Haematology and blood transfusion

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Definition & function

- the branch of medical science concerning blood and blood-forming tissues
- study of morphology, diagnosis, treatment, prognosis & prevention
- pathophysiology
 - Variations from normal blood element counts, function
 - Malignant disorders leukaemia, lymphoma, myeloma
 - Haemoglobinopathies
- bone marrow and stem cell transplantation
- blood transfusion & blood banking

Scanning EM

Organs & tissues

peripheral bloodbone marrow

- spleen
- Iymph nodes
- liver

Light microscope



Lymphocyte

Neutrophils

Composition of blood

- Specialized connective tissue
- Blood cells (elements) suspended in plasma
- Blood volume: 5-6 litres in males and 4-5 litres in females
- Clinically important <u>hematocrit</u>
 - % of blood volume consisting of erythrocytes (red blood cells) to plasma volume
 - Male average 44-47; female average 39-42
 - Plasma contains water, ions, proteins: albumin, globulins, fibrinogen...

Serum

- Blood that is allowed to stand will clot
- plasma without the clotting factors



Density gradient centrifugation

- Solution: Lymphoprep, Ficoll (1.077 g/ml)
 - layered over with whole blood or bone marrow as 1:1 volume
 - spin at 2,200 rpm for 20min, NO BRAKE
- Buffy coat



Process of Blood Clot Formation



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- Process in which blood changes from liquid to an insoluble clott
- conversion of <u>fibrinogen</u> into <u>fibrin</u> by the <u>serine protease</u> enzyme <u>thrombin</u>.
- Coagulation factors are generally indicated by <u>Roman numerals</u>
- Cofactors: calcium, phospholipids
- Fibrinolysis blood clots are broken down & resorbed
 - <u>TPA tissue plasminogen activator (</u>serine protease) conversion of plasminogen to plasmin
 - Hyperfibrinolysis (excessive bleeding, increased vascular permeability)
 - Hypofibrinolysis (thrombosis, embolism)
 - DVT, stroke, heart attack
 - Decreased platelet numbers (thrombocytopenia)







CBC test = \underline{c} omplete \underline{b} lood \underline{c} ount



Cell count variations from normal

Lymphopenia : too few lymphocytes
Neutropenia: too few neutrophils
Thrombocytopenia : too few platelets

Neutrophilia: too many neutrophils

Thrombocytosis: too many platelets

Leucocytosis : too many WBC

Erythrocytosis, Polycythemia: too many RBC

Erythrocytes

- Also called red blood cells (RBC)
- Biconcave discs and flexible
- Plasma membrane but no nuclei or organelles
- Packed with hemoglobin molecules
 - Oxygen carrying protein
 - 4 chains of amino acids, each with iron which is binding site for oxygen/CO2
 - young RBC still containing ribosomes are called *reticulocytes*
- Lifespan 100-120 days

Parameter		Male	Female
Haemoglobin	g/L	135 - 180	115 - 160
RBC	x10 ¹² /L	4.5 - 6.5	3.8 - 5.8
	22.2	ale the	



1962 <u>Nobel Prize</u> for Chemistry for his <u>X-</u> <u>ray diffraction</u> analysis of the structure of <u>hemoglobin</u> (share with John Kendrew)

HEMOGLOBIN





Heterotetramer HbA₁ $a_2\beta_2$ 96-98% HbA₂ $a_2\delta_2$ 2% HbF $a_2\gamma_2$ this dominates until 6 weeks of age

postnatally, Hb A dominates through life

Erythropoesis



Methemoglobin

- MetHb is the derivative of Hb, in which the iron of the heme group is oxidized from Fe2+ to Fe3+
- MetHb is no longer completely capable of reversibly binding O2 (brown)
- MetHb forms continuously (present in RBC 1-2% c HB)
 - must be reduced actively by normal red cell metabolism or by ascorbic acid
 - cyanosis & fatigue 10%, coma & fatal 50-70%
 - nitrates in food and water, medication-local anesthetics, G6PD deficiency

Hematopoiesis

- Formation of blood cells
- Occurs mostly in red bone marrow
- All cells arise from the same pluripotent hematopoietic stem cells
- MSCs form fat cells, osteoblasts, chondrocytes, fibroblasts and muscle cells...



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Leukocytes





(a)









A) Granulocytes

- Granules, lobed nuclei
- All phagocytic
- Neutrophil: Nuclei of 2-6 lobes
- Eosinophil: Nuclei bi lobed
- Basophil: Dark purple granules
- D) lymphocyte
 - Large nucleus
 - **T**, B lineage
 - NK cells
- E) monocyte diff. into MØ

CD numbers (clusters of differentiation)

www.biogps.org





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Bone marrow

- Red marrow (medulla ossium rubra)
 - Consists mainly of haematopoietic tissue
 - Site of haematopoiesis (red and white blood cells, platelets)
- <u>Yellow marrow</u> (medulla ossium flava)
 - Made up of fat cells
- With age more red BM is converted to yellow BM
- BM stroma
 - Creates a microenvironment
 - Fibroblasts, MØ, adipocytes, Osteoblasts, osteoclasts, Endothelial cells
- Mesenchymal Stem cells (MSC)
 - Pluripotent stem cells that can differentiate *in vitro* and *in vivo* into a number of cell types incl. osteoblasts, chondrocytes, myocytes, adipocytes
- Induced pluripotent stem cells (iPSC)
 - type of pluripotent stem cells that can be generated directly from a adult somatic cell
 - by Oct3/4, Sox2, Klf4, and c-Myc transcription factors (Yamanaka factors, Nobel prize 2012)
 - The Advanced Therapies 2023 congress

T cell therapy



Examination of bone marrow

Invasive procedure

- BM sample obtained via biopsy or aspiration (sternum, pelvis)
- Used to newly diagnose & confirm suspected pathology
- To examine haematopoiesis
- Parallel to analysis of venous PB drawn



Bone marrow harvest for transplantation

BM is collected (pelvis under general anesthesia) and infused back:

Autologous Tx - same patient

Allogeneic Tx

Matched sibling

<u>Matched Unrelated Donor (MUD)</u>

Donor – recipient compatibility (MHC/HLA alleles)

Donor registers around the world

The Anthony Nolan Trust

http://www.anthonynolan.org

- story of Anthony Nolan (1971-1979)
- born with a rare Wiskott-Aldrich syndrome
- only cure was Tx but no donor was available
- Shirley Nolan (1942-2002) and her legacy to start a donor register
- Currently over 750 000+ potential donors fully typed
- Important charity please log-in & donate
- Research Institute & project Allostem
 - major EU grant involved 13 countries including CZ
 - (Prof. Bartunkova, Prague)
- Essential clinical and research contribution to EBMT



MHC proteins

- Major Histocompatibility Complex, locus on chr. 6
 - Highly polymorphic
 - Enormous MHC allelic diversity
- HLA, human leukocyte antigens
 - Transplant antigens to prevent graft rejection
- HLA I. class (HLA-A, B, C)
 - Expressed on all nucleated cells
- HLA II. class (HLA-DP, DQ, DR)
 - Expressed on cells of IS
- MHC III. class
 - Complement
- Prof. S Marsh at ANRI, President of the European Federation for Immunogenetics
- Allele frequencies vary in different populations and ethnic groups

Haematopoietic stem cell transplantation

- Stem cell transplantation derived from:
 - BM
 - peripheral blood
 - cord blood

Autologous Tx

- Requires extraction/apheresis of stem cells (HSC)
- Stored in the liq. nitrogen
- Patient undergoes high-dose chemo ± radiotherapy
- Established as the second-line treatment for lymphoma

Allogeneic Tx

- HLA matching
- Recipient's immunosuppression
 - Calcineurin inhibitors (cyclosporin, tacrolimus)
 - Corticosteroids (methylprednisolone, dexamethasone, prednisolone)
 - Cytotoxic immunosuppressants (azathioprine, chlorambucil, cyclophosphamide, methotrexate)
- Full ablative vs Reduced intensity conditioning (RIC)
- RIC pioneered by Prof Stephen Mackinnon at University College London
- Numerous clinical trials ongoing

Try the modernized ClinicalTrials.gov beta website. Learn more about the modernization effort.

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Cell storage for transplantation

- Cells frozen in 5-10% DMSO/human serum
 - DMSO, Dimethyl sulfoxid
 - Prevents the formation of ice crystals during the freezing process
- Stored at liquid nitrogen (-196° C) for months/years
- Decreasing the temperature as 1°C per minute over night at -80°C in the Mr Frostie containing isopropyl alcohol



Post HSCT

Cytokine storm

Graft-versus-host disease (GvHD) as a major complication post SCT

- T cells present in the transplant recognize the host's (recipient's) cells as foreign
- Minor histocompatibility antigens
- Acute within 100 days as major challenge to transplant mortality and morbidity (grade 1-4)
- Chronic as moderate to severe
- Skin, liver, gut and GI tract, lung
- Donor T cells mediate graft -versus-tumour effect (versus leukaemia, lymphoma or myeloma)

Graft – versus - tumour effect

- GvL (versus leukaemia)
 - Most prominent in CML patients, (also in ALL)

GvM (myeloma)

Cytotherapy, 2012; 14: 1110-1118

informa healthcare

Human Vdelta1 gamma-delta T cells exert potent specific cytotoxicity against primary multiple myeloma cells

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Abstract

Background aims. Human gamma-delta (γδ) T cells are potent effector lymphocytes of innate immunity involved in anti-tumor immune surveillance. However, the Vδ1 γδ T-cell subset targeting multiple myeloma (MM) has not previously been investigated. *Methods.* Vδ1 T cells were purified from peripheral blood mononuclear cells of healthy donors and patients with MM by immunomagnetic sorting and expanded with phytohemagglutinin (PHA) together with interleukin (IL)-2 in the presence of allogeneic feeders. Vδ1 T cells were phenotyped by flow cytometry and used in a 4-h flow cytometric cyto-toxicity assay. Cytokine release and blocking studies were performed. Primary myeloma cells were purified from MM patients' bone marrow aspirates. *Results.* Vδ1 T cells expanded from healthy donors displayed prominent cytotoxicity by specific lysis against patients' CD38⁺ CD138⁺ bone marrow-derived plasma cells. Vδ1 T cells isolated from MM patients showed equally significant killing of myeloma cells as Vδ1 T cells from normal donors. Vδ1 T cells showed similarly potent cytotoxicity against myeloma cell lines U266 and RPMI8226 and plasma cell elukemia ARH77 in a dose-dependent manner. The interferon (IFN)-γ secretion and Vδ1 T-cell cytotoxicity against myeloma cells was mediated in part through the T-cell receptor (TCR) in addition to involvement of Natural killer-G2D molecule (NKG2D), DNAX accessory molecule-1 (DNAM-1), intracellular cell adhesion molecule (ICAM)-1, CD3 and CD2 receptors. In addition, Vδ1 T cells were shown to exert anti-myeloma activity equal to that of Vδ2 T cells. *Conclusions.* We have shown for the first time that Vδ1 T cells are highly myeloma-reactive and have therefore established Vδ1 γδ T cells as a potential candidate for a novel tumor immunotherapy.

SCT and CMV

- HCMV cytomegalovirus
- Common beta-herpes virus (HHV5)
- Primary infection followed by a latent infection
- Vigorous immune response, persistent suppression of viral replication
- CMV seropositivity associated with immune senescence of virus-specific CD4+ and CD8+ T cells (Prof. Paul Moss, Graham Pawelec, Mark Wills)
- Multiple strategies to evade the host immune system
- Immunocompetent vs immunocompromised host
 - Donor+ Recipient+
 D+ RD- R+
 D- R-

8th International Congenital CMV Conference & 18th International CMV Workshop

28 March - I April 2022



Blood transfusion

process of receiving blood intravenously

- to replace a lost blood component (red blood cells, plasma, platelets or clotting factors)
- donated blood processed/separated by centrifugation
- tested for infections (HIV 1, 2, HTLV 1, 2, Hep B, C, syphilis, CMV)
- stored in Blood Bank
- compatibility testing between D and R
- typing of recipient's blood determines the ABO blood groups and Rh status
- sample tested for any alloantibodies that may react with donor blood

ABO blood groups





If a blood transfusion is given to a person who has antibodies to that type of blood, then the transfused blood will be attacked and destroyed (transfusion reaction)

ABO blood group types

Europe:
 A 45%
 B 16%
 AB 6%
 O 33%

TABLE 20.4Differences in	Blood Gr	oup Dist	ribution		
	Percentage with Each Blood Type				
Population	0	Α	В	AB	Rh⁺
U.S. (average)	46	40	10	4	85
Caucasian	45	40	11	4	85
African-American	49	27	20	4	95
Chinese	42	27	25	6	100
Japanese	31	39	21	10	100
Korean	32	28	30	10	100
Filipino	44	22	29	6	100
Hawaiian	46	46	5	3	100
Native North American	79	16	4	<1	100
Native South American	100	0	0	0	100
Australian Aborigines	44	56	0	0	100

Rh blood group system

consists of 50 defined blood-group antigents
The commonly used terms *Rh factor Rh positive* (85%) *Rh negative* (15%) refer only to the *D antigen*We either have or don't have it on the surface of red cells
Condition of hemolytic disease of the newborn

Incompatibility between mother and the fetus

Haematological disorders

Disorders of Erythrocytes

- Polycythemia: high RBC, increased Hb and hematokrit
- Anaemia: low RBC
- over 400 types of anaemia
- develops when:
 - Decrease in the total number of red blood cells (RBC)
 - Blood loss pregnancy, Acute: trauma and surgery, Chronic: many types of cancers (colon, bladder carcinomas), IBD patients
 - Decreased production of RBC result of BM failure & differentiation of stem cells
 - Increased destruction of RBC

Decrease of the amount of haemoglobin and/or its reduced ability to carry oxygen

Disorders of Erythrocytes - Hemoglobinopathies

- are inherited single-gene disorders
- characterized by decreased and/or unstable haemoglobin
 - Thalassemia
 - usually results in underproduction of normal globin proteins often through mutations in regulatory genes
 - Beta; subtypes major (both beta globin genes missing) and intermedia
 - Alpha; subtypes Hb H and hydropsis fetalis
 - Minor; either alpha or beta globin gene missing

Sickle cell disease

- Estimated that 7% of world's population (~420 million) are carriers
- Inheritance of two abnormal B-globin gene (chr 11)
- The gene defect is a SNP (single nucleotide polymorphism) where GAG changes to GTG and results in glutamic acid being substituted by valine (E6V)



G6PD Deficiency

Glucose-6-phosphate dehydrogenase deficiency

 enzyme involved in the pentose phosphate pathway
 important in red blood cell metabolism

 Perhaps most common, world-wide congenital abnormality

 > 300 variants identified
 X-linked inheritance

 Common G6PD deficient variants are associated with an <u>acute intermittent</u> hemolysis and anaemia
 vast majority never symptomatic!

Disorders of Platelets

Thrombocytopenia

- normal platelet count ranges from 150,000 450,000 per μL
- platelet count below 50,000 per µL
- occasional bruising, nosebleeds, bleeding gums
- Il internal bleeding
- many causes: decreased production or increased destruction (SLE, HIV)
 - Vitamin B12 or folic acid deficiency
 - Leukaemia, MDS
 - Decreased production of trombopoietin by the liver in liver failure
 - Bacterial, viral infections, sepsis
 - Hereditary: Fanconi anemia
- Treatment depending on the cause
 - Corticosteroids
 - Platelet transfusion

Disease of the bone marrow

Congenital defects
Aplastic anemia
Malignancies

Leukaemia
Lymphoma
Multiple myeloma

Congenital defects

Dyskeratosis congenita (DKC)

- is a rare progressive congenital disorder resembling premature aging
- Essen. bone marrow failure syndrome
- DKC typically develop between ages 5-15 years
- is a result of one or more mutations in the long arm of the chr X in the gene DKC1
- Heiss NS, Knight SW, Vulliamy TJ, et al." May 1998, Nat. Genet. 19 (1): 32–38

Haematological Malignancies

- Understand the pathogenesis
 - Genetic alterations including translocations, mutations, SNPs...
 - Leukaemogenesis
 - Hereditary factors (Fanconi A, Down sy)
 - Radiation, chemicals, drugs
 - Virus related (EBV, CMV)
 - Retrovirus mediated (HTLV-1)
 - Age related
 - Oncogenes, tumour suppressor genes
- Understand the pathophysiology
- Able to list down the laboratory investigations required for diagnosis
- Therapy & clinical trials
- Research !



Stress ligands Immune surveillance Tumour evasion Shedding Trogocytosis

Leukaemia and chromosomal translocations



Ionising radiation can caused breakage of the phosphodiester backbone of both strands of DNA
Double-strand breaks are very efficiently repaired
Potential loss of genetic material
Double-strand ends recognised as "foreign" DNA and destroyed

If double-strand breaks occur in two different chromosomes then possibility for incorrect repair taking place

Frequent translocations

B-ALL	t(1;19)	5%	
B-ALL (in children)	t(12;21)	22%	
T-ALL	t(5;14)	20%	
T-ALL	1p32 deletion	25%	
AML	t(15;17)	13%	
AML	t(8;21)	7%	
CML	t(9;22)	99%	

Leukaemia I.

- heterogenous group of malignant disorders which is characterised by uncontrolled clonal and accumulation of blasts in the bone marrow and body tissues
- Excessive production of WBC
- Often non fully differentiated cells called "blasts"
- WBC have abnormal function
 - Resistant to apoptosis
 - Excessive proliferation
 - Tumour microenvironment in the bone marrow
- Disruption of normal haematopoesis in bone marrow

Leukaemia II.

Classification Acute Acute lymphoblastic leukemia (T-ALL & B-ALL) Acute myeloid leukemia Chronic Chronic myeloid leukemia Chronic lymphocytic leukemia

Acute Lymphoblastic Leukaemia

- Cancer of the blood affecting the white blood cell LYMPHOCYTES
- Commonest in the age 2-10 years
- Peak at 3-4 years.
- Incidence decreases with age, and a secondary rise after 40 years.
- In children most common malignant disease
- 85% of childhood leukaemia

Acute Myeloid Leukaemia

- Arise from the malignant transformation of a myeloid precursor
- Rare in childhood (10%-15%)
- The incidence increases with age
- 80% in adults
- FAB classification
 - M0 Undifferentiated blasts
 - M1 AML without maturation
 - M2 AML with maturation
 - M3 Acute promyelocytic leukemia
 - M4 Acute myelomonocytic leukemia
 - M5 Acute monocytic leukemia
 - M6 Acute erythroblastic leukemia
 - M7 Acute megakaryoblastic leukemia



From lecture by Dr NJ Dodd BS967-7-SP: Session 6 courses.essex.ac.uk/bs/bs967/restricted/NJD%20Leukaemia.ppt

Molecular biology of CML

- Philadelphia Chromosome (Ph)
- t(9;22) balanced translocation
- disruption of the ABL (Chr 9) and BCR (Chr 22) genes
- formation of two hybrid genes
 - 5'BCR/3'ABL
 - 5'ABL/3'BCR
- BCR/ABL mRNA,
- p210 'fusion' oncoprotein as constitutively active tyrosine kinase resulting in the permanent activation of the RAS pathway



visualsonline.cancer.gov/addlb.cfm?imageid=7153

New CML Treatment

- Design compounds that specifically target the p210 protein
- p210 is CML specific
- imatinib (Gleevec, Glivec, STI571)
- specifically inhibits the ABL kinase
 - imatinib inhibits the growth of CML cells in culture
 - progression-free survival at 24 months is 87%
- Prof John Goldman Hammersmith Hospital London
- Prof John Barret NIH Washington
- Prof Francois Mahon Bordeaux
- Prof Mayer FN Brno
- New generations of the TKI dasatinib, nilotinib



Fig. 7.4 Schematic representation of the mechanism of action of the BCR-ABL tyrosine kinase and its inhibition by imatinib

Molecular Haematology Provan & Gribben

Cancer Immunology, Immunotherapy https://doi.org/10.1007/s00262-022-03312-3

RESEARCH

Check for

Expansions of tumor-reactive Vdelta1 gamma-delta T cells in newly diagnosed patients with chronic myeloid leukemia

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Chronic lymphocytic leukaemia

Most common leukaemia in the Western countries

- Iymphocytosis of > 5000 cells/µl for
- > 3 months
- Flow cytometry of peripheral blood (phenotype CD19, CD5, CD23)
- Bone marrow biopsy
- Staging according to Rai (I-IV)
- Mutated IgVH
- Del11q (ATM)
- Del17p
- Del13q (RB1)
- **+**12
- TP53
- Prof Michael Doubek, IHOK, FN Brno

Multiple Myeloma

B cell maligancy of plasma cells CD38+CD138+ in the bone marrow
Pre-malignant stage:

MGUS – monoclonal gammopathy of undetermined significance
Progression of 1% per annum

Bone marrow biopsy
Therapy (IMIDS)
Prof. Roman Hájek FN Ostrava

