	TREATM					EXECISE
	NT	GENDER	MONTH1	MONTH2	MONTH3	S (H)
1	Diet B	Male	101.124	90.511	80.511	2.0
2	Diet B	Male	99.002	88.947	78.947	0.0
3	Diet A	Male	101.292	90.910	80.910	1.5
4	Diet B	Male	100.308	90.033	80.033	5.0
5	Diet B	Male	87.747	91.441	96.014	0.5
6	Diet B	Female	97.662	87.003	77.003	2.0
7	Diet B	Female	91.580	94.837	99.394	3.0
8	Diet B	Female	102.152	91.849	81.849	0.0
9	Diet A	Male	91.085	94.371	98.888	0.0
10	Diet B	Male	97.941	87.299	77.299	0.5
11	Diet A	Female	98.250	88.091	78.091	2.0
12	Diet B	Male	90.804	94.166	99.103	3.0
13	Diet A	Female	101.599	91.191	81.191	0.0
14	Diet A	Female	88.167	91.437	96.300	0.5
15	Diet A	Female	98.669	88.388	78.388	0.0
16	Diet B	Female	101.398	90.834	80.834	0.0
17	Diet A	Female	97.725	87.111	77.111	2.0
18	Diet A	Male	89.168	92.731	97.603	1.5
19	Diet A	Male	91.284	94.880	99.607	2.5
20	Diet B	Female	97.929	87.397	77.397	0.0
21	Diet A	Female	89.817	93.309	98.155	0.5
22	Diet A	Female	90.908	94.002	98.819	1.5
23	Diet A	Female	98.278	88.196	78.196	2.5
24	Diet B	Male	98.517	87.656	77.656	3.5
25	Diet A	Female	91.862	95.853	100.774	0.0
26	Diet A	Female	90.972	94.500	99.480	0.5
27	Diet B	Male	101.594	90.739	80.739	2.0
28	Diet B	Female	98.276	87.467	77.467	0.0
29	Diet A	Female	87.576	90.667	95.359	0.5
30	Diet A	Male	100.870	90.747	80.747	1.5

Diet study (weight change over time)