Lymphoproliferative disorders

What's essential to remember – Take home message

- For students and non-hematologists:
- Clinical manifestation when the disorder is to be suspected
- Diagnostic algoritm how the correct diagnosis is the best to be made
- Basic overview of disorders main groups of diseases and basic information about treatment modalities
- For hematology specialists:
- Recent optimal treatment algoritms

CANCER TYPES INCIDENCE CZECH REPUBLIC 2016 (men; ÚZIS)



CANCER TYPES INCIDENCE IN CZECH REPUBLIC 2016 (women; ÚZIS)



ce of lymphoid neoplasms by subtype and race, 12 SEER registries, 1992-2001.*All incidence rates are age adjusted to the 2000 United States population.



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PROGNOSIS AND SURVIVAL OF PATIENTS WITH HEMATOLOGICAL MALIGNANCIES -world data



Figure 2. Source: SEER (Surveillance, Epidemiology and End Results) Cancer Statistics Review, 1975-2014. National Cancer Institute; 2017.

*The difference in rates between 1975-1977 and 2007-2013 is statistically significant (p<.05).</p>

"Survival rate among whites.

Basic overview of hematological malignancies

Based on WHO classification 2018 Hematological malignancies come:

- from lymphoid cell-line
- from myeloid cell-line
- from histiocytic cell-line
- from monocytoidmacrofagocytic system

WHO Classification of Tumours of Haematopoietic and Lymphoid Tissues

Edited by Steven H. Swordlow, Elias Campo, Nancy Lee Hants, Eleine S. Jaffe, Stefano A. Pilert, Harald Stein, Jürgen Thiele, James W. Vardiman



















LYMPHOMA CLASSIFICATION HISTORICAL OVERVIEW

Rappaport (1970)
Kiel (1974)
Working Formulation (1980)
REAL (Revised European American Clasification of Lymphoid Neoplasms)
WHO (5-th revision) 2018

Symptoms accompanying malignant lymphoproliferative diseases

We can recognise

- Systemic (General) symptoms
- <u>Symptoms of local expansion</u>
 - <u>Nodal</u>
 - <u>Extranodal</u>

GENERAL SYMPTOMS

WEIGHT LOSS

(≥10% during 3 months; GIT disorders, chronic inflamatory diseases...)

SUBFEVER/FEVER

(lasting > 3 weeks, dif dg infections, other tumors or autoimunity disorders)

- ITCHING (usually without skin lesions)
- NIGHT SWEAT (need to change clothes)
- FATIGUE (pathological tiredness)

SYMPTOMS OF LOCAL EXPANSION

- 1. Peripheral (palpable) lymphadenopathy: "lumps"
- 2. Mediastinal lymphadenopathy: irritative dry cough, feeling of pressure, vena cava superior syndrom
- 3. Abdominal lymphadenopathy: stomach and intestinal dyspepsia, hydronephrosis due to uretheral compression.
- 4. Splenomegaly: enlarged spleen compressing stomach, feeling of fullness after small meal
- 5. Bone marrow infiltration: (pan)cytopenia
- 6. Osteolytic destruction of bones: pain (backbone), fractures

EXTRANODAL LOCAL SYMPTOMS

- Extranodal involvement in systemic lymphoma
- Primary extranodal lymphomas (~ 30% NHL!)



Diagnostic algoritm



Native sample is prefered











Vena cava superior syndrom

Swelling of face, enlarged volume of neck

Visible collateral veins between vena cava superior and inferior











OVERALL SURVIVAL OF NHL PATIENTS (NIHIL; CLSG)



PROGNOSIS OF THE PATIENT WITH LYMPHOMA IS BASED ON:

- Histology
- Performance status according to ECOG/WHO
- Laboratory examination

Physical examination, imaging (CT, MRI, US±PET)
 Bone marrow examination (trephine biopsy)

Extent of disease = <u>clinical stage</u>

STAGING -ANN ARBOR CLASSIFICATON (modified)^{1,2,3}

Stage I	Involvement of 1 lymph nodes (LU) group or	
	1 extralymfatic organ (EN) (IE)	
Stage II	Involvement 2 or more LN regions on the same side of diaphragma or LOCALISED involvement of 1 EN organ (IIE) including lymph node involvement of 1 or more groups LN on the same side of diaphragma	
Stage III	Involvement of LN or lymphatic organs (spleen, Waldayer circle) on both side of diaphragma, which can be accompanied with LOCALISED involvement of 1 EN organ (IIIE)	
Stage IV	Difuse or diseminated involvement of 1 or more EN organs or tissues with or without LN involvement	

¹Carbone PP, Kaplan HS, Musshoff K, et al. Report of the Committee on Hodgkin's Disease Staging Classification. Cancer Res 1971; 31(11):1860-61.

²Rosenberg SA. Report of the committee on the staging of Hodgkin's disease. Cancer Res 1966; 26: 1310.
³Lister TA, Crowther D, Sutcliffe SB, et al. Report of a committee convened to discuss the evaluation and staging of patients with Hodgkin's disease: Cotswolds Meeting. J Clin Oncol 1989; 7(11):1630-36.

FDG-PET (¹⁸Fluordeoxyglucose - positrone emission tomography)





FDG-PET – what can we really see???



PET is sensitive but not specific for tumor! Fever of unknown origin – vasculitis proven by FDG-PET



WHY IS IMPORTANT TO KNOW STAGE OF THE LYMPHOMA?





TREATMENT STRATEGY (I+II vs III+IV stage) IS SIGNIFICANTLY DIFFERENT IN ALL LYMPHOMA SUBTYPES!

BASIC INFORMATION ABOUT HISTOLOGICAL CATEGORIES

LYMPHOPROLIFERATIONS = malignancies from lymphoid tissue

• <u>LYMPHOMAS</u>

- Morbus Hodgkin (Hodgkin's lymphogranuloma) ~30%
 - Classical (~95%)
 - Nodular lymphocyte predominant
- NonHodgkin's lymphomas (NHL) ~70%
 - B-NHL (~90%)
 - T-NHL (~10%)

LYMPHATIC LEUKEMIAS

B-line: B-CLL, Hairy cell, prolymphocytic leukemia T-line: T-prolymphocytic leukemia, T-LGL, adult T-cell leukemia



Survival according lymphoma subtype



(A)

MCL – mantle cell lymphoma BL – Burkitt lymphoma DLBCL- diffuse large B-cell lymphoma FL –follicular lymphoma MALT- mucosa associated lymphoma tissue lymphoma

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CTIL.

ENKTL –extranodal NK/T lymphoma EATL- enteropathy associated lymphoma PTCL U –peripheral T-cell lymphoma (unspecified)



Malignant lymphoproliferative diseases

- about 50 units (recent WHO 2008 classification)
- from practical point of view two subgroups:



LOW GRADE LYMPHOPROLIFERATIONS

B - line	T- line
Lymphoplasmacytic lymphoma Hairy-cell leukemia Chronic lymphatic leukemia (CLL) Small lymphocytic lymphoma (SLL/CLL)	T-cell large granular lymphocytic leukemia (LGL) NK chronic lymphoproliferation Mycosis fungoides/ Sézary
Follicular lymphoma Marginal zone lymphomas	syndrom T- cell lymphatic leukemia/lymphoma
	Primary cutaneous T-cell lymphoma (CD30+)

LOW GRADE LYMPHOMAS – basic characteristics and principles

- Overall survival even without treatment in years to 10 ys
- Radiotherapy indicated and with curative effect in limited extent (stage I or II)
- Advanced stages (III/IV) are generally incurable, chemotherapy-based (CHT) indicated and induces remission, BUT relapses are the rule
- Curative therapy has to be started immediatelly
- Non-curative treatment (CHT) initiated in symptomatic patients only
FOLLICULAR LYMPHOMA clinical behavior

- Slow growing (sometimes vanish lymphadenopathy with relapsing spontaneous remissions are not general symptoms
- Global median overall survival > <u>BUT</u> 20% dies during 2 years si
- FL is considered incurable with (limited stages I/II) which is releved only
- Cause of death treatment toxic (~25-60%) to more aggressive N



Follicular Lymphoma – Principles of Therapy

PRIMARY THERAPY (first line)

- Localised FL (stage I+II): IF RT 24Gy
- Advanced FL (stage III+IV):
 - /large tumor/: antiCD20+ chemotherapy + antiCD20 maintenance (2ys)
 - /low tumor/: watch and wait

THERAPY OF RELAPSE

- Chemotherapy antiCD20 maintenance
- High-dose chemotherapy + autologous stem cell support
- Allogeneic bone marrow transplantation
- Radioimmunotherapy
- Radiotherapy even very low dose (~4Gy!!!)

Anti-CD20 antibody therapies have changed the course of FL



ProMACE: prednisone, methotrexate, doxorubicin, cyclophosphamide, etoposide *SWOG 9911: CHOP + ¹³¹I-tositumomab; SWOG 9800: CHOP + MabThera OS = overall survival

1. Fisher RI, et al. J Clin Oncol 2005; 23:8447-8452.

Anti CD20 **monoclonal antibody Rituximab – Mabthera[®], Rituxan[®]**

- Chimeric humanized IgG1 type
- CD20 receptor present on surface of nearly all B-lymphoid cells
- including malignant lymphocytes
- Approved for clinical practice (FDA)
- R is standard component of treatment of CD20+lymphoma
- Favourable efficacy/toxicity ratio
- Mechanism of action
 - CDC (complement dependent cytolysis
 - ADCC (antibody dependent cytotoxicity
 - Apoptosis induction
 - Direct antiproliferative effect



MARGINAL ZONE LYMPHOMAS (MZL)

- Nodal very similar to FL or SLL
- Splenic with/without vilous lymphocytes
 - Splenomegaly leading symptom
 - Treatment options: splenectomy
 - rituximab monotherapy
- Extranodal (MALT)



LYMPHADENITIS



FOLLICULAR LYMPHOMA

MARGINAL ZONE LYMPHOMAS (MZL)

- MALT Mucosa associated lymphatic tissuse lymphoma
- <u>Etiology: antigen stimulation (H.pylori,</u> <u>Borellia, Chlamydia, HCV...)</u>
- Dominating MALT-lymphomas of stomach
- Symptoms: "gastric ulceration" (reccurent or non-healing)

MALT- lymphomas (examples)





CAVE: gastric MALT or DLBCL are second most frequent tumor of stomach BUT with excelent curability!!! MALT- lymphomas treatment principles

- Limited stage (I and II)
- Antibiotics, curative radiotherapy (30Gy)
- <u>Generalized stage (III and IV)</u> treatment like in FL (RCOP/RCHOP)

IN STAGING IS SPECIFIC:

Multiple biopsy of mucosa (even normally looking) Helicobacter pylori must be ALWAYS examined

AGGRESSIVE LYMPHOMAS

B line	T line
Prolymphocytic B-cell leukemia Multiple myeloma Mantle cell lymphoma Follicular lymphoma (grade III), Diffuse large B-cell lymphoma Primary mediastinal large B-cell lymphoma Burkitt lymphoma	Prolymphocytic T-cell leukemia Peripheral T-cell lymphoma Angioimunoblastic lymphoma Angiocentric lymphoma Intestinal T-cell lymphoma Anaplastic large T-cell lymphoma
 Some units are curative Rapid progression with short history 	Hepatosplenic γδ lymphoma Panicullitis like T-cell lymphoma

Treatment indicated immediatelly

DIFFUSE LARGE B-CELL LYMPHOMA

- An aggressive subtype of lymphoma that typically originates in lymphoid tissues
- The largest subtype of NHL (~ 35%) with about 100,000 new cases per year worldwide
- Clinically and biologically a heterogeneous disease with recent data documenting at least 2 distinct subtypes
- Clinical course is characterized by aggressive, rapid progression and symptoms
- 50% long term cure with current standard therapy

DIFFUSE LARGE B-CELL LYMPHOMA

- Several morphological variants: centroblastic, <u>immunoblastic</u>, anaplastic
- Several subtypes according to WHO 2008
 - DLBCL
 - Primary mediastinal DLBCL
 - Plasmablastic lymphoma
 - EBV associated DLBCL in elderly
 - Primary DLBCL of CNS
 - T-cell histiocyte rich
 - Primary cutaneous leg-type
 - ALK+ anaplastický DLBCL
 - DLBCL associated with chronic inflamation
 - Intravascular DLBCL
 - Primary effusion lymphoma
 - HHV8 associated DLBCL

Borderline DLBCL

provisional entity to avoid contamination of "clasical cases of DLBCL or BL high-grade B-lymphoma between BL and DLBCL double hit lymphoma (bcl2+ cmyc) childhood DLBCLwith cmyc BL lacking cmyc

Gray zone lymphoma

mediastinal lymphoma two morfological and immunophenotype feature B-cell transcriptional programme (BOB1, PAX5, OCT2) activation programme: CD30+ CD15

DLBCL – the global standard care

- CHOP (Cyclophosphamide, Doxorubicin, Vincristine, Prednisolone) was developed empirically over ~ 30 years ago
- Doxorubicin & Cyclophosphamide are considered to be essential drugs in high grade lymphomas
- R-CHOP is current global standard treatment with significant improvement in PFS and overall survival





DLBCL – pathogenesis

- GC-DLBCL (germinal center) phenotype
 - Bcl2, c-myc
 - Rare mutation in BCR subunits
- nonGC (ABC=activated B-cell) phenotype
 - CARD11, BCL10, MALT1, NF-кВ
 - mutation in BCR receptor subunits (CD79a/CD79b)

MANTLE CELL LYMPHOMA

- mantle cell lymphoma = lymphoma from "mantle cells" of lymphatic follicle, CD20+
- Defined as a nosological unit since1992
- 6-8 % of all Nonhodgkins's lymphomas
- Typically in older men
- Frequent extranodal involvement (>80%cases)
 - Blood, bone marrow
 - Gut (multiple lymphomatpus polyposis)

CD5+10-19+20+23-79b+slgDM+sλ+ Diagnosis of MCL can be made by flow from blood and/or bone marrow!





Prognosis of MCI CLSG Sch KLS Czech Lymphoma Study Group Czech Lymphoma Study Group Cooperativní Lymfomová Skupina (Czech Lymphoma Database)



- Prognosis is poor
- New drugs are needed
- •Chemotherapy has limited efficacy
- Targeted therapy
- Molecular pathogenesis
- t(11;14) is hallmark
- cyclinD1 overexpression



MCL- treatment

- intensive chemotherapy is recommended R-MaxiCHOP/high dose Arac/ high dose BEAM
- transplantation therapy is indicated in younger patients
- majority of MCL patients not able to receive intensive treament
- new "smart" drugs (biological agens) focused on BCR signaling are efficace
 Ibrutinib, bortezomib, temsirolimus +/- rituximab

B-CELL RECEPTOR (BCR) SIGNALING



Schéma upraveno dle Gold 2010 a Roschewski 2012.

BCR signaling

Active BCR signaling

-Antigen driven

- -BCR immobile clusters
- activation of downstream pathways NF-кВ, PI3, MAPkinase
- NF-кВ activated by BTK
- -ABC-DLBCL (BTK inhibitor)

Tonic BCR signaling

- antigen independent, necessary for B-cell survival
 BCR freely mobile
- namely PI3 pathway
- Burkitt lymphoma

IBRUTINIB

- Ireversibil inhibitor of Bruton's tyrosinkinase (BTK)
- Inhibition of autophosphorylation phosphorylation by physiological substrate, blocage of phosforylation of PLCγ, ERK (extracelluar signalregulated kinase),PI3K, NF-κB...
- Proliferation inhibition, triggering of apoptosis
- Increase resistance to microenvironment signals



TEMSIROLIMUS (Torisel®)



- Selective inhibitor mTOR –
- protein kinase (mamalian target of rapamycin)
- Inhibition mTOR→ cell cycle arrest in G1 and angiogenesis (VEGF)
- PI3Kinase/Akt/mTOR pathway – konst. active in MCL



BURKITT LYMPHOMA

- Very rapidly growing; aggressive; high-grade B-cell lymphoma
- Rare disease in central Europe
 - Endemic (Africa, young boys, jaw or facial mass, EBV associated)
 - Sporadic (any age, abdominal mass)
 - Epidemic (immunodeficiency associated)
- Different behavior compared to DLBCL
- Abdominal symptomatology (intususception, appendicitislike)
- BM and CNS involvement in 30% of cases
- Tumor lysis syndrome (!)
- CR 80%, long-term survival 50%

BURKITT LYMPHOMA

- "Starry sky" morphology (medium-sized lymphocytes)
- WHO recognizes:
 - Burkitt lymphoma with plasmacytoid differentiation
 - Atypical Burkitt/Birkitt-like lymphoma
 - Phenotype: CD10+, bcl6+, bcl2-, CD20+, slgM+, Ki67≥95%
- t(8;14) ~80% pts
- c-myc translocation
- Therapy: intensive chemotherapy
- Magrath protocol: R-CODOX-M/R-IVAC
 - (MTX+ CHOP; high dose AraC + IFO)

PRIMARY CNS LYMPHOMA

- Rare type of aggresive lymphoma; about 4% of CNS tumours and about 4-6% of all extranodal lymphoma (1% of all lymphoma)
- Localization: most common in hemispheras (38%), thalamus and basal gangliae (16%), c.calosum (14%)
- Median age 60-65 ys
- Belong to lymphomas with the worst prognosis (5-year OS 30-50%)
- Histologically: DLBCL in 95% cases

PRIMARY CNS LYMPHOMA

•Symptoms: neurological deficits, epi-paroxysms, amention, lethargy

•Diagnosis: MRI (typical pattern)+ stereotactic biopsy

•Corticoids given in antiedematic setting can completely destroy tissue for histological evaluation!!!!

 Treatment: cytostatics must have sufficient level in CSF
 high-dose MTX (3g/m2) and AraC (2g/m2) + whole brain radiotherapy (24-36Gy)

T-CELL LYMPHOMAS

– Nodal

- PTCL –NOS peripheral T-cell lymphoma not otherwise specified (25%)
- ALCL anaplastic large cell lymphoma (12%)
- AITL angioimunoblastic lymphoma (19%)
- Extranodal (tissue tropism)
 - Hepatosplenic γδ lymphoma (1.4%)
 - Enteropathy associated T-lymphoma (EATL) (5%)
 - Panniculitis-like T-cell lymphoma (0.9%)
- Leukemic
 - Adult T-cell leukemia, LGL-leukemia, NK-cell leukemia, T-prolymphocytic leukemia

T-CELL LYMPHOMA prognosis

Non-cutaneous T-lymphoma have very poor prognosis

- Heterogeneity of units
- Too smal populations for clinical trials
- Treatment used in B-cell lymphoma is unsuficient



HODGKIN'S LYMPHOMAS

- CLASSICAL M.H.
 - CD30+, CD15+
 - Reed-Sternberg cc.
 - Nodular sclerosis
 - Mixed cellularity
 - Lymphocyte-rich
 - Lymphocyte-dep



- NODULAR LYMPHOCYTE PREDOMINANT
 - <u>CD20+</u>
 - "popcorn" cells

HODGKIN'S LYMPHOMAS

BASIC

- Pathological Hodgkin's cells (HRS) are derived from Blymphocytes
- Peaks of incidence around 20 and 60 ys
- Hodgkin's lymphomas account for 30% of all lymphomas
- Highly curable disease

SYMPTOMS

- Lymphadenopathy with/without systemic symptoms:
- Fever
- Weight loss
- Itching
- Alcohol-related pain (LN)

HODGKIN'S LYMPHOMAS – treatment strategy

Localised M.H.

2 x cycle of chemotherapy ABVD + IF RT 20Gy • Advanced M.H.

6 cycles BEACOPP escalated

 Intermediate M.H.
 2xABVD + 2x BEACOPP escalated
 + IF RT 30Gy



M.Hodgkin - Treatment results (DHG 2001)

Effect	COPP/ ABVD	BEACOP basal	BEACOP escalated
Complete remission	84 %	88 %	96 %
Progression	12 %	8 %	2%
3-ys symptom free survival	72 %	80 %	92 %
3-ys Overall survival	86 %	91 %	92 %

CD30 signal pathway

- CD30 is expressed
 - on RS-cells of M.Hodgkin, ALCL, and on primary cutaneous T-lymphomas



Brentuximab Vedotin Mechanism of Action



With permission from Chen R et al. Proc ASH 2010; Abstract 283.

Long-term problems related to treatment of Hodgkin's disease

- Increased incidence of secondary malignancies
- Damage of gonadal functions (sterility)

 Long-term adverse events (toxicity) cardiomyopathy, lung fibrosis, myelodysplastic syndrome
MULTIPLE MYELOMA - SYMPTOMS

Clonal expansion of malignant plasmocyte-derived cells - local infiltration of bone marrow and bones - production of monoclonal lg

Disease damaging (really multiple):

- Bones (pains, fractures)
- Kidneys (renal failure, nefrotic syndrome)
- Peripheral nerves
- Etc.....

Immunofixation and electrophoresis with densitometry (quantification) of monoclonal immunoglobuline



Clinical symptoms of myeloma cells



Monoclonal Ig: • total molecule •Light chains only!

Nephropathy Neuropathy <u>neuropatic pains</u> hypo- i hypercoagulopathy amyloidosis, cold aglutinins

<u>Cytopenias</u> B and T immunosupression

Fundus paraproteinemicus



MM criteria acc. Durie and Salmon, 1975

Big criteria	Small criteria
1) Plasmocytoma (histology)	a) 10 – 30 % plasmocytes in BM
2) Plasmocytes in BM> 30 %	b) M-Ig fewer than under point 3
3) M-IgG > 35 g/l, IgA >	c) Osteolytic lesions
20 g/l or light chains in urine > 1g/24h	 d) Decreased levels of normal Igs: IgM < 0,5 IgA < 1,0 a IgG < 6,0 a/l

MULTIPLE MYELOMA

- Criteria IMWG 2003
- Monoclonal plasmocytes >10 % biopsy proven plasmocytoma
- Monoclonal Ig present in blood and urine
- At least dysfunction of one organ
- C Calcium > 2,8 mmol/l
- R Renal insuficiency (creatinin >176,8 umol/l)
- A Anemia
- B Bone osteolysis

Characteristics of tumor pain

Intermitent pain usually back bone

Permanent pain

Episodic worsening of chronic permanent pain

Extremly strong pain during common daily activity:

- turning over in bed
- during walk
- during cough

Symptoms of multiple myeloma













CT vyšetření:osteolytická ložiska sterna s okrajovou usurací kortikalis

MR vyšetření: patrna nádorová aktivita a infiltrace celého sterna

Diferencial diagnostics of back bone pain

Lumbago without any radicular iritation

1 month of standard treatment Back bone pain with radicular iritation
Night back bone pains
Rapidly worsening pains
Osteoporosis and back bone pains

Laboratory and imaging examination

Patient v remission of multiple myeloma with rapidly worsening of back bone pain irradiating into both legs with muscle atrophy. What's the cause?

X-ray of back bone with no susbstantial pathology explaining the troubles.

Tomastik/lvan/^^ ID:470511/219 DoB:1947-05-11 2006-10-10 12:45:35 No.1



Tomastik/lvan/^^ ID:470511/219 DoB:1947-05-11 2006-10-10 12:51:21 No.2



Q: 95% 🛕 FN Brno "Thunder Platform"

C: 8192

MRI: Extramedular expansion in L3 and Th8



Q: 95% (1) FN BRNO-Bohunice MAGNETOM IMPACT

Ρ

RM TR:939 TE:12 SP:-3.14645 SL:4 CM:

д

C: 686 W: 1399 FDG-PET: is able to show bone and extrabone myeloma lesions



Can monoclonal Ig cause renal failure requiring hemodialysis?



Leg oedema in nephrotic syndrome



Multiple myeloma - therapy

- Conventional chemotherapy median 3– 4ys
- High dose chemotherapy with autologous stem cell transplantation
 - prolongs median +1,5 y
 - increases priportion of patients surviving more than 5ys
 - is a standard procedure for pacients in good condition younger than 65ys
- New drugs used in clinical standard care: Thalidomid, bortezomib

Proteasome inhibition

- Stabilisation:
 - CDK inhibitors (p21, P27) ≈ decreasing of proliferation
 - P53 ≈ apoptosis increasing
 - Proapoptotic proteins (BAX, BID, BAK) ≈ apoptosis increasing
 - Increased inhibition of NFκB

≈ apoptosis increasing
≈ proliferation decrease
≈ angiogenesis decrease



Multiple myeloma – supportive care

- Bisfosfonates
- Hemodialsis
- Plazmapheresis
- Antiinfective therapy, Ig substitution
- Anaemia therapy
- Radiotherapy
- Analgetic therapy

Primary AL amyloidosis

 Deposits of light chains generally or in selected organs according to "tropism" of these proteins

Patients are diagnosed in very advanced stage of disease (heart failure)

 Treatment can remove amyloid deposits, but time is needed (≈ 6 months at least)





Changes of tongue



