

Kožní pokryv (Integumentum commune)

=

Kůže a kožní deriváty (adnexa)

Aleš Hampl
Prosinec 2019

Funkční jednotka

Největší tělní systém

16% váhy těla

1,5 až 2 m²

**Integumentum
commune**
=
Kožní pokryv

Cutis
=

Kůže

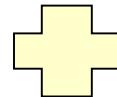
Epidermis - rohovatějící vrstevnatý
dlaždicový epitel

Dermis = Škára - vazivová složka

Tela subcutanea

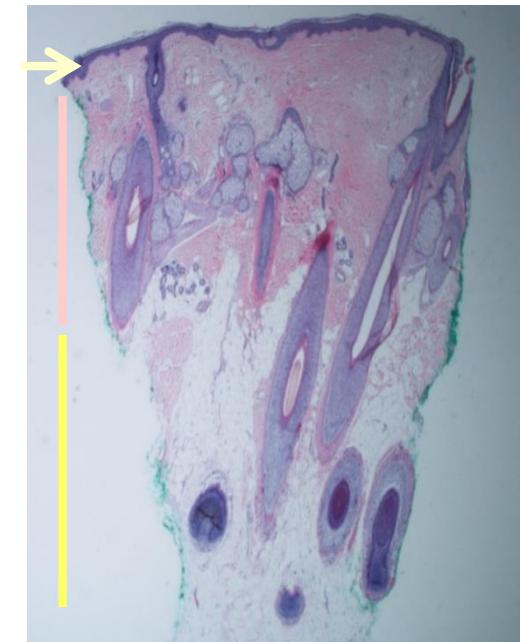
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Subcutis - Podkoží



Kožní adnexa
deriváty epidermis

- vlasy a nehty
- kožní žlázy (mazové + potní)
- mléčná žláza



Kůže = Kombinace 4 tkání

- Epitelová - outer layer
- Pojivová - underlies dermis
- Hladkosvalová - goose bumps
- Nervová - sensory receptors

Functions of the skin

1. Regulation of body temperature

Cellular metabolism produces heat as a waste product .

High temperature

dilate surface blood vessels
sweating

Low temperature

surface vessels constrict
shivering

2. Protection

physical abrasion
dehydration
ultraviolet radiation

3. Sensation

touch
vibration
pain
temperature

4. Excretion

5. Immunity/ Resistance

6. Blood Reservoir

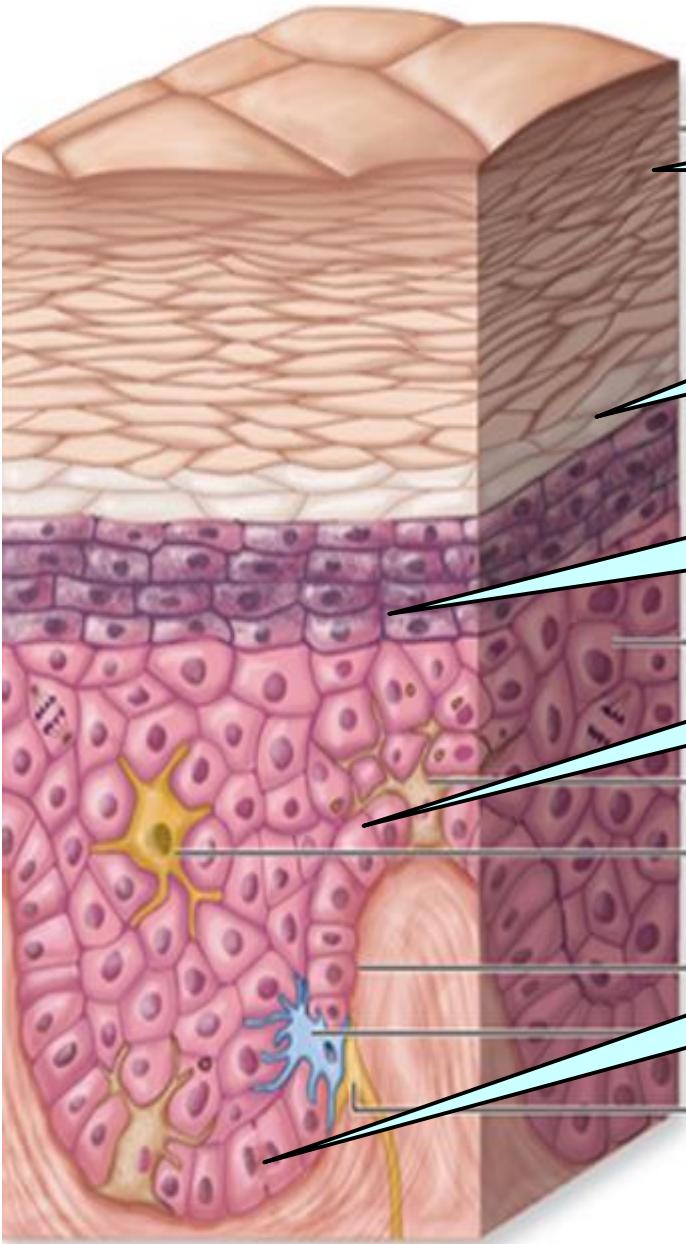
8-10 % in a resting adult

7. Synthesis of vitamin D

uv light
aids absorption of calcium

Epidermis - Vrstvy

Keratinizující vrstevnatý dlaždicový epitel
(keratinocytes - 4 or 5 layers)



5. Stratum corneum

- dead, flat cells full of keratin (25 to 100 layers)
- corneodesmosomes
- polar lipids - ceramides

4. Stratum lucidum

- more apparent in thick skin
- 3-5 layers of clear cells
- transitional state

3. Stratum granulosum

- 3-5 layers
- tight junctions = zonulae adhaerentes
- keratohyalin found in granules
- cells beginning to die
- keratohyalin and lamellar granules

2. Stratum spinosum

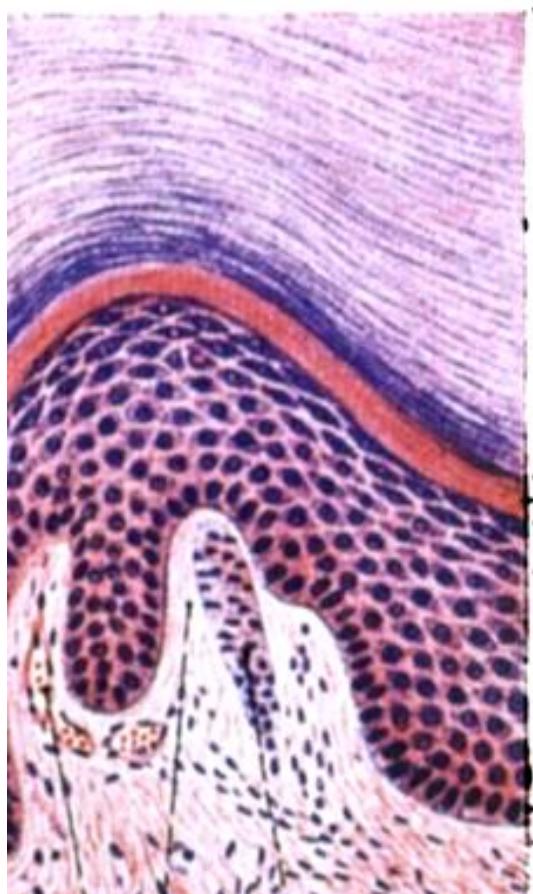
- polygonal cells (keratines 1 and 10)
- 8-10 layers of keratinocytes
- desmosomes – shrinkage - spines

1. Stratum basale (germinativum)

- cylindrical cells – one layer (keratines 5 and 14)
- stratum germinativum
- the only proliferating cells (stem, progenitor)
- hemidesmosomes

Desquamation = Maturation (about 25 days)

Mnemotechnická pomůcka



Stratum **Corneum**

Stratum **Lucidum**

Stratum **Granulosum**

Stratum **Spinosum**

Stratum **Basale**

Cancel

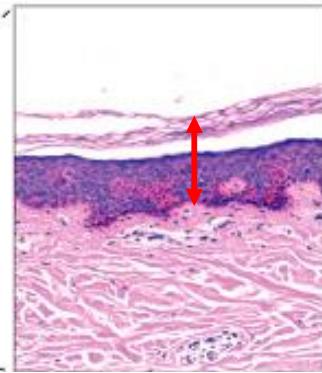
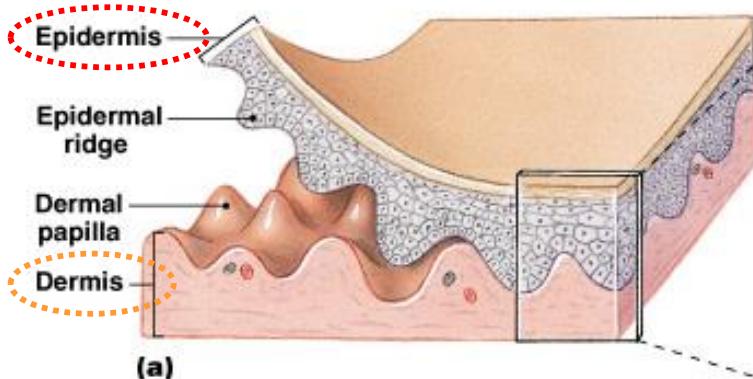
Lab !!!

Get

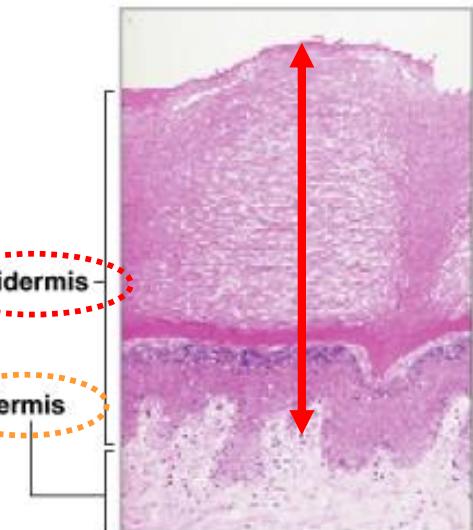
Some

Beer !!!

Epidermis (Pokožka) - Tenká x tlustá kůže



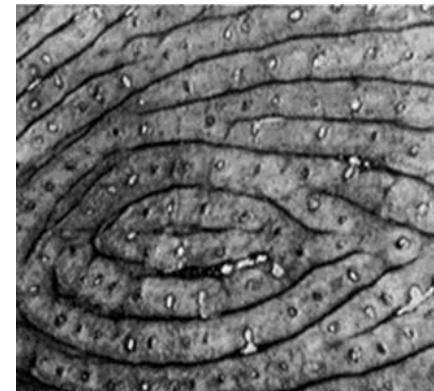
Tenká kůže
Epidermis 50 - 100 μm



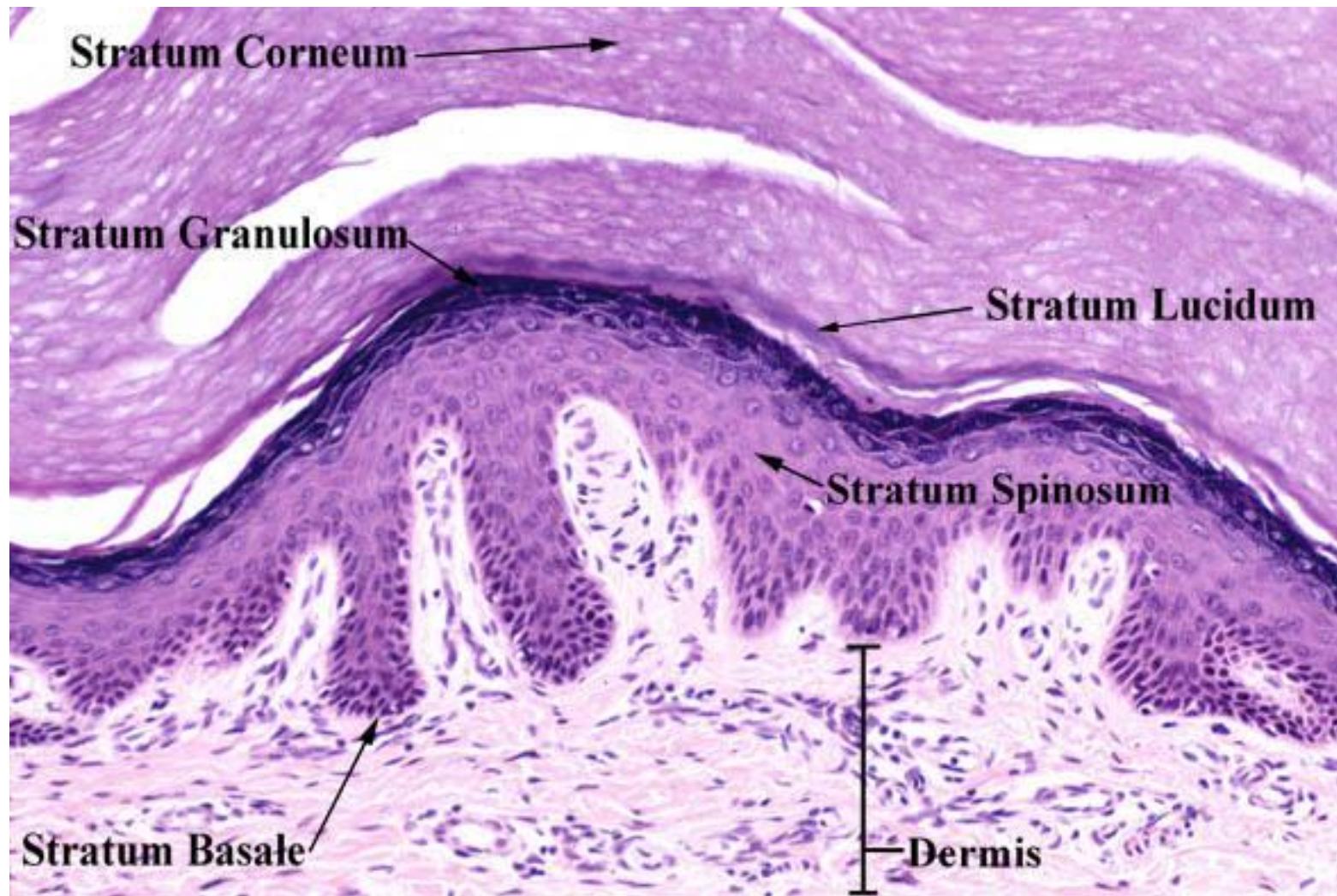
Tlustá kůže
Epidermis 500 - 1000 μm

- pokrývá celý povrch těla kromě dlaní a plosek nohou
- typické **kosočtverečné políčkování**
- stratum corneum - méně než 25 vrstev buněk
- stratum lucidum chybí
- adnexa: potní žlázy + mazové žlázy + chlupy (kromě rtů, glans penis, labia minora)

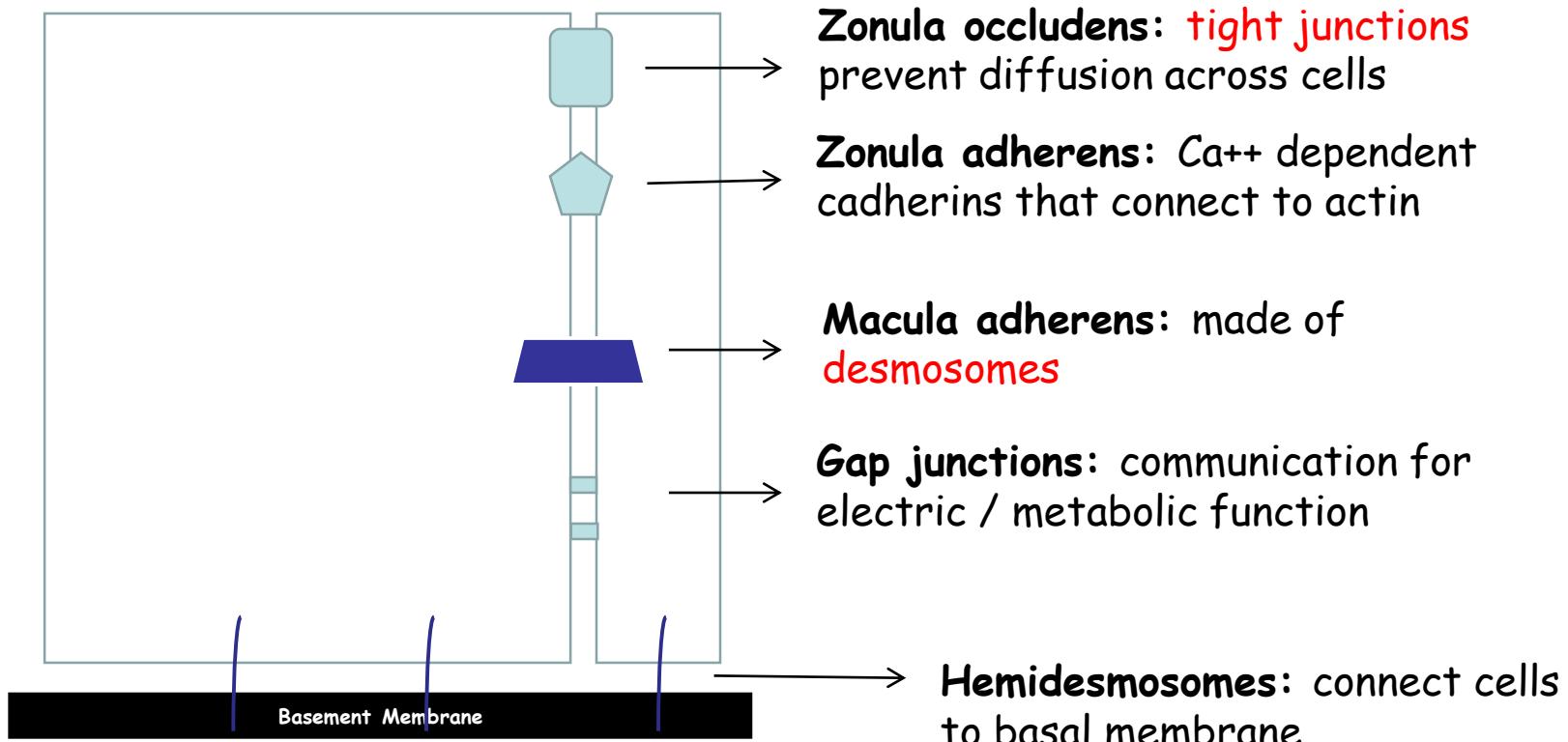
- pokrývá dlaně a plosky nohou – tzv. akrální kůže
- **hmatové lišty** →
- stratum corneum - 100 vrstev buněk
- stratum granulosum – zbytnělé
- adnexa: - pouze početné ekkrinní potní žlázy



Epidermis

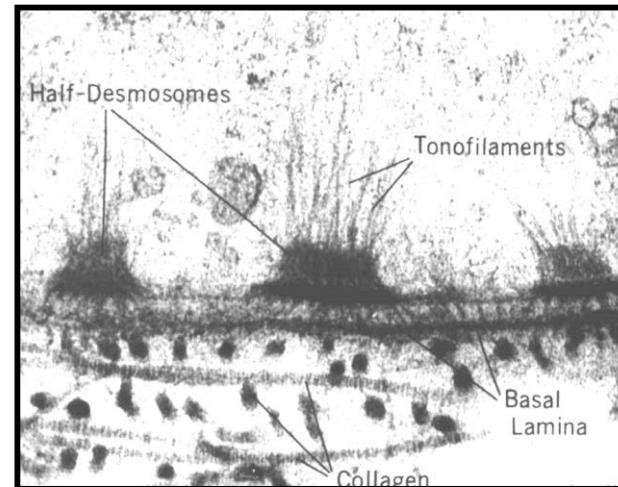
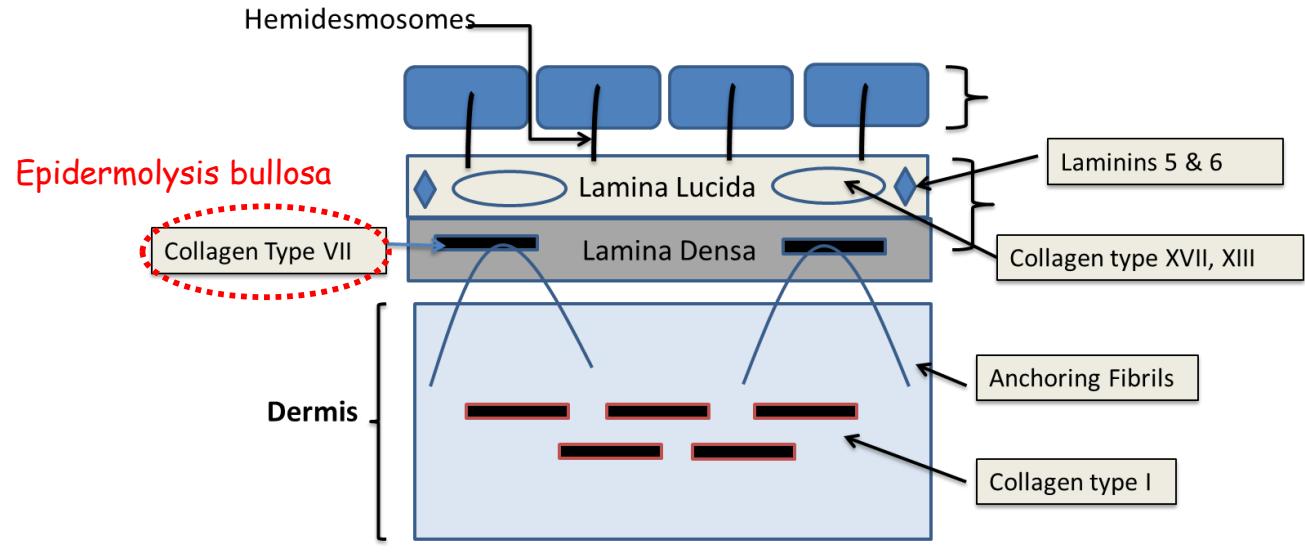
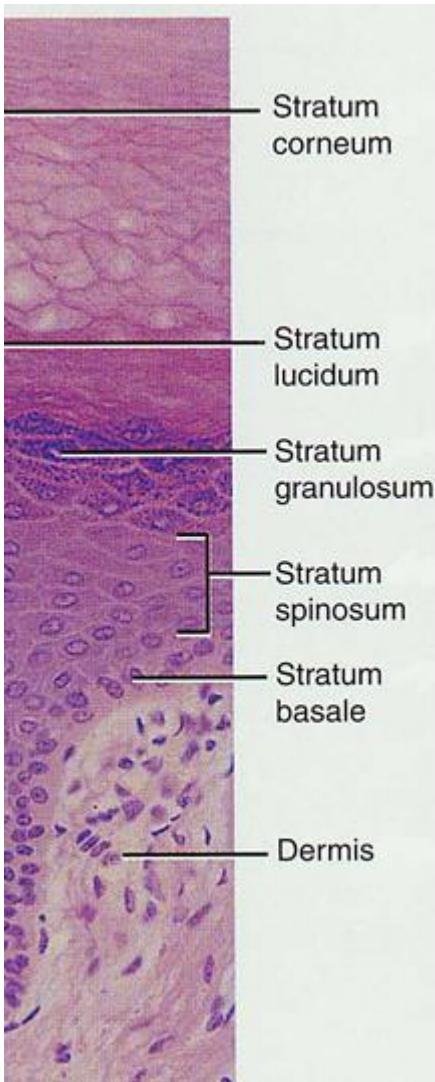


Epidermis - Mezibuněčné spoje

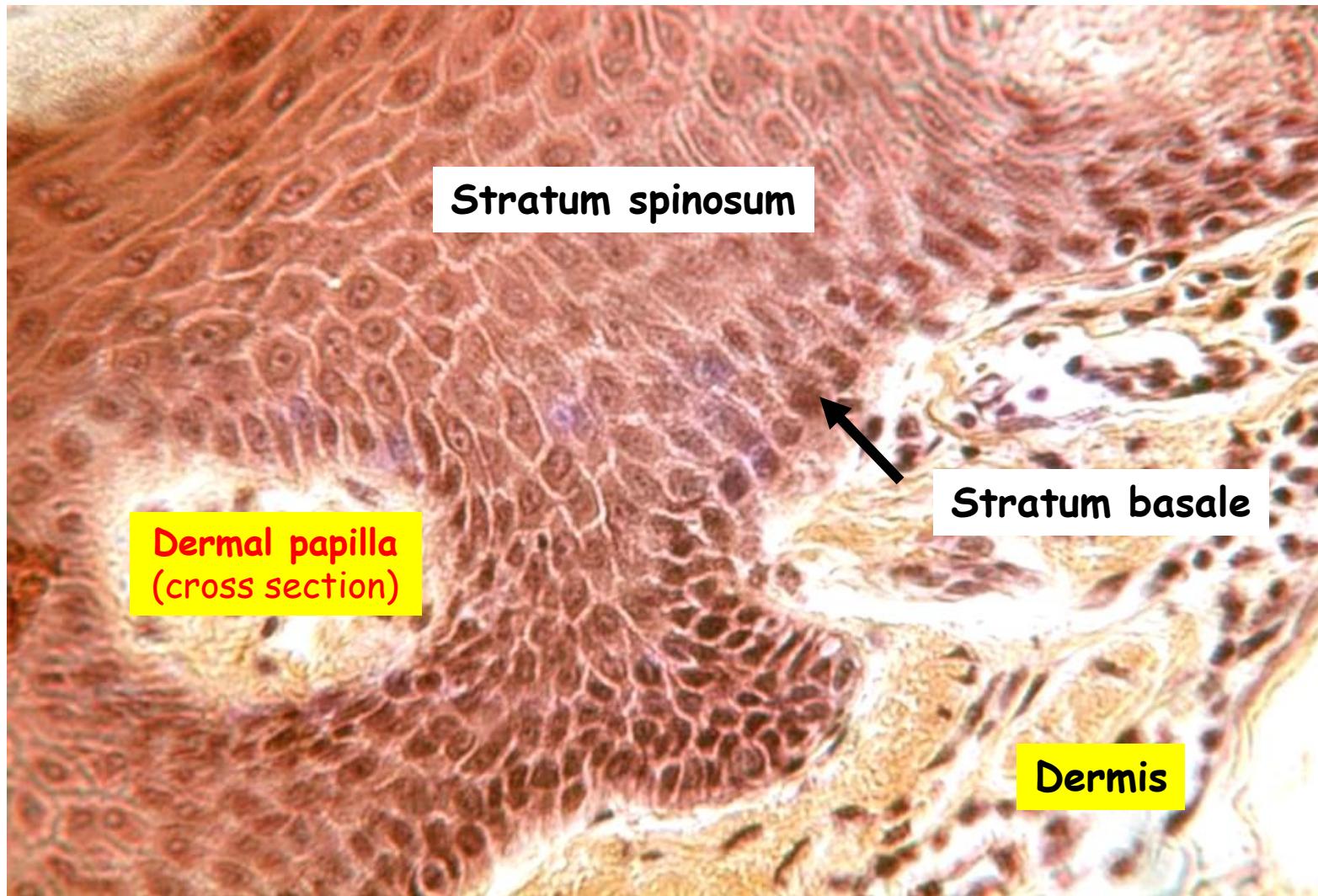


Spojení: Dermis - Epidermis

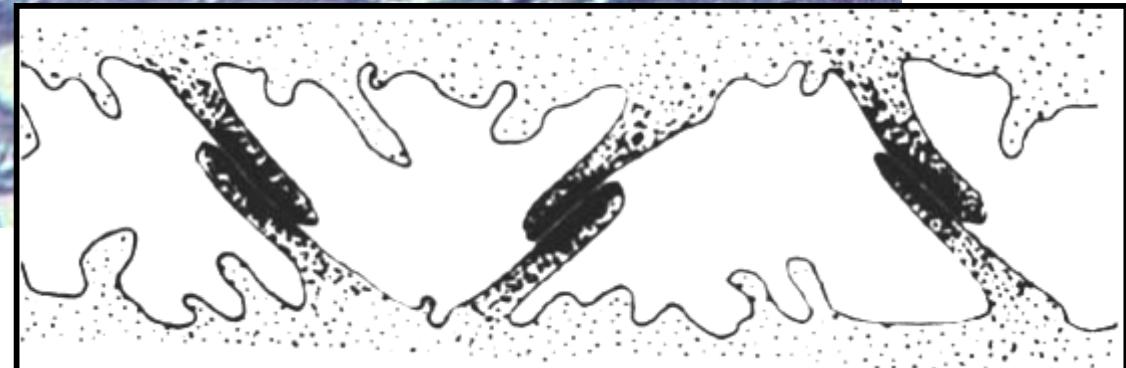
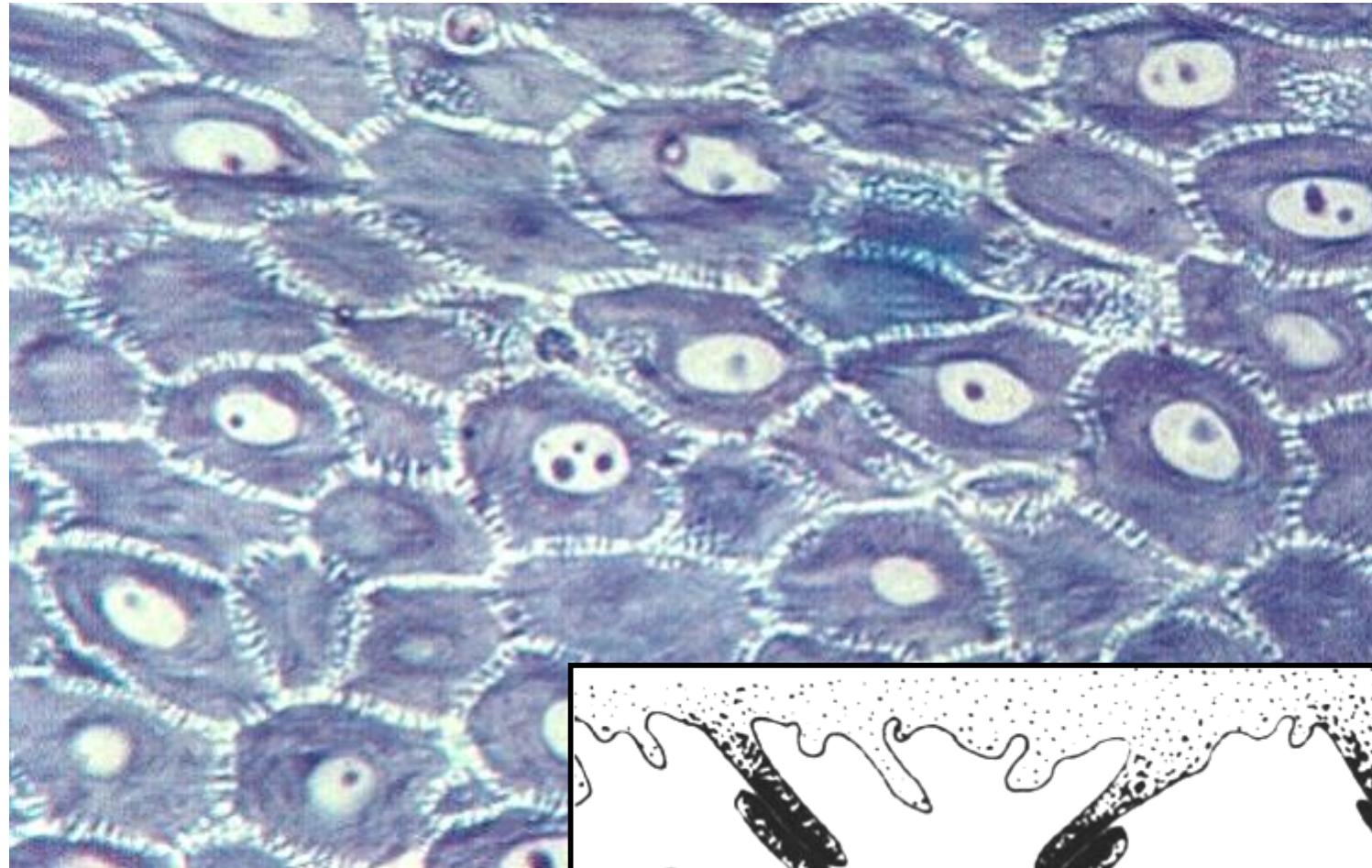
Hemidesmosomy



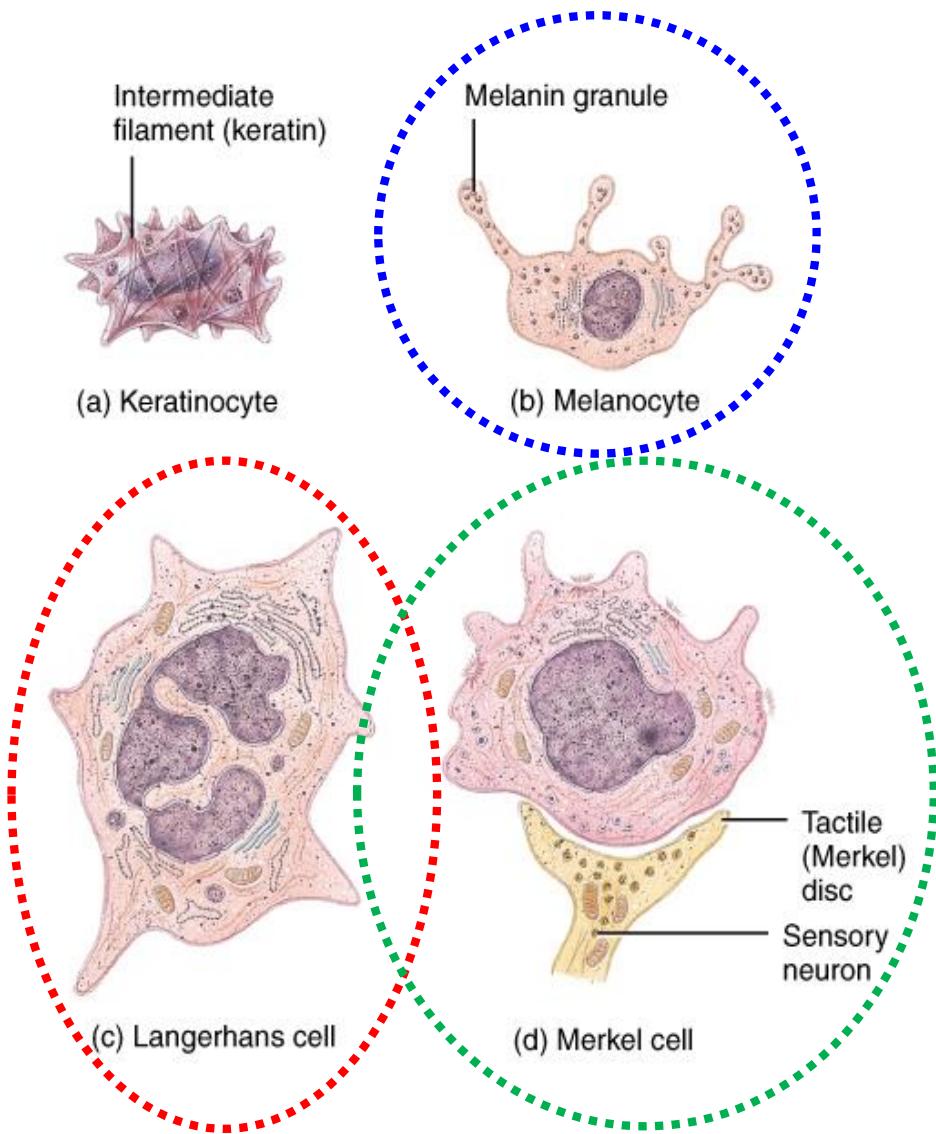
Epidermis - Stratum spinosum - Desmosomy



Epidermis - Stratum spinosum

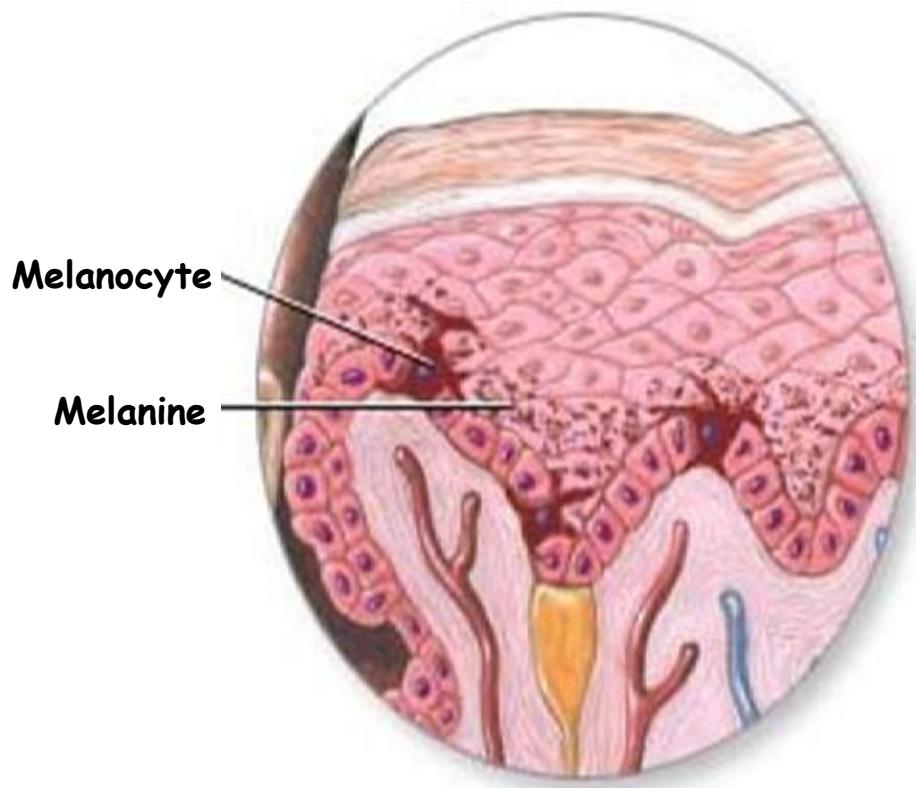


Epidermis - Nekeratinizující buňky

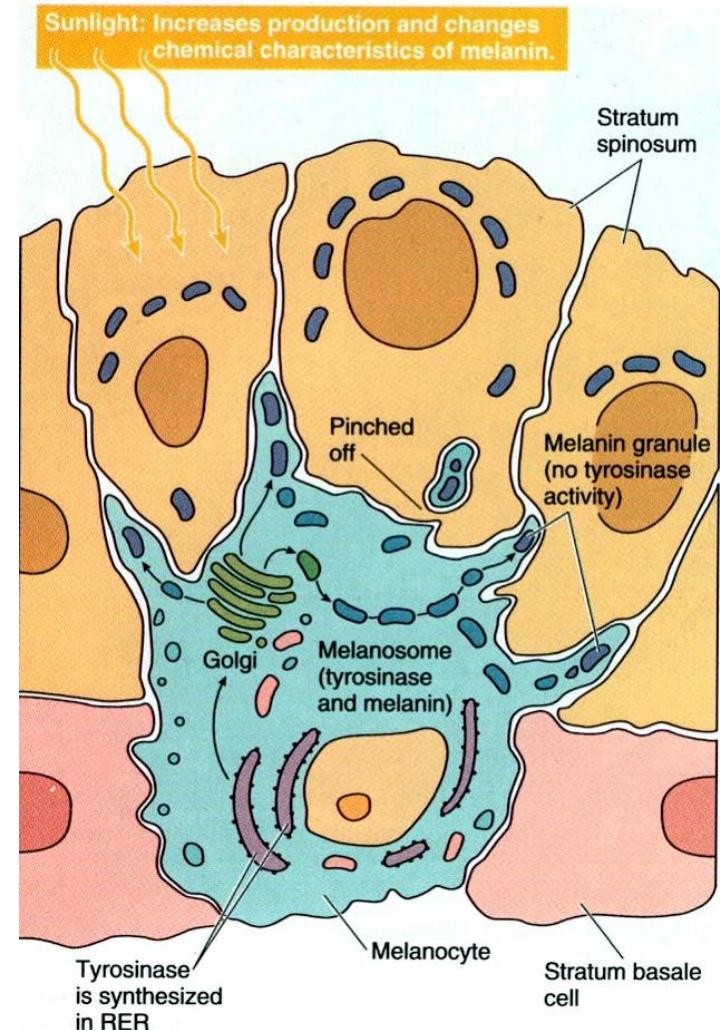


- **Keratinocyty** - 90%
 - produce keratin
- **Melanocyty** - 8 %
 - produces melanin pigment
 - melanin transferred to other cells with long cell processes
- **Langerhansovy buňky**
 - from bone marrow
 - provide immunity
- **Merkelovy buňky**
 - in deepest layer
 - form touch receptor with sensory neuron

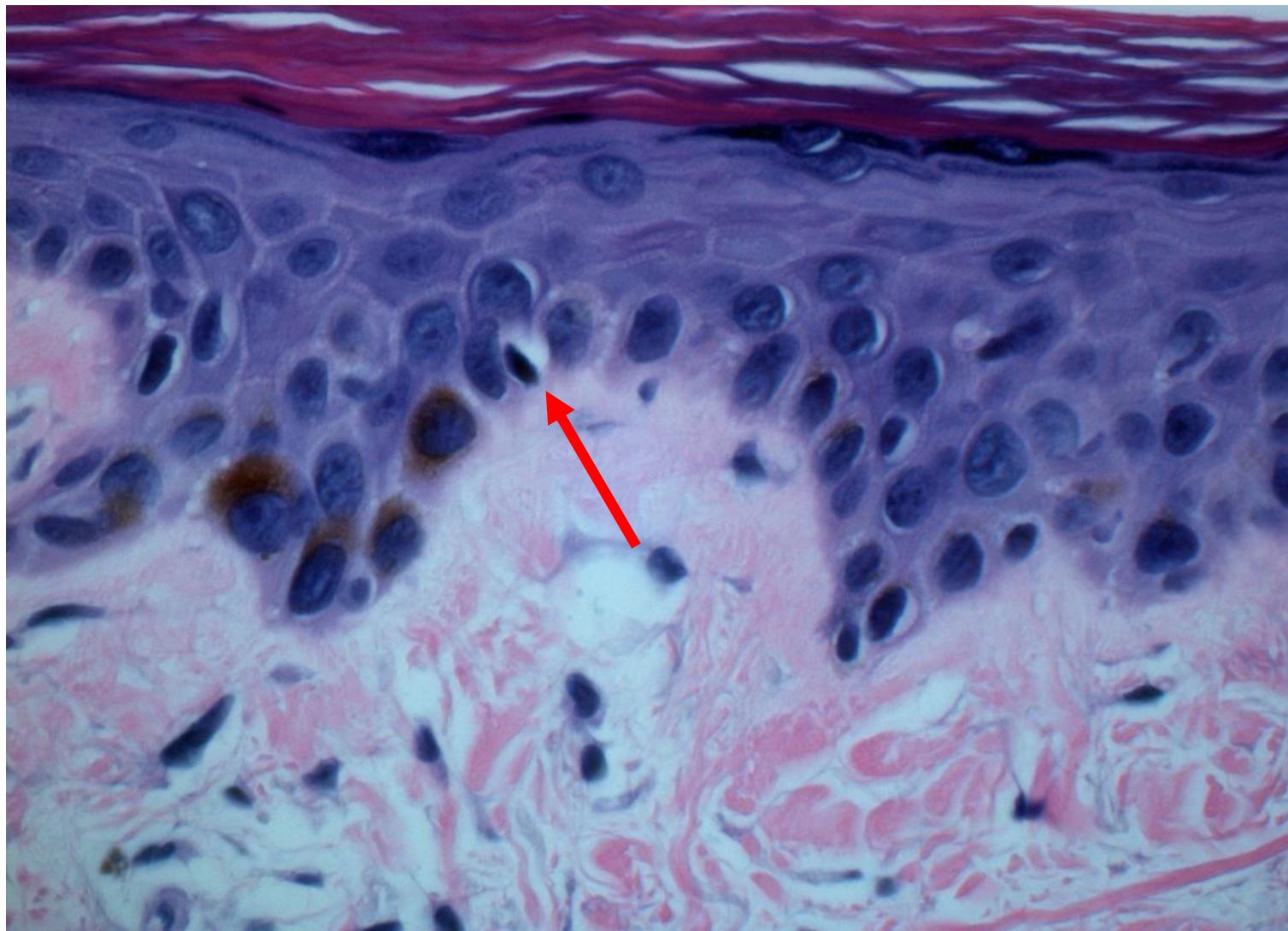
Epidermis - Melanocyte 1



Melanocytes: clearish cells in basal layer with dark nuclei ; ratio of 1 : 40 - epidermal melanin unit.



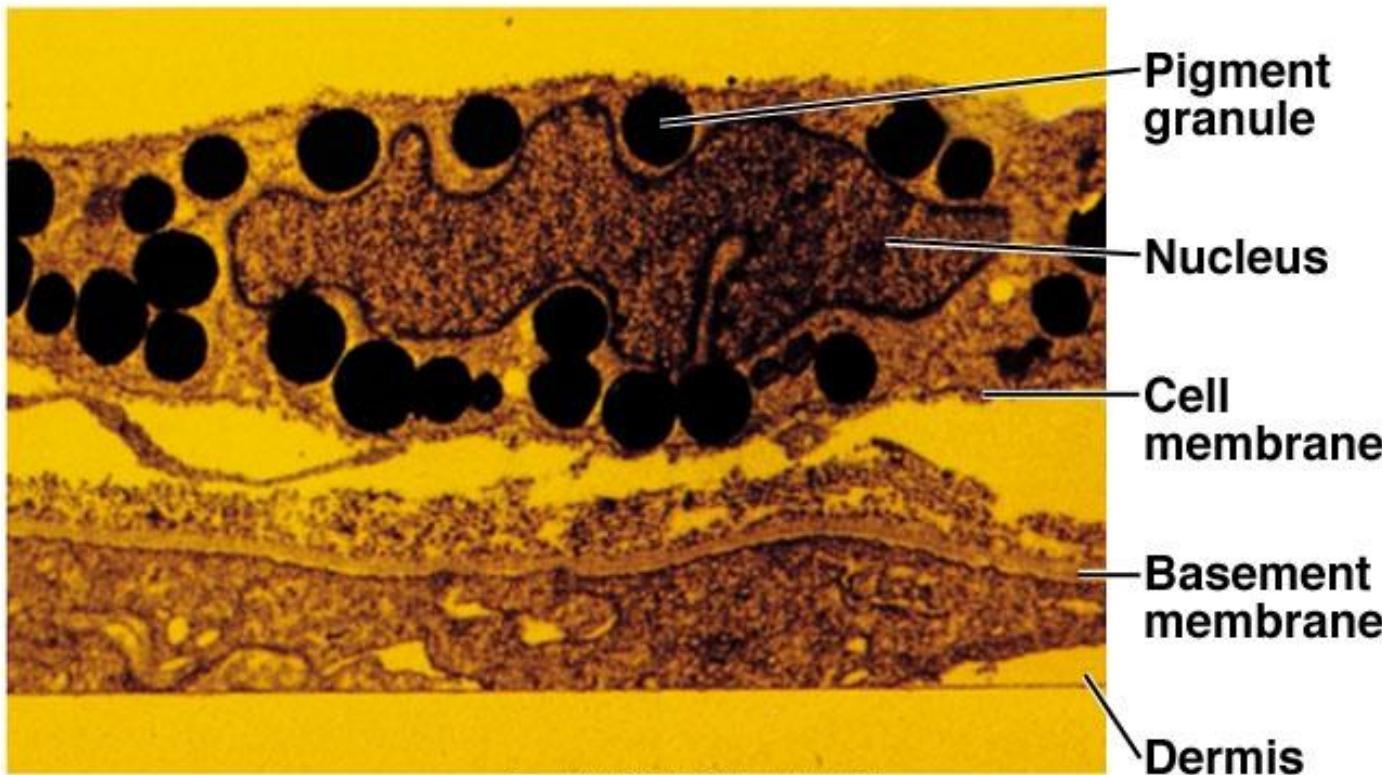
Epidermis - Melanocyty 2



Epidermis - Melanocyte 3

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Melanocyte with Pigment Granules



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Epidermis - Melanocyte 4 - Pigmenty

Three pigments contribute to skin color

Melanin - yellow to reddish-brown to black pigment, responsible for dark skin colors

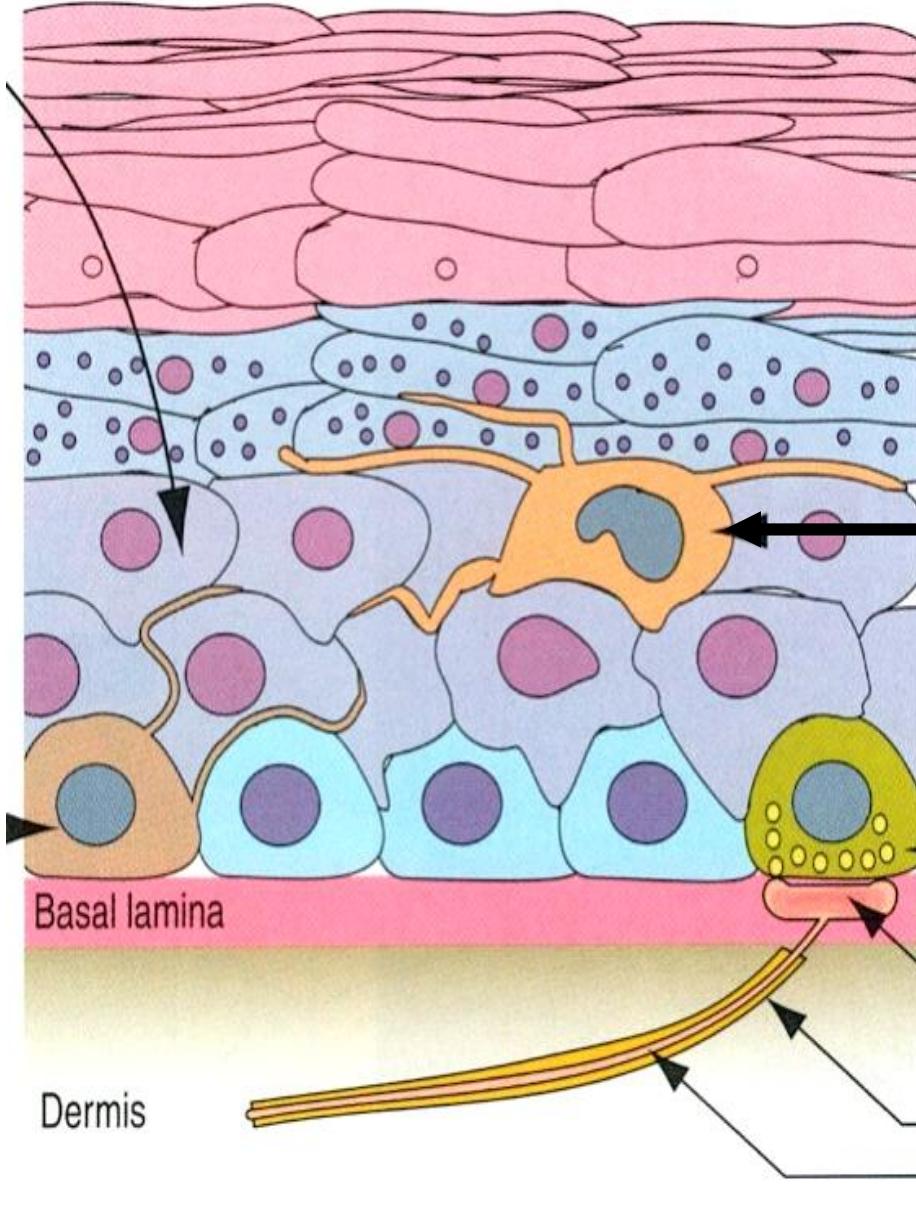
(Freckles and pigmented moles - result from local accumulations of melanin)

Carotene - yellow to orange pigment, most obvious in the palms and soles of the feet

Hemoglobin - reddish pigment responsible for the pinkish hue of the skin

Do some people have more melanocytes than other people?
NO !!!!

Epidermis - Langerhansovy + Merkelovy buňky



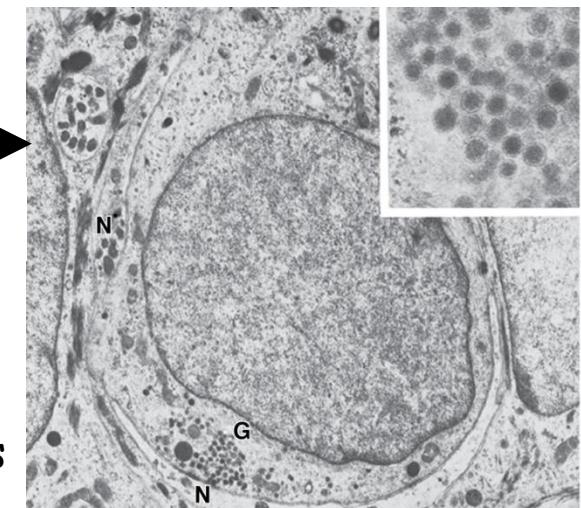
Migrate to lymph nodes

Langerhans cell

immunological reaction that effects the skin
and may serve defense mechanism for the body

Merkel cell

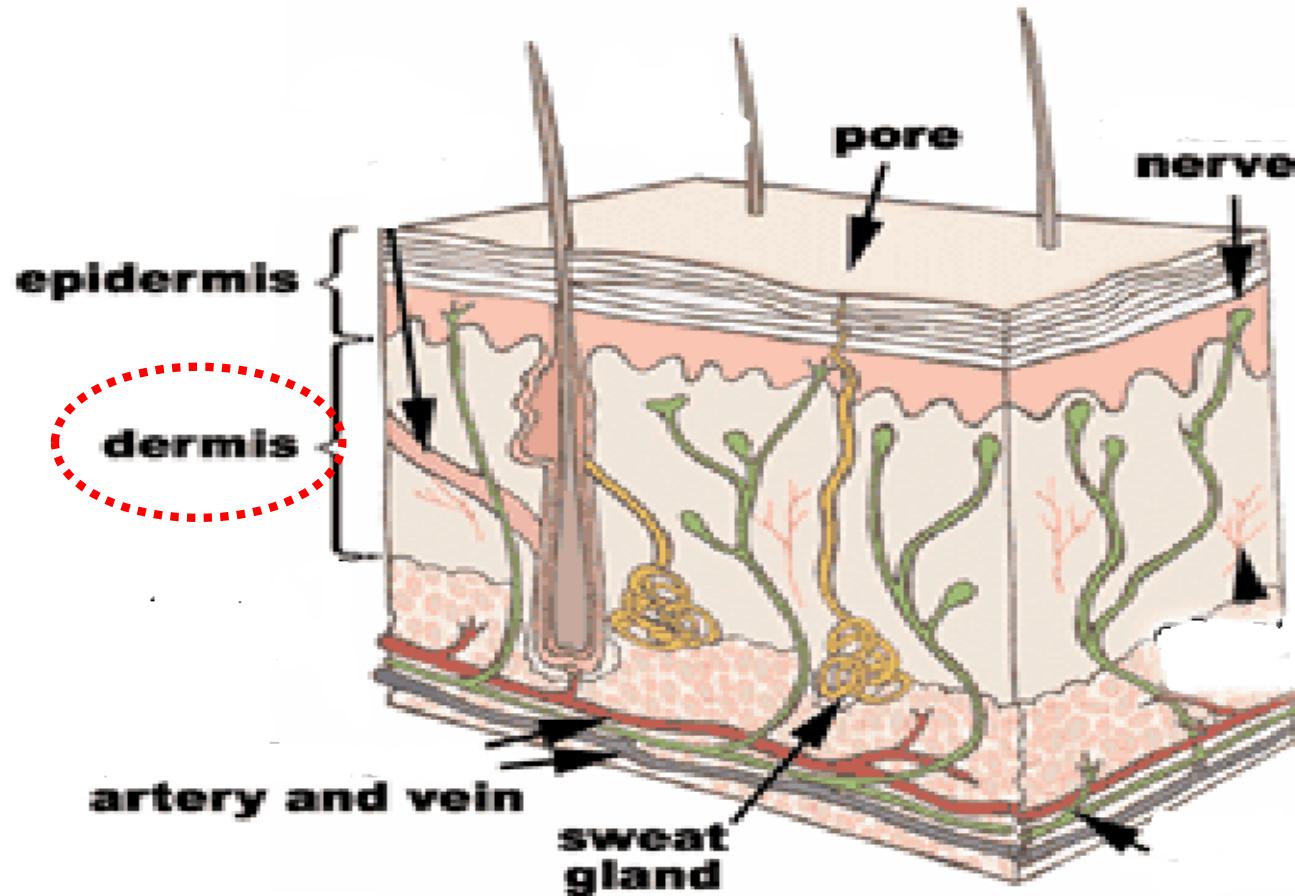
combines with
dislike sensory
nerve endings
to make Merkel's
discs



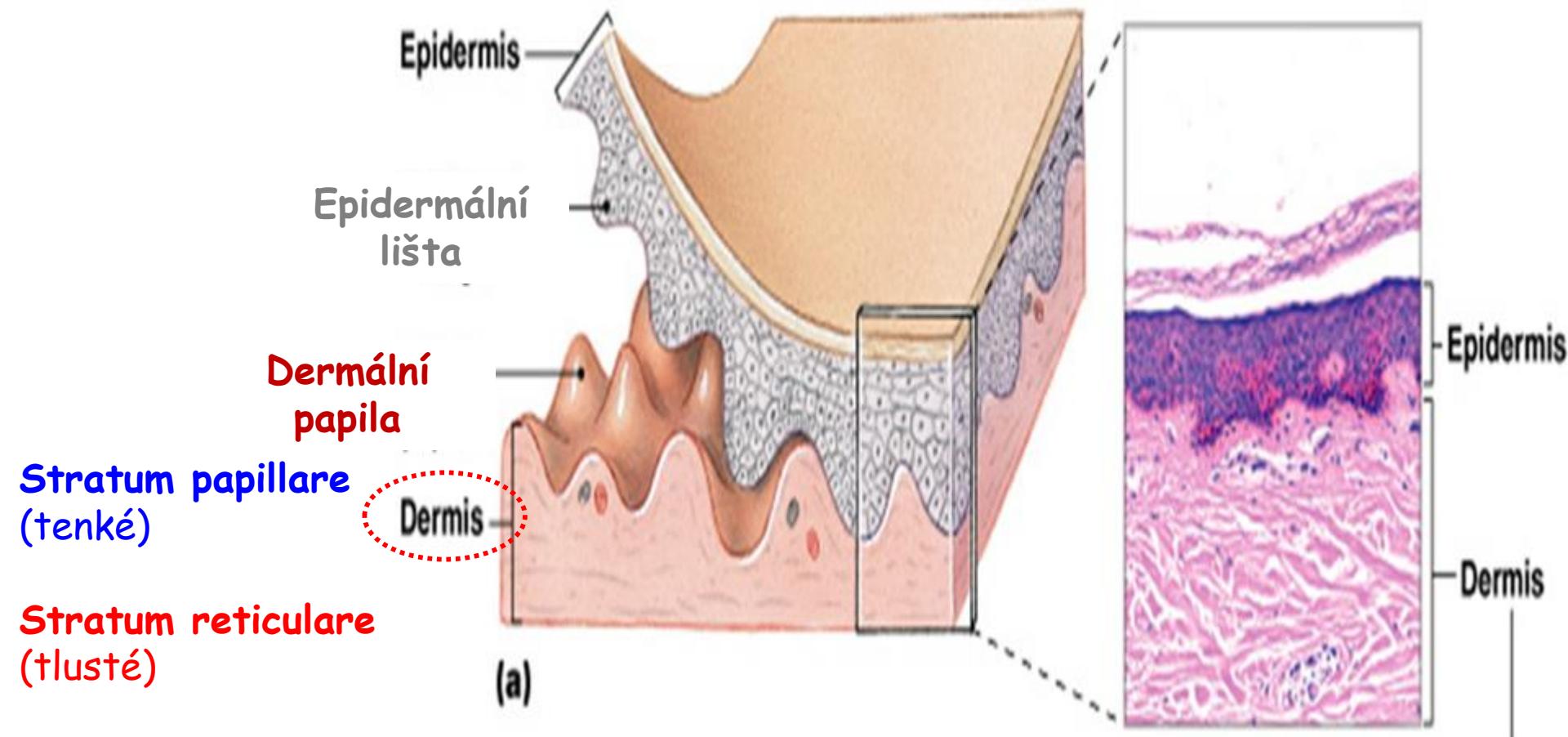
Dermis (škára) 1

Everything below the dermal-epidermal junction / basement membrane

Connective tissue layer with contains blood vessels, nerves, sensory receptors, adnexal structures

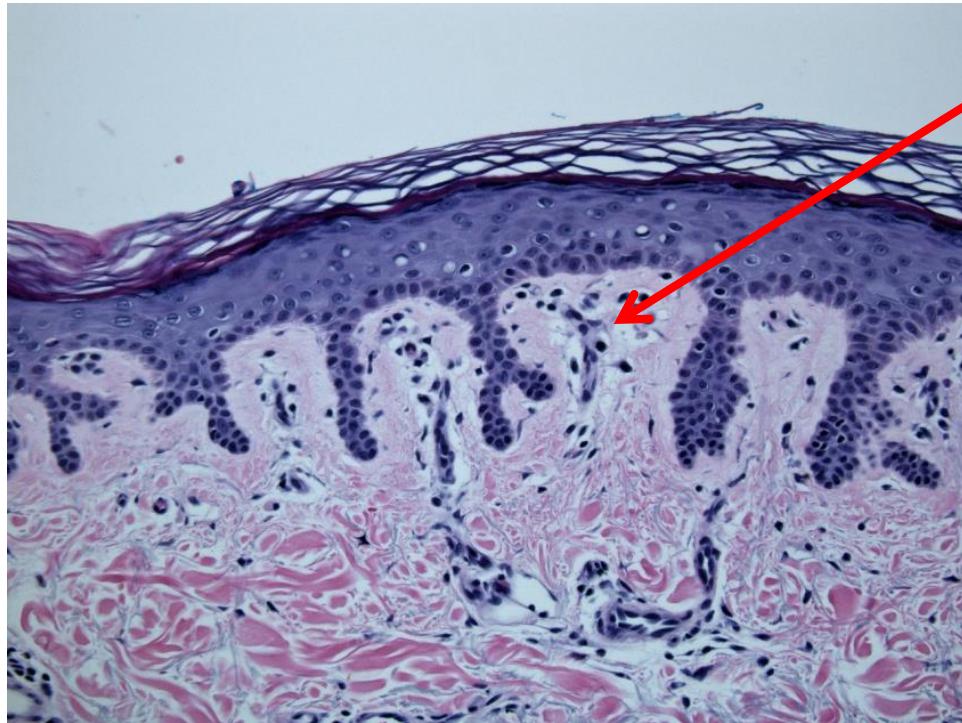


Dermis 2



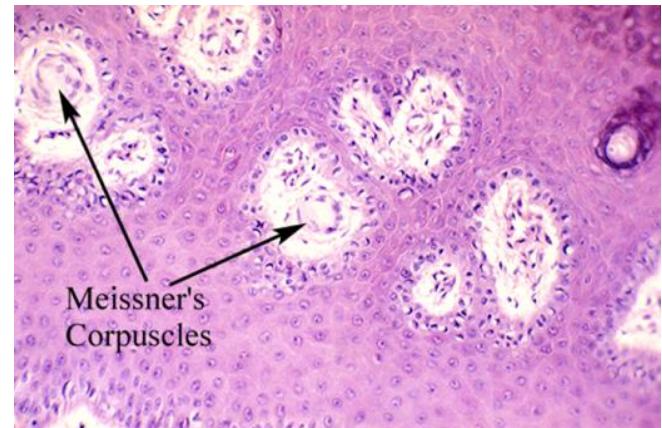
= až 4 mm na dlaních a ploských nohy

Stratum papillare 1



Capillaries

Str. papillare



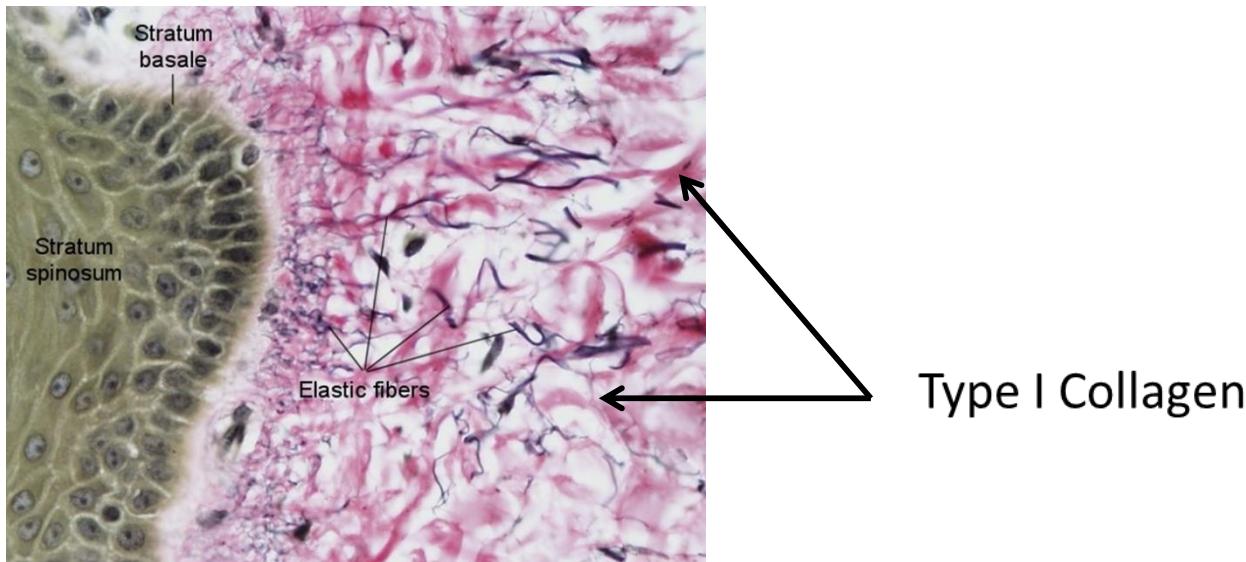
Meissner's
Corpuscles

- **Řídke vazivo & elastická vlákna**
- **dermal papillae** which project into epidermis
- anchors epidermis to dermis
- contains **Meissnerova hmatová tělíska** (tlak)
& **volná nervová zakončení** (bolest & teplota)

Stratum papillare 2

Two major types of fibers:

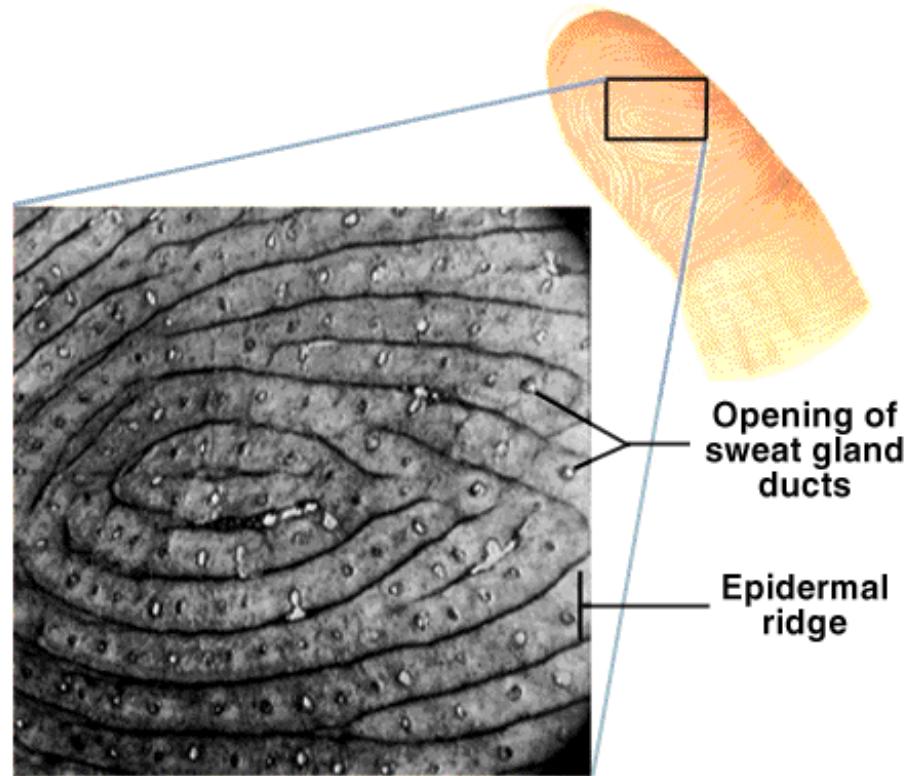
- Type I Collagen
- Elastic fibers: three types based on microfiber and elastin content



Stratum papillare 3

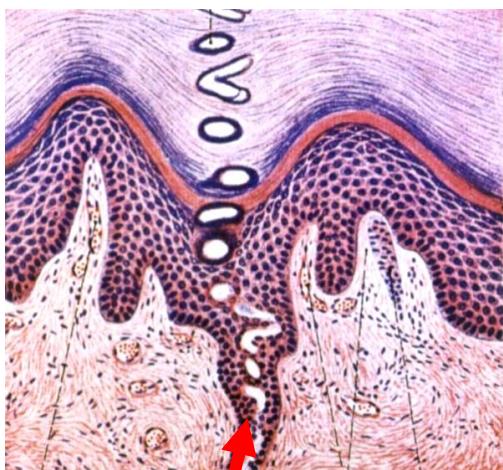
Epidermalní lišty (dlaně + plosky)

- reflect contours of the underlying dermal papillae
- form the basis for fingerprints (and footprints)
- increase firmness of grip by increasing friction
- Daktyloskopie - the study of the pattern of epidermal ridges

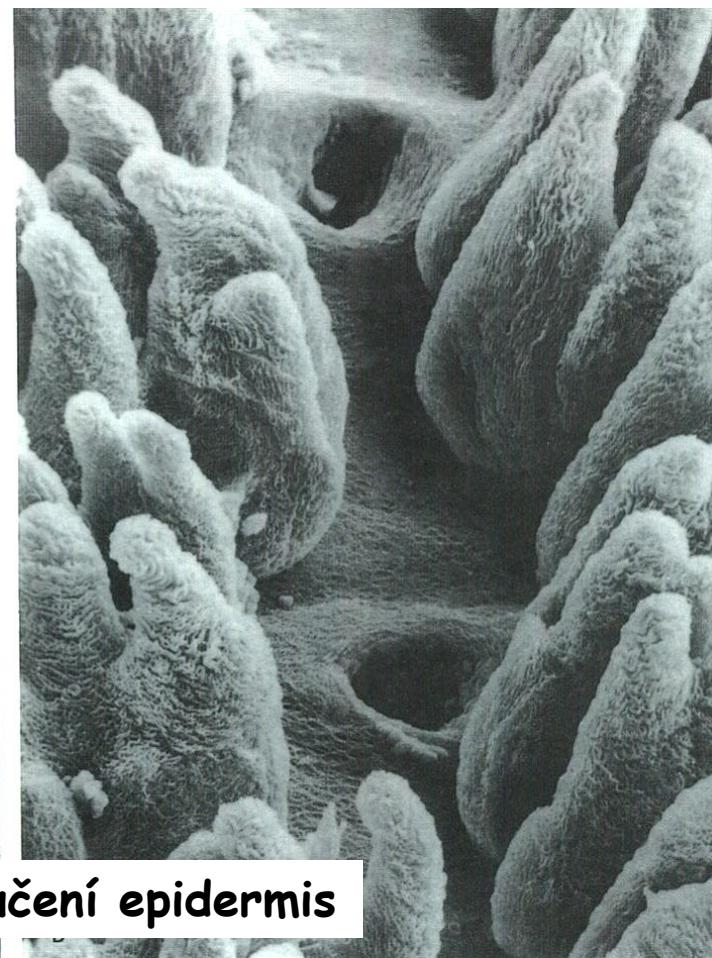
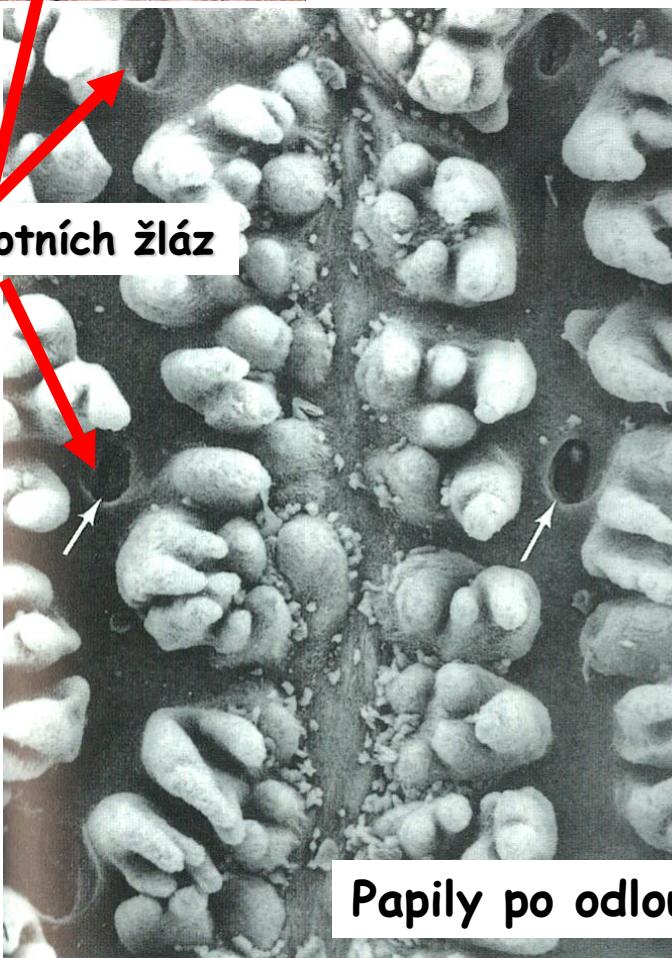


Stratum papillare 4

Dermální papily



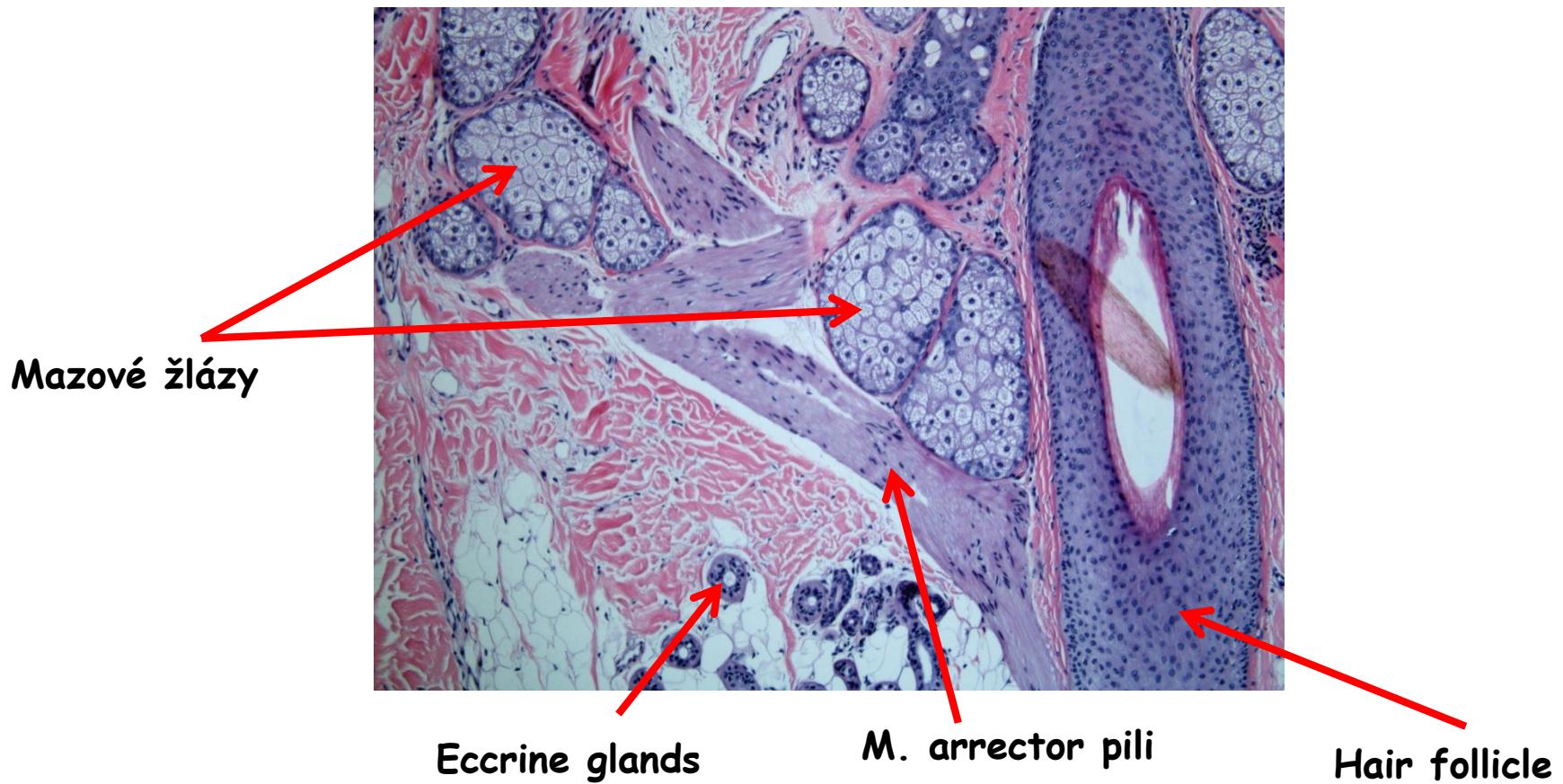
Vyústění potních žláz



Papily po odloučení epidermis

Stratum reticulare + Kožní adnexa

- Husté nepravidelně organizované vazivo
- Mazové žlázy
- Vlasové folikuly
- Ducts of sweat (sudoriferous) glands
- Linie štěpnosti
- **Meissner's corpuscles and Pacinian corpuscles** (on lips, ext. genitalia, nipples)



Kožní žlázy

| | | |
|--------|-------------------------|----------------------------------|
| Potní | Ekkrinní | Tubulózní |
| | Apokrinní (ekkrinní) | Tubulózní až tubuloalveolární |
| Mazové | Holokrinní | Větvené acinózní (alveolární) |

Kožní žlázy - Ekkrinní potní žlázy

(glandulae sudoriferae eccrinae)

- **Sekreční oddíl:**

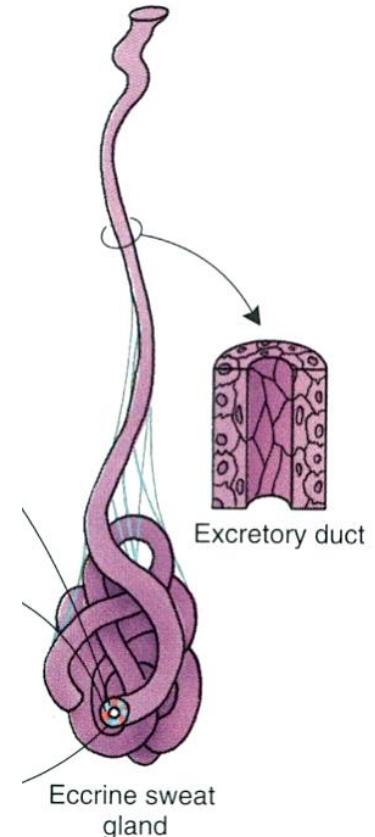
Jednovrstvý cylindrický epitel + myoepitelové buňky

- **Vývodní oddíl:**

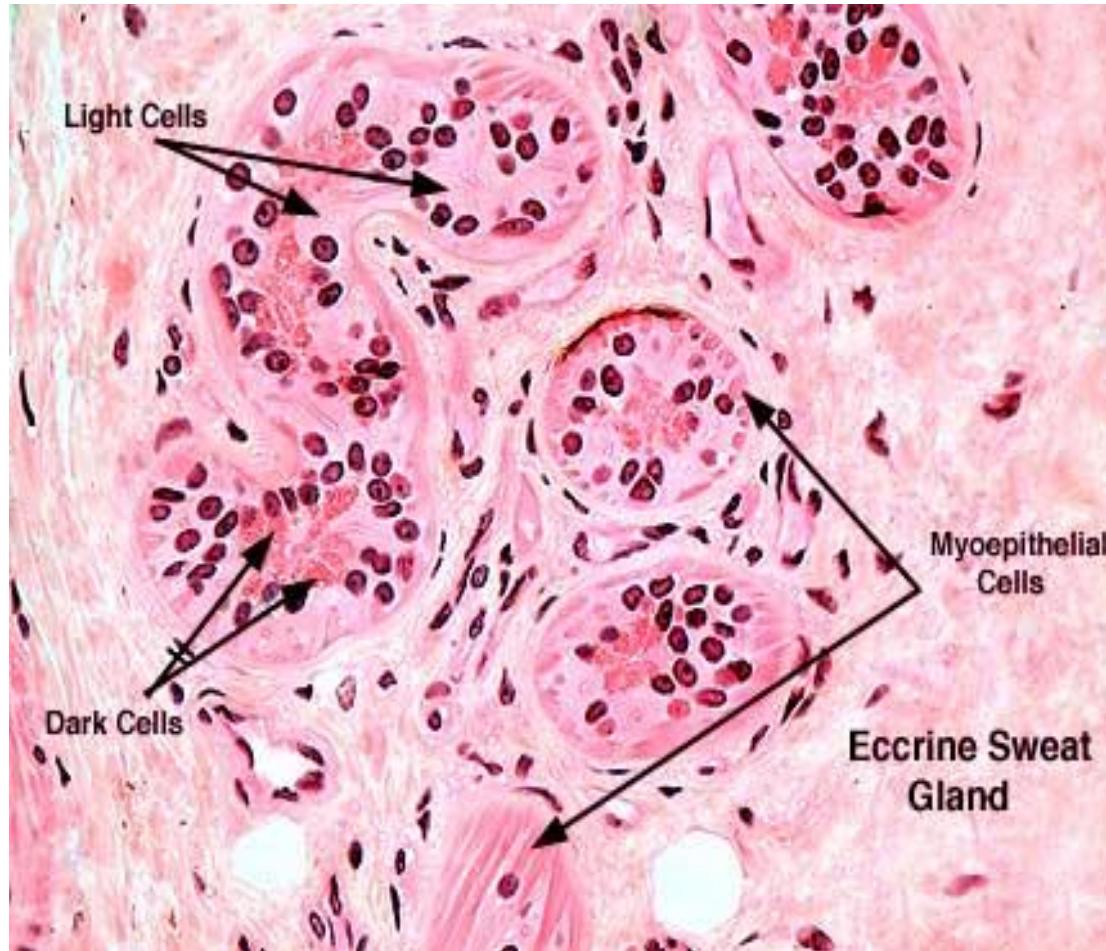
Dvouvrstvý kubický epitel

Release to adjust body temperature

Not on: red lips, glans penis, preputium, labia minora



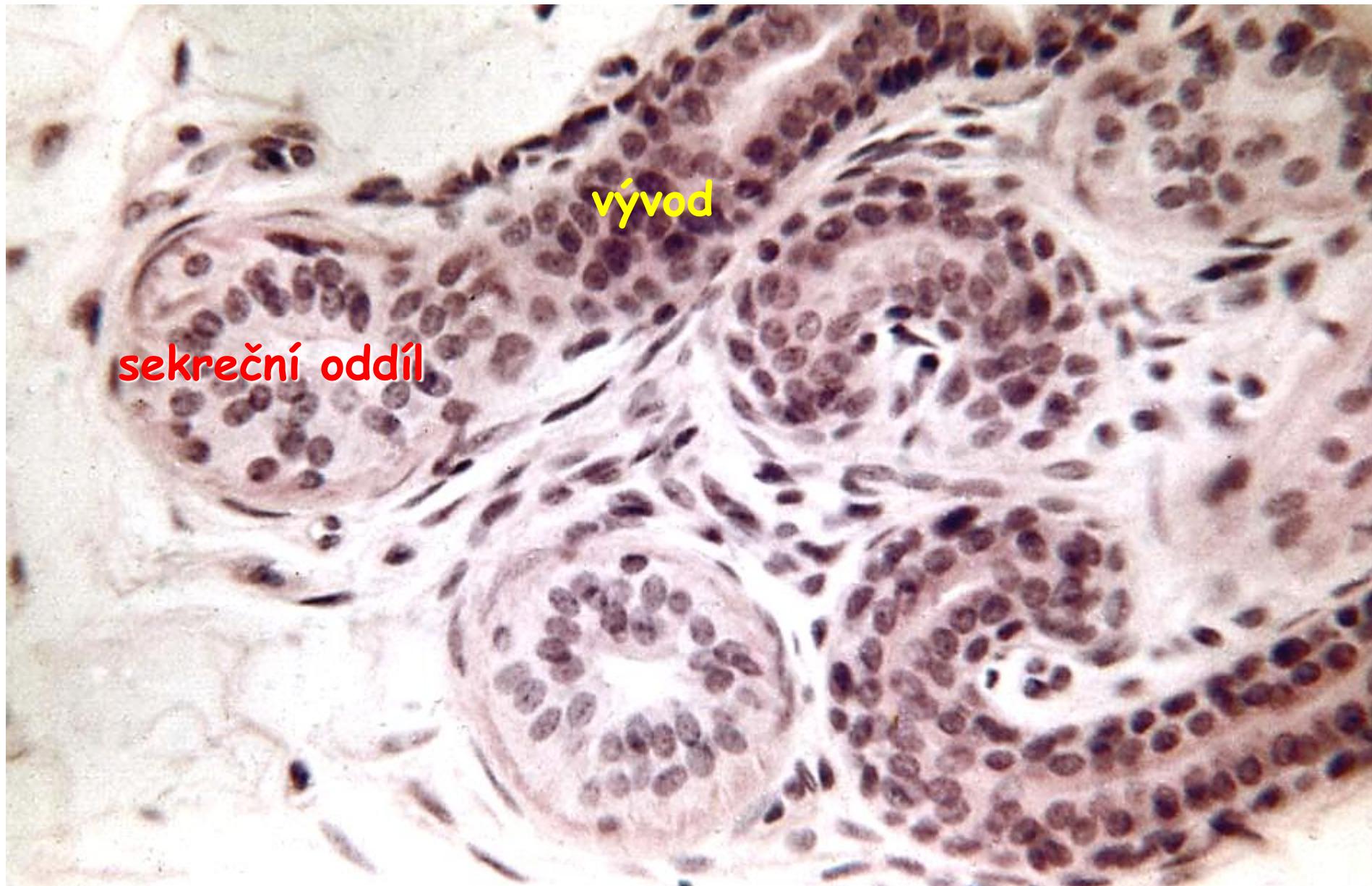
Ekkrinní potní žlázy



Three cell types

- **Dark cells:** pyramid shaped with secretory granules line lumen of tubule
- **Clear cells:** located toward basement membrane - **secrete water and ions**
- **Myoepithelial cells:** spindle shaped contractile cells

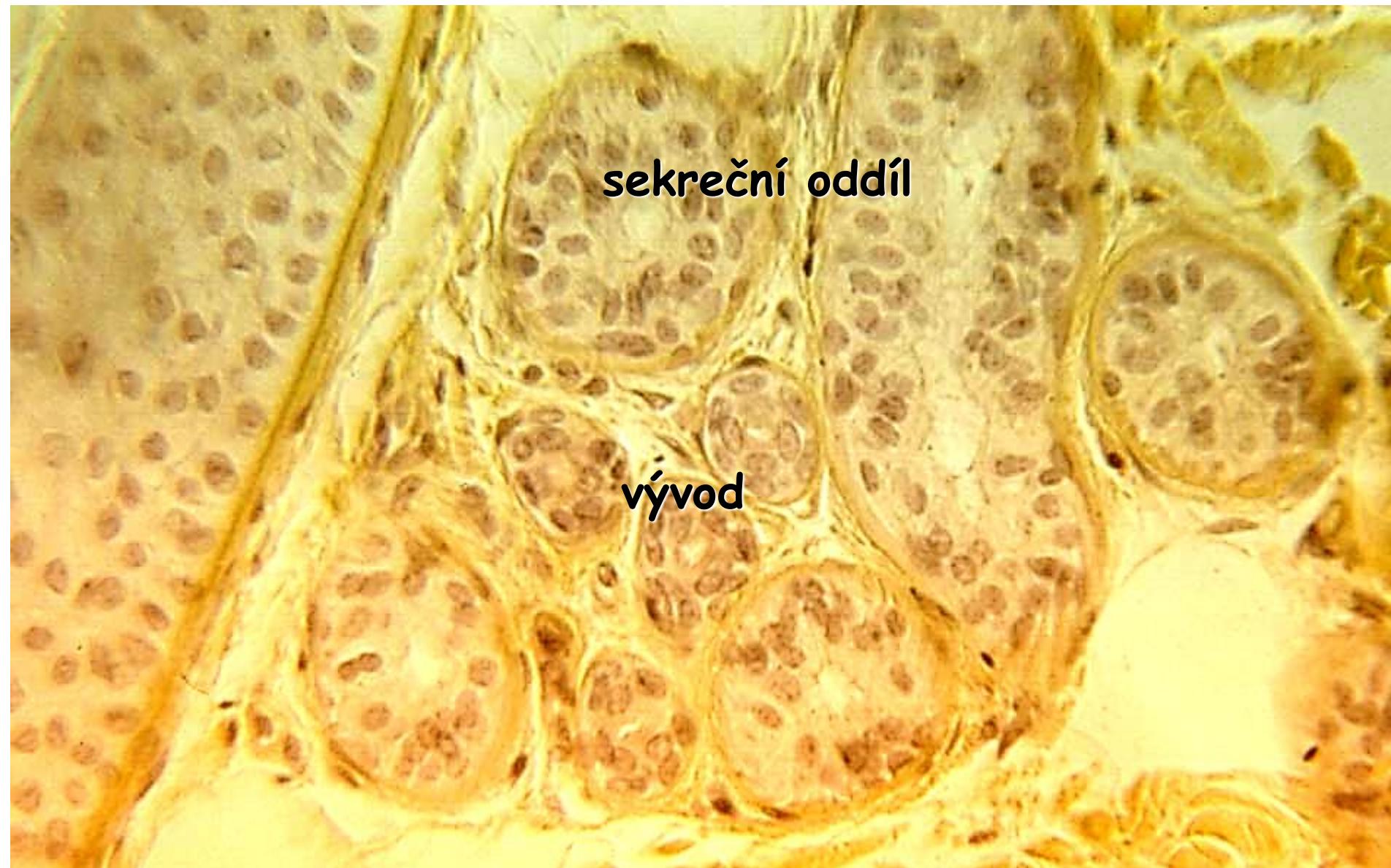
Ekkrinní potní žlázy



Ekkrinní potní žlázy

sekreční oddíl

vývod



Kožní žlázy - Apokrinní potní žlázy

(glandulae sudoriferae apocrinae)

- Sekreční oddíl:**

Jednovrstvý dlaždicový až cylindrický epitel
(v závislosti na obsahu produktu) + myoepitelové buňky

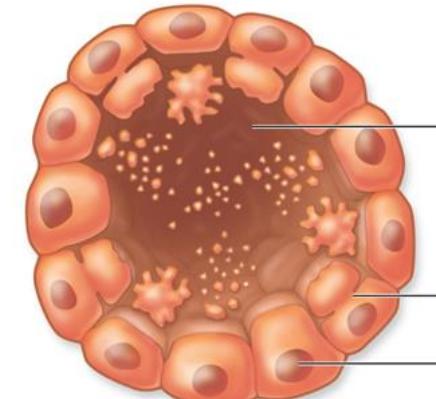
- Vývodní oddíl:**

Dvouvrstvý kubický epitel

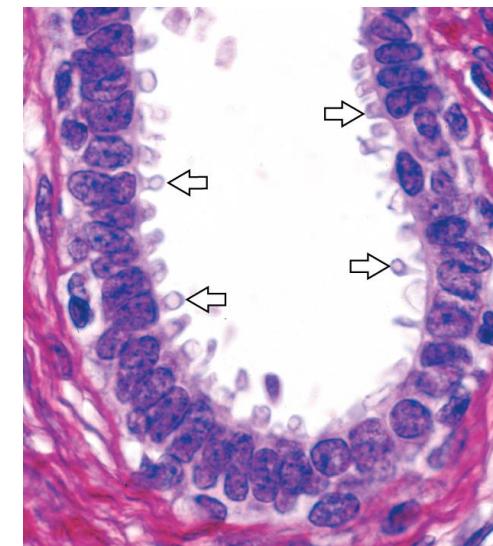
Vždy asociovány s vlasovým folikulem !!!

Řízeny hormonálně (aromatické žlázy)

Pouze na: podpaždí, dvorec prsu, scrotum,
labia maiora, perianální oblast, zevní
zvukovod, eye lid (Mollovy žlázy)



c Apocrine gland

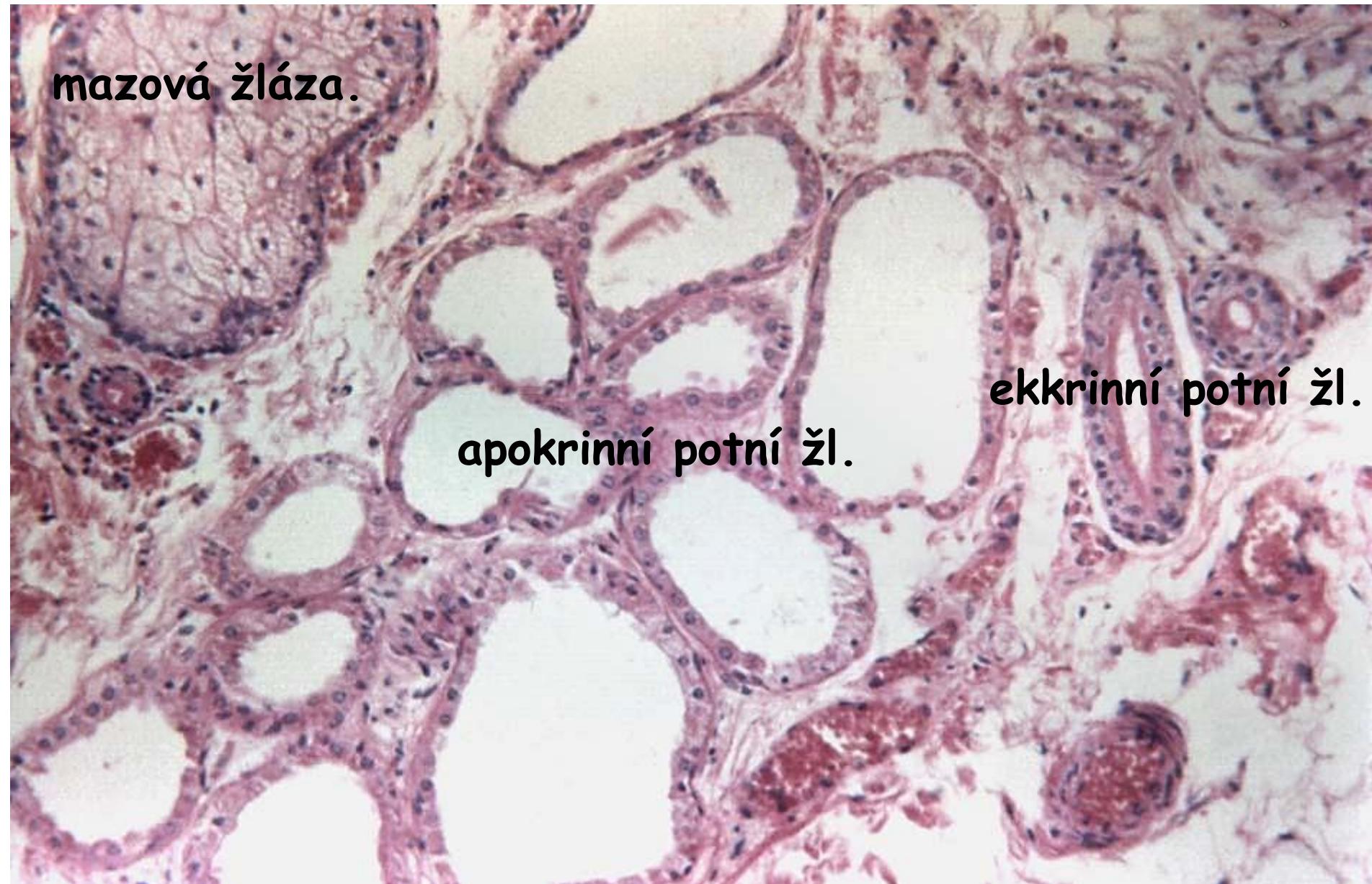


Apokrinní potní žlázy

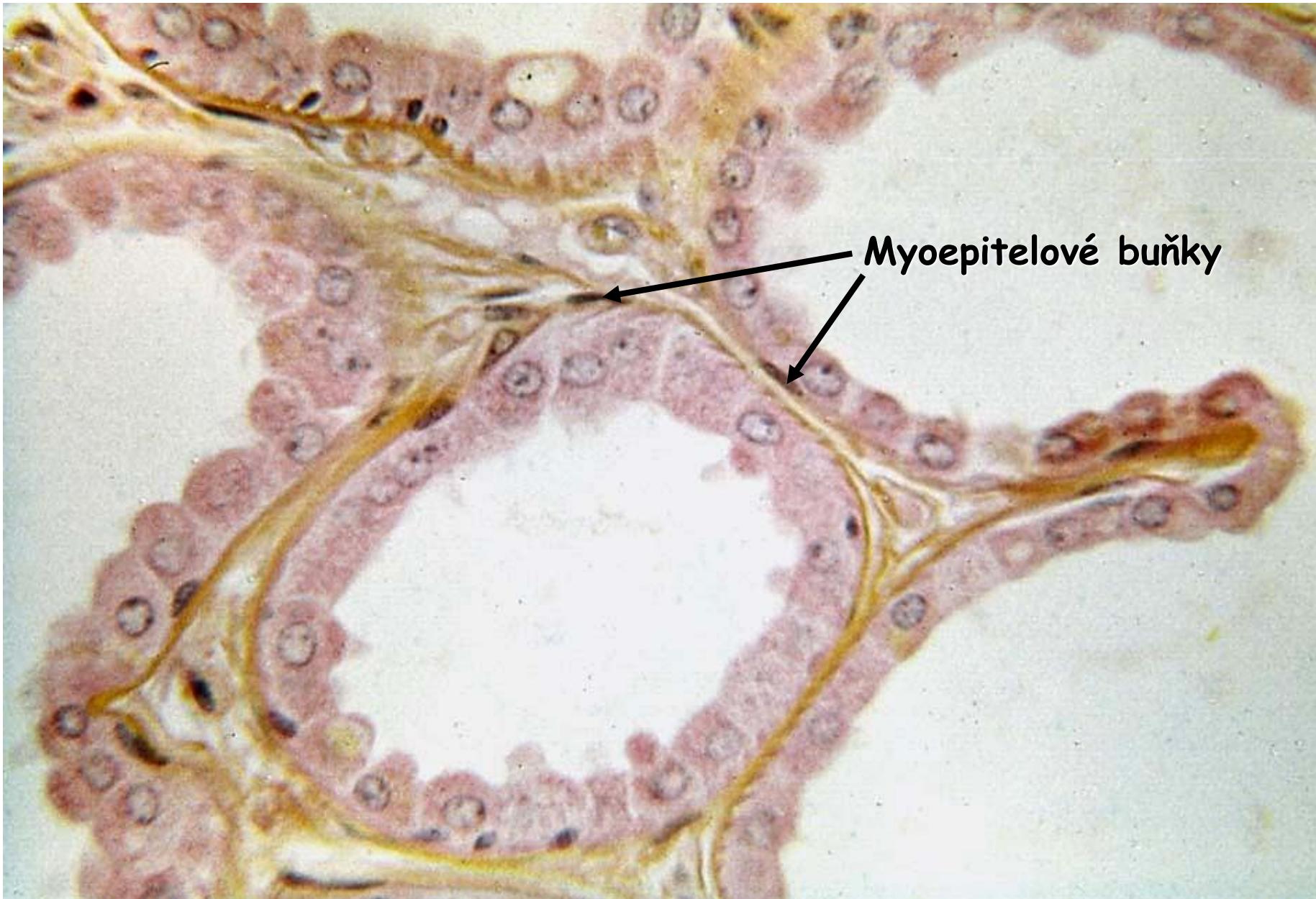
mazová žláza.

apokrinní potní žl.

ekkrinní potní žl.



Apokrinní potní žlázy



Kožní žlázy - Mazové žlázy

(glandulae sebaceae)

Jendoduché větvené acinární žlázy
Několik acinů ústí do jednoho vývodu.

- **Sekreční oddíl:**

Vícevrstvý epitel, postupně degeneruje

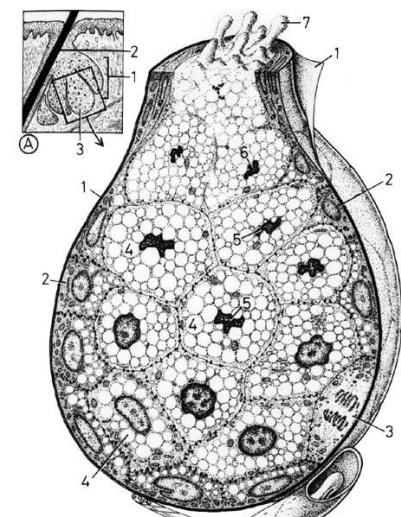
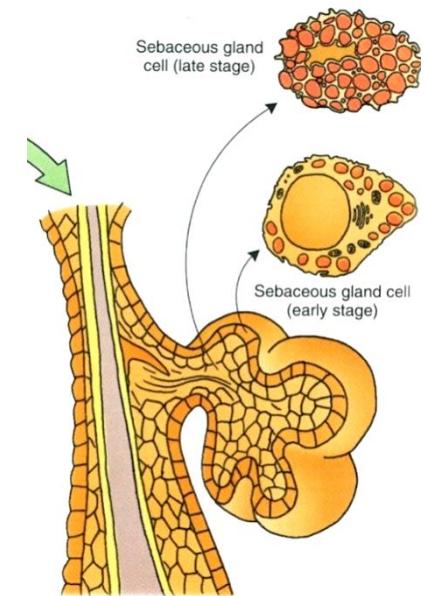
- **Vývodní oddíl:**

Vícevrstvý dlaždicový epitel

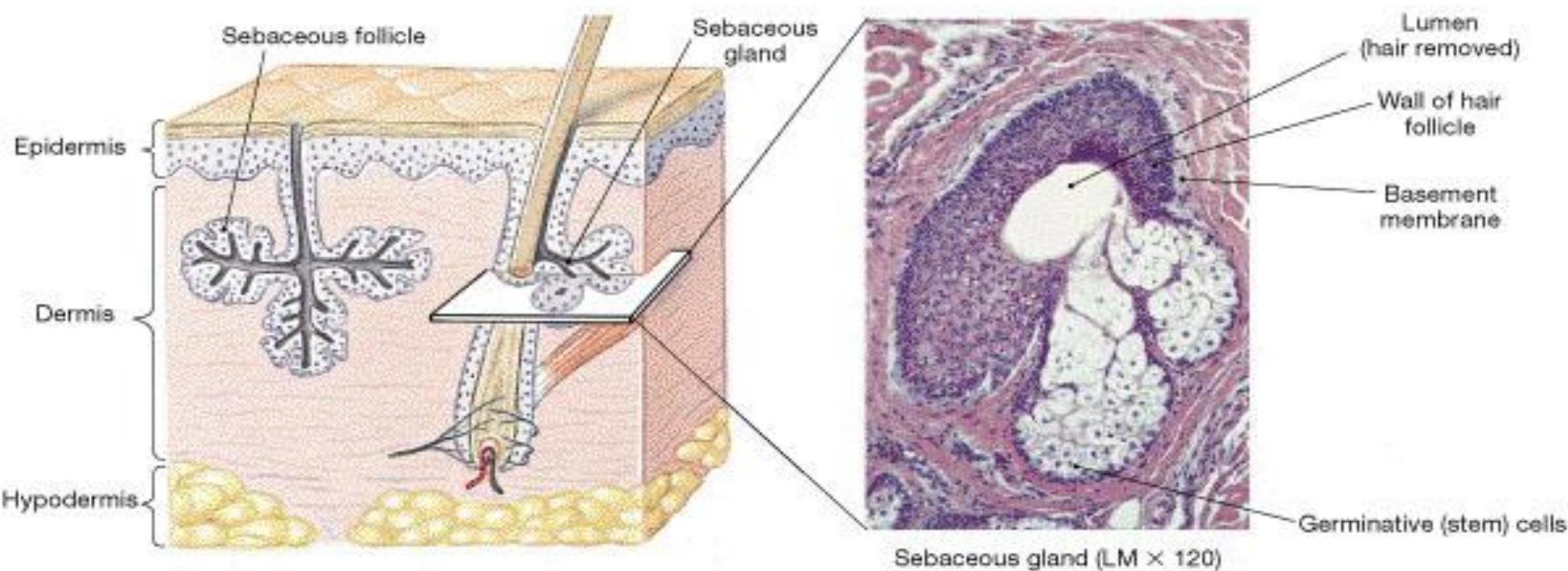
Obvykle asociovány s vlasovým folikulem

Volně: červeň rtů, glans penis, preputium, labia minora, oční víčko (*Meibomovy žlázy*)

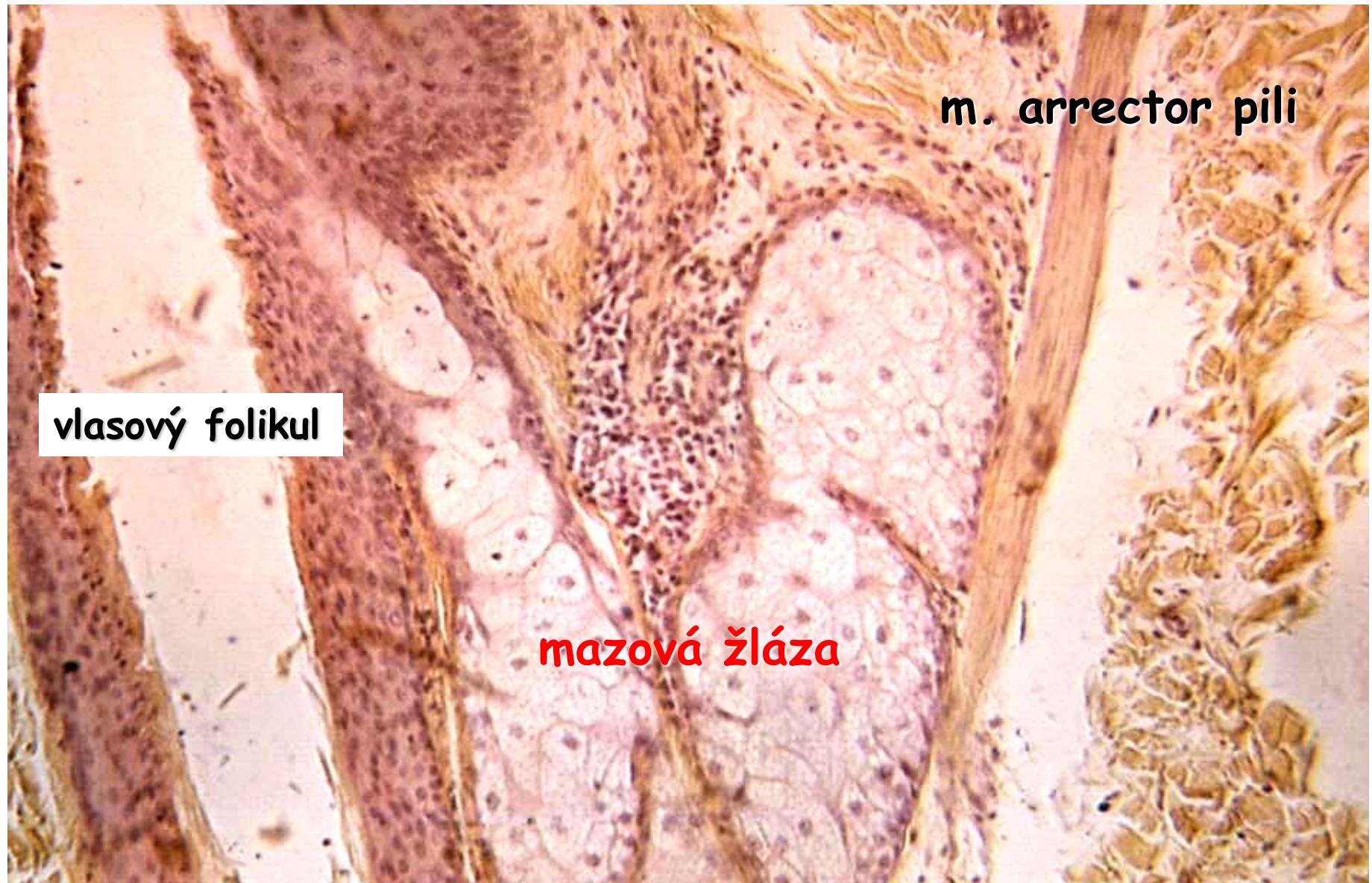
Nejsou na: dlaních a ploských nohy



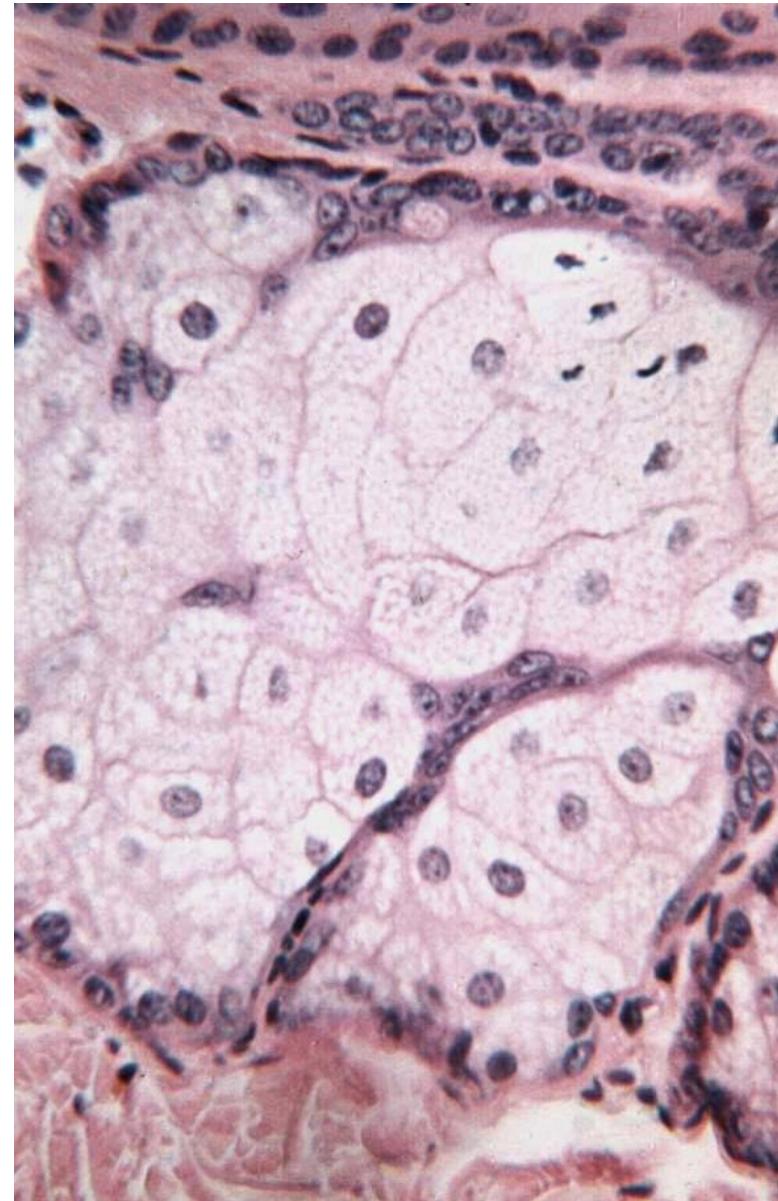
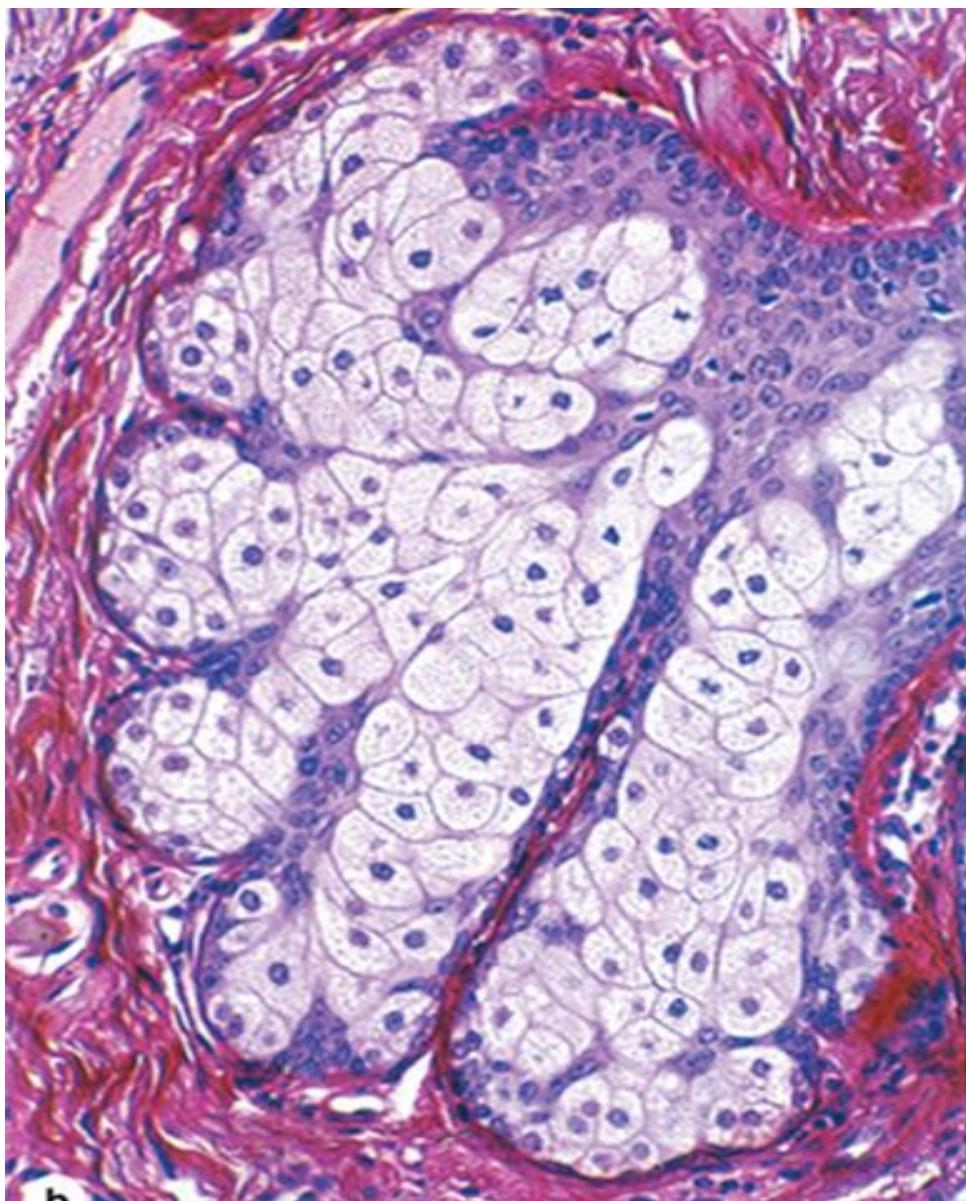
Mazové žlázy



Mazové žlázy



Mazové žlázy



Mléčná žláza

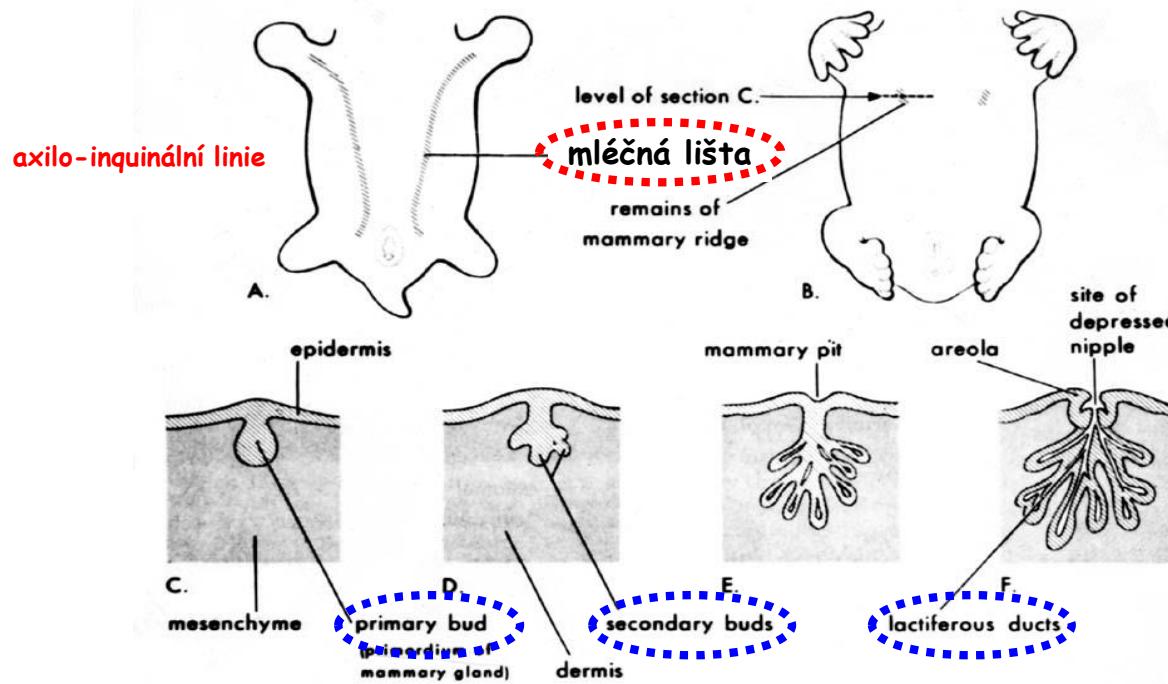
Modifikovaná a specializované tuboalveolární potní žláza.

Parenchym

- Vývody
- Ektoderm povrchu těla
(od šestého týdne)

Stroma

- Pojivová tkáň
- Mezenchymový původ



Nadpočetné mléčné žlázy a bradavky

- An extra breast (**polymastia**) or nipple (**polythelia**) occurs in approximately 1% of the female population - inheritable.
- **Supernumerary nipples** are also relatively common in males.
- Less commonly, **supernumerary breasts or nipples** appear in the axillary or abdominal regions of females developing from extra mammary buds that develop along the mammary crests. They become more obvious in women when pregnancy occurs.



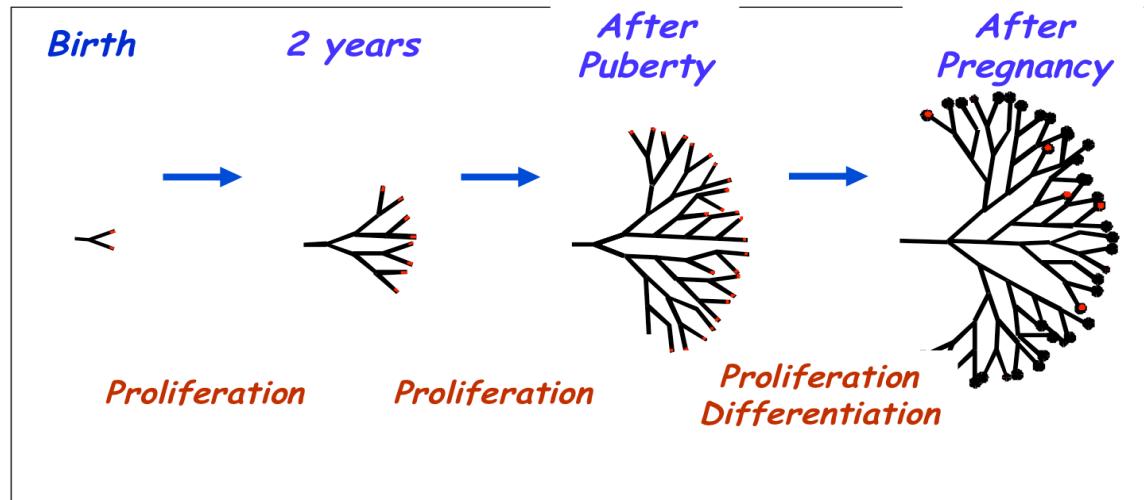
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Vývoj duktálního stromu mléčné žlázy

Odehrává se hlavně až po narození

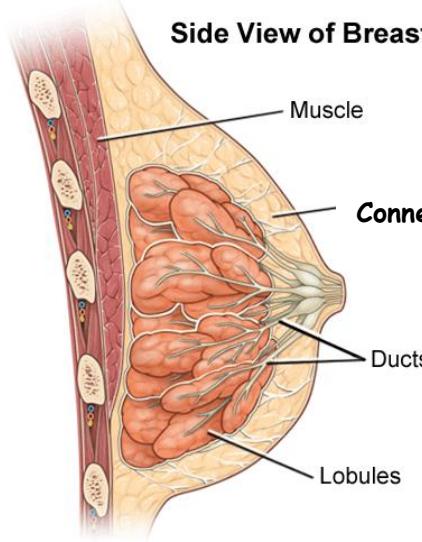


At **puberty** changes in the hormonal secretions in females cause further development and structural changes within the glands.

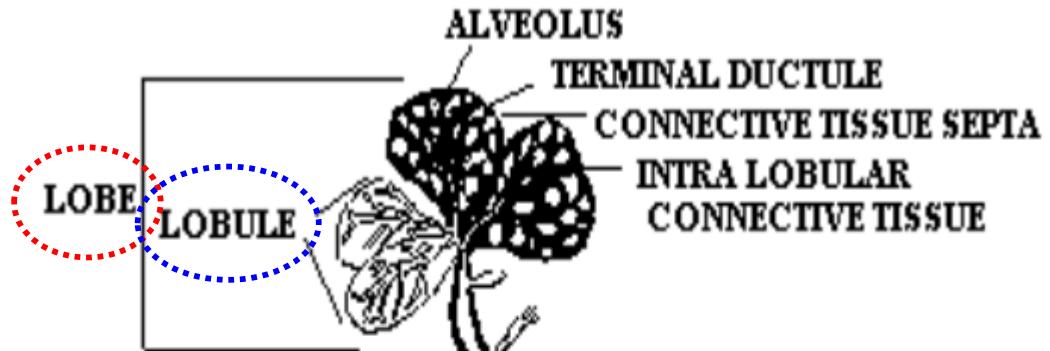
Secretions of **estrogen and progesterone** from the ovaries (and later from the placenta) and **prolactin** from the acidophils of the anterior pituitary gland initiate development of **lobules and terminal ductules**.

Full development of the ductal portion of the breast requires **glucocorticoids** and further activation by **somatotropin**.

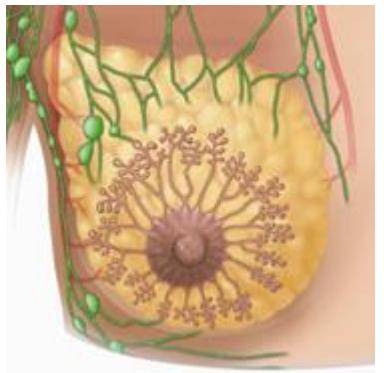
Mléčná žláza - Anatomická organizace



- Lalok = 1 žláza**
- total of 15 to 20 lobes
 - 1 lalok - 1 hlavní vývod (ductus lactiferi - mlékovody)



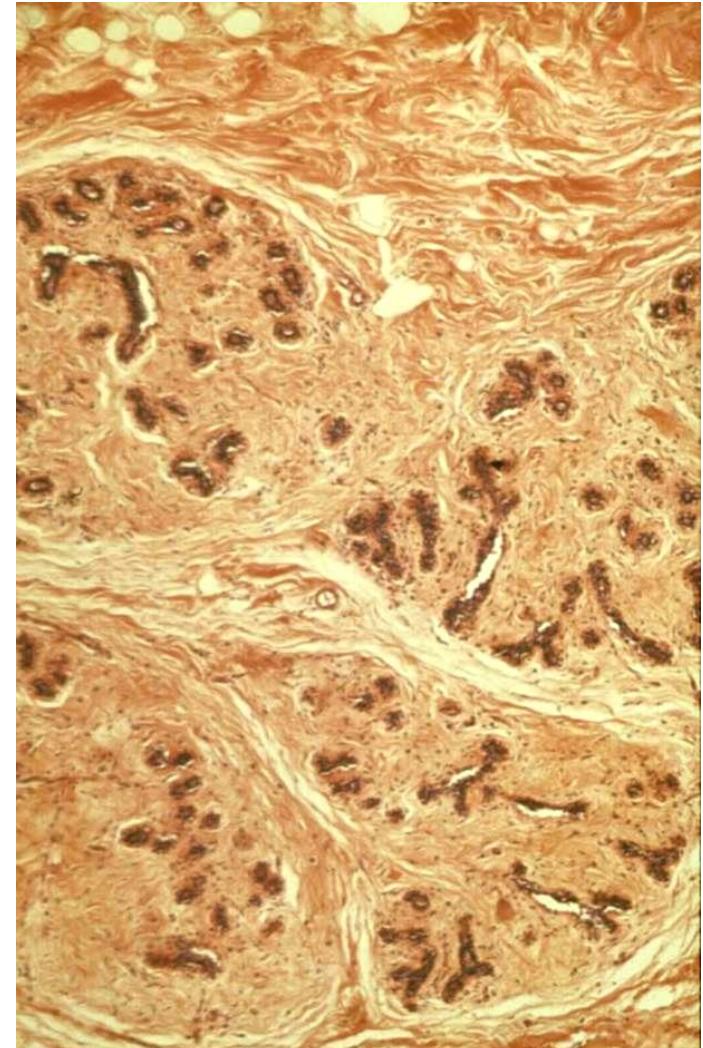
Radial organization



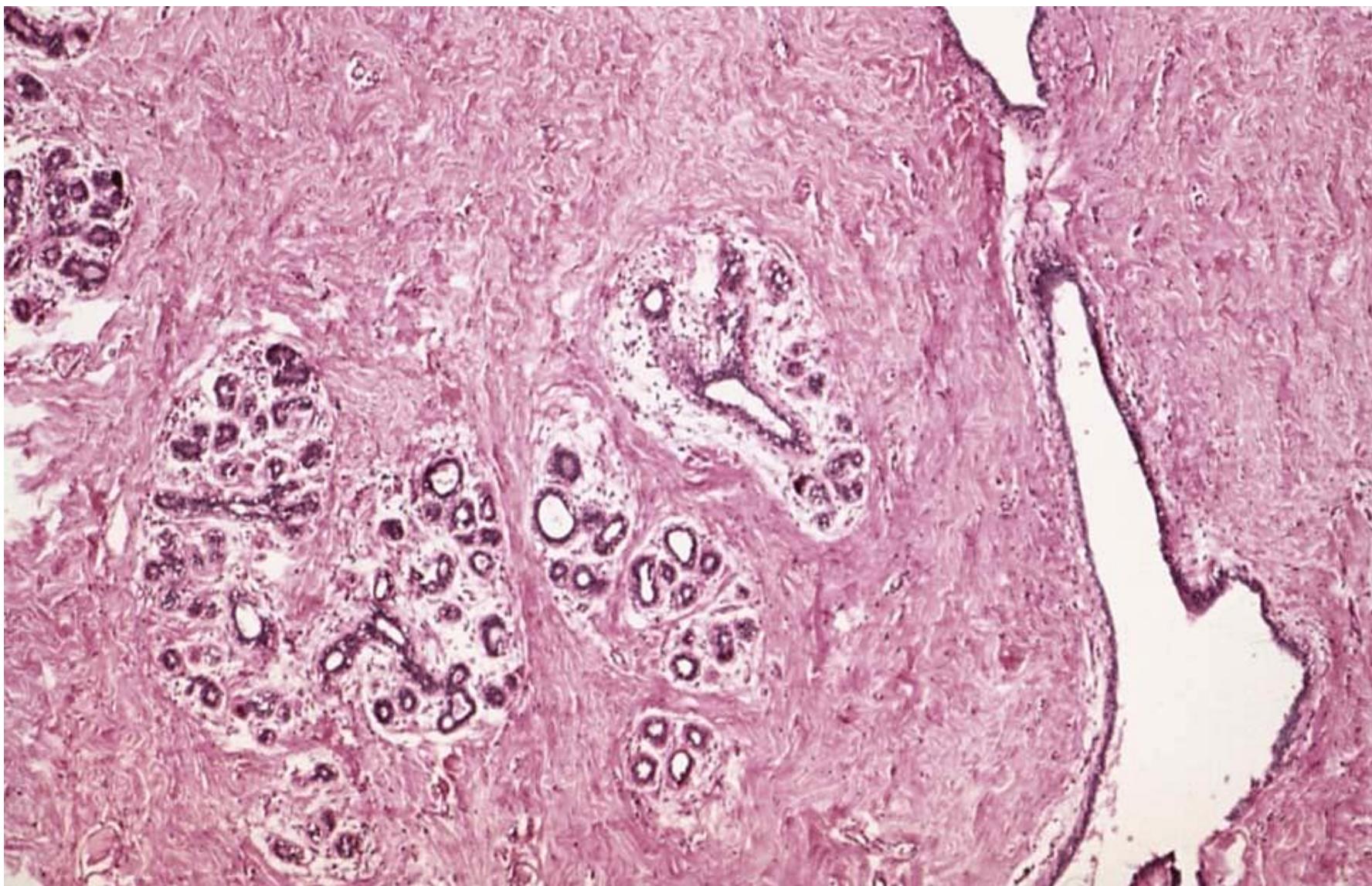
Lalůček
+ 1 terminální kanálek
=
Terminální duktolobulární jednotka

Mléčná žláza - Po pubertě - Nelaktující 1

- majority = connective tissue
- the same basic architecture as the lactating (active) mammary gland
- **Sekreční oddíly** - alveoli are not developed, only small groups of cells at the endings of ductuli
- **Vývody** - branched + partly luminized

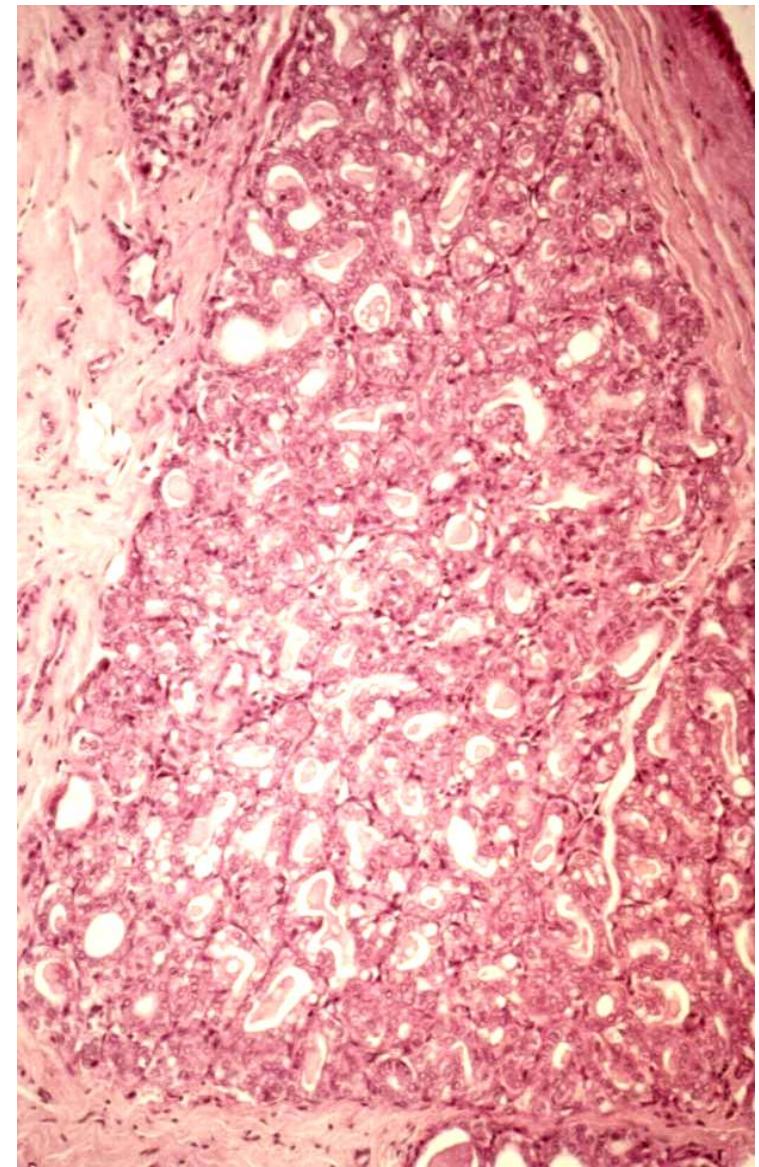
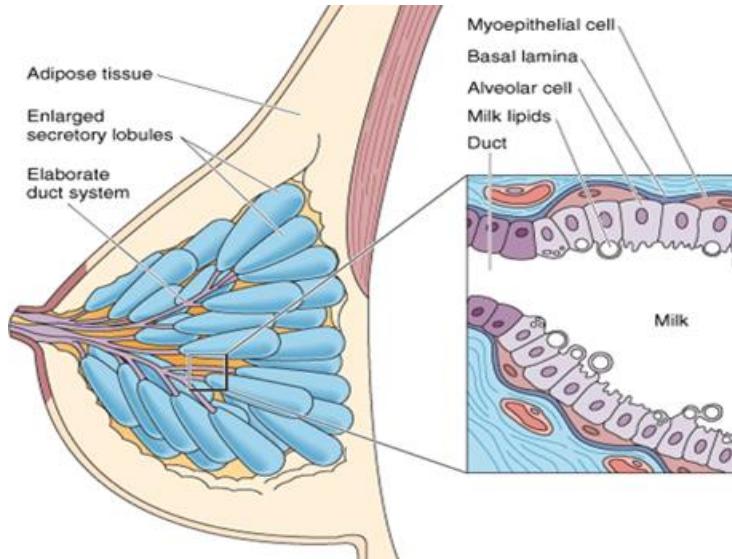


Mléčná žláza - Po pubertě - Nelaktující 2



Mléčná žláza - Laktující 1

- majority = glands
- **Vývodní oddíly:** proliferate, branch, luminize (estrogens)
- **Sekreční alveoly:** proliferation, luminization (progesterone, prolactin)
- connective tissue - only thin septa



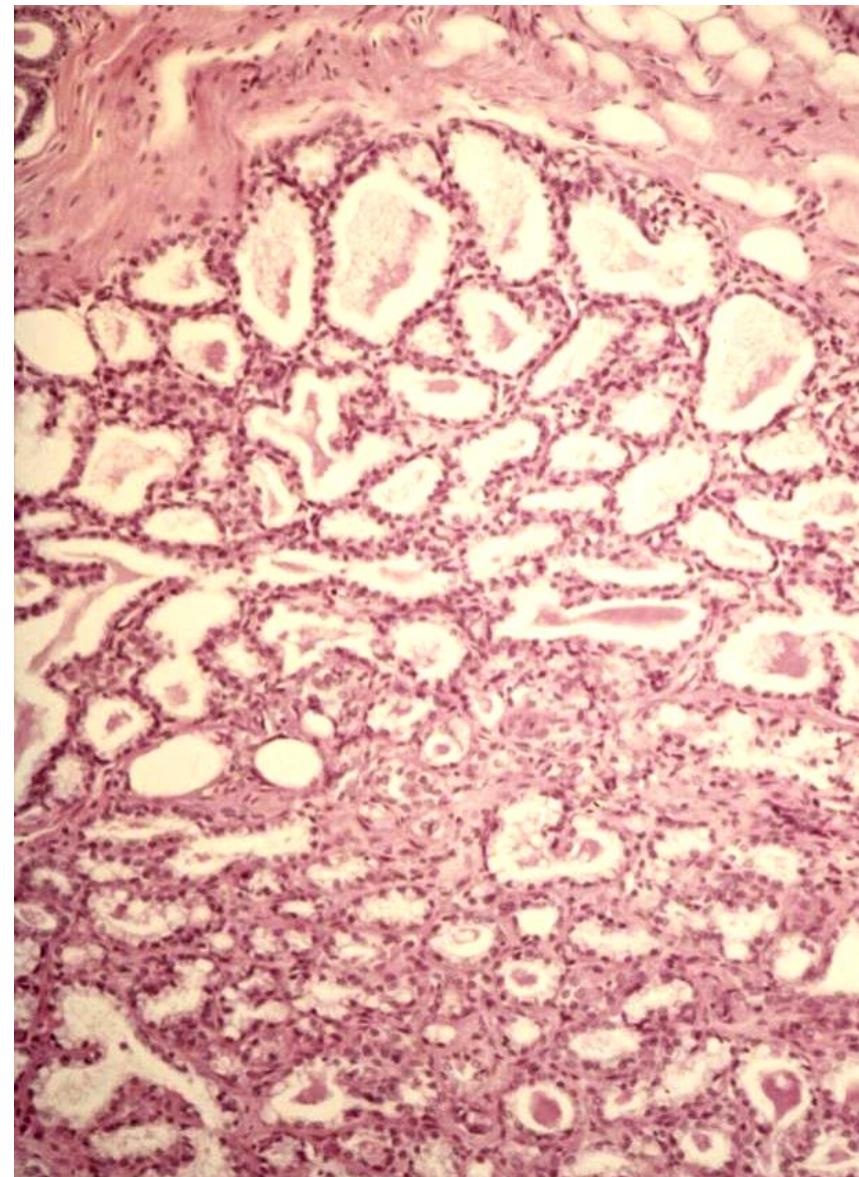
Mléčná žláza - Laktující 2

- **Sekreční oddíly:** filled by secretion (lipid droplets = apocrine, proteins = eccrine - exocytosis)
- **Vývodní oddíly:**

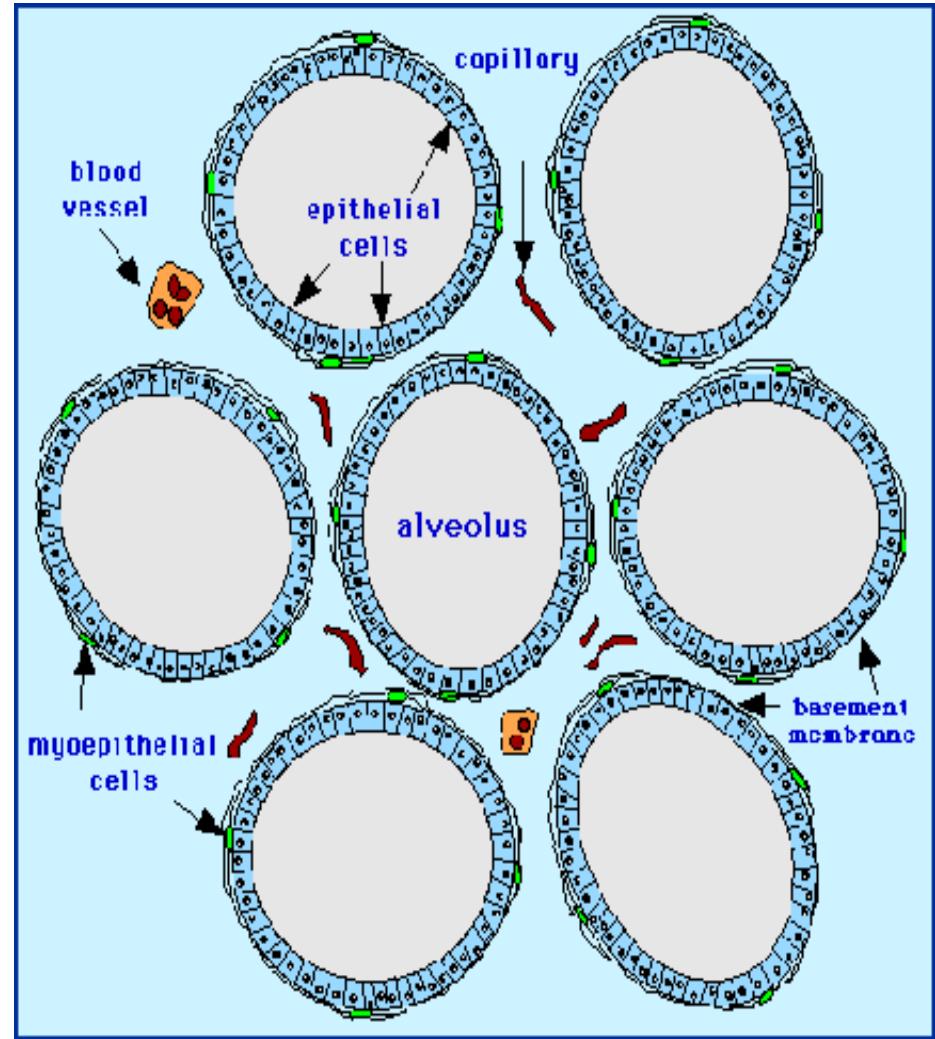
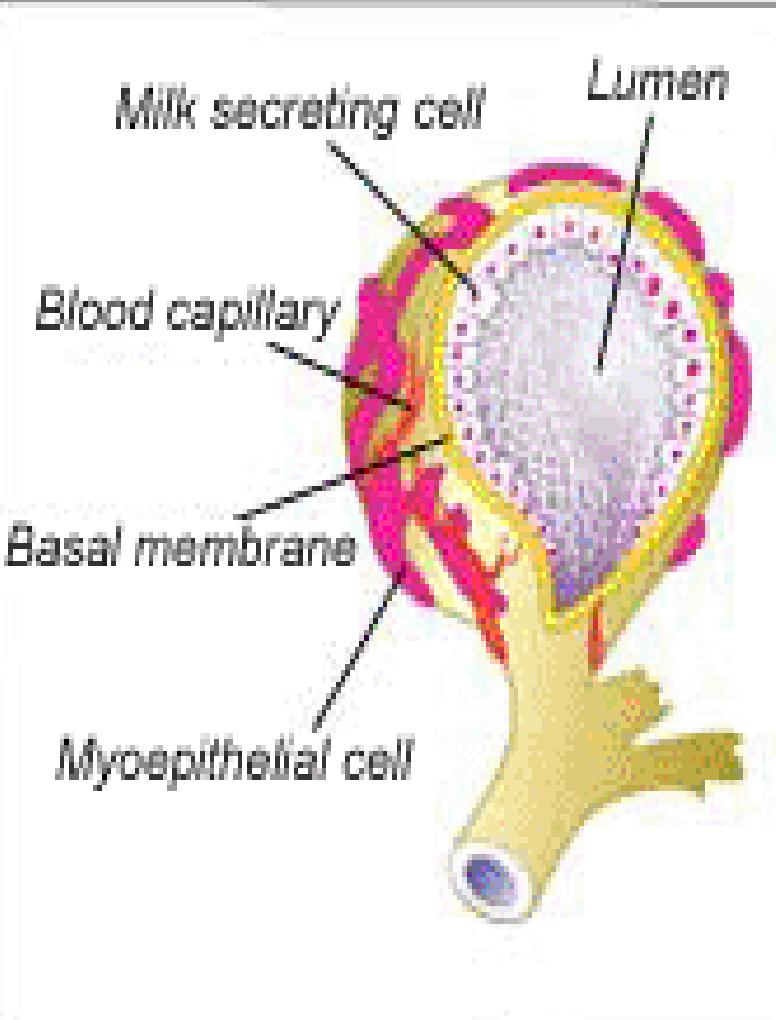
Kanálky v bradavce: vrstevnatý dlaždicový keratinizující ep.

Sinus lactifer a ductus lactiferi: jednovrstvý/vrstevnatý kubický/cylindrický epitel

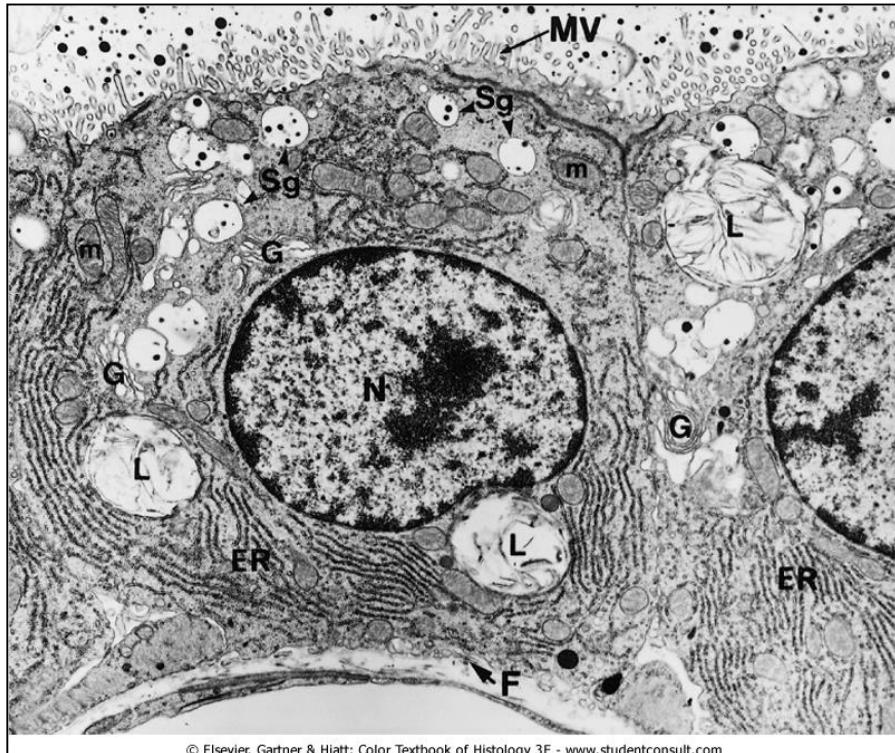
Terminální kanálky: jednovrstvý kubický ep.
+ myoepitelové buňky



Mléčná žláza - Laktující 3



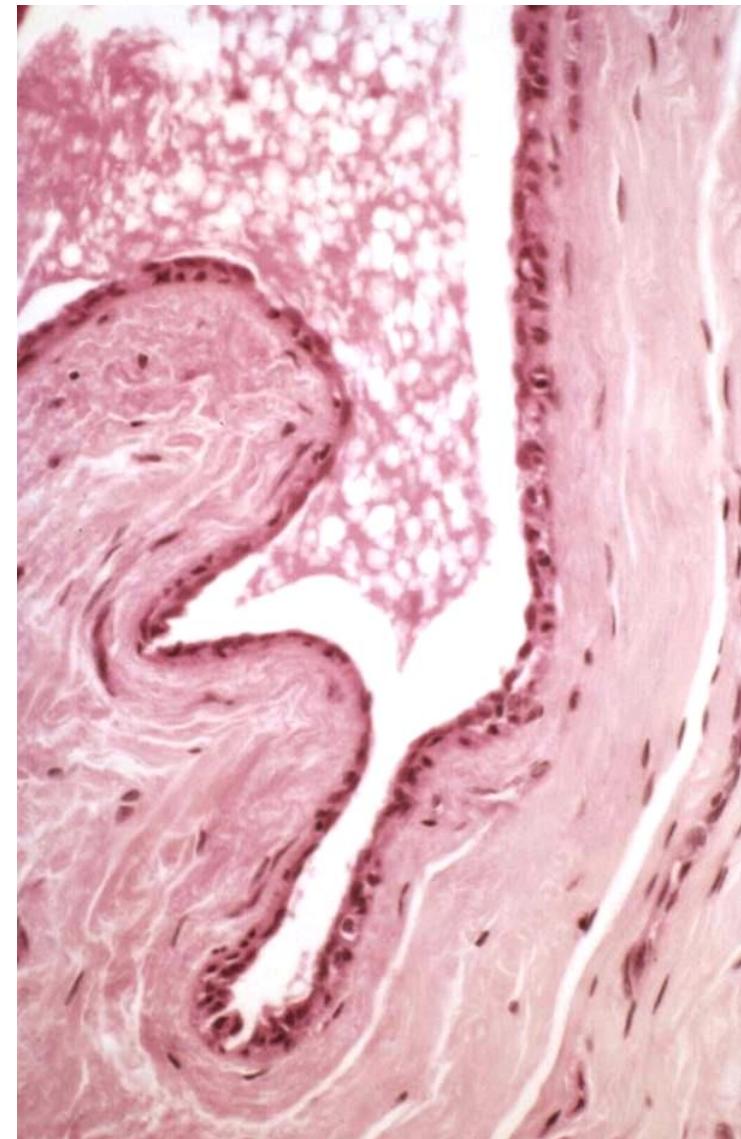
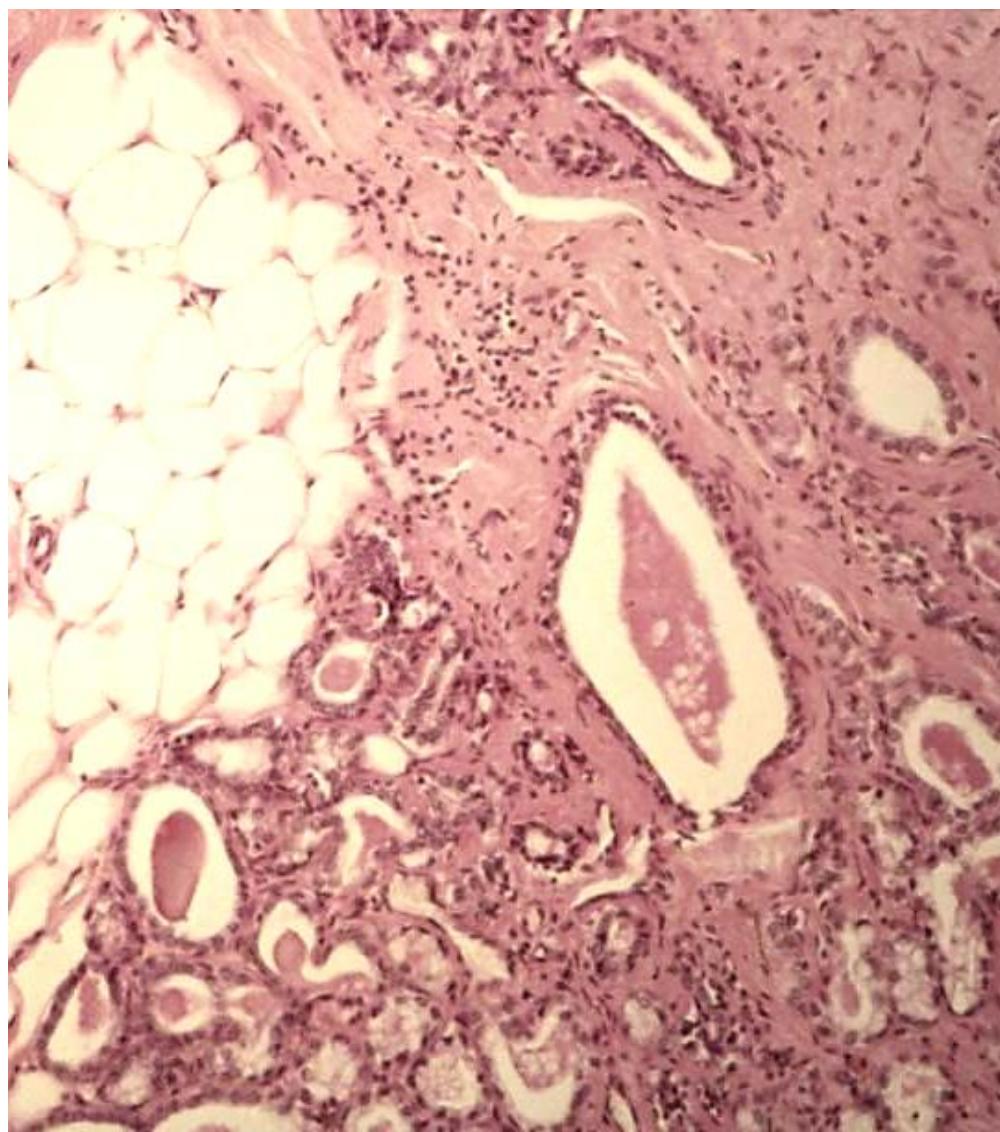
Mléčná žláza - Laktující 4



Electron micrograph of an acinar cell

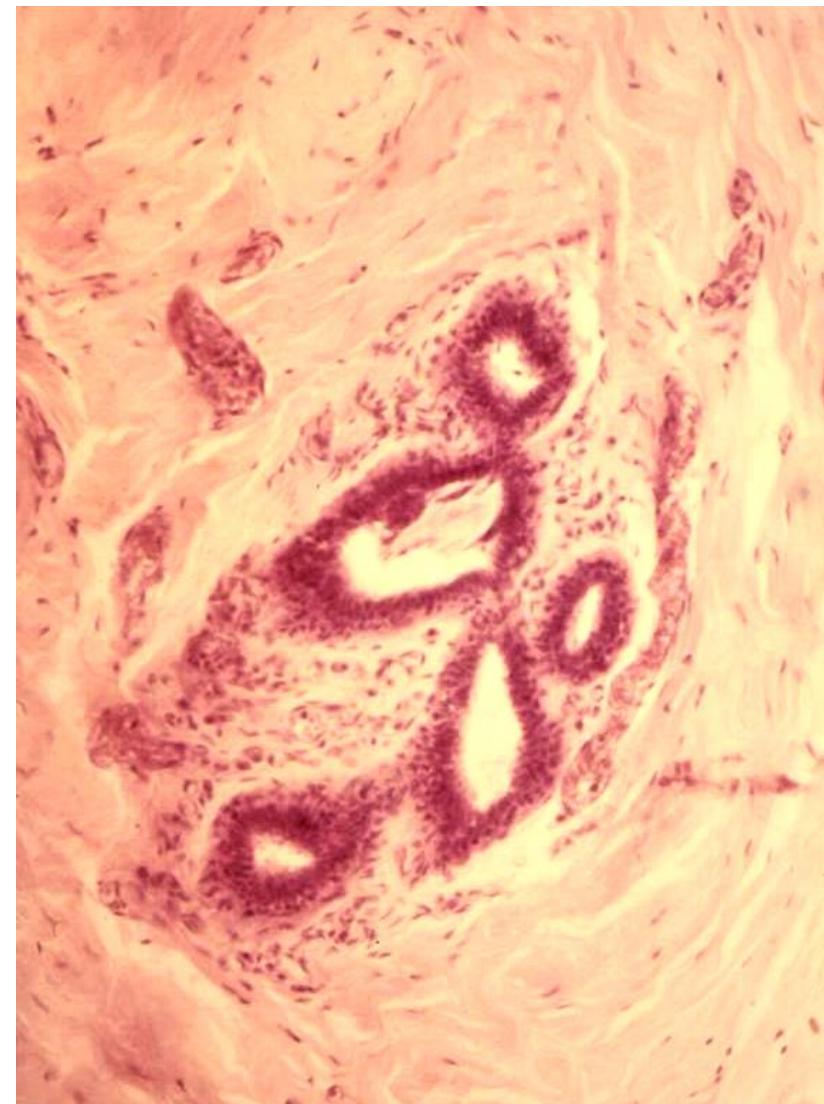
- The **alveoli** are composed of **cuboidal cells** partially surrounded by a meshwork of **myoepithelial cells**.
- These secretory cells possess **abundant RER** and **mitochondria**, several **Golgi complexes**, many **lipid droplets** (apocrine secretion), and numerous vesicles containing **caseins** (milk proteins) and **lactose** (exocytosis).
- Not all regions of the alveolus are in the same stage of production, because different acini display varying degrees of preparation for synthesis of milk substances.

Mléčná žláza - Laktující 6

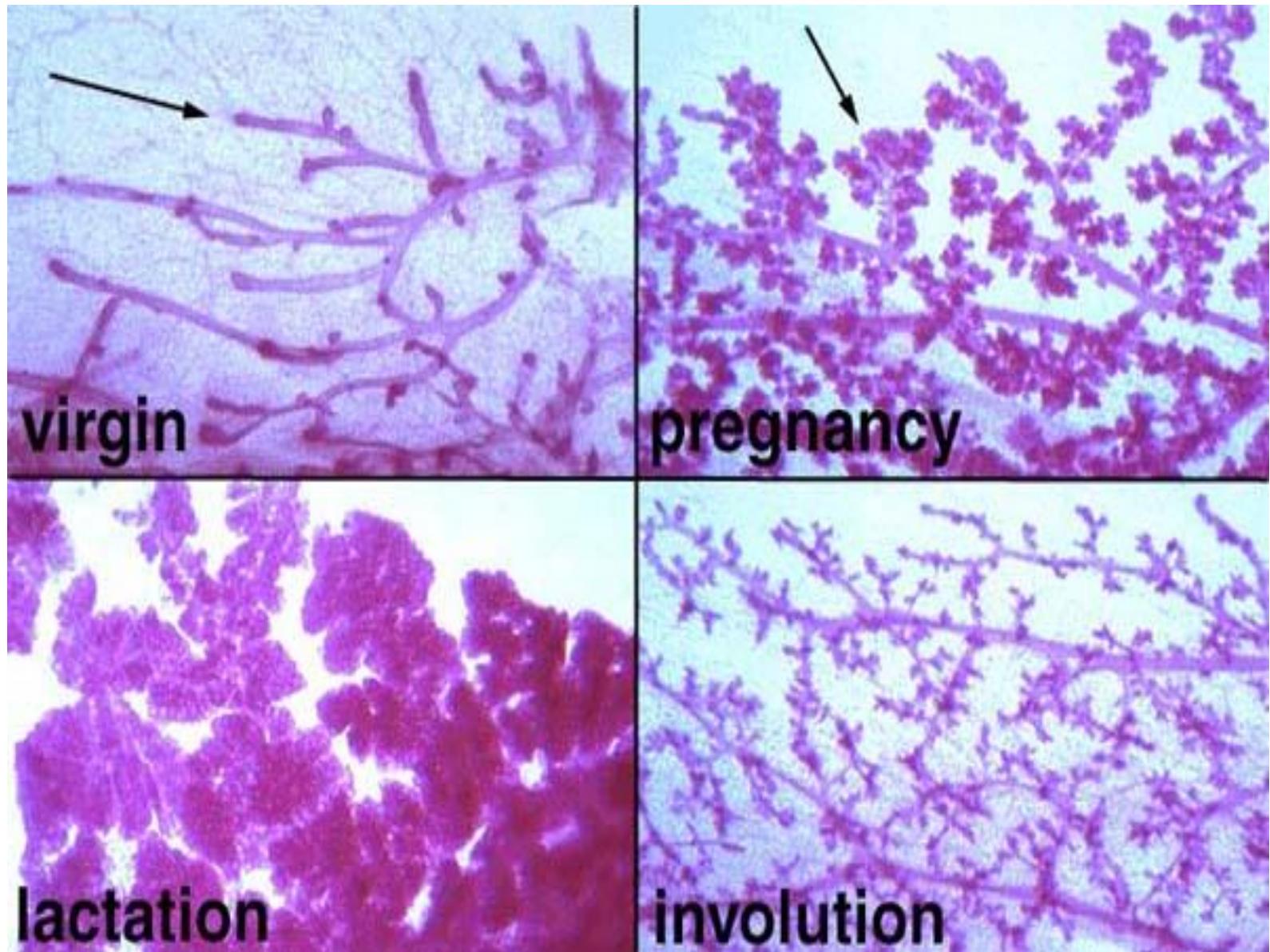


Mléčná žláza - Involuce

- atrophy and degeneration of the secretory cells
- milk biosynthesis ceases
- adipose cells occupy the empty space
- the duct system remains
- this process continues throughout menopause



Mléčná žláza - Stadia vývoje (funkce)



Vlas - Všeobecná stavba

Stvol: portion of hair above surface

Kořen: portion of hair below surface

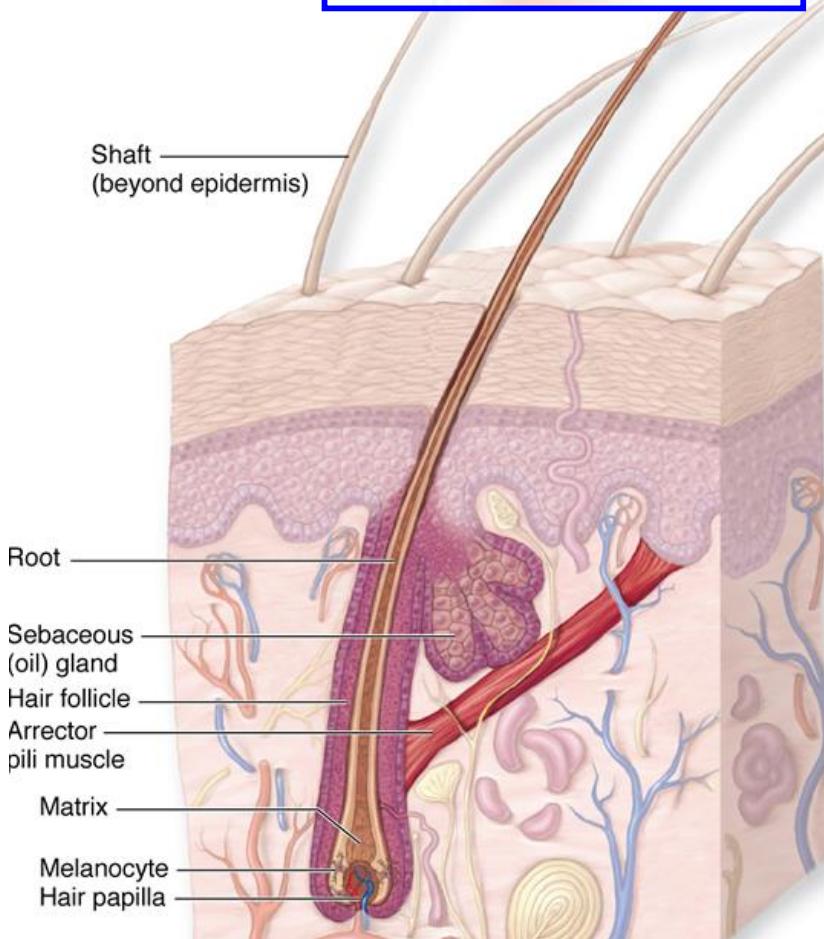
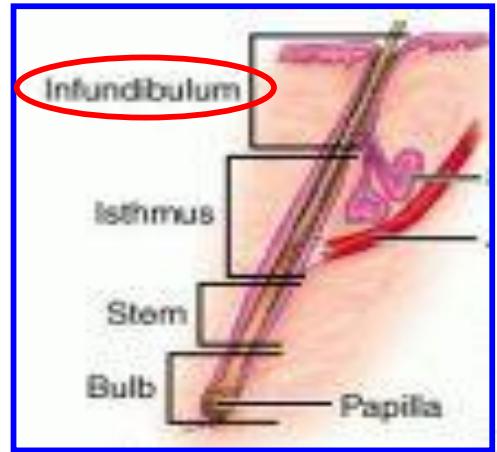
Kutikula: outermost layer of hair

Vlasový folikul: invagination of epidermis (to dermis / hypodermis)

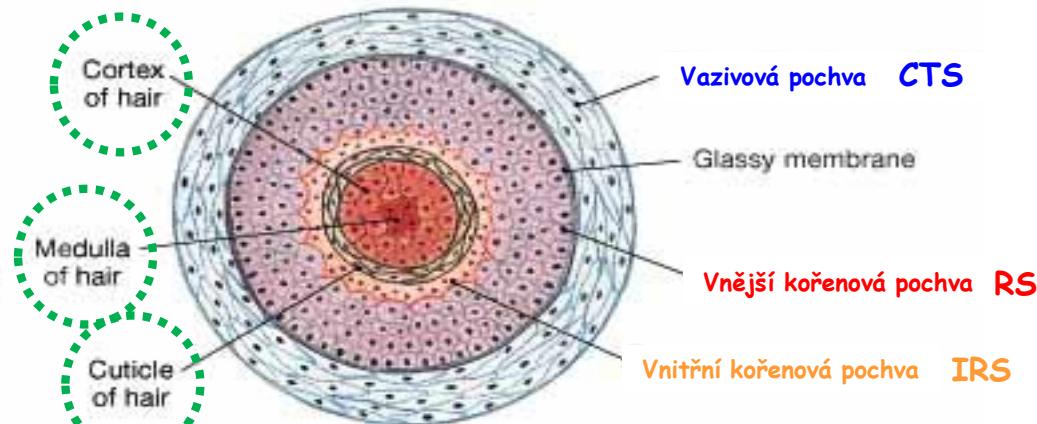
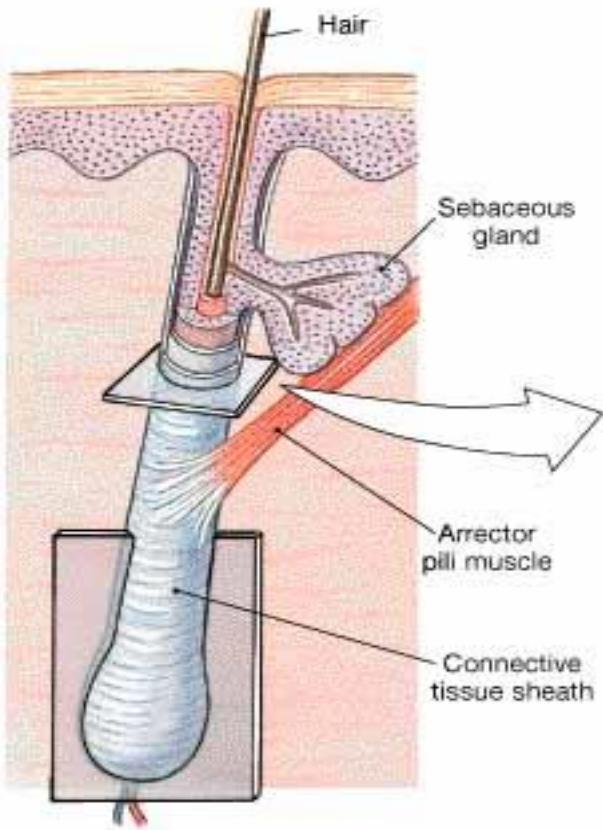
Vlasová cibulka: at the base of the follicle (matrix - epithelial cells + melanocytes)

Vlasová papila: projection of dermal connective tissue into bulb - contains blood vessels and nerves

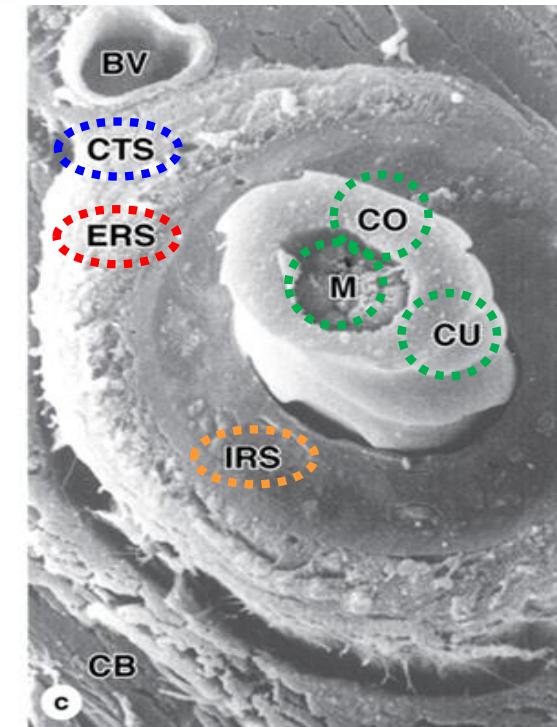
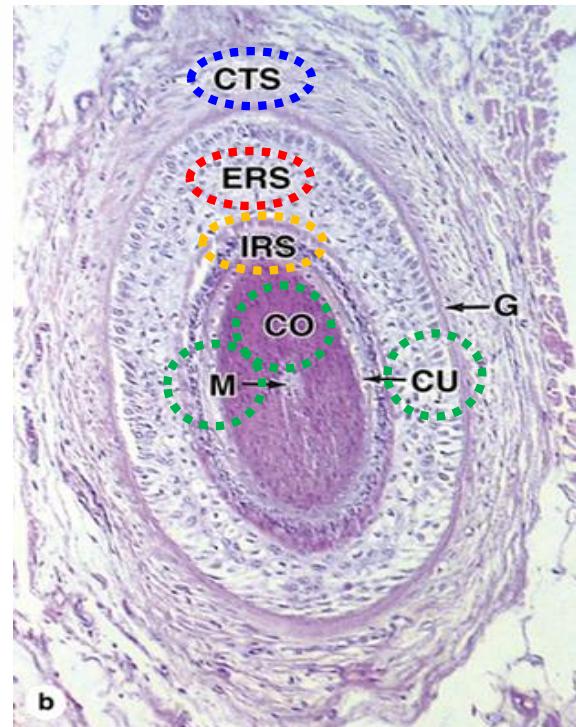
Velusové x Terminální chlupy



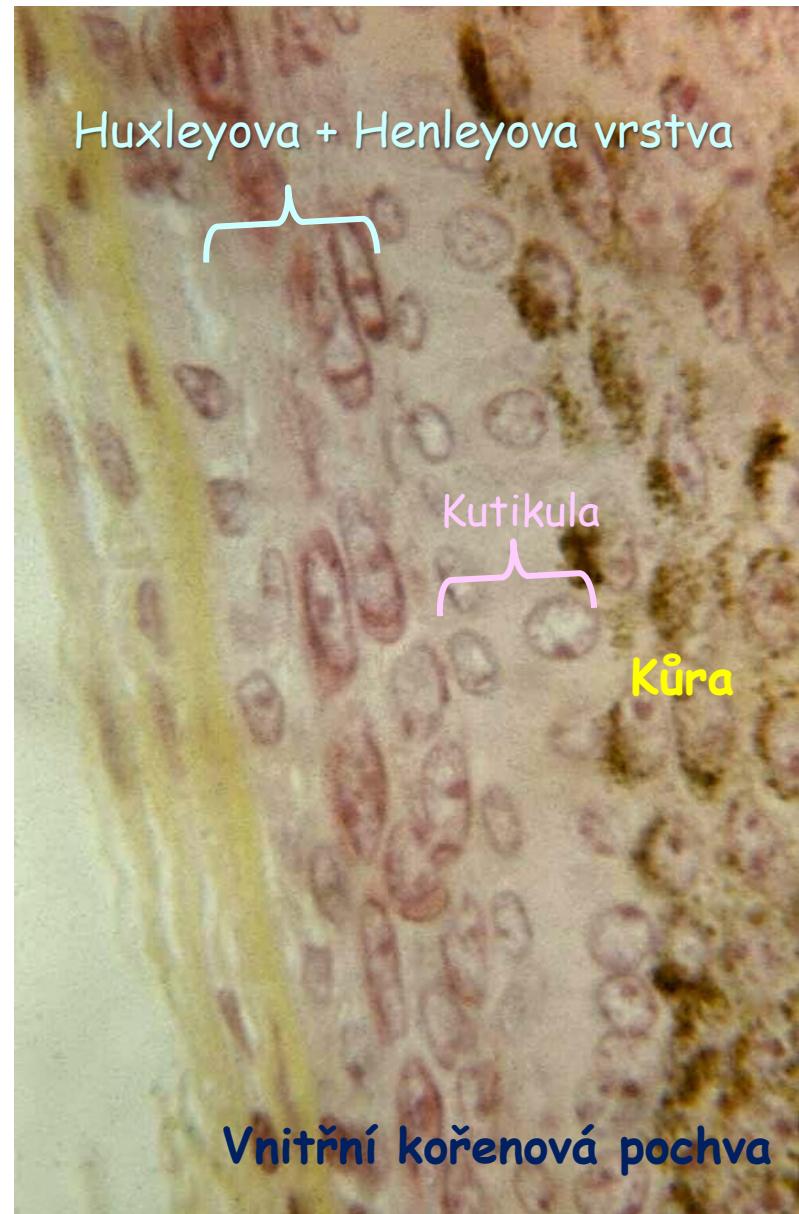
Struktura vlasu 1



Garther and Hiatt, Color textbook of histology, Elsevier

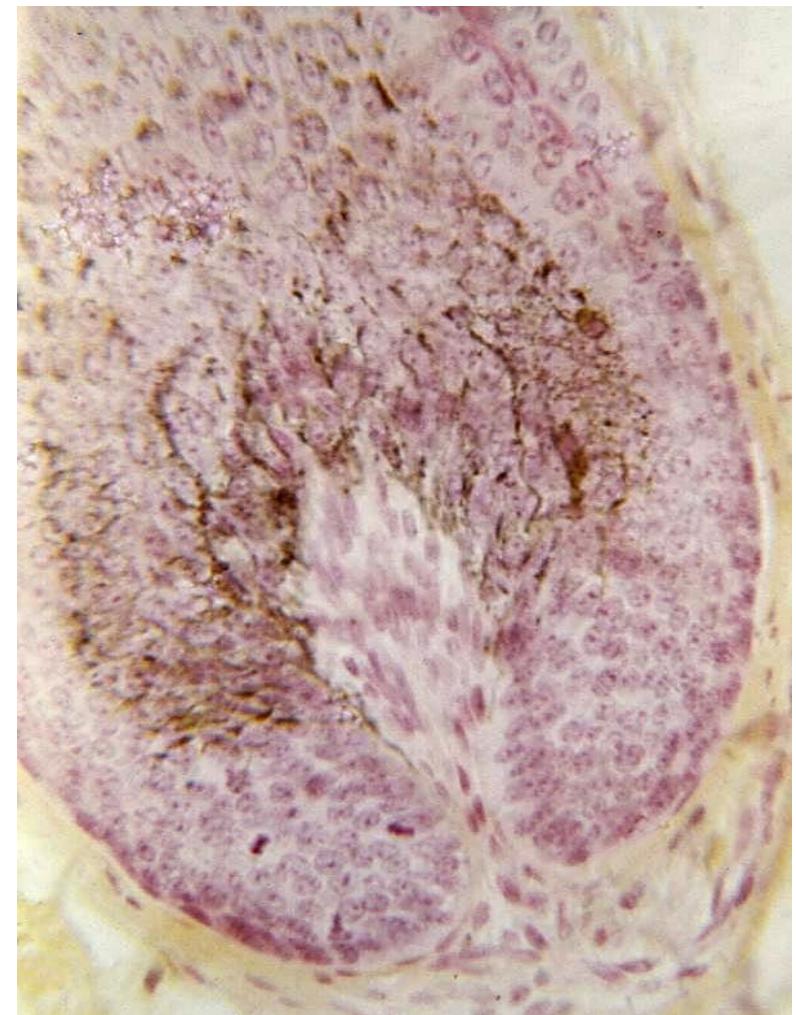
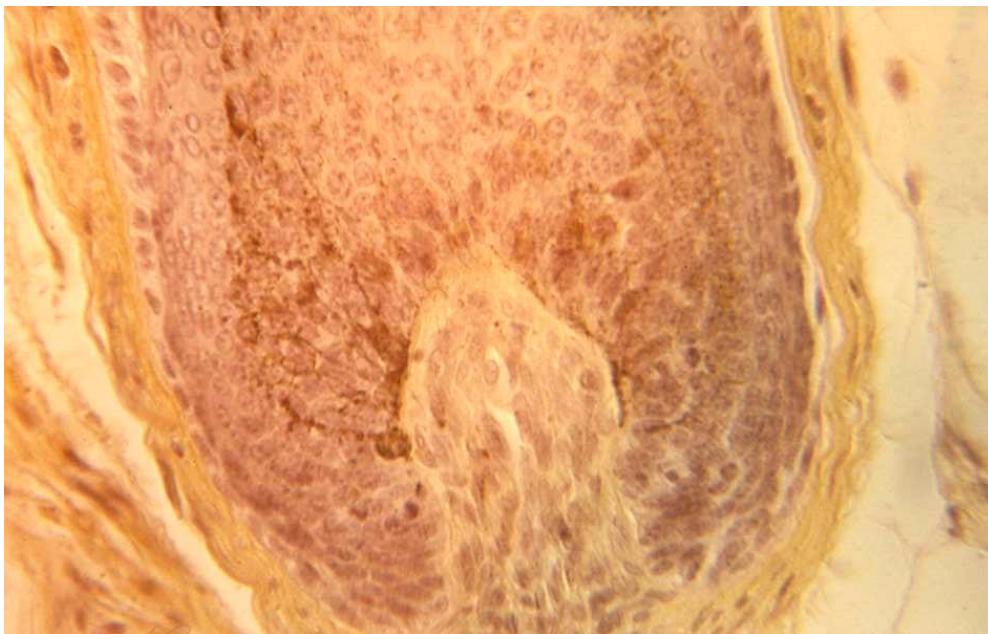


Struktura vlasu 2



Vnitřní kořenová pochva

Vlasová cibulka a papila



Vlasy - barva a tvar

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(a)



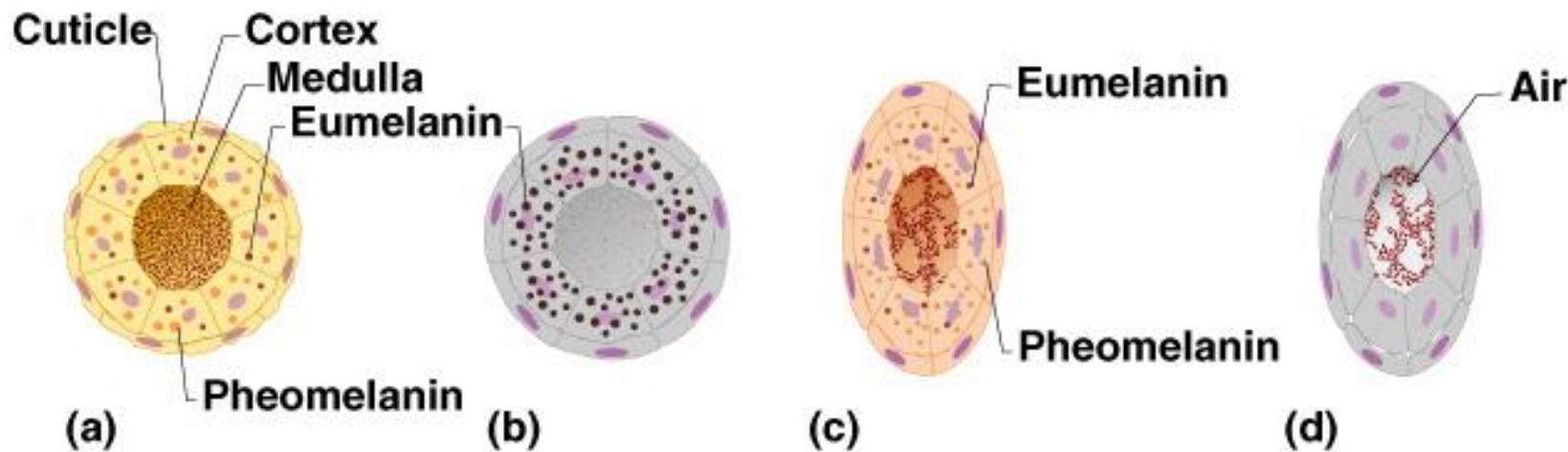
(b)



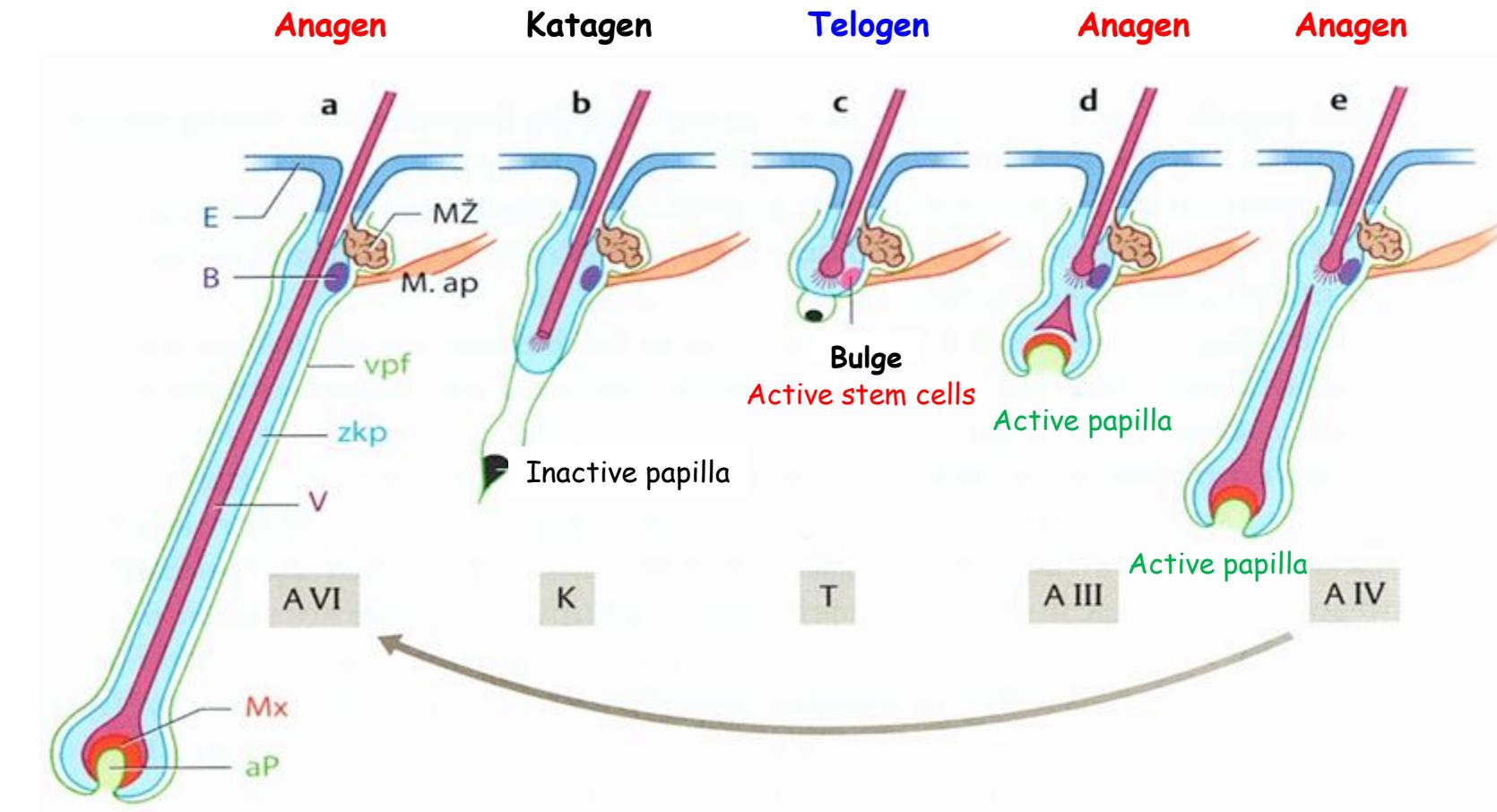
(c)



(d)



Vlasový cyklus



Active papilla

Anagen - months to years

Katalogen - 3 weeks (involution)

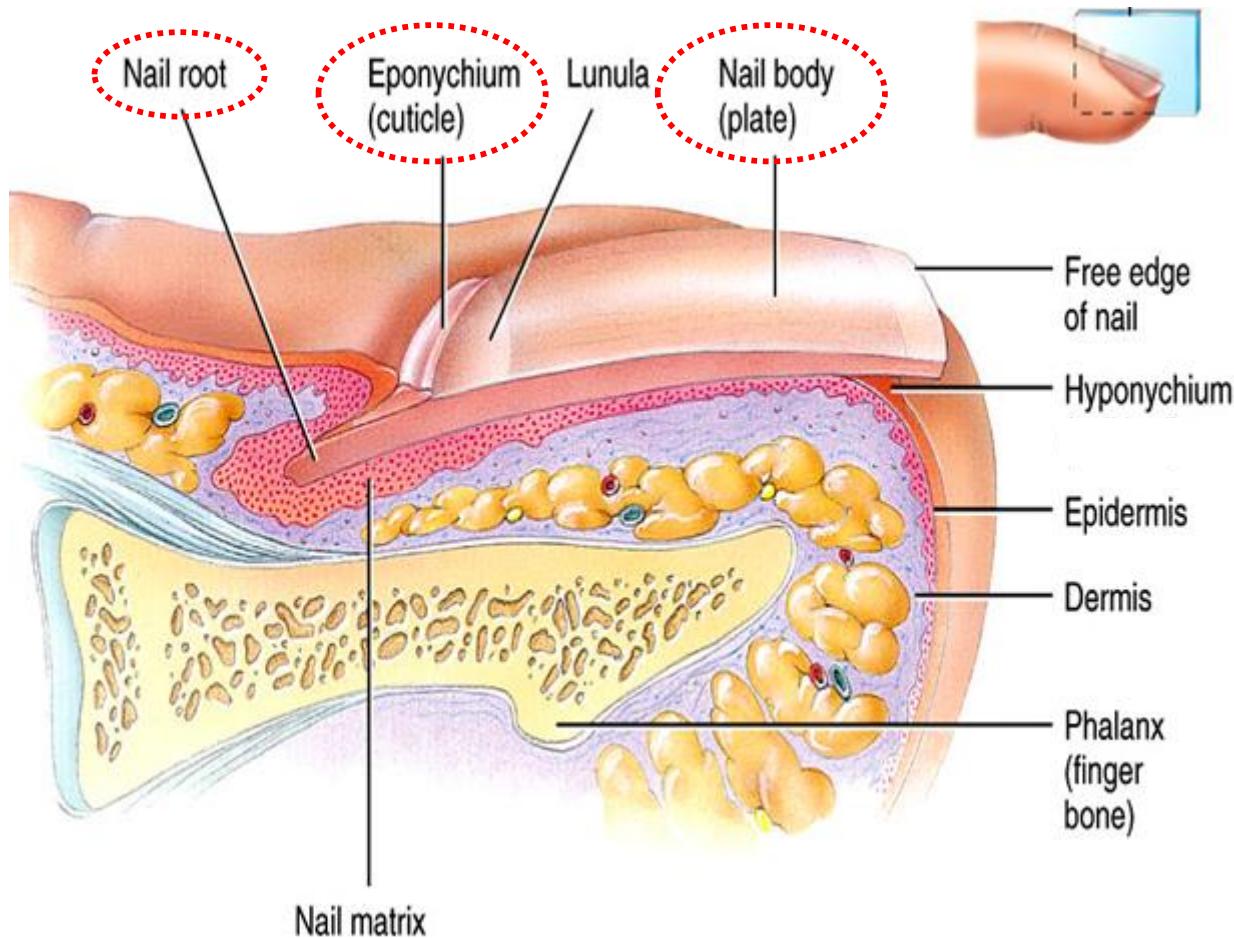
Telogen - 3 months (resting)

Nehet 1

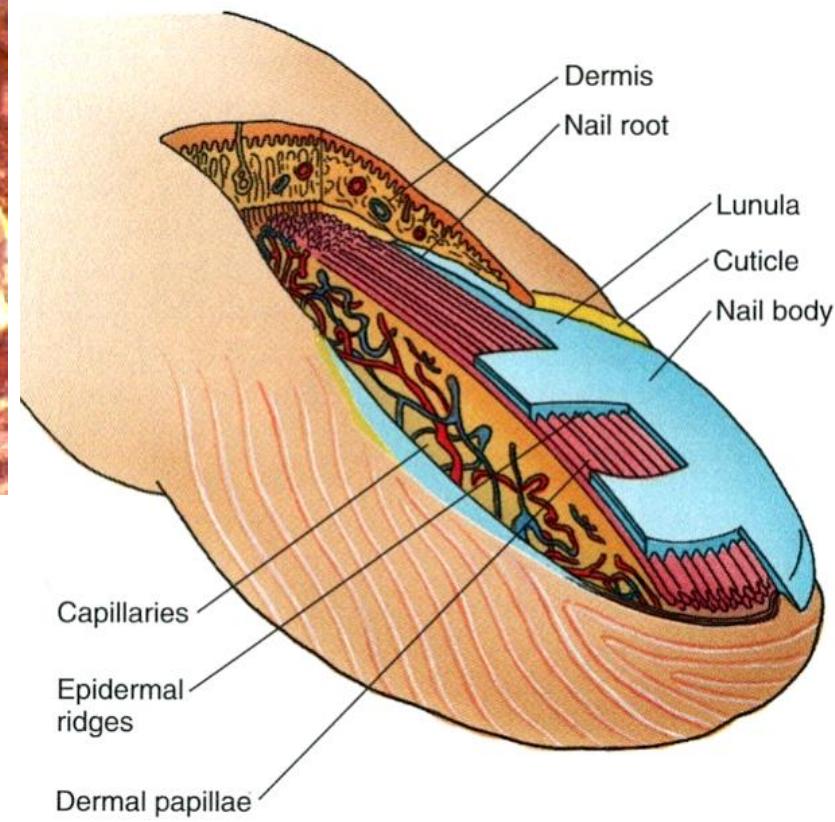
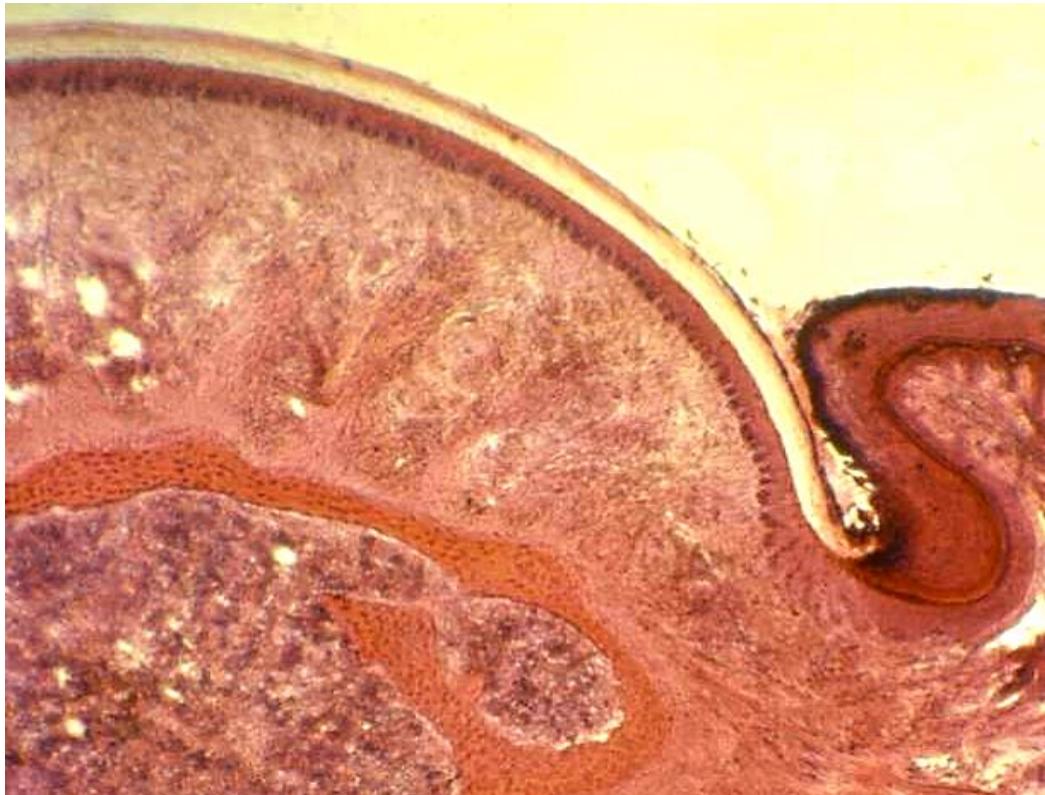
Nehtová ploténka (tělo) - str. corneum

Nehtové lůžko - str. basale + spinosum + dermis

Matrix - str. germinativum



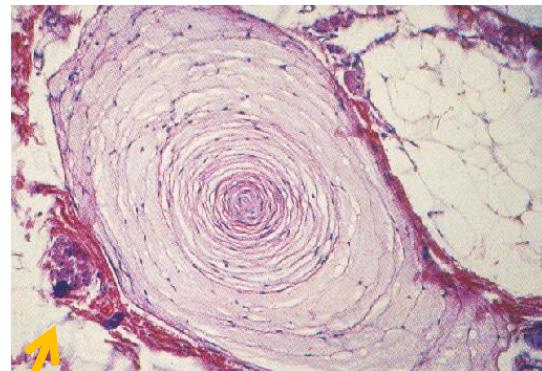
Nehet 2



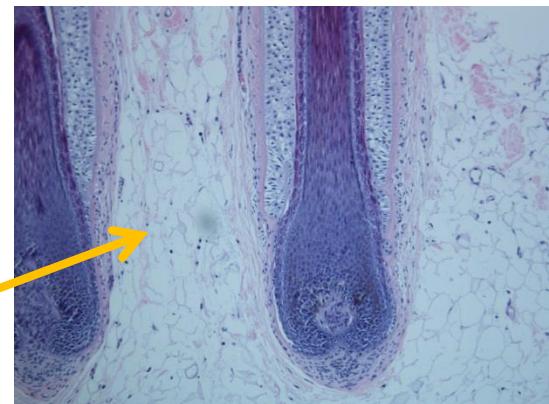
Podkoží - Hypodermis

Area deep to the dermis

- Řídke vazivo obsahující adipocyty, nervy, sensorické receptors, arterie a vény (deep rete cutaneum)
- Provides a flexible attachment to the underlying muscle and fascia



Pacinian Corpuscle



Adipocytes

Hair bulb in the
subcutis of the scalp

Vývoj kůže

Ektoderm

- Epidermis
- Adnexa

Mesenchym

(mesoderm - dermatomy + nesegmentovaný mesoderm - somatopleura)

- Dermis
- Hypodermis

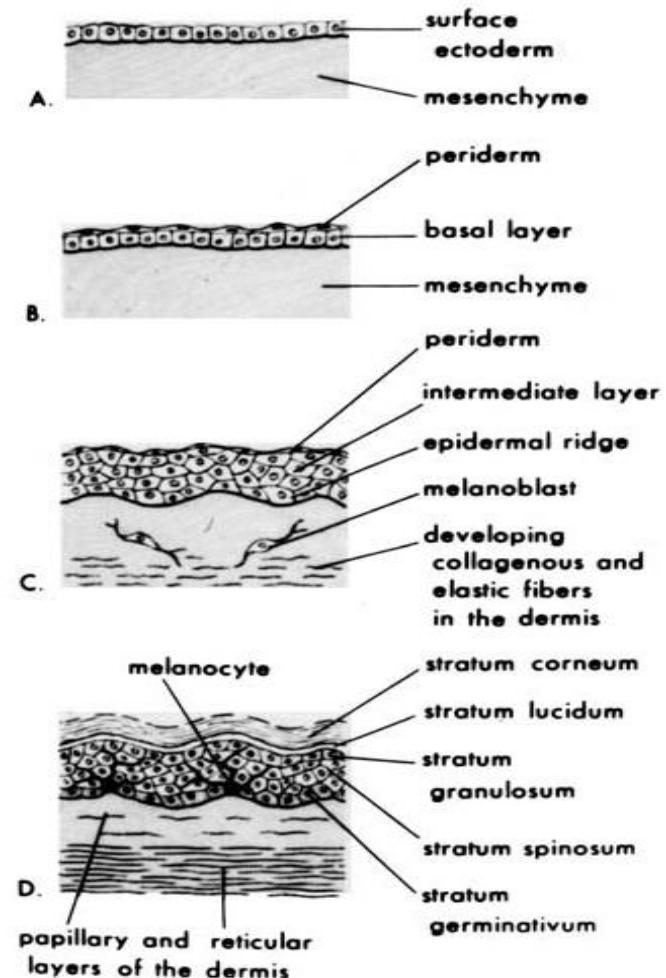
A - Month 1 - simple surface ectoderm

B - Month 2 - two layered epithelium:
basal layer + periderm (epitrichium)

C - Month 3 - basal + intermediary +
periderm layers

(week 10-17 - formation of dermal ridges)

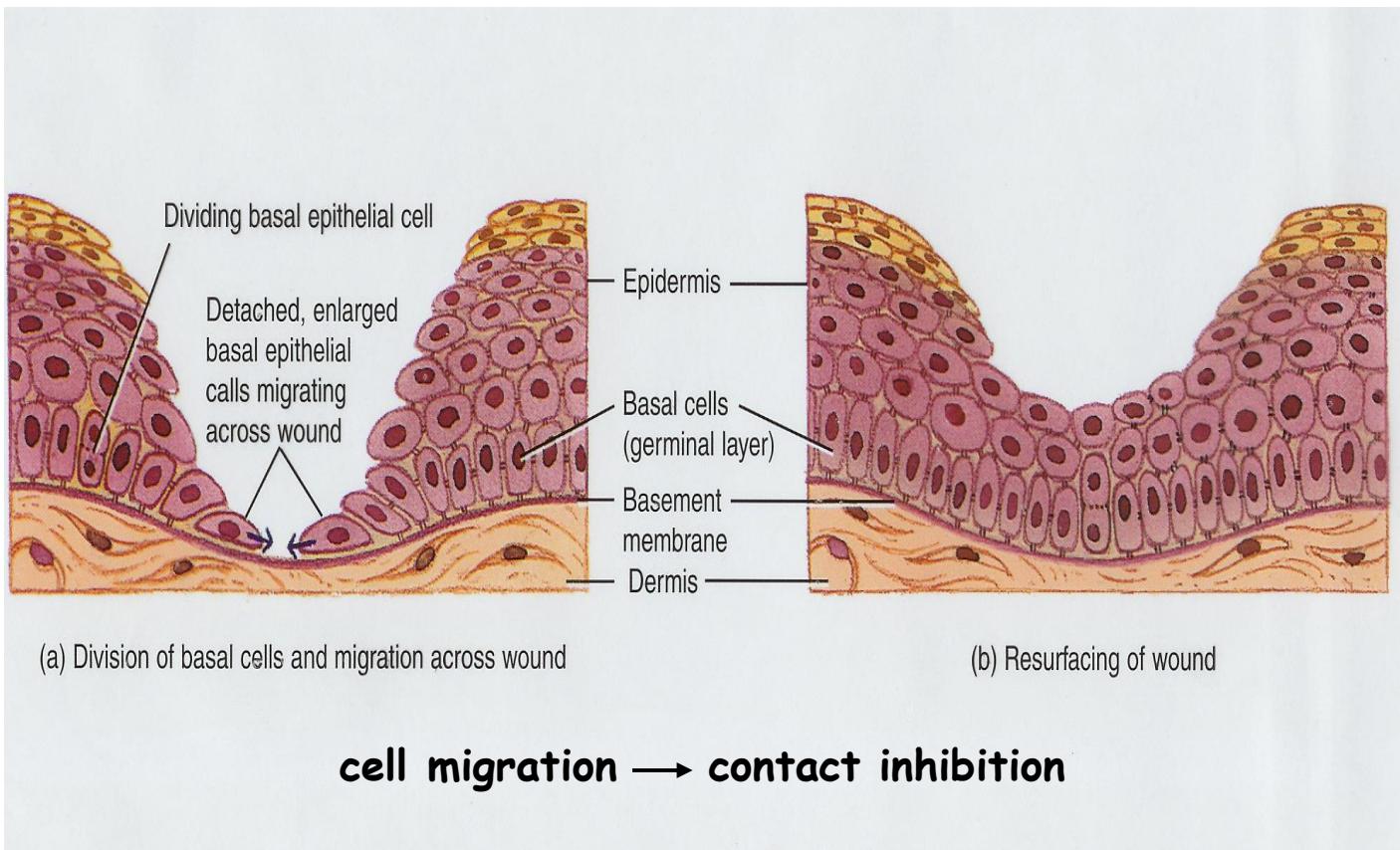
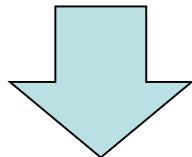
D - Month 5 (end) - periderm replaced
by stratum corneum



Hojení kožních ran 1

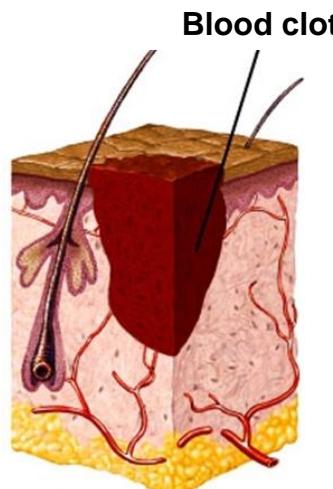
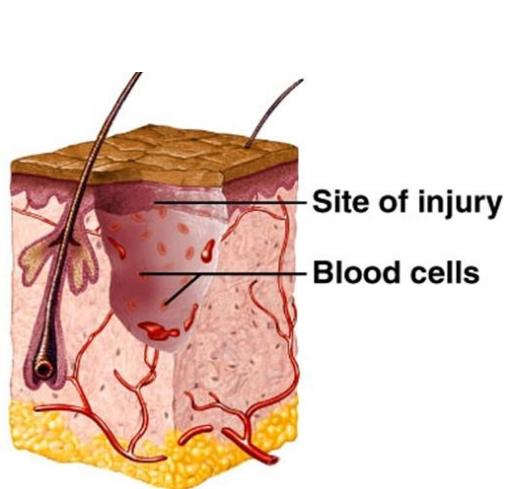
Povrchové rány

Hluboké rány

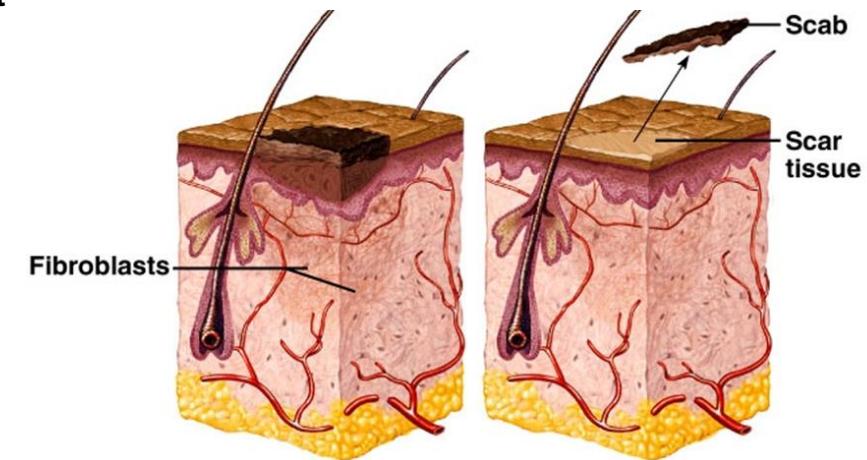
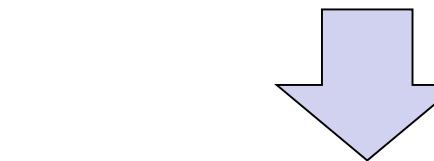


Hojení kožních ran 2

Povrchové rány



Hluboké rány



Inflammatory phase → Migratory phase → Maturation phase
+
Proliferative phase

Fibrin tvoří sraženinu

Fibroblasty tvoří granulační tkáň
hypertrophic scar = keloid

Děkuji za pozornost !

Otázky a komentáře na:
ahampl@med.muni.cz