



Neck



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## **Neck - anatomy**

- Superior boundary inferior edge of mandibula, mastoid process and protuberantia occipitalis ext.
- Inferior boundary plain formed by the suprasternal notch, clavicle and the spinous process of the seventh cervical vertebra.
- Osteomuscular system is adapted to the upright human posture.
- Visceral part of the neck contains upper aerodigestive tract, the carotic sheath and its contents on each side and cervical lymphatic systém

There is on the neck cca 200 lymph nodes





## Lymph nodes of the neck

#### Nodi cervicales superficiales

Along v. jug. ext. tributary zone: parotid gland, retroauricular region, intraparotic and occipital lymph nodes.

#### Nodi lymphatici cervicales profundi

They are in the carotid sheath.

#### Superior group (subdigastric)

Lymph channels lead to this regional lymph nodes (group) from the tributary tissue area: soft palate, tonsils, radix linguae, supraglottis, sinus piriformis.

Nodus jugulodigastricus = Woodova uzlina= Küttnerova uzlina= Chassegnacova uzlina je v

#### Middle group

Tributary tissue area: supraglottis, glandula thyreoidea, sinus piriformis. Boundary to the crossing of m. omohyoideus and carotid sheath.

#### Inferior group

Tributary tissue area: subglottis, trachea, cervical oesophagus, glandula thyreoidea. "Great venous angle" = the left jugulosubclavian angle. In this area is Troisier-Wirchow lymph node. Ductus thoracicus (thoracic duct) receive afferents from the lower half of the body, the cranial area.

#### Lymphatic chain at n. accessorius

Tributary tissue area: nasopharynx, oropharynx, paranasal sinuses..

#### Lymphatic chain along vasa transversa colli

nodi supraclaviculares - closely above clavicula.

### **Special groups of lymphnodes**

Nodi submentales, retropharyngei (the greatest Rouvier lymph node), paratracheales, nodus praelaryngicus (Poirier lymph node).



The Memorial Sloan Kettering Cancer Center classification

- Classification of cervical lymph nodes
- I submental and submandibular group
- II upper jugular group
- III middle jugular group
- **IV** lower jugular group
- V posterior triangle group
- VI anterior compartment group













- inspection
- palpation
- diagnostic imaging:
  - ultrasound, Doppler technique provide information about vascular lesions, distinguish between cyst and solid tumor
  - computed tomography allows greater differentiation : vascular lesion, tumors, cysts - including their position and extent
- biopsy
- cervical lymphography is of little clinical value when compared with other methods of investigation.
- MRI
- Scintigraphy



# Summary of findings of palpation

- form and size in cm,
- **site** (localisation), topographic description
- **consistency** soft, elastic, fluctuant, firm or hard
- mobility vertically or horizontally, fixed or adherent
- pulsation, skin appearance of the skin, comparison to the surrounding tissues





# "Sentinel lymph node"

- First lymph node to which the lymph is coming from primary tumor. If there is no metastasis, the probability of metastatic spread is low.
- Identification
  - Before surgery lymphoscintigraphy 1 day before surg.
  - During surgery peritumoral application of lymphotropic agent (colloid solutions marked with radioactive technetium, stain).



## **Utilization rate**

- *Palpation- up to* 1/3 of cases false negative or false positive.
- UZ sensitivity 94 % a specifity 91 % (depends on experience of interpreter)
- FNAB fine needle aspiration cytology and biopsy guided by ultrasound až 76 % sensitivity a 100 % specifity
- Reliability of CT scan for metastasis into neck lymph nodes is given about 72 % - 93 %
- *PET* reveals higher sensitivity, but lower specifity than CT scan.
- Combination of evaluation methods shows presence of neck metastasis approx. in 70 % of cases. About 30 % of ill without clinical symptoms of metastasis is threaten with locoregional relapses from micrometastastatic disease from micro metastasis in regional lymph nodes.







### **Cancer of thyroid gland**

CT/4/196 Axial F->H Recon 2: NATIV	A	FN VYM
	6	
R		120.0 kV 382.0 mA Pixel size: 0.424 mm Position: 50.5 mm W: 814 L: 40
120.0 kV 381.0 mA Pixel size: 0.424 mm Position: 73.6 mm W: 814 L: 40	<u>                                      </u>	DFOV: 21.70 x 21.70cm

CT/4/233 Axial F->H

Recon 2: NATIV

FN U sv. Anny v Brne VYMAZALOVA IRENA 415115/090 1941/1/15 68Y F 4284-4113/09 2009/5/20 11<u>:5</u>0:15 -

А

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DFOV: 21.70 x 21.70cm





Differential diagnosis of lumps of the neck

Lymphnodes X Extra lymphnodes

- Inflammatory Cervical
  Lymphadenopathy
- Tumors
- Congenital Anomalies



## Inflammatory Cervical Lymphadenopathy

acute - lymph nodes are painful

#### **Chronic non specific lymphadenitis**

shows on repeated infections in the region of pharynx in past. Persistent or recurrent lymph node swellings are not compatible with a diagnosis of nonspecific lymphadenitis.

#### Chronic specific lymphadenitis -

tuberculosis, sarcoidosis.

Lymphadenitis reticullaris abscedens

Cat Scretch Fever the pustulous primary focus, which tends to ulcerate, occurs in the skin, . This is followed 1 to 5 weeks later by a regional lymphadenopathy. In one third of cases a fistula forms. Is caused by the cat scratch virus.

#### Tularemia

#### Lymphadenitis with changes in blood account

mononucleosis infectiosa, rubeola, adenovirosis, hepatitis epidemica, viral pneumonia, listeriosis, toxoplasmosis, lymphadenitis after hydantoin

#### **Rare lymphadenitis**

collagenases, syphilis, mycosis.



# Tumors

## Benign

hemangiomas, lymphangioma (Cystic Hygroma), paraganglioma, lipomas (Morbus Madelung-benign symetric lipomatosis of the neck)

## Malignant lymph node tumors

Malignant lymphomas Hodgkin's disease, Non - Hodgkin's lymphoma. Treatment according to oncologist.- actinoand chemotherapy.

#### Primary neck cancer

Thyroid gland , tzv. "branchiocarcinoma" from lateral Branchial Fistulae and Cysts.

#### Lymph Node Metastases

treatment - surgery.

#### TNM classification (p16 negative):

- N1 single homolateral less than < 3 cm;
- N2 single homolateral > 3 cm < 6 cm more homolateral lymph nodes< 6 cm bilateral or contralateral < 6 cm
- N3 > 6 cm



# Malignant tumors of the external neck

### **Primary neck cancer**

Tumors of lymph nodes malignant lymphomas

- M. Hodgkin
  - 30 % lymphomas in neck, 75 % male
- Nonhodgkin lymphomas
  - number of lymphoreticular malignant tumors, arising from cells of immune system
  - Lymphomas with low and high grade of malignity, chronic lymphatic leukemia
- Diagnosis: histology
- treatment: conservative oncologic (CHT, RT, combination)



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#### Paraganglioma

- rare neuroendocrine tumor arising from neuroectodermal tissue,
  - more than 80 % of this tumors arising from the adrenal medulla
  - 2 bis 4 % arising in the neck

glomus caroticum, (**carotid body tumor**, glomus tympanicum, glomus jugulare)

- 50 to 60 year, 4x frequently in women
- Malignant course in 2 to 10 % cases
- Clinic features: "fungal structure" mass, non painful, pulsating, glomus caroticum – possible movement into side not craniocaudal direction
- Diagnosis: CT/MR angio (CAVE punction) " lyra symptom"
- Therapy: surgery x radiotherapy x see and wait)



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Metastases (primary tumor in tributary region)

#### Metastatic tumor of unknown primary (primum ignotum)

- histologically verified disease without known primary tumor in the time of diagnosis
- In Secondary malignant tumors on the neck is primary tumor approx. in 75–90 % found in head and neck
- more frequent localization: palatine tonsils, base of the tongue, epipharynx and hypopharynx

**Diagnosis**:

- ENT evaluation follow up once a year
- Imaging methods: ultrasound (+ puncture) CT, MRI, PET-CT
- Pan endoscopy, biopsy, TE

**Therapy:** surgery – neck dissection +- adj. RT/CHT/CHRT



Surgery from external approach – in case of primary surgical treatment, combined with Radiotherapy/radio chemotherapy
 Non surgical treatment – in case of "organ saving protocols" - Radiotherapy/radio chemotherapy

# The methods of treatment

Prescalene node biopsy (Daniels operation)

- The radical curative neck dissection (Resectio venae jugularis internae en bloc sec. Crile 1906) - the upper boundary of the operation is the base of the skull and the lower boundary lies at the level of the clavicle. The sternocledomastoid muscle, the internal jugular vein are removed.
- The goal of neck dissection is complete removal of lymph nodes and vessels between the superficial and deep cervical fascia.
- Functional deck dissection- the sternocleidomastoid muscle, the internal jugular vein, the accessory nerve are preserved.
- An elective neck dissection is a neck dissection carried out in the absence of palpable lymph nodes for a primary tumor which experience has shown to have a high metastatic rate - oropharynx, hypopharynx, supraglottic larynx, the base of the tongue. The purpose of this operation is to deal with micro metastases.



## **Types of neck dissections** (classification according to Ferlito)

#### ND (neck dissection)

L (left,) or R (right,) – side of neck dissection

**removed region** lymph nodes, described with Roman numeral to VII, in increasing order **removed non lymphatic structures** 

Examples:

ND (R, I-V, SCM, IJV, CN XI) – Radical neck dissection

ND (L, I-V, SCM, IJV, CN XI, CN XII) - extended Radical neck dissection with removal of n. hypoglossus

ND (I-V, SCM, IJV) – Modified radical dissection with saving n. accessorius (n. XI)

Abbreviations: ND – neck dissection, SCM – m. sternocleidomastoideus, IJV – v. jugularis interna,

CN XII – n. hypoglossus, CN XI, SAN – n. accesorius (spinal accesory nerve), ECA – a. carotis externa, ICA – a.carotis interna, CCA – a. carotis communis, CN VII – n. facialis,

- CN X n. vagus, SN neck sympaticus, PN n. phrenicus, SKN –skin,
- PG glandula parotis, SG glandula submandinbularis, DCM deep cervical muscles



## Radical neck dissection ND (R, I-V, SCM, IJV, CN XI) **sec. Crile**







# **Congenital Anomalies**

- Lateral Branchial Fistulae and Cysts
- Medial thyroglossal Duct cysts and fistulae

Typical sites for cervical cysts and ducts

- 1.Foramen caecum
- 2.Thyroglossal duct
- 3. Submental and prelaryngeal dystrs
- 4. Hyoid bone
- a) Thyroglossal duct cysts
- b) Fistulas
- c) Branchial cleft cysts and fistulas
- 9. Lateral cervical cysts











## Cystis colli lateralis I.sin.











# Inflammatory cervical lympadenopathy - actinomycosis





# Morbus Madelung

## benign symmetrical neck lipomatosis





## **Morbus Madelung**





# Metastasis of oropharyngeal cancer





## Oropharyngeal cancer with metastasis on the left neck side





# Carotic sheath between deep and superficial cervical fascia





## **Neck fascial spaces**

1.abscess in retropharyngeal space, 2. in "dangerous space, 3. in prevertebral space.


## Phlegmona colli (Inflammation of the Cervical soft tissues), Mediastinitis

- **Source** –infection of para tonsillar a retromolar region, injury of oral cavity base, pharynx or cervical esophagus. Visceral spaces of the neck have no distal boundary with mediastinum.
- **Clinical picture** fever, usually septic, dysphagia, pain in the back (intrascapular), retrosternal pain
- Inflammatory infiltration of the neck without boundary, fluctuation, special palpation feeling; by spread into the mediastinum – dysphagia and even dyspnea
- Treatment surgical opening of space surrounding great neck vessels, collateral mediastinotomy, treatment of primary source, general treatment aimed against sepsis, thrombosis, kidney failure etc.
- Bad **prognosis**, high mortality















- Esophageal wall: tloušťka 2- 5mm
  - Mucosa membrane
    - Stratified non keratinizing squamous epithelium
  - Submucosal layer
  - Muscle layer
    - circular
    - Iongitudinal
    - Kilian's triangle -hypopharyngeal diverticulum (Zenkeri)
  - Adventitia
- The full length of the esophagus is 20-26 cm in adult person





## The esophagus

- Esophagus topography
  - Cervical part C6-Th1
  - Thoracic part the longist, Th1-Th7-8
  - Abdominal the shortest, Th 9-11.
- Esophagus constrictions:
  - The upper constriction Killian's sphincter – opening lies 15 cm from the upper incisor
  - The middle (thoracic) constriction aortic arch and left main bronchus – 27 cm from the upper incisor
  - The lower (diaphgramatic)
    constriction 40 cm from the upper incisor









#### Innervation

- n.X and cervical and thoracical sympathicus
- Physiology
  - Food income
    - The act of swallowing pharyngeal and esophageal phases – under autonomic control – swallowing reflex
    - Active mobility of the esophagus food transport



- Diagnostic imaging
  - Simple X-ray- diagnosis of RTG contrast foreign bodies
  - Contrast administration
    - Barium
    - Iodium contrast medium (gastrografin) in suspicion on injury of esophagus, perforation
- **CT, MRI** suspicion on malignancy
- Esophagoscopy
  - rigid treatment, foreign body extraction
  - Flexible mainly diagnosis
- Esophagus manometry
- Multichannel intraluminal impedance, two channel manometry (pH metry)



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- Disorder of recanalization during development
- Aplasia- newborn cannot swallow, coughing, vomiting
- Strictures dysphagia
- Diagnosis: diagnostic imaging, CT, MR, esophagoscopy, bronchoscopy
- Therapy:
  - Stenosis- dilatation
  - Atresia- surgery



Zdroj obr.: [online cit. 2.4.2020]. Doi https://www.wikiwand.com/en/Esophageal\_o



- Symptoms recognized immediately after birth, with choking attacks, dyspnea, cyanosis
- Diagnosis radiography and endoscopy
- Therapy surgery

- Uogt 1 Uogt 2 Gross A Uogt 3A Gross B Uogt 3B Gross C Uogt 3C Gross D Gross B Uogt 3C Gross D Gross B
  - Zdroj obr.: [online cit. 2.4.2020]. Doi https://www.wikiskripta.eu/w/Atr%C3%A9zie\_j%C3%ADcn u

### Achalasia (cardiospam)

- Syndrome of nonorganic obstruction of lower esophageal sphincter connected with esophagus hypertrophy and dilatation
- pathogenesis: neuromuscular disorder, possibly degeneration of the myenteric plexus (Auerbach).

MFN

- Symptoms feeling of retention of food in the esophagus, vomiting
- Diagnosis radiography and endoscopy
- Therapy dilatation, surgery kardiomyotomy sec. Heller



Zdroj obr.: [online cit. 2.4.2020]. Doi https://www.wikiskripta.eu/w/Achal%C3%A1zi e



## Caustic ingestion of esophagus

Typical **history**, very severe pain in the mouth, pharynx, behind the sternum.

The coagulation necrosis due to acids and colliquative necrosis due to lye's penetrates to varying depths

primary local necrosis

generalized intoxication

acute, subacute and chronic corrosive esophagitis healing of the esophagitis with scarring or stricture late complications (restenosis, possibly malignant degeneration).

The scar tissue stenosis begins about the 3rd week.











Caustic ingestion of esophagus - diagnosis

- History
- Diagnostic imaging Contrast administration
  Iodium contrast medium (gastrografin) in suspicion on injury of esophagus, perforation
- Esophagoscopy



# Esophagus – caustic ingestion

- course:
  - acute phases: damage of superficial epithelium with possibly deeper spread with bacterial infiltration until 48 hours. Mucosa membrane is reddened or cyanotic.
  - Reparative phases: approximately in 5 days creation of granulations, deposits of fibrin, collagen.
  - **Scar phases**: 2.-3. week, in circular injury threated esophageal strictures.
- diagnosis:
  - flexible nasopharyngolaryngoscopy, KO, electrolytes, astrup, chest X-ray.
  - Esophagoscopy in time window 12-24 hours after injury.
  - Do not correspondent status of mucosa membrane in mouth and in esophagus.
  - Consultation in toxicologic center



#### Esophagoscopy

- Flexible until first pathological changes
- Time window: from 12 to 24 hours
- First diagnostic imaging
- Follow up not earlier than in 6 weeks

## Endoscopic classification in time 12-24/48 hours after injury

Degree	Endoscopic view	Consequences
0	normal	
1	Hyperemia, oedema	
2A	Exudation, bleeding, superficial ulcers	
2B	Deep ulcers	Strictures
3A	Focal necrosis	
3B	Advanced necrosis	Perforations

Zargar, S.A: Gastrointerst Endosc 1991, 37: 165 Cheng, H.T.: BMC Gasttroenerology, 2008, 8:31



### Treatment

- Acute care:
  - Transportation to workplace treating this injury
- First aid in caustic ingestion of esophagus
  - Anti shock treatment
  - Analgesics gargle of oral cavity with local anesthetic
  - No irrigation of stomach, dilute or neutralization of lye or acids!



**Intermediary care**: broad-spectrum antibiotics, parenteral nutrition, management of shock, fluid administration, if necessary – tracheotomy, gastrotomy. Nasogastric probe in circular injury 2. stage or in perforation 6 weeks.

- 1st degree: small risk of stenosis, special treatment not necessary, follow up
- 2nd degree antibiotic treatment 2 weeks, H2 blockers 2-4 weeks, follow up after 3 weeks imaging
- 3rd degree (perforation): surgery laparotomy, gastrectomy, esophagectomy.
  Esophagoscopy and extraction of battery in esophagus.

Late care: stenosis dilatation under general anesthesia

Complication

- early: perforation and mediastinitis
- late: scar esophageal stenosis, malignant tumors as a consequence of ingestion



- Bad habit to give objects into mouth
- Bad habits at eating quick, inattentive, greedy...
- Alcohol abuse, unconscious
- penologic medicine intention at prisoners
- Old people with teeth prosthesis and with week swalloving reflex





# Foreign body (metal toy) in cervical oesophagus –2y old children











- hypopharynx, piriform sinus bigger size
- esophagus in regions of physiological constriction, usually in Kilian's sphincter, scars, tumors etc.



# Foreign body - chicken bone in hypopharynx













## Foreing body- coin in cervical oesophagus



## - Foreign bodies in swalloving ways symptoms

- painful dysphagia
- increased salivation
- dyspnea



- history of disease
- indirect laryngoscopy
- X-ray examination native, at non contrast foreign body roll of cotton wool with contrast medium
- Hypo-pharyngoscopy, esophagoscopy
- Negative X-ray finding is not cause for avoiding endoscopy! – especially in sharp hard foreign body.



Foreign bodies in swalloving ways therapy + complications

## Endoskopic extraction

Complication

- Injury or perforation of oesophagus
  - Picture of shock, subcutaneous emphysema, mediastinal emphysema. Miningerod's sign = presence of air in posterior superior mediastinum. The greatest mistake – physician has suspicion, but he hushed it up.
- Scar stenosis
- Bleeding
- Esophago-tracheal fistulas
- Recurrent palsy



## Adapted safety pin in oesophagus – wanted swallowing – by prisoners









#### RAKULTNÍ NEMOCNICE V BRNĚ V BRNĚ





Stone from nectarine mental retardated boy, 20 yr localisation – 2nd physiologic

stenosis





#### FAKULTNÍ NEMOCNICE U SV. ANNY V BRNĚ NE D Esophageal diverticulum

Diverticulum – congenital or acquired protrusion of hollow organ.

- Pulsatory diverticula
- Traction diverticula tbc, peri-esophageal
  lymphadenopathy due to scar contracture

The most common type - cricopharyngeal (false) pulsatory **Zenker** diverticulum.

pathogenesis – protrusion of mucosa
 membrane between thyropharyngeal and
 cricopharyngeal part of inferior pharyngeal
 constrictor.





## **Esophageal diverticulum**

#### Zenker diverticulum

- Prevalence create 70% of all esophageal diverticula. Disease of higher age, age average 60-65 let, 2:1 male to female
- Symptoms
  - Dysphagia, feeling of pressure in jugular region, attacs of coughing
  - Disorder of swallowing especially tough food
  - Return of not digested food, loss of weight

MED

- In pressure externally on the neck special sound (**Boyce sign**).
- Big diverticula's: recurrent nerve palsy, aspiration of food, risk of malignant tumor.



### Zenker diverticulum

- Diagnosis diagnostic imaging
- Therapy surgery
  - External approach resection of pouch and myotomy m. cricopharyngeus
  - Endoscopic approach incision of threshold
- a pathogenesis of diverticulum
- b Principle of endoscopic incision
- 1 esophagus
- 2 threshold with place of incision
- 3 diverticulum







Hematemesis – bleeding from swallowing ways - cause

- esophageal varices (portal hypertension, portal bloc etc.)
- peptic ulcer of esophagus (Barett)
- corrosive ulcer, esophagitis
- tumors
- diverticulosis
- hernia hiatica



- sometime without symptoms
- spitting out fresh or coagulated blood (=hematemesis)
- melaena



It is necessary to distinguish between vomiting and only presence of the blood in saliva.

Evaluation :

- ENT examination
- direct hypopharyngoscopy
- flexible esophagoscopy
- X-ray evaluation in negative endoscopy



- preserve a calm atmosphere
- swallowing small pieces of ice, hem styptic agent (Bismuthum subnitricum in powder)
- small dosage of anti-anxiety drugs
- three-way balloon probe Sengstaken-Blakemore
- sclerotization of varices
- surgery