

# Dental Pulp Disorders

V. Žampachová

# Dental pulp

- pulp tissue confined to a space limited by hard tissues
- no collateral circulation
- biopsies or direct application of medication impossible, would lead to entire pulp necrosis
- limited clinical signs –
  - pain, but problematic localization
  - level of sensitivity

# Pulpitis

- common inflammatory reaction
- pathologic external stimuli → cytokine release  
→ vasodilatation + edema → increased pulpal pressure in the limited space → compression of venous return → possible arterial strangulation  
→ possible necrosis + spread
- normal intrapulpal pressure 5-20 mm Hg,
- pulpitis → 60 mm Hg

# Pulpitis - causes

- dental caries
- irritation thermal/chemical incl. iatrogenic
- trauma
  - cracked tooth
  - crown fracture
  - traumatic pulp exposure (cavity preparation)
- secondary progression of periapical/periodontal inflammation from adjacent teeth

# Pulpitis - etiology

- **mechanical damage** (trauma, dental procedure, attrition, abrasion, barotrauma)
- **thermal injury** (in dental procedures, uninsulated metallic materials)
- **chemical irritation** (in erosion, acidic dental materials), possible reactionary dentin formation.
- **bacteria** (directly in caries, haematogenous; indirectly – toxins)

# Barotrauma (aerodontalgia)

- Flying at high altitude in unpressurized aircraft, or rapid decompression in divers.
- Attributed to formation of nitrogen bubbles or fat emboli in pulp tissue or vessels (decompression sy).
- Not a direct cause, but rather an exacerbating cause in presence of caries.

# Pulpitis

- Dynamic process with continuous spectrum of changes, depending on cause and host defenses
- - Acute or chronic.
  - Partial or total.
  - Open or closed.
  - Exudative or suppurative.
  - Reversible or irreversible.
- Poor correlation between microscopic changes and clinical symptoms.

# Pulpitis

Modifying factors:

- Nature, severity and duration of insult.
- Quality of dental tissues (abrasion, attrition, ...)
- Efficiency of host defenses.
- Efficiency of pulpo-dentinal complex defenses.
  - reactionary dentin (pulp capping, regular tubules)
  - reparative dentin (irregular structure)
  - calcific barriers



# Pulpitis

- Patient history
- Clinical examination
- Tests
  - percussion
  - heat
  - cold
  - electric

# Pulpitis (clinical)

## ■ Acute pulpitis:

Severe throbbing, lancinating pain on thermal stimulation or lying down, keeps patient awake.

Generally for 10-15 minutes (reversible pulpitis).

With progression, may become spontaneous + continuous (irreversible pulpitis).

## ■ Chronic pulpitis

Bouts of dull aching, an hour or more.

Pain on thermal stimulation or spontaneously.

May be asymptomatic.

# Acute pulpitis

- progression of focal reversible pulpitis
- possible exacerbation of preexisting chronic pulpitis
- usually pain constant, severe, localized
- heat/cold sensitive
- stage
  - early – electric hyperreactivity
  - late – reduced/missing response
- commonly +/- normal percussion test

# Chronic pulpitis

- low grade, long term injury
- intermittent, mild symptoms
  - no symptoms possible
- reduced response to stimulation

# Pulpitis

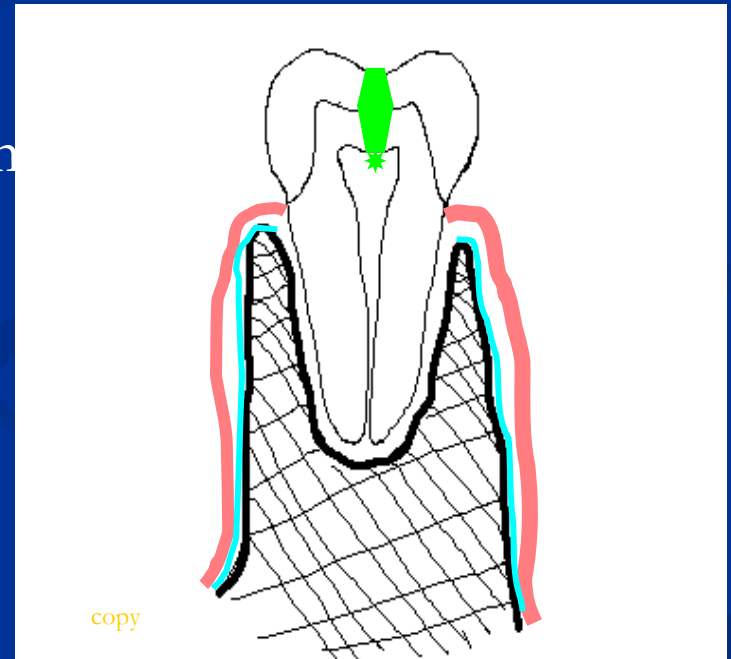
- Most important decision clinically is whether pulpitis is reversible or irreversible → different management.
- Decision based on many factors including:
  - Severity of symptoms.
  - Duration of symptoms.
  - Size of carious lesion.
  - Pulp tests.
  - Direct observation during operative procedure.
  - Age of the patient.

# Pulpitis - signs

- **reversible** – possible regeneration; sudden short pain in local thermal and/or chemical stimuli (cold, sweet, sour); no percussion sensitivity, no change in radiograph
- **irreversible** – no regeneration, common bacterial invasion
  - **early** – longer, more intensive pain, may be continuous; still may be localised
  - **late** – severe continuous pain, radiation to jaw, face, neck, ... (trigeminal irritation)

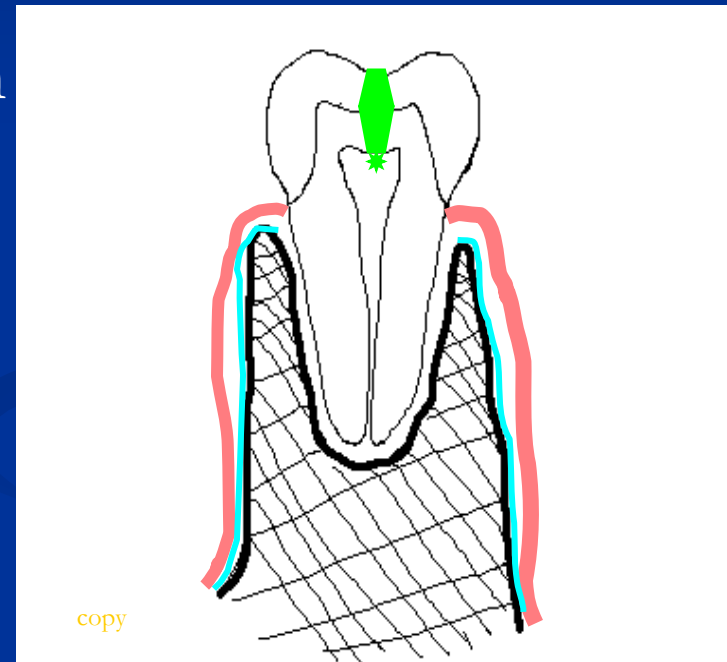
# Reversible pulpitis

- Clinical examination:
  - intermittent pain
  - vitality test: positive, „short” response
- Focal change, acute
- Treatment:
  - removing of the offending agent
  - making a filling (or pulp capping)



# Irreversible pulpitis

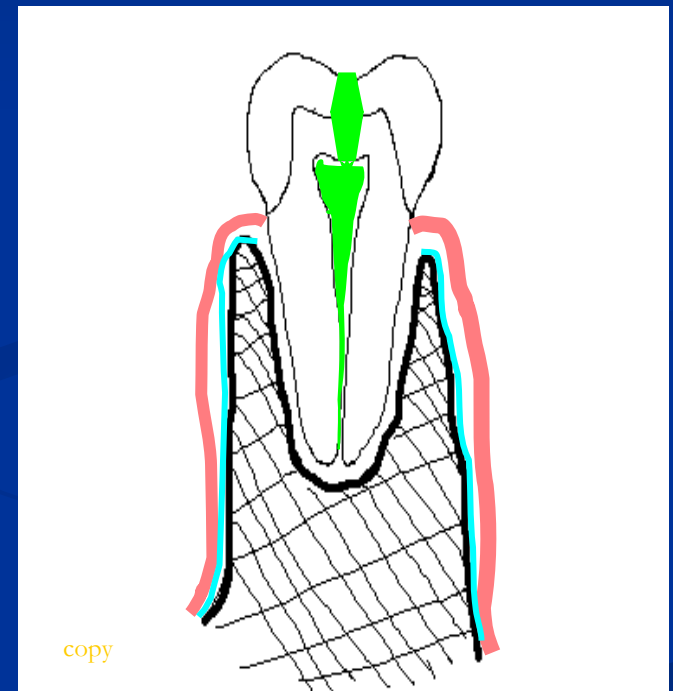
- Anamnesis:
  - mild or severe spontaneous pain
  - difficult to localise
- Clinical examination:
  - vitality test: „long”, sharp response
- Treatment:
  - root canal treatment





# Pulpal necrosis

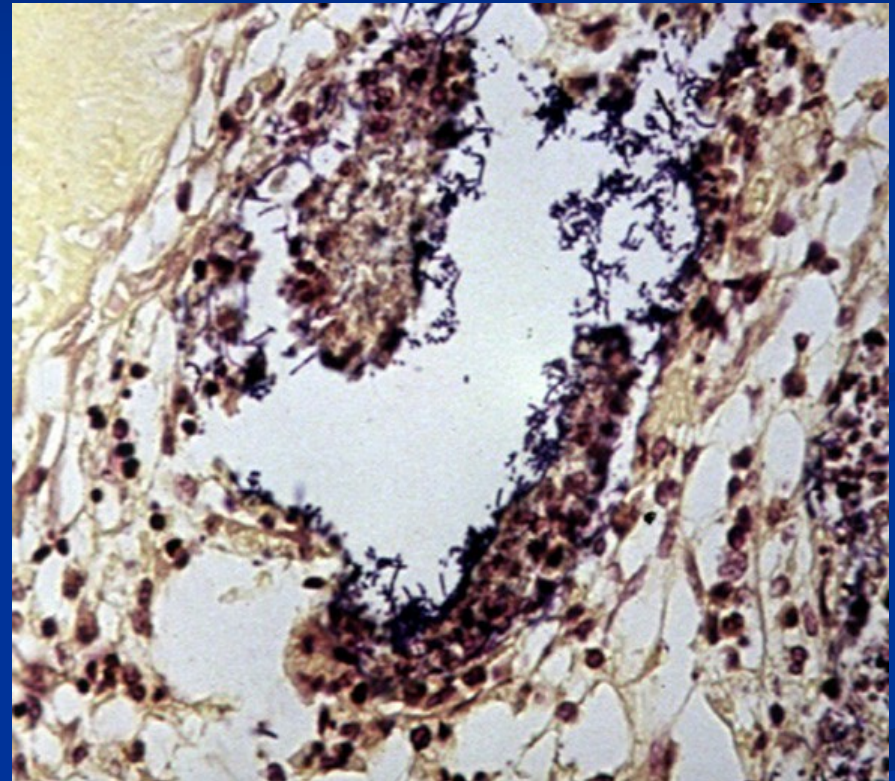
- Anamnesis:
  - asymptomatic
- Clinical examination
  - vitality test: negative
- Treatment:
  - root canal treatment





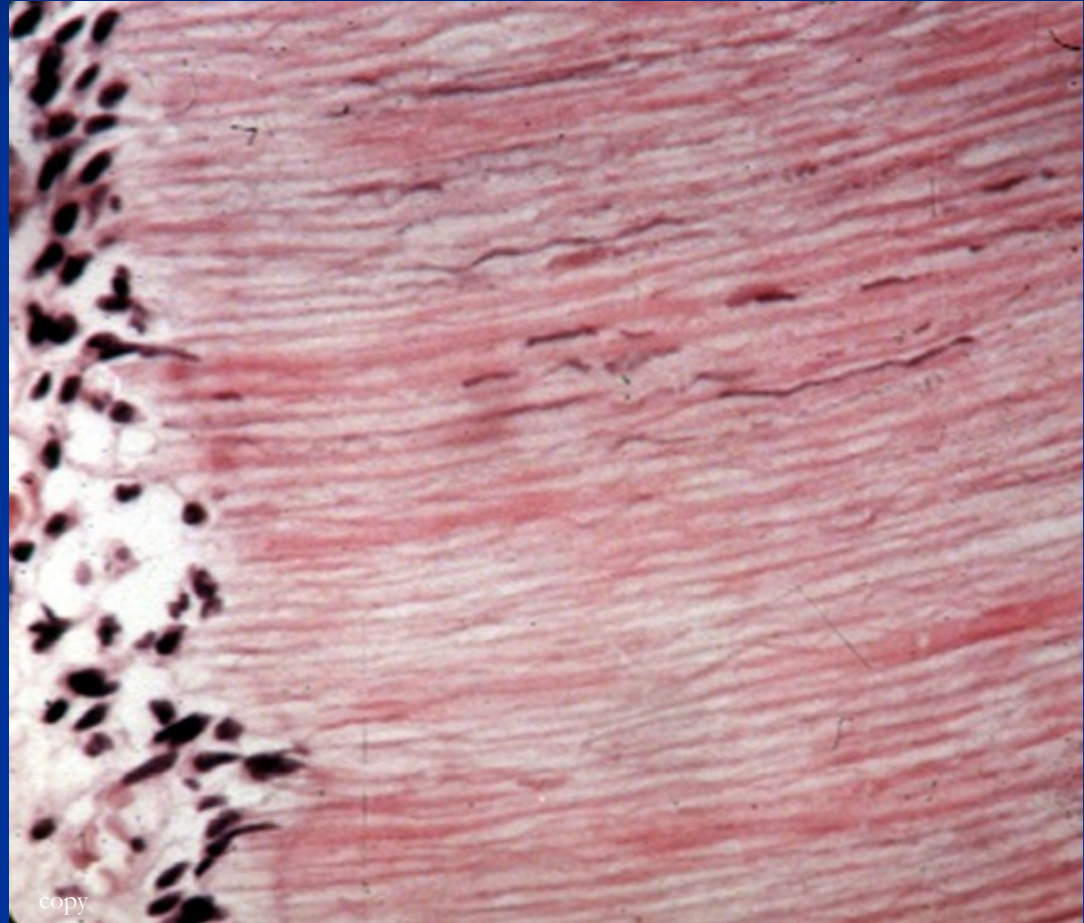
# Bacteria in the dentin

Bacteria extending down the dentinal tubules into the pulp tissue itself



# Odontoblast changes

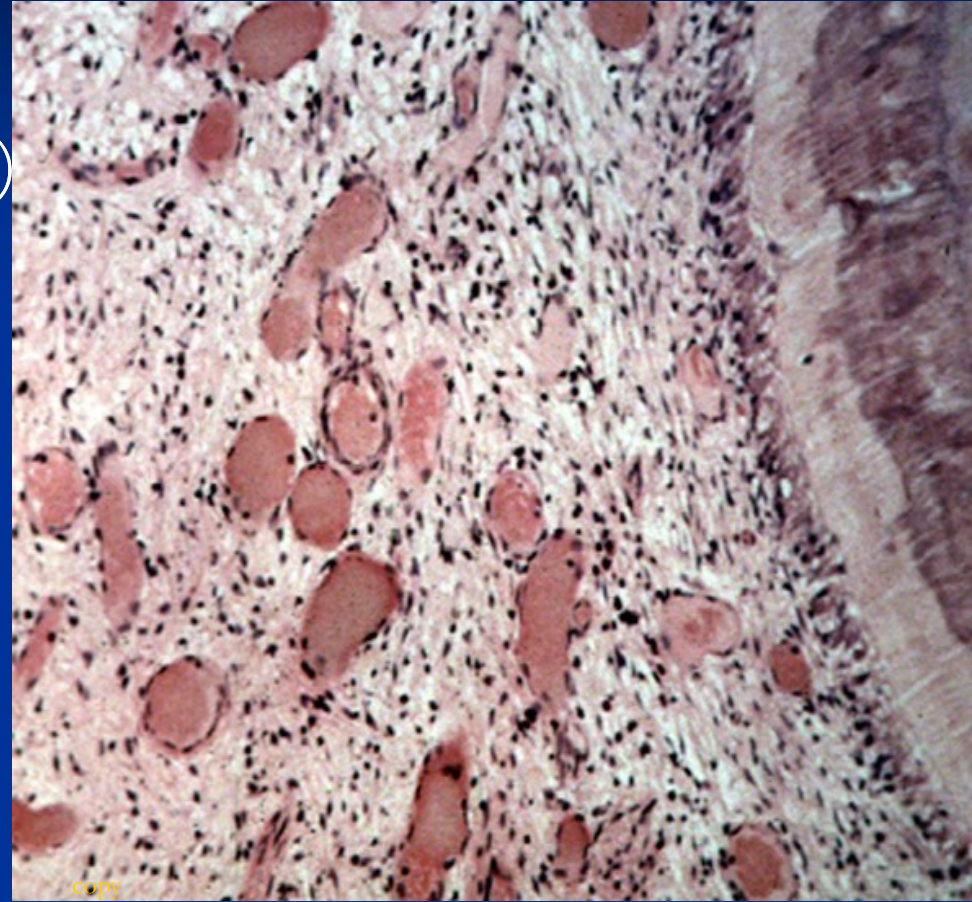
- Early change of the pulp as a result of some irritants.
- Normal odontoblastic nuclei in the dental tubules.
- Capillaries grow in the subodontoblastic zone in the presence of deep caries or a deep filling (in an intact uninfamed pulp not present).





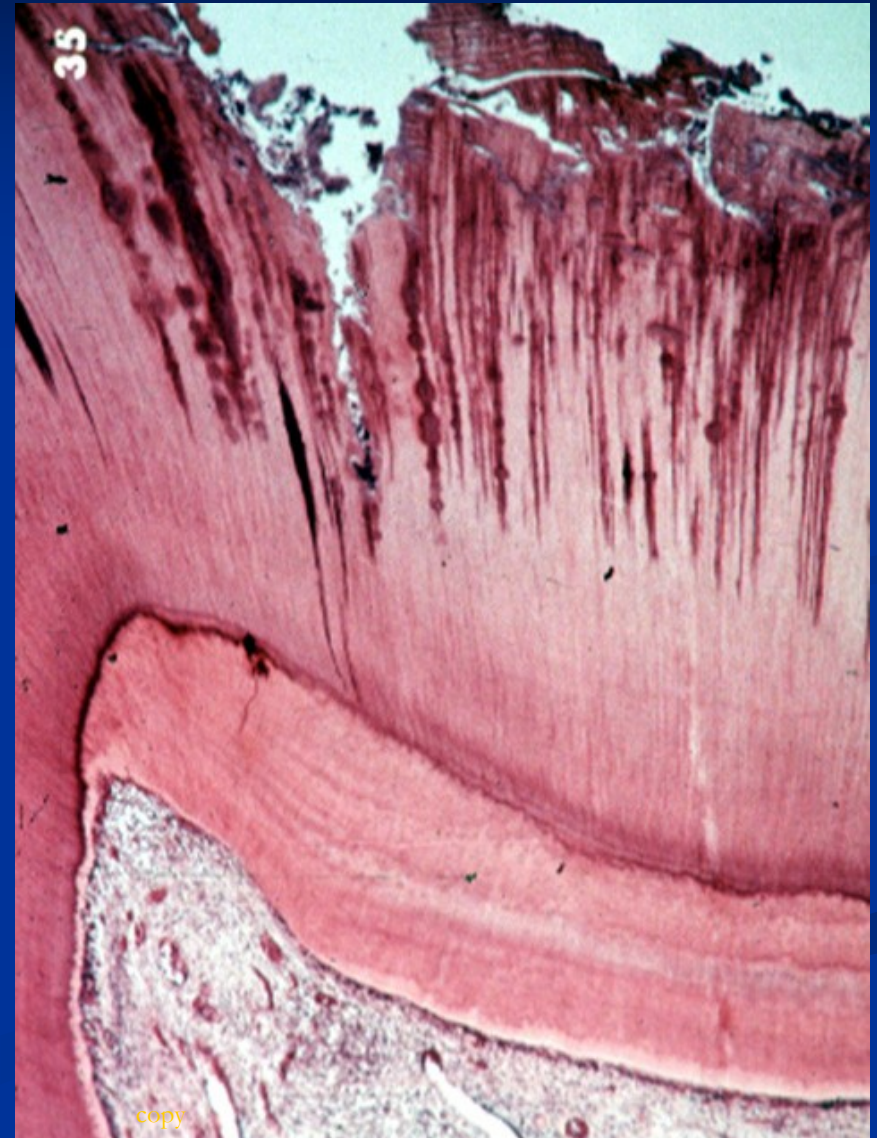
# Pulp hyperemia

- Pulpal congestion (hyperemia) multiple dilated capillaries, obliteration of the cell free zone .
- Odontoblastic layer intact.
- Predentine and irregular reparative dentin, probably a response to severe irritation (deep caries, filling material, tooth preparation).



# Reparative dentine

Severely inflamed pulp  
despite the blockage of  
caries progress through  
the primary dentin with  
reparative dentin

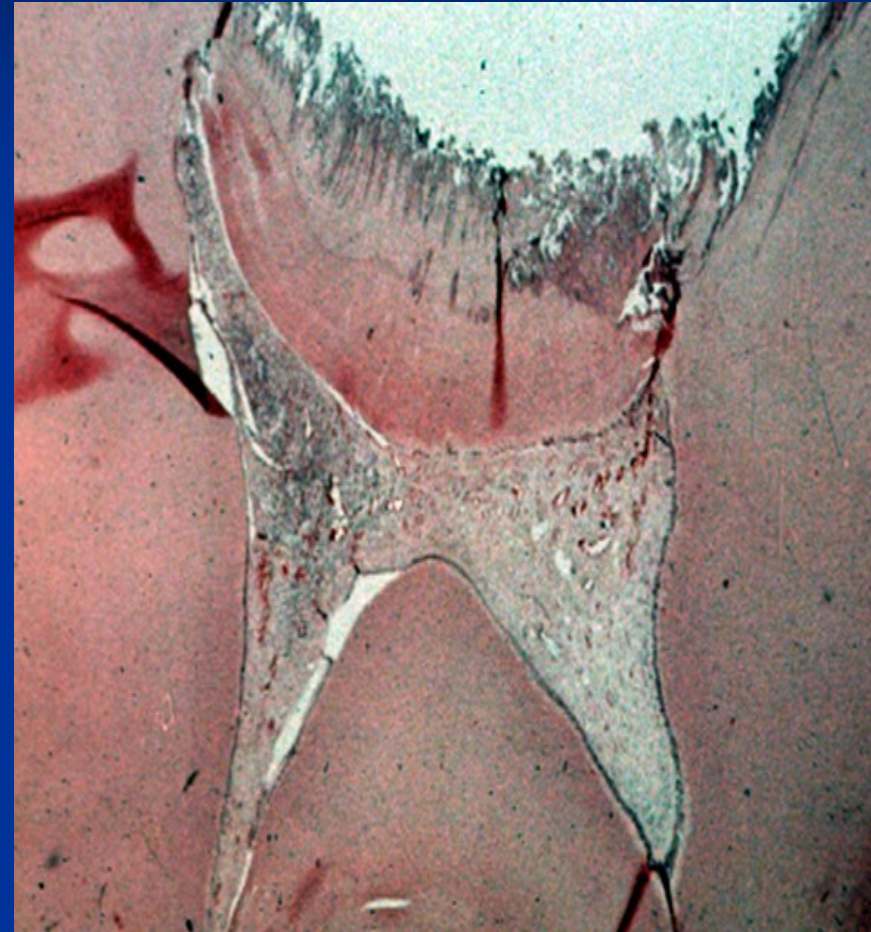




# Dentine caries and pulpitis

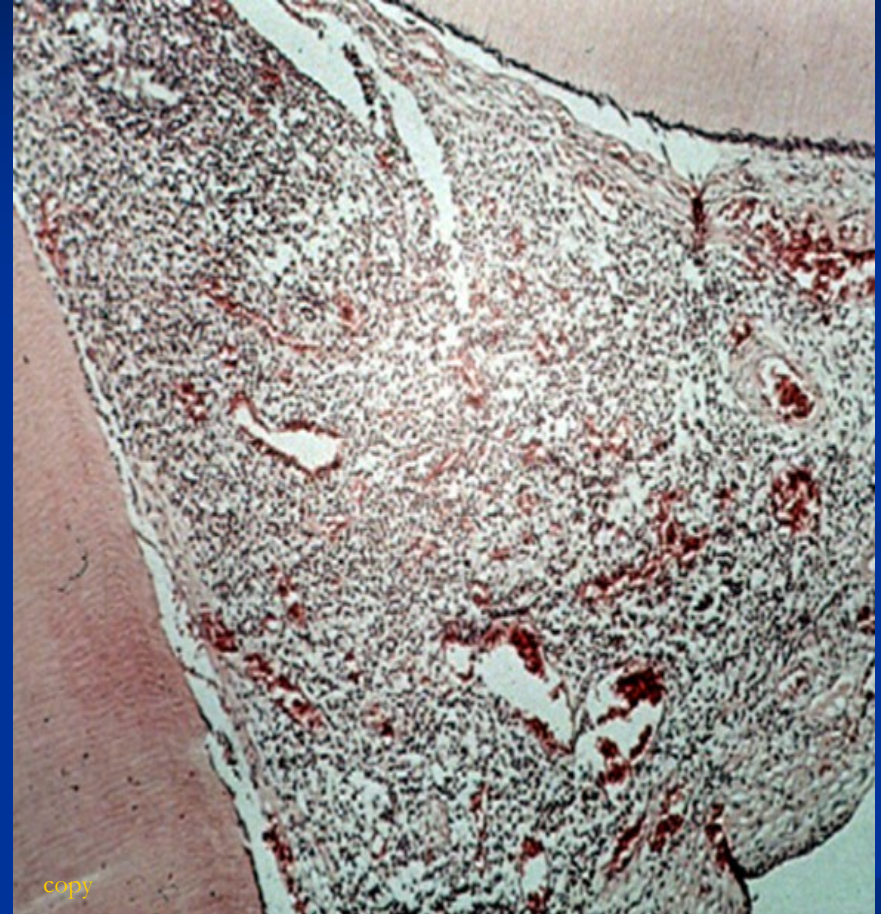
Relationship of pulp to caries.

- Deep dentinal caries extending into pulp horn with inflammatory reaction, spread of the inflammation down the length of the canals.
- The reaction decreases with the distance from the noxious stimuli.



# Acute pulpitis – later phase

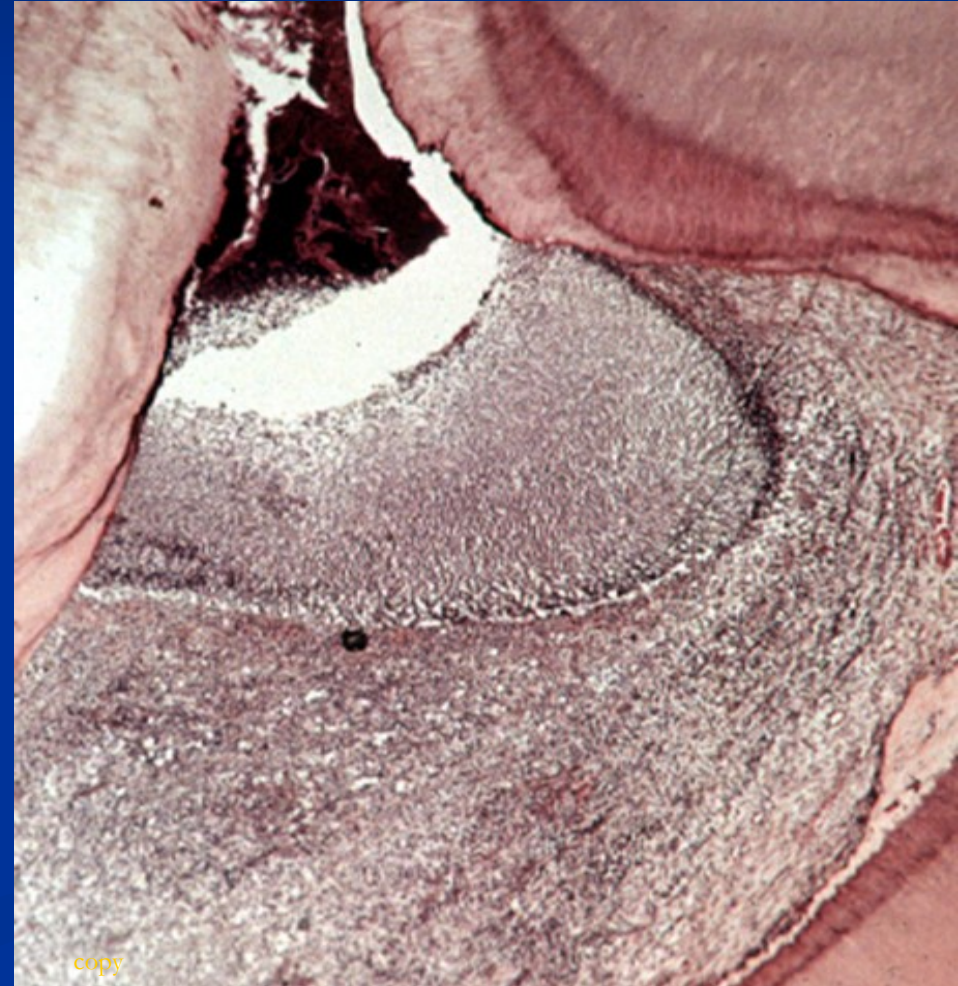
Reappearance of the odontoblastic layer, acute inflammatory reaction in the pulp still present.





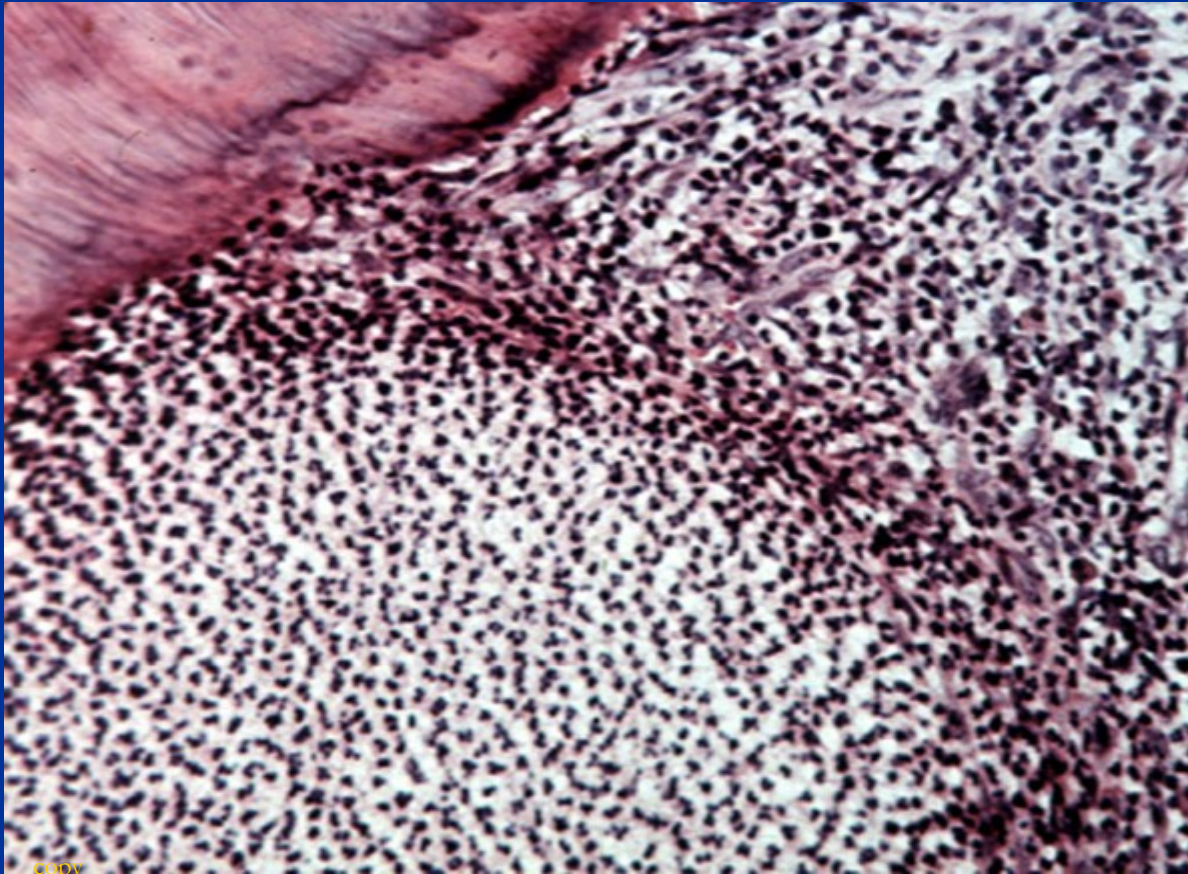
# Pulpitis progression

- Pulp abscess with penetrating caries, dark necrotic material in the pulp horn
- no odontoblastic layer
- accumulation of chronic inflammatory cells.



# Pulp abscess

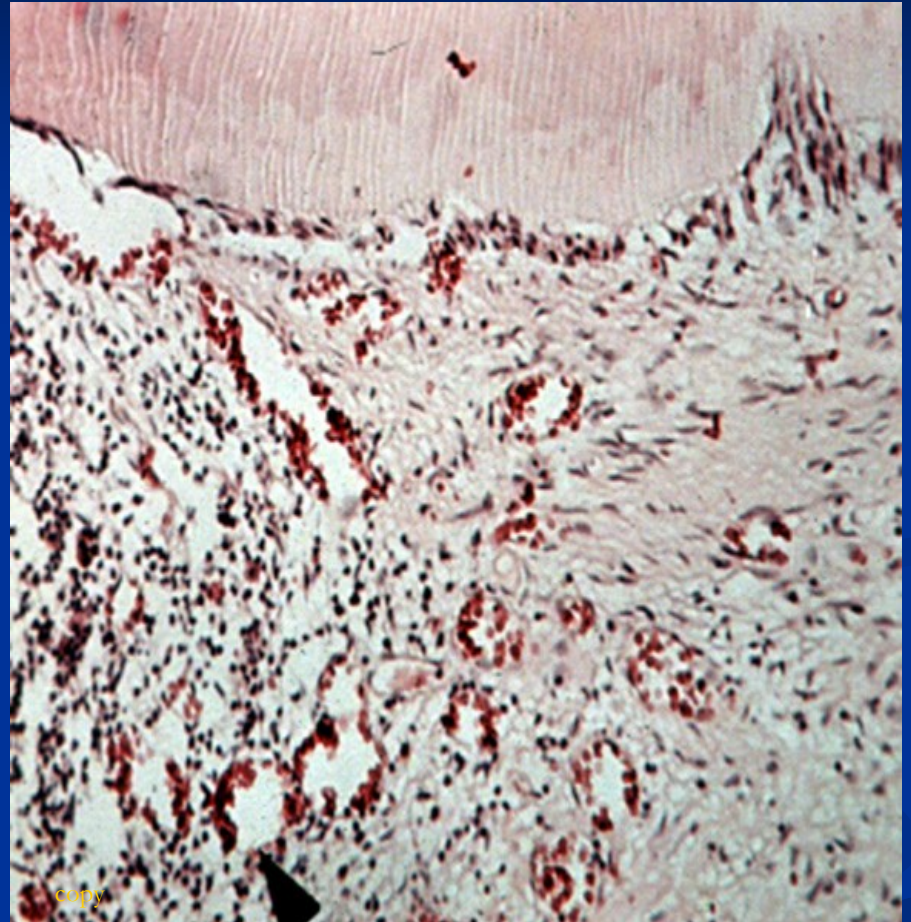
- the junction of the abscess with the remaining portion of the pulp
- fibrin attempting to wall-off the abscess area, reactive macrophages, starting formation of pyogenic membrane





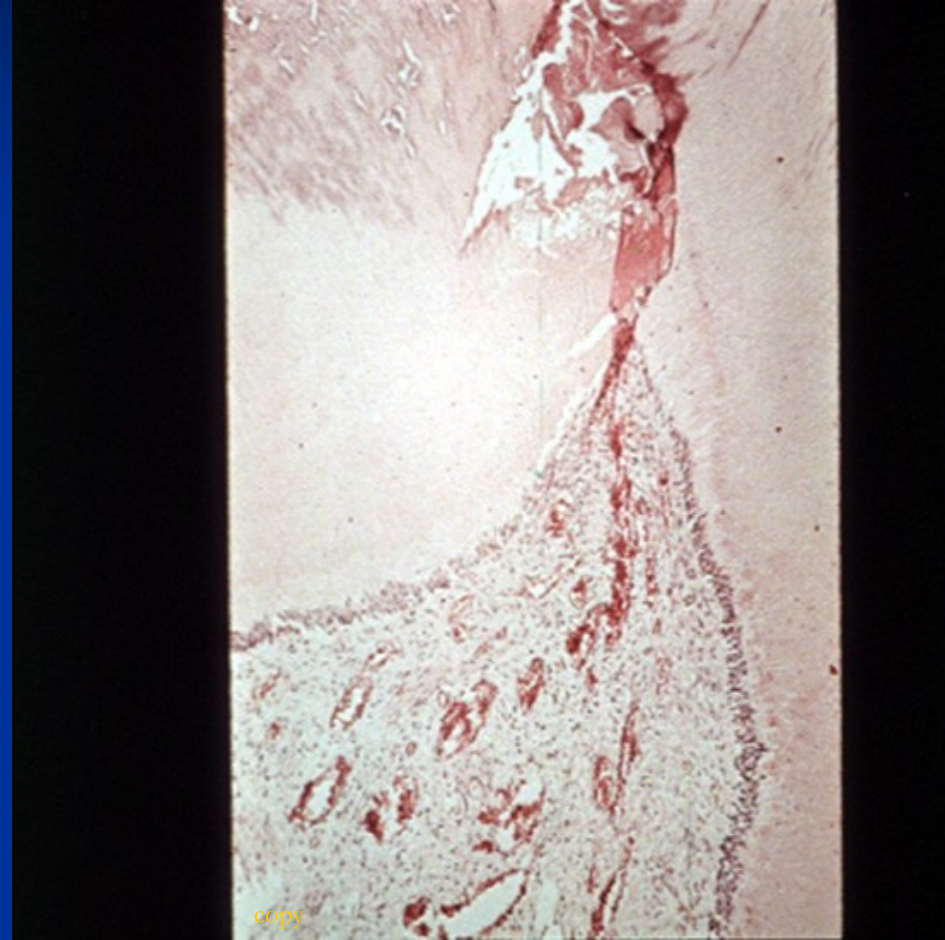
# Chronic and acute pulpitis

Junction of the acute and chronic processes, acute inflammatory reaction;  
chronic: normal-appearing pulp with slight chronic inflammation



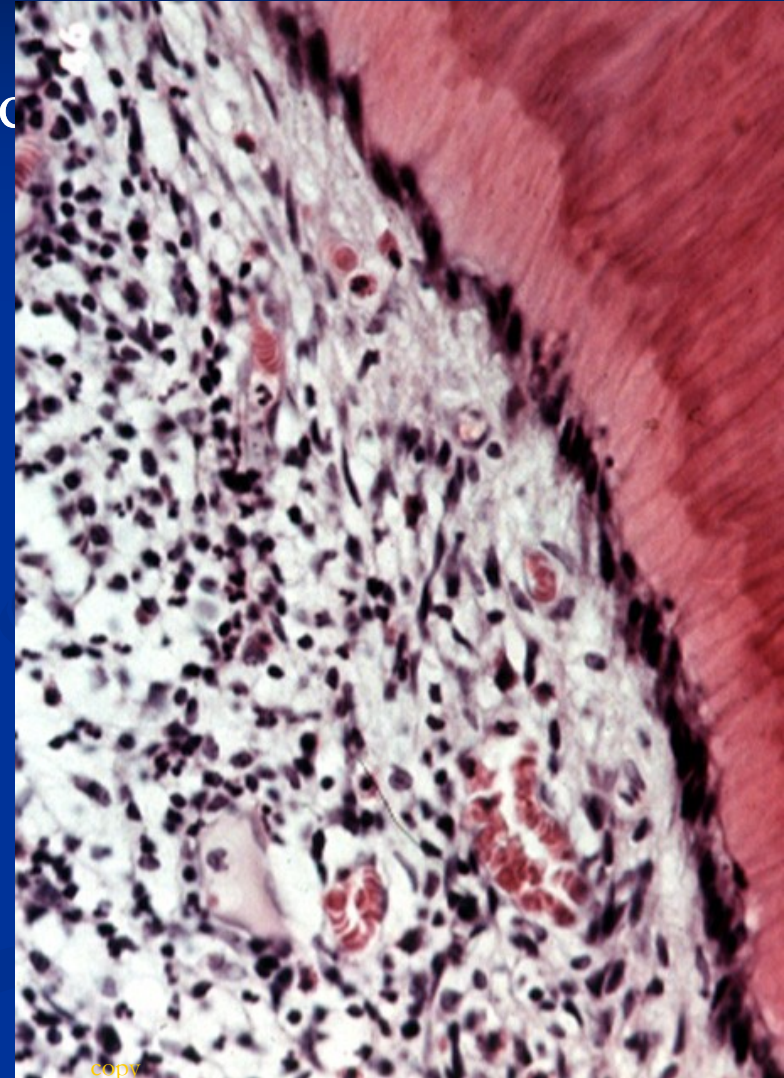
# Chronic pulpitis

- Carious invasion of the pulp horn. The odontoblastic layer is intact around almost the entire periphery,
- presence of congested capillaries and increased inflammatory infiltrate.



# Chronic pulpitis

- Thin odontoblastic layer
- Capillaries in the subodontoblastic cell-free zone
- Predominantly chronic inflammatory infiltrate (lymphocytes, plasma cells), few neutrophils in pulpal stroma





# Chronic hyperplastic pulpitis

- in children, young adults
- large open pulp chambers (molars), dentinal defect, wide apices and good blood supply
- large carious cavities
- proliferation + protrusion of granulation tissue
- possible epithelialization by spontaneous grafting of desquamated oral epithelial cells from saliva.
- commonly asymptomatic, if ulcerated may bleed

# Chronic hyperplastic pulpitis

Red, dome-shaped pulp polyp, predominantly in young patients, in permanent or deciduous molars



# Chronic hyperplastic pulpitis





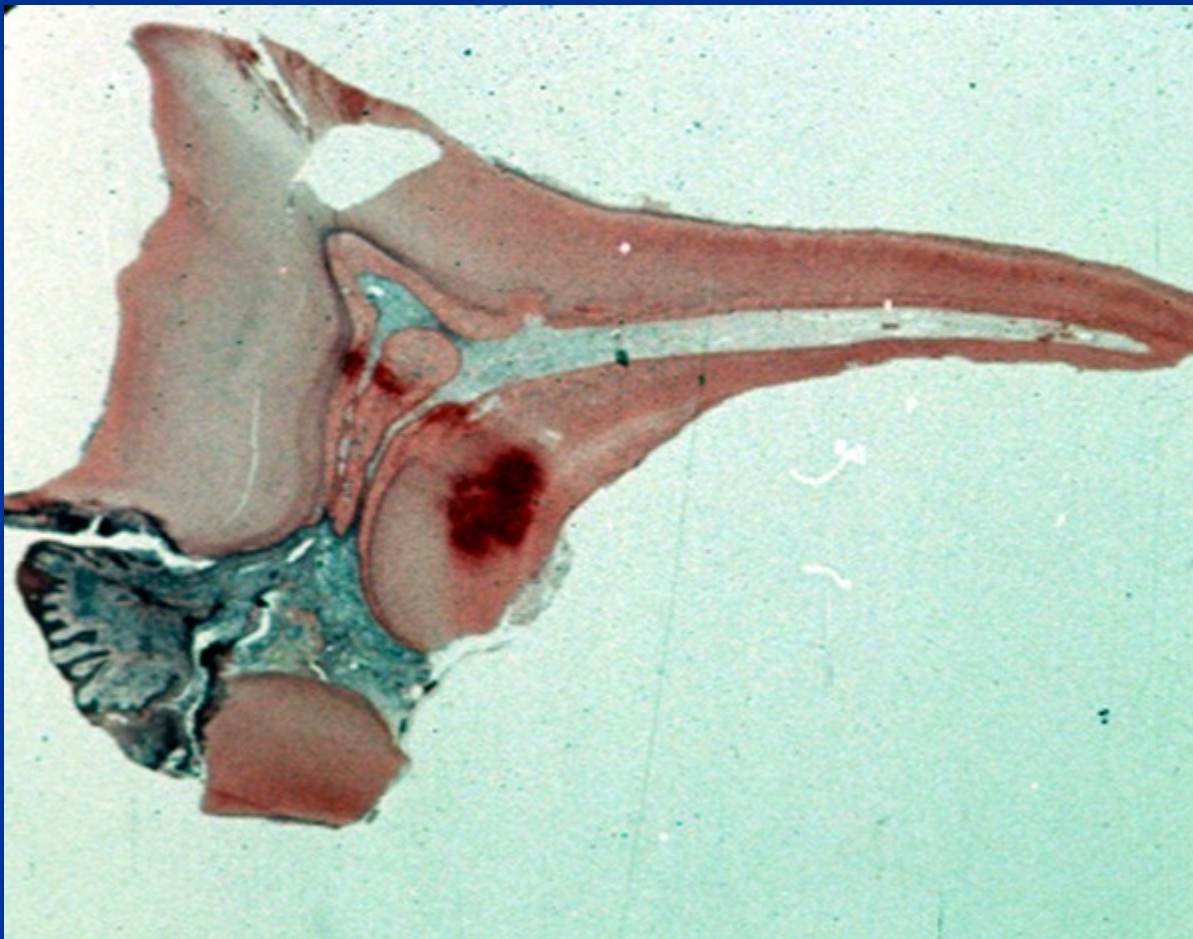
# Chronic hyperplastic pulpitis

severe tooth  
destruction.



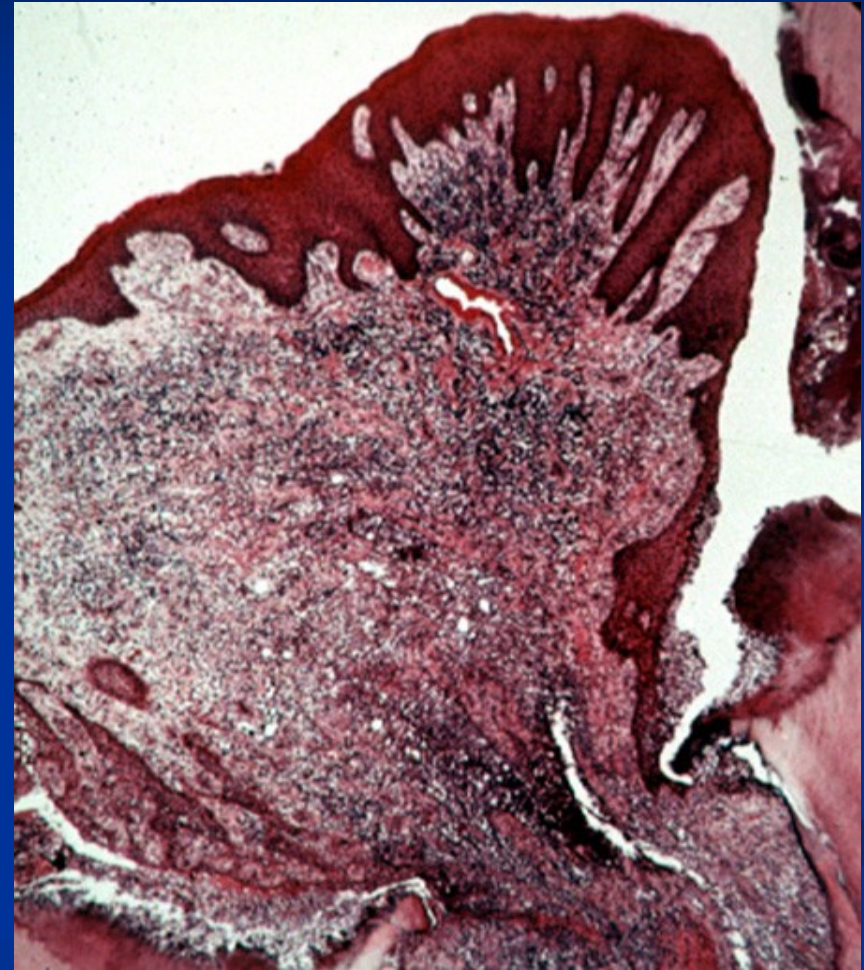
# Chronic hyperplastic pulpitis

The polypous lesion projecting out of the pulp chamber.



# Chronic hyperplastic pulpitis

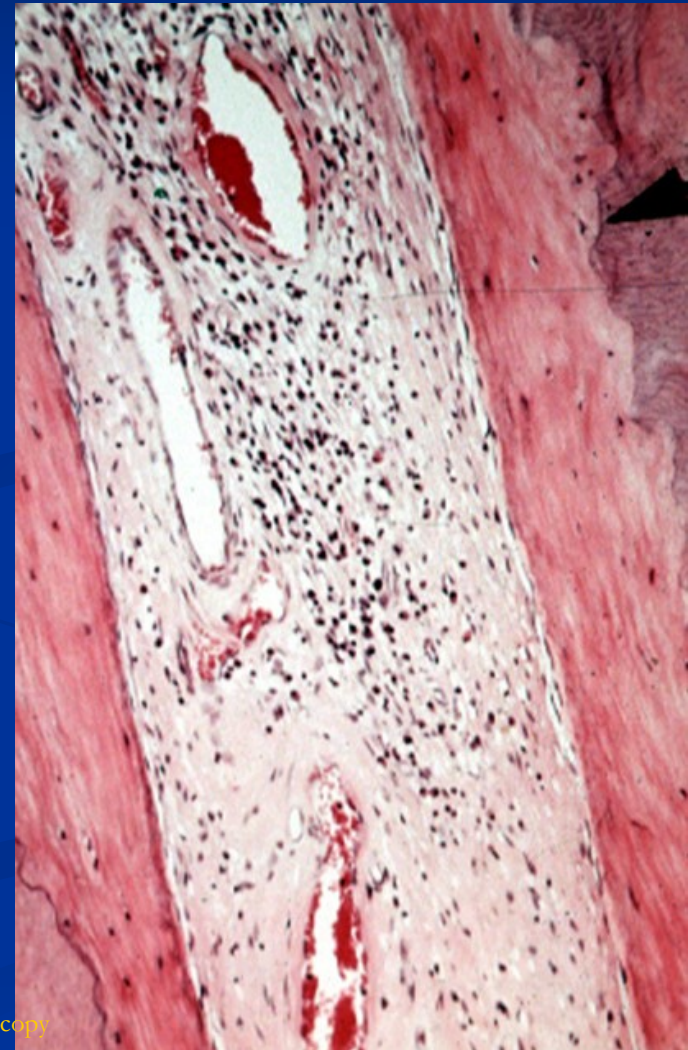
- granulation tissue with numerous capillary buds, fibroblasts and chronic inflammatory cells,
- covered by stratified squamous epithelium with reactive pseudoepiteliomatous hyperplasia





# Chronic hyperplastic pulpitis

- Chronic inflammation in stroma
- Peripheral resorption and repair – deposition of new cementum/bone



# Effects of cavity preparation and restorative materials

- Cavity preparation: speed, heat, pressure and coolant may all cause pulp irritation.
- Aspiration or displacement of odontoblasts into dentinal tubules, with reduction of numbers (dead tracts).
- Possible further complications of pulpitis caused by caries or other causes.
- Thickness and nature (quality, opened tubules) of remaining dentin may affect pulp response to dental material.

# Pulp healing

- Injured odontoblasts replaced by new cells from pulp.
- Pulpitis may resolve after removal of irritant.
- It may resolve due to reactionary dentine formation even without removal of caries.
- Pulp capping after traumatic pulp exposure or pulpotomy: calcium hydroxide agents – high pH, kill bacteria, stimulate formation of a calcified barrier (dentin).
- Variable barrier quality, possible leakage of toxins

# Pulp calcification

- ~20% on X-ray (size > 200  $\mu\text{m}$ )
- Pulp stones (denticles): calcified bodies, organic matrix
- true – developmental, with tubules + odontoblasts, possible covering of predentin
- false - concentric calcifications
- growth with age (number, size), in trauma or caries
- usually asymptomatic

# True denticle

nodule of dentin,  
secondary adherence  
to the pulpal surface  
of the tooth dentin.

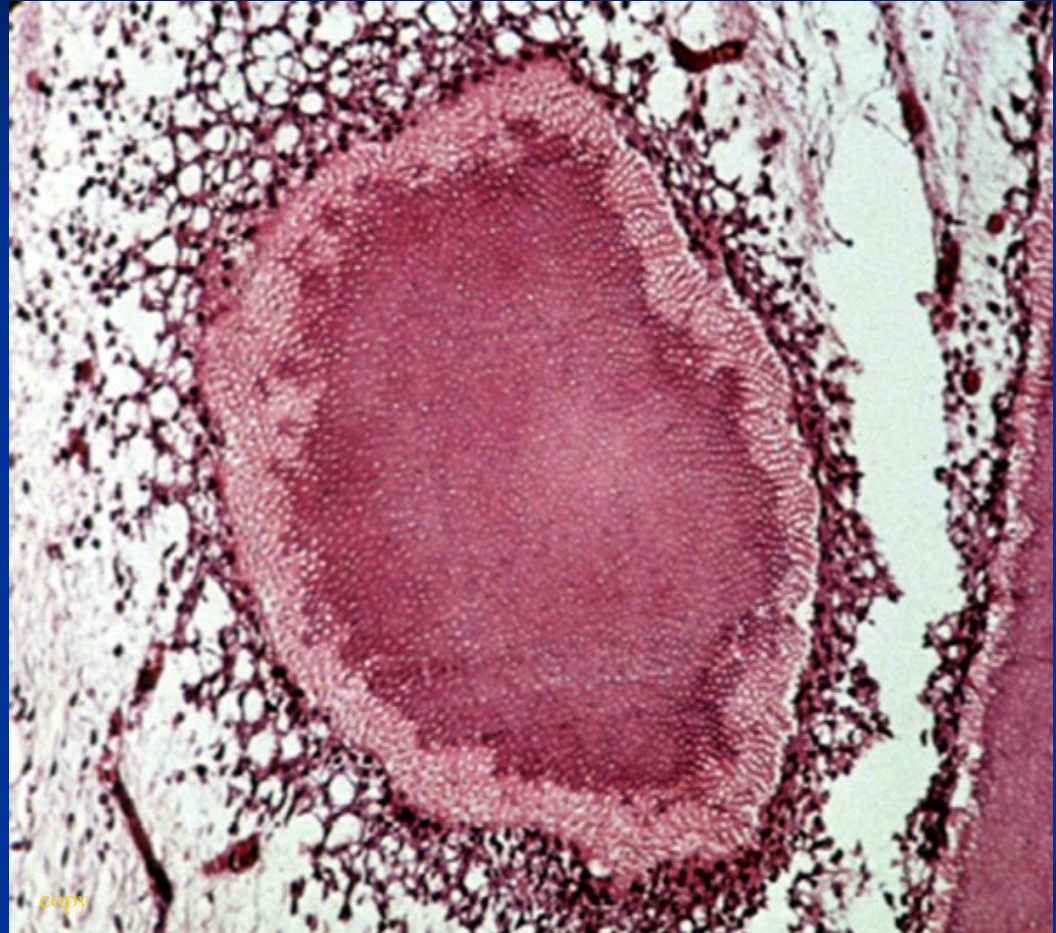


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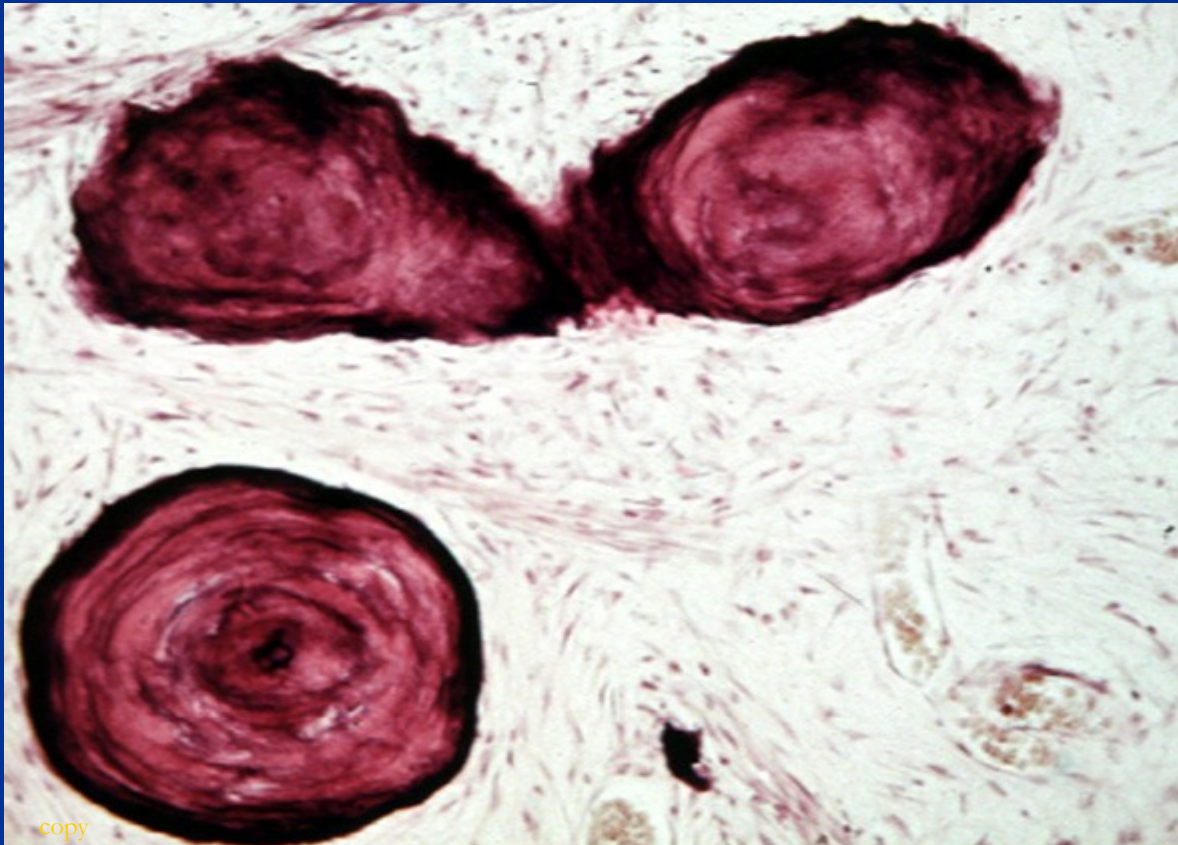
# True denticle

- Odontoblastic differentiation of mesenchymal cells
- Primary dentin, with tubules, outer layer of predentin + odontoblasts



# False denticles

pulp stones with concentric lamellations of growth and central nidus of debris.



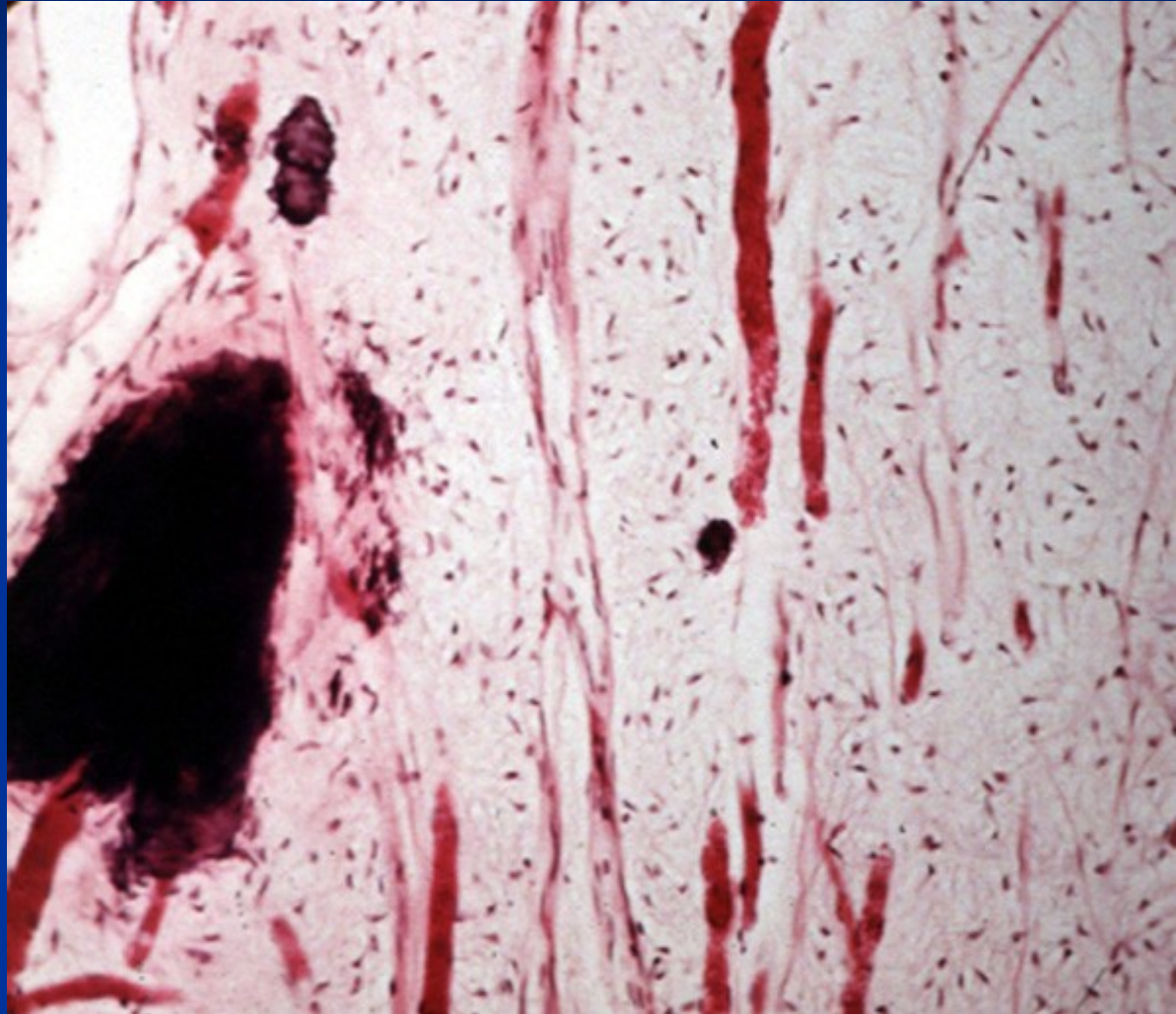
# Pulp calcification

- Dystrophic calcifications: amorphous calcified material, mostly in roots, may obstruct endodontic treatment.
- In form of diffuse linear calcifications – irregular fibrillar, parallel with nerves + vessels
- Not visible on X-ray



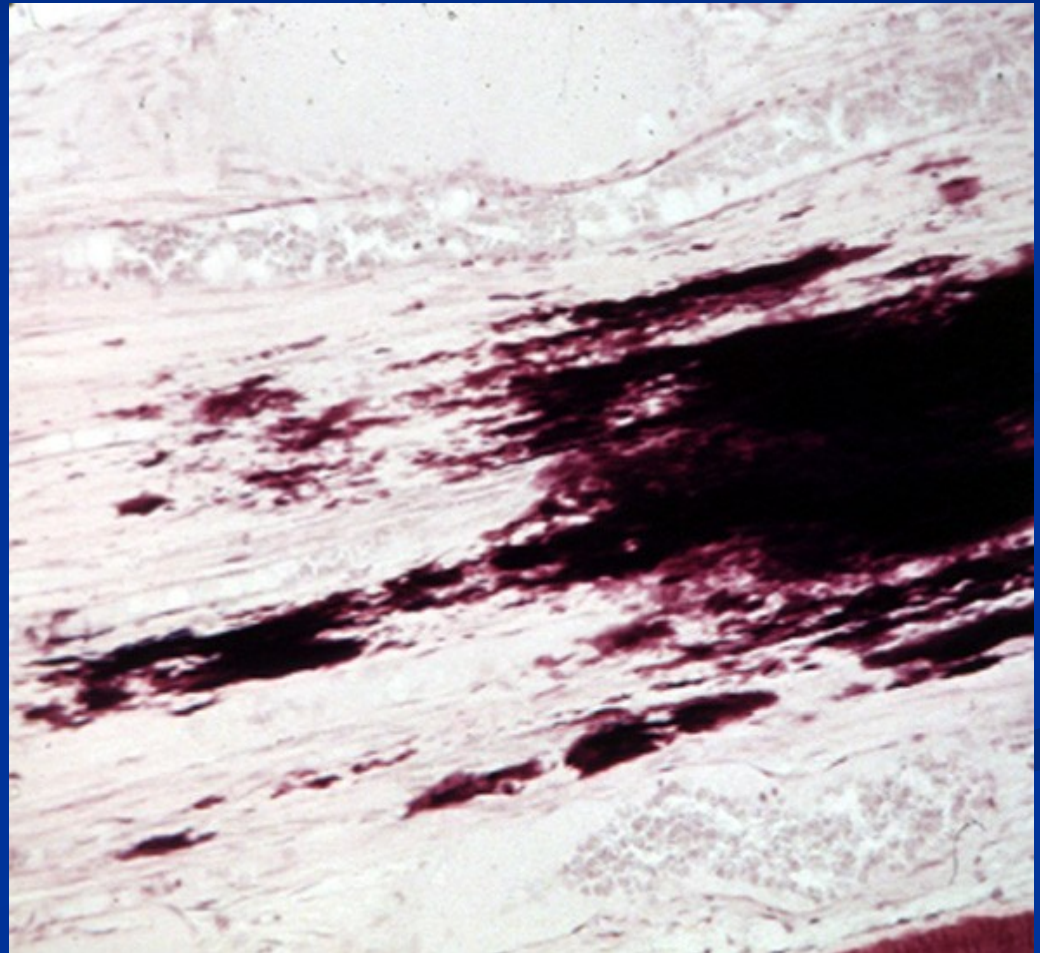
# Dystrophic calcification

- amorphous
- surrounded by areas of congestion.



# Dystrophic calcification

- Diffuse calcifications
- Dystrophic calcification in or around nerves and blood vessels





# Pulp obliteration

- by irregular dentin after traumatic vessel injury not sufficient to cause necrosis.
- possible in dentinogenesis imperfecta and dentinal dysplasia.

# Pulp necrosis

- May follow pulpitis or trauma to apical blood vessels.
- Coagulative necrosis after ischemia.
- Liquefactive necrosis after pulpitis
- Gangrenous (with foul odor) due to infection by putrefactive caries bacteria.
- Pulp necrosis in sickle cell anemia (blockage of microcirculation).

# Age changes in the pulp

- Gradual decrease in volume due to secondary dentin formation.
- Decreased vascularity and cellularity.
- Increased collagen fiber content.
- Impaired response to injury and healing potential.
- Increase of pulp stones and diffuse calcification.

# Periapical granuloma or cyst



# Selected sources

- Odell EW: Cawson's Essentials of Oral Pathology and Oral Medicine, 9th ed., Elsevier 2017
- Regezi JA, Sciubba JJ, Jordan RKC: Oral pathology: Clinical Pathologic Correlations, 7th ed., Elsevier 2017