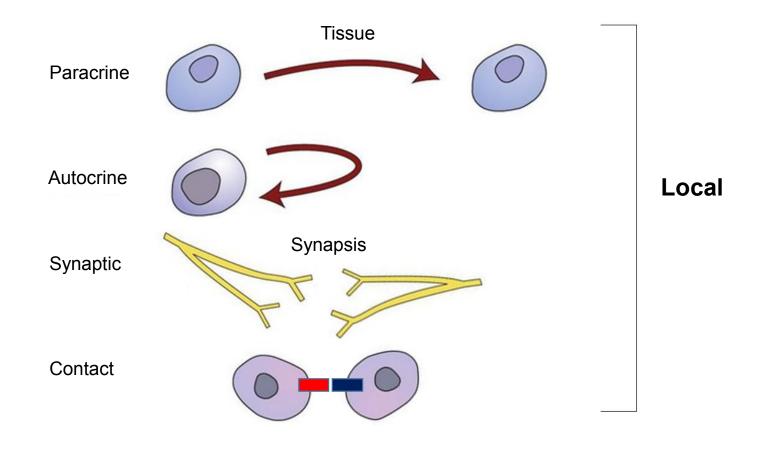


INTERCELULAR COMMUNICATIONS

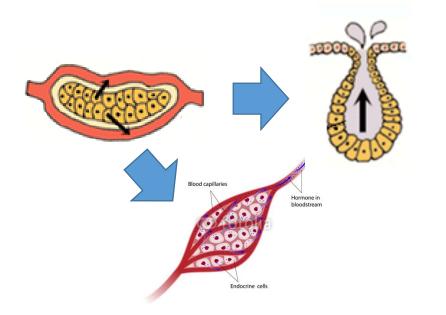


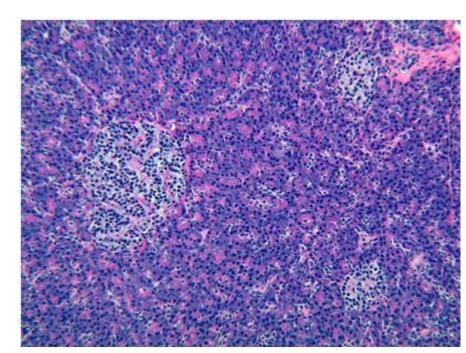
GENERAL PROPERTIES OF ENDOCRINE ORGANS

- Endocrine organs (e.g. pituitary, thyroid, parathyroid, adrenal)
- Endocrine tissue within other organs

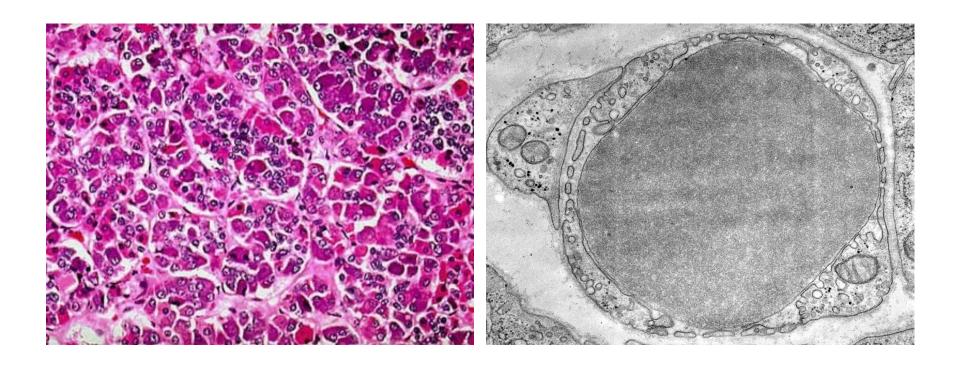
(pancreas, gonads, kidneys, placenta)

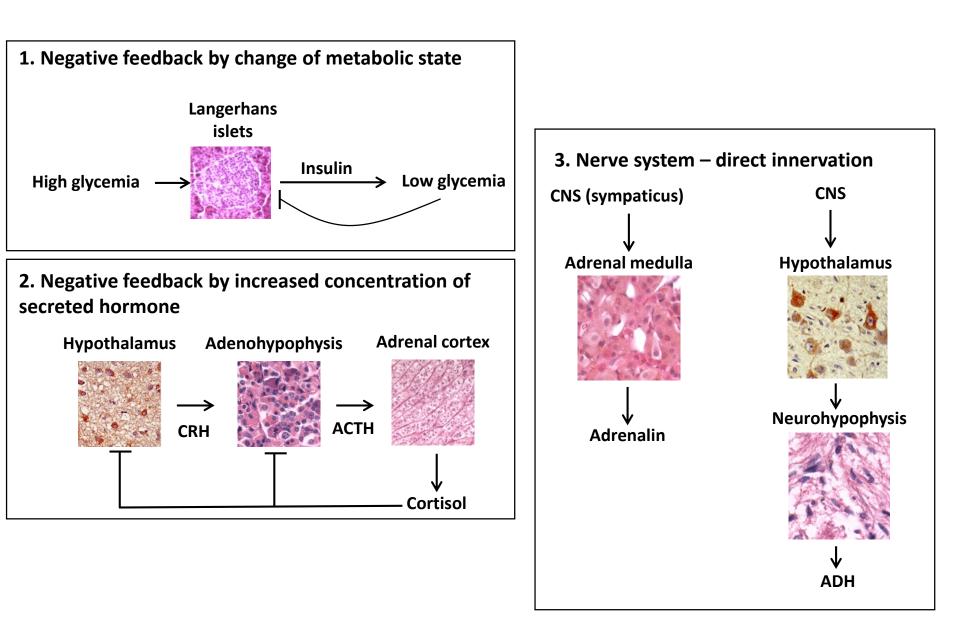
- Isolated endocrine cells (DNES, APUD)
- Neuroendocrine cells
- Common developmental scheme
- invagination of epithelia, contact with original tissue lost during development
- absence of exocrine ducts





- C.t. capsule + septs
- Trabecules of glandular epithelium or follicles or clusters of glandular cells
- Capillary network
 - Fenestrated capillaries
 - Sinusoids



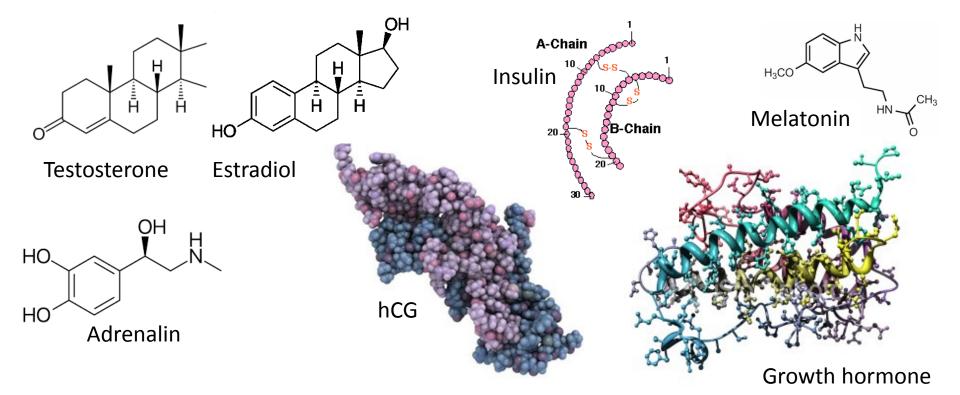


- hormones are chemical messengers delivered by bloodstream to target cells and tissues
- chemical nature of hormone determines is function

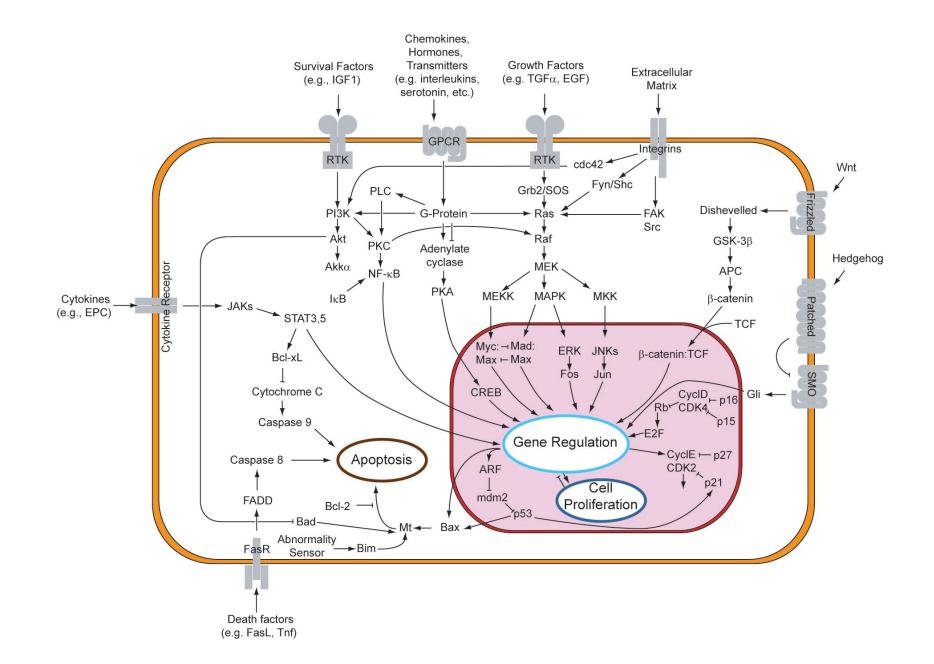
- classification
 - water soluble
 - water insoluble
 - surface receptors
 - nuclear receptors

•

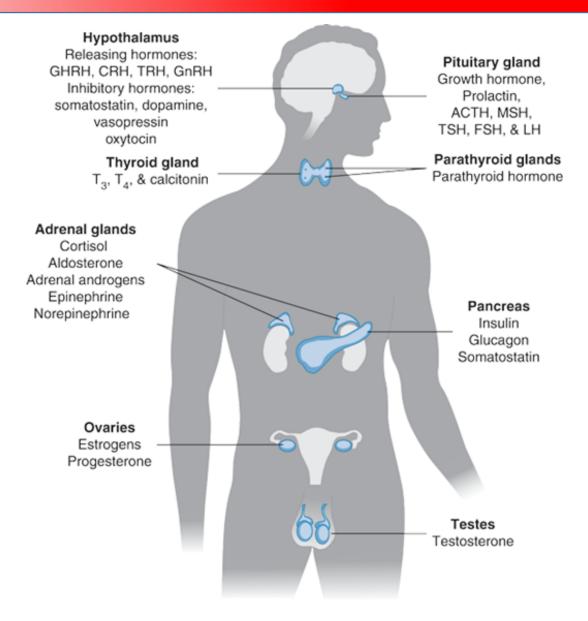
- **steroids** hydrophobic, intracytoplasmic or nuclear receptors (sex hormones, corticosteroids)
- **proteins and polypeptides** hydrophilic, plasma membrane receptors (insulin, pituitary hormones, PTH, ...)
- aminoacids and their amine derivatives (adrenalin, noradrenalin, thyroxin)



GENERAL PROPERTIES OF HORMONES

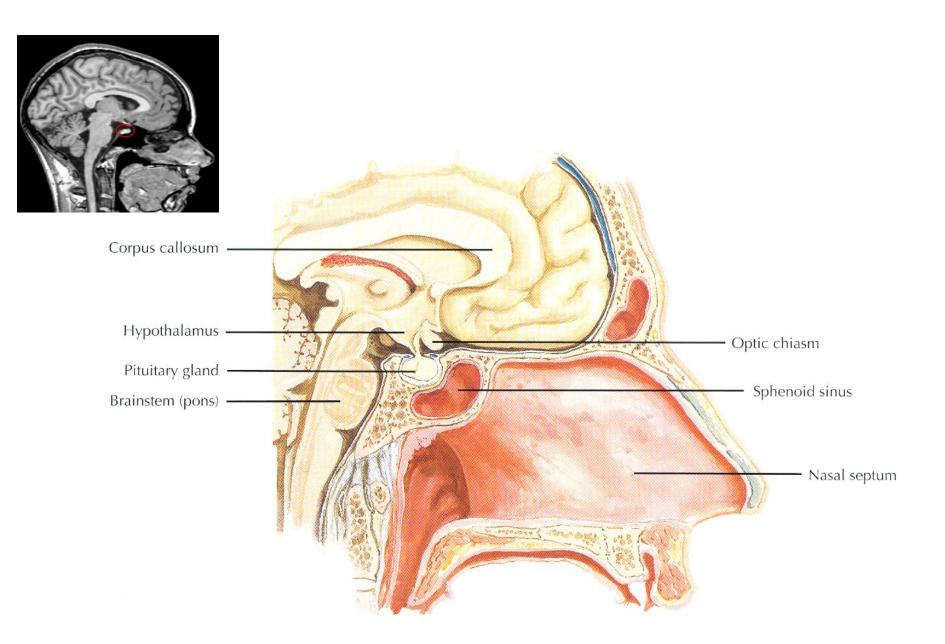


ENDOCRINE GLANDS

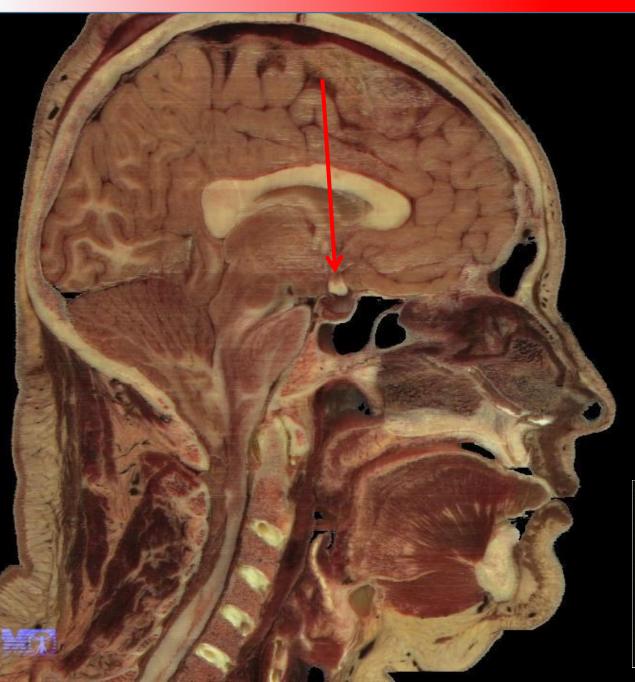


Source: Molina PE: Endocrine Physiology, 4th Edition: www.accessmedicine.com Copyright © The McGraw-Hill Companies, Inc. All rights reserved.

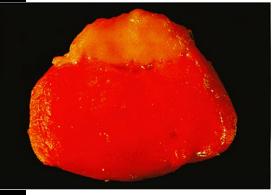
PITUITARY GLAND (GL. PITUITARIA)



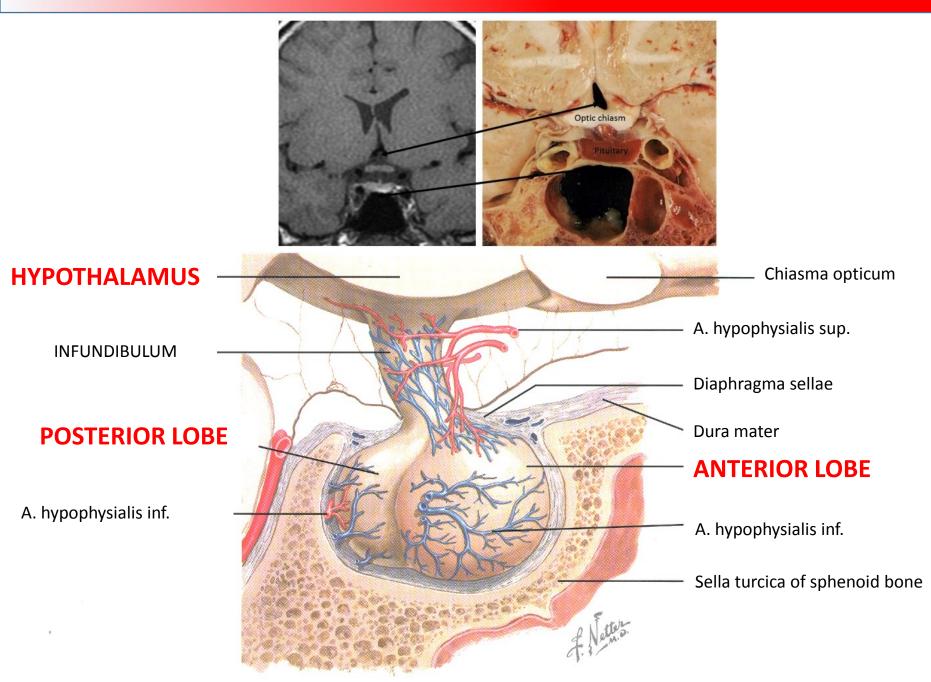
PITUITARY GLAND (GL. PITUITARIA)



- hypothalamus
- sella turcica
- fossa hypophysialis
- optic chiasm

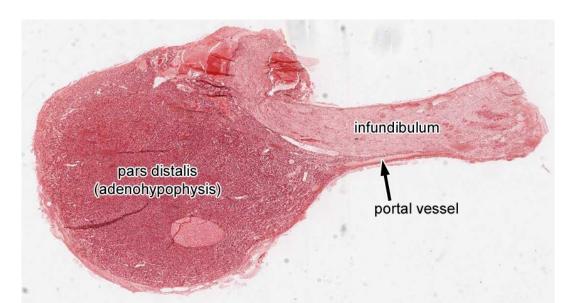


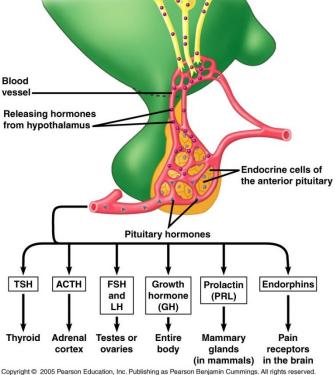
PITUITARY (GL. PITUITARIA)



PITUITARY GLAND (GL. PITUITARIA)

- adenohypophysis glandotropic hormones, prolactin, GH
- neurohypophysis hypothalamic hormones ADH, oxytocin
- anatomical and functional association with hypothalamus
- capillary systems and neuroendocrine secretion

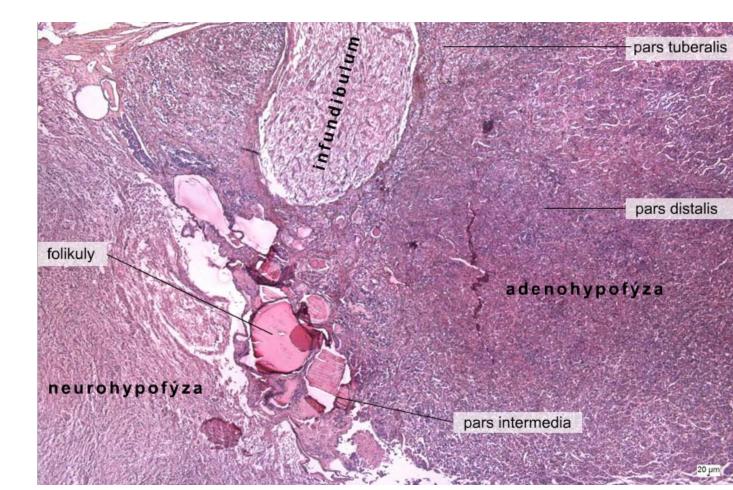




Neurosecretory

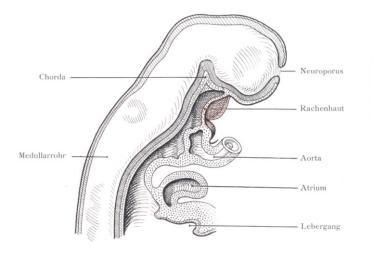
cell

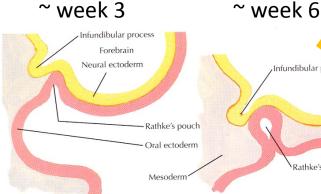
- adenohypophysis (pars distalis, pars tuberalis, pars intermedia)
- neurohypophysis (pars nervosa)
- infundibulum, eminentia mediana



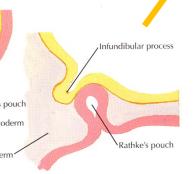
EMBRYONIC DEVELOPMENT OF PITUITARY GLAND

- Ectoderm of stomodeum (Rathke's pouch) ۲
- Neuroectoderm of ventral wall of diencephalon ۲





1. Beginning formation of Rathke's pouch and infundibular process

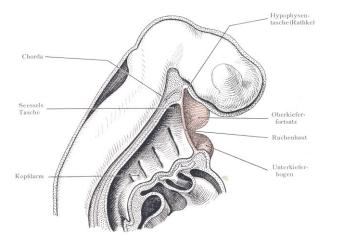


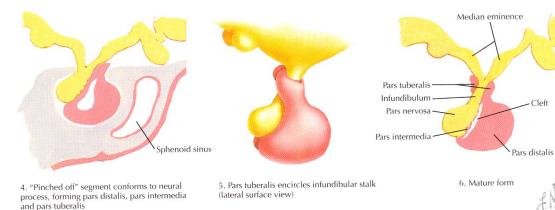
2. Neck of Rathke's pouch constricted by growth of mesoderm



~ week 8







~ week 11



MARTIN HEINRICH RATHKE (1793 – 1860)



- Physician, anatomist, embryologist, zoologist
- One of founding fathers of modern embryology



Ueber die Entstehung der Glandula pituitaria.

Schon läugst bemerkte ich bei mehreren Thieren in einer sehr frühen Zeit des Fruchtlebens, bei Säugethieren namentlich geraume Zeit früher, als sich der Gaumen bildet, ganz hinten in der Mundhöhle, unterhalb der Grundfläche des Schädels eine kleine unregelmässig rundliche Vertiefung, die der Schleimhaut des Mundes angehörte und offenbar eine dünnwandige Aussackung derselben war. Lange aber wusste ich sie nicht zu deuten, zumal da ich sie bei älteren Embryonen, wenn ich die Mundhöhle untersuchte, nicht mehr wiederfand. Endlich ward ich gewahr, dass diese Vertiefung den ersten Schritt zur Bildung des Hirnanhanges (Gland. pituitaria) bezeichnet.

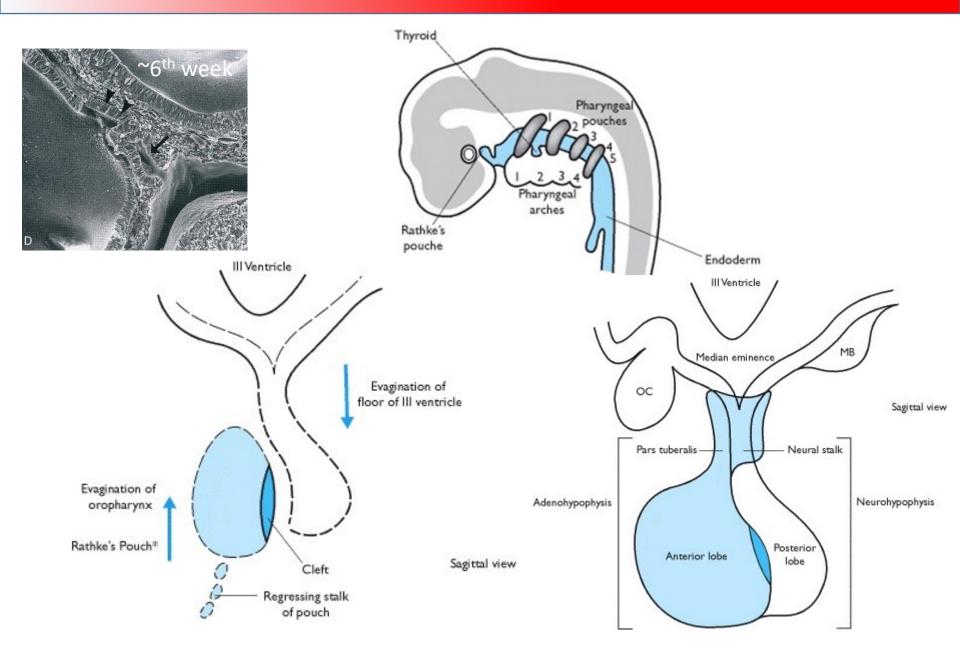
Bevor ich nun aber das weitere Verhalten derselben schildere, sehe ich mich genöthigt ein Paar Worte über den Schädel vorauszuschicken. Der Stern von der Chorda dorsalis reicht, wie es allen Anschein hat, vielleicht bei allen Wirbelthieren nur bis zwischen die beiden Knorpelkapseln, welche bei den mit einem Knochenskelett versehenen Thieren zu den

"For a long time I have observed in several animals ... a small irregularly rounded depression which belongs to the mucous membrane of the mouth, of which it is clearly a thin-walled outpocketing. ... Finally I saw that this depression represents the first step in the formation of the pituitary gland" (p. 482).

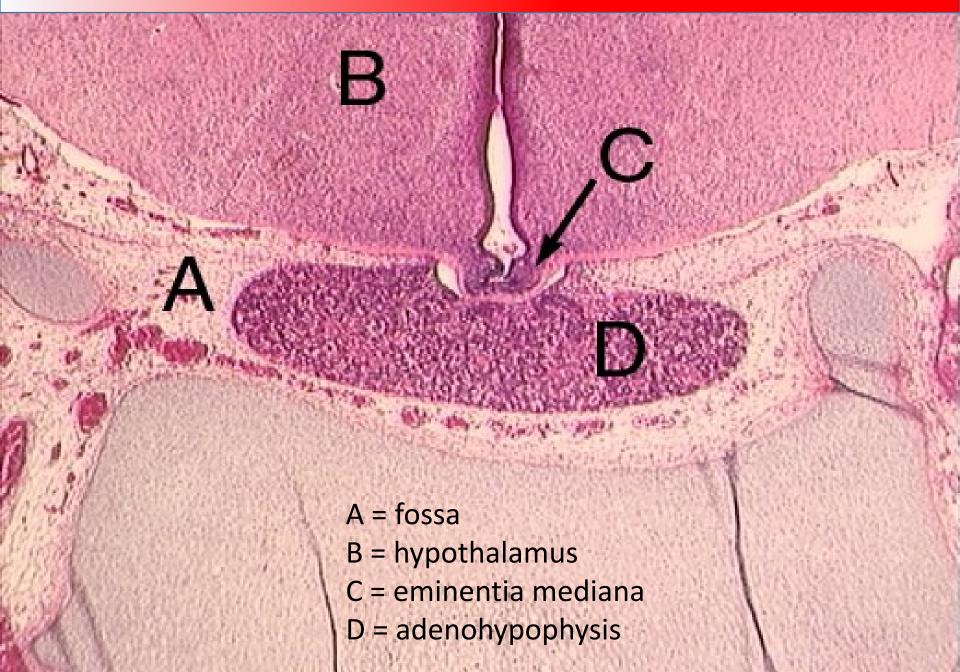
Rathke, H. : Ueber die Entstehung der glandula pituitaria. Arch, f. Anat,, Phys. und wiss. Med. S. 482-85. 1838

Von Heinrich Rathke

EMBRYONIC DEVELOPMENT OF PITUITARY GLAND

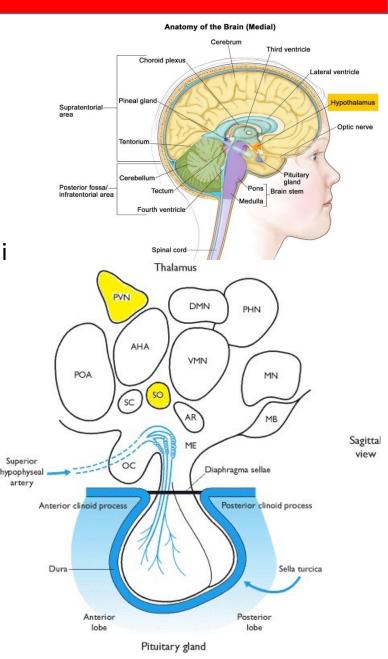


EMBRYONIC DEVELOPMENT OF PITUITARY GLAND



HYPOTHALAMUS

- small region of diencephalon
- complex neuroarchitecture
- core of the limbic system
- complex functions
- regulation of temperature, emotions, eating behavior, circadian rhythms
- hormonal regulation controlled by various stimuli (osmoreception, concentration of nutrients, electrolytes, systemic functions - pain)
- neurosecretion from hypothalamic nuclei
- n. supraopticus, n. paraventricularis
- magnocelullar neurons tractus hypothalamohypophysialis - oxytocin and ADH through neurohypophysis
- parvocelullar neurons capillaries in *eminentia* mediana - statins and liberins regulating secretion from adenohypophysis through hypothalamo-hypophyseal portal system

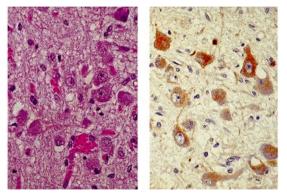


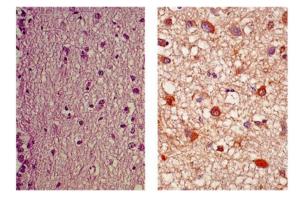
Tractus hypothalamo-hypophysialis

- axons of magnocelullar neurons in *nucleus supraopticus* and *paraventricularis*
- terminating on fenestrated capillaries in neurohypophysis
- synthesis of prohormones → maturation during axonal transport
- capillary plexus from arteria hypophysialis inferior (branch of a. carotis interna \rightarrow sinus cavernosus

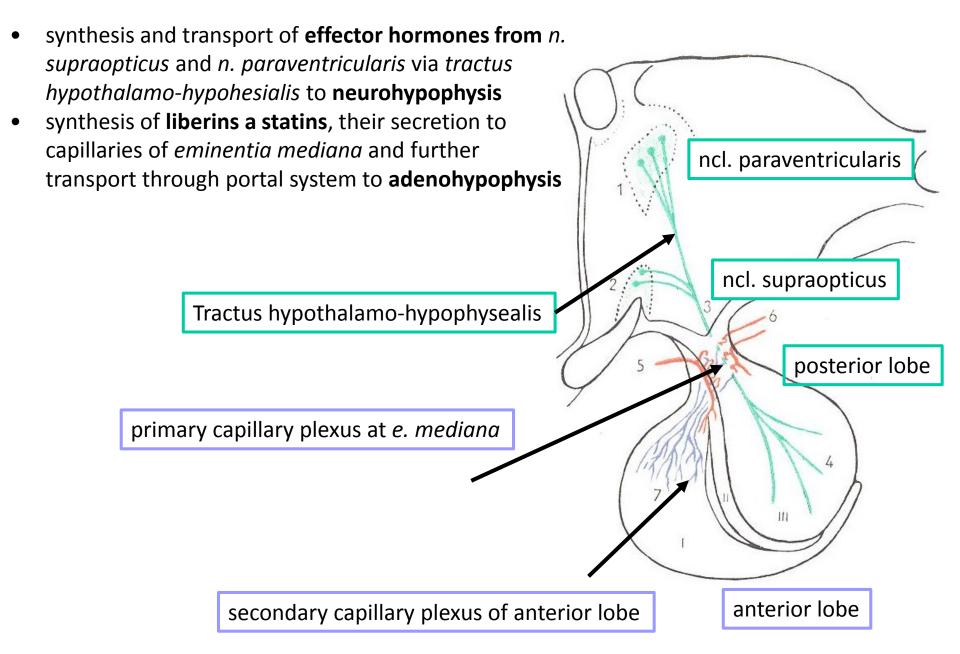
Hypophyseal portal system

- parvocellular neurons e.g. *in nucleus arcuatus, preopticus, paraventricularis* and *nuclei tuberales*
- axonal transport onto primary capillary plexus in *eminentia mediana* (from anterior and posterior superior hypophyseal arteries) → hypophyseal portal veins → secondary capillary plexus in adenohypophysis → inferior hypophyseal portal veins → vv. jugulares internae

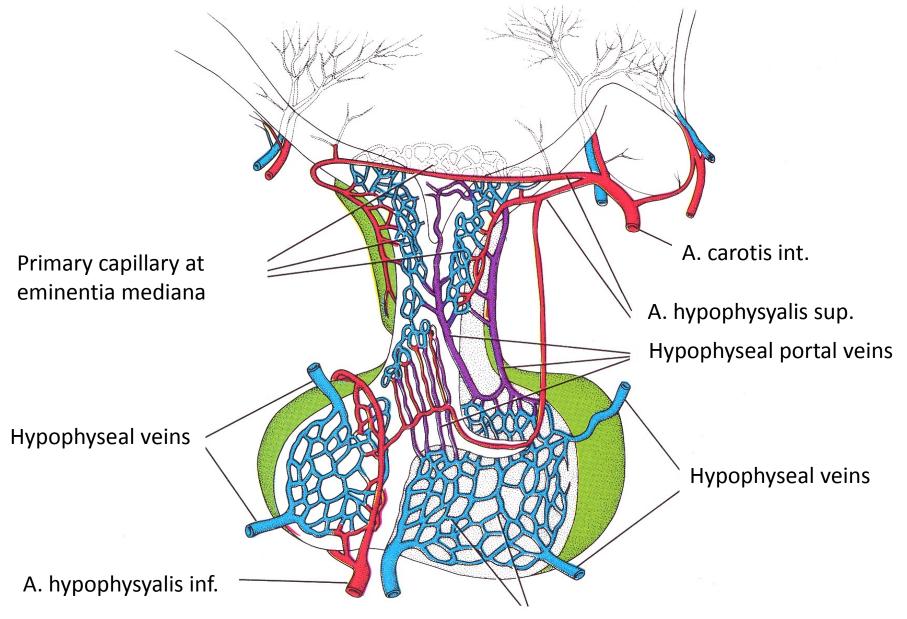




MECHANISM OF NEUROSECRETION



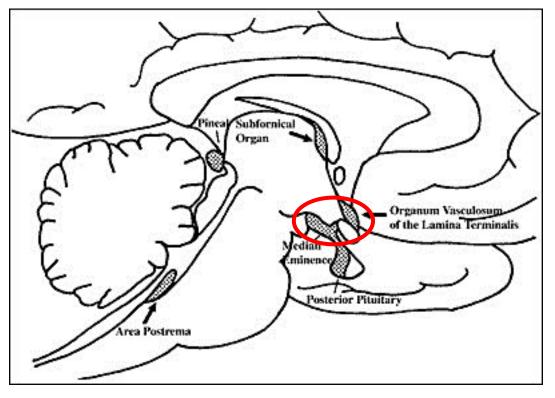
CAPILLARY SYSTEMS OF HYPOPHYSIS

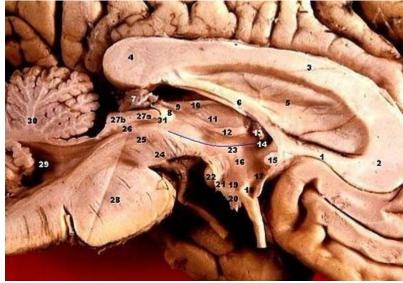


Capillaries of secondary plexus at pars distalis

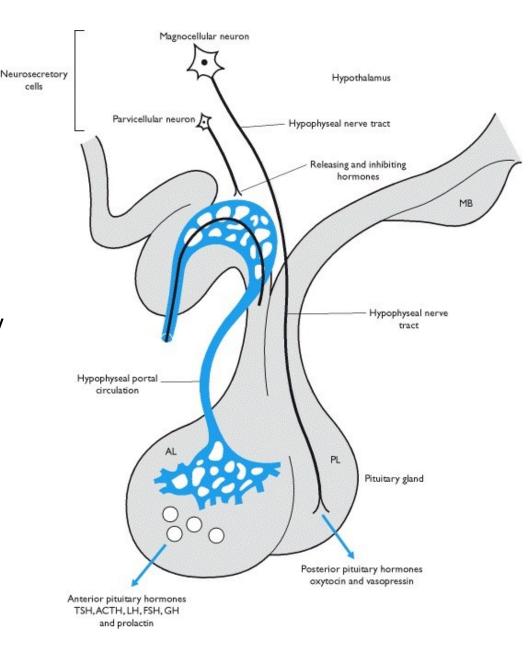
EMINENTIA MEDIANA

- elevated part of *tuber cinereum* (detachment of infundibulum *p. nervosa*)
- neurohemal area hematoencephalic barrier is open here
- fenestrated capillaries with large perivascular spaces

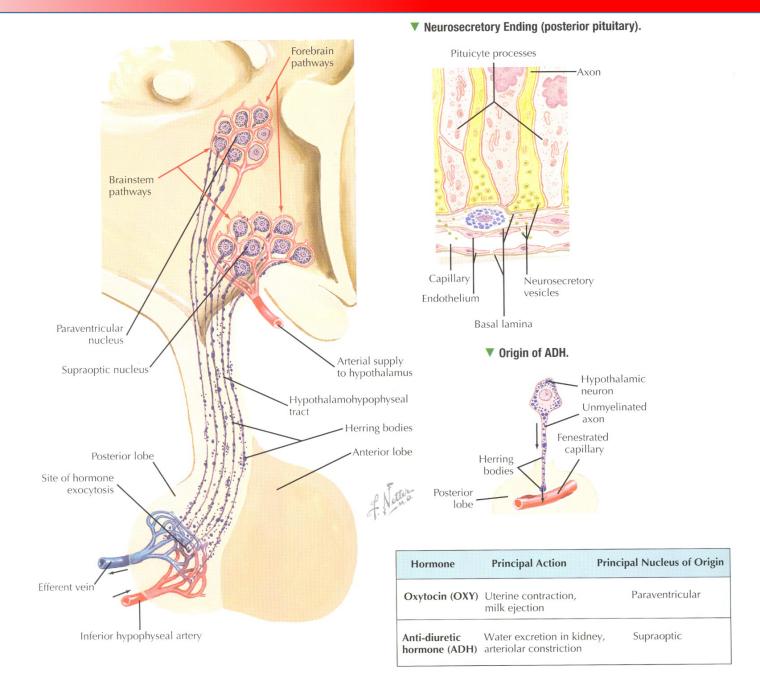




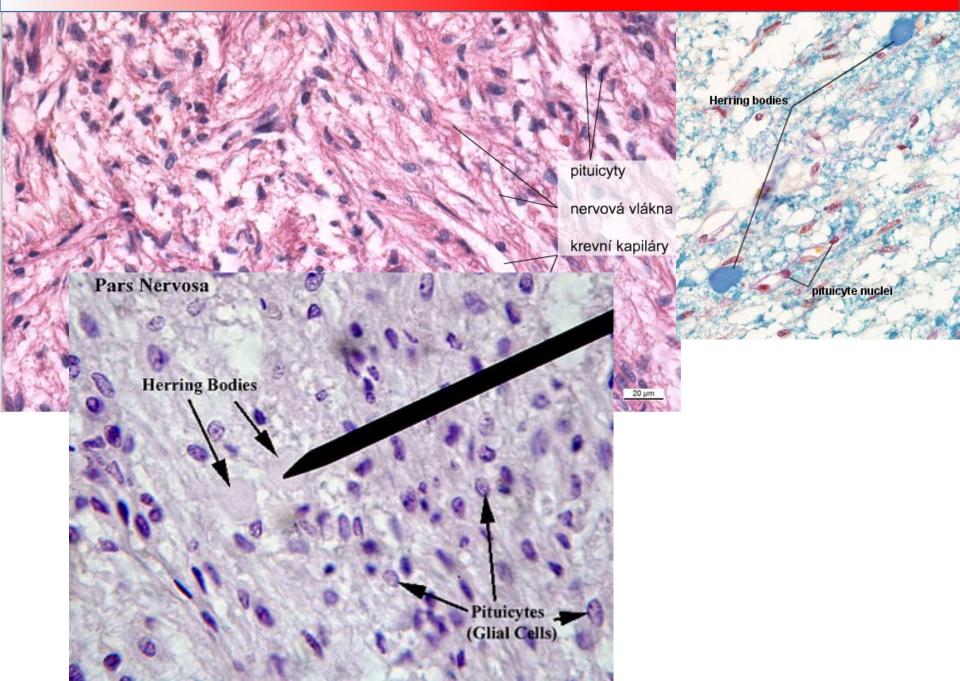
- Nonmyelinated nerve fibers
- axons of neurosecretory cells (c.a. 100 000) of hypothalamic nuclei (n. supraopticus and paraventricularis)
- **Pituicytes** (neuroglia)
- astrocyte-like (intermediate filamets, GFAP)
- local control of secretion from neuroscretory termini
- Herring bodies neurosecretory endings – dilatation close to capillaries
- Hormones
- oxytocin (OT)
- antidiuretic hormone (ADH, vasopresin)



NEUROHYPOPHYSIS (POSTERIOR LOBE)



NEUROHYPOPHYSIS (POSTERIOR LOBE)



HORMONES OF NEUROHYPOPHYSIS (POSTERIOR LOBE)

Oxytocin

- nonapeptide
- magno-cellular supraoptic and paraventricular hypothalamus
- OR G-coupled receptor
- lactation reflex
- uterine contraction
- social behavior

Vasopressin

- nonapeptide
- retention of water
- effective in collecting duct and distal convoluted tubule (aquaporin translocations)
- blood pressure regulation by affecting t. media
- diabetes insipidus, hypernatremia, polyuremia



Chromophilic cells <u>Acidophils</u>

Nonglandotropic

- direct effect on target tissues

Basophils

Glandotropic

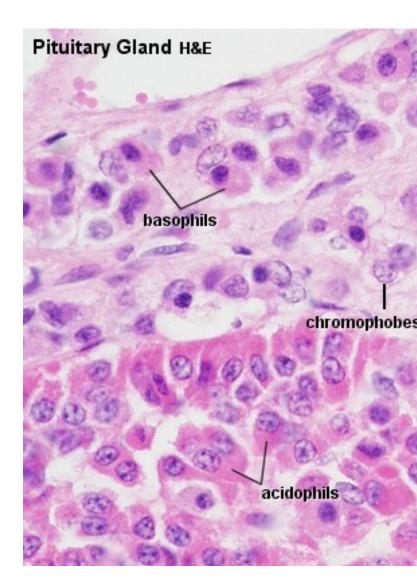
- regulation of other endocrine glands

Chromophobic cells

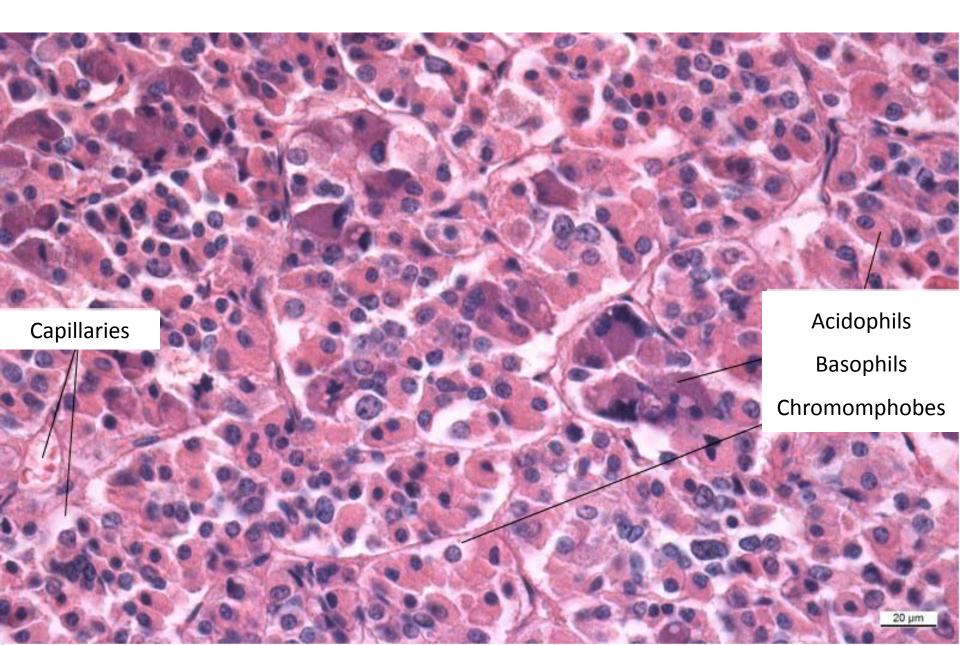
- undifferentiated cells
- degranulated ("empty") chromophils
- stromal cells

Folliculo-stellate cells (FS-cells)

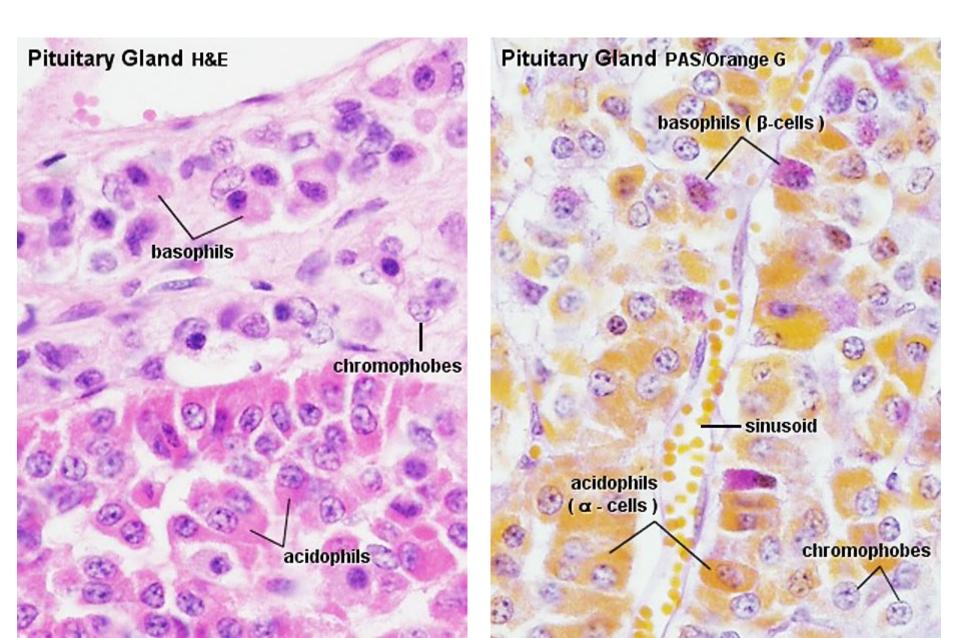
- unclear function, putative stem cells
- cytokine production



ADENOHYPOPHYSIS (ANTERIOR LOBE)

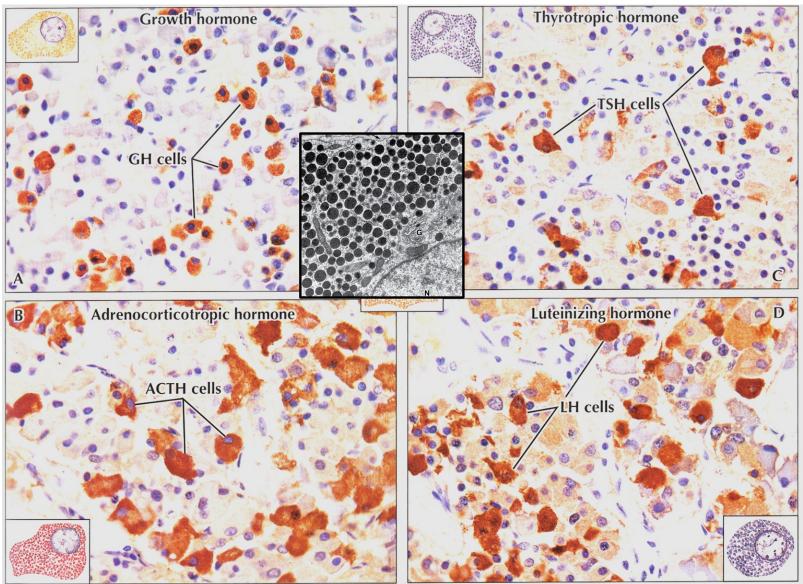


ADENOHYPOPHYSIS (ANTERIOR LOBE)



Acidophils producing GH

Basophils producing glandotropic hormones



REGULATION BY HYPOTHALAMIC HORMONES

- gonadoliberin \rightarrow FSH a LH
- corticoliberin \rightarrow cortikotropin
- thyreoliberin \rightarrow thyreotropin
- prolactin releasing hormone $(?) \rightarrow$ prolactin
- somatoliberin → somatotropin
- follistatin 🚽 FSH a LH
- somatostatin somatotropin, TSH
- dopamin <mark>—</mark> prolactin

"FLAT PEG"

- FSH
- LH
- ACTH
- TSH
- Prolactin
- Endorhins
- Growth hormone

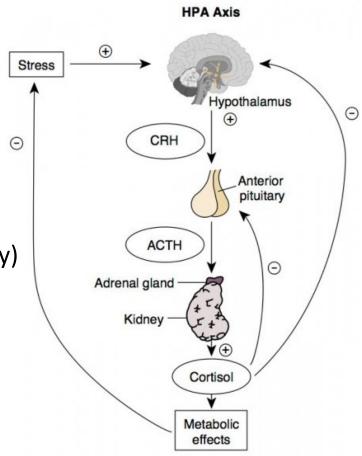
Pro-opio-melanocortin (POMC)

rough ER \rightarrow pre-prohormon produced by various tissues

cleavage to

- ACTH (target: adrenal cortex \rightarrow cortisol)
- MSH (target: melanocytes mostly in paracrine way)
- lipotropin (lipolysis, steroidogenesis)
- endorphins

POMC		
γ-MSH	ACTH	β-lipotropin
		γ-lipotropin β-endorphin
		β-MSH



FSH (folitropin), LH (lutropin)

- gonadotropic cells of adenohypophysis stimulated by GnRH
- glycoproteins, 30kDa

testes

- heterodimer, two noncovalent bound subunits (a/α common for LH, FSH, TSH, hCG, b/β specific)
- FSH receptor (testes, ovarium, uterus) G-protein coupled receptor
- glycosylated extracellular domain of 11 leucine rich repeats specific to FSH
- after ligand binding, activation of G-protein and cAMP signaling
- alternative activation of MAPK cascade (ERK)
- complex signaling response (prostaglandins, PLPc, NO)

FSH ovarium follicle development (FSHR in m. *granulosa cells*) LH

ovulation, development of corpus luteum, production of androgens in thecal cells

spermatogenesis, FSHR in Sertoli cells production of testos

extragonadal FSHR in secretory endometrium of luteal phase uterus (endometrial functions, embryo-endometrial interactions)

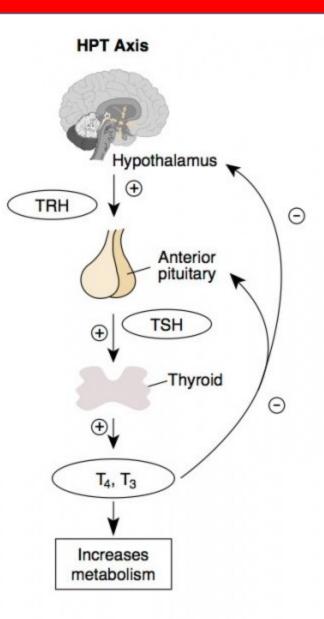
production of testosterone in Leydig cells (expression of LHR)

uterus, seminal vesicles, prostate, skin... unknown function

ADENOHYPOPHYSIS – HORMONES

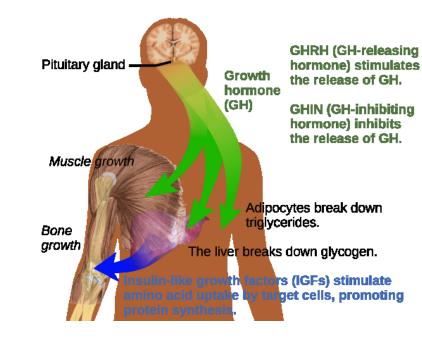
TSH, thyrotropin

- thyrotropic cells of adenohypophysis stimulated by TRH
- production of T4 (thyroxin) a T3 (triiodothyronin) by thyroid gland
- glycoprotein, 28,5 kDa, heterodimer, two noncovalent bound subunits (a, b)
- TSH receptor on thyroid follicular cells
- G-protein signaling \rightarrow adenylylcyklase \rightarrow cAMP
- cAMP → iodide channels (pendrin), transcription of thyreoglobulin, endo- and exocytic pathway
- cross-reactivity with hCG → in pregnancy alterations in synthesis of thyroid hormones (gestational hyperthyroidism)



GH, somatotropin, growth hormone

- somatotropic cells of adenohypophysis stimulated by GHRH (somatocrinin)
- several molecular isoforms (alternative splicing), ~20-24 kDa
- broad spectrum of target cell types and physiological circuits
- transcription of DNA, translation of RNA, proteosynthesis
- lipid use (fatty acid mobilization, conversion to acetyl-CoA)
- inhibition of direct use of glucose, stimulation of glukoneogenesis
- transmembrane transport of aminoacids
- proteosynthesis in chondrocytes and osteoblasts, proliferation, osteogenesis
- GHR in various tissues
- RTK, JAK-STAT
- somatomedins
- small proteins (MW 7,5 kDa), IGF-like
- produced by liver
- various pathologies associated with GH



Substances	Cell Types
PEPTIDES	
ACTIVIN B, INHIBIN, FOLLISTATIN	F,G
LOOSTERONE STIMULATING FACTOR	UN
NGIOTENSIN II (ANGIOTENSINOGEN, ANGIOTENSIN I	
CONVERTING ENZYME, CATHEPSIN B, RENIN)	C,G,L,S
ATRIAL NATURETIC PEPTIDE	G
CORTICOTROPIN-RELEASING HORMONE-BINDING PROTEIN	C
YNORPHIN	G
GALANIN	L,S,T
GAWK (CHROMOGRANIN B)	G
BROWTH HORMONE RELEASING HORMONE	UN
ISTIDYL PROLINE DIKETOPIPERAZINE	UN
AOTILIN	S
EUROMEDIN B	Т
EUROMEDIN U	c
	Т
EUROTENSIN	ÜN
PROTEIN 7B2	G,T
SOMATOSTATIN 28	UN
SUBSTANCE P (SUBSTANCE K)	G,L,T
HYROTROPIN RELEASING HORMONE	G,L,S,T
ASOACTIVE INTESTINAL POLTPEPTIDE	G,L,T
ROWTH FACTORS	0,2,1
BASIC FIBROBLAST GROWTH FACTOR	C,F
CHONDROCYTE GROWTH FACTOR	UN
PIDERMAL GROWTH FACTOR	G,T
NSULIN-LIKE GROWTH FACTOR	S,F
IERVE GROWTH FACTOR	UN
	UN
RANSFORMING GROWTH FACTOR ALPHA	L,S,G
ASCULAR ENDOTHELIAL GROWTH FACTOR	F
CYTOKINES	100
NTERLEUKIN-1 BETA	T
NTERLEUKIN-6	F
EUKEMIA INHIBITORY FACTOR	C,F
EUROTRANSMITTERS	
CETYLCHOLINE	C,L
	F

Table 2. Nonclassical Anterior Pituitary Substances and Cell(s) of Origin

S = somatotroph, T = thyrotroph, UN = unknown

Hypophyseal tumors

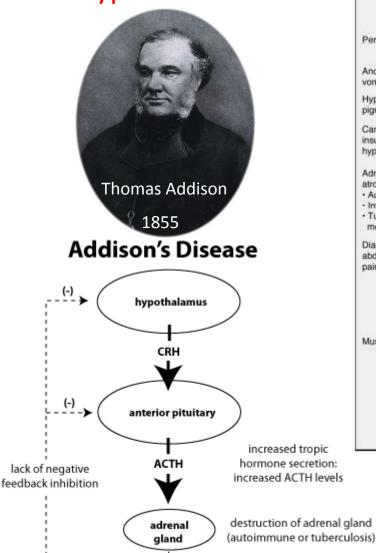
• compression of surrounding structures (e.g. optic chiasma)

- hyperfunction of endocrine component
 - prolactinoma galactorrhea
 - hypogonadism (alterations of GnRH)
 - gigantism acromegaly
 - nanism

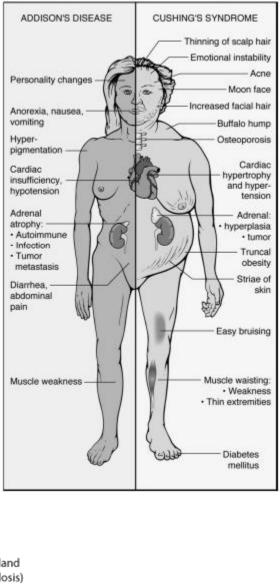


CLINICAL LINKS

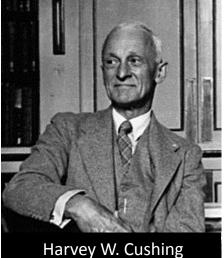
Corticotrophs hypofunction



low cortisol

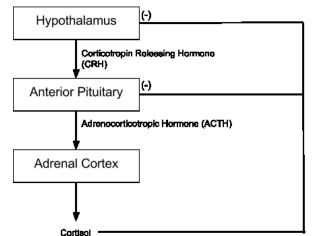


Corticotrophs hyperfunction

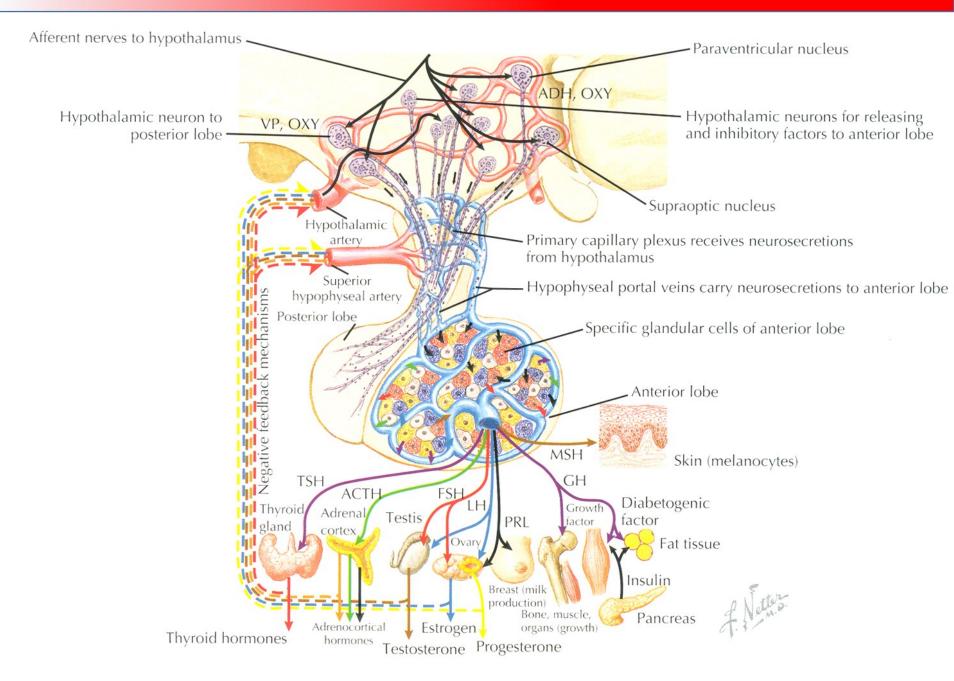


Harvey W. Cushing 1912

Cushing's syndrome



PITUITARY GLAND SUMMARY



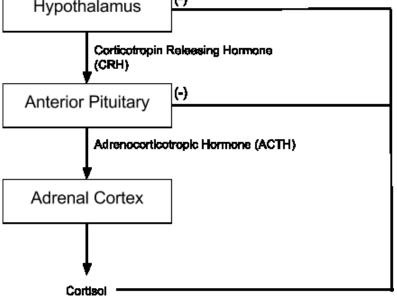
Anatomy			Microscopic anatomy			Hormones and target tissues			
Anterior lobe (adenohypophysis)	pars distalis		trabecular epithelium in cords and clusters, reticular fibers; agranular folliculo-stellate cells with so far unclear function						
		superior hypophyseal arteries → primary capillary plexus at eminentia mediana → hypophyseal portal veins → secondary capillary plexus in	undifferentiated cells degranulated chromophilic cells stromal cells		lack hormonal activity				
				acidophilic nonglandotropic	mammotropic cells	small polypeptides	<mark>dopamin (PIH)</mark> ⊥ PRF (?) → prolactin	mammary gland in gravidity and lactations	
			hils		somatotropic cells		somatostatin (GHIH) ⊥ GHRH → somatotropin (STH)	directly liver and growth plates other tissues via somatomedins	
	pars tuberalis	adenohypophysis	chromophils		corticotropic cells	glycoproteins	$CRH \rightarrow ACTH, MSH$	adrenal cortex → cortisol melanocytes	
				basophilic glandotropic	thyrotropic cells		$TRH \to TSH$	thyroid → thyroxin, T3	
	pars intermedia	Rathke's cysts	p ai gan		gonadotropic cells	glyco	GnRH → FSH (ICSH), LH	gonads → androgens, estrogens, progesterone	
Posterior lobe (neurohypophysis)	eminentia mediana → infundibulum	inferior hypophyseal	nonmyelinated axons of hypothalamic neurons n. supraopticus, n. paraventricularis (tractus hypothalamohypophysialis), pituicytes			des	ADH	tubulus reuniens, ductus colligens t.media of vessels	
	pars nervosa	arteries → capillary plexus in neurohypohysis				small peptides	oxytocin	myometrium of uterus during gravidity myoepithelium of lactating mammary gland	

To study the effects of the **hypothalamo-pituitary-adrenal axis**, groups of mice were injected with different hormones. **Group A mice were injected with cortisol** to mimic effects of Cushing's syndrome. **Group B mice were injected with hormone X. Group C mice were injected with a saline solution**. Blood samples were later taken from the various groups and average hormone levels were measured and recorded in Table 1.



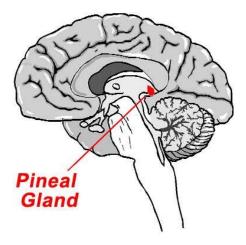
Table 1. Levels of hormones (in nmol/L) found in blood sample taken from experimental mice groups.

	CRH	ACTH	Cortisol	_		
Group A	20	150	900		Hypoth	alamus
Group B	45	430	760		51	
Group C	30	230	400		,	(CRH)
					Anterior	Pituitary
LFMU	JHIST					Adrenoco

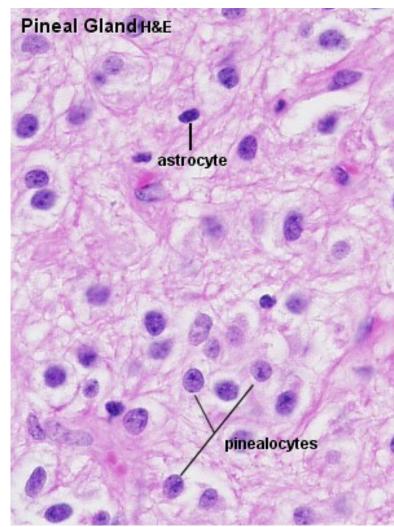


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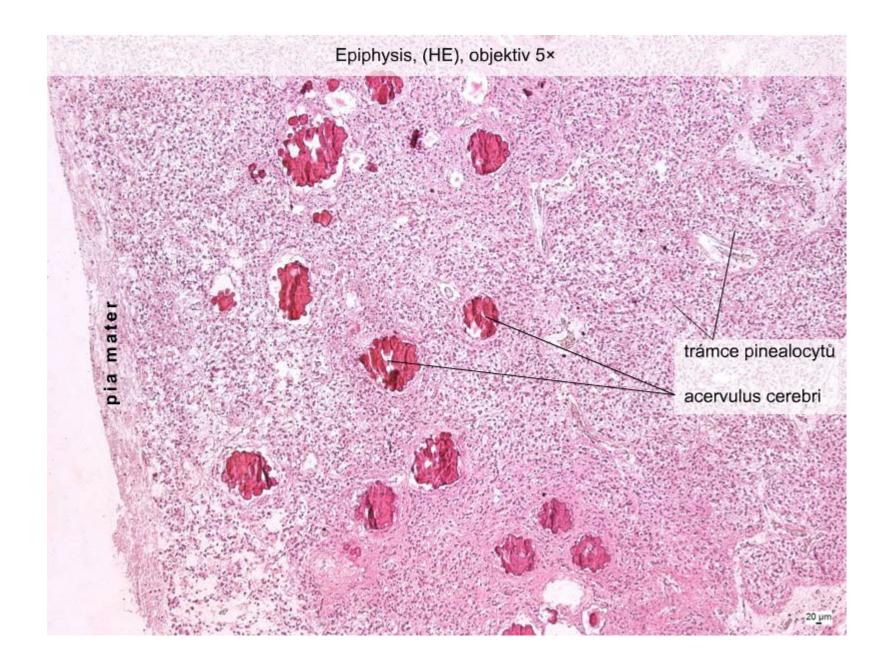




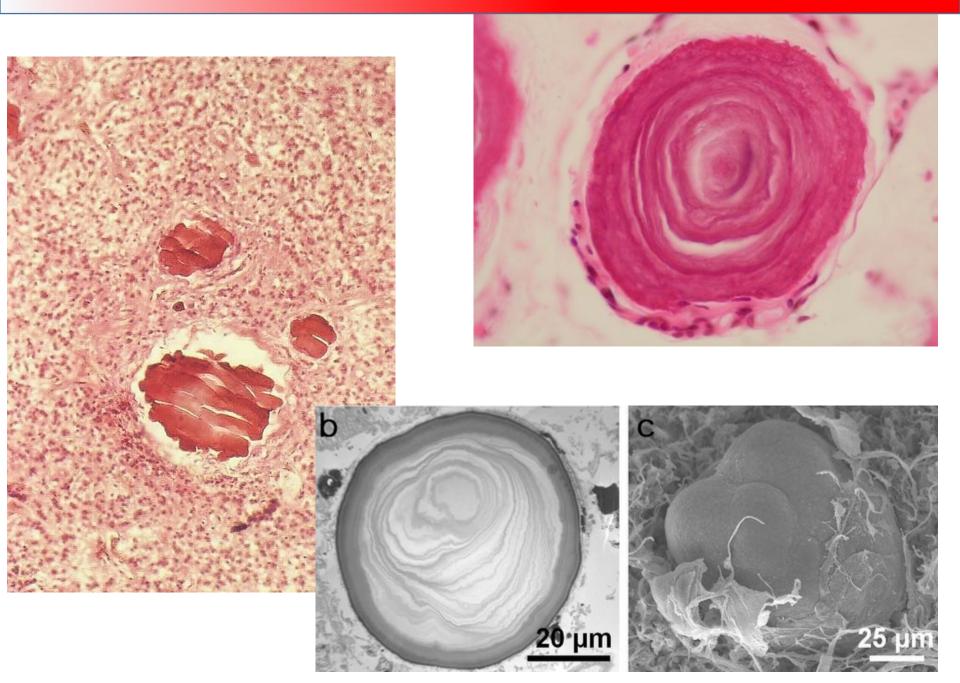
- epithalamus
- c.t. capsule continuous to pia mater
- thin c.t. septa
- non-myelinated nerve fibers
- **pinealocytes** (95%, large, pale, round nuclei)
- interstitial neuroglia (astrocytes, dark, elongated nuclei)
- acervulus cerebri
- melatonin



EPIPHYSIS (C. PINEALE)

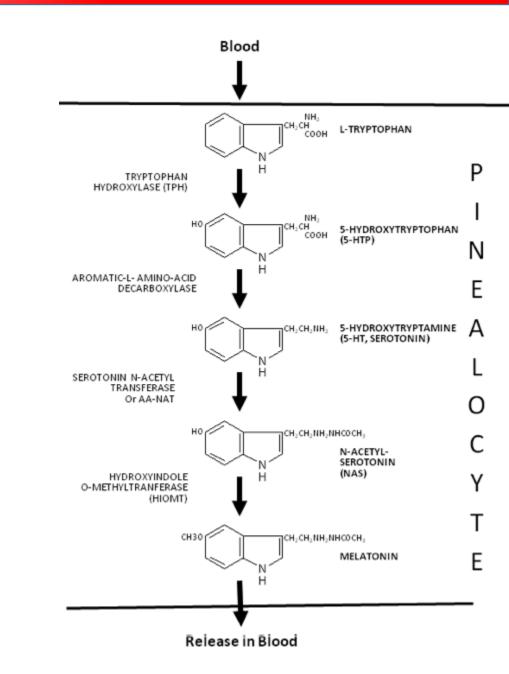


EPIPHYSIS - ACERVULUS CEREBRI

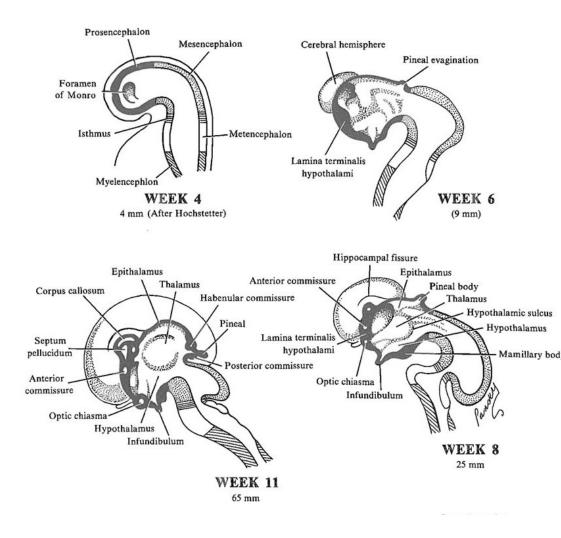


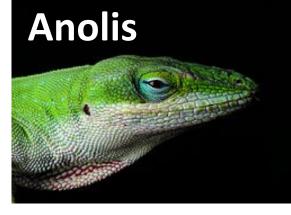
EPIPHYSIS (C. PINEALE)

- pinealocytes
- star-like, modified neurons in trabecules
- association with fenestrated capillaries
- neurosecretory dilatations
- nonvisual photoreception



- thickening of caudal part of ependyma that does not contribute to development of choroid plexus at the roof of diencephalon
- neuroectoderm





Parietal eye







- Follicular cells \rightarrow thyroid hormones (T3, T4)
- C cells → calcitonin
- C.t. capsule, septs

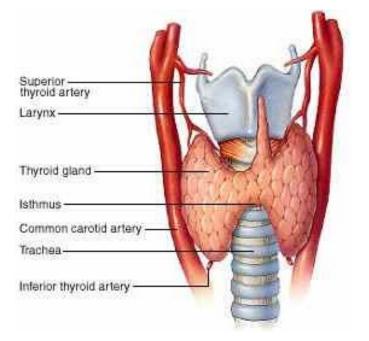
 $\textbf{Lobes} \rightarrow \textbf{lobuli - follicles}$

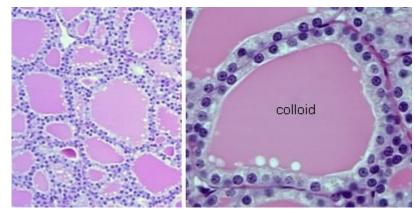
Follicles (50 μ m -1 mm)

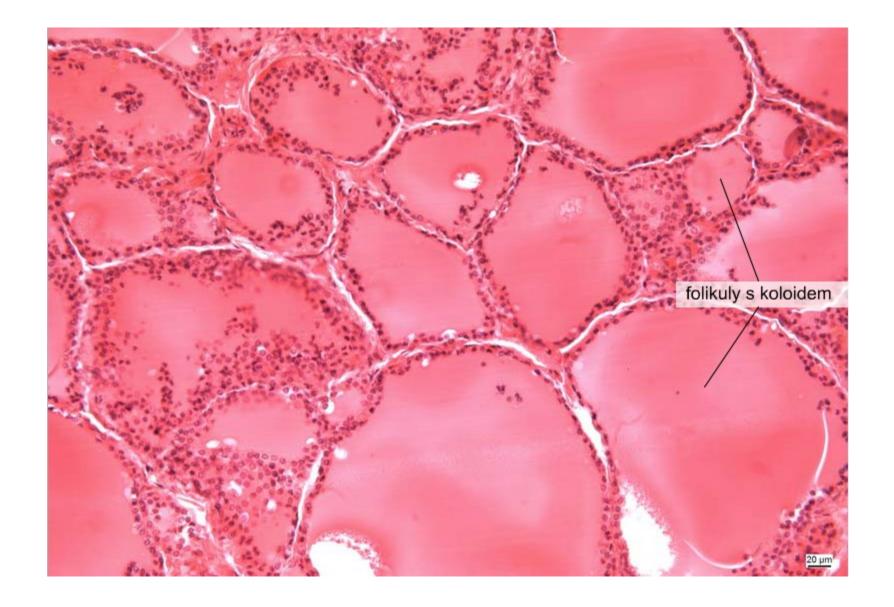
separated by interstitial loose collagen c.t.
simple epithelium (flat to cubic, according to their secretory activity)

- colloid

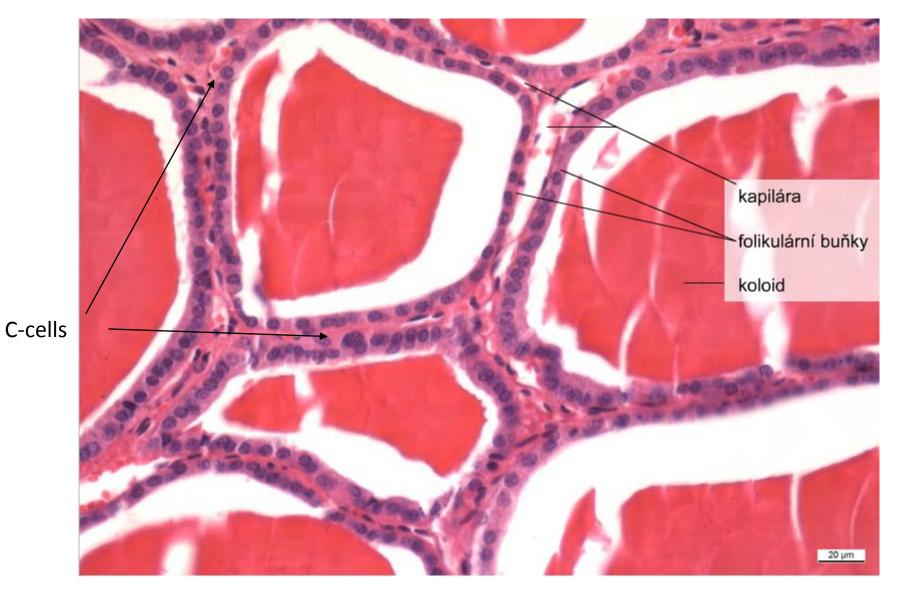
Capillary network from thyroid arteries







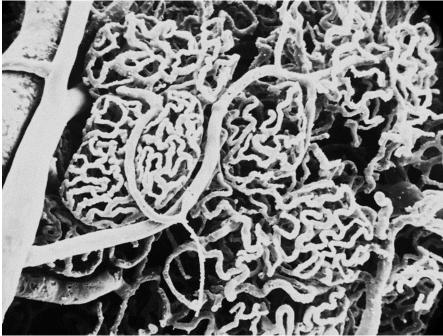
THYROID GLAND - FOLLICLES

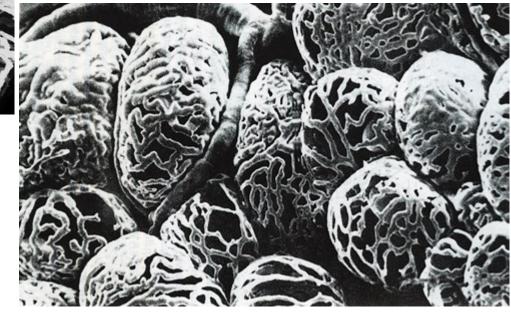


Follicular cells and C-cells (parafollicular)

FOLLICLES OF THYROID GLAND

Capillaries around thyroid follicles





T3 and T4

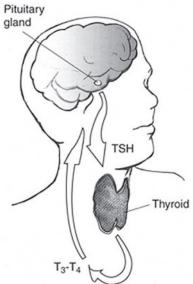
T4 synthesis in thyroid

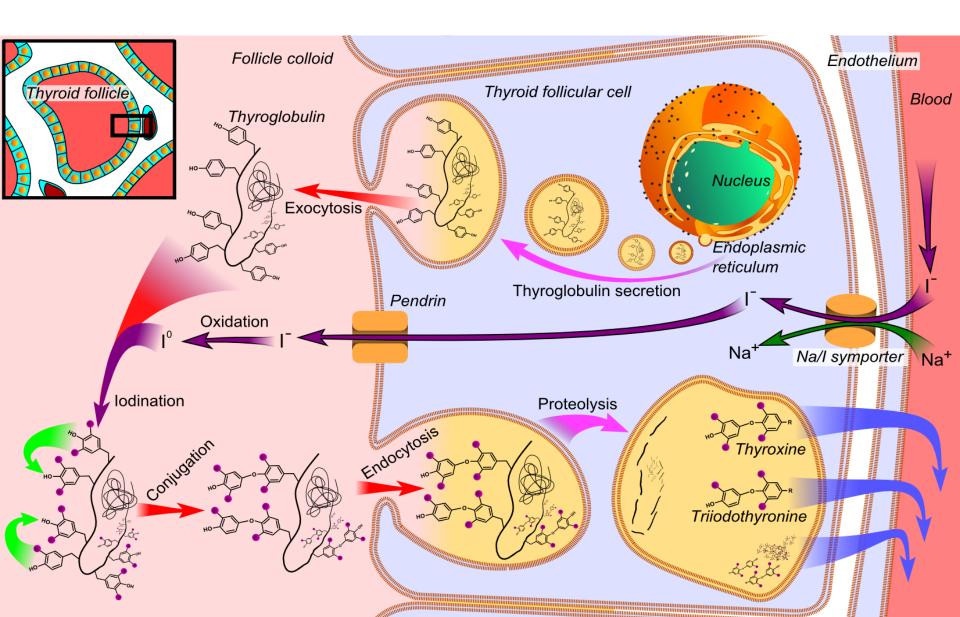
- sodium-iodide symporter transports two Na+ and one I- across the basement
- I⁻ is moved across the apical membrane into the colloid of the follicle.
- thyroperoxidase oxidises $2 I^- \rightarrow I_2$.
- thyroperoxidase iodinates the tyrosyl residues of thyroglobulin
- (TSH) stimulates the endocytosis of the colloidal content
- endocytic vesicles + lysosomes, lysosomal enzymes cleave T₄ from the iodinated thyroglobulin
- exocytosis

T3 synthesis from T4

- T4 half-life in blood 6.5 days, T3 2.5 (T4 is a reservoir for T3)
- deiodination by tissue specific deiodinase enzymes generates T3

Critical for brain development Metabolism (nitrogen balance, proteosynthesis, lipolysis)

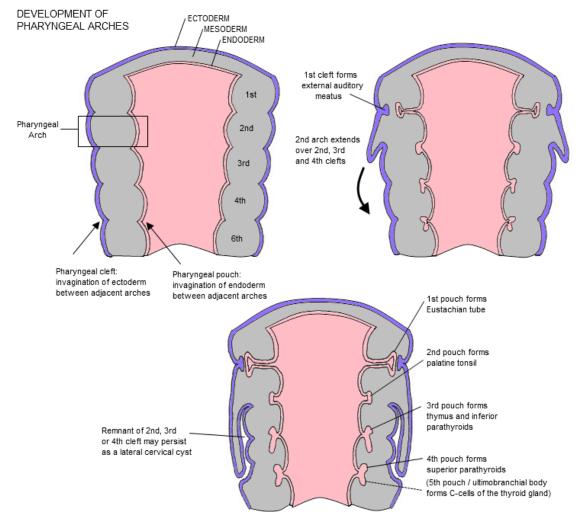




C cells of thyroid

Neuroendocrine cells

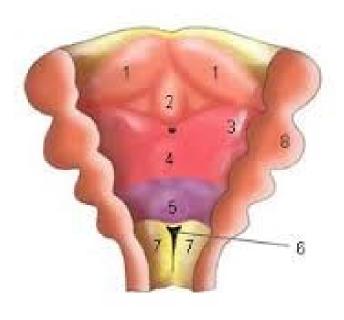
- pale staining
- epithelial basis, under basal lamina no contact with colloid
- derived from neural crest
- associate with ultimobranchial body, (derivative of the 4th pharyngeal pouch)

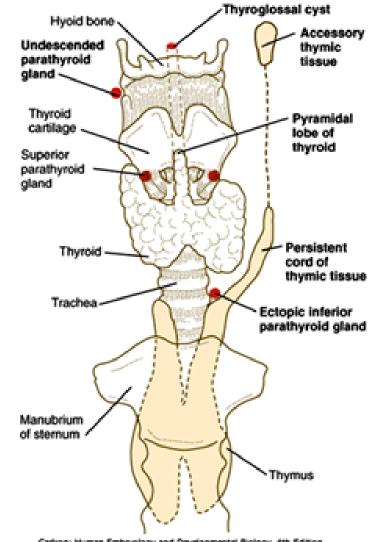


Calcitonin

- inhibition of osteoclasts

- endodermal proliferation of pharyngeal floor
- ductus thyreoglossus originates between tuberculum impar and copula
- bilobed civerticulum, lobus pyramidalis
- obliterated d. thyreoglossus foramen caecum
- ectopic thyroid tissue





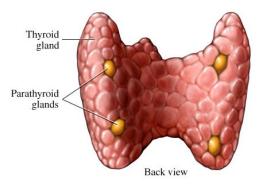
Carlson: Human Embryology and Developmental Biology, 4th Edition. Copyright © 2009 by Mosby, an imprint of Elsevier, Inc. All rights reserved. 6 mm, 130 mg

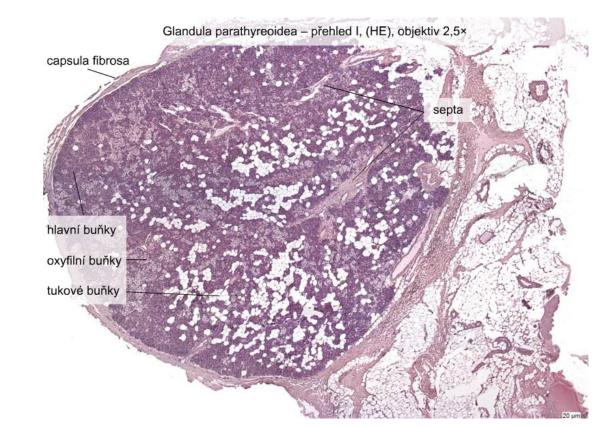
c.t. capsule and septs

Capillary network

Cords and clusters of glandular cells

- Chief
- Oxyphilic
- Adipose

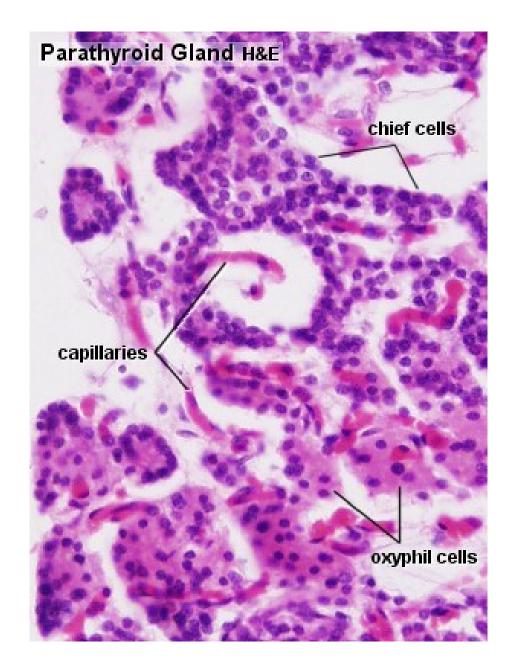




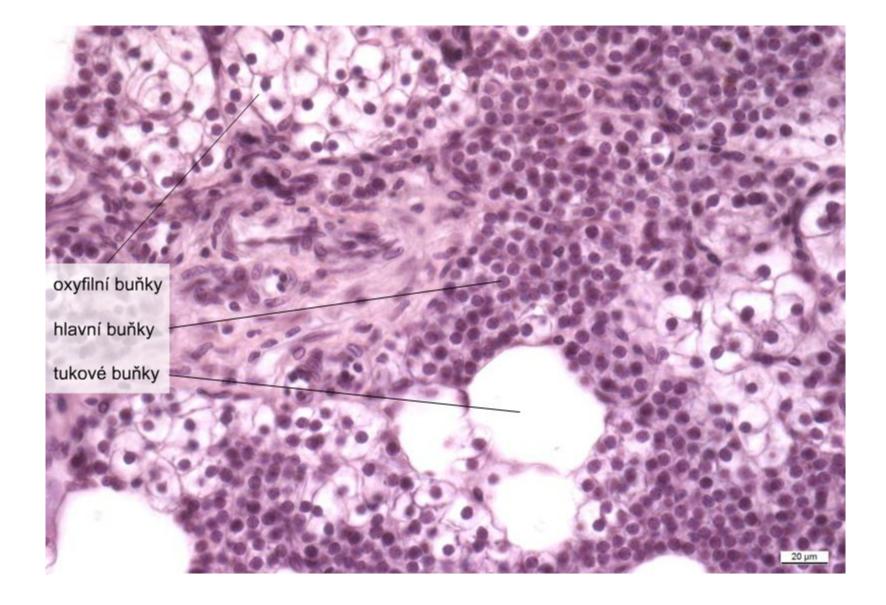
PARATHYROID GLAND (GL. PARATHYREOIDEA)

- Chief
 - most abundant
 - small cells (7-10µm, big nucleus
 - mildly acidophilic
 - PTH calcium metabolism

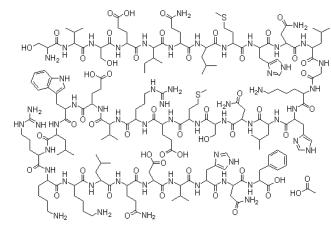
- Oxyphylic
 - large, polyhedral,
 - strongly acidophilic
 - round nucleus
 - glycogen

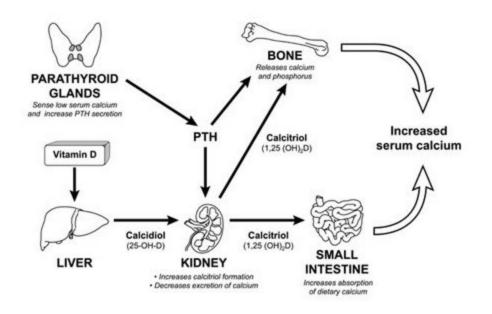


PARATHYROID GLAND (GL. PARATHYREOIDEA)

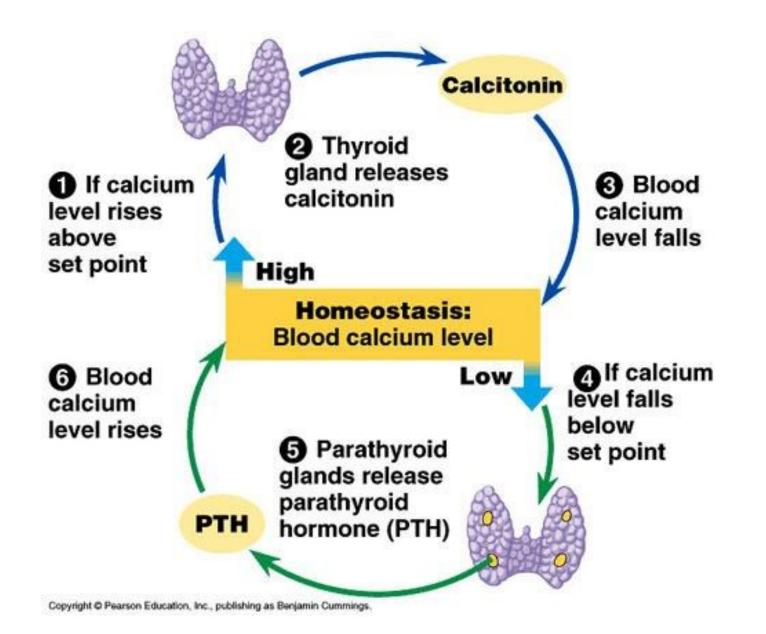


- 84 aminoacids
- stimulates resorption by osteoclasts
- enhances resorption of calcium and magnesium in distal tubules and thick ascending limb
- enhances absorption in the intestine (via vD3)

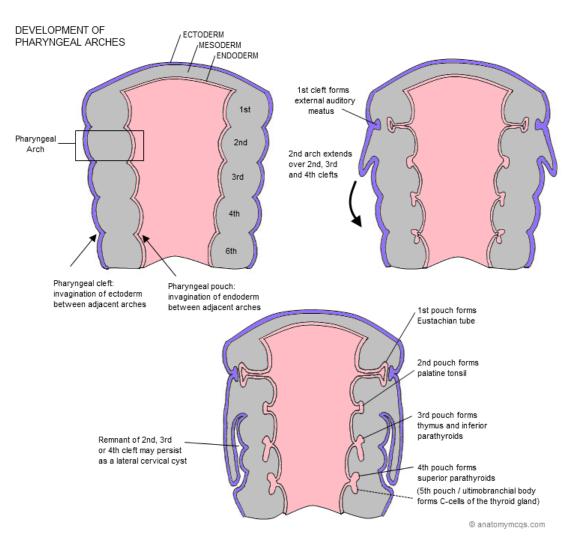


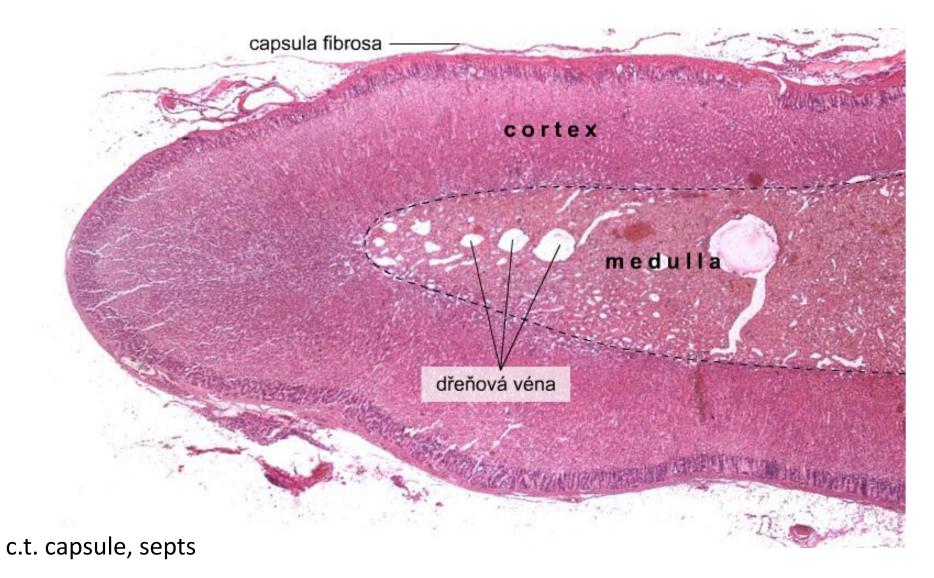


PTH vs. CALCITONIN



- glandulae parathyroideae superiores from endoderm of 4th pharyngeal pouch
- glandulae parathyroideae inferiores from dorsal process of 3rd pharyngeal pouch
- together with thymus descend to lower poles of thyroid
- ectopic PTH gland in thymus or mediastinum





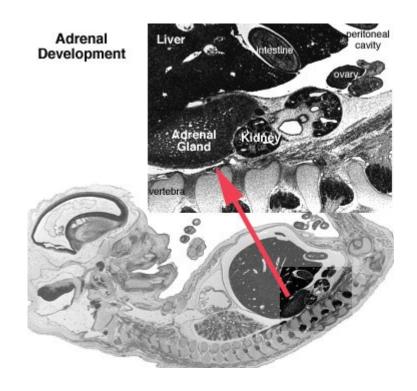
capillary plexus

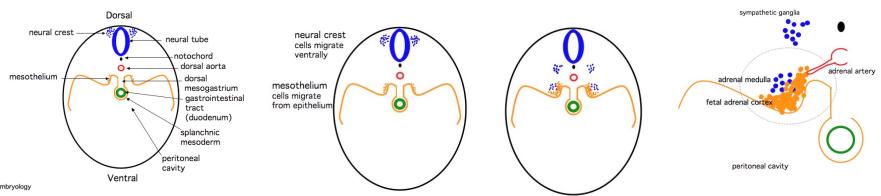
cortex

- mesoderm -
- mesothelium, coelomic epithelium -

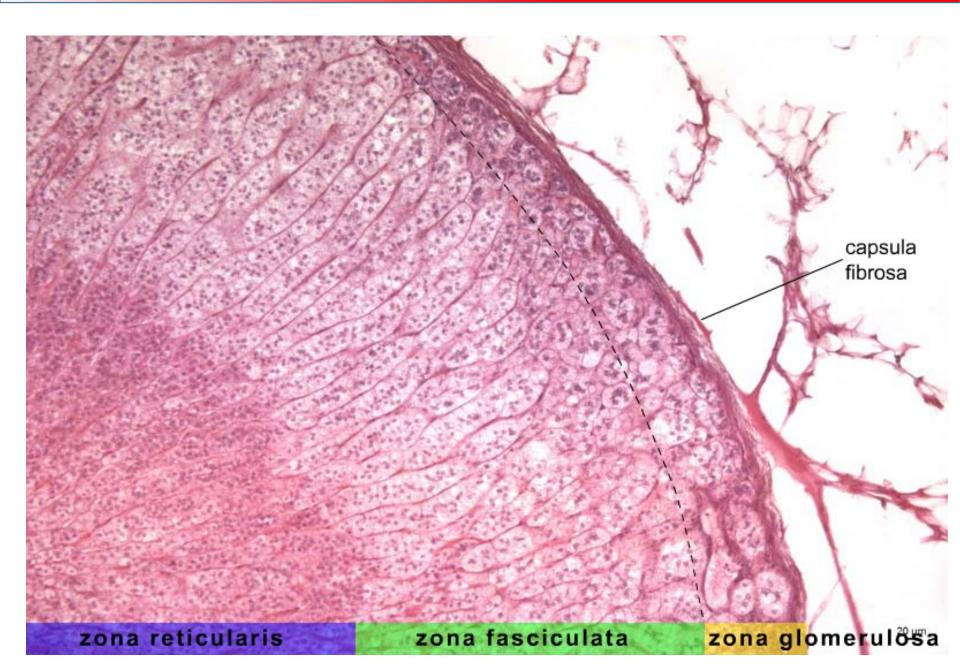
medulla

neural crest -

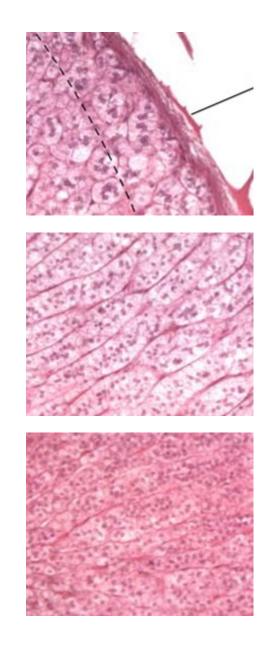




ADRENAL CORTEX

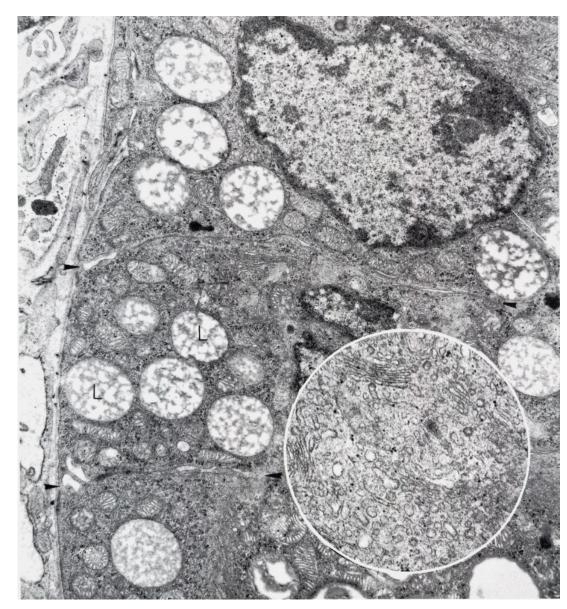


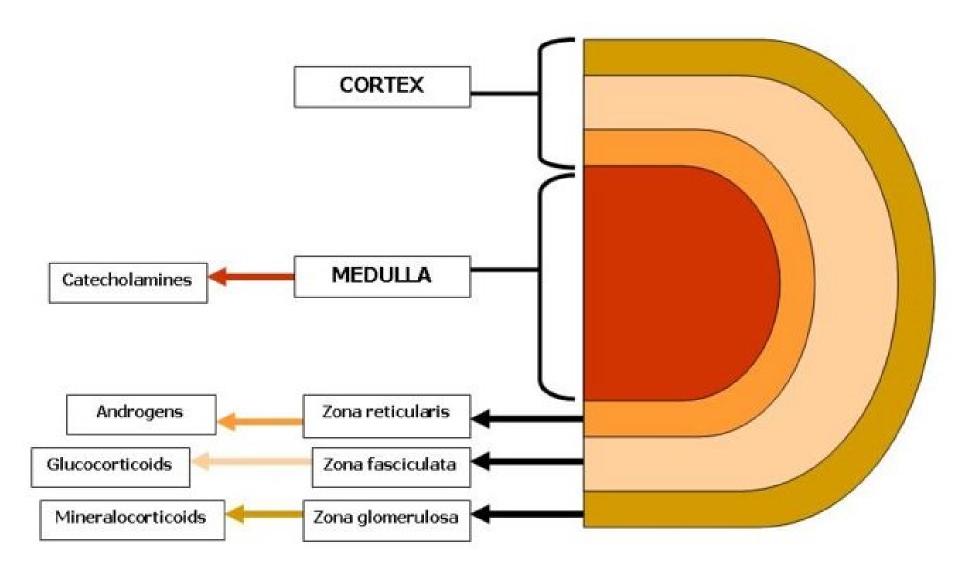
- Zona glomerulosa (1/10)
- thin layer under c.t. capsule
- relatively small cells in coiled glomeruli
- not so abundant lipid droplets
- mineralocorticoids
- Zona fasciculata (6/10)
- radially arranged trabecules
- lipid droplets in cytoplasm
- glucocorticoids
- Zona reticularis (3/10)
- branched trabecules
- small, acidophilic cells
- lipofuscin
- androgen precursors



ADRENAL CORTEX HORMONE

- Steroids produced incortex = CORTICOSTEROIDS
- Steroidogenic cells
 - SER, lipid droplets, mitochondria
 - mineralocorticoids
 - glucocorticoids
- Aldosteron zona glomerulosa
- Cortisol zona fasciculata
- Androgens, estrogens, progesteron zona reticularis

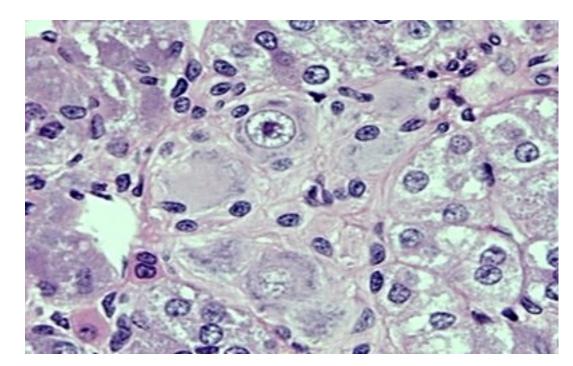




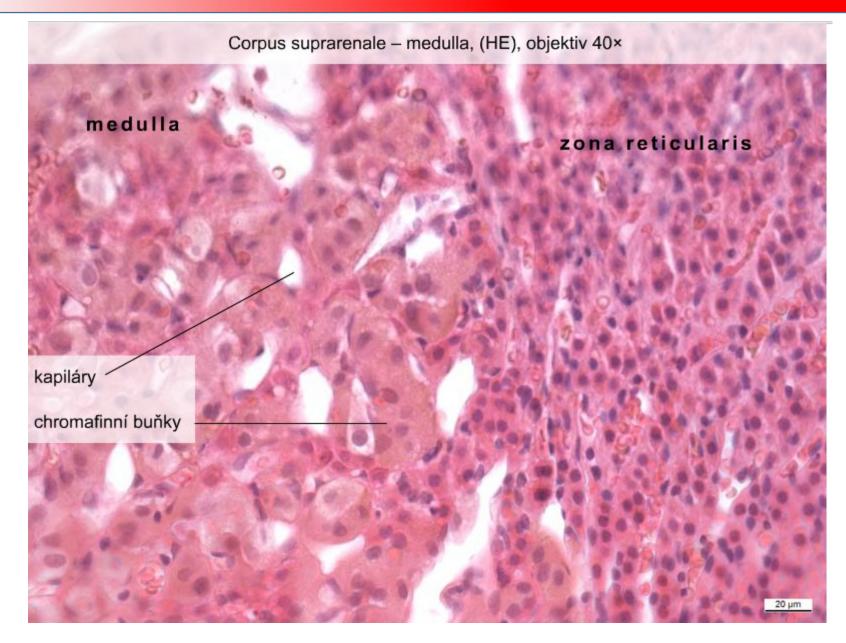
Clusters of glandular cells in reticular c.t.

- chromaffin cells modified postganglionic neurons
- ganglionic cells
- capillaries, venules, nerve fibers
- adrenaline and noradrenaline

Neural crest origin



ADRENAL MEDULLA

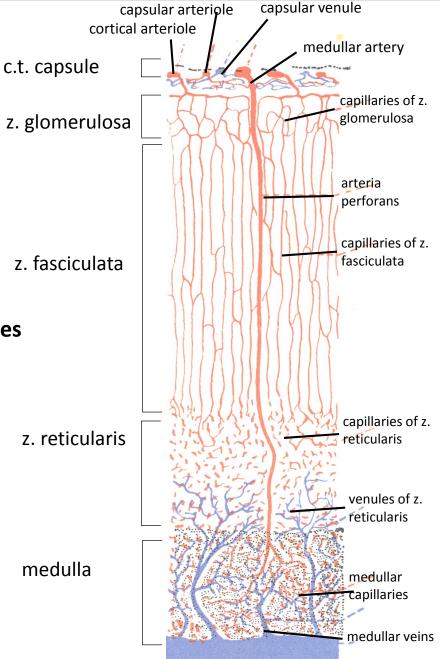


arteriae suprarenales (3) \rightarrow arterial plexus in cortex under c.t. capsule \rightarrow radially oriented fenestrated sinusoid capillaries continuous with medullar capillaries \rightarrow medullar veins $\rightarrow v$. suprarenalis

 \rightarrow Medullary cells influenced by cortical hormones

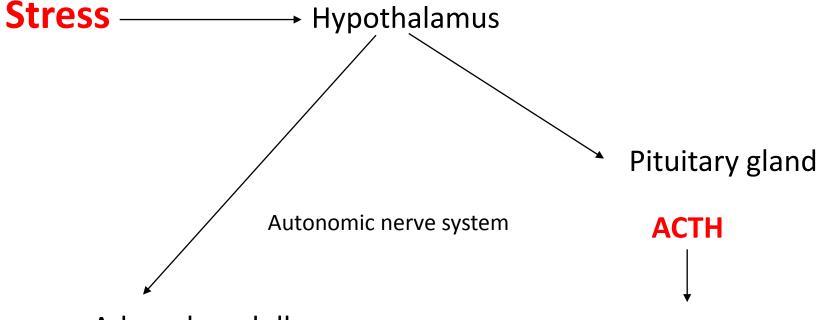
three arterial regions

- 1) c.t. capsule and superior parts of cortex z.
- radial capillaries of cortex continuing to medulla
- 3) medullar capillaries from *aa. perforantes*



Adrenal hormones

Region (zone)		Hormone	Target tissue	Hormonal effect	Control	
	Zona glomerulosa	Mineralocorticoids (aldosteron)	Kidney	Increaed renal reabsorption of Na+ and water Synergic to ADH Excretion of K ⁺	renin-angiotensin system, high level of K ⁺ low level of Na ⁺	
Cortex	Zona fasciculata	Glucocorticoids		Release of aminoacids from muscles and lipids from fat tissue, peripheral utilization of lipids, antiinflammatory effects	Stimulation by ACTH	
	Zona reticularis	Androgens (dehydroepiandrosterone)	Most cells	In adult males not significant Children and women growth of bones, muscles, hematopoiesis	Stimulation by ACTH	
Medulla		Epinefrine, norepinefrine	Most cells	Increased heart activity, centrlaization of circualtion, bronchodilatation, glycogenolysis, regualtion og glycemia	Sympaticus	



Adrenal medulla

Adrenaline

- blood pressure, vasoconstriction, heart rate...

Adrenal cortex

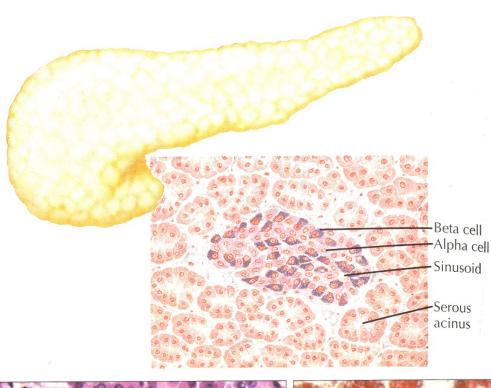
Kortisol

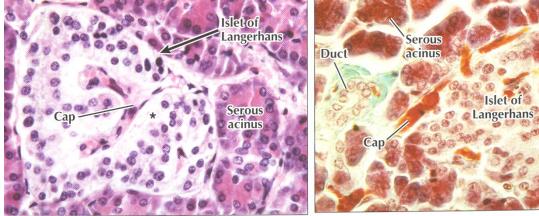
- glycogen lysis
- stabilization of glucose levels
- suppression of immune system

20 µm

Chronic stress

Fight or Flight







Paul Langerhans 1847 – 1888)

Beitwäge zur mikroskopischen Anatomie der Bauchspeicheldrüse.

INAUGURAL-DISSERTATION,

BUE ERLANGUNG DER DOCTORWÜRDE

15 DS&

MEDICIN UND CHIRURGIE

MEDICINISCHEN FACULTÄT

DER FRIEDRICH-WILHELMS-UNIVERSITÄT

EU BERLIN

OND ÖFFRATLICH EN VARTERIDING

am 18. Februar 1869

'an **s**arl

Paul Langerhans an Berlin.

OPPONENTEN

G. Loeillet de Mars, Dd. med O. Soltmann, Dd. med. Paul Ruge, Stud. med.

BERLIN. BICHDRICKERRI VON GISTAV LANGE.

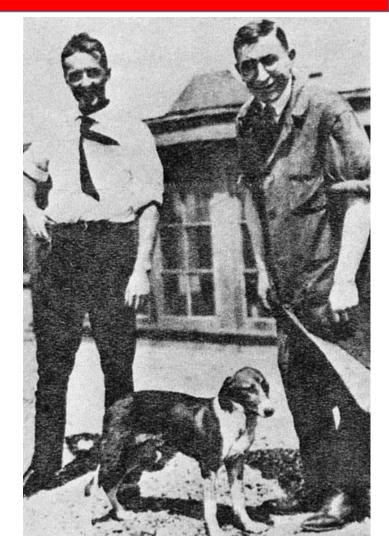
ISLETS OF LANGERHANS



Prof. d'Histologie à la Faculté de Médecine de Lille.

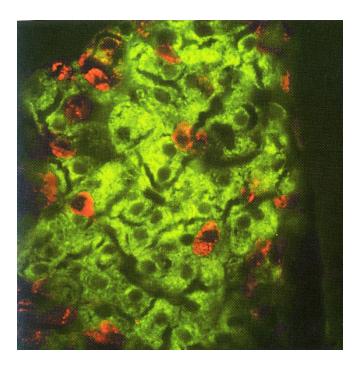
DESCHIENS, éditeur.

Laguesse E. Sur la formation des ilots de Langerhans dans le pancreas. Comptes Rend SocBiol **1893**;5 (Series 9k.819-20

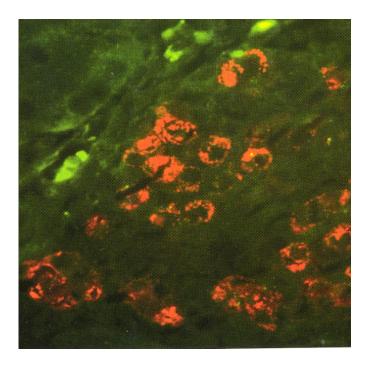


On July 27, **1921**, Sir Frederick Banting and Charles Best succeeded in isolating insulin from canine pancreases and thereby discovered the first effective treatment for diabetes mellitus.

HEALTHY



DIABETES TYPE I



B-cells producing insulin

Ab-anti insulin – Alexa Fluor

A-cells producing glucagon

Ab-anti glukagon – Texas Red





To study the effects of the hypothalamo-pituitary-adrenal axis, groups of mice were injected with different hormones. Group A mice were injected with cortisol to mimic effects of Cushing's syndrome. Group B mice were injected with hormone X. Group C mice were injected with a saline solution. Blood samples were later taken from the various groups and average hormone levels were measured and recorded in Table 1.

Table 1. Levels of hormones (in nmol/L) found in blood sample taken from experimental mice groups.

	CRH	ACTH	Cortisol
Group A	20	150	900
Group B	45	430	760
Group C	30	230	400

According to the results of the experiment, which is the most likely identity of hormone X?

Please choose from one of the following options.

•CRH, because Group C's concentration of ACTH and cortisol is lower than that of the control group.

•ACTH, because Group B's concentration of ACTH and cortisol is higher than that of the control group.

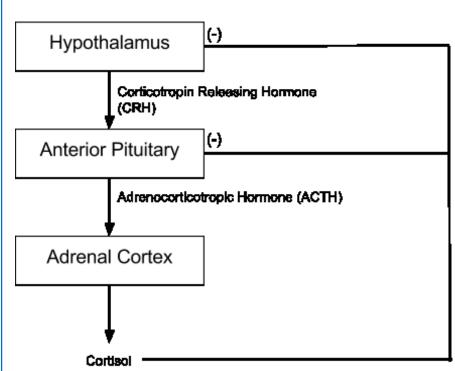
•ACTH, because Group C's concentration of ACTH and cortisol is lower than that of the control group.

•CRH, because Group B's concentration of ACTH and cortisol is higher than that of the control group.

Which of the following would exacerbate the symptoms of Cushing's disease?

Please choose from one of the following options.

- •Somatic cells not responding to cortisol.
- •Taking a glucocorticoid receptor antagonist.
- Radiation therapy to treat a pituitary adenoma.
- Taking glucocorticoids to treat asthma.



Why does a pituitary adenoma cause a patient to have an excess level of cortisol?

Please choose from one of the following options. It increased the size of the hypothalamus. Its cells did not respond to CRH. Its cells did not respond normally to cortisol.

•It decreased the level of ACTH circulating in the body.

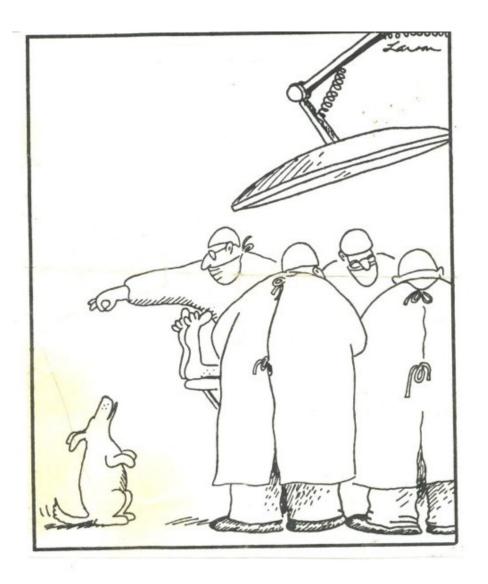
Which of the following can result in a chronic increase in a patient's ACTH and CRH levels?

•Pituitary tumor.

•Destruction of the adrenal glands.

•Taking medicinal glucocorticoids, such as prednisone.

•Hypersecretion of cortisol from the hypothalamus.



Thank you for attention

Comments and questions:

pvanhara@med.muni.cz