Histology and Embryology

Lecturers:

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Lecture 1

Introduction

- The object and significance of histology.
- Relevance of histology to other biomedical disciplines.
- History, current state, and future of histology.
- Methodologies to study a structure of cells and tissues.

Cytology

- The cell definition, characteristics, compartmentalization.
- Cell nucleus ultrastructure and function, chromosomes, nucleolus.
- Endoplasmic reticulum
- Golgi apparatus
- Centrosome
- Mitochondria
- Lyzosomes + Peroxisomes
- Cytoplasmic inclusions
- Cytoskeleton
- Cell surface specialisations
- Cell cycle, cell division, cell differentiaion

Histology

Microscopic and submicroscopic structure of the body

(cells, extracellular matrix, fluid substances)

Cytology

General aspects of the structures composing the cells and their functioning

General histology

What are the main types of tissues? What are their functions? What cell types these tissues are made of?

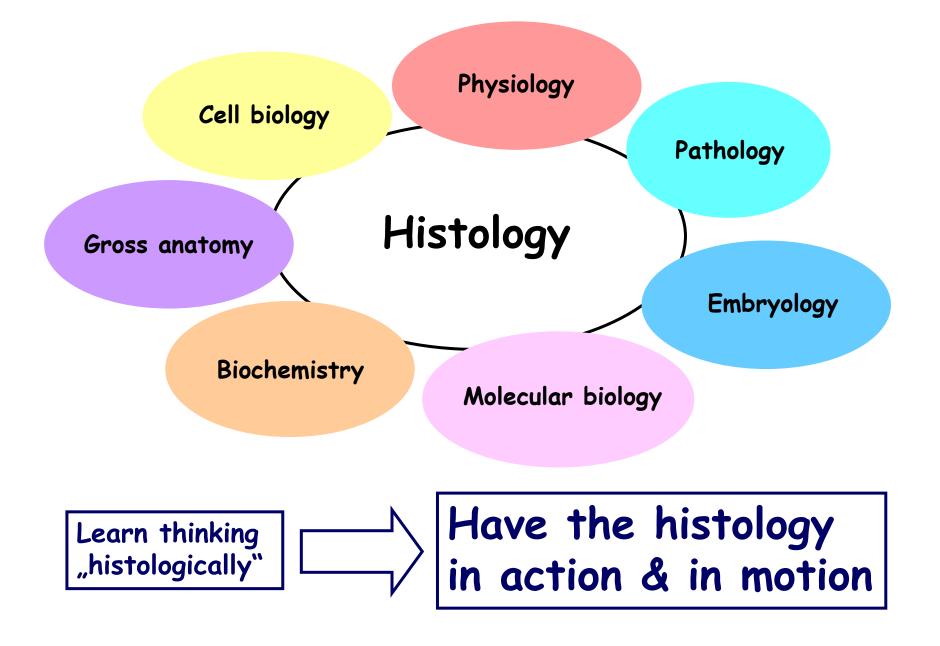
Microscopic anatomy

Composition and structure of organ systems & individual organs

Which tissue types and how organized? Which special cell types? Which special structures? (e.g. tubules) How does it all work?

All this mirrors hierarchical organisation of living organisms

Histology is no longer a static discipline dealing with just the structure !!!



Studying histology was first made mandatory for medical students in 1893 by John's Hopkins Medical School !

Most histologists are Germans primarily because they made great microscopes.

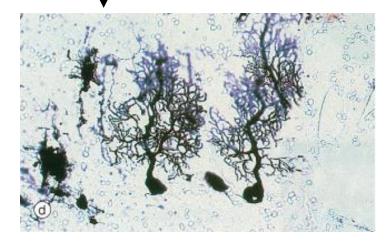
Eponymously theirs....

Jan Evangelista Purkyně 1787 – 1869

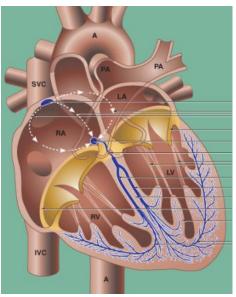
Bohemian physiologist

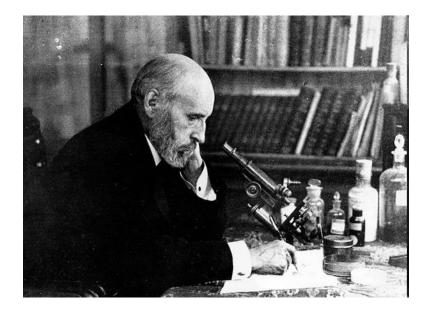
Schwann + Schleiden - 1839 - cell theory

- Pioneer in histological techniques
 First to use something like a microtome
- Introduced the term plasma
- Found Purkinje fibers of the heart -
- Found Purkinje cells of the cerebellar cortex



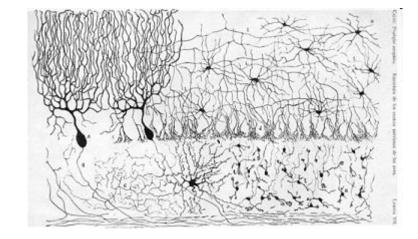






Santiago Ramón Y Cajal 1852 - 1934

Spanish physician and anatomist



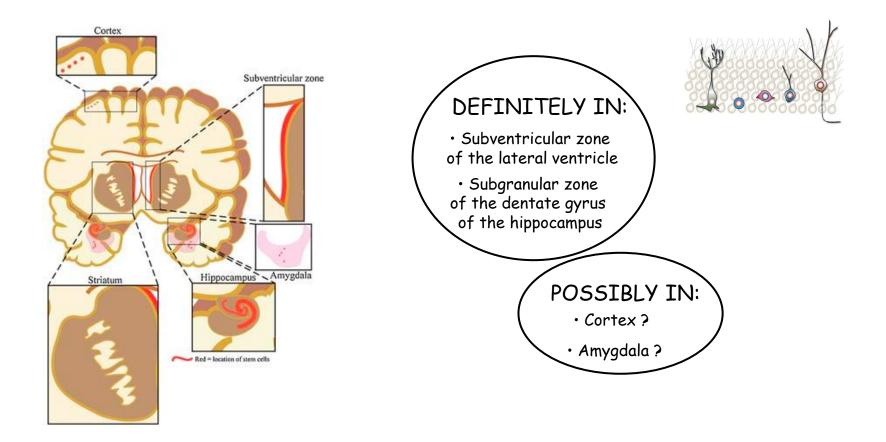
He established the neuron as the primary structural and functional unit of the nervous system. Nobel Prize in 1906

"Once the development was ended, the founts of growth and regeneration of the axons and dendrites dried up irrevocably. In the adult centers, the nerve paths are something fixed, ended, and immutable. Everything may die, nothing may be regenerated. It is for the science of the future to change, if possible, this harsh decree."

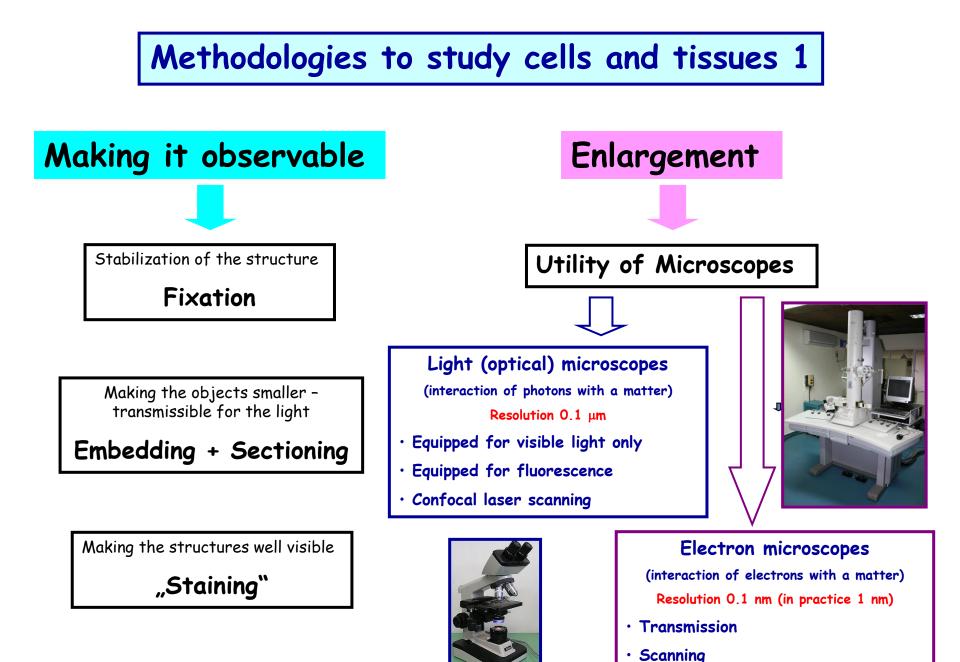
Making unexpected discoveries

(since early 1990s)

The existence of multipotent self-renewing progenitors residing in the postantal and adult nervous system



Our view on the organization of the central nervous system has been dramatically changed !!!



Methodologies to study cells and tissues 2

Fixation (denaturation)

- Organic solvents (EtOH, MetOH, Aceton,...)
- Aldehydes (form-, paraform-, glutar-aldehyde, ...)
- Organic acids (acetic, picric, ...)
- Heavy metals (salts of mercury, chrome, osmium, ...)

Embedding + Sectioning

- Paraffine wax
- **Celloidine** (=cellulose nitrate)
- Durcupan (synthetic polymer)
- LR White (synthetic polymer)
- others

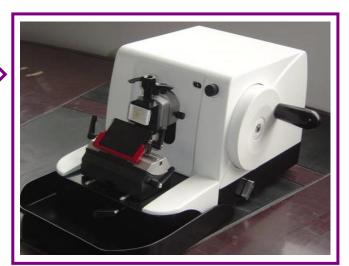
"Staining"

Chemical stains (H+E, Azan, van Gieson, ...)

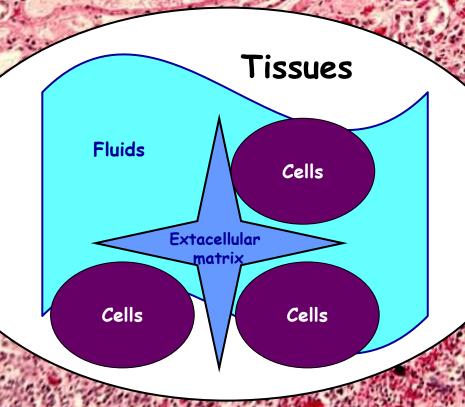
Histochemical stains (for proteins/enzymes, sugars, lipids, ...)

Immunochemical visualization (labeled antibodies)

Heavy metals (for TEM - salts of uranium, lead, wolfram, ...)



Understanding the complex systems can only be built on understanding its components

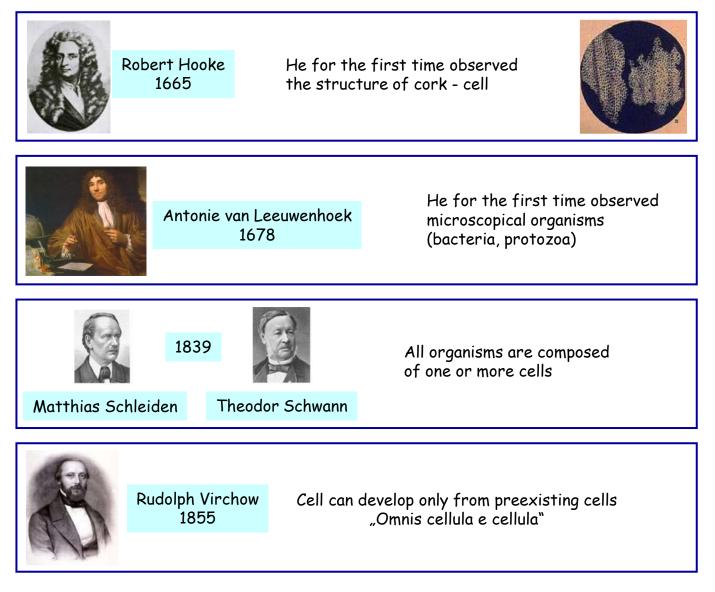


Fluids Intersticial fluid Plasma (in blood) Lymph (in lymph vessels) Cerebrospinal fluid Intracellular fluid (cytosol)

The cells make it all !

Living organisms are composed of cells

Long way to this discovery:

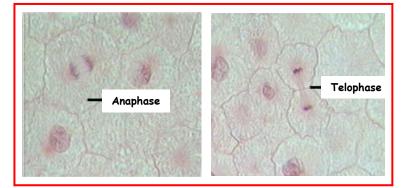


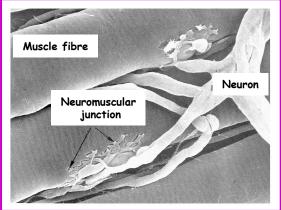
Cell is unifying theme/element of life

(cells are very similar among each other: small + specialized functions)

Current cell theory – 6 principles on which it is built

- \cdot Cell is the smallest structural and functional unit capable of life functions
- Function of each cell is given by its specific structure
- Cells are bulding units of all multicellular organisms cells are responsible for all processes taking place in the organisms
- Structure and function of all organisms is based on structural and functional properties of cells from which they are composed
- All new cells originate from preexisting cells
- Thanks to the continuity of life on the Earth, all cells are in principle the same (universal genetic code and its expression)

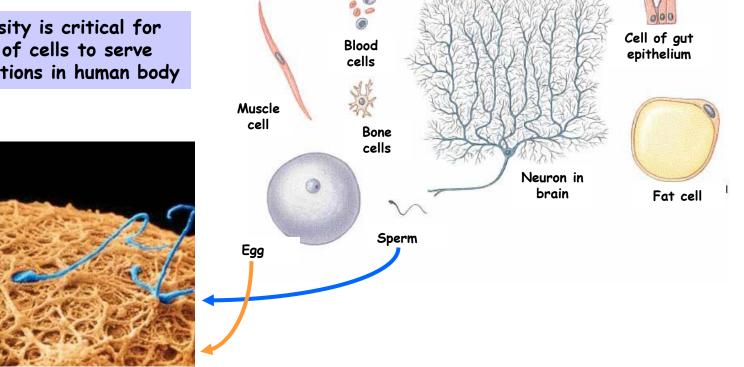




Despite of their common scheme, structural and functional diversity is a typical feature of all eukaryotic cell types

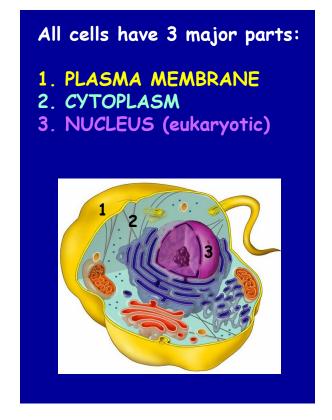
The cells of human tissues and organs are also structurally and functionally very diverse

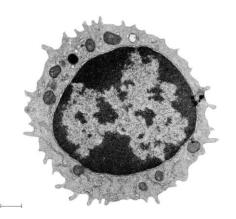
Such diversity is critical for an ability of cells to serve various functions in human body

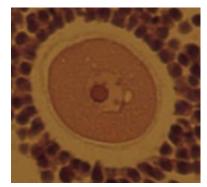


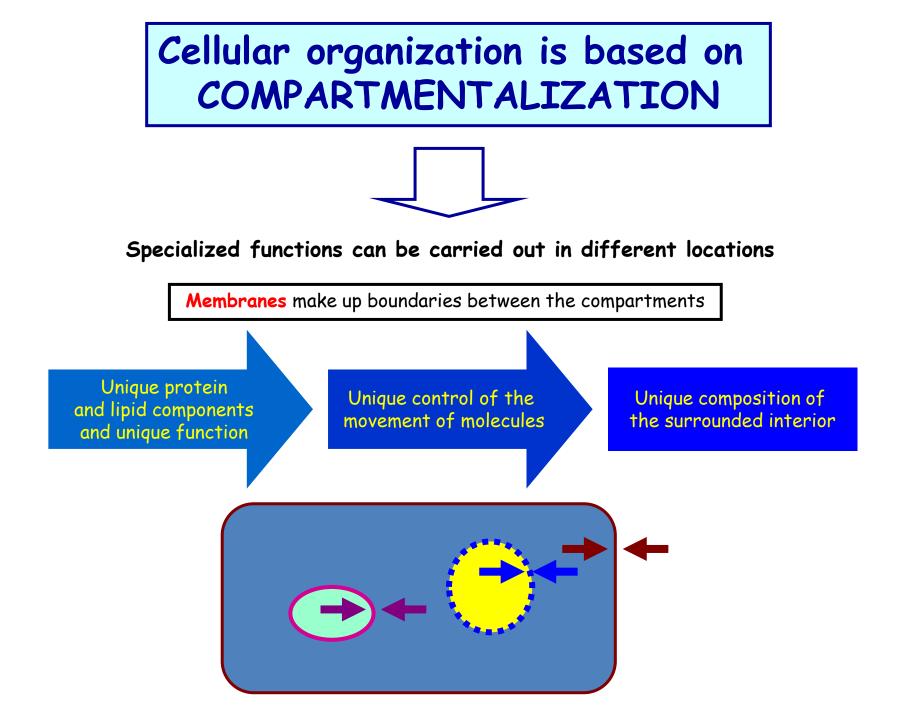
No cell is exactly like all others, but cells do have many common structural and functional features.

Keep in mind that not all cells contain all the structures we will discuss !

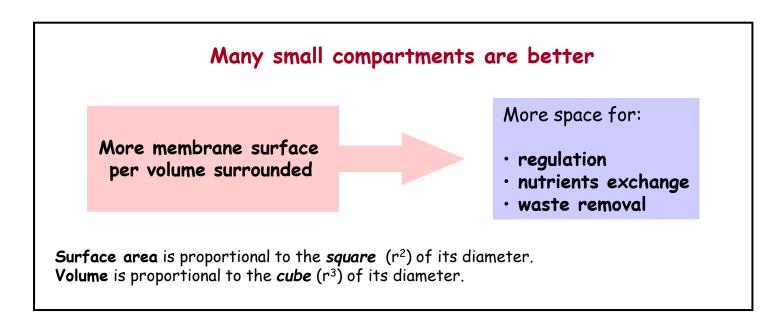


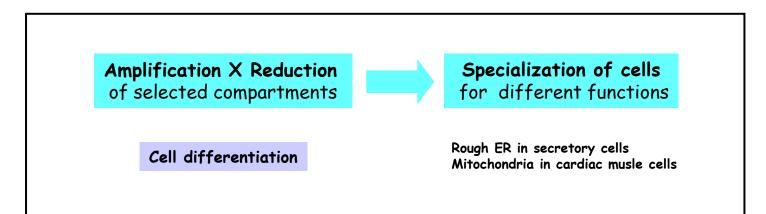




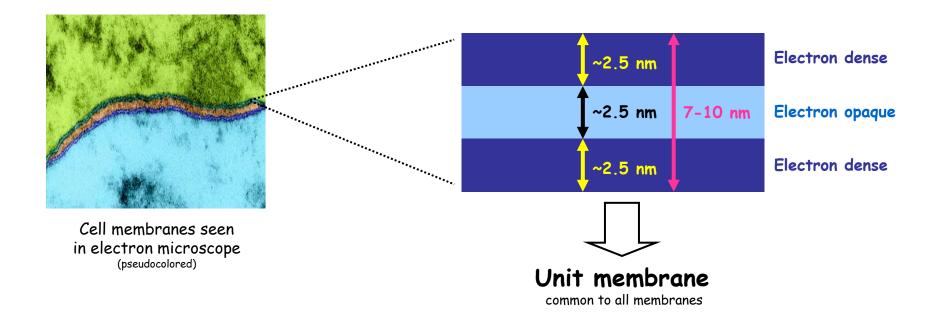


Compartments & Membranes



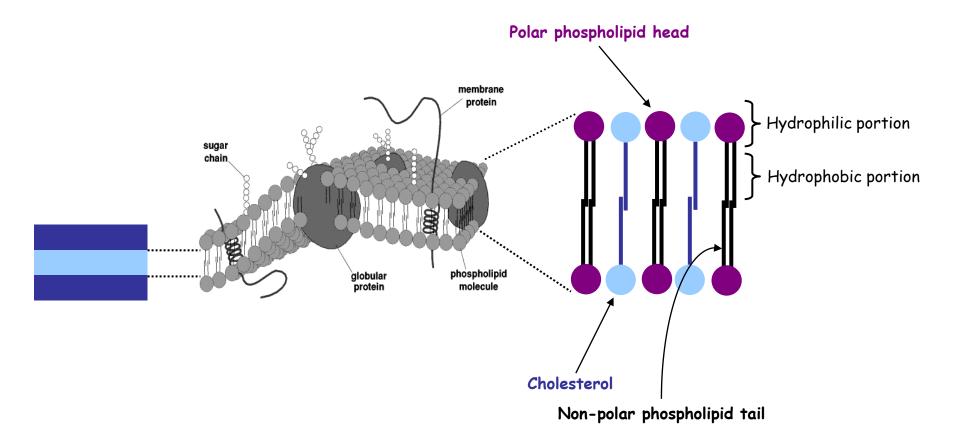


Biological membrane structure 1



Biological membrane structure 2

Fluid mosaic - A bilayer of lipids with mobile globular proteins

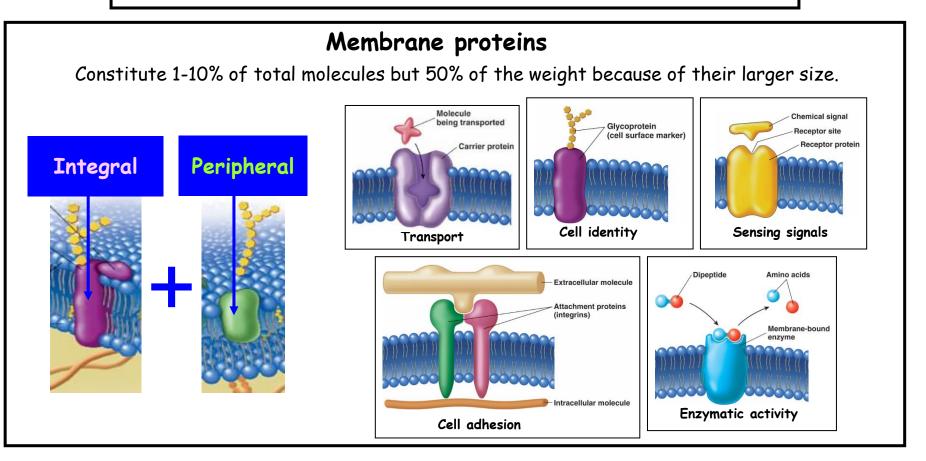


Membrane structure 3

Membrane lipids

Make up 90-99% of molecules in membrane (in numbers).

- Phospholipids 75% of lipids
- · Cholesterol 20%
- Glycolipids 5% only on cytoplasmic membrane GLYCOCALYX





Specialized internal structures with specialized functions

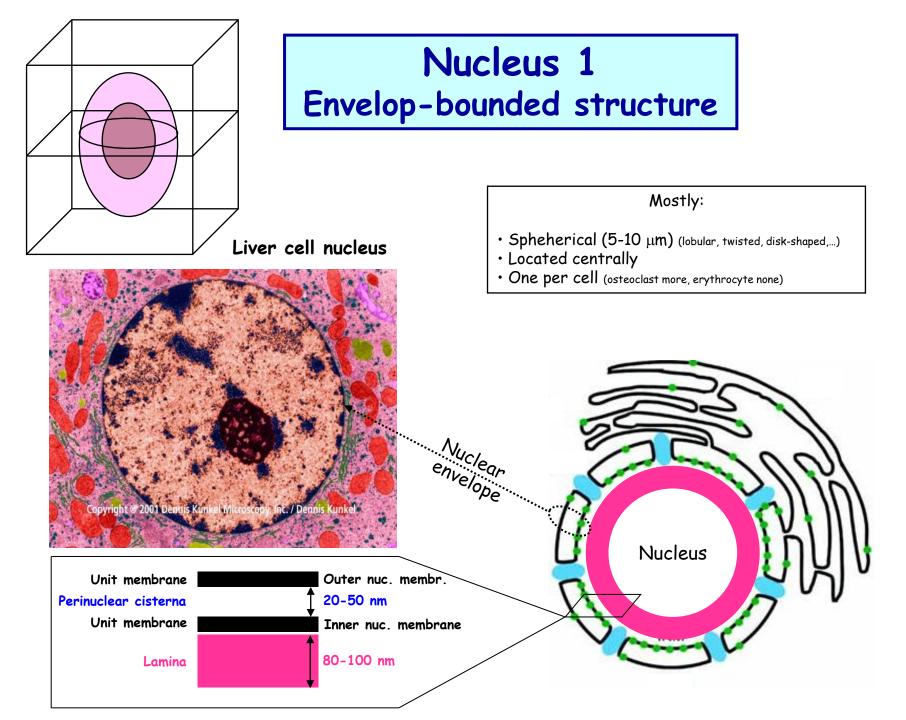
Membranous

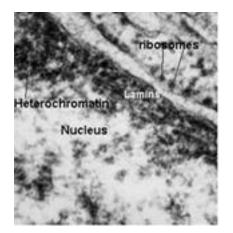
- Endoplasmic reticulum
- Golgi apparatus
- Lysosomes
- Endosomes
- Peroxisomes
- Mitochondria

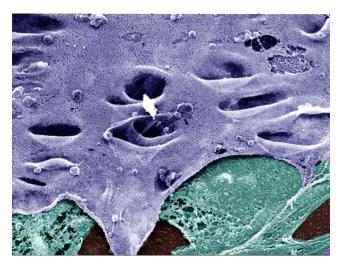
Non-membranous

- Ribosomes
- Centrosomes
- Centrioles
- Basal bodies

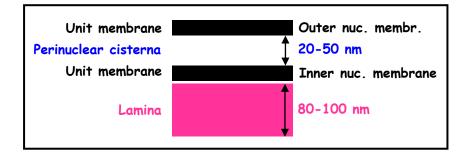
Related to specific structure and function of the cell e.g., much energy needed \rightarrow many mitochondria







Nucleus 2 Continuation on nuclear envelop



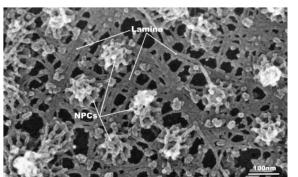
Lamins:

- Intermadiate filament proteins (A, B, C)
- Form meshwork inside of INM, some extend into nucleoplasm
- Nuclear strength and architecture
- Anchorage sites for chromatin
- DNA replication and mRNA transcription
- Involved in apoptosis



Hutchinson-Gilford progeria

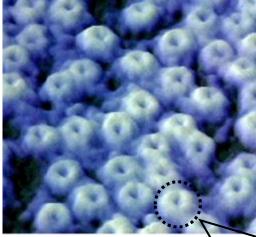
Rare - 1-4 per 8 milion of newborns Missense mutation in A-type lamin



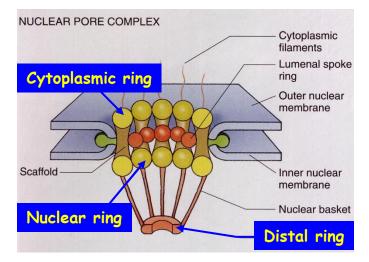
Laminopathies

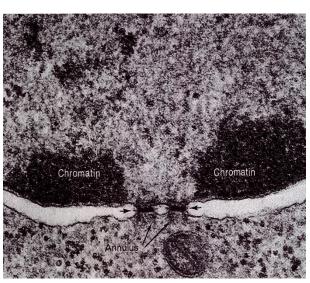
- Human diseases (at least 13 known)
- Mutations in lamin genes (almost 200 mutations known)
- Deregulated gene expression
- Premature aging





Nucleus 3 Nuclear pore complex





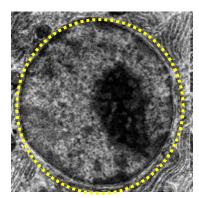
Diameter ~ 100 - 125 nm

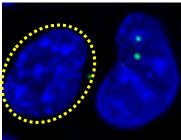
Three rings (8 subunits each)

Inner filamentous basket

Transport via nuclear pores (Nucleocytoplasmic shuttling)

- · Proteins, RNAs, ribosome subunits
- Bidirectional
- Needs nuclear localization/export signals
- · Helped by importins/exportins
- Regulated by Ran GTPases





Nucleus 4 Chromatin

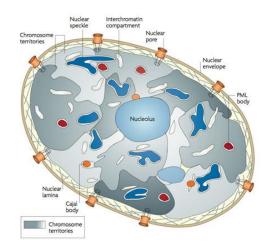
Interphase nucleus

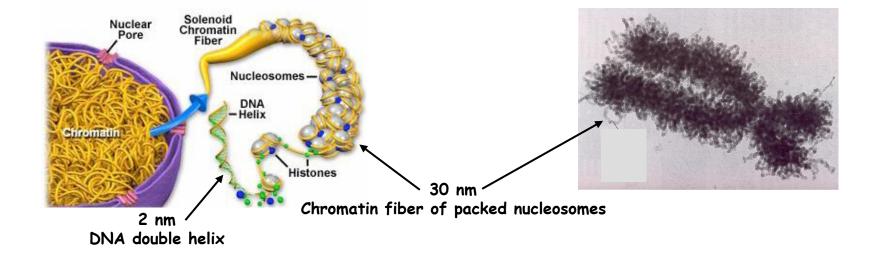
Heterochromatin

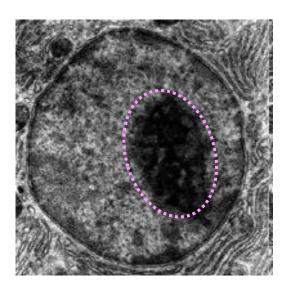
Feulgen positive - dark in light microscope Dark/dense granular in TEM Transcriptionally inactive

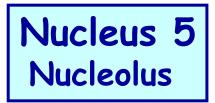
Euchromatin

Invisible in light microscope Relaxed uncoiled chromosomes Transcriptionally active









non-membrane-bounded structure

Main functions

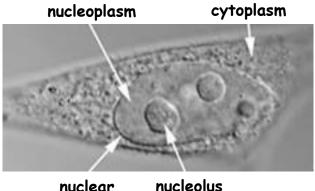
Synthesis of rRNA Assembly of ribosomes

> Pars granulosa Assembly of ribosomes

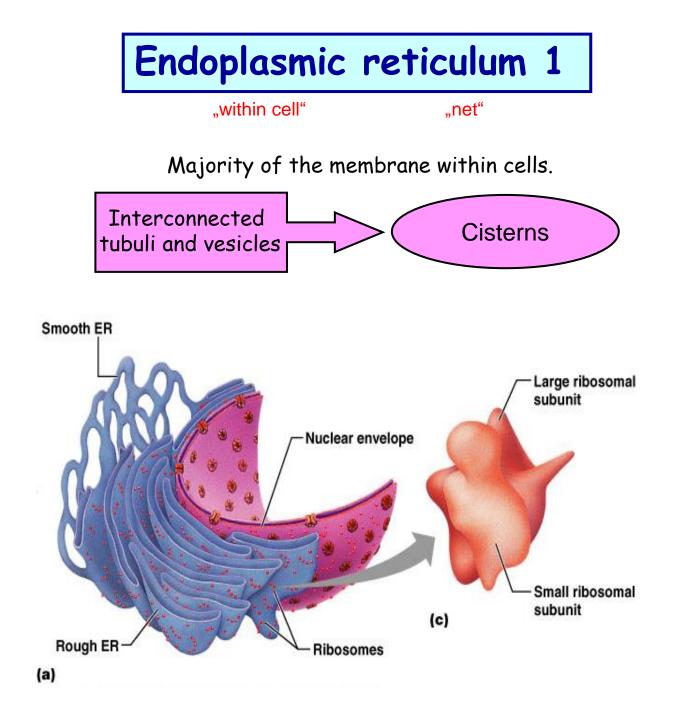
Pars fibrosa Primary transcripts of rRNA

Nucleolar-organizing regions of DNA

on five chromosomes in human cells (chrs. 13, 14, 15, 21, 22)



nuclear membrane



Endoplasmic reticulum 2

NO attached ribosomes \rightarrow No protein-synthesis functions! Manufactures phospholipids and cholesterol

• Liver - lipid and cholesterol metabolism, breakdown of glycogen and, along with the kidneys, detoxification of drugs

• **Testes** – synthesis of steroid-based hormones (testosterone)

• Intestinal cells – absorption, synthesis, and transport of lipids

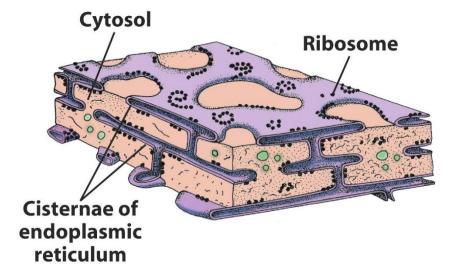
• Skeletal and cardiac muscle - storage and release of calcium (sarcoplasmic reticulum)

Smooth ER Rough ER

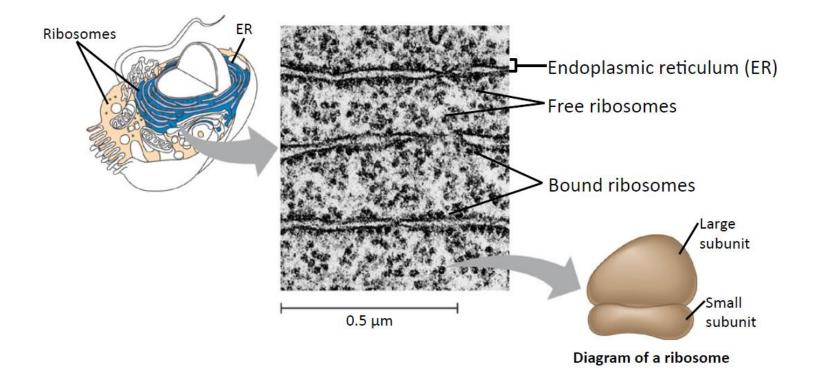
External surface has ribosomes attached

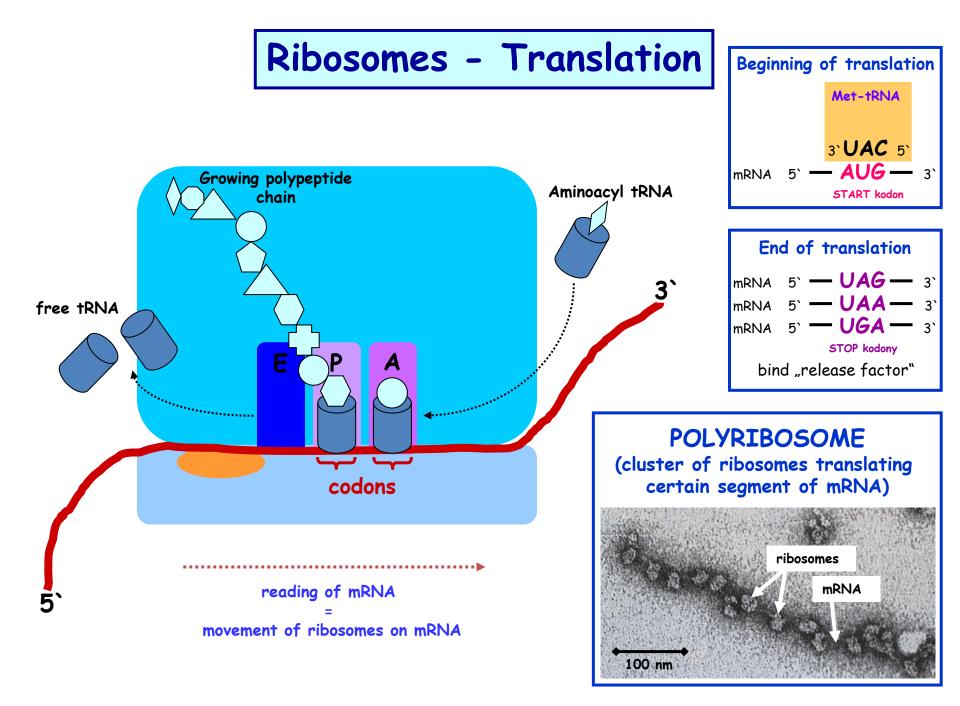
200

- Manufactures all secreted proteins
- Synthesizes integral membrane proteins
- Modifies proteins

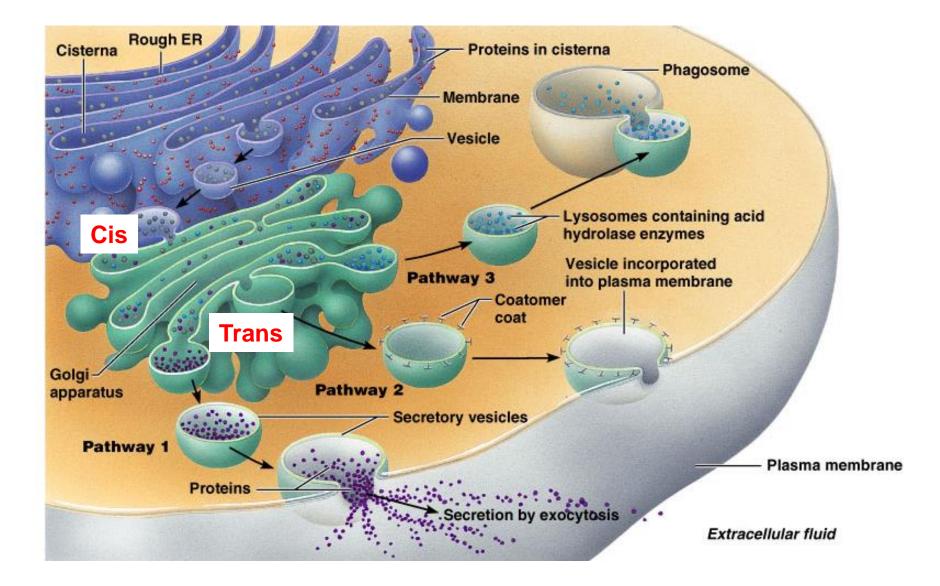




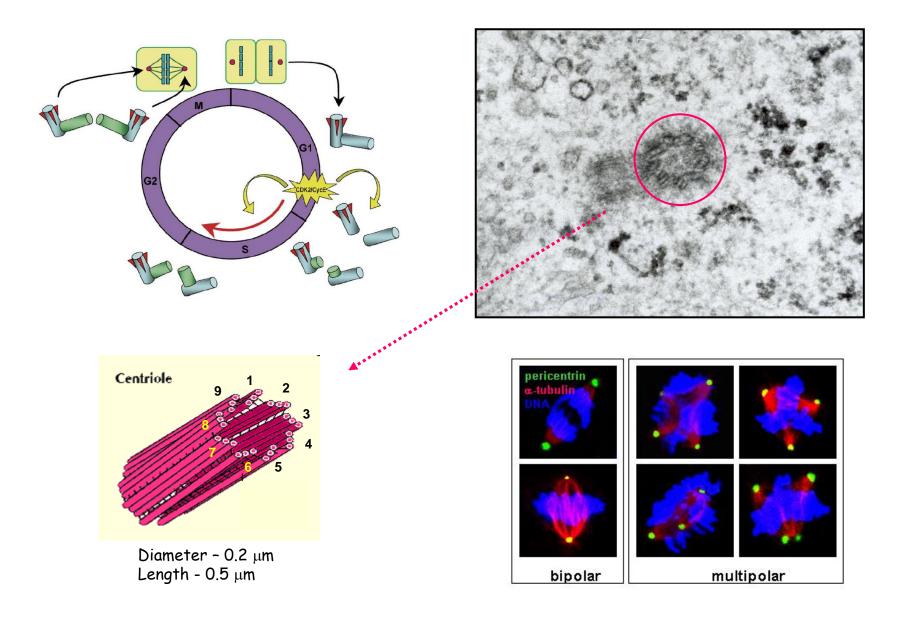




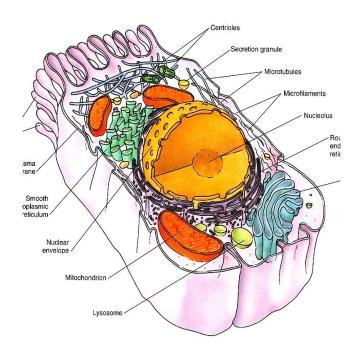
Golgi apparatus – Transgolgi pathway



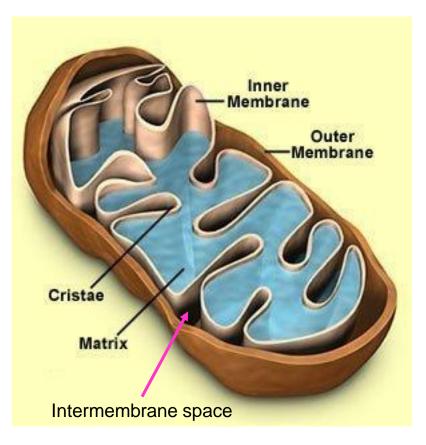
Centrosome



Mitochondria 1



- all cells except erythrocytes
- double membrane
- diameter cca 0,5 μm
- length up to 50 (100) μm
- oxidative metabolism (glucose ATP + CO₂ + H₂0)
- cytochrome c activation of apoptotic pathway
- origin in oocyte
- mtDNA (circular)
- brown fat thermogenesis



- · both membranes with low fluidity
- · both membranes equipped with many protein molecules
- growth and divission of mitochondria

Mitochondria 2

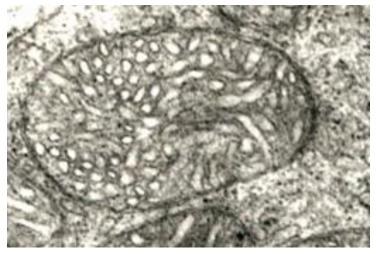


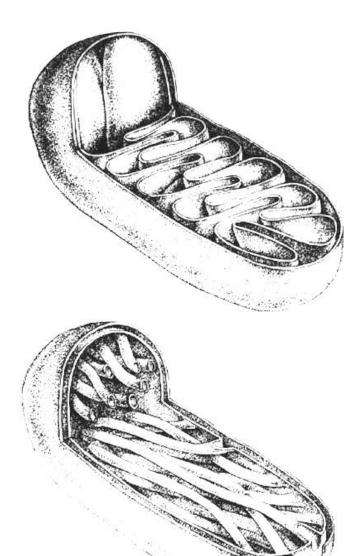
Mitochondria 3

with crists

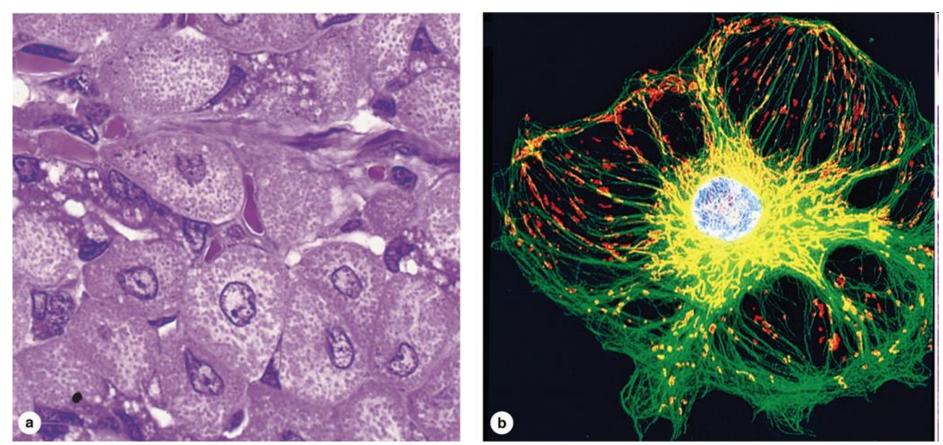


with tubuli (in steroid producing cells)





Mitochondria 4



mitochondrial eosinophilia

mitochondria microtubuli

Lysosomes 1

endosome-lysosome system

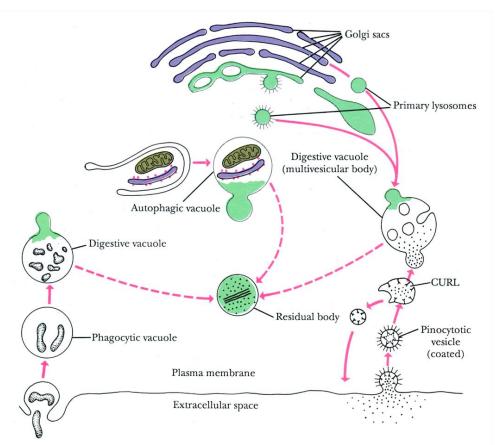


Figure 2.17. Origins of primarily lysosomes from the Golgi and trans-Golgi network. Primary lysosomes fuse with and discharge hydrolytic enzymes into autophagic, pinocytotic (or endosome), and phagocytic vacuoles to form secondary lysosomes (digestive vacuoles). Residual bodies contain undigested residue. Endosomes fuse to form a compartment where uncoupling of the ligands and surface receptors occurs (CURL, see text for explanation). The compartment containing the free ligands subsequently fuses with the lysosome; the receptors remain bound to the membrane of vesicles which is partitioned off from the CURL and recycle to the plasma membrane. (Modified from Novikoff AB, Holtzman E: *Cells and Organelles*, 2nd ed. New York, Holt, Rinehart and Winston, 1976.)

- in all cells except for erythrocytes
- vesicles about 0,05 0,5 μm
- membrane-bound
- highly acidic internal space (cca pH 5)
- hydrolytic enzymes inside (min. 50 types)
- tagging by mannose-6-fosphate

Lysosomes 2

primary x secondary

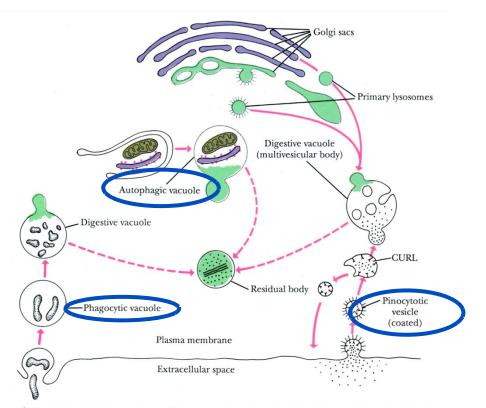
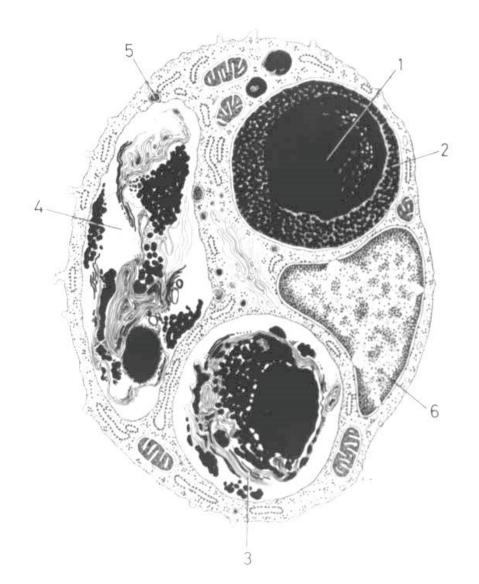


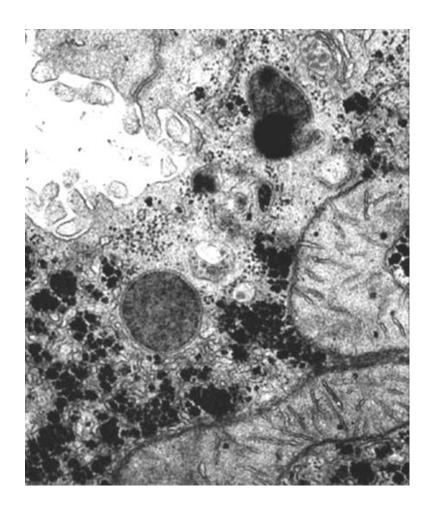
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- primary lysosomes
- secondary lysosomes (fagolysosomes)
- residual bodies (lipofuscin)

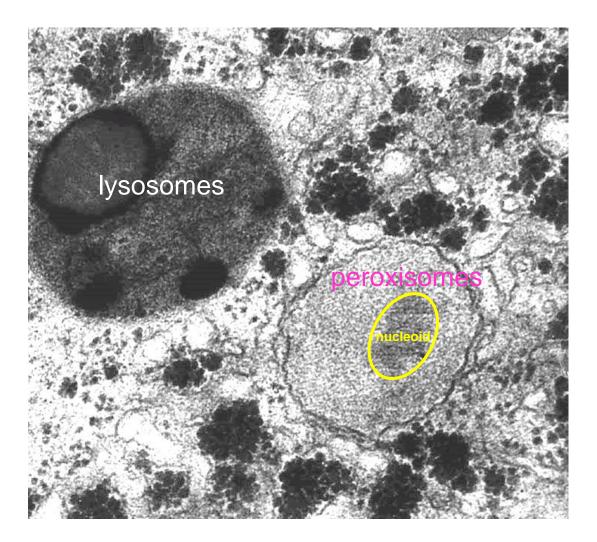
Lysosomes 3

secondary lysosomes





Peroxisomes

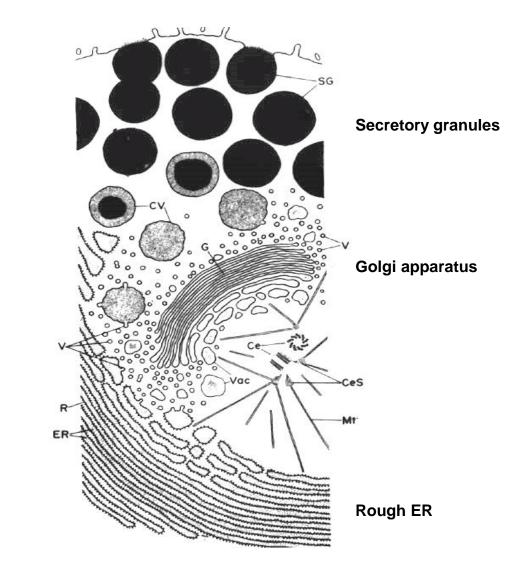


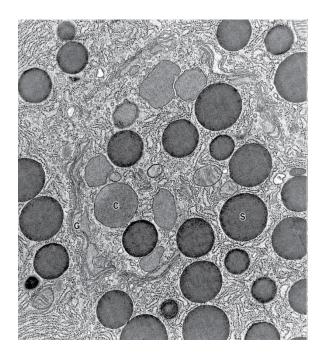
- structuraly similar to lysosoms
- · functionally similar to mitochondria
- "nucleus" = nucleoid
- degradation of fatty acids $(H_20_2, H_2O, 0_2)$
- detoxification (complement SER)
- origin: growth from ER or division

(no or only little metabolic activity on themselves)

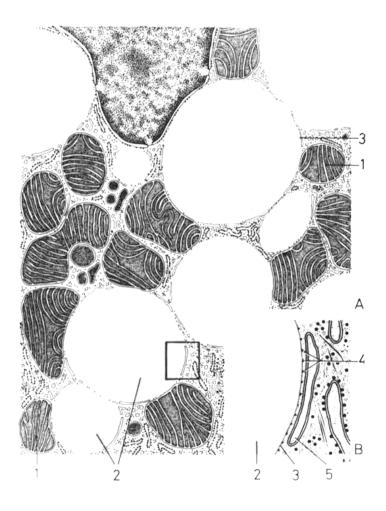
- secretory granules
- storage compounds: sugars (glycogen), lipids
- **crystals** (proteins)
- **pigments**: endogenous (autogenic and hematogenic) + exogenous

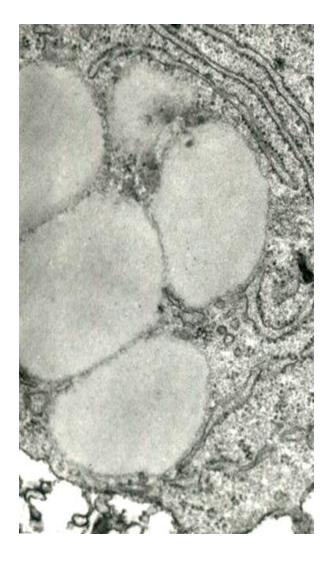
Secretory granules



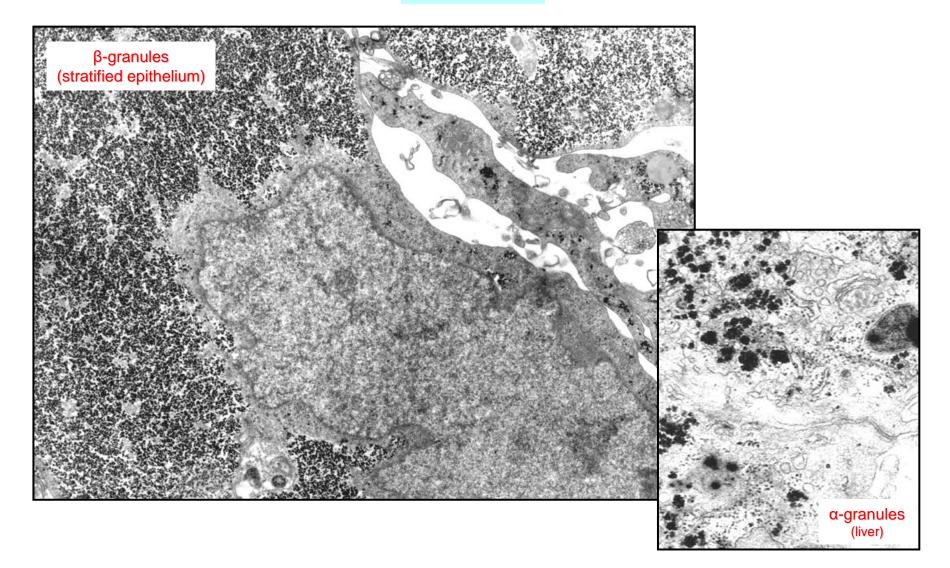


Lipid inclusions





Glycogen

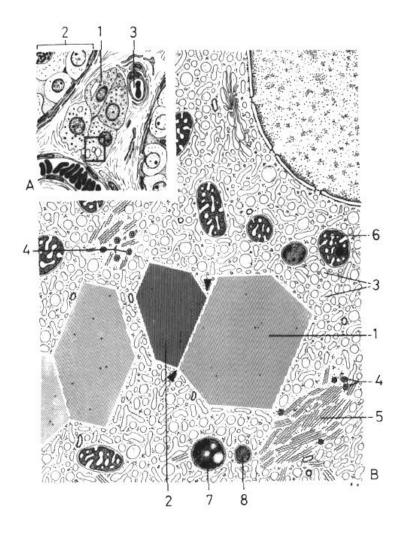


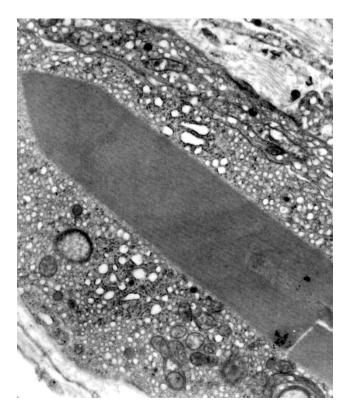
Glycogen



Glycogen in liver cells (light microscope; PAS reaction)

Crystals





Protein inclusions in Leydig cells

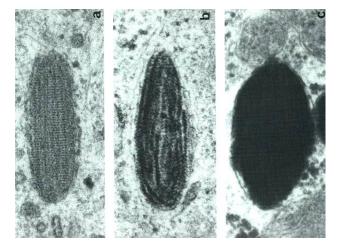
Pigments (colour inclusions): Exogenous x Endogenous

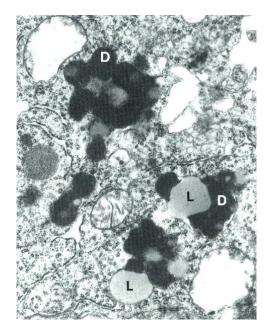
• Autogenous

Specific functions – melanin

Hematogenous

Hemoglobin decomposition – hemosiderin, biliverdin, bilirubin

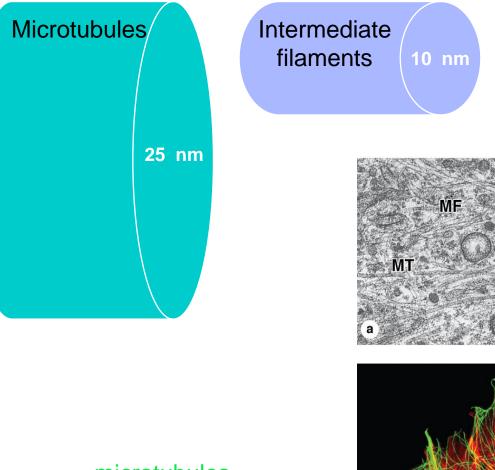




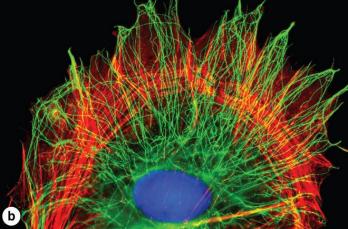
Pigment in aged cells

lipofuscin – accumulation of residual bodies in long-lived cells (neurones, kardiomyocytes)

Cytoskeleton 1



microtubules microfilaments - actin



Microfilaments

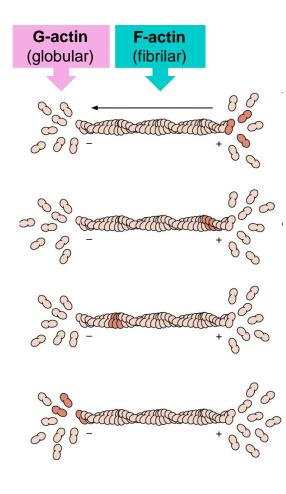
(actin)

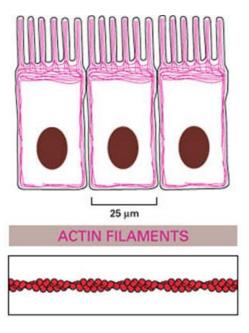
ME

MT

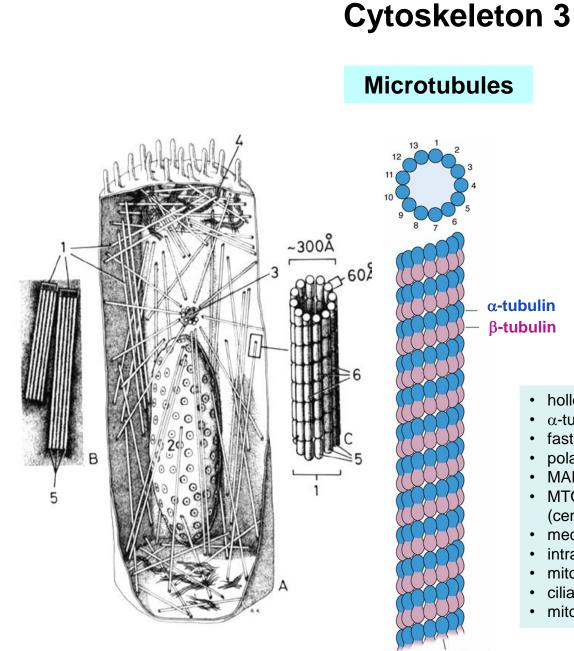
Cytoskeleton 2

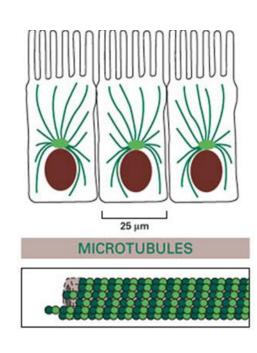
Microfilaments (actin)





- actin isoformes (α , β , γ)
- fast polymerisation and depolymerisation
- polarisation (+ a ends)
- stabilisation by associated proteins (tropomyosin myofibrils)
- crosslinking by associated proteins (fimbrin, filamin, ...)
- anchoring to cell membrane (vinculin, tallin, ...)
- cortical actin membrane skeleton
- myosin motors (analogous to dynein + kinesin on microtubuli)





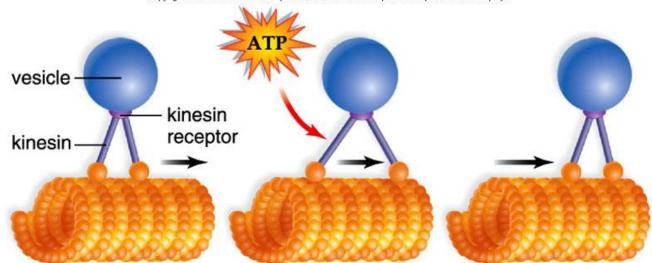
β-tubulin

- hollow tubes ٠
- α -tubulin + β -tubulin dimers •
- fast polymerisation and depolymerisation •
- polarisation (+ a ends) ٠
- MAP (proteins associated with microtubuli)
- MTOC microtubules organizing centre (centrosome; γ-tubulin)
- · mechanical support
- intracellular transport ٠
- mitotic spindle ٠
- cilia and flagella ٠
- mitotic poisons (colchicin, taxol, ...) •

Protofilament

Cytoskeleton 4

Microtubules - motors



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vesicle moves, not microtubule

Kinesins

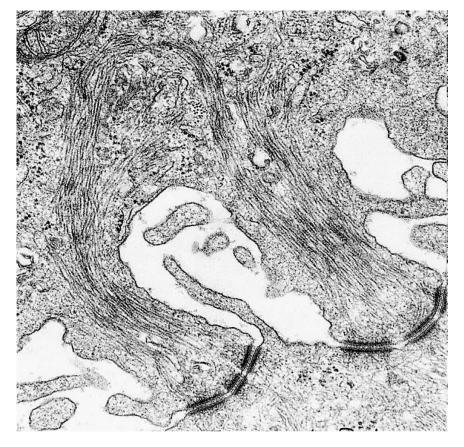
- move towards "plus" end of microtubuli
- transport from centrosome

Dyneins

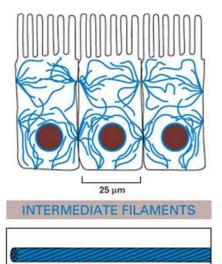
- move towards "minus" end microtubuli
- transport towards centrosome
- axonal transport long distance

Cytoskeleton 5

Intermediate filaments



Cytokeratin intermediate filaments in stratum basale of epidermis



- "chemically" highly heterogenou group
- common composition (tetramers) "thread like"
- more stable than actin and tubulin structures
- cell type specific:

Cytokeratins (epithelia)

Vimentin (cells of mesenchymal origin)

Desmin (muscle cells)

Neurofilaments (neurons)

Glial fibrial acidic protein (neuroglia)

Lamins (nuclear envelope)

free surface

lateral surface

basal surface

Free

- **microvilli** (*irregular*, *regular* striated border, brush border)
- cilia

Lateral

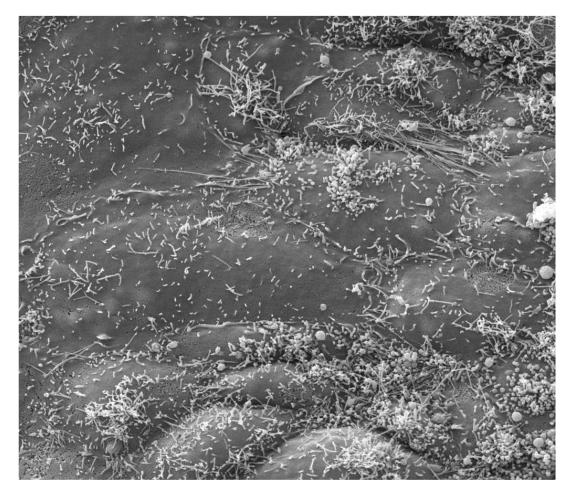
Cell-to-cell junction:

- sealing: tight junction=zonula occludens
- adhesion: zonula adherens, desmosom
- communication: nexus (Gap junction)

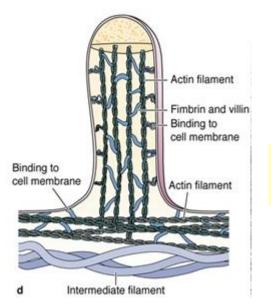
Basal

- focal adhesions
- hemidesmosomes
- basal labyrinth

Microvilli



Free surface of cultured human embryonic stem cells



Microvilli

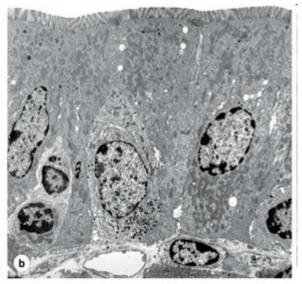
Thickness about 0,1 μm Length about 1-6 μm

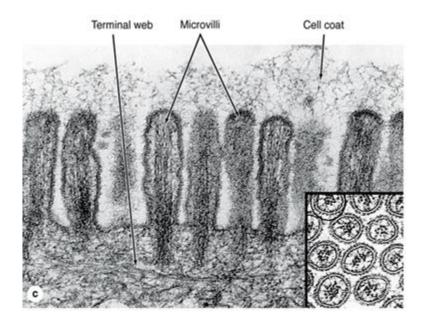
Actin filaments in microvilli

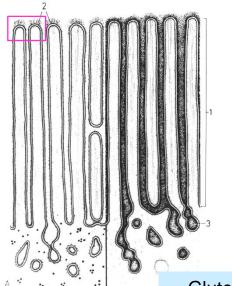
- 20 in microvilli of epithelial cells
- several hundreds in stereocilia of hair cells

Regularly organised microvilli = striated border + brush border



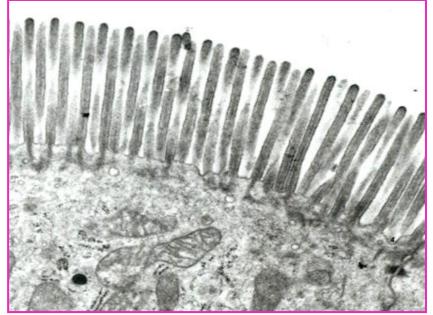


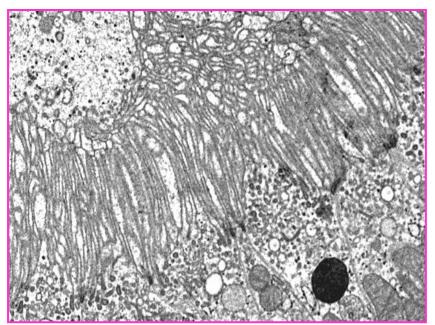




Microvilli

Gluten – Celiac disease



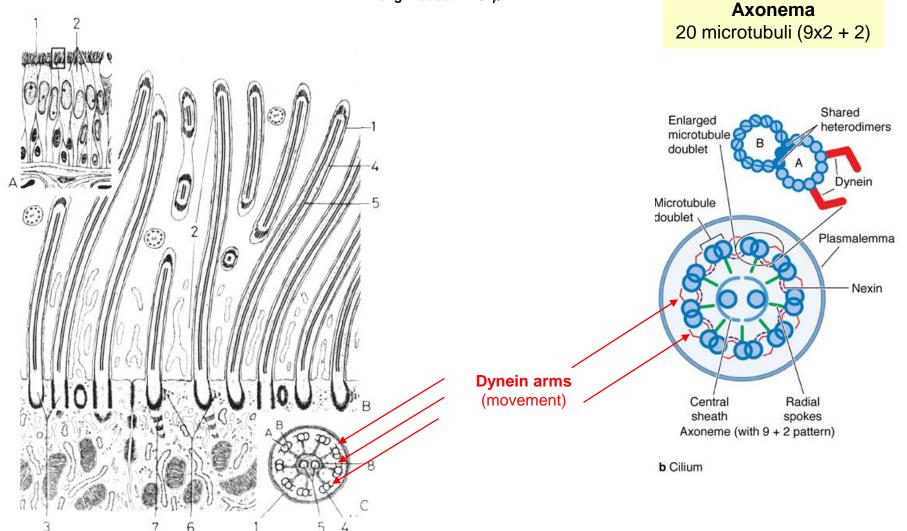


(tops of enterocytes)

brush border (proximal tibuli of kidney)

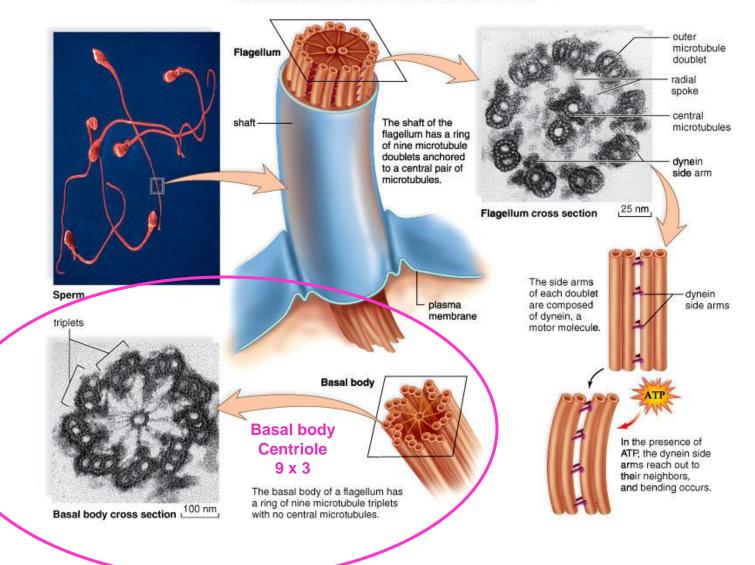
Cilia + Flagella

Thickness about 0,25 μm Length about 7-10 μm



Cilia + Flagella

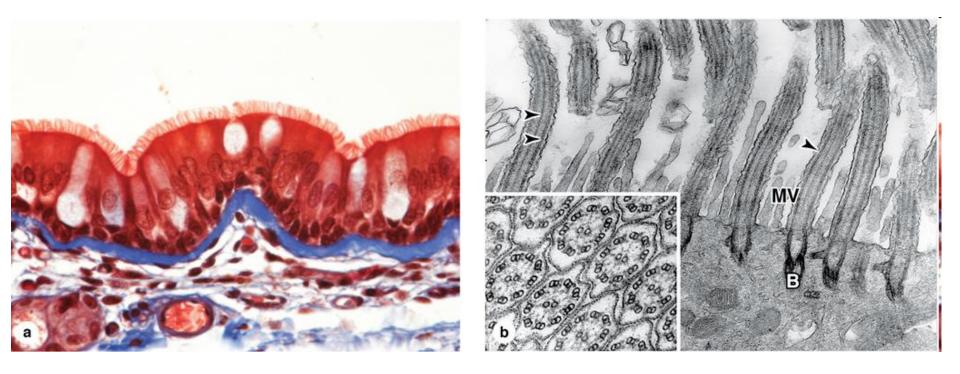
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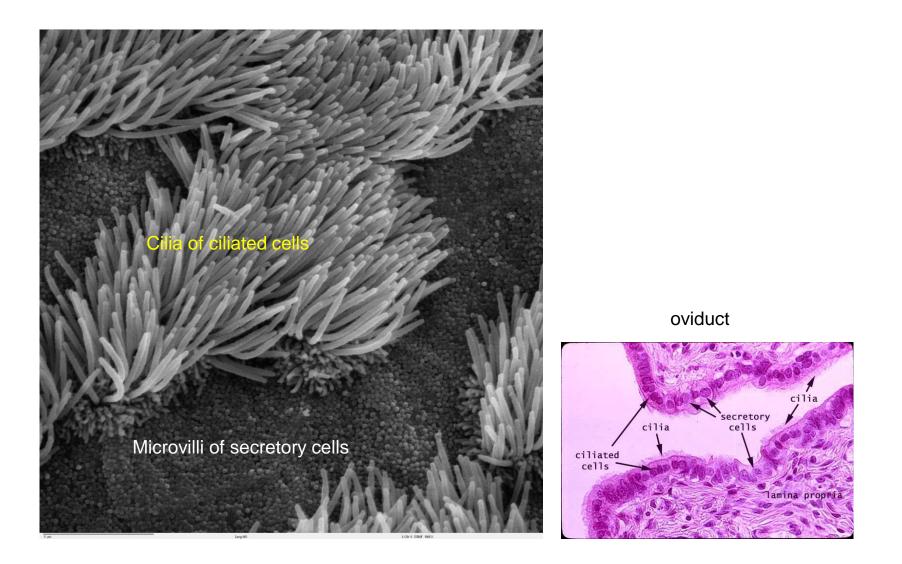
Cilia + Flagella

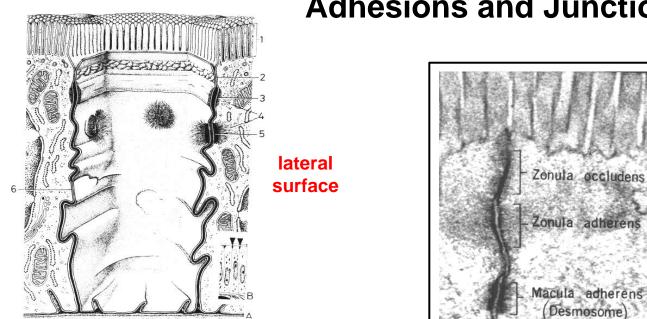
in light microscope

in electron microscope



Cilia + Flagella





Basal surface

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Adhesion

Macula adherens

(desmosome)

Zonula adherens

Focal adhesion

Hemidesmosome

Adhesions and Junctions 1

Sealing

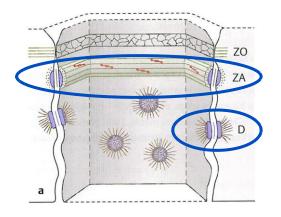
Zonula occludens • (tight junction)

Communication

junction

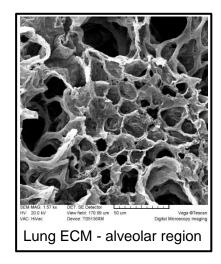
jomplex

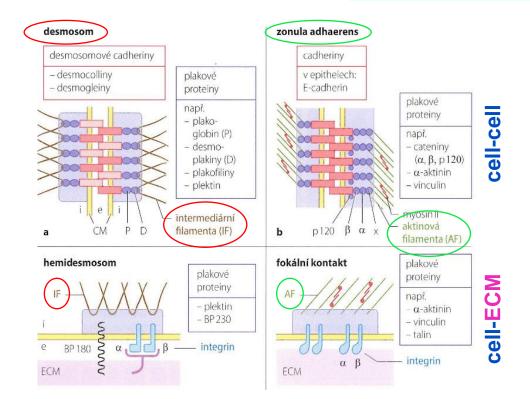
Gap junction (nexus)



Adhesion

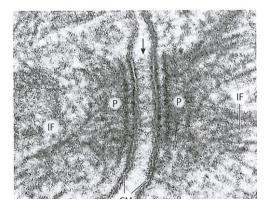
- Macula adherens
 (desmosom)
- Zonula adherens
- Hemidesmosome
- Focal adhesion

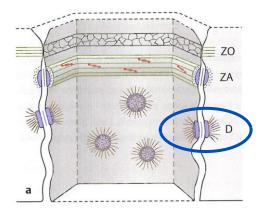




Unified composition

- Transmembrane proteins (cadherins+ integrins)
- Adaptor (plak) proteins
- Cytoskelelal fibers

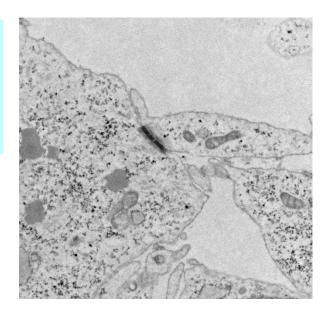




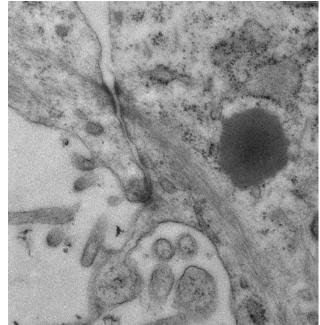
Adhesion

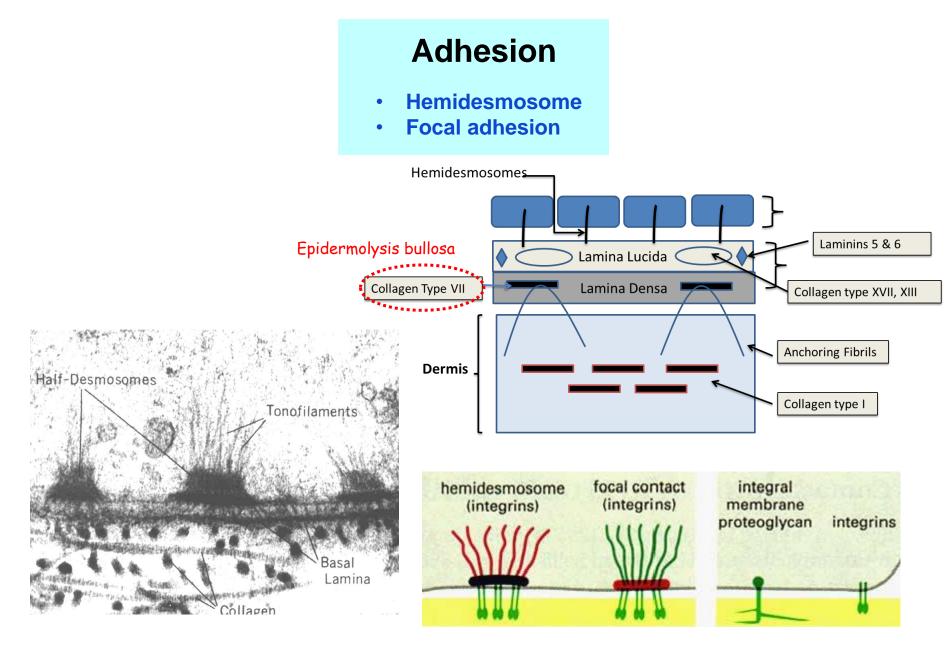
• Macula adherens (desmosome)

Diameter about 0,3 μm Distance between membranes about 20-40 nm

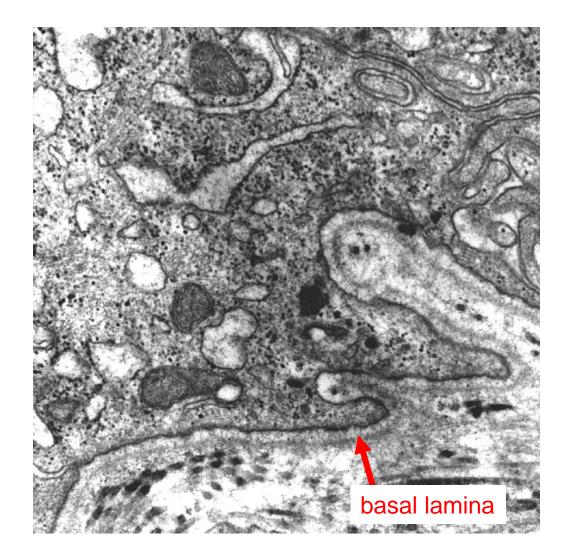




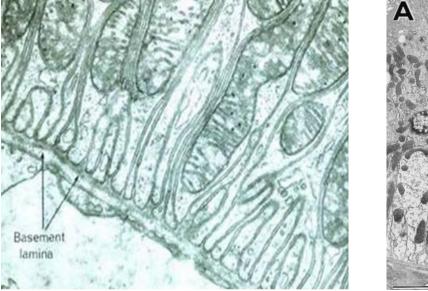


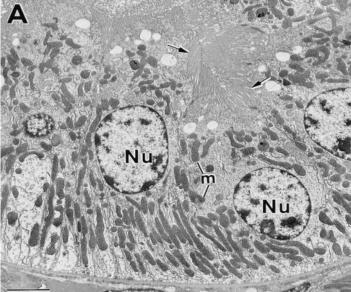


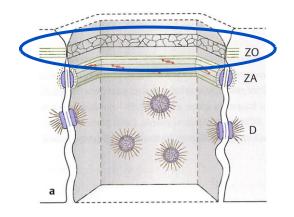
• Focal adhesion



Basal labyrinth





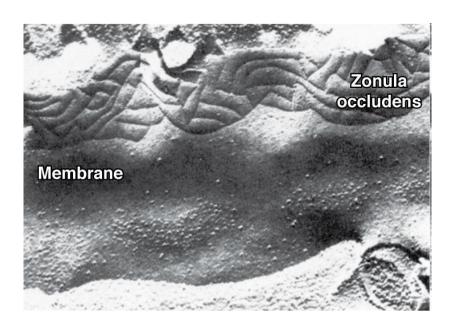


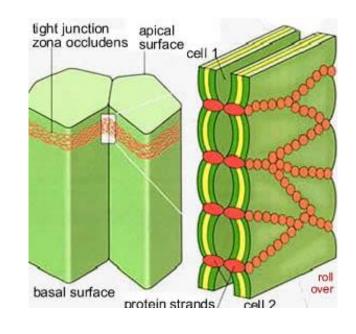
Sealing

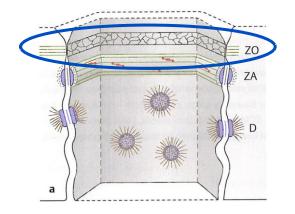
• Zonula occludens (tight junction)

A B aktin occludin klaudin

Damage by: Clostridium perfringens Helicobacter pylori (ZO-1)

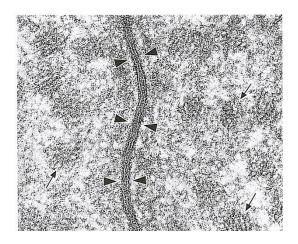


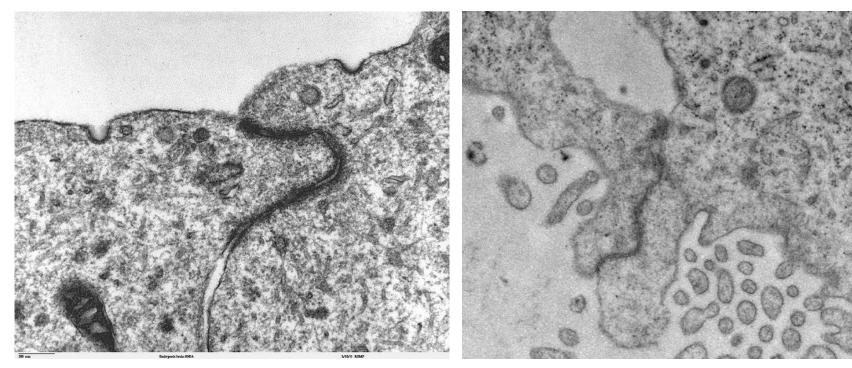


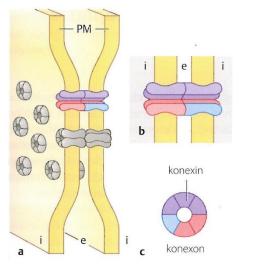


Sealing

• Zonula occludens (tight junction)



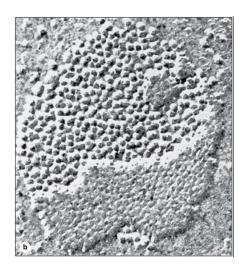


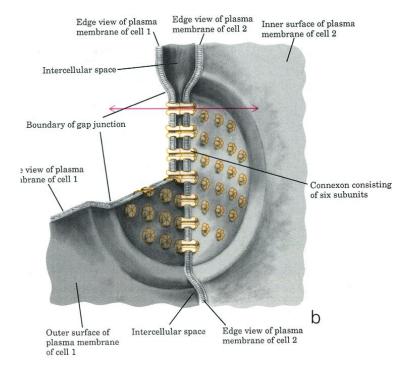


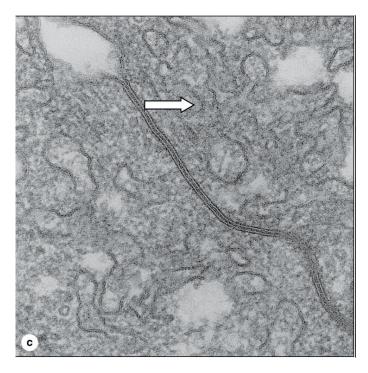
Communication

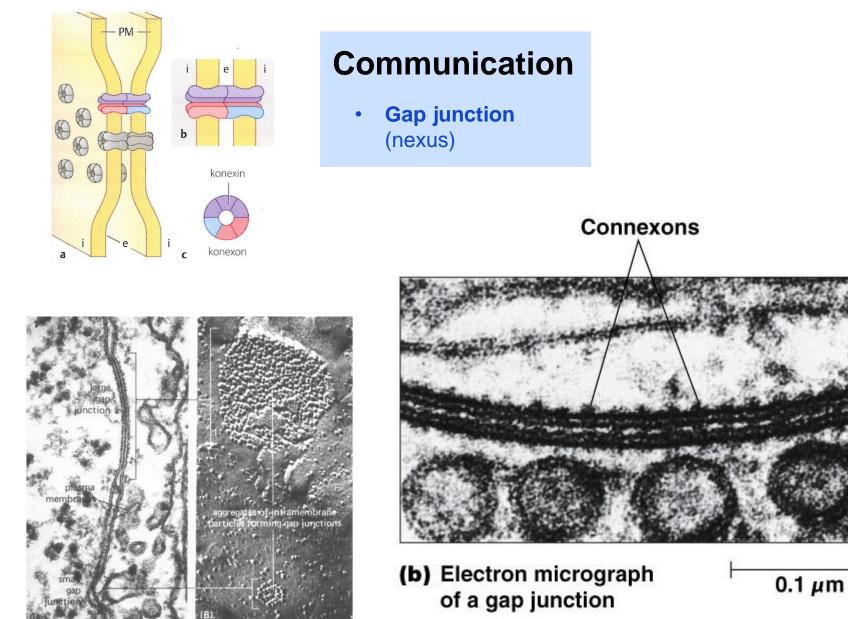
• Gap junction (nexus)

Diameter about 0,3 μm Distance between cell membranes about 3 nm Internal diameter of the channel about 2 nm







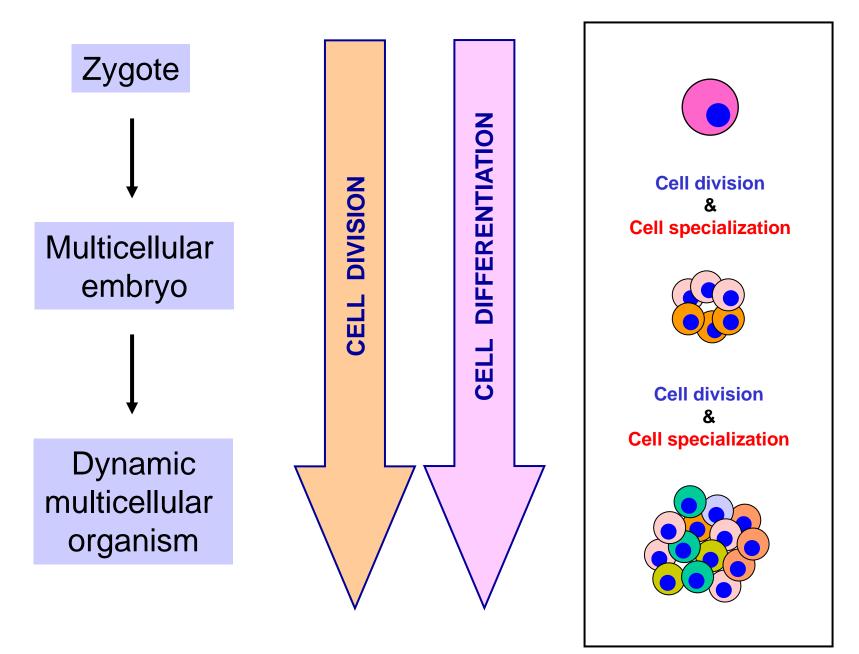


200 nm

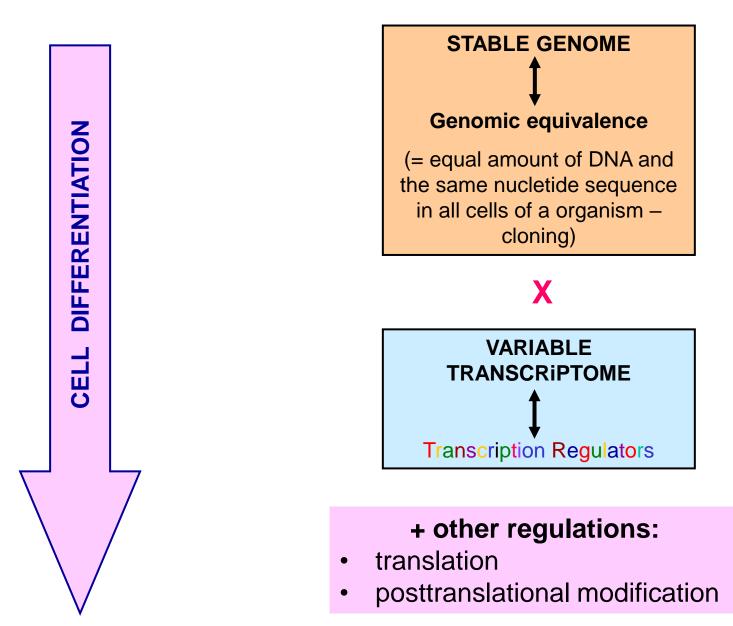
Activities of cells

- Movement intracellular, amoeboid, cilia, flagella
- **Metabolism** income, processing, outcome
- Responsivenes
- Growth
- Differentiation
- Division (amplification)

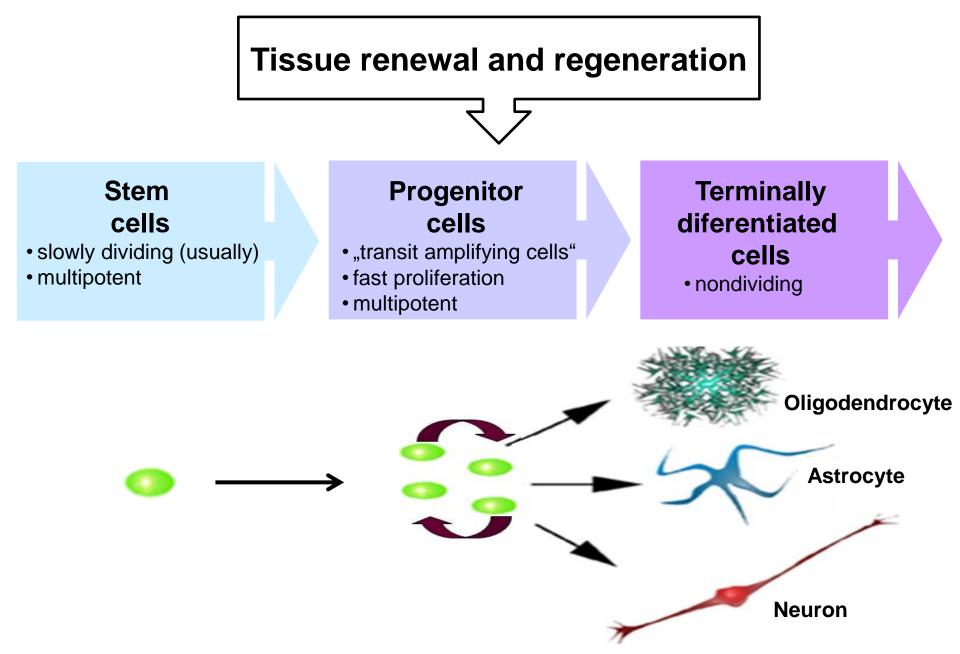
Division x Differentiation of cells 1



Division x Differentiation of cells 2

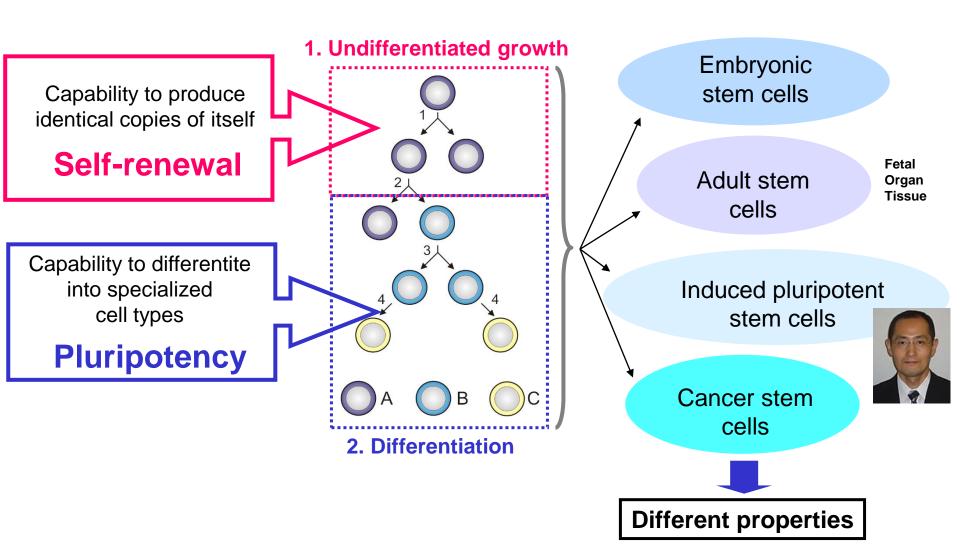


Division x Differentiation of cells 3



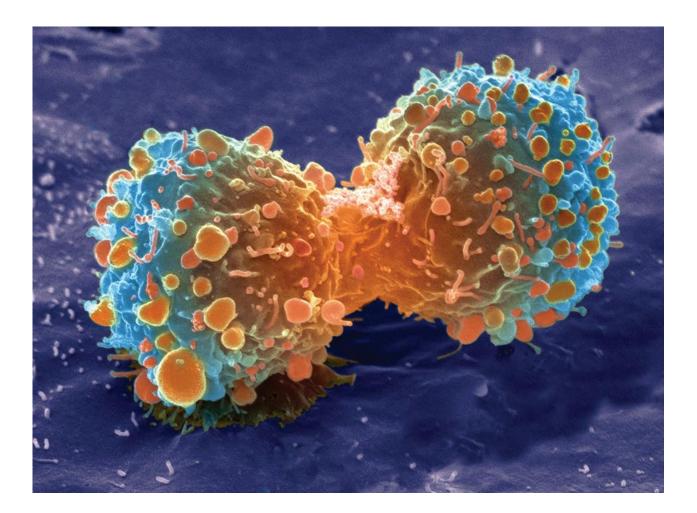
Mother nature and scientists supply us with many

Stem cells generate and regenerate our body



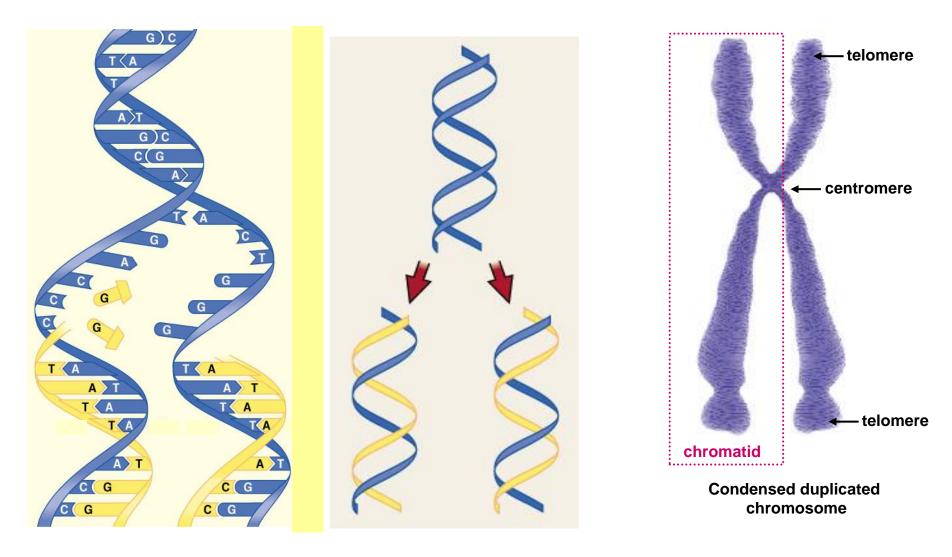
Basic concept 1

MITOSIS and CYTOKINESIS produce genetically identical cells

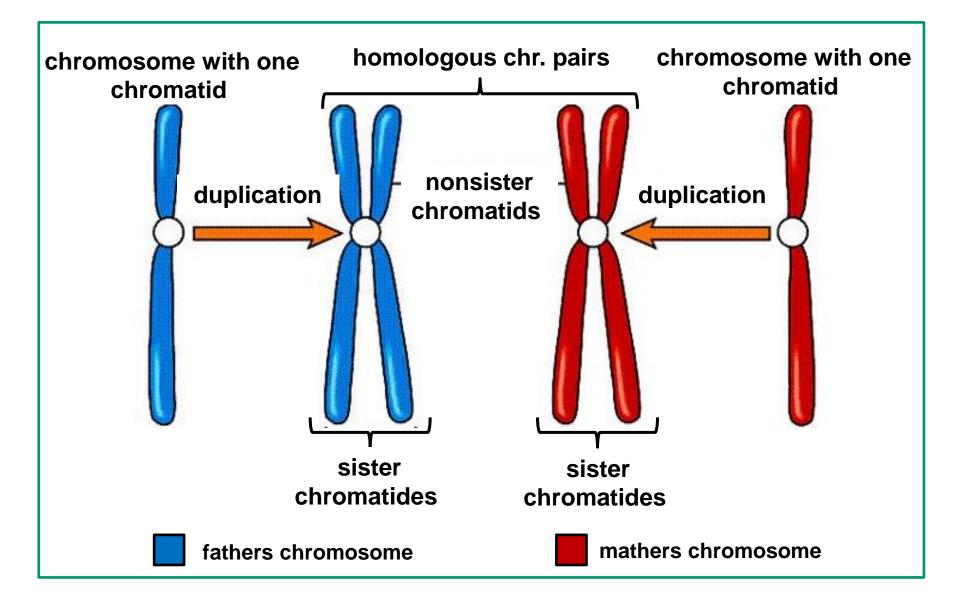


STABLE (non-changing) GENOME

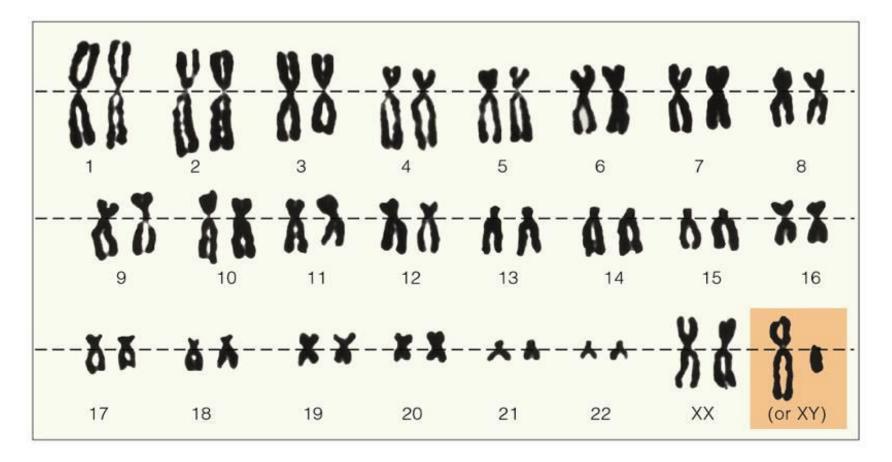
Due to semiconservative duplication of DNA



Metabolism of chromosomes – Homologous chromosomes

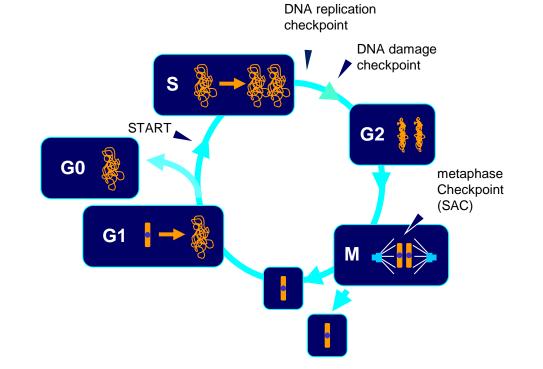


Pairs of homologous chromosomes (2N) organized into so called "KARYOTYPE"



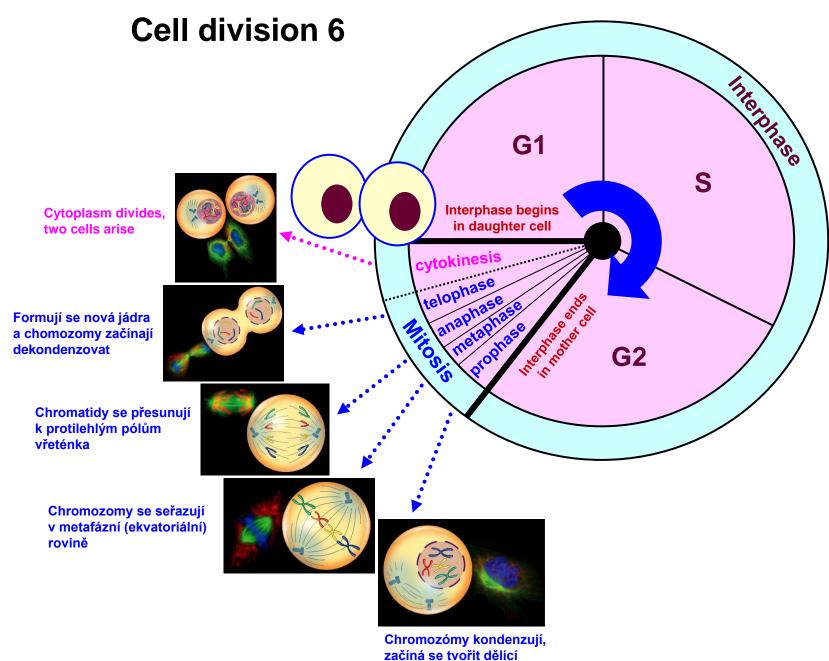
Basic concept 2

MITOSIS and CYTOKINESIS are parts of cell cycle



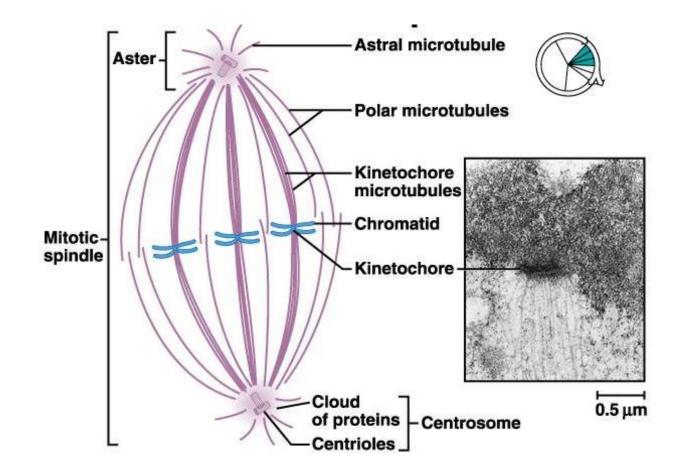
CELL CYCLE

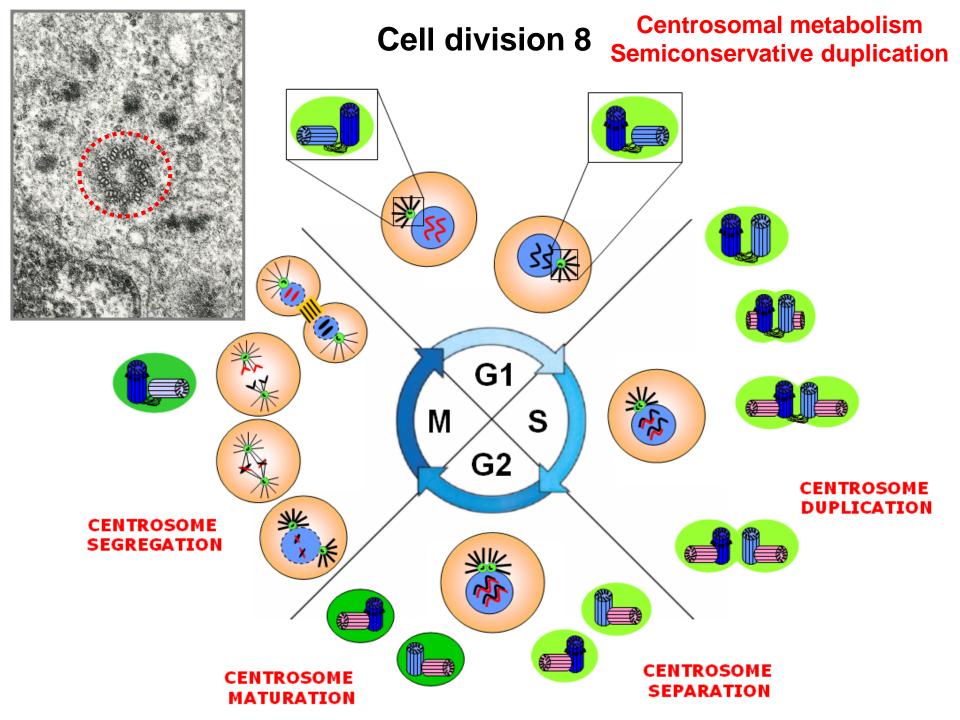
- semi-modular character
- equipped with checkpoints
- among cells it is coordinated by signalling molecules



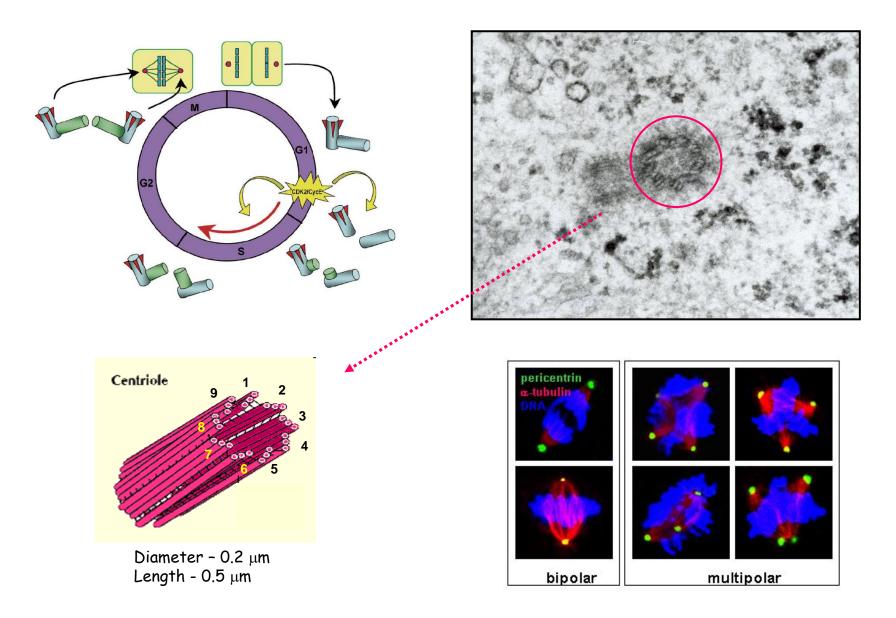
vřeténko

Mitotic spindle





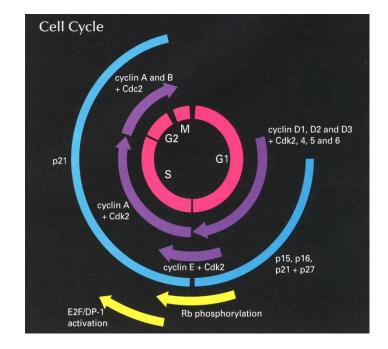
Centrosome structure



Regulation – Cyklin-Dependent Kinases (CDK) + Cyklins

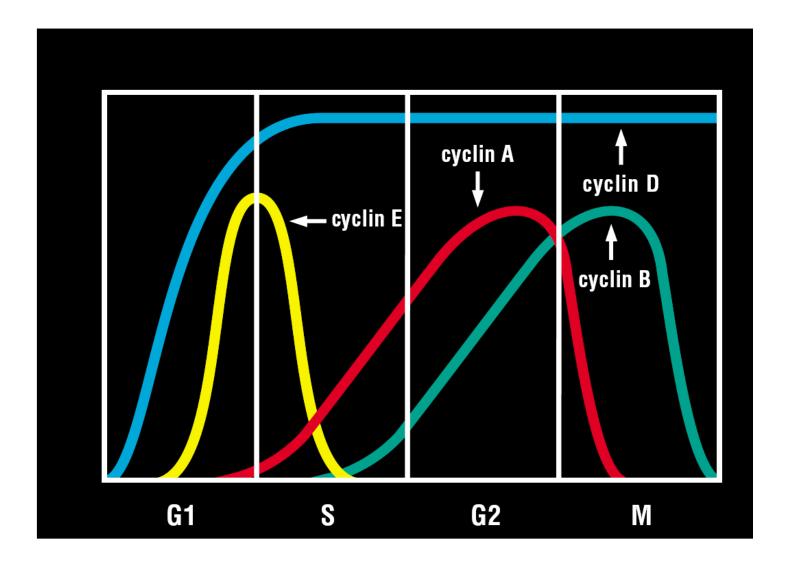
Cdks and Related Proteins							
kinase	PSTAIRE motif	regulatory subunits	putative substrates				
Cdc2 p34	PSTAIRE	cyclin A & B	Rb, NF, histone H1				
Cdk2	PSTAIRE	cyclin A, E & D	Rb, p27				
Cdk3	PSTAIRE	cyclin E	E2F-1/DP-1				
Cdk4	PV/ISTVRE	cyclin D1, D2, & D3	Rb				
Cdk5	PISSLRE	p35	NF, Tau				
Cdk6	PLSTIRE	cyclin D1, D2, & D3	Rb				
Cdk7	NRTALRE	cyclin H	Cdc2, Cdk4/6				
Cdk8	SACRE	cyclin C	RNA Pol II				
Cdk9	PITALRE	cyclin T	Rb, MBP				

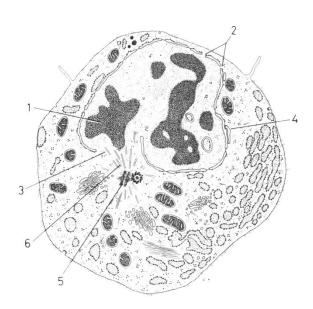
cell cycle stage	cyclin-Cdk complexes	inhibitors						
		p15	p16	p18	p19	p21	p27	p57
G1	cyclin D-Cdk4/6						+/-	+/-
G1/S	cyclin E-Cdk2							
S	cyclin A-Cdk2							
G2/M	cyclin B-Cdc2							

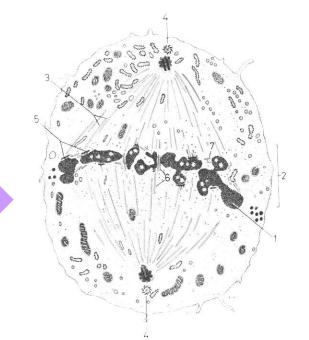


Modified from the catalogue of Santa Cruz Biomedicals, USA

Periodicity of cyclin expression





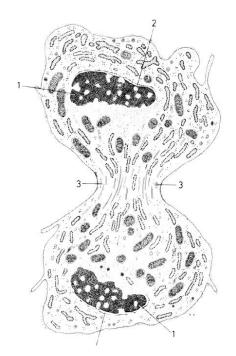


metaphase

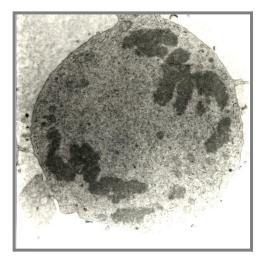
prophase

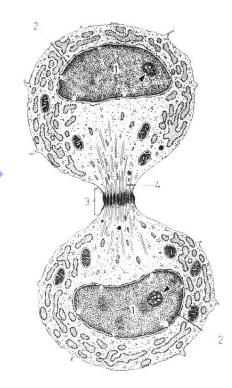




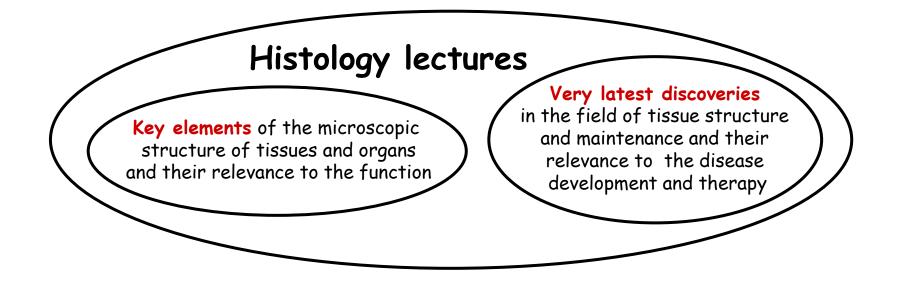


anaphase - telophase





telophase



Thank you for your attention !

ahampl@med.muni.cz

Building A1 - 1st floor