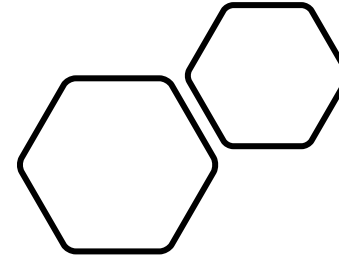


Prevention of caries



Knowledge of aethiology
and pathogenesis od dental
caries



Primary prevention



Secondary prevention

Set of measures that lead to early diagnosis of the disease and complete recovery

Secondary prevention of dental caries

Management of the initial caries lesion

Together with good oral hygiene and diet



Tertiary prevention

Set of measures that avoid the recurrent diseases

Tertiary prevention of dental caries: proper treatment (preparation and filling)



Proper oral hygiene

- Home
- Professional





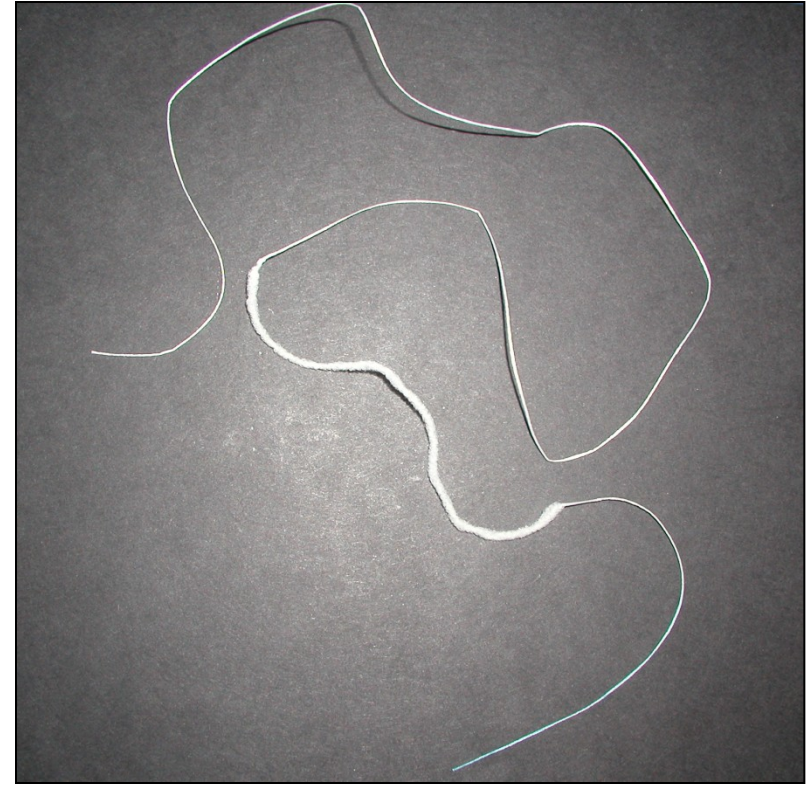
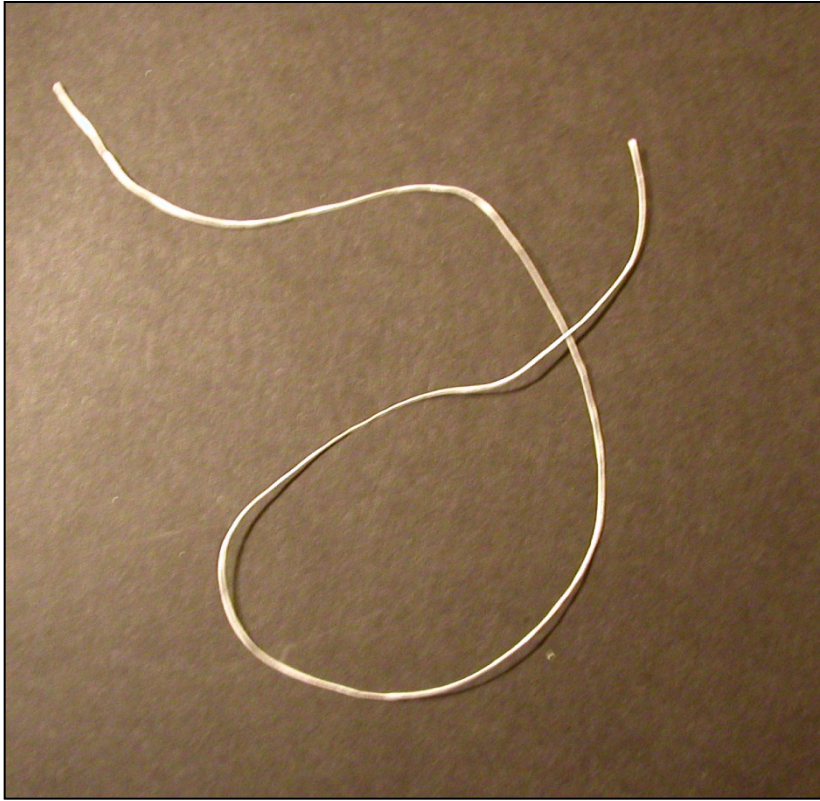
Tooth brush



Solo tooth brush







Mouth shower



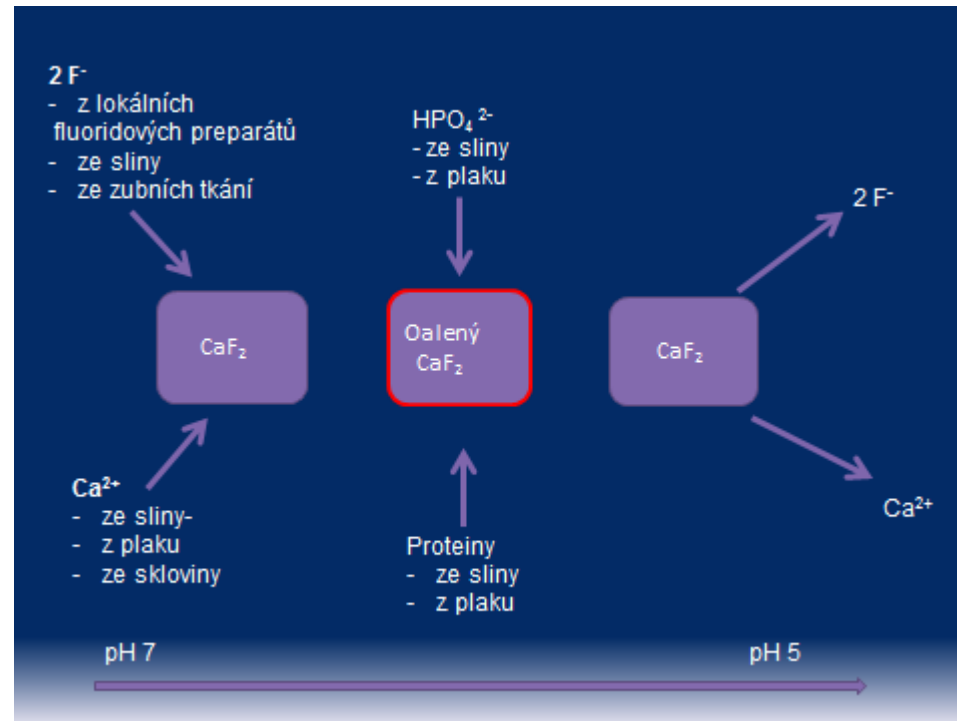
aterik



Toothpastes



Fluorids



Fluorides - mode of action

Reaction with calcium of hard dental tissues – calcium fluoride – a source for remineralization

Enamel with fluoride ions is less sensitive to acid attacks



Fluorides

- Sodium fluoride - for mouth washes, component of gels and toothpastes
- Tin fluoride – a component of toothpastes and gels
- Monofluorophosphate – in toothpaste
- Aminofluorides



Fluoride gels

- 1 g Elmex Gele: aminfluorida mixta 33,19 mg (olaflurum 30,32 mg, dectafurum 2,87 mg), natrii fluoridum 22,10 mg (odpovídá 12,5 mg fluoridu).

1x týdně





Fluoride varnishes

Duraphat®

Colgate Oral Pharmaceuticals

Fluorid sodný 5 %
etanol

Fluor - Protector®

Ivoclar Vivadent

Difluorsilan 1 % polyuretan

ethylacetát

Flor - Opal®

Ultradent

Fluorid sodný 5 % xylitol

Bifluorid 12®

VOCO

Fluorid sodný
6 % fluorid vápenatý 6 % kolodium

ethylacetát

Fluoridin®

VOCO

Fluorid sodný 6 % fluorid vápenatý 6 % kolodium

ethylacetát

Fluoridin N 5®

VOCO

Fluorid sodný 5 % etanol etylcelulóza

Multifluorid®

DMG

Fluorid sodný 2,2 % olafleur 3 %

ethylacetát

kolodium



lroubalikova@gmail.com



Kasein - Fosfopeptid

Amorfní kalcium fosfát

+

Fluoridy

MI Paste Plus



Recaldent CPP - ACP

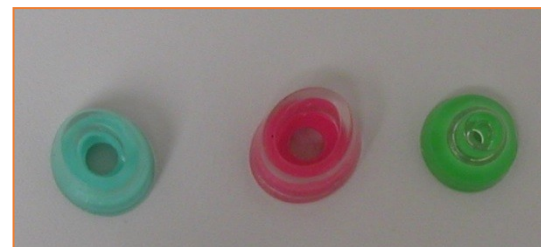
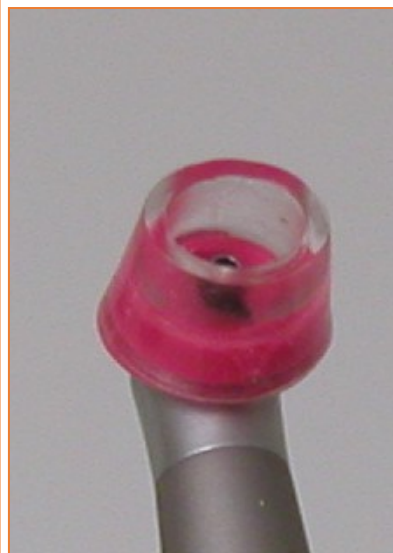
Kasein phpsosphopeptid

Derivate from protein of cow's

Remineralization



Ozone and warnishes with chlorhexidine



Sweeteners



Xylitol

- Artificial sweetener
- Natural presence: fruit, vegetable, wood (burch tree), in human body occurs by glucose metabolism
- 40% lower caloric value in comparison to sugar



Xylitol- mode of action

- Transport into microbial cell
- The microb cannot metabolize it



Steviol glycosides



Kasein - Fosfopeptid

Amorfní kalcium fosfát

+

Fluoridy

MI Paste Plus



Recaldent CPP - ACP

Kasein phpsosphopeptid

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Remineralization



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DMG

| sodný 2,2 % olafluor 3 %
kolodium

ethylacetát



lroubalikova@gmail.com



Pit and fissure sealing

- Principle:
- Fissures and pits are filled with special material based on resin that fills them and avoid acid attacks.



Fissure sealing

