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| acitivity | performance | points |
| 1.ability to use telephone | operates telephone on own initiative; looks up and dials numbers, etc.dials a few well known numbers, answers telephone but does not dialdoes not use telephone at all | 1050 |
| 2. transport | travels independently on public transportation or drives own cartravels on public transportation when assisted or accompanied by anothertravel limited to taxi or automobile, with assistance of another or oes not travel at all | 1050 |
| 3. shopping | zakes care of all shopping needs independentlyneeds to be accompanied on any shopping tripnot able to shop at all | 1050 |
| 4. food preparation | plans, prepares and serves adequate meals independentlyheats and serves prepared meals, or prepares meals but does notmaintain adequate dietneeds to have meals prepared and served | 1050 |
| 5. housekeeping | maintains house alone or with occasional assistance (e.g., heavy-workdomestic help)performs light daily tasks such as dish-washing and bed-making, but cannot maintain acceptable level of cleanlinessdoes not participate in any housekeeping tasks | 1050 |
| 6. loundry | does personal laundry completelylaunders small items; rinses socks, stockings, etc.all laundry must be done by others | 1050 |
| 7. responsibility for own medication | is responsible for taking medication in correct dosages at correct timetakes responsibility if medication is prepared in advance in separate dosagesis not capable of dispensing own medication | 1050 |
| 8. ability to handle finances | manages financial matters independently (budgets, write checks, pays rent and bills, goes to Bank) collects and keeps track of incomemanages day-to-day purchases, but needs help with banking, major purchases, etc.incapable of handling moneyz | 1050 |
| Evaluation of independence in instrumetal activities of daily living 0 – 40 dependent in IADL45 – 75 partially dependent in IADL 80 independent in IADL total |  |

**Test IADL – instrumental activities of daily living**