Immunodeficiency

Imunodeficiency states

- Primary
 - Caused by defined genetic defect
 - Usually rare, but severe (exception: IgA deficiency)
- Secondary
 - Consequence of some other disease, treatment, environmental factors...
 - Usually frequent, but usually clinically mild (exceptions: HIV disease, secondary aganulocytosis).

Severe combined immunodeficiency (SCID)

- Early clinical manifestation (weeks-months)
- Severe and complicated infections affecting respiratory and gastrointestinal tract and the skin
- Failure to thrive
- Frequent diarrhea
- Usually lymphocytopenia
- T-cell deficiency, B cell present in some patients
- Decreased immunoglobulin levels



SCID infections caused by atypical patogens

- Pneumocystis pneumonia
- Cytomegalovirus pneumonitis
- Disseminated BCG-itis
- Infections caused by atypical mycobacteria
- Candidiasis of oropharynx, skin



Immunoglobulin Deficiencies

Clinical manifestations begins at 6-12 months (or late).

Susceptibility to infection by encapsulated bacteria (Pneumococcus, Haemophilus).

Respiratory tract predominantly affected; patients suffer from recurrent otitis media, bronchitis, sinusitis, pneumonia.

Some patients also suffer from meningitis or chronic diarrhea.

X-linked agammaglobulinemia

- Only boys affected
- Clinical manifestation usually begins at 6-12 months
- Severe and complicated respiratory tract infections.
- Very low levels of all immunoglobulin isotypes.
- B-cells not detected.

Common variable immunodeficiency (CVID)

- Both sexes affected.
- Clinical manifestation begins at any age.
- Frequent and severe respiratory tract infections.
- Proneness to autoimmune diseases.
- Variable decrease of immunoglobulin isotypes, usually markedly decreased IgA and IgG levels.
- B-lymphocytes usually present.

Selective IgA deficiency

- Frequency: 1:400
- Usually only mild manifestation
- Predominantly respiratory tract infections
- Patients are prone to autoimmune diseases
- Beware of anti-IgA antibodies that can cause a severe anaphylactic reaction after artificial IgA administration (by blood, immunoglobulin derivates)!

T-cell Deficiences

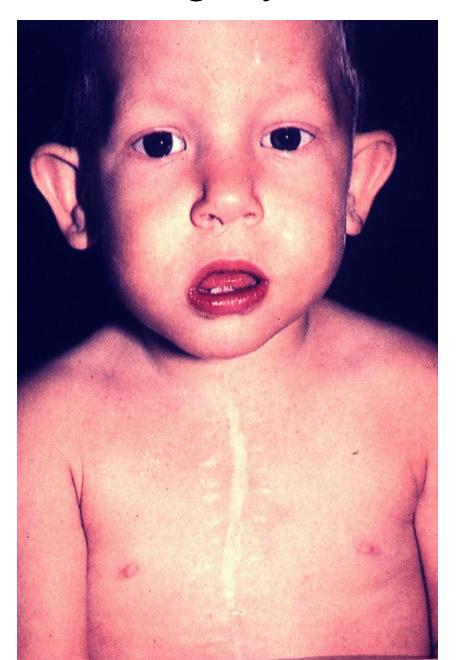
- -Early onset of clinical manifestation.
- -Increased susceptibility to viral, fungal, mycobacterial, and protozoal infections.
- Respiratory system most frequently affected, but also other systems can be involved.

DiGeorge syndrome

- Defect in embryonic development of the 3rd and 4th pharyngeal pouches.
- Cardiovascular defects (e.g Fallot's tetralogy, intrrupted aortic arch..)
- Hypoparathyroidism → hypocalcemia → seizures
- Thymic hypoplasia → T cell deficiency
- Typical facies: hypertelorism, micrognatia, low-set, posterior rotated ears.



DiGeorge syndrome

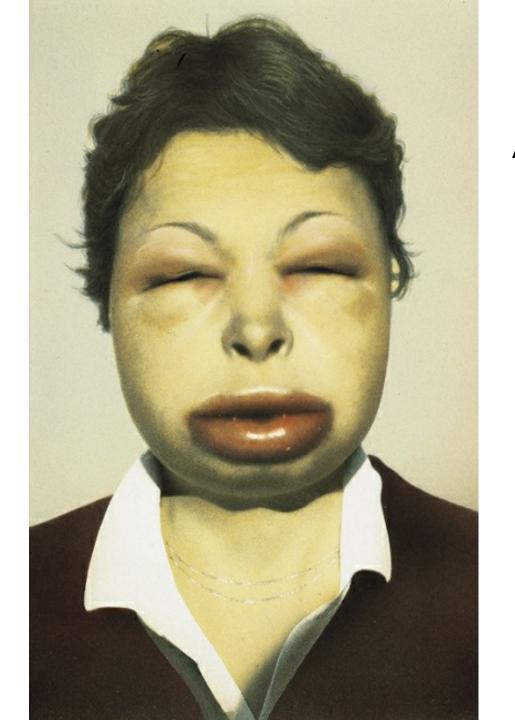


Complement deficiencies

- Deficiency of C1-C4: autoimmune systemic disorders, susceptibility to bacterial infections
- Deficiency C5-C9: susceptibility to bacterial infections, mainly to meningococcal meningitis
- Deficiency of C1 INH: hereditary angioedema

Hereditary angioedema

- Deficiency of C1 inhibitor (C1 INH)
- Uncontrolled activation of the complement system after trauma, infection, surgical operation....
- Vasoactive peptides (bradykinin, C3a,C5a) cause increased vascular permeability
- Oedema of the skin, respiratory tract (dyspnoe), gastrointestinal tract (cramps, vomiting)



HEREDITARY ANGIOEDEMA (HAE)

Phagocytic dysfunction

- Early onset of clinical manifestation.
- Susceptibility to bacterial and fungal infections.
- Abscess formation, mainly of the skin, periproctal area, liver, but any area may be affected.

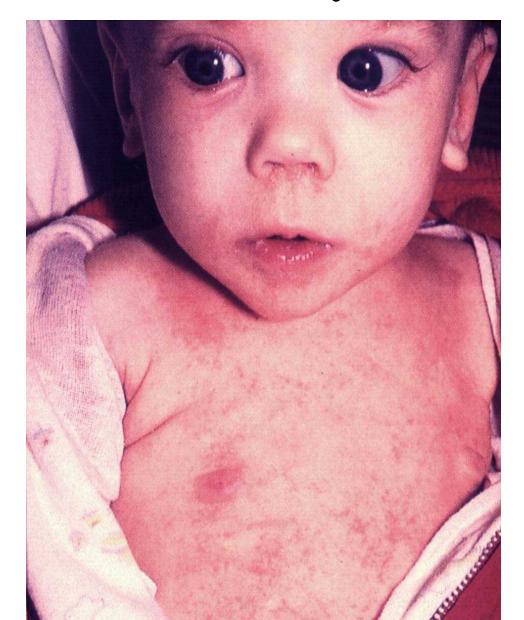
Chronic granulomatous disease

- Recurrent abscesses mainly of the liver, lungs, periproctal area, suppurative lymphadenitis, osteomyelitis.
- Infections are caused mainly by catalasepositive organisms: St. aureus, Candida sp., Serratia marcescens.
- Usually early onset of symptoms.
- Production of reactive metabolites of oxygen is disturbed (defect of NADPH oxidase).

Wiskott-Aldrich syndrome

- X-linked disease
- Thrombocytopemia → bleeding tendency
- Severe eczema
- Immunodeficiency
- Severe allergic and autoimmune manifestations
- B-cell lymphomas

Wiskott-Aldrich syndrome



Ataxia telangiectasia

- Autosomal recessive
- Progressive cerebellar ataxia
- Telangiectasis especially on ear lobes and conjunctival sclera
- Immunodeficiency
- Frequent tumors
- Cause: mutation in ATM gene

Ataxia telangiectasia



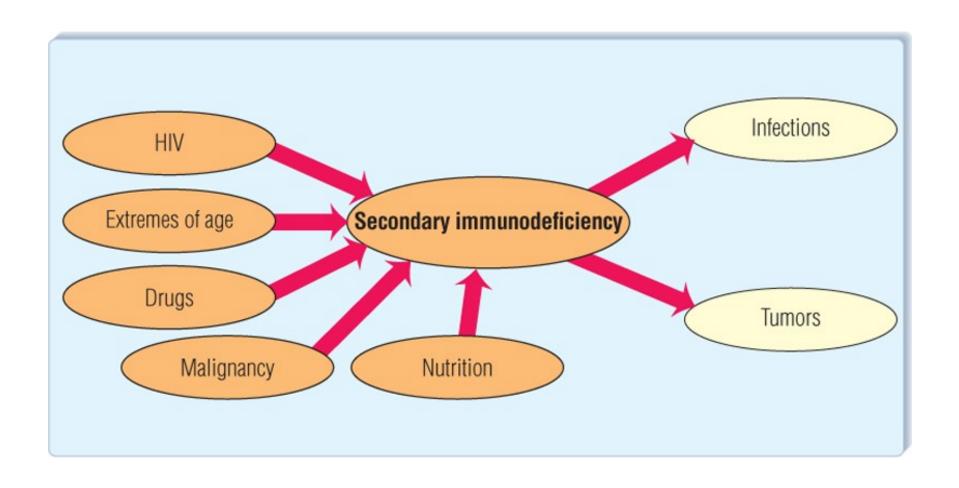
Treatment of primary immunodeficiencies

- SCID and other severe immunodeficiencies: bone marrow transplantation, gene therapy in some cases.
- Antibody deficiencies: immunoglobulin replacement
- Antibiotic prohylaxis

Causes of secondary immunodeficiency

- Metabolic uremia, diabetes, malnutrition
- latrogenic cytostatics, immunosuppresants
- Malignat tumors
- Viral infections HIV, CMV, measles, infectious mononucleosis
- Splenectomy
- Stress
- Injuries, operations, general anestesia

Secondary immunodeficiency



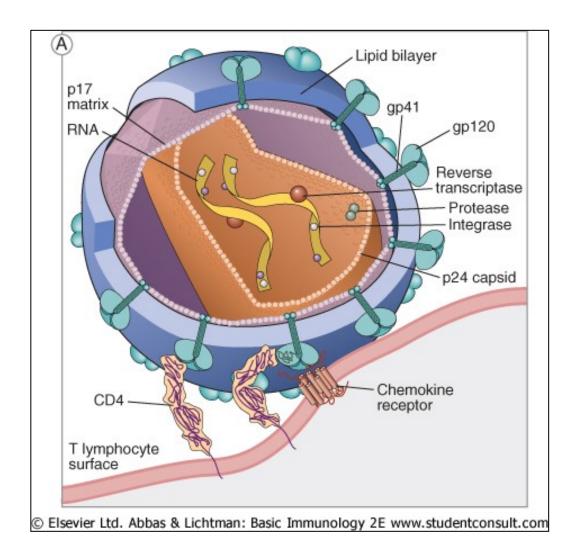
Imunodeficiency after splenectomy

- Disturbed phagocytosis, decreased production of antibodies.
- The most severe complication is hyperacute pneumococal sepsis.
- Prevention: vaccination against Pneumococcus, Haemophilus infl. B, Meningococcus. PNC prophylaxis.

Secondary hypogammaglobulinemia

- Decreased production of immunoglobulins
 - Chronic lymphatic leukemia
 - Lymphoma
 - Myeloma
- Loss of immunoglobulins
 - Nephrotic syndrome
 - Exudative enteropathy

HIV disease



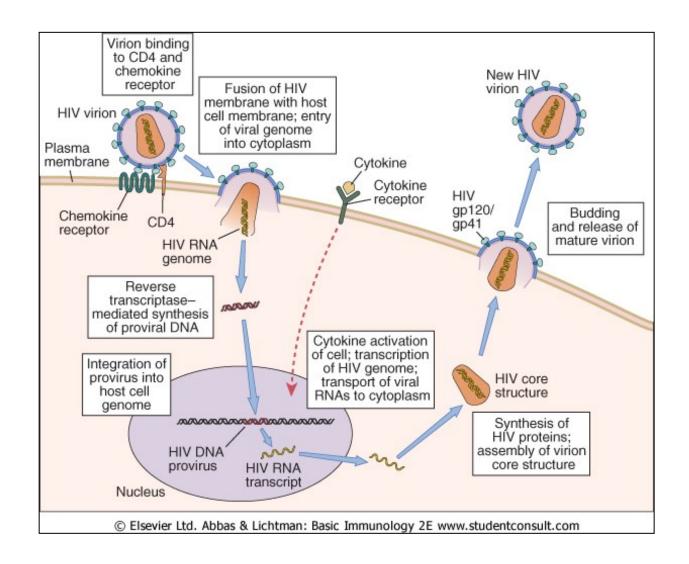
Ways of transmission

- 1. Sexual
- 2. <u>Parenteral</u> intravenous drug addicts previously blood products
- 3. <u>Vertical</u> mother to child transplacental, during delivery, by brestfeeding

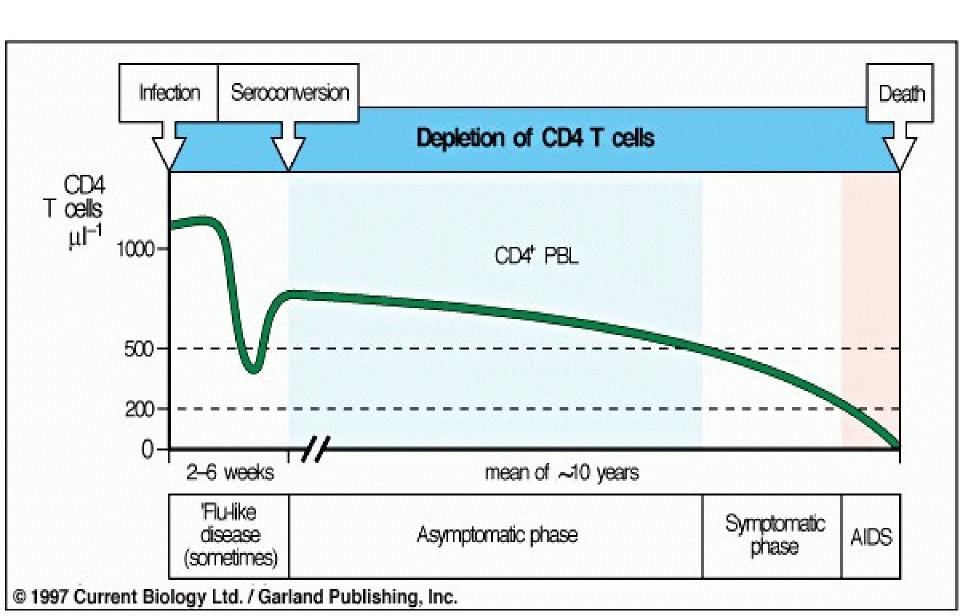
HIV receptors

 CD4 – expressed on helper T lymphocytes, but also on macrophages. Binds to gp120.

CCR5, CXCR4 – chemokine receptors. Are coreceptors necessary for majority of virus strains to enter the affected cells. Some (in CR approx. 5%) people are deficient for CCR5 – are relatively resistent to HIV infection. In infected patients, slow progression of the disease.



CD4+ cells mumber and progression of HIV disease



Classification of HIV disease (CDC) 3 clinical categories

- A Asymptomatic disese
- B "small" opportunistic infections
- C "big" opportunistic infections and other states that define AIDS

Clinical category A

- Accute (primary) HIV infection
- Asymptomatic HIV infection
- Persistent generalised lymphadenopathy (PGL)

HIV PRIMOINFECTION

- Acute retroviral syndrome, ("mononucleosis-like syndrome")
- Present in 50-70% patients
- 2-6 weeks after infection

Clinical presentaioon of HIV primoinfection

- Fever, lympadenopathy, pharyngitis
- Rash
- Myalgia, arthralgia, diarrhoea, cephalea
- Thrush
- Neurologic symptoms
- Aphtous stomatitis

Perzistent generalized lympadenopathy

- More than 3 months
- 1/3 HIV-infected persons
- Lymph nodes 0,5-2,0 cm, painless

Clinical category B

- Fever >38,5 C more than 1 month
- Diarrhoea more than 1 month
- Oropharyngeal candidiasis
- Vulvovaginal candidiasis (chronic or difficult to treat)
- Recurrent herpes zoster

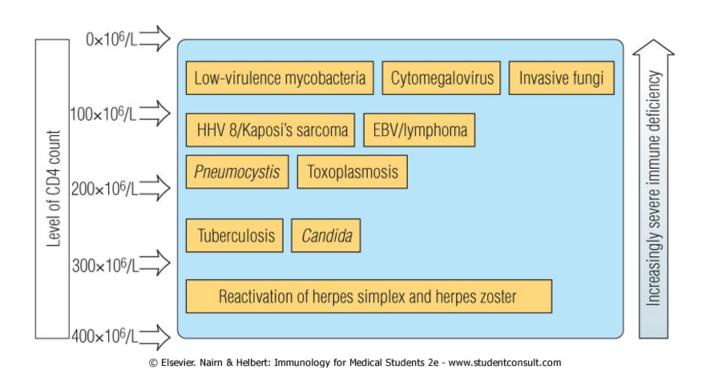
Clinical category C (AIDS)

- Pneumocystis pneumonia
- Brain abscess caused by Toxoplasma
- Esofageal, tracheal, bronchial or lung candidiasis
- Chronic anal herpes, herpetic bronchitis, pneumonia
- CMV retinitis, generalized CMV infection
- Progressive multifocal leukoecephalopathy
- Mycobacterial infections

Opportunistic Infections in AIDS Patients

- Pneumonia due to Pneumocystis jiroveci (carinii)
- Toxoplasma brain abscess
- Cytomegalovirus infection (retinitis, colitis)
- Mycobacterial infections
- Herpes virus and Varicella-Zoster infections

Type of oportunistic infections in HIV/AIDS depends on absolute CD4 count



Clinical category C (AIDS) - tumors

Kaposhi sarcoma

Brain lymphoma





Kaposi sarkoma



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Wasting syndrome



Treatment of HIV-disease

- Antiretroviral
 - Nucleoside inhibitors of reverse transcriptase binding to the active center of reverse transcriptase
 - Nonnucleoside inhibitors of reverse transcriptase binding out of the active center of reverse transcriptase
 - HIV protease inhibitors
 - Integrase inhibitors
 - Inhibitors of fusion (CCR5 blocking)

Combination of anti HIV drugs is always used

Prophylaxis of Pneumocystis carinii pneumonia (cotrimoxazol), antiviral and antimycotic antibiotics is sometimes used.

Diagnosis of HIV infection

- Detection of anti-viral antibodies
 - ELISA
 - -Western blott

Detection of antigen p 24