CLINICAL BIOCHEMISTRY

Clinical laboratory diagnosis of kidney and urinary tract disorders

Nitrogen balance Energy expediture and energy supply Oxygen metabolism in the body

Clinical laboratory diagnosis of liver and biliary tract disorders

Clinical laboratory diagnosis of kidney and urinary tract disorders

- diagnostically important urine investigation
- correct indication and interpretation of non-protein nitrogen substances in plasma and urine (urea, creatinine, uric acid)
- functions tests glomerular filtration rate (GFR)
 concentrations capability of kidney
- urinary proteins proteinuria

Urinanalysis

Biochemical

urine analysis by test strips

Morfological

- microscopy of urine sediment
- flow cytometry
- direct digital microphotography

Urine samples

random specimen

first morning or 8h specimen

second morning urine

urine collected over a 24-h period

Test strips for chemical investigation

Blood (erythrocytes; hemoglobin) Leukocytes

Nitrite

Protein

pH

Specific gravity

(Glucose, Ketones, Bilirubin, Urobilinogen)

ARKRAY ARKRAY

Microscopic examination of the urine (urinary sediment)

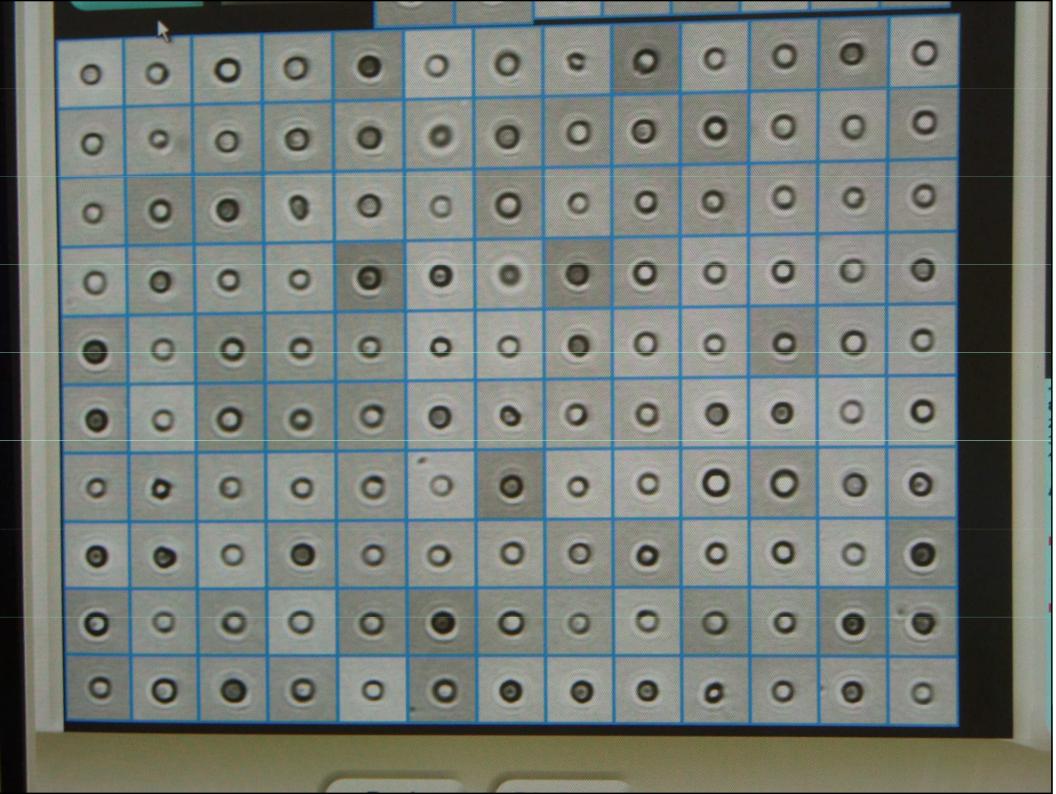
cells

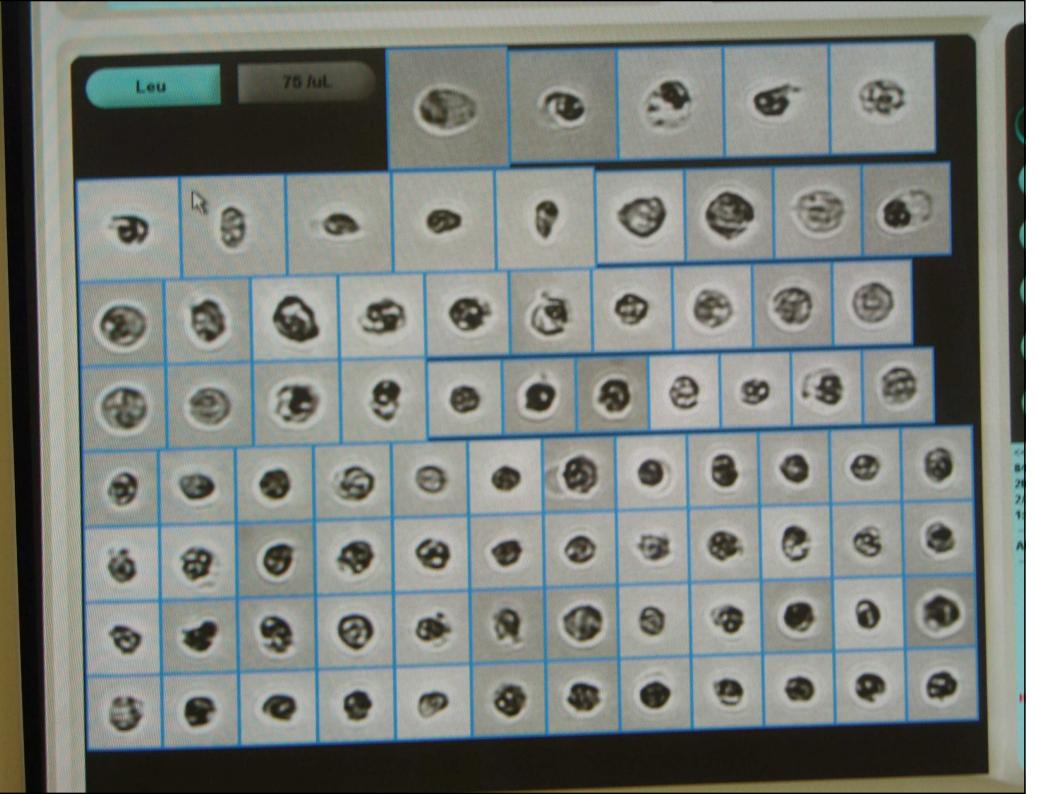
erythrocytes leukocytes epithelial cells (spheric, flat)

casts

hyalin casts granular casts









5 /uL





















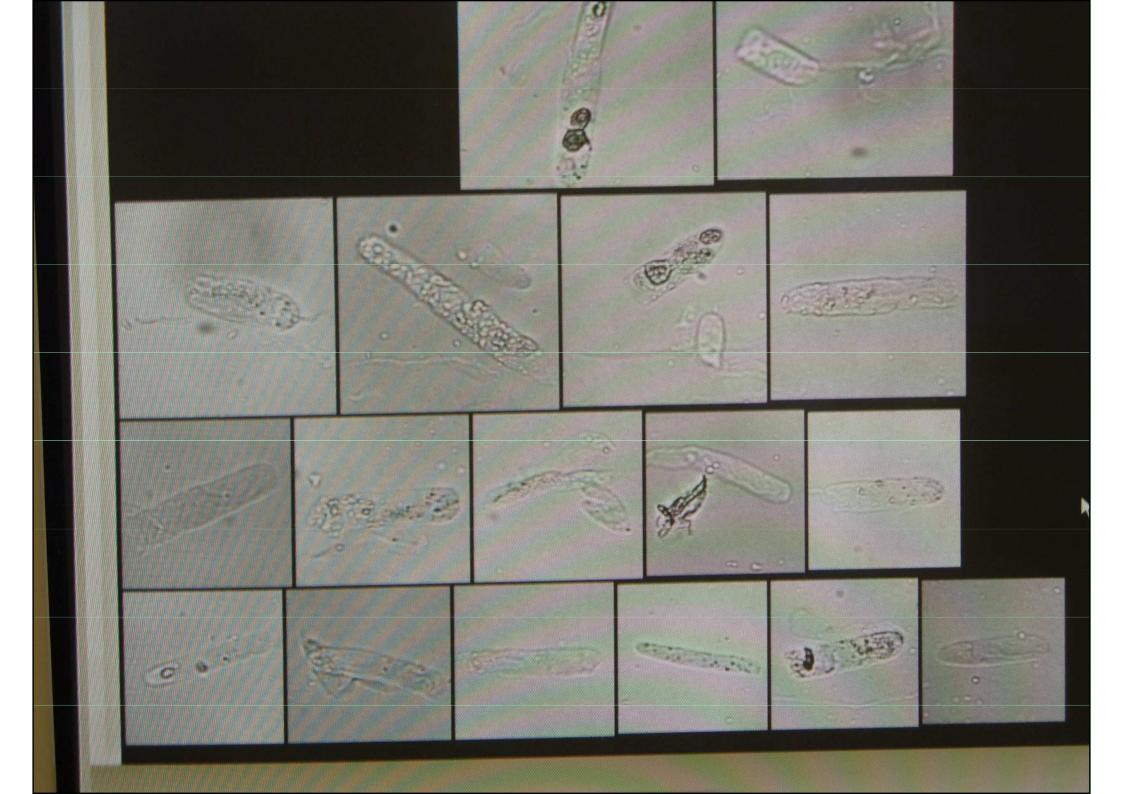




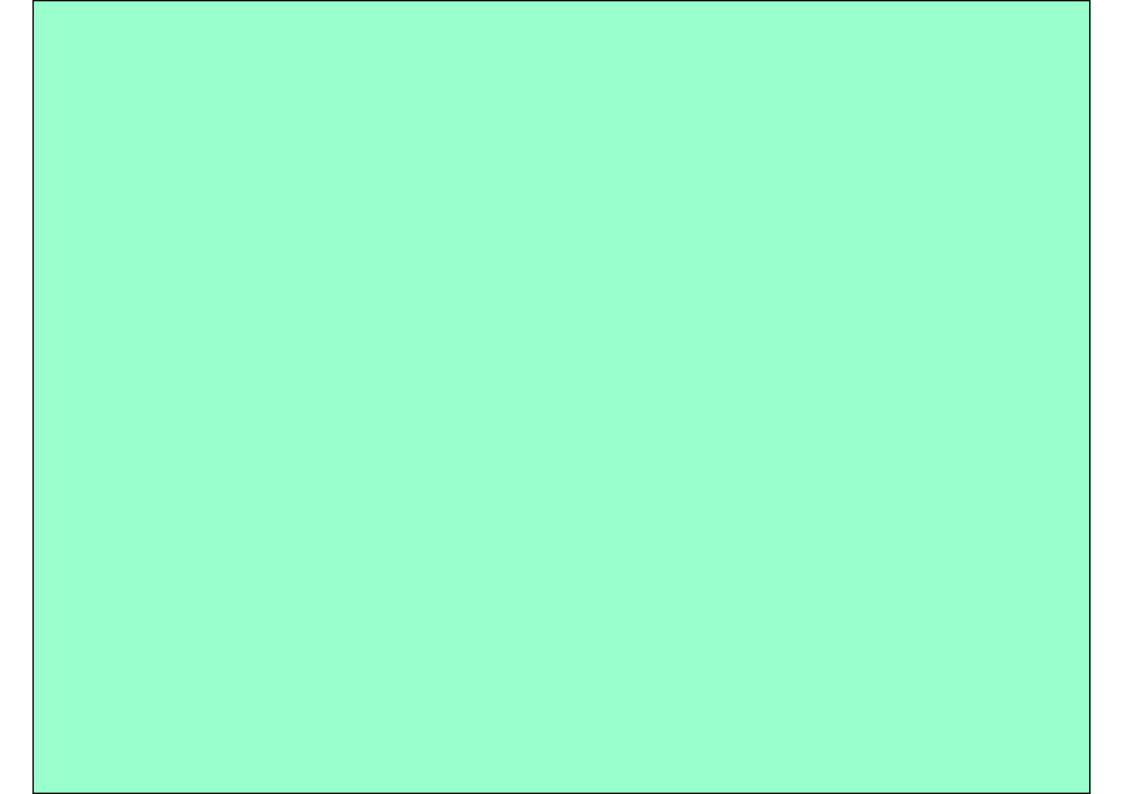












Non-protein nitrogen substances

urea

creatinine

uric acid

Urea

(the end product of protein catabolism)

Conditions assotiated with increas of urea concentration in blood plasma

- high-protein diet
- high protein catabolism in the body
- decreas glomerular filtration from extrarenal causes
 - kidney diseases

Conditions associated with decreas of urea concentration in blood plasma

- hyperhydratation
- protein malnutrition
- liver failure

Creatinine

concentration in serum depends on:

- creatinine formation in muscels
- glomerular filtration in kidney

Uric acid

the end product of purine metabolism (adenin, guanin)

Hyperuricaemia

- acute attack of gout
- increased nutritional purin uptake (entrails in diet)
- decreased uric acid excretion associated with renal insufficiency
- massive cellular breakdown (myeloproliferative disease under chemotherapy)

Functions tests

glomerular filtration rate (GFR)

concentrations capability of kidney

Glomerular filtration rate (GFR)

Creatinine clearance

$$Cl_{Kr} = U_{Kr} \times V_{[ml/s]}$$

$$S_{Kr} \times V_{[ml/s]} \times (1,73 \text{ / body surface)}$$

$$1,1 - 2,3 \text{ ml/s}$$

Glomerular filtration rate (GFR)

MDRD

(Modification of Diet in Renal Disease)

- > S-creatinine
- > S-urea
- > S-albumin
- > age
- > sex

Glomerular filtration rate (GFR)

CYSTATIN-C

All nucleated cells produce cystatin C (cysteine proteinase inhibitor; protein 13,3 kDa)

CysC filtrs freely through the glomerular basement membrane

The serum concentration is dependent only on the GFR

Concentrations ability of renal tubuli is tested by using of Adiuretin test.

two drops of Adiuretin are applicated intranasaly urine is then collected in one-hour intervals (5h) in urine samples is measured osmolality

age	urine osmolality (mmol/kg)
15-19	1090
20-29	1030
30-39	970
40-49	910
50-59	850
60-69	800

Common causes of acute renal failure

Prerenal

decresed intravascular volume (dehydratation, acute hemorhages, acute heart failure, spesis, shock)

Renal

acute tubular necrosis (drugs) severe hemolysis, muscle trauma-crush syndrom acute interstitial nephritis

Postrenal

ureteral or urethral obstruction

Diferencial diagnosis of oligoanuria

prerenal

renal

U-Na (mmol/l)	< 20	> 30 (70)
U-osmolality	> 400	< 350 (near S)
U-urea / S-urea	> 10	< 5

Differencial diagnosis of acute and chronic renal insufficiency

	acute	chronic
S-urea	† † †	† †
S-creatinine	†	† † †
B-hemoglobine	N	+
S-anorg. P	↓	†
S-calcium	N	+

Laboratory indication to haemodialysis

S-potassium > 6.5 mmol/1

S-urea > 30 mmol/l

S-creatinine $> 1000 \mu mol/1$

Anuria > 3-5 days

Serious metabolic acidosis

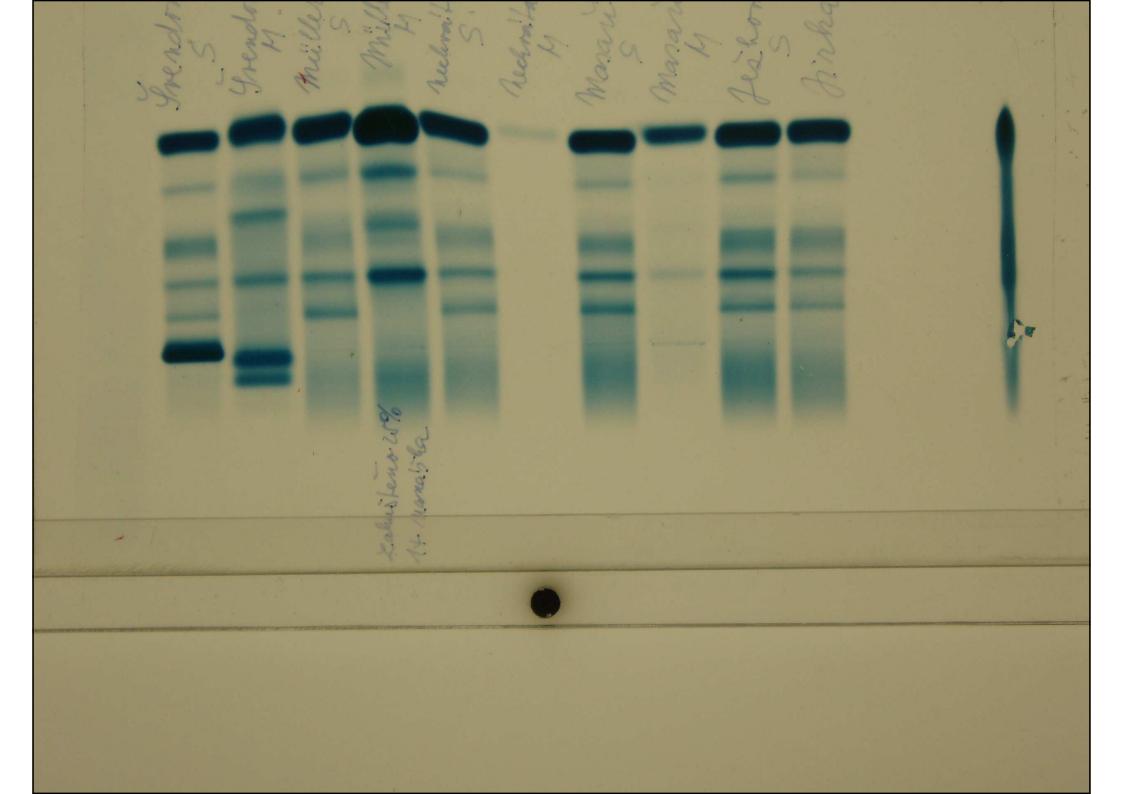
Hyperhydratation with cardiac insufficiency

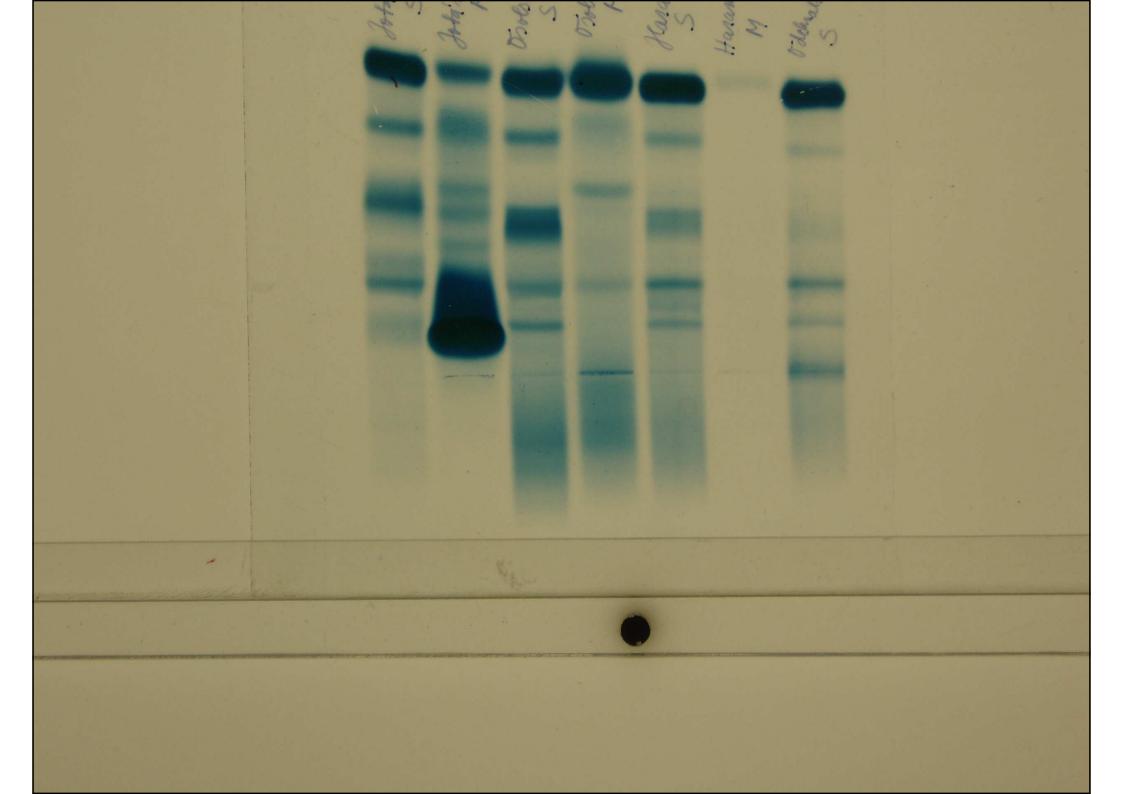
proteinuria

prerenal

renal

postrenal





	kind of proteinuria	typical proteines in urine
prerenal	over-flow	light chains κ, λ
	selective- glomerular	albumintransferin
renal	nonselective- glomerular	albumintransferin Ig
	tubular	α ₁ and β ₂ mikroglobulin
postrenal	urinary tract inflamation	α ₂ makroglobulin

Nitrogen balance

Energy expediture and energy supply

Oxygen metabolism in the body

Nitrogen balance

Proteins [g] \times 0.16 = Nitrogen [g]

Urea [mmol/24h] $\times 0.0336 = \text{Nitrogen} [g]$

