# Restorative dentistry III. solution of defects in posterior teeth addition

Alternative to amalgam Subgingival defects

## Alternative to the amalgam filling does not exist

Fast application

Excellent mechanical properties

No sensitivity to moisture

Social filling

### Comparison of permanent filling materials – mechanical properties

i tekarar serengen ivir a	Compressive strength MPa	Flexural strength MPa
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• Composite 150 100

• Glassionomer 80 25



• Amalgam 500 30

### Bulk fill - materials that can be cured in the thicker layer

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Higher translucency

- 2. More fotoinitiators
- 3. Some of the are dual cured
- 4. Some of them have short fiber filler

Application can be faster:

Thicker layer – no more than 3 mm!

Polymerization shrinkage and stress are lower but silll exist!

Review

**Bulk-Fill Resins versus Conventional Resins: An** 

**Umbrella Review** 

Gonçalo Silva 1, Carlos Miguel Marto 1,2,3,4,5,6, Inês Amaro 1,2,3,5,6, Ana Coelho 1,2,3,5,6, José Sousa 1,2, Manuel Marques Ferreira 2,3,5,6,7, Inês Francisco 2,3,5,6,8, Francisco Vale 2,3,5,6,8, Bárbara Oliveiros 2,3,5,6,9, Eunice Carrilho 1,2,3,5,6 and Anabela Baptista Paula 1,2,3,5,6,8,\*

• They present greater translucency and, consequently, better light dissipation in the composite resin, with

photo initiators allowing a greater polymerisation depth and polymerisation modulatorsallowing for less polymerisation shrinkage. Bulk-fill resins can be categorised into two groups, base with low viscosity and fullbodywith high viscosity, depending on the purpose for which they are used, namely the restoration type and its mechanical requirements. The first group, having a low viscosity, is easy to sculpt and can be sonically activated bto become more fluid and more easily adaptable to the cavity walls. Normally, the application of flowable bulk-fill resins can be carried out using a syringe, since they are characterised by their high fluidity. Thus, the application is simpler, allowing use of the composite resin in cavities that are more difficult to access. However, this type of composite resin is often associated with low strength, and it is necessary to cover it using conventional composite resins, thus hiding the more transparent aspect of the restoration by bulk-fill composite resins.

#### Comparison:

Overall, although without statistical significance, the confidence interval for the OR (odds ratio) is most favourable to the use of conventional resin, as it is about five times more likely to obtain a good result with conventional resin than with bulk-fill resin.

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### Bulk fill - materials that can be cured in the thicker layer

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- 1. Flowable materials –
- Good marginal adaptation, usually necessary to use the conventional composite material on the top
- 2. Condensable composit materials in combination with flowable
- 3. Sonic materials (Sonic Fill) thixotropy, the viscosity is decreased by vibrations.

### Sonic Fill

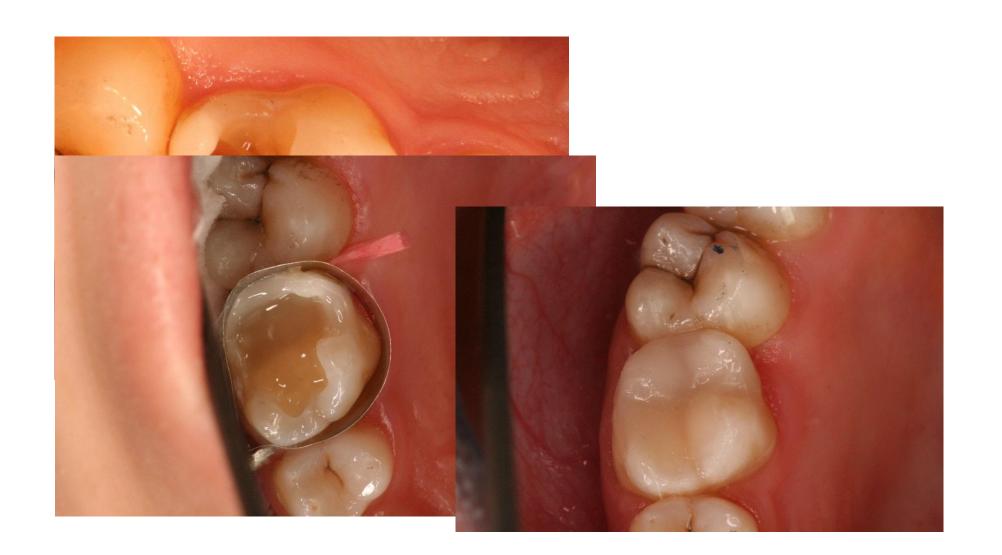
















#### Problems of bulk fill materials

Lower aesthetics

Polymerization stress lower

Adhesion procedure must be kept

The depth of the cavity must be measured

#### New materials on the base of composite

Chemically cured with the possibility of light curing

Realeasing ions F, Ca, OH (Alkasit)

Self curing primer



#### Technology One bulk



The molecule of the monomer is splitting – lower polymerization stress

Long monomer AUDMA lower polymerization shrinkage

**AFM** 



#### Main problems

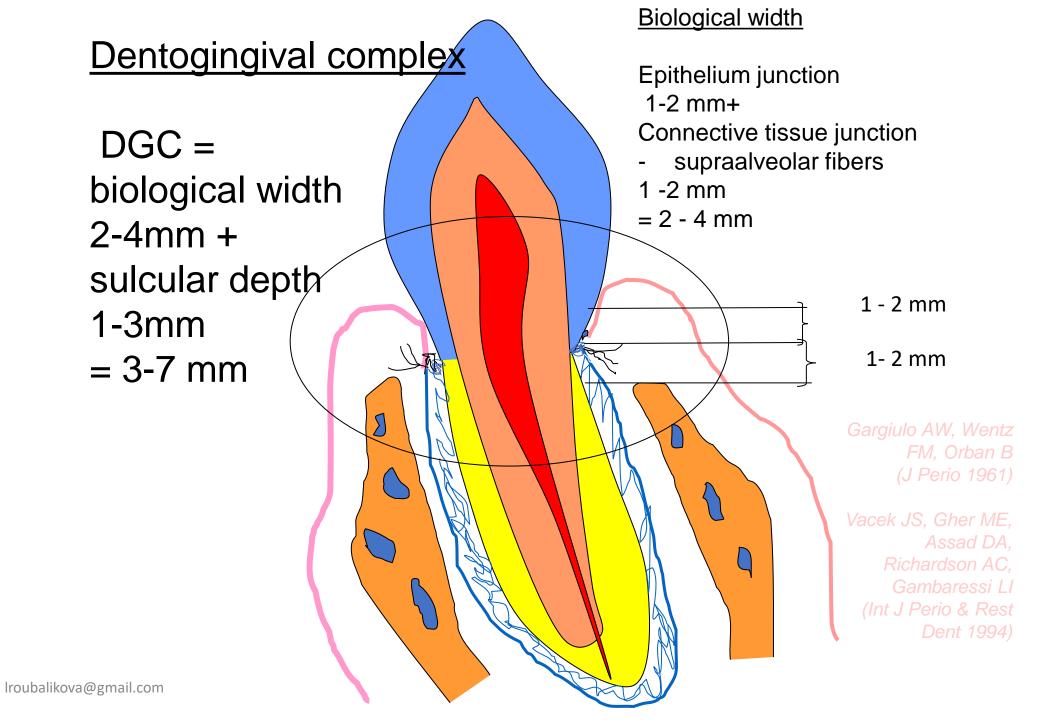
Substantial loss of hard dental tissues

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- Subgingival cervical borders difficulties with dry operative field
- (bleeding, sulcular liquid)
- Adhesive procedures in region without enamel
- – consider selfetching adhesive

#### SUBGINGIVAL DEFECTS

- Technical parameters:
- Possibility to keep the operating field dry
- <u>Biological parameters</u>: measurement of distance between clean gingival border and insertion of periodontal ligament or crest of alveolar bone using periodontal probe and/or xray.
- Biological width



- Lesion does not reach cemento enamel junction
- No pulp exposure
- Gingival wall is located supragingivally:

Rubberdam and composite filling

- Lesion does not reach the cementoenamel junction
- Pulp is involved
- The gingival wall is located supragingivally

• Pre - endo, endo, postendo

- Lesion does not reach the cementoenamel junction
- Dental pulp is involved
- The gingival wall is located subgingivally

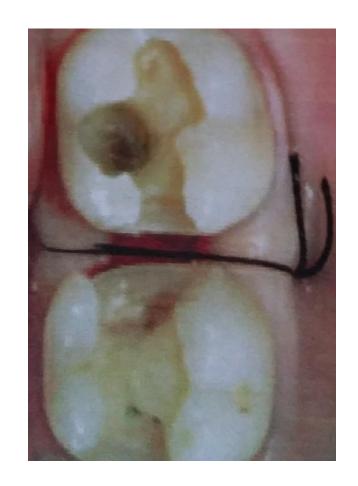
• Gingivectomy, preendo, endo, postendo

- The lesion is on cemento enamel junction
- Dental pulp involved
- The gingival wall is located intrasulculary

Osteoplasty, gingivectomy, rubberdam, preendo, endo, DME, postendo

- The lesion is below cemento-enamel junction
- Dental pulp is involved
- The gingival wall is located in the bone

Ostectomy, preendo, endo DME, postendo



#### Classification of subgingival defects

• 1. Ruberdam is possible to use, gingival border can be seen.

• 2. Rubberdam does not allow complete isolation of operating field, biological width is ok.

• 3. Subgingival defect, biological width is affected.

• 4. Ingtraosseal defect

#### Solution

• 1. Margin elevation – cervical margin relocation using flowable material or composite filling material

• 2. Gingivectomy + gingivoplasty

• 3. Elongation of clinical crown – crown lenghtening (gingivectomy + ostectomy)

Reconstruction: direct or indirect

#### Cervical margin relocation

• SEQUENCE OF OPERATION - MARGIN ELEVATION •

Consider possibility of effect of rubberdam and biological width

#### Cervical margin relocation

- Matrix band can be cut (appr.3 5 mm)
- Tihgtening of the matrix with the retainer
- No wooden wedge

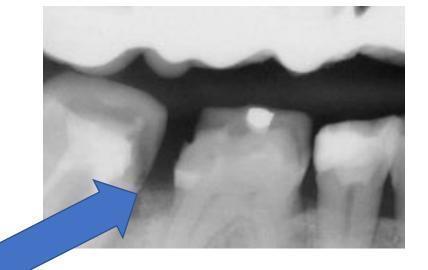
- Adhesive procedure consider selfetching adhesive system
- Flowable
- Composite











New margin









### Gingivectomy and gingivoplasty

• Cutting gingiva and shaping it anatomically:

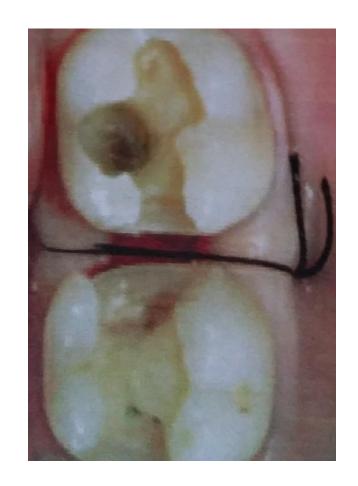
• Scalpel - Laser - Cauter

#### Gingivectomy Gingivoplasty



GIC as a temporary







### Crown lenghtening

• Surgical procedure based on gingivectomy, gingivoplasty and ostectomy.

Closed and open













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#### Extrusion

- Extrusion orthodontic
- Fast
- Surgical

