

# Scoliosis

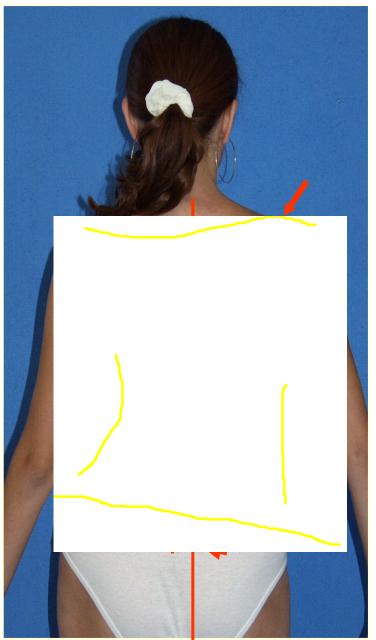
<u>Prýmek M</u>., Repko M., Filipovič M., Leznar M.

Department of Orthopedic Surgery – Faculty of Medicine – Ass. Martin Prýmek



#### **Scoliosis = 3 D deformity**



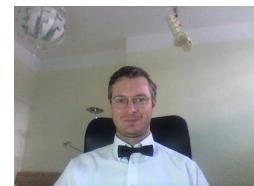


## Shoulder height disbalance

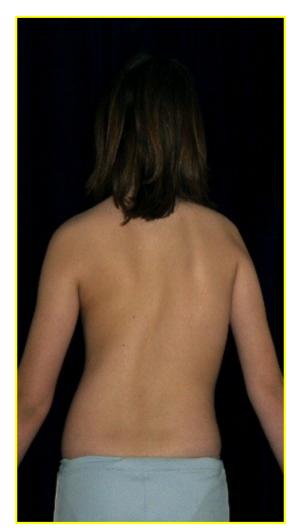
**Gibbus – paravertebral prominence** 

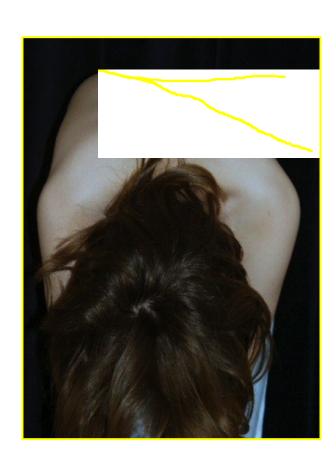
#### Waist asymetry

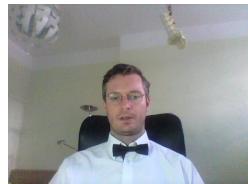
Trunk decompensation - frontal plane , C7 plumb line

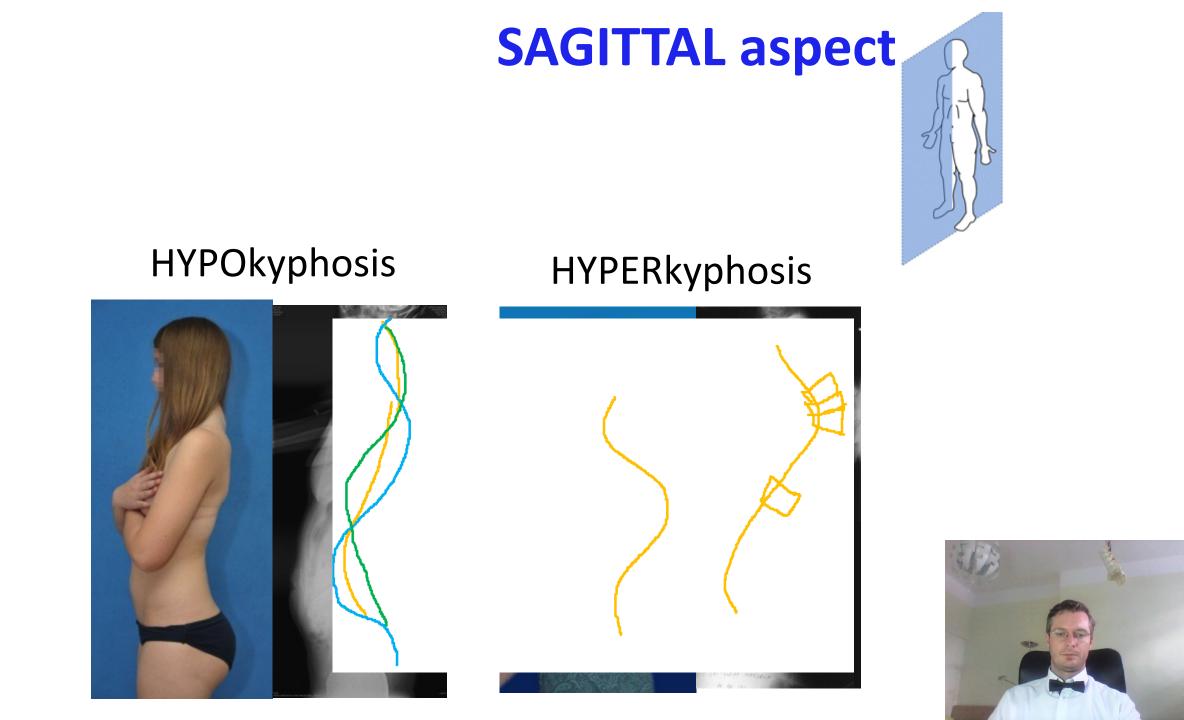


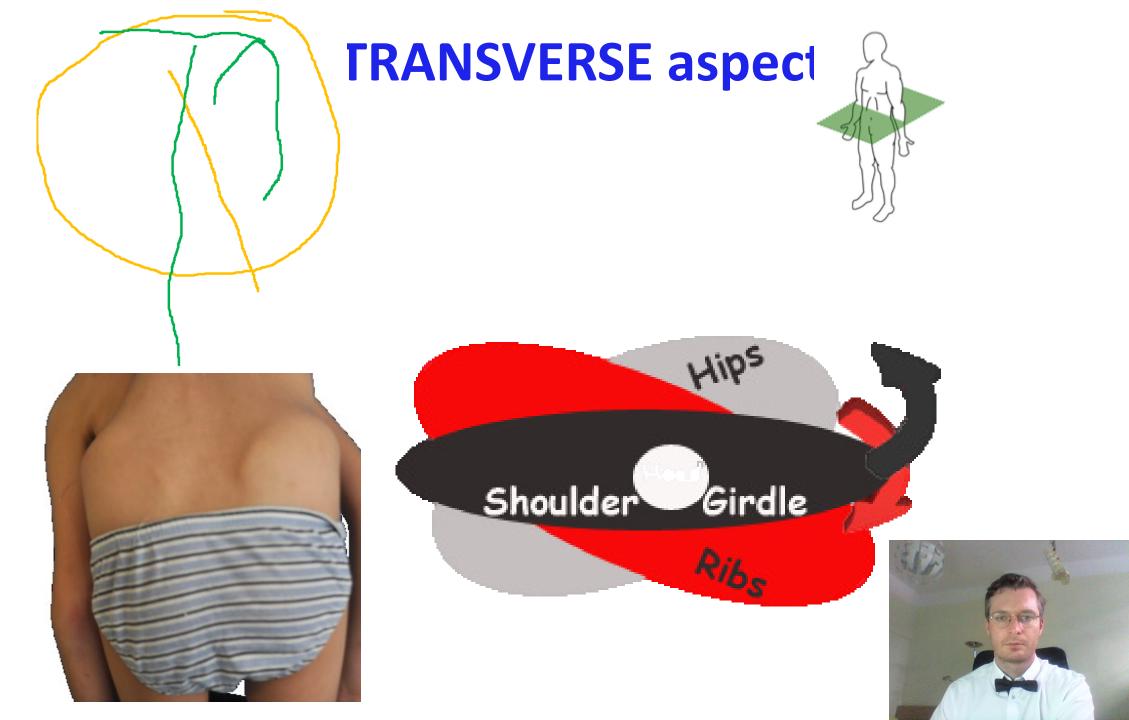
#### Bending forward! = Adams test

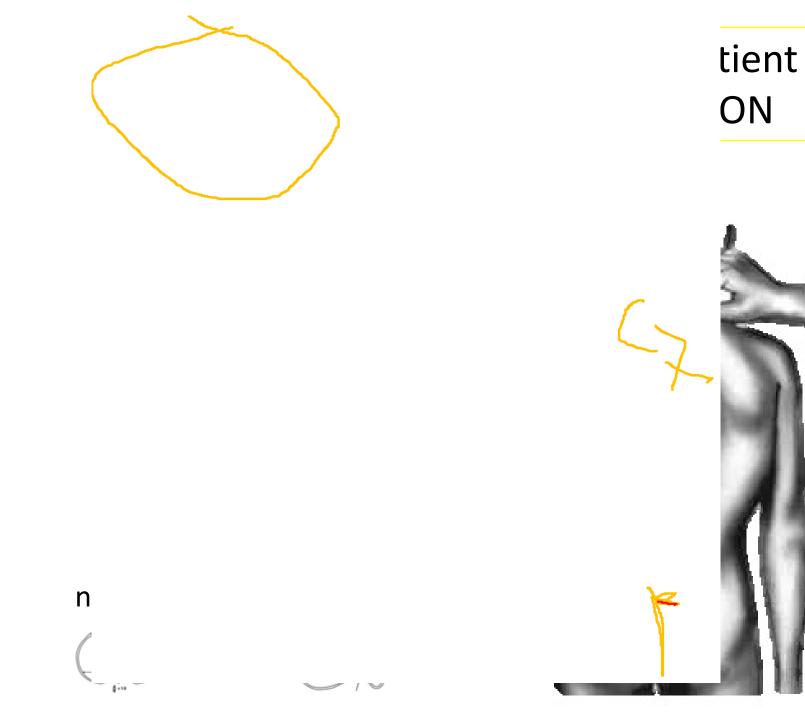


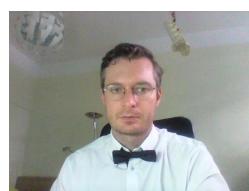


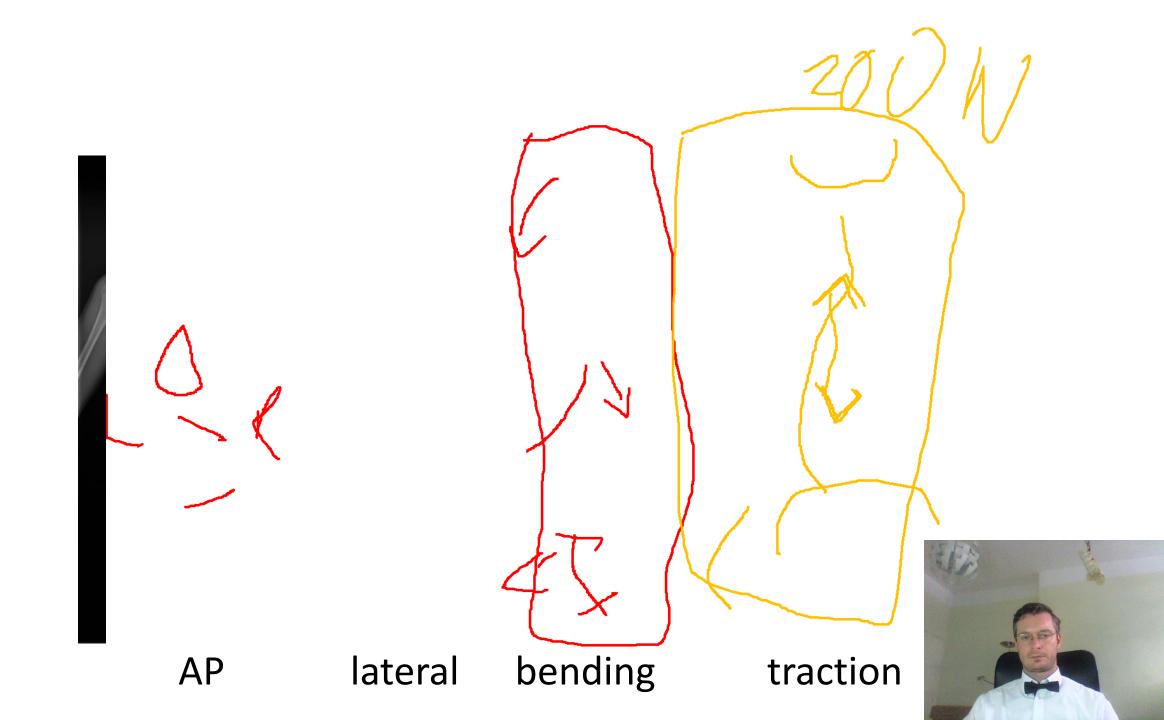




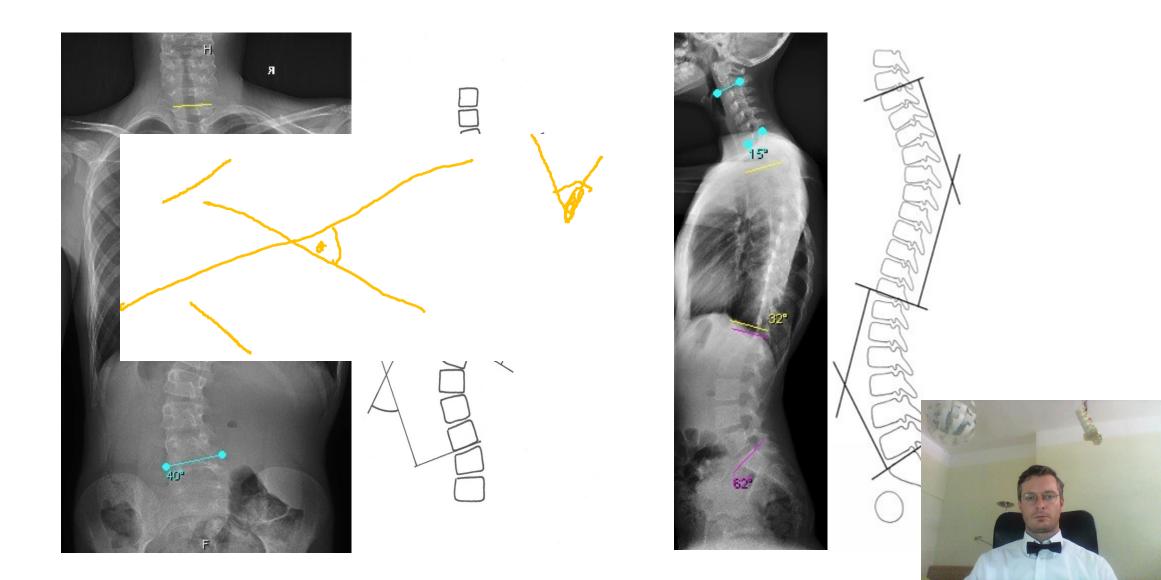




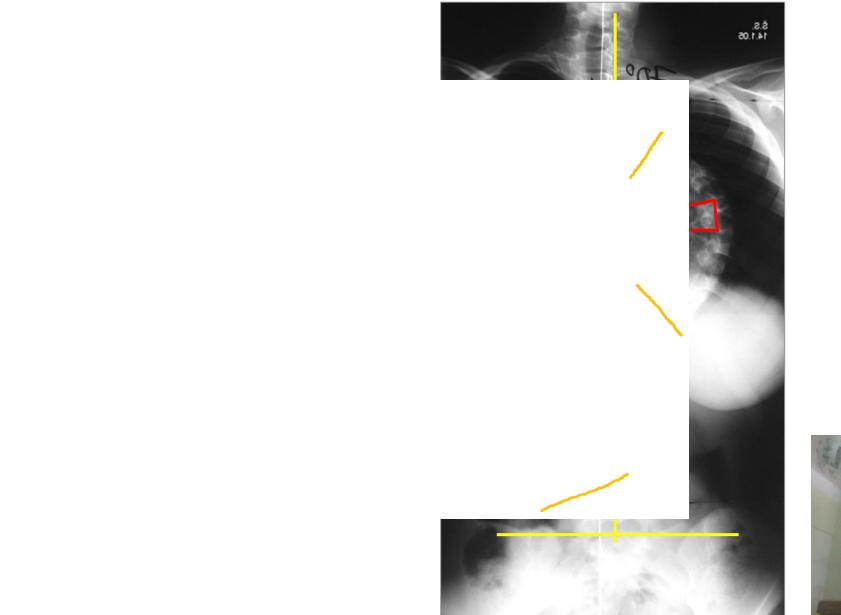




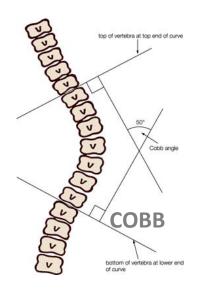
## **COBB's angle**



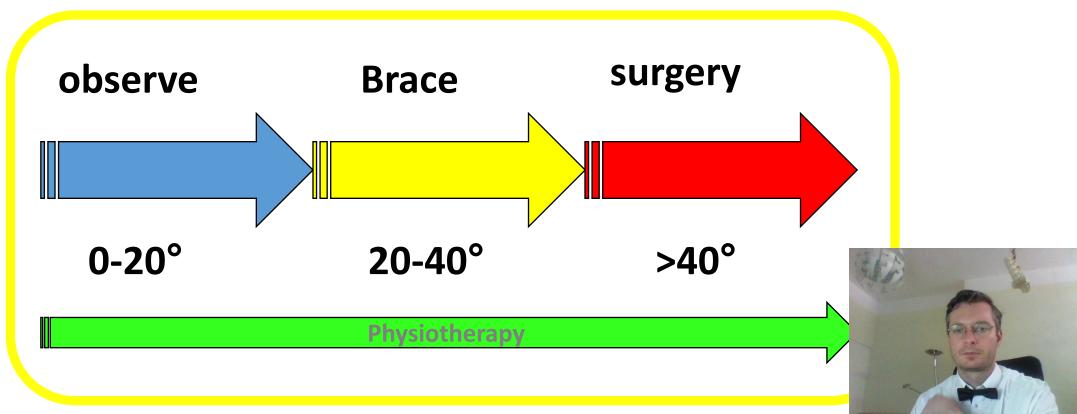
#### **Descriptive terminology**



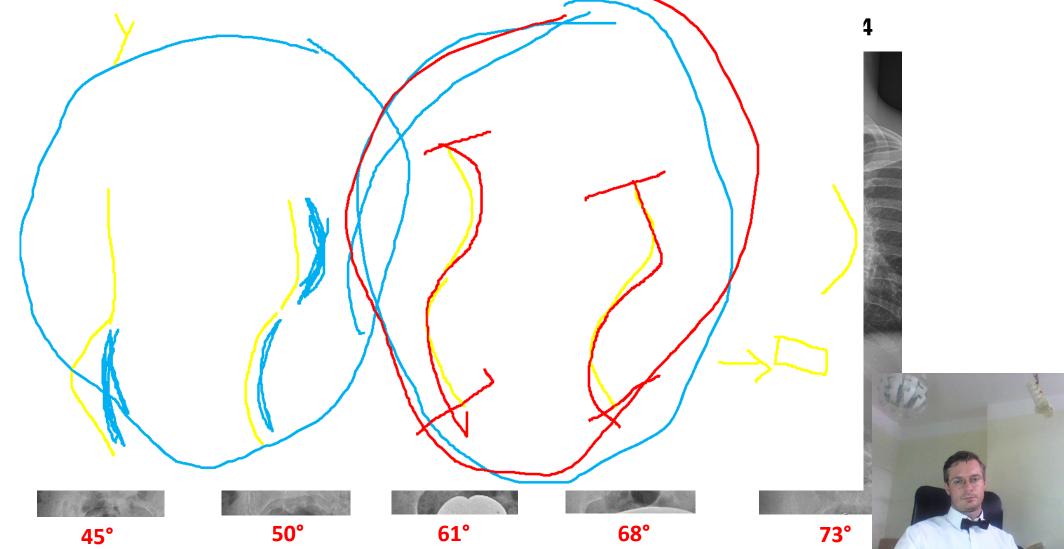




#### **Therapeutic scheme**



# Natural evolition of untreated juvenile idiopathic scoliosis



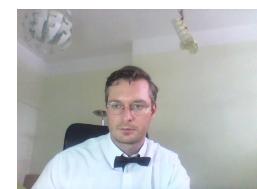
#### **Deformity worsening**



Thoracic curves

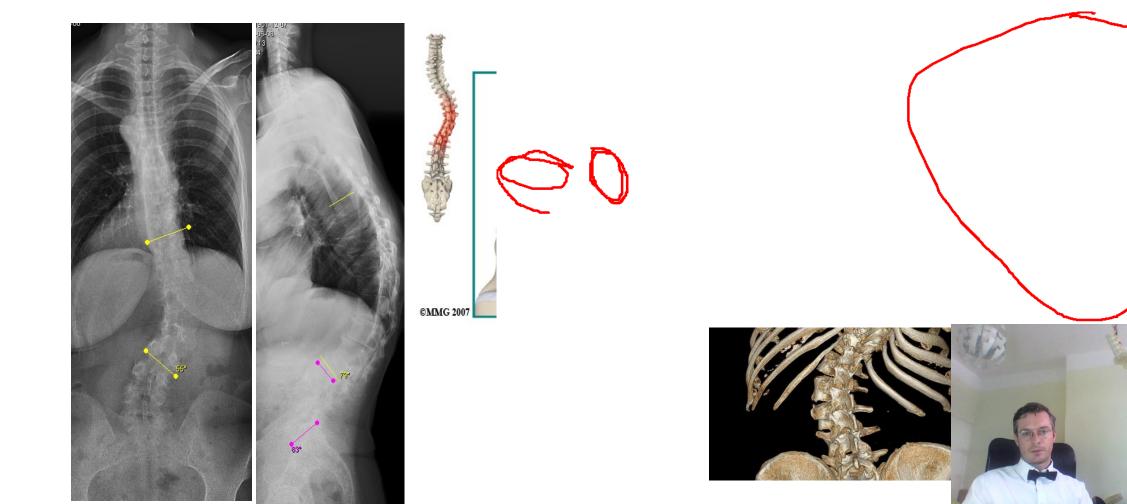
1 dg./year

- Thoracolumbar curves 0,5 dg./year
- Lumbar curves 0,24 dg./year

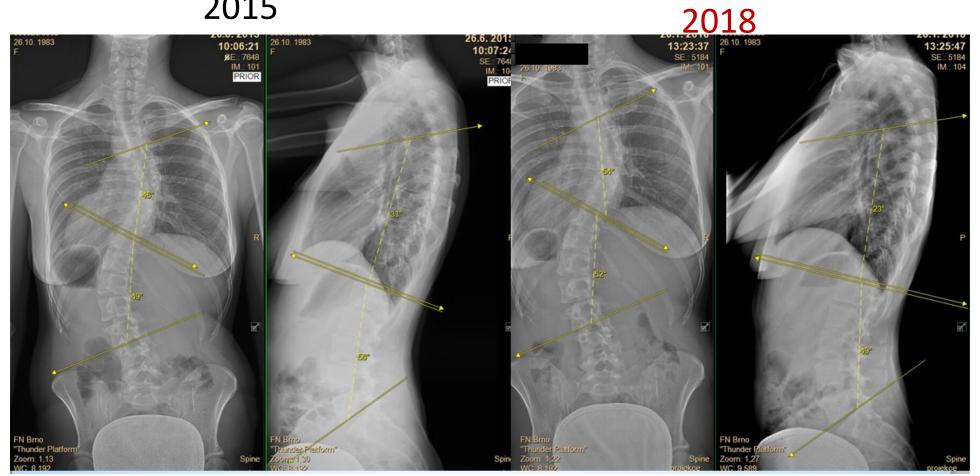


#### Sever complication of untreated scoliosis in childhood

#### **Degenerative changes and cardiopulmonal insuficiency**

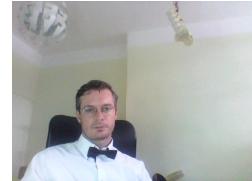


2015



32 let

35 let



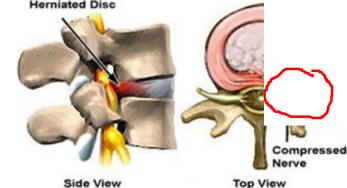
## **Risks of curve progression**

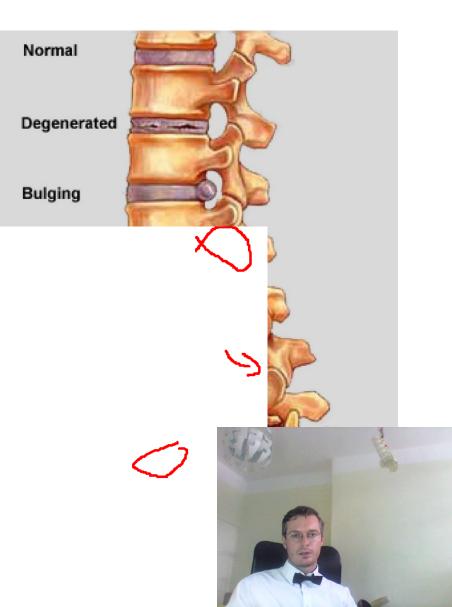
- Progressive oppression of intraabdominal organs
  - Heart + Lungs
  - Indigestion

#### Degeneration of spine structures

- Intervertebral joints
- Intervertebral disc->

# production of osteophytes with possible ner compression !





# Goals of scoliosis surgery in childhood

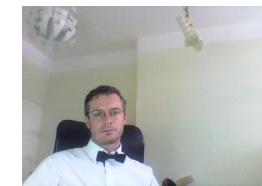
- Stop deformity progression
- **Correction of deformity** 
  - Improvement of cardiopulmonary functions
  - Prevention of degenerative spine changes

## **Scoliosis surgery in adult age**

- Often associated with nerve impairment

• Difficult tolerance of corrected torso and spine position

- Slow postoperative convalescence (pain)
  - long-term rehabilitation care is required



#### Surgical risks in general



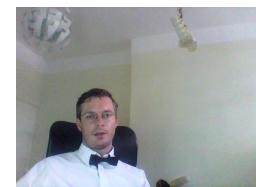


#### Surgical risks specific for scoliosis surgery

 Increased postoperative pain due to stretching of shortened muscles - in each patient

- Paralysis due to surgery
  - For thoracic and lumbar curves it refers to the lower limbs Very rare complication, but very serious as a result.

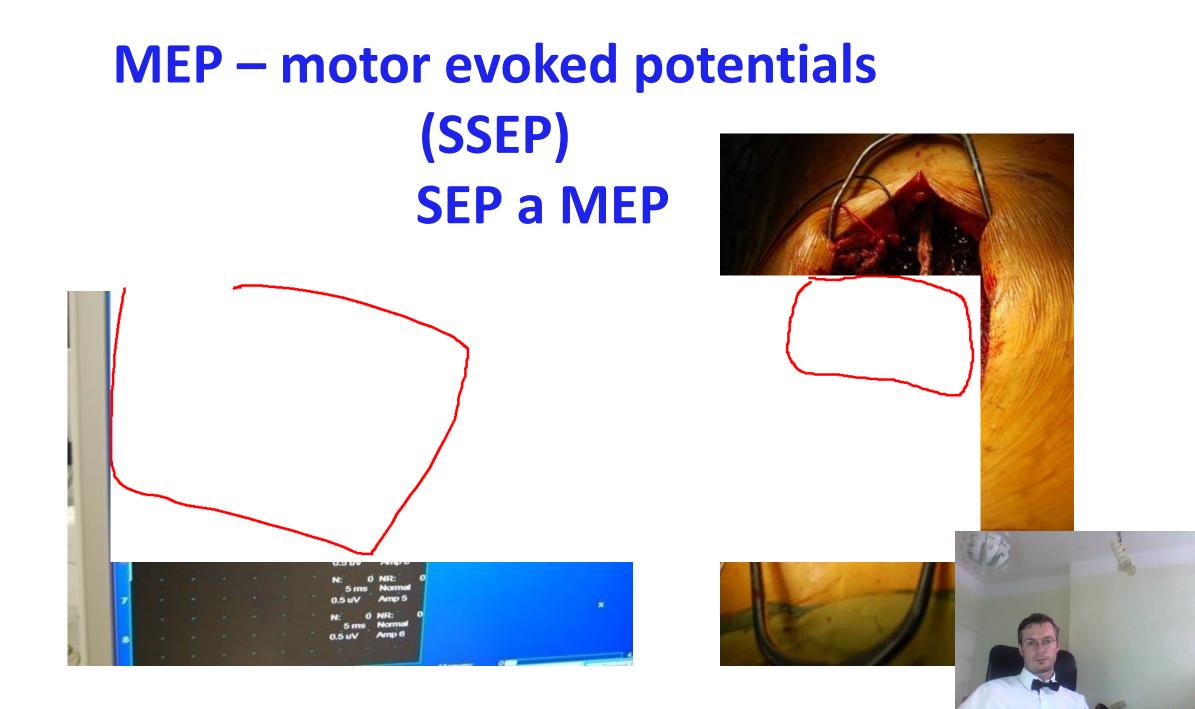
1-2%



# MEP – motor evoked potentials

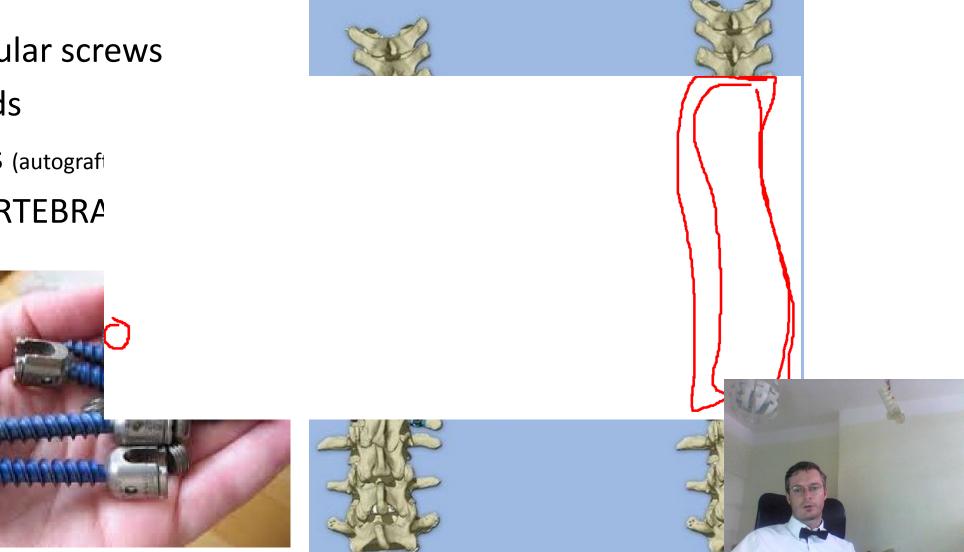
- Monitoring of nervous system functionality during surgery
- It enables immediate reaction to the problem and thus minimizes the risk of permanent nervous disability



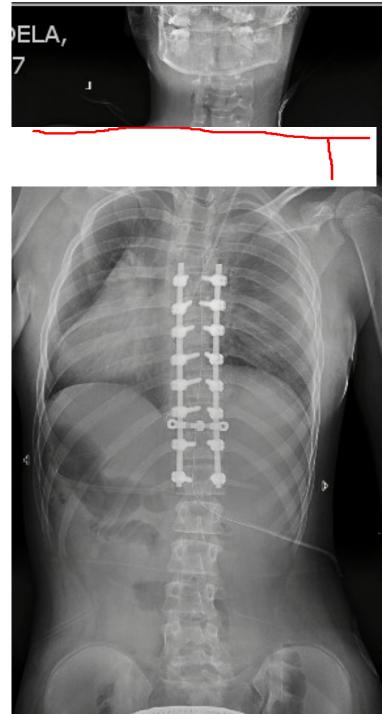


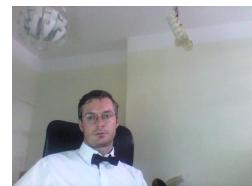
## Method of surgical scoliosis treatment.

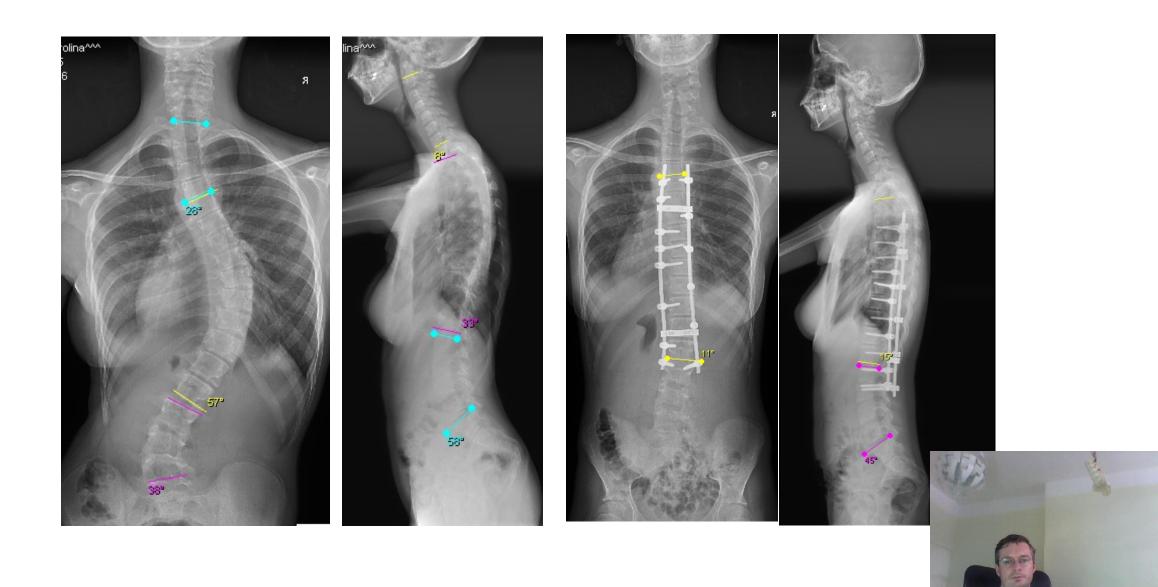
- Transpedicular screws
- Bended rods
- Bone grafts (autograft
- = INTERVERTEBRA







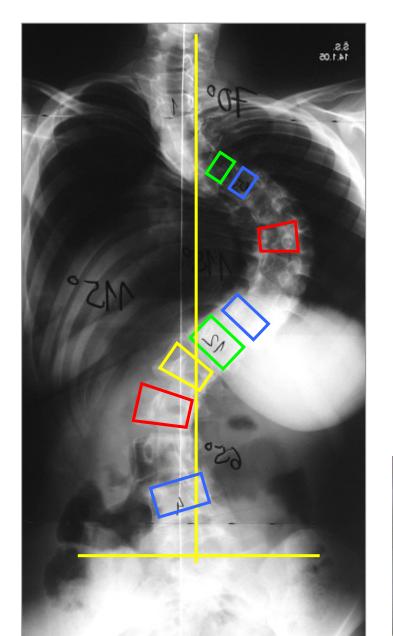






#### Základní pojmy popisné

Apical vertebraEnd vertebraNeutral vertebraCSVLStabile vertebra



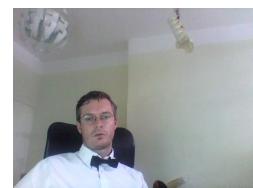


#### **Scoliosis types due to ethiology**

- Idiopathic......4/5 **80%** 
  - infantile
  - juvenile







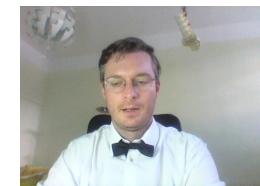
#### **Scoliosis types due to ethiology**

#### **Deformity type**

- Idiopathic
- Congenital
- Neuromuscular



- Infantile
  - < 3 y
- Juvenile 4-10 y
- Adolescent
  - 11-17 y
- Adult
  > 17 y



#### SCOLIOSIS = 3 dimensional deformity



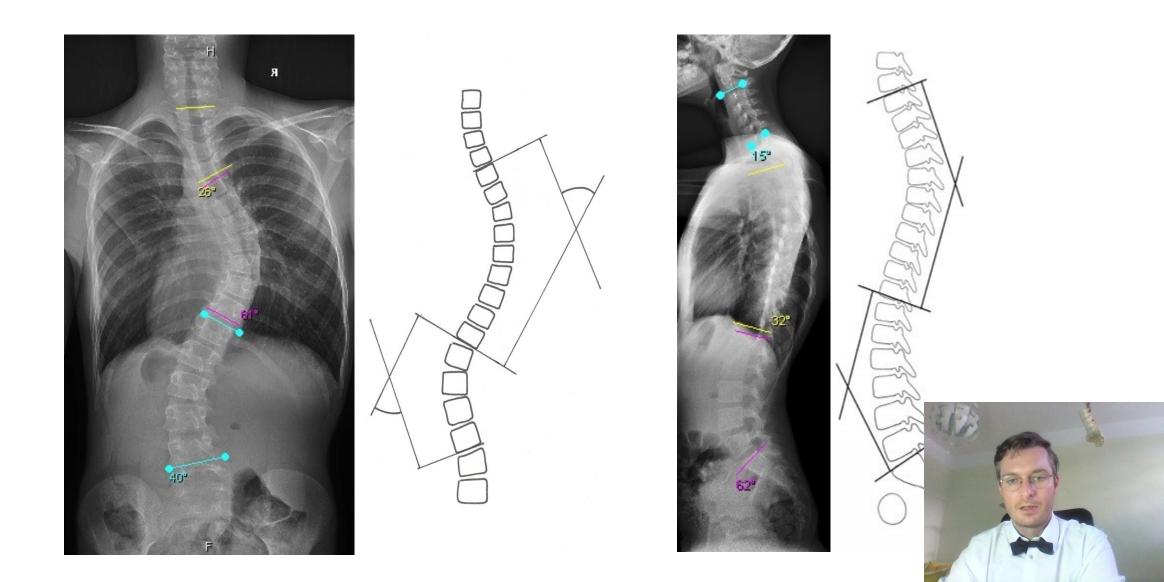
Coronal plane



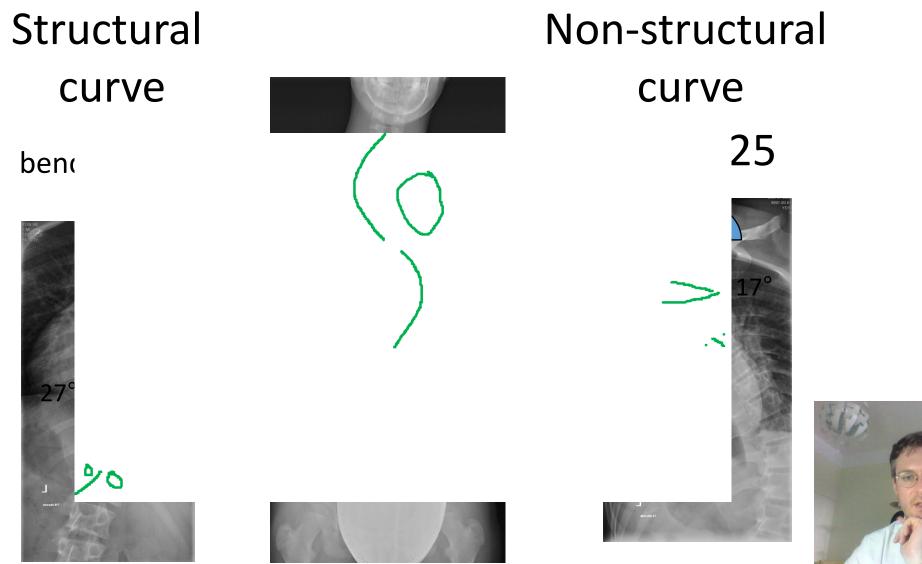
Sagittal plane

Transverse plane

## **COBB's angle**

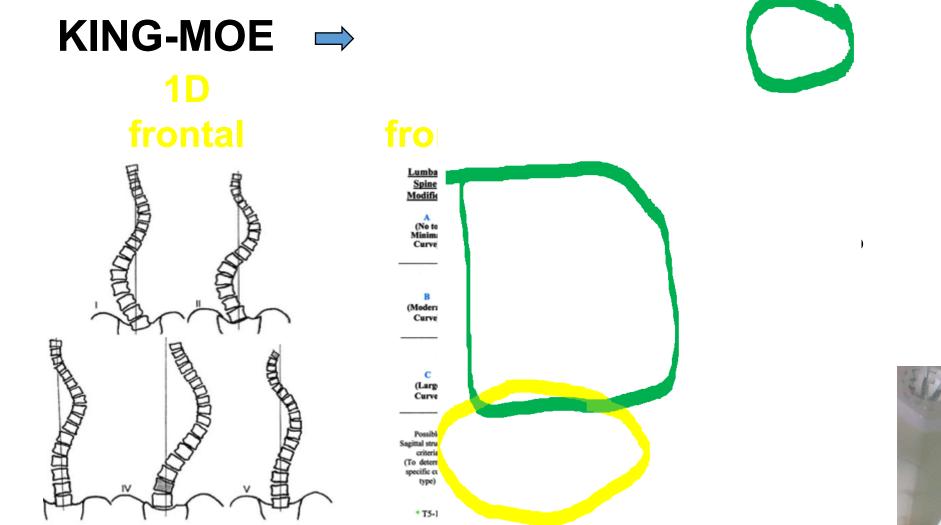


#### **Essentially distinguish between:**





#### **EVOLUTION in scoliotic classifications**





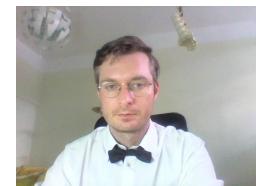


#### **LENKE's classification**

Curve type

• Lumbar spine modifier

Thoracic sagittal profile





#### **LENKE's classification**





(Minor Curves) Proximal Thoracic - Side Bending Cobb ≥ 25° - T2-T5 Kyphosis ≥ +20°

Main Thoracic - Side Bending Cobb  $\ge 25^{\circ}$ - T10-L2 Kyphosis  $\ge +20^{\circ}$ 

Thoracolumbar/Lumbar - Side Bending Cobb  $\geq 25^\circ$  - T10-L2 Kyphosis  $\geq +20^\circ$ 

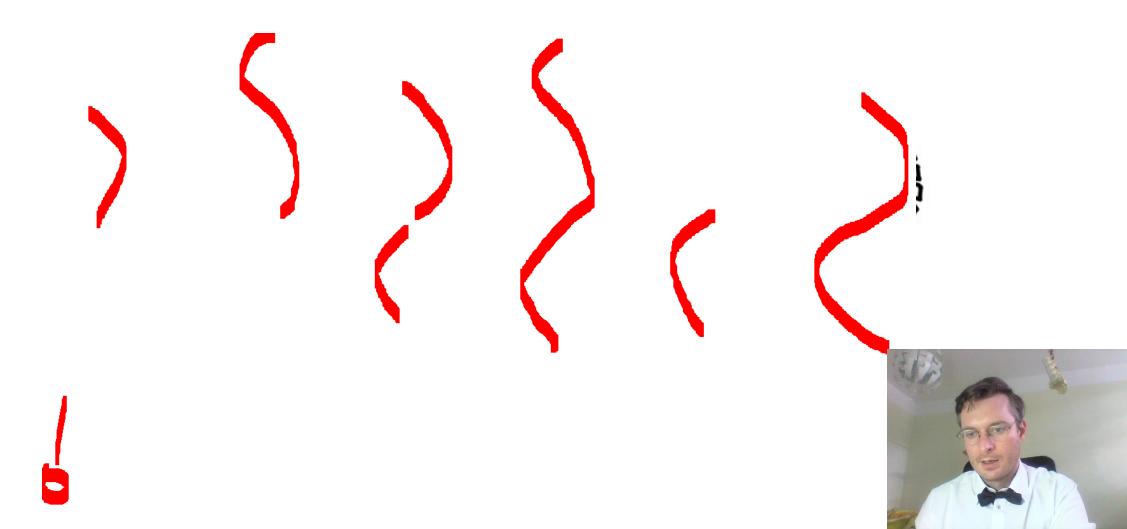
Minor = All other curves with structural criteria applied <sup>§</sup>Type 4 - MT or TL/L can be major curve

> LOCATION OF APEX (SRS Definition)

<u>CURVE</u> Thoracic Thoracolumbar Thoracolumbar/Lumbar <u>APEX</u> T2-T11/12 Dise T12-L1 L1/2 Dise-L4



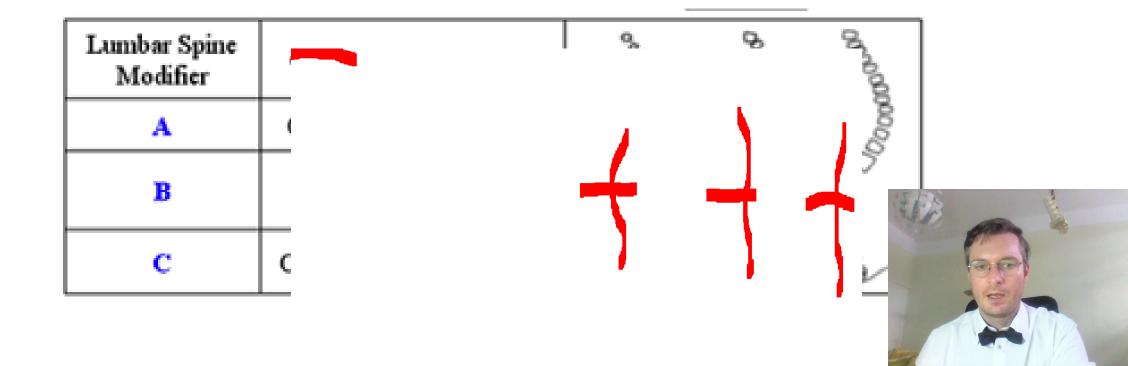
## Lenke's classification curve types



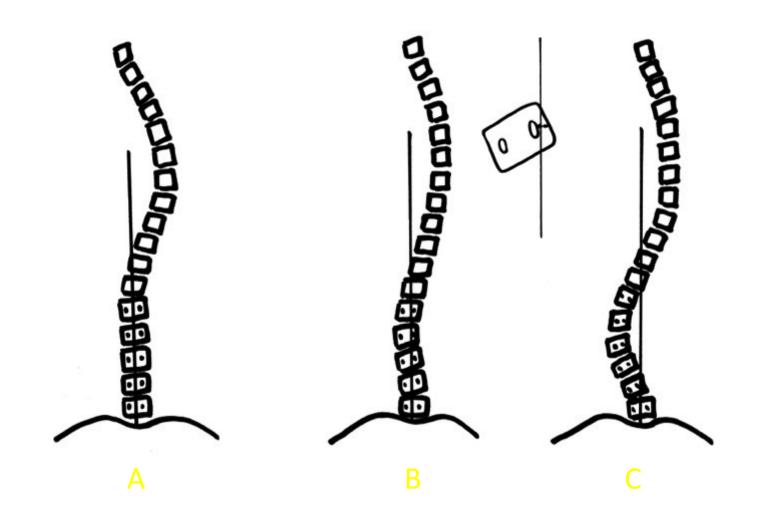


### **LENKE's classification**

### • Lumbar spine modifier



Lenke's classification lumbar parameter



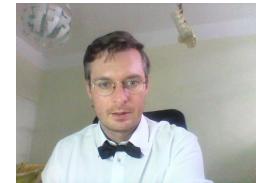




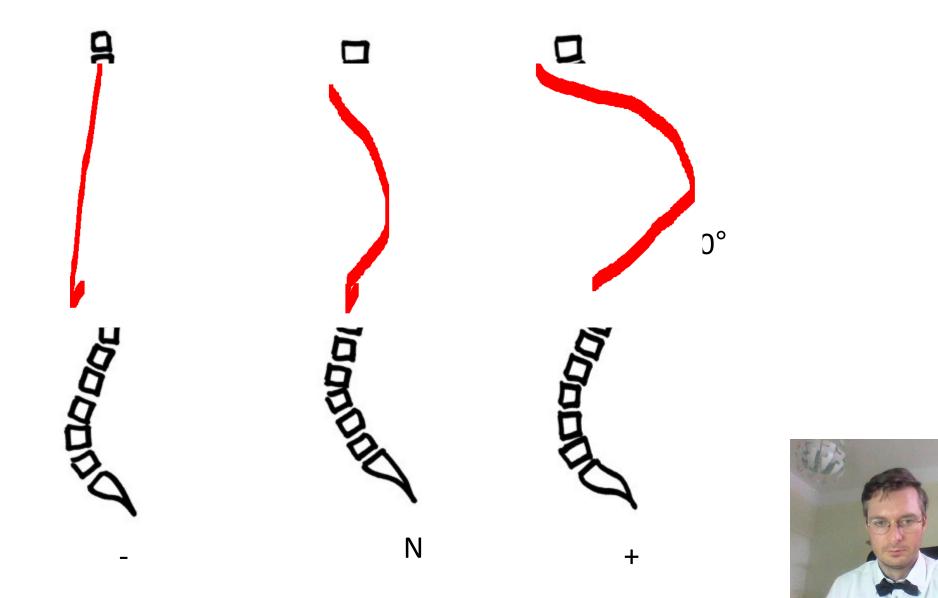
### **LENKE's classification**







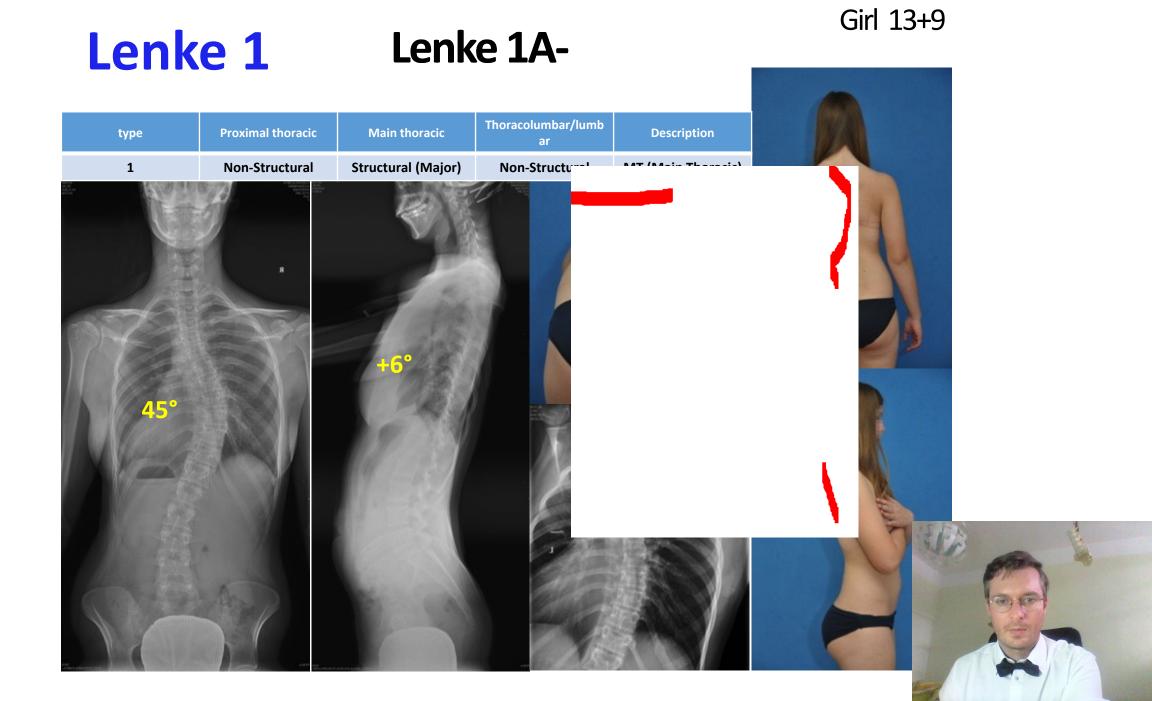
### Lenke's classification sagittal parameter



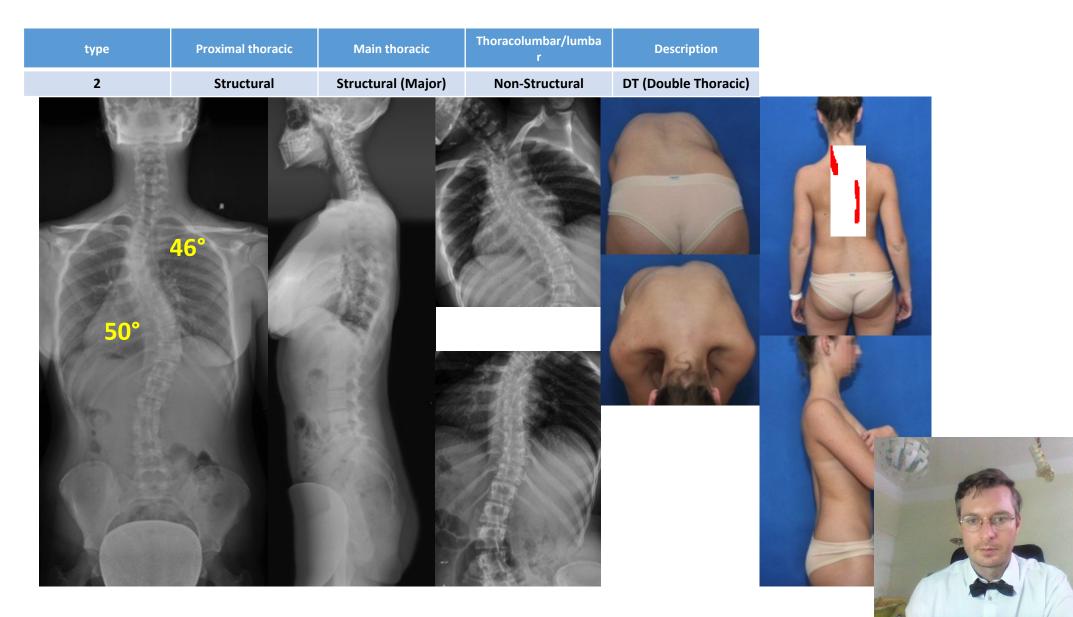
# Lenke's classification EXAMPLES



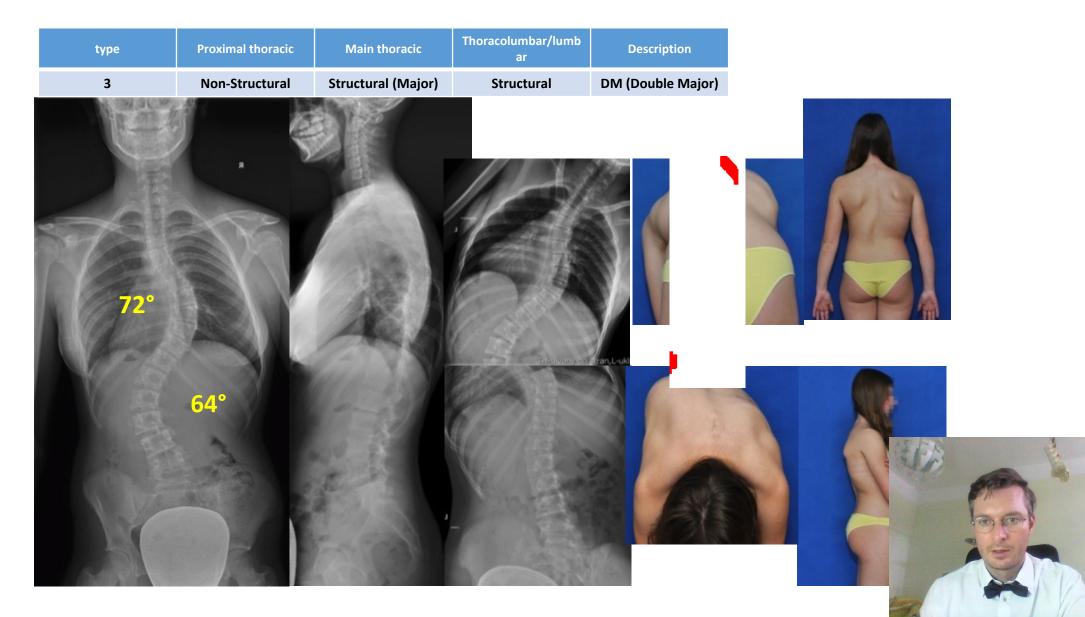


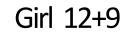


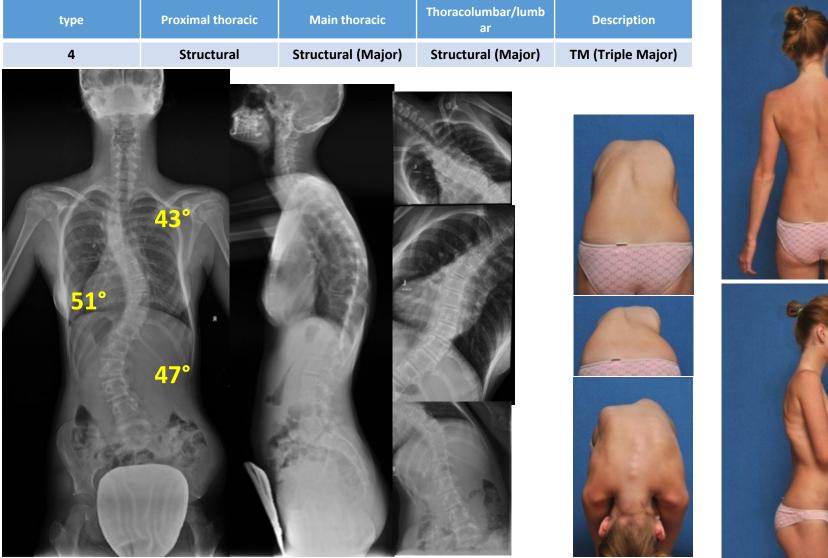
#### Girl 14+1



#### Girl 14+2

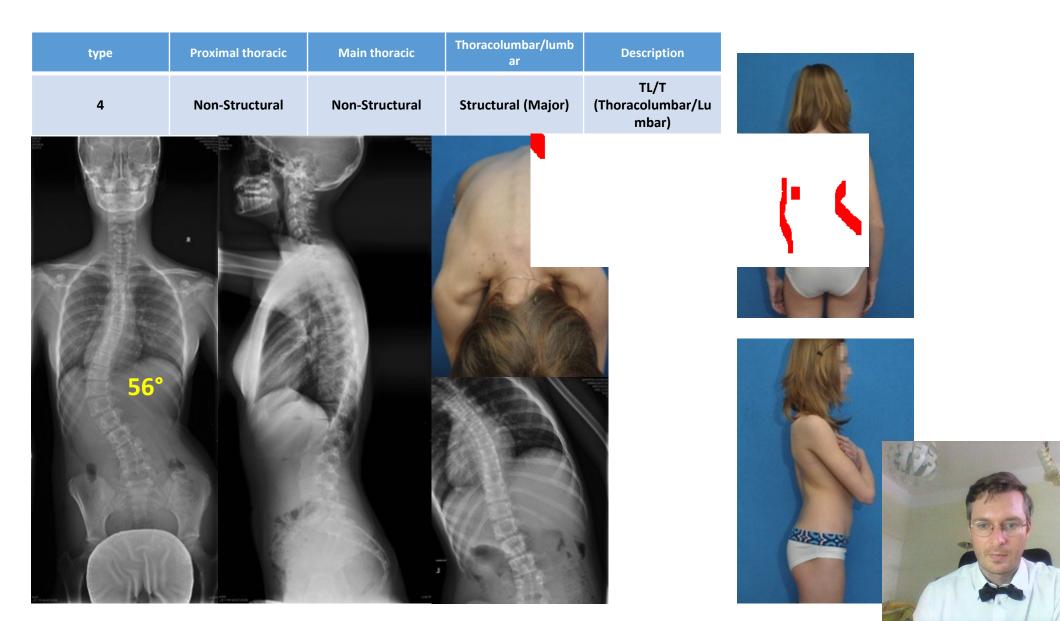




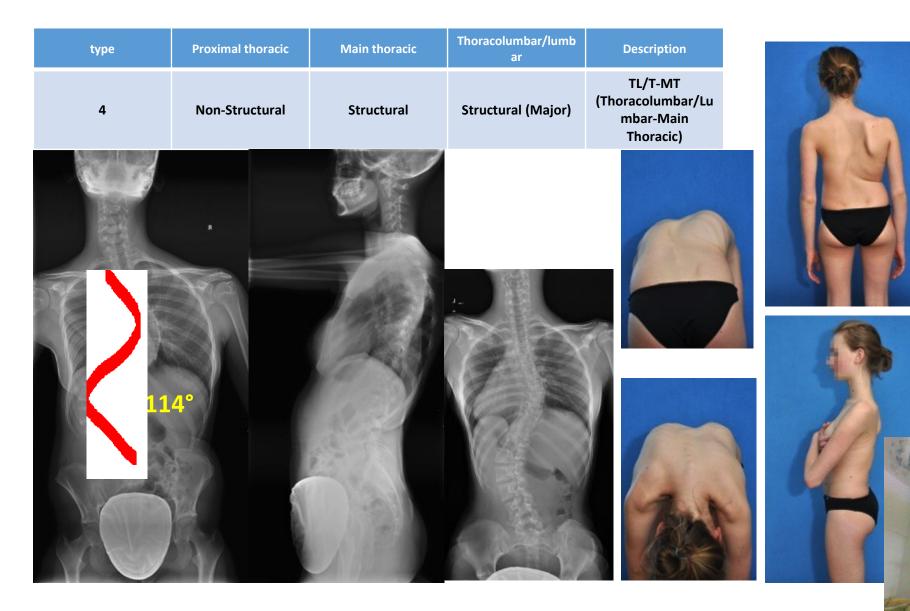


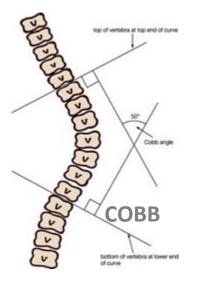


#### Girl 12+5

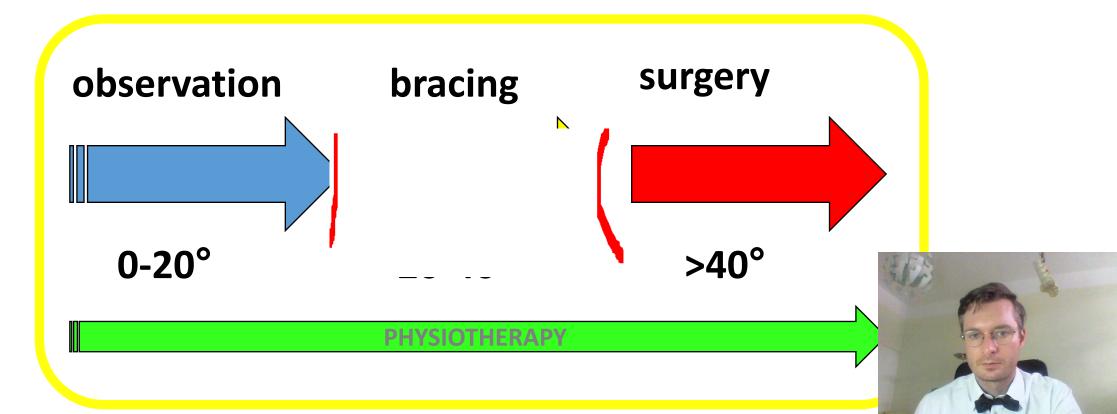


#### Girl 16+9





#### Therapeutic chart

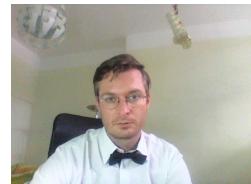


### **Non-operative treatment**

physiotherapy

casting

bracing





### Indication: INFANTILE scoliosis Applying under the general anesthesia Changing each and every 2 month







### **BRACING**





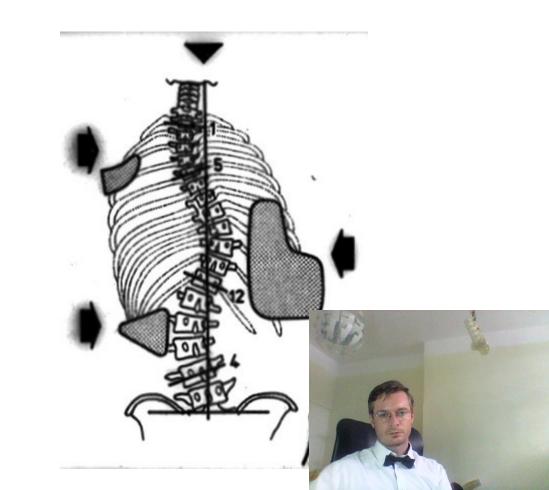


### **BRACING**

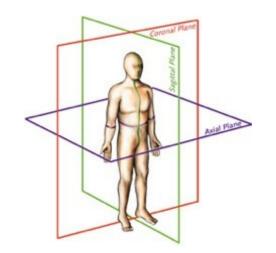
Indication for bracing:

progressive scoliosis poor or no casting toleration unable to undergo surgery



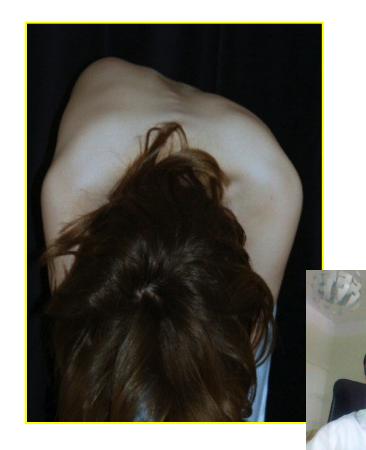


# 3D scoliotic correction

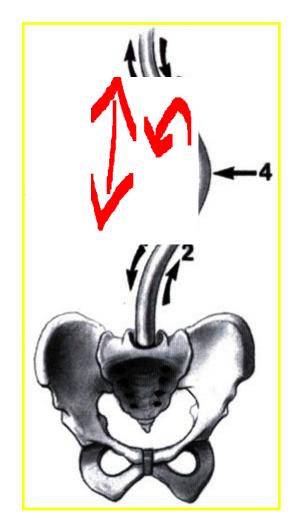








### **Corrective methods**

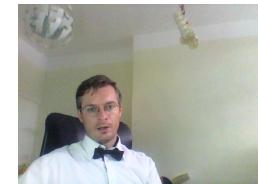


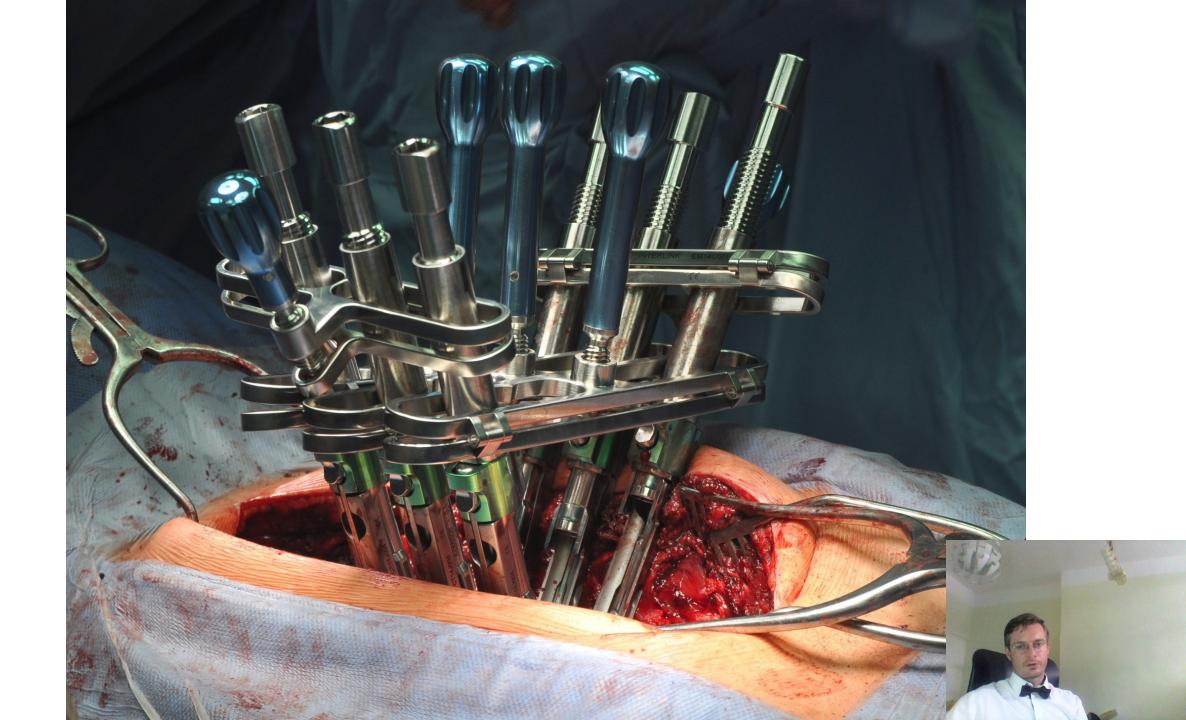
### **1-distraction**

### 2-compression

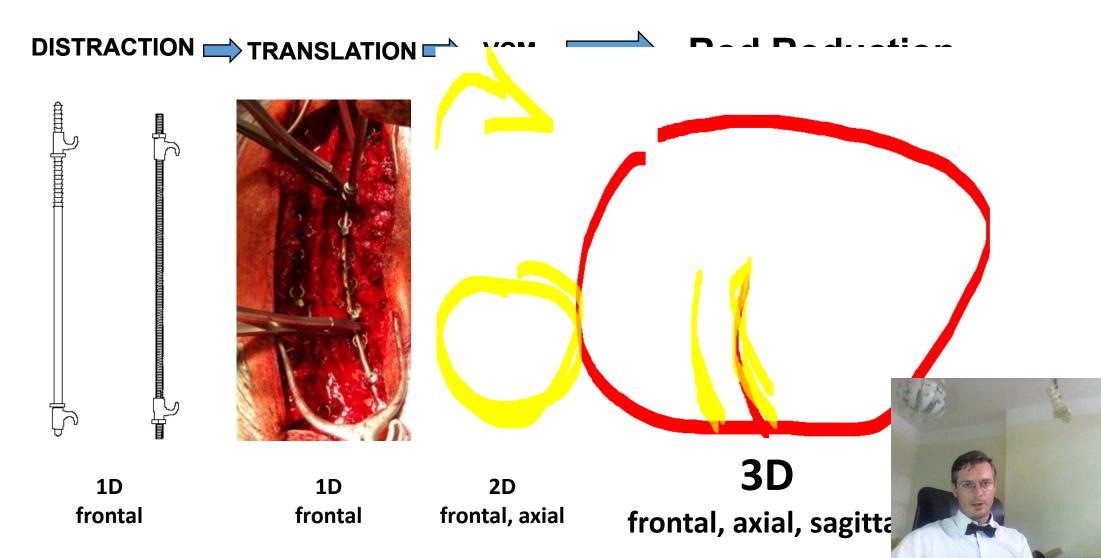
### 3,4-translation

### **5-derotation**



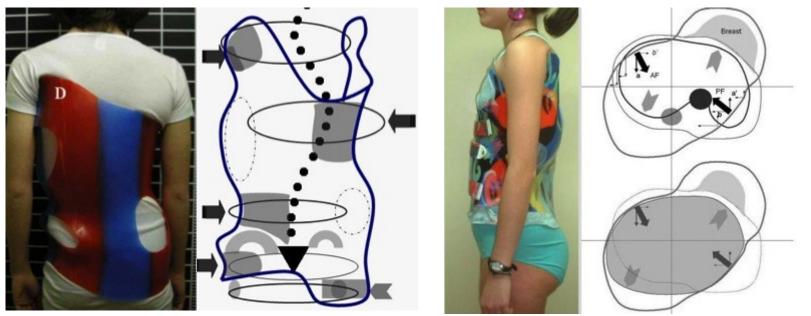


## **EVOLUTION in corrective maneuvers**

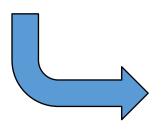


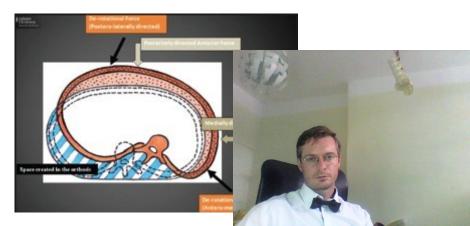
# EVOLUTION in corrective maneuvers

### **BRACING**



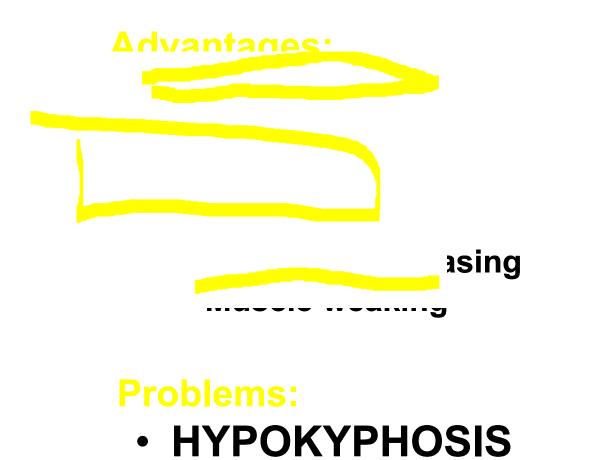
Source: Rigo et al, Scoliosis 2010



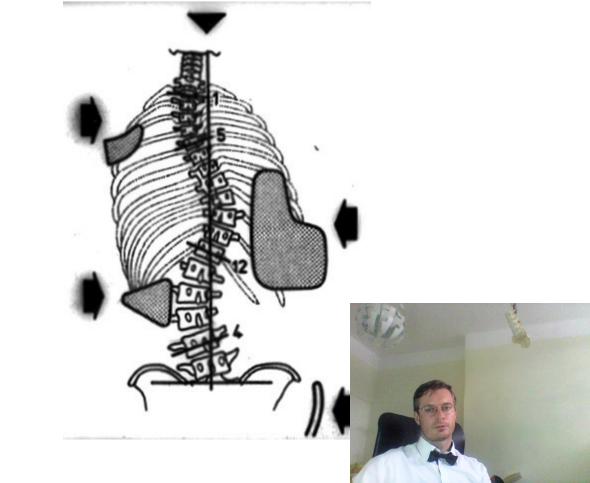




### **BRACING**



POOR DEROTATION



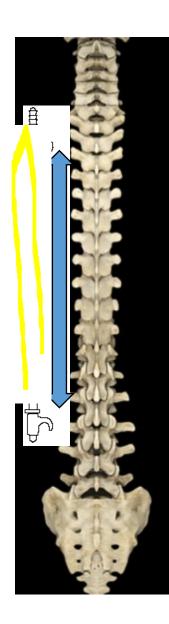
### DISTRACTION

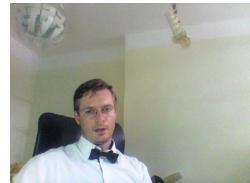
#### **EVOLUTION** in corrective maneuvers











# DISTRACTION

#### **EVOLUTION** in corrective maneuvers

### **Advantages:**

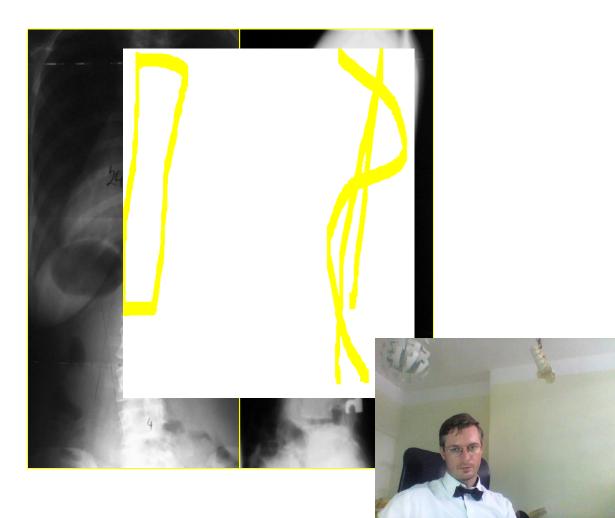
- Simple implantation
- Possibility of spine growth
  - Miniinvasive approach

### **Disadvantages:**

- Uniplanar correction (frontal)
  - High rate of complications

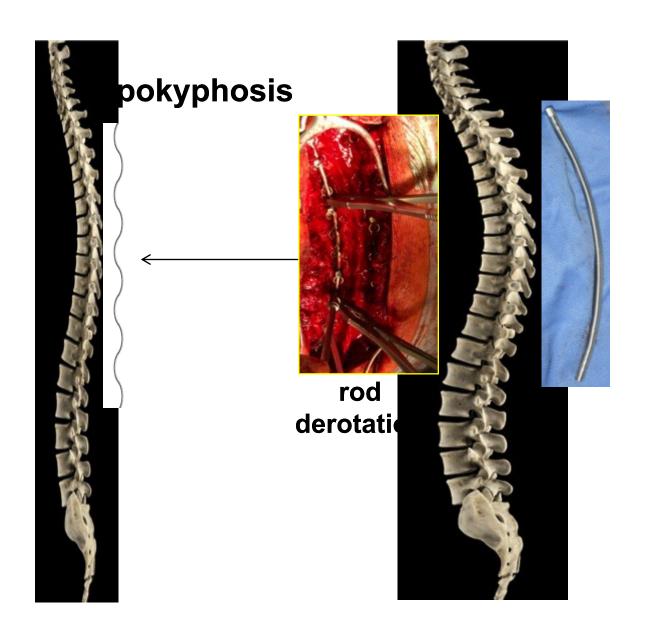
### **Problems:**

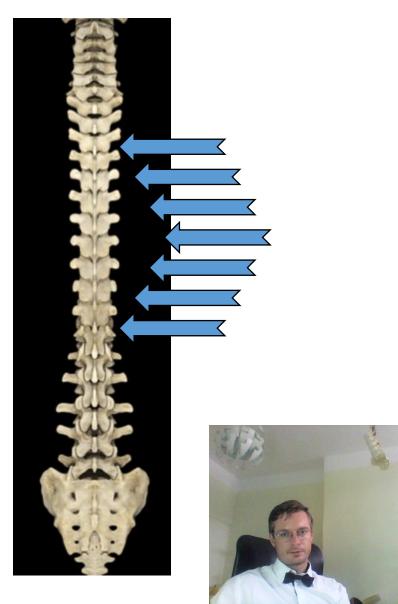
- HYPOKYPHOSIS
- NO DEROTATION



### TRANSLATION

#### **EVOLUTION** in corrective maneuvers





# TRANSLATION

#### **EVOLUTION** in corrective maneuvers

### **Advantages:**

Good frontal correction

### **Disadvantages:**

Uniplanar correction (frontal)

### **Problems:**

- HYPOKYPHOSIS
- NO DEROTATION



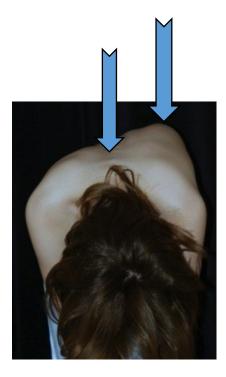
### VCIVI VERTEBRAL COLUMN MANIPULATION

#### **EVOLUTION** in corrective maneuvers



# hypokyphosi

S





# WHY derotation?

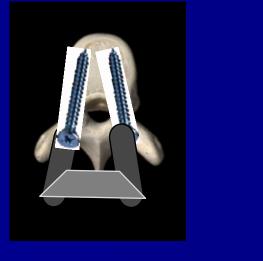
- 3D scoliotic correction
- Correction of Rib Hump prominence
- Secondary curve correction in selective fusion

# **Balanced spine**



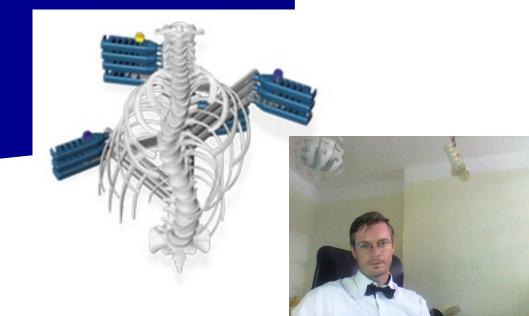
### Transpedicular screw constructs

 Allows effective derotation of single vertebra



### **Derotation instruments**

 Allows safe and effective derotation of single vertebra as well as the whole apical area.



# VCM Vertebral column manipulation

### **Advantages:**

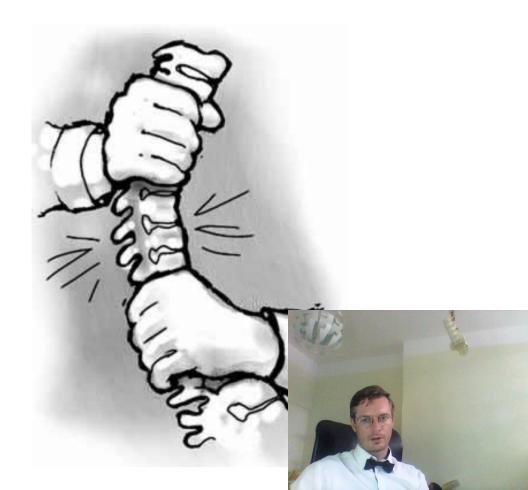
Good frontal and axial correction

### **Disadvantage:**

little too forced isolated technique

### Problem:

HYPOKYPHOSIS



**FVOLUTION** 



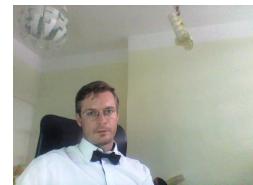
### HYPOKYPHOSIS

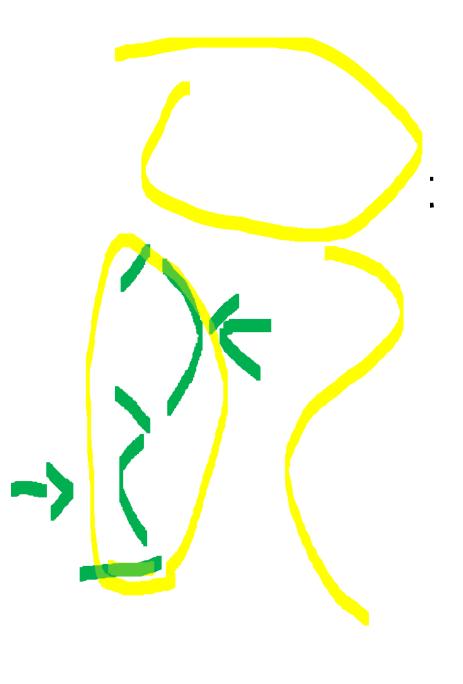
# ABSENCE or RESTRICTIVE DEROTATION

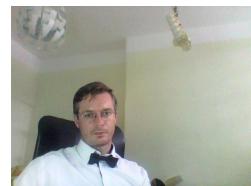


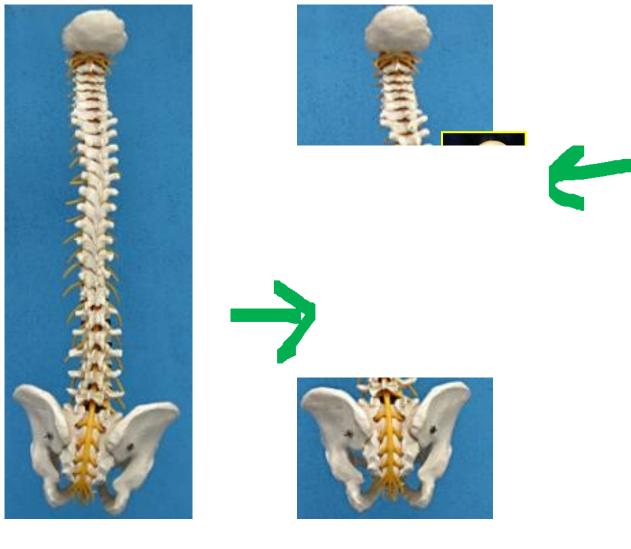
### **DEROTATION**

# **Transversal plane**



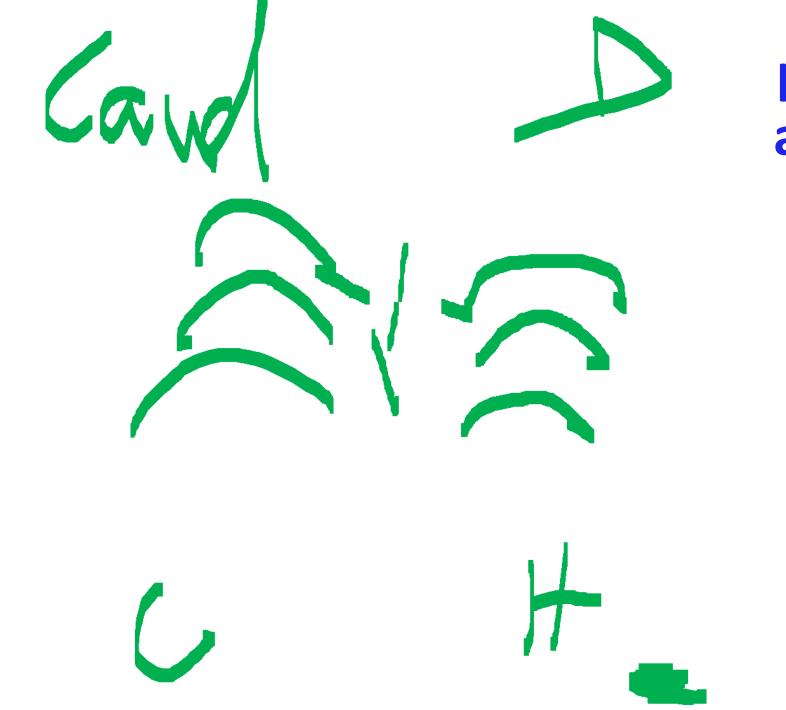




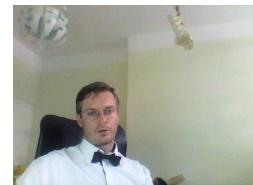


### **3D geometrical changes**



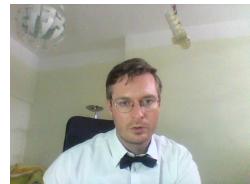


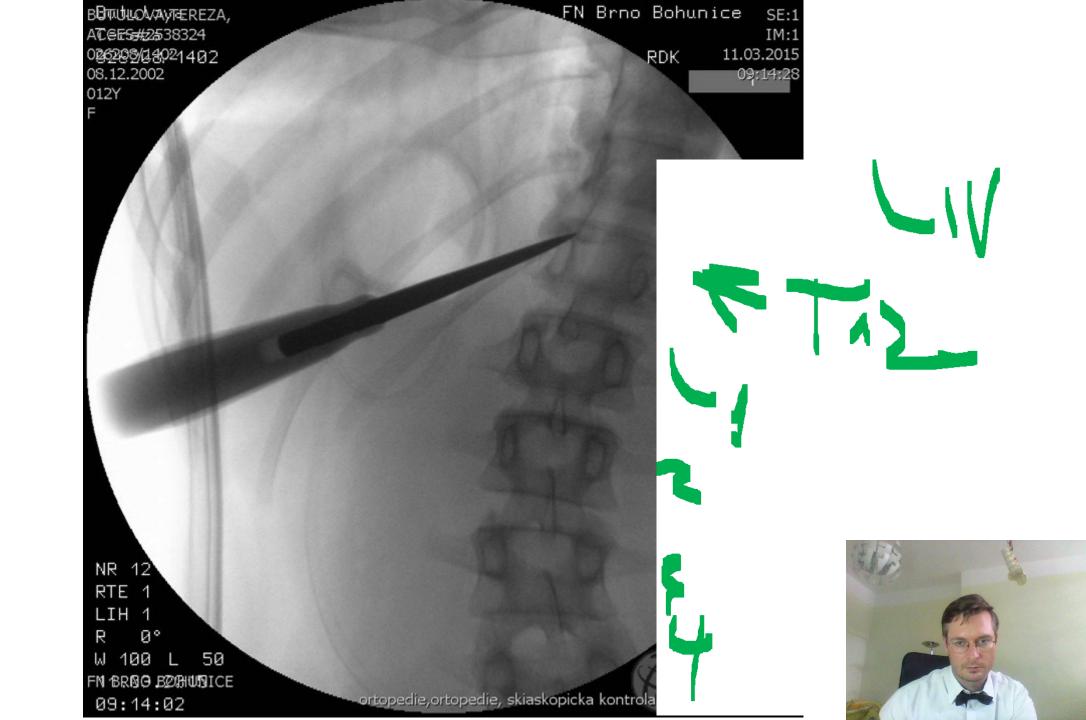
Surgical posterior approach

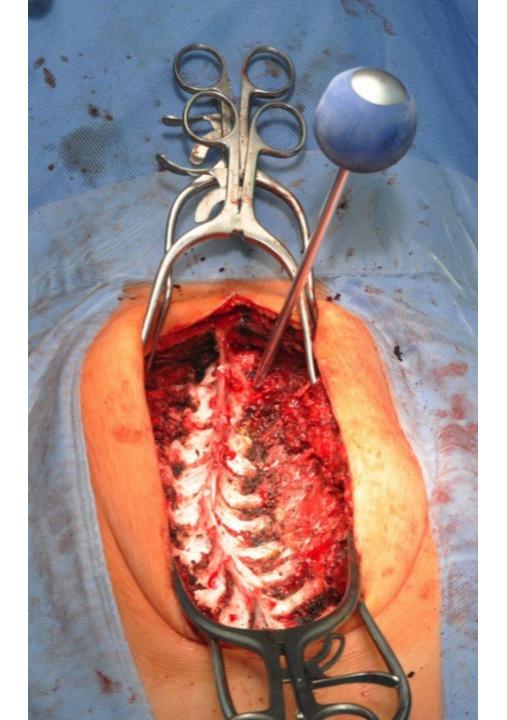




# level checking

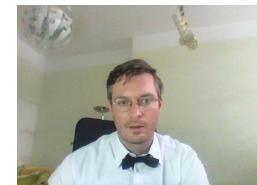


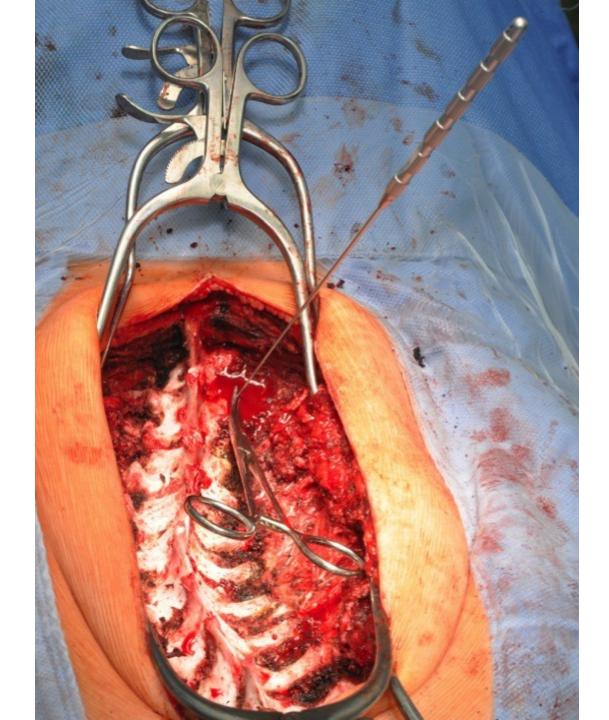




#### Probe

# pedikle finding

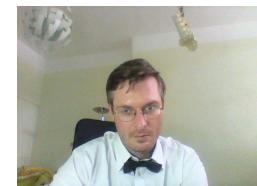




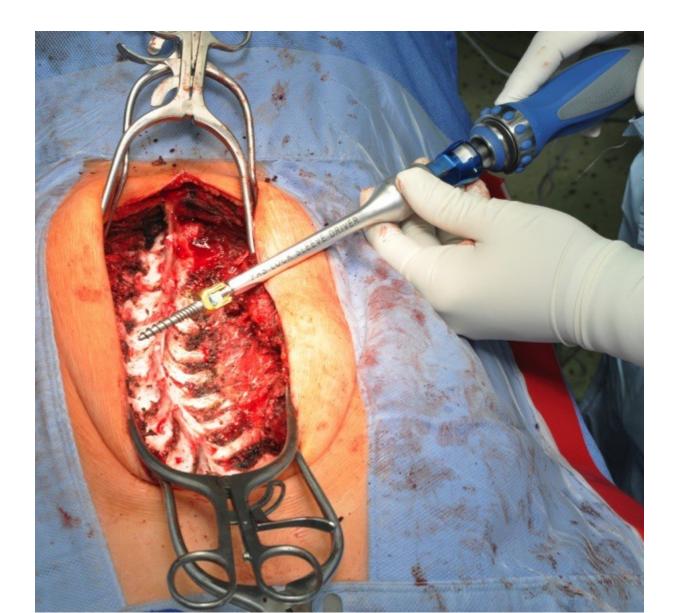
#### Sound

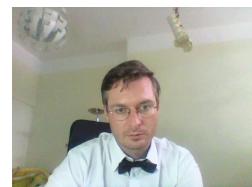
## pedikle hole checking

## screw length measuring

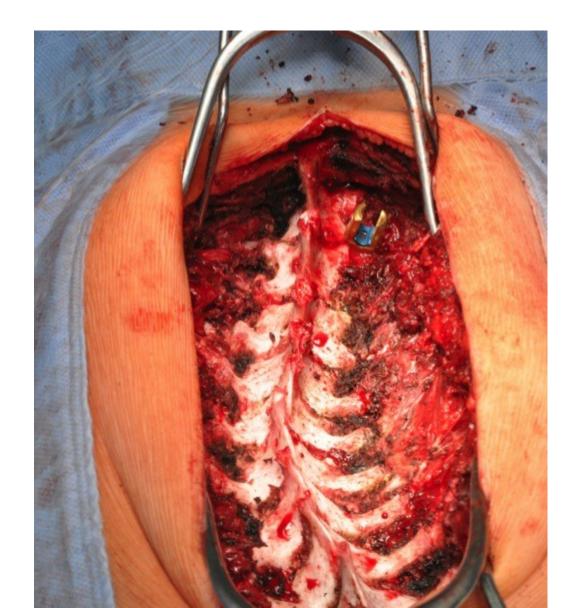


#### **Screwdriver - screw insertion**



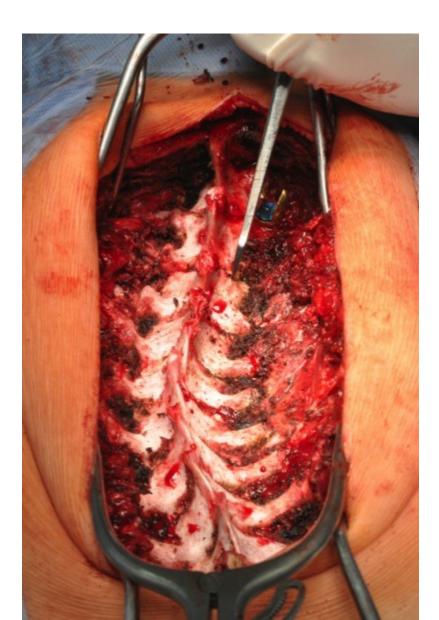


#### **Screwdriver - screw insertion**



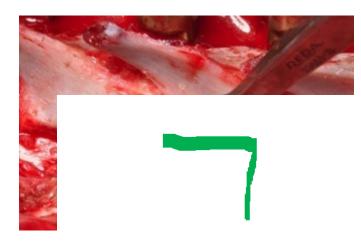


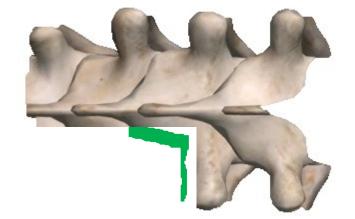
#### **Chisel – facet resection**





#### **Chisel – facet resection**

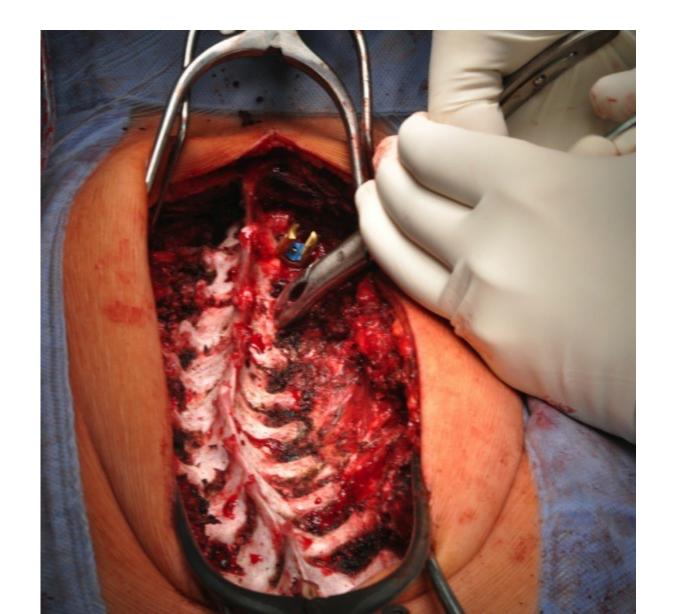


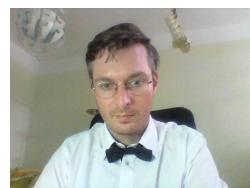


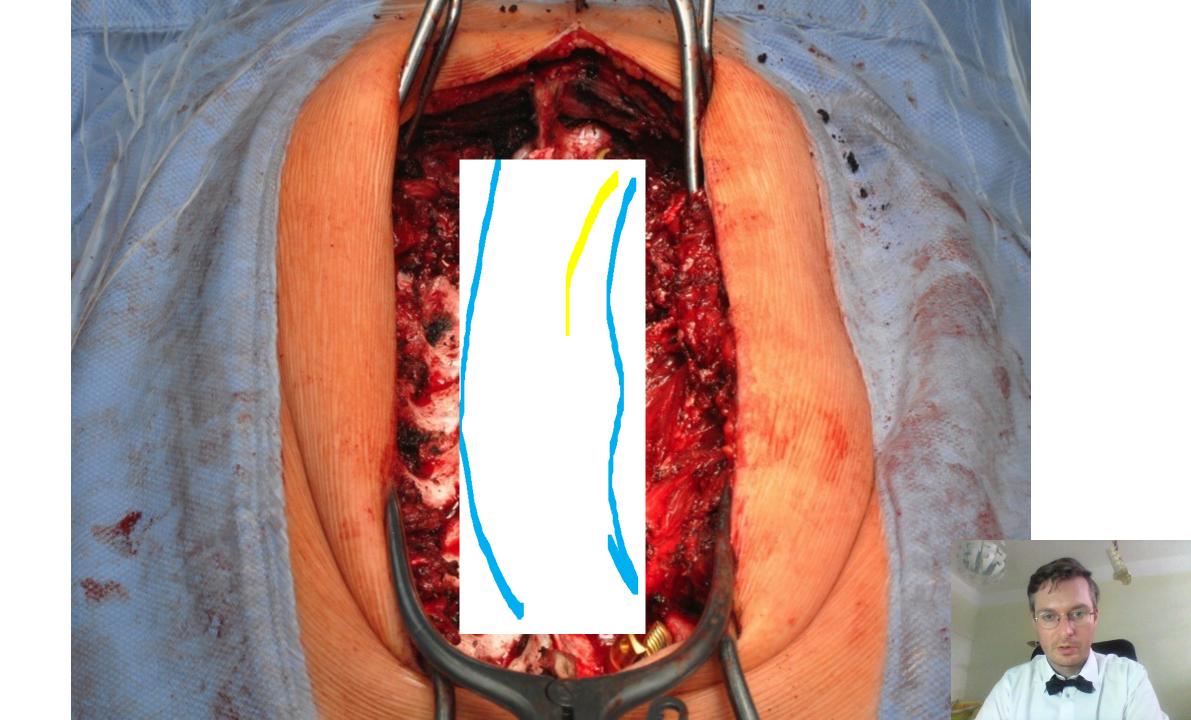


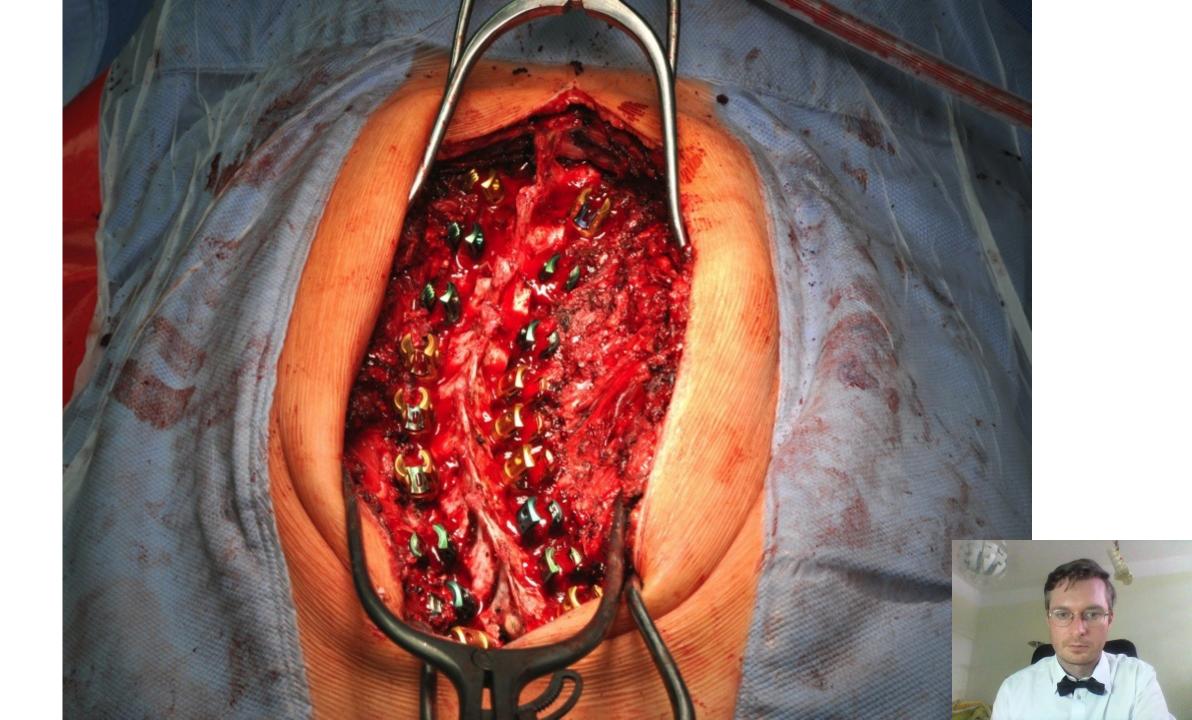


#### Luer – cortex resection

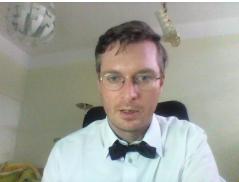


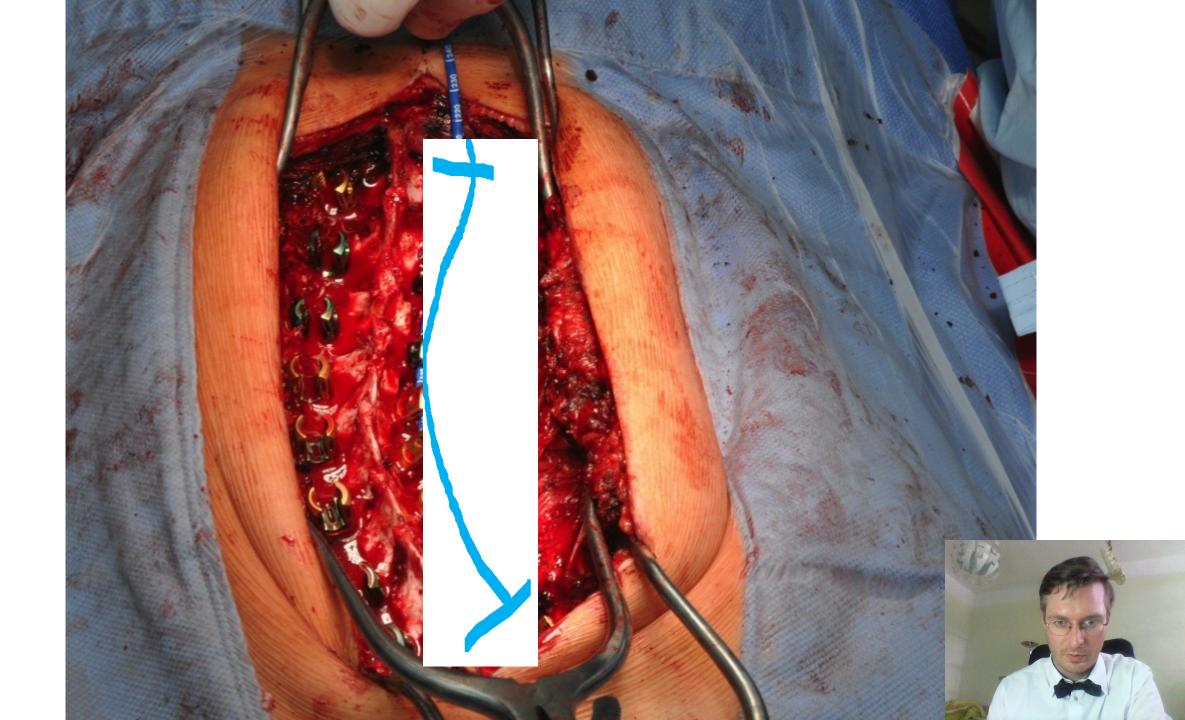




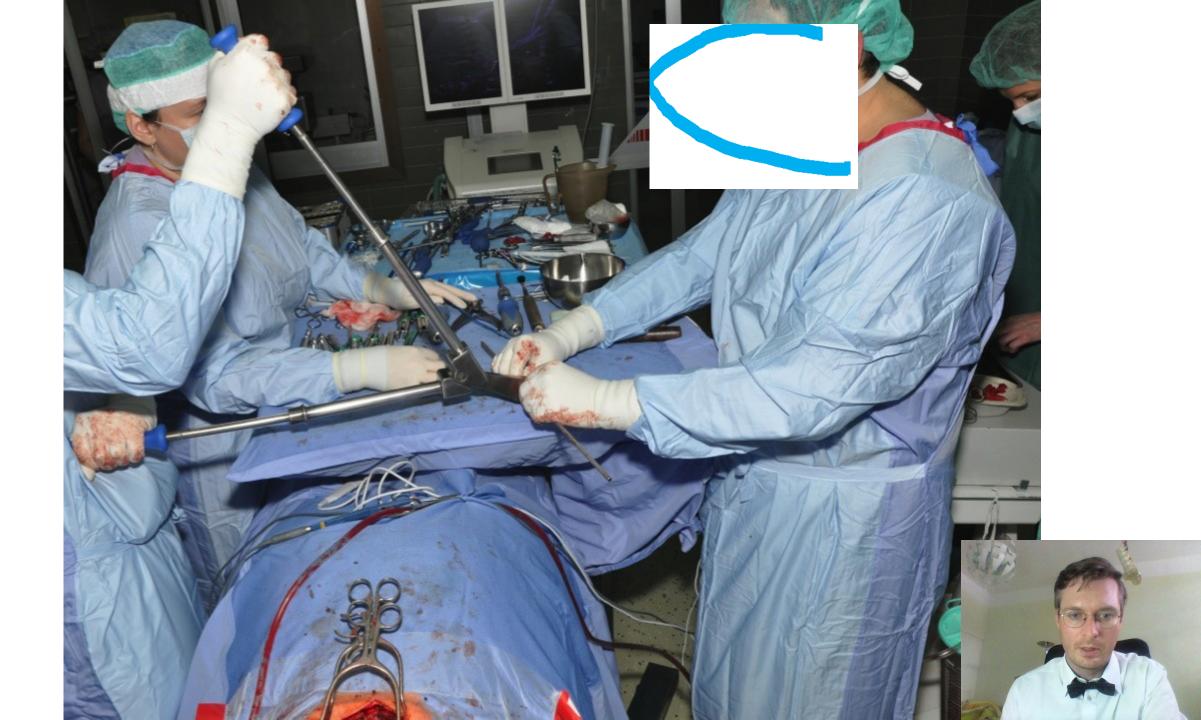




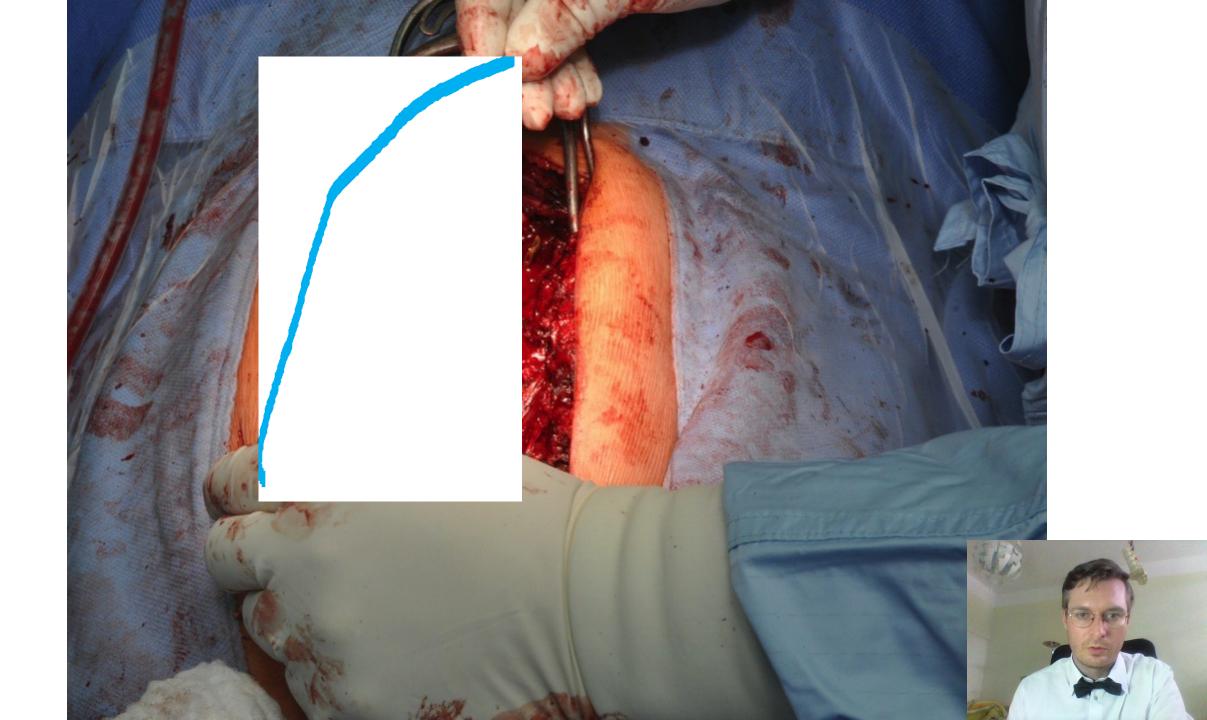


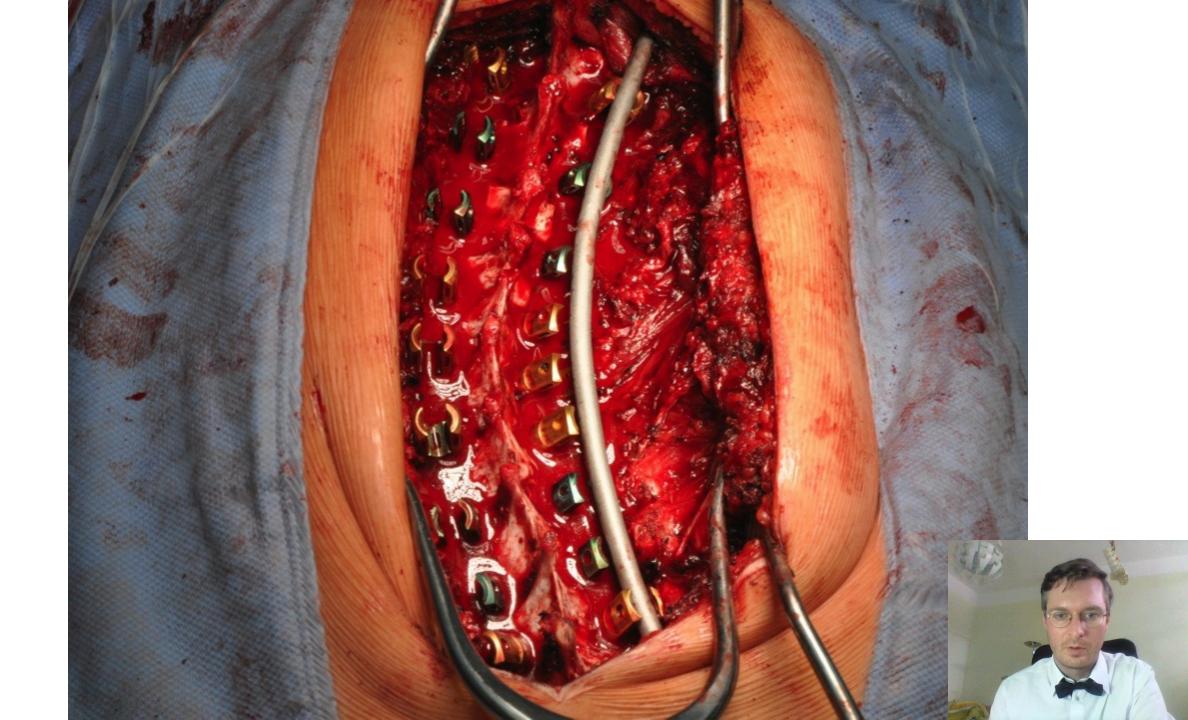


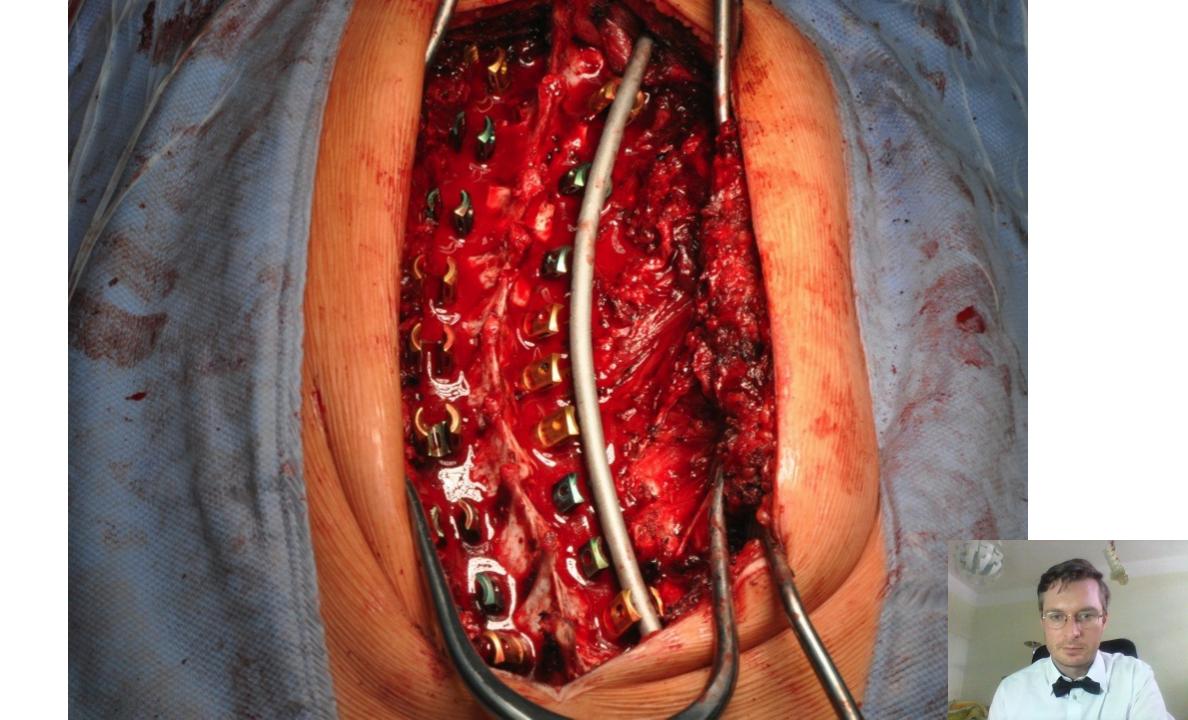


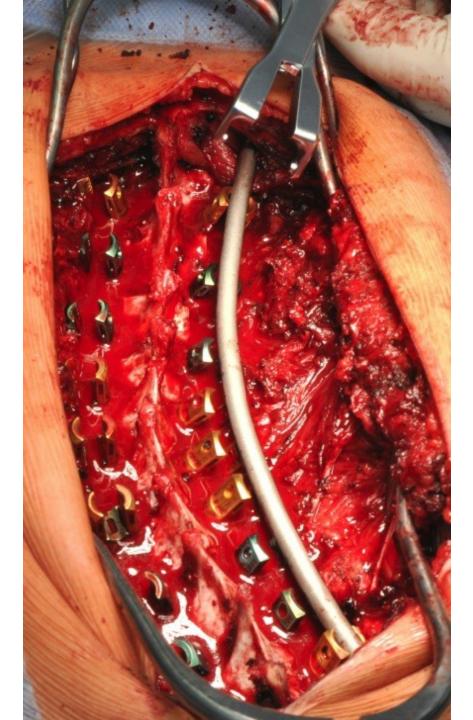




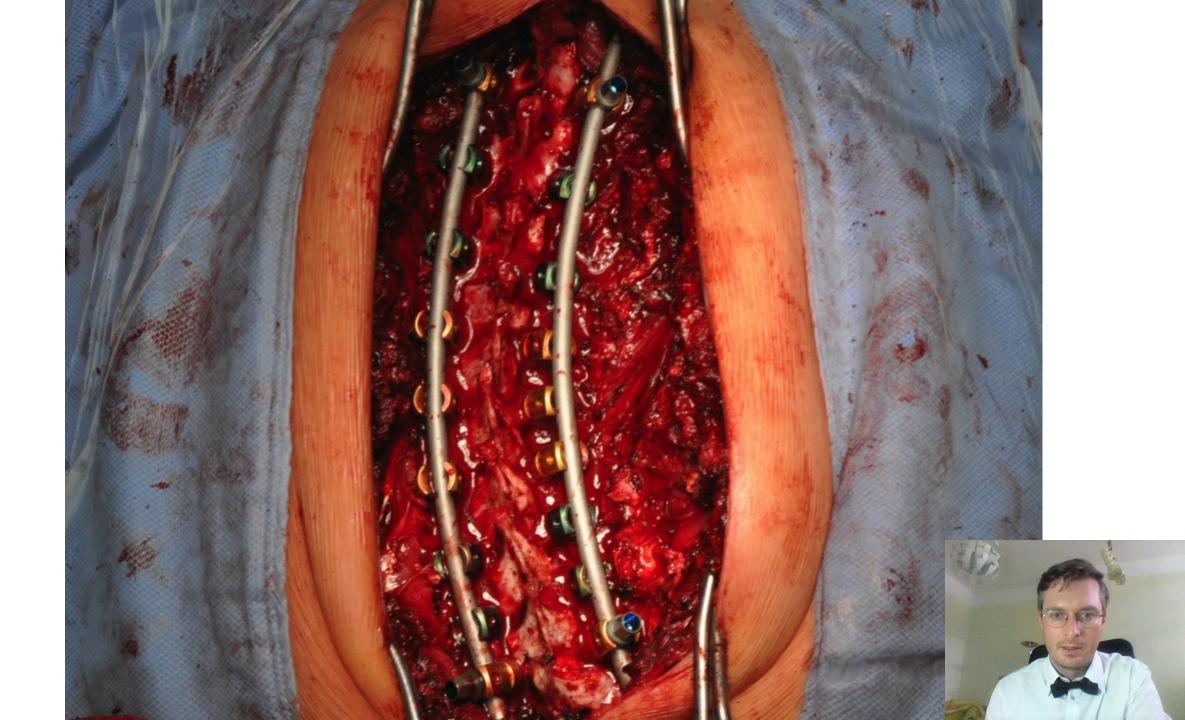


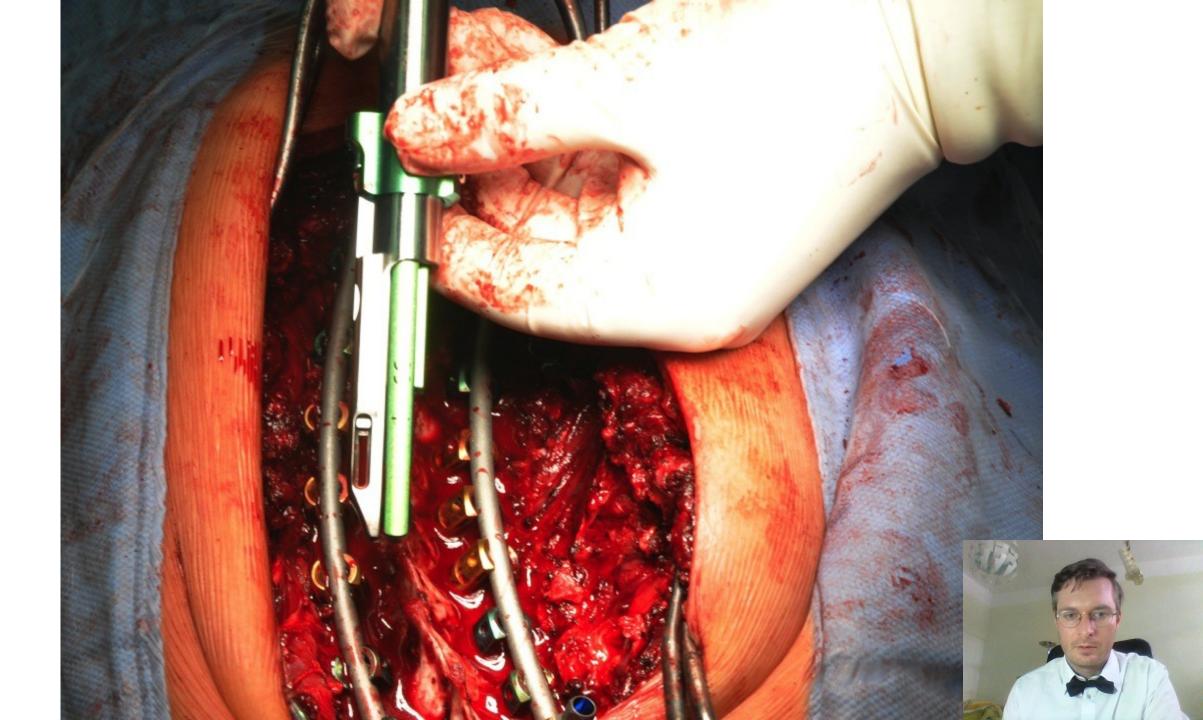




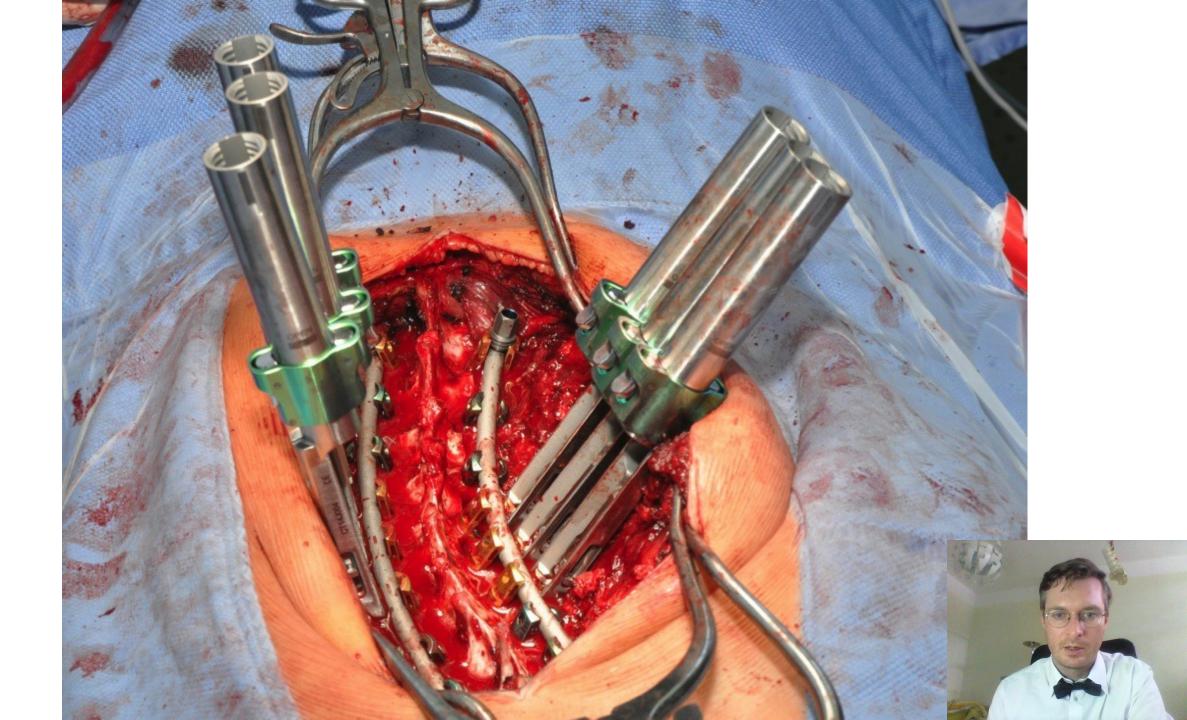


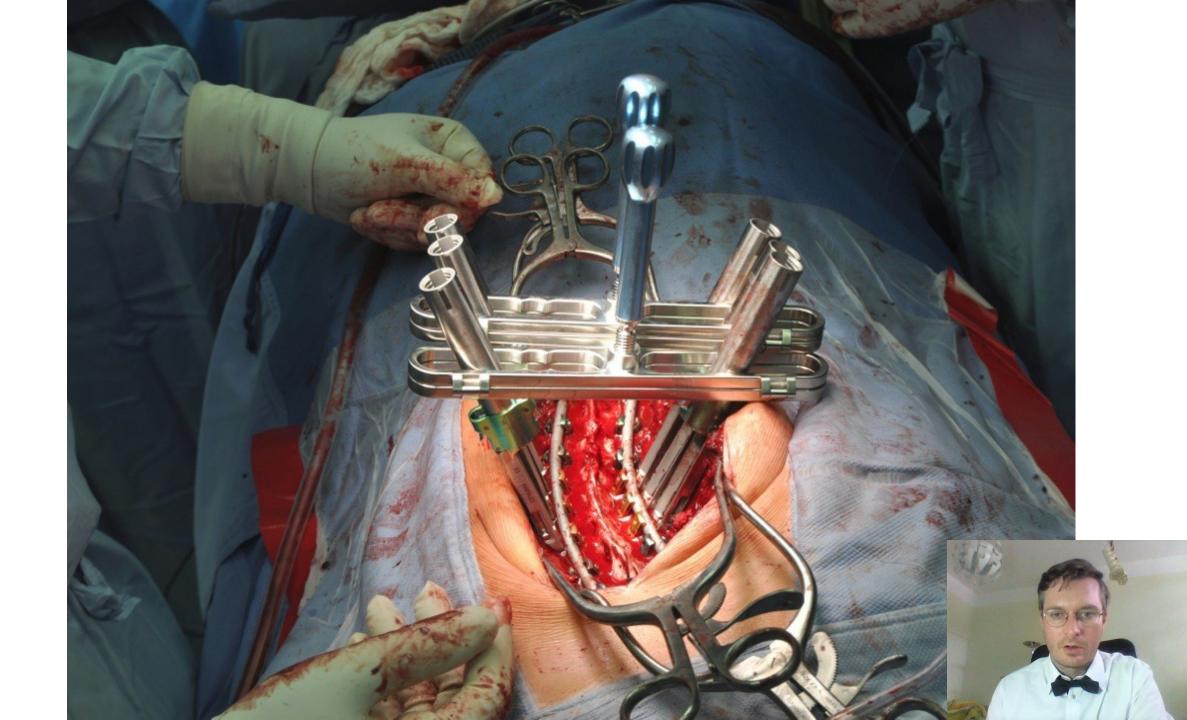


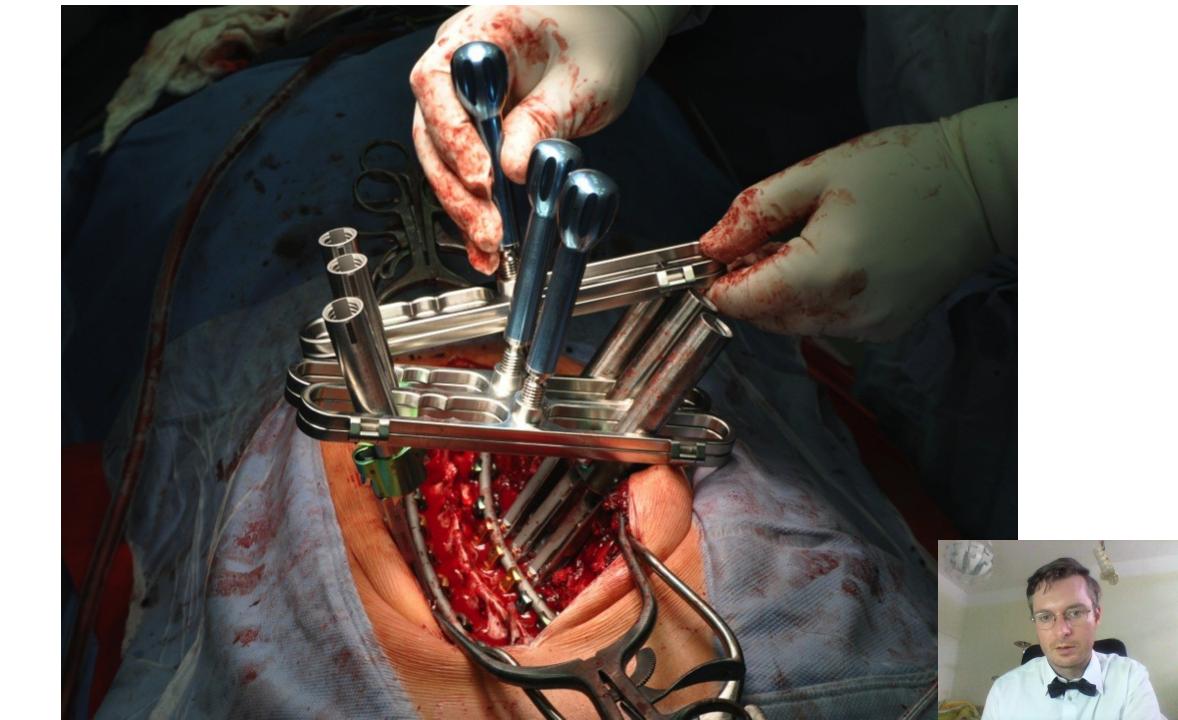


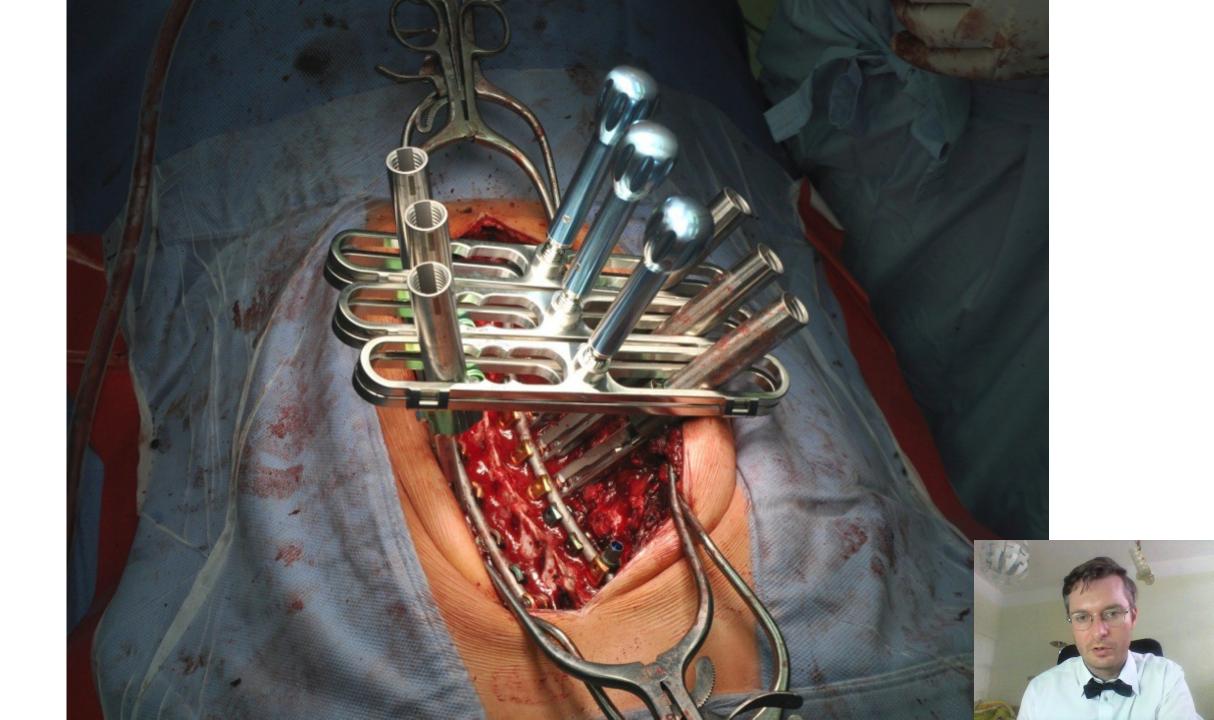


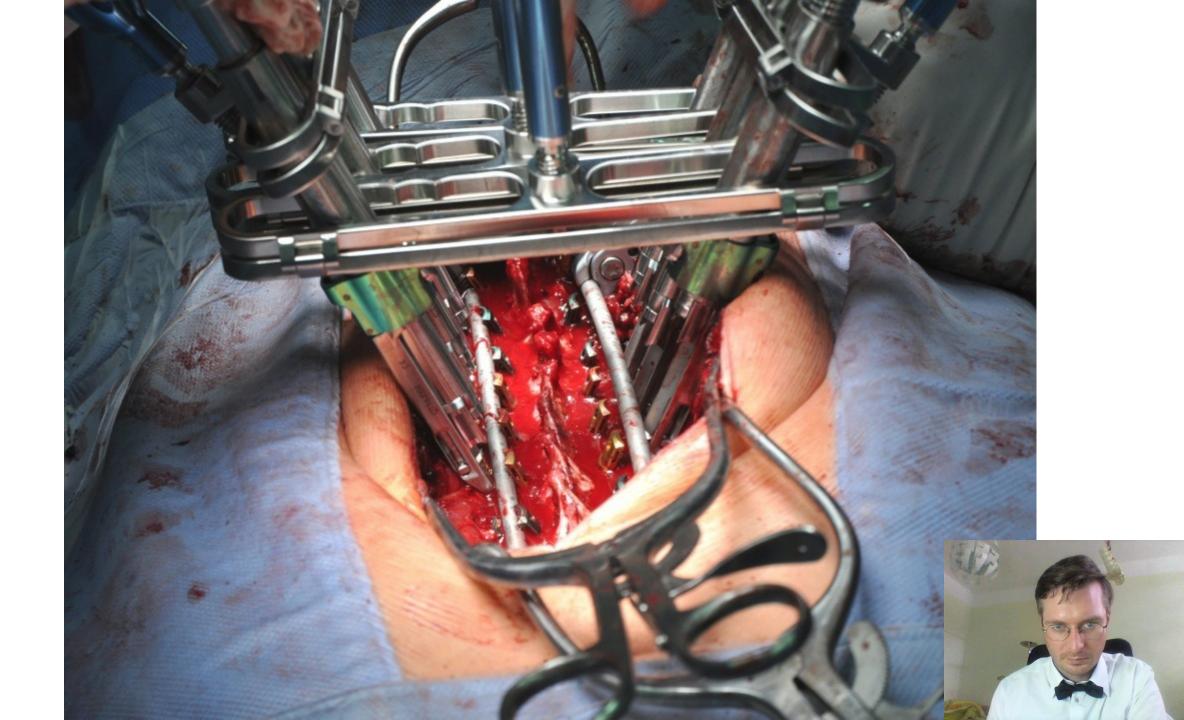


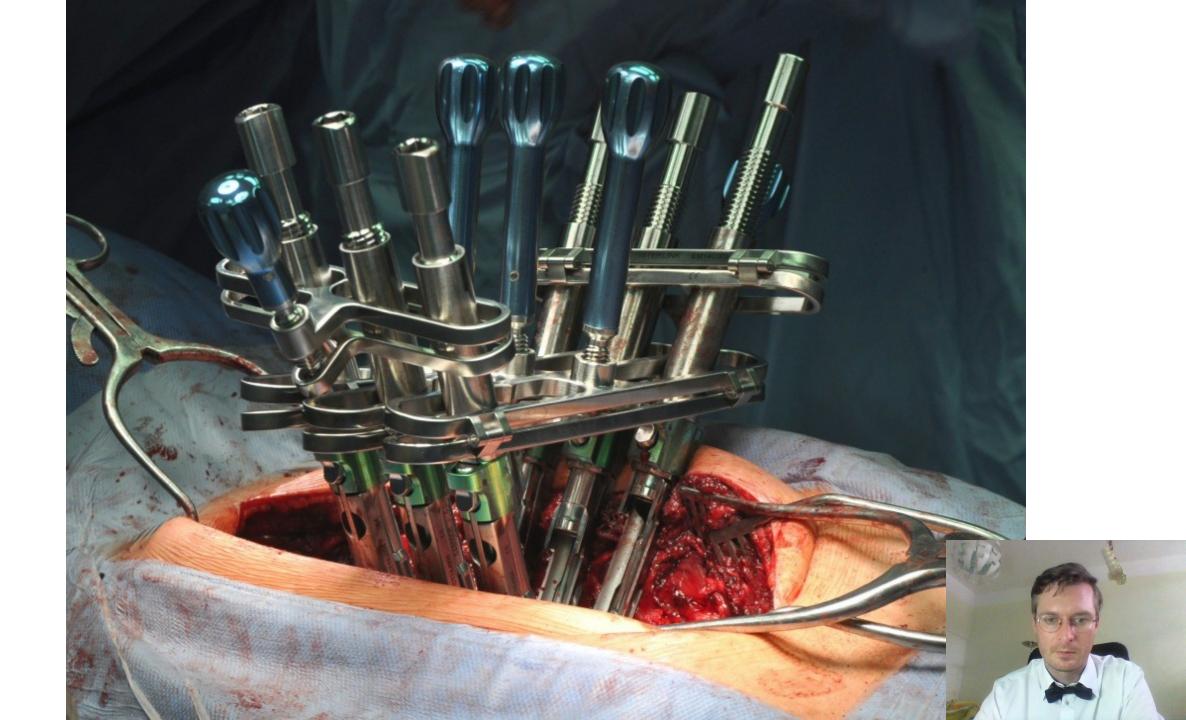




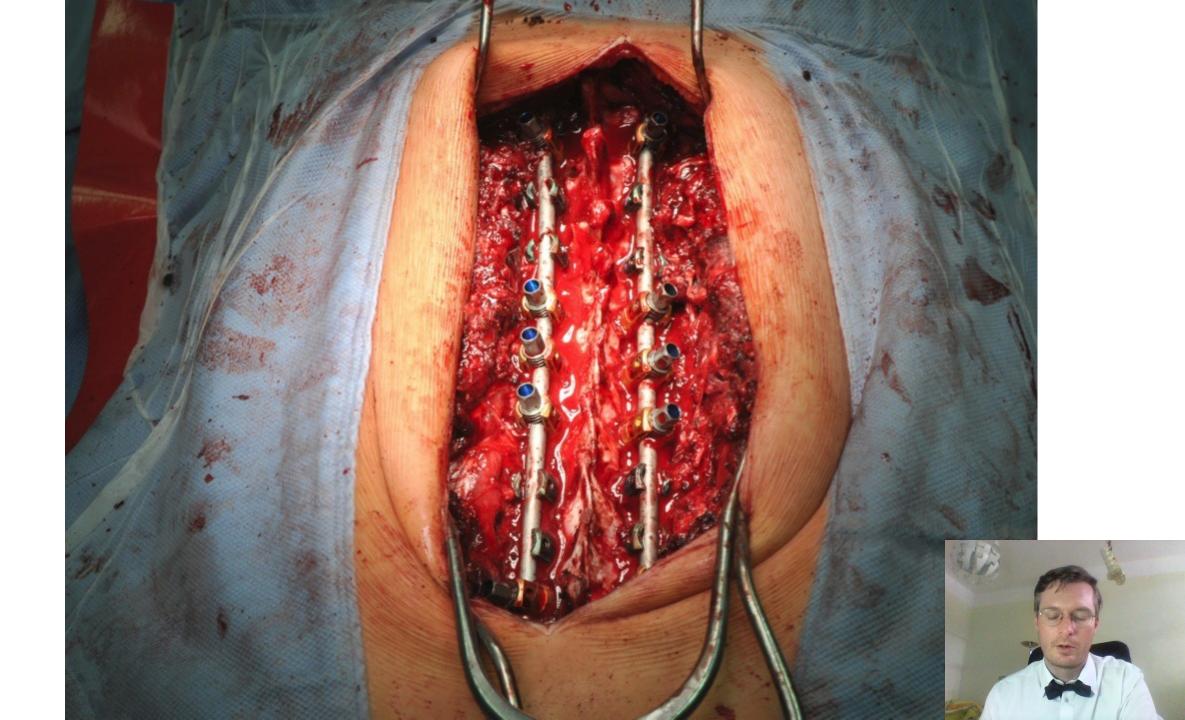


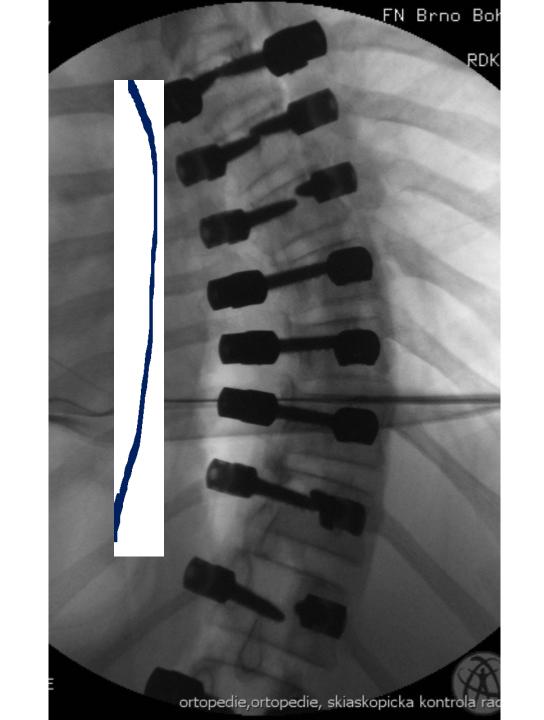


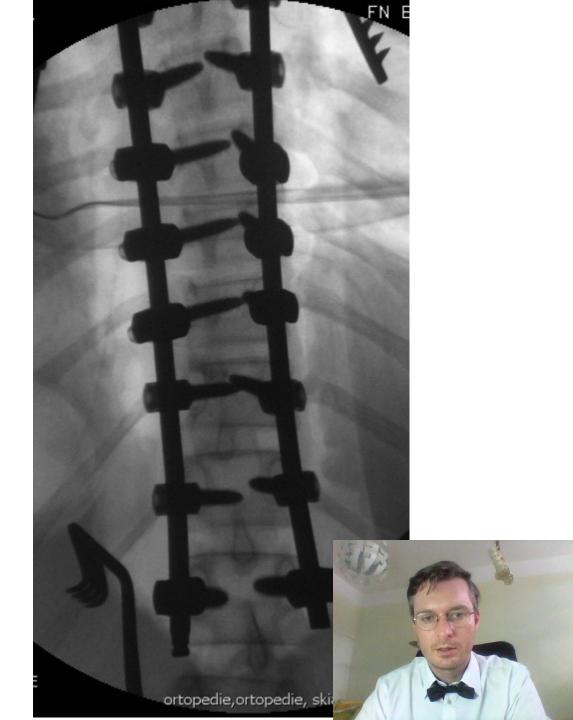


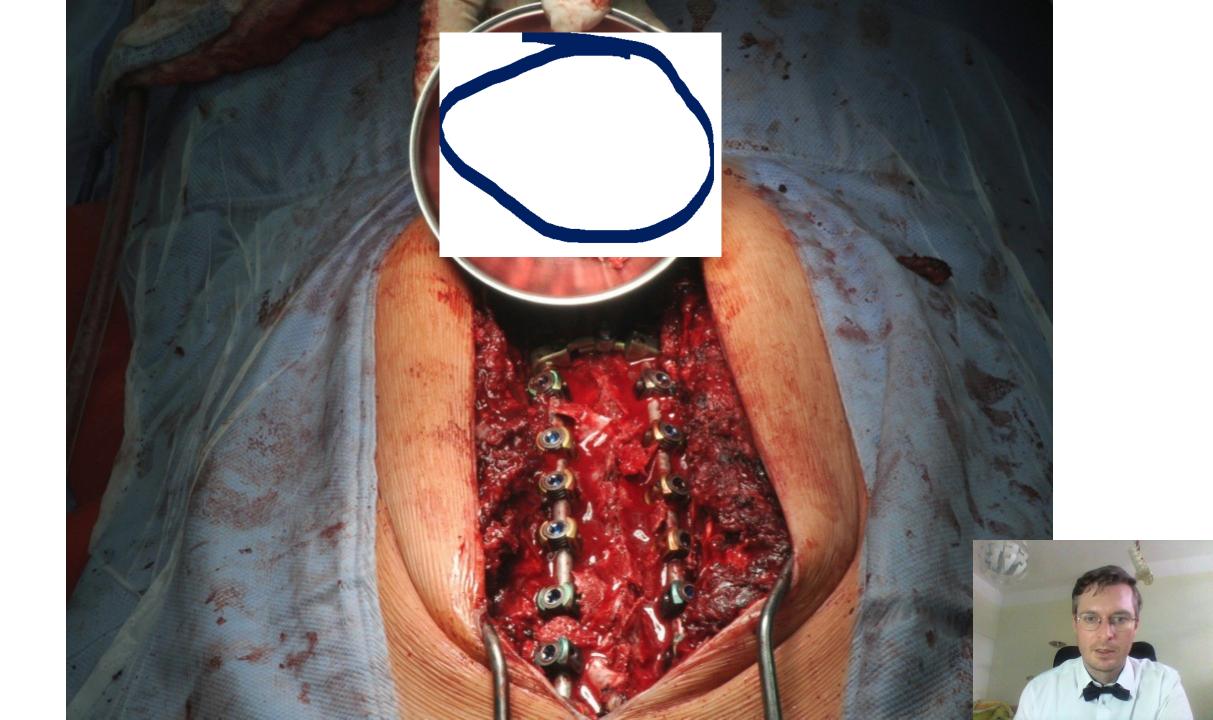


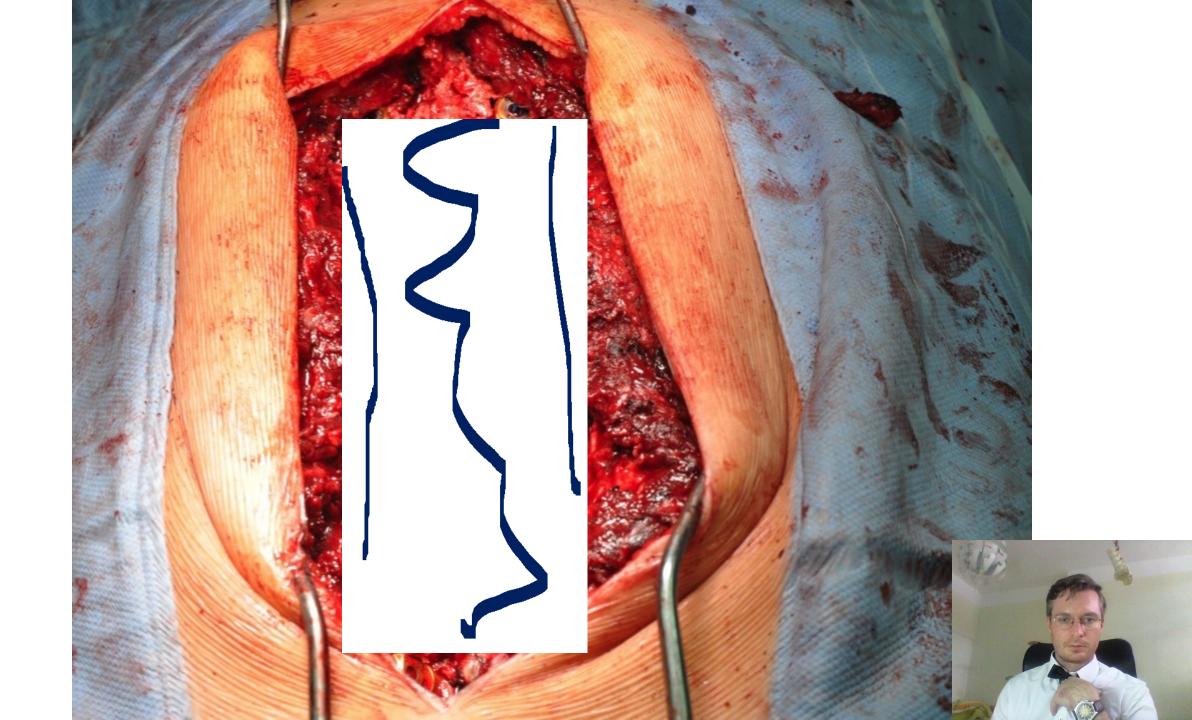






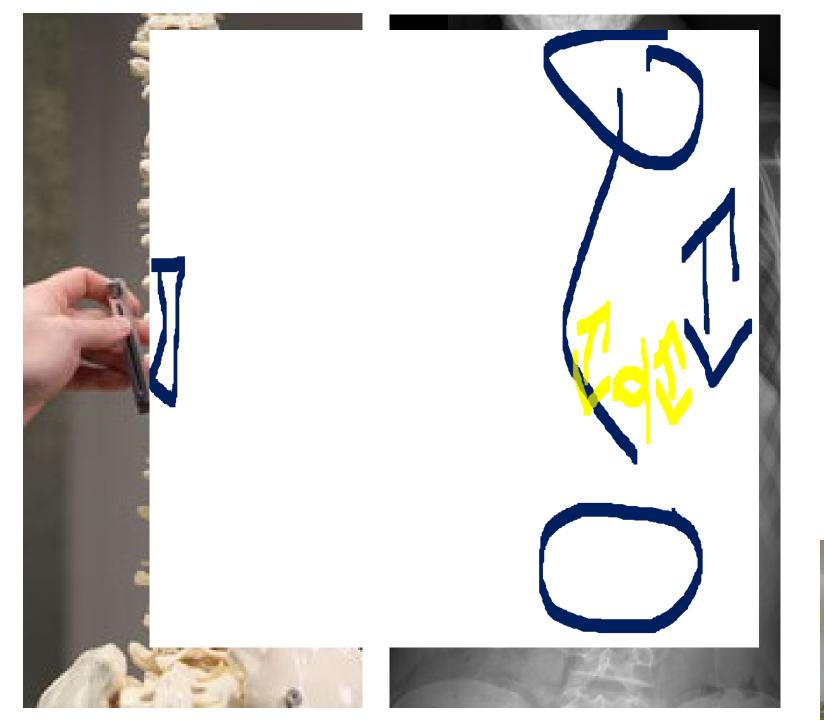






#### **Nonfusion surgery methods**





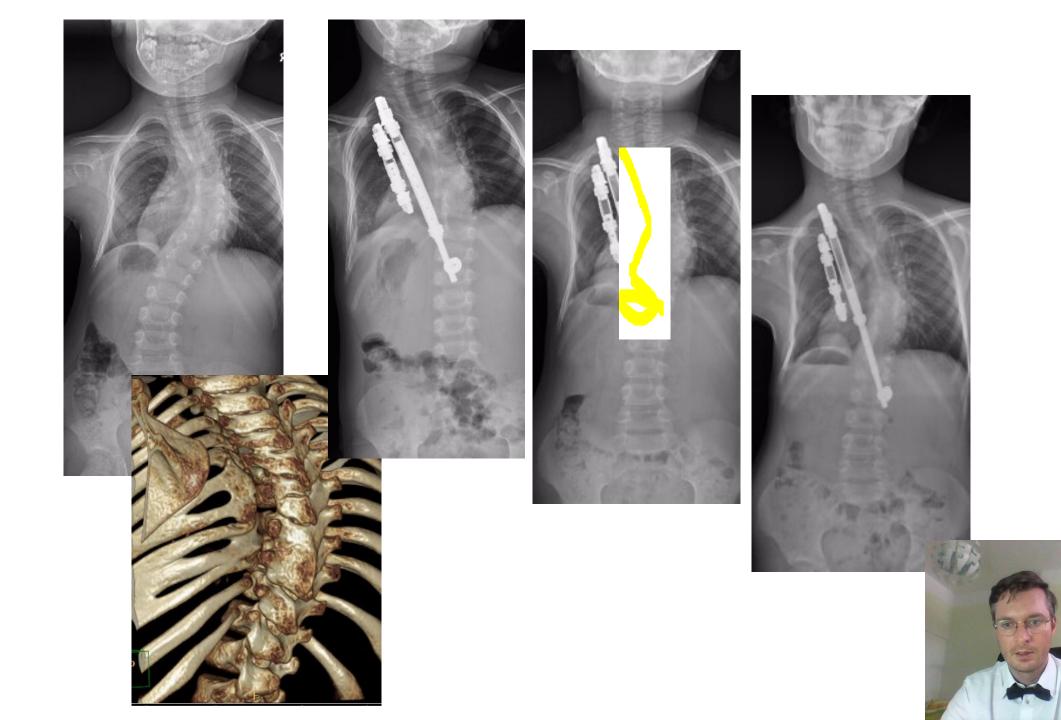


### VEPTR

### = vertical expandable prosthetic titanium rib

- Indikace: kong. def. + thoracic insufficiency syndrom + kostní nezralost
- Cíl: zvětšení objemu hrudníku + korekce deformity
- Nutné opakované redistrakce





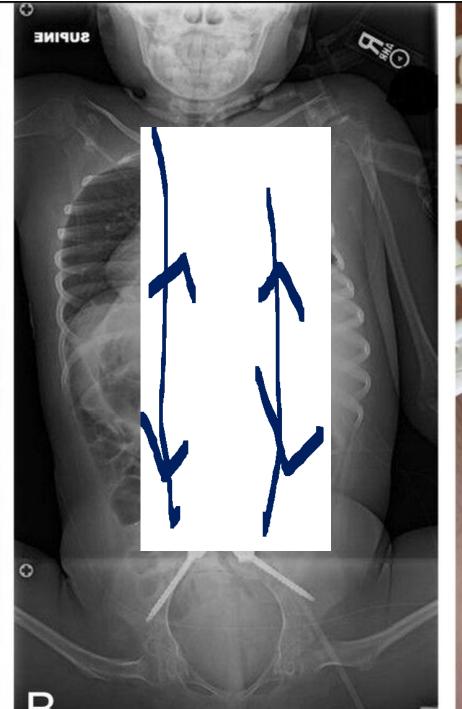
#### Magnetické tyče (Magnetic rods)









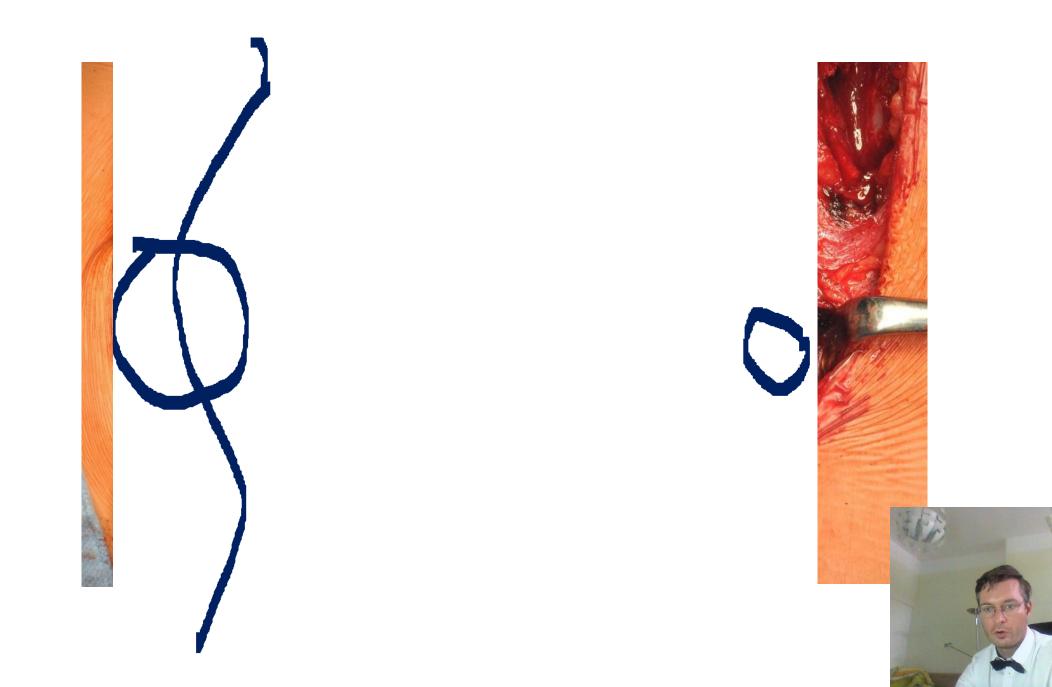




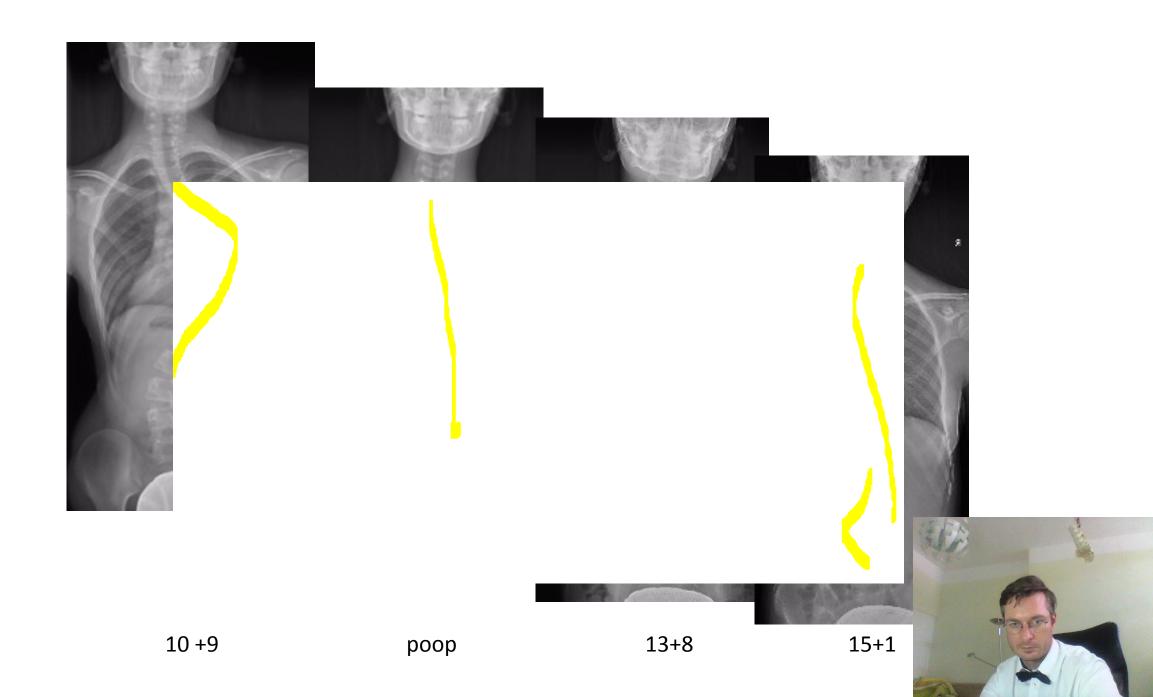
#### **Growth Guided System**

- Deformity correction + growth enabled
- Fusion of the apex of the curve
- The rest of spine grows guided along the rods





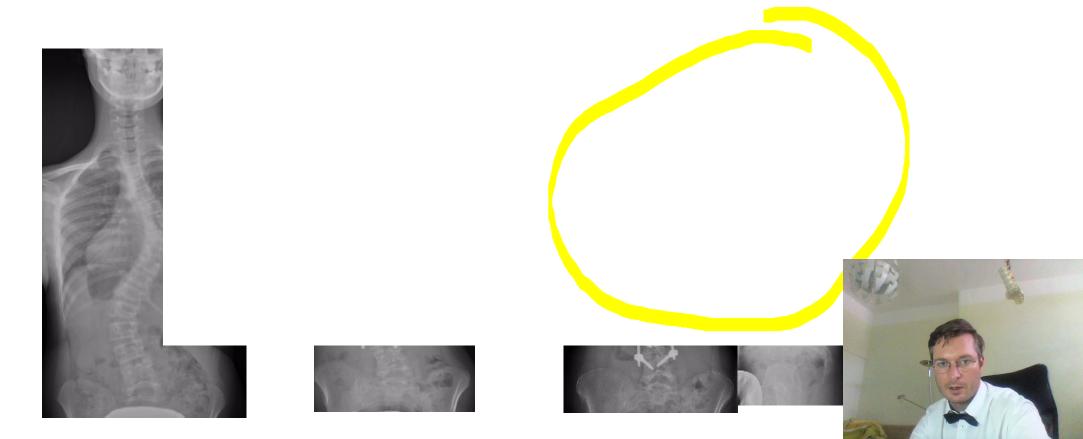




# **GGS requires definitive fusion !**

Pts need

Converti



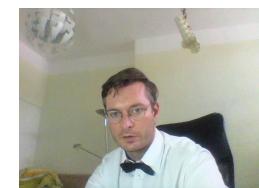
# **Scoliosis types due to ethiology**

#### **Deformity type**

- Idiopathic
- •
- Neuromuscular

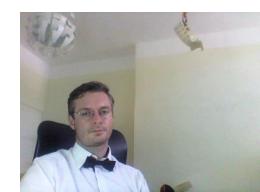


- Infantile
  - < 3 y
- Juvenile 4-10 y
- Adolescent
  - 11-17 y
- Adult > 17 y



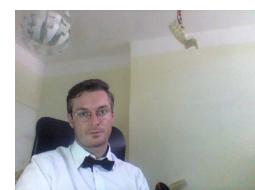
# **Congenital scoliosis**

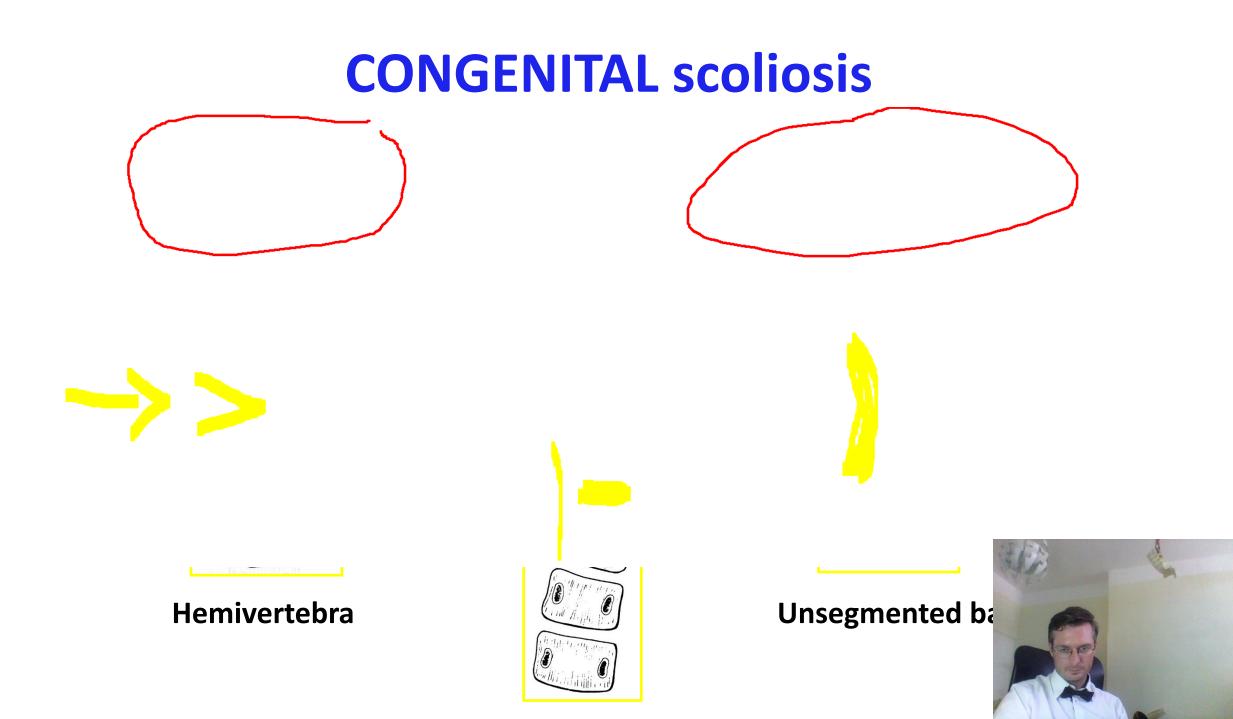
- Congenital Scoliosis- inborn spine deformity due to imperfect formation of vertebrae and their association.
- Hard to predict development and deformity progression ...



# **Congenital scoliosis**

- deformity occurs during the first 6 weeks of embryonic development without hereditary burden, it is not hereditary
- wide diversity of severity of disability
- dg. newborns / toddlers, can occur at any time during growth





# **Congenital scoliosis**

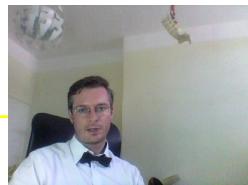
• Failure of SEGMENTATION- failure of the connection of one or more vertebrae on one side

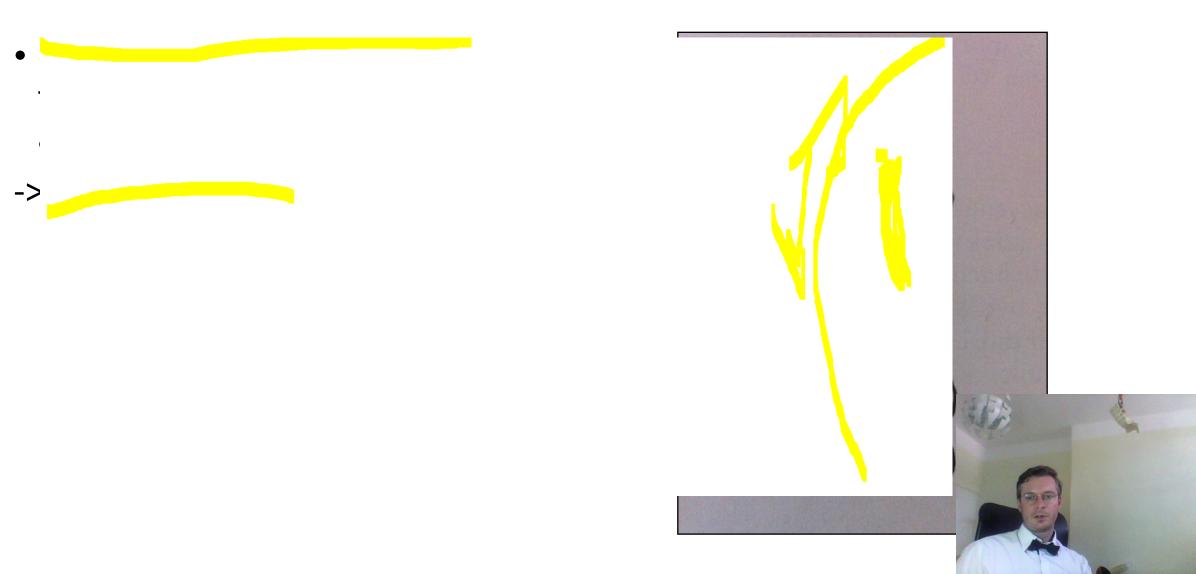
• Failure of FORMATION- most often, disorder of vertebra formation, shape anomalies

• COMBINED failure







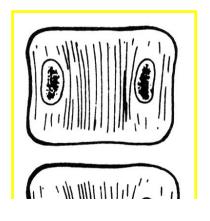




Usualy asymptomatic

Can lead to relative shortening of spine



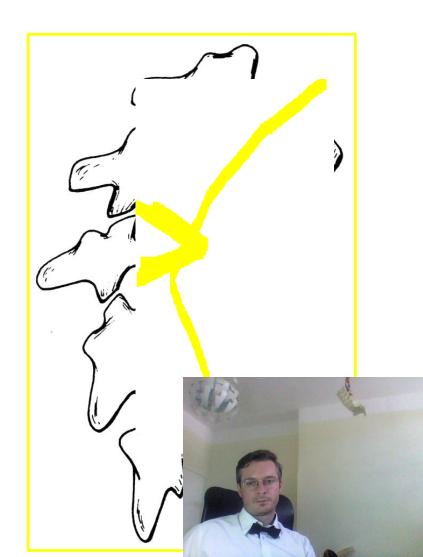




anterior

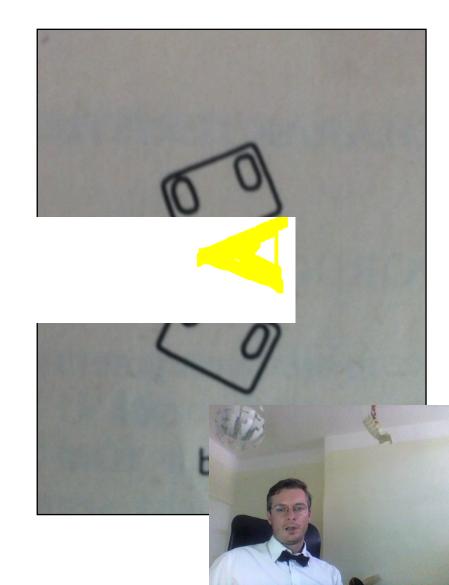
Could affect just part of vertebra / all structures Solitary or multiple changes "posterior hemivertebra" -> kyphosis

- posterior much less common
- > lordosis



- Lateral
- Hemivertebra
- -> scoliosis deformity





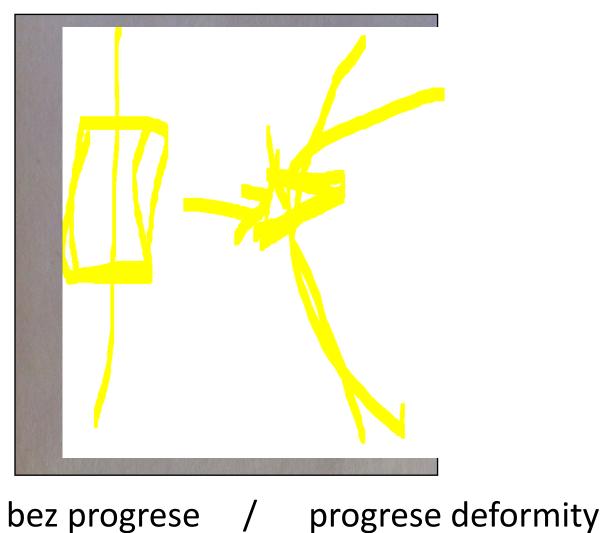
Postižení solitární až mnohočetné

Postižení sousedních obratlů nebo v různých úsecích páteře



### Hemivertebra types

closed type / neuzavřený poloobratel

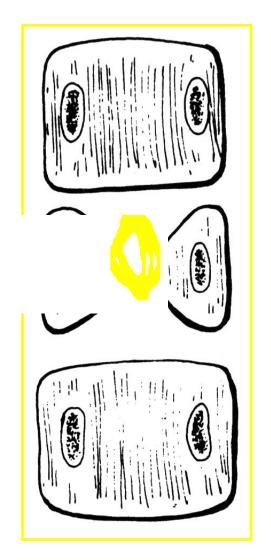


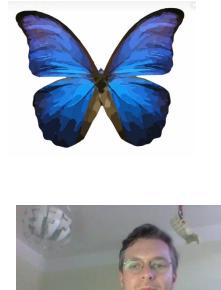


- Aterior central defect
- The two parts of vert. are not connected together

11

 According to severity of the anterior defect can lead to kyphosis or is completely asymptomatic





#### **Combined failure**

- Very common
- Multiple changes
- Very individual
- Hard to predict progression in multiple changes, observation is the key.



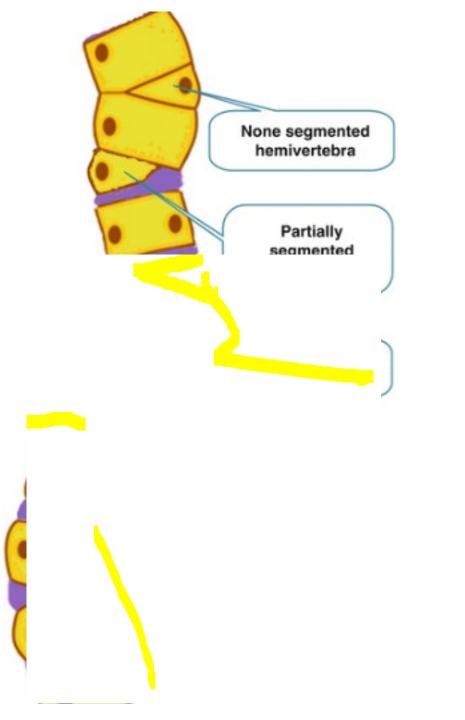
The highest risk of progression

**Fully** segmented hemivertebr a + contralateral unsegmente d bar !!

#### **Combined failure**









# **Congenital scoliosis - therapy**

Main rule – STOP the progression !

Observation – X-ray á 6months

if there is progression of deformity -> surgery

fastest growth- frist 5y of age

+ adolescent growth spurt

-> highest risk of progression !!!



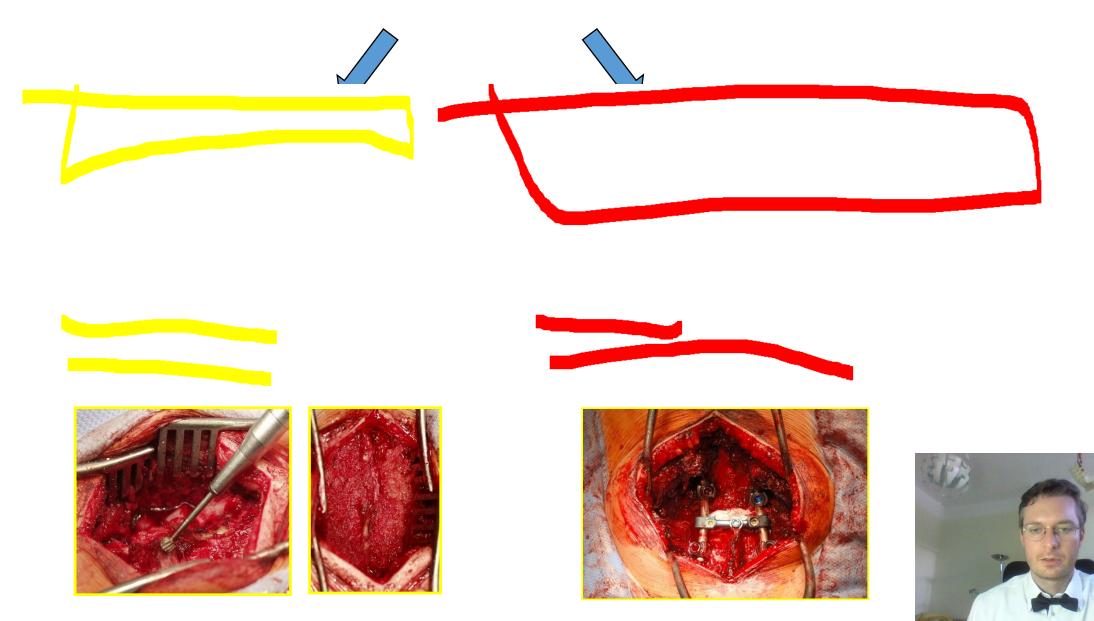
#### Hemivertebra

#### semisegmented

# Risk of sever scoliosis

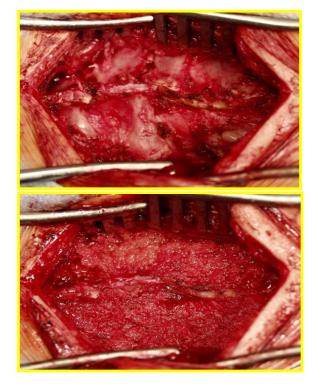
non-segmented

#### 2 main used surgical techniques



## **Surgery of hemivertebra**

#### **Simple fusion**



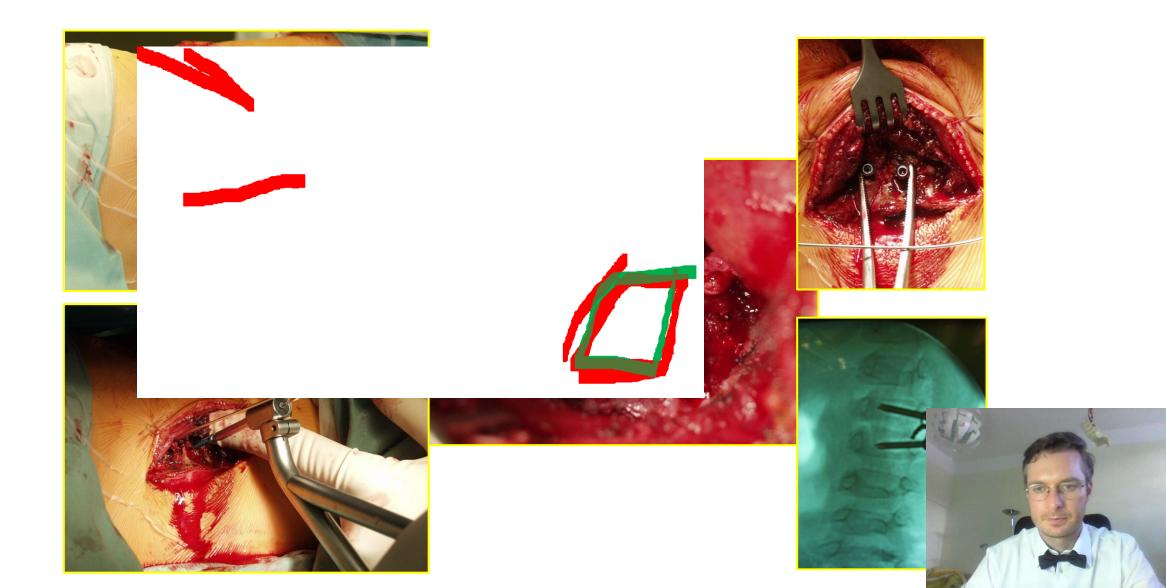
- Small deformities
- Blockage of worsening
- Without correction possibility

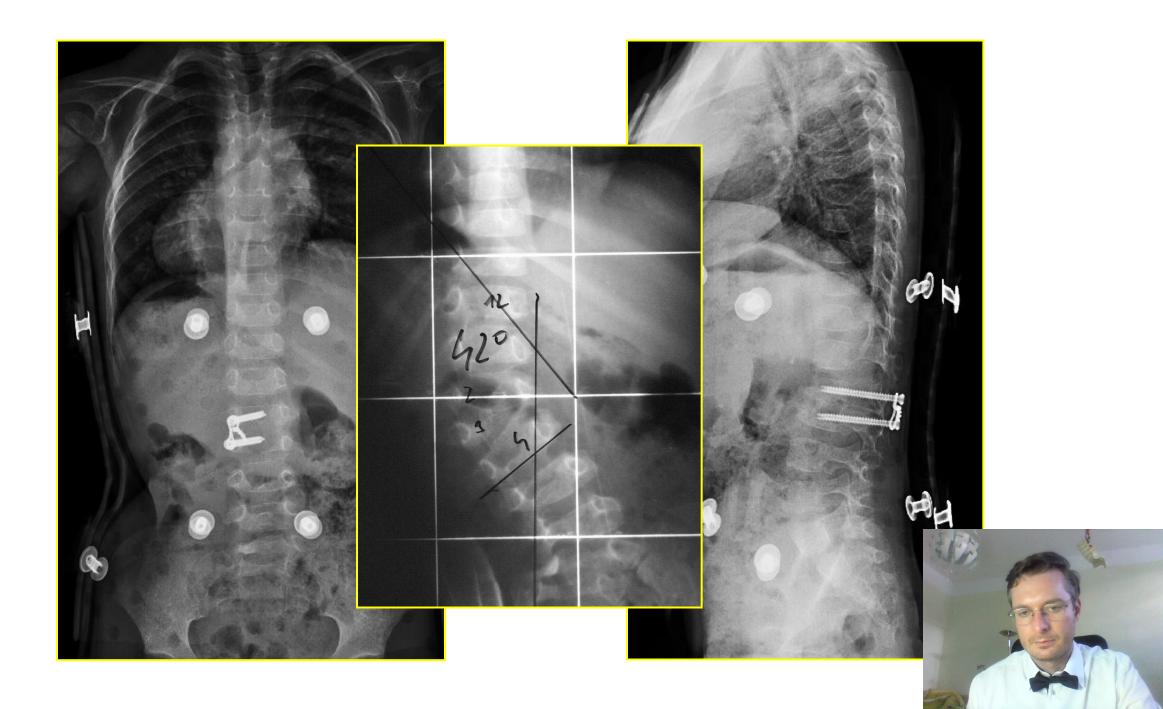
#### Hemivertebrektomy



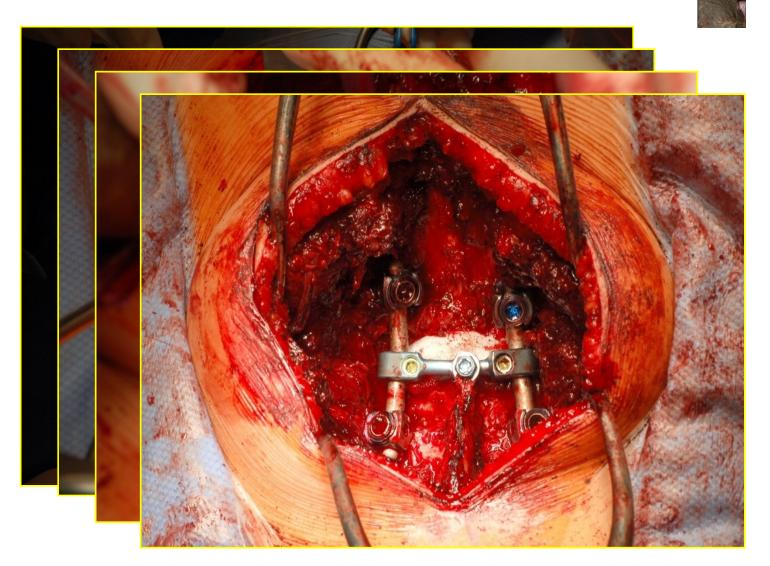
- Larger deformities
- Curve correction
- Prevention of secondary curves

Hemivertebrectomy combined approach

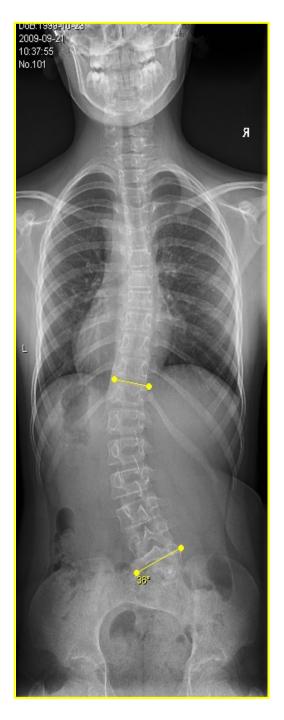


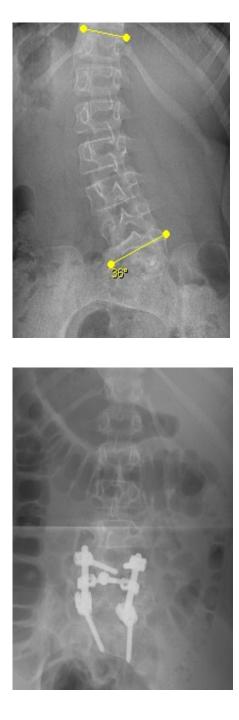


# Hemivertebrektomy posterior approach on









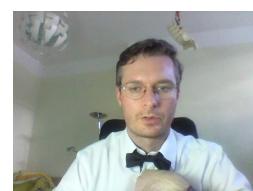




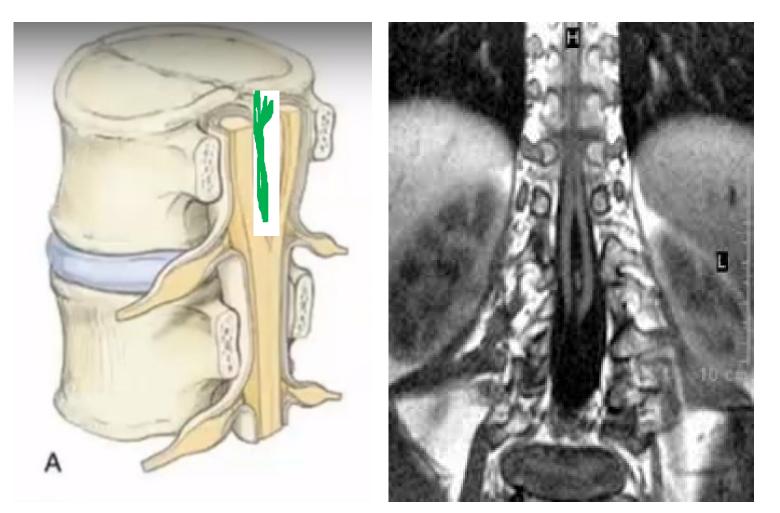


# The main factors of succesful treatment of congenital scoliosis

- early detection
- good timing
- adequate surgical approach

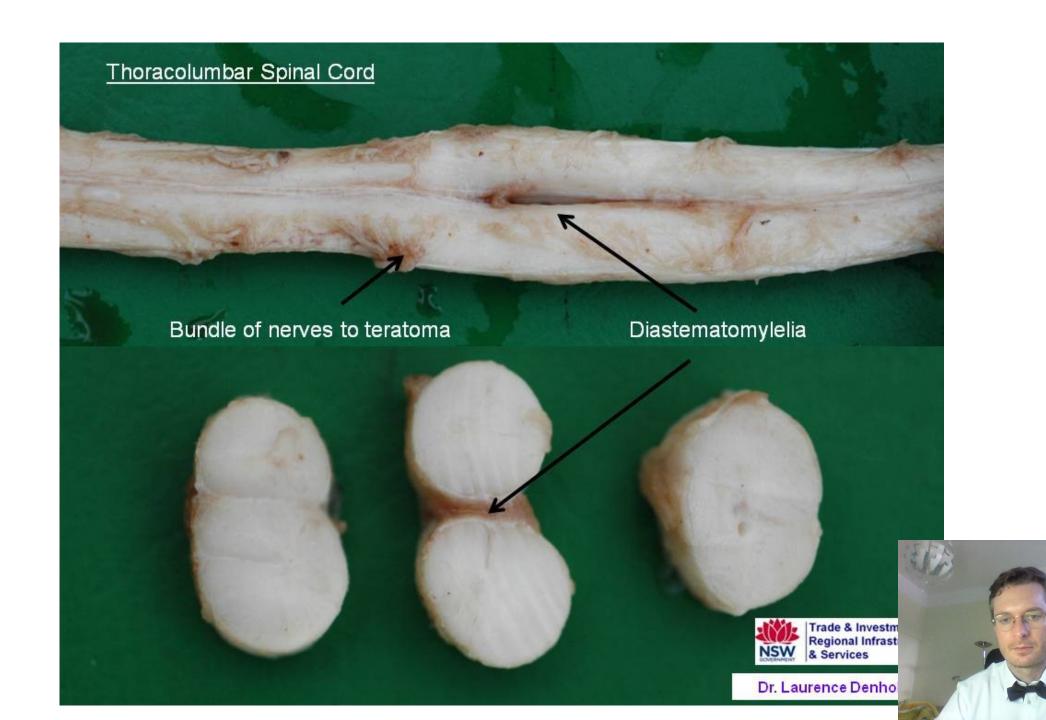


#### Diastematomyelie

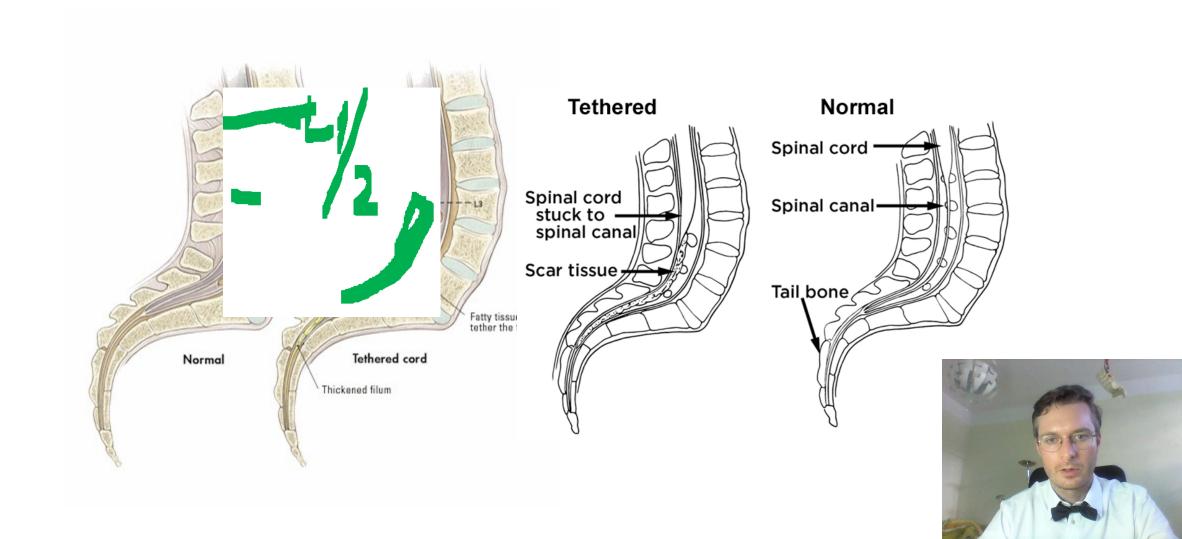


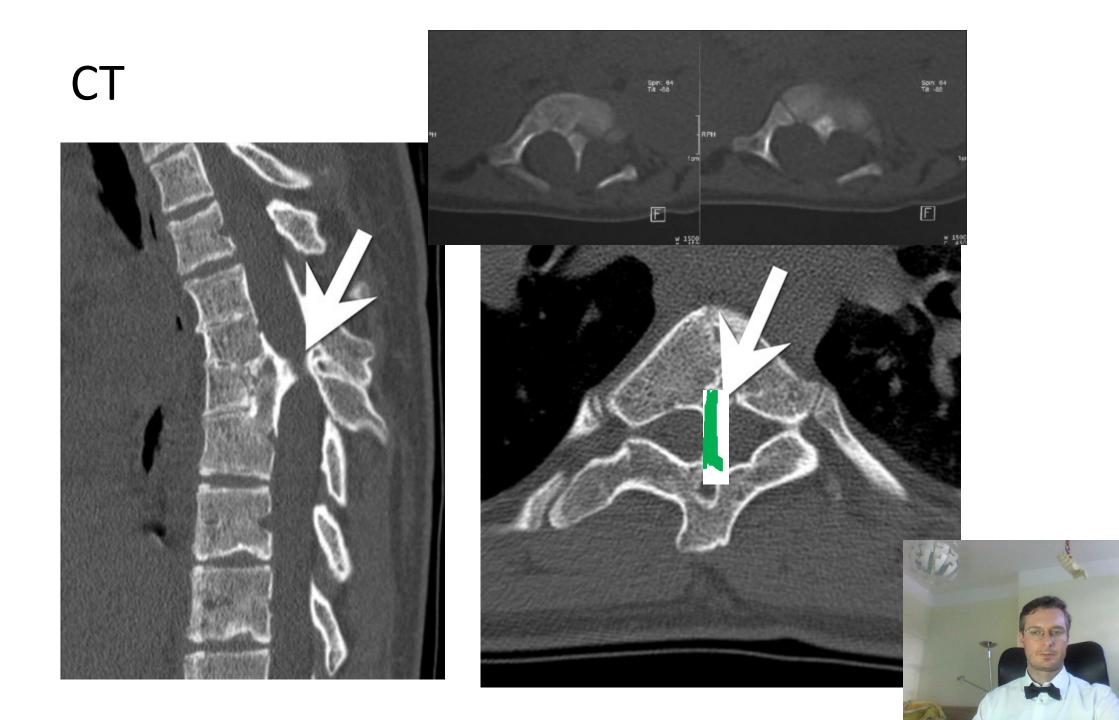
Skl, N



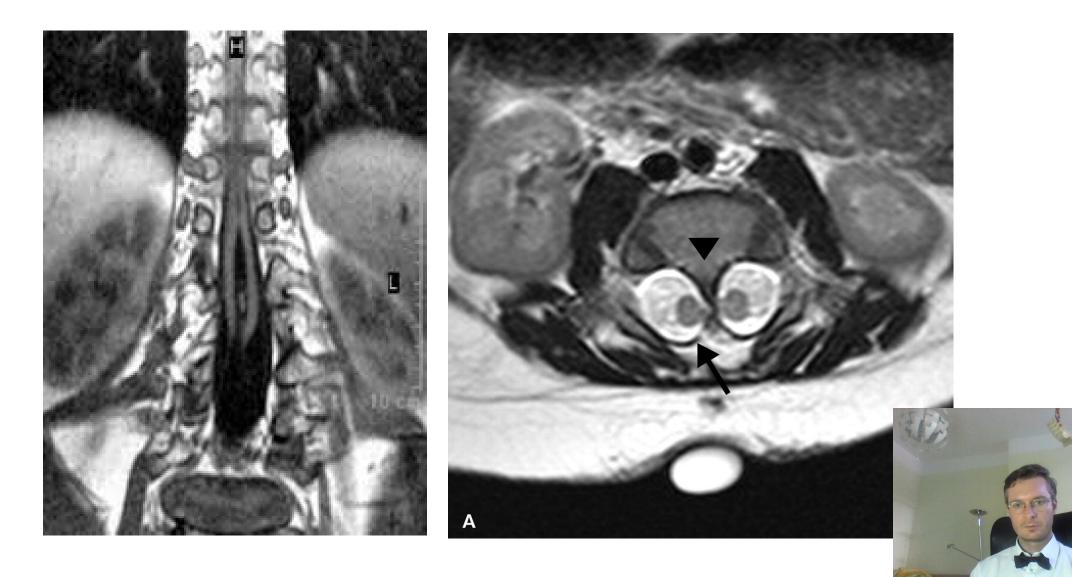


#### Tethered cord syndrome





#### MRI



#### **Neuromuscular scoliosis**





### **Scoliosis types due to ethiology**

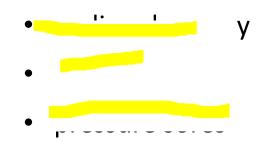
#### **Deformity type**

- Idiopathic
- Congenital
- Neuromuscular

- Age
- Infantile
  - < 3 y
- Juvenile 4-10 y
- Adolescent 11-17 y
- Adult > 17 y

### Neuromuscular scoliosis

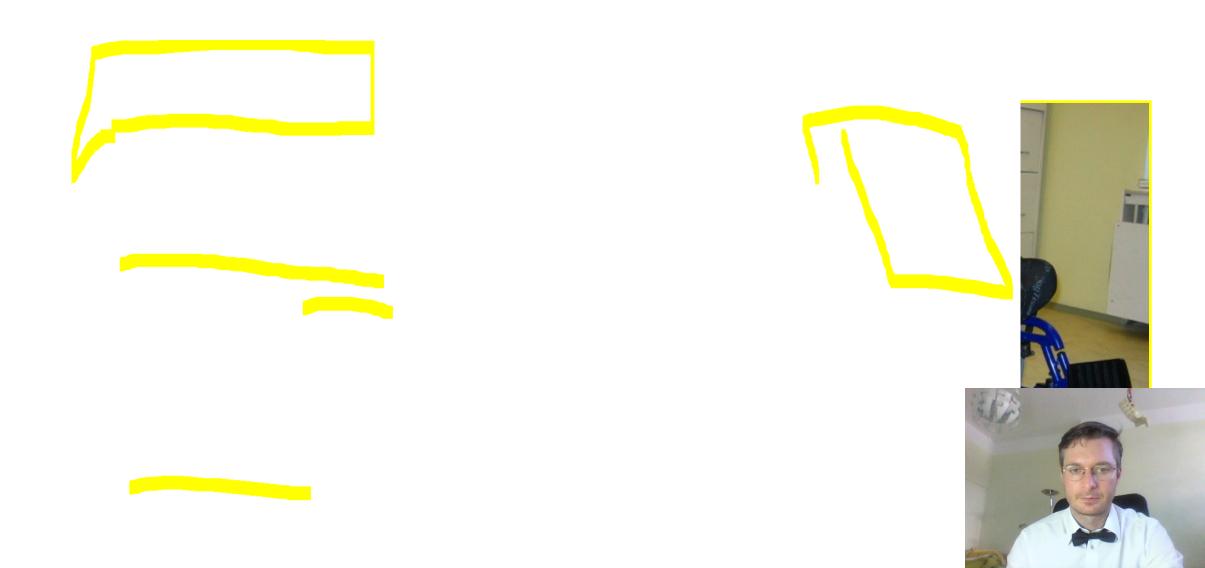
- Significant progression (even after growth)
- severe deformities
- combined with pelvic and hip deformities
- high degree of associated dysfunction



• osteoporosis



#### **Conservative treatement**



## Léčebné postupy

#### **1. Conservative treatement**

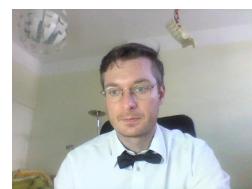
disadvantages :

#### 2. surgery

indication:

-иаск раш

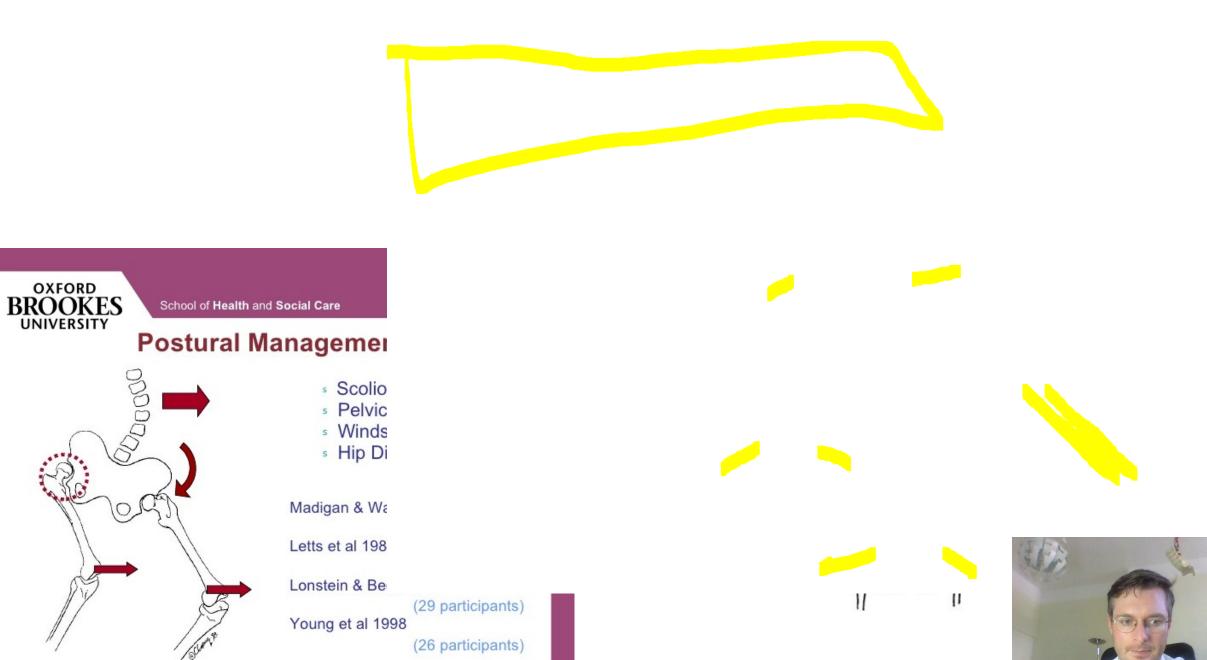
- the tendency to pressure sores



# Neuromuscular spine deformity = complex deformity

- Long thoracolumbar dx convex curve
- kyphoscoliosis
- hyperlordosis
- Hip anomaly
- Pelvic obliquity

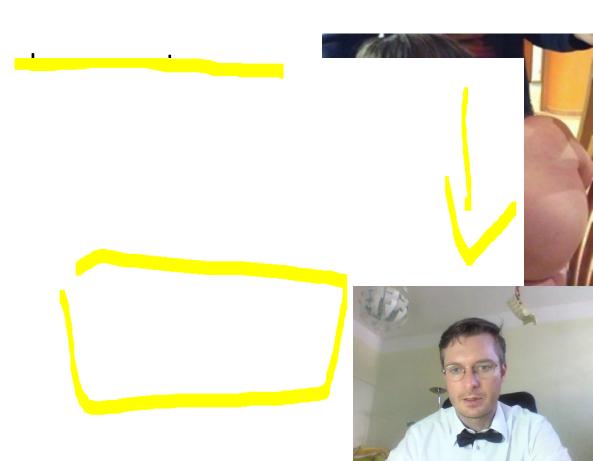




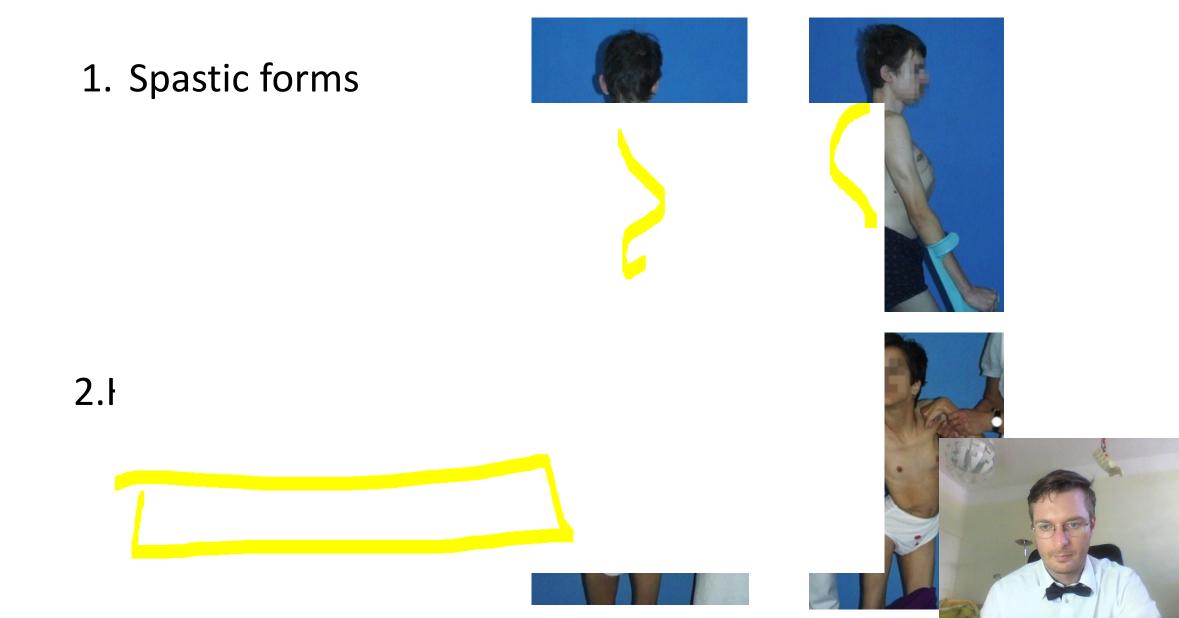


- brain
- •
- •



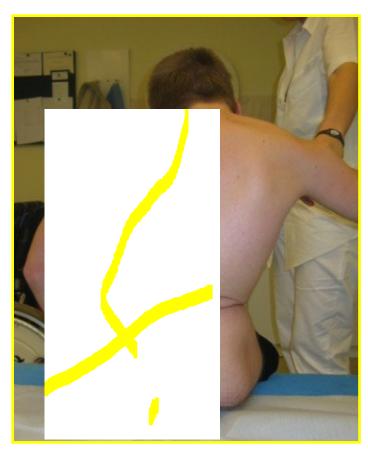


### **NM spine deformities**



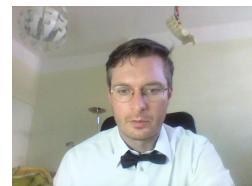
### **NM spine deformities**

#### Sitting instability

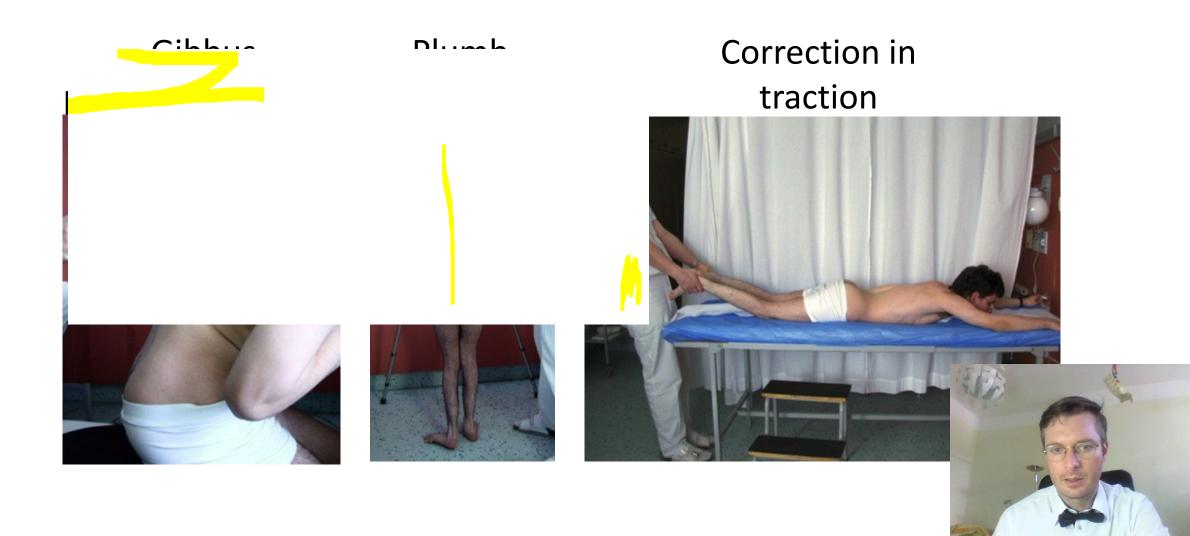


#### **Standing instability**

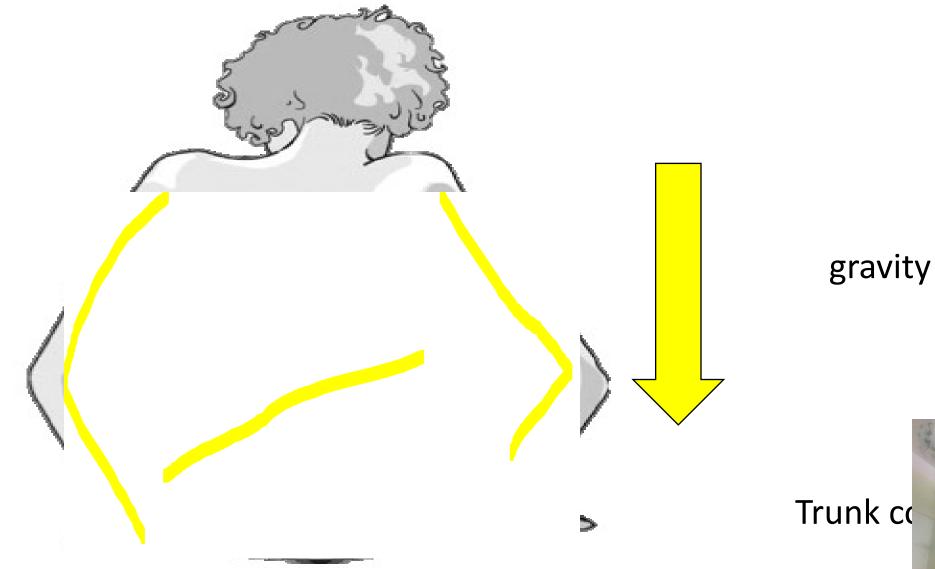




#### **Clinical examination of NM deformities**

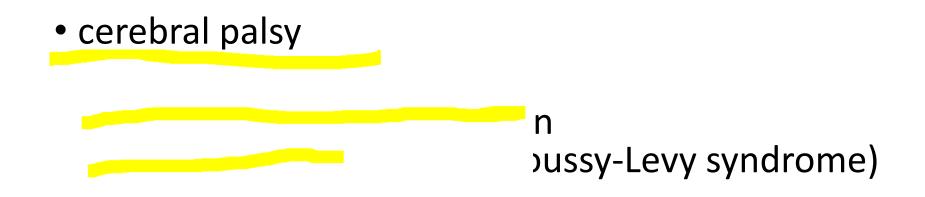


### FLACCID deformity





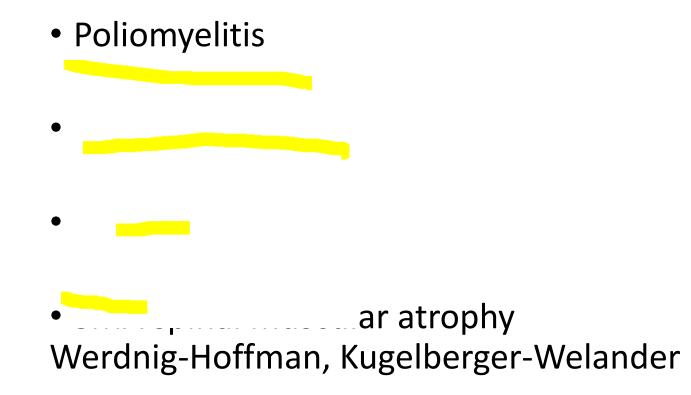
# TYPES A. Neuropathic I.upper motoneuron failure

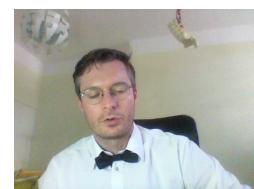


- syringomyelie
- spinal tumors
- spinal cord injury



#### A. Neuropathic II. *lower motoneuron failure*



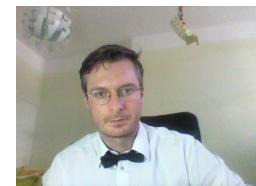


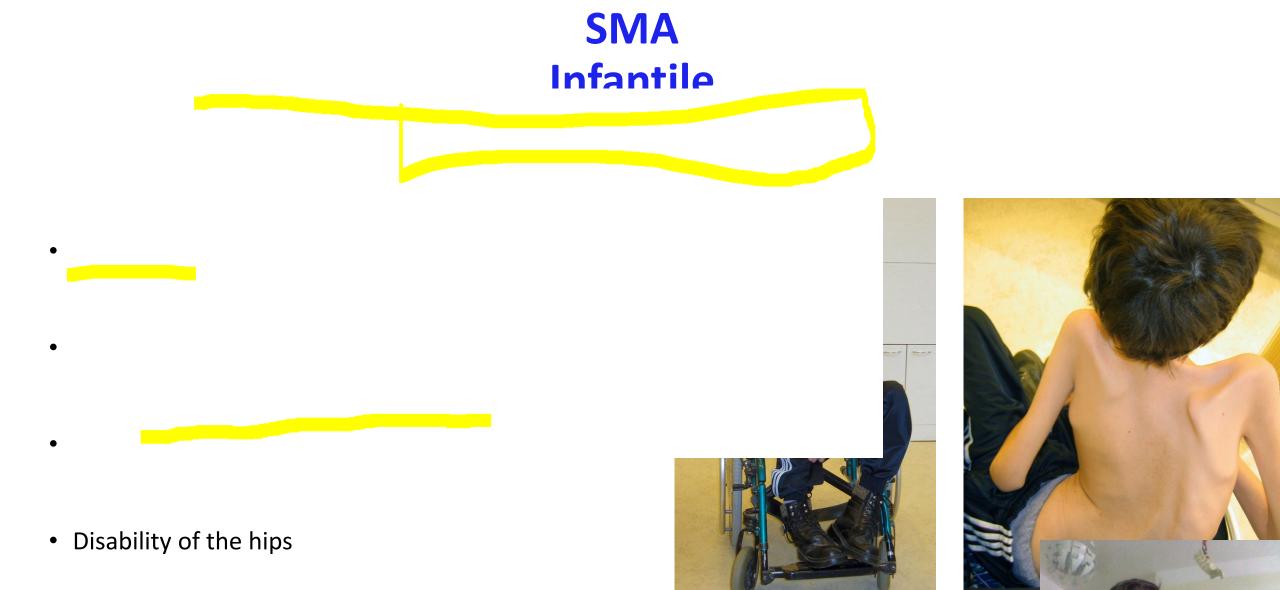
### **B**. Myopathic curves

-girdle syndrome,



- fiber type disproportion syndrome
- congenital hypotonia
- dystrophic myotonia



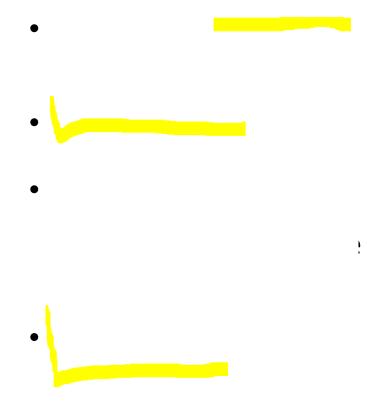


• Scoliosis: paralytic curves, progression

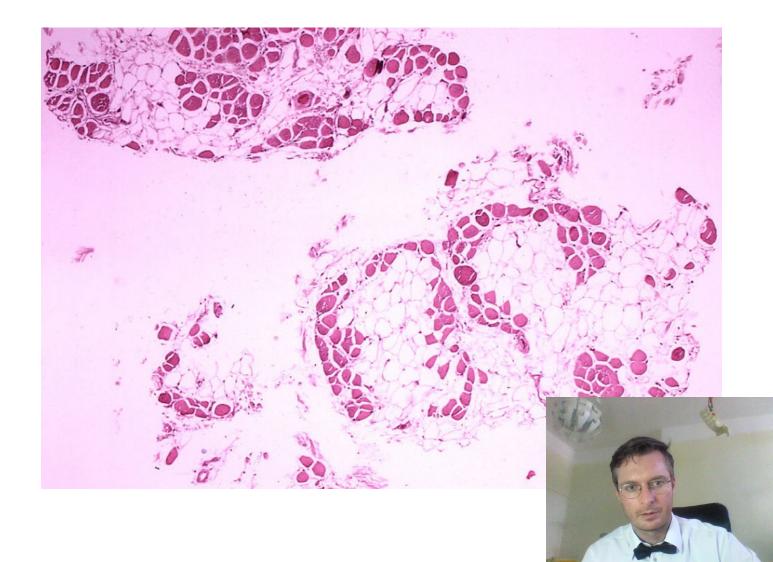
Progresivní svalová atrofie PMA,

(Duchen–Aranova mu atrofie)

#### **Duchene muscular dystrophy**



 Gradual replacement of muscles by fibrous tissue.

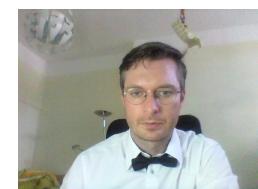


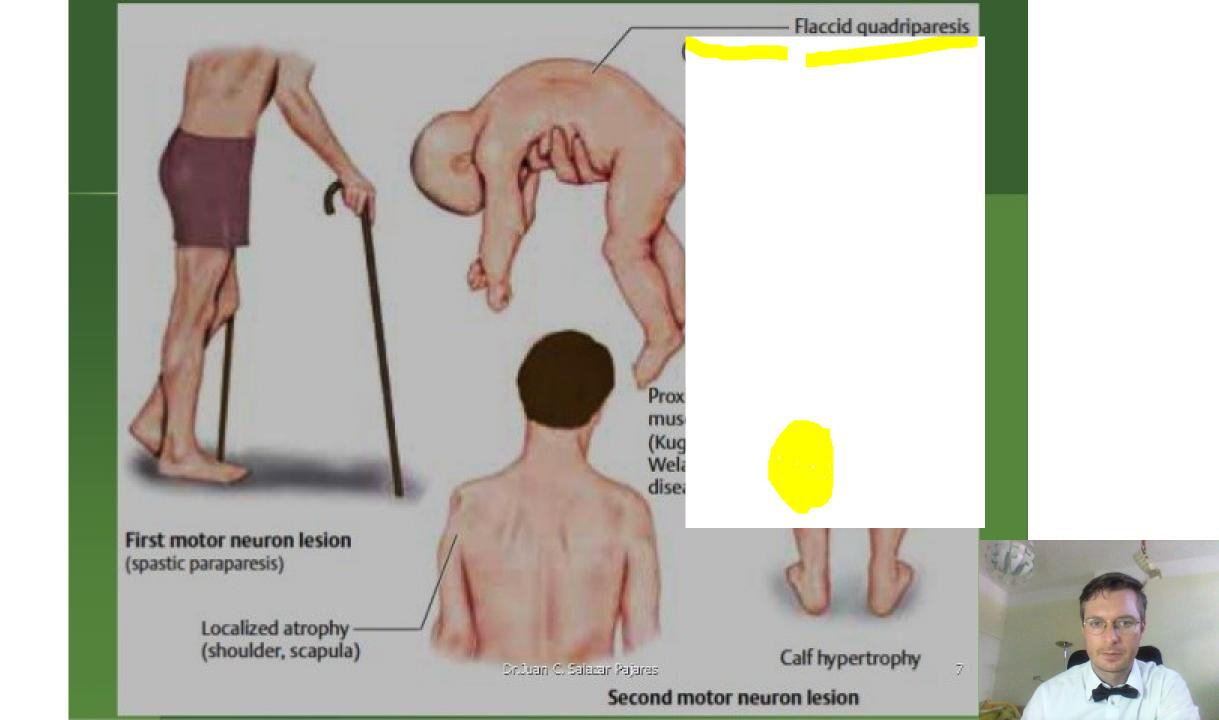
#### **Duchene muscular dystrophy**

ome, a consequence, dying muscle fibers are igaments.

Ig, getting up from a lying or sitting position







### **Therapeutic approach**

# Mucrular dichalance of the lower •A. lin B.



### **Surgical treatement**

#### INDICATION

#### CONTRAINDICATION

- Paralytic curves collapse and instability of the spine
- Progressive deformity
- Sitting instability
- Impairment of cardiopulmonary functions by orthosis
- Back pain
- Tendency to pressure ulcers

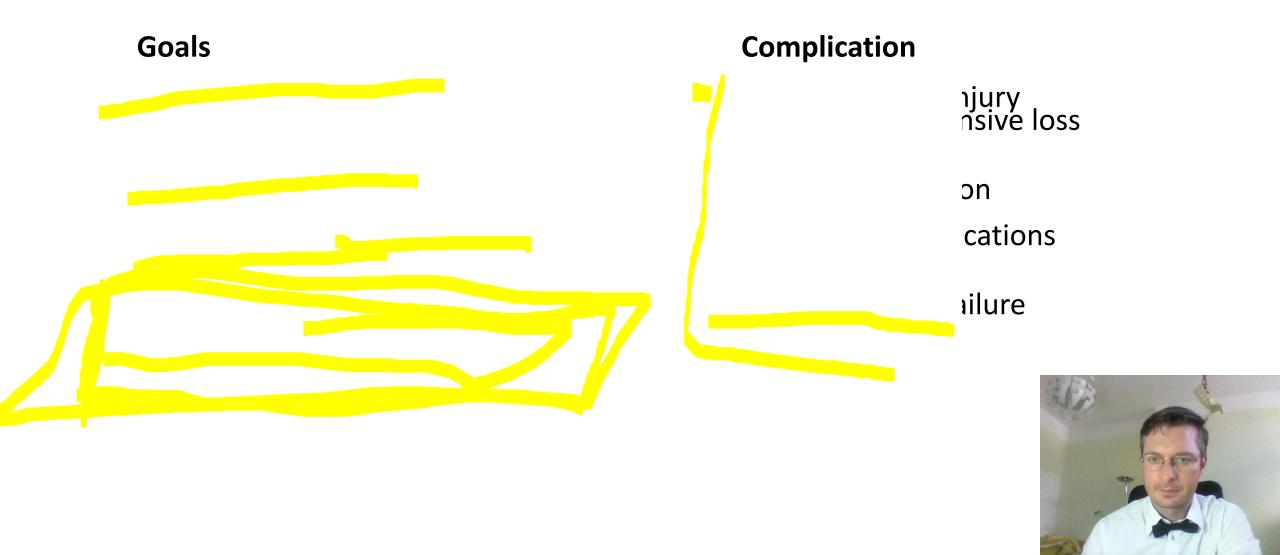
• Poor overall internal condition

#### General or local infection

Significant non-cooperati

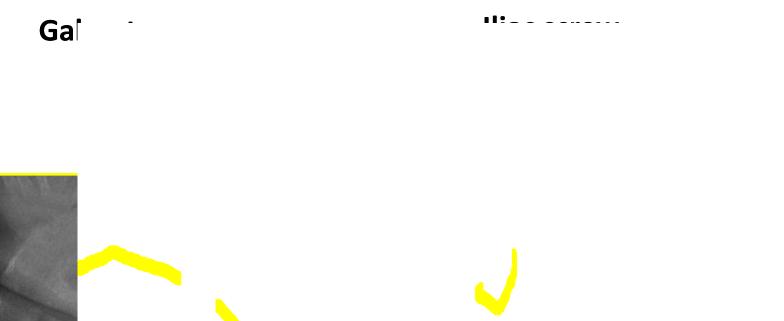


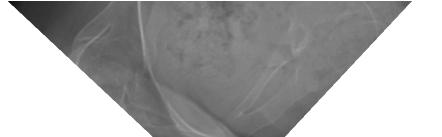
#### **Surgical treatement**

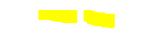




#### **Pelvic fixation**

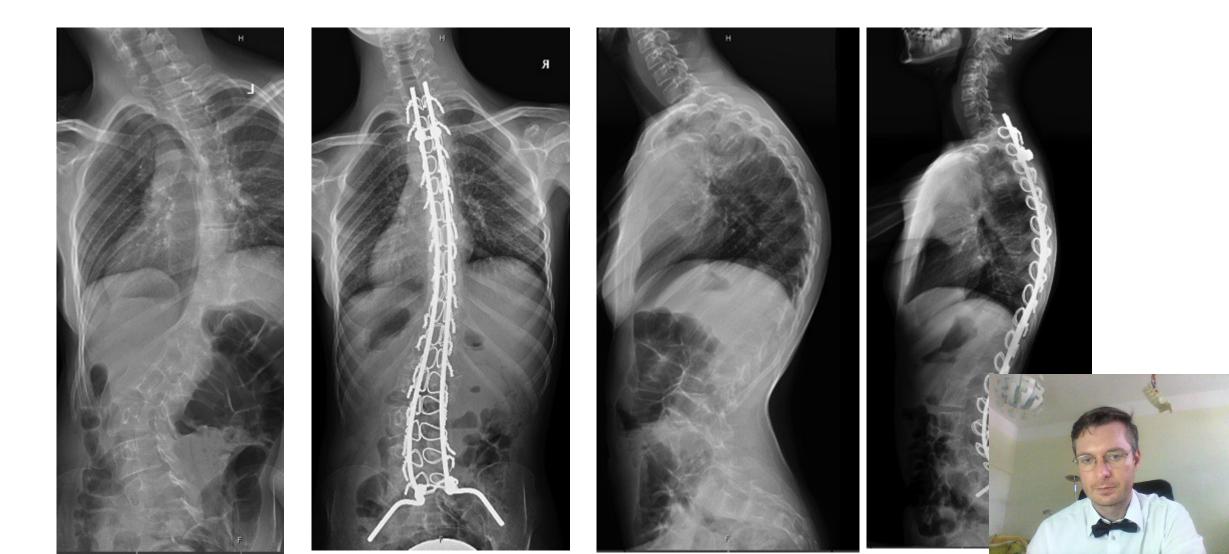


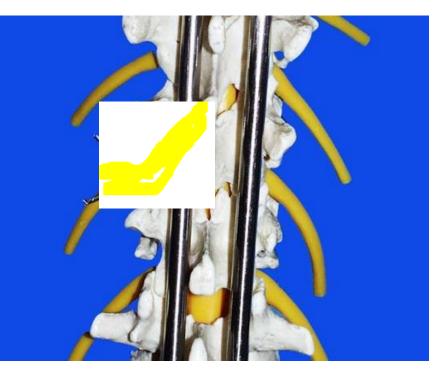






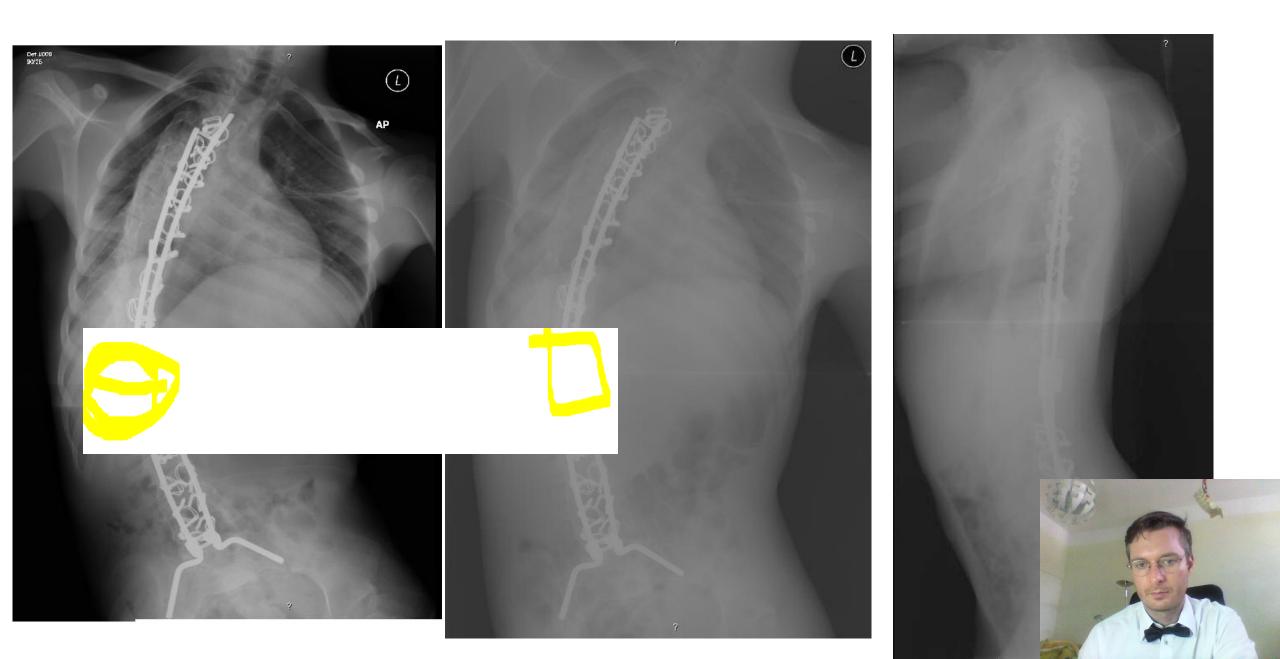
### Luque Galveston technique



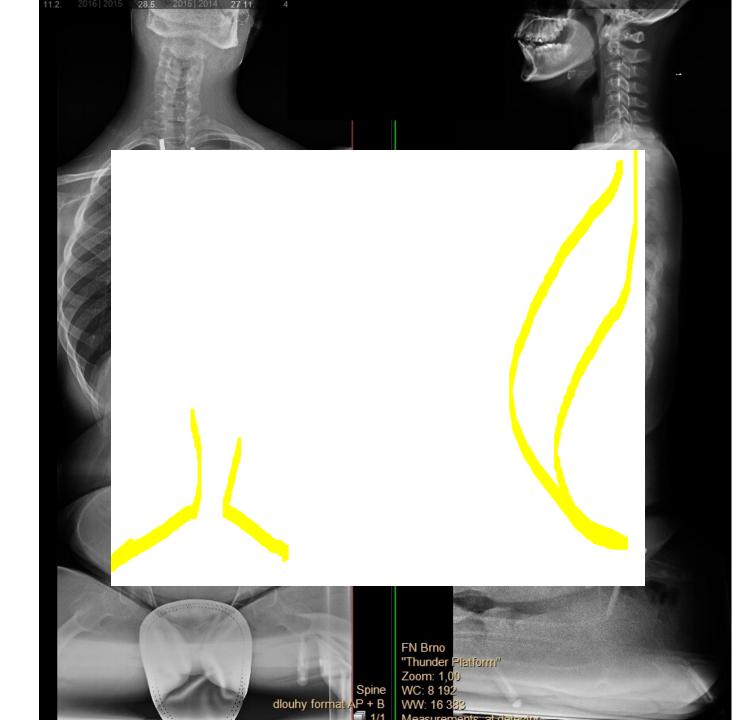


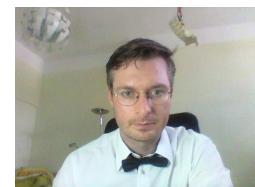






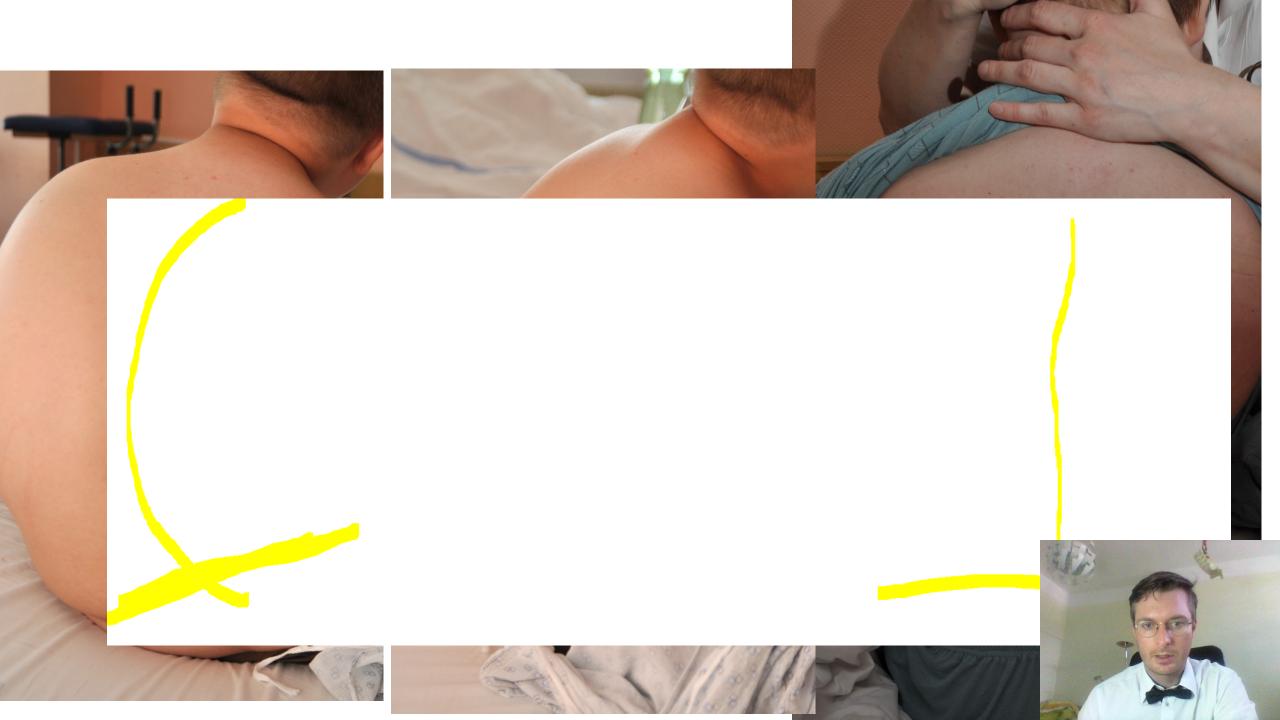






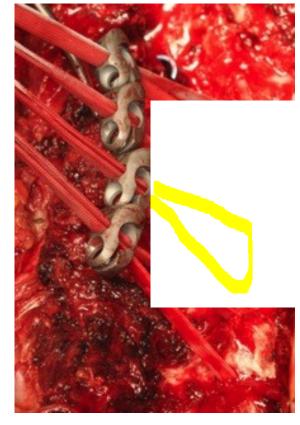






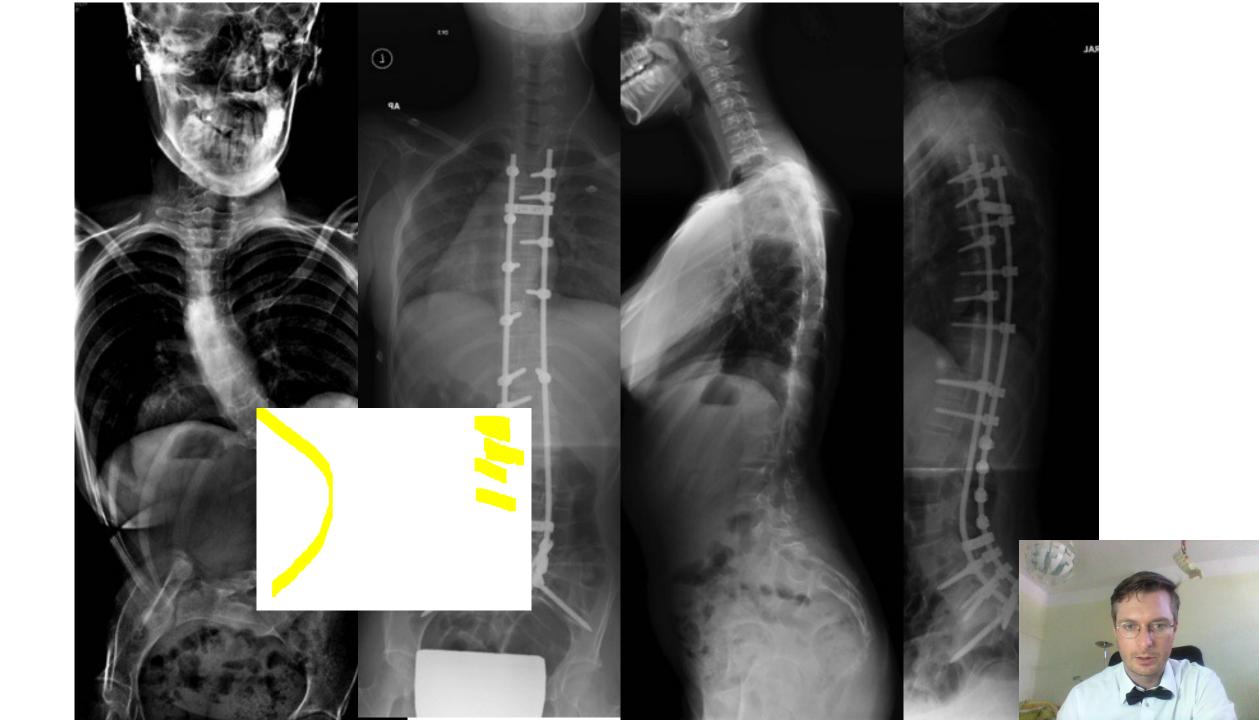


### **Universal Clamp**

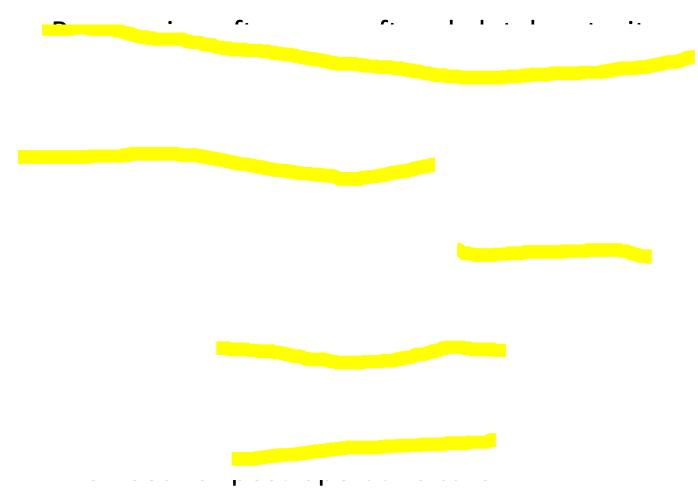








#### NM scoliosis – take home



#### ruction deformities



## Scoliosis in general-take home message

- 3D deformity !
- AIS 80% of all deformities
- Physiotherapy does not stop progression in AIS !
- Brace from 20°Cobb to stop progression in growing patient
- Surgery above 40°Cobb angle

