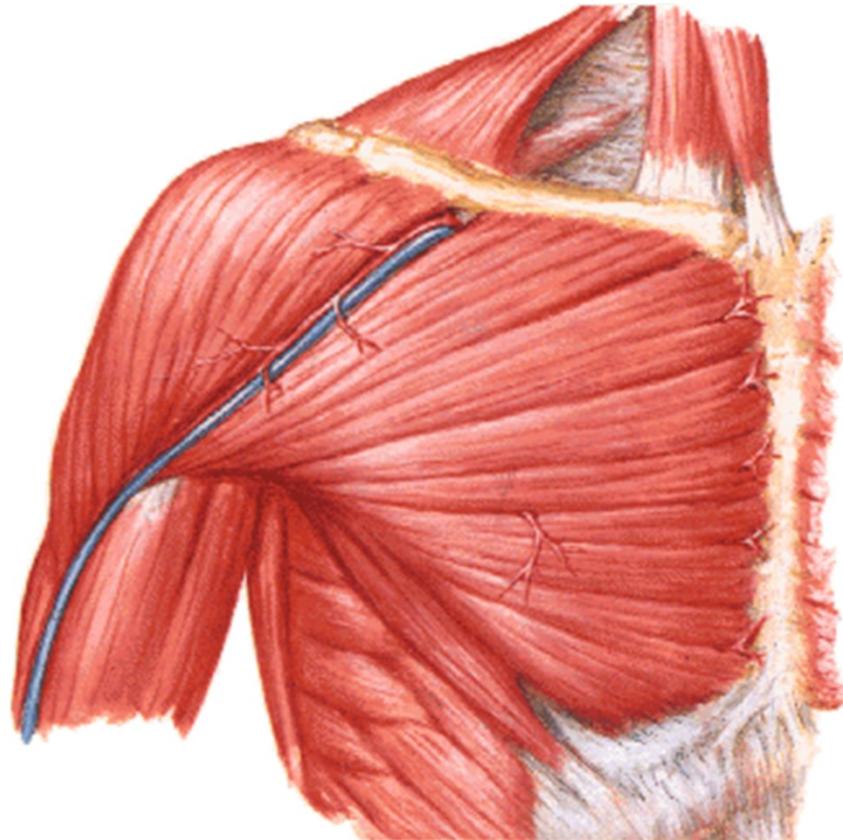
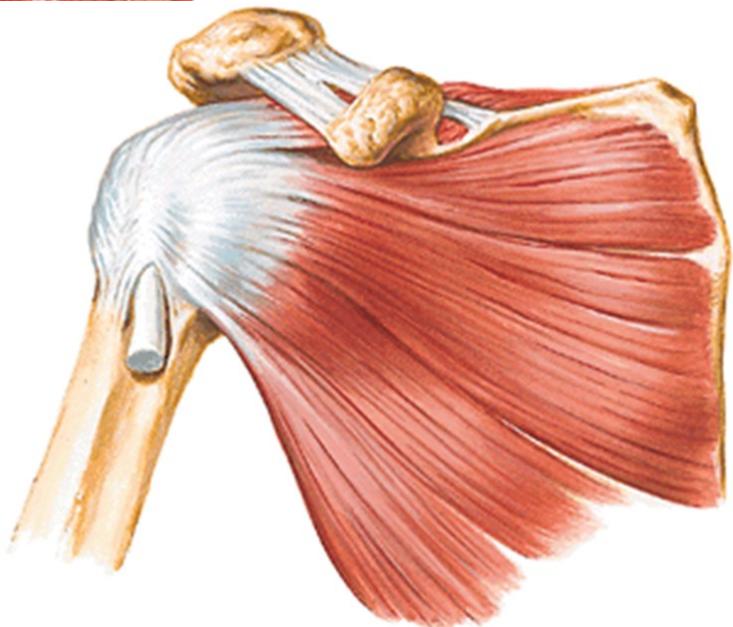
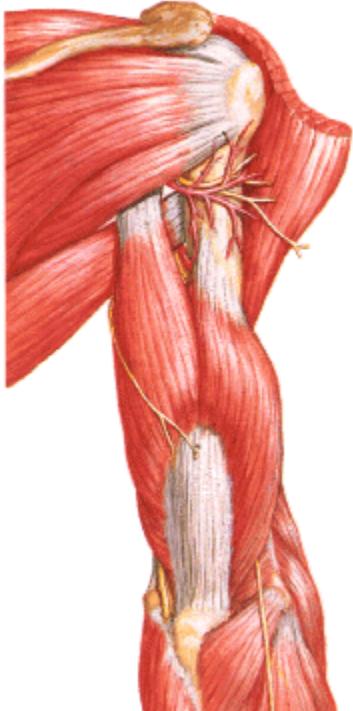


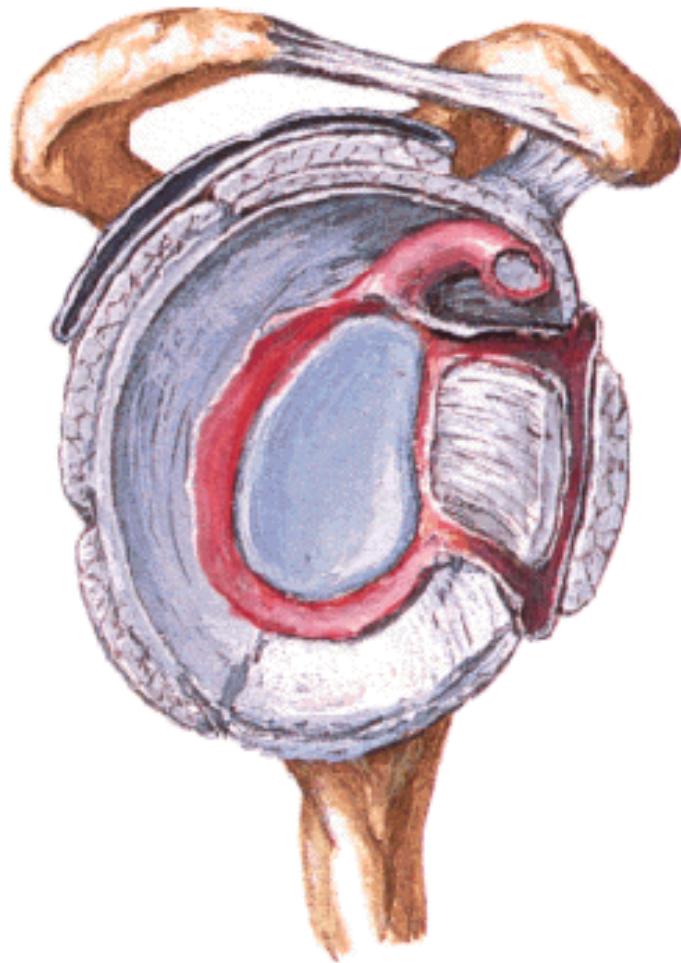
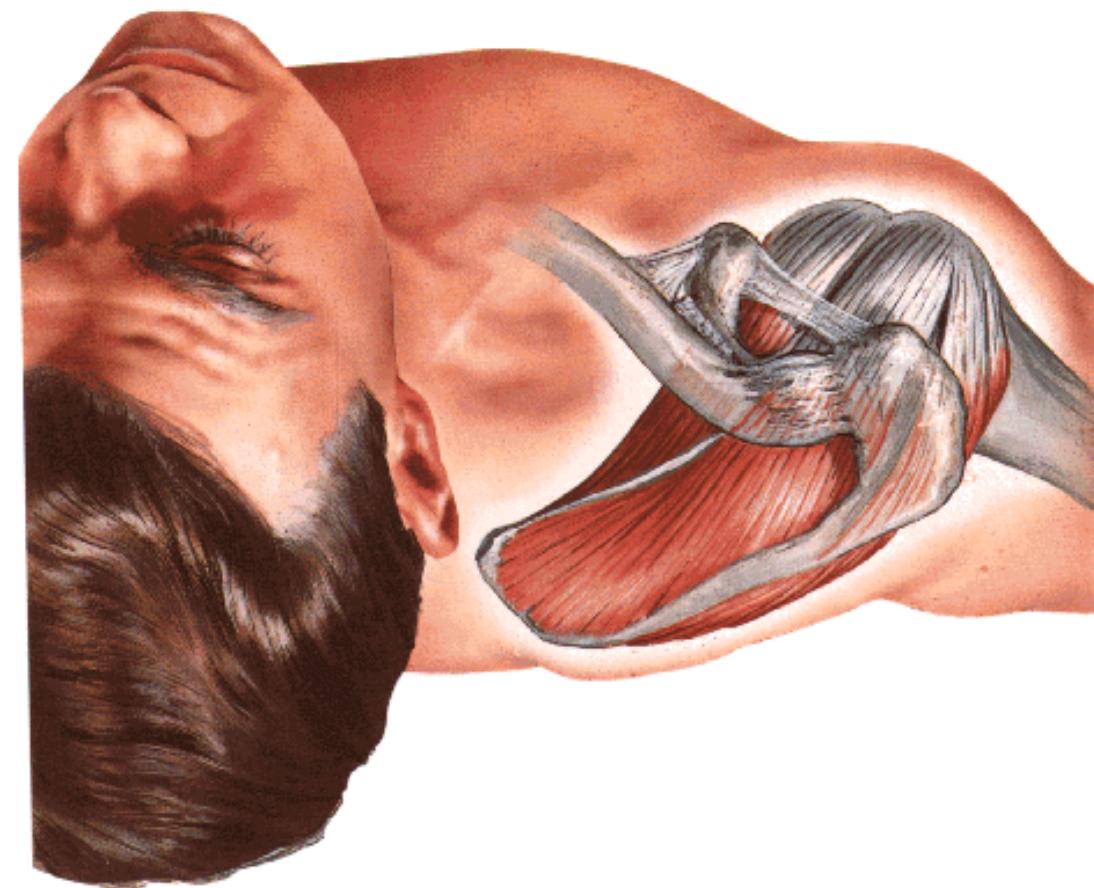
# **MUSCLES OF THE UPPER LIMB**

# MUSCULI (MM.) HUMERI

**M. deltoideus**  
**M. supraspinatus**  
**M. infraspinatus**  
**M. teres minor**  
**M. teres major**  
**M. subscapularis**



# Rotator cuff



# MM. BRACHII

Anterior group of muscles:

M. biceps brachii

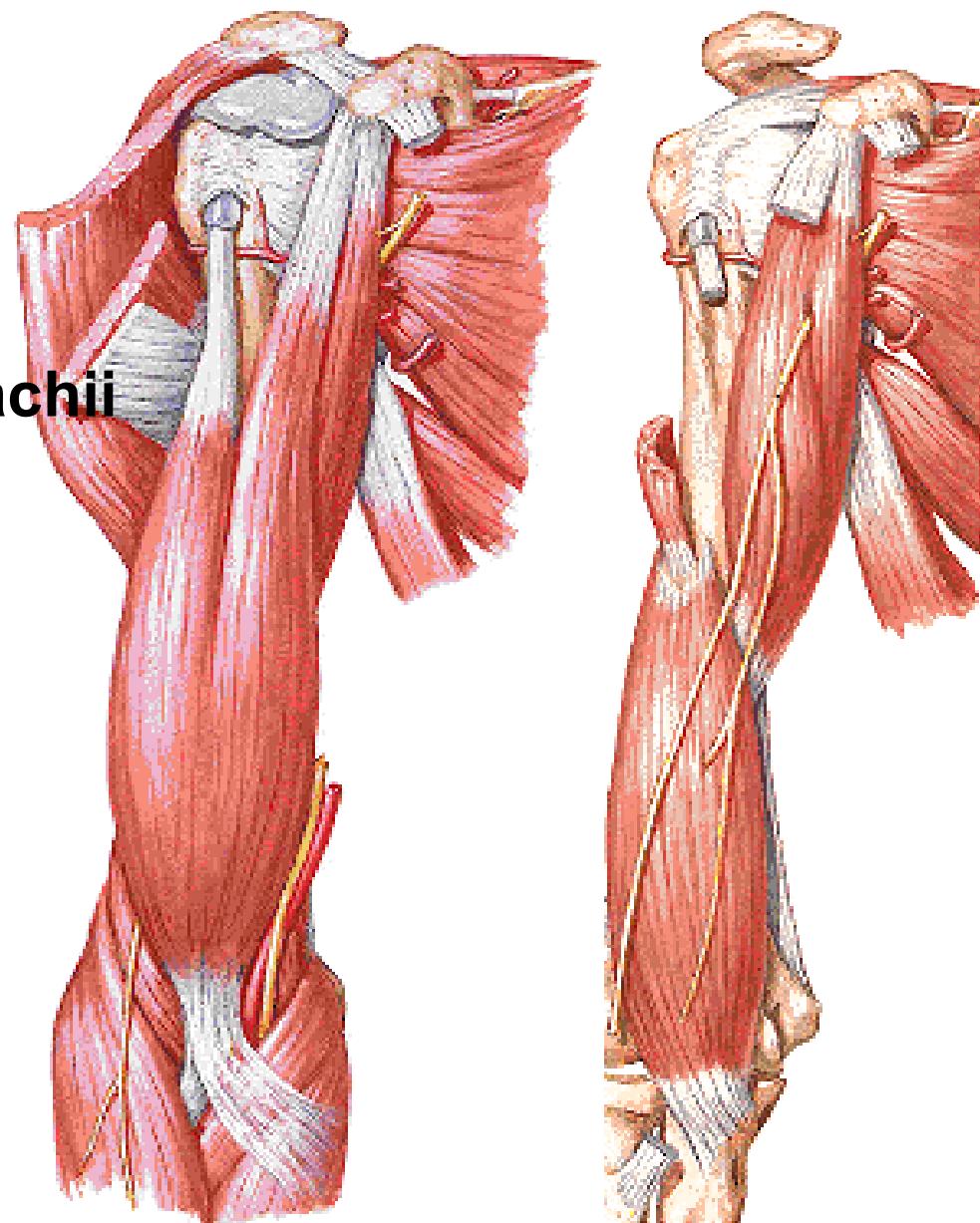
  caput longum

  caput breve

  aponeurosis m. bicipitis brachii

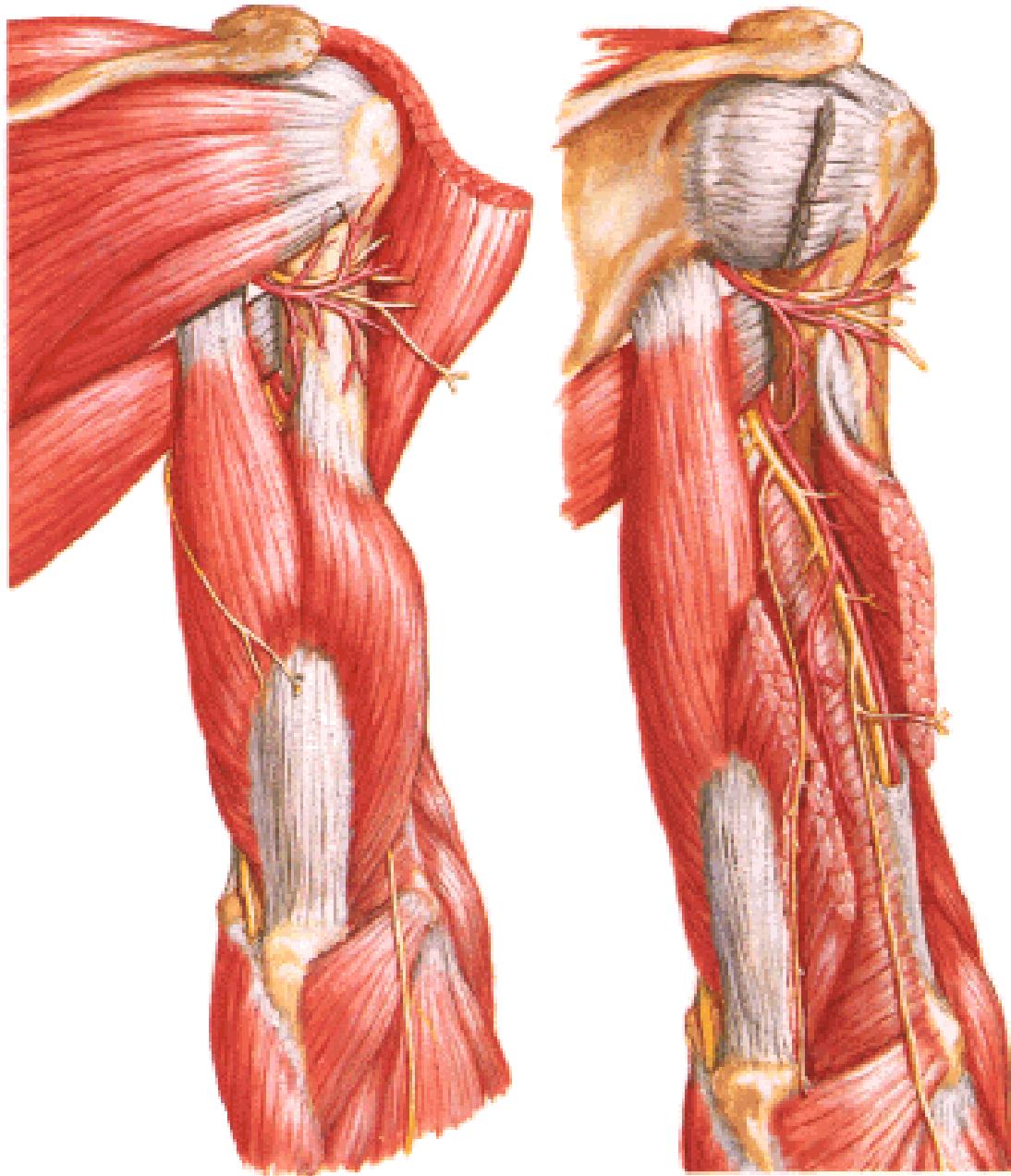
M. coracobrachialis

M. brachialis

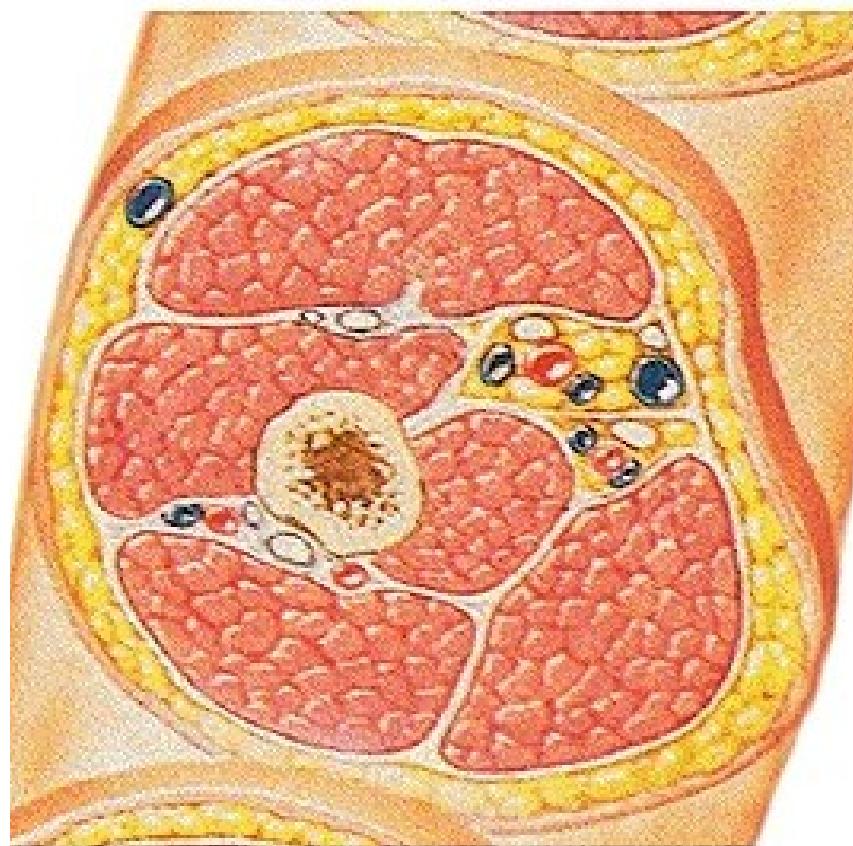
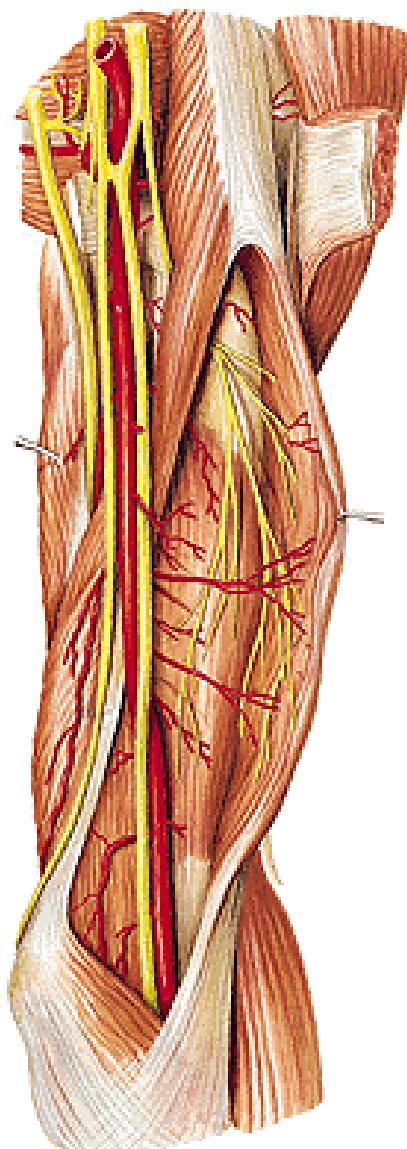
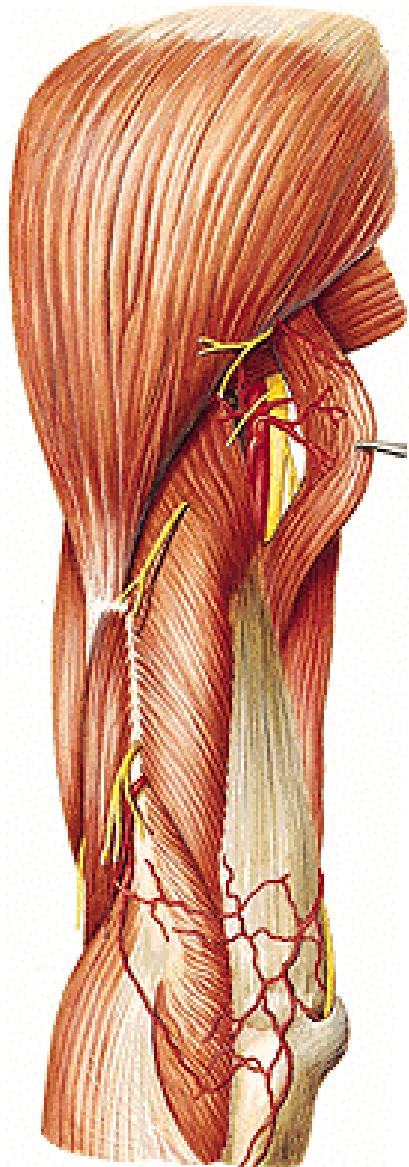


## **Posterior group of muscles:**

**M. triceps brachii**  
**caput longum**  
**caput laterale**  
**caput mediale**



# Septum intermusculare mediale et laterale



# **MM. ANTEBRACHII**

**Anterior group of muscles:**

**M. pronator teres**

**M. flexor carpi radialis**

**M. palmaris longus**

**M. flexor carpi ulnaris**

**M. flexor digitorum spf.**

**M. flexor pollicis longus**

**M. flexor digitorum prof.**

**M. pronator quadratus**

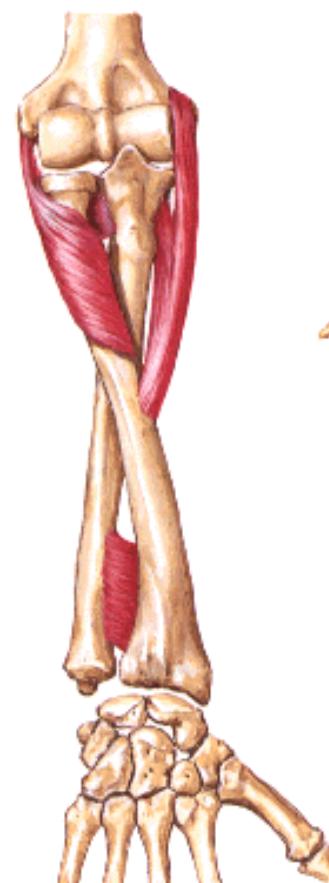


**FLEXORS**

**PRONATION**

-

**SUPINATION**



**Chiasma tendinum**

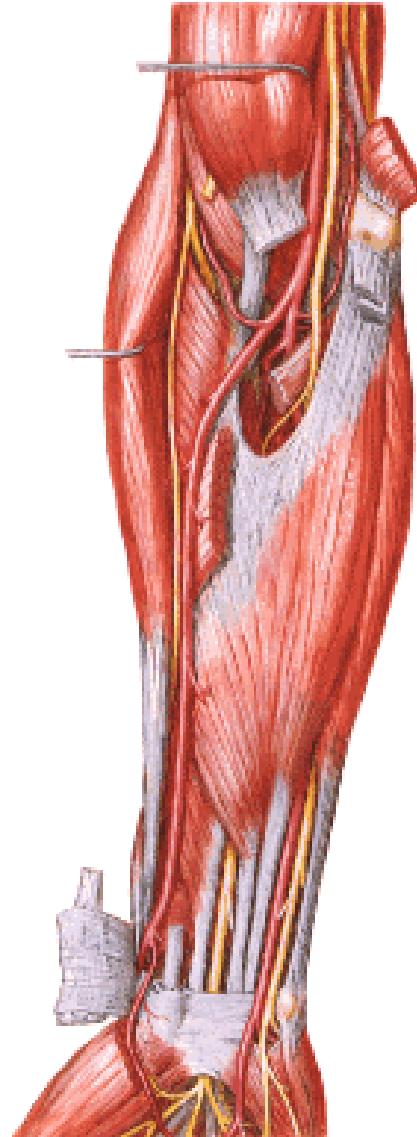
# Lateral group of muscles:

**M. brachioradialis**

**M. extensor carpi radialis longus**

**M. extensor carpi radialis brevis**

**M. supinator**



## **Posterior group of muscles:**

**M. anconeus**

**M. extensor digitorum**

**M. extensor digiti minimi**

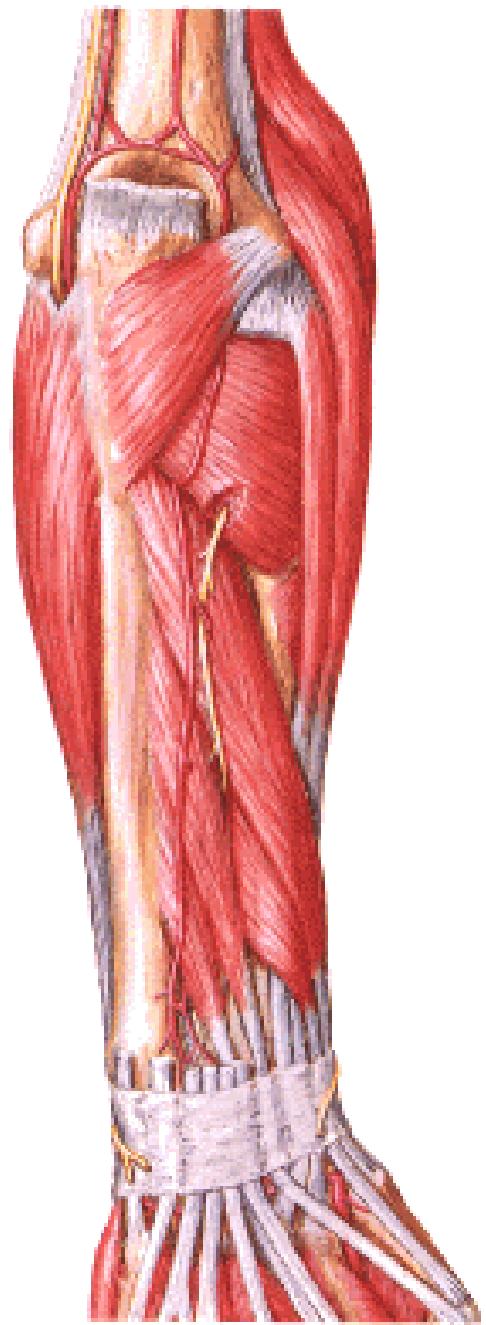
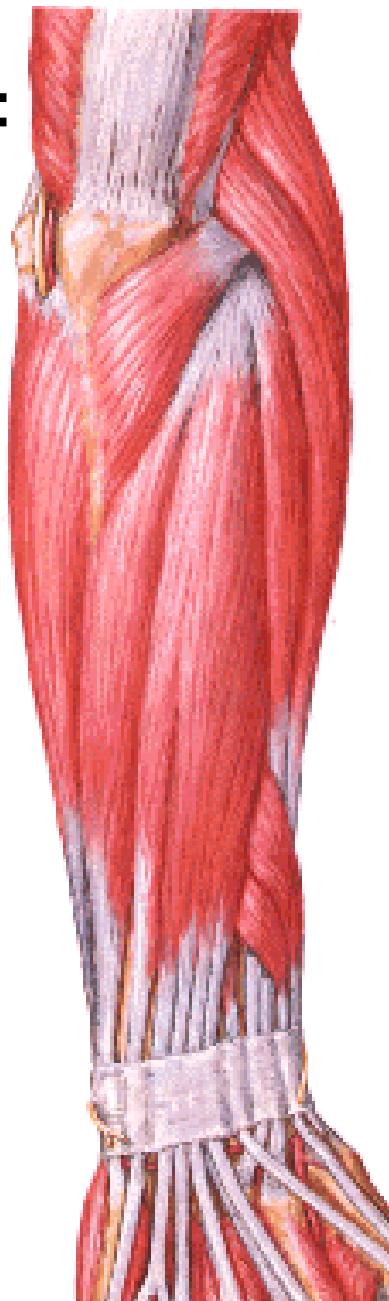
**M. extensor carpi ulnaris**

**M. abductor pollicis longus**

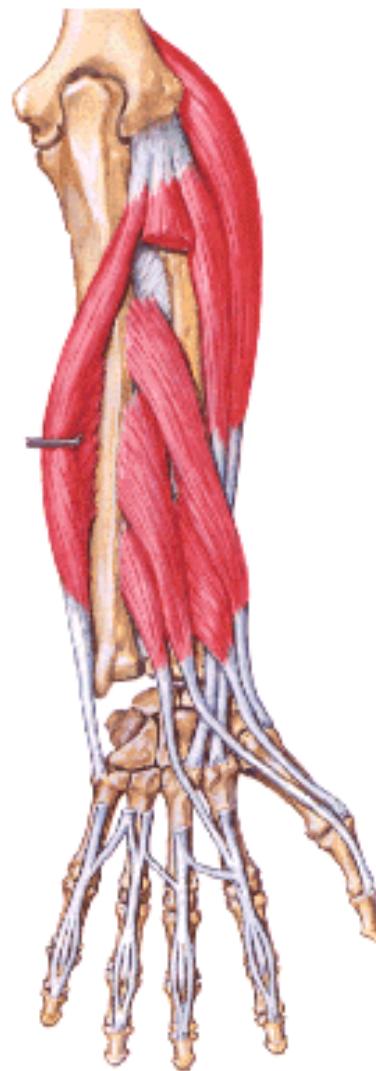
**M. extensor pollicis brevis**

**M. extensor pollicis longus**

**M. extensor indicis**



# EXTENSORS



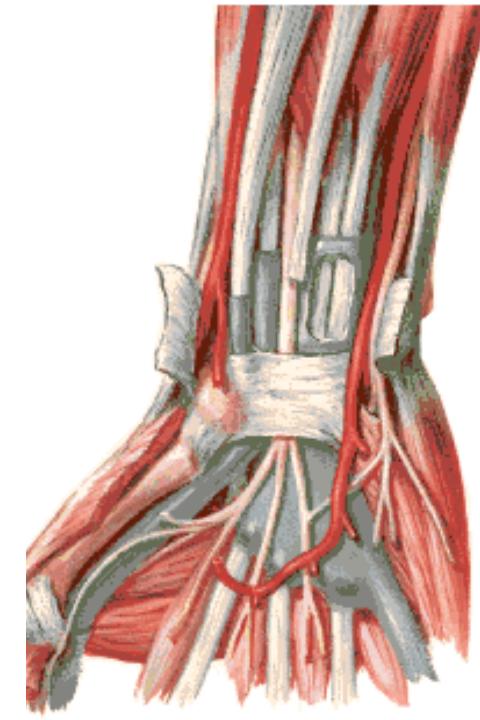
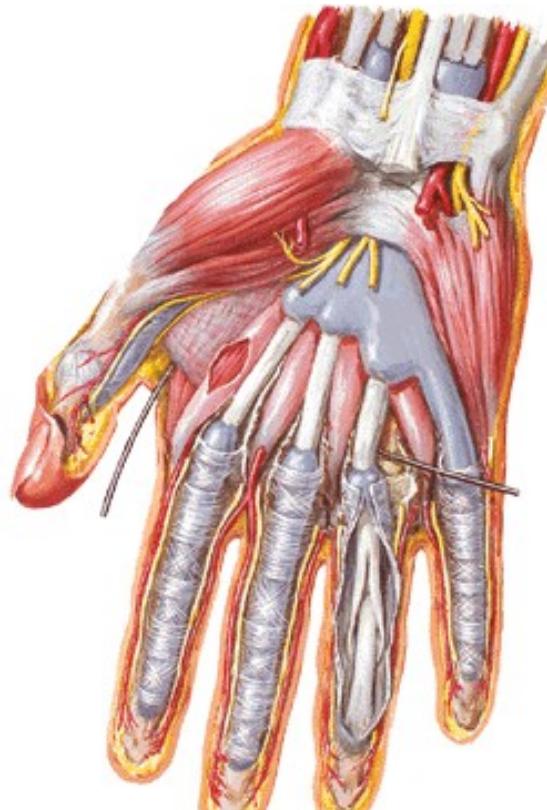
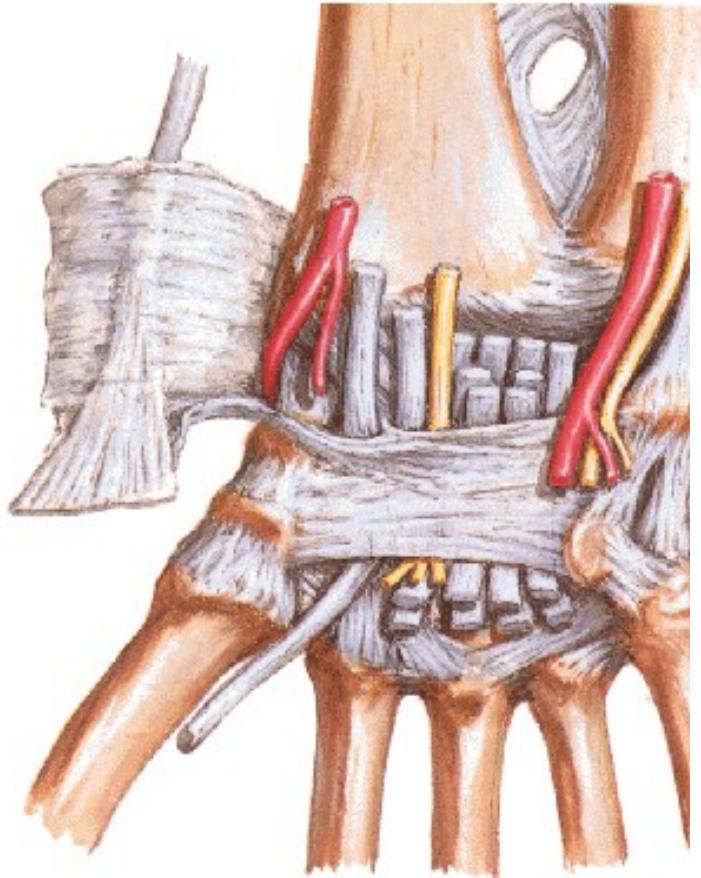
**Canalis carpi - retinaculum musculorum flexorum**

**Vagina synovialis communis mm. flexorum**

**Vagina synovialis tendinis m. flexoris pollicis longi**

**Vagina synovialis tendinis m. flexoris carpi radialis**

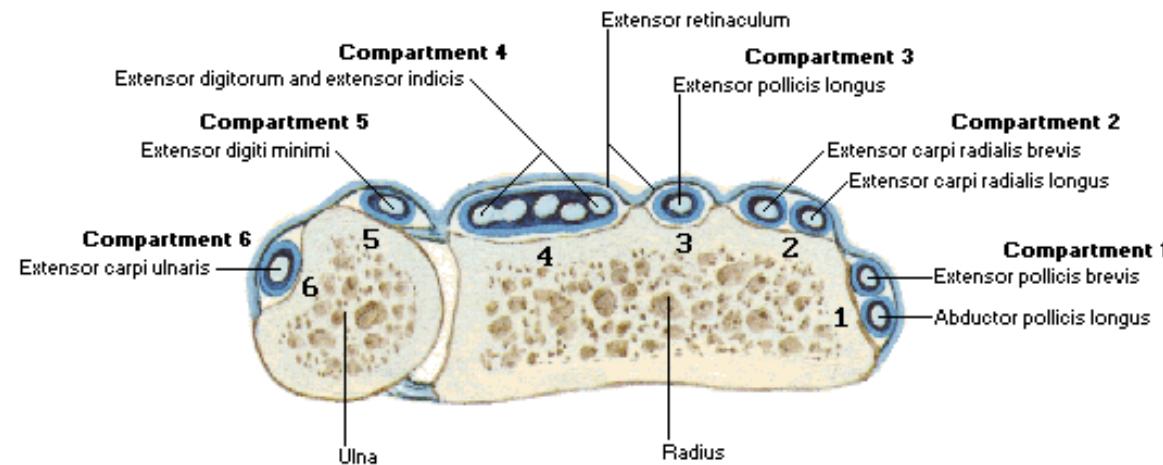
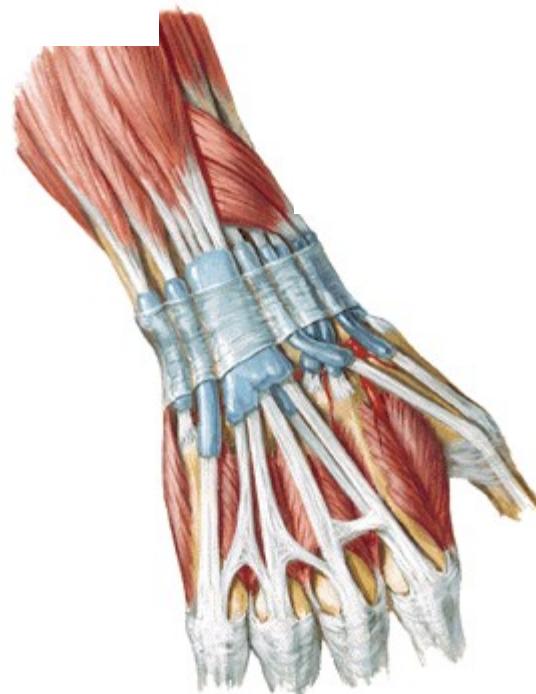
**Vaginae synoviales digitorum manus**



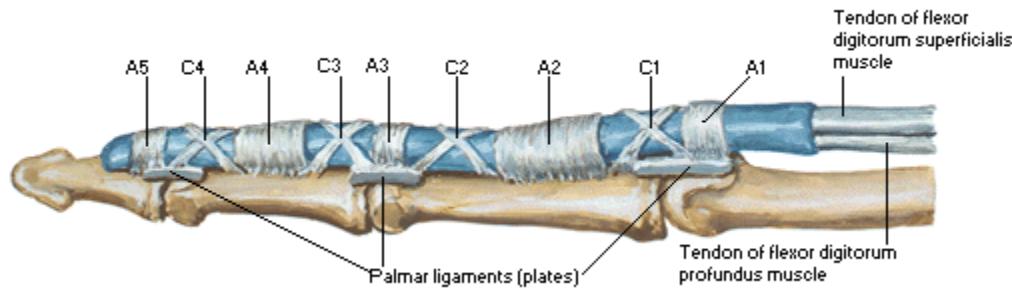


# Retinaculum musculorum extensorum

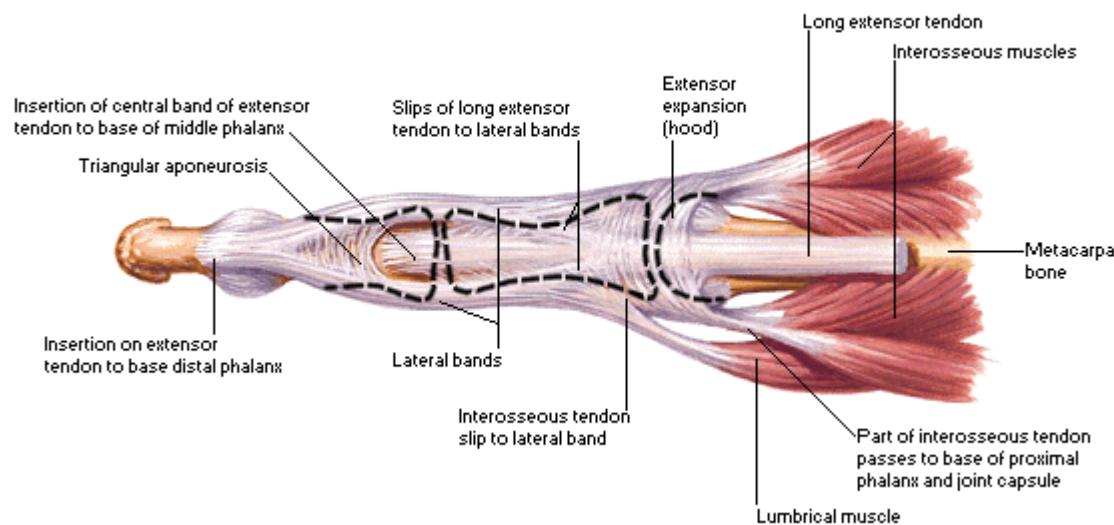
## Extensor compartments



# Vagina fibrosa digitii

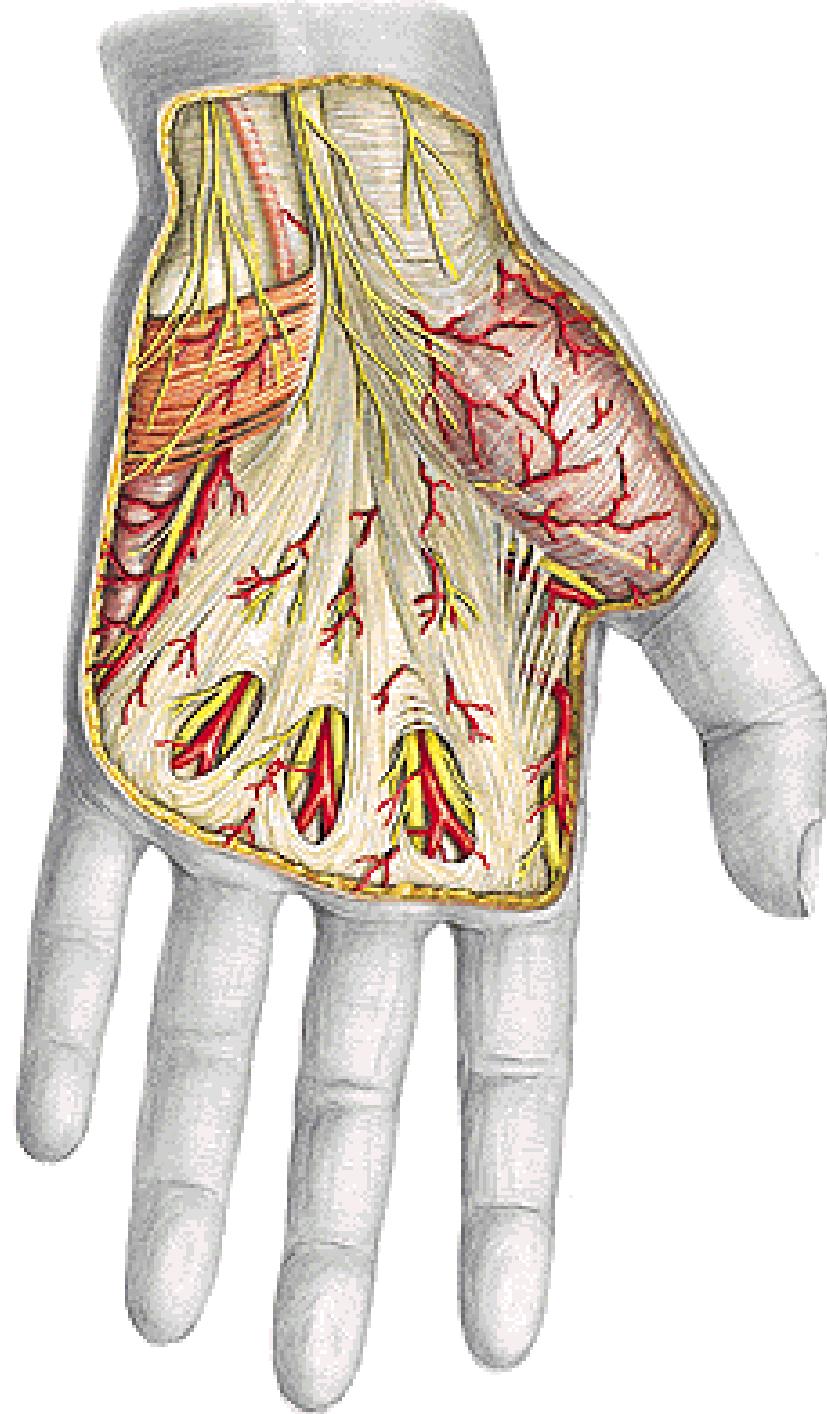


# Aponeurosis dorsalis digitii



# **MM. MANUS**

**M. palmaris brevis**  
**Aponeurosis palmaris**



## **Thenar muscles:**

**M. abductor pollicis brevis**

**M. flexor pollicis brevis**

**M. opponens pollicis**

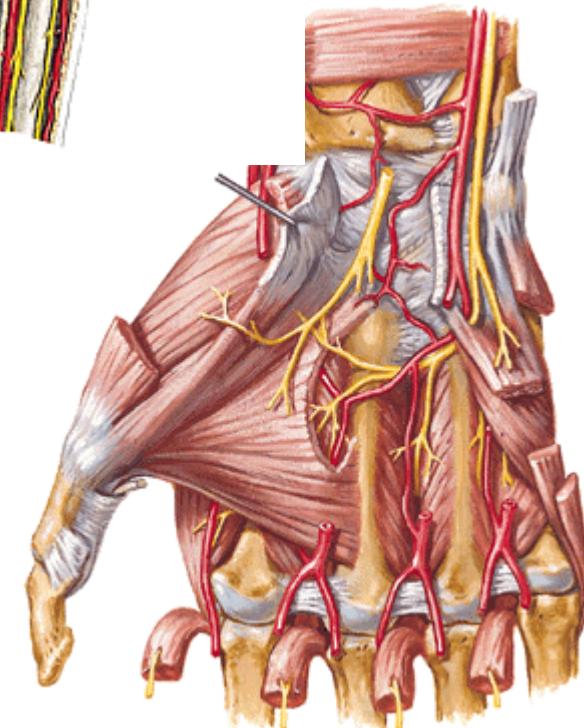
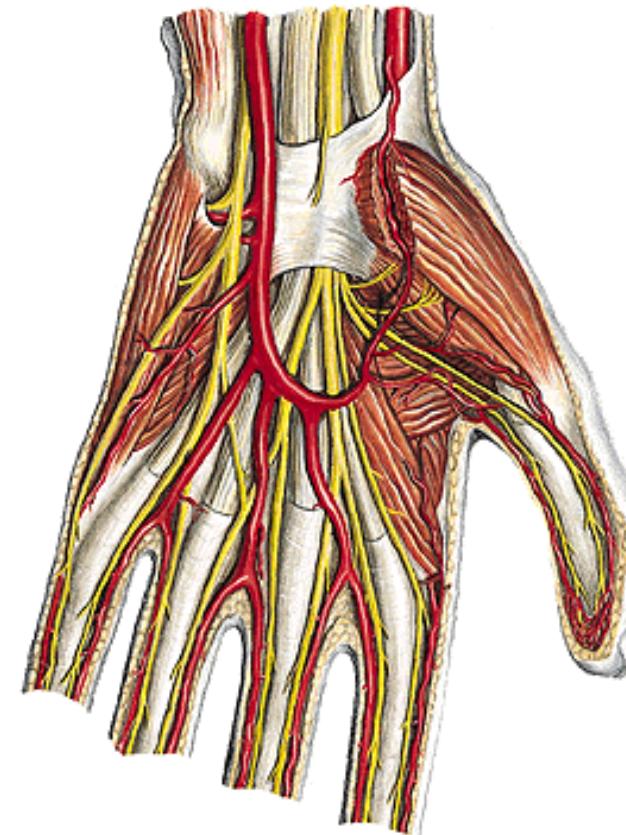
**M. adductor pollicis**

## **Hypothenar muscles:**

**M. abductor digiti minimi**

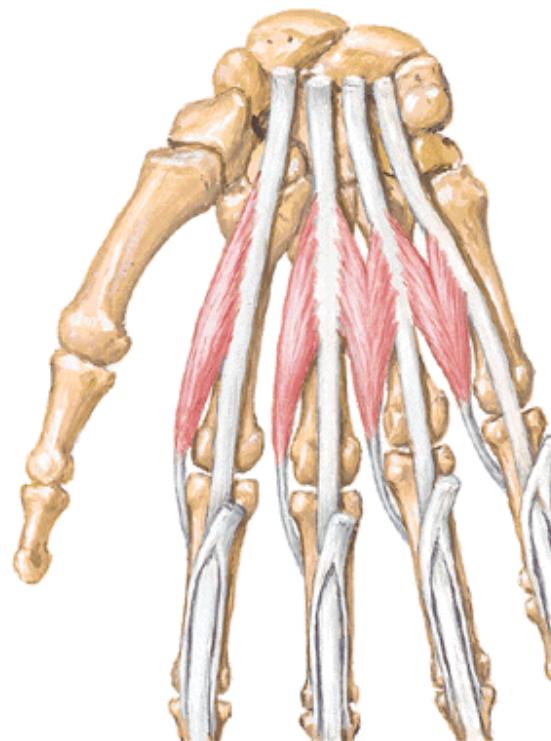
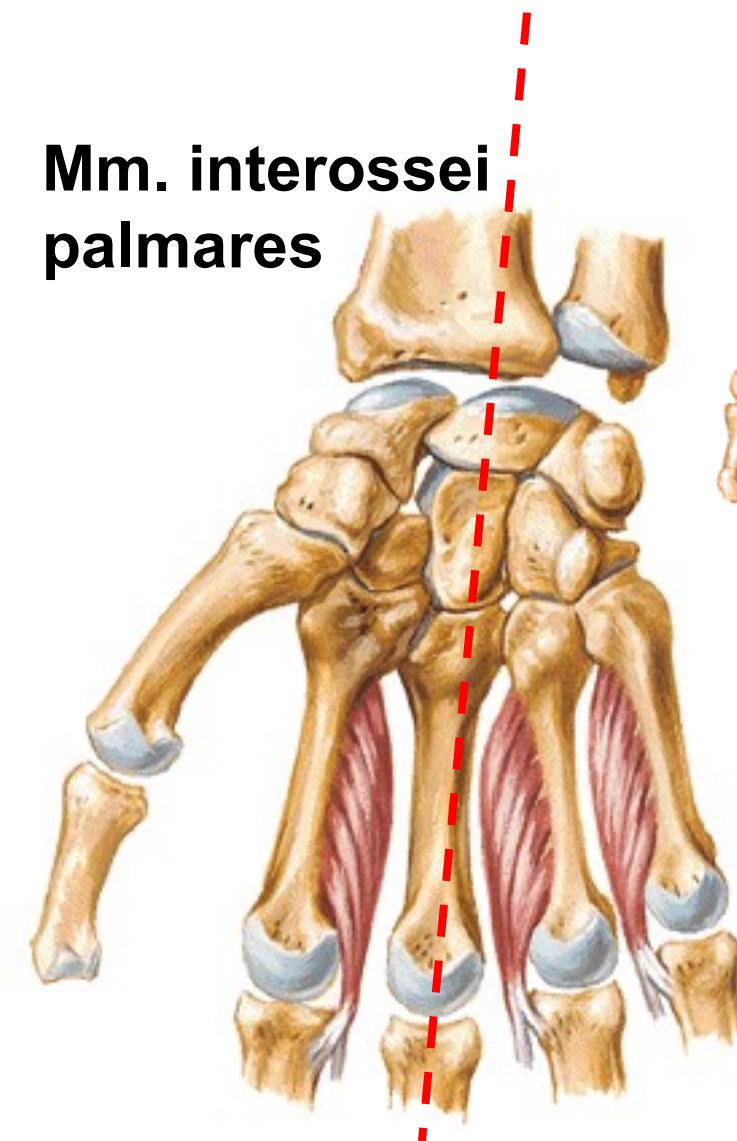
**M. flexor digiti minimi brevis**

**M. opponens digiti minimi**

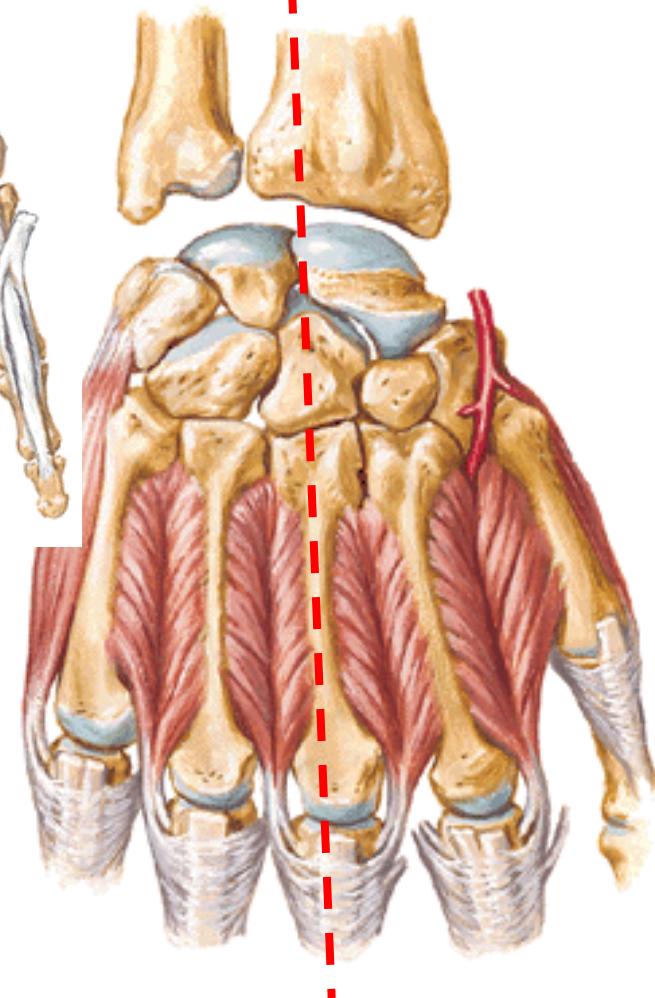


# Middle group of muscles:

## Mm. lumbricales



## Mm. interossei dorsales



Illustrations and photographs were copied from:  
**Atlas der Anatomie des Menschen/Sobotta.**  
**Putz,R., und Pabst,R. 20. Auflage. München:**  
**Urban & Schwarzenberg, 1993**  
**Netter: Interactive Atlas of Human Anatomy.**  
**Windows Version 2.0**