

- (I.) Red blood cell count. Estimation of haemoglobin concentration. Calculated parameters of red blood cells
- (II.) Estimation of blood group by slide method

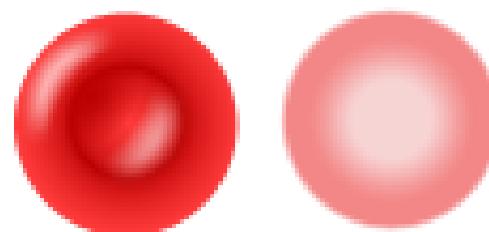
## Physiology I – practicals

# Red Blood Cell (RBC) – erythrocyte

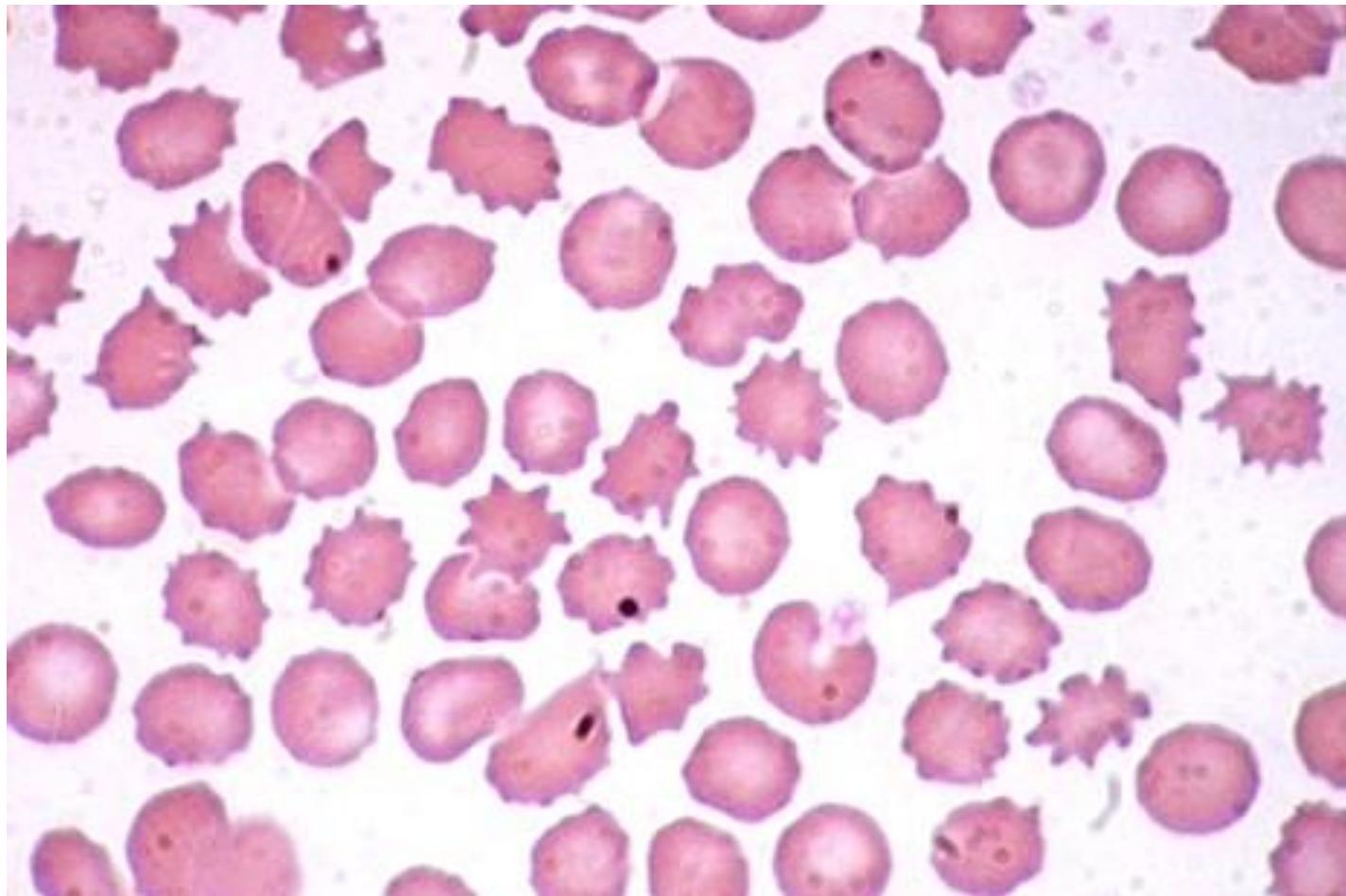
- Anucleated cell, the most abundant blood cell
- Shape:
  - Biconcave disc
    - surface increased by 30%
    - spectrin
    - deformation inside the capillaries
- Functions:
  - Transport of oxygen (haemoglobin)
  - Role in acidobasic balance and CO<sub>2</sub> transport
- Size:
  - Normocyte: 7.5 µm
  - Microcyte: ≤ 7 µm
  - Macrocyte: ≥ 9 µm
  - Megalocyte: ≥ 20 µm

# Reticulocyte

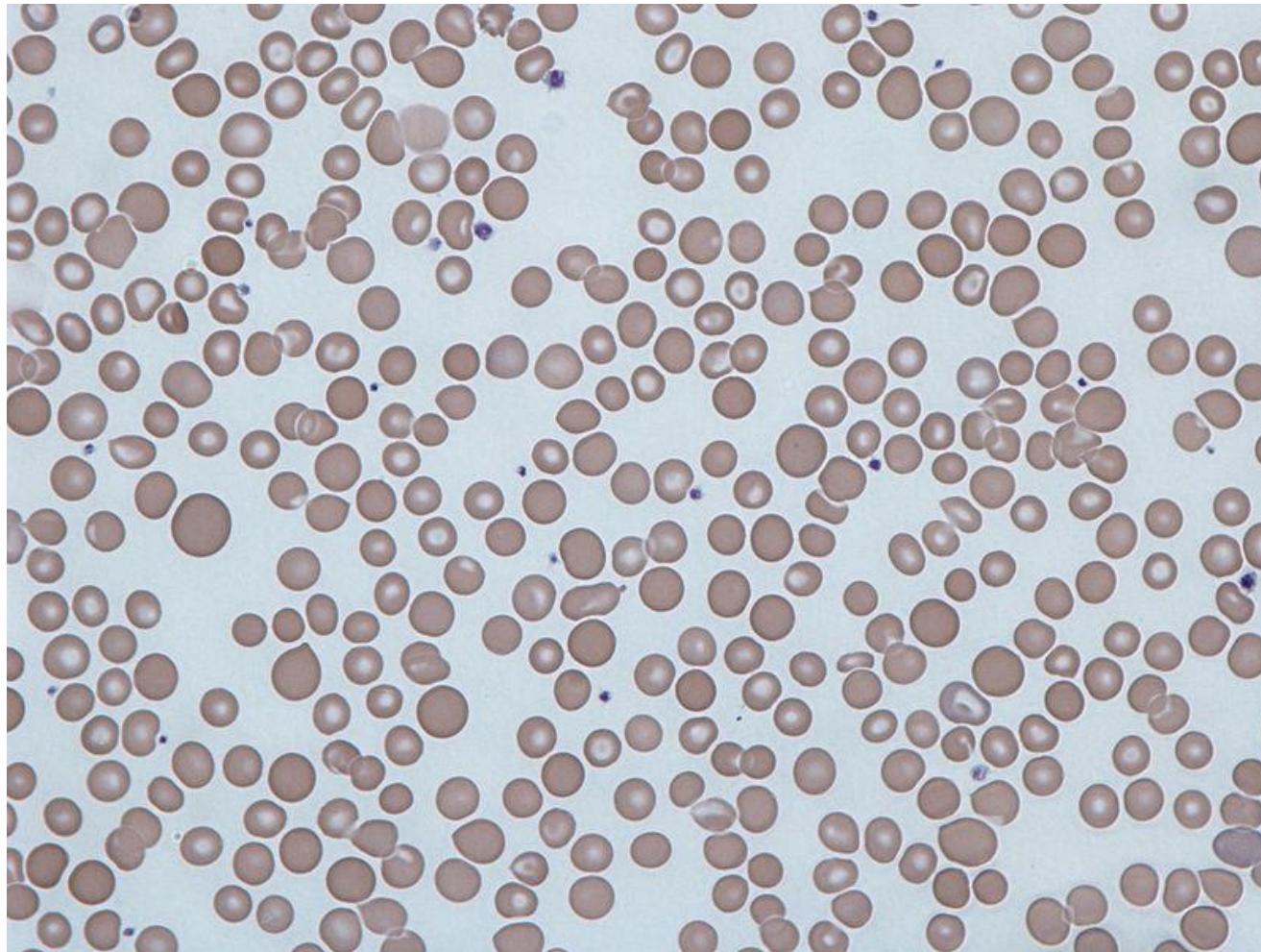
- Immature RBC
- In peripheral blood:  $1\% \pm 0.5\%$  of RBC
  - reticulocytosis: increased ratio of reticulocytes in peripheral blood
- No nucleus, but residues of membrane organelles in cytoplasm (substantia granulo-filamentosa)
- Within 48 hrs. maturation to RBC



# Alteration of shape: poicylocytosis



# Anisocytosis: varying size of RBCs



# RBC count

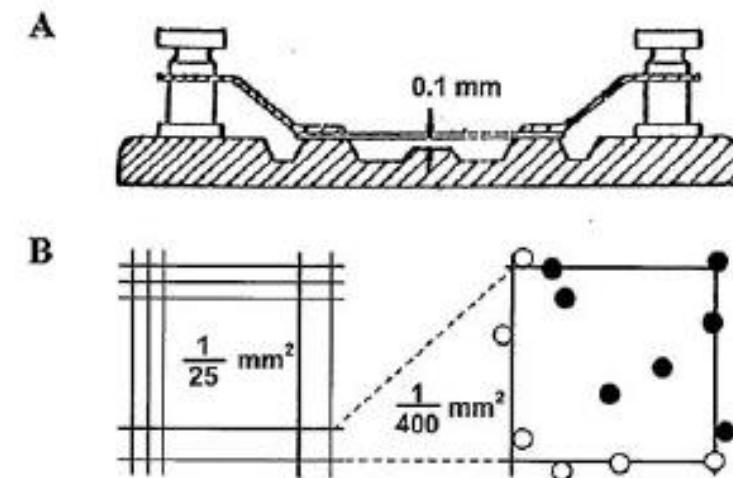
- Number of RBC
  - Men:  $4.3-5.3 * 10^{12} / \text{L}$
  - Women:  $3.8-4.8 * 10^{12} / \text{L}$
  - Newborns:  $4.4-7.0 * 10^{12} / \text{L}$
- Intersexual differences:
  - Men: testosterone (male sex hormone) stimulates releasing of erythropoietin
  - Women in fertile period: relative erythrocytopenia due to menstruation

# Alterations of RBC count

- polyglobulia – increased number of RBCs
- erythrocytopaenia – decreased number of RBCs

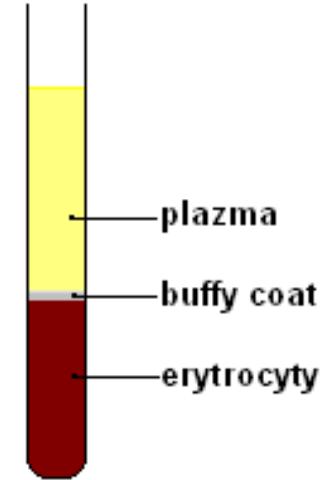
# Estimation of RBC count

- Automatic methods
- Classical method: Bürker's chamber + Hayem's solution



# Haematocrit

- Volume percentage of blood cells in blood sample (erythrocyte volume fraction)
- Centrifugation of **anti-coagulated** blood
  - Plasma
  - Buffy coat
  - RBC
- Hct (hematocrit)
  - Men: 42-52%
  - Women: 37-47%



# Hemoglobin

- Hemoglobin concentration (HGB)
  - Men: 140-180 g/l
  - Women: 120-160 g/l
  - Newborns: 160-240 g/l

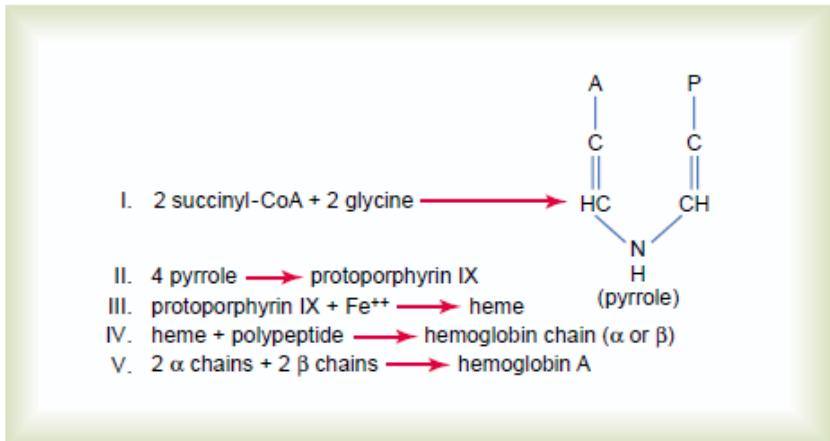


Figure 32-5

Formation of hemoglobin.

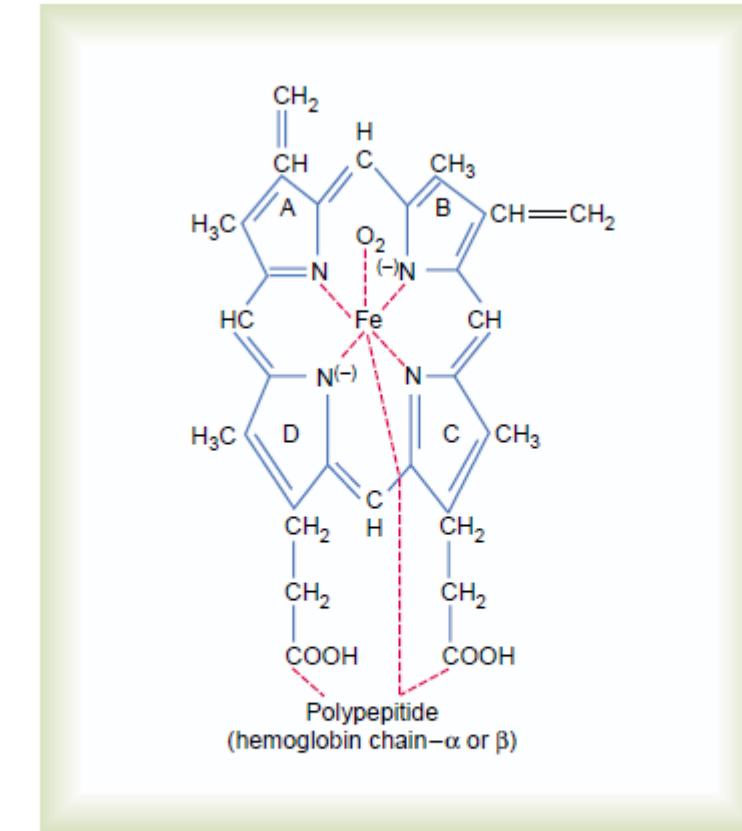


Figure 32-6

Basic structure of the hemoglobin molecule, showing one of the four heme chains that bind together to form the hemoglobin molecule.

# Estimation of HGB

- Spectrophotometric method:
  - lysis of RBC by transforming solution + stabilisation of haemoglobin (Hb-cyanide)
  - Measurement of light absorption

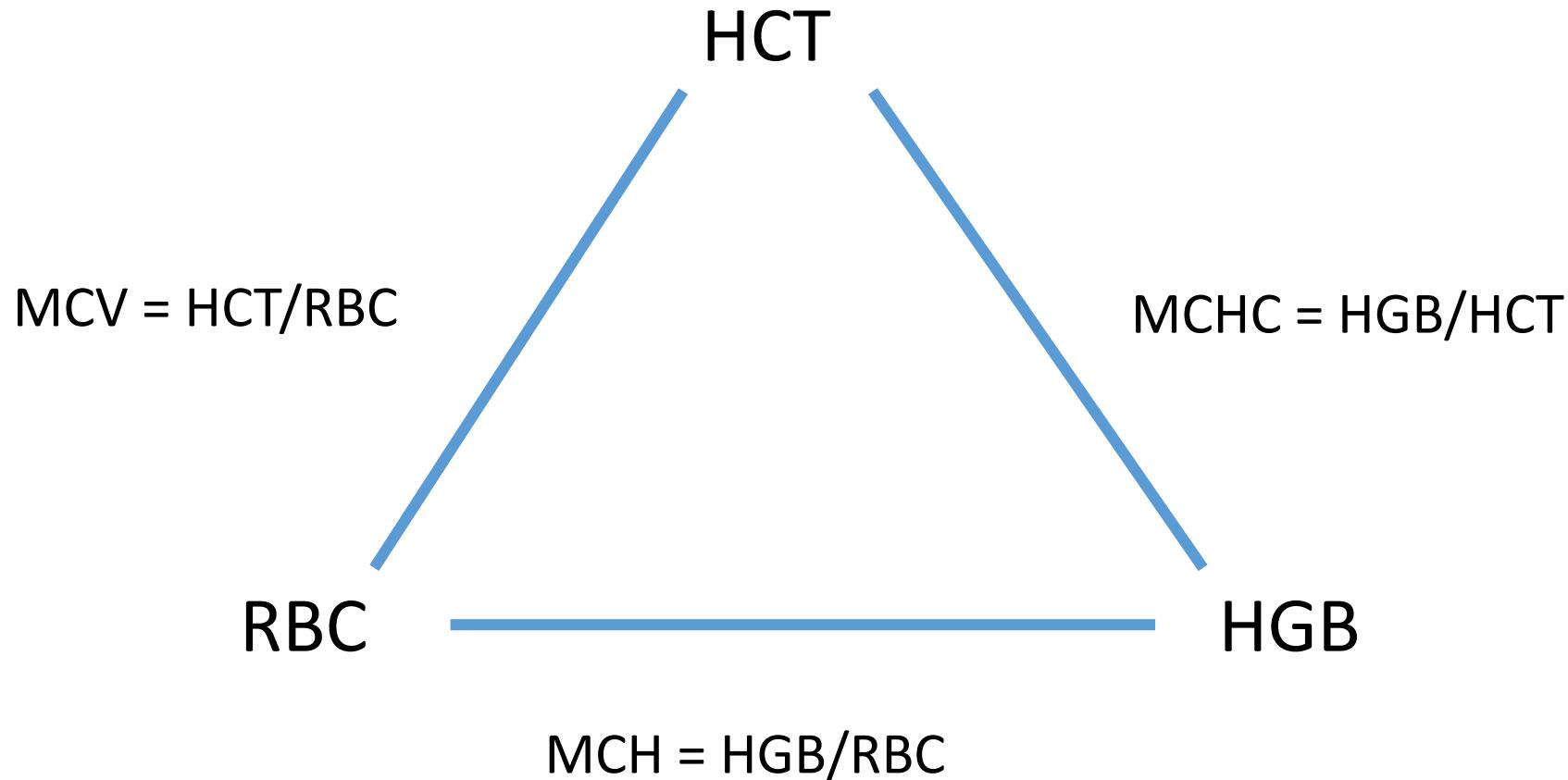
# Haemoglobin - derivatives

- **Oxyhaemoglobin** – haemoglobin + O<sub>2</sub>
- **Carboxyhaemoglobin** – haemoglobin + CO
- **Carbaminohaemoglobin** – haemoglobin + CO<sub>2</sub>
- **Methemoglobin** = haemoglobin with oxidized Fe (Fe<sup>3+</sup>)

# Calculated parameters of RBCs

- Average volume of RBC (**MCV**, mean corpuscular volume)
  - MCV = HCT/RBC (hematocrit/ red blood count) = 80-95 fl
- Average weight of Hb in RBC (**MCH**, mean corpuscular hemoglobin)
  - MCH = HGB/RBC (haemoglobin/ red blood count) = 28-32 pg
- Average concentration of Hb in RBC (**MCHC**, mean corpuscular hemoglobin concentration)
  - MCHC = HGB/HCT (hemoglobin/ hematokrit) = 310-360 g/l
- Red cell distribution width (**RDW**) = 11,5-14,5%
  - Variation of RBCs size
  - ↑RDW – anisocytosis

# Calculated parameters of RBCs



# Anaemia

- **Decreased concentration of Hb in blood**
- Symptoms
  - Pale mucose membrane
  - Fatigue
  - Tachycardia
  - Dyspnoe

# Sideropenic anaemia

- Deficiency of  $\text{Fe}^{2+}$  → decreased production of RBCs → hypoxia stimulates releasing of erythropoietin → increased production of RBCs with lack of Hb
- **Microcytic hypochromic anaemia**

# Pernicious anaemia

- Deficiency of B<sub>12</sub> or folic acid
- **Macrocytic, hyperchromic anaemia**

# Krevní skupiny

- Ery na svém povrchu nesou různé antigeny, podle kterých je dělíme do krevních skupin. Tyto krevní znaky se dědí a jsou neměnné během celého života
- Např. systémy: ABO, Rh, MNs (průkaz otcovství), Kell, Lewis

# ABO systém

- Aglutinogeny – glykoproteiny:
  - 0 – pouze struktura H, alela ii, 33%
  - A – na strukturu H navázaný N-acetylgalaktosamin, alely AA, Ai, 45%
  - B – na strukturu H navázaná galaktóza, alely BB, Bi, 16%
  - AB – nese antigeny A + B, alela AB, 6%
  - Nevyskytuje se jen na erytrocytech.
- Aglutininy – protilátky IgM:
  - 0 – anti-A + anti-B
  - A – anti-B
  - B – anti-A
  - AB – nemá
  - Jejich tvorba je zahájena po příjmu potravy a probíhá po celý život. Nemohou procházet placentární bariérou (kde je přenašeč pouze pro IgG).

# ABO systém

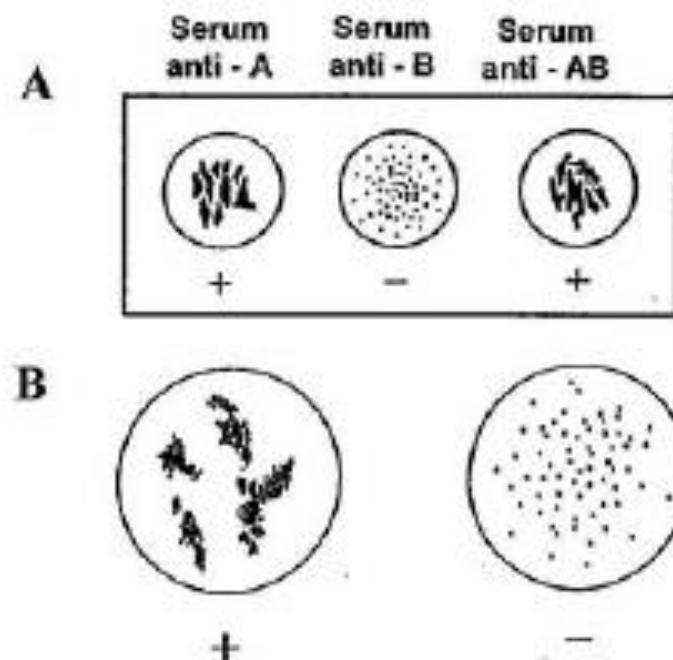
	SKUPINA A	SKUPINA B	SKUPINA AB	SKUPINA 0
erytrocyty				
protilátky	Anti-B	Anti-A	žádné	Anti-A Anti-B
antigeny	A antigen	B antigen	A a B antigeny	žádné

# ABO systém: dědičnost

- Alely: A, B, i
- A a B se dědí kodominantně, projeví se obě alely
- alela i je vůči nim recesivní

# Určení krevních skupin sklíčkovou metodou

- Sklíčková metoda – na podložní sklíčko kápneme krev a standardní séra skupiny A, B a 0. Dle aglutinace určíme krevní skupinu.



# Rh faktor

- Objeven u opice Makak rhesus
- Antigeny C,c,D,d,E,e
  - Je-li přítomno D → Rh<sup>+</sup>, dominantní
  - Rh<sup>-</sup> jsou recesivní homozygoti
- Protilátky IgG se tvoří až po setkání a antigenem D
  - Procházejí placentou
  - Možnost imunizace:
    - Transfuze inkompatibilní krve
    - Delivery (miscarrige, abortion) Rh<sup>+</sup> child Rh<sup>-</sup> mother, u dalšího těhotenství může nastat **fetální erytroblastóza** – dochází k prostupu anti-Rh protilátek placentou a k hemolýze fetálních erytroblastů → hydrops fetalis
    - Prevence: podání anti-Rh séra matce do 2 hodin po porodu

# Zdroje obrázků

- Slide 3 - <https://en.wikipedia.org/wiki/Reticulocyte> [cited 30.8.2015]
- Slide 4 - <http://medicaltreasure.com/poikilocytosis/> [cited 30.8.2015]
- Slide 5 - <https://commons.wikimedia.org/wiki/File:Anisocytosis.jpg> [cited 30.8.2015]
- Slide 7, 21 – Praktická cvičení z fyziologie, Masarykova univerzita 2011
- Slide 8 - <http://www.wikiskripta.eu/index.php/Hematokrit> [cited 30.8.2015]
- Slide 9 – Ganong's Review of medical physiology, Ganong, Mc Grow hill, 2010
- Slide 19 - [http://www.wikiskripta.eu/index.php/Soubor:Krevni\\_skupiny.png](http://www.wikiskripta.eu/index.php/Soubor:Krevni_skupiny.png) [cited 30.8.2015]