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| acitivity | performance | points |
| 1.ability to use telephone | operates telephone on own initiative; looks up and dials numbers, etc.  dials a few well known numbers, answers telephone but does not dial  does not use telephone at all | 10  5  0 |
| 2. transport | travels independently on public transportation or drives own car  travels on public transportation when assisted or accompanied by another  travel limited to taxi or automobile, with assistance of another or oes not travel at all | 10  5  0 |
| 3. shopping | zakes care of all shopping needs independently  needs to be accompanied on any shopping trip  not able to shop at all | 10  5  0 |
| 4. food preparation | plans, prepares and serves adequate meals independently  heats and serves prepared meals, or prepares meals but does not  maintain adequate diet  needs to have meals prepared and served | 10  5  0 |
| 5. housekeeping | maintains house alone or with occasional assistance (e.g., heavy-work  domestic help)  performs light daily tasks such as dish-washing and bed-making, but cannot maintain acceptable level of cleanliness  does not participate in any housekeeping tasks | 10  5  0 |
| 6. loundry | does personal laundry completely  launders small items; rinses socks, stockings, etc.  all laundry must be done by others | 10  5  0 |
| 7. responsibility for own medication | is responsible for taking medication in correct dosages at correct time  takes responsibility if medication is prepared in advance in separate dosages  is not capable of dispensing own medication | 10  5  0 |
| 8. ability to handle finances | manages financial matters independently (budgets, write checks, pays rent and bills, goes to Bank) collects and keeps track of income  manages day-to-day purchases, but needs help with banking, major purchases, etc.  incapable of handling moneyz | 10  5  0 |
| Evaluation of independence in instrumetal activities of daily living  0 – 40 dependent in IADL  45 – 75 partially dependent in IADL  80 independent in IADL total | |  |

**Test IADL – instrumental activities of daily living**