



- Science about living systems (Fernel, 1642)
- Experimental science (W. Harvey, 1643; C. Bernard, J.E. Purkyně)



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Aims of the course:

- 1. Learn the terms
- 2. Learn basic facts
- 3. Understand functional relations
- 4. Understand clinical consequences

Teaching forms – lecture, seminar, demonstration, practical (lab)

#### PHYSIOLOGY – science about functions (dynamics)

- General
- Special
- Comparative
- Evolutional



Functions are studied at 5 levels: molecular, cellular, tissue, organ, organism

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# Structural and functional organisation of the living systems.

# Homeostasis.

Life is a dynamic system with focused behavior, with autoreproduction,

characterized by *flow of substrates, energies and information*.

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#### STRUCTURE AND FUNCTIONS OF CELL ORGANELLES



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Molecular biology of the cell. B. Alberts et al., Garland Science 2002

#### **PLASMATIC MEMBRANE**



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#### **COMPARTMENTALISATION OF BODY FLUIDS**

#### GIT, lungs, kidney, skin

ſ	Plasma	5% - 3.5 litres	Evans blue, <sup>131</sup> J
$\left\{ - \right\}$	Interstitial fluid	15% - 10.5 litres	Inulin, manitol, sacharose Extracellular fluid (incl. plasma)
_	Intracellular fluid	40% - 28 litres	Antipyrin, D <sub>2</sub> O
			Total volume of fluids

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#### **BODY COMPOSITION**

Water	60% (80-50%) of body mass
Proteins	18%
Lipids	15%
Minerals	7%

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#### **Concentration of ions in body fluids**

#### **TRANSPORT MECHANISMS**



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#### **PASSIVE TRANSPORT MECHANISMS**

Differences in body fluids composition result from features of barriers and forces responsible for transport.

#### DIFUSION

Transport of gases, substrates, metabolites (up to m.w. 60 thous. in direction of concentration gradient of diluted substance. It depends on its solubility in water and lipids.



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#### **OSMOSIS**

Transport of water across semipermeable membrane in direction to higher concentration of diluted substance (e.g. in direction to lower concentration of water). It depends on number of particles.





Movement of solvent as a result of osmotic and hydrostatic pressure.

Production and resorption of interstitial fluid (Starling forces).



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**REGULATED TRANSPORTS** 

FACILITATED DIFUSIONselective carrieramino acidslimited capacityphosphate

COTRANSPORTtransported compound uses concentrationgradient of Na+ as the driving force

**SYMPORT** in the same direction **ANTIPORT** in opposite direction

glucose, AA Ca<sup>2+</sup>, H<sup>+</sup>

 $M \vdash D$ 



Similar transports:

•Ca<sup>2+</sup>/H<sup>+</sup>

- $\bullet$ Na<sup>+</sup>/K<sup>+</sup>
- •K+/H+
- •Na<sup>+</sup>/H<sup>+</sup>

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**ACTIVE TRANSPORTS** 

#### Na<sup>+</sup>/K<sup>+</sup> ATP-ase (exchanger) AGAINST concentration gradient



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#### **PLASMATIC MEMBRANE**



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#### **IONIC CHANNEL**



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#### **K**<sup>+</sup> **Repolarization reserve**



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#### $Na^+$



SIGMA RBI, www.sigma-aldrich.com



## Ca<sup>+</sup>

L, T, N type

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SIGMA RBI, www.sigma-aldrich.com

#### **COMMUNICATION AMONG THE CELLS**

#### MECHANICAL CONNECTION

• desmosomes (macula adherens; cell adhesion and mechanical

stability of tissues) – epidermis, liver, myocardium

#### ELECTRICAL CONNECTION

• gap junction (nexus) (in intercalar disc; consists of conexons)

#### HUMORAL CONNECTIONS (REGULATION)

- autocrine
- paracrine
- endocrine
- juxtacrine
- neurocrine

Receptor, ligand, second messenger

#### NERVOUS CONNECTIONS (REGULATION)

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• synapse

• hypothalamus - pituitary gland

• adrenal medulla

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### HOMEOSTASIS - MAINTENANCE OF CONSTANT CONDITIONS IN THE INTERNAL ENVIRONMENT

IN A BROAD SENSE – in body fluids
IN A STRICT SENSE – in particular compartments
(blood....organelles) or maintenance of certain parameter (blood pressure, muscular tension, etc.)

#### **REGULATED PARAMETERS:**

body temperature, volume of body fluids, osmotic pressure, pH,  $pO_2$ ,  $pCO_2$ , concentration of ions, glycaemia, etc. (isohydria, isovolemia, isoionia, isoosmia, ...)

#### **DISTURBANCES IN HOMEOSTASIS**

• Communication with surroundings

lungs, GIT, kidneys, skin

• Internal sources of instability

metabolism

#### **Extracellular fluids represent transport systems**

#### **REGULATION**

Control of living systems.

Living systems – open systems; their existence depends on flow of energy and substances between organism and environment in both directions.

 $M \vdash 1$ 

Appears at all levels of system (cell – whole organism).

### **ASSOCIATION OF DIFFERENT LEVELS OF REGULATION**

 $M \vdash D$ 

Systemic regulation – nervous and humoral

**Local regulation (metabolic)** – chemical – pO<sub>2</sub>, pCO<sub>2</sub>, pH, prostaglandins

#### Autoregulation

myogenic –constant blood flow during changing perfusion pressure

in the heart – homeometric and heterometric



Deviation from desired value oscillates or continuously increases.



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