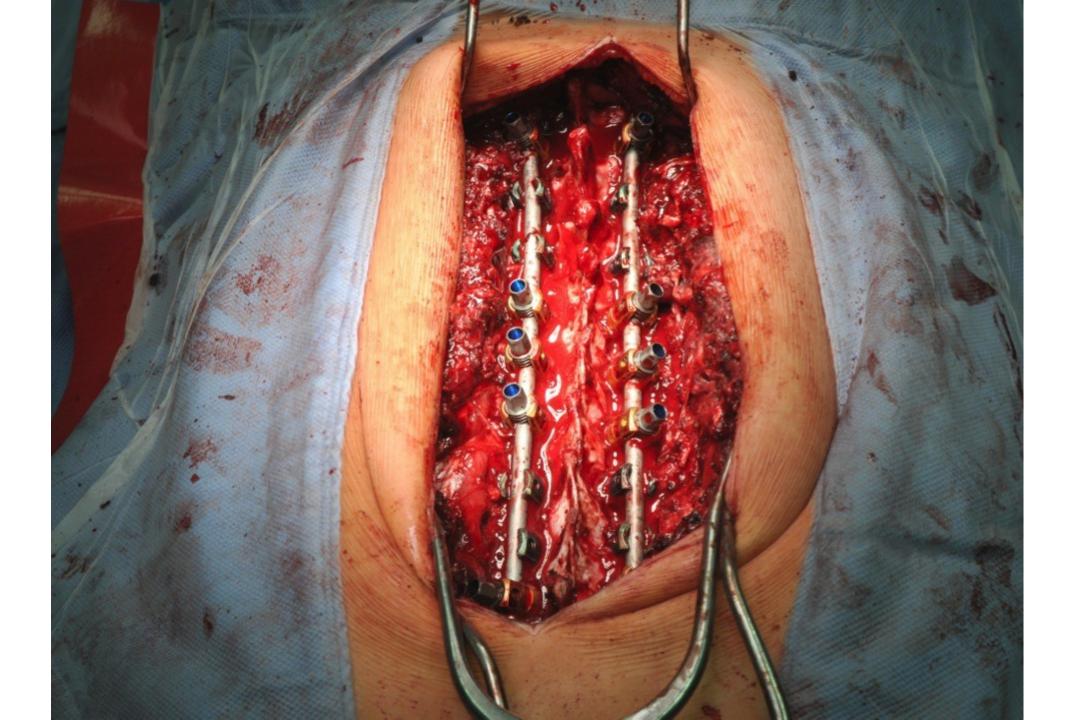




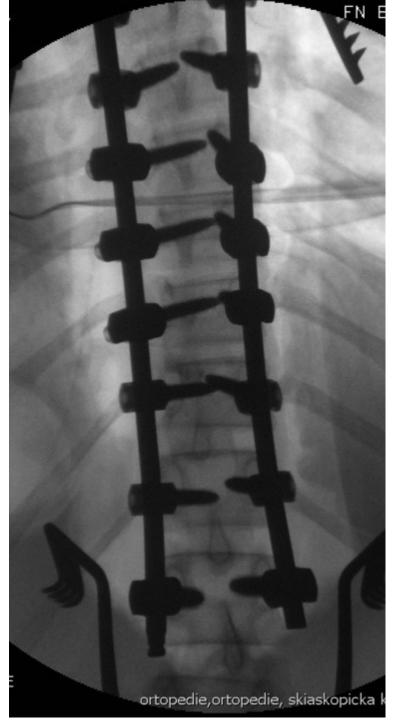


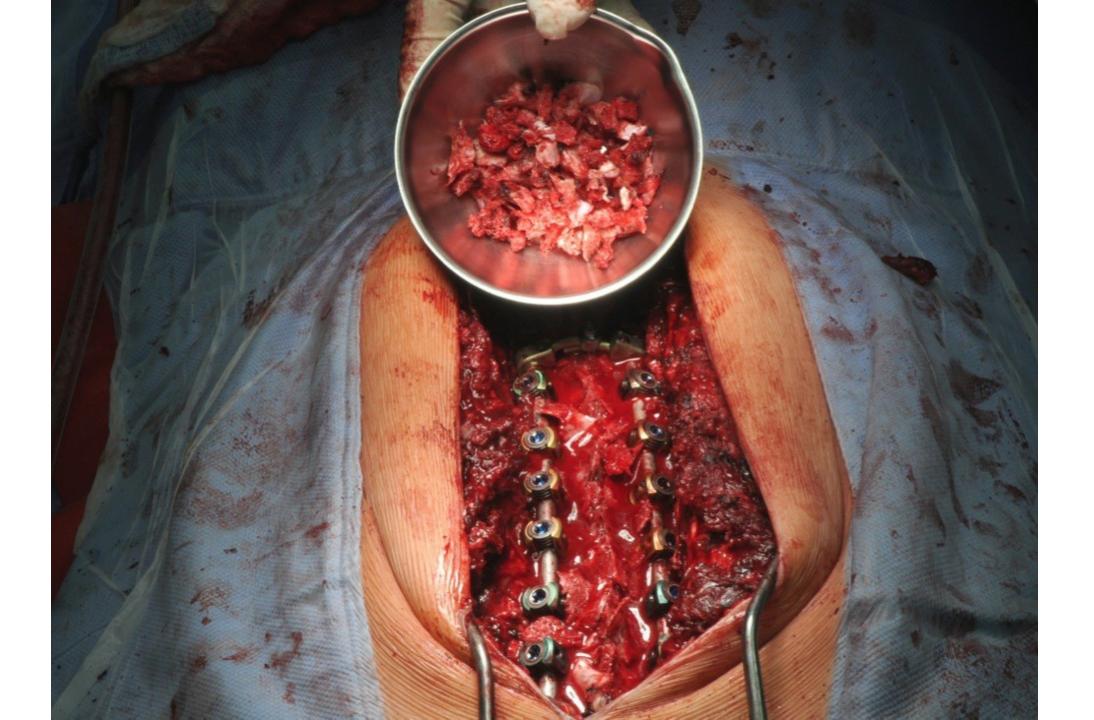


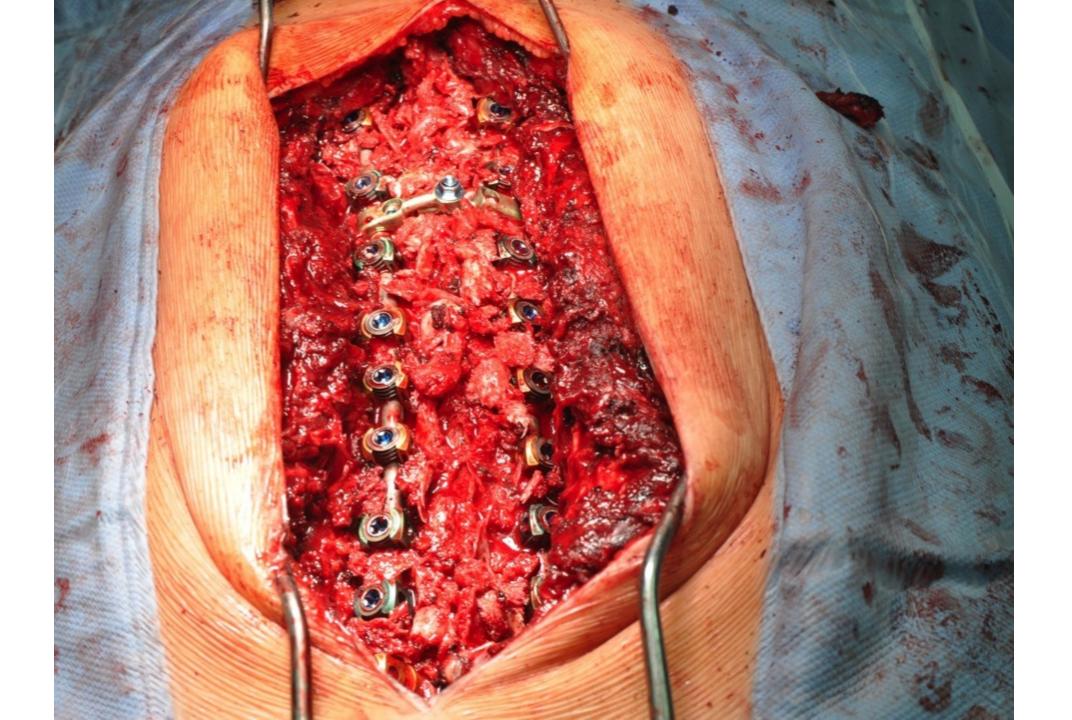




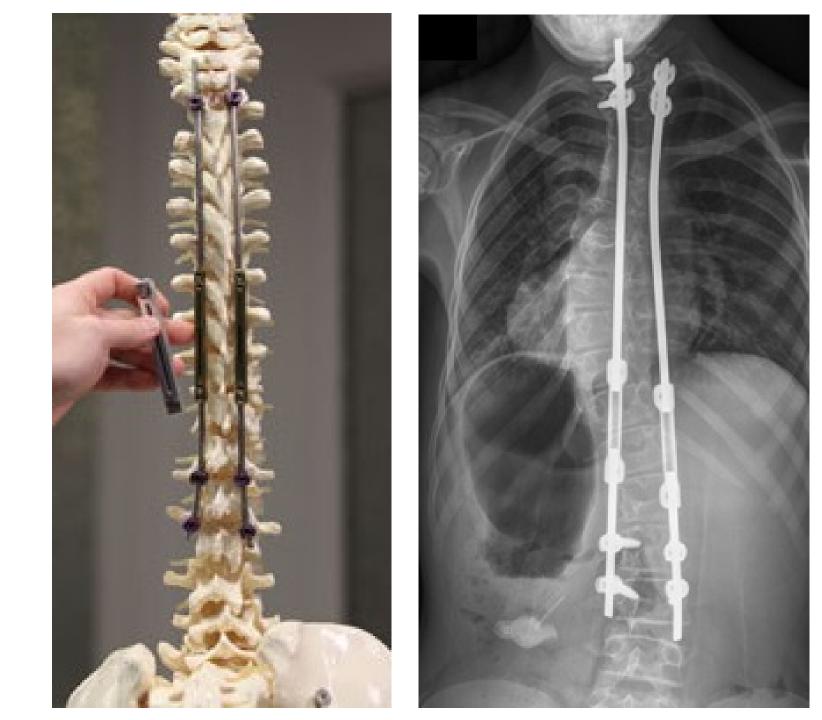








Nonfusion surgery methods

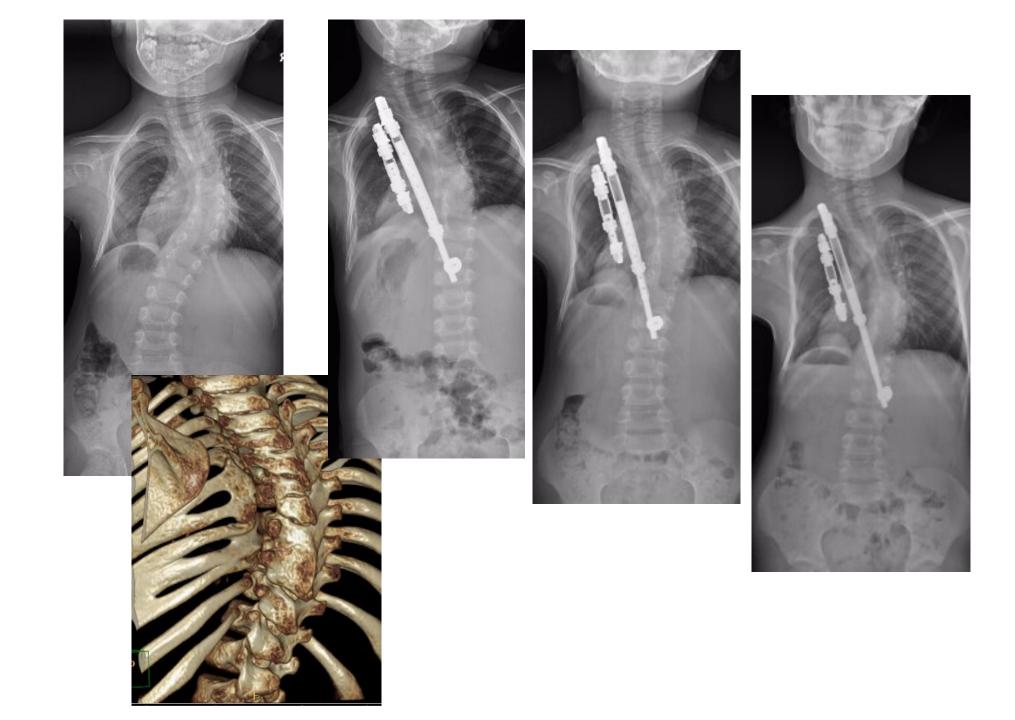


VEPTR

= vertical expandable prosthetic titanium rib

- Indikace: kong. def. + thoracic insufficiency syndrom + kostní nezralost
- Cíl: zvětšení objemu hrudníku + korekce deformity
- Nutné opakované redistrakce



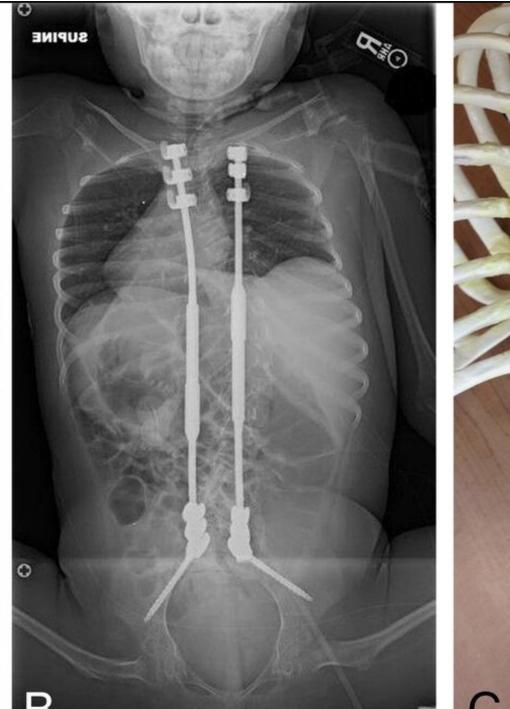


Magnetické tyče (Magnetic rods)







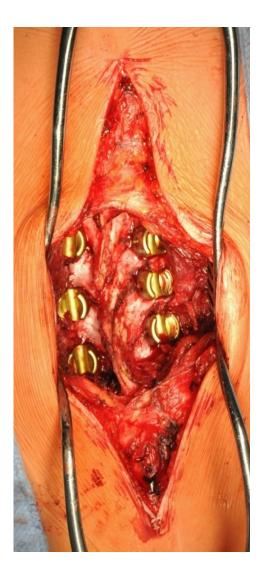




Growth Guided System

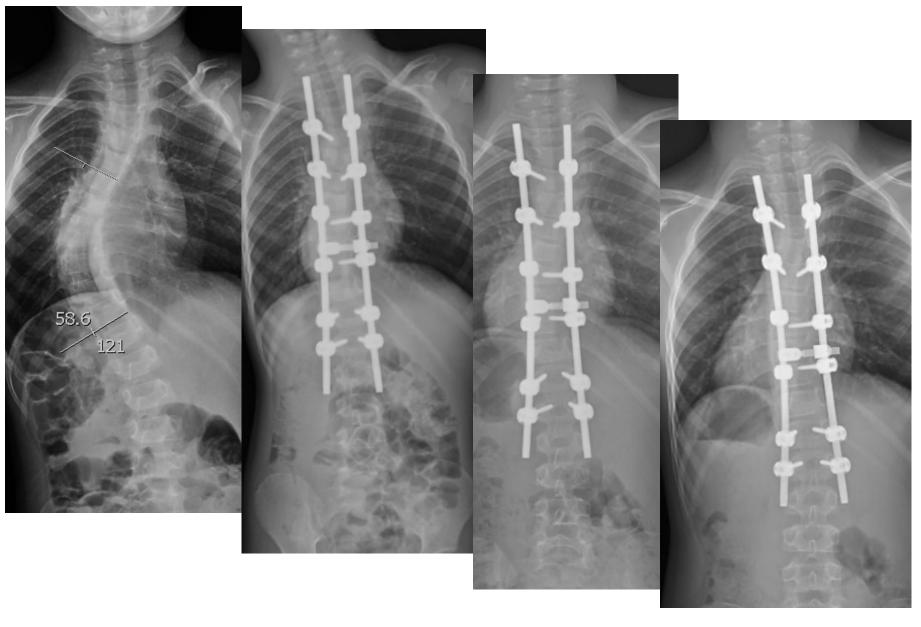
- Deformity correction + growth enabled
- Fusion of the apex of the curve
- The rest of spine grows guided along the rods



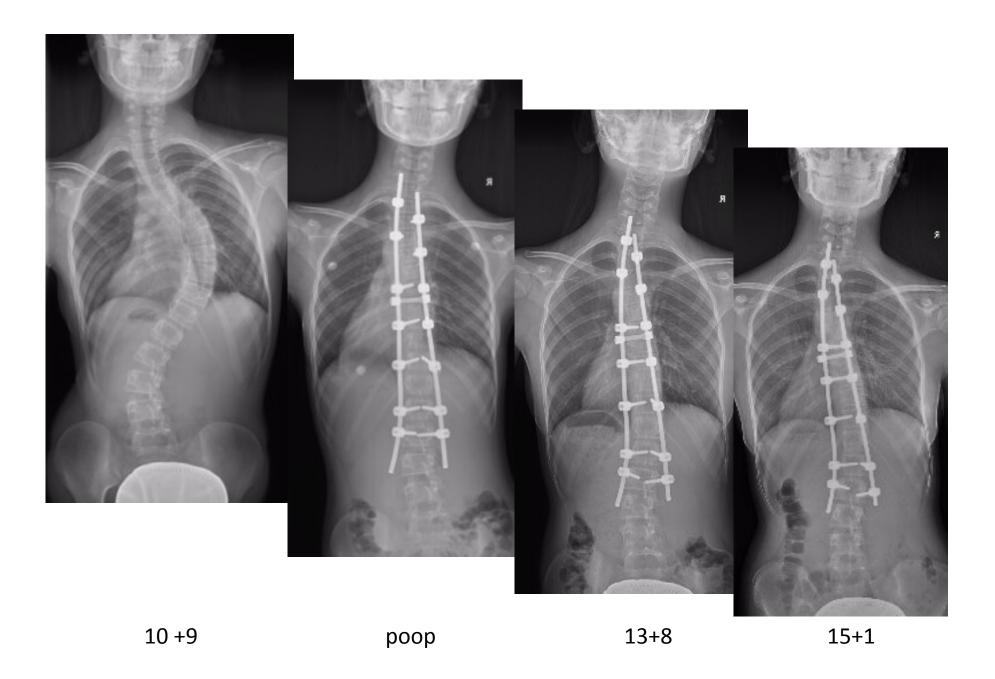












GGS requires definitive fusion !

Pts need 2 surgeries at least !

Convertion to definitive fusion after skeletal maturity.







Scoliosis types due to ethiology

TYPU deformity

• Idiopathic

- <u>Congenital</u>
- Neuromuscular

VĚKU pacienta

- Infantile
 - < 3 y
- Juvenile 4-10 y
- Adolescent 11-17 y
- Adult > 17 y

Congenital scoliosis

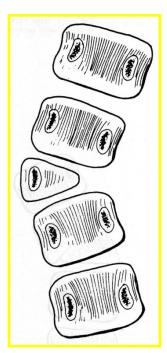
- Congenital Scoliosis- inborn spine deformity due to imperfect formation of vertebrae and their association.
- Hard to predict development and deformity progression ...

Congenital scoliosis

- deformity occurs during the first 6 weeks of embryonic development without hereditary burden, it is not hereditary
- wide diversity of severity of disability
- dg. newborns / toddlers, can occur at any time during growth

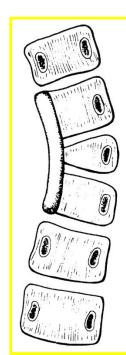
CONGENITAL scoliosis

Failure of FORMATION

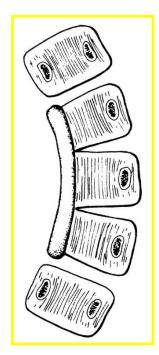


Hemivertebra

COMBINED failure



Failure of SEGMENTATION



Unsegmented bar

Congenital scoliosis

 Failure of SEGMENTATION- failure of the connection of one or more vertebrae on one side

• Failure of FORMATION- most often, disorder of vertebra formation, shape anomalies

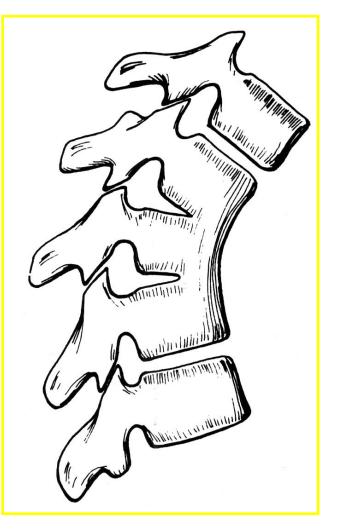
• COMBINED failure

• Anterior :

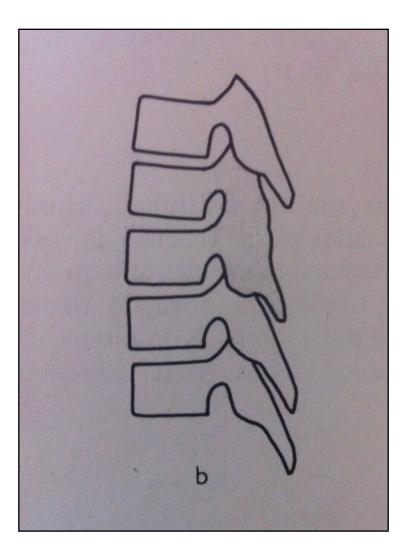
Vertebrae are held together due to unsegmented normaly all the posterior structures

-> kyphosis !

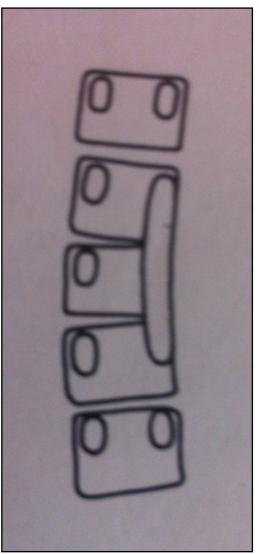
"anterior unsegmented bar"



- Posterior unsegmented bar fusion of intervertebral joints and laminas
- -> lordotization

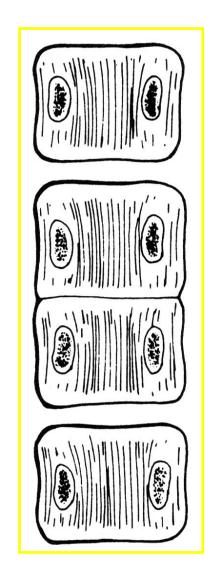


 Unilateral unsegmented bar leads to sever scoliosis deofrmity



Usualy asymptomatic Can lead to relative shortening of spine

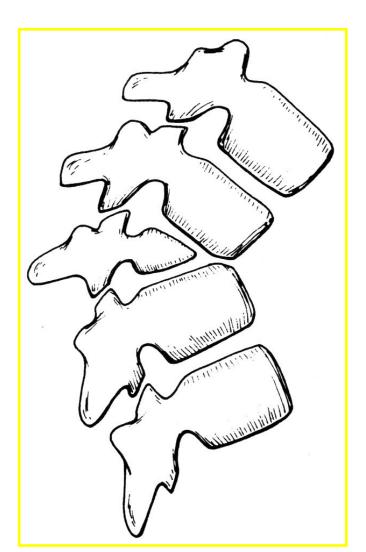
"block vertebra" – iv disc is missing



anterior

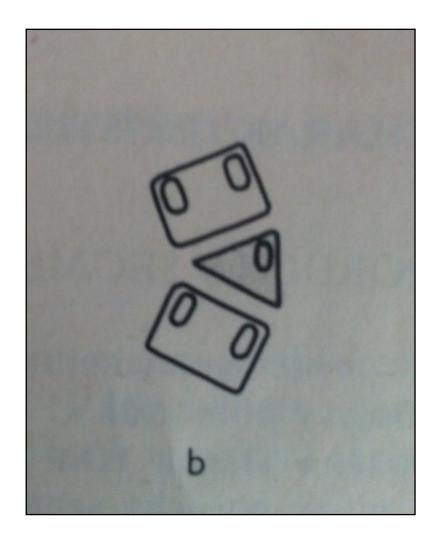
Could affect just part of vertebra / all structures Solitary or multiple changes "posterior hemivertebra" -> kyphosis

- posterior much less common
- > lordosis



- Lateral
- Hemivertebra
- -> scoliosis deformity

Important one !



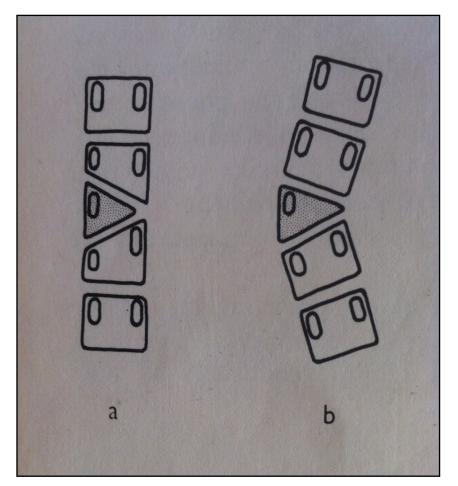
Postižení solitární až mnohočetné

Postižení sousedních obratlů nebo v různých úsecích páteře



Hemivertebra types

closed type / neuzavřený poloobratel

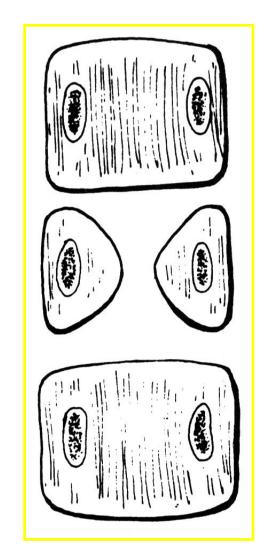


bez progrese / progrese deformity

- Aterior central defect
- The two parts of vert. are not connected together

"butterfly vertebra"

 According to severity of the anterior defect can lead to kyphosis or is completely asymptomatic





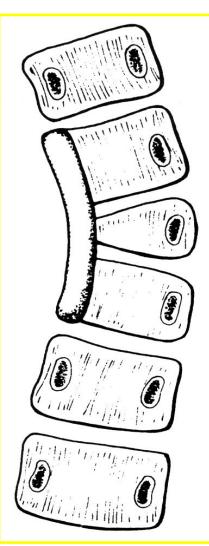
Combined failure

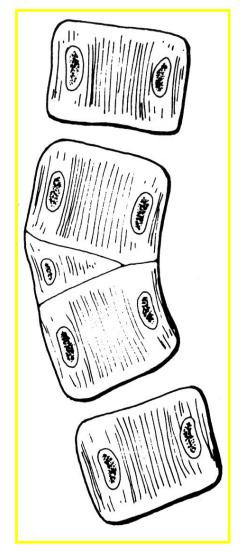
- Very common
- Multiple changes
- Very individual
- Hard to predict progression in multiple changes, observation is the key.

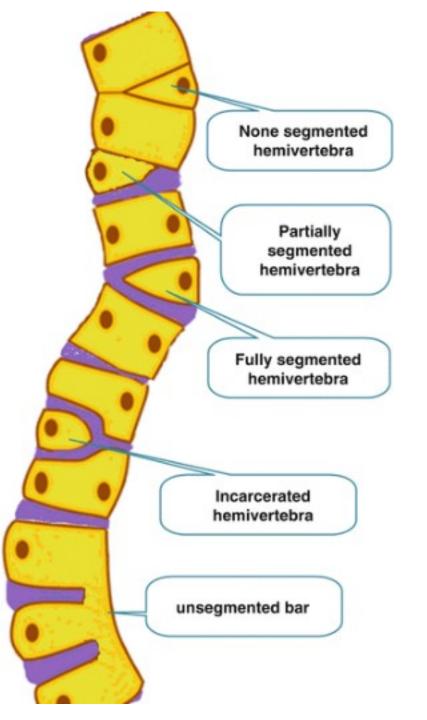
The highest risk of progression

Fully segmented hemivertebr a + contralateral unsegmente d bar !!

Combined failure







Congenital scoliosis - therapy

Main rule – STOP the progression !

Observation – X-ray á 6months

if there is progression of deformity -> surgery

fastest growth- frist 5y of age

+ adolescent growth spurt

-> highest risk of progression !!!

Hemivertebra

fully segmented

semisegmented

Risk of sever scoliosis

non-segmented

2 main used surgical techniques

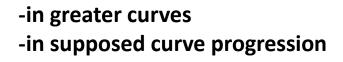


Simple bony fusion

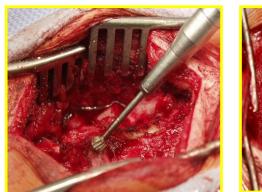
Arrest of curve progression

(without direct correction)

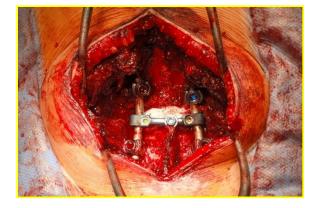
-in small curves -in early detection



Correction of scoliotic curve





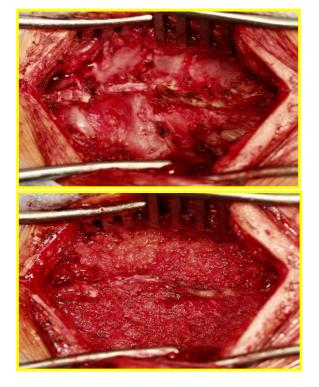


Hemivertebrectomy with

instrumentation

Surgery of hemivertebra

Simple fusion



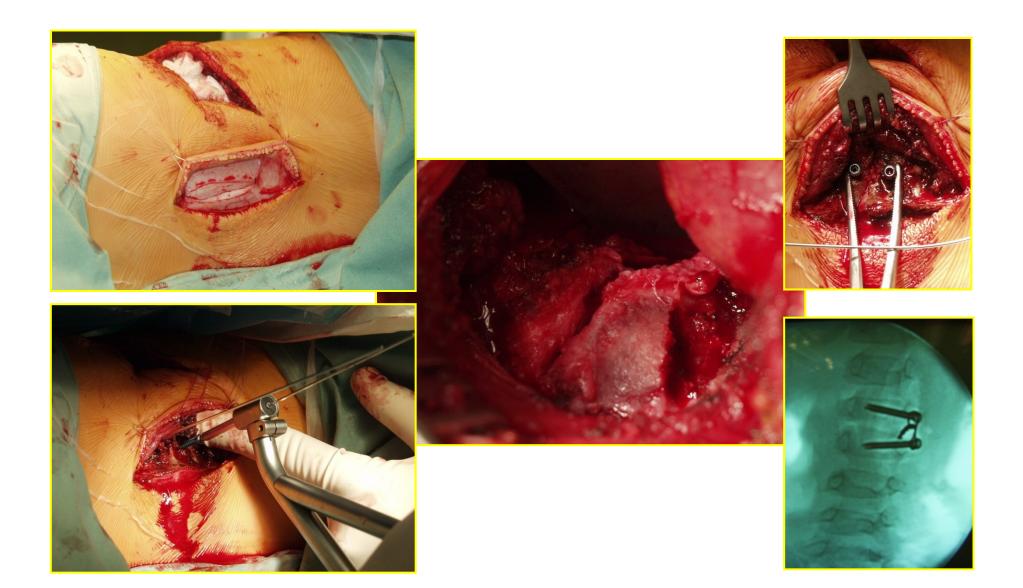
- Small deformities
- Blockage of worsening
- Without correction possibility

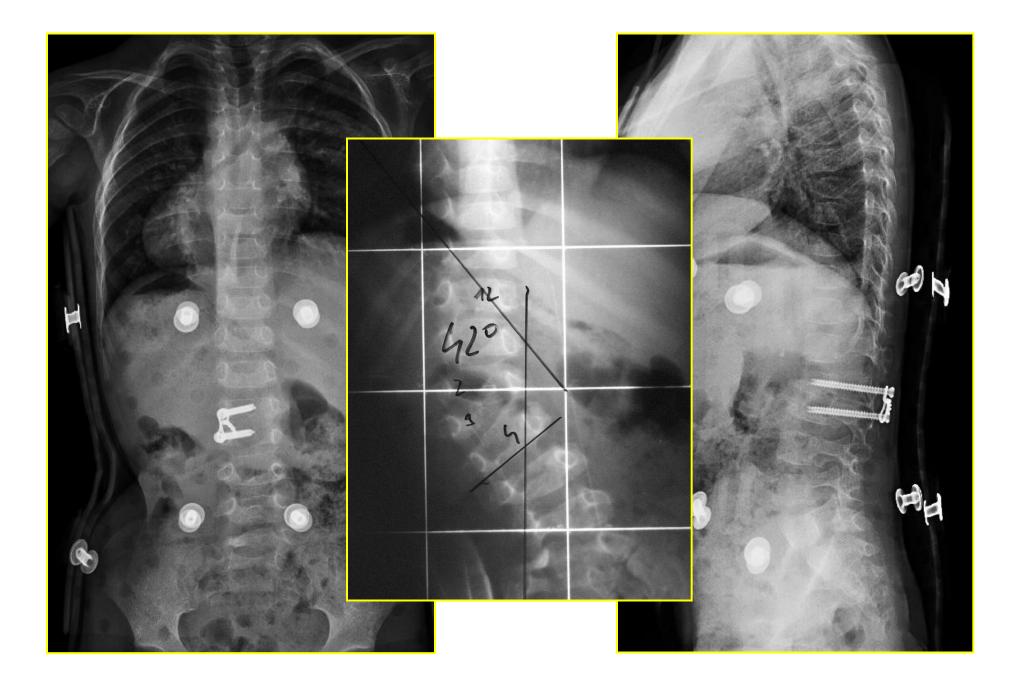
Hemivertebrektomy



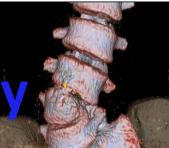
- Larger deformities
- Curve correction
- Prevention of secondary curves

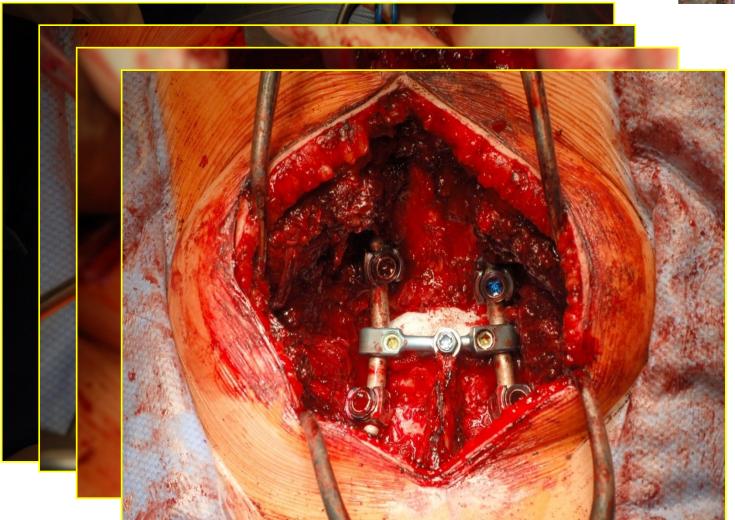
Hemivertebrectomy combined approach

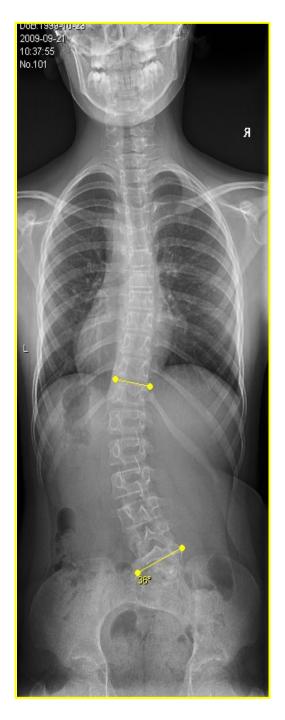


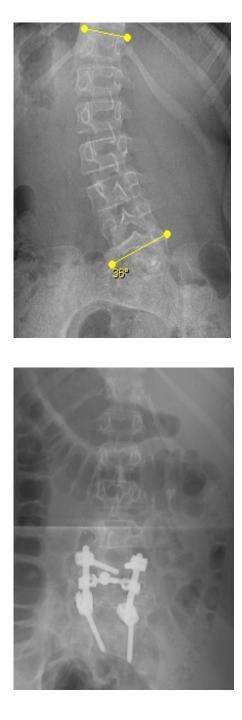


Hemivertebrektomy posterior approach only









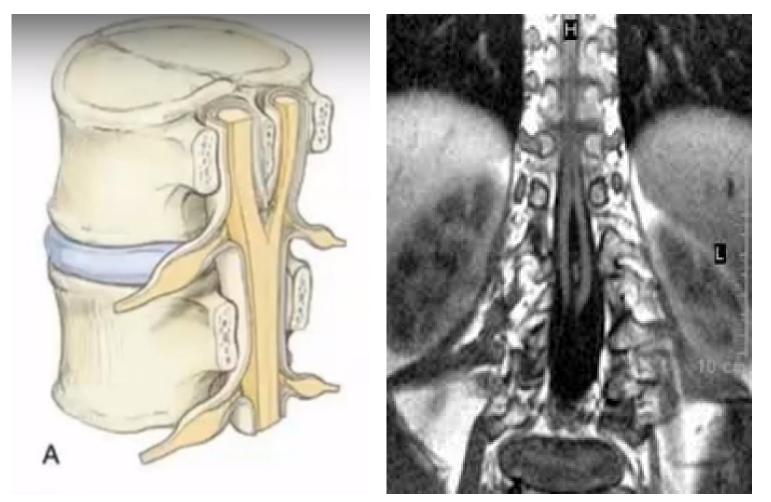




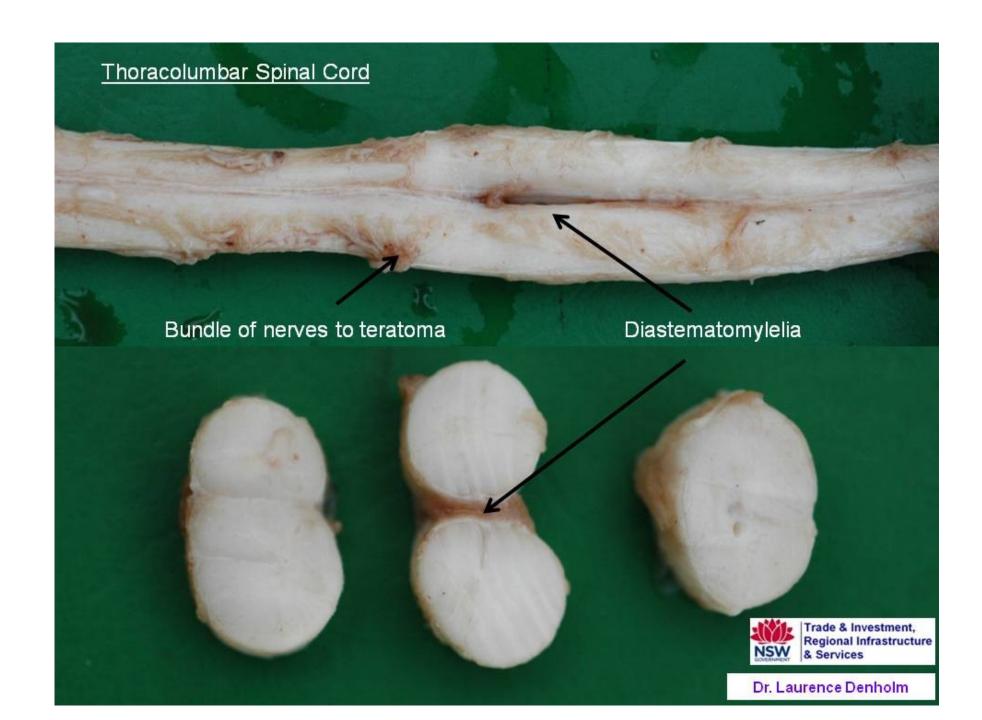
The main factors of succesful treatment of congenital scoliosis

- early detection
- good timing
- adequate surgical approach

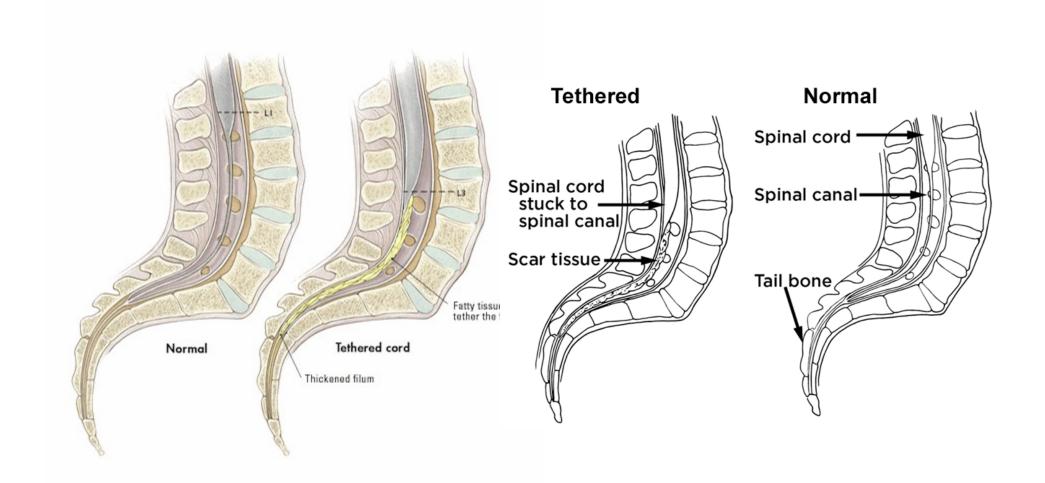
Diastematomyelie

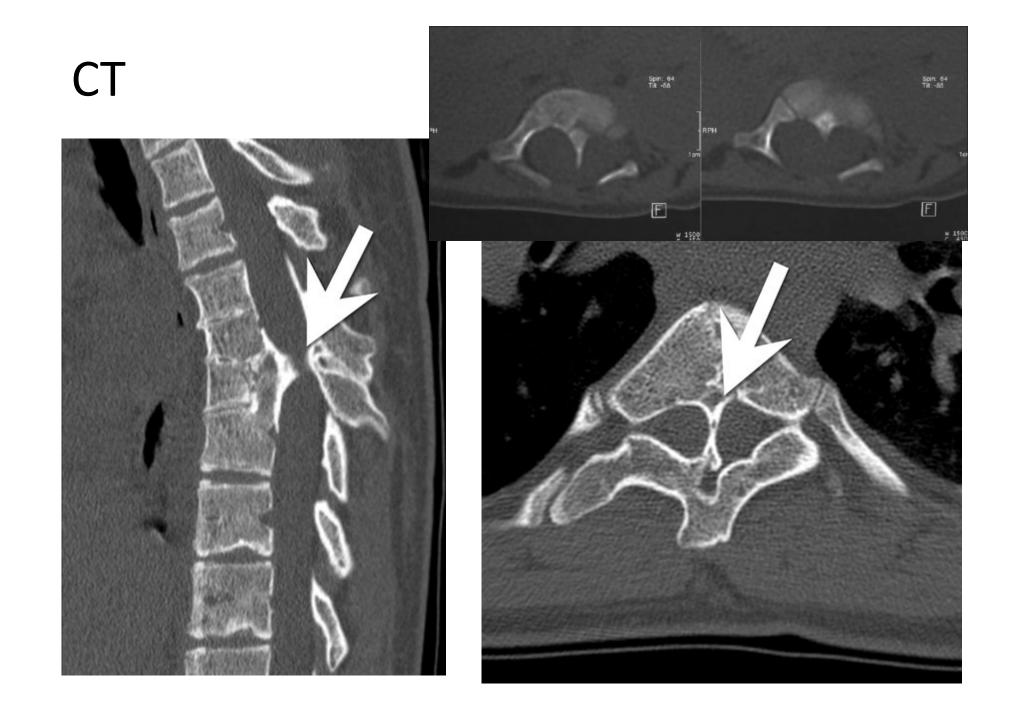


Skl, Mot

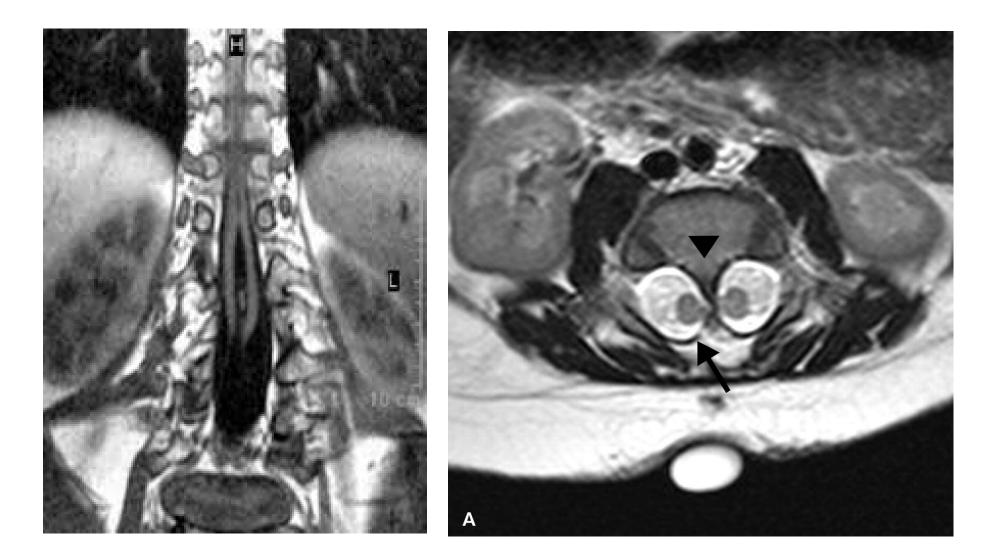


Tethered cord syndrome





MRI



Neuromuscular scoliosis



Scoliosis types due to ethiology

TYPU deformity

• Idiopathic

- Congenital
- Neuromuscular

VĚKU pacienta

- Infantile
 - < 3 y
- Juvenile 4-10 y
- Adolescent 11-17 y
- Adult > 17 y

Neuromuscular scoliosis

- Significant progression (even after growth)
- severe deformities
- combined with pelvic and hip deformities
- high degree of associated dysfunction
 - cardiopulmonary
 - urinary
 - pressure sores
 - osteoporosis

Conservative treatement

1.physiotherapy

2.Protsthetic care

- braces
- Sitting support brace in wheelchair

3.Nursing care



Léčebné postupy

1. Conservative treatement

- disadvantages : -small effect
 - Poor orthosis tolerance
 - -negative influence of K-P function with orthosis -decubits

2. surgery

indication:

- -collapse and instability of the spine
 -deterioration of cardiopulmonary functions by orthosis
 -back pain
- the tendency to pressure sores

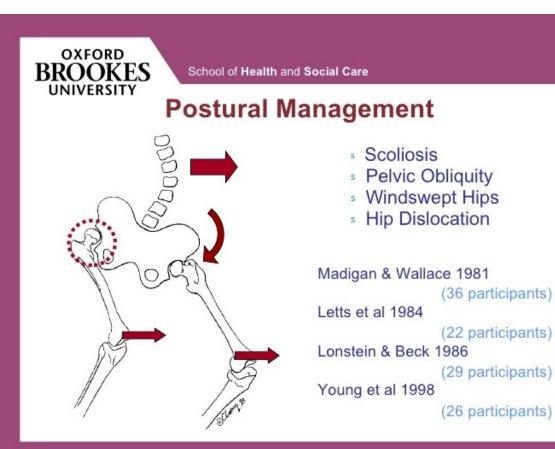
Neuromuscular spine deformity = complex deformity

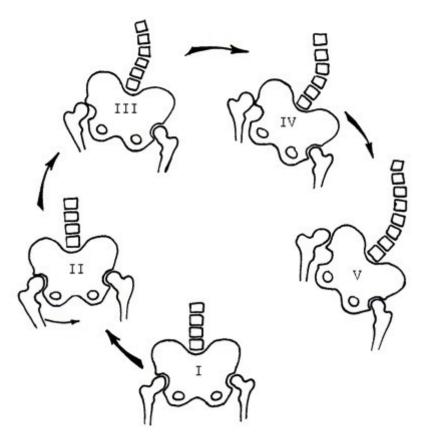
- Long thoracolumbar dx convex curve
- kyphoscoliosis
- hyperlordosis
- Hip anomaly
- Pelvic obliquity





Windswept hip

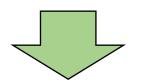






- brain
- cerebellum
- Upper motoneuron





Stiff, rigid deformities

• Lower motoneuron

Primary myopathy



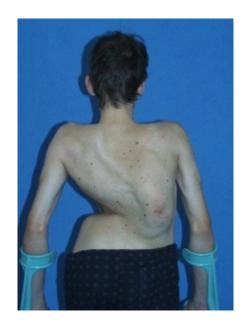




NM spine deformities

1. Spastic forms

Rigid kyfoscoliosis





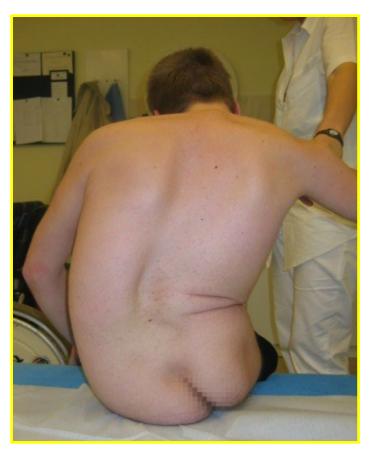
2.Hypotonic forms paralytic deformities





NM spine deformities

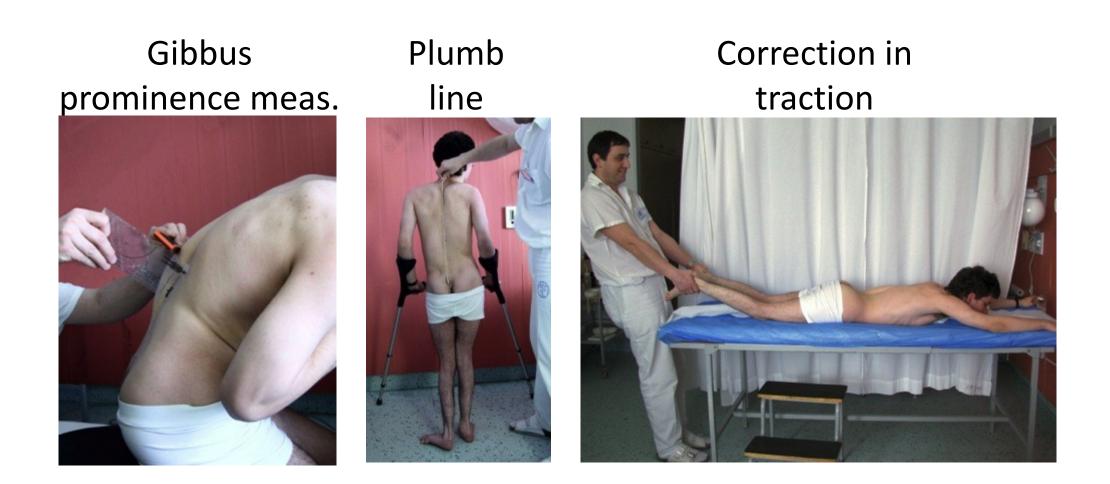
Sitting instability



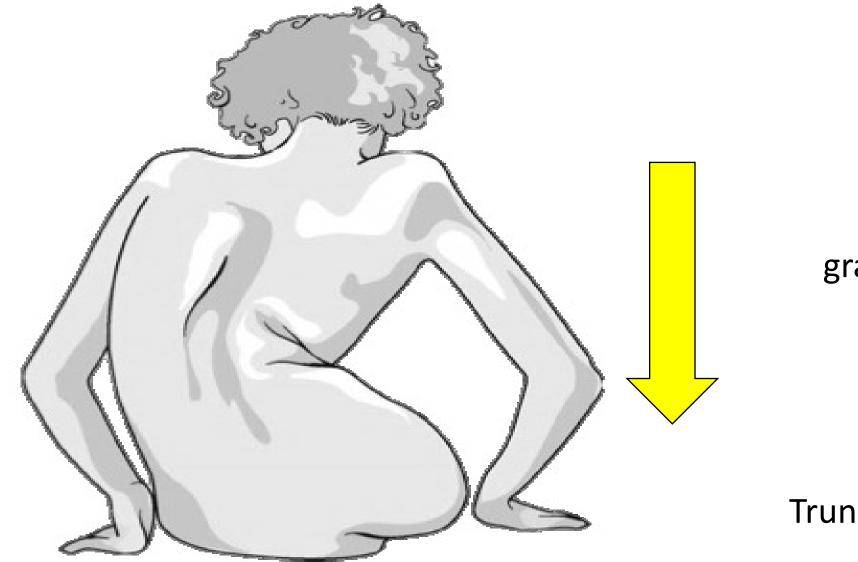
Standing instability



Clinical examination of NM deformities



FLACCID deformity



gravity

Trunk collapse

TYPES A. Neuropathic I.upper motoneuron failure

- cerebral palsy
- spinocerebellar degeneration (Friedrich's Ataxia, CHMT, Roussy-Levy syndrome)
- syringomyelie
- spinal tumors
- spinal cord injury

A. Neuropathic II. *lower motoneuron failure*

- Poliomyelitis
- other viral myelitis
- Injuries
- SMA spinal muscular atrophy Werdnig-Hoffman, Kugelberger-Welander

B. Myopathic curves

- Arthrogryposis (not progressive)
- Muscular dystrophy (Duchene, limb-girdle syndrome, fascioscapulohumeral syndrome)
- fiber type disproportion syndrome
- congenital hypotonia
- dystrophic myotonia

SMA Infantile WERDING-HOFFMAN

- Most common
- Fleet contractures, disability
- Often without affecting the inteletctus
- Disability of the hips
- Scoliosis: paralytic curves, progression

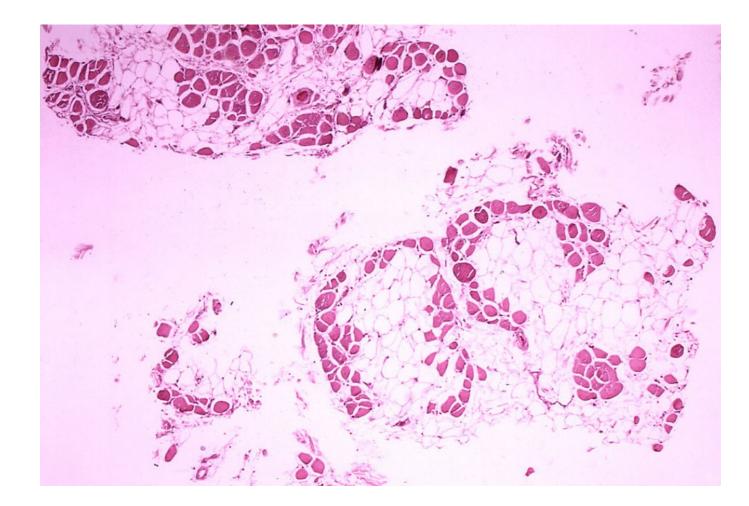


Progresivní svalová atrofie PMA,

(Duchen–Aranova muskulární atrofie)

Duchene muscular dystrophy

- absence of dystrophin protein
- Muscle biopsy
- DNA tests absence of dystrophin + significant creatine phosphokinase elevae
- Poor muscle regeneration
- Gradual replacement of muscles by fibrous tissue.



Duchene muscular dystrophy

- 2-6y the first symptoms come, dystrophin deficiency and, as a consequence, dying muscle fibers are beginning to be replaced by ligaments.
- problems with walking, during, getting up from a lying or sitting position
- pseudohypertrophy of calves
- wheelchair
- developent of kyphoscoliosis

(floppy infant; Werdnig-Hoffmann disease)

First motor neuron lesion (spastic paraparesis)

> Localized atrophy — (shoulder, scapula)

Proximal ——/ muscle atrophy (Kugelberg-Welander disease)

Calf hypertrophy

7

Second motor neuron lesion

Dr.Juan C. Salazar Pajares

Terapeutický postup

- •A. Muscular disbalance of the lower limbs
 - -extension of adductors in DMOB. solution of hip dislocationsC. deformity of pelvis and spine

Operační léčba

INDICATION

Paralytic curves collapse and instability of the spine

- Progressive deformity
- Sitting instability
- Impairment of cardiopulmonary functions by orthosis
- Back pain
- Tendency to pressure ulcers

CONTRAINDICATION

• Poor overall internal condition

Very low breathing capacity

General or local infection

Significant non-cooperation of the patient

Operační léčba

Cíle

- avoiding curve progression improved sitting stability
- reduction of back pain
- preventing further loss of motor and sensitive functions
- Improvement of cardiopulmonary and GIT functions.

Komplikace

 nerve structures injury bleeding and extensive loss organ injury Heart Failure cerebral dysfunction sudden death neurolgical complications infection chronic infection instrumentation failure pseudoarthrosis

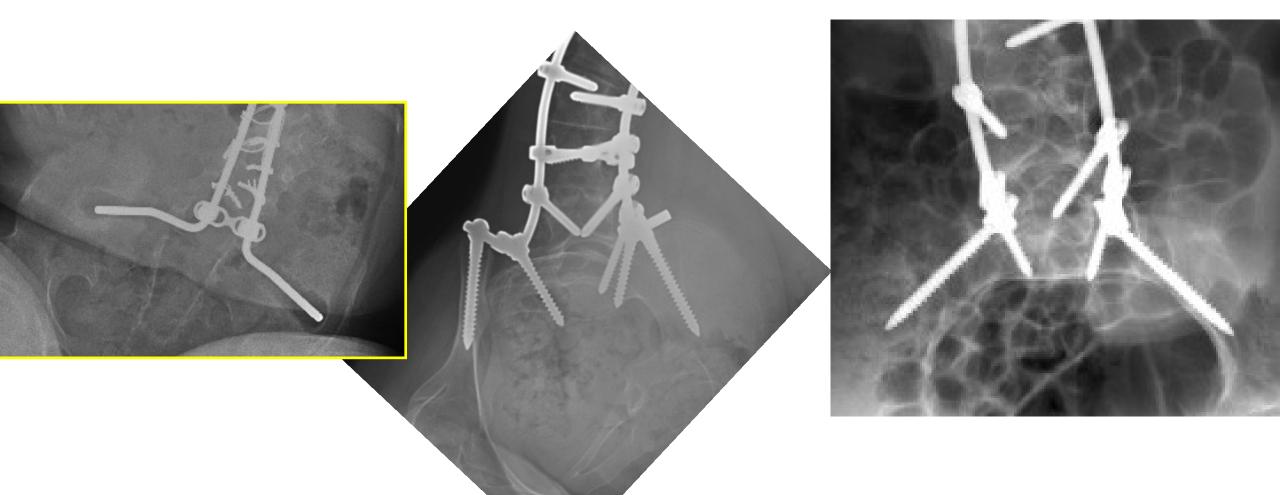


Pelvic fixation

Galveston

Iliac screw

S2AI screw



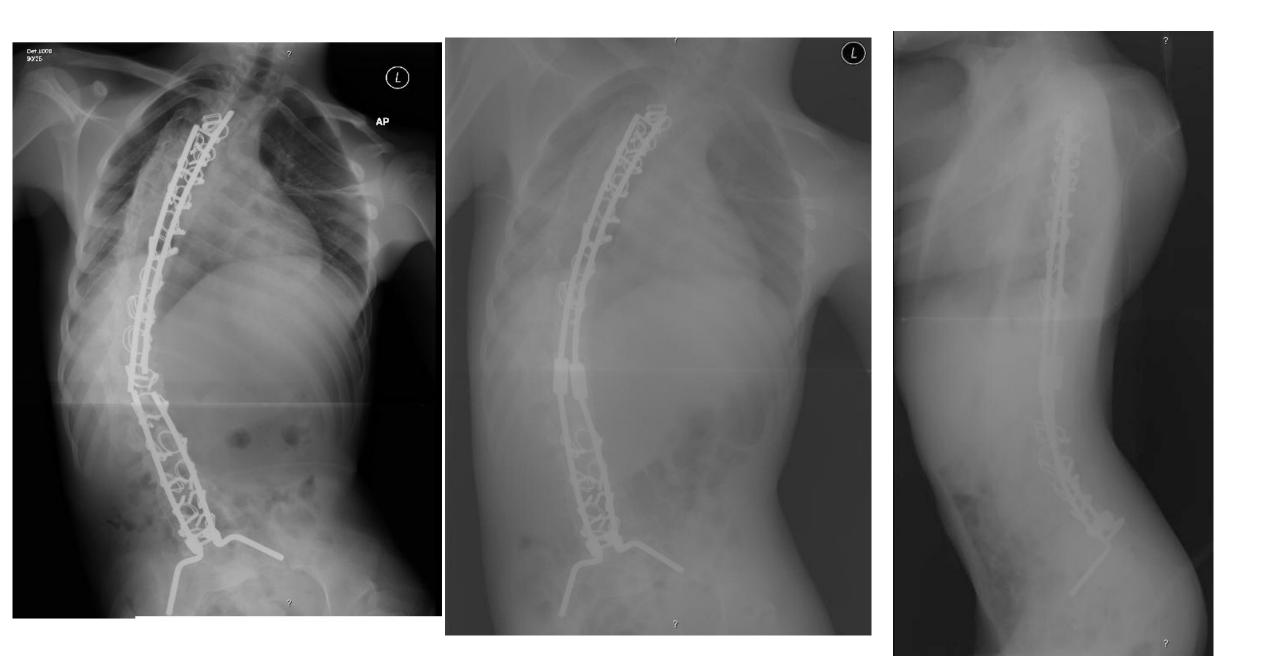
Luque Galveston technique

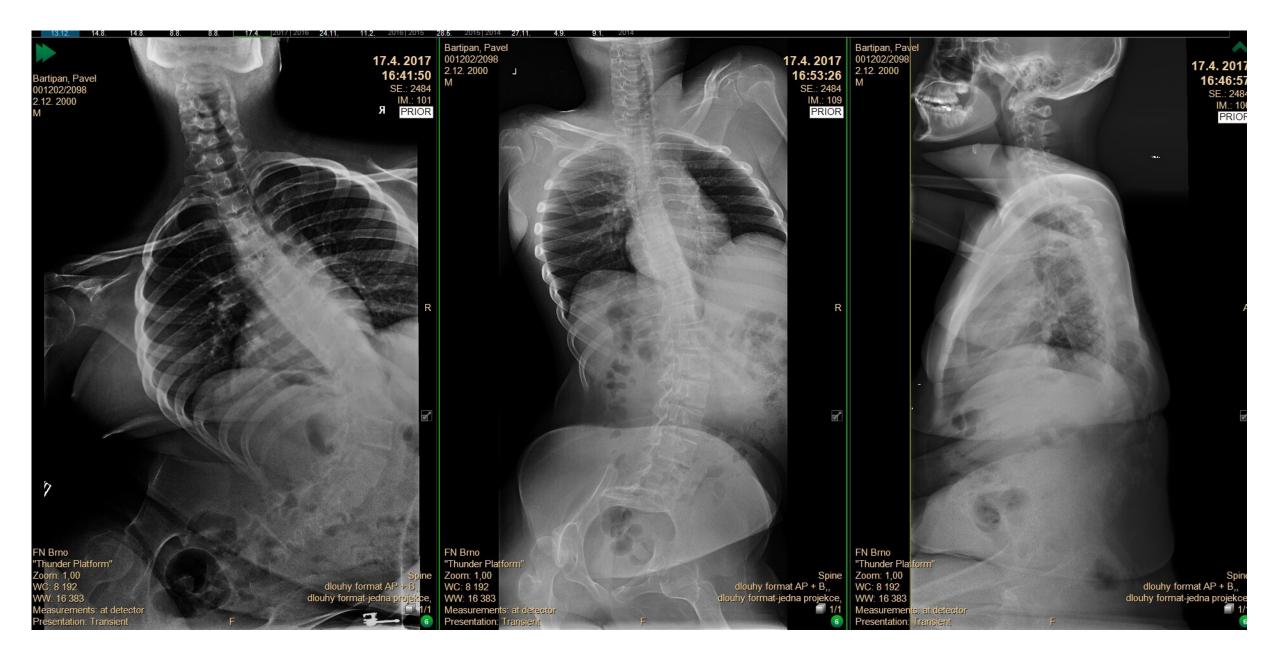


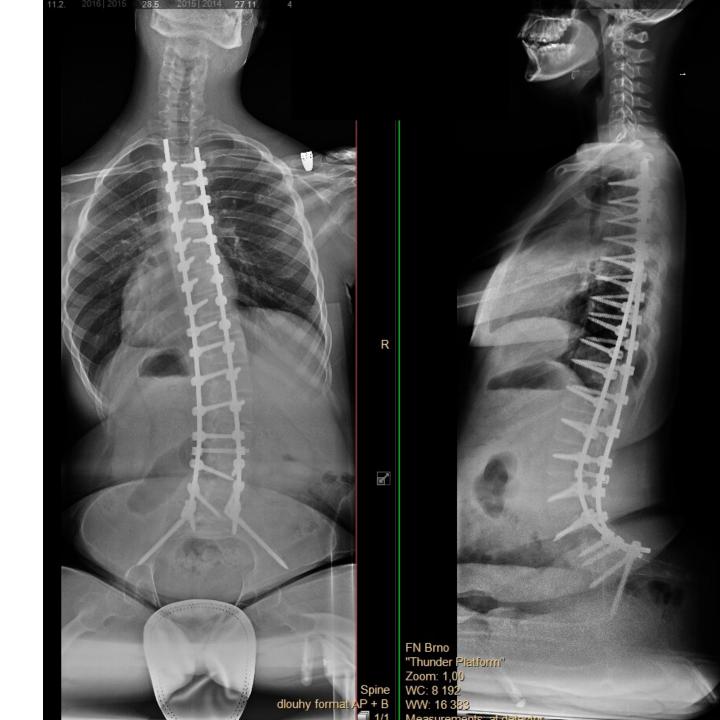




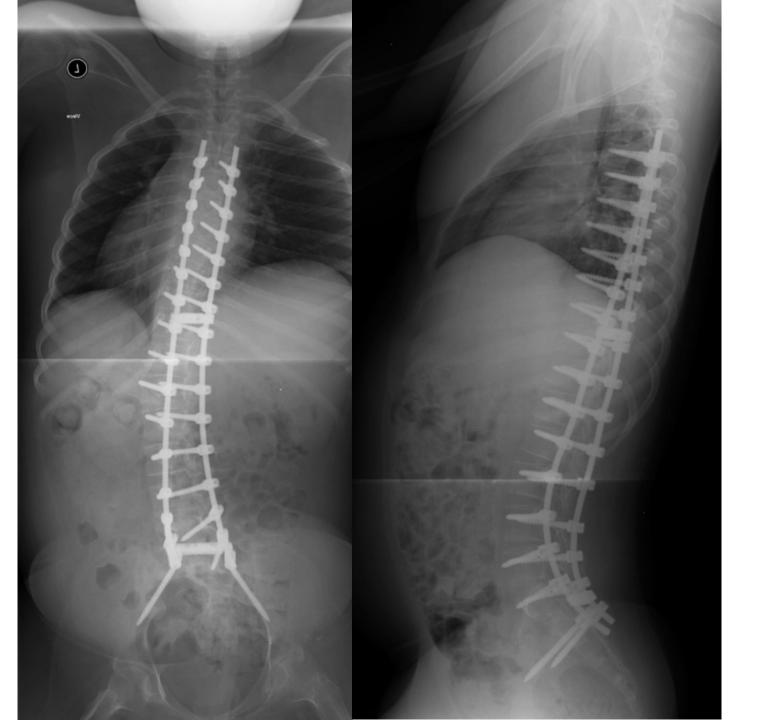








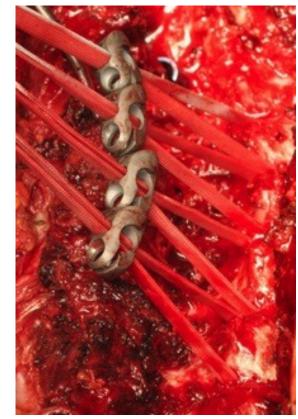






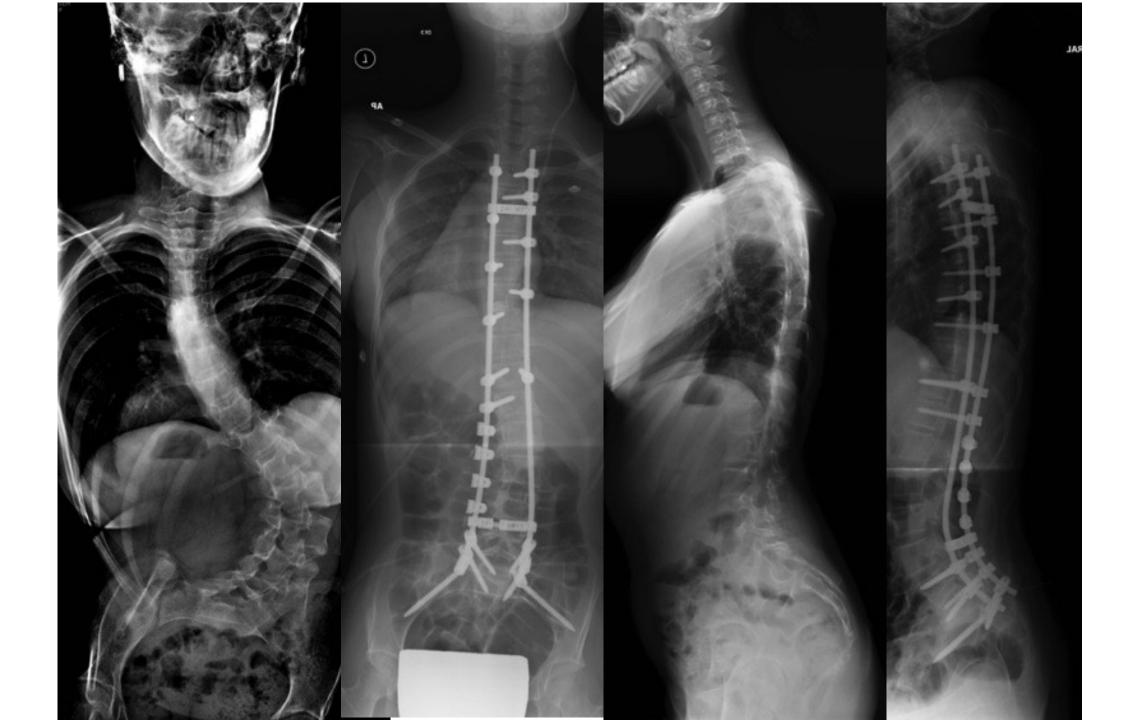


Universal Clamp









NM scoliosis – take home

• Progression after even after skeletal maturity

• Numerous comorbidities

• Higher peri and postoperative complications

• Necessity to include pelvic fixation in pelvic obstruction deformities

• The need for post-operative care.

Scoliosis in general-take home message

- 3D deformity !
- AIS 80% of all deformities
- Physiotherapy does not stop progression in AIS !
- Brace from 20°Cobb to stop progression in growing patient
- Surgery above 40°Cobb angle

