IMMUNOLOGIC DEFICIENCY SYNDROMES

V. Žampachová I. PAÚ LF MU

IMMUNODEFICIENCY

- Presentation as infections
- Serious
- Persistent
- Unusual
- Recurrent

PRIMARY IMMUNODEFICIENCYgenetically determined

- humoral and/or cellular arms of adaptive immunity (mediated by B and T lymphocytes) – defects in maturation and/or activation
- defense mechanisms of innate immunity (NK cells, phagocytes, complement)

PRIMARY IMMUNODEFICIENCY

- manifestation mostly in infancy, (6-24 months)
 susceptibility to:
 - recurrent infections by opportunistic pathogenes
 systemic inf. by microorg. normally superficial,
 - unusually extensive inf. by common pathogenes
- autoimmune diseases (disorder of regulation)

T-cell defect

- Bacterial sepsis
- Cytomegalovirus, Epstein-Barr virus, severe varicella, chronic infections with respiratory and intestinal viruses
- Candida, Aspergillus, Pneumocystis jirovecii
- Aggressive disease with opportunistic pathogens, failure to clear infections

B-cell defect

- Streptococci, staphylococci, Haemophilus –skin, respiratory tract
- Enteroviral enteritis, encephalitis
- Severe intestinal giardiasis (protozoan), other GIT infections
- Recurrent sinopulmonary infections, sepsis, chronic meningitis
- panhypogammaglobulinemia x selective deficiency
- Immunization w. live vaccines (polio, etc.)

Granulocyte defect

Staphylococci, *Pseudomonas Candida, Nocardia, Aspergillus*Leukocyte adhesion deficiency
Defects in phagolysosome function
Defects in microbicidal activity

Complement defect

Neisserial infections, other pyogenic infections
Defects in complement components
Defects in complement system regulators

PRIMARY IMMUNODEFICIENCY

- mainly B-cell defect: X-linked agammaglobulinemia of Bruton, transient hypogammaglobulinemia of infancy, selective IgA deficiency,
 - common variable immunodeficiency (CVID)
- mainly T-cell defect: DiGeorge syndrom (thymic hypoplasia), hyper-IgM syndrome
- B- and T-cell defect: severe combined immunodeficiency (SCID), Wiskott-Aldrich syndrome (immunodeficiency with thrombocytopenia and eczema – systemic disorder)
- defect in phagocyte function: chronic granulomatous disease, leukocyte adhesion deficiency, myeloperoxidase deficiency
- primary complement deficiencies

SCID

- defects in both humoral and cell-mediated immunity
- recurrent, severe infections, wide range of pathogens, incl. Candida albicans, P. jirovecii, Pseudomonas, cytomegalovirus, varicella, many bacteria.
- morbilliform rash shortly after birth GVH disease due to maternal T-cells
- X-linked (~ 50%), autosomal recessive
- "bubble children", bone marrow transplantation, gene therapy (! acute T-cell leukemia)

DiGeorge syndrome (thymic hypoplasia)

- T-cell defect; chromosomal deletion; commonly only partial hypoplasia
- failure of embryonal development of the 3rd and 4th pharyngeal pouches (thymus, parathyroids, part of thyroid clear cells → hypocalcemic tetany; heart + great vessels defects)
- T- cell zones depleted (LN paracortical, periarteriolar sheaths of the spleen)
- fungal and viral infections

Common variable immunodeficiency

- relatively common, heterogenous group of disorders (dg. by exclusion), both sexes, children - adolescents
- hypogammaglobulinemia
- sporadic and inherited forms
- B cells in normal numbers, not able to differentiate into plasma cells
- intrinsic B-cell defects, abnormalities in T helper cellmediated activation of B cells
- hyperplastic B-cell zones in lymphoid tissue

Common variable immunodeficiency

- recurrent sinopulmonary pyogenic infections
 recurrent herpesvirus infections
 persistent diarrhea due to *G. lamblia*
- enterovirus meningoencephalitis
- † frequency of autoimmune diseases (RA)
 risk of lymphoid malignancy

Isolated IgA deficiency

- common immunodeficiency in Caucasians (1:600), severe reaction after blood transfusion possible
- familial or acquired after some infections (toxoplasmosis, measles, some viral inf.)
- Iow levels of both serum and secretory IgA
- mostly asymptomatic; possible respiratory, GIT, urogenital recurrent infections
- respiratory tract allergy, autoimmune diseases

Chronic granulomatous disease

- Joxygen radicals production needed for bacteria killing in effective phagocytosis
- X-linked; other types
- † pyogenic bacteria (Staph., G- rods), fungi (Aspergillus)
- respiratory, GIT, skin, ... infections abscess, giant-cell granuloma
- \blacksquare liver vascular lesions \rightarrow portal hypertension

SECONDARY IMMUNODEFICIENCY Due to impaired synthesis and function:

- protein, vitamin and energy deficiency in malnutrition, cachexia in disseminated cancer, anorexia, alcoholism
- prevalent monoclonal Ig in some lymphoproliferative diseases
- bone marrow infiltration or fibrosis (leukemia, myelofibrosis)
- suppression of cell mediated immunity due to acute viral infection (CMV, EBV, measles, etc.), bacterial and protozoal infection – macrophagic dysfunction (leprosy, leishmaniasis)

- iatrogenic (immunosuppressive and cytostatic drugs, radiotherapy, splenectomy – pneumococcus sepsis)
- diabetes mellitus and other metabolic diseases
- chronic stress
- sarcoidosis (↓ Tcell function)
- certain age groups (old, newborn, immature infants)

Increased catabolism or loss: nephrotic syndrome and renal failure, inflammatory intestinal diseases (IBD, lymphangiectasia)

Humoral immunodeficiency

- intestinal lymphangiectasia, IBD → ↓ all Ig classes, commonly + lymphopenia
- nephrotic sy, chronic diarrhea $\rightarrow \downarrow IgG$
- iatrogenic immunosuppression/cytostatic therapy
- B-cell malignancies

Splenectomy – spleen B-cell – Ab x polysaccharide antigens – encapsulated microorg. – vaccination x pneumococci

- Cellular immunodeficiency
- temporary after acute viral infection (CMV, EBV, measles, etc.)
- iatrogenic immunosuppression/cytostaticAIDS

Combined immunodeficiency

Severe general metabolic problems (DM, renal insufficiency), malnutrition, anorexia, chronic alcoholics – inadequate hormones, glucose, vitamins level

- Defect of phagocytosis
- neutropenia in bone marrow insufficiency (irradiation, immunosuppressant/cytostatic th., some chemicals)
- autoantibodies
- 10ss in hypersplenism
- metabolic diaseases
- myeloid leukemia

- Complement defficiency
- immunocomplex diseases
- sepsis
- severe liver disease

Brain mycotic abscess



Lung mycotic abscess



Fungal structures in necrotic brain



Cryptococcus in skin



Toxoplasmosis in myocardium



Brain toxoplasmosis inflammation



Brain toxoplasmosis cysts



HIV - AIDS

- The goal ending the AIDS epidemic by 2030
- Stopping the new infections
- Everybody infected should have access to treatment
- Pre-exposure prophylaxis

- Since the start of the epidemics: ~ 78 millions of infected; 35,4 millions have died
- Globally the spread of HIV peaked in the 1996, when 3.5 million new HIV infections occurred.
- 2019 estimated 1,7 newly infected
- AIDS related mortality max. in 2005 (1,9 million),
 2019 0,69 million access to HAART

- Estimated 38 million people living with HIV at the end of 2019.
- 81 % had been diagnosed
- 67 % were receiving treatment
- 59 % had achieved suppression of the HIV virus to the point at which they were at low risk of infecting others.

- AIDS related illnesses still the leading cause of death among women of reproductive age (15–49 years) globally
- Increases in AIDS infections over the past decade in the Middle East and North Africa (22%↑), Latin America (21% ↑) and eastern Europe and central Asia (72%↑).

- Decrease in new infections and deaths, increase in number of people living with HIV (Highly Active Antiretroviral Therapy - HAART)
- > 10 millions in need of treatment (+ preexposure prophylaxis)

HIV infection in Europe: National epidemics concentrated among key populations at higher risk (men who have sex with men – MSM, injecting drug users; prisoners, sex workers, sexual partners of key population).

HIV in the Czech Republic

- cca 3800 HIV+ cases in Czechia, 86 % males;
 490 foreigners (mostly Eastern Europe, Sub-Sah. Africa)
- Transmission: MSM > heterosexual > IDU > blood derivates (survivors) > vertical transmission (mother – child)
- Most cases in/around Prague (1828), South Moravia 312
HIV ISSUES

Blood safety

- HIV treatment: antiretroviral therapy should begin immediately after diagnosis
- Prevention of mother-to-child transmission
- Co-management of tuberculosis and HIV treatment
- HIV testing in the general and most-at-risk population
- Preexposure prophylaxis

HIV - AIDS

More than 90% of children living with HIV acquired the virus during pregnancy, birth or breastfeeding - forms of HIV transmission that can be prevented.

AIDS epidemics

- Europe, Australia and Canada: mortality rates among people living with HIV in the first five years after infection now ~ in the HIV-uninfected population
 Mortality among HIV-infected people increases with the duration of infection
- Increasing complications of chronic HAART highly active antiretroviral therapy

Noninfectious HIV-related comorbidities:

- The premature aging process in HIV-infected people
- $2x \uparrow risk$ of myocardial infarction
- risk of osteoporosis incl. fractures (even in adolescents!)
- risk of chronic renal failure
- Non-AIDS tumors

Noninfectious HIV-related comorbidities:

- hyper-activated immunological profile, accelerated T-cell senescence
- accelerated process of immune senescence and inflammatory aging during HIV infection → increased risk of age-related diseases
- Iong-term tolerability of HAART regimens

HAART complications

- Diarrhea, nausea, and vomiting.
- Lipodystrophy: fat in adipous tissue redistributed to other regions, i.e.face and limbs → thin, breasts, stomach and/or neck enlarge.
- Glucose intolerance, diabetes. Lactic acidosis.
- Liver toxicity acute hepatitis incl. liver failure.
 Pancreatitis.
- Nephrotoxicity
- Neuropathy
- Osteonecrosis, osteoporosis, osteopenia

HAART complications

- Cardiovascular complications: toxicity, endothelial dysfunction, atherosclerosis, dyslipidemia. Myocardial infarction
- Reconstitution of the immune system (major goal of HAART treatment): risk of debilitating Immune reconstitution inflammatory syndrome (IRIS) - ↑ CD4 count + function. Immune response against antigens associated with infection diseases (TB, MAC, Pneumocystis pneumonia, CMV, HZV). 10-25% of patients
- Drug interactions

HAART resistance

Drug switching necessary
New regiments/drugs
Timely start of therapy

HIV-2

Endemic in West Africa.

- Limited spread outside this area, suspicion in persons of West African origin/risk contact
- Prevalence of HIV-2 disproportionately high in countries with strong socioeconomic ties to West Africa (e.g., France; Spain; Portugal; and former Portuguese colonies such as Brazil, Angola, Mozambique, and parts of India near Goa).

HIV-2

- Clinical course longer asymptomatic stage, lower plasma HIV-2 viral loads, and lower mortality rates compared with HIV-1 infection
- Resistance-associated mutations develop commonly in HIV-2 patients on therapy

HIV infection of cells

- T-lymphocytes (CD4+)
- macrophages/monocytes (viral reservoir, replication and transport)
- mucosal and follicular dendritic cells
- cells in CNS (microglia)

Immune dysfunctions in AIDS

- Lymphopenia (selective loss of CD4+ T-cells direct cytophatic effect, apoptosis of noninfected)
- Decreased T-cell function in vivo (loss of memory T-cells, susceptibility to opportunistic infections and neoplasms, decreased delayed-type hypersensitivity)
- Polyclonal B-cell activation (hypergammaglobulinemia, CIC, inability of new antibody response)
- Altered monocyte or macrophage functions (decreased chemotaxis, phagocytosis, antigen presentation; increased spontaneous secretion of TNF, IL-1 etc.

Phases of HIV infection

- Acute retroviral syndrome (3-6 wks after infection, in 40-90%, self-limited in 2-4 wks)
- Chronic phase (clinical latency, persistent generalized lymphadenopathy PGL)
- Progression to AIDS (AIDS-related complex ARC, AIDS indicator conditions: constitutional, neurologic, opportunistic infection, neoplasm

Acute HIV infection

- Suspect: Signs or symptoms of acute HIV infection with recent (within 2–6 weeks) high risk of exposure
- Possible signs: fever, lymphadenopathy, skin rash, myalgia/arthralgia, headache, diarrhea, oral ulcers, leucopenia, thrombocytopenia, transaminase elevation.

Acute HIV infection

- High-risk exposures include sexual contact with a person infected with HIV or at risk of HIV, sharing of injection drug use paraphernalia, or contact of potentially infectious blood with mucous membranes or breaks in skin.
- Differential diagnosis: Epstein-Barr virus (EBV)- and non-EBV (e.g., cytomegalovirus [CMV])-related infectious mononucleosis syndromes, influenza, viral hepatitis, streptococcal infection, syphilis

Persistent generalized lymphadenopathy



Opportunistic infections and neoplasms

- Protozoal and helmintic (cryptosporidiosis, toxoplasmosis, giardiosis, etc.)
- Fungal (Pneumocystis, candidiasis, cryptococcosis, coccidiomycosis, histoplasmosis)
- Bacterial (mycobacteriosis atypical, TB; salmonellosis, nocardiosis)
- Viral (CMV, Herpes simpex, Varicella-zoster, progressive multifocal leukoencephalopathy – JC polyoma virus)
- Neoplasms (Kaposi sarcoma HHV 8, B-cell non-Hodgkin lymphomas, primary brain lymphomas – EBV, aggressive cervical and anal carcinomas – HPV)

HIV neurologic disease

- Acute aseptic meningitis
- subacute and chronic: HIV-associated neurocognitive disorders
- HIV meningoencephalitis AIDS-dementia complex, vacuolar myelopathy, myopathy and peripheral neuropathy
- before HAART, clinical signs of neurologic lesion in 40-60% of patients (HIV, opportunistic infection, tumor)
- now 1 chronic encephalitis microglial nodules + multinucleated giant cell, microfoci of necrosis



HIV encephalopathy – brain atrophy



HIV encephalopathy



HIV encephalitis





p24 immunohistochemistry



Copyright @ 2002, Elsevier Science (USA). All rights reserved.

CNS infections

- Toxoplasmosis
- Cryptococcosis
- Progressive multifocal leukoencephalopathy (JC virus)
- Cytomegalovirus
- HSV, VZV in disseminated infections

Toxoplasmosis

- protozoa with complicated life-cycle
 brain abscess, mostly in cortex and gray nuclei
 acute lesion: central necrosis, mixed inflammatory reaction, macrophages ("soap bubble"), toxoplasma pseudocyst
 chronic lesion: cystic space with macrophages,
 - hemosiderin

Toxoplasmosis



Toxoplasma encephalitis





Toxoplasma encephalitis



Toxoplasma encephalitis

Cryptococcus

- fungus, PAS+ capsule
- ~ 10% of AIDS patients, now ↑ diagnosis in Africa – prophylaxis started
- meningitis mostly

Cryptococcal meningitis





Cryptococcal meningitis

Cryptococcal meningitis



PML: progressive multifocal leukoencephalopathy – demyelination



LUNG INFECTIONS

- Pncumocystis
- Candidiasis, histoplasmosis, coccidiomycosis
- CMV (+ in combination)
- TBC
- Toxoplasmosis
- Nocardiosis

LUNG INFECTIONS

- Common, diffuse infiltrates: CMV, Pneumocystis, drug reaction
- Common, focal infiltrates: Mycobacterium tbc, mycobacterium avium-intracellulare (MAC), Grods, Staph. aureus, Aspergillus, Candida, malignant tumor
- Uncommon, diffuse infiltrates: bacteria, Aspergillus, Cryptococcus, malignant tumor
- Common, diffuse infiltrates: Cryptococcus, Mucor, Pneumocystis, Legionella


Pneumocystis pneumonia



Pneumocystis pneumonia



TBC

- early in the course of HIV infection
- reactivation/reinfection
- pulmonary and/or disseminated
- multiple and/or highly resistant mycobacteria
- problems in combination therapy (HIV + TBC)

TBC



Invasive fungal infections

- Aspergillus spp (esp. A. fumigatus)
 - Epidemiology
 - Widespread, grows on rotting vegetation. Spores commonly present in air. Immunosuppression - important predisposing factor.
 - Clinical presentations in HIV/AIDS
 - Aspergilloma (fungal ball) develops in cavities (lungs, sinuses, less common).
 - Invasive disease tissue destruction, pneumonia.





Aspergillus pneumonia - angioinvasion



Histoplasmosis

- macrophagic intracellular parasite fungus
- clinical presentation + morphology ~tbc
- variable course: localized/self limited coin lesion in the lung
- chronic progressive similar to tbc
- localized extrapulmonary (mediasinum, liver, adrenals, meninges)
- disseminated in immunocompromised

Histoplasmosis

Morphology

- epithelioid cell granuloma + caseous necrosis, cavities – fibrosis – calcification
- in immunodeficient no granuloma; accumulation of macrophages with fungal yeasts
- dg. identification of fungal bodies (x tbc, coccodiomycosis), culture, Ab

Histoplasmosis





Coccidiomycosis



Coccidiomycosis



Interstitial pneumonia - viral



GIT INFECTIONS

- Very common, persistent diarrhea
- Cryptosporidiosis, isosporidiosis (protozoa; watery diarrhea, major fluid loss; dg.- oocysts in the stool)
- Atypical mycobacteriosis (M. aviumintracellulare complex)
- Salmonella, Shigella
- **C**MV

Erosive gastritis



Haemorrhagic colitis





CRYPTOSPORIDIUM



CMV colitis







Protozoan colitis (amoebiasis)



Protozoan colitis (amoebiasis)



Mycobacterium avium complex (MAC) enteritis





MAC enteritis



MAC enteritis





Bacterial thrombus



HIV + hepatitis co-infection

- Common coinfection of HIV + HBV and/or HCV
- acute HCV in HIV infected
- accelerated progression of chronic hepatitis to cirrhosis + liver failure
- problems in HAART / HCV drug interaction and toxicity
- value of the transplantation?

SKIN + ORAL INFECTIONS

- Chronic, relapsing, non-healing
- Commonly ulcers
- EBV + HIV oral hairy leukoplakia
- Candida
- HSV, VZV

Oral lesions

Oral lesions due and acording to the rate of loss of T-helper cells.

Oral lesions - prominent features of AIDS and HIV infection.

Early studies: approximately 90% of HIV+ patients will present with at least one oral lesion in the course of their illness.

Current studies report the prevalence or oral lesions has significantly declined (HAART)

Oral hairy leukoplakia

- Associated with chronic shedding of EBV in the oral cavity.
- Presentation: Poorly demarcated, corrugated, white plaques on lateral aspect of tongue.
- Unlike thrush, cannot be removed by scraping.
- Occurs with immunosuppression (esp. AIDS) and warrants HIV workup.
- Diagnosis by microscopy and in situ hybridization
- Management includes establishing diagnosis and treating immunosuppression.

HIV/AIDS oral-pharyngeal syndromes

- Interferes with oral hygiene
 - More oral pharyngeal pathology
- Interferes with nutritional intake
 - Wasting syndrome
 - HIV treatment compliance may be impacted by oral pain, xerostomia, dysphagia
- Psychosocial dimensions
 - Avoidance of social contact due to facial appearance
 - Depressive effects of persistent oral pain

Oral lesions strongly assoc. with HIV

- Candidiasis erythematous, hyperplastic, pseudomembranous
- Hairy leukoplakia (EBV)
- HIV-associated periodontal disease necrotizing ulcerative gingivitis, HIV periodontitis, necrotizing stomatitis
- Kaposi's sarcoma (HHV-8)
- Non-Hodgkin's malignant lymphoma (EBV)

HIV/AIDS oropharyngeal syndromes – most common

- Candidiasis 28%-75%
- Necrotizing gingivitis
- HSV, CMV, HIV, EBV ulcers
- Recurrent aphthous ulcers
- Zalcitabine ulcers
- Kaposi's sarcoma
- Dental abscesses

Oral hairy leukoplakia



Oral hairy leukoplakia



HSV in immunocompromised







© 2003 Elsevier - Bolognia, Jorizzo and Rapini: Dermatology - www.dermtext.com

Hard palate HSV in AIDS



Copyright © 2003, Elsevier Science (USA). All rights reserved.
HSV



CMV Ulcerations



Oral-pharyngeal candidiasis









HIV-associated neoplasia

- HHV-8: Kaposi sarcoma
- EBV: non-Hodgkin's malignant lymphoma, primary brain ML
- HPV: agressive anal, cervical squamous cell carcinoma
- with HAART: general increased risk of malignancy

Human herpes virus 8

- HHV-8 is found to be associated with Kaposi sarcoma in virtually all cases.
 - Includes AIDS, post-transplant, African and Mediterranean cases.
 - HHS-8 is found in KS lesions, saliva, blood and semen of infected individuals.
- Associated with body cavity based B-cell lymphoma.
- Lesions on mucosal membranes possible, usually starts on skin.









Kaposi sarcoma + CMV colitis





HIV lymphoma

- Solitary lump or nodule, swelling, nonhealing ulcer
- The swelling may be ulcerated or may be covered with intact, normal-appearing mucosa.
- Usually painful, rapid growth.
- Common association with EBV
- Several histopathologic types, atypical localization

HIV lymphoma.



Copyright © 2003, Elsevier Science (USA). All rights reserved.

Primary brain malignant lymphoma



Primary brain malignant lymphoma



Human papilloma viruses

- Human papilloma virus lesions appear most commonly in immunocompromised individuals.
- Diagnosis based on history, clinical appearance, and biopsy.
- Common in early HIV infection.
- Spiky warts, raised, cauliflower-like appearance.



HPV – koilocytosis - LSIL



HPV - immunohistochemistry



Invasive squamous cell carcinoma

Invasive cervical carcinom



Cervical squamous cell carcinoma

