



# Neuroophthalmology

MAREK MICHALEC, MD PHD

**Clinic of Ophthalmology** 

Faculty Hospital Brno and Masaryk University

### Content

- Visual pathway affection
  - Diseases and affections of optic nerve
  - Optic chiasm pathology
  - Pathology of retrochiasmic part
- Eye movement disorders
  - Binocular diplopia
- Pupillary reaction abnormalities
  - Anisocoria

#### Combined disorders

### **Examination - part I**

- Medical history
  - subjective (visual loss, diplopia)
    - When it started/ how long lasts it?
    - Does it change in time/ during the day?
    - Any progression?
    - What about the fellow eye?
    - Other signs?
    - Personal medical history?
    - Pharmacological history?
  - objective (pupillary dysfunction, eye movement disorders, ptosis of upper eyelid, red eye)

## **Examination - part II**

### Visual acuity

- Without and with correction
- Monocular vision / binocular vision

### Basic ophthalmological examination

- Anterior segment (by slit lamp)
- Posterior segment arteficial mydriasis is essential (indirect ophthalmoscopy)
- Visual field examination (static / kinetic perimetry)

## **Examination - part III**

- Basic examination (GP)
- Neurological examination
  - Intracranial conditions (including MRI)
  - neurological signs
- Endocrinology
  - Thyroid associated orbitopathy / ophthalmopathy
  - Pituitary dysfunction

### **Examination - part IV**

### Imaging techniques

- Ultrasonography (eye bulb, orbit)
- X-ray of skull (orbit, paranasal cavities)
- Computerised Tomography of head (brain, skull bones, orbital bones)
- MRI of head (brain, orbital structures)

### **Optic nerve disorders**

#### **Clinical signs**

- Visual aquity decrease
- Visual field defect

#### **Division:**

#### Congenital

developmental anomalies

#### Acquired

- inflammation optic neuritis
- Non-inflammation ischemic neuropathy (anterion, posterior)

#### Genetic relatives

LHON (Leber hereditary optic atrophy)

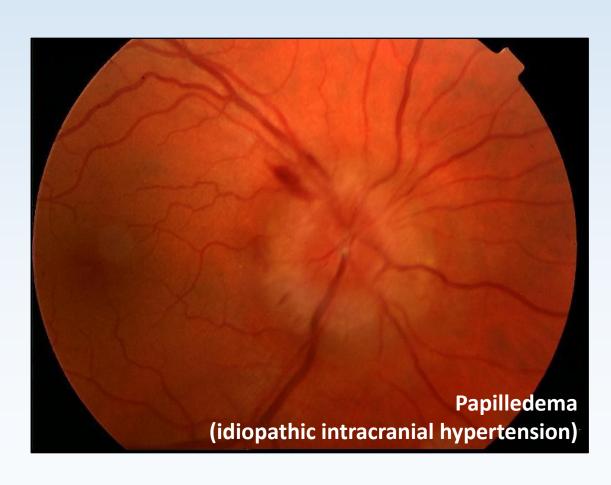
### Optic disc oedema = papilledema in general

#### Causes

- Elevated intracranial pressure tumor, idiopathic intraxcranial pressure, hydrocephalus
- Optic nerve affection optic neuritis, neuropathy

### Clinical picture

- elevation of optic disc, diminished margins
- loss of physiological excavation
- swelling of peripapillary retinal nerve fiber layer
- optic disc hyperemia
- dilatation and tortuosity of vessels
- Haemorrhagies, cotton wool spots



# **Papilledema**

- cause elevated intracranial pressure
- 75% of cases intracranial tumor!!!
- bilateral condition, often assymetric
- faster onset in young people
- mostly without subjective signs
- sometimes blurred vision
- enlargement of blind spot



### **Optic neuritis**

#### **Clinical picture**

- unilateral condition
- fast onset (hours)
- loss of visual acuity
- retrobulbar pain patognomical sign
- color vision defects
- visual field defects

#### Causes

- demyelinisation most common (multiple sclerosis)
   female/male: 2-3/1
- infection / parainfection
- paraneoplastic

#### **Types**

- intraocular
- retrobulbar most common

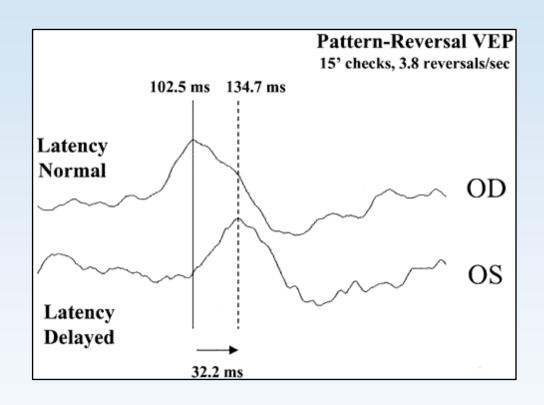
#### **Prognosis**

usually good – regression after intravenous corticoids

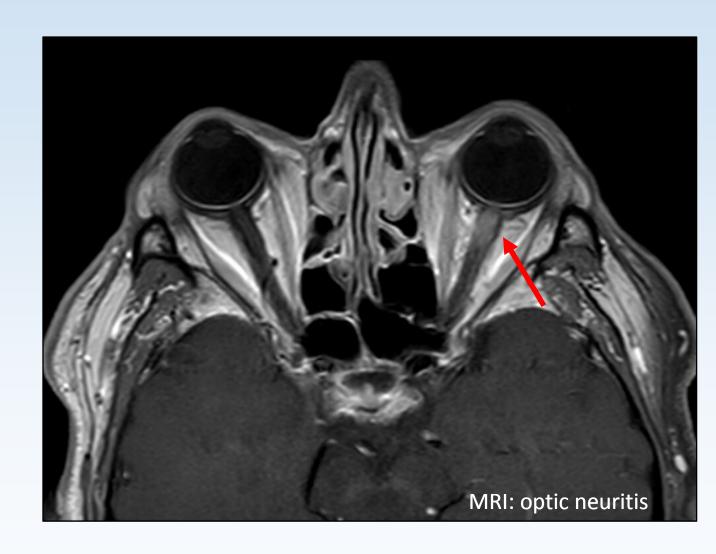
#### **Epidemiology**

- 20-40 years of age
- Strong association with MS
  - 20% of cases first sign of MS
  - 50% pacients with MS manifestation of ON during the disease

# Optic neuritis diagnosis



VEP: delayed latency P100



### Anterior ischemic optic neuropathy

- most common optic nerve affection in advanced age
- unilateral condition

**Cause** – affection of short ciliar arteries

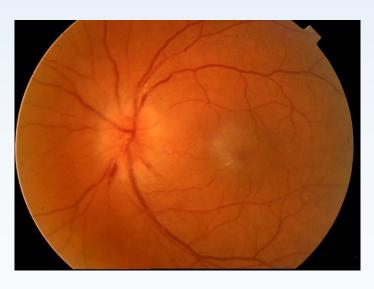
### **Epidemiology**

• 50 years of age and more

### **Clinical picture**

- loss of visual acuity fast onset, painless (light perception to almost normal values)
- monocular visual field defect altitudinal scotoma
- unilateral ischemic optic disc oedema





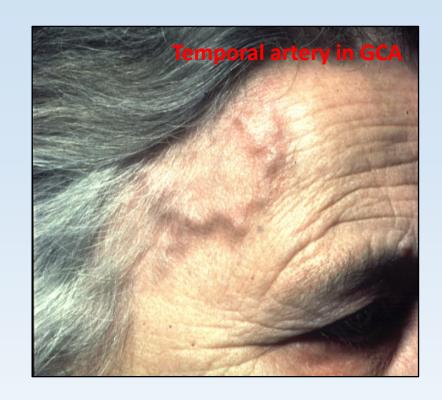
### Anterior ischemic optic neuropathy

Arteritic form (10 – 15 % of all cases) – less common, more serious

- Risk factors: association with systemic vasculitis (giant-cell arteritis = Horton disease)
- Clinical picture: loss on weight, headache, jaw claudication, tenderness and sensitivity on the scalp)
- very high sedimentation rate over 100 per hour, temporal artery biopsy
- High risk of affection of fellow eye (days, weeks) immediate therapy!!!
- *Therapy:* high dosage of intravenous corticoids

Nonarteritic form (85 – 90 % of all cases)

- Risk factors: hypertension, diabetes, dyslipidemia, smoking, obesity
- Therapy: N/A, compensation of all systemic diseases



### **Optic nerve atrophy**

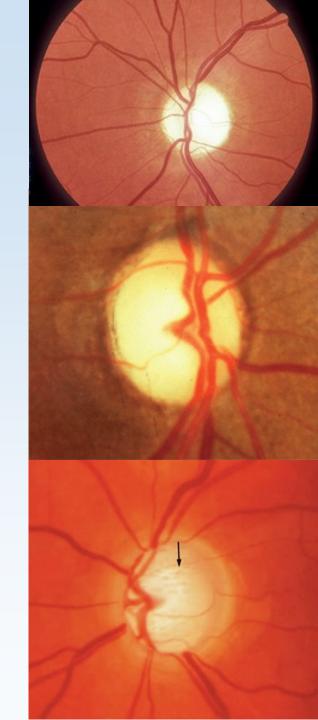
- Irreversible loss of axons
- After various optic nerve affections

#### **Etiology**

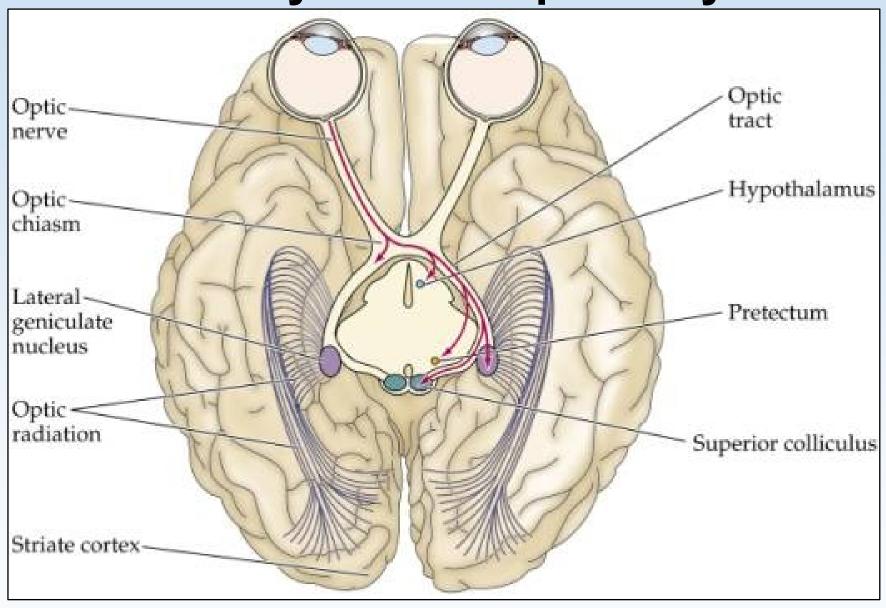
- *Primary* posttraumatic, by direct pressure of tumor
- Secondary affection of optic nerve (ischemia, inflammation)
- Glaucomatous elevates intraocular pressure

#### **Clinical picture**

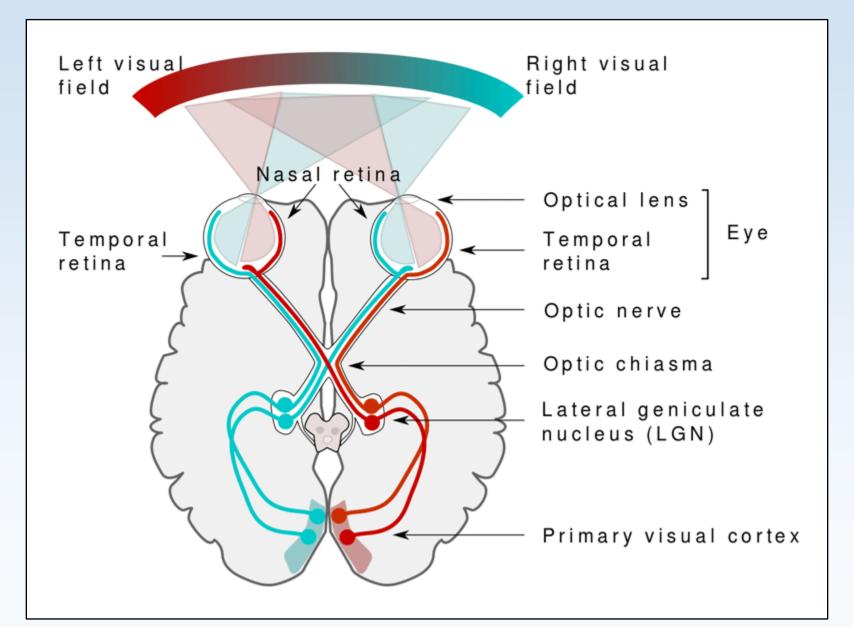
- Pale optic disc
- Reduction of smaller vessels



## **Anatomy of visual pathway**



### **Anatomy of visual pathway**



### Visual field defects

#### **Optic nerve**

monocular visual field defects

#### **Optic chiasm**

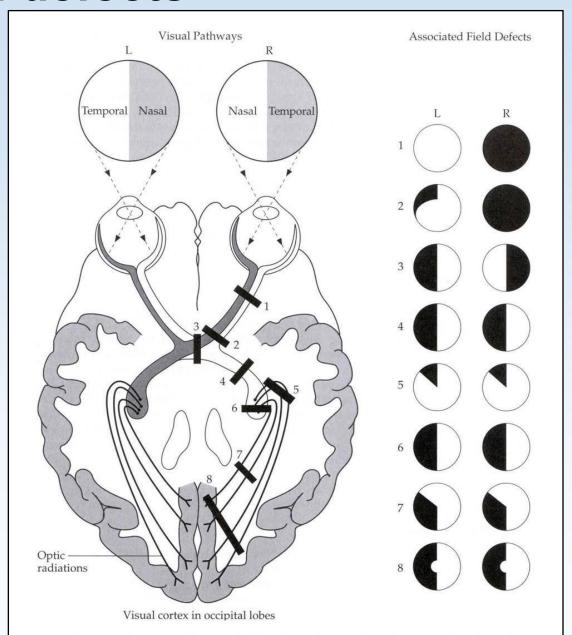
bilateral heteronymn visual field defects

#### **Optic tract**

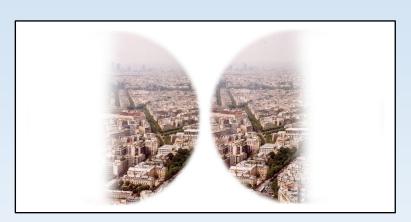
• bilateral homonymn visual field defects

#### **Geniculocalcarine tract**

bilateral visual field defects often with central sparing



# Specific visual field defects with correlation to visual pathways



Bitemporal hemianopsia



Physiological visual field



Left sized homonymn hemianopsia



Binasal hemianopsia



Right sized homonymn hemianopsia

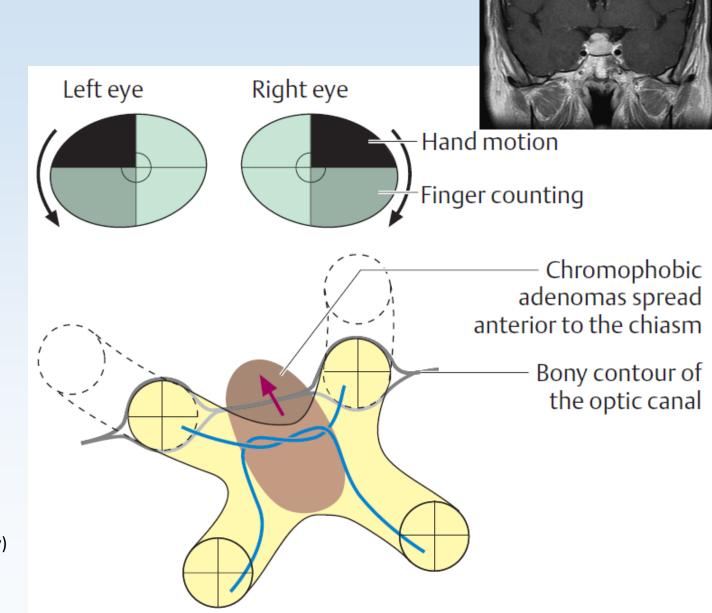
## **Chiasmal syndrome**

- lesions in chiasmal area
- typically compressive, expansive condition
- typical visual field defects use in diagnosis

- causes:
  - Pituitary adenomas
  - Craniopharyngioma
  - Meningioma
  - Aneurysm

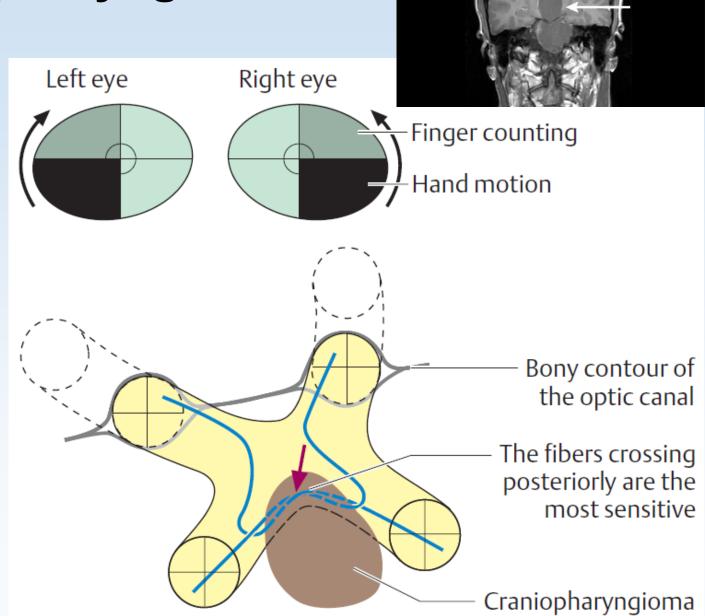
## Pituitary adenoma

- benign tumor of pituitary gland
- classification
  - by size microadenoma (up to 10mm), macroadenoma (more than 10mm)
  - biological activity benign adenoma, invasive adenoma, adenocarcinoma
- possibility of metabolical activity (e.g. prolactinom) a
- compression and lesion of optic chiasm by tumor growth – bitemporal hemianopsia – starting as upper kvadrantanopsia
- therapy
  - conservative hormone inhibition (Cabergolin, Octreotid)
  - surgical resection (endonasal, transsphenoidal adenectomy)



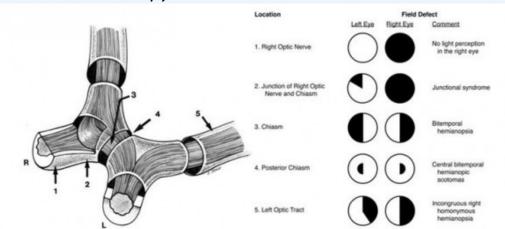
# Craniopharyngioma

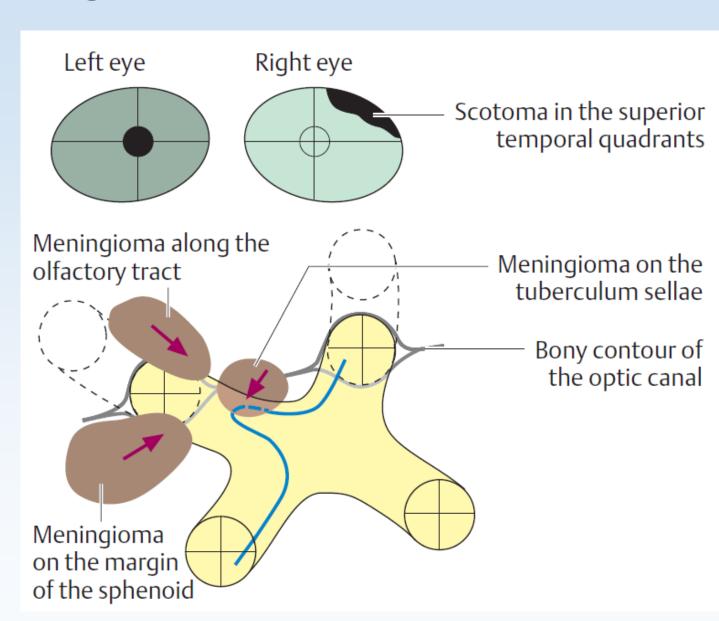
- benign rare type of tumor from pituitary gland embryonal tissue
- pressure on nearby tissue, typical visual field defects – bitemporal hemianopsia – first starting as lower quadrantanopsia
- therapy
  - *surgical* transsphenoidal adenectomy)
  - radiotherapy



### Meningioma

- slow growing tumor from meninges
- tumor growth, pressure on nearby tissue,
   typical visual field defects depending on
   location
- therapy
  - surgical
  - radiotherapy





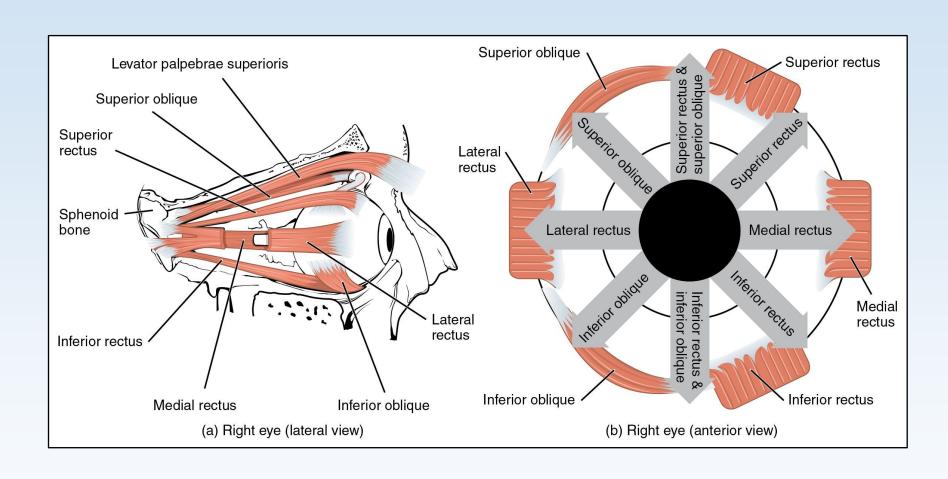
### Anatomy of eye movement system

#### • 4 recti muscles:

- medial rectus m.
- lateral rectus m.
- inferior rectus m.
- superior rectus m.

### • 2 oblique muscles:

- superior oblique m.
- inferior oblique m.



### Eye movement disorders

### Isolated palsies

- oculomotor nerve palsy
- trochlear nerve palsy
- abducent nerve palsy

### Ophthalmoplegia

- combined disorders (affection of 2 or 3 nerves)
  - cavernous sinus syndrome
  - orbital apex syndrome
  - carotido-cavernous fistula

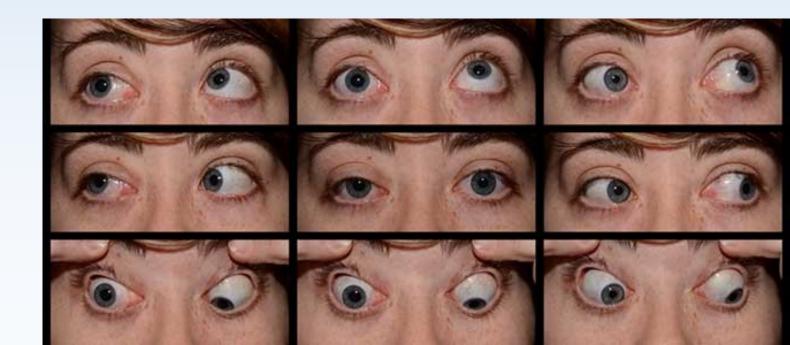
### **Isolated palsies**

- Oculomotor nerve palsy— aneurysm (most common), less common tumor, trauma, ischemia
- **Trochlear nerve palsy** most common *trauma* (fall on head), less common ischemia of braistem, tumor, half of cases idiopathic
- **Abducent nerve palsy** mostly trauma, ischemia (diabetes), intracranial hypertension (sometimes first manifestation), less common tumor or idiopathic

### Oculomotor nerve palsy

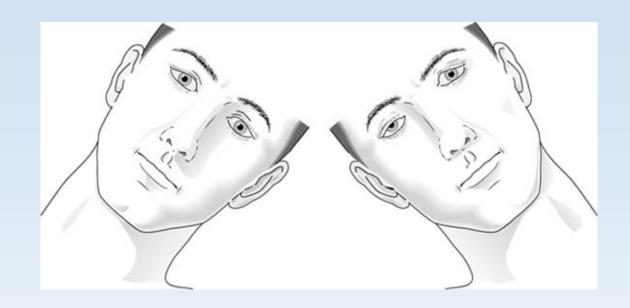
- Upper eyelid ptosis
- Abduction of affected eye
- Eye movement disorder –
   multiple sizes of gaze (nasal, up,
   down)
- Diplopia (mixed horizontal and vertical)
- Anisocoria (mydriasis on affected size)





## **Trochlear nerve palsy**

- Diplopia vertical, major manifestation in downgaze, bigger turning back, walking downstairs)
- Compensation head posture
   (Torticollis) chin turning down,
   head posture at non affected size
- Eye movement disorder –
   affected eye upgaze, not
   necessary visible!





### **Abducent nerve palsy**

- Diplopia typically horizontal,
   major manifestation in gaze to
   affected size
- Compensation head posture –
   head turned on affected size
- Eye movement disorder –
   adduction of affected eye o
   straight position, abduction
   insufficiency on affected size



# Cavernous sinus syndrome

#### Etiology

- Expansive / infiltrative condition in cavernous sinus (thrombosis, tumor, metastasis, aneurysm)
- Affection of oculomotor, trochlear, abducent, trigeminal nerve (1. or 2. branch)

#### Clinical picture

- Upper eyelid ptosis
- Ophthtalmoplegia (incomplete / complete)
- Diplopia
- Plegic pupil / mydriasis
- Exophthalmus
- pain / hypestesia



### Orbital apex syndrome

#### Etiology

- expansive / infiltrative condition in orbital apex (tumor, metastasis, orbitocellulitis, infection)
- Affeof oculomotor, trochlear, abducent, trigeminal nerve and also optic nerve

#### Clinical picture

- Upper eyelid ptosis
- Ophthalmoplegia (incomplete / complete)
- Visual acuity decrease diplopia (undirectly to level of visual acuity)
- Exophthalmus
- Hypestesia (inervation area of 1. and 2. branch of trigeminal nerve)



### Carotid-cavernous fistula

#### Etiology

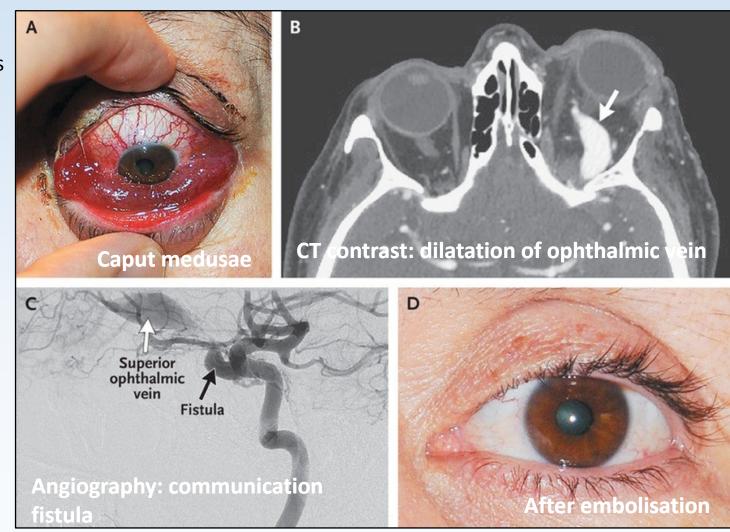
- abnormal communication between arterial and venous system within the cavernous sinus
- *direct* post traumatic; rupture of ICA wall
- *indirect* rupture of smaller vessels

### Clinical picture

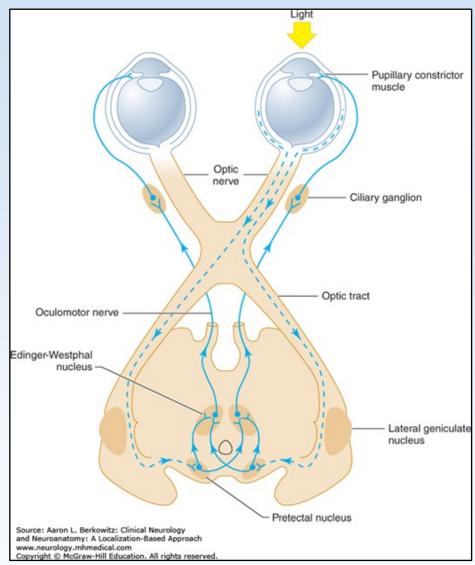
Caput medusae, bruit, feeling of pulsation,
eye movement disorder, diplopia,
exophthalmus, elevated intraocular pressure,
decreased visual acuity

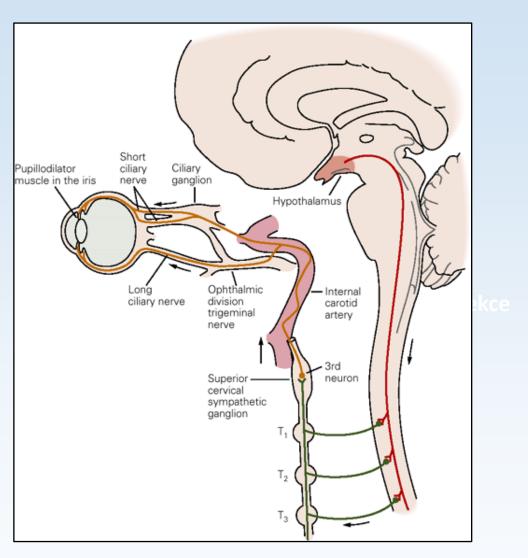
#### Therapy

 endovascular – transarterial or transvenous (stent, coil, balloons)



## **Pupilomotoric pathway**





# **Pupillary reactions**

### Basic reactions

- Mydriasis sympathetic inervation (m. dilatator pupilae)
- Miosis parasympathetic inervation (m. sphincter pupilae)

### Diagnostic tests

- Direct and undirect shine (action-reaction) physiological miosis of both pupils
- Near response test physiological miosis associated with accomodation
- Farmacological testing

## **Pupillary reactions**

#### Typical pupil appearance

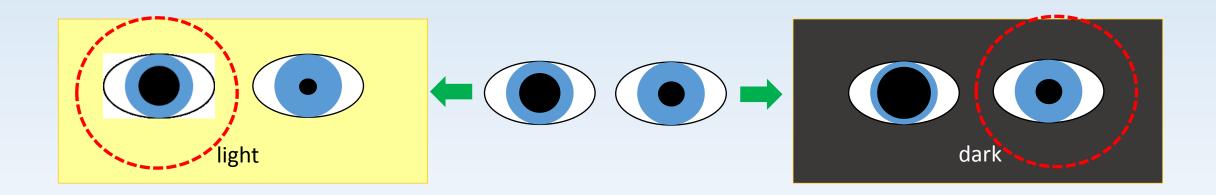
- isocoria (physiological anisocoria up to 1mm same size in various illuminance)
- consensual reaction of both pupils
- **size** diameter 3mm, dependence on authonomic nervous system

#### Atypical appearance or pupilar reaction

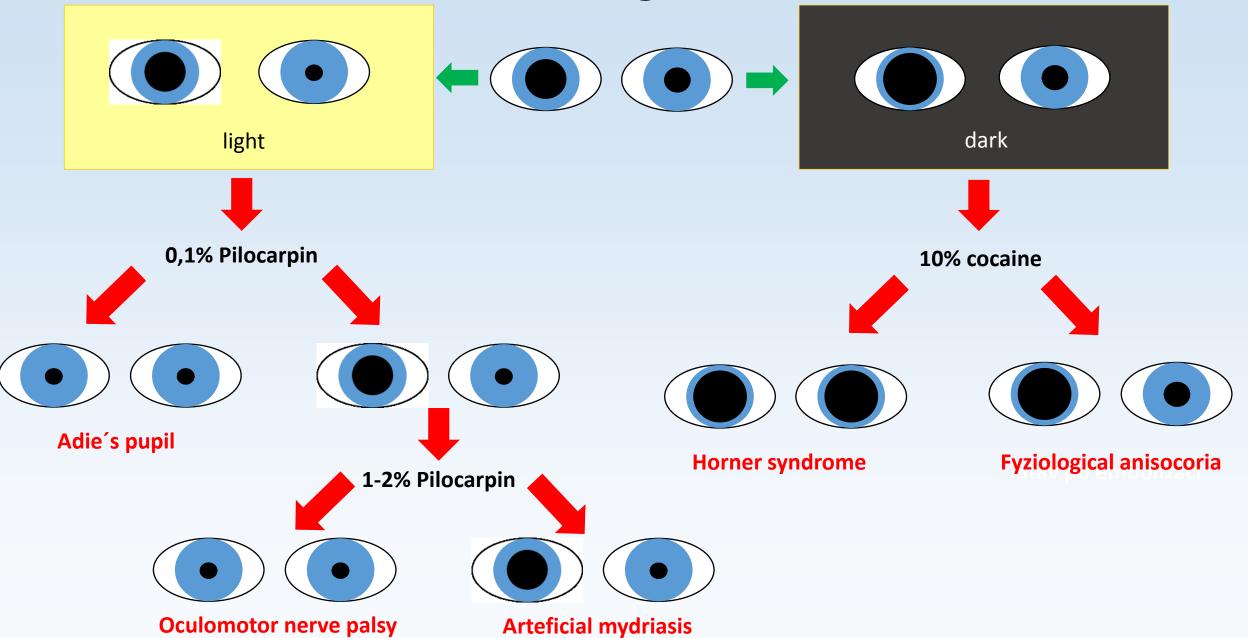
- *Pupilotonia (Adie's pupil)* dilated pupil not responding to light, worm-like movement within the pupil, accomodation disorder, diminished patellar reflex and Achilles tendon reflex
- Argyll-Robertson pupil narrow pupil with no reaction to light, preserved accommodation (syphilis, neuropathy, diabetes)
- Anisocoria inequal size of pupils (more than 1mm), often random finding, may be physiological (up to 1mm)

### Anisocoria – diagnostic scheme

Which pupil is pathological?



## Anisocoria – diagnostic scheme



# Horner syndrome

#### Signs

- Miosis (no mydriasis in dark)
- Ptosis of upper eyelid
- Pseudoenoftalmus
- Anhidrosis (diminished sweating of half part of face)
- Heterochromia (congenital form only)

### **Etiology**

• Trauma, dissection of internal carotid artery, ischemiea of brain stem, multiple sclerosis, intracranial tumor, syringomyelia, Pancoast tumor (lung apex tumor), goiter, thyroid carcinoma... but mostly idiopathic!





# Thanks for your attention!

