# Drug addiction

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# **Drug addiction**

Addiction to psychotropic substances

Natural drugs: marihuana, cannabis

Synthetic drugs: pervitin, extasy, cocain

alcohol, benzodiazepins

toluen, trichlorethylen ..

# Drugs

#### Soft drugs- low risk of addiction

Coffee, tabacs, marihuana, speed, alcohol in low intake

### Hard drugs- high risk of addiction

heroin, cokain, crack, pervitin, LSD, extasy

### Types of addiction WHO

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Alcohol- barbiturates (ethanol, barbiturates)
Amfetamin (amfetamin, metamfetamin, extasy)
Halucinogen (LSD, mushrooms)
Hashish (marihuana, hashish)
Opiates (opium, morphin, codein, heroin)
Inhalation (toluen, chlorine substances)
Cocain (cokain, crack)
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### Classification

Drugs from cannabis: marihuana, hashish

Opiates: heroin, braun

Stimulative drugs: cokain, amfetamin (speed), pervitin, extasy codein, morphin

Halucinogens: LSD, meskalin, psilocybin

Psychotropic drugs: sedatives, hypnotics

# Situation in Czech republic

- 1. Alcohol
- 2. Nicotine
- 3. Drug abuse and drug addiction
- 4. Gambling

#### Mental addiction

Desire to repeat drugs for pleasant feeling

#### Somatic addiction

Unpleasant symptoms in withdrawal of drug Abstinence syndrom

# Alcohol poisoning

1. Stage – excitation 0,5 – 1 promil euphoria

2. Stage- hypnotic
loss of balance and coordination of movement, dysarthria
low sensation of pain

3. Stage- narcotic above 2 promiles promiles nausea, vomiting, lethargy unconsciousness

4. Stage- asphyctic 3,5–5 promiles stop of breathing and circulation death

### Signs

Depression of CNS Impairement of all mental and physical functions

Strong smell of alcohol
Empty bottles around
Impaired consciousness
Deep breathing
Later shalow breathing
Weak rapid pulse
Dilated pupils with poor reaction to light
Vomiting
Hypotermia

Caution- underlying condition: head injury, stroke hypoglycaemia, heart attack

First aid

Prevent aspiration of vomiting fluid

Do not induce vomiting

Protect him from the cold

Maintain open airways

Check breathing and circulation

Assess other conditions- head injury ...

In unconsciousness- rescue position, monitor vital signs

**CPR** 

### **Opioids**

- Opium- extract from unripe poppy heads
- Papaver somniferum
- It contains alcaloids- morphin
- Other opiods-codein, pethidin, heroin
- Production of poppy: Afganistan, Thailand, Barma, Laos

### Signs

- Euphory, painless feeling, phantastical visions, extasy
- Happiness
- Depressions of breathing, miosis
- Somnolence, sopor, unconsciousness

# Poisoning with opioids

### Signs

Classical trias: depression of breathing- low rate, flat breathing miosis with reaction of pupils

unconsciousness

Hypotension, lung oedema, redness of the skin, sleepiness

#### First aid

If conscious: monitgor vital signs

avoid aspiration

If unconsciousness: rescue position

Management Ventilation, intubation, Antidotum- naloxon

### Abstinence symptoms

Desire for drug, tachycardia, tachypnoe Sweating, watering from the eyes, mydriasis Muscle pain, spams ..

### Complications

Infections around injections in the skin lymphadenitis, lymphangoitis
Hepatitis, HIV
Pneumonia, lung absceses
Arthritis, osteomyelitis
Bacterial meningitis, mozkové abscesy
Polyneuropathy

#### Heroin

It is diacetylmorphin Produced from morphium

Use Oraly, snuffing, smoking, i.v., i.m.

Very dangerous

High risk of addiction

**Fatal** 

#### Cocain

Erythroxylon coca Alcaloid Stimulans, local anaestheticum

Use Snuffing, smoking, chewing

Signs
Dilation of pupils
High blood pressure, high rate, arrythmia
Halucinations, vomiting, paranoia
Muscle spams, Hypothermia,
Risk of stroke, rhabdomyolysis
Unconsciousness

#### Marihuana

Dry inflorescence of cannabis sativa
It contains canabinoids
Different amount of canabinoids
- 80 types, usually more than 0,3 % of THC
Tetrahydrocanabinod- THC, main effect
Others- CBD, CBN, THCV, CBC.
Different preparation and different quality (Europe, Caribic, Africa, America, India (up to 20 % of THC)
Use with tabacco in cigaretts, pipes, chewing, milk, oil, tee.

#### Signs:

Good feeling, pleasant dreams, deep sense for music Smile, euphoria Muscle pain, imaginary images, unpleasant sensations

#### Marihuana

Psychic addiction only
Among soft addictions
The person is able to stop using marihuana
Using marihuana does not lead to fatal situation
The amount for death- 25 000 joints

First aid

To stop smoking joints Fresh air Monitor vital signs

# **Amphetamins**

Pervitin and extasy

# Signs

Nausea, trismus, muscle pain, sweating, tachycardia Hypothermia, muscle spasm Loss of cordination of movement, rhabdomyolysis Renal failuire, multiorgan failure Shock

First aid

Rescue position
Monitor vital signs
Removal to hospital

### LSD

Diethylamid of lyserg acid

Halucination

The casualty sees what other do not see He thinks he can fly .. He sees with fingers...

Somatic addiction is low It is used in psychiatry Popular among students in some countries