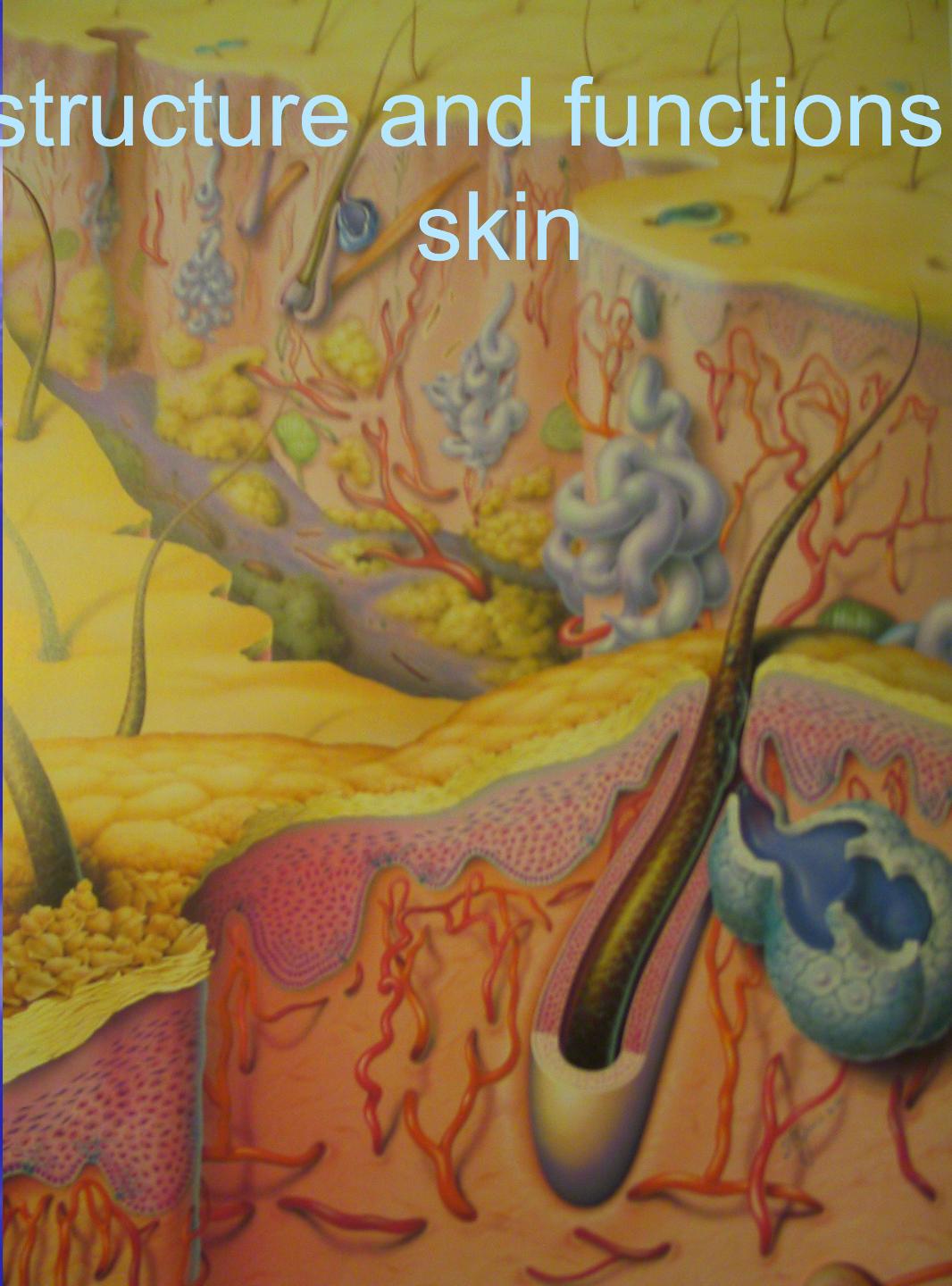


The structure and functions of the skin



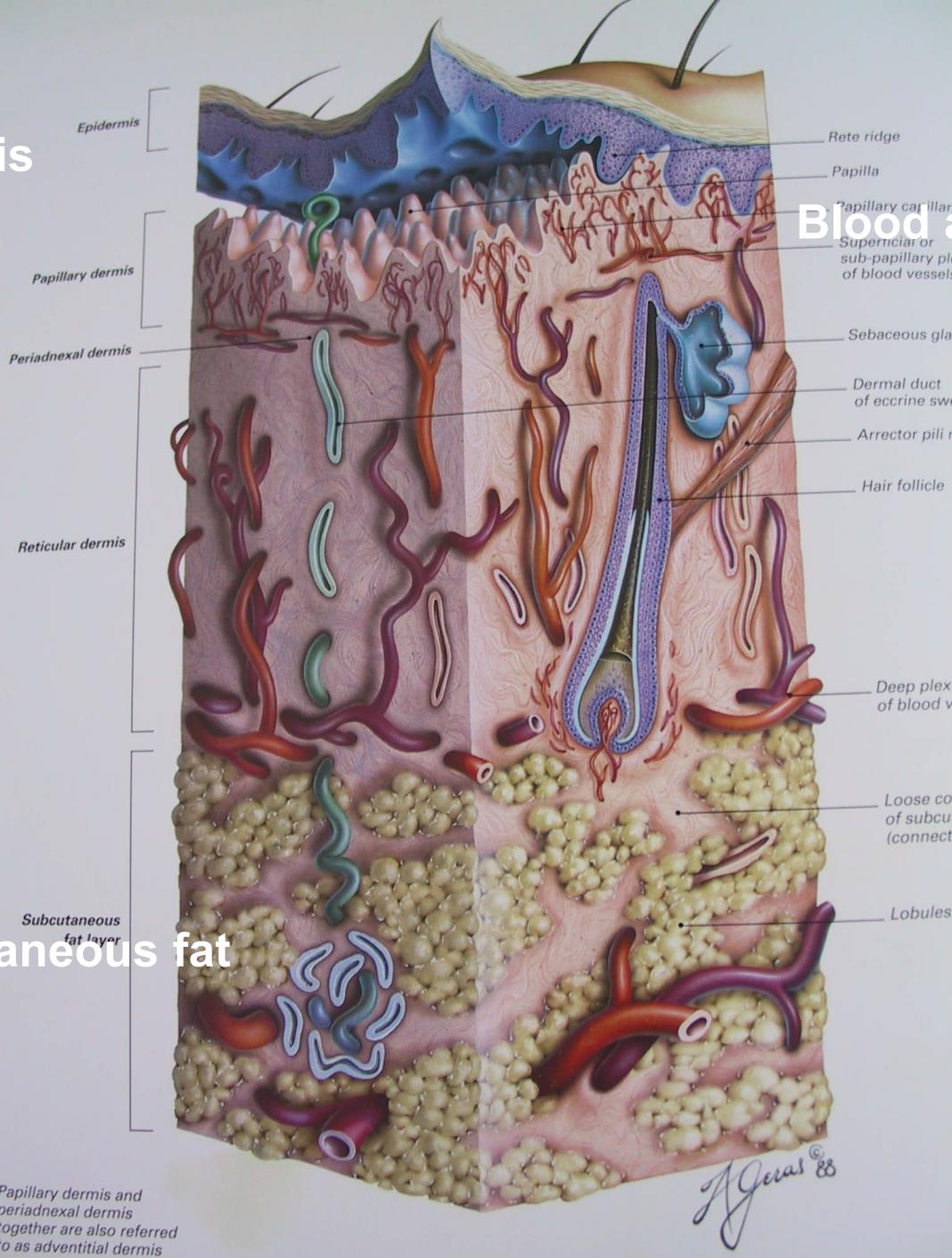
Skin of an adult

- Surface 1,5 – 2m²
- Weight 18 – 20 kg
15-19% of total weight

Epidermis and dermis mean thickness 2mm
(0,5 kg and 3,5 kg)

Subcutaneous tissue 8-25mm

Epidermis



Blood and lymphatic vessels

Dermis

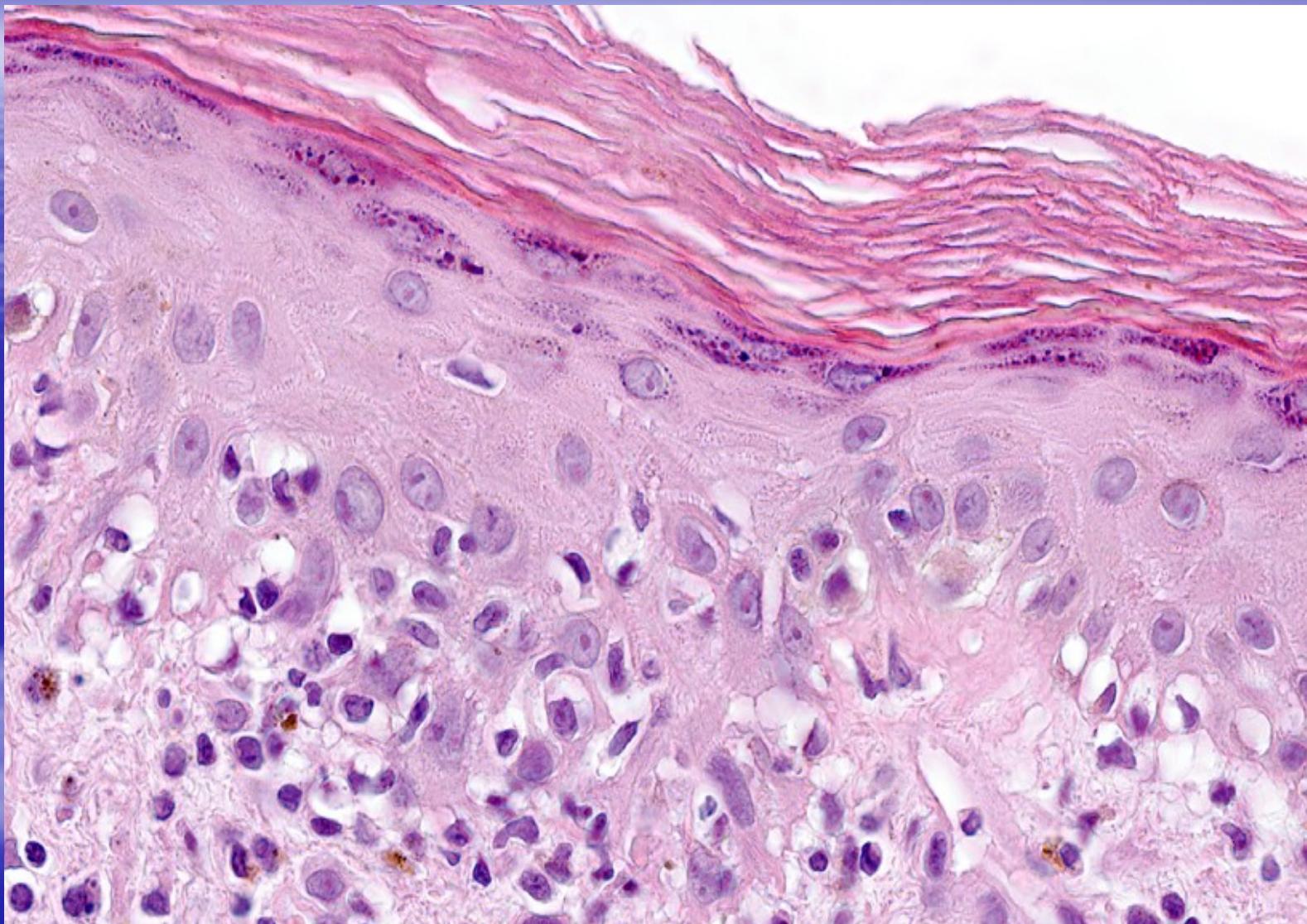
Hair follicle unit

Subcutaneous fat

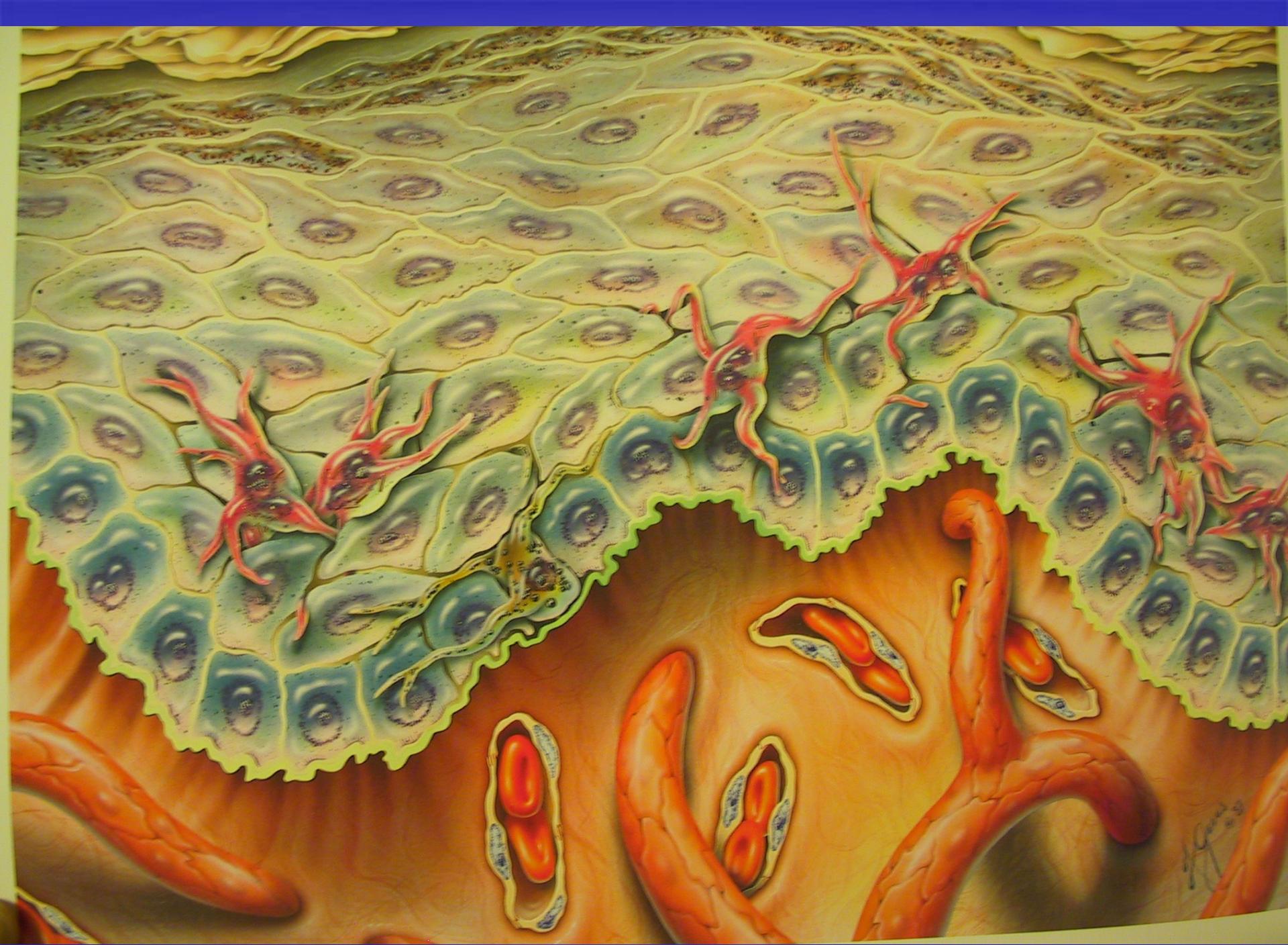
Sweat glands

Nerves

Connective tissue

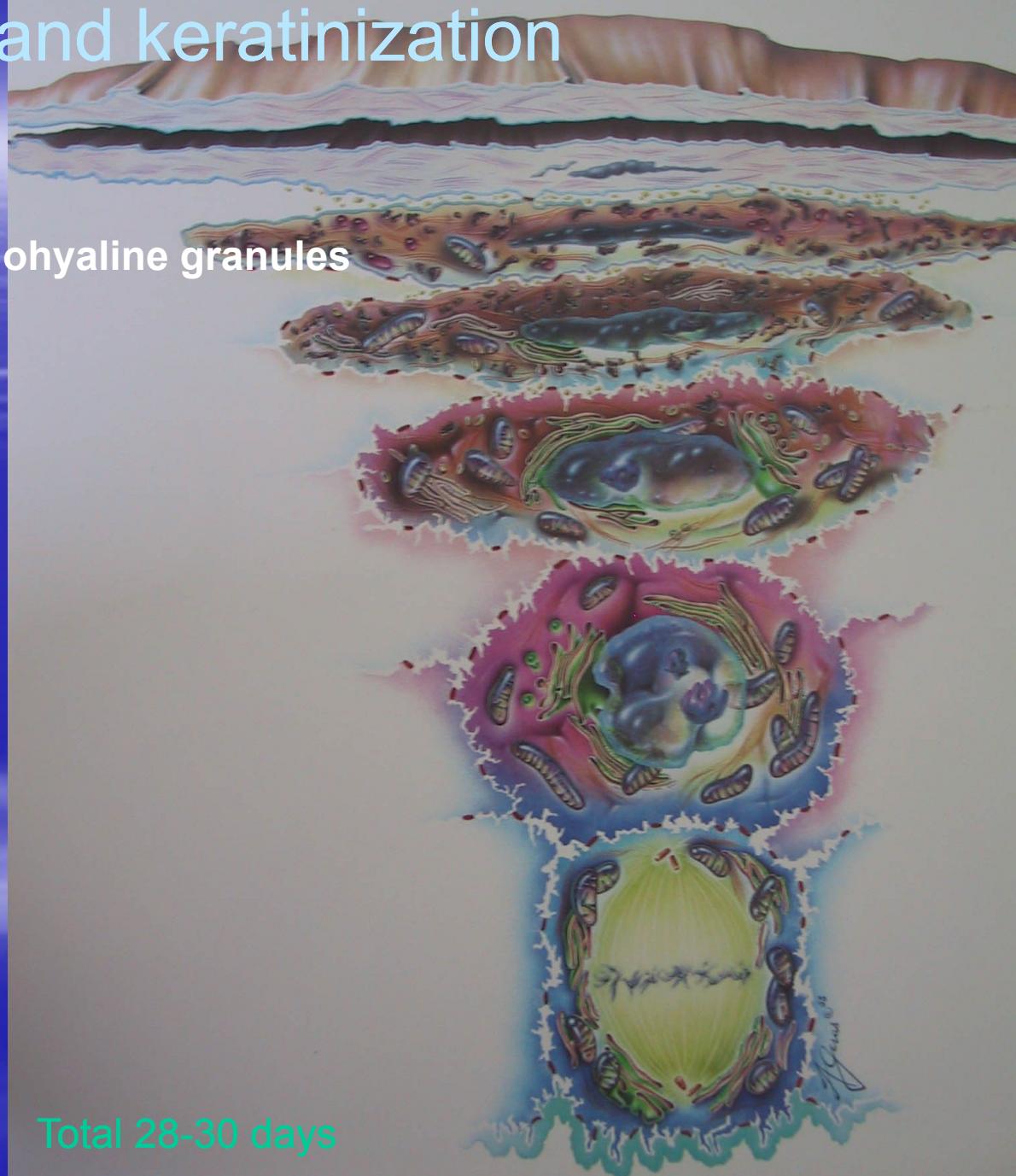


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Keratinocyte and keratinization

Horny layer 12 days



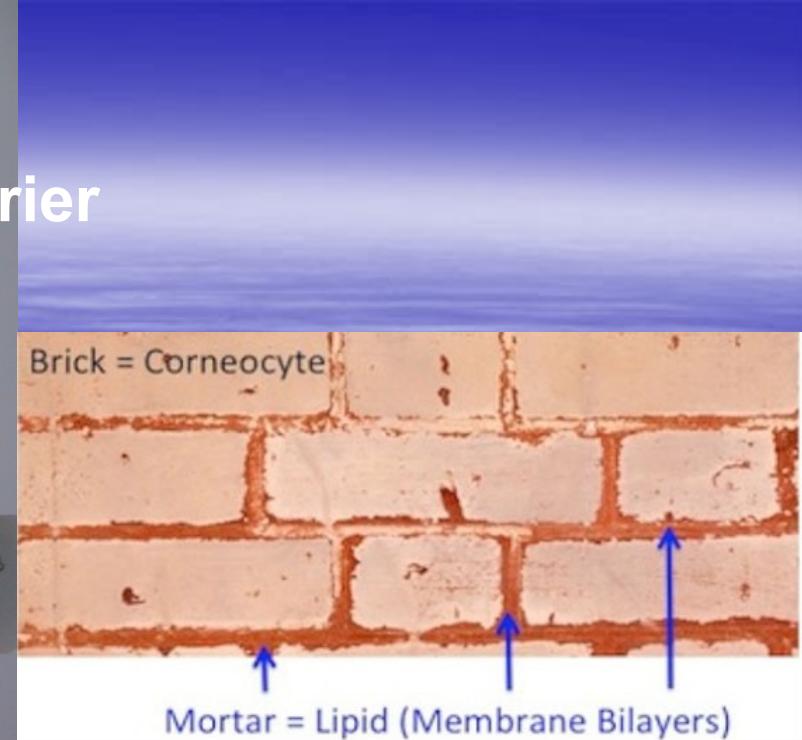
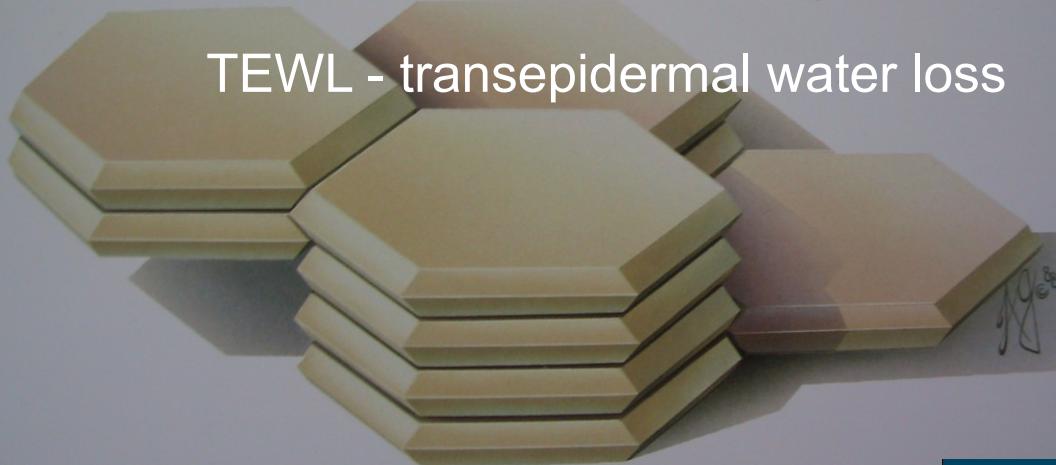
Stratum spinosum
– 6 days

Basal cell layer
- 8-10 days

Total 28-30 days

Horny layer - epidermal barrier

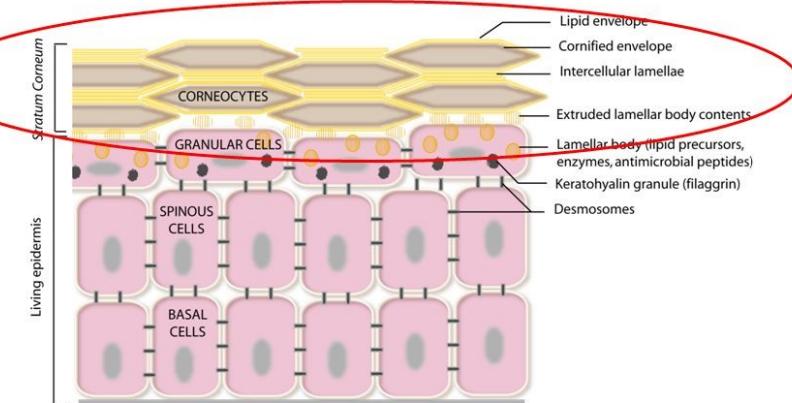
TEWL - transepidermal water loss



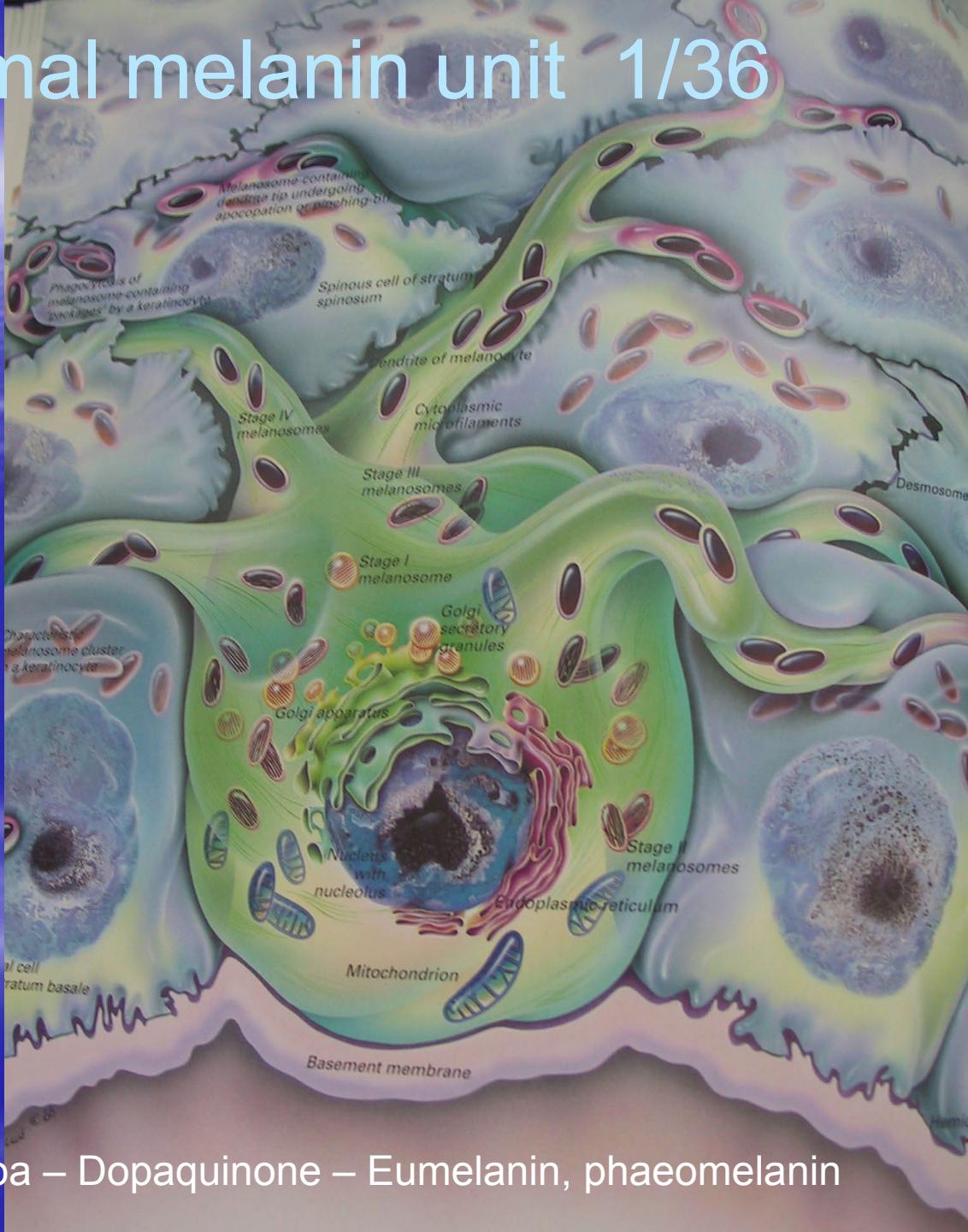
Disorders - hyperkeratosis proliferation x retention
- parakeratosis
- dyskeratosis



The Epidermal Barrier



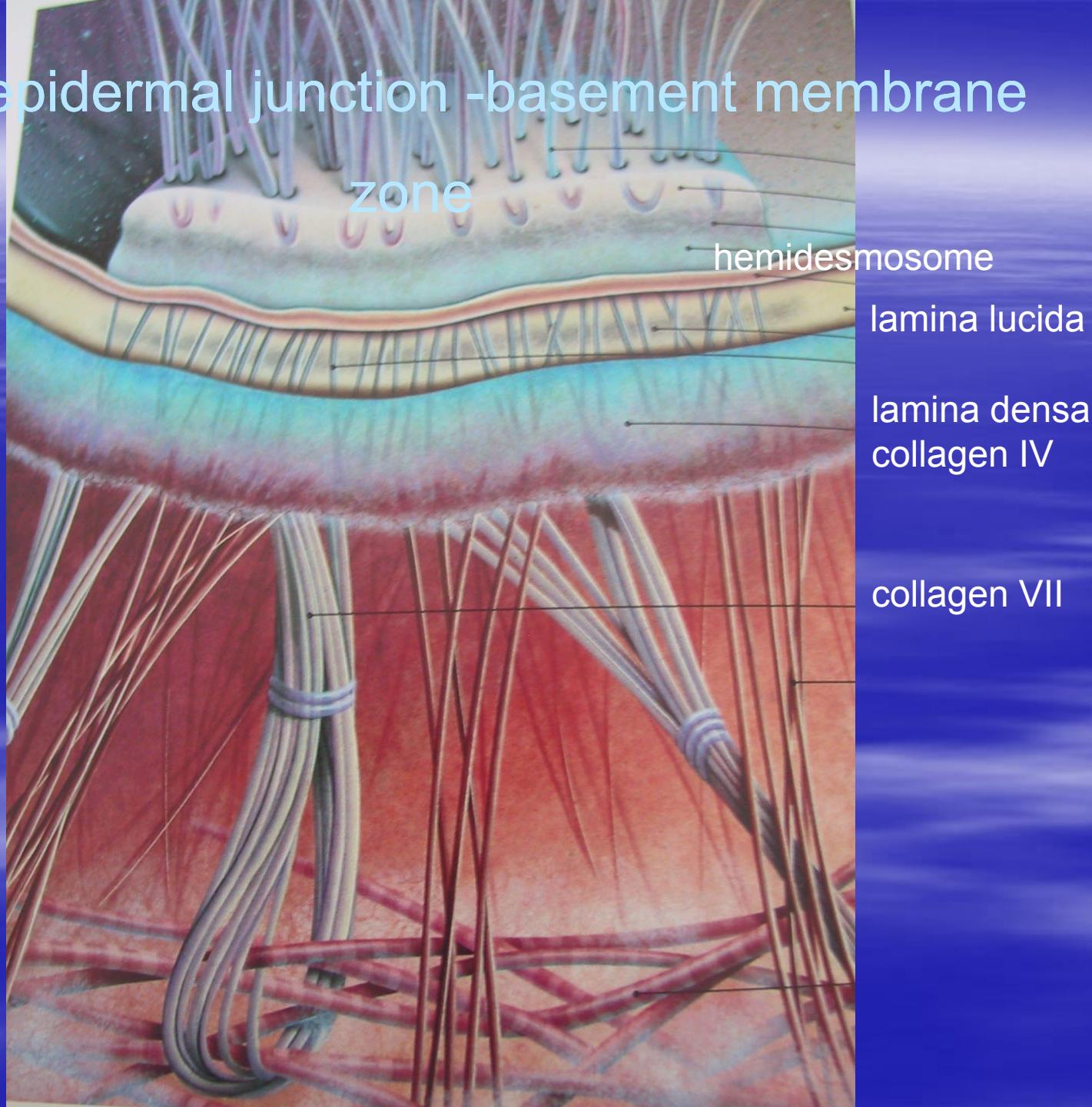
Epidermal melanin unit 1/36



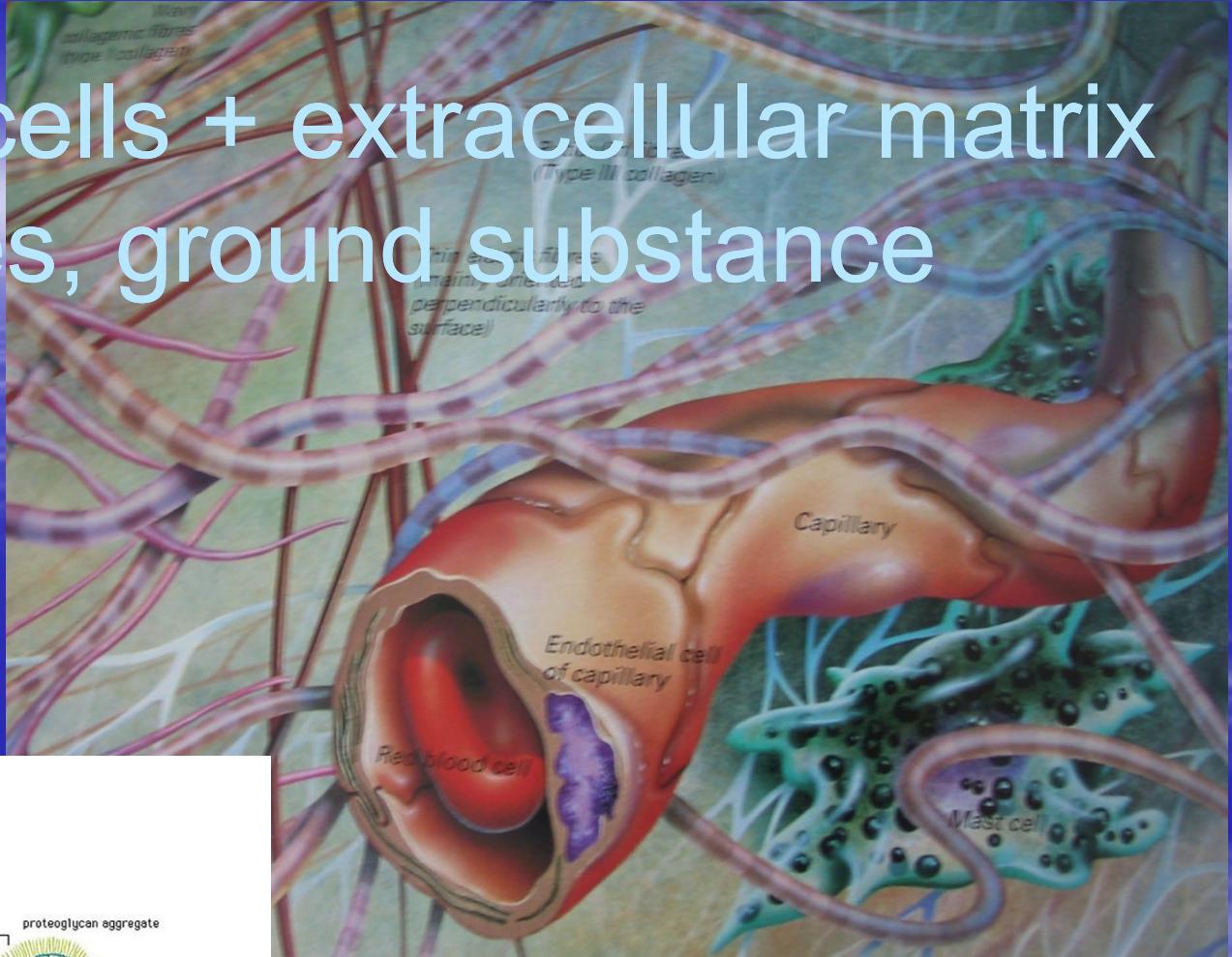
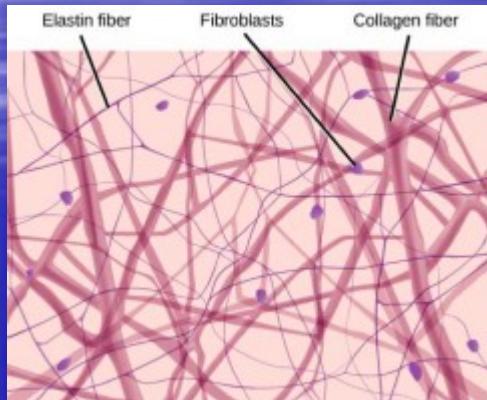
Tyrosinase

Tyrosine – Dopa – Dopaquinone – Eumelanin, phaeomelanin

Dermo epidermal junction -basement membrane



Dermis – cells + extracellular matrix - fibres, ground substance



Ground substance

is found in all cavities and clefts between the fibres and cells of connective tissues

glycosaminoglycans /GAGs/

hyaluronic acid

chondroitin 4-sulfate /
chondroitin 6-sulfate/

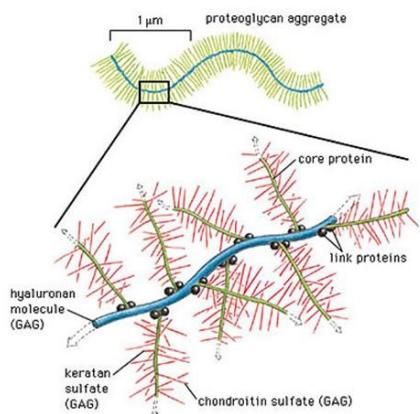
dermatan sulfate

heparan sulfate

proteoglycans /protein core to which GAGs are covalently bound/ - aggrecan, syndecan, fibroglycan

glycoproteins

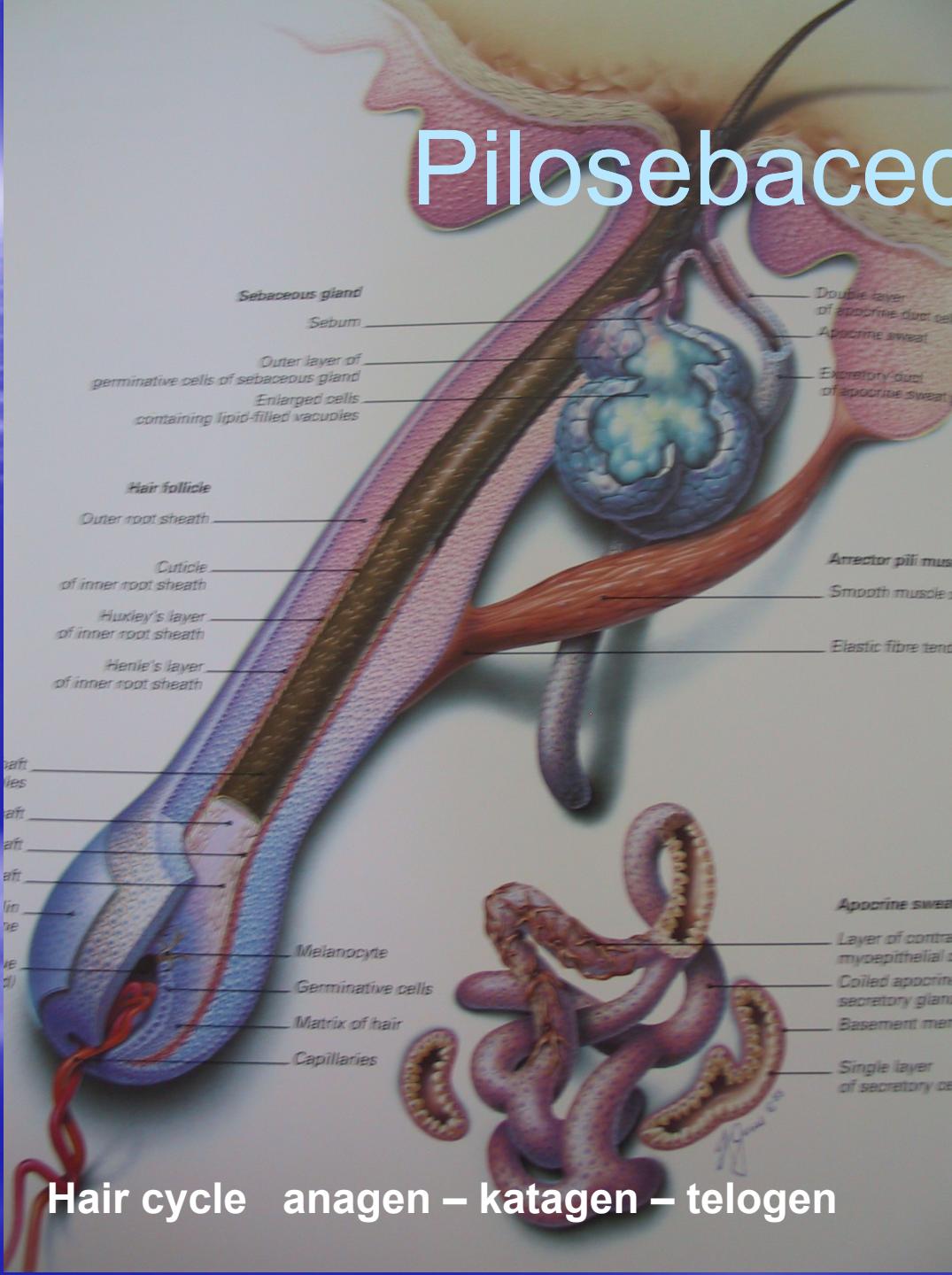
-
fibronectin, laminin,
osteonectin, osteopontin,
chondronectin..



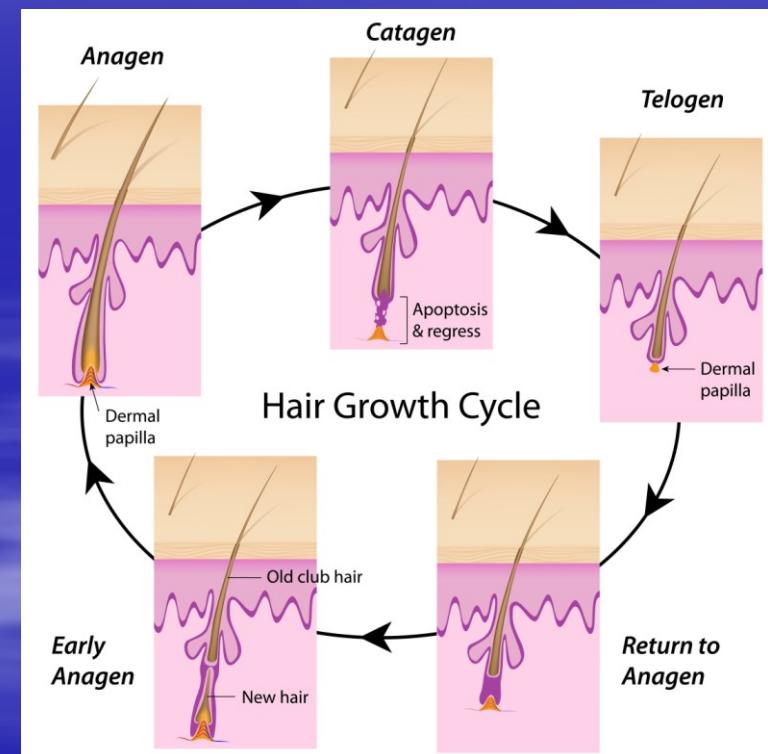
Some functions of dermal resident cells

- **Fibroblast** synthesis of collagen, reticulin, elastin, fibronectin, glycosaminoglycans
- **Mononuclear phagocyte** phagocytose (bacteria), cytokine secretion
- **Lymphocyte** – immunosurveillance
- **Mast cell** – release of mediators (histamine, heparin, prostaglandins, leukotriens, tryptase etc)

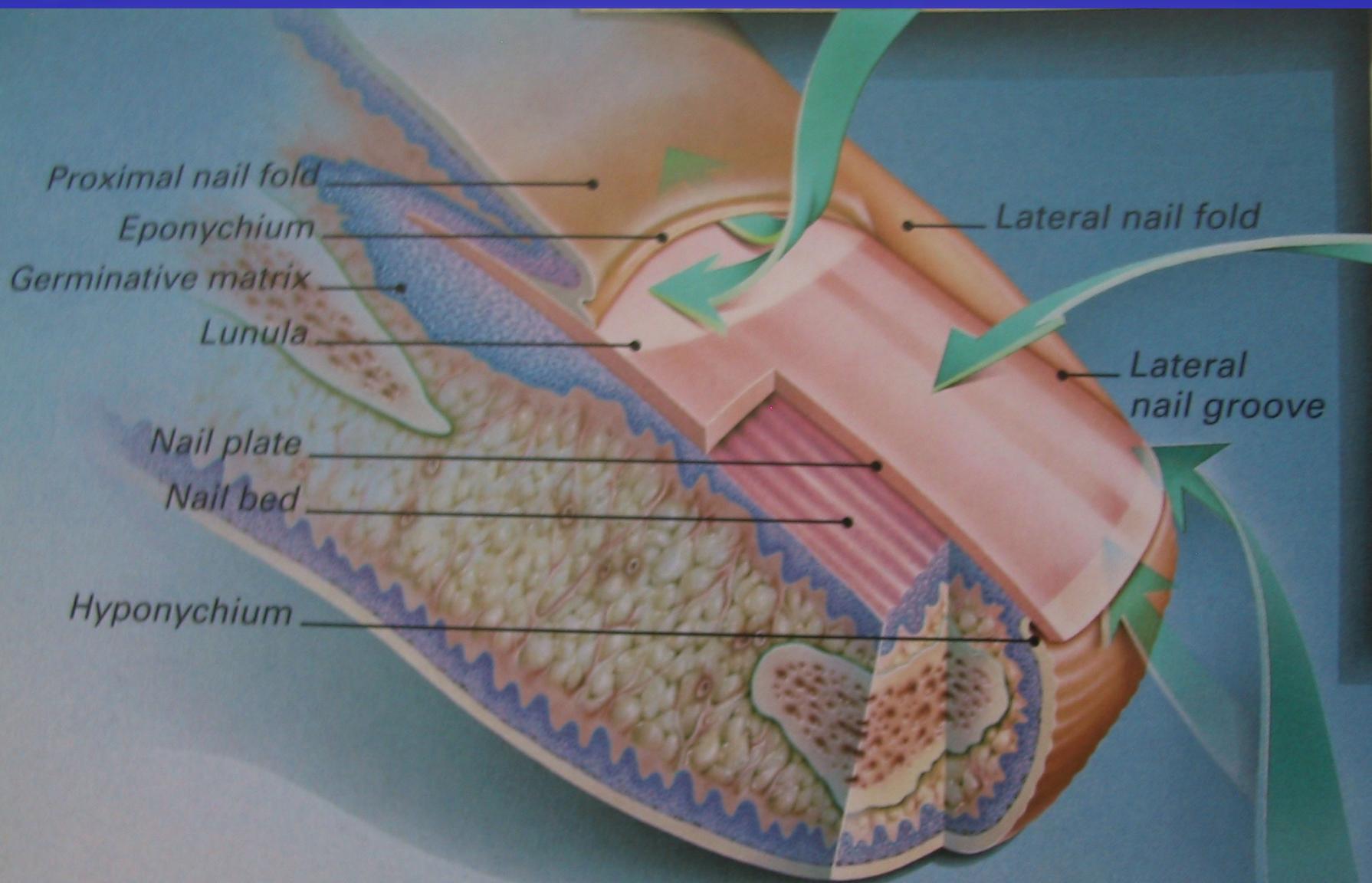
Pilosebaceous unit



Hair cycle anagen – katagen – telogen



1000 – 10 – 100 days

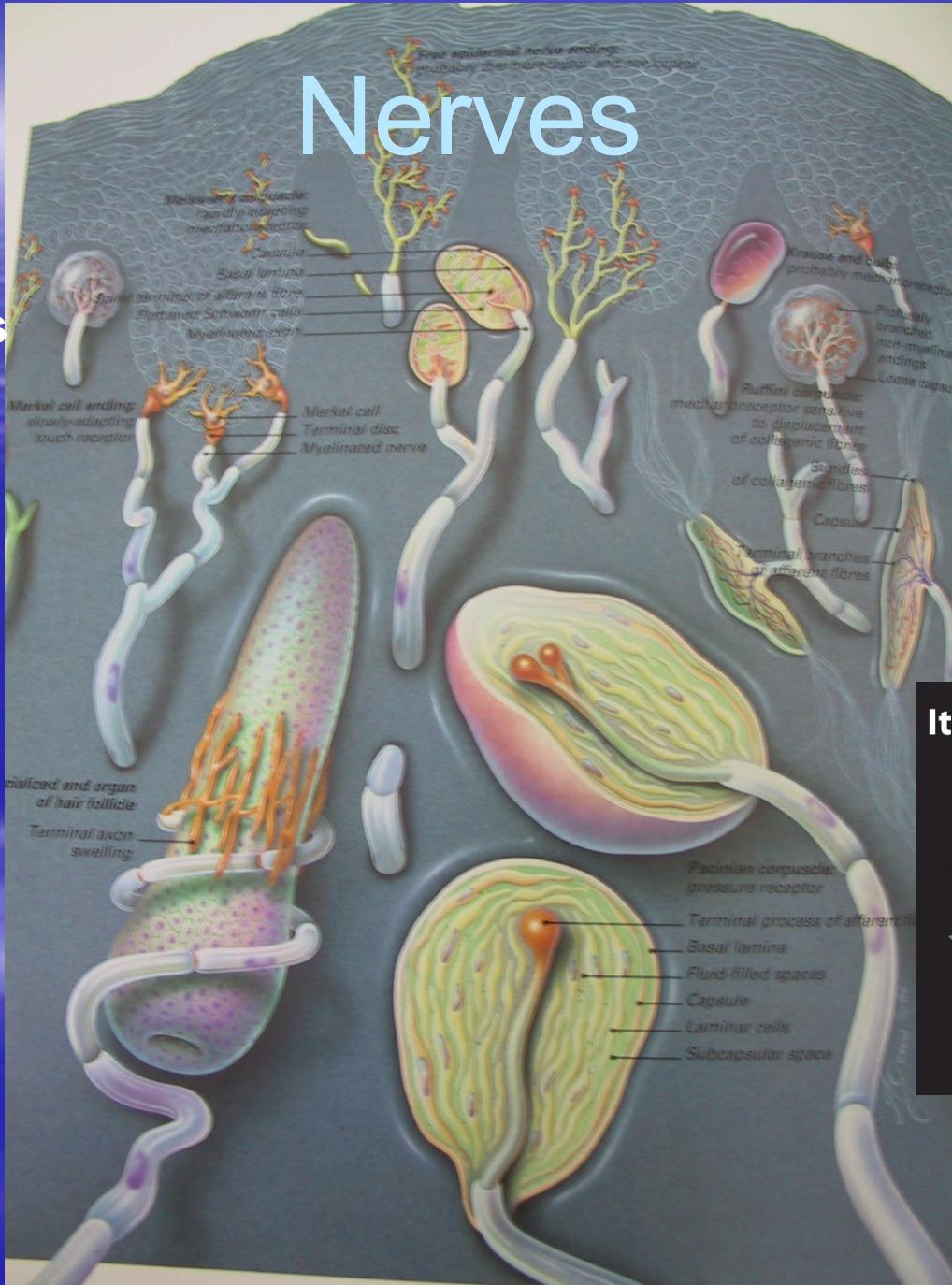


Nerve endings

Merkel cells

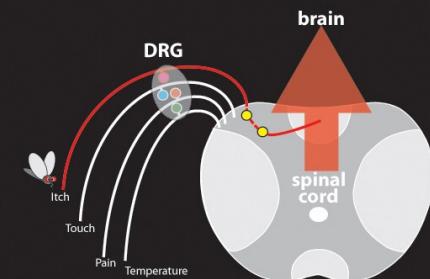
Corpuscles

Temperature
Pressure
Vibration
Touch



Itch
Pain

Itch: detection and circuit



The function of the skin

1. Protection against

- Chemicals

- physical factors – UV, cold, heat, mechanical injury

- infections

- antigens

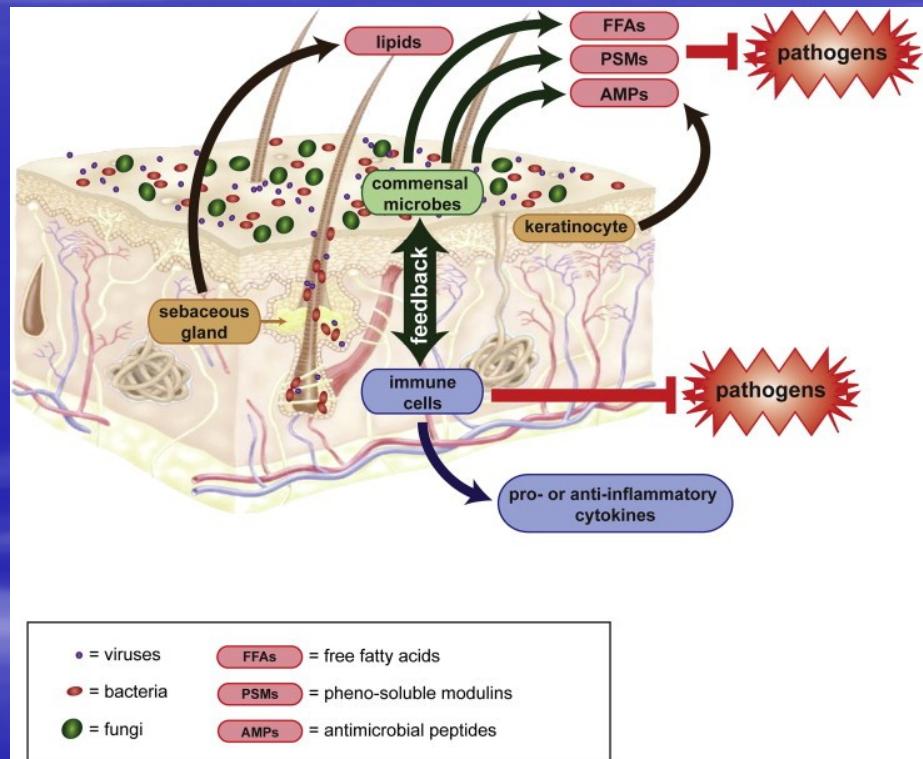
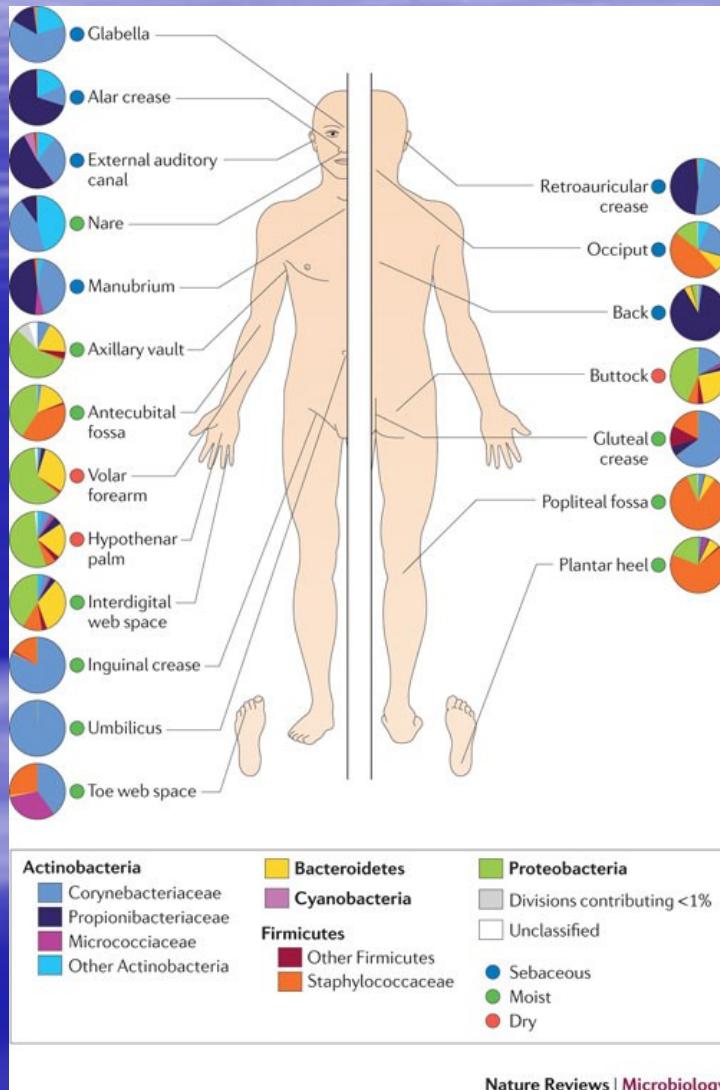
- Horny layer, (pH 5,5)

- Melanocytes, urocanic acid

- Antimicrobial peptides

- Langerhans cells

Skin microbiota



The function of the skin

2. Preservation of balanced internal environment

- Loss of water, electrolytes, macromolecules

3. Temperature regulation

- Horny layer

4. Shock absorber

- Blood vessels, eccrine sweat glands
- Dermis, subcutaneous fat

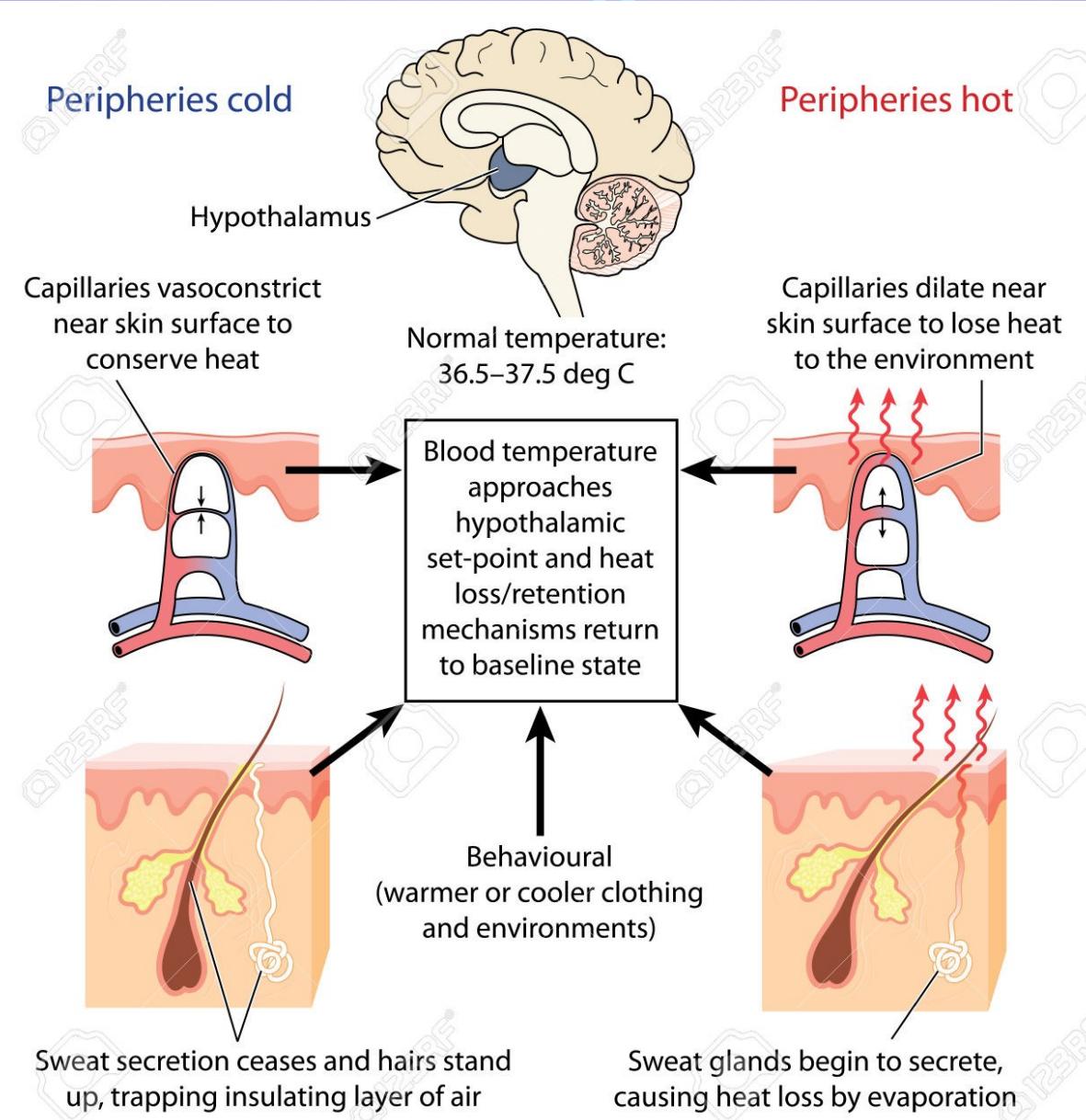
5. Sensation

- Nerves

6. Energy and water reserve

- Subcutaneous fat, dermis

Thermoregulation



The function of the skin

7. Vitamin D synthesis

- Keratinocytes

8. Own metabolic function

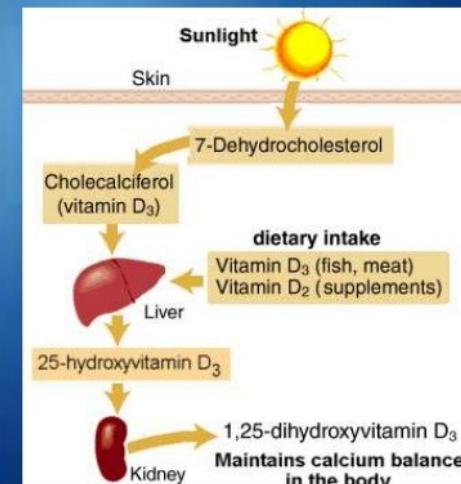
- Keratinocytes
- Fibroblasts

9. Immunological

10. Detoxicant

Vitamin D synthesis

- Synthesized in skin.
- Essential for bone metabolism.



The function of the skin

8. Protection and fight

- Nails, hair

9. Psychosocial function

- Cosmetic quality, lips, hair

10. Body odour

- Apocrine sweat glands



