# Head injuries

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**Skull fractures** 

Brain lesion or damage

Scalp wounds

Injury to the spine in the neck

### Signs

History of a severe blow **Increasing drowsiness** Headache, unequal pupil size Confusion, dizziness Loss of balance, loss of memory Difficult speaking, difficult walking Vomiting, double vision Seizures Bleeding, leakage of blood of watery fluid from the ear or nose Loss of consciousness

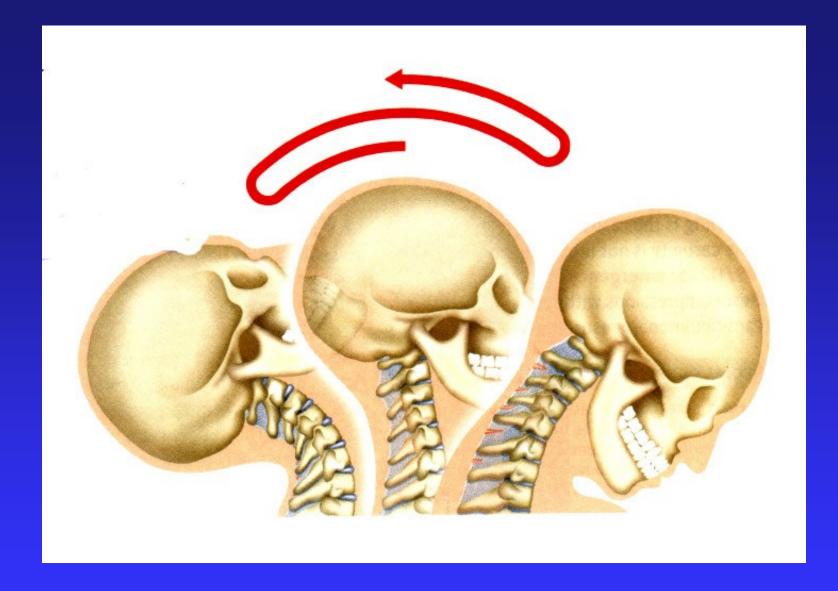
Assesment of level of consciousness

A Alert, respond to questions eyes are open

V Voice, respond to voice, obey commands

P Pain, respond to pain

U Unresponsive to any stimulus



Whiplash injury





# **Recovery position**



# Log- roll technigue

## First aid:

Free airways Cold compresses at the site of injury Monitor vital signs CPR Stabilisation of cervical spine (Philadelphia collar)

Sterile dressing of the ear or nose



Philadelphia collar

# **Brain lesion**

Concussion (commotio cerebri) Contusion of the brain (contusio cerebri) Epidural haematoma Subdural haematoma Subarachnoideal bleeding Intracerebral bleeding Intraventricular bleeding Concussion (commotio cerebri)

Temporary loss of consciousness Nausea, vomiting, retrograde amnesia Rapid pulse, flat breathing, pale

Functional lesion of neurons

Management of concussion

Admission to the hospital Sedatives Prevention of epilepsy (Sanepil)

Postconcussion syndrom:

Headache, vertigo, fatique, desorientation sleep problem

Contusion of the brain (contusio cerebri)

Structural damage of the brain Unconsciousness two hours or more Impaired motor function Impairment of sensation **Epidural haematoma** 

Between the skull and hard tissue

Artery or vein

### Symptoms:

Short period of unconsciousness after head injury

Free interval (minutes or hours)- minimal problems

Headache, nausea, vomiting Coma, seizures Unequal pupils- mydriasis on the site of bleeding First aid

Rescue position Free airways

Management

Neurosurgery, craniotomy, stop bleeding Removal of haematoma Subdural haematoma

Symptoms: Unconsciousness immediately No free interval Seizures, motor collision