Institute for Microbiology, Medical Faculty of Masaryk University and St. Anna Faculty Hospital in Brno

# Agents of digestive system infections

### **Digestive system**

- Its both ends are the "buggiest" parts of the body
- Normal colonic flora: 99 % anaerobes (Bacteroides, Fusobacterium, Clostridium, Peptostreptococcus), only 1 % enteric bacteria (mostly E. coli) & enterococci

### Mouth cavity – I

Normal flora:

- viridans (= α-haemolytic) streptococci (e.g. Streptococcus salivarius)
- oral neisseriae (e.g. Neisseria subflava)
- haemophilli of low pathogenity (e.g. Haemophilus parainfluenzae)

Dental plaque: adherent microbial layer made up from living and dead bacteria and their products together with components from the saliva

In essence, dental plaque is a biofilm

It cannot be washed off, only mechanically removed.





### **Biofilm**

- Bacteria regulas the quantity of their population by regulative compounds
- Process quorum sensing
- More resistant to
  - desinfectants
  - antibiotics
  - immune rection



 The product of normal flora (which is positive) and pathogens as well

### Mouth cavity – II

Dental caries: chronic infections caused by normal oral flora → localized destruction of tooth tissue

- Etiology: mouth microbes (mostly Strept. mutans) making acids from sucrose in food
- Thrush (in Latin soor): Candida albicans It occurs mostly in newborns
- Herpetic stomatitis: primary infection with HSV 1

Ludwig s angina: polymicrobial anaerobic infection of sublingual and submandibular spaces (*Porphyromonas*, *Prevotella* etc.)

### **Herpetic stomatitis**



#### http://imaging.cmpmedica.com

### Thrush



http://www.mydochub.com/images/oral\_thrush.jpg

Oral thrush





http://www.clarian.org/ADAM/doc/graphics/images/en/17284.jpg

#### **C**.albicans



#### www.medmicro.info



## Infections never in previously healthy individuals

Only in severely immunocompromised persons (AIDS):

- Candida albicans
- Cytomegalovirus (CMV)



#### Stomach = sterile, killing by means of HCI most of swallowed microbes

#### Helicobacter pylori

produces a potent urease and by splitting tissue urea it increases pH around itself (1 molecule of urea  $\rightarrow$  1 CO<sub>2</sub> + 2 NH<sub>3</sub>)

#### H. pylori causes

- chronic gastritis
- peptic ulcers

### Helicobacter pylori



http://wietopionoog.frog.fr/nghal/madaging/imagag/haligahastar0/2520py/ari\_IDC



www.univie.ac.at/hygiene-aktuell/helicobacter.jpg

### **Biliary tree & the liver**

- Acute cholecystitis (colic, jaundice, fever): obstruction due to gallstones
- Etiology: intestinal bacteria (*E. coli* etc.)
- **Complication: ascending cholangitis**
- Chronic cholecystitis: the most important is Salmonella Typhi (carriers of typhoid fever)
- Granulomatous hepatitis: Q fever, tbc, brucellosis
- Parasitic infections of the liver: amoebiasis (Entamoeba histolytica: liver abscess), malaria (the very first, clinically silent part of the plasmodial life cycle), leishmaniasis (Leishmania donovani: kala-azar), schistosomiasis (eggs of Schistosoma japonicum)

### Systemic infections which start in the digestive tract

Enteric fever (typhoid fever and paratyphoid fever): *Salmonella* Typhi, *Salmonella* Paratyphi A, B and C Listeriosis: *Listeria monocytogenes* Peritonitis: colonic flora

Viral hepatitis: HAV, HBV, HCV, HDV, HEV

### Bacterial agents of diarrhea – I

<u>Escherichia coli</u>

## Most *E. coli* strains (approx. 1 %) normal intestinal flora

- beneficial
- non-pathogenic in the intestine

#### Some E. coli strains pathogenic in GIT

### Escherichia coli

www2.mf.uni-lj.si/~mil/bakt2/bakt2.htm

### **Bacterial agents of diarrhea – II**

**Escherichia coli** strains causing diarrhea:

- ETEC (enterotoxic *E. coli*): children in developing countries, traveller s diarrhea, toxins
- EPEC (enteropathogenic *E. coli*): O55, O111; infants; disruption of microvillus structure
- EIEC (enteroinvasive *E. coli*): invasion of colonic cells
- EHEC (enterohaemorrhagic *E. coli*): O157:H7;
  2 cytotoxic Shigatoxins, hemorrhagic colitis & hemolytic-uremic syndrome

### Salmonella - MAL agar



### **Bacterial agents of diarrhea – III**

**A)** Salmonella systemic infections (enteric fever):

#### <u>S. Typhi, S. Paratyphi A – C</u> (humans)

Gut invasion and infection becomes generalized  $\rightarrow$  no diarrhea, pronounced fever, detection in blood, urine and stool, in susp. carriers in duodenal fluid, antibiotics

B) Salmonella gastroenteritis (salmonellosis, reservoir: poultry & animals):
 >4.000 serotypes – e.g. <u>S. Enteritidis</u>

Localized in ileocaecal region  $\rightarrow$  diarrhea, nausea & vomiting, abdominal pain, temperature, examination of stool only

**Treatment: symptomatic, no antibiotics** 

### Campylobacter jejuni



www.cdc.gov/ncidod/eid/vol5no1/altekruseG.htm.

### **Bacterial agents of diarrhea – IV**

#### Campylobacter jejuni

invades jejunal epithelium, reservoir: poultry, cultured on a special medium, in reduced oxygen, at 42 C

#### Shigella sonnei, S.flexneri, S.boydii, S.dysenteriae

- very low infectious dose  $\rightarrow$  epidemic outbreaks
- transmitted only among human beings
- invasion cells of colon and rectum
- bacterial dysentery

### Vibrio cholerae



http://www.cs.dartmouth.edu/brd/Research/Bio/water-borne-bioterrorism.htm

### **Bacterial agents of diarrhea – V**

#### Yersinia enterocolitica

- gastroenteritis, in children also mesenterial lymphadenitis (mimicking acute appendicitis)
- vector: contaminated food, multiplies at 4 C

#### Vibrio cholerae

<u>Cholera toxin</u> activates adenylate cyclase → hypersecretion of water & electrolytes → death by dehydration/electrolyte abnormalities *V. cholerae* flourishes in water & causes epidemics

### **Diarrhoea during antibiotic therapy**

#### **Clostridium difficile:**

pseudomembranous colitis frequently after clindamycin, cephalosporines (virtually after every ATB), hypervirulent serotype O27

Patients contaminate the hospital environment with resistant spores. Treated with metronidazol or vancomycin



## Direct proof of the Cdiff toxins essential, *C. difficile* can be found in healthy people



### **Rotavirus**





http://web.uct.ac.za/depts/mmi/s tannard/emimages.html

### Viral agents of diarrhea

Generally: small, acid- and bile-resistant nonenveloped viruses

**Rotaviruses** (*Reoviridae* family)



serious diarrhea of young children, epidemics in winter, vaccination

**Noroviruses** and **sapoviruses** (formerly agents Norwalk and Sapporo, *Caliciviridae* family) epidemics in children and adults, in hospitals

Astroviruses (star-shaped virions) Adenoviruses type 40 and 41

### Lamblia



CD-ROM "Parasite-Tutor" – Department of Laboratory Medicine, University of Washington, Seatle, WA

### Ascaris lumbricoides egg



CD-ROM "Parasite-Tutor" - Department of Laboratory Medicine, University of Washington, Seatle, WA

### Parasitic agents of diarrhea

#### Protozoa:

*Entamoeba histolytica*: amoebic dysentery *Giardia lamblia*: giardiasis *Cryptosporidium parvum*: cryptosporidiosis

<u>Helminths</u> in the small intestine: *Ascaris lumbricoides* (human roundworm) *Strongyloides stercoralis* (threadworm) *Taenia saginata* (beef tapeworm), *T.solium* (pork tapeworm) *Hymenolepis nana* (dwarf tapeworm)

.....in the large intestine: *Enterobius vermicularis* (pinworm) *Trichuris trichiura* (whipworm)

### **Food poisoning**

Intoxication due to a <u>toxin</u> preformed in the food *Staphylococcus aureus*: heat-stable enterotoxin *Clostridium perfringens*: heat-labile enterotoxin *Bacillus cereus*: heat-stable enterotoxin and vomiting toxin (mostly in rice) *Clostridium botulinum*: heat-labile neurotoxin





#### Harmenszoon Rembrandt van Rijn (1606-1669) Anatomy Lecture of Doctor Tulp (1632)

