New Trends in Clinical Genetics: Genomic Medicine

Petr Hořín

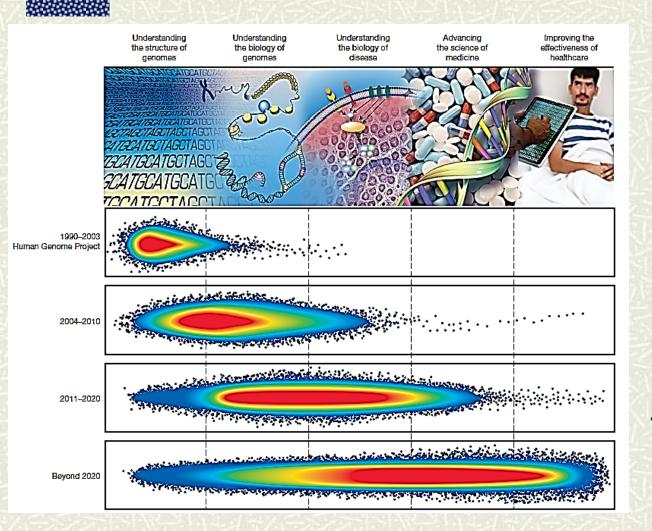
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Genomic medicine: prediction



Charting a course for genomic medicine from base pairs to bedside

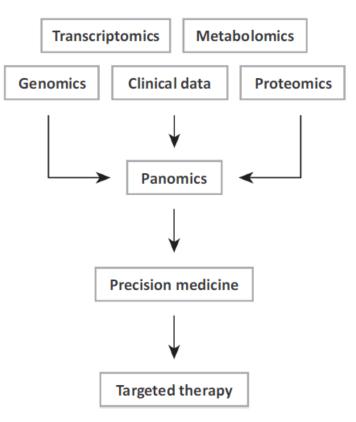
Green et al. 2011

204 | NATURE | VOL 470 | 10 FEBRUARY 2011

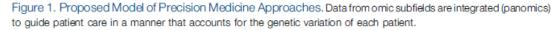
Top of your professional career



Precision medicine



Trends in Molecular Medicine



Highlights

Genome sequencing costs are rapidly decreasing; within the coming decade we might anticipate that whole-genome sequencing may be affordable for patients.

Automated high-throughput DNA sequencing and peptide sequencing platforms are currently creating terabytes of information, referred to as 'big data'.

Big data are characterized by the three 'V's: a large volume of data, a high velocity of data production occurring in real time, and the variety of data that can encompass multiple omic subfields.

The analysis of big data has the potential to identify novel biomarkers of disease and targets for therapy. The analysis of large-scale datasets may enable the discovery of diagnostic or prognostic makers that are not readily apparent.

The complexity and vastness of data analysis may ultimately require the development of computational platforms to aid in the discovery of biological pathways underling health and disease.

Panomics for Precision N Charanjit Sandhu,^{1,*} Alia Qureshi,² and Andrew Emili¹



Terminology: confusion of languages

Genomics Systematic and complex (holistic) analysis of the genome

Genetics



Holistic approaches



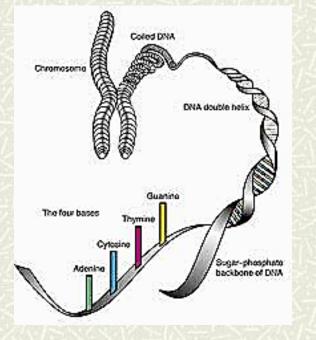




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Slide courtesy of Prof. Jamie McLeod, UK Lexington

Reminder: the GENOME



> 1m DNA
 > 24 chromosomes, mtDNA
 > 3,100,000,000 bp
 > 20,000-25,000 protein coding genes
 (< 2% of the genome)
 > 5 MG SNPs
 > "Junk" DNA: RNA, repeats, ??



Holism and genomics: Genome is more than the sum of its genes

1 atgtgcccgc cgcgcggcct cctccttgtg gccatcctgg tcctcctaaa ccacctggac 61 cacctcagtt tggccaggaa cctccccaca gccacaccag gcccaggaat gttccagtgc 121 ctcaaccact cccaaaacct gctgaggacc gtcagcaaca cgcttcagaa ggccaggcaa 181 accctagaat tctactcctg cacttctgaa gagatcgatc atgaggatat cacaaaagac 241 aagagcagca ccgtggcggc ctgcctcccc ctggaactcg ccccgaacga gagttgcctg 301 gcttccagag agatctcttt cataactaat gggagttgcc tgacccccgg aaaggcctct 361 tctatgatga cgctgtgcct tagcagcatc tatgaggact tgaagatgta ccaggtggag 421 ttcaaggcca tgaatgccaa gctgttgata gatcctcaga ggcagatctt tctggatgag 481 aacatgctga cagccattga caagctgatg caggccctga acttcaacag tgagactgtg 541 ccacaaaagc cctcccttga aggactggat ttttataaaa ctaaagtcaa gctctgcatc 601 cttcttcatg ccttcagaat ccgcgcagtg accatcaaca ggatgatggg ctatctgaat 661 gcttcctaa





Postgenomic era

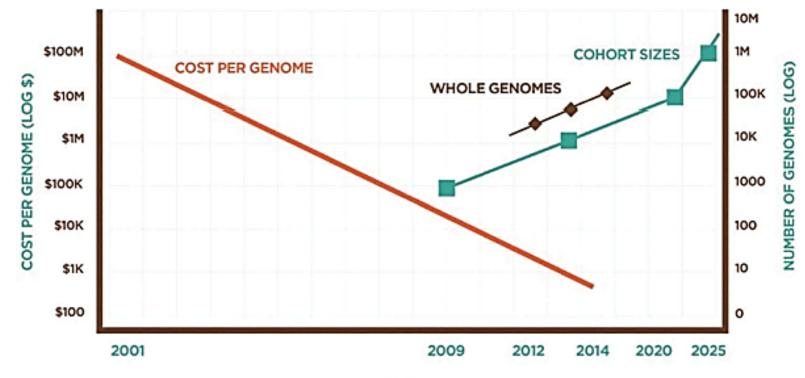
Full genome sequences determined (human genome 2001)

http://www.ncbi.nlm.nih.gov/Genomes/

Annotation of genomes



Genomic medicine - from theory to practice: financial aspects



YEARS

Genomic medicine - from theory to practice: technical advances

Miniaturization and automation Chips and arrays



Genomic medicine: clinical practice

Genetics inMedicine | REVIEW

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Implementing genomic medicine in the clinic: the future is here

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Volume 15 | Number 4 | April 2013 | GENETICS in M



Genomic medicine: clinical practice

EXPERT REVIEW OF MOLECULAR DIAGNOSTICS, 2016 VOL. 16, NO. 5, 521–532 http://dx.doi.org/10.1586/14737159.2016.1146593

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PERSPECTIVE

OPEN ACCESS

Toward clinical genomics in everyday medicine: perspectives and recommendations

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An example: Clinical Genome and Exome Sequencing (CGES)

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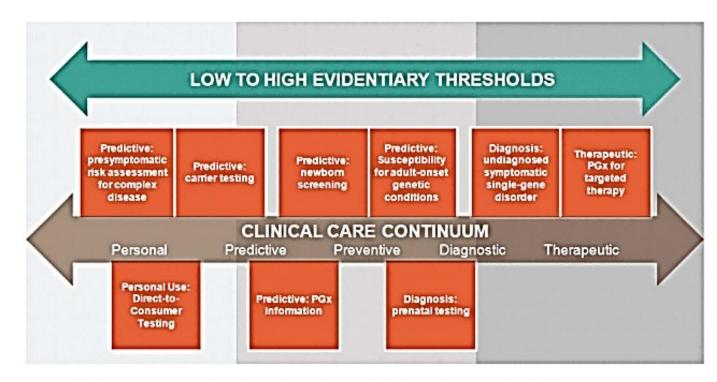


Figure 1. Defining CGES use cases along the clinical care continuum and appropriate evidentiary thresholds for each.

Examples of practical applications

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Table 1. Summary of genetic testing.

Test type	Purpose description	Current example(s)
Diagnostic testing	To precisely identify a disease and assist in clinical decision-making	Creatine kinase (CK) level testing for Duchenne muscular dystrophy
Predictive testing	To predict the likelihood of developing a disease	HTT gene test for Huntington disease; BRCA gene testing for breast cancer
Carrier testing	To understand the likelihood of passing a genetic disease to a child	CFTR gene testing for cystic fibrosis
Prenatal testing	To identify disease in a fetus	Expanded alpha-fetoprotein (AFP) for risk of neural tube defects, such as spina bifida and Down syndrome
Newborn screening	To determine if a newborn has a disease known to cause problems in health and development	All states must screen for at least 21 disorders by law, and some states test for 30 or more. Metabolic (e.g. classic galactosemia (GALT)), endocrine (e.g. congenital hypothyroidism) and other disorders tested
Pharmacogenomics (PGx) testing	To determine the optimal drug therapy and dose given a person's metabolic response	The vitamin K epoxide reductase complex subunit 1 (VKORC1) test for likely response to the anticoagulant warfarin. TPMT gene testing for likely response to thiopurine immunosuppressive therapies
Research testing	To contribute to our understanding of underlying cause of disease	Genome-wide association studies (GWAS) to determine the association of a variant with a trait

Recommendations for health care providers

Published in final edited form as: Genet Med. 2016 November ; 18(11): 1075–1084. doi:10.1038/gim.2016.17.

Recommendations for the Integration of Genomics into Clinical Practice

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Translating and realizing the comprehensive clinical benefits of genomic medicine remains a key challenge for the current and future care of patients. With the increasing application of CGES, it is necessary for geneticists and other health care providers to understand its benefits and limitations, in order to interpret the clinical relevance of genomic variants identified in the context of health and disease. Establishing new, collaborative working relationships with specialists across diverses

Genomic medicine: Role of MDs in the process

Understanding of principles Medical interpretation of data



Another example: genomic medicine and complex disease

Inherited diseases

✓ Mendelian (OMIM)
 3000 loci
 ✓ Complex
 900-1000 loci



Why complex disease?

Genomes in disease

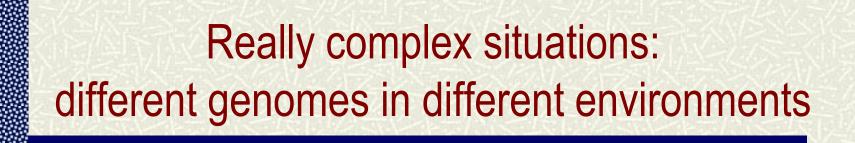
✓ 0.6% chromosome abnormalities
 ✓ 8% Mendelian diseases,
 ✓ <u>90% Multifactorial disease</u>,
 ✓ 1.4% other than genetic problem



Simple is not always simple

✓ The same mutation in different genomes
 ✓ The same genome in different environments
 ✓ The same genome throughout ontogenesis
 ✓ The same genome with different microbiomes





How to decipher complex traits: molecular dissection
 Interpretation of data and practical applications

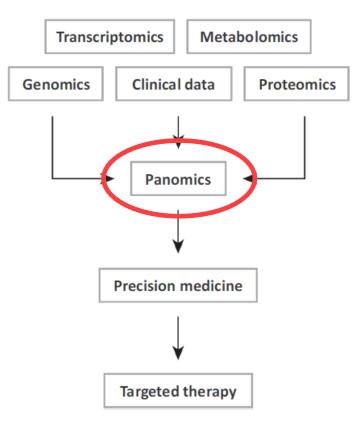


Deciphering complex traits: the omics

Holistic approaches allow addressing complex issues, e.g. Mechanisms (pathogenesis) of disease



Precision medicine



Trends in Molecular Medicine

Figure 1. Proposed Model of Precision Medicine Approaches. Data from omic subfields are integrated (panomics) to guide patient care in a manner that accounts for the genetic variation of each patient.

Highlights

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2 Trends in Molecular Medicine, Month Year, Vol. xx, No. yy

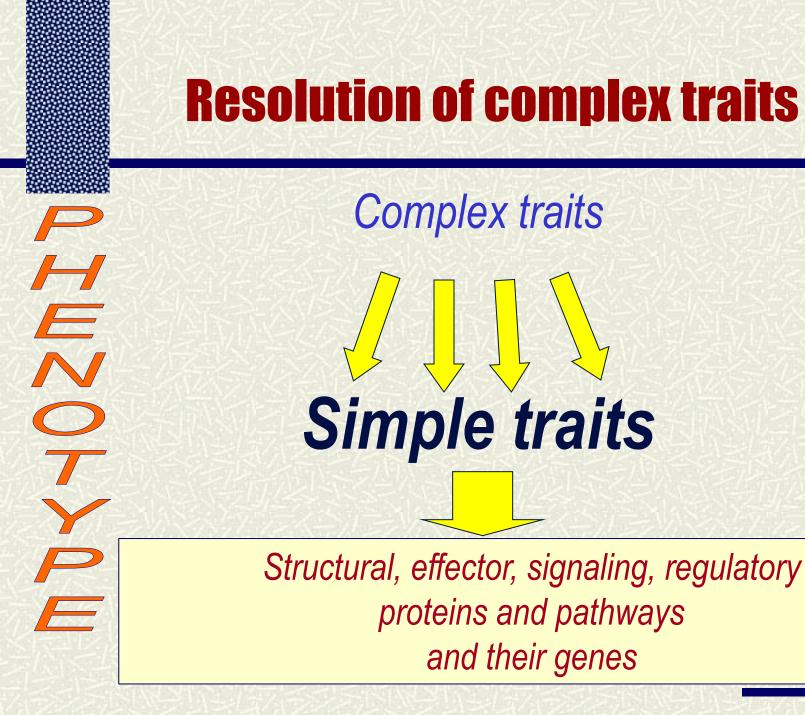
Disease

<u>Reaction</u> of an organism to pathogenic insults

Affected by the nature of the insults, environmental factors, current condition of the organism and its genetic make-up









Inheritance of complex traits

Small additive effects of individual polymorphisms, mostly SNPs, composing the complex phenotype Gene-gene interactions identified by analysis of composed genotypes Genes/genotypes with major effects can be used as markers





Reminder: individual variability of the human genome

Single nucleotide polymorphisms (SNPs): 10 M throughout the genome

cgcgcggcctcctccttgtgg**c**catcctggtcctcctaaaccacctggac

cgcgcggcctcctccttgtggtcatcctggtcctcctaaaccacctggac

Insertions/deletions (indels)

cgcgcggcctcctccttgtggccatcctggtcctcctaaaccacctggac

cgcgcggcctcctccttgtgg-----ctggtcctcctaaaccacctggac



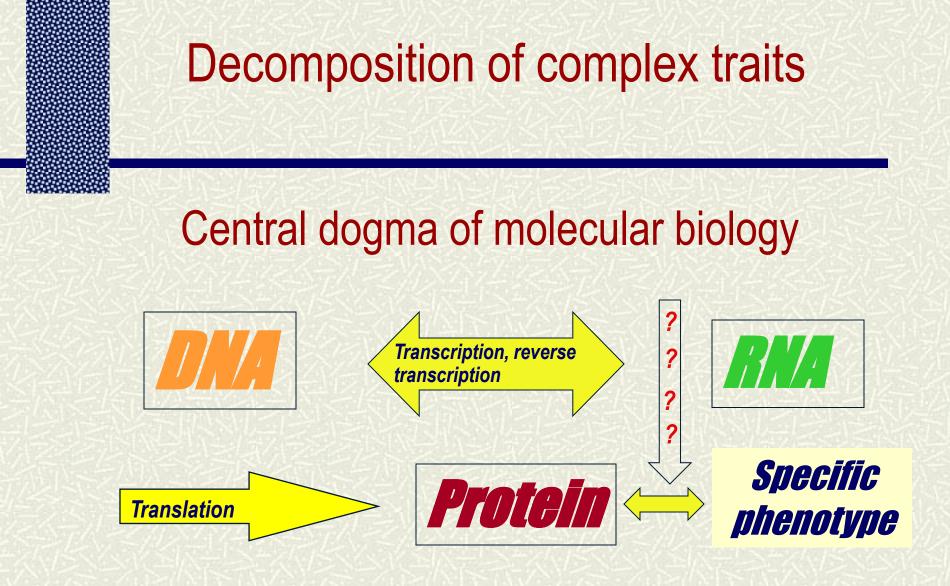
Single nucleotide polymorphisms (SNP chips)





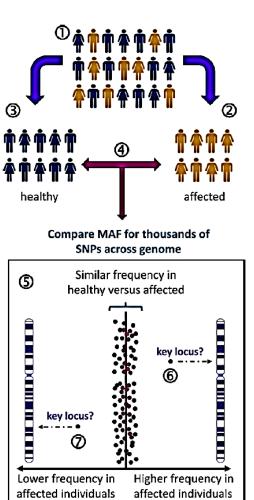








A tool: Genome-wide association studies (GWAS)



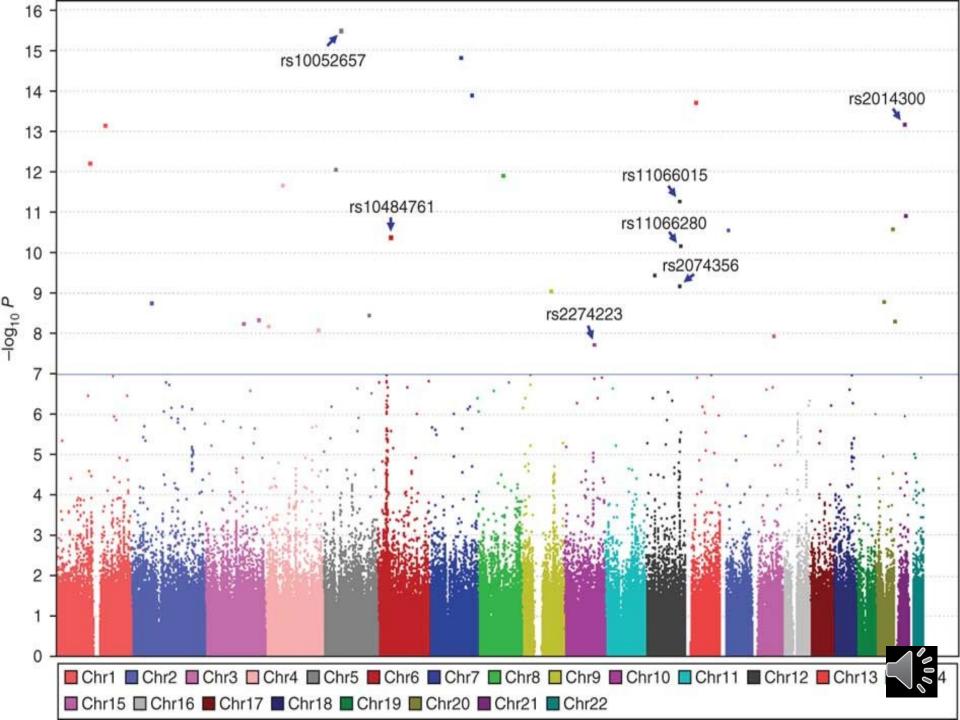
Essays in Biochemistry (2018) 62 643–723 https://doi.org/10.1042/EBC20170053



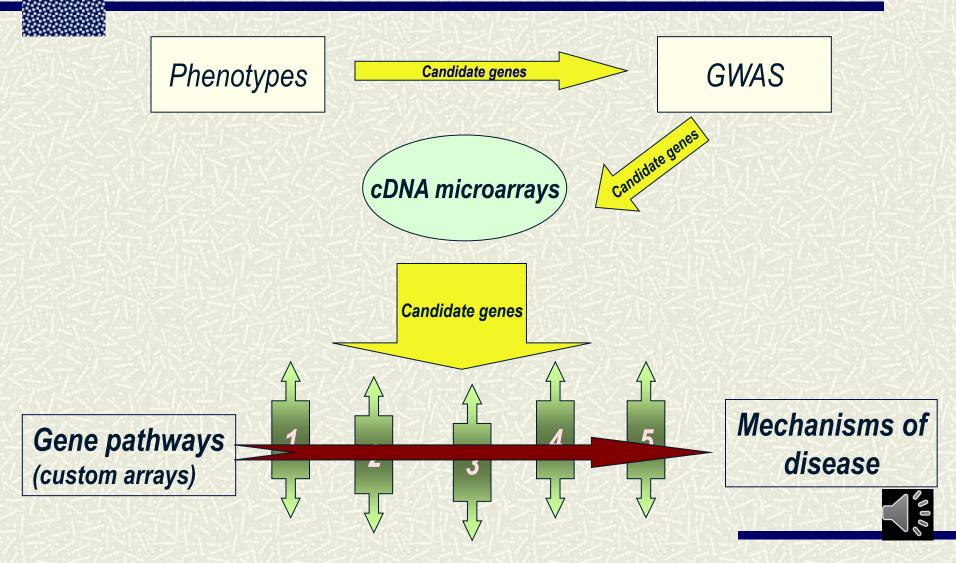
Principles of GWAS

- Genotyping of markers (SNPs) spanning the entire genome
- ✓ SNP chip: up to 1 Mb
- Statistical comparison of allele/genotype frequencies in groups with extreme phenotypes
- Identification of SNPs with major contribution to the phenotype studied





Molecular dissection of complex traits



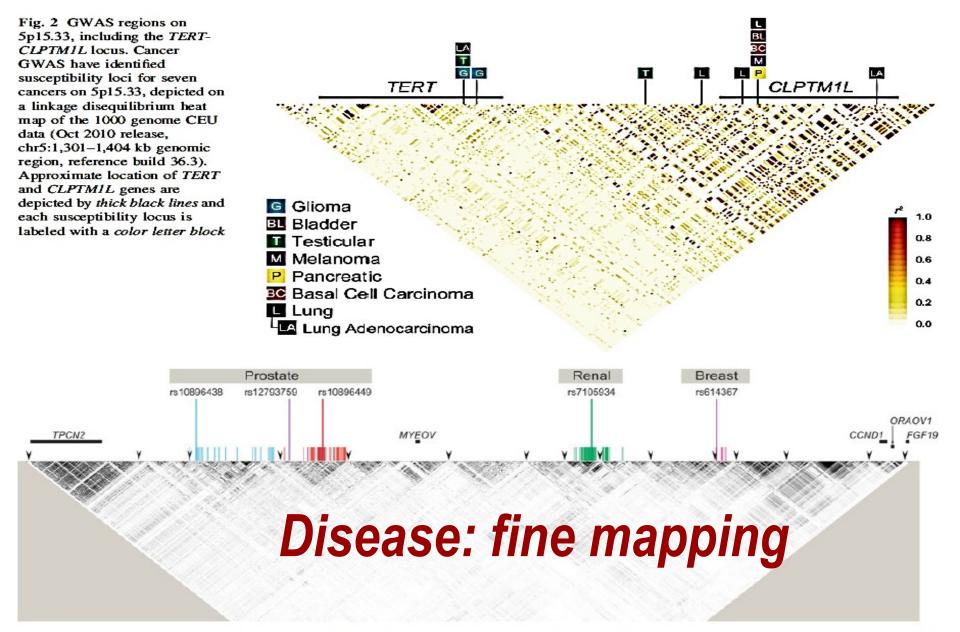
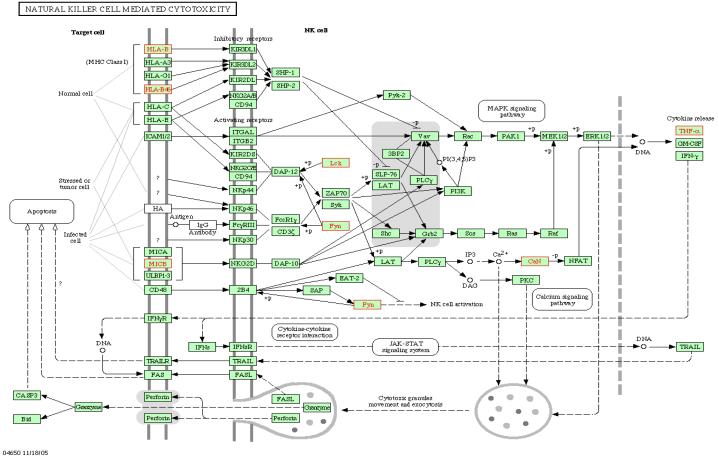


Fig. 3 Multiple-cancer susceptibility region on 11q13. Five susceptibility loci of three types of cancers—prostate, kidney, and breast localize to within less than 400 kb region on 11q13. The annotated surrogates ($r^2 > 0.8$) are superimposed on a linkage disequilibrium heat map of the 1000 genome CEU data (July 2010 release,

chr11:68,564–69,233 kb genomic region, reference build 36.3) Reference genes (*black bar*), and recombination hotspots a to HapMap (*black arrow heads*) found in the UCSC bro annotated

Pathway analysis (regulatory, signaling, metabolic pathways)

olvaenicoath



Example of a really complex disease: Genes associated with atherosclerosis/hypercholesterolemia and Alzheimer's disease

Family	Gene
Cholesterol and lipoprotein-related	A2M, ABCA1, APOA1, APOA4, APOC1, APOC2, APOC3, <u>APOE</u> , CD36, CETP, HMGCR, LDLR, LIPA, LRP1, LRP6, LPA, LPL, OLR1, SREBF1
Cytokines	CCL2, CCR2, IL1B, IL1RN, IL6,IL18, TGFB1, TNF
Oxidative stress	ALDH2, GSTM1, GSTT1, HFE, MPO, NOS3, PON1, PON2
Nuclear receptor and related	CYP19A1, ESR1, PPARA
Proteases	ACE, CST3, MMP1, MMP3, SERPINE1
Miscellaneous	BCHE, CBS, CD14, CRP, GNB3, HLA-A2, HTR6, ICAM1, MEF2A, MTHFR, PTGS2, TLR4



How to prioritize?

Pavlides et al. Genome Medicine (2016) 8:84 DOI 10.1186/s13073-016-0338-4

Genome Medicine

DATABASE





Predicting gene targets from integrative analyses of summary data from GWAS and eQTL studies for 28 human complex traits

Jennifer M. Whitehead Pavlides[†], Zhihong Zhu[†], Jacob Gratten, Allan F. McRae, Naomi R. Wray and Jian Yang^{*}

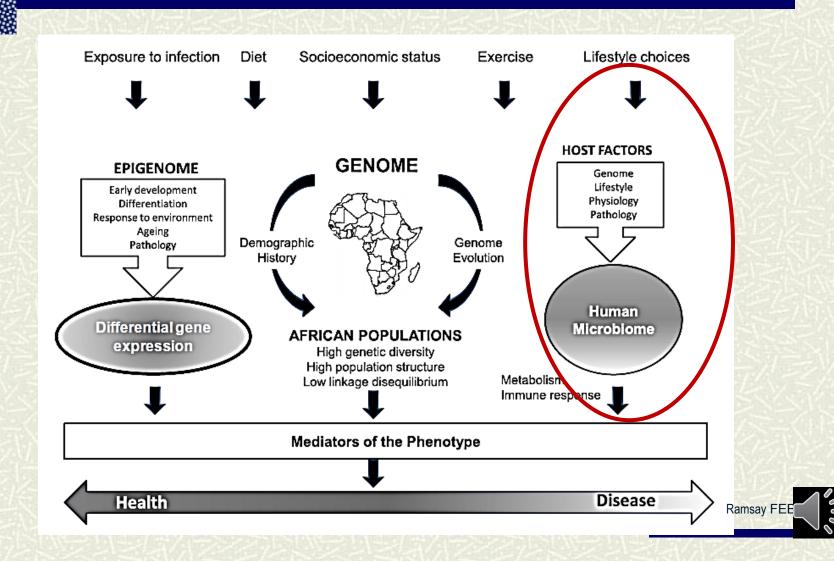
Abstract

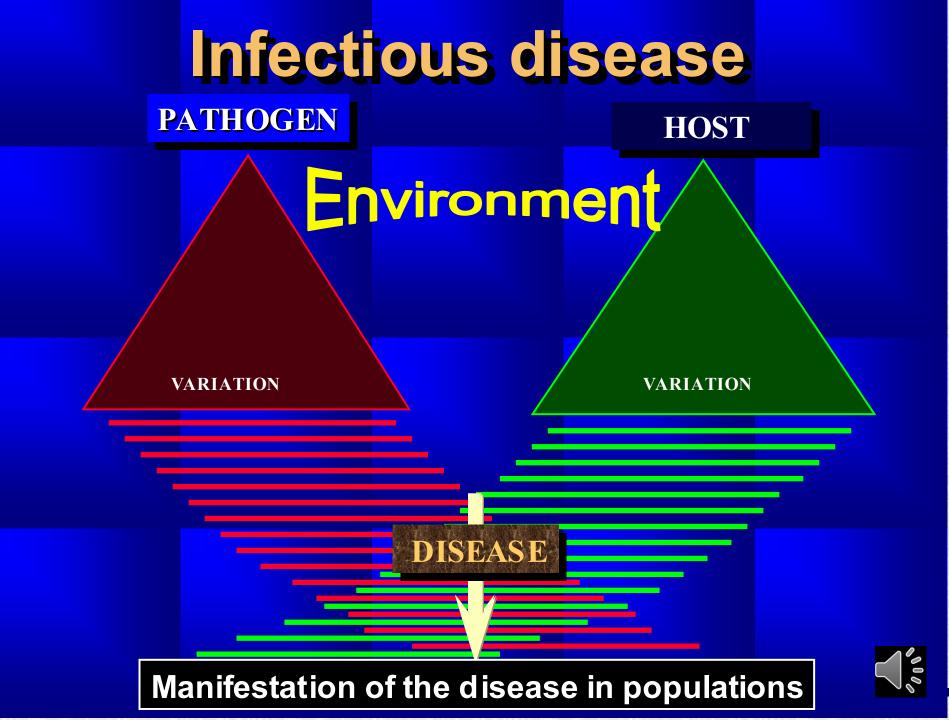
Genome-wide association studies (GWAS) have identified hundreds of genetic variants associated with complex traits and diseases. However, elucidating the causal genes underlying GWAS hits remains challenging. We applied

the summary data-based Mendelian randomization (SMR) method to 28 GWAS summary datasets to identify genes whose expression levels were associated with traits and diseases due to pleiotropy or causality (the expression level of a gene and the trait are affected by the same causal variant at a locus). We identified 71 genes, of which 17 are novel associations (no GWAS hit within 1 Mb distance of the genes). We integrated all the results in an online database (http://www.cnsgenomics/shiny/SMRdb/), providing important resources to prioritize genes for further follow-up, for example in functional studies.

Keywords: Genome-wide association studies (GWAS), Expression quantitative trait loci (eQTL), Summary data-based Mendelian randomization (SMR), Complex traits

An example: genetic susceptibility to infections





Genetic resistance and tolerance

as defined by Doeschl/Wilson & Kyriazakis (2012)

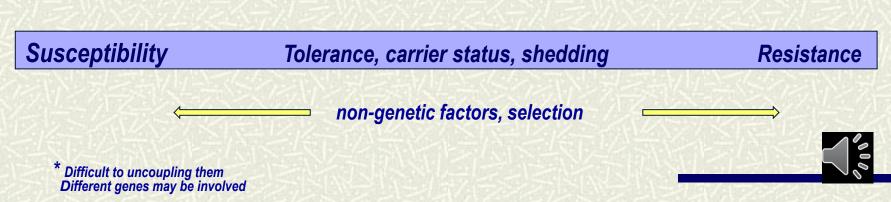
*<u>Resistance</u>: ability to reduce pathogen replication in

the host

VS.

*<u>Tolerance</u>: ability to maintain homeostasis in the

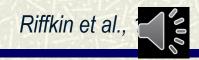
presence of replicating pathogen





Infectious disease as a result of host-pathogen interactions

The infection must be seen in the context of the countermeasures produced by the parasite, and judged as a dynamic interaction of host and parasite rather than the clearance of an inert antigen by the host immune response"



Infe

Infectious disease as a result of host-pathogen interactions

 Disease as a defense reaction of the host
 Often unique host/pathogen combinations
 Individual variability in using different immunological mechanisms against the same pathogen

 Symptomatologies determined mostly by the pathogens or by the host



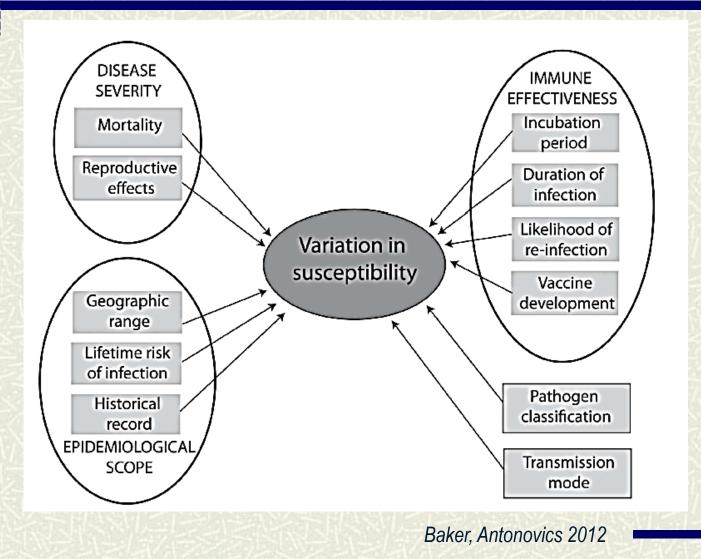
Scylla and Charybdis of immune responses: genetic variation



<u>The dilemma</u>: too high/too low immune responses?

Protective immunity Resistance to infection Autoimmunity Inflammation

Genetic susceptibility to disease as a complex trait







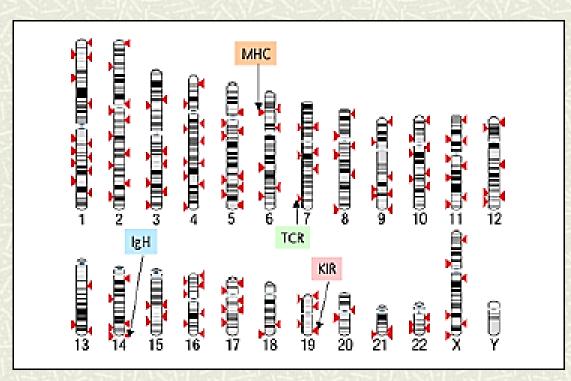
Immunity-related (IR) genes: the immunogenome

Genes involved in host immune reactions
 Immunome: products of IR genes
 Despite the same biological importance, IR genes underlie many different functions in all branches of immunity



Immunogenome and immunome

5% of the mammalian genome (~1,000 human genes) are protein coding genes related to immune mechanisms



Immunity-related (IR) genes and disease

- Immune functions as simple and/or complex traits (Mendelian vs. complex inheritance)
- Immune functions in mechanisms of infectious diseases



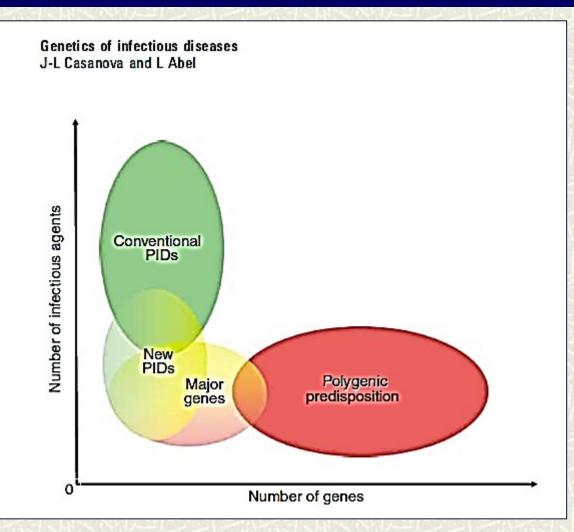
Genetic resistance/susceptibility to infections

Genes affecting health (interactions with environmental factors)
 Their polymorphisms are not causative for diseases, but they influence reactions of the host to environmental pathogens
 Pathogens as a driving force of evolution: IR genes/immunogenome have been shaped by evolutionary interactions with pathogens,

 ✓ In practical terms, resistance/susceptibility are usually relative to a population average



Genetic resistance/susceptibility to infections: modes of inheritance



Casanova, Abel EMBO J 2007

Mendelian inheritance

Major effects Expected to result from low-frequency variants Less knowledge than for complex traits

Infectious agent	Clinical phenotype	Immunological phenotype	Gene
Neisseria	Invasive disease	MAC deficiency	C5, C6, C7, C8A, C8B, C8G, C9
	Invasive disease	Properdin deficiency	PFC
Mycobacteria	MSMD	IL-12/23-IFN-y deficiency	IFNGR1, IFNGR2,
	Disseminated tuberculosis		STAT1, NEMO, IL12B IL12RB1
Streptococcus pneumoniae	Invasive disease	IRAK-4 deficiency	IRAK4
Epstein-Barr virus	X-linked lymphoproliferative disease	SAP deficiency	SH2D1A
Human papillomavirus	Epidermodysplasia verruciformis	EVER1 or EVER2 deficiency	EVER1, EVER2
Plasmodium vivax	Natural resistance	Lack of receptor for pathogen	DARC
Human immunodeficiency virus-1	Natural resistance	Lack of receptor for pathogen	CCR5
Norovirus	Natural resistance	Lack of receptor for pathogen	FUT2

Picard et al Curr Opin Immunol 2006



GWAS and infections in humans

Table 1 Genetic loci identified by genome-wide association studies for host susceptibility to infectious diseases

Disease	Pathogen	Gene or locus	Biological mechanism
AIDS ¹	Human immunodeficiency virus-1	Major histocompatibility complex, class I (<i>HLA-B–HLA-C</i>), <i>CCR5</i>	Acquired immunity, deletion of viral co-receptor
Hepatitis B ²	Hepatitis B virus (HBV)	Major histocompatibility complex, class II (<i>HLA-DP</i>)	Acquired immunity
Hepatitis C ^{3,4}	Hepatitis C virus (HCV)	IL28B	Innate immunity
Leprosy ⁵	Mycobacterium leprae	Major histocompatibility complex, class II (<i>HLA- DR–DQ</i>), <i>NOD2, TNFSF15, RIPK2, CCDC122</i> and <i>C13orf31</i>)	Acquired and innate immunity, and unknown mechanisms
Tuberculosis ⁸	Mycobacterium tuberculosis	18q11.2 (<i>GATA6, CTAGE1,</i> <i>RBBP8, CABLES1</i>)	Unknown
Meningococcal disease ⁷	Neisseria meningitidis	CFH, CFHR3, CFHR1	Innate immunity



Genetic resistance/susceptibility to infections: untranslated genome

✓ Most GWAS hits observed in (protein) non-coding regions ✓ Many SNPs found in regulatory regions of protein coding genes Effects on expression and consequently on diseases, including infections



Genetic resistance/susceptibility to infections: untranslated genome

Ramsuran et al.

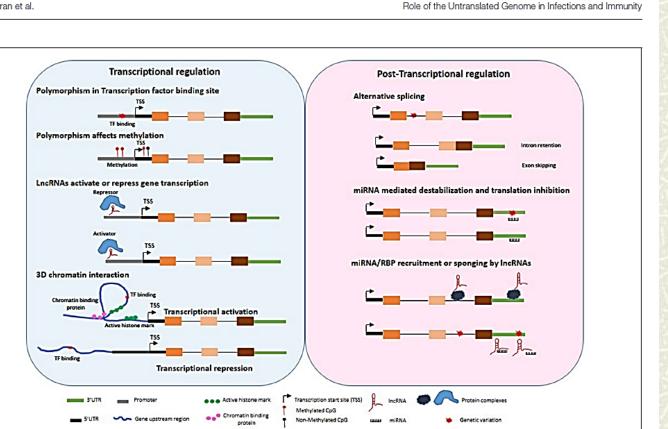


FIGURE 1 | Untranslated gene variations influence regulation of gene expression. Disease associated polymorphisms may alter methylation, transcription factor binding in the gene promoter regions, recruitment of repressor or activators, 3 dimensional chromatin structure, splicing, miRNA binding to 3'UTR, transcriptional and post-transcriptional regulation of target genes through variation in IncRNA expression and function.



Mechanisms of immunity-related diseases studied with genomic tools

- ✓ Infections
- ✓ Allergies
- Autoimmunity
- Complex immunopathologies



Examples of genetic susceptibility to infections

✓ Norovirus, rotavirus (*FUT2*)
✓ AIDS (CCR5)
✓ Malaria (Duffy)
✓ COVID 19 (AB0, IFN type 1)



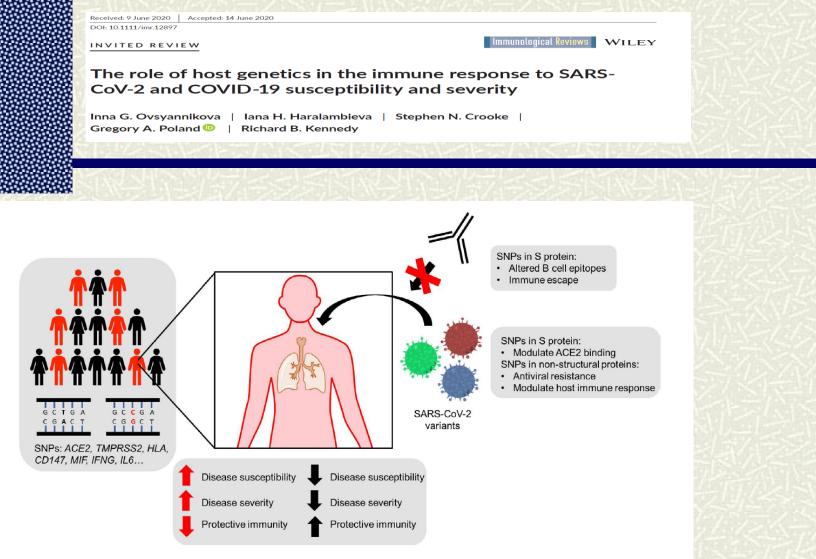
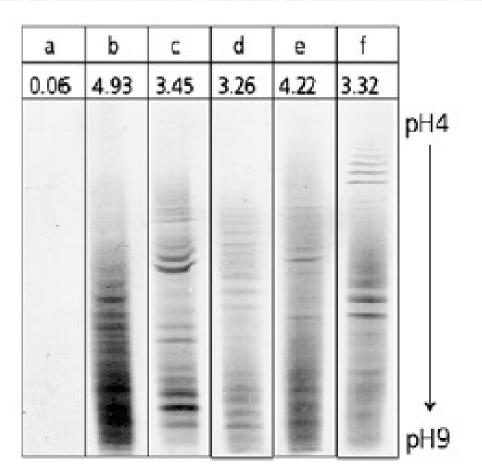


FIGURE 1 The impact of host genetics and viral variation on SARS-CoV-2 infection and COVID-19 severity. Individuals in the population harbor single nucleotide polymorphisms (SNPs) across a variety of genes (eg, *ACE2*, *TMPRSS2*, *HLA*, *CD147*, *MIF*, *IFNG*, *IL6*) that have been implicated in the pathology and immunology of SARS-CoV-2 and other pathogenic coronaviruses. These and other genetic variants may modulate disease susceptibility, increase or decrease disease severity, alter the variety of symptoms developed, and affect the magnitude and/or quality of the immune responses against SARS-CoV-2. In addition to host genetic variation, genetic variants of SARS-CoV-2 (and other pathogenic coronaviruses) can exhibit differences in biological activity. Single amino acid mutations in the spike glycoprotein can modulate ACE2 binding or alter B cell epitopes to promote immune escape or render monoclonal antibodies ineffective, while mutations in non-structural/accessory proteins can promote the development of resistance to antivirals, alter T cell epitopes, disrupt cell mediated immunity, and modulate host cellular interactions with viral particles



Individual variation in antibody responses

Person Anti -HSV Antibodies (Index)



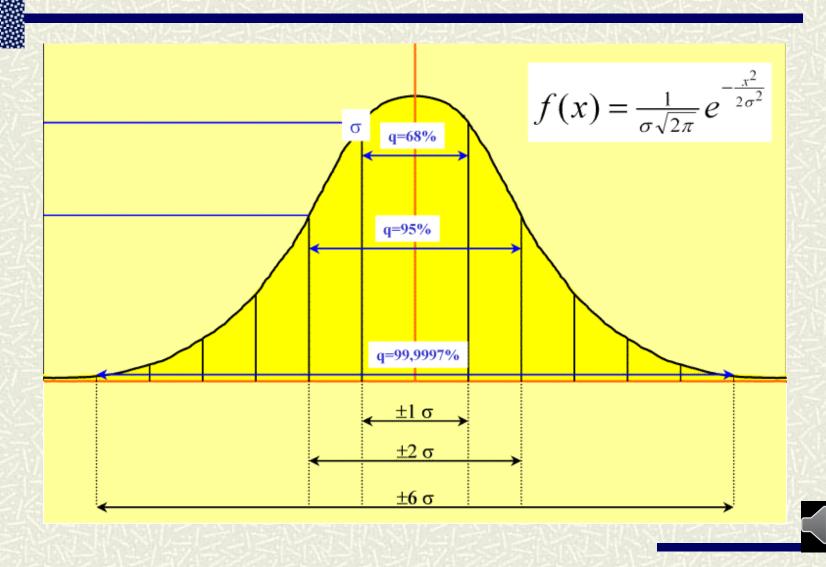


Genetics of vaccination

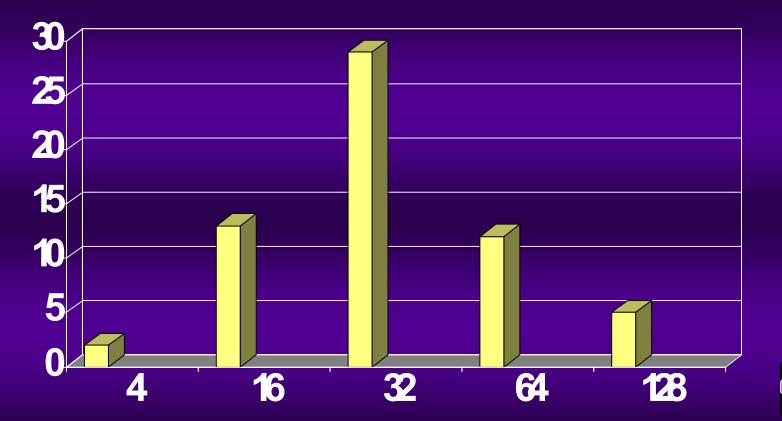
Individual variation in postvaccination IRs



Normal (Gaussian) distribution

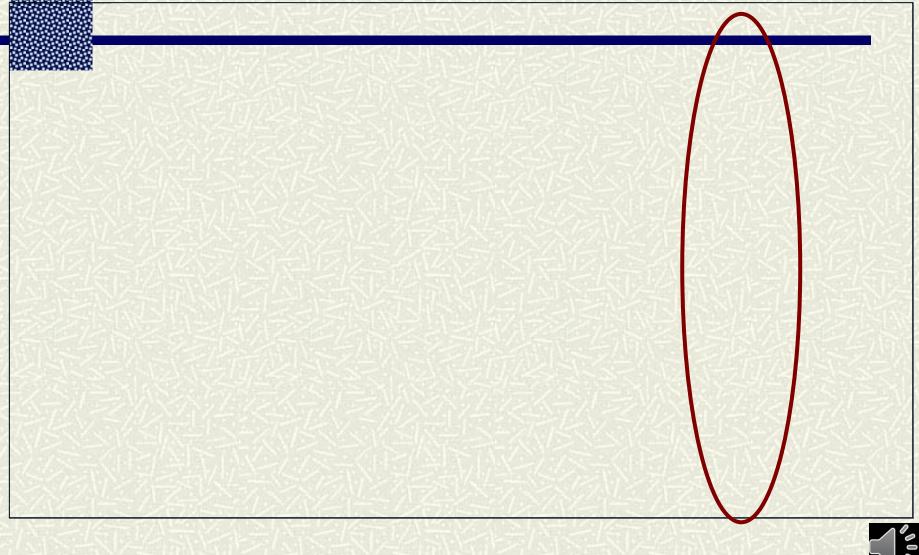


Titers of post-vaccination antibodies in a real experiment (N=61)





Genetics of vaccination



Genetic susceptibility to disease as a complex trait



Infectogenomics: Insights from the Host Genome into Infectious Diseases

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Five years into the human postgenomic era, we are gaining considerable knowledge about host-pathogen interactions through host genomes. This "infectogenomics" approach should yield further insights into both diagnostic and therapeutic advances, as well as normal cellular function.



Cel

Genetics of infectious disease in humans

(Quintana-Murci et al. Nature Immunology 8, 2007: 1165-1171

- Clinical: definition of genes and alleles responsible for individual susceptibility to infection: > 200 PIDs
- Epidemiological: definition of genes and alleles responsible individual susceptibility to infection, GWAS
- Evolutionary: study of genes selected by previous infections: evolution/speciation, signatures of selection (interspecies/within species), population diversity

Evolutionary aspects



http://ancients-bg.com/wp-content/uploads/2016/04/0021.jpg



- Migrations and sympatry of hominoid populations, sharing different infections
- Lower overall genome diversity and mostly lower IR gene in Neanderthals
- ✓ Higher MHC gene diversity
- ✓ Archaic Neanderthal haplotypes TLR6-TLR1-TLR10
- ✓ <u>Susceptibility to COVID 19, ethnic</u> <u>differences</u>



Ethical issues: how to cope with information generated by genomic techniques

Examples

Mendelian diseases:
 e.g. carrier tests, PGD

Complex diseases
 e.g. interpretation of GWAS, DTC

Only people understanding principles can cope with this problem



Practical applications

Minimum variant for you

- ✓ To know, when and where to refer a patient for a genetic consultation
- To know how to interpret clinical geneticist's reports
- ✓ To know when <u>not to refer</u> a patient for a genetic consultation

