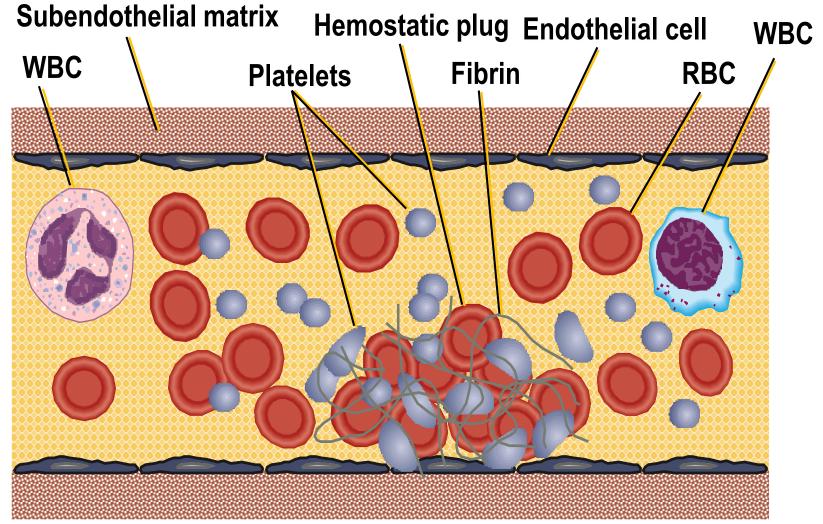
MUNI MED Pathophysiology of blood clotting disorders

VLA 16.4.2020

Hemostasis

– The normal physiological response that prevents significant blood loss following vascular injury is called <u>haemostasis.6</u> Familiarity with <u>haemostasis</u> lays the groundwork for a thorough understanding of the major disease states associated with thrombosis, such as <u>venous thromboembolism</u> (VTE), atherothrombosis (thrombosis triggered by plaque rupture), and cardioembolic stroke.

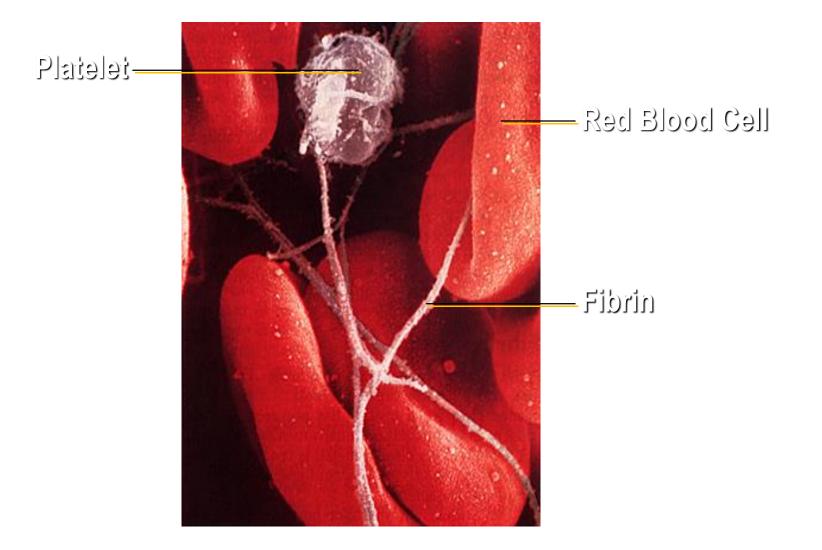
Hemostasis



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CLOT FORMATION



Abnormal haemostasis

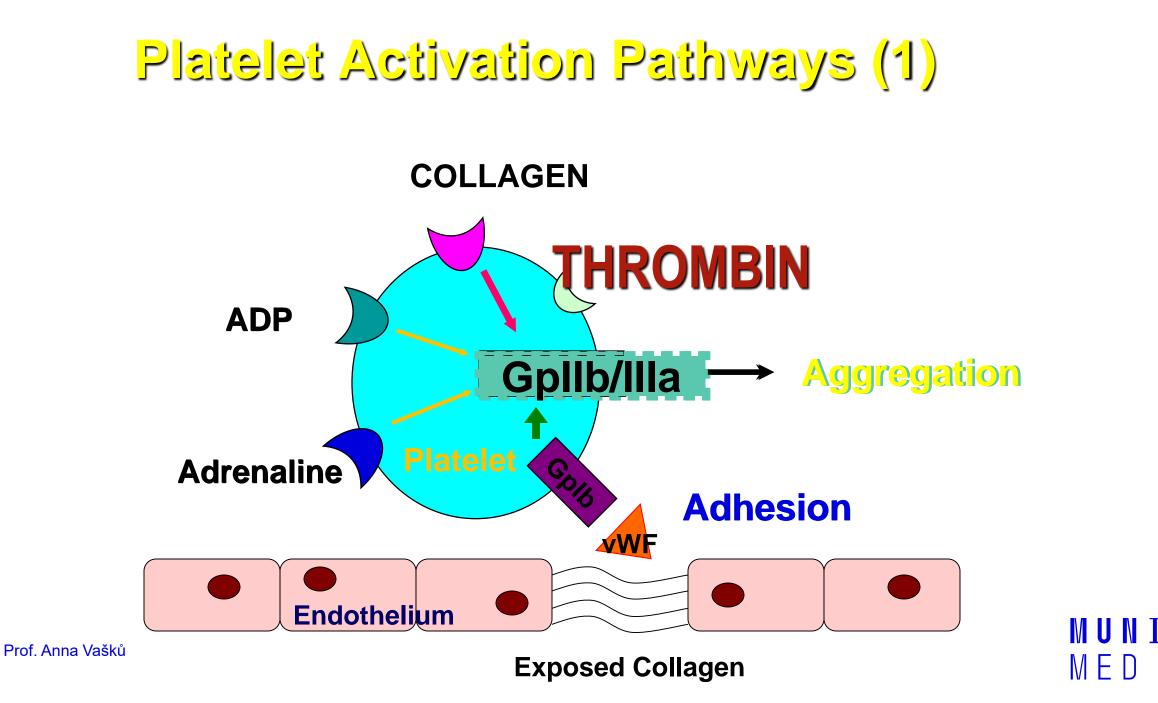
- Excessive coagulation leads to the formation of a thrombus, potentially obstructing blood flow. This is a common problem, especially in hospitalised or immobilised patients. Venous thromboembolic disease, for example, is a major problem in the European Union, where it causes more than one million events or deaths every year.
 - Excessive bleeding results when certain coagulation factors are lacking, as in patients with haemophilia.

Blood vessel injury

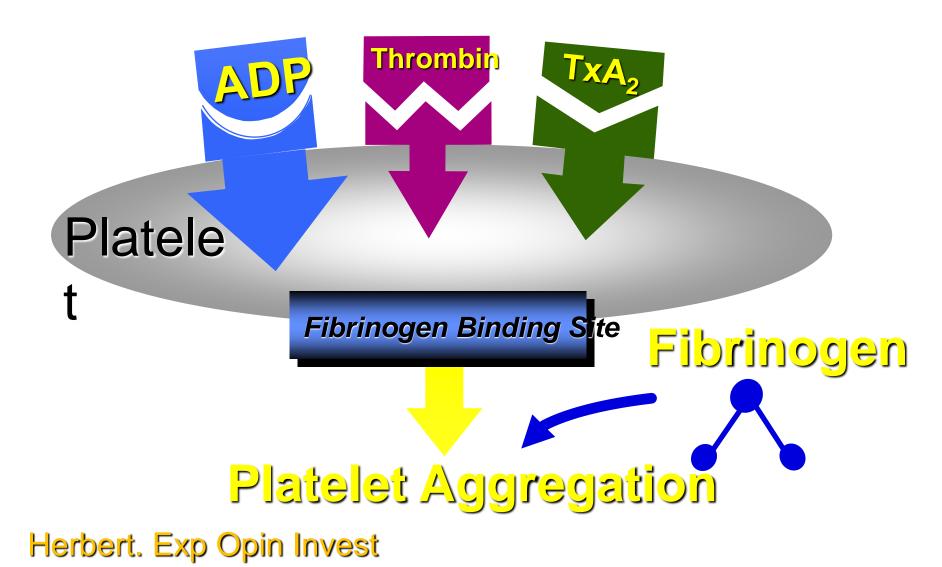
– Blood vessel injury triggers the following sequence:

- The vessel constricts to reduce blood flow
- Circulating platelets adhere to the vessel wall at the site of trauma
- Platelet activation and aggregation, coupled with an intricate series of enzymatic reactions involving coagulation proteins, produces <u>fibrin</u> to form a stable haemostatic plug

This finely tuned process serves to maintain the integrity of the circulatory system. However, the process can go out of balance, leading to significant morbidity and mortality.

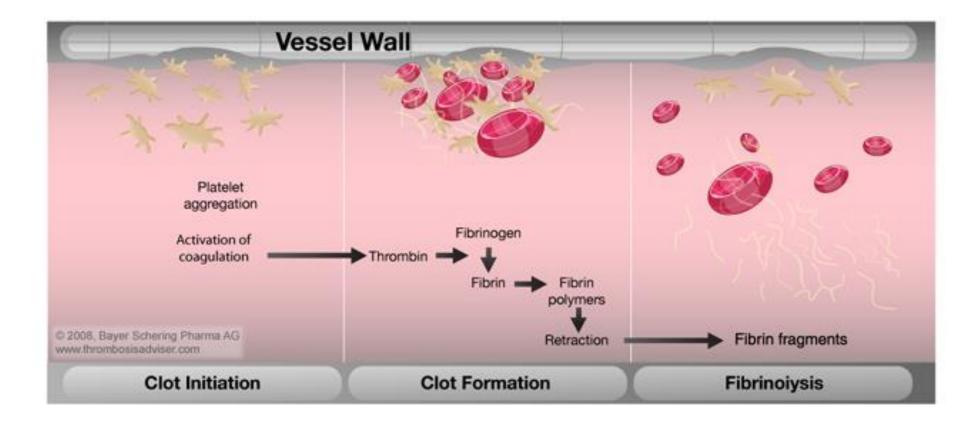


Platelet Activation Pathways (2)



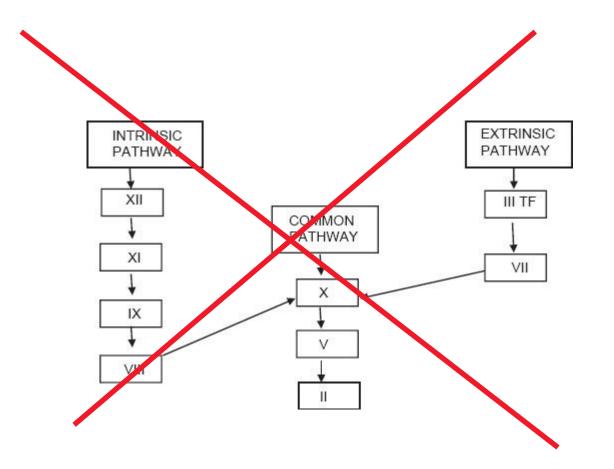
The coagulation cascade

- Coagulation involves a complex set of protease reactions involving roughly 30 different proteins.
- The final result of these reactions is to convert fibrinogen, a soluble protein, to insoluble strands of <u>fibrin</u>. Together with platelets, the <u>fibrin</u> strands form a stable blood clot.



Site	Thrombogenic	Antithrombogenic	
Vessel wall	Exposed endothelium	Heparin	
	TF	Thrombomodulin	
	Collagen	Tissue plasminogen activator	
Circulating elements	Platelets	Antithrombin	
	Platelet activating factor	Protein C and S	
	Clotting factor	Plasminogen	
	Prothrombin		
	Fibrinogen		
	vWF		

vWF - Von Willebrand factor; TF - Tissue factor



Palta S et al., Indian J Anaesth, 58:515-523, 2014

"Cell-based model"

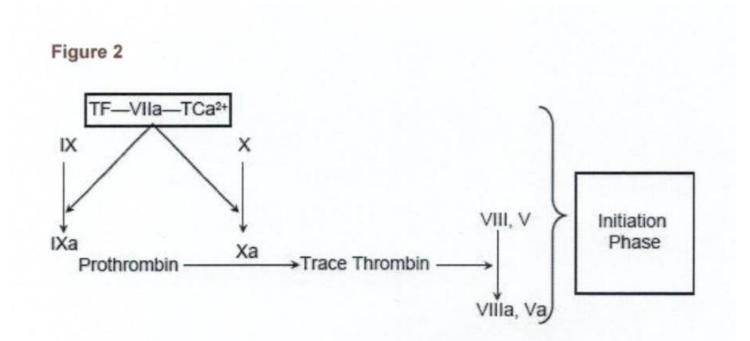
- This model identifies membranes of cell presenting tissue factor)TF) and a surface of platelets as places of activation of specific coagulation factors.
- The model supposes the model of three phases: initiation, amplification (propagation) and the proper action of thrombin- thrombus formation.
- Initiation = formation of complex TF-FVIIa which is leading to activation of a small amount of thrombin.
- Propagation = activation of platelets by thrombin and formation of complex FIXa-FVIIIa with subsequent activation of factor Xa.
- Thrombus formation = formation of prothrombinase complex and of large amount of thrombin which is leading to formation of thrombus.

Coagulation Cascade

Text size A A A



Iniciation phase of coagulation



Current concept of coagulation (initiation phase)

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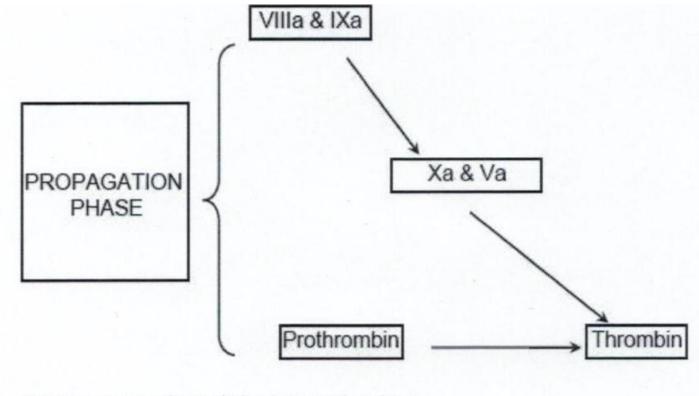
Initiation phase of coagulation

- Coagulation cascade is activated when defect of vessel wall enables contact of the blood with cells with TF.
- Platelets membrane bound tissue factor TF activates FVII to VIIa which is leding to formation of complex TF-VIIa.
- The complex binding on platelets membranes activates Factor IX(a) and Factor X(a).
- Factor Xa converts small amount of prothrombin (Faktor II) on trombin (Factor IIa) which can activate Factor V on FVa and Factor VIII on FVIIIa.

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Propagation phase of coagulation



Current concepts of coagulation (propagation phase)

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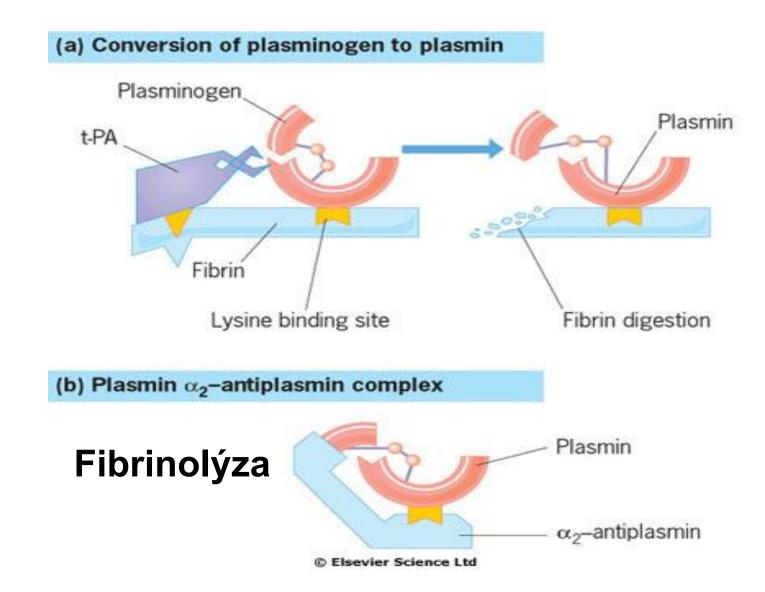
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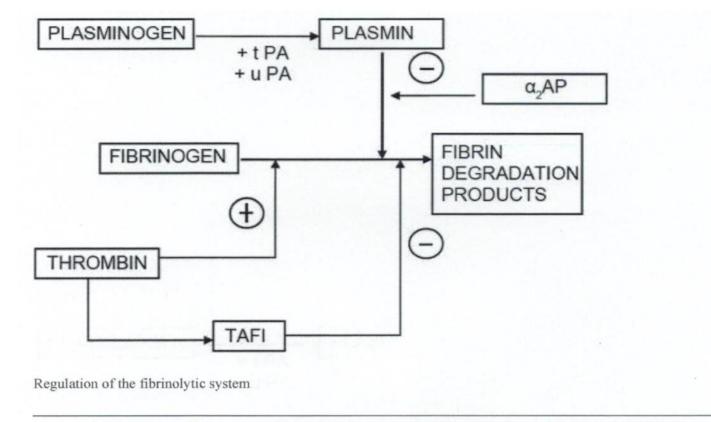
Propagation of coagulation: central role for Factor Xa

<u>Factor Xa</u> together with activated Factor V (Va) as cofactor support coagulation by thrombin formation (Factor IIa) from prothrombin (Factor II).
 <u>Factor Xa</u> is primary pount for propagation of the porcess; one molecule of <u>Factor Xa</u> catalyses formation of about 1,000 molecules of thrombin.

Final step: fibrin formation

- In the final step, sequence of serin proteinases reactions which lead to formation of blood clot, thrombin will convert soluble fibrinogen to insoluble <u>fibrin</u>.
- <u>Thrombin</u> also activates Factor XIII (stabilizing fibrin) which can stabilize clot by crosslinking of fibrin.
- Stabilized fibrin is able to retain cellular components (red blood cells, platelets or both).





Articles from Indian Journal of Anaesthesia are provided here courtesy of Medknow Publications

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Palta S et al., Indian J Anaesth, 58:515-523, 2014

Natural inhibitors of coagulation

- "Tissue factor plasminogen inhibitor" produced by endothelial cellls. It inhibits complex TF-VIIa.
- Antithrombin (previously AT III) binds activated vitamin K dependent coagulation factors (can be activated by heparin which increases its binding capacity)
- "Protein Z dependent protease inhibitor/ protein Z (PZI)" produced by liver. It inhibits FXa in presence PZ and Ca++.

Coagulation Cascade

Text size A A A



NATURAL INHIBITORS

TFPI Tissue factor pathway inhibitor (TFPI) from endothelial and other cells forms a complex with Factor Xa to inactivate it. The TFPI-Xa complex then inactivates the membranebound TF-VIIa complex.

APC

Activated protein C (APC) inactivates Factors Va and VIIIa with protein S as a cofactor. APC is converted from protein C by a complex of thrombin and thrombomodulin. Thrombomodulin is bound to the membranes of endothelial cells.



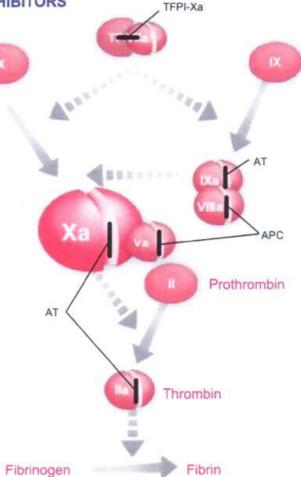
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= inactive factor = active factor = transformation

= catalysis

AT

Antithrombin (AT) binds activated coagulant Factors (IIa, IXa, Xa, XIa and XIIa) that are not clot-bound or in the prothrombinase complex. AT is activated by endothelial heparan sulfate.



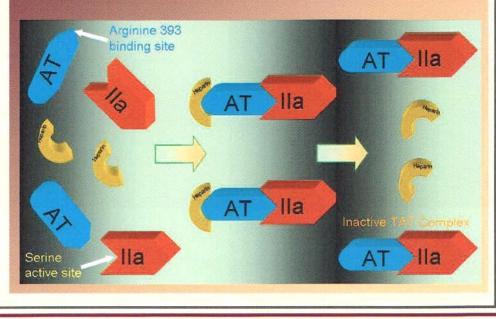


Antithrombin (AT) is a serine protease inhibitor (SERPIN) that inhibits factors XIa, IXa, Xa, FVIIa/TF, and Thrombin (IIa)

AT inhibitory activity is increased 1000 fold by heparin

Plasma half-life is 60-70 hours

Antithrombin (and Heparin)





PC and PS Deficiencies

Protein C

- Classification
 - Type I (quantitative)
 - Type II (qualitative)
- Relative risk for thrombosis ~6.5
- Onset of thrombosis is before middle age (<45 years)
- Homozygous deficiency is associated with neonatal purpura fulminans

Relative risk is ratio of the cumulative incidence rate in the exposed to the cumulative incidence rate in the non-exposed population

Protein S

- PS either circulates freely as Free PS (40%) or bound to C4b-Binding Protein (60%)
 - Free form is active
 - C4b-BP is acute phase reactant
- Relative risk for thrombosis ~2 but difficult to predict since in some families the risk is substantial (possible interaction with other defects)

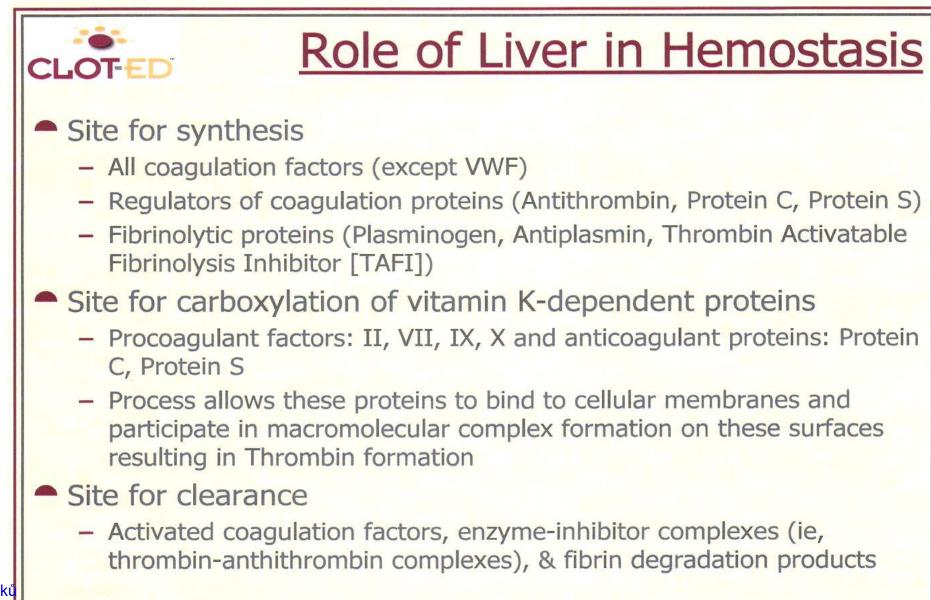
Туре	PS Activity	Free PS Antigen	Total PS Antigen
I	Low	Low	Low
II	Low	Normal	Normal
III	Low	Low	Normal

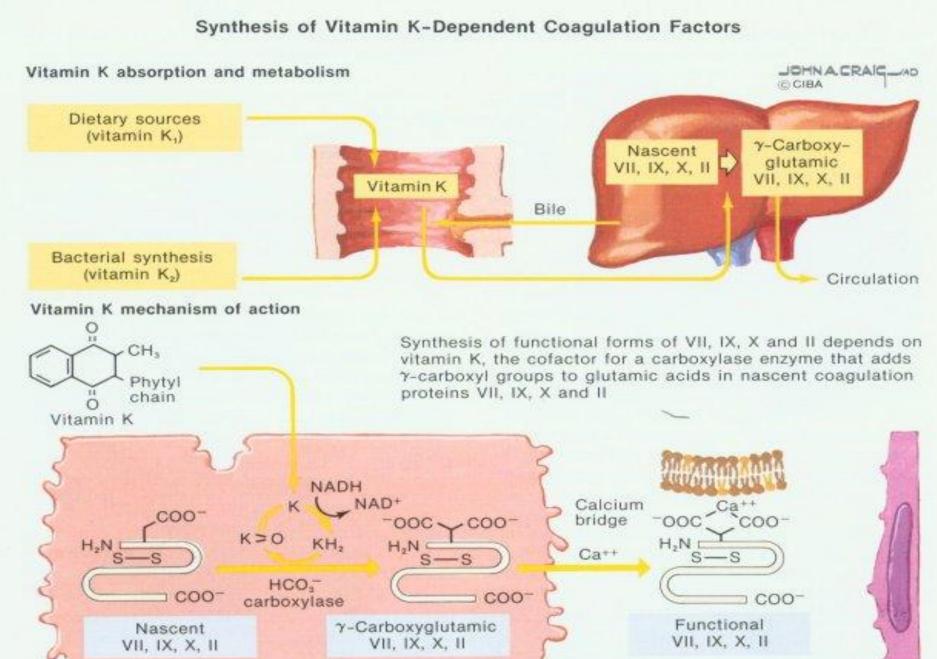
Acquired Deficiencies: PC, PS, AT

- Acquired deficiencies of Protein C and Protein S
 - Oral anticoagulants (warfarin) or Vitamin K deficiency
 - Liver disease
 - Post-operatively
 - Disseminated Intravascular Coagulation (DIC)
 - Consumption during an acute thrombotic event
 - PS also reduced in nephrotic syndrome and pregnancy
- Acquired deficiencies of Antithrombin
 - Heparin therapy
 - L-asparaginase therapy
 - Liver disease
 - Nephrotic syndrome

Coagulation factors -state

- Non activated-after their synthesis in liver
- Posttranslationally modified -vitamin K dependent coagulation
 - factors = serin proteázy
- Activated –activated serin proteases, other activated factors (Va, VIIIa)





Hepatic cell

Plasma



- **×**Screening tests
- **×**Bleeding time
- ×Platelet count
- ×Prothombin time (PT)
- ×Partial thromboplastin time (PTT)

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- ★Thrombin time (TT)
- XMore specific tests

Sampling

- Venous blood
- Excessive stress and exercise cause changes in blood clotting. and fibrinolysis.
- Whenever possible, venous samples should be collected without a pressure cuff (to avoid haemoconcentration, increase of fibrinolysis, platelet release, and activation of some clotting factors.
- To minimize the effect of contact activation plastic or polypropylene, siliconized glass, syringes and containers should be used.
- Thoroughly mixing the blood with the anticoagulant by inverting the containers several time.
- The sample should be brought to the laboratory as soon as possible.
- Labeling the patient sample is very important.

Sampling

×Anticoagulant trisodium citrate 3.2 % in a ratio of 1 : 9.

- Time of sample collection is very important factor in the interpretation of results.
- Centrifugation and preparation of platelets poor plasma 4000 rpm in

a cooling centrifuge.

+P.T & Factor VII \rightarrow kept at room temperature. +Other assays \rightarrow at 4°C.

+Testing should preferably be completed within 2 hours of the collection.

BLEEDING TIME

Time taken for bleeding to cease from a small superficial wound

×Affected by

- Platelet count and function
- Vessel wall
- Normal range Ivy's method: 2-7 min

PLATELET COUNT

XNormal platelet count = 150-400x10⁹L

×A part of complete blood picture (CBC)

★Performed by electronic counters or manually (inherent error)

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PROTHROMBIN TIME

➤Indicates the overall efficiency of extrinsic pathway of blood coagulation (FVII, FII, FV, X)

XNormal range: 10-14 sec

PROTHROMBIN TIME

- **X**Causes of prolonged PT
- Liver disease
- Vit K deficiency (FII, V, VII, IX are Vit k dependent)
- Deficiency of factors involved in extrinsic pathway
- DIC
- Oral anticoagulants

PARTIAL THROMBOPLASTIN

➤Indicates the overall efficiency of intrinsic pathway of blood coagulation (FVIII, FIX, FXI, FXII, <u>FII, FV, X</u>)

×Normal range: 30-40 sec

PARTIAL THROMBOPLASTIN

×Causes of prolonged PTT

- Deficiency of factors involved in intrinsic pathway (coagulation factors other than FVII)
- Liver disease
- DIC
- Massive transfusion (labile FV, FVIII)
- Heparin



Prolonged PT + normal PTT= **ex**trinsic pathway defect

Prolonged PTT + normal PT= intrinsic pathway defect

Prolonged PT and PTT= common pathway defect or combined factor deficiencies

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THROMBOCYTOPENIA

×Platelet count below 150x10⁹/L

×Causes:

- ×- Congenital
- Acquired
- failure of production
- × Increased destruction (ITP)
- ×- Splenic sequestration (hypersplenism)

Idiopathic Thombocytopenic Purpura

XITP is immune thrombocytopenia due to formation of **antibodies** against platelets and BM megakaryocytes.

Clinical picture: spontaneous bleeding purpuric eruptions.

XBT: prolonged
 XPlatelet count: thrombocytopenia XPT,PTT: normal
 XBM: increased megakaryocytes with poor platelet separation

QUALITATIVE PLATELET DEFECT

Platelet function defect + normal plt count

×Causes:

- Hereditary (Glanzmann's disease, Bernard-Soulier syndrome)
- Acquired (drugs as *aspirin*, uremia)

QUALITATIVE PLATELET DEFECT

Clinical picture: spontaneous bleeding purpuric eruptions.

×BT: prolonged

***Platelet count:** normal or slightly decreased

***PT,PTT, TT**: normal

×Platelet function: **abnormal** depending on the defect (defective aggregation in Glanzmann's disease and Bernard-Soulier syndrome)

Hereditary Thrombophilia

- Hereditary thrombofilia
- AT deficiency
- Protein C deficiency
- Protein S deficiency
- Factor V Leiden
- Prothrombin polymorphism (G/A 20210 in 3' area of the gene)

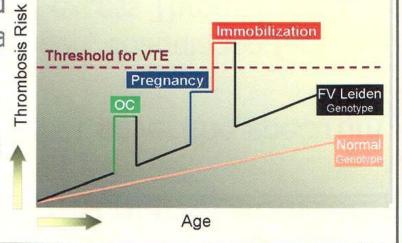
Acquired Thrombotic disorders

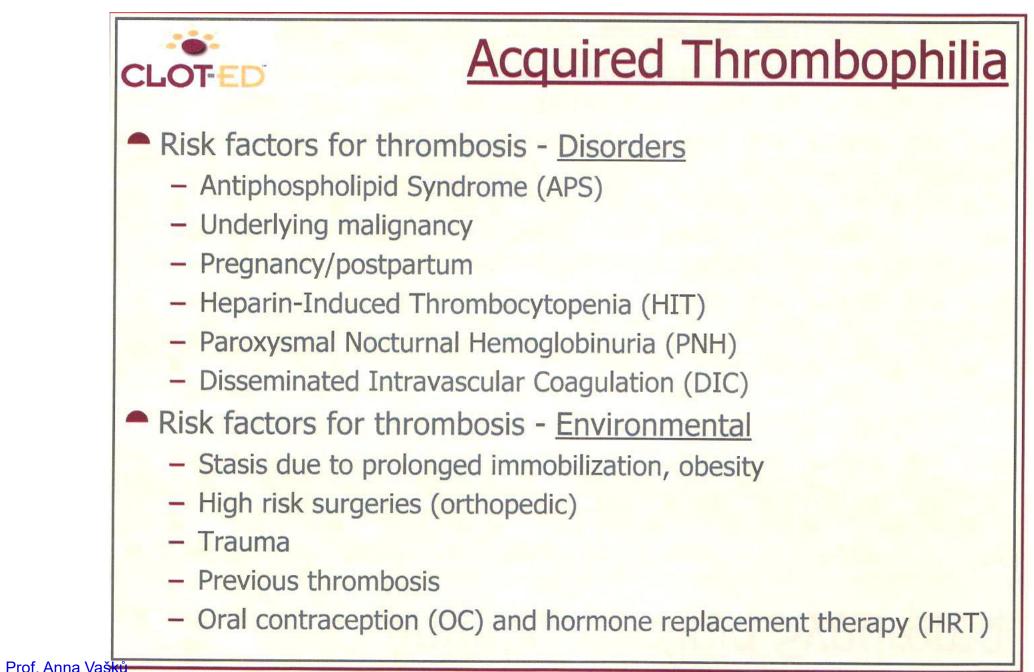
- Sy of antiphospholipid antibodies
- Increased levels of factors VIII, IX, XI and fibrinogen
- Fibrinolysis defects



Thrombophilia

- Tendency to develop thrombi in veins (venous thrombosis) or arteries (arterial thrombosis)
 - Thrombophilia in western countries is frequently used in the context of venous thrombosis
- Thrombosis is a complex (multicausal) disease in which many different pathways can contribute to the risk of developing disease
 - Singularly, inherited and acquired risk factors have may have only a moderate effect
 - Risk is greatly increased when two or more risk factors combine
 - Genetic and genetic
 - Genetic and environmental





Heparin/LMWH—Adverse Effects

- Heparin
 - Bleeding
 - Thrombocytopenia
 - Osteoporosis
 - Hypersensitivity

LMWH

- Bleeding
- Thrombocytopenia

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• Hypersensitivity

Warfarin—Adverse Effects

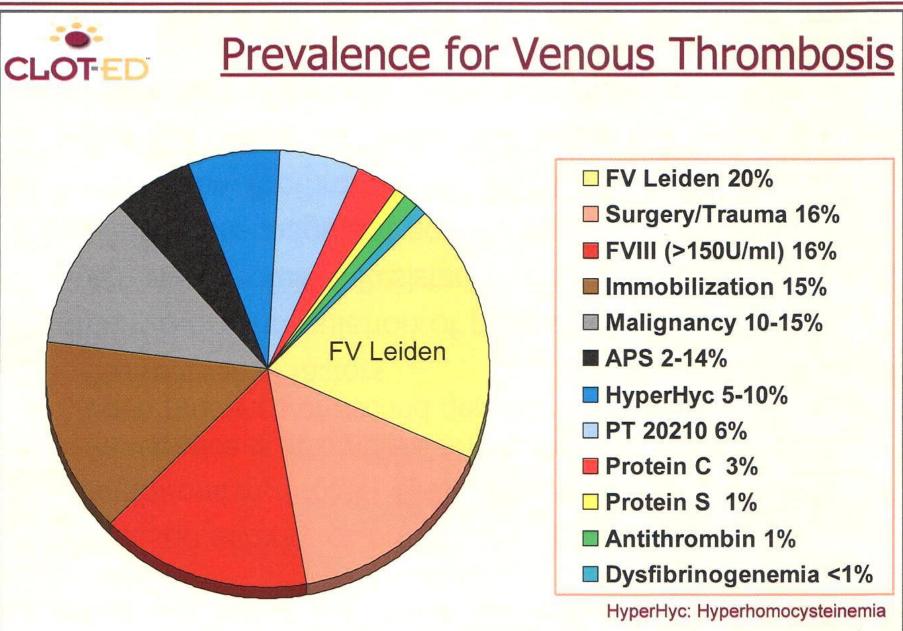
- Fatal or non-fatal hemorrhage from any tissue or organ
- Necrosis of skin and other tissues
- Other adverse reactions reported less frequently include:
 - Systemic cholesterol microembolization
 - Alopecia
 - Purple toes syndrome, urticaria, dermatitis including bullous eruptions



Venous Thrombosis

- Venous system: low flow & pressure
- Thrombi are fibrin rich
- Function of age, biologic conditions, genetic & environmental factors, and their interactions
- Venous thromboembolism (VTE)
 - Deep vein thrombosis (DVT)
 - Pulmonary embolism (PE)
 - Superficial, portal, cerebral, or retinal vein thrombosis
- Reasons for coagulation testing
 - Risk for recurrence of thrombosis
 - Treatment considerations (duration & intensity)
 - Genetic counseling for affected family members
 - Prophylaxis for high risk situations

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⁵¹ Prof. Anna Vašku Prevalence: proportion of persons with disease

Genetic Risk Factors

- Decreased activity of natural anticoagulants
 - Antithrombin, Protein C, and Protein S
 - Penetrance is incomplete and expression is dependent upon presence of second genetic defect and environmental factors
- Impaired downregulation of procoagulant activity
 - Activated Protein C Resistance (Factor V Leiden)
- Increased procoagulant activity of plasma proteins
 - Fibrinogen, Prothrombin (PT 20210), factors VIII, IX, XI
- Impaired fibrinolysis (weak association)
 - Plasminogen (deficiency), FXIII polymorphisms

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CLOT-ED



Protein C (PC) and Protein S (PS) are Vitamin Kdependent natural anticoagulants

Thrombin in the presence of Thrombomodulin (TM) "modulates" its own procoagulant activities to those of anticoagulant by activating PC, in the presence of its cofactor PS, to Activated PC (APC)

APC downregulates coagulation cofactors, VIIIa and Va

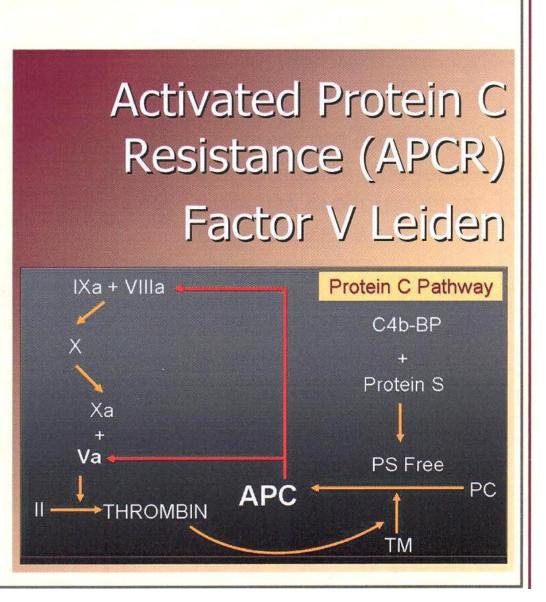
Protein C and Protein S IXa + VIIIa Protein C Pathway C4b-BP Protein S Xa Va **PS** Free PC APC THROMBIN TM

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A single base mutation (guanine to adenine at position 1691 of the *FV gene*) is responsible for the Arg506GIn mutation known as FV Leiden

Phenotype is characterized by a reduced anticoagulant response to APC (FV Leiden is inactivated 10 fold slower than normal FV)



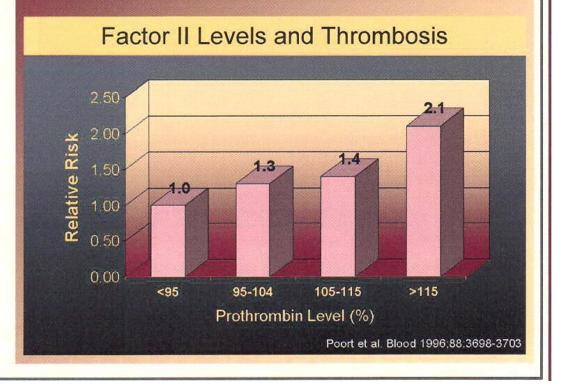
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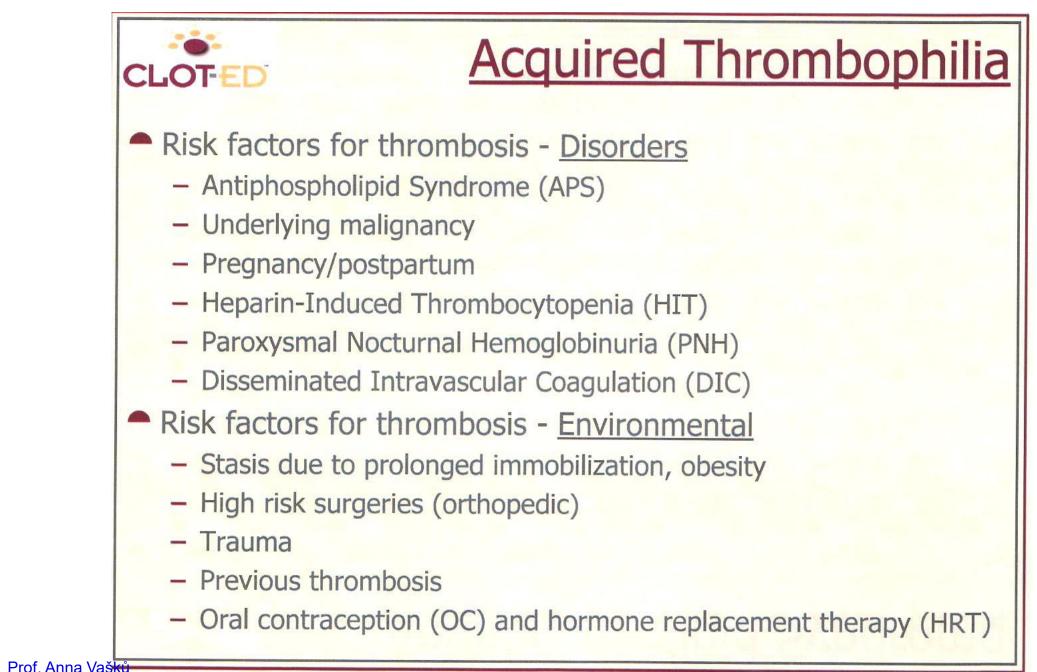
Polymorphism (adenine substituted for guanine at nucleotide 20210) in the 3'-untranslated region of the gene encoding for Factor II (Prothrombin)

Patients heterozygous for the mutation have elevated levels of Prothrombin but activity levels can not be used to exclude genetic defect

Prothrombin 20210



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Venous Thrombosis

- Venous system: low flow & pressure
- Thrombi are fibrin rich
- Function of age, biologic conditions, genetic & environmental factors, and their interactions
- Venous thromboembolism (VTE)
 - Deep vein thrombosis (DVT)
 - Pulmonary embolism (PE)
 - Superficial, portal, cerebral, or retinal vein thrombosis
- Reasons for coagulation testing
 - Risk for recurrence of thrombosis
 - Treatment considerations (duration & intensity)
 - Genetic counseling for affected family members
 - Prophylaxis for high risk situations

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Thrombosis and AF

- AF is the most common arrhythmia seen in clinical practice.
- Without appropriate anticoagulant treatment, most patients with
 - AF are at increased risk of cardioembolic stroke.

Thrombosis and coronary artery disease

– Cardiovascular disease is the leading cause of death in industrialised countries. <u>Coronary artery disease</u> (CAD) is the most common form of cardiovascular disease. In CAD, atherosclerosis damages the coronary artery wall, predisposing to thrombus formation. The symptoms and severity of acute coronary syndromes (unstable <u>angina</u> and myocardial infarction) vary depending on the degree to which thrombi occlude the coronary arteries.

VASCULAR DISORDERS

×Pattern of bleeding: purpura

×Causes.....

- Screening tests for hemostasis:
- BT: prolonged
- Platelet count: normal
- -- PT, PTT, TT: normal

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Table 8.22 Vascular disorders

Congenital

Hereditary haemorrhagic telangiectasia (Osler-Weber-Rendu disease) Connective tissue disorders (Ehlers-Danlos syndrome, osteogenesis imperfecta, pseudoxanthoma elasticum, Marfan's syndrome)

Acquired

Severe infections: Septicaemia Meningococcal infections Measles Typhoid

Allergic

Henoch-Schönlein purpura Autoimmune disorders (SLE, rheumatoid arthritis)

Drugs

Steroids Sulphonamides

Others Senile purpura Easy bruising syndrome Scurvy Factitious purpura

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Table 8.24 Causes of thrombocytopenia

Impaired production	Excessive destruction		
Bone marrow failure	Immune		
Megaloblastic anaemia	AITP		
Leukaemia Myeloma	Secondary immune (SLE, CLL, viruses, drugs, e.g. heparin)		
Myelofibrosis	Alloimmune neonatal		
Solid tumour infiltration	thrombocytopenia		
Aplastic anaemia drugs	Post-transfusion purpura		
chemicals	Sequestration		
viruses	Hypersplenism		
paroxysmal nocturnal			
haemoglobinuria	Dilutional		
	Maccina transfusion		

Massive transfusion

Other

Disseminated intravascular coagulation Thrombotic thrombocytopenic purpura Haemolytic uraemic syndrome

BLEEDING DISORDERS

XAbnormal bleeding may result from

- Vascular disorders
- Thrombocytopenia (\downarrow platelet count)
- Defective platelet function (qualitative defect)
- Coagulation disorders

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Hereditary Bleeding diseases

- Von Willebrand's disease
- Hemophilia A
- Hemophilia B
- Hemophilia C
- Factor V deficiency
- Factor VII deficiency
- Factor XIII deficiency
- Prothrombin deficiency
- 64 ProfAfibrithogenemia

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Acquired bleeding disorders

- Consumption coagulopathies
- DIC-diseminated intravascular coagulation
- Microangiopathic hemolytic anemia
- Vitamin K deficinecy
- Liver diseases

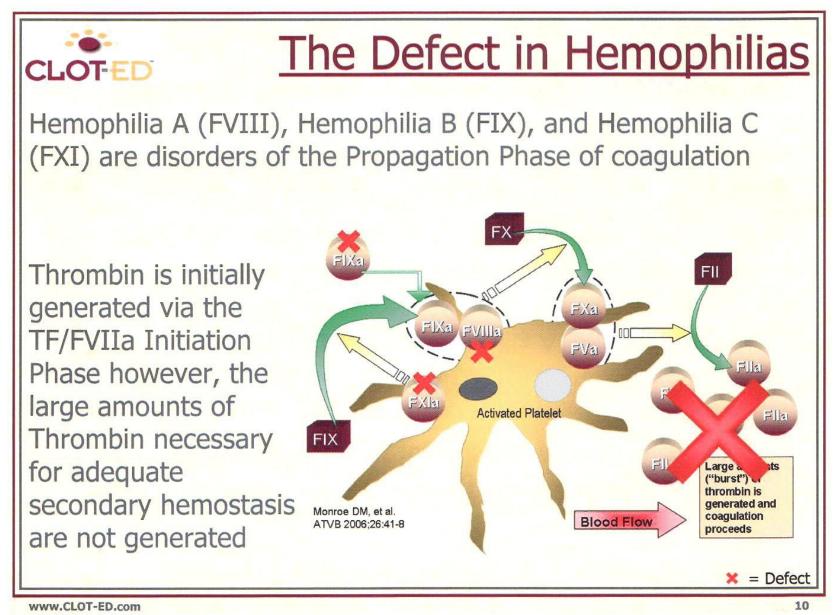
Hemophilia A and B

Inheritance is X-linked

CLOT-ED

- Severity of bleeding depends on levels of FVIII or FIX
 - Mild: activity levels between 5-25%
 - Have significant bleeding after major trauma or surgery but generally go undetected until abnormal APTT is found
 - Moderate: activity levels between 2-5%
 - Bleeding is precipitated by trauma or surgery
 - Severe: less than 1% activity
 - Present with recurrent hemorrhages that occur <u>spontaneously</u> or after minor trauma/surgery
- Clinical presentation
 - 90% of bleeding episodes occur into the joints (knees and elbows predominantly)
 - Intramuscular, intracranial, & gastrointestinal

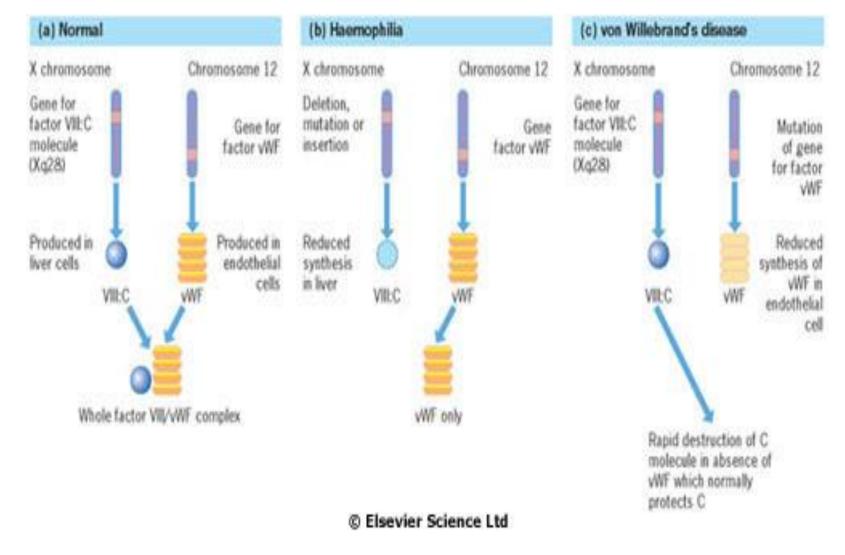




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Hemophilia A

X-linked disorder
 Quantitative or qualitative disorder of factor VIII
 Screening tests:
 BT: normal
 Platelet count: normal
 PT: normal
 PTT: prolonged
 Platelet count: normal
 Specific test: FVIII assay: decreased activity

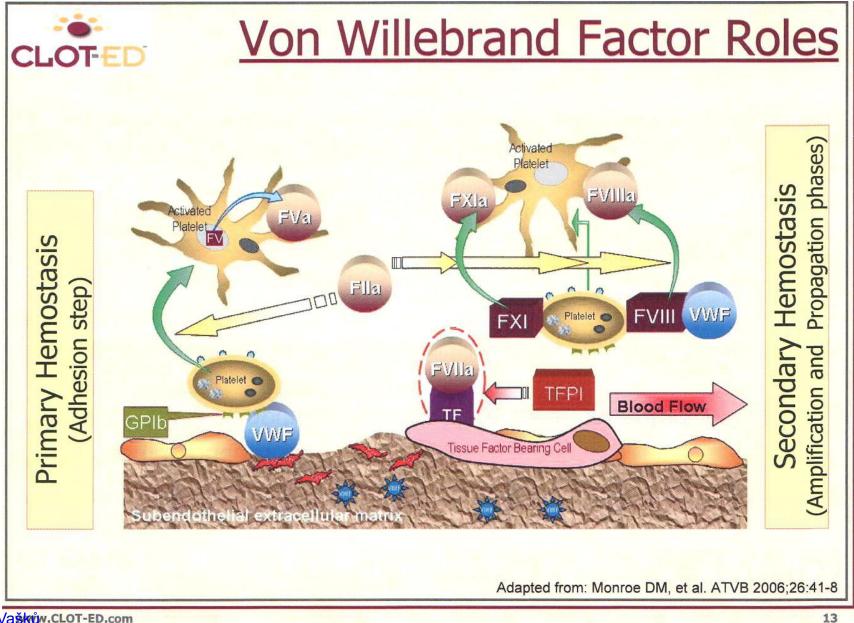


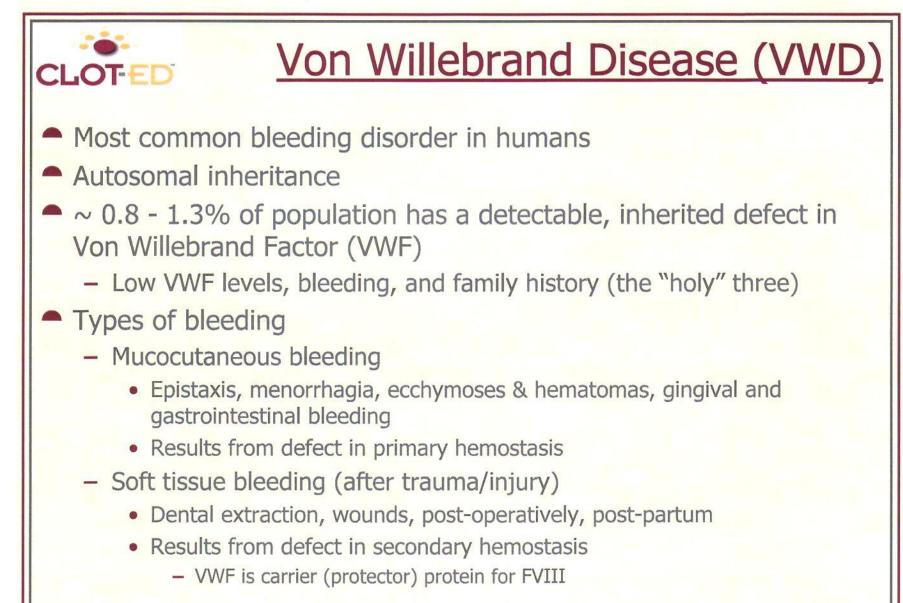
(a) Factor VIII synthesis.
 (b) Hemofilia A has a defect synthesis of VIIIc.
 (c) von Willebrand ´s disease has a reducted synthesis
 Prof. Anna Vašků of vWF

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Hemophilia B

- ×Also called Chritmas disease
- **Compared to hemophilia A:**
- Less common
- same presentation
- Same screening tests results
- Specific test: FIX assay: decreased activity





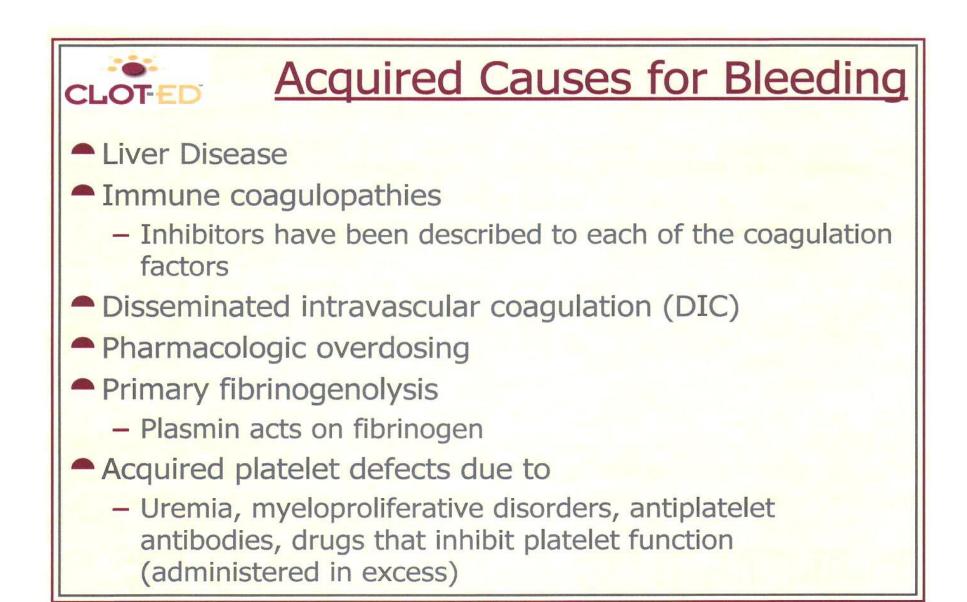
Von Willebrand Disease

- -Autosomal dominant disease
- -Quantitative or qualitative disorder of vWF
- –Von Willebrand factor acts as a carrier for FVIII
- –Acts as an essential cofactor for platelet adhesion and aggregation

Von Willebrand Disease

Screening tests:
BT : prolonged.
Platelet count: normal
PT: normal
PTT: prolonged

Specific tests:
 Platelet aggregation: defective with ristocetin
 FVIII assay: decreased activity
 WF antigen : reduced



DIC (disseminated intravascular coagulation)

×Release of *tissue factor, TF.*

★TF is expressed on many cell types (endothelial, macrophages, monocytes).

★Contact with blood after damage of vessel wall (the effects of cytokines and endotoxins).

★TF is binding to coagulation factors which is leading to activation of both pathways of coagulation cascades.

×

Disseminated intravascular coagulation (DIC)

Due to extensive coagulation followed by fibrinolysis with consumption of hemostatic factors.

×Causes:

xinfection, malignancy, obstetric complications, liver disease

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Diagnosis of DIC

BT: prolonged
Platelet count: decreased
PT: prolonged
PTT: prolonged
TT: prolonged
Fibrinogen level: reduced
FDPs (D dimer): increased
Red cell fragmentation in the blood film

	BT	PT	PTT	Platelet count	Platelet function	Other tests
ITP	Ρ	Ν	N	Ļ		
Glanzman	Ρ	Ν	N	N	Defect aggreg	
Hemoph A	N	N	Ρ	N		FVIII assay
Hemoph B	N	N	Ρ	N		FIX assay
vWD	Ρ	N	Р	N	Defect aggreg	FVIII, vWF
DIC	Ρ	Ρ	Ρ			Fibrinogen FDPs

Thank you for your attention



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