

MUNI  
MED

# **Pathophysiology of Central Nervous System**

**Stroke**

**Brain injury**

**Spinal cord injury**

# Intracranial Compartments, Intracranial Pressure and Cerebral Perfusion Pressure

Brain is enclosed in the skull...

... an advantage before trouble occurs...

... big problem after trouble occurs.

## Intracranial compartments

- Brain
- Cerebrospinal fluid (CSF)
- Blood

## Intracranial pressure (ICP)

- Pressure inside the skull

## Cerebral perfusion pressure

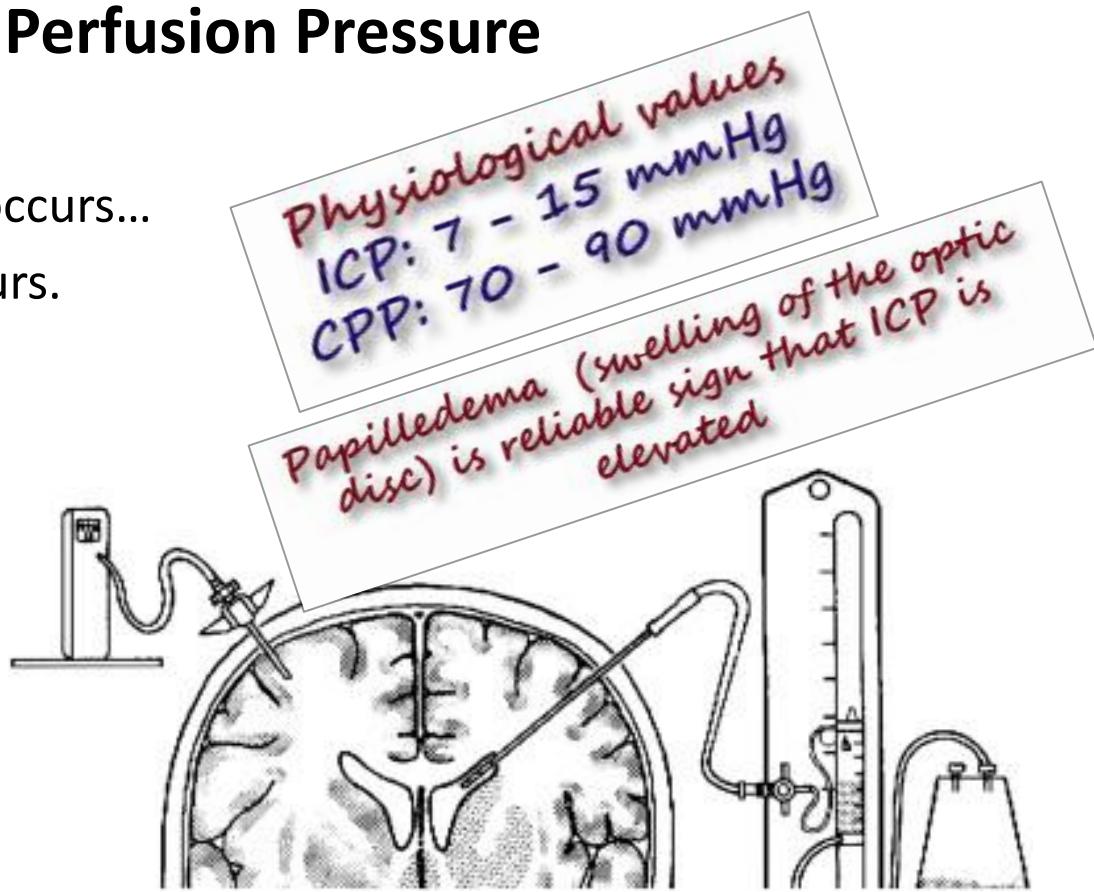
- The pressure gradient through which blood flows to the brain

$$\text{CPP} = \text{MAP} - \text{ICP}$$

Cerebral perfusion pressure

Intracranial pressure

Mean arterial pressure

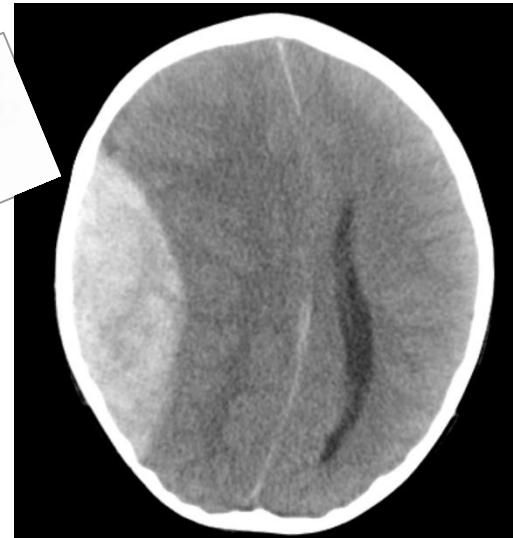


# Causes of Intracranial Hypertension

## Brain compartment

- Edema
- Tumor
- Hemorrhage
- Infection

*Dynamic of development  
is an important factor.*



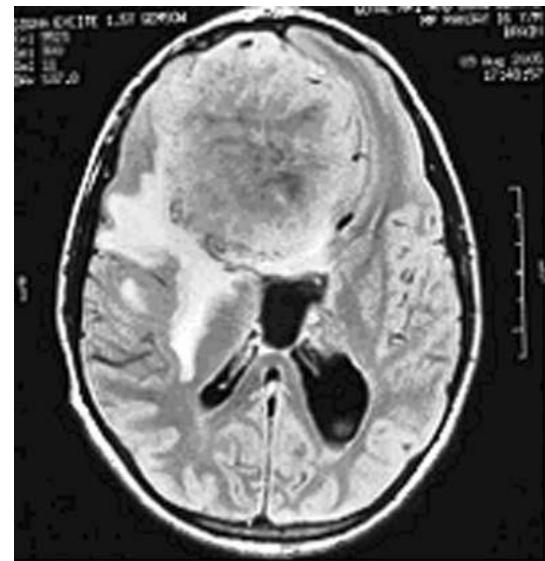
## CSF compartment

- Hydrocephalus

## Compartment of blood

- Venous sinus thrombosis
- Acidosis - ischemia

*Lumbar puncture should not be performed if there is intracranial hypertension. Cerebral herniation may occur in such a case.*



# Causes of Intracranial Hypertension

## Brain Edema

### Cytotoxic (intracellular)

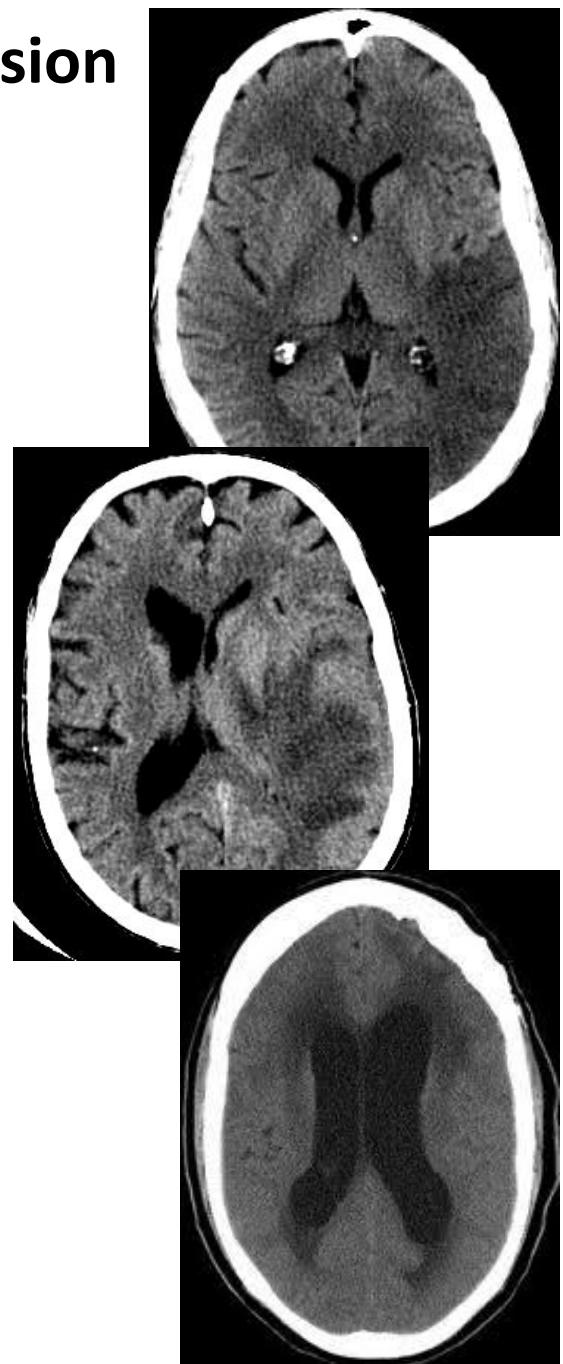
- Na/K ATPase failure
- Na or Ca influx
- H<sub>2</sub>O
- Mainly occurs in first 24 h. following insult

### Vazogenic (extracellular)

- Damage of endothelial cells and Blood – Brain barrier
- Extravasation of proteins and electrolytes into Interstitial space
- Mainly occurs at 24 h. after insult and later
- Neovascularization of tumor – imperfect vessels

### Interstitial

- Obstruction of CSF circulation
- Mechanical damage of CSF- brain barrier
- Infiltration of CSF into interstitial space



# Causes of Intracranial Hypertension

## Hydrocephalus

## **Abnormal accumulation of CSF in liquor space**

# CSF production

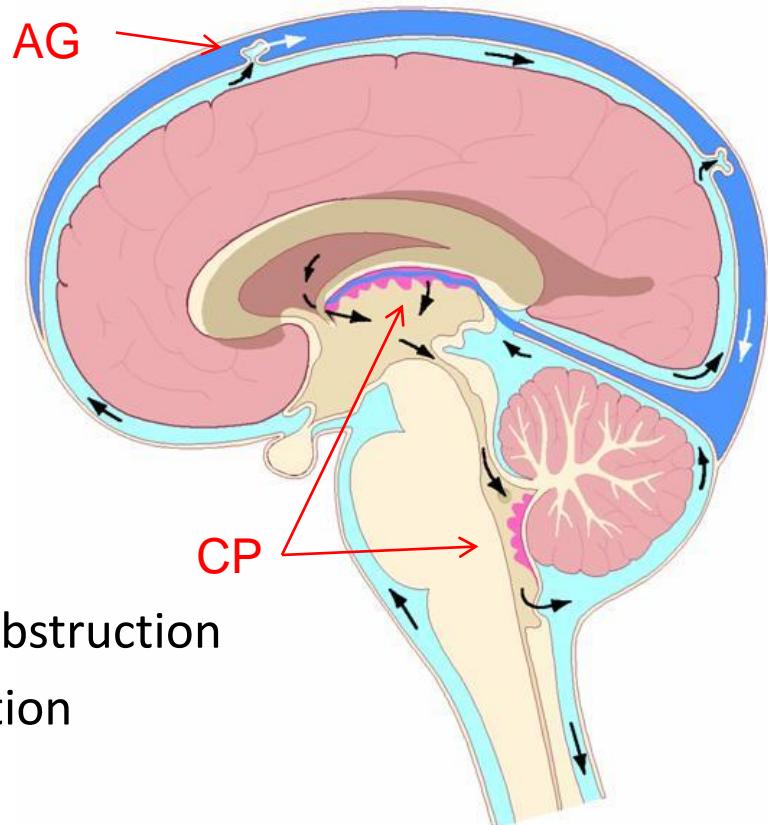
- Choroid plexus (CP)
  - 450-750 ml/day

## CSF resorption

- Archnoid granulations (AG)

# Hydrocephalus

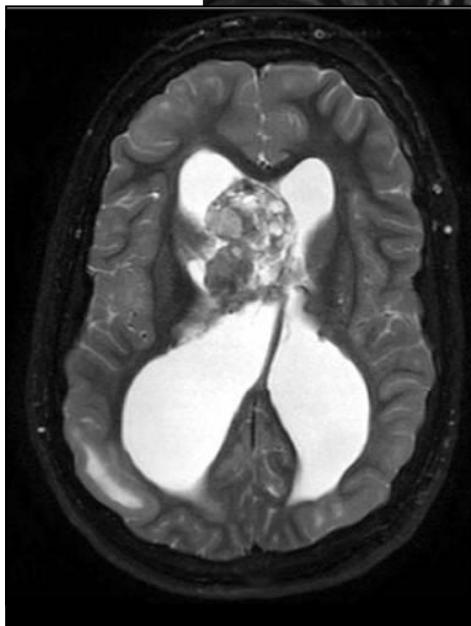
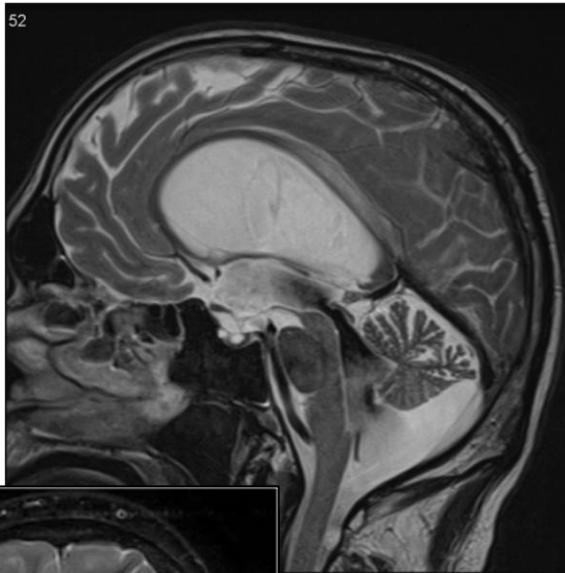
- Obstructive (Non- communicating)
    - ✓ Impaired CSF circulation due to obstruction
    - ✓ For example: ventricular obstruction
  - Non – obstructive (Communicating)
    - ✓ Impaired CSF resorption



## **Acute X Chronic**

# Causes of Intracranial Hypertension

## Hydrocephalus



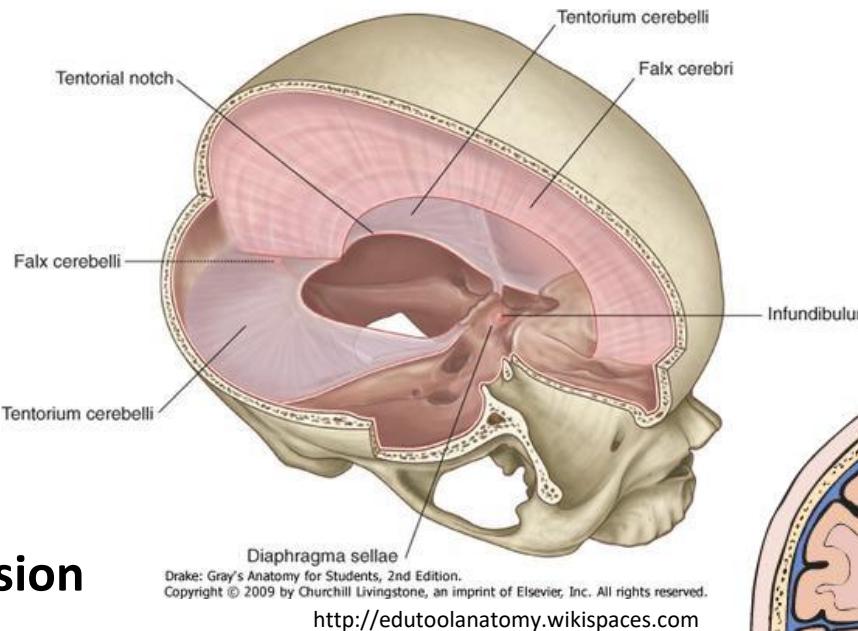
# Consequences of Intracranial Hypertension

## Compression of adjacent tissue

- Ischemization

## Infratentorial lesions

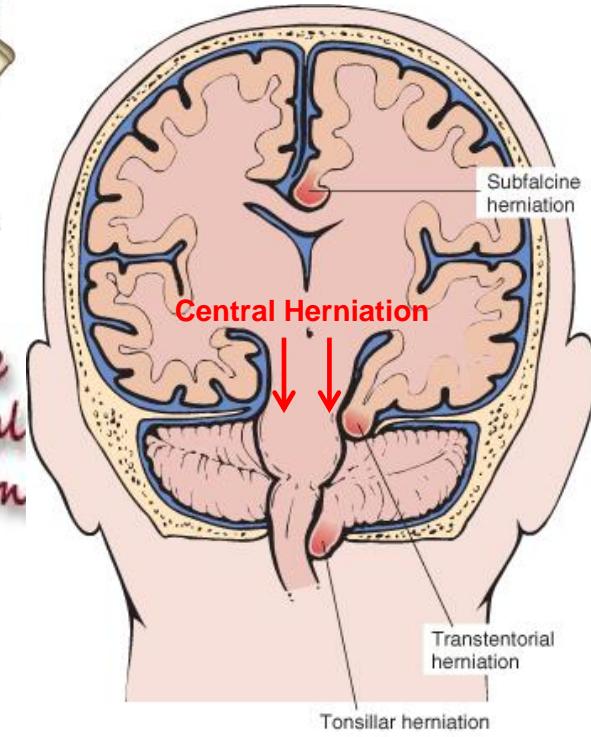
- Always acute
- Risk of brain
- stem compression



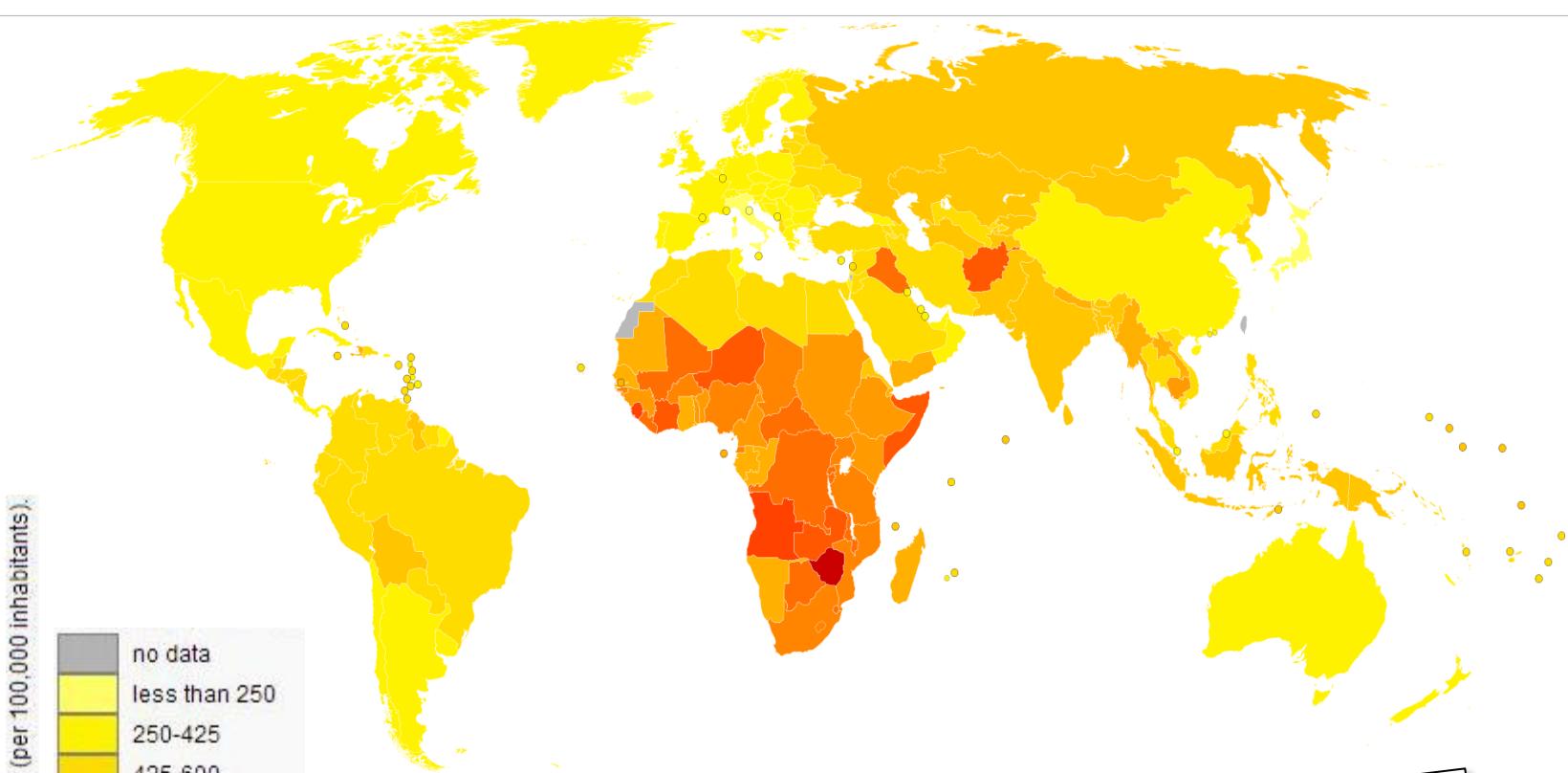
## Cerebral herniation

- Subfalcine
- Transtentorial
- Tonsillar
- Central
- ✓ Permanent damage of brain
- ✓ Risk of brain stem compression

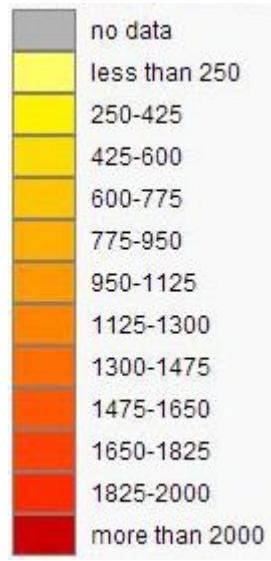
Lumbar puncture should not be performed if there is intracranial hypertension. Cerebral herniation may occur in such a case.



# **Stroke**



Cerebrovascular disease by country (per 100,000 inhabitants).



**Stroke**  
Third leading cause of death worldwide  
Nearly 50 millions new cases each year  
worldwide  
Rate of mortality nearly 25%

# Stroke

**Stroke is an acute neurological dysfunction due to vascular disturbance resulting in rapid loss of brain functions**

## Vascular pathologies

- Disturbance of vessel wall permeability
- Disturbance of vessel contractility
- Vessel occlusion
  - ✓ Thrombosis
  - ✓ Embolism
- Vessel rupture

## Atherosclerosis

### Types of stroke

- Ischemic (70%)
- Hemorrhagic (30%)
  - ✓ Intracerebral hematoma
  - ✓ Subarachnoid hemorrhage

*Risk factors*  
Age  
Arterial hypertension  
Hyperlipidemia  
Diabetes mellitus  
Arrhythmias  
Pathologies of heart valves  
Hypercoagulation  
Smoking  
Excessive alcohol consumption

# Ischemic Stroke

## Critical parameters

- Extent of ischemia
- Duration of ischemia

## Atherosclerosis

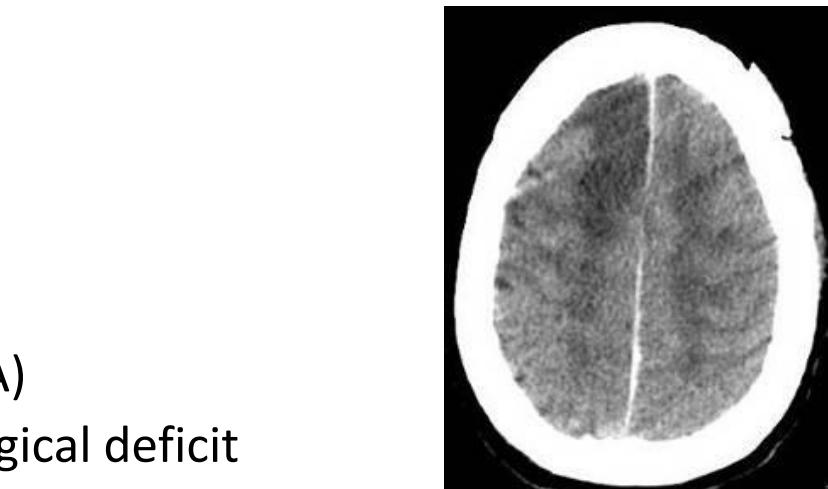
## Focal ischemic stroke

- ***Transient***
  - ✓ Transient ischemic attack (TIA)
  - ✓ Prolonged reversible neurological deficit

- ***Permanent***
  - ✓ Cerebral infarction
    - ❖ Embolism
    - ❖ Thrombosis

## Global ischemic stroke

- ***Transient***
  - ✓ Syncope
- ***Permanent***
  - ✓ Hypoxic ischemic encephalopathy



# Why is brain sensitive to ischemia?



<http://assassinscreed.ubi.com>

*Tissue resistance to ischemia*

|                   |                  |
|-------------------|------------------|
| Brain:            | less than 5 min. |
| Liver and kidney: | 15 - 20 min.     |
| Skeletal muscle:  | 60 - 90 min.     |
| Visceral muscle:  | 24 - 72 hours    |
| Hair:             | several days     |

## High metabolic activity

- Membrane potential maintaining – repolarisation (Na/K pumps)
- Almost exclusively oxidative phosphorylation
- Consumption
  - ✓ Oxygen - 20% of body consumption
  - ✓ Glucose – 25% of body consumption

## Small amount of energy reserves

# Ischemic Stroke

## Core of infarction (centre of ischemia)

- Irreversible neuronal damage
- Primary injury

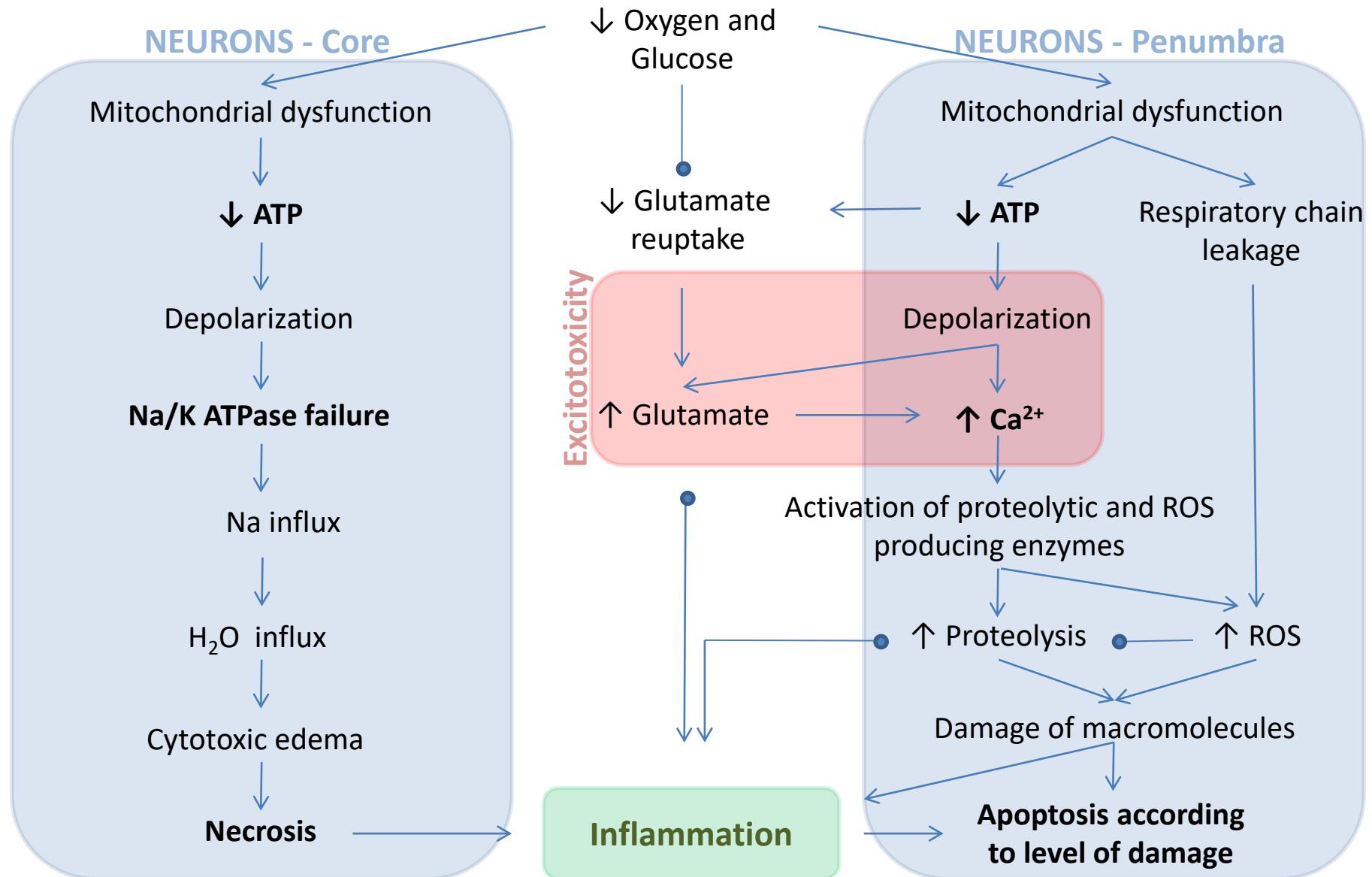
## Penumbra (periphery of ischemia)

- Reversible neuronal damage
- Risk of secondary injury development

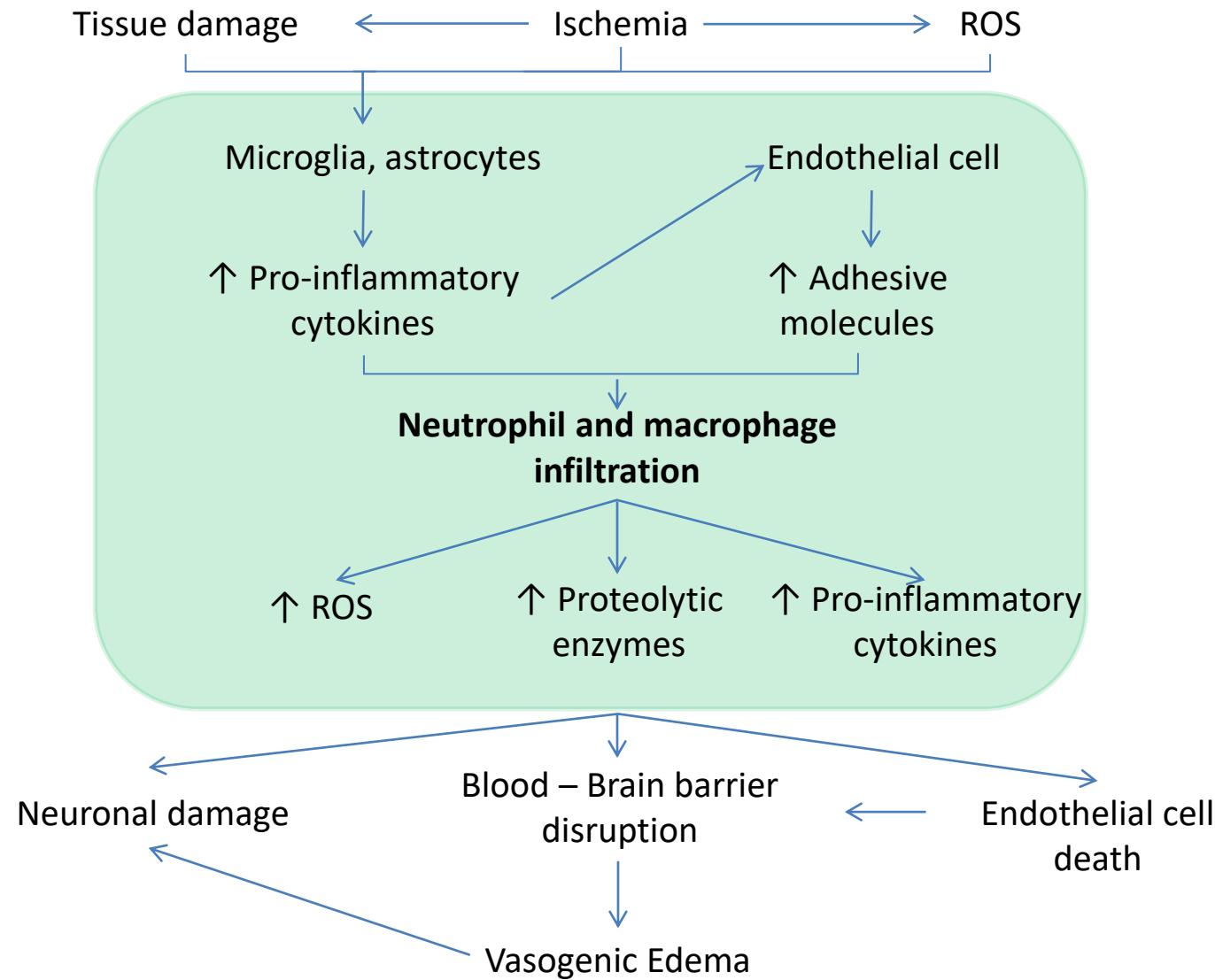
*Primary brain injury  
Directly caused by the pathology  
Developed in the same time as pathology occurs  
Non treatable*

*Secondary brain injury  
Caused by reaction of organism to pathology  
Developed in delayed manner  
Potentially treatable*

# Ischemic Cascade



# Role of Inflammation in Ischemic Cascade



# Mechanisms of Ischemic Damage

## Excitotoxicity

### Accumulation of excitatory neurotransmitters in extracellular space

- Glutamate
- Aspartate

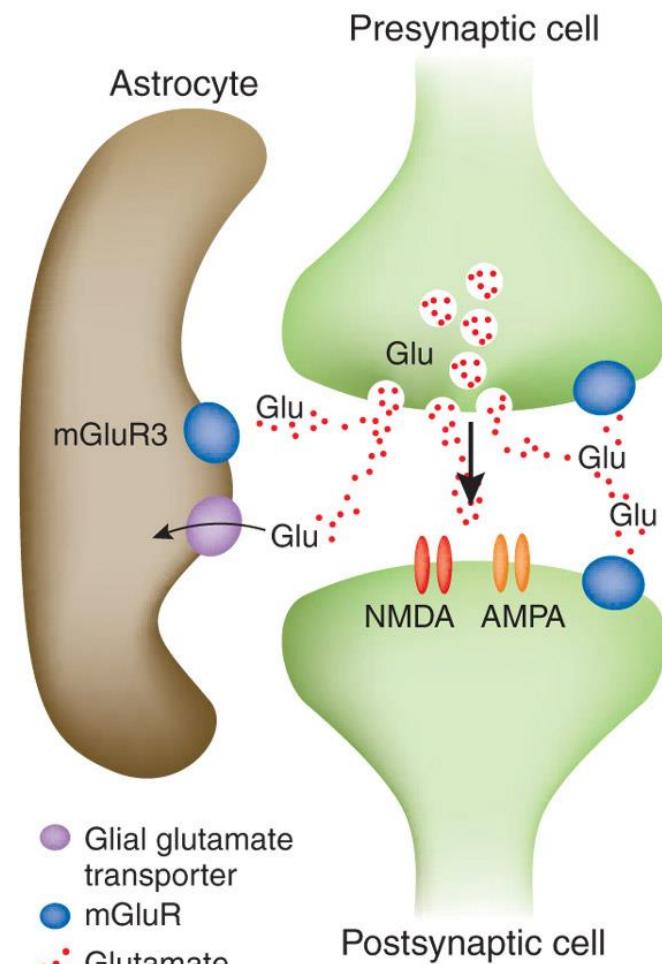
### Neuronal damage due to excessive stimulation

#### Cause

- Depolarization
- Decreased reuptake

#### Consequence

- Stimulation of adjacent neurons
- Ca overload
  - Proteolysis
  - Excessive ROS production
  - Cytotoxic edema



# Mechanisms of Ischemic Damage

## Reactive oxygen species (ROS)

ROS are highly reactive particles

ROS are mainly produced during reperfusion

### Cause

- Intracellular
  - ✓ Respiratory chain leakage
    - ❖ Disruption of electron transport chains in mitochondria
  - ✓ Ca – overload – activation of ROS producing enzymes
- Extracellular
  - ✓ Inflammation

### Consequence

- Lipid peroxidation – damage of membranes
- Protein oxidation – damage of enzymes and structural proteins
- Oxidation of purine and pyrimidine bases – damage of DNA
- Stimulation of inflammatory response

Reactive oxygen species

Superoxide:  $O_2^{\cdot -}$

Hydroxyl radical:  $OH^{\cdot}$

Hydrogen peroxide:  $H_2O_2$

# Mechanisms of Ischemic Damage

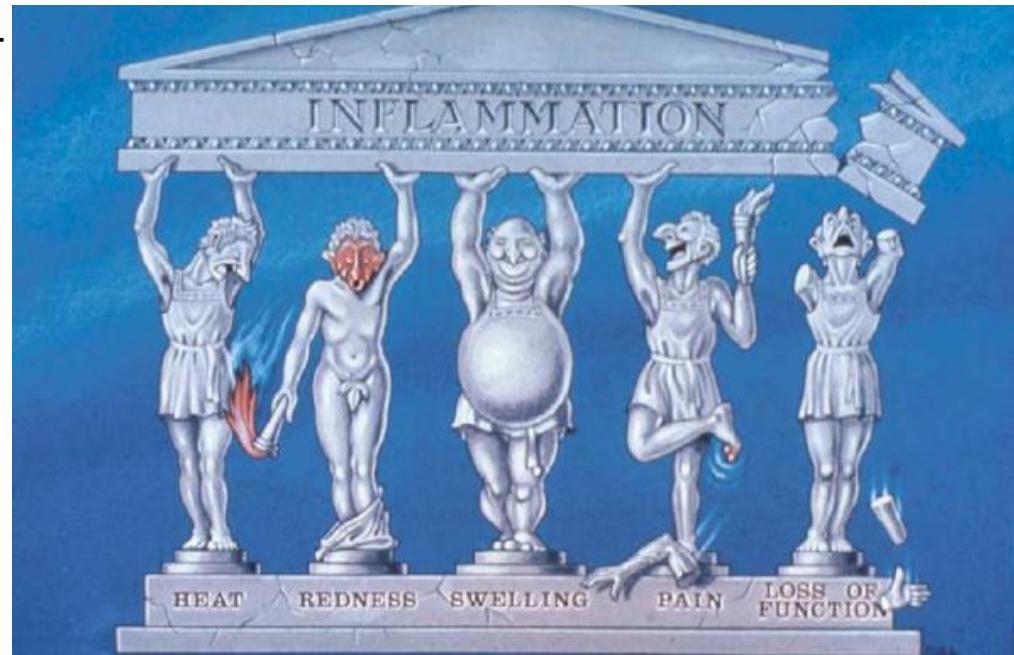
## Inflammation

### Cause

- Ischemia and tissue damage trigger production of
  - ✓ Pro – inflammatory cytokines – activation of leukocytes in periphery
  - ✓ Adhesive molecules – attraction of leukocytes to damaged area
- Infiltrating leukocytes produce
  - ✓ Proteolytic enzymes –
  - ✓ Pro – infl. Cytokines
  - ✓ ROS

### Consequence

- Damage of
  - ✓ Endothelial cells
  - ✓ Blood – Brain barrier
  - ✓ Neuronal cells



# Hemorrhagic Stroke

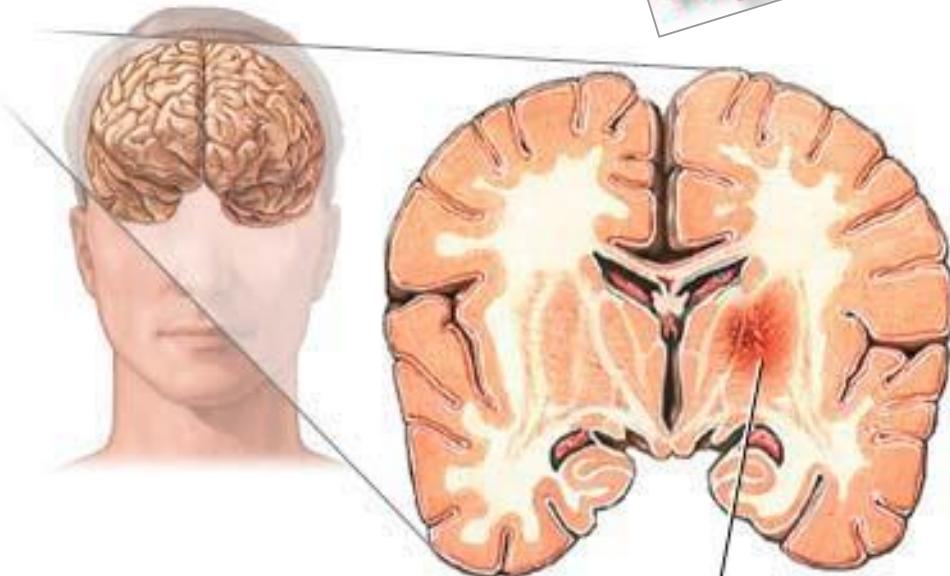
## Intracerebral hematoma (ICH)

Bleeding into the brain parenchyma (intraaxial)

The most often localization

- Basal ganglia
- Thalamus

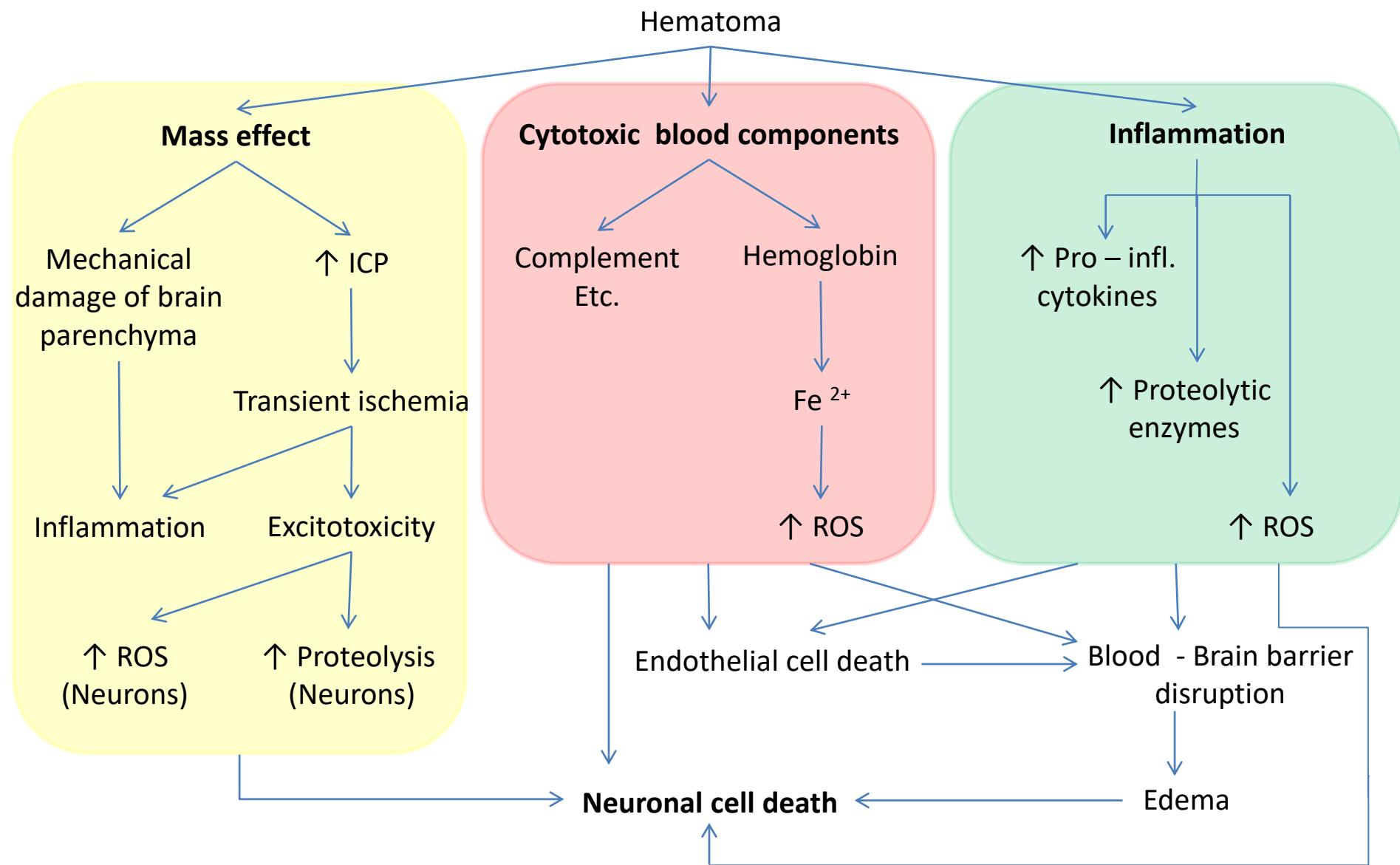
*Arterial hypertension*



Intracerebral hemorrhage



# Pathophysiology of ICH

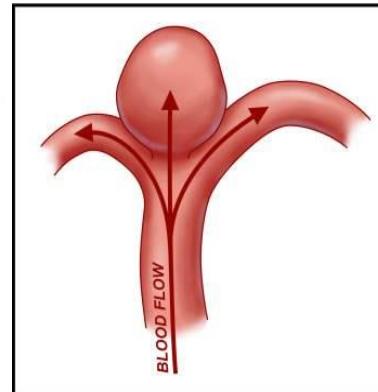
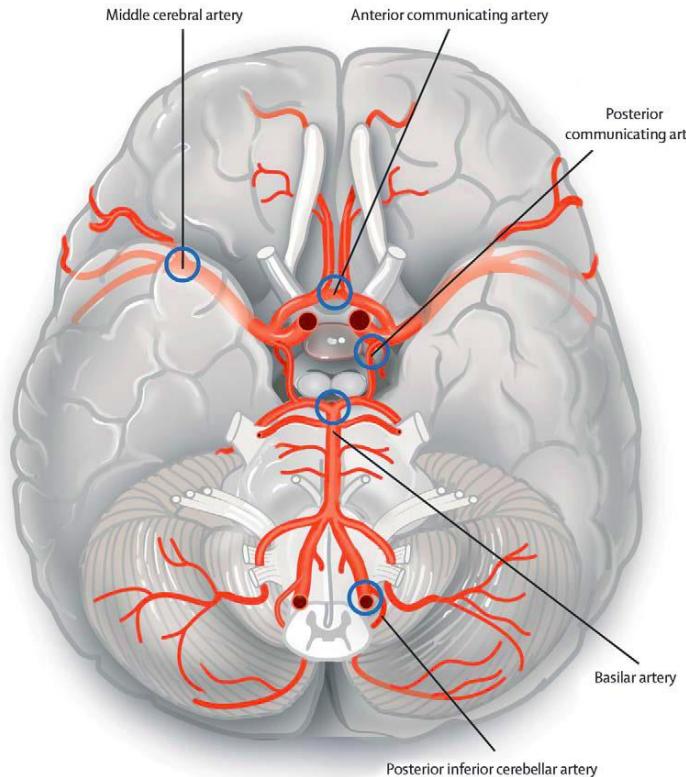


# Hemorrhagic Stroke Subarachnoid Hemorrhage (SAH)

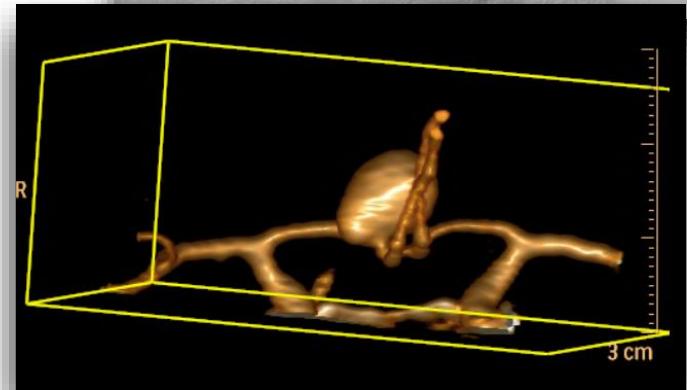
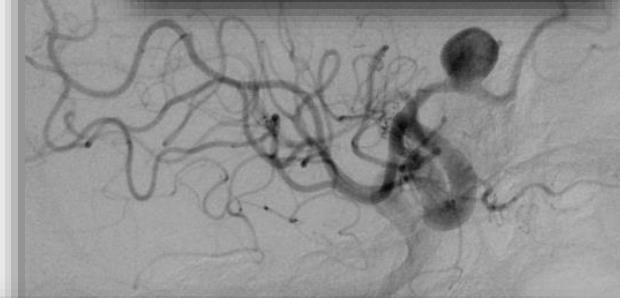
Bleeding into the subarachnoid space (extraaxial)

The most often cause – cerebral aneurysm rupture

The most often localization of aneurysm - Willis circle

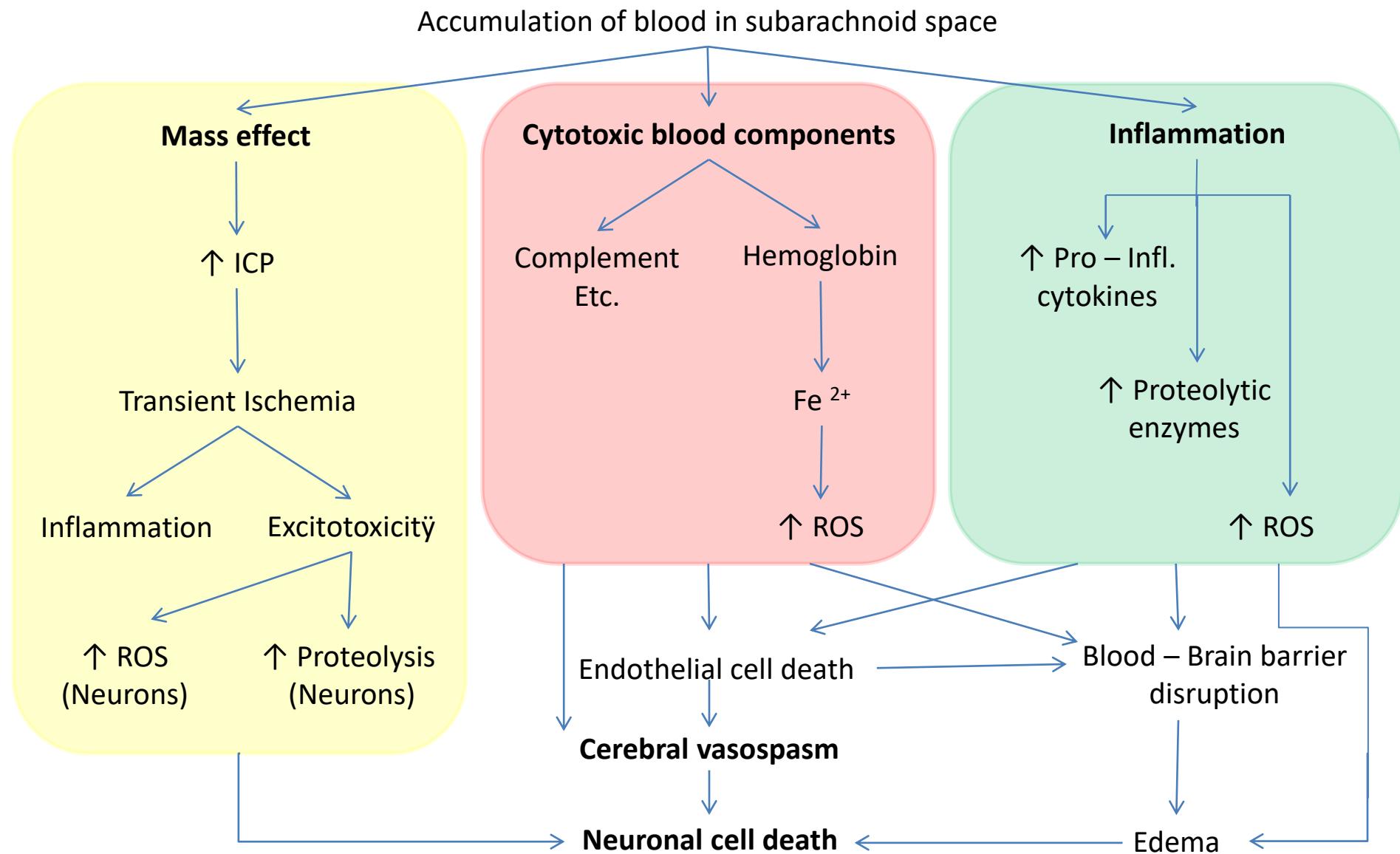


<http://chicago.medicine.uic.edu>



van Gijn J, Rinkel GJ. Subarachnoid haemorrhage: diagnosis, causes and management. *Brain*.2001;124:249–278.

# Pathophysiology of SAH



# **Traumatic Brain Injury**

# Traumatic Brain Injury

## Introduction

### The most often causes

- Traffic accidents
- Falls
- Sport injuries

*Traumatic brain injury  
150 cases/ 100 000 persons  
The most often cause of death among  
people up to 45 years*

### Classification

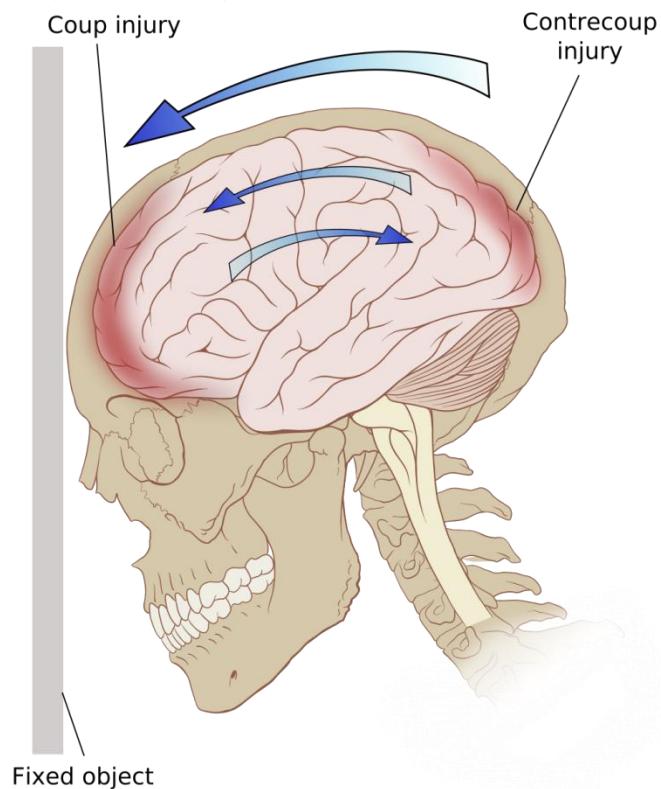
- Primary
  - ✓ Results from trauma...
- Secondary
  - ✓ Results from reactions initiated by trauma
- Focal
- Difuse



# Primary Brain Injury

## Mechanism of production

- ***Contact injury***
  - ✓ Head hits the object or head is hit by the object
  - ✓ Risk skull fracture
    - ❖ Impressive – small objects
    - ❖ Linear – big objects
  - ✓ Gunshot injury
- Par coup injury
  - ✓ Contusion close to impact site
- Par contre coup
  - Contusion opposite to impact site
- ***Noncontact injury***
  - Acceleration – deceleration injury



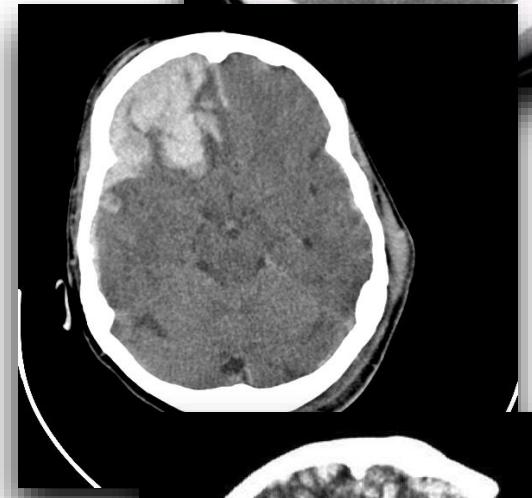
# Focal injury

## Contusion

- Mechanical damage of brain tissue, pia – arachnoid membranes not damaged
- Smooth transition between contusion and ICH
- The most often localizations
  - ✓ Frontal lobe
  - ✓ Temporal lobe

## Laceration

- The most severe grade of contusion
- Mechanical damage of both brain tissue and pia-arachnoid membranes
- Contusion + traumatic subarachnoid (subdural) hemorrhage



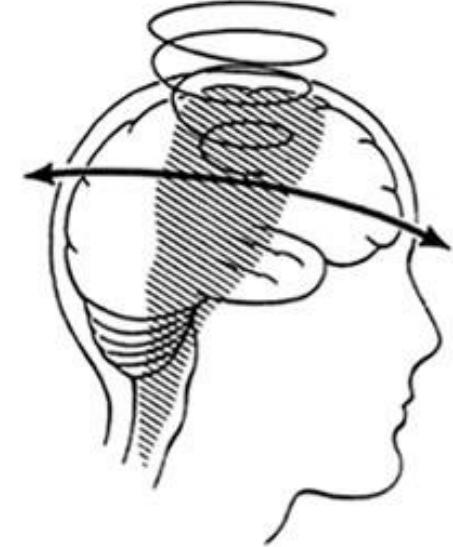
# Diffuse Brain Injury

## Diffuse axonal injury

- Structural damage of axons (white matter)
- Acceleration – deceleration, rotational forces
- No macroscopically detectable pathology
- Microscopically detectable axonal swelling
- Wallerian degeneration develops later
  - ✓ Degeneration of axon distally to injury
  - ✓ No axonal regeneration in CNS

## Concussion

- The mildest grade of diffuse axonal injury
- No structural tissue damage
- Transient functional damage (loss of consciousness not longer than 10 minutes)



# **Secondary Brain Injury**

## **Edema**

- Cytotoxic
- Vasogenic

## **Ischemia**

## **Brain swelling**

- Causes
  - ✓ Acidosis - vasodilatation
  - ✓ Diffuse microvascular injury
    - Vascular autoregulation failure
  - ✓ Damage brain areas responsible for vasoregulation
    - Thalamus, brain stem
    - Vasoparalysis

**Secondary injury results in ICP increase**

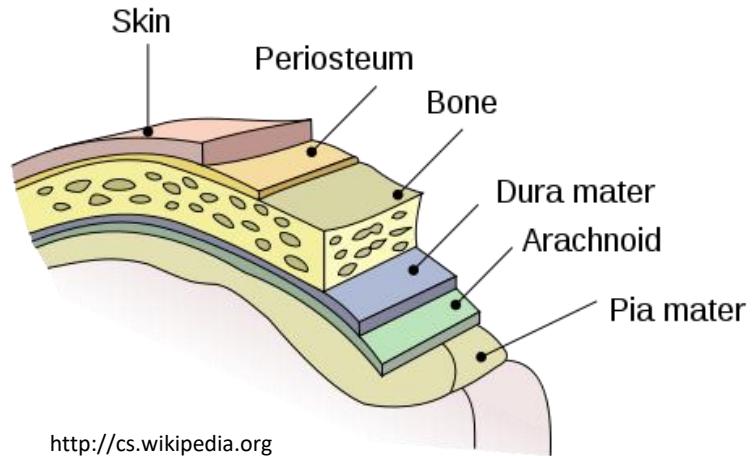
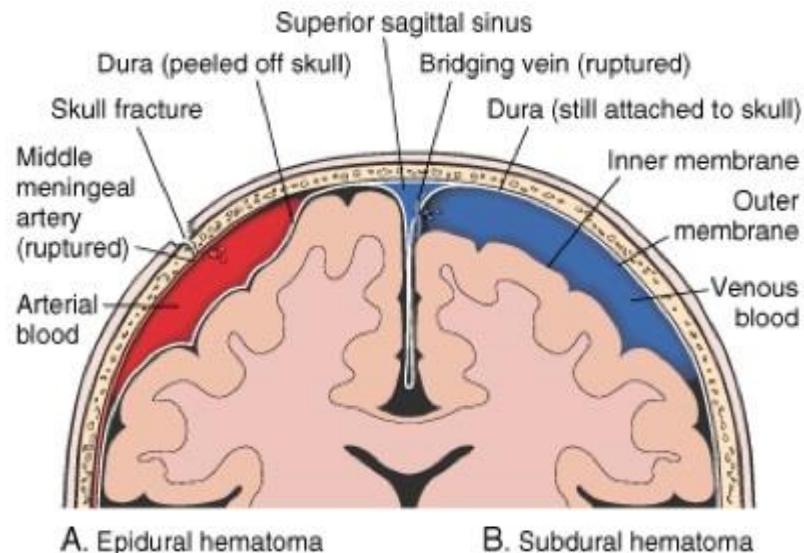
# Traumatic Hematomas

## Intraaxial

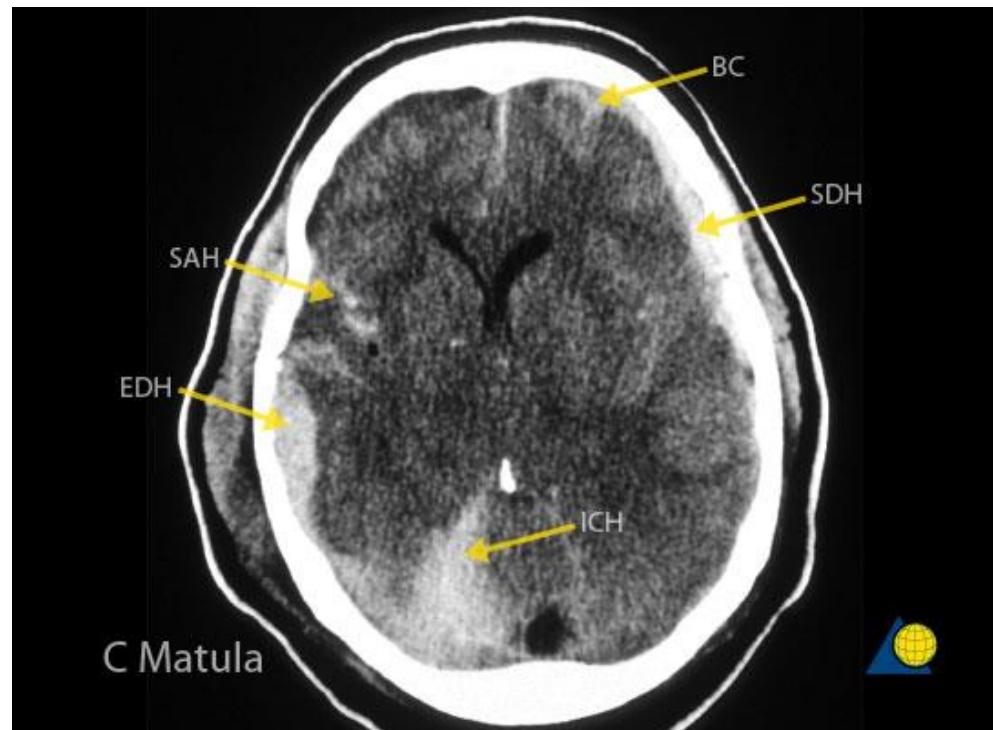
- Intracerebral

## Extraaxial

- Epidural
- Subdural
- Subarachnoid



<http://cs.wikipedia.org>

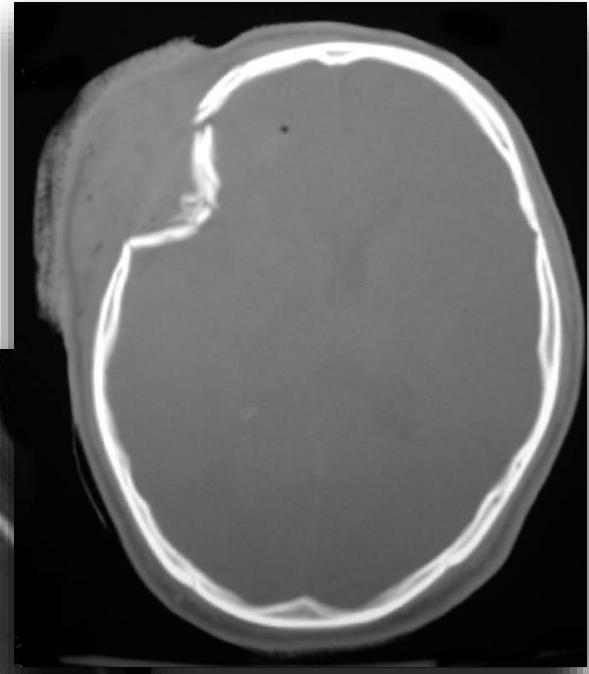


# Intracerebral Hemorrhage

- Smooth transition between contusion and ICH according to severity of injury

**The most often localization**

- Temporal lobe
- Frontal lobe

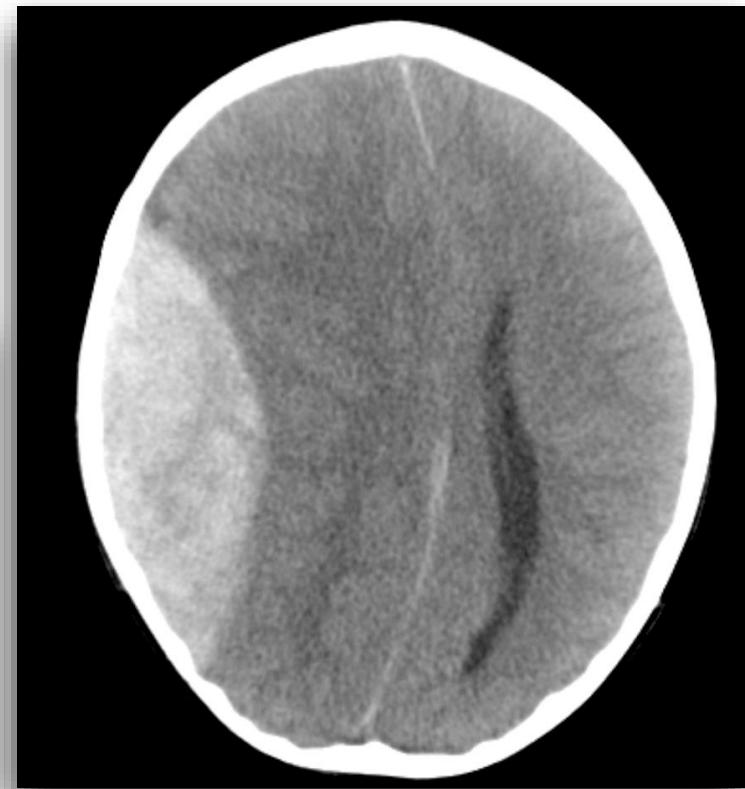
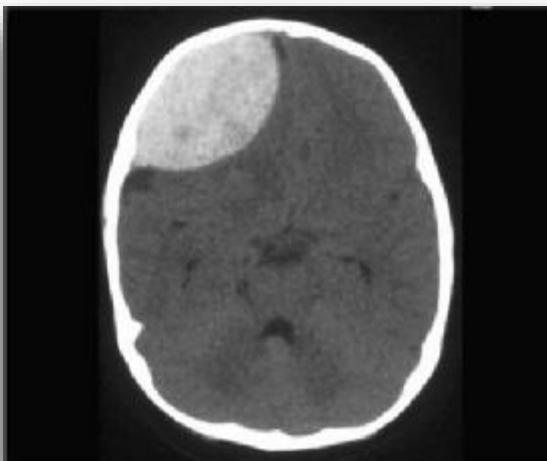


# Epidural Hematoma

- Blood collection between the skull and dura mater
- The most often cause is skull fracture, which leads to damage of meningeal artery (contact injury)
- Separation of dura from the skull – convex shape

**The most often localization**

- Temporo - basal
- Temporo - parietal



# Subdural Hematoma

- Blood collection between dura mater and arachnoidea
- The most often results from tears in bridging veins which cross subdural space (acceleration – deceleration injury)

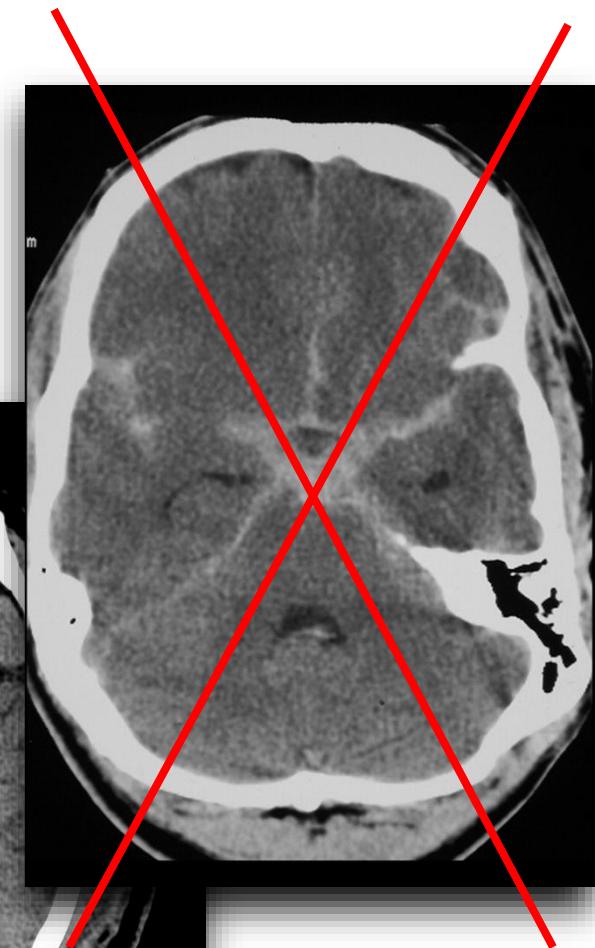
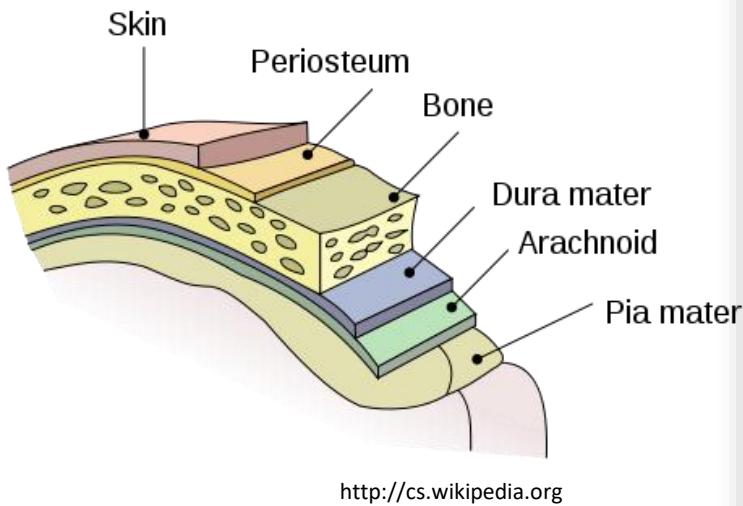
**Acute** – fresh blood

**Chronic** – coagulated blood



# Traumatic Subarachnoid Hemorrhage

- Blood collection between arachnoidea and pia mater
- Often associates with brain laceration
- No vasospasm occurs in traumatic SAH



# Consequences of Brain Injury

- Impairment of consciousness
- Cognitive impairment (including executive functions)
  - Focal neurological deficit

## Impairment of Consciousness

### Qualitative

- Normal vigility, impairment of content
- Disorientation

### Quantitative

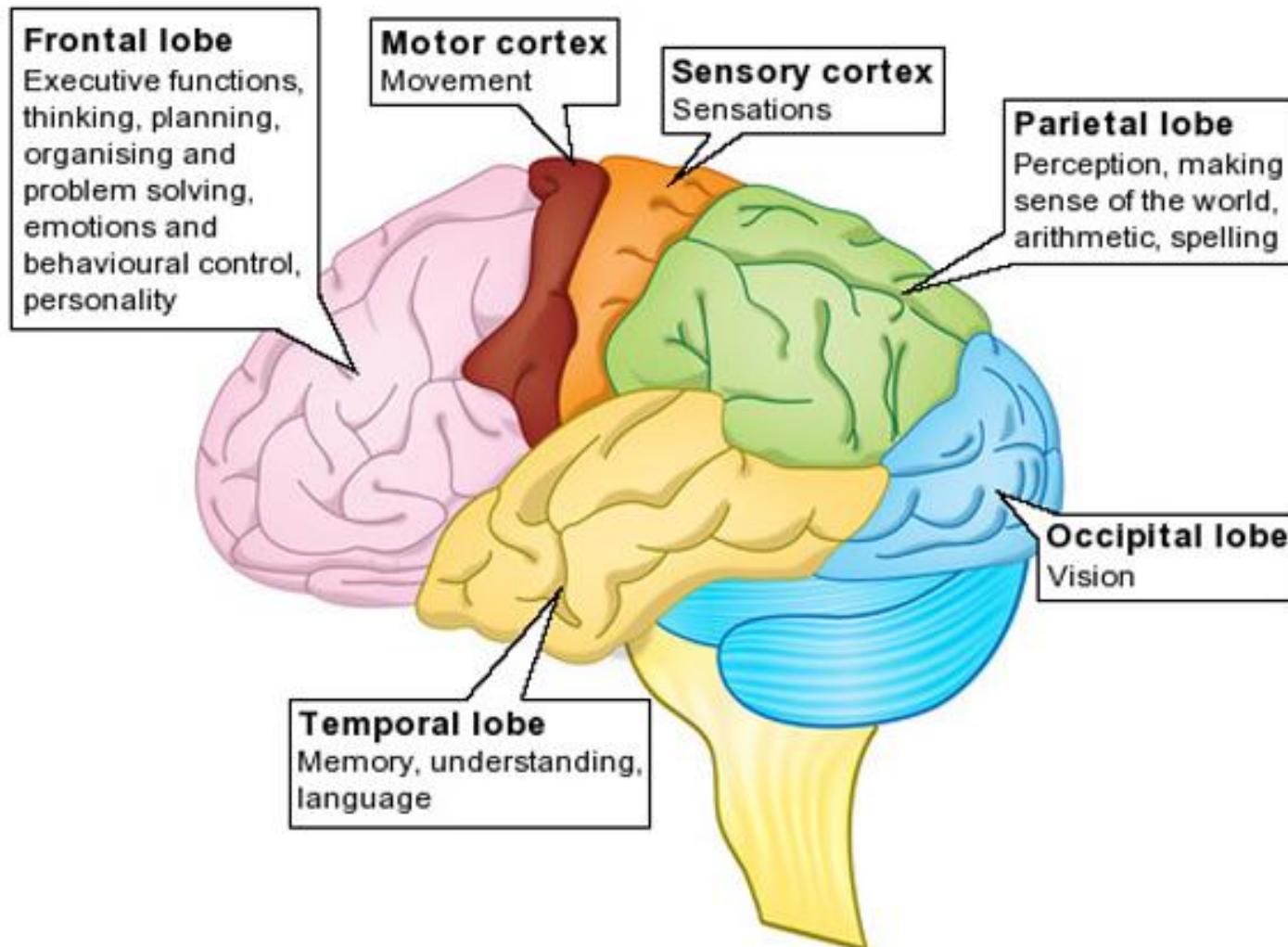
- Impairment of vigility
- **Somnolence** – state of near-sleep, responsiveness
- **Stupor** – responsiveness only to base stimuli (pain)
- **Coma** - unresponsiveness

# Glasgow Coma Scale

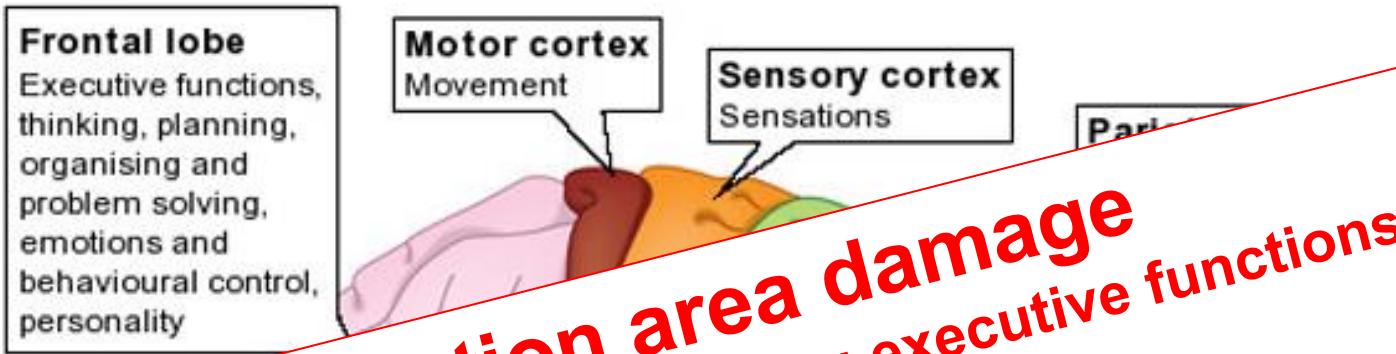
| <b>Best eye opening</b> | <b>Best verbal</b>   | <b>Best motor</b>          |
|-------------------------|----------------------|----------------------------|
| 1 - None                | 1 - None             | 1 - None                   |
| 2 – To pain             | 2 - Incomprehensible | 2 – Extensor (decerebrate) |
| 3 – To speech           | 3 - Inappropriate    | 3 – Flexion (decorticate)  |
| 4 - Spontaneous         | 4 - Confused         | 4 – Withdraws to pain      |
|                         | 5 - Oriented         | 5 – Localizes pain         |
|                         |                      | 6 - Obeys                  |

*Glasgow Coma Scale*  
Normal consciousness: GCS 15  
Mild brain injury: GCS 14 - 13  
Moderate brain injury: GCS 12 - 9  
Severe brain injury: GCS 8 - 3

# Cognitive Impairment and Focal Neurological Deficit



# Cognitive impairment and Focal Neurological Deficit



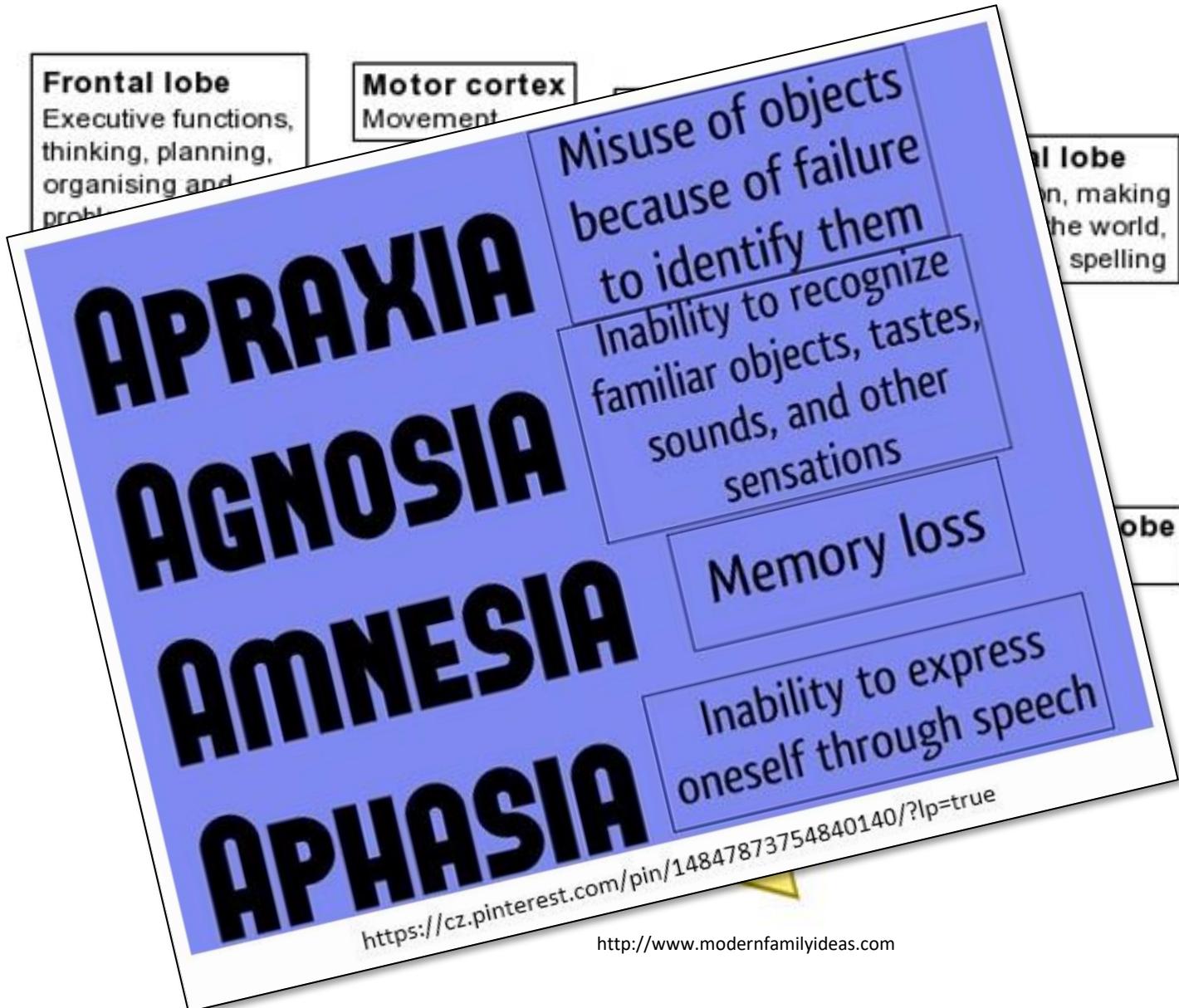
- ✓ **Association area damage**
  - ✓ Cognitive impairment (including executive functions)
- ✓ **Primary area damage**
  - ✓ Focal neurological deficit
  - ✓ Cortical blindness or deafness

# Frontal lobe and mental arousal

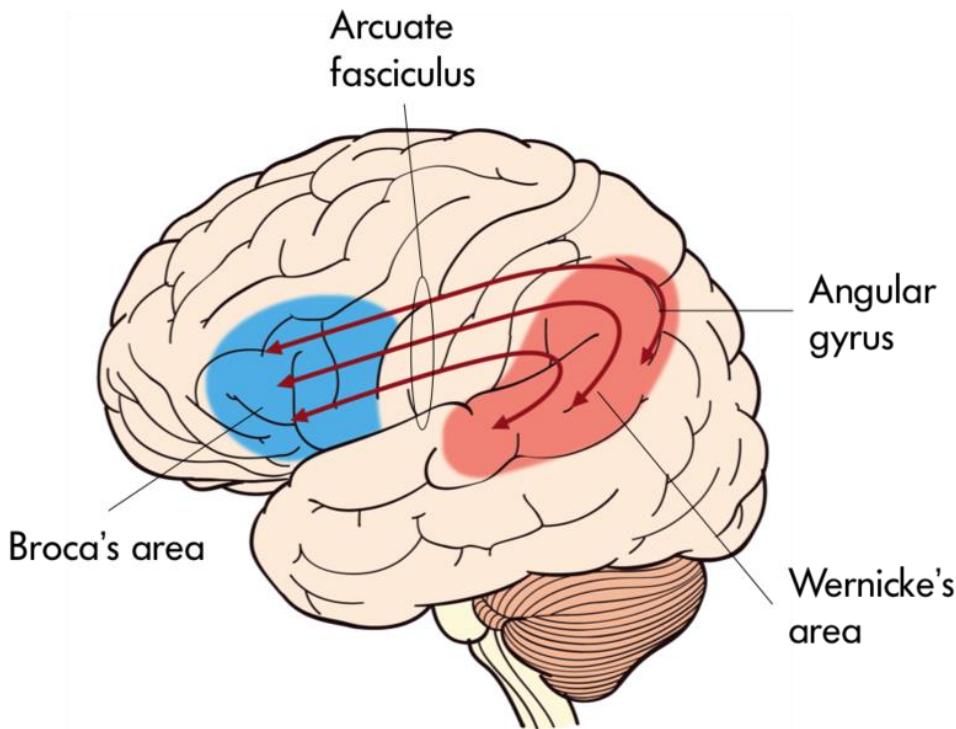
- Right frontal lobe
  - Bilateral influence
  - Inhibition
- Left frontal lobe
  - Unilateral influence
  - Activation
- Left frontal lobe damage
  - Reduced spontaneous activity
  - Reduced self-control; impulsive instinct behavior



# „Dementia“ and Focal Neurological Deficit



# Language areas



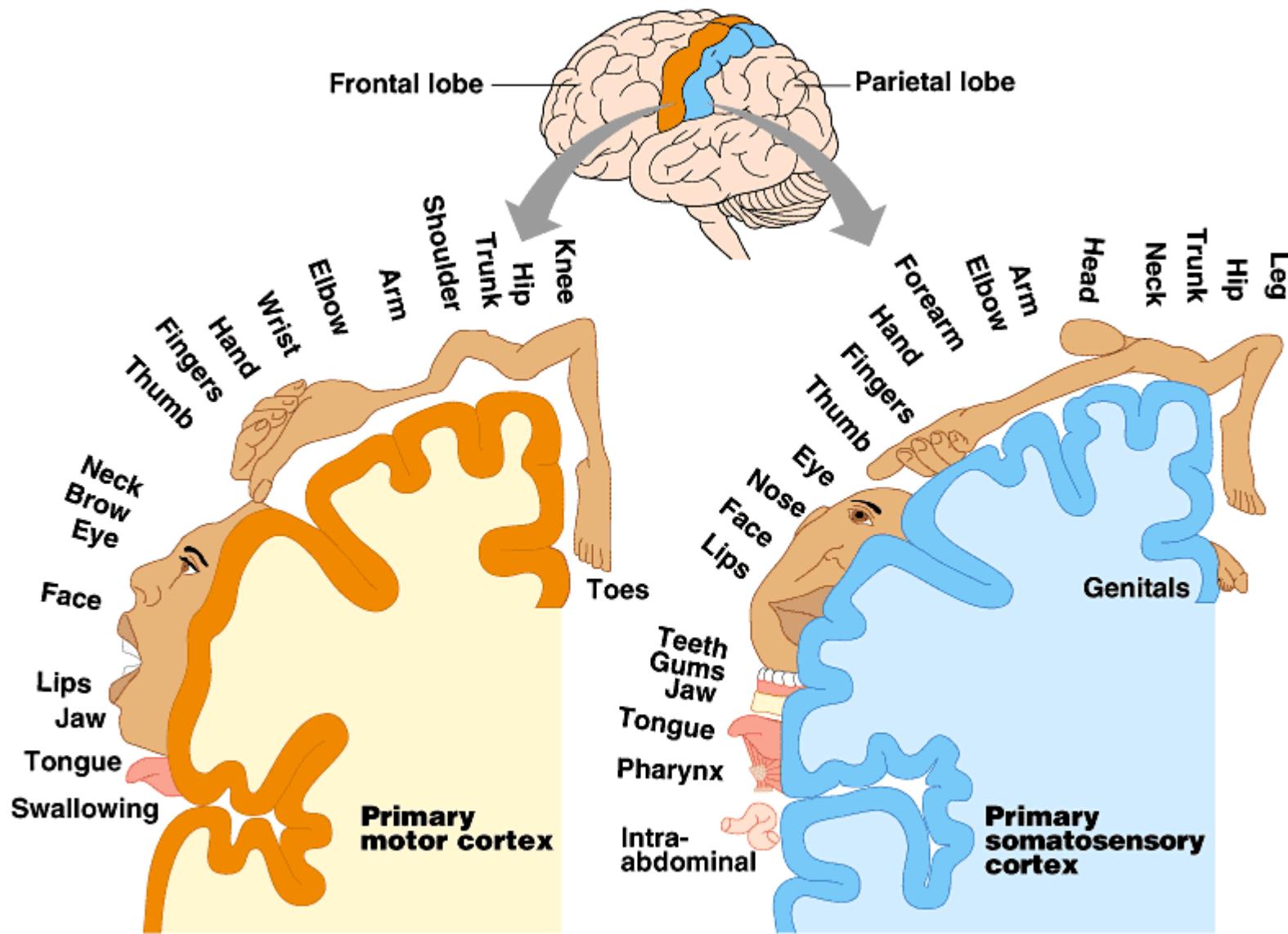
- Broca's aphasia
  - ✓ Motor, expressive
  - ✓ Comprehension preserved, speech unarticulated
- Wernicke's aphasia
  - ✓ perceptive, sensor
  - ✓ Comprehension damaged, speech fluent, but not meaningful

**There are two main language areas**

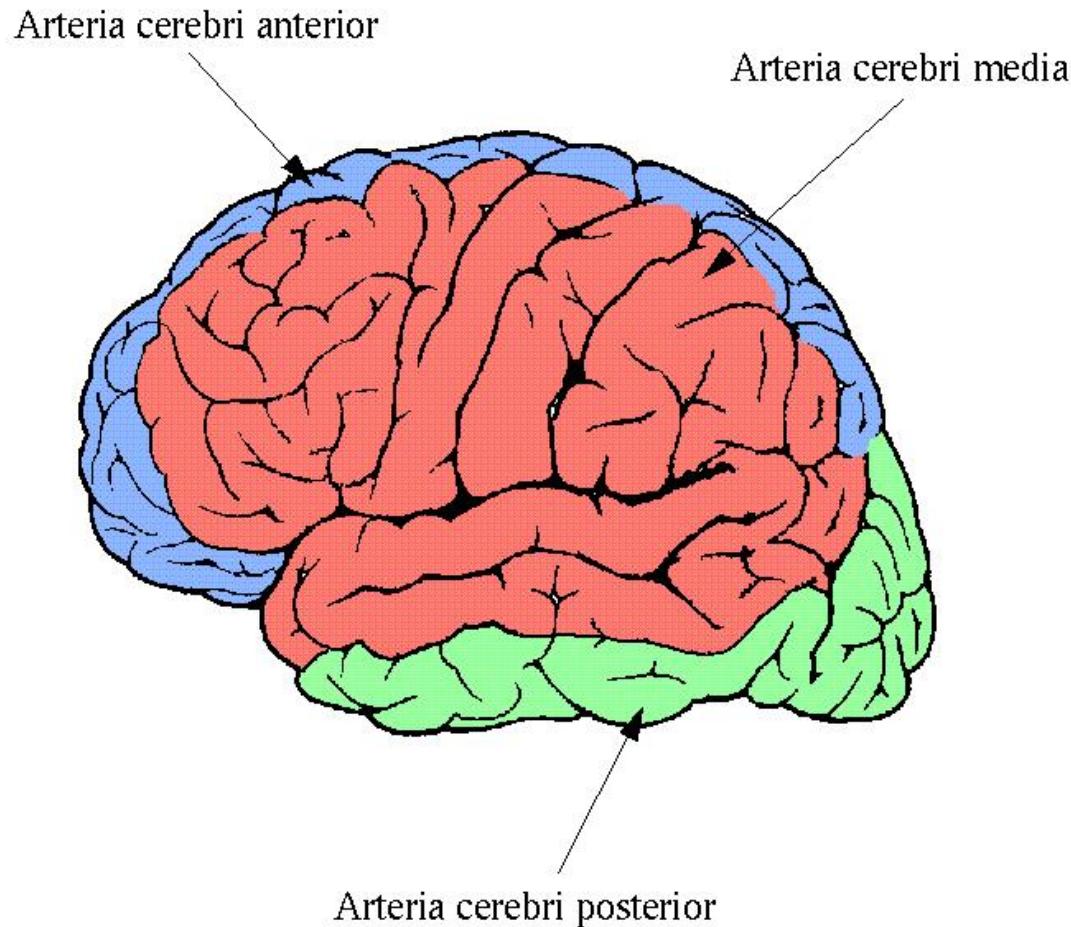
- Broca's area (motor)
  - ✓ Close to motor cortex
- Wernicke's area (sensor)
  - ✓ Close to auditory cortex
- Fasciculus arcuatus

- Conduction aphasia
  - ✓ Damage of fasc. arcuatus
  - ✓ Speech fluent, comprehension preserved
  - ✓ Problem with repeating words and sentences
- Dysarthria
  - ✓ Problem with articulation
  - ✓ For example, damage of vocal cord

# Focal Neurological Deficit



# Focal Neurological Deficit



# Focal Neurological Deficit

## Examples of Ischemia

### Arteria cerebri anterior

- ✓ Contralateral hemiparesis accentus on lower limb (FL)
- ✓ Behavioral impairment- bilateral occlusion (FL)

### Arteria cerebri media

- ✓ Contralateral hemiparesis accentus on upper limb (FL)
- ✓ Impairment of speech functions – left side occlusion (FL, TL)
- ✓ Impairment of writing, counting, right – left orientation (TL)
- ✓ Impairment of spatial orientation when non-dominant parietal lobe affected

### Arteria cerebri posterior

- ✓ Impairment of vision (OL)
- ✓ Reading disorders (Corpus callosum, PL)

### Vertebrobasilar arteries

- ✓ Cerebellar symptomatology
- ✓ Brain stem symptomatology
  - ✓ Vertigo, nystagmus, diplopia, bilateral hemiparesis, paresis of cranial nerves respiratory disorders



# **Spinal Cord Injury**

# Spinal Cord Injury

## The most often causes

- Traffic accidents
- Work and sports injuries

## Mechanisms of injury

- Extensive Flexion, extension or rotation
- Direct impact

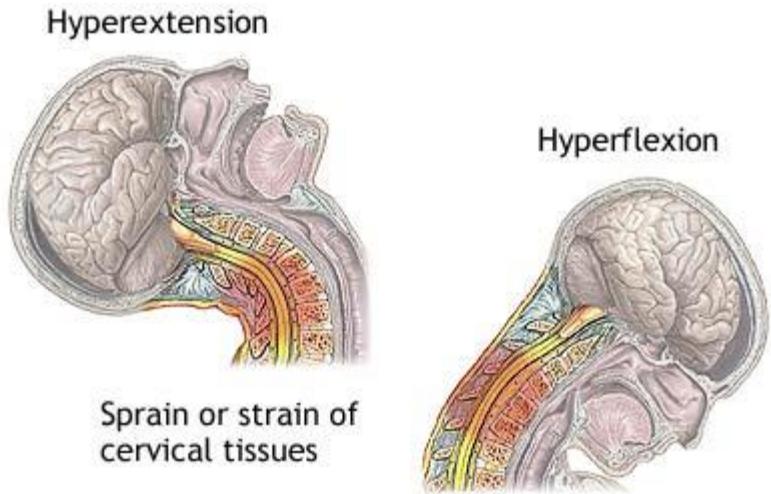
## Back injury

- Vertebrae
  - ✓ Fracture
  - ✓ Dislocation
- Ligaments
- Intervertebral disc

## Spinal cord injury

- Stretch
- Pressure

3-4 / 100 000 persons per year  
Almost 50% of patients are younger than 25 years



**The most often localization of injury C4-C6 a Th11-L2**

ADAM.

[www.bodyinmotion.co.uk](http://www.bodyinmotion.co.uk)

# **Spinal Cord Injury**

## **Commotion**

- Transient functional disability
- Reversible

## **Contusion**

- Incomplete spinal cord injury
- Complete spinal cord injury
  - ✓ Phase 1 – spinal shock
    - ❖ Areflexia and loss of descending facilitation distally from injury
    - ❖ Atony of urinary bladder detrusor with retention of urine and ishuria paradoxa
  - ✓ Phase 2 – spinal automatism
    - ❖ Hyperreflexia/spasticity distally from injury, loss voluntary motoric activity and loss of descending facilitation
    - ❖ Spasticity of urine bladder

# Consequences of Spinal Cord Injury

## Paralysis

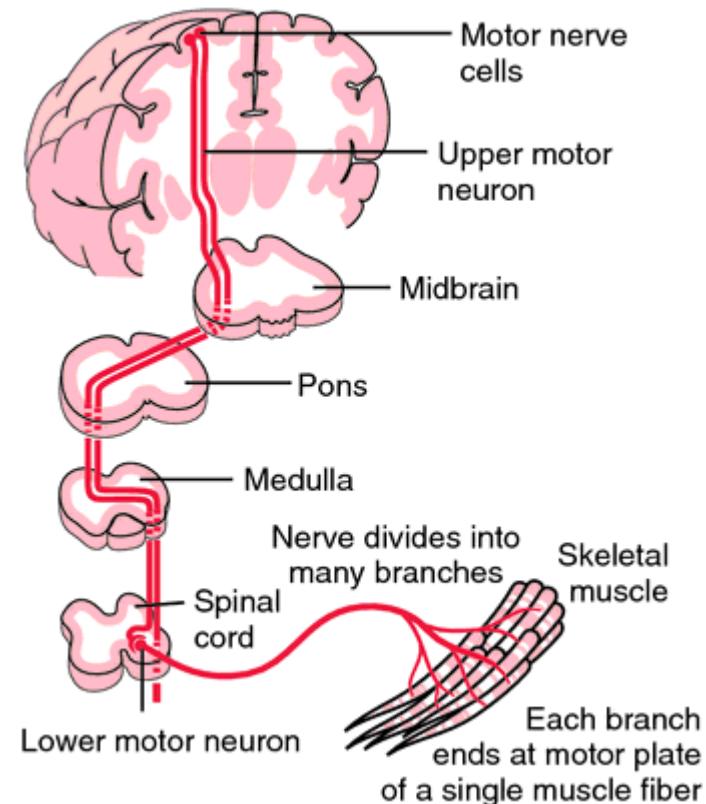
- Loss of muscle function most often caused by damage of nervous system

### Plegia

- Total paralysis

### Paresis

- Partial paralysis
- Mono-, di-, quadru-, para-, hemi-
- ***Central***
  - ✓ Loss of upper motor neuron
  - ✓ First flaccid
    - ❖ Spinal shock
  - ✓ Then spastic
    - ❖ Activity of lower motor neuron
- ***Peripheral***
  - ✓ Loss of lower motor neuron
  - ✓ Flaccid



<http://medical-dictionary.thefreedictionary.com>

# Consequences of Spinal Cord Injury

## Paralysis

### Spinal cord (SC) and spine (S) segments

- **Upper cervical:** SC=S
- **Lower cervical and upper thoracic:** SC=S+1
- **Middle thoracic hrudní:** SC=S+2
- **Lower thoracic:** SC=S+3
- **Medulary cone:** L1 –L2

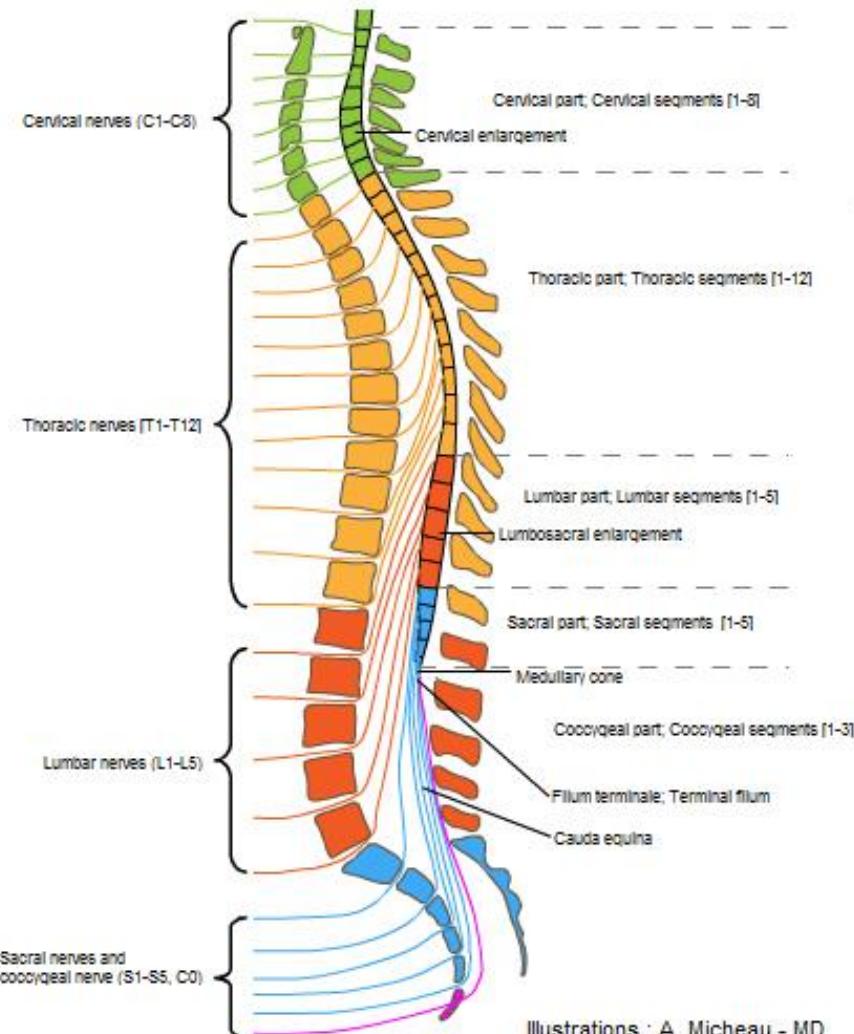
**Plexus cervicalis:** C1-C4

C4 – nervus phrenicus

**Plexus brachialis:** C5 – Th1

**Plexus lumbalis:** L1-L4

**Plexus sacralis:** S1-S5



Illustrations : A. Micheau - MD

<http://www.jhu.edu>

# Consequences of Spinal Cord Injury

## Paralysis

### C1 – C4

- ✓ Spastic quadriplegia
- ✓ Sphincter function disorders

### C5 – Th2

- ✓ Upper limbs: flaccid paresis/plegia
- ✓ Lower limbs: spastic paresis/plegia
- ✓ Sphincter function disorders

### Th3 – Th10

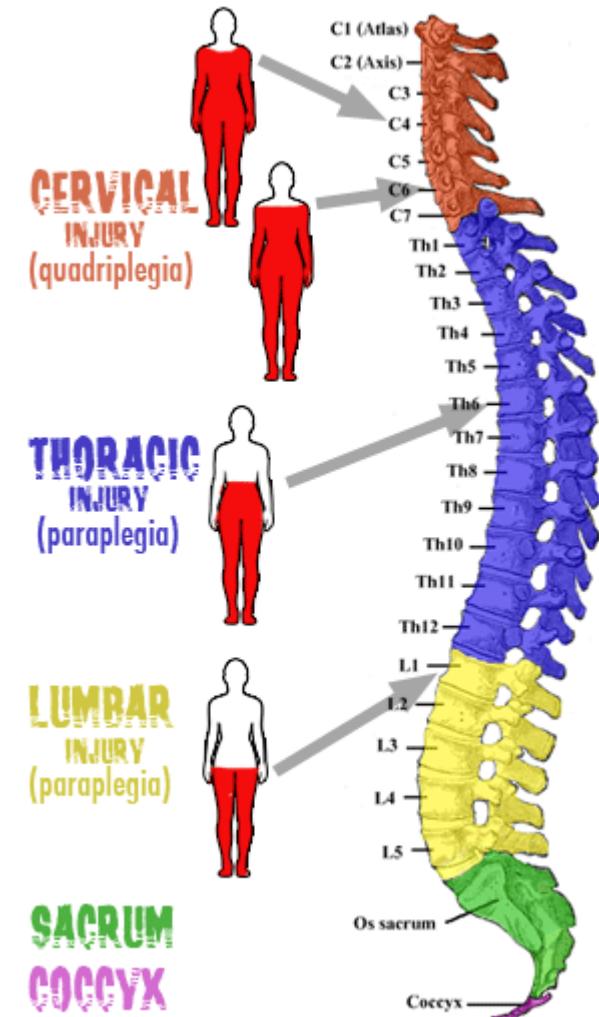
- ✓ Lower limbs: spastic paresis/plegia
- ✓ Sphincter function disorders

### Th9 – L2

- ✓ Lower limbs: flaccid paresis/plegia
- ✓ Sphincter function disorders

### L3 – S5

- ✓ Sphincter function disorders



# Consequences of Spinal Cord Injury

## Loss of sensation

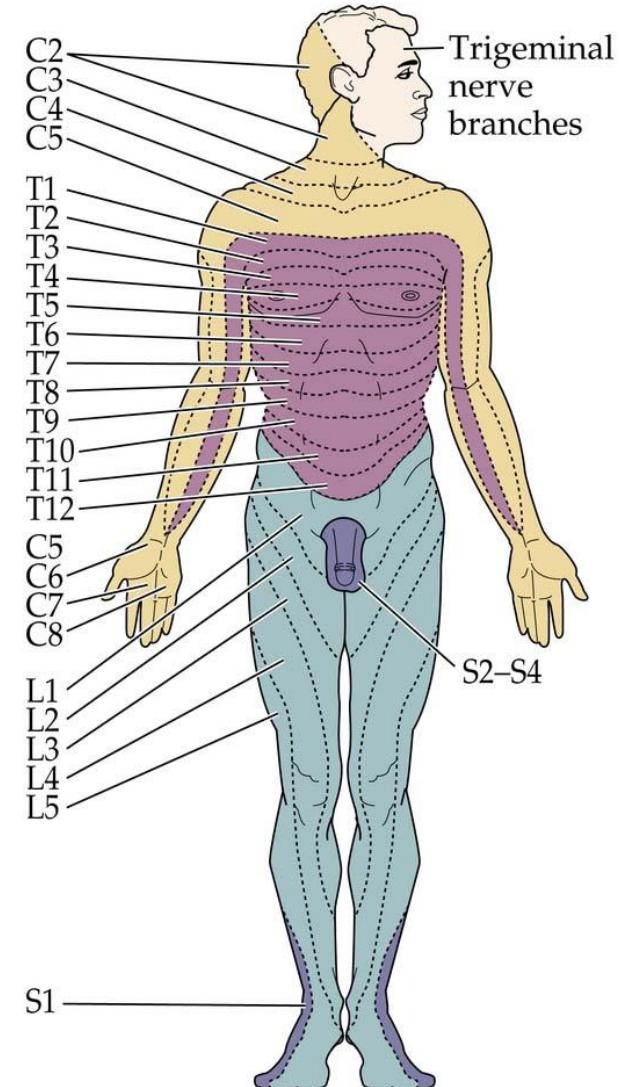
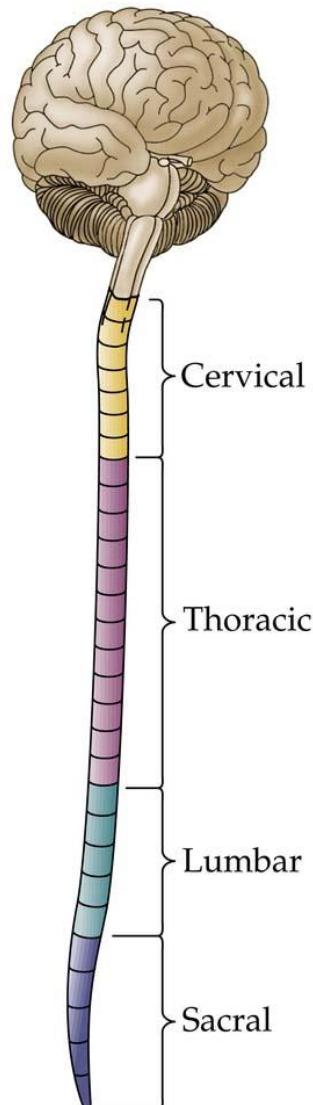
### Hypesthesia

- Incomplete loss of sensation

For example: Thermal hypesthesia, tactile hypesthesia

### Anesthesia

- Complete loss of sensation



**THANK YOU**

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