

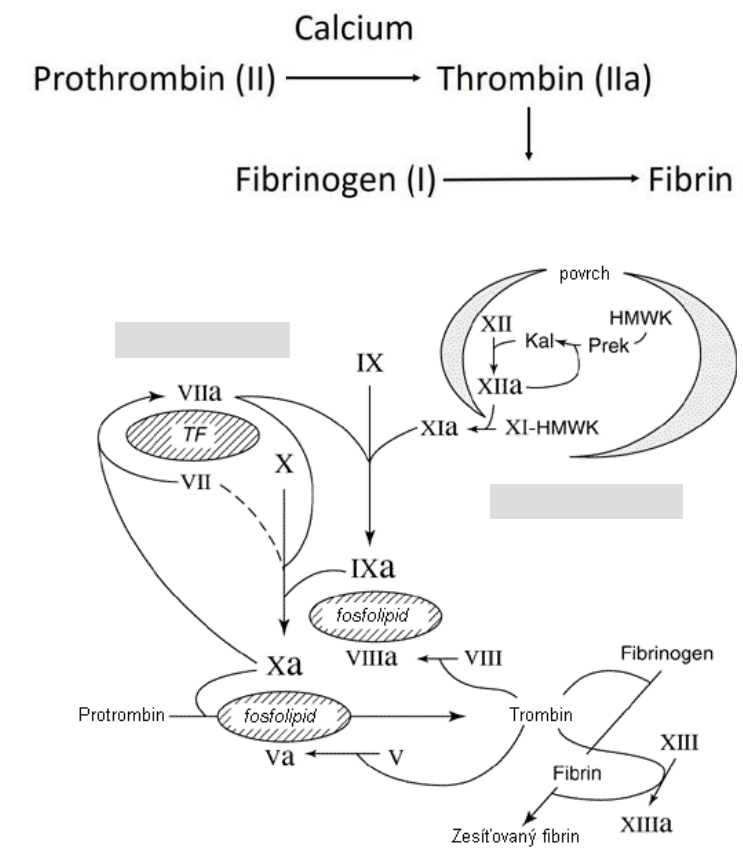
# **Hemostasis disorders**

# Hemostasis

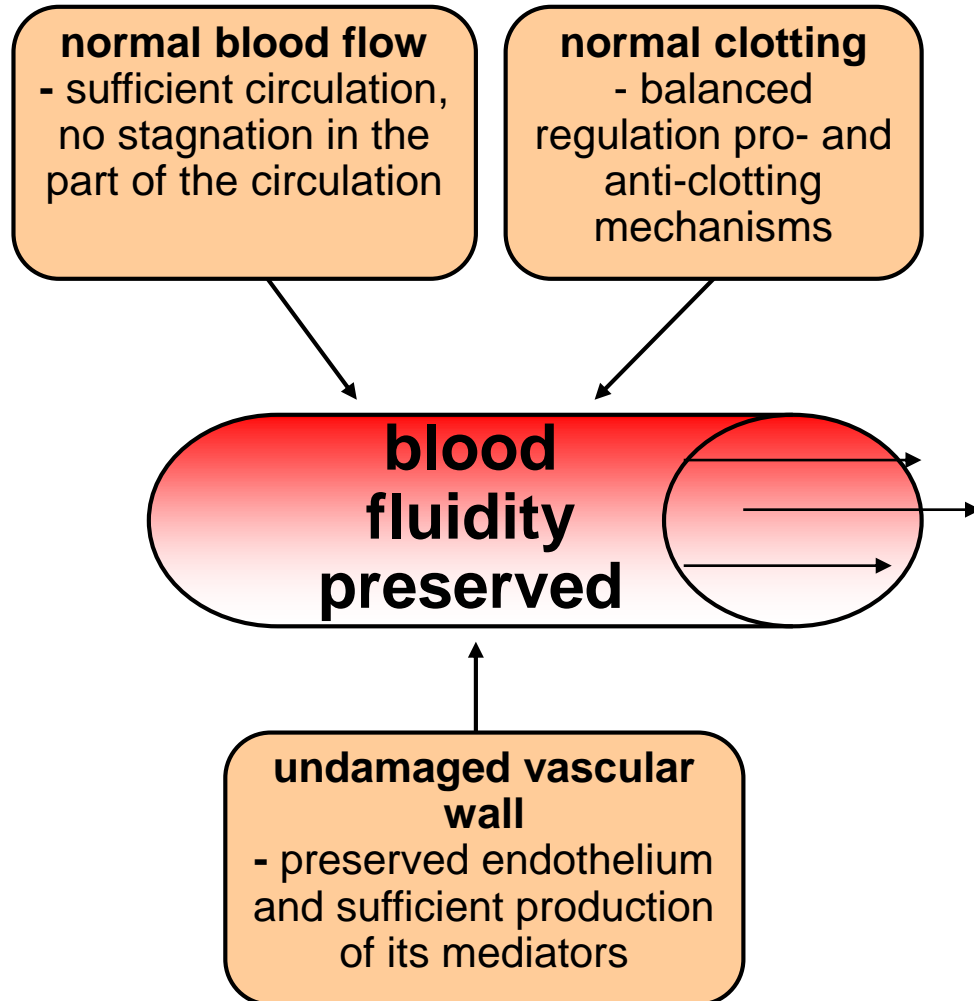
- **Hemostasis** is the process by which bleeding is stopped after an injury by the formation of a clot, while at the same time, maintaining blood in a fluid state elsewhere.
- Injury to a blood vessel results in vasoconstriction and temporary platelet plug formation.
- followed by a coagulation process which arrests bleeding at the site of injury by forming a fibrin clot.

# Classic theory of haemostasis - 1905

- 1860 – German pathologist Rudolf Virchow described thrombi and their tendency to embolize
- 1905 – P. Morawitz – four factor model of hemostasis
- 1964 – cascade and waterfall model of hemostasis
  - Intrinsic – all the factors required for this pathway were present in blood
    - aPTT
  - Extrinsic – requires tissue factor present in subendothelial cell membranes
    - PT

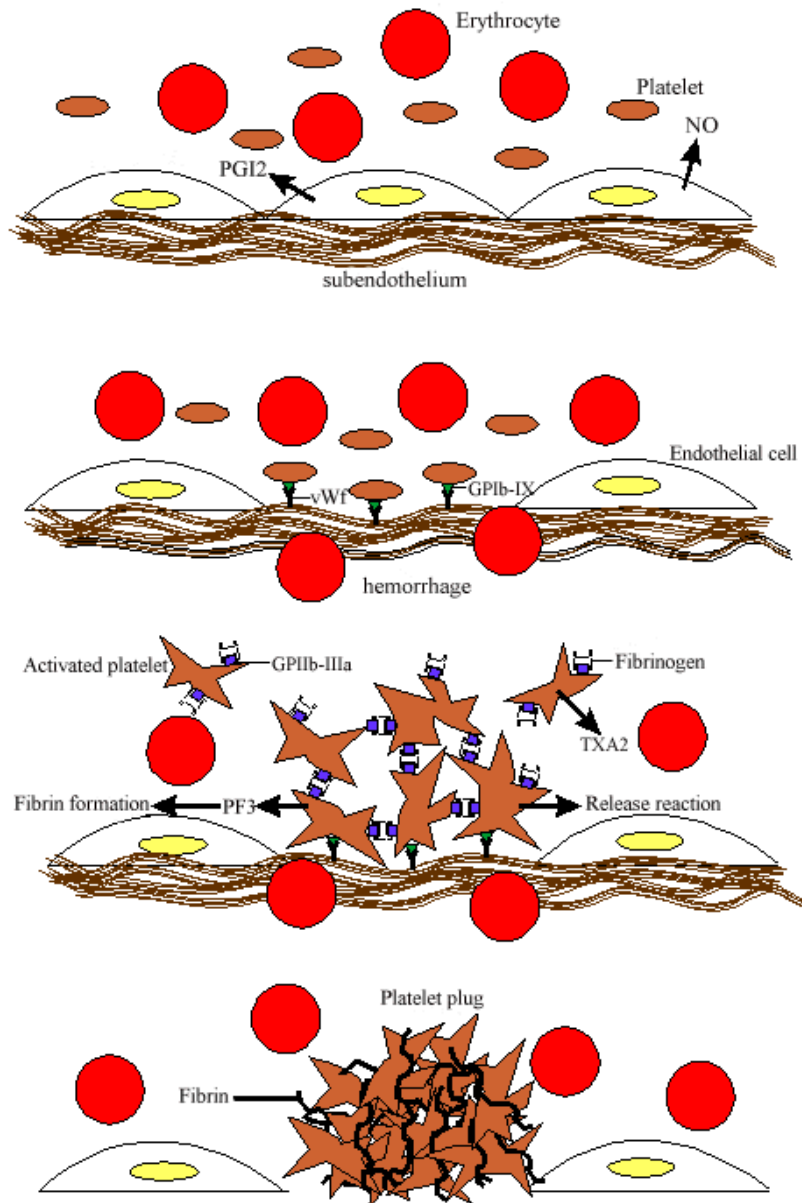


# Factors of blood fluidity



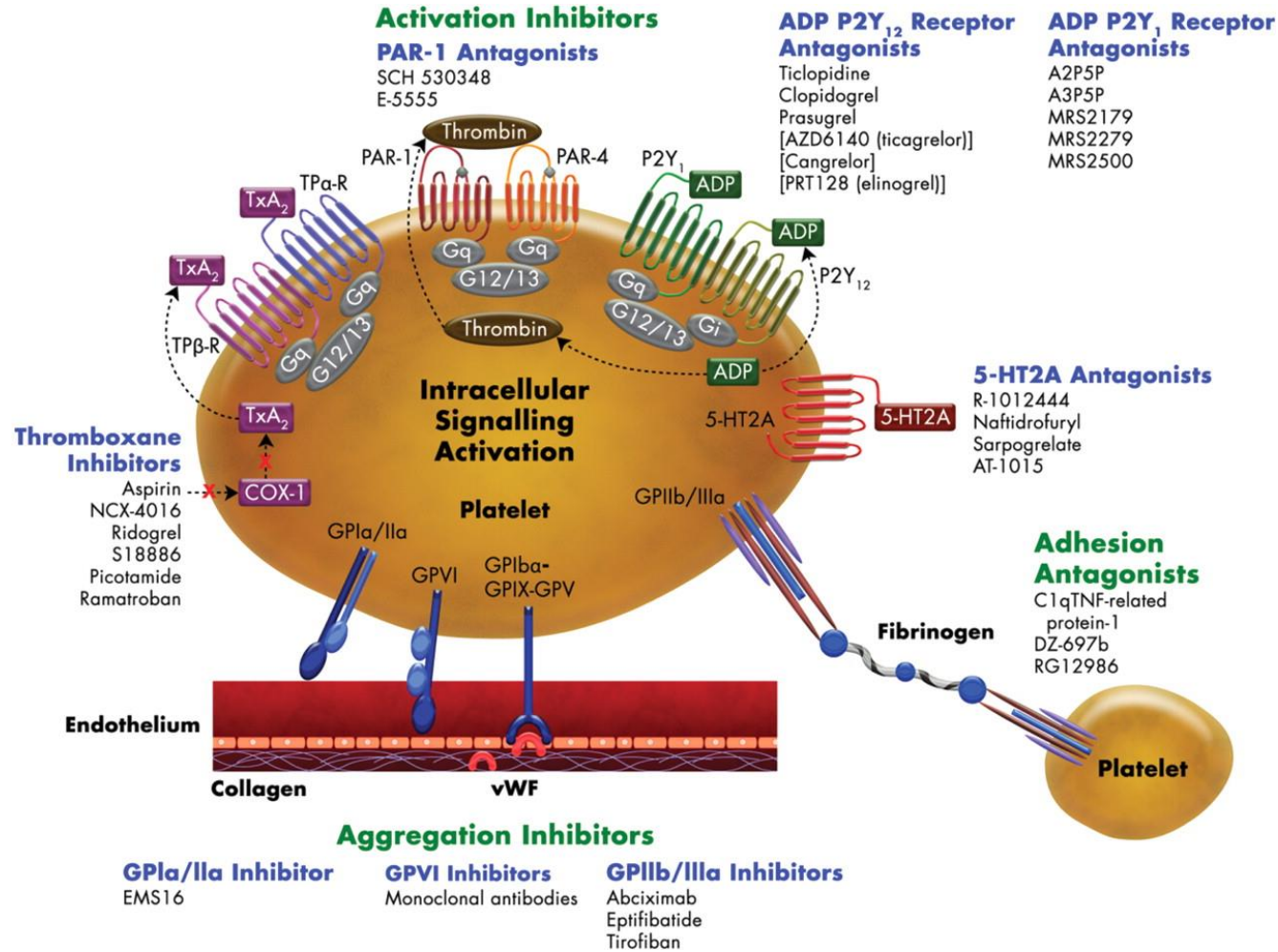
- change or failure in any of these factors (or a combination disorder) results in a failure
- physiological blood clotting (= hemostasis)
- pathological blood clotting (= thrombosis)
  - increase the risk
  - Spontaneous

# Endothelium

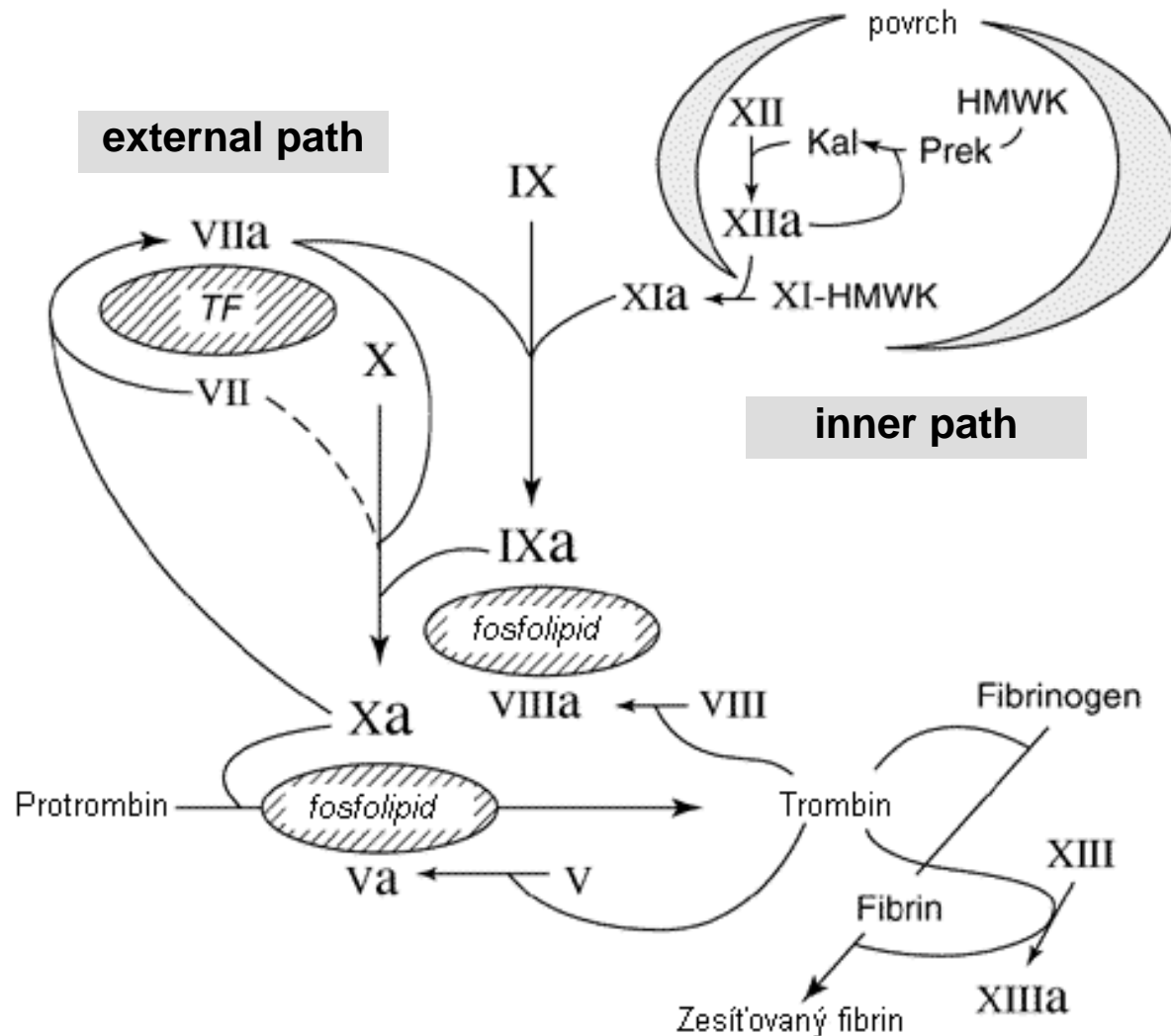


- endothelium normally prevents haemostasis by secretion of platelet aggregation inhibitors and coagulation
  - NO
  - prostacyclin
  - thrombomodulin
  - heparan-sulfate
  - tPA
- when the endothelium is damaged, platelets adhere to vWf expressed on the exposed subendothelium through their receptors (GPIb-IX)
- platelets are activated and their mediators are released from the granules
  - thromboxane, PAF, ADP, serotonin → activation of other platelets (aggregation), vasoconstriction
  - Integrins expression (GPIIb/IIIa) → binding of fibrin and formation of a definitive plug
- thrombocytes also involved in the activation of secondary hemostasis

# Platelet



# Secondary haemostasis



- 2 types of activation:
- inner pathway
- occurs after HMWK contact, factors XII and XI with a negatively charged surface, e.g.
- naked collagen in the sub-endothelial layer of blood vessels
- lipoproteins (chylomikrons, VLDL)
- wall of bacteria
- external pathway
- Tissue factor (TF, fIII) released from destroid cells – f VII co-activator

# Limitations of cascade/waterfall model

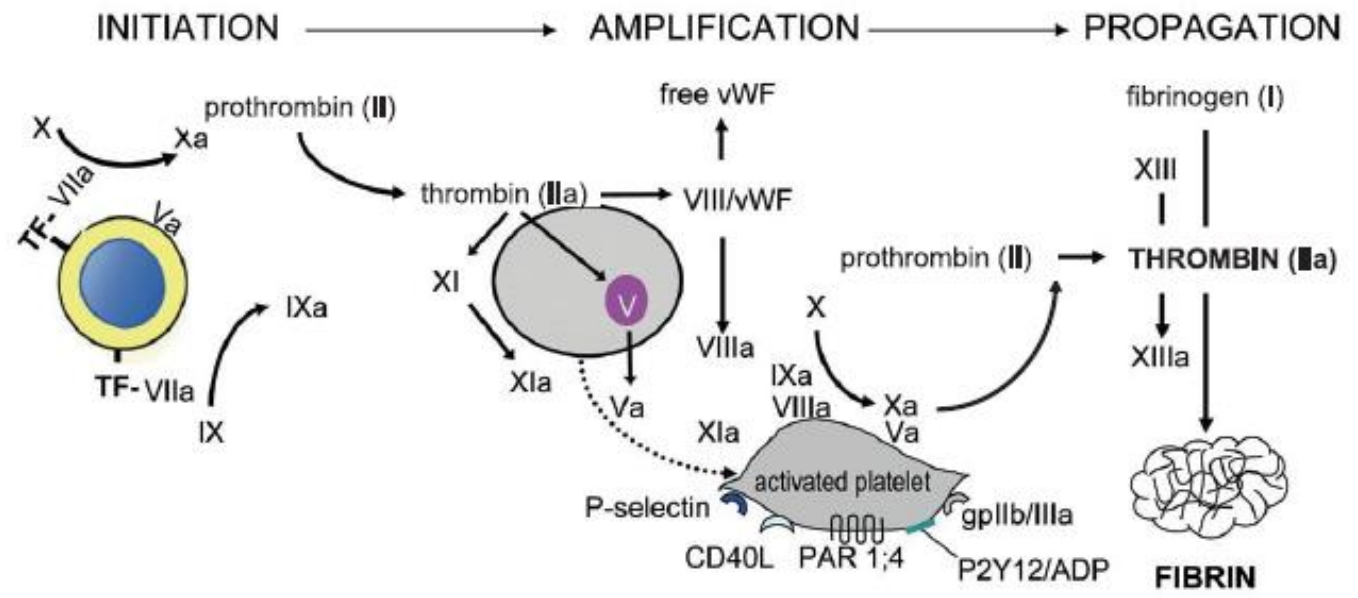
- good for describing the coagulation process *in vitro*
  - selectively activated intrinsic or extrinsic pathways
- Several clinical observations:
  - Factor XII deficiency
    - do not suffer from bleeding in spite of the requirement of this factor for initiating the intrinsic pathway
    - prolonged
  - Deficiency of high molecular weight kininogen and pre-kallikrein
    - do not lead to a clinical bleeding tendency
  - Factor IX or factor VIII deficiency
    - severe bleeding even though extrinsic and common pathways are normal and should be sufficient to promote clotting
  - Deficiency of factor VII
    - also causes bleeding even though the intrinsic pathway is intact.



# Cell based model

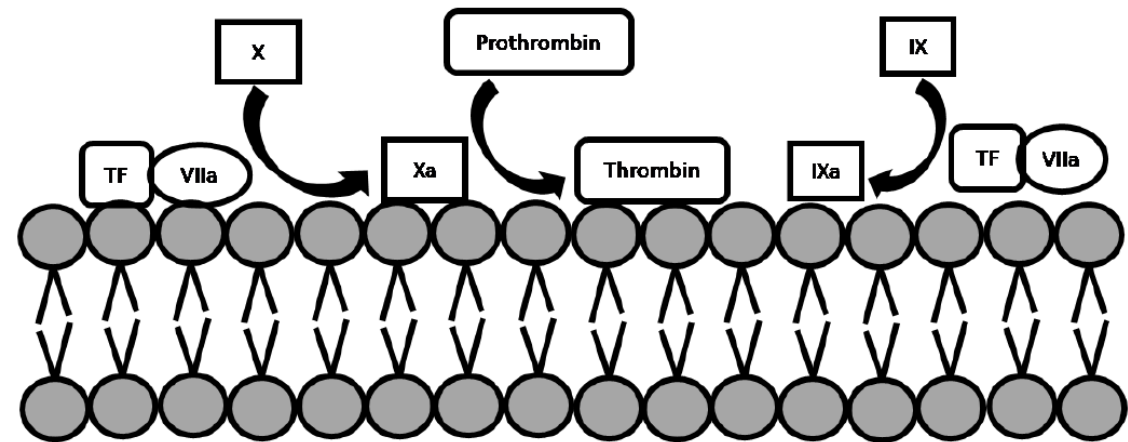
- Central point
  - Formation of thrombin from prothrombin
- Further reactions precedes
- Three phases
  - interconnected
  - overlaped

- Initiation phase
- Amplification phase
- Propagation phase



# Initiation phase

- TF – expressed only after damage
  - Subendothelial
    - Smooth muscle cells, fibroblasts, macrophages, endothelial cells
  - In circulation
    - Platelets – small amount
- On the surface of cells carrying TF
  - Contact with factor VII, activation of complex TF/VIIa
  - activation of factors X a IX
  - Conversion of prothrombin to thrombin
- At this stage, only a small amount of thrombin is produced
  - Inhibitory factors
    - TFPI – inhibitory complex TFPI/Xa
    - Antitrombin III



# Amplification phase

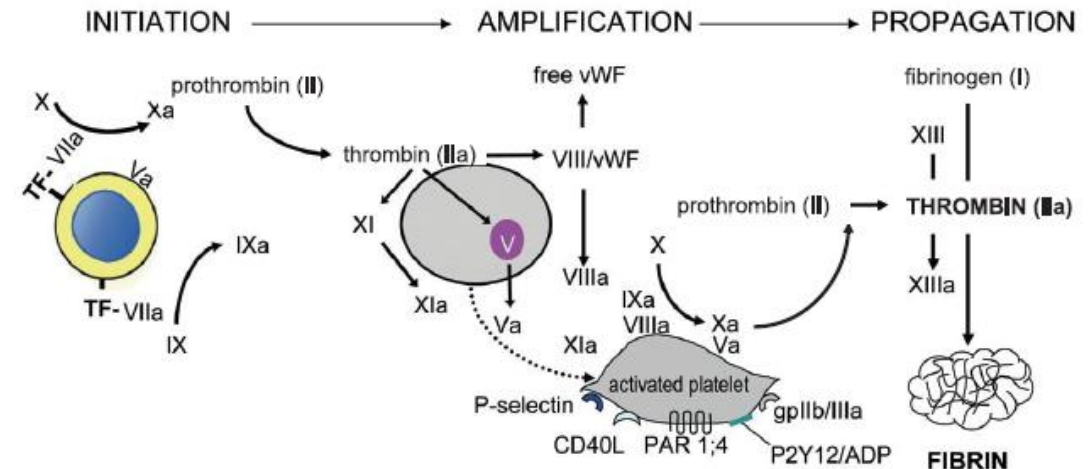
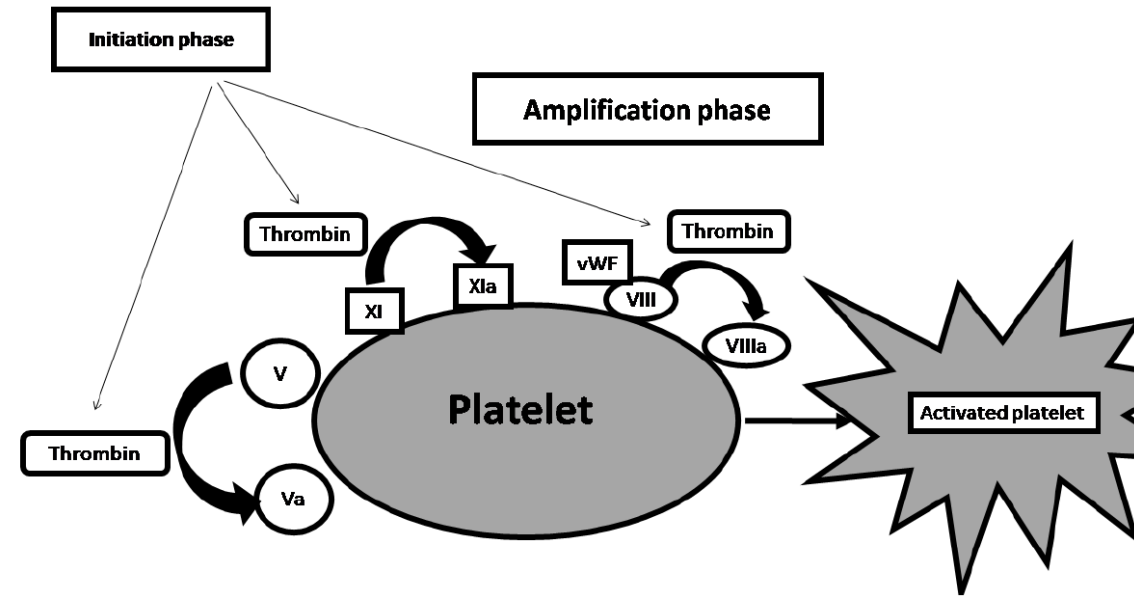
- Takes place on the surface of the platelets
  - Plates adhere to vascular and extravascular structures
    - Von Willebrand factor

## 1) TF activate platelets

- Activation includes
  - Irregular shape, pseudopodia (surface magnification)
  - Expression of receptors and binding sites
  - Release of serotonin, Ca, ADP, factor V, fibrinogen, PDGF, vWF

## 2) Activation of factor V, VIII and XI

- Factor V is activated on the platelet surface with thrombin from the initiation phase
- Thrombin activates factor VIII on platelets
  - vWF separates from the complex and allows for further adhesion
  - Factor VIII remains on the surface of platelets
- Thrombin activates also factor XI





# Platelets

- Express **glycoprotein receptors** on membranes.  
Gp Ib,IIb/IIIa
- Have three types of granules
  - **Alpha granules**
    - Fibrinogen, fibronectin, factor V and VIII, PDGF, TGFb
  - **Dense bodies or delta granules**
    - ATP/ADP, ionized calcium, histamine, serotonin, epinephrine
  - **Lysosomal granules**

# Amplification phase II

## 3) Tenase complex

- Activated factor IXa binds to VIIIa
- tenase complex (VIIIa/IXa)
- Converts factor X to active Xa

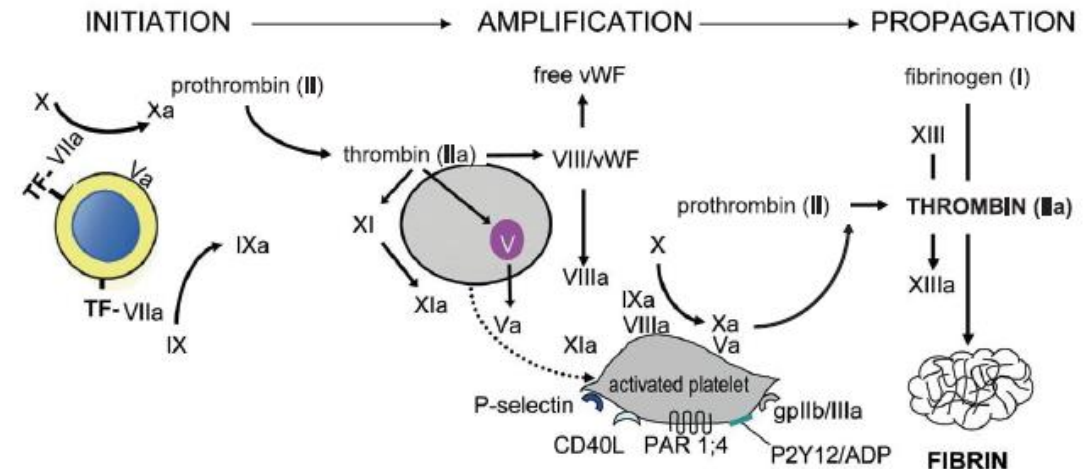
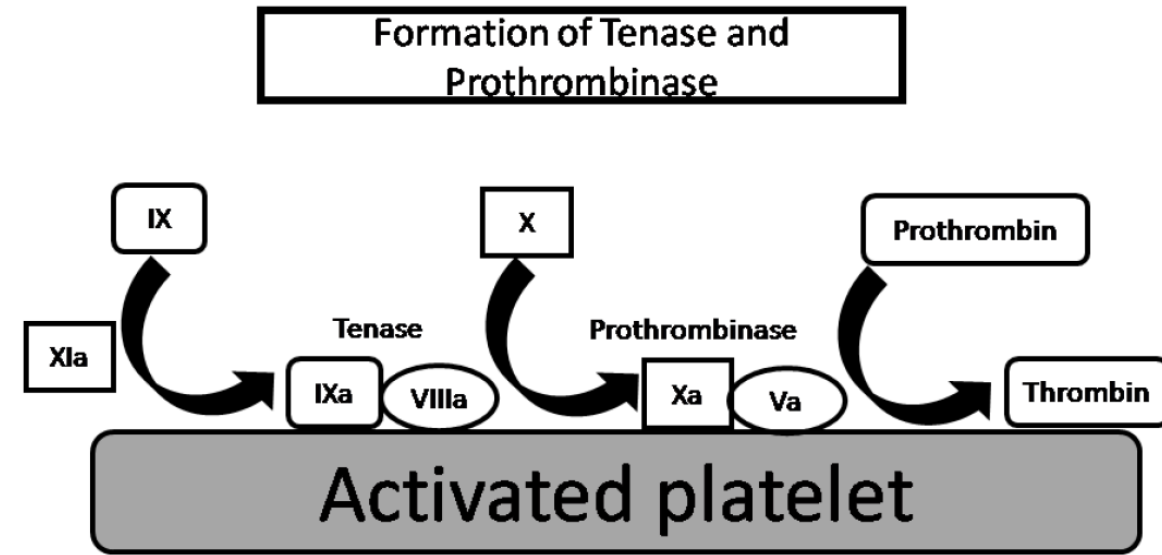
## 4) Prothrombinase complex

- Activated factor Xa forms a complex with Va

## 5) Thrombin formation

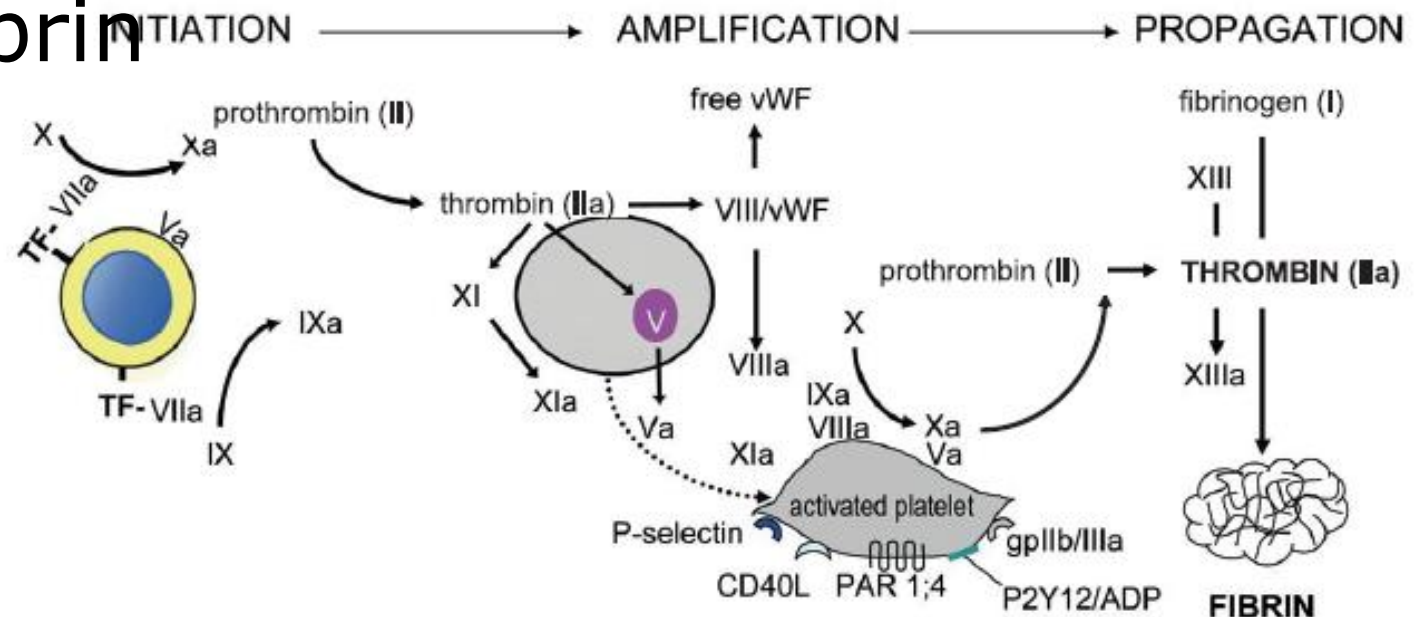
Prothrombinase converts prothrombin to large amounts of thrombin

300,000 more effective than factor Xa

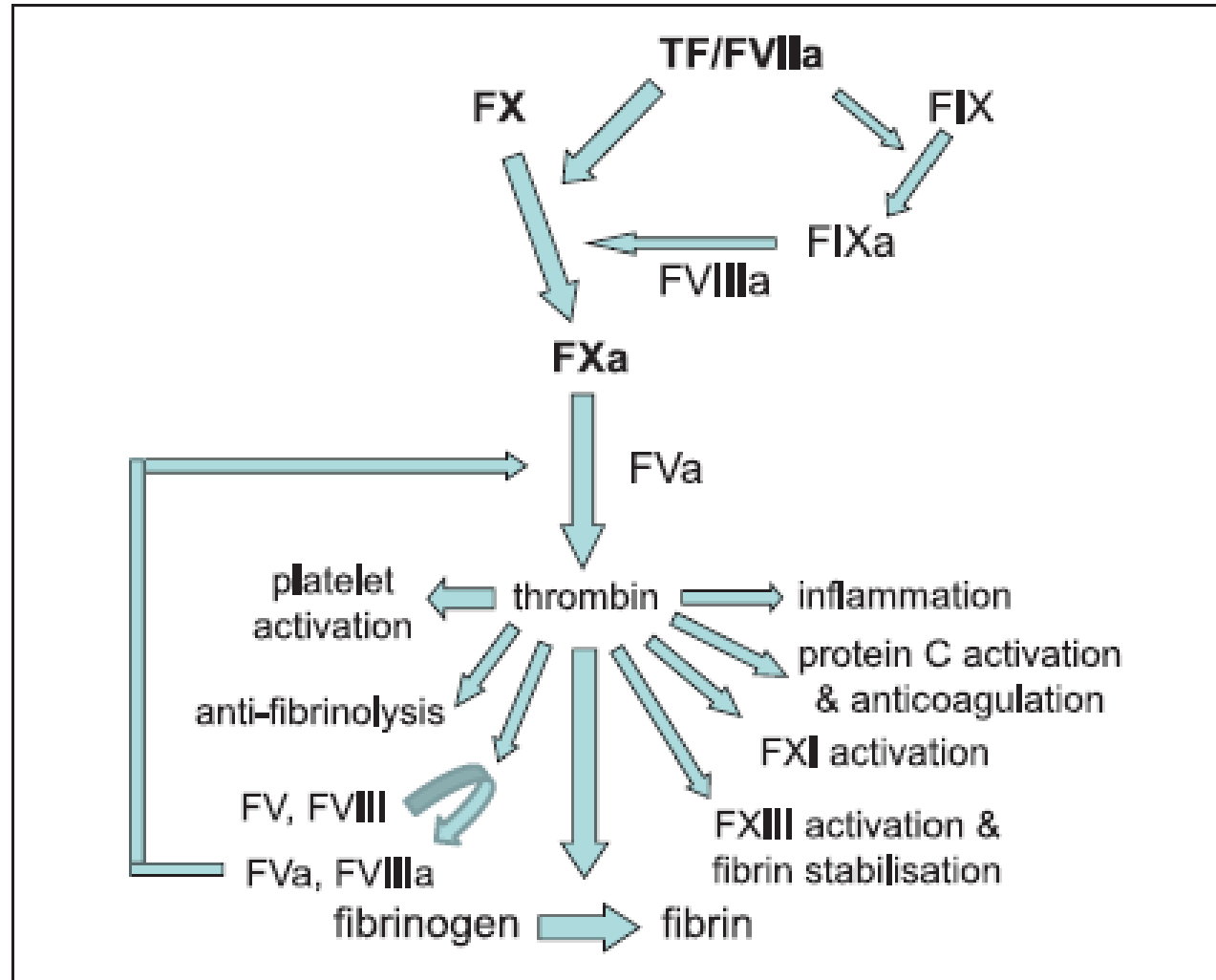


# Propagation phase

- Further production of thrombin
- Thrombin converts fibrinogen to fibrin
- Creation of a stable fibrin network
  - Participation of factor XIIIa



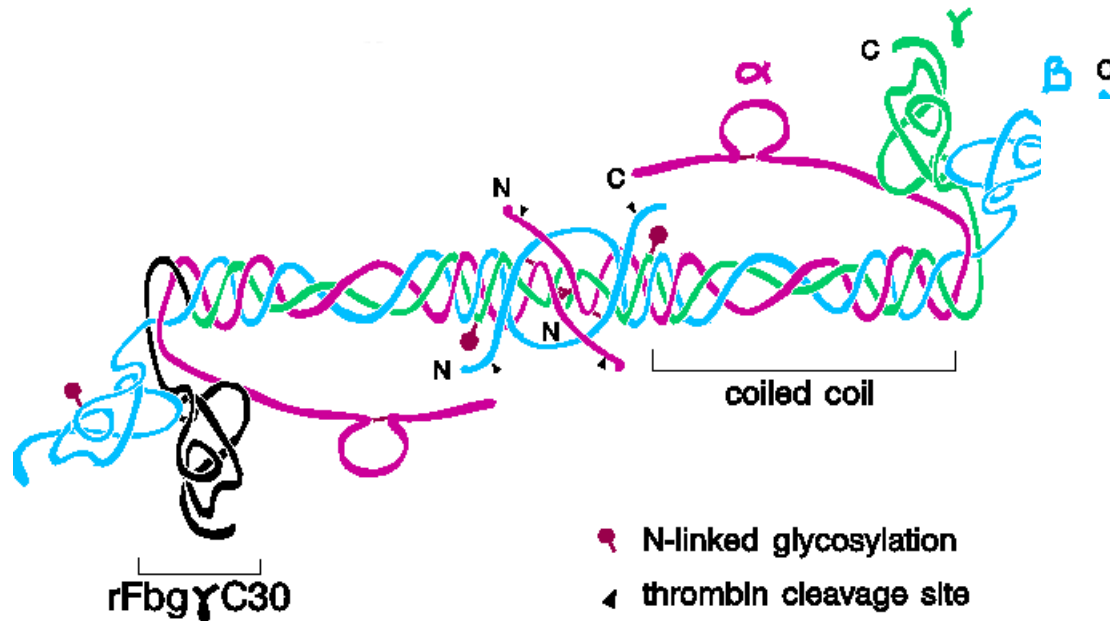
# Thrombin function



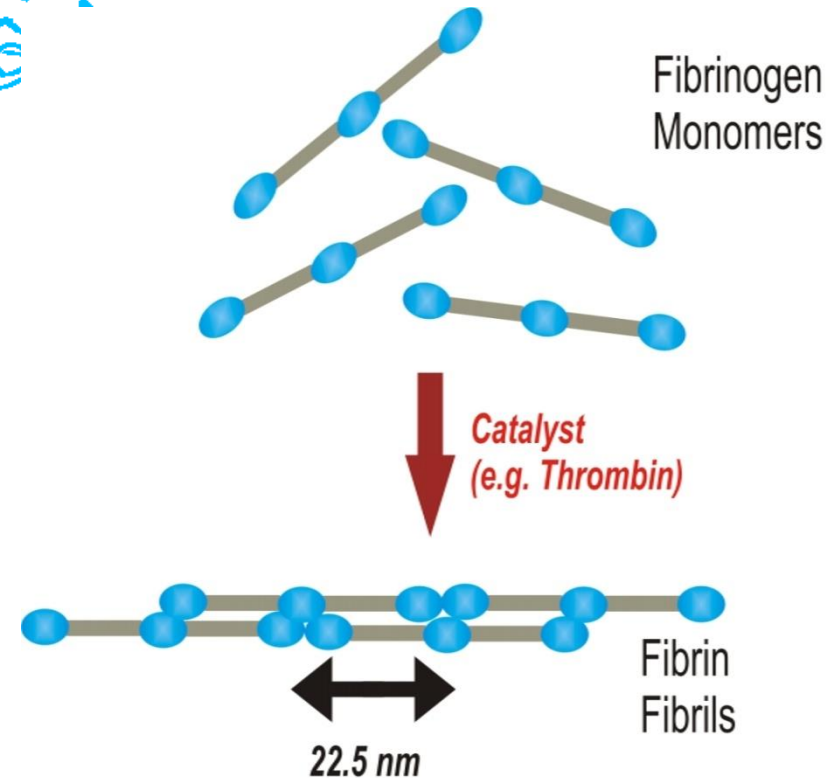


# Fibrinogen - fibrin

- 3 pairs of polypeptides ([A- $\alpha$ ][B- $\beta$ ][ $\gamma$ ])<sub>2</sub> – 340kDa
- 

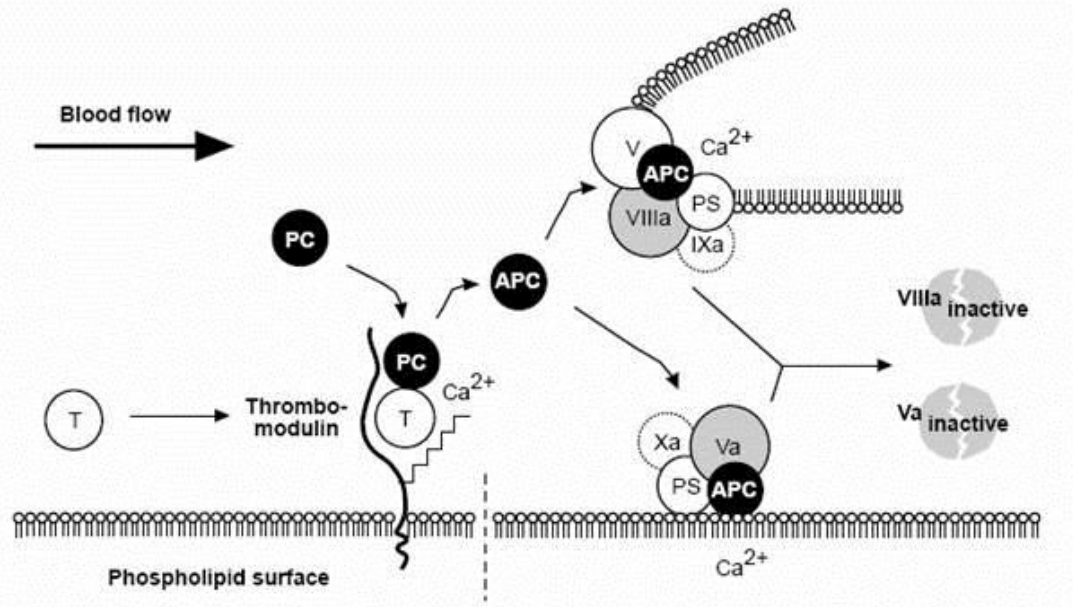
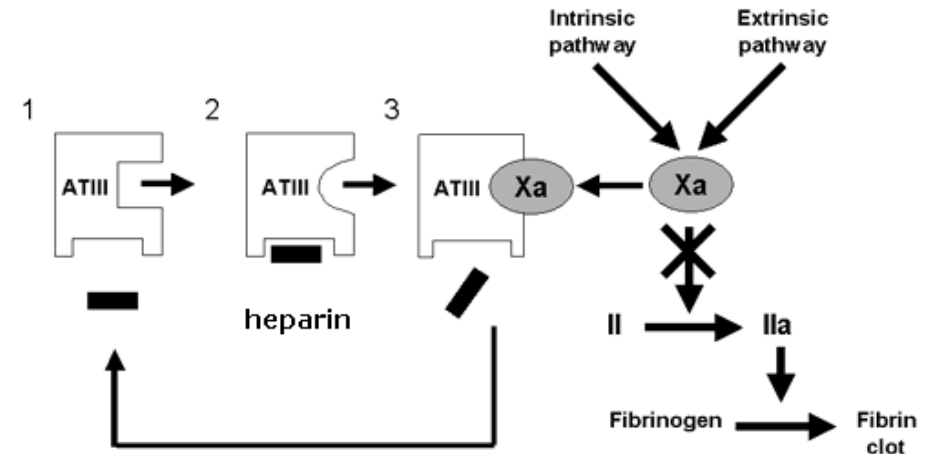


- thrombin (serine protease) breaks down fibrinopeptides A and B and generates fibrin monomers ( $\alpha$ - $\beta$ - $\gamma$ )<sub>2</sub>
- monomers spontaneously aggregate and create a fibrin network
- thrombin also activates f XIII (transglutaminase), which forms transverse links between fibrin polymers



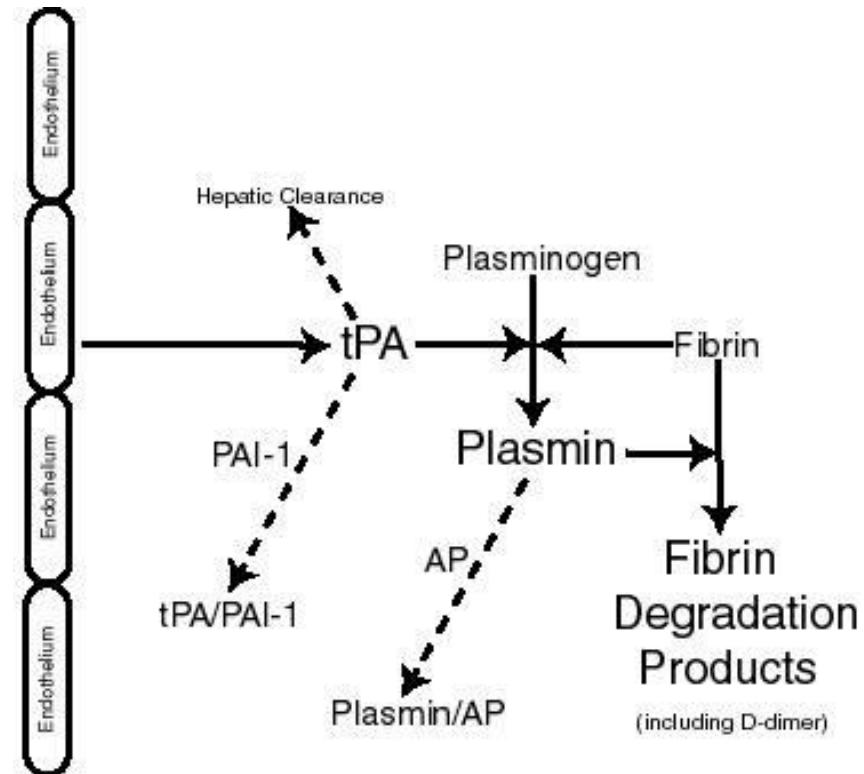
# Blood clotting control mechanisms

- blood flow rate
- concentration of inhibitory factors
  - (1) thrombin level control
    - antithrombin III (and heparan-sulfate)
      - ☛ Inhibition of fVII, X, XI a XII
    - a2-makroglobulin
    - heparin cofactor II
    - a1-antitrypsin
  - (2) control at factor Xa level
    - protein C + thrombomodulin
    - protein S
- activity of fibrinolysis

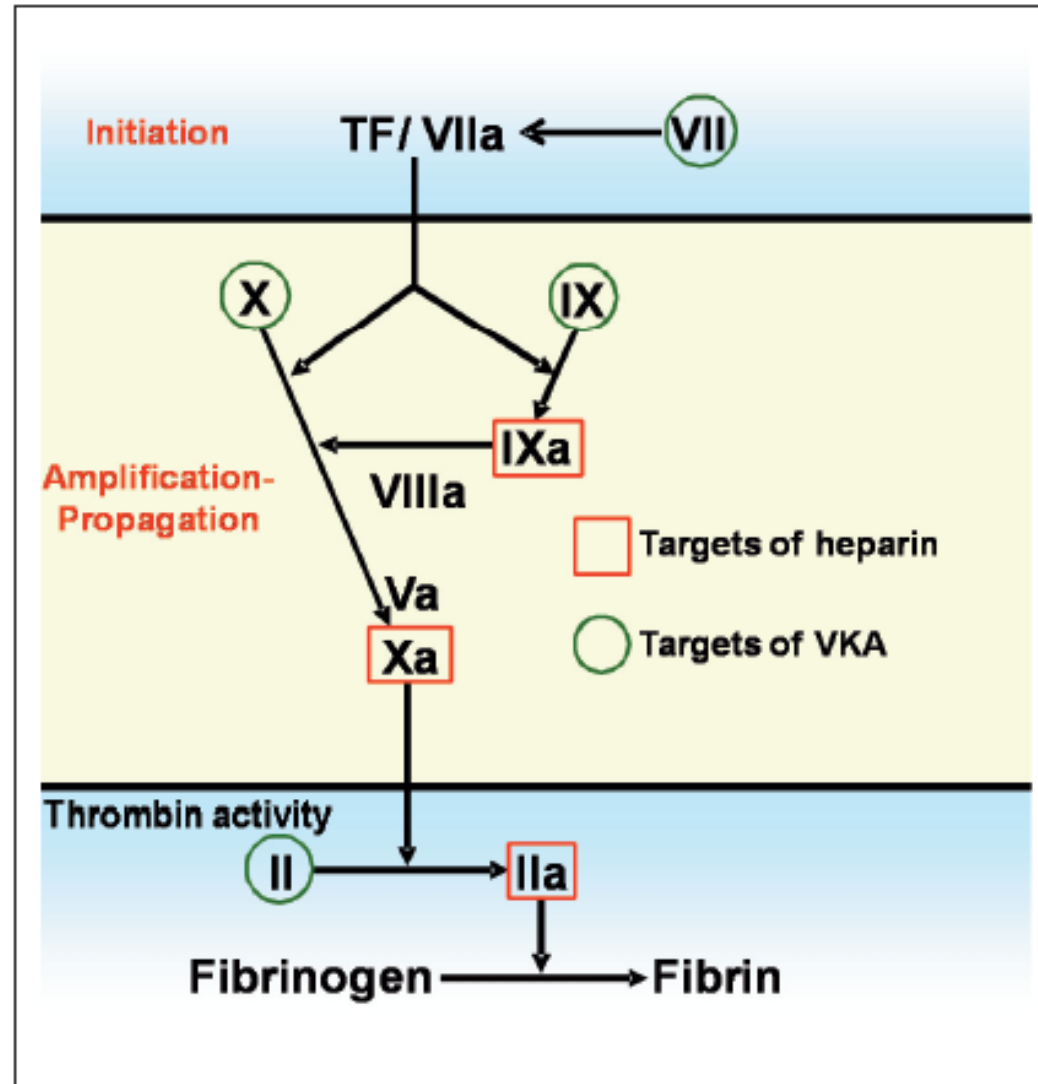


# Fibrinolytic system

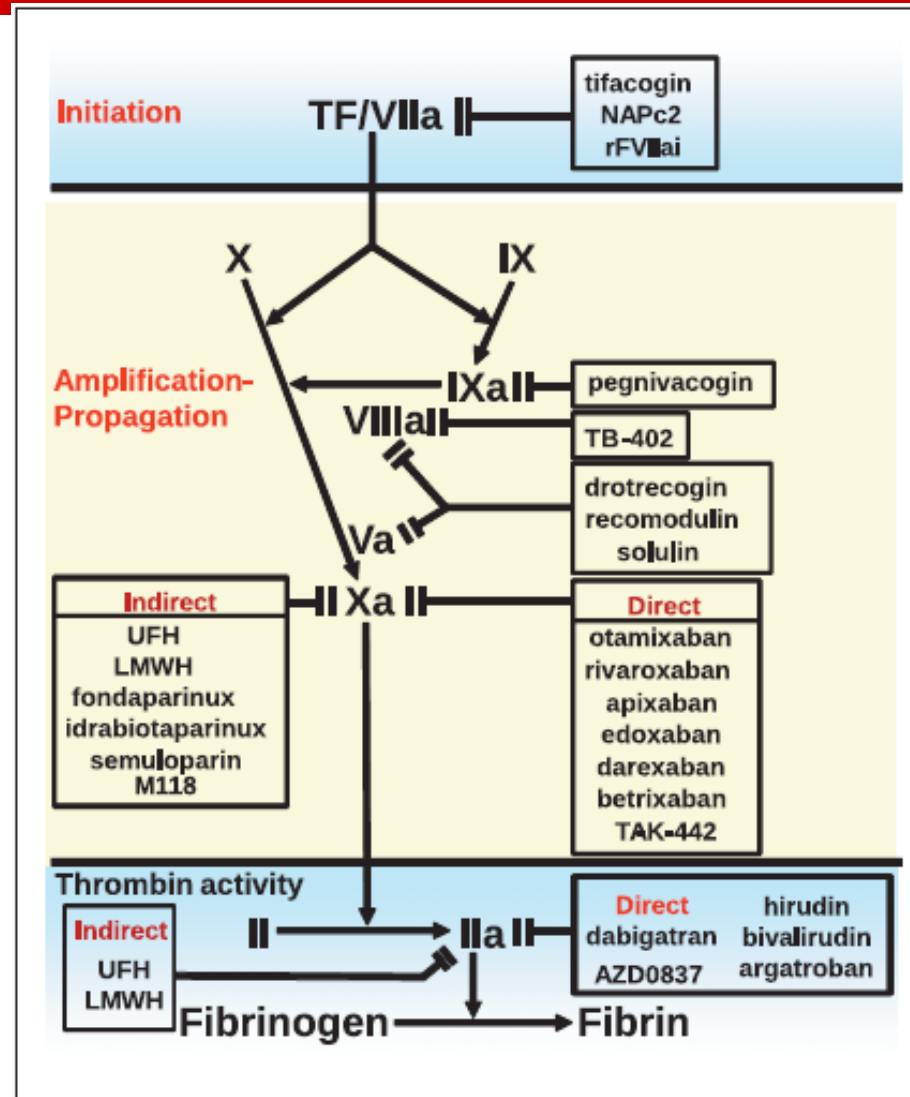
- plasmin (serine protease) circulates as an inactive proenzyme (plasminogen)
  - free plasmin rapidly inhibited  $\alpha$ 2-antiplasmin
- Activation of plasminogen by tPA (endothelial cells) and urokinase (epithelial cells) to plasmin
- degradation of fibrin to degradation products
- activity of tPA inhibited by PAI-1



# Heparin vs. Warfarin



# Future



# Blood clotting disorders

- (A) hypocoagulation conditions (bleeding diathesis)
  - primary hemostasis defect
    - vascular wall disorders (senile purpura)
    - thrombocytopenia and thrombocytopathies
    - von Willebrand disease
  - coagulopathies
    - hemophilia A and B
    - Chronic liver disease
- (B) hypercoagulation states (thrombophilia)
  - congenital
    - activated protein C resistance (APCR)
  - acquired
- (C) combined
  - Syndrome of disseminative intravascular coagulation (DIC)

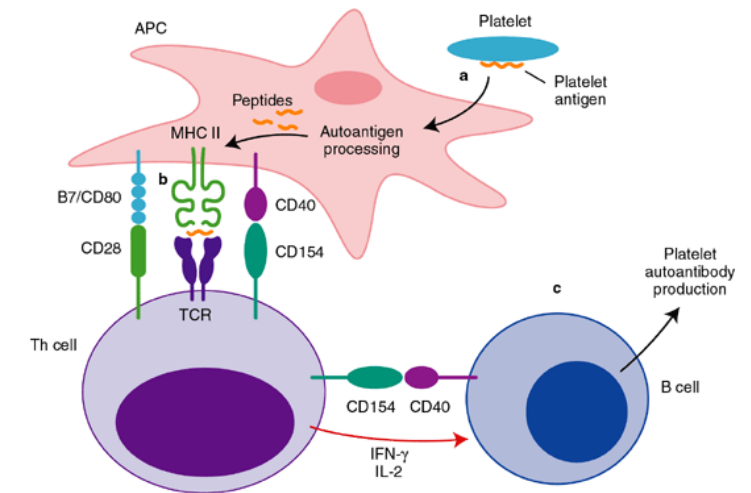
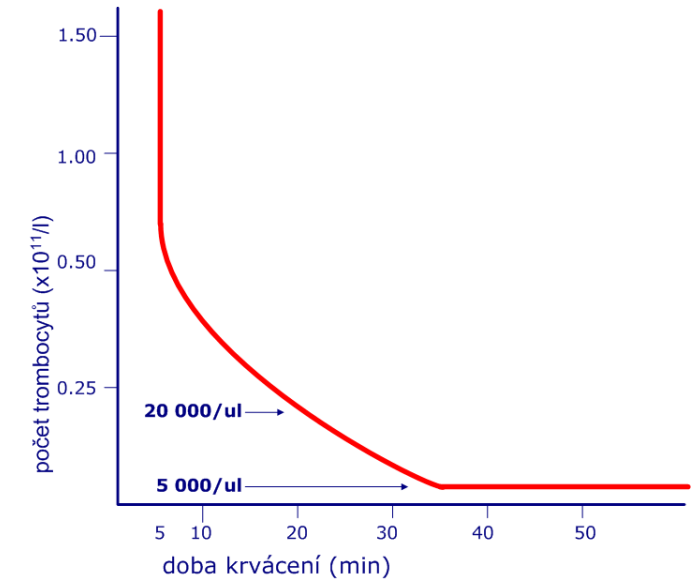
# Primary haemostasis defects

- symptoms: petechiae, purpura, epistaxis, bleeding from the gums or gut, hematuria, menorrhagia
- (1) vascular wall disorders (vasculopathy)
  - congenital
    - telangiectasia hereditaria (m. Rendu-Osler)
      - ☛ AD, weakening of the walls of the vessels → telangiectasia (skin, mucosa, lungs, urogenital tract)
    - Ehlers-Danlos and Marphan syndrome
      - ☛ Defect of connective tissue structure (collagen)
  - acquired
    - senile purpura
    - bacterial toxins (scarlet fever, measles)
    - deficit of vit. C (scorbut)
    - immunocomplex (Henoch-Schönlein purpura)
- (2) thrombocytopenia
- (3) thrombocytopathies
- (4) von Willebrand disease



# Thrombocytopenia a thrombocytopaties

- Platelet count 150 – 400 000/ $\mu\text{l}$  ( $1.5-4 \times 10^{11}/\text{l}$ )
- In circulation survival approx. 8-10 days
- (A) thrombocytopenia = reduction in number
  - <50 000/ $\mu\text{l}$  – increased risk of bleeding
  - <20 000/ $\mu\text{l}$  – significant risk
  - <5 000/ $\mu\text{l}$  – extremely high risk
  - Primary or secondary
  - Etiology
    - Reduced production
      - ☛ aplastic anemia (e.g., Fanconi's)
      - ☛ myelodysplastic syndrome
      - ☛ Myelofibrosis
      - ☛ Hereditary (e.g., May-Hegglin, Wiscott-Aldrich, Bernard-Soulier)
      - ☛ Acute leukemia
    - destruction
      - ☛ autoimmune - idiopathic thrombocytopenic purpura (ITP)
      - ☛ drugs
      - ☛ hypersplenism
    - Increased consumption
      - ☛ DIC
      - ☛ thrombotic thrombocytopenic purpura (TTP)
- (B) thrombocytopathies = impaired function
  - Aggregation and adhesion defects
    - Bernard-Soulier syndrome (disorder of receptor GPIb-IX)
    - Glanzmann thrombastenie (disorder of receptor GPIIb-IIIa)
  - Degradation disorders
    - Heřmanského-Pudlákův syndrome
    - Chédiak-Higashiho syndrome



Model of platelet autoantibody production in chronic idiopathic thrombocytopenic purpura (ITP)



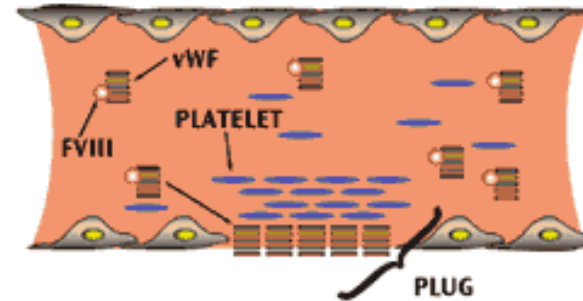
# About Thrombotic Thrombocytopenic Purpura (TTP)

- Disorder of systemic platelet aggregation in microvasculature
- Stimulus: unusually large vWf
- In children: likely to be deficiency in vWf metalloproteinase to break down vWf
- In adults: vWf metalloproteinase inhibited by autoantibodies
- Low PLT count, intravascular hemolysis, RBC fragmentation, high LDH

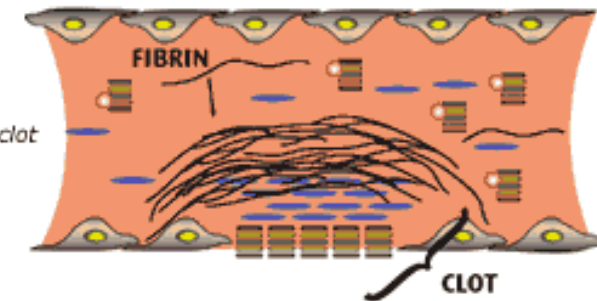
# von Willebrand's disease

- the most common congenital coagulation disorder
- group of states leading to a reduction in plasma vWf level
  - thrombocyte adhesion disorder
  - vWf is also plasma carrier of fVIII (without vWf is unstable and rapidly degraded) → (i.e. secondary hemostasis)
- several types of vW disease
  - type 1 (~75%) – reduction of concentration in Wf
  - type 2 (~20%) – normal concentration of malfunctioning vWf
    - plate binding failure (type 2A)
    - disorder of binding to collagen subendothelial layer (type 2B)
    - fVIII transport failure (type 2N)
  - type 3 – absolute deficiency of vWf (homozygots)

Figure 1. Normal Broken Blood Vessel

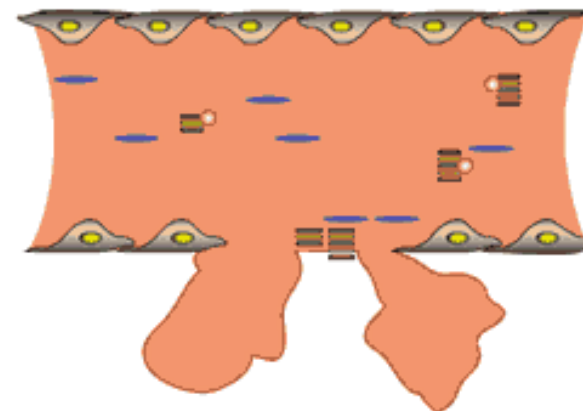


First, vWF proteins from the blood line up along the broken vessel wall and attract "sticky" platelets to form a plug.



Then the platelets attract strands of fibrin to strengthen the plug and form a clot. The clot helps stop the bleeding.

Figure 2. Broken Blood Vessel in vWD



When a person has vWD, there isn't enough vWF or the vWF is damaged. The clot may take longer to form or not form properly, and bleeding may take longer to stop.

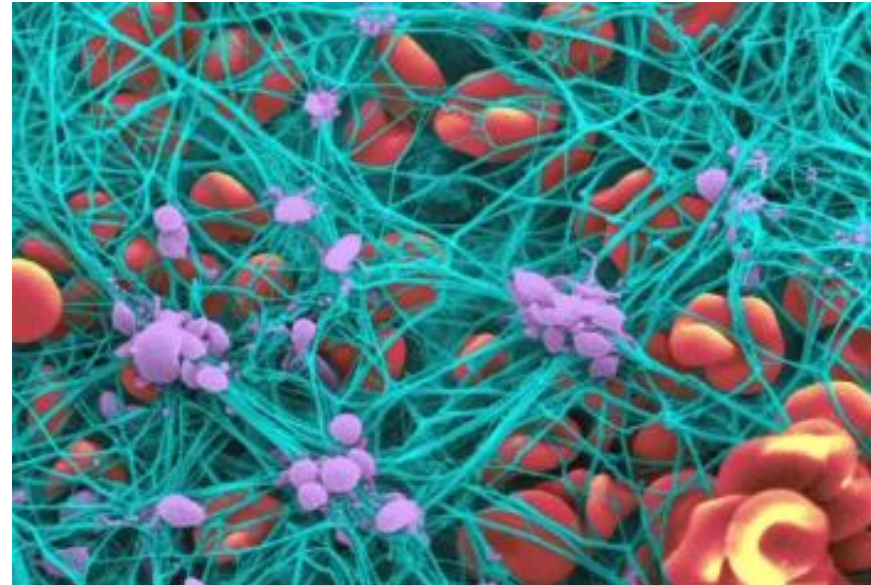
# Defects of "secondary hemostasis"

- typical tissue hemorrhage (hematomas), e.g. joints, muscles, brain, retroperitoneum, no petechiae and purpuras
- (A) congenital disorders
  - hemophilia A (Xq-linked) – defect of fVIII
    - fVIII is a cofactor of fX activation to fXa in response to catalyzed fIXa
    - reduction of concentration up to 25% of normal does not cause coagulation disorder, decrease to 25-1% mild form, <1% severe form
    - >150 point mutations in the fVIII gene – large phenotypic variability!!!
    - prevalence in the male population from 1:5,000 to 1:10,000
  - hemophilia B (Xq-linked) – defect of fIX
    - prevalence 10 times less than hemophilia A
    - >300 point mutations in the fIX gene (85% point, 3% short deletion and 12% extensive deletion)
    - defects of other factors
      - rare, mostly autosomal recessive, clinically manifest disorders only in severe deficiency
      - - ☛ afibrinogenemia (defect of fI)
        - ☛ hemophilia C (defect of fXI) – Ashkenazy Jews
        - ☛ Other
- (B) acquired disorders
  - hepatic insufficiency/failure
  - vitamin K deficiency (disorder of fat resorption in the intestine)
  - DIC



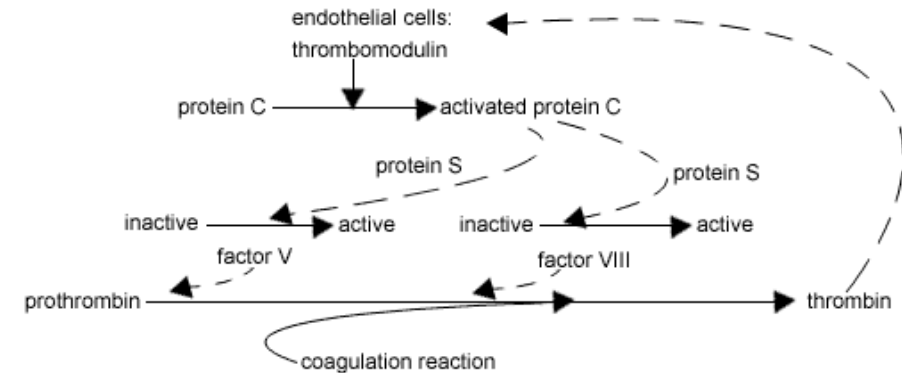
# DIC (consumptive coagulopathy)

- initially excessive coagulation (thrombotic condition), then depletion of the coagulation factors (bleeding state)
- coagulation in DIC is locally unlimited and is not primarily a reaction to vessel damage
- pathogenesis
  - TF is not normally present in circulation!!!
    - endothelium or blood cells do not produce TF on their surface
    - in some pathologies TF occurs and activates factor VII
    - TF pathological resources
      - ☛ cells of other tissues – e.g. fetus cells during childbirth, extensive injuries, soaking of tumor cells during surgery, etc.
      - ☛ pathological blood elements expressing TF – e.g. in myelo- and lymphoproliferative diseases
      - ☛ pathologically activated endothelia and monocytes that begin to express TF in the membrane – e.g. endotoxin in sepsis
      - ☛ TF from erythrocyte cytoplasm released under hemolysis
- Consequences
  - Stage 1 - formation of microthrombi in microcirculation
  - ischemia to gangrene
  - Stage 2 - hypo- to afibrinogenesis,
    - bleeding into the organs
  - pathologically escalated fibrinolysis



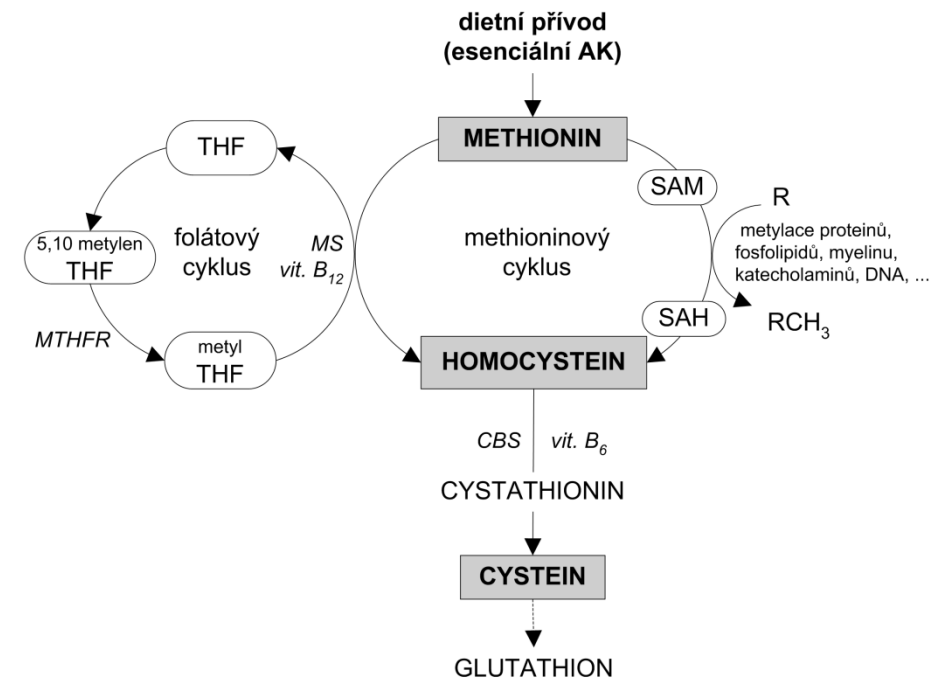
# Hypercoagulation conditions

- lead to an increase in risk or even spontaneous and often repeated venous thrombosis and thromboembolism (to the lungs most often), or complications of pregnancy and infertility
- (A) congenital thrombophilia
  - (1) Disorders of the formation of clotting inhibitors
    - Defect of AT III (AR)
    - Defect of protein C and S (AD)
    - syndrome of fV resistance to activated protein C (APCR)
      - most common congenital disorder ("Leiden" mutation of fV)
    - mutation of the prothrombin gene (promotor → quantitative effect)
    - hyperhomocysteinemia (mutations in the gene for MTHFR)
    - antiphospholipid syndrome
      - Anti-cardiolipin antibodies, lupus anticoagulant, ...
      - unclear pathophysiology
  - (2) fibrinolysis disorders
    - ↑LP(a)
    - ↑PAI-1 (promotor → quantitative effect)
- (B) acquired thrombophilia
  - (1) clinical situations and complications of treatment
    - immobilization
    - hyperestrogenic conditions (pregnancy, oral contraceptives, HRT)
  - (2) Pathologies
    - Atherosclerosis
    - Obesity (↑ PAI-1)
    - Hyperviscose syndrome
      - polycythemia vera, thrombocytopenia, sec. polyglobulia, gamopathy)
    - tumors
    - heart failure
    - hyperlipidemia, nephrot. syndrome
    - venous insufficiency

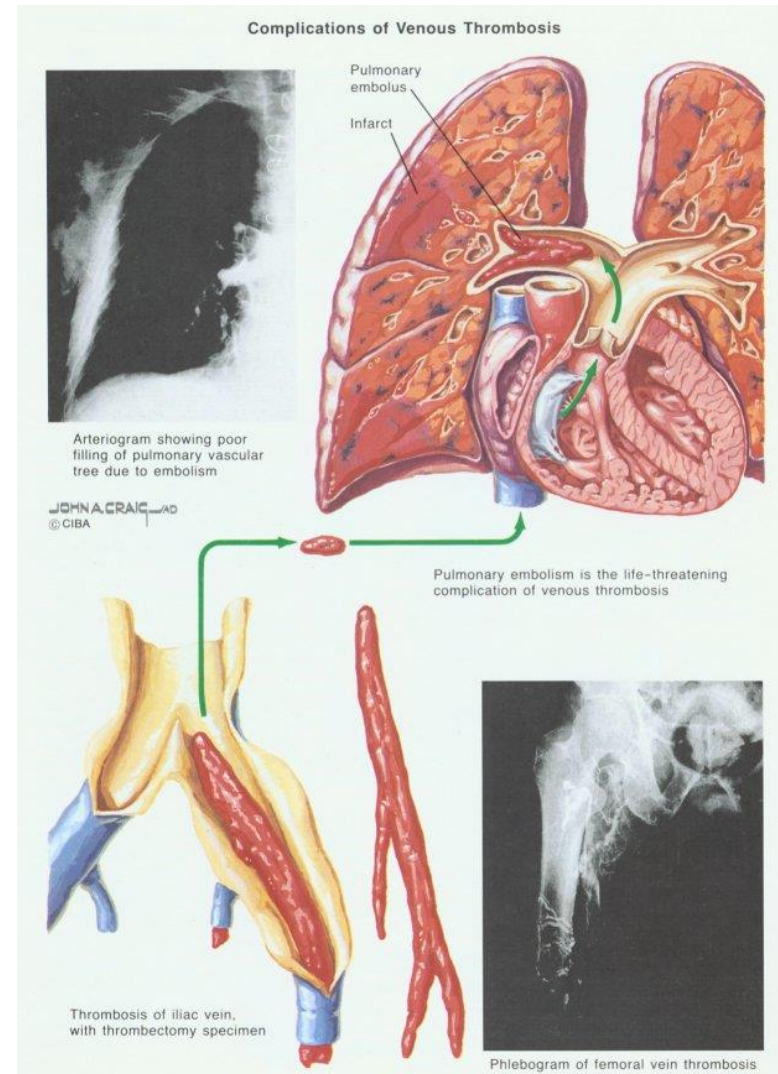
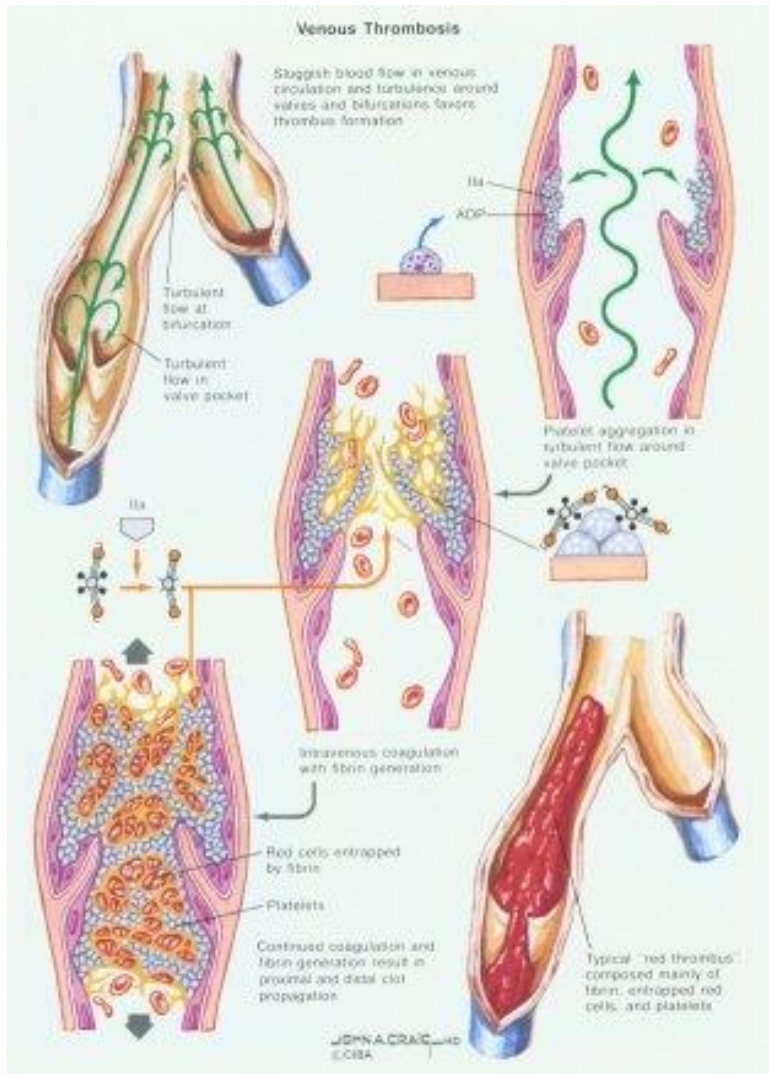


# Hyperhomocysteinemia

- homocysteine is an intermediate product of the transformation of methionine in the methionine cycle
  - is either further metabolized to cysteine
  - remethylated back to methionine (in the folate cycle)
- the presence of several enzymes and their cofactors (vitamins of group B, folic acid)
- the reason for the metabolism of homocysteine and subsequent HHcy may be the genetic and nutritional factors
  - mutations in enzyme-coding genes
  - decreased intake of vitamin B6, B12 and folic acid
- HHcy = pathological increase in plasma homocysteine concentrations
- HHcy is an independent risk factor for atherosclerosis and thromboembolism, fertility disorders and certain developmental and neurological abnormalities (cleft spine defects)
- homocysteine causes endothelial dysfunction and initiates apoptosis
- (A) monogenic homocystinuria
  - cystathionin- $\beta$ -synthase deficiency leads to a significant elevation of plasma Hc
  - relatively rare disease
- (B) „mild hyperhomocysteinemia“
  - polymorphism in the methylenetetrahydrofolatereductase gene (MTHFR)



# Deep vein thrombosis and subsequent pulmonary embolism



# Understanding tests

- By mixing the examined plasma, tissue thromboplastin and calcium ions, the outer part of the coagulation cascade is triggered.
- The cascade ends with the formation of a fibrin clot.
- The result of the test is the time from mixing the mentioned substances to the formation of a clot.



# Activated partial thromboplastin time (APTT)

- information on the functionality of the inner part of the coagulation cascade.
- Unlike Quick's coagulation cascade test, kaolin (Activator) triggers a negatively charged surface of an injured vessel.
- For some reactions of the inner part of the coagulation cascade (especially to activate factor X), the presence of phospholipid - platelet factor 3 (PF3) from activated platelets is required.
- The plasma used in the APTT test does not contain platelets, phospholipid should be added to the reaction. Instead of PF3, tissue phospholipid kefalin (Partial Thromboplastin) is used.
-

# APTT test value

- indicates the time from the start of the coagulation cascade with calcium ions to the formation of a fibrin clot.
- Normal values range between 25-39 s.
- For example, APTT prolongation is due to
  - lack of coagulation factors of the inner part of the cascade (mainly VIII and IX),
  - heparinem therapies,
  - significant overdose of warfarin.
- In heparinized patients, the recommended APTT is 1.5 to 2.4 times the norm.

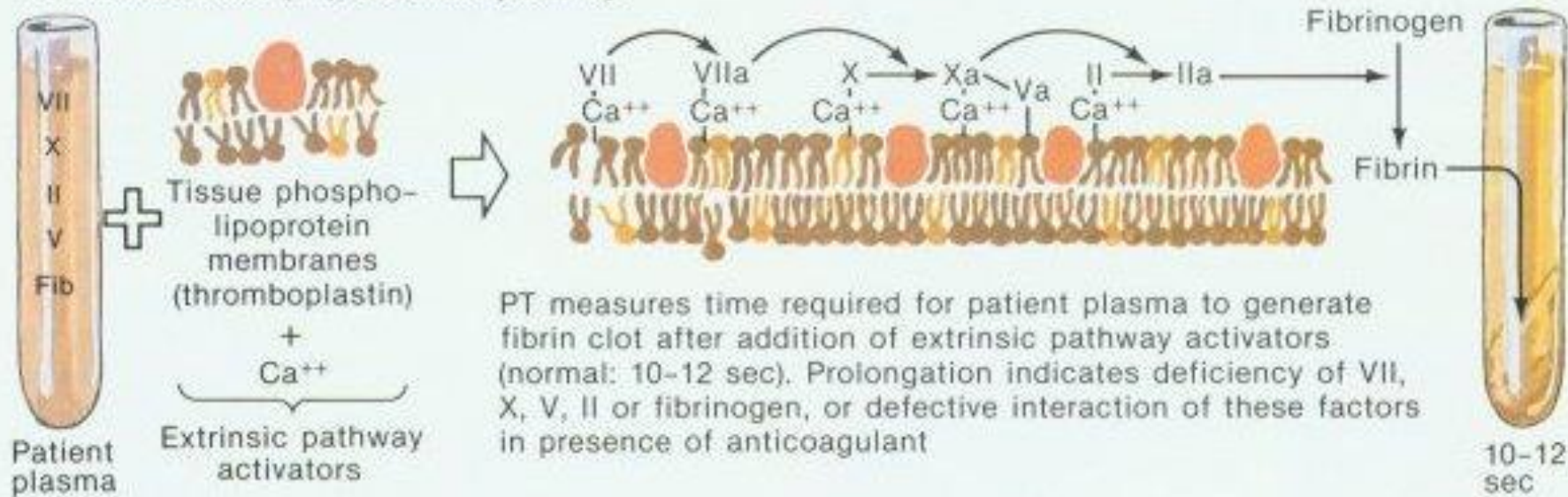
# Quick test (prothrombin time, PT)

- the rate of conversion of prothrombin into thrombin by the action of tissue thromboplastin.
- Tissue thromboplastin consists of a lipoprotein component (so-called tissue factor) and a phospholipid component (also formed in tissues).
- This test determines the activity of the so-called prothrombin complex and functionality of the outer part of the coagulation cascade.

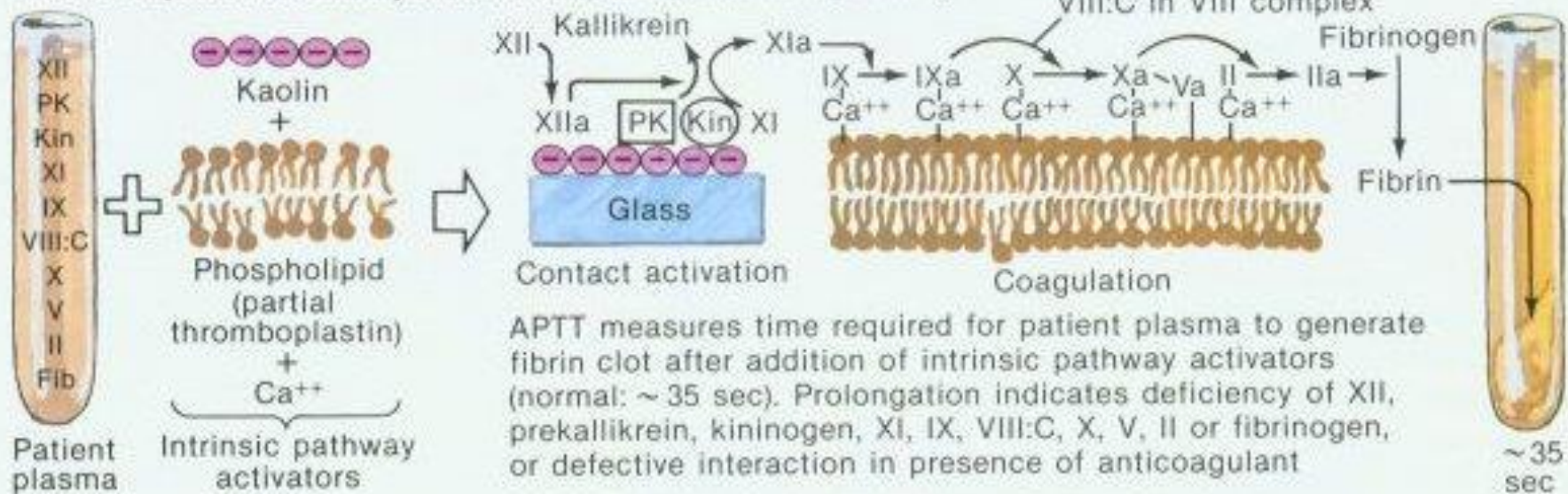
Most often used in testing the effectiveness of anticoagulant treatment of vitamin K antagonists (warfarin).

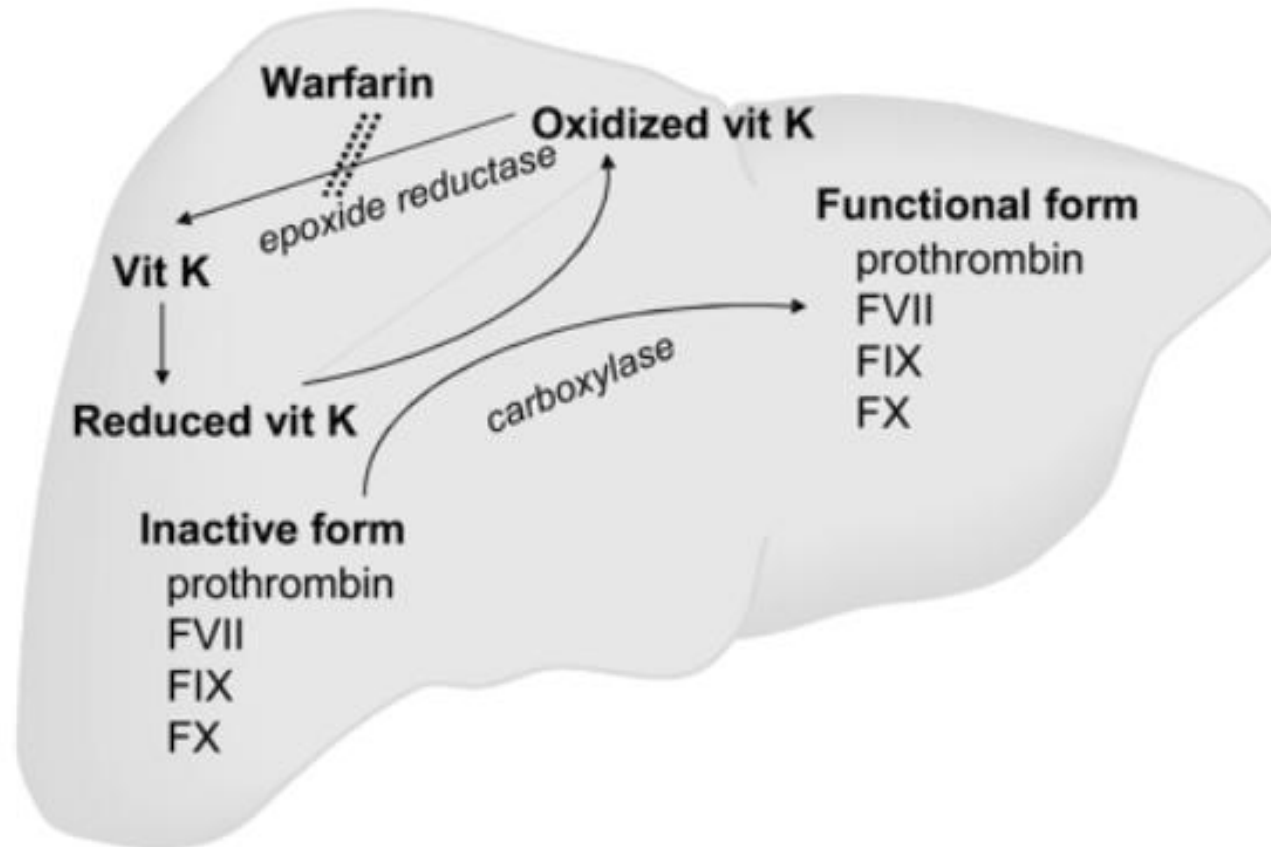
# Tests

## Prothrombin time (PT): extrinsic pathway



## Activated partial thromboplastin time (APTT): intrinsic pathway





- CYP3A4 – 50% metabolized drugs
- CYP2D6 – 20%
- CYP2C9 + CYP2C19- 15 %
- CYP2D6, CYP2C9, CYP2C19 and CYP2A6 have been demonstrated as functionally polymorphic
  - E.g. affects the metabolism of warfarin, acenocoumarol and other drugs (phenytoin, tolbutamide, glipizide and other oral antidiabetic drugs of the type sulphonylurea).

# Cytochrome P4502C9 (CYP2C9)

- two allelic variants of the CYP2C9 gene <sup>1, 2</sup>
  - CYP2C9\*2
    - C430T replacement in exon 3 leads to substitution Arg<sup>144</sup>Cys
  - CYP2C9\*3
    - replacement of A1075C in exon 7 leads to substitution Ile<sup>359</sup>Leu
- CYP2C9\*1 is normal in vitro, while the CYP2C9\*2 variant shows less and CYP2C9\*3 has significantly less enzymatic activity <sup>3, 4</sup>
- phenotypical manifestation is a reduction in the clearance of CYP2C9-dependent drugs

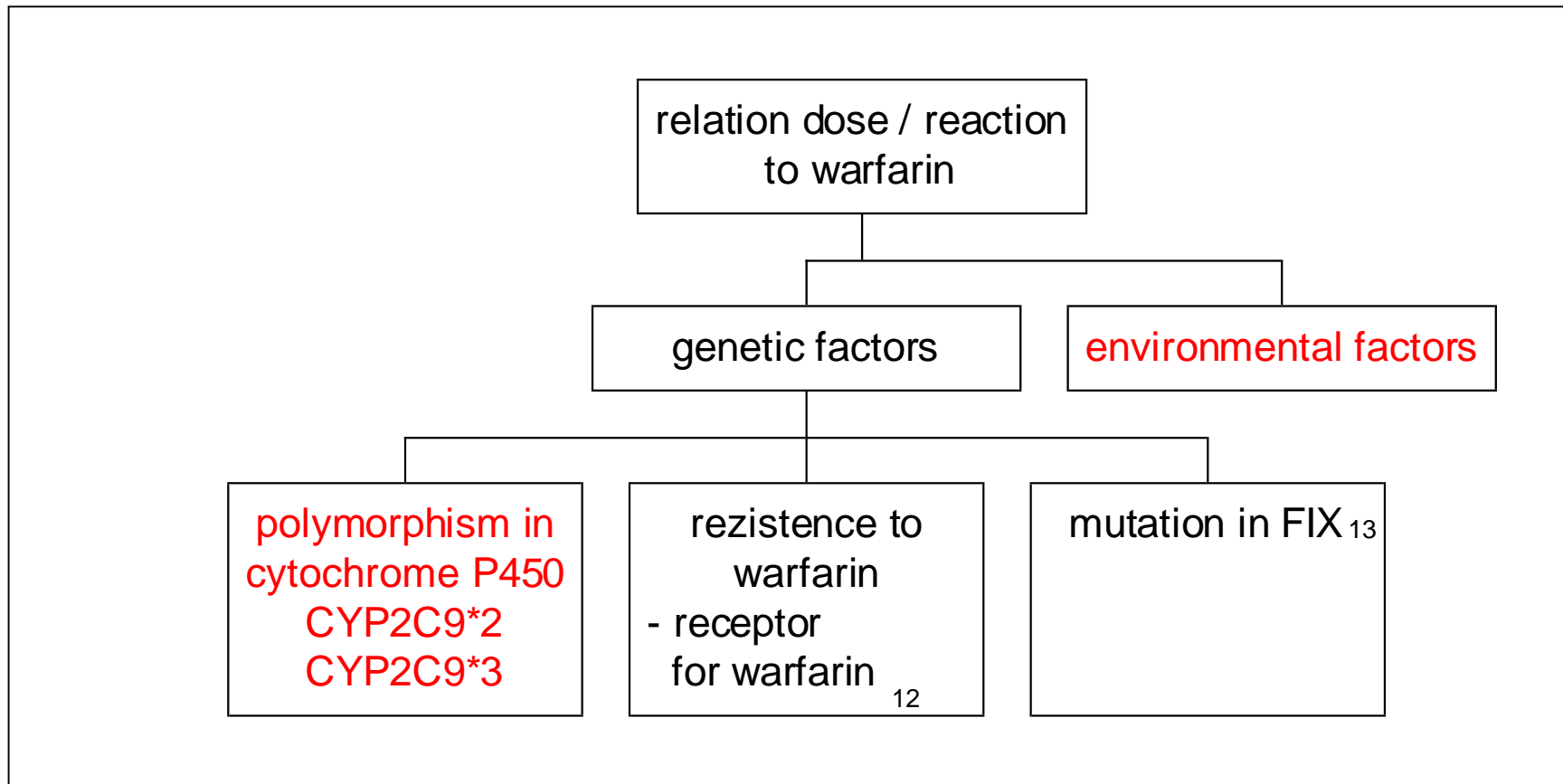
1. Stubbins MJ et al: Pharmacogenetics 1996; 6:429-329

2. Veronese ME et al: Biochem J 1993; 289:533-8

3. Rettie AE et al: Pharmacogenetics 1994; 4:39-42

4. Haining RL et al: Arch Biochem Biophys 1996; 333:447-58

# Dose/anticoagulant effect of warfarin



12. Alving BM et al: Arch Intern Med 1985; 145:499-501

13. Oldenburg J et al: Br J Hematology 1997; 98:240-4



# CYP2C9 ACTIVITY

<u>Warfarin Dose*</u>	<u>Genotype</u>
5.63 (2.56)	*1/*1
4.88 (2.57)	*1/*2
3.32 (0.94)	*1/*3
4.07 (1.48)	*2/*2
2.34 (0.35)	*2/*3
1.60 (0.81)	*3/*3

From: Higashi MK, et al. Association between CYP2C9 genetic variants and anticoagulation-related outcomes during warfarin therapy. *JAMA* 287:1690-1698, 2002.

# Clinical manifestations of CYP2C9 polymorphism

- overdose at initiation of anticoagulation by standard regimens 14, 16, 17, 18, 19
- maintenance dose required to achieve and maintain the therapeutic range of 11, 15, 16, 18, 19
- higher risk of overdose with interactions with drugs metabolised and/or reacting with CYP2C9 17, 21
- instability of anticoagulant therapy 15, 16
- prolonged anticoagulant effect after discontinuation or reduction in the dose of warfarin

14. Aithal GP et al: Lancet 1999; 353:717-9

15. Taube J et al: Blood 2000; 96:1816-9

16. Higashi HK et al: JAMA 2002; 287:1690-8

17. Verstuyft C et al: Eur J Clin Pharmacol 2003; 58:739-45

# Interaction with drugs metabolised and/or reacting with CYP2C9

17, 20, 21

Competition for substrate	Enzyme inducer	Enzyme inhibitor
ASA a většina <del>NSAID</del>	rifampicin	fluvoxamin (ostatní SSRI slabí)
fenobarbital, fenytoin	fenobarbital, fenytoin	<del>omeprazol</del>
S-warfarin	karbamazepin	<del>inhibitory HMG-CoA reductázy</del>
losartan		tolbutamid
tolbutamid		cimetidin (slabý)
sulfonamidy, dapson		<del>azolová antimykotika</del> (slabá)
diazepam, tenazepam		ritonavir
fluoxetin, moclobemid		desethylamiodaron
zidovudin		

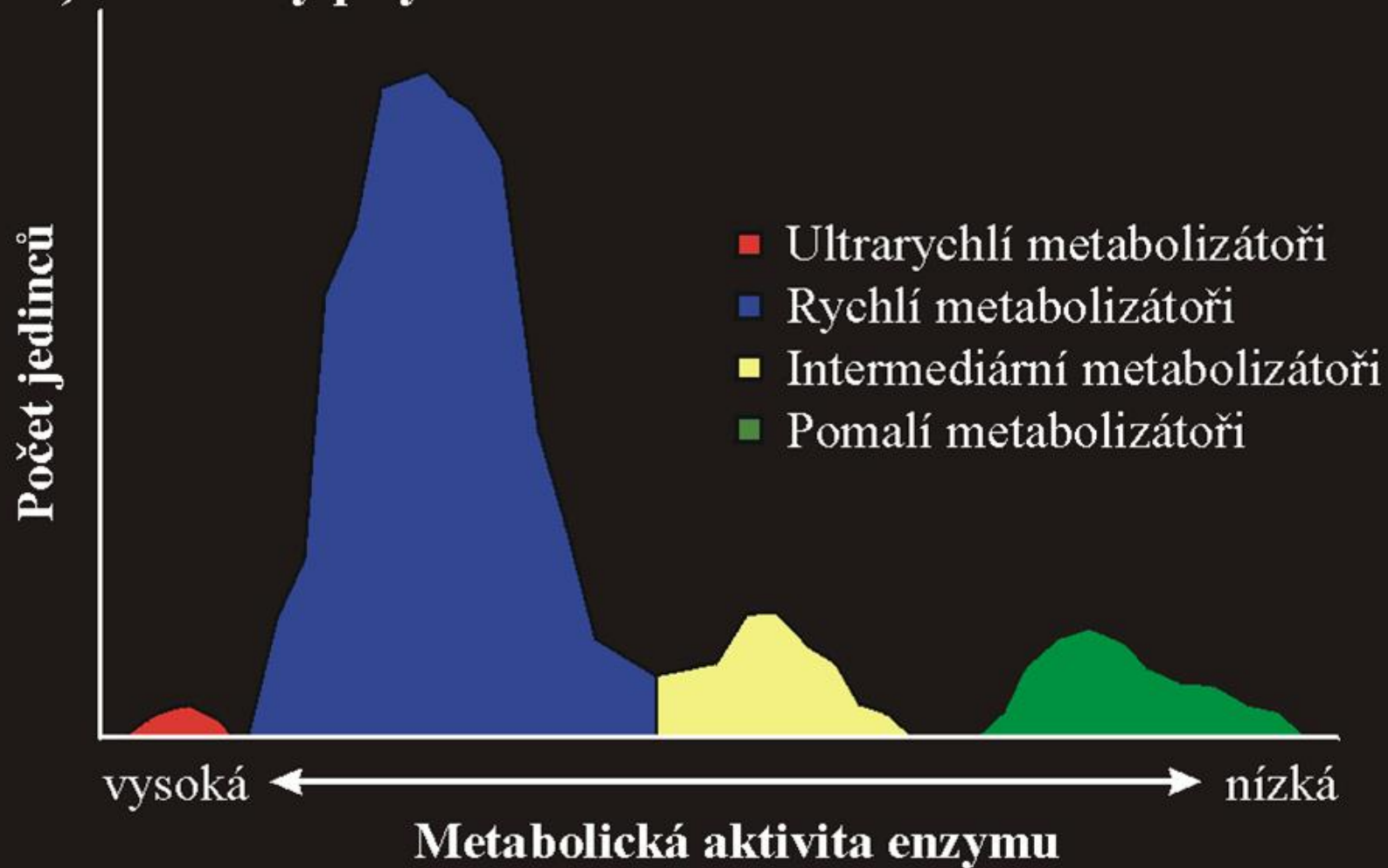
20. Topinková E et al: Postgrad Med 2002; 5:477-82

21. Naganuma M et al: J Cardiovasc Pharmacol Ther 2001; 6:636-7

# Metabolic rate

- According to the activity of the enzyme, the population can be divided into four main groups - slow metabolizers (PM), intermedial metabolizers (MS), effective metabolizers (EM) and ultra-fast metabolizers (UM).
- The majority of the Cucasian population individuals are among the so-called extensive metabolizers (EM) in which drugs are metabolized at an estimated rate.
- 5-10% of individuals are genetically identified as slow metabolizers (PM) who have slowed breakdown of metabolized substances and are at higher risk of a higher incidence of adverse reactions.
- Intermediate metabolizers (MI) are represented in 10-15% and are comparable to the PM group with long-term treatment.
- In ultrafast metabolizers (UM), metabolism takes place more intensively and does not respond clinically to normal doses of medicines and is represented in 5-10 %.

## b) Genetický polymorfizmus



# Aim of practical

- **To demonstrate the role of the following common situations in medicine (Virchow's triad)**
  - a) blood stasis or its slower circulation,
  - b) increased coagulation or decreased fibrinolytic potential,
  - c) endothelial dysfunction or damage

**as precipitating factors for venous thrombosis.**
- **To elucidate the effect of exogenous heparin (a homolog of endogenous antithrombin III cofactor) as a powerful anticoagulant substance with broad therapeutic and prophylactic potential in the model of experimentally induced thrombosis.**
- **To explain principles of routine coagulation tests.**

# Practical part

