# Making hospital beds (2) occupied bed

#### **Hospital bed**

- Hospitalized patient spends long hours in bed, comfort depends largely upon the hospitla bed and frequent changes in position if the patient's condition permits
- Hospital bed rae constructed to provide several possible positions and maximum safety for patient.
- They have a hinged frame (called the GATCH)that permits ajustments of the head and foot section.

#### Making hospital beds

The linens must remain taut and free of wrinkles even if the patient is restless and moving about in bed. Specific techniques fro making a hospital bed help to keep bed linens in position and maintain tautness.

#### The occupied bed

- Many patient have a condition that raquires staing in bed; such patients must have a change of bed linens daily
- When a patient is cofined to bed continuously, comfort is very important
- Soiled or wrinkled linens cause presure areas and irritate the skin
- Making occupied bed requires more time and effort, so attention should be given to the body mechanics of both patient and nurse
- The bed is ussally made inmediately following the patient's bed bath.

### Making an occupied bed process (1)



Equipment is the same as for unoccupied bed

Bed have to be in higher position

Nurse must use initial touch to the patient and explain the procedure

## Making an occupied bed process (2)

Asist patient to move to the side of the bed nearest you, if you are alone you must raise siderail



### Making an occupied bed process (3)



### Making an occupied bed process (4)



### Making an occupied bed process (5)



Assist patient to move back in the

horizontal position

#### Making an occupied bed process (6)



When you need apply diaper you can do it when is patient in side position

#### Making an occupied bed process (6)



Final arrangement - tuck the side of the draw sheet under the matress smoothl, workin from the head toward the foot

### Making an occupied bed process (7)

pillow have to be only under the head and shoulders (prevention of headache) blanket is only under the armpit (it is up to the patient how long he want to have the blanket