#### **Learning unit: Cytostatics and targeted anticancer drugs**

### Impact of the learning unit

Learning unit summarizes drugs used for treatment of cancer and other pharmacological interventions in oncological patients including substances used to decrease toxicity of anticancer drugs.

# Important terms

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anticancer drugs
       cytostatic agents
               adverse effects of cytostatics and their pharmacological management
                       myelosuppression (bone marrow toxicity)
                               haemopoietic growth factors
                       nausea and vomiting
                               – see the learning unit 26.1. Antiemetics
                       mucosal toxicity (mucositis, stomatitis, gastrointestinal ulceration, ...)
                       cardiotoxicity
                       nephrotoxicity and urotoxicity
                               mesna
                               hydration and urinary alkalisation
                               diuretics
                       neurotoxicity
                       other side effects
               classification of cytostatic agents according to their mechanisms of action
                       drugs with direct effects on the nucleic acid structure
                               alkylating agents
                                       cyclophosphamide
                                       melphalan
                                       busulfan
                                       temozolomide
                                       nitrosourea derivatives
                                               lomustine
                                       platinum compounds
                                               cisplatin
                                               oxaliplatin
                                               carboplatin
                               intercalating agents
                                       anthracyclines
                                               doxorubicin
                                               epirubicin
                                       bleomycin
                       drugs influencing nucleic acid synthesis
                               antimetabolites
                                       methotrexate
                                       6-mercaptopurine
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5-fluorouracil

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topoisomerase inhibitors
                                              topoisomerase I inhibitors
                                                      irinotecan
                                              topoisomerase II inhibitors
                                                      etoposide
                       drugs influencing microtubule assembly and function
                               vinca alkaloids
                                       vinblastine
                                      vinorelbine
                               taxanes
                                       paclitaxel
                                       docetaxel
                       other cytostatic agents
                               asparaginase
       hormonal anticancer therapy – see 13.1 Sex hormones and 11.1. Immunopharmacology
               antioestrogens
               antiandrogens
               GnRH antagonists
               glucocorticoids
       targeted anticancer drugs
               monoclonal antibodies
                       rituximab
                       trastuzumab
                       bevacizumab
                       T-cells activity modulators
                               anti-PD-1
                                       nivolumab
                               anti-CTLA-4
                                      ipilimumab
                               enzymatic reactions inhibitors
                                       bortezomib (proteasome function inhibitor)
                               tyrosine kinase inhibitors
                                      imatinib
                                      sunitinib
complementary anticancer therapy (other pharmacological interventions)
       drugs used for the management of cancer pain
               opioid analgesics - see the learning unit 14.1 Opioid analgesics
        psychotropic drugs in the therapy of cancer pain
               tricyclic antidepressants – see the learning unit 18.1 Antidepressants
               anticonvulsants – see the learning unit 17.1 Anticonvulsants
        bisphosphonates – see 31.2. Drugs used for therapy of osteoporosis and thyroid diseases
               zoledronate
        denosumab
drugs used to decrease toxicity of anticancer drugs
        mesna
       leucovorin (calcium folinate)
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hydroxyurea (hydroxycarbamide)

specificity of cytostatics related to the cell cycle phases pharmacotherapy of cancer diseases adjuvant, neoadjuvant pharmacotherapy curative / supportive therapy and palliative care induction / consolidation therapy

### **Learning outcomes**

Student defines the cytostatic and chemotherapeutic agents.

Student knows basic pharmacological profile (mechanism of action, adverse effects, indications, contraindications) of the particular groups of anticancer drugs and other drugs used in oncology (e.g., drugs used to mitigate some side effects of cytostatic drugs).

Student gives examples of drugs decreasing toxicity of cytostatics and explain their mechanisms of action.

## **Recommended study materials**

Rang & Dale's Pharmacology E - Book, Humphrey Rang 8th edition, 2016, chapter 56 (pp. 676 – 690) additional texts (chapter 36 (pp. 439-448); chapter 26 (pp. 327-330))

Recommended study materials for Pharmacology subject.