### Composite reconstructions in posterior teeth

Occlusal morphology

### Reconstruction of contact area

- Matrices and wedges
- Teflon strip
- Circular x sectional matrices









### 1 st mandibulary molar





MANDIBULAR MOLARS (occlusal)



#### 90 Part 1 | Comparative Tooth Anatomy





Maxillary right second premolar

Maxillary right first premolar

MAXILLARY PREMOLARS (Occlusal)



Mandibular right first premolar





Three-cusp type Two-cusp type Mandibular right second premolar

MANDIBULAR PREMOLARS (Occlusal)























#### (Sectional Technique) Pizza Technique

The secret to fabricating esthetic and functional posterior teeth is to generate correct and precise occlusal anatomy. It has been well proven that single-shade stratification techniques solve the majority of cases correctly. To achieve a correct anatomy through layering, we propose a sectional modeling technique in which one increment is used for each cusp. Each one of these increments, when correctly modeled, resemble pizza slices. The procedure is started with the simplest cusp, and then one cusp is added at a time to acquire more anatomical references to define the remaining and more difficult structures. The choice of the first cusp and the order of layering are personal, but we suggest starting with the easiest (most regular-shaped and medium-sized) cusp and working toward the most difficult (irregularly shaped and large- or very smallsized) cusp.



A sectioned stratification on a maxillary left molar will be performed in white composite as an example. The procedure will be started on an occlusal Class I cavity with very few anatomical references.



Once the first cusp is cured, the next is modeled. It is not necessary to worry about deformation of the previous cusp. Before polymerization, the buccal sulcus must be defined





The mesiobuccal cusp is initiated with a small increment of composite resin. This is the easiest cusp on this molar because of its regular shape. Before polymerization, slopes will be developed, and the limits, which must be located at the main sulcus where the rest of the cusps will converge, will be defined.



When all the buccal anatomical references are finished, the palatal cusps are developed, in this case the transverse ridge.







The final appearance should be a molar with rich anatomy, multiple elevations and depressions, and a harmonious, regular surface.





Once the transverse ridge is polymerized, the distolingual cusp is modeled, and the distal sulcus will be defined at the same time.



The larger cusp (mesiolingual), which at the beginning was the most difficult to model, now will be easy to develop from all the previously created anatomical references.

> Modeling of an occlusal sur face requires three specific

> > instruments:

(8a) A rounded microplugger to develop slopes.

(8b) A sable brush soaked in modeling liquid to smooth the slopes and remov roughness.

(8c) A very subtle spatula the tip of the Fissura instru ment (LM-Arte, LM Instru ments), or a No. 11 scalp



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# LM Arte Fissura





Sharp working end. Conical part is ideal for the finest modellation of occlusal morphology, the sharp end is for the finest modellati on of fissures and mamelons, as well as for the detection of access resin.

### LM Arte condensa





The long round ended condensor is suitable for the modellation od occlusal surfaces, bud also for other purposes. E.G. Frontal area.

# LM Arte modella



Spatula for application of composite material in frontal but also in distal area









