

# Kožní pokryv (Integumentum commune)

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# Kůže a kožní deriváty (adnexa)

Aleš Hampl  
Prosinec 2024

Funkční jednotka

Největší tělní systém

16% váhy těla

1,5 až 2 m<sup>2</sup>

**Integumentum  
commune**  
=  
**Kožní pokryv**

**Cutis**  
=

**Kůže**

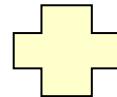
**Epidermis** – rohovatějící vrstevnatý  
dlaždicový epitel

**Dermis** = Škára – vazivová složka

**Tela subcutanea**

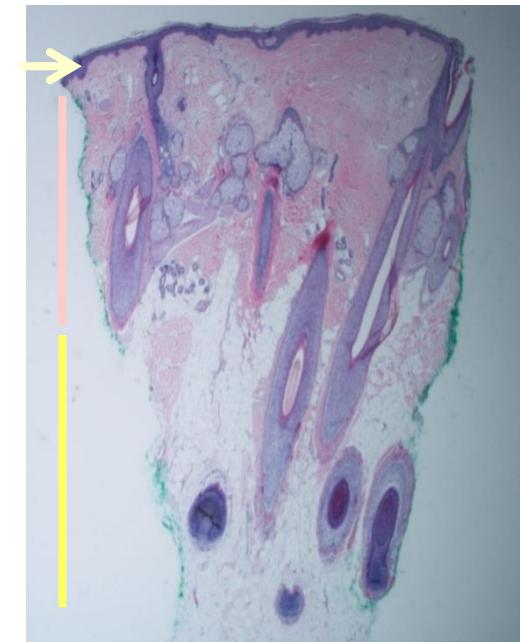
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**Subcutis** – Podkoží



**Kožní adnexa**  
deriváty epidermis

- vlasy a nehty
- kožní žlázy (mazové + potní)
- mléčná žláza



## Kůže = Kombinace 4 tkání

- Epitelová - svrchní vrstva
- Pojivová - leží pod dermis
- Hladkosvalová - husí kůže
- Nervová - citlivost

# **Functions of the skin**

## **1. Regulation of body temperature**

Cellular metabolism produces heat as a waste product .

### **High temperature**

dilate surface blood vessels  
sweating

### **Low temperature**

surface vessels constrict  
shivering

## **2. Protection**

physical abrasion  
dehydration  
ultraviolet radiation

## **3. Sensation**

touch  
vibration  
pain  
temperature

## **4. Excretion**

## **5. Immunity/ Resistance**

## **6. Blood Reservoir**

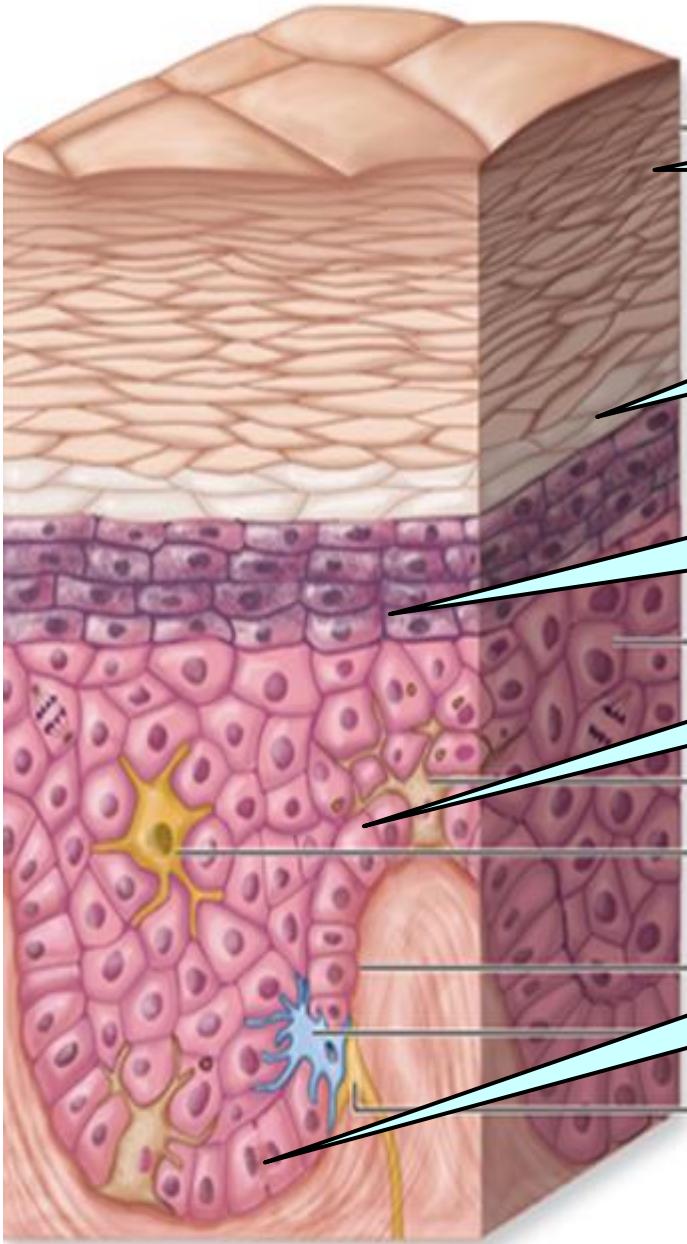
8-10 % in a resting adult

## **7. Synthesis of vitamin D**

uv light  
aids absorption of calcium

# Epidermis - Vrstvy

Keratinizující vrstevnatý dlaždicový epitel  
(keratinocytes - 4 or 5 layers)



## 5. Stratum corneum

- dead, flat cells full of keratin (25 to 100 layers)
- corneodesmosomes
- polar lipids - ceramides

## 4. Stratum lucidum

- more apparent in thick skin
- 3-5 layers of clear cells
- transitional state

## 3. Stratum granulosum

- 3-5 layers
- tight junctions = zonulae adhaerentes
- keratohyalin found in granules
- cells beginning to die
- keratohyalin and lamellar granules

## 2. Stratum spinosum

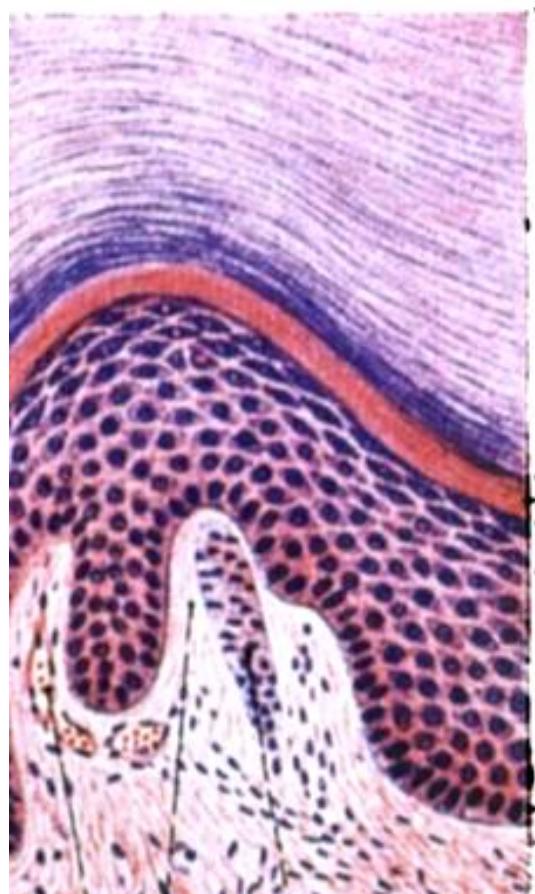
- polygonal cells (keratines 1 and 10)
- 8-10 layers of keratinocytes
- desmosomes – shrinkage - spines

## 1. Stratum basale (germinativum)

- cylindrical cells – one layer (keratines 5 and 14)
- stratum germinativum
- the only proliferating cells (stem, progenitor)
- hemidesmosomes

Desquamation = Maturation (about 25 days)

# Mnemotechnická pomůcka



*Stratum* **Corneum**

*Stratum* **Lucidum**

*Stratum* **Granulosum**

*Stratum* **Spinosum**

*Stratum* **Basale**

**Cancel**

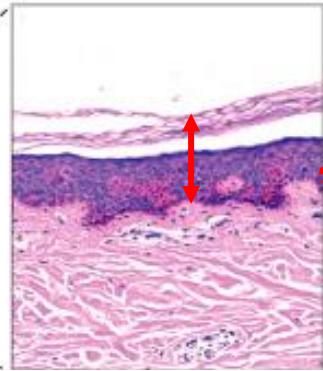
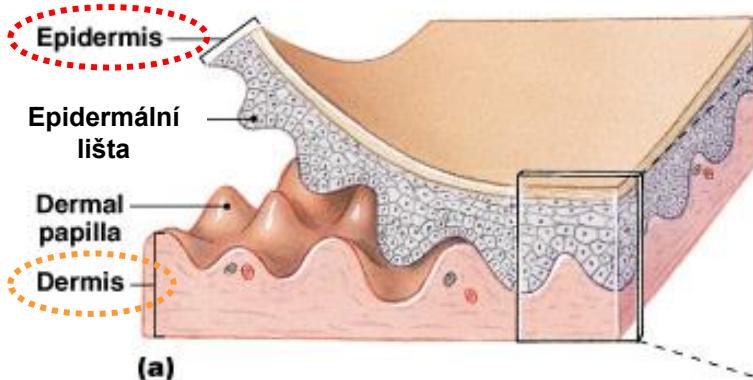
**Lab !!!**

**Get**

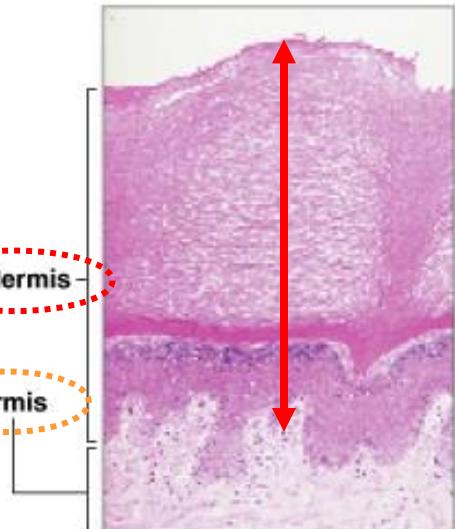
**Some**

**Beer !!!**

# Epidermis (Pokožka) - Tenká x tlustá kůže



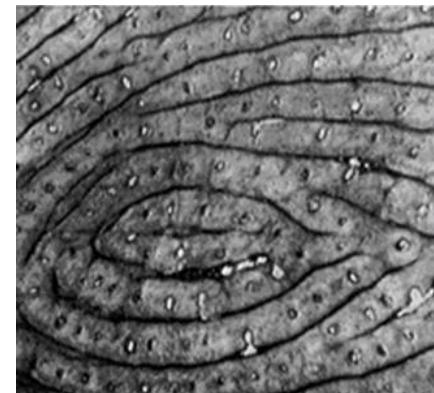
Tenká kůže  
Epidermis 50 - 100 µm



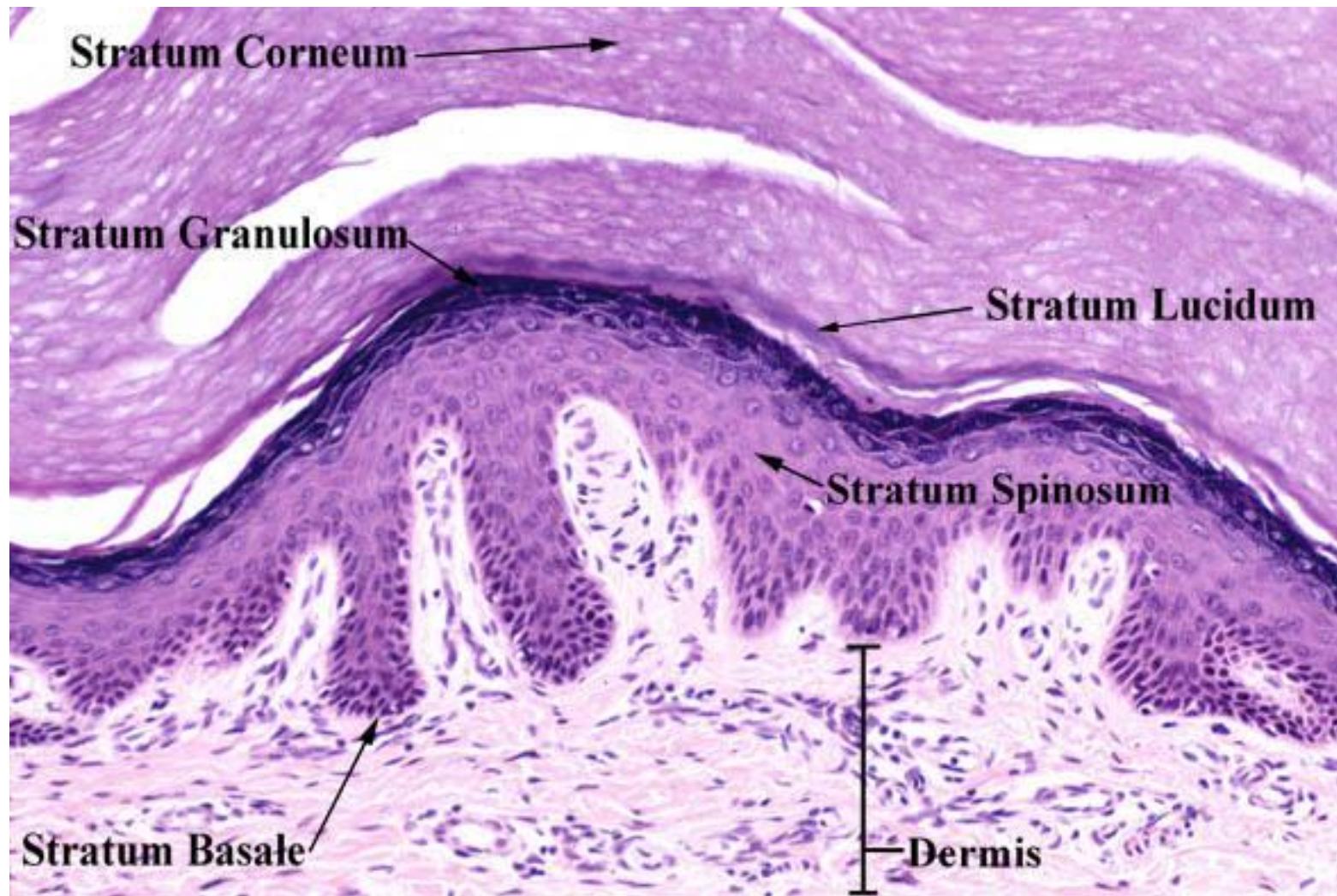
Tlustá kůže  
Epidermis 500 - 1000 µm

- pokrývá celý povrch těla kromě dlaní a plosek nohou
- typické **kosočtverečné políčkování**
- stratum corneum - méně než 25 vrstev buněk
- stratum lucidum chybí
- adnexa: potní žlázy + mazové žlázy + chlupy (kromě rtů, glans penis, labia minora)

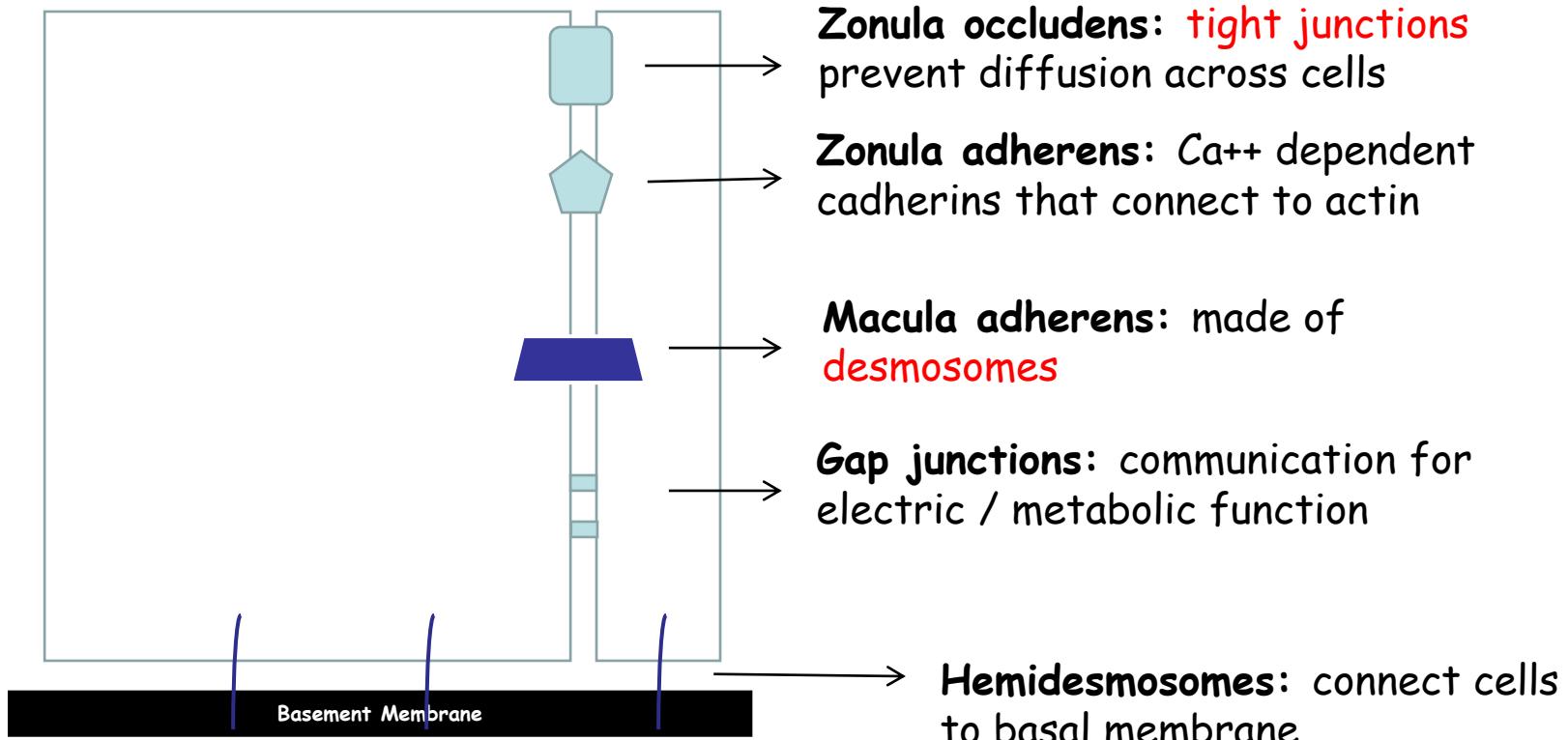
- pokrývá dlaně a plosky nohou – tzv. akrální kůže
- hmatové lišty →
- stratum corneum - 100 vrstev buněk
- stratum granulosum – zbytnělé
- adnexa: - pouze početné ekkrinní potní žlázy



# **Epidermis**

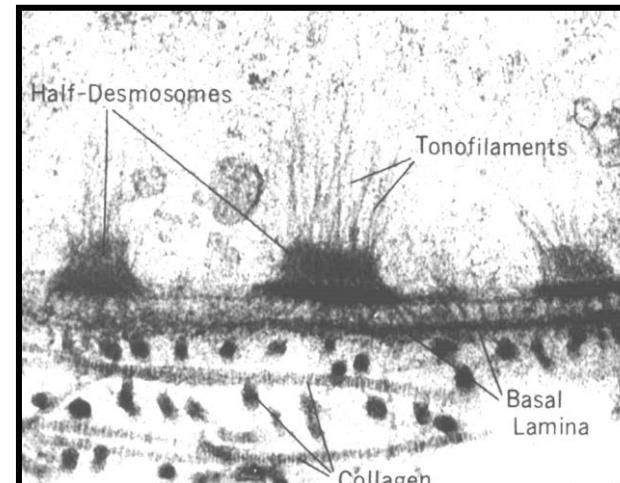
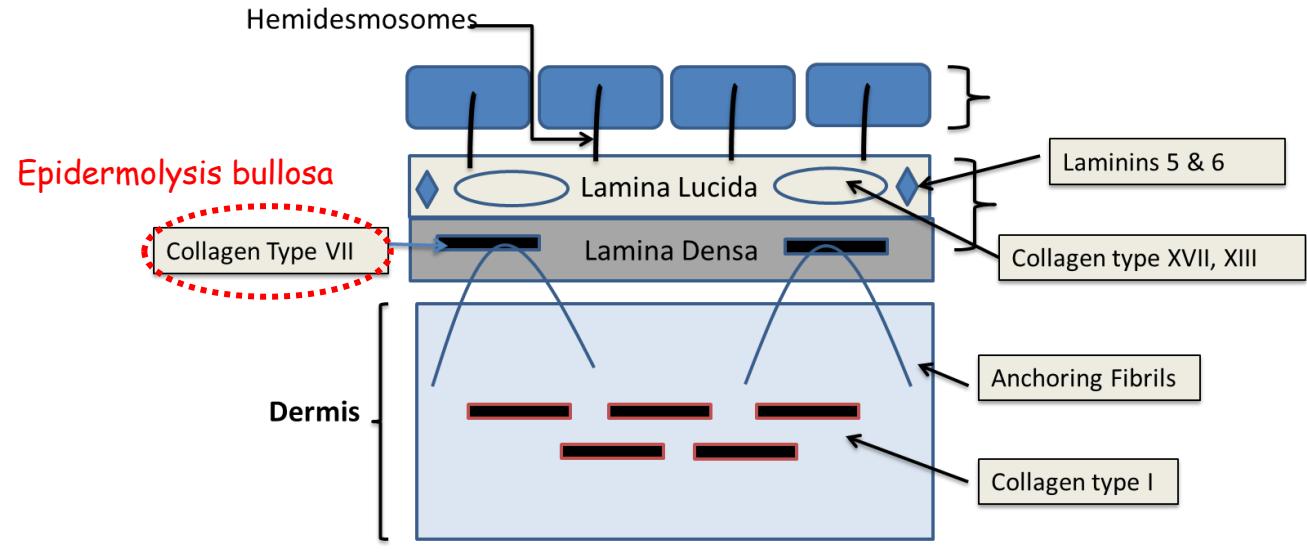
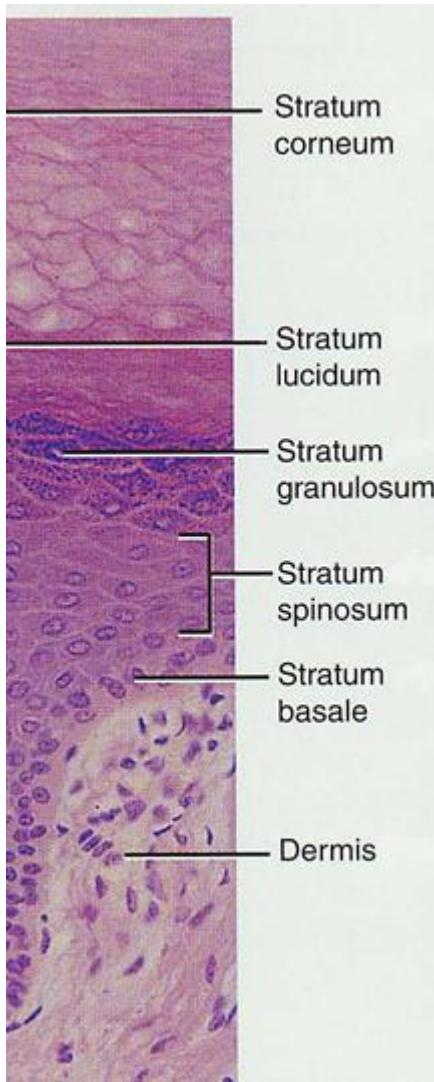


# Epidermis - Mezibuněčné spoje

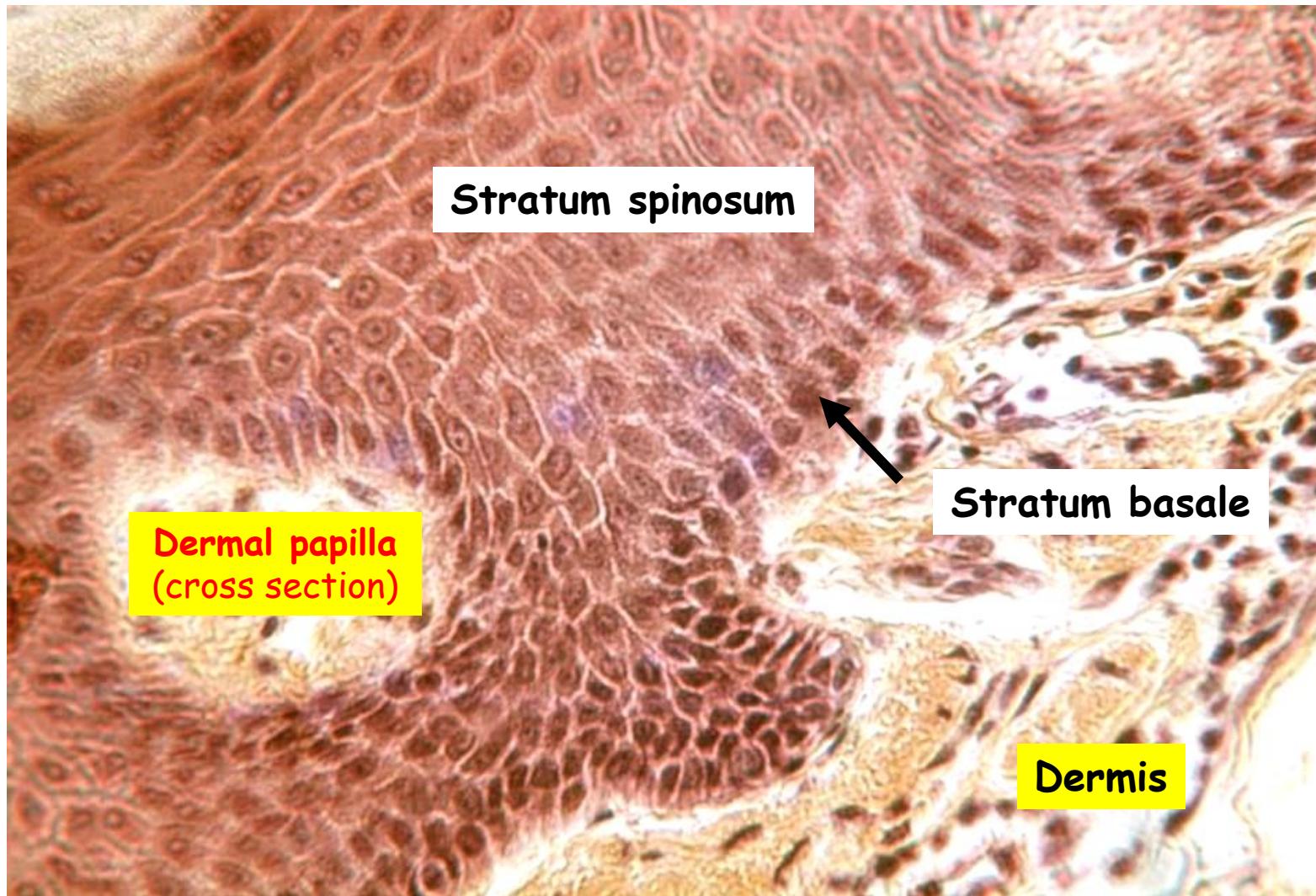


# Spojení: Dermis – Epidermis

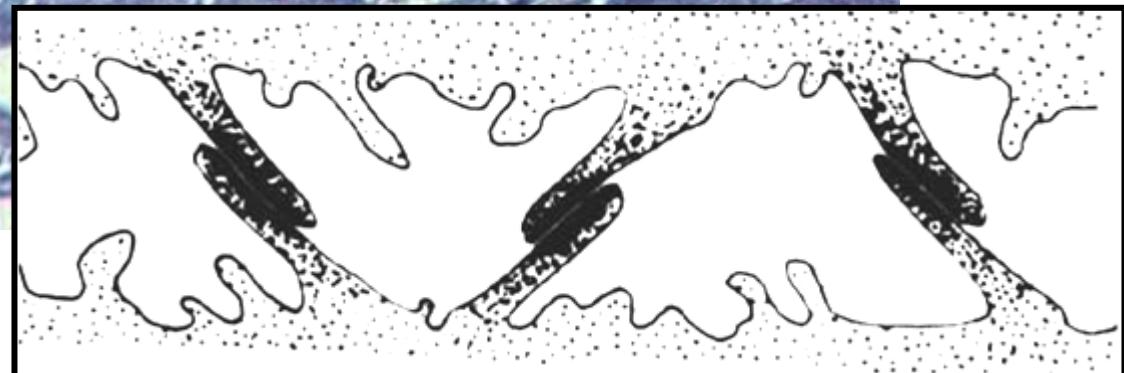
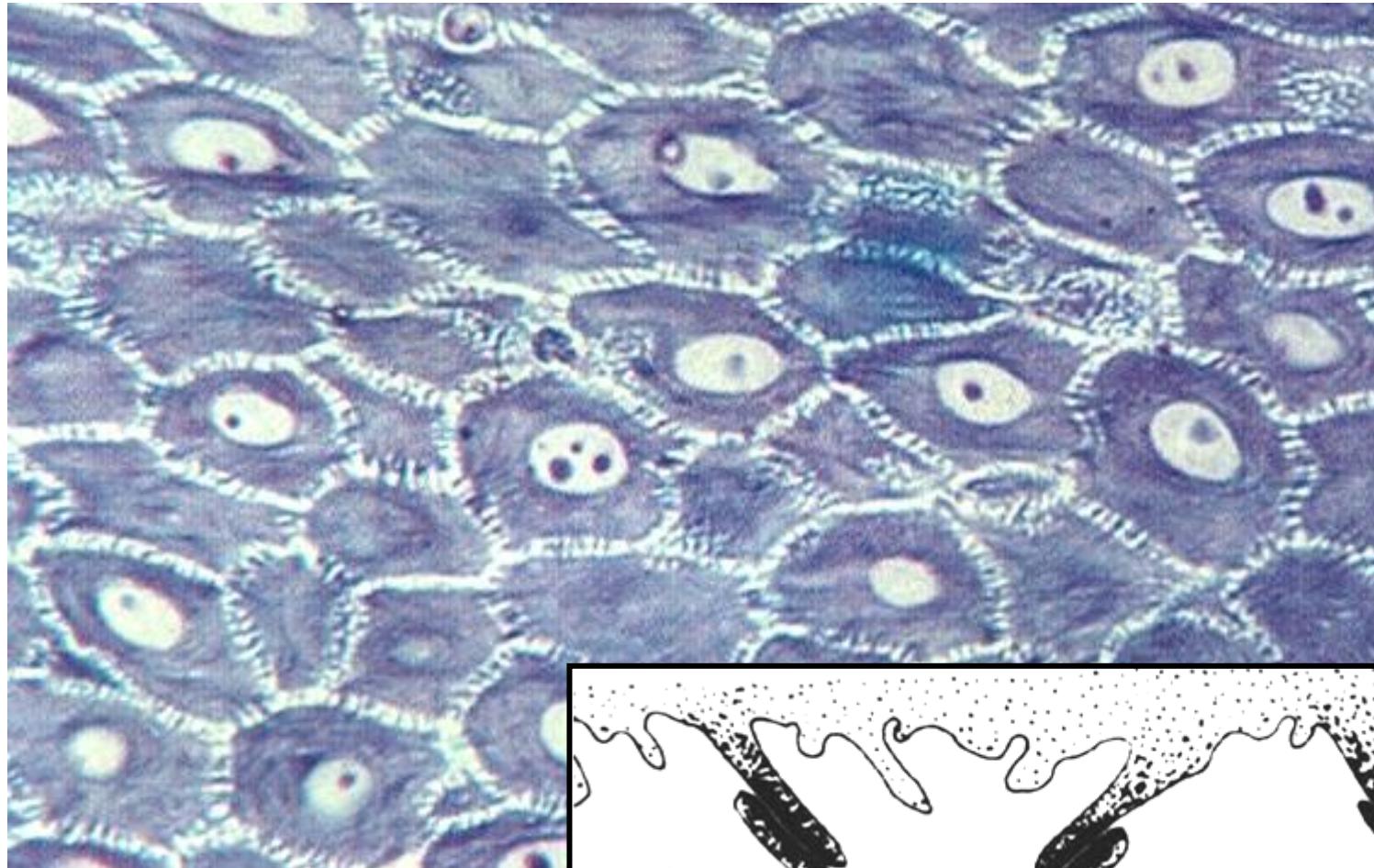
## Hemidesmosomy



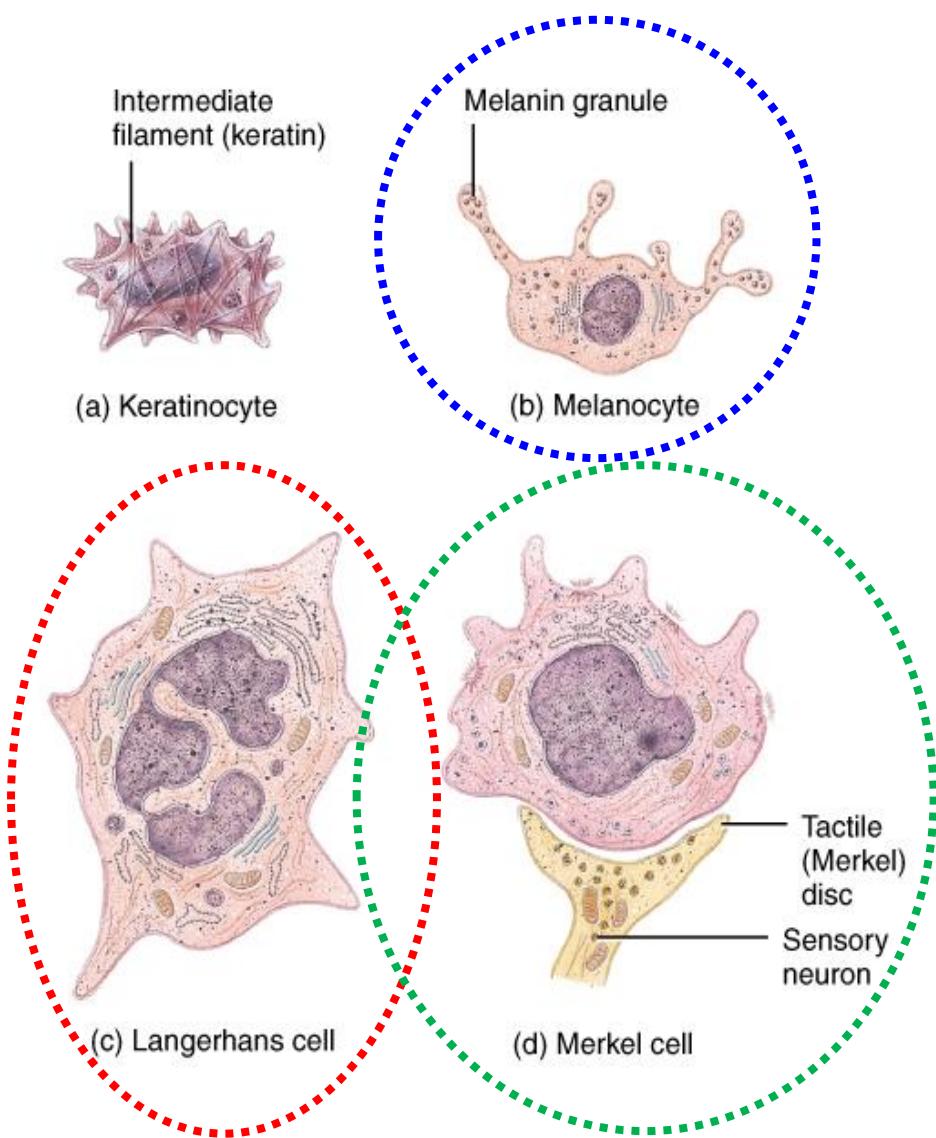
# Epidermis - Stratum spinosum - Desmosomy



## Epidermis - Stratum spinosum

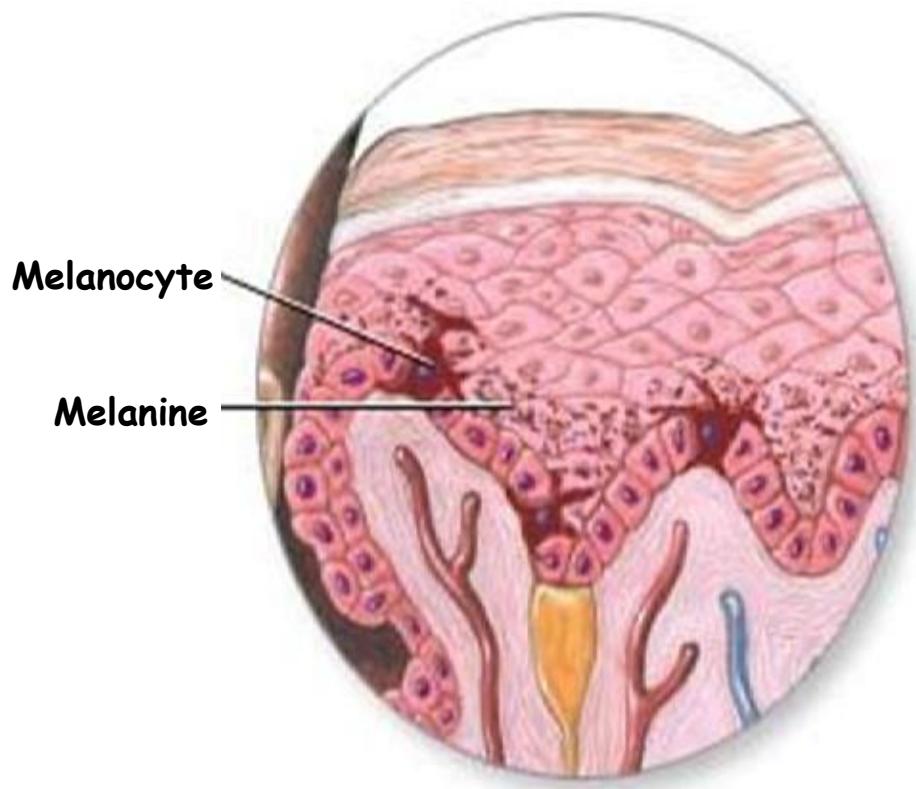


# Epidermis - Nekeratinizující buňky

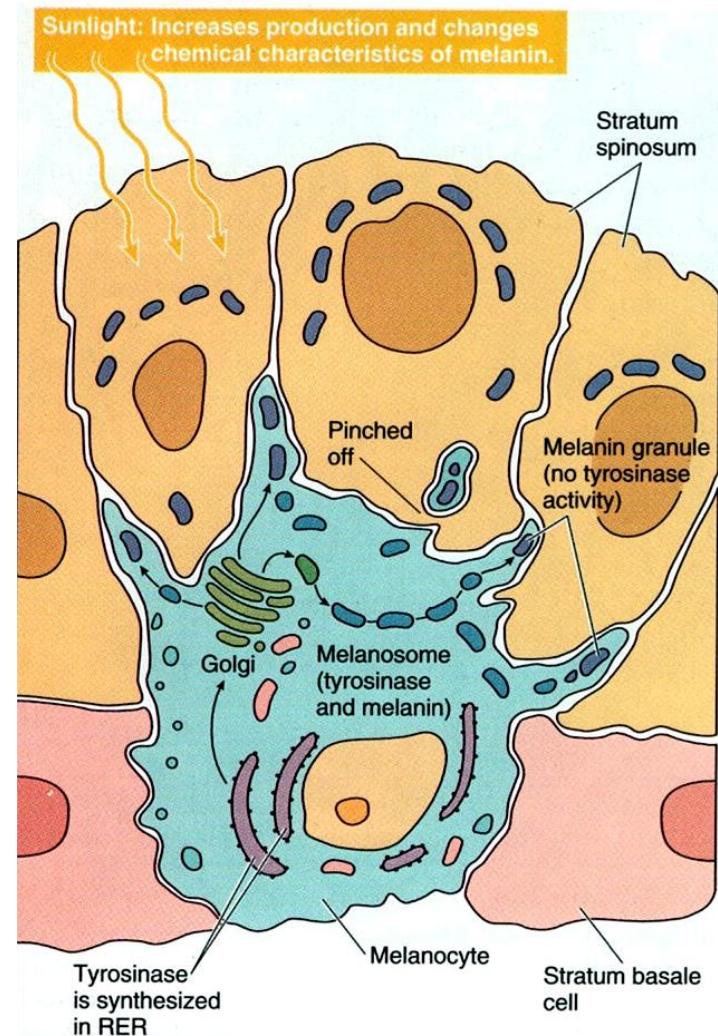


- **Keratinocyty** - 90%
  - produce keratin
- **Melanocyty** - 8 %
  - produces melanin pigment
  - melanin transferred to other cells with long cell processes
- **Langerhansovy buňky**
  - from bone marrow
  - provide immunity
- **Merkelovy buňky**
  - in deepest layer
  - form touch receptor with sensory neuron

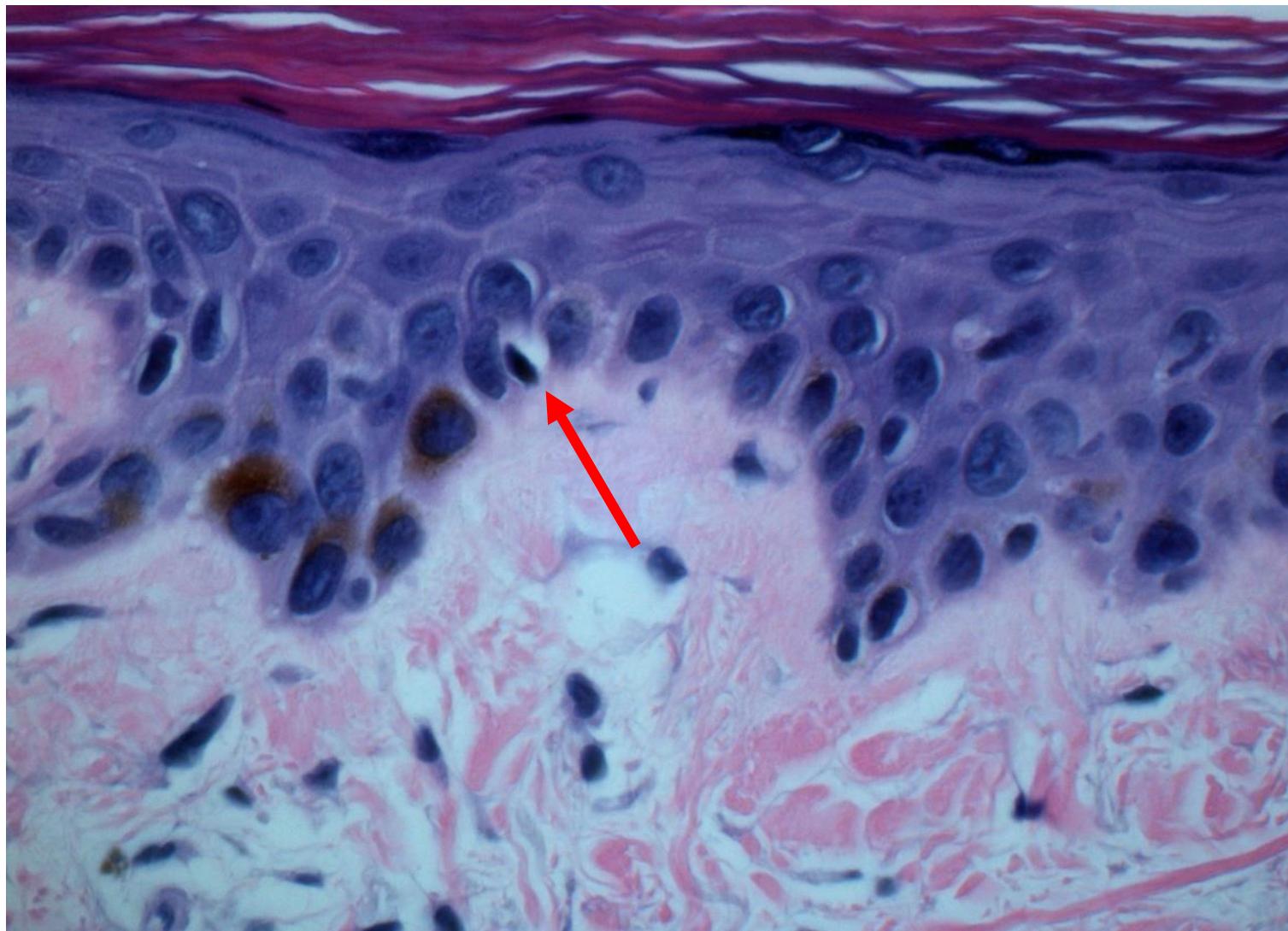
# Epidermis - Melanocyty 1



**Melanocytes:** clearish cells in basal layer with dark nuclei ; ratio of 1 : 40 - epidermo-melaninová jednotka



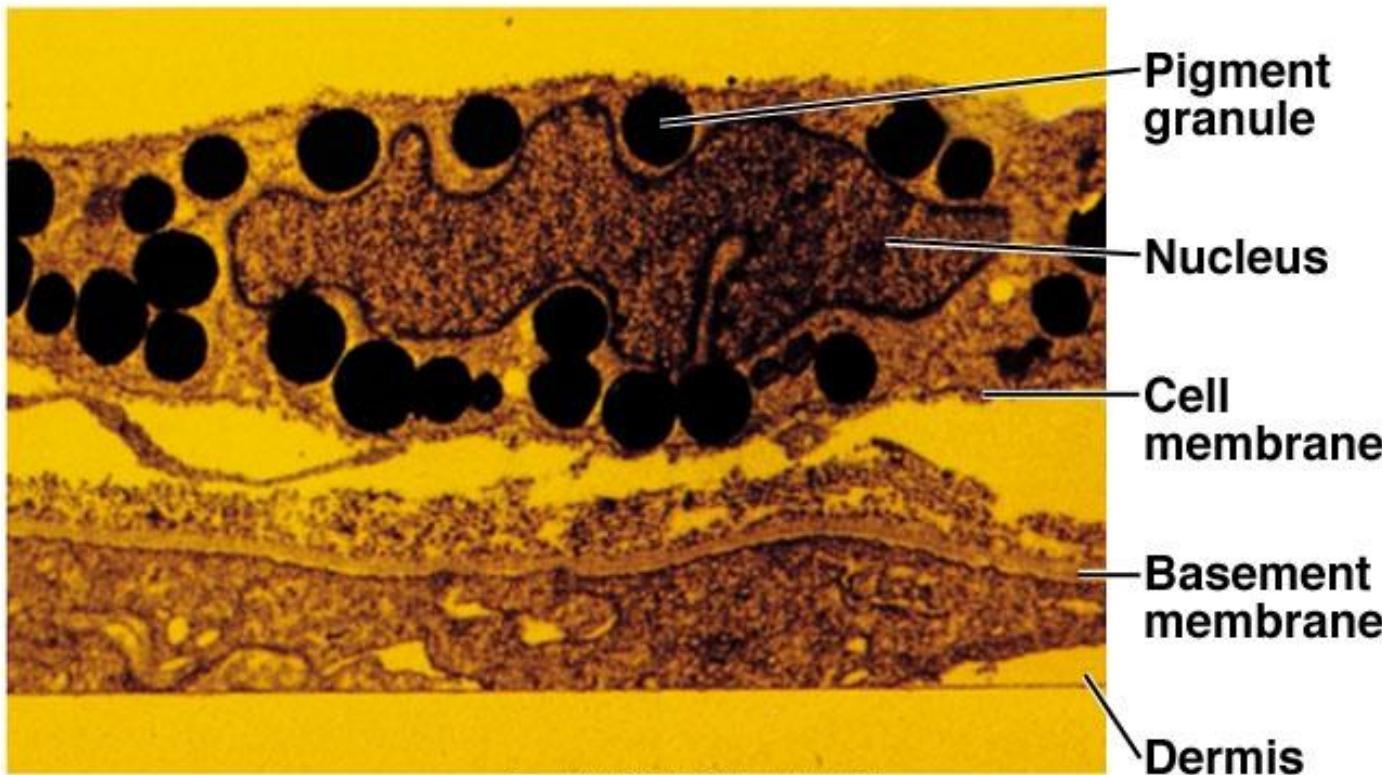
## Epidermis - Melanocyty 2



# Epidermis - Melanocyte 3

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## Melanocyte with Pigment Granules



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## Epidermis - Melanocyte 4 - Pigmenty

Three pigments contribute to skin color

**Melanin** - yellow to reddish-brown to black pigment, responsible for dark skin colors

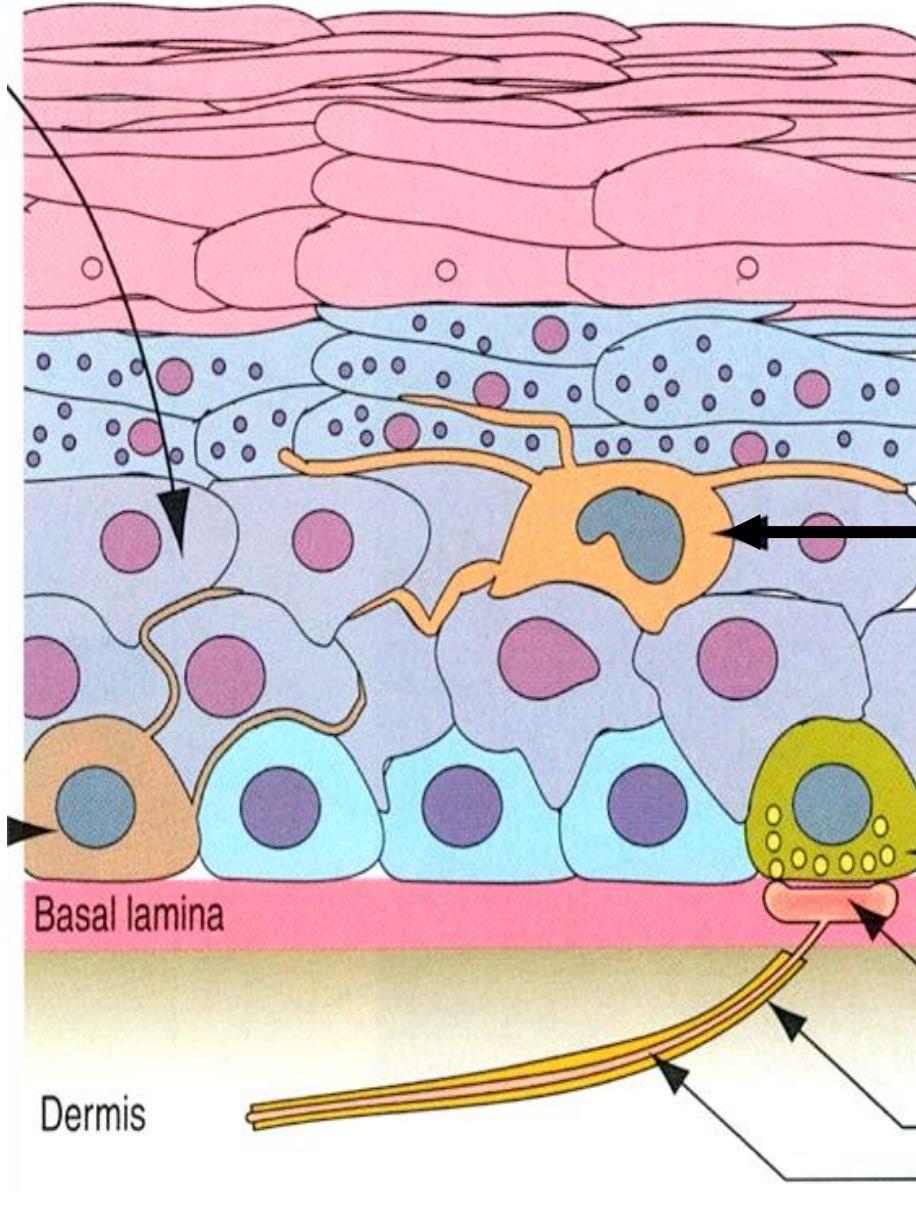
(Freckles and pigmented moles - result from local accumulations of melanin)

**Carotene** - yellow to orange pigment, most obvious in the palms and soles of the feet

**Hemoglobin** - reddish pigment responsible for the pinkish hue of the skin

Do some people have more melanocytes than other people?  
NO !!!!

# Epidermis - Langerhansovy + Merkelovy buňky



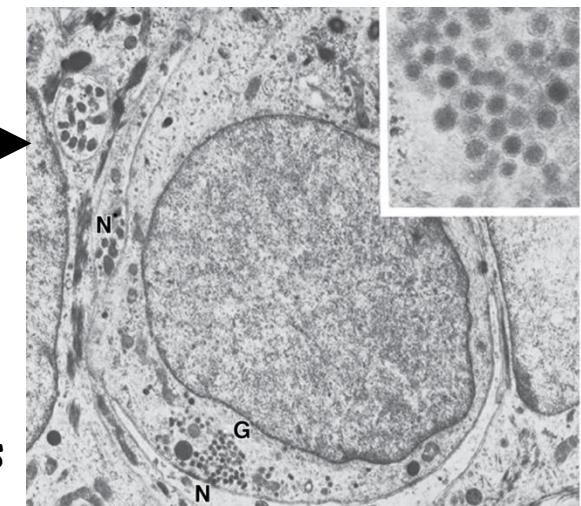
Migrate to lymph nodes

## Langerhans cell

immunological reaction that effects the skin  
and may serve defense mechanism for the body

## Merkel cell

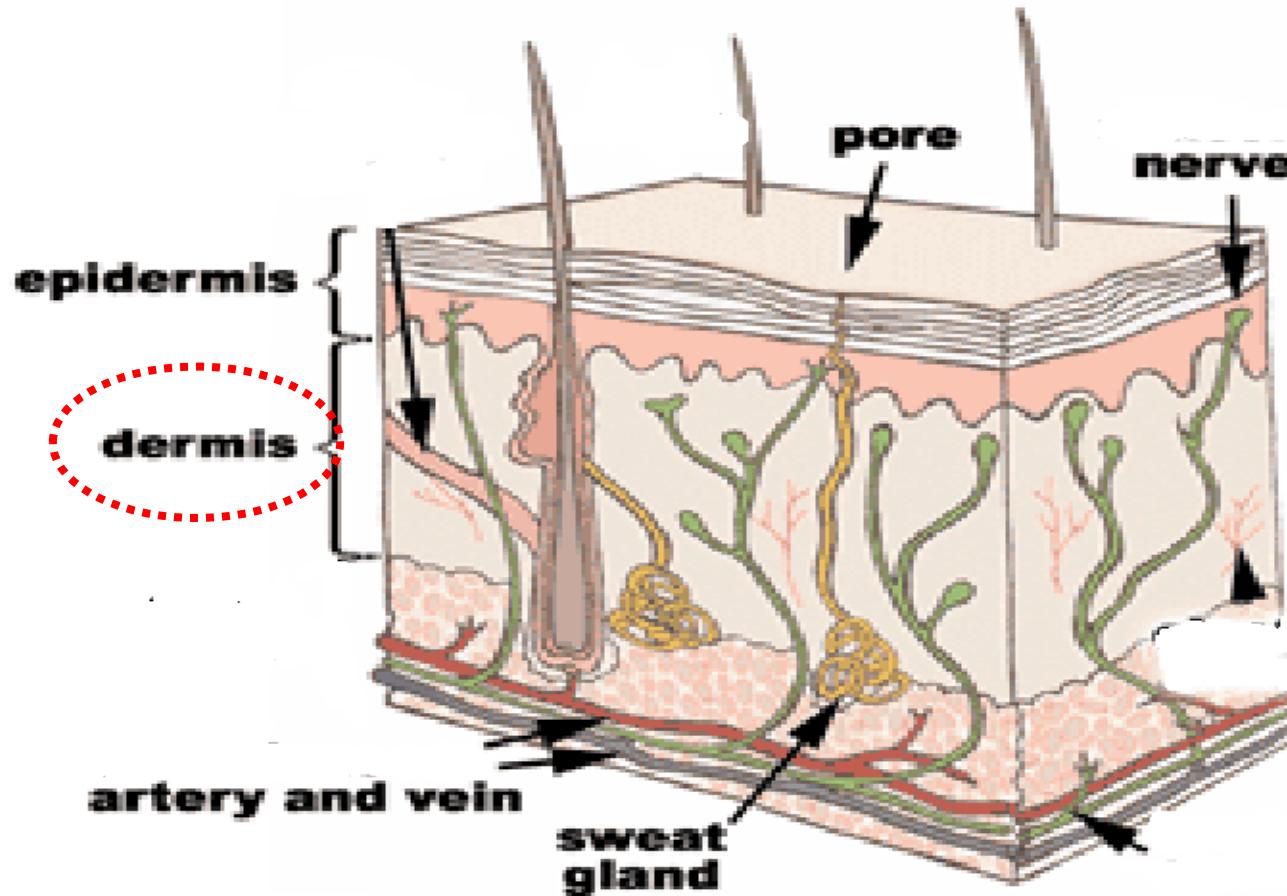
combines with  
disclike sensory  
nerve endings  
to make Merkel's  
discs



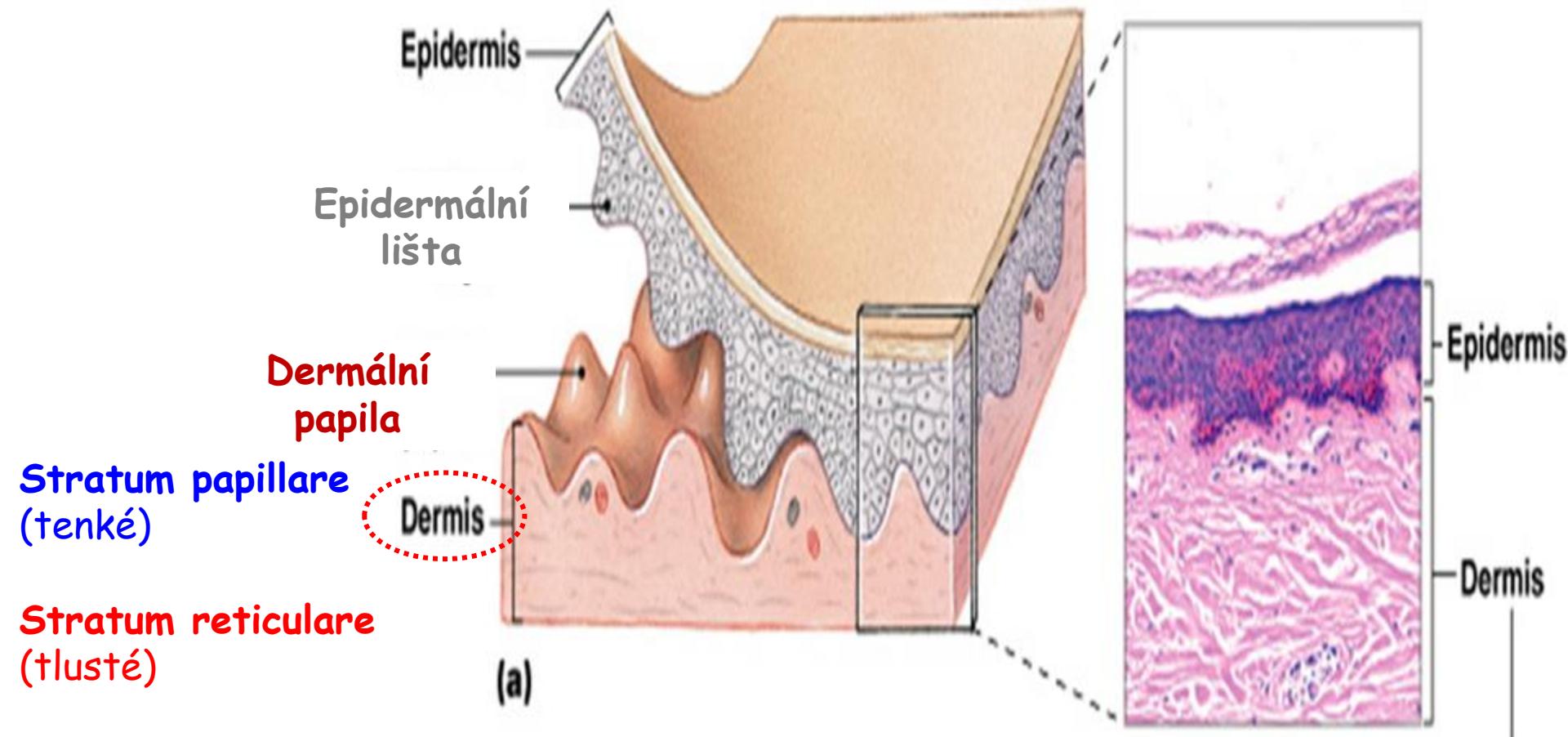
# Dermis (škára) 1

Everything below the dermal-epidermal junction / basement membrane

Connective tissue layer with contains blood vessels, nerves, sensory receptors, adnexal structures

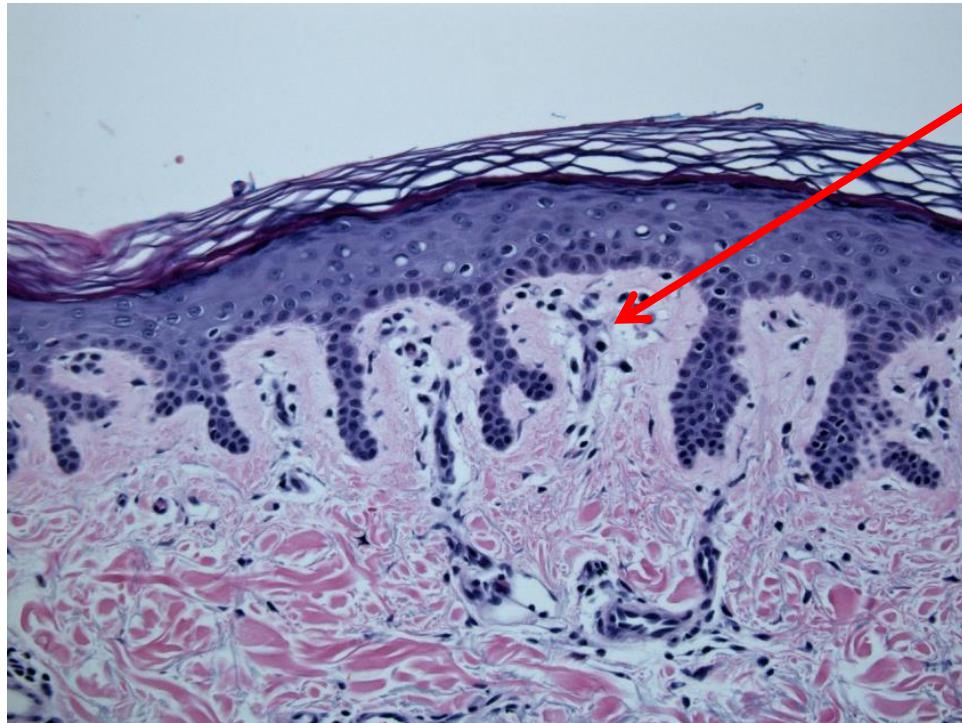


## Dermis 2



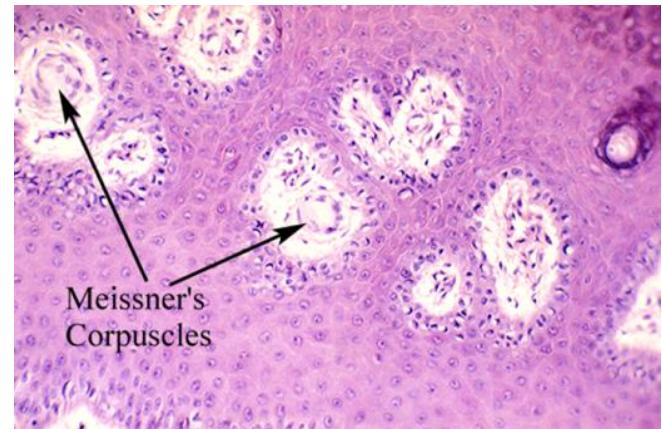
= až 4 mm na dlaních a ploských nohy

# Stratum papillare 1



Capillaries

Str. papillare

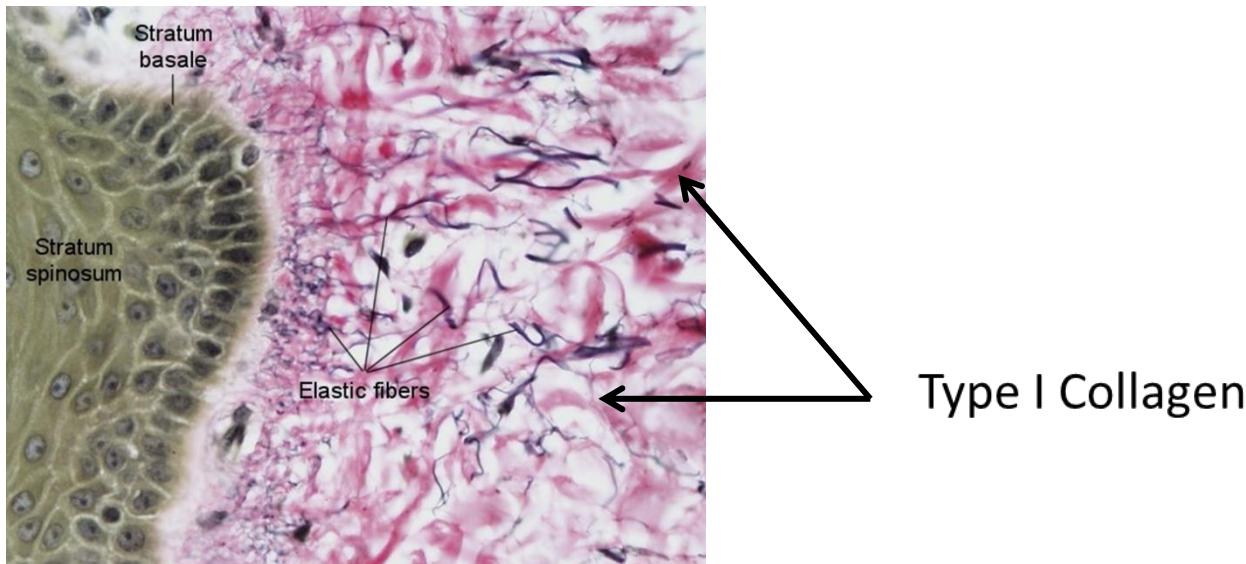


- **Řídke vazivo & elastická vlákna**
- **dermal papillae** which project into epidermis
- anchors epidermis to dermis
- contains **Meissnerova hmatová tělíska** (tlak) & **volná nervová zakončení** (bolest & teplota)

## Stratum papillare 2

Two major types of fibers:

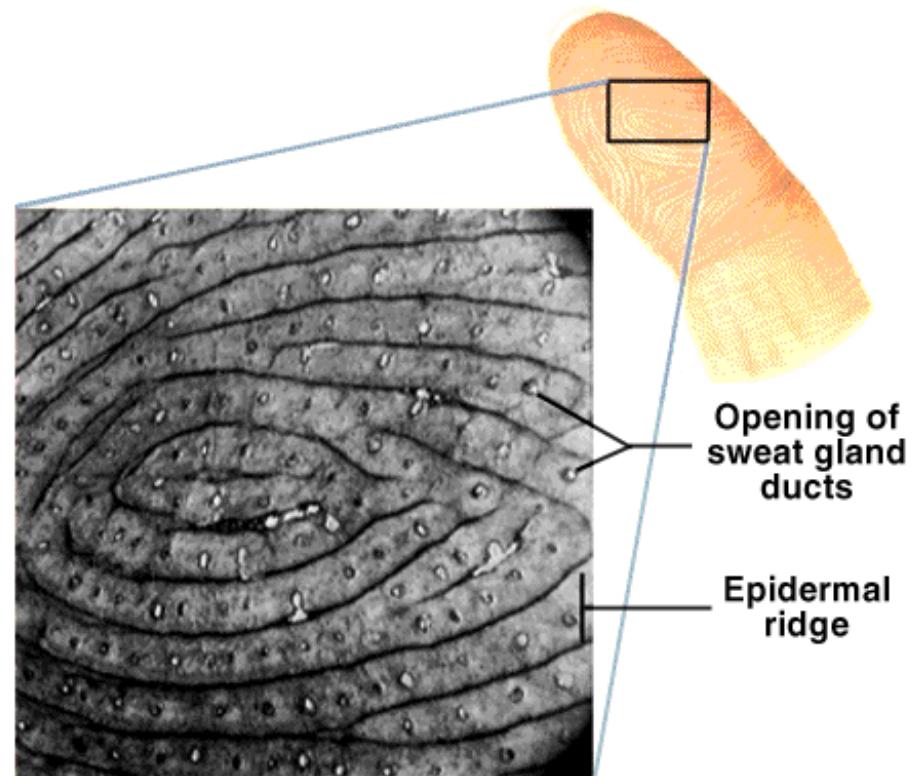
- Type I Collagen
- Elastic fibers: three types based on microfiber and elastin content



## Stratum papillare 3

### Epidermalní lišty (dlaně + plosky)

- reflect contours of the underlying dermal papillae
- form the basis for **otisky prstů** (and footprints)
- increase firmness of grip by increasing friction
- Daktyloskopie** - the study of the pattern of epidermal ridges

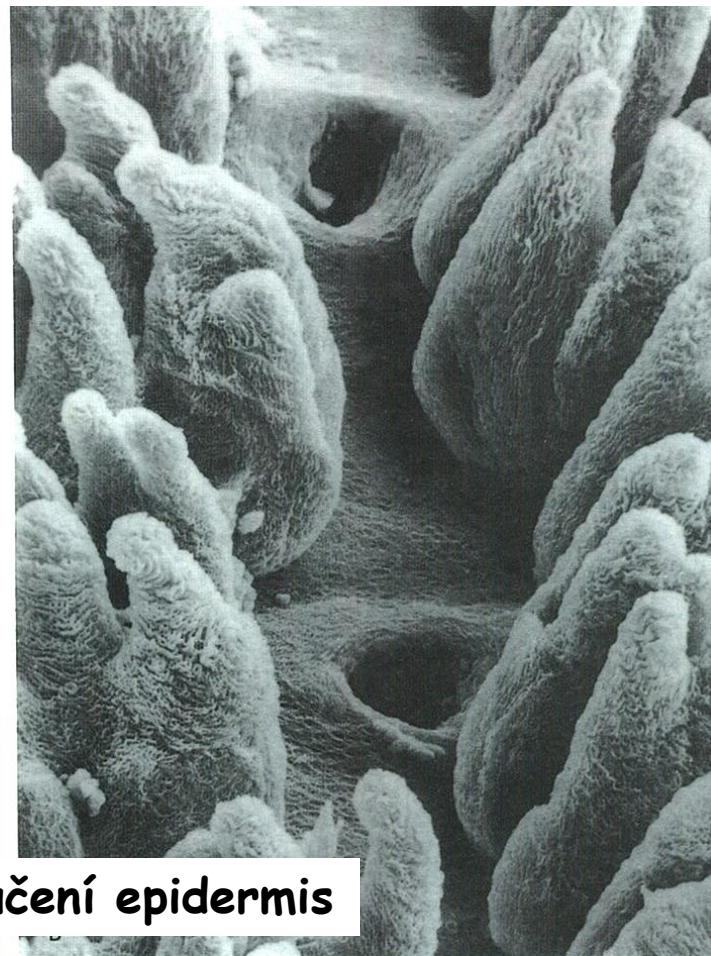
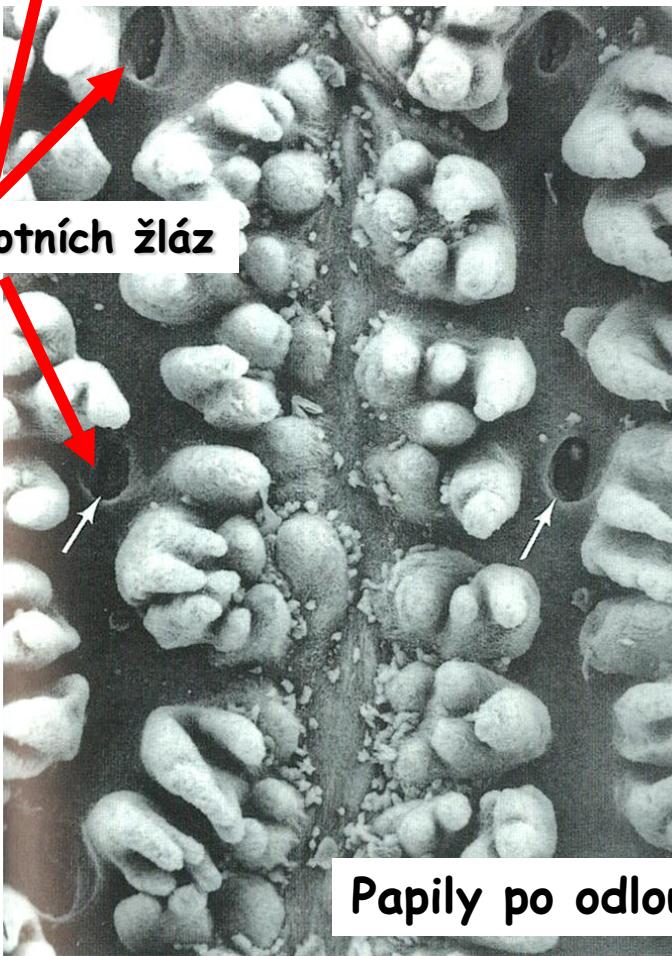


## Stratum papillare 4



Dermální papily

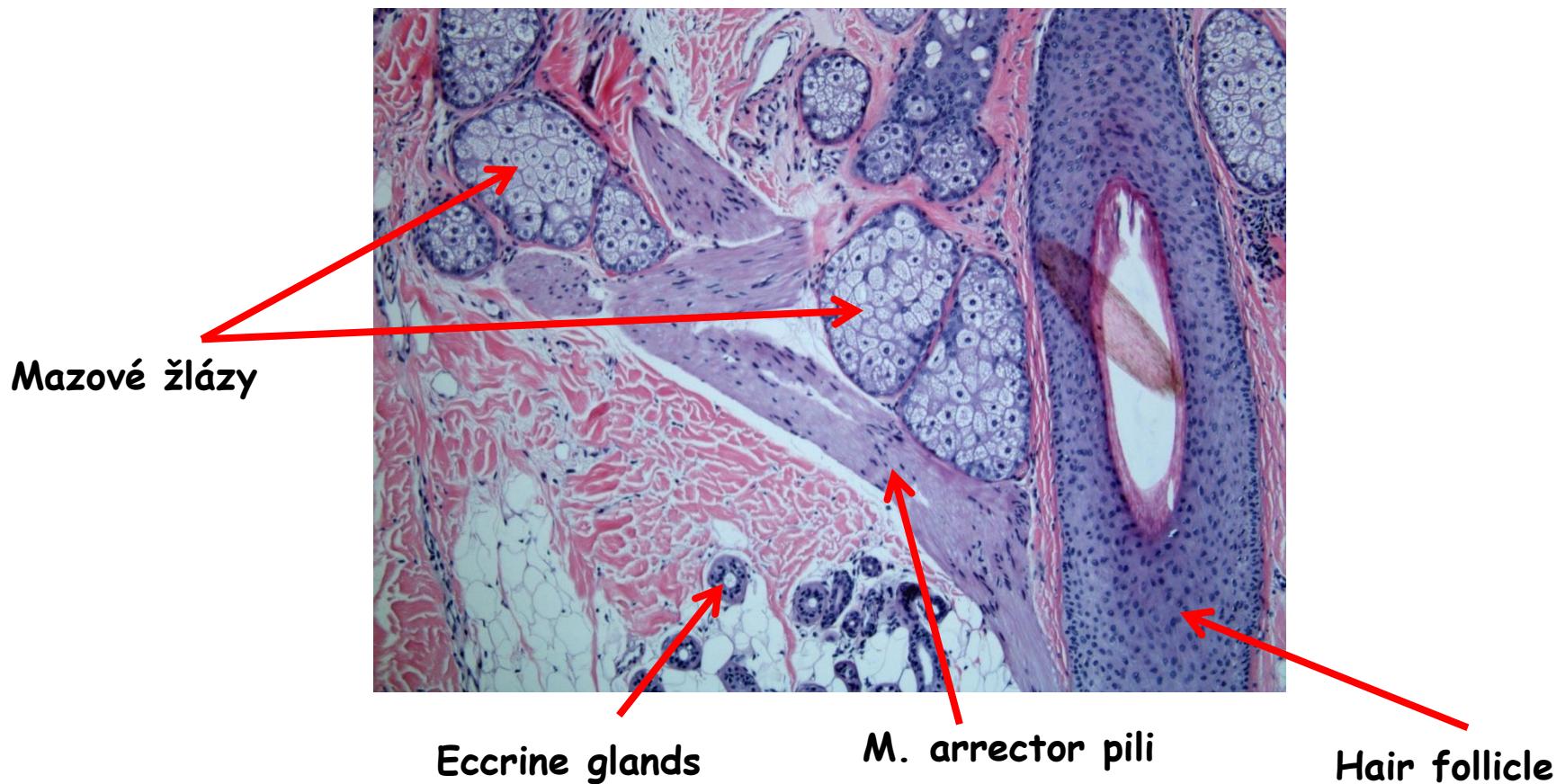
Vyústění potních žláz



Papily po odloučení epidermis

## Stratum reticulare + Kožní adnexa

- Husté nepravidelně organizované vazivo
- Mazové žlázy
- Vlasové folikuly
- Ducts of sweat (sudoriferous) glands
- Linie štěpnosti
- Meissner's corpuscles and Pacinian corpuscles (on lips, ext. genitalia, nipples)



## Kožní žlázy

Potní	Ekkrinní	Tubulózní
	Apokrinní (ekkrinní)	Tubulózní až tubuloalveolární
Mazové	Holokrinní	Větvené acinózní (alveolární)

# Kožní žlázy - Ekkrinní potní žlázy

(glandulae sudoriferae eccrinae)

- **Sekreční oddíl:**

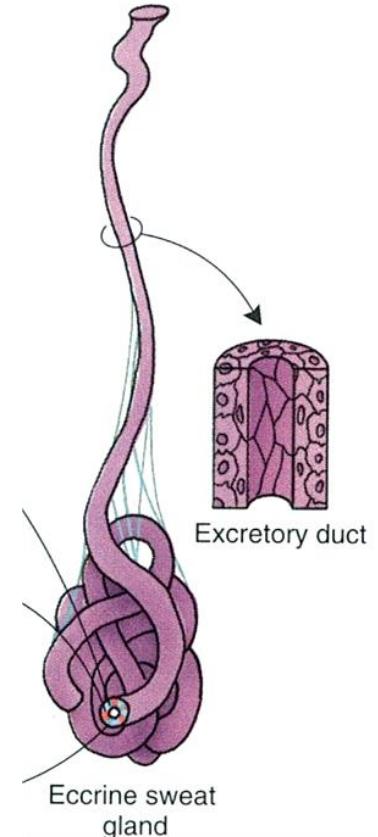
Jednovrstvý cylindrický epitel + myoepitelové buňky

- **Vývodní oddíl:**

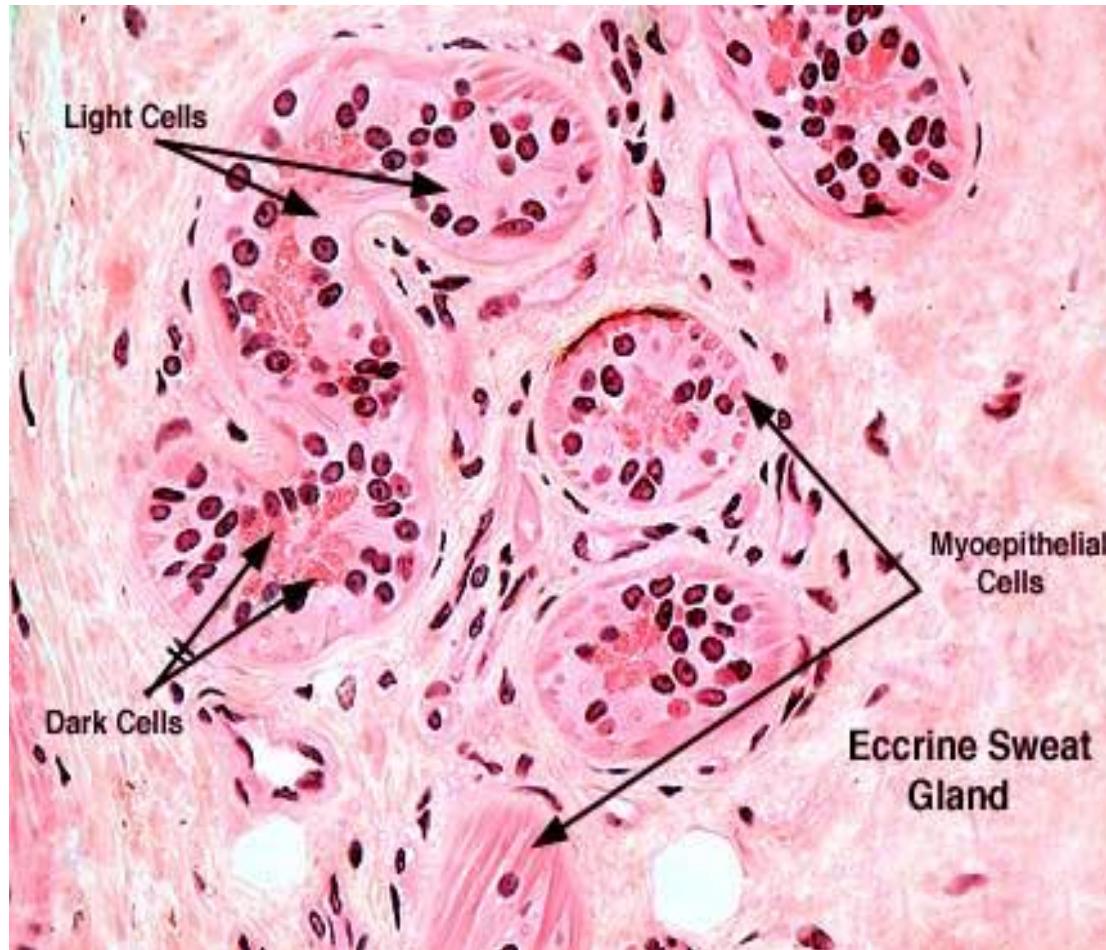
Dvouvrstvý kubický epitel

Release to adjust body temperature

Not on: red lips, glans penis, preputium, labia minora



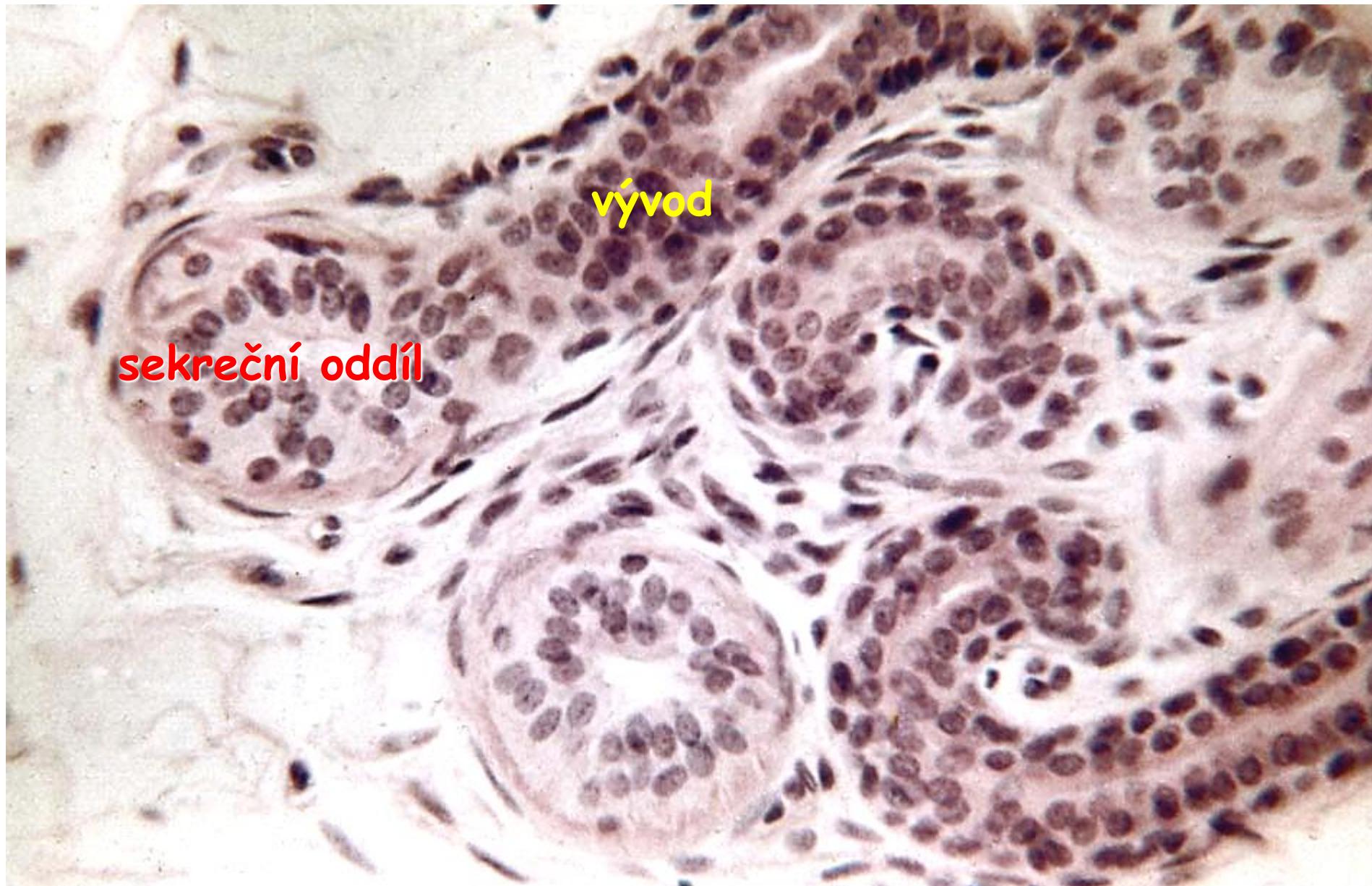
# Ekkrinní potní žlázy



## Three cell types

- **Dark cells:** pyramid shaped with secretory granules line lumen of tubule
- **Clear cells:** located toward basement membrane - **secrete water and ions**
- **Myoepithelial cells:** spindle shaped contractile cells

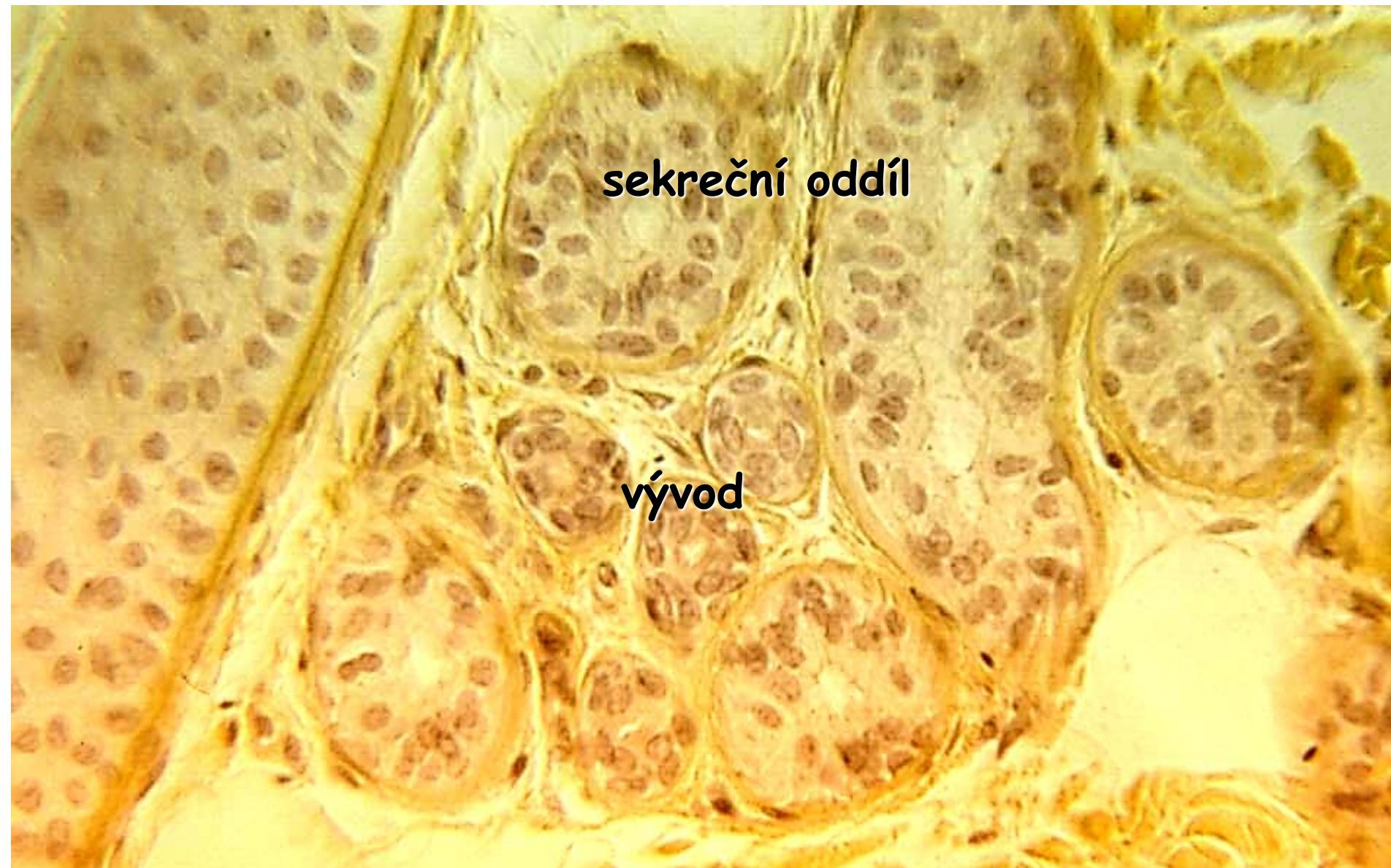
## Ekkrinní potní žlázy



## Ekkrinní potní žlázy

sekreční oddíl

vývod



# Kožní žlázy - Apokrinní potní žlázy

(glandulae sudoriferae apocrinae)

- Sekreční oddíl:**

Jednovrstvý dlaždicový až cylindrický epitel  
(v závislosti na obsahu produktu) + myoepitelové buňky

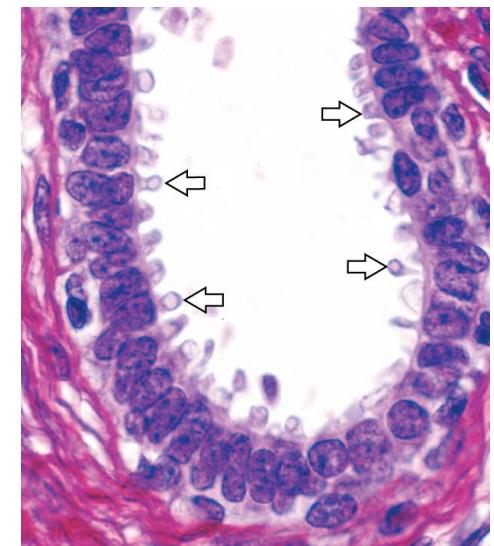
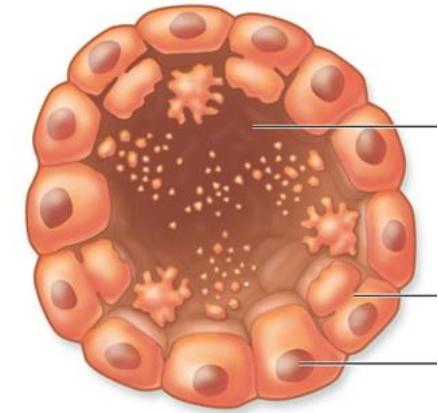
- Vývodní oddíl:**

Dvouvrstvý kubický epitel

Vždy asociovány s vlasovým folikulem !!!

Řízeny hormonálně (aromatické žlázy)

Pouze na: podpaždí, dvorec prsu, scrotum,  
labia maiora, perianální oblast, zevní  
zvukovod, eye lid (Mollovy žlázy)



## Apokrinní potní žlázy

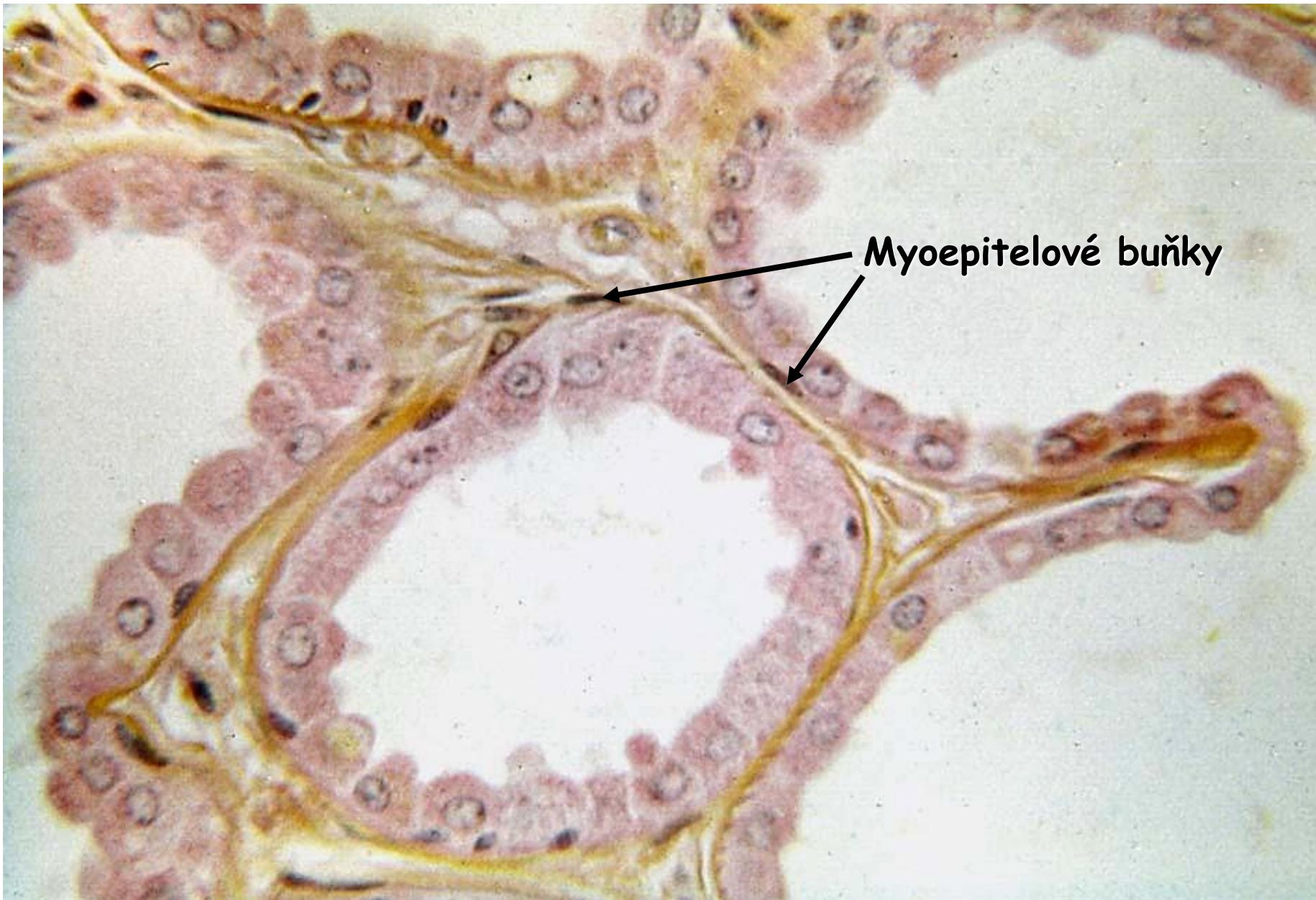
mazová žláza.

apokrinní potní žl.

ekkrinní potní žl.



## Apokrinní potní žlázy



# Kožní žlázy - Mazové žlázy

(glandulae sebaceae)

Jendoduché větvené acinózní žlázy  
Několik acinů ústí do jednoho vývodu.

- **Sekreční oddíl:**

Vícevrstvý epitel, postupně degeneruje

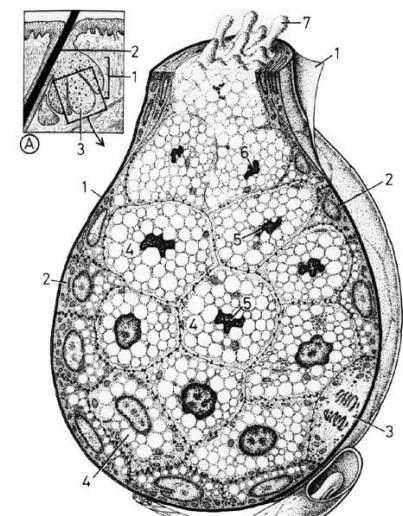
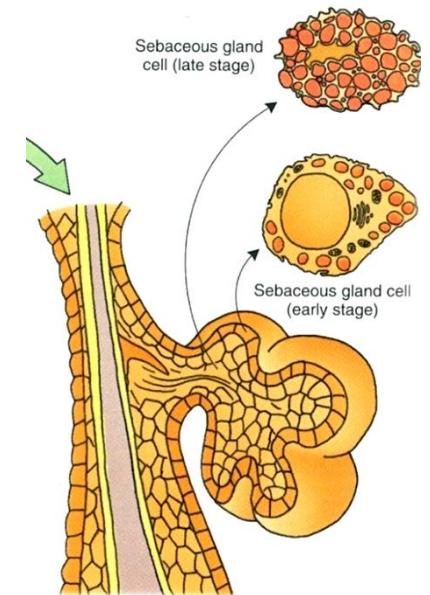
- **Vývodní oddíl:**

Vícevrstvý dlaždicový epitel

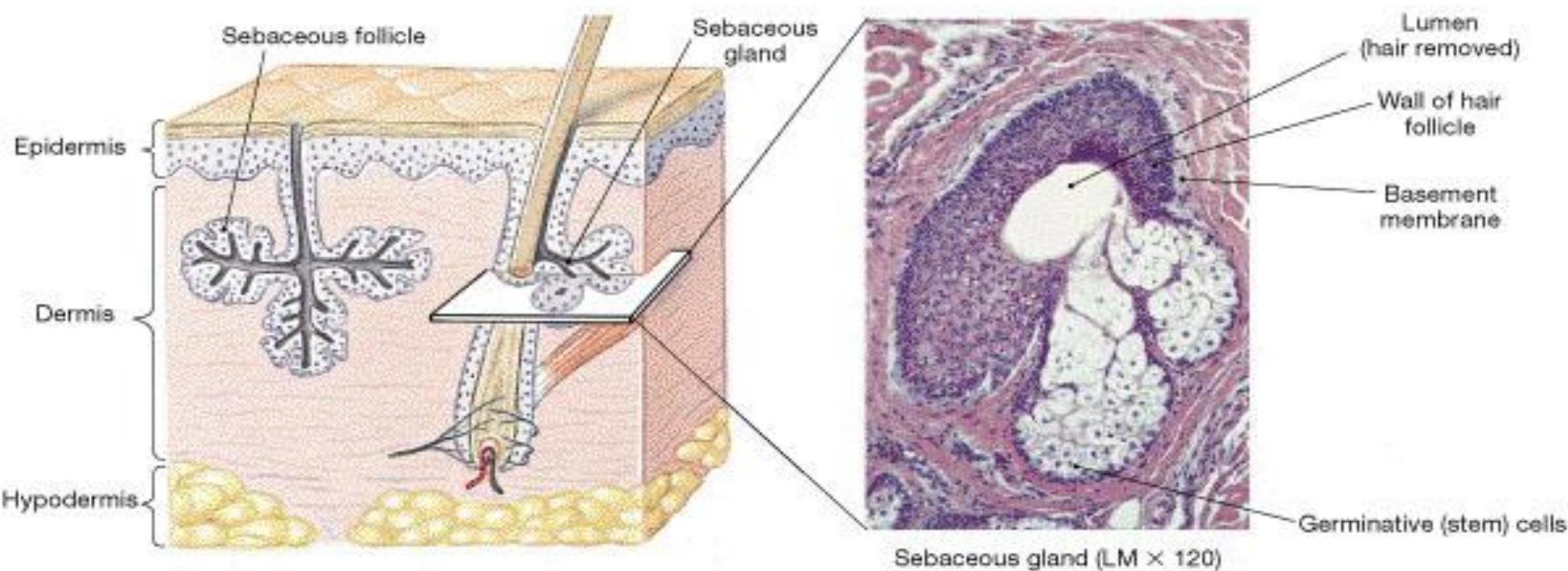
Obvykle asociovány s vlasovým folikulem

Volně: červeň rtů, glans penis, preputium, labia minora, oční víčko (*Meibomovy žlázy*)

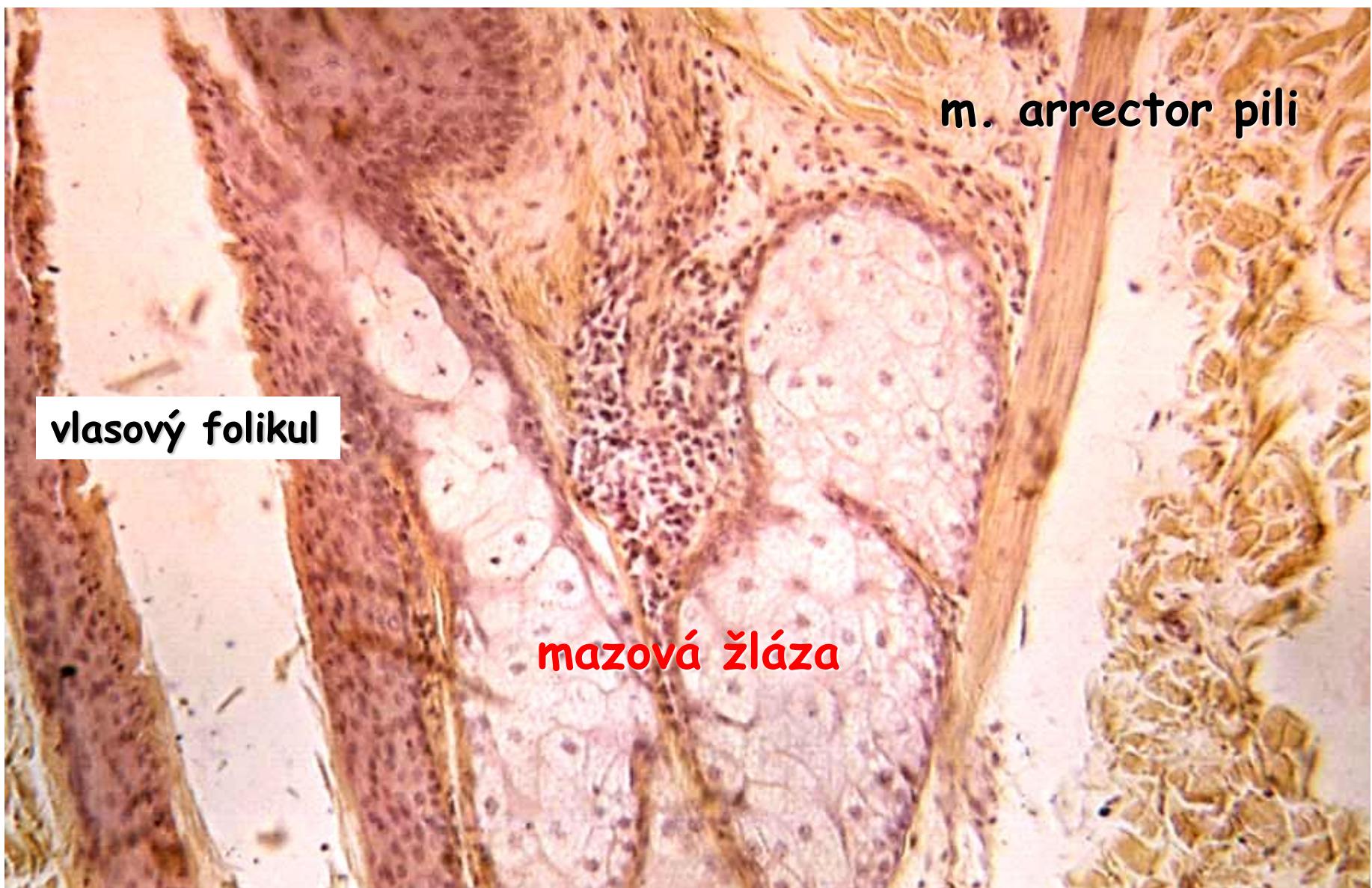
Nejsou na: dlaních a ploských nohy



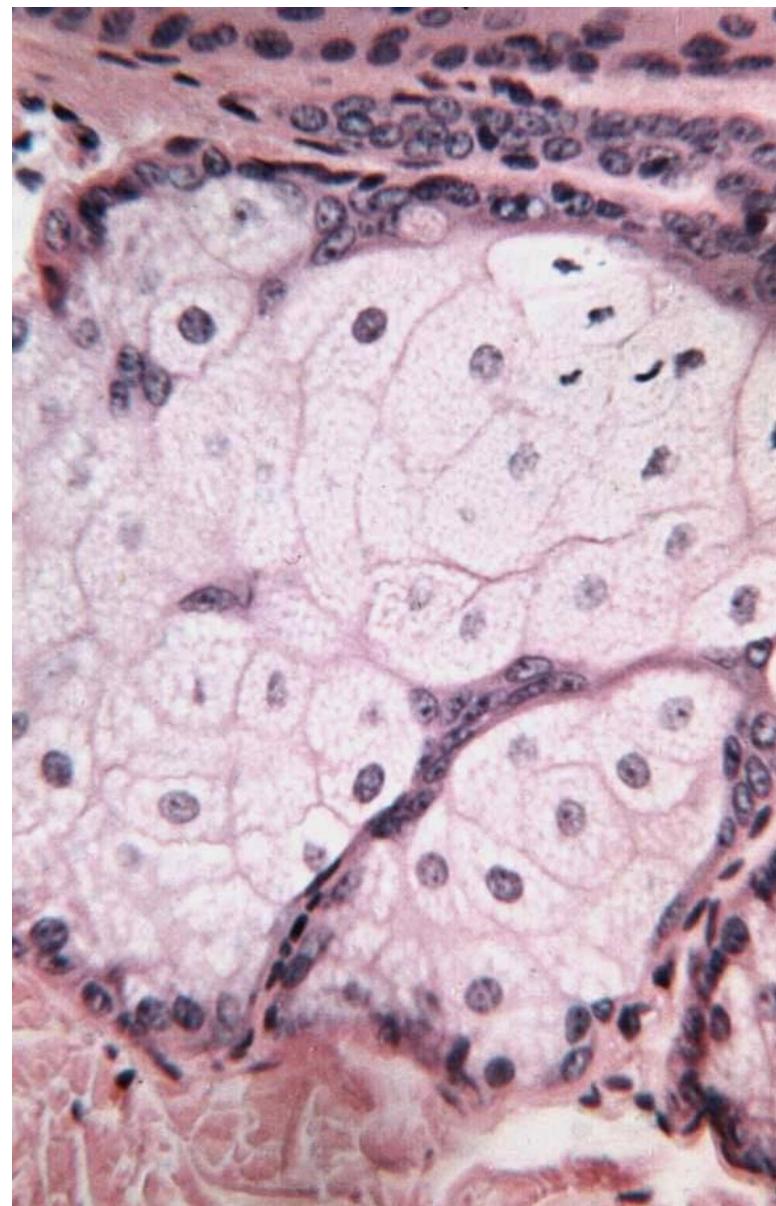
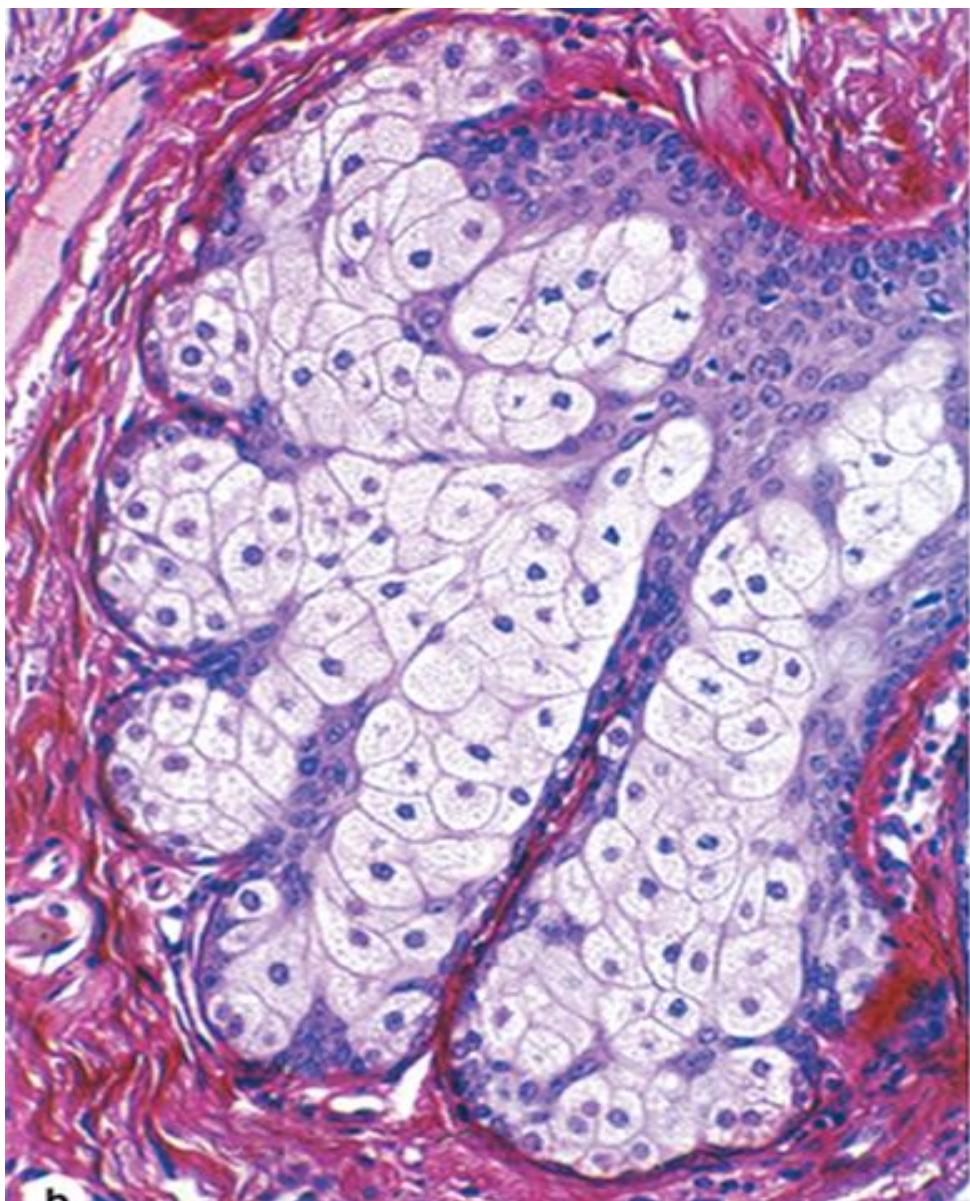
# Mazové žlázy



# Mazové žlázy



# Mazové žlázy



# Mléčná žláza

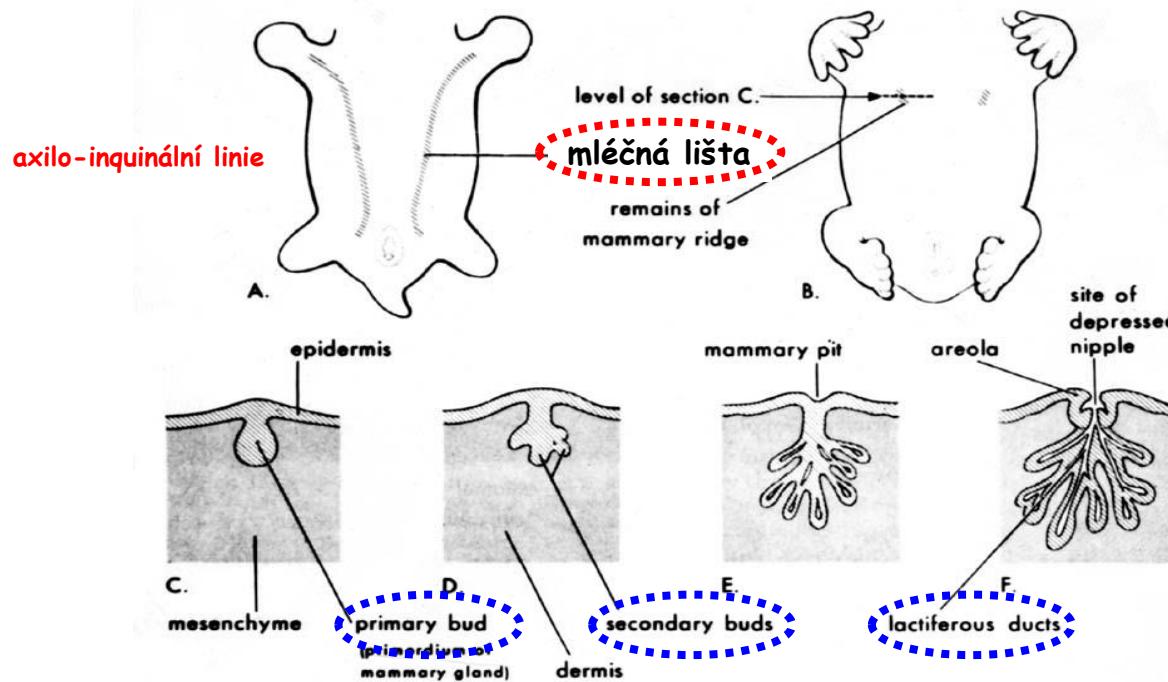
Modifikovaná a specializované tuboalveolární potní žláza.

## Parenchym

- Vývody
- Ektoderm povrchu těla  
(od šestého týdne)

## Stroma

- Pojivová tkáň
- Mezenchymový původ



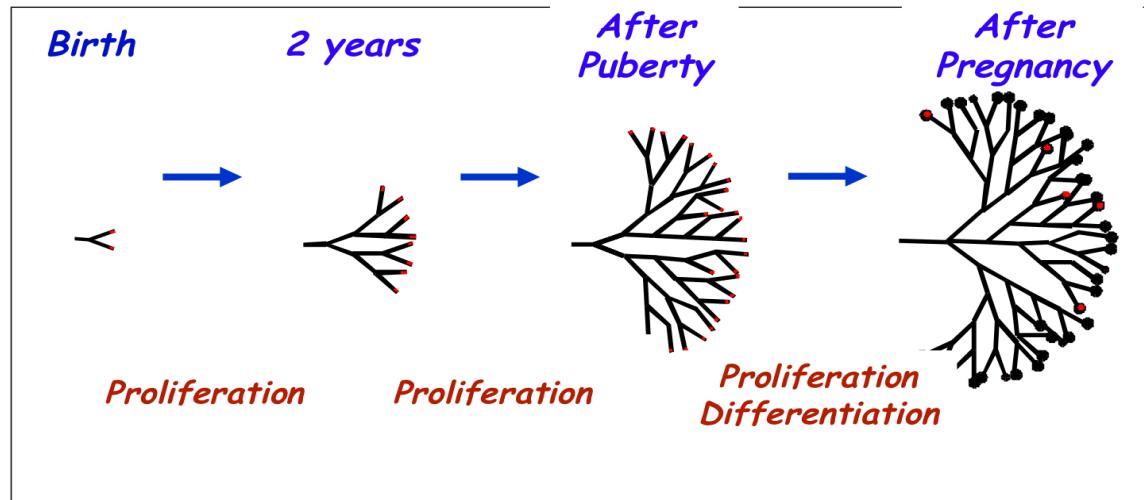
# Nadpočetné mléčné žlázy a bradavky

- An extra breast (**polymastia**) or nipple (**polythelia**) occurs in approximately 1% of the female population - inheritable.
- **Supernumerary nipples** are also relatively common in males.
- Less commonly, **supernumerary breasts or nipples** appear in the axillary or abdominal regions of females developing from extra mammary buds that develop along the mammary crests. They become more obvious in women when pregnancy occurs.



# Vývoj duktálního stromu mléčné žlázy

Odehrává se hlavně až po narození

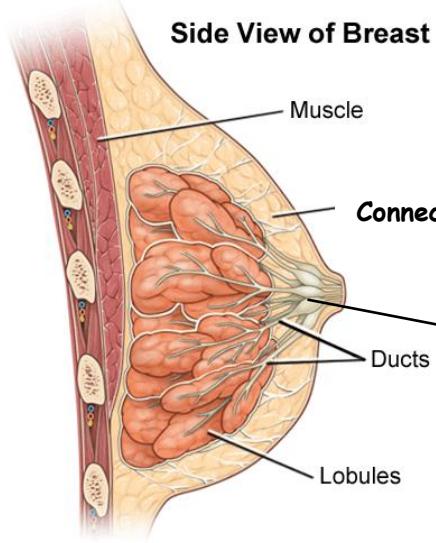


At **puberty** changes in the hormonal secretions in females cause further development and structural changes within the glands.

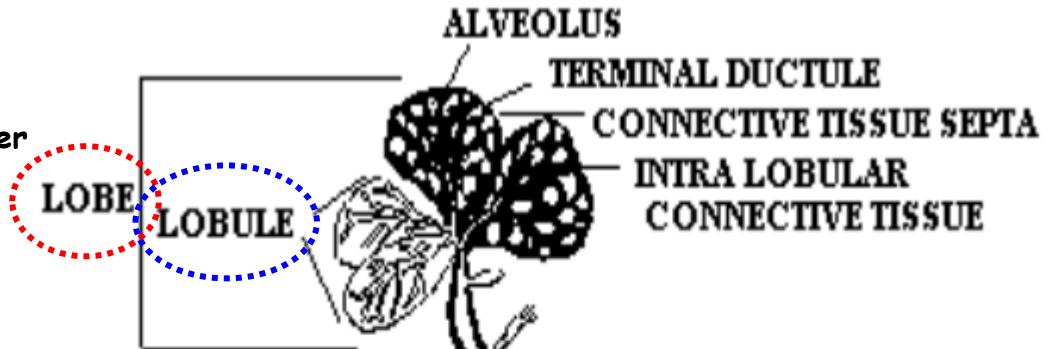
Secretions of **estrogen and progesterone** from the ovaries (and later from the placenta) and **prolactin** from the acidophils of the anterior pituitary gland initiate development of **lobules** and **terminal ductules**.

Full development of the ductal portion of the breast requires **glucocorticoids** and further activation by **somatotropin**.

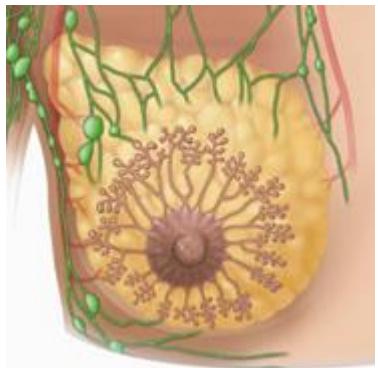
# Mléčná žláza - Anatomická organizace



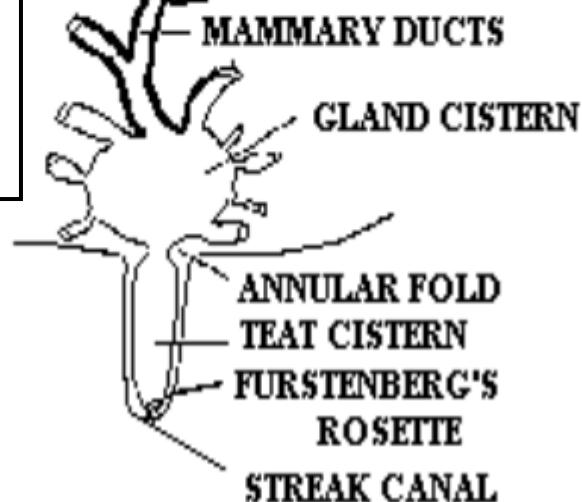
- Lalok = 1 žláza
- total of 15 to 20 lobes
  - 1 lalok - 1 hlavní vývod (ductus lactiferi - mlékovody)



Radial organization

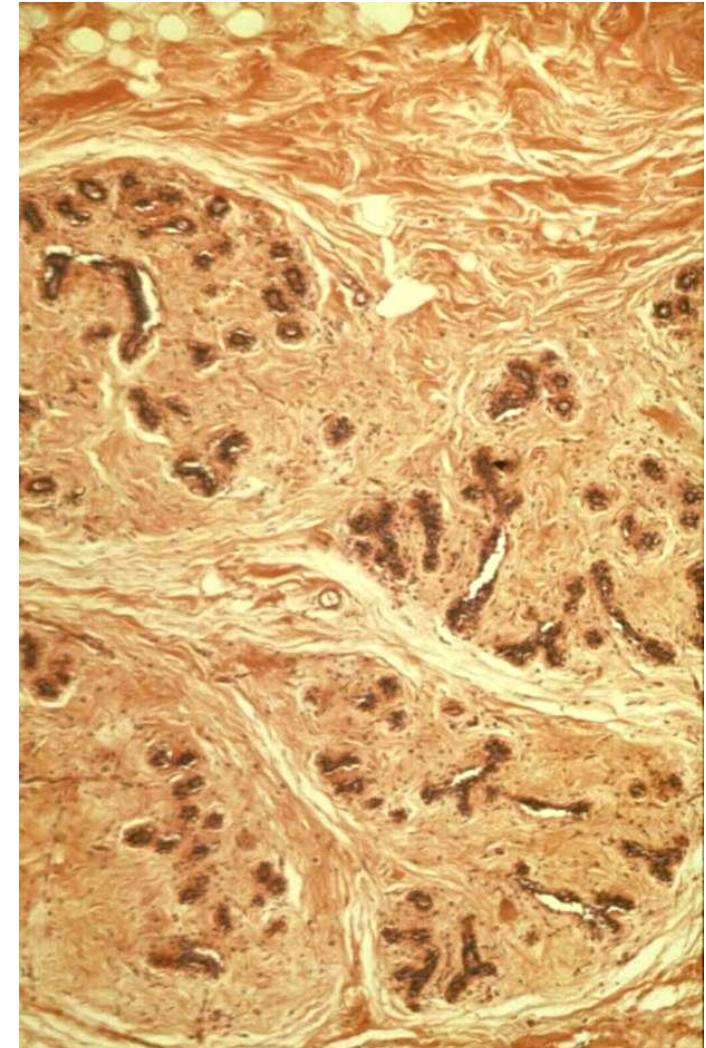


Lalůček  
+ 1 terminální kanálek  
=  
Terminální duktolobulární jednotka

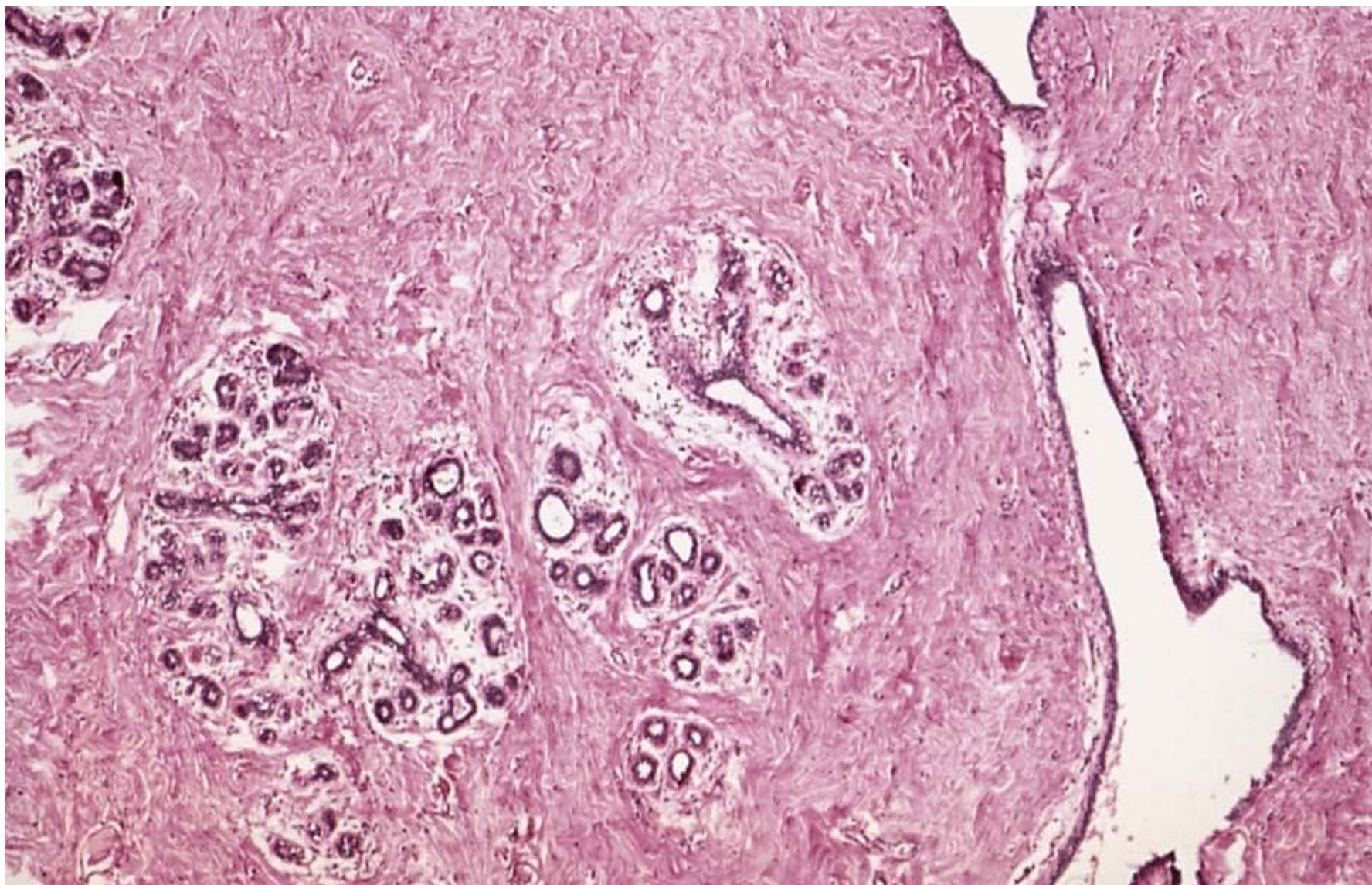


# Mléčná žláza - Po dosažení puberty - Nelaktující 1

- majority = connective tissue
- the same basic architecture as the lactating (active) mammary gland
- **Sekreční oddíly** - alveoli are not developed, only small groups of cells na koncích kanálků
- **Vývody** - branched + partly luminized

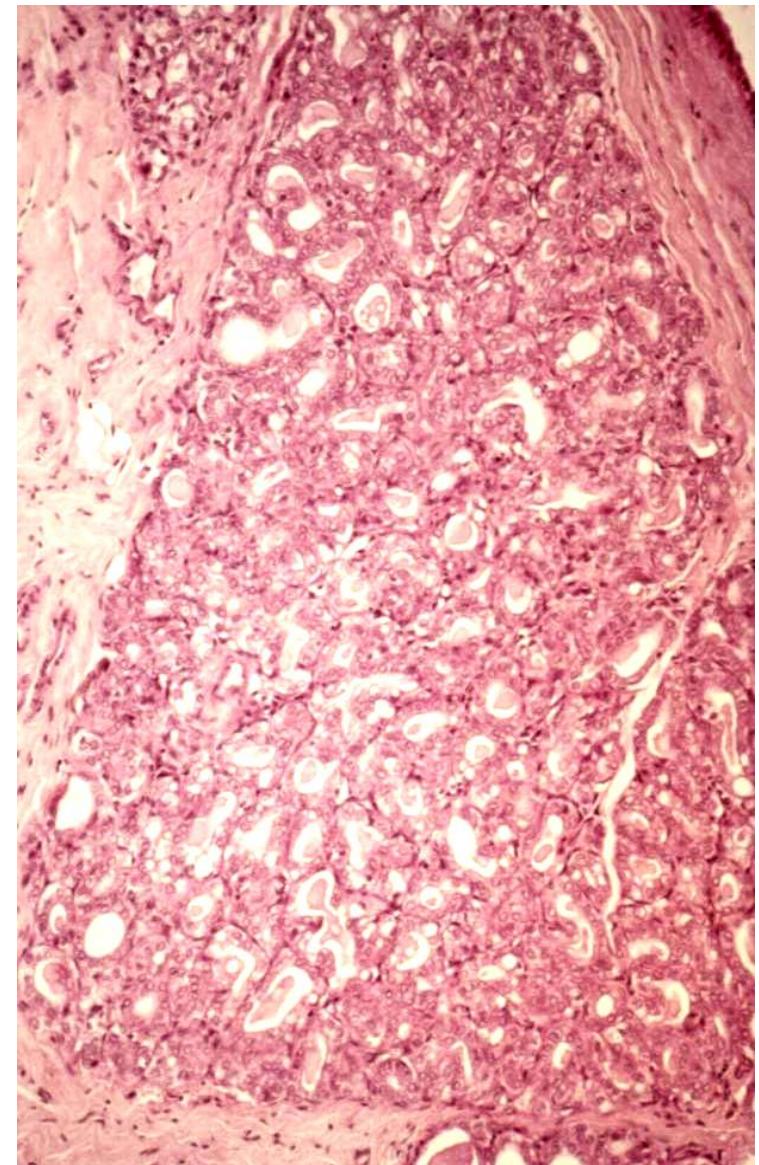
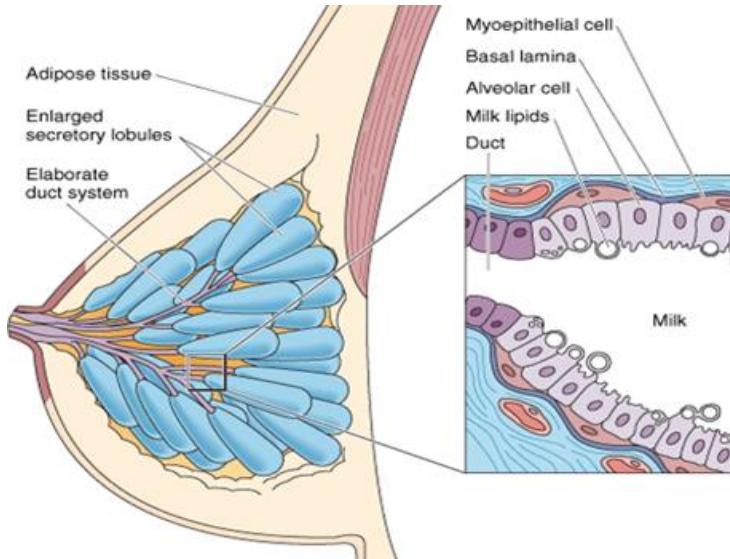


# Mléčná žláza - Po pubertě - Nelaktující 2



# Mléčná žláza - Laktující 1

- majority = glands
- **Vývodní oddíly:** proliferate, branch, luminize (estrogens)
- **Sekreční alveoly:** proliferation, luminization (progesterone, prolactin)
- connective tissue - only thin septa



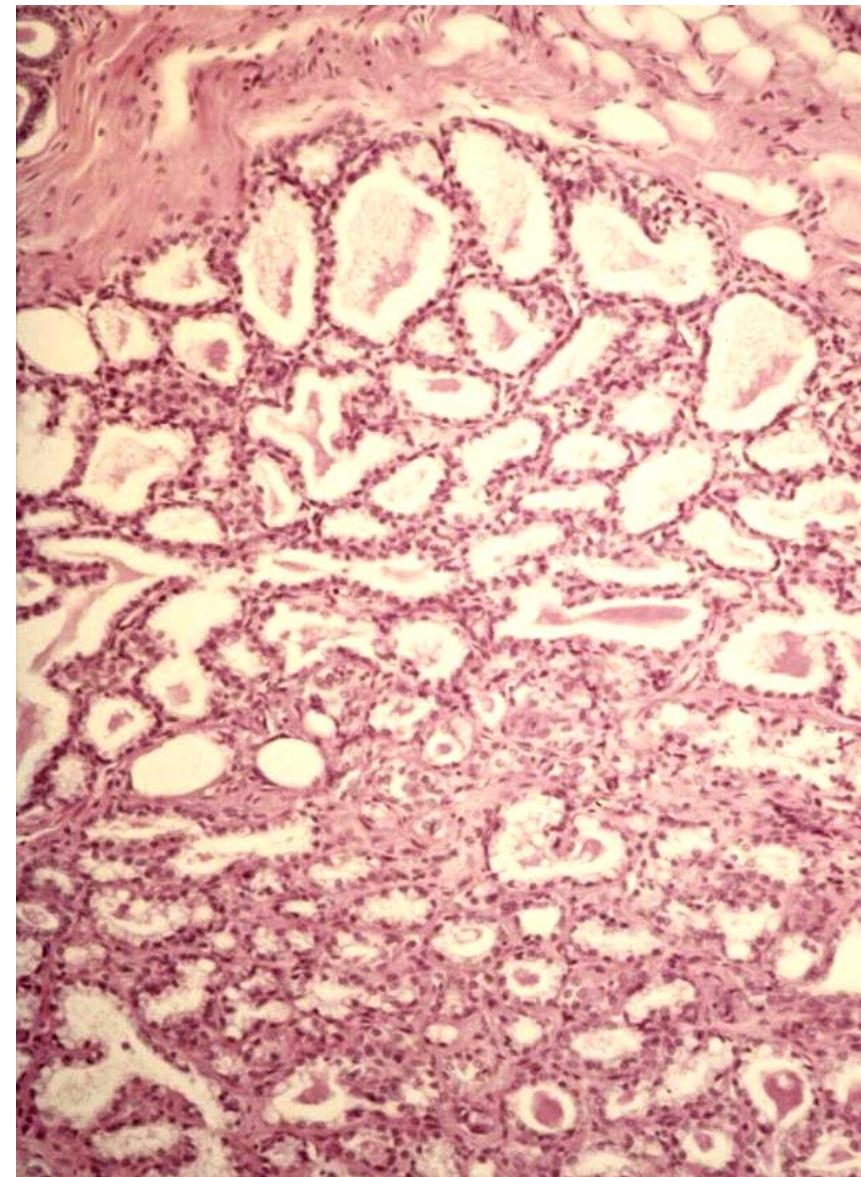
## Mléčná žláza - Laktující 2

- **Sekreční oddíly:** filled by secretion (lipid droplets = apocrine, proteins = eccrine - exocytosis)
- **Vývodní oddíly:**

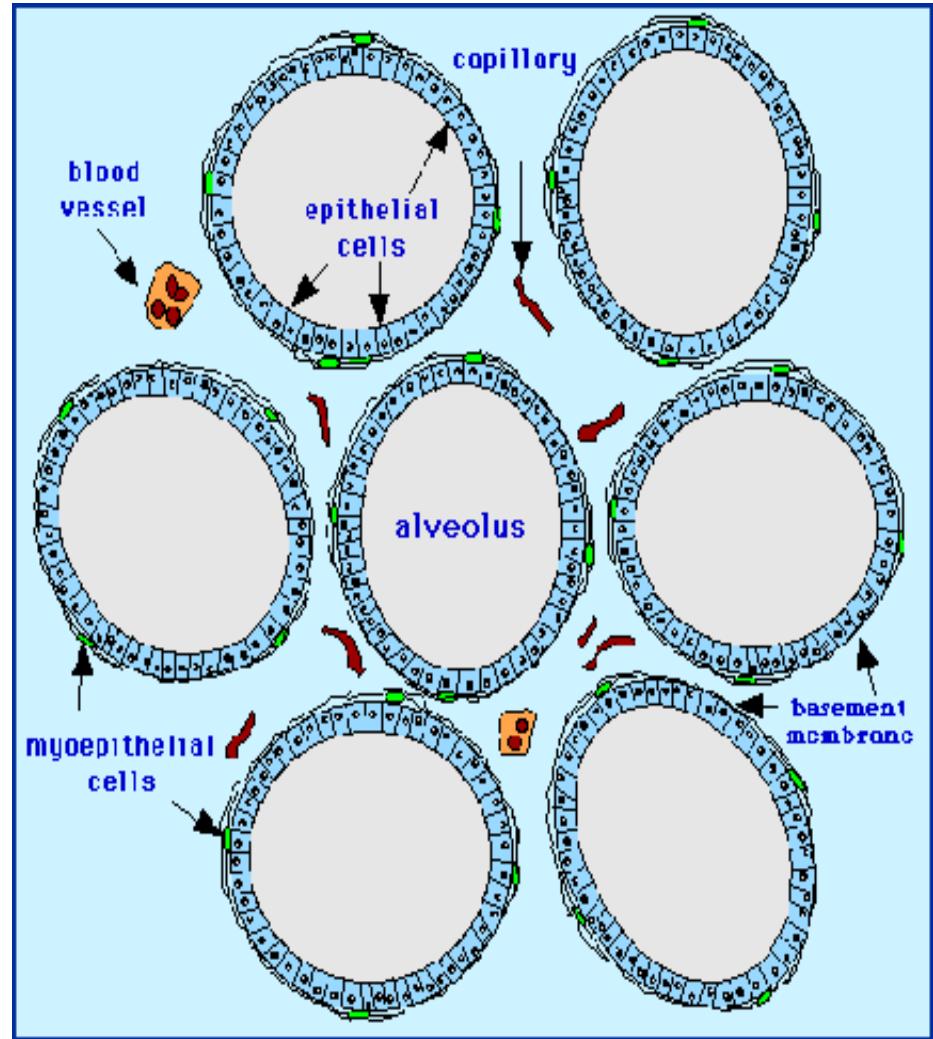
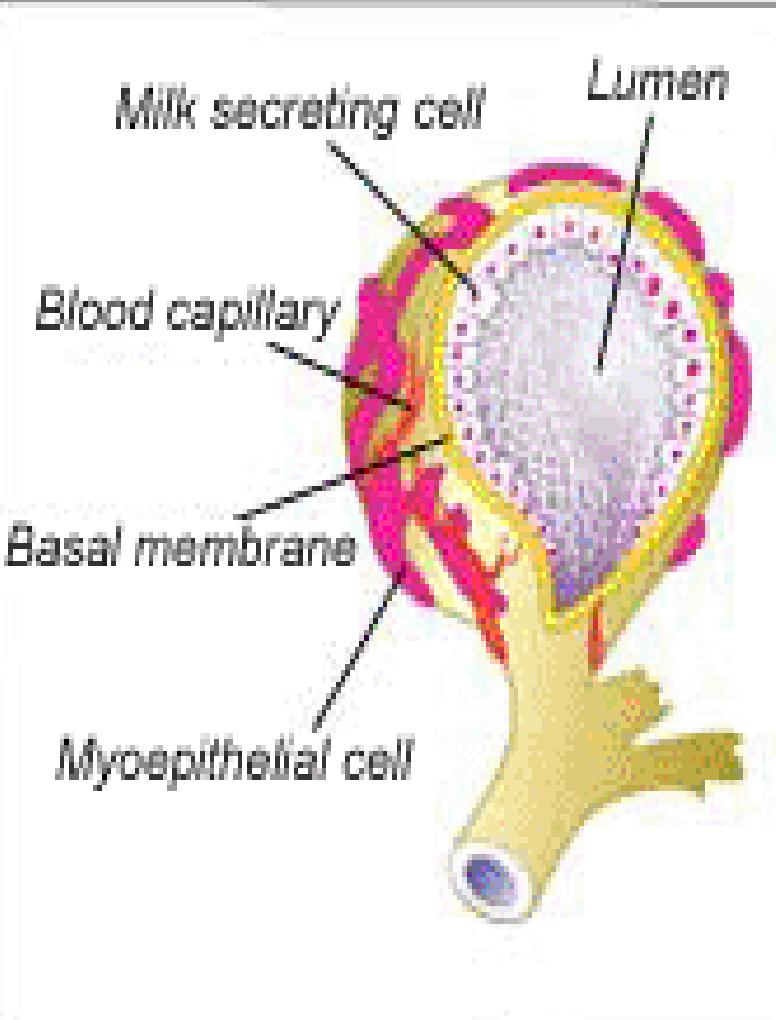
**Kanálky v bradavce:** vrstevnatý dlaždicový keratinizující ep.

**Sinus lactifer a ductus lactiferi:** jednovrstvý/vrstevnatý kubický/cylindrický epitel

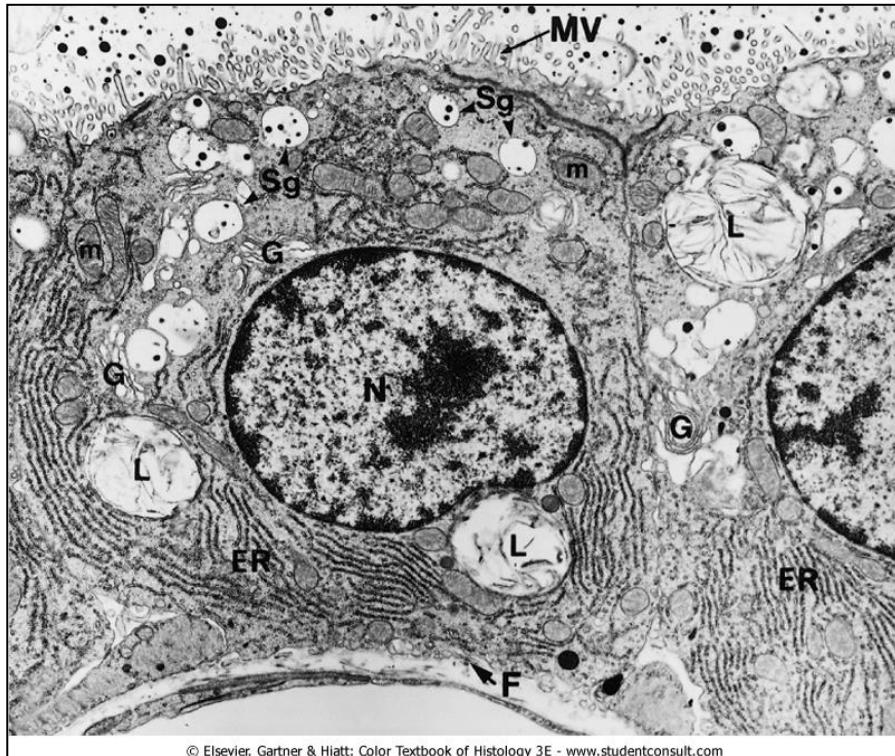
**Terminální kanálky:** jednovrstvý kubický ep.  
+ myoepitelové buňky



# Mléčná žláza - Laktující 3



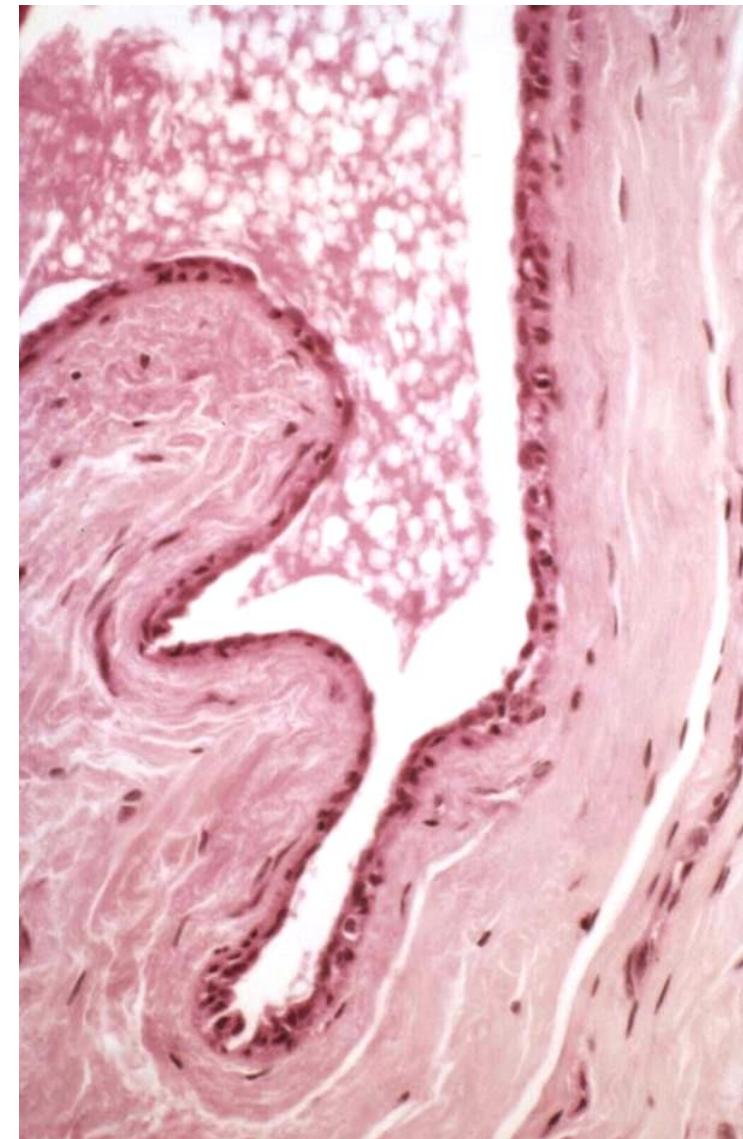
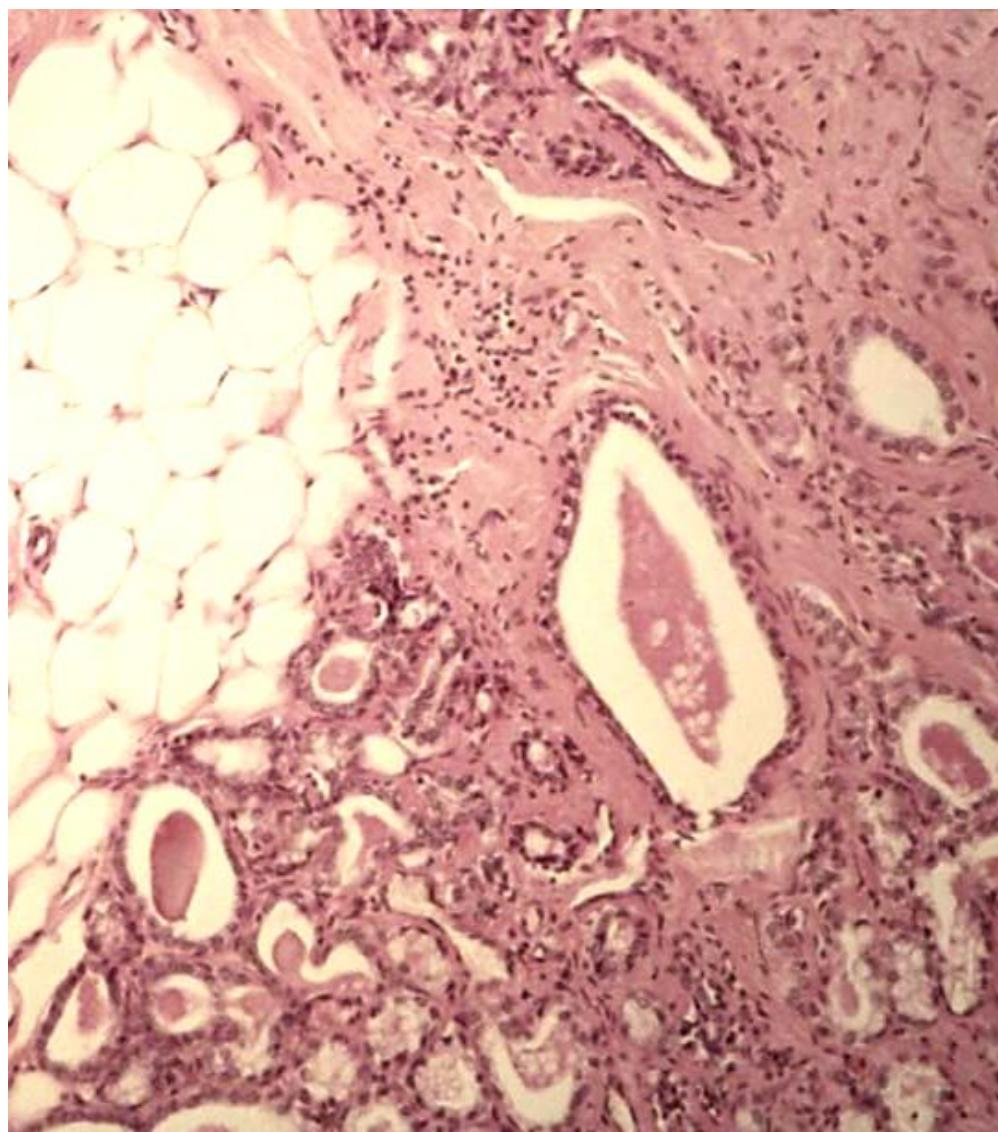
# Mléčná žláza - Laktující 4



Electron micrograph of an acinar cell

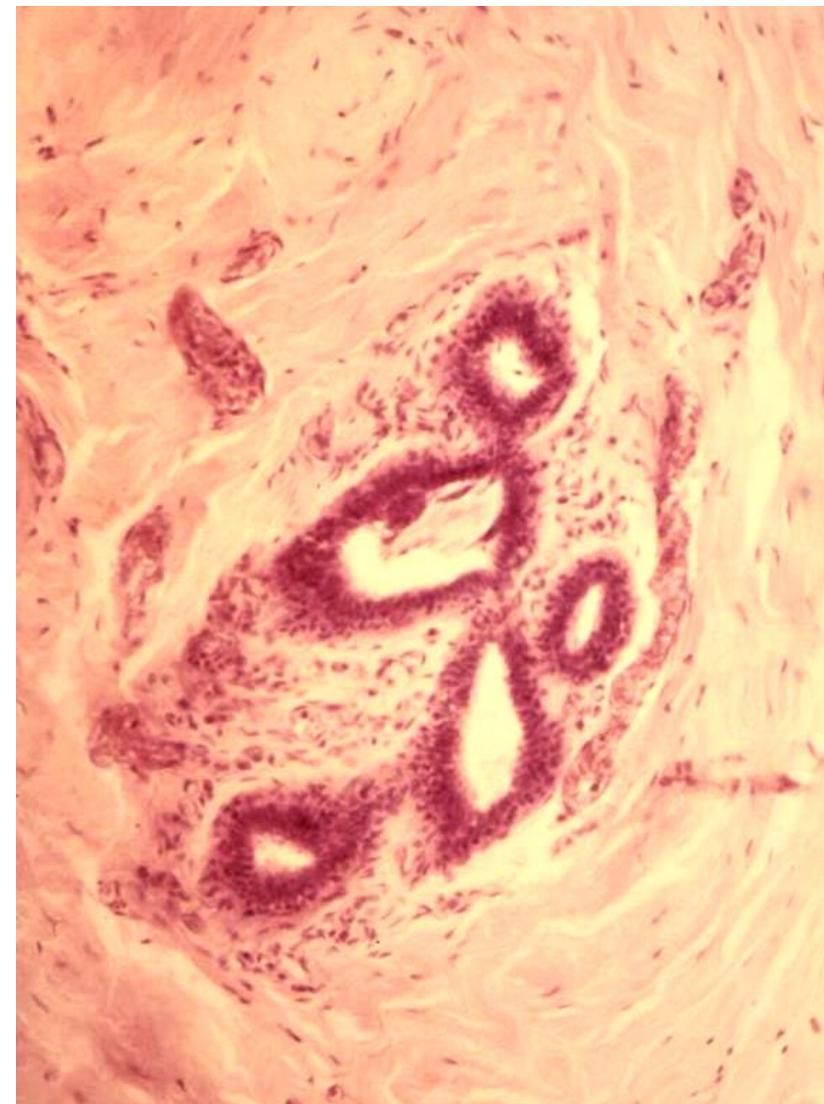
- The **alveoli** are composed of **cuboidal cells** partially surrounded by a meshwork of **myoepithelial cells**.
- These secretory cells possess **abundant RER** and **mitochondria**, several **Golgi complexes**, many **lipid droplets** (apocrine secretion), and numerous vesicles containing **caseins** (milk proteins) and **lactose** (exocytosis).
- Not all regions of the alveolus are in the same stage of production, because different acini display varying degrees of preparation for synthesis of milk substances.

## Mléčná žláza - Laktující 6

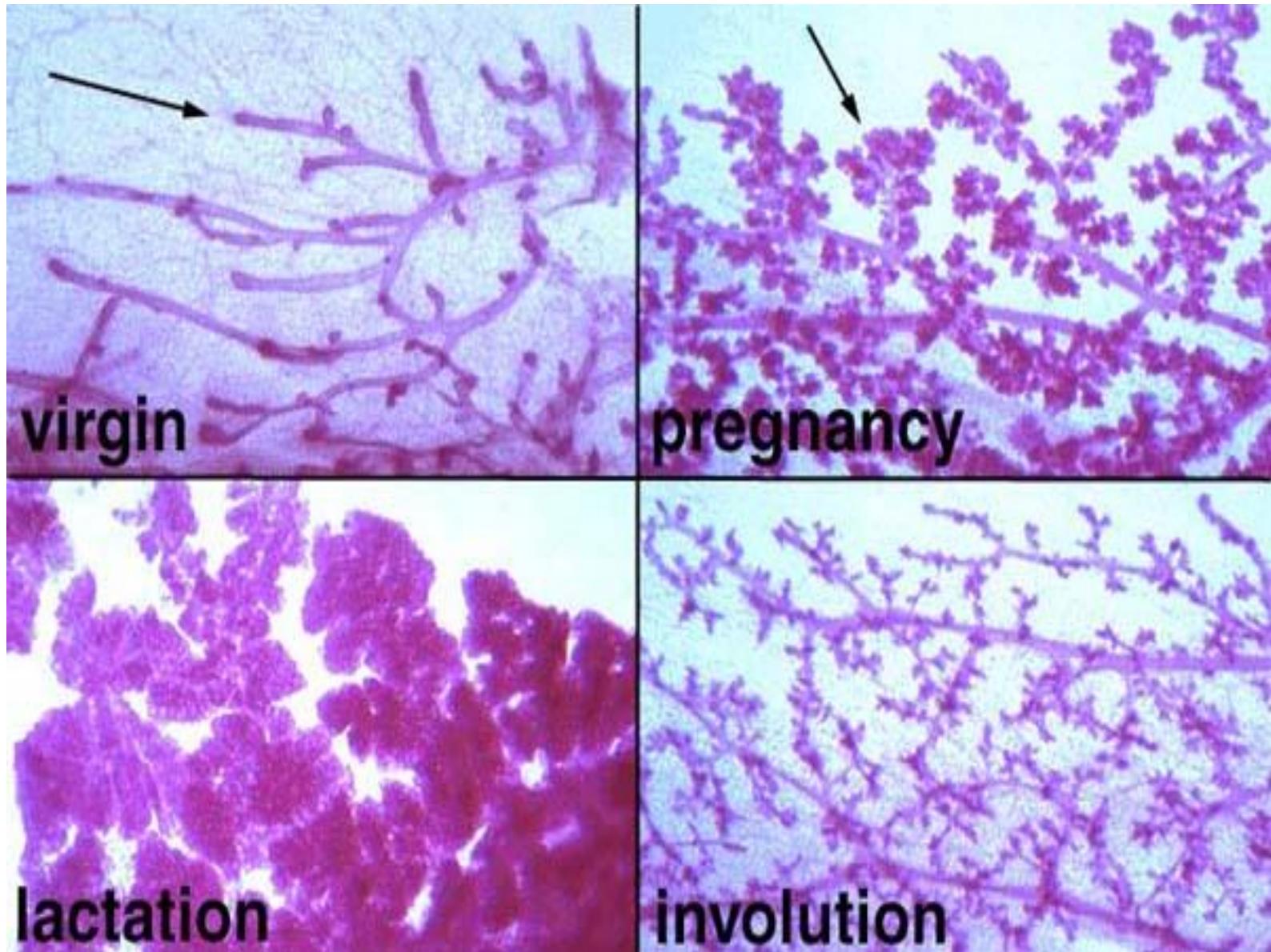


## Mléčná žláza - Involuce

- atrophy and degeneration of the secretory cells
- milk biosynthesis ceases
- adipose cells occupy the empty space
- the duct system remains
- this process continues throughout menopause



## Mléčná žláza - Stadia vývoje (funkce)



# Vlas - Všeobecná stavba

**Stvol:** portion of hair above surface

**Kořen:** portion of hair below surface

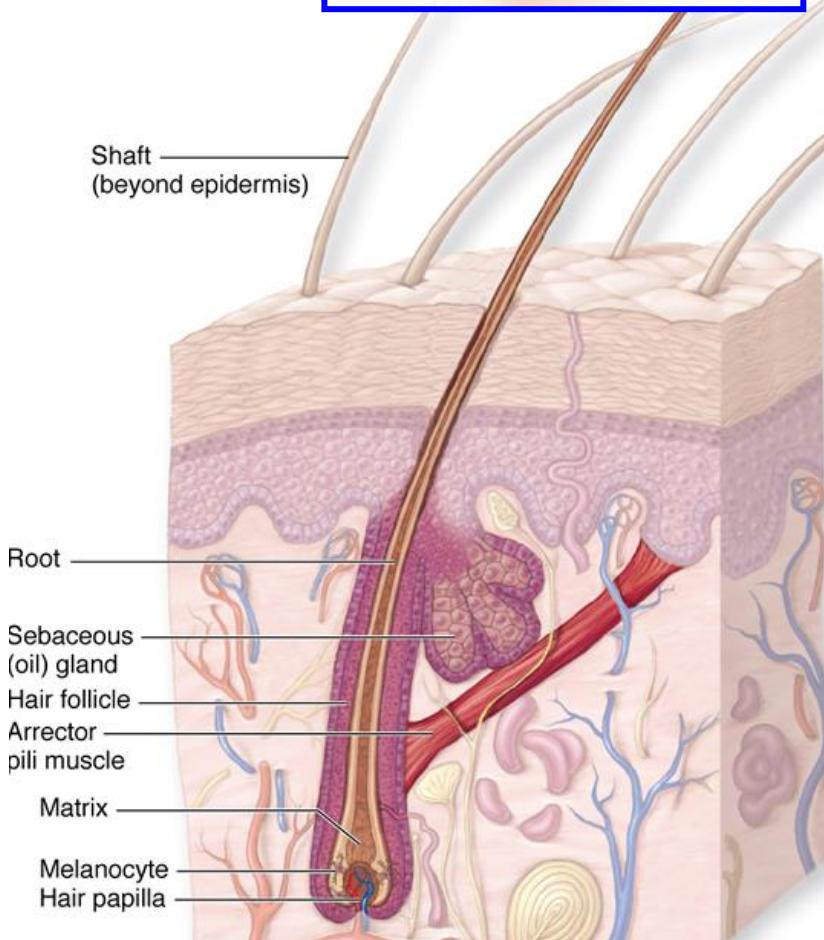
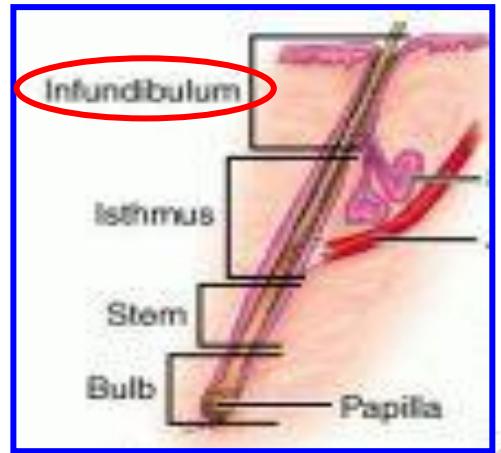
**Kutikula:** outermost layer of hair

**Vlasový folikul:** invagination of epidermis (to dermis / hypodermis)

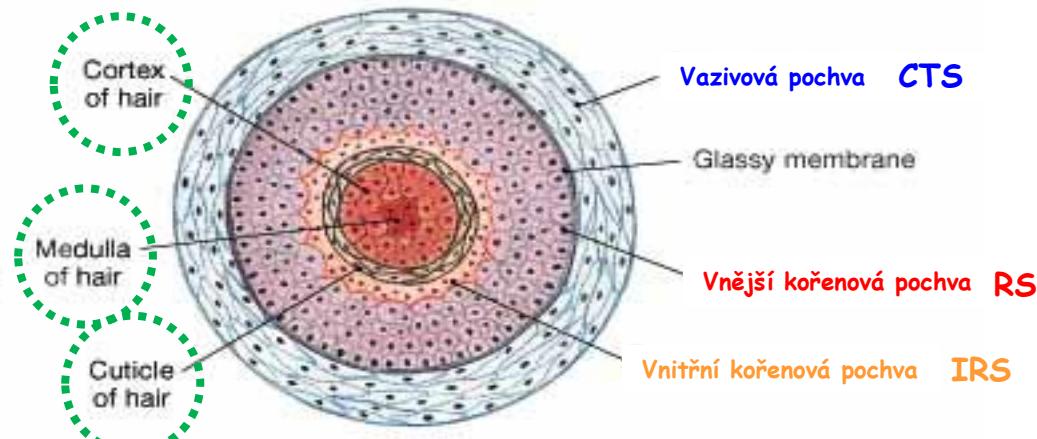
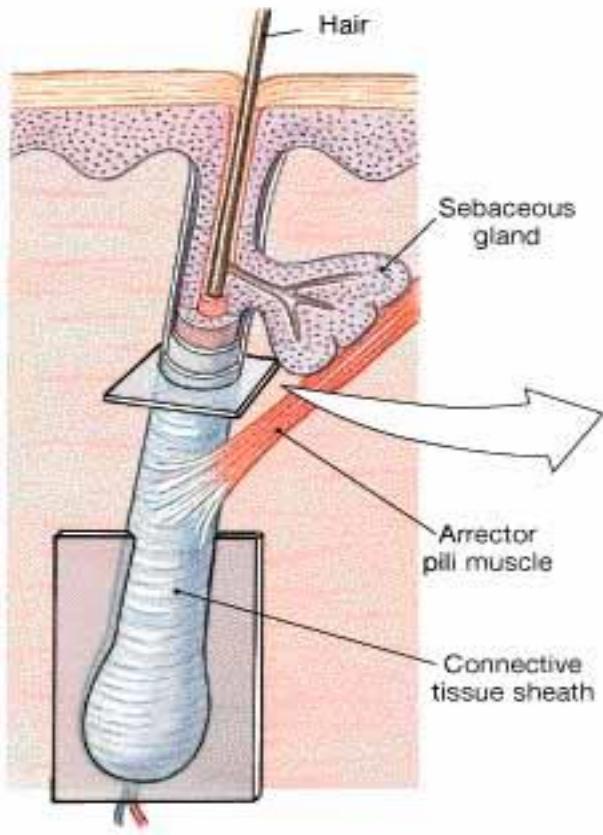
**Vlasová cibulka:** at the base of the follicle (matrix - epithelial cells + melanocytes)

**Vlasová papila:** projection of dermal connective tissue into bulb - contains blood vessels and nerves

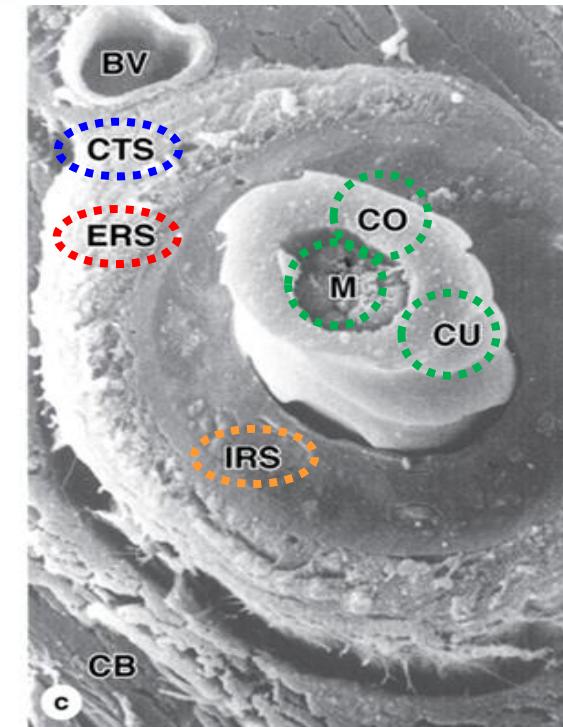
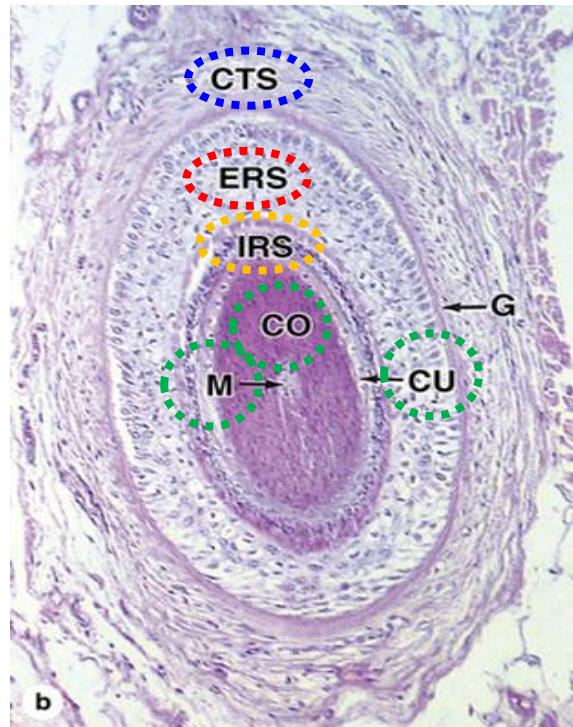
**Velusové x Terminální chlupy**



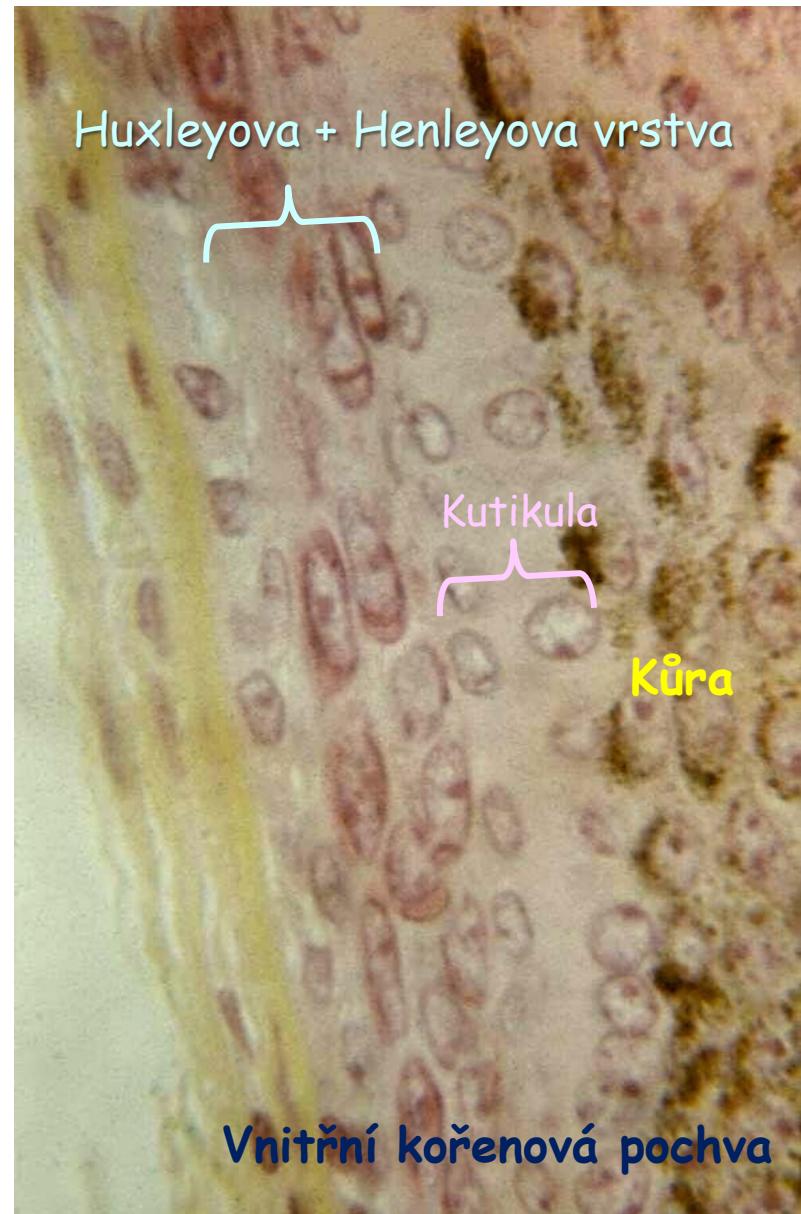
# Struktura vlasu 1



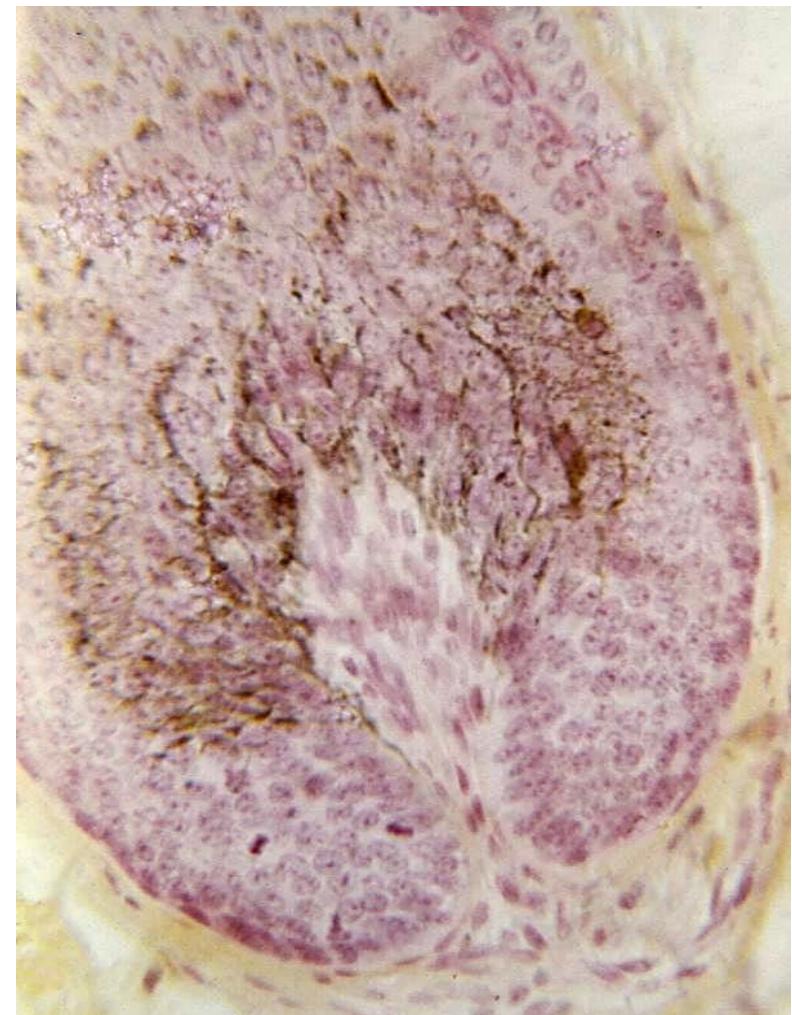
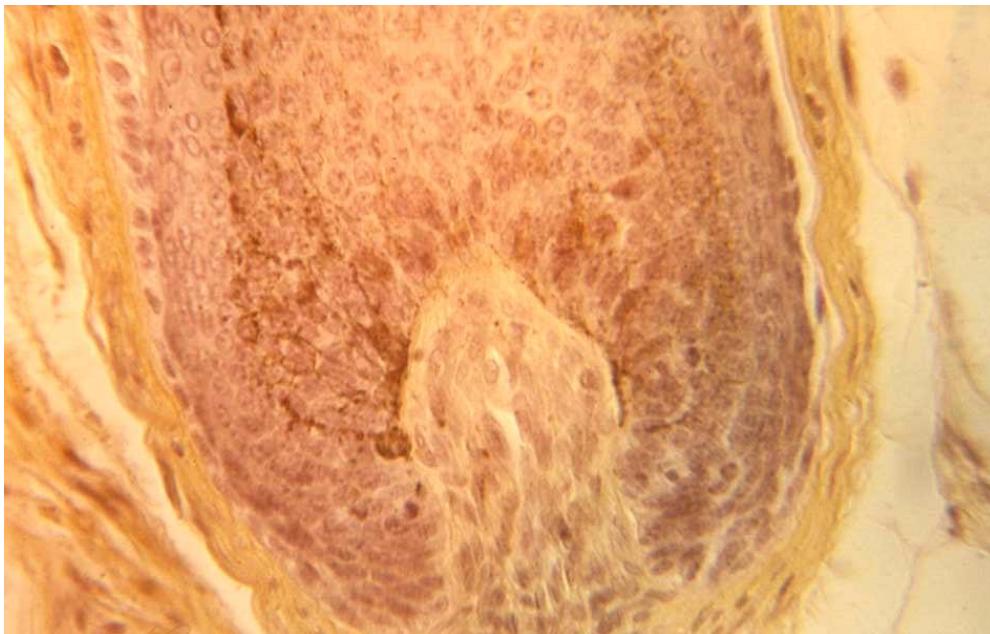
Garther and Hiatt, Color textbook of histology, Elsevier



## Struktura vlasu 2



## Vlasová cibulka a papila



# Vlasy - barva a tvar

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(a)



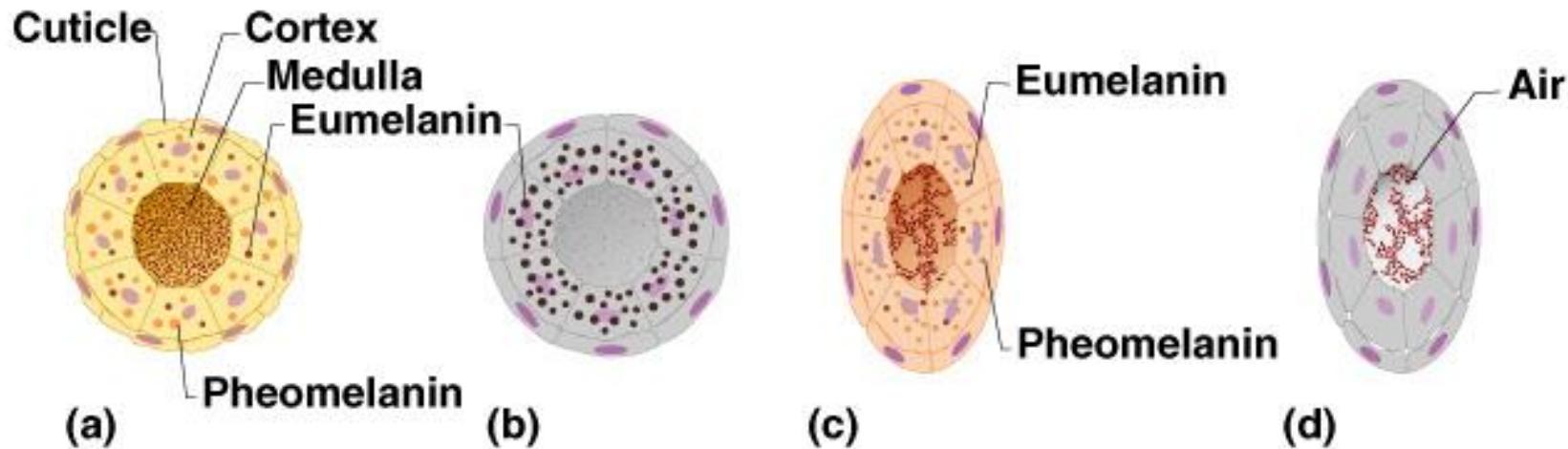
(b)



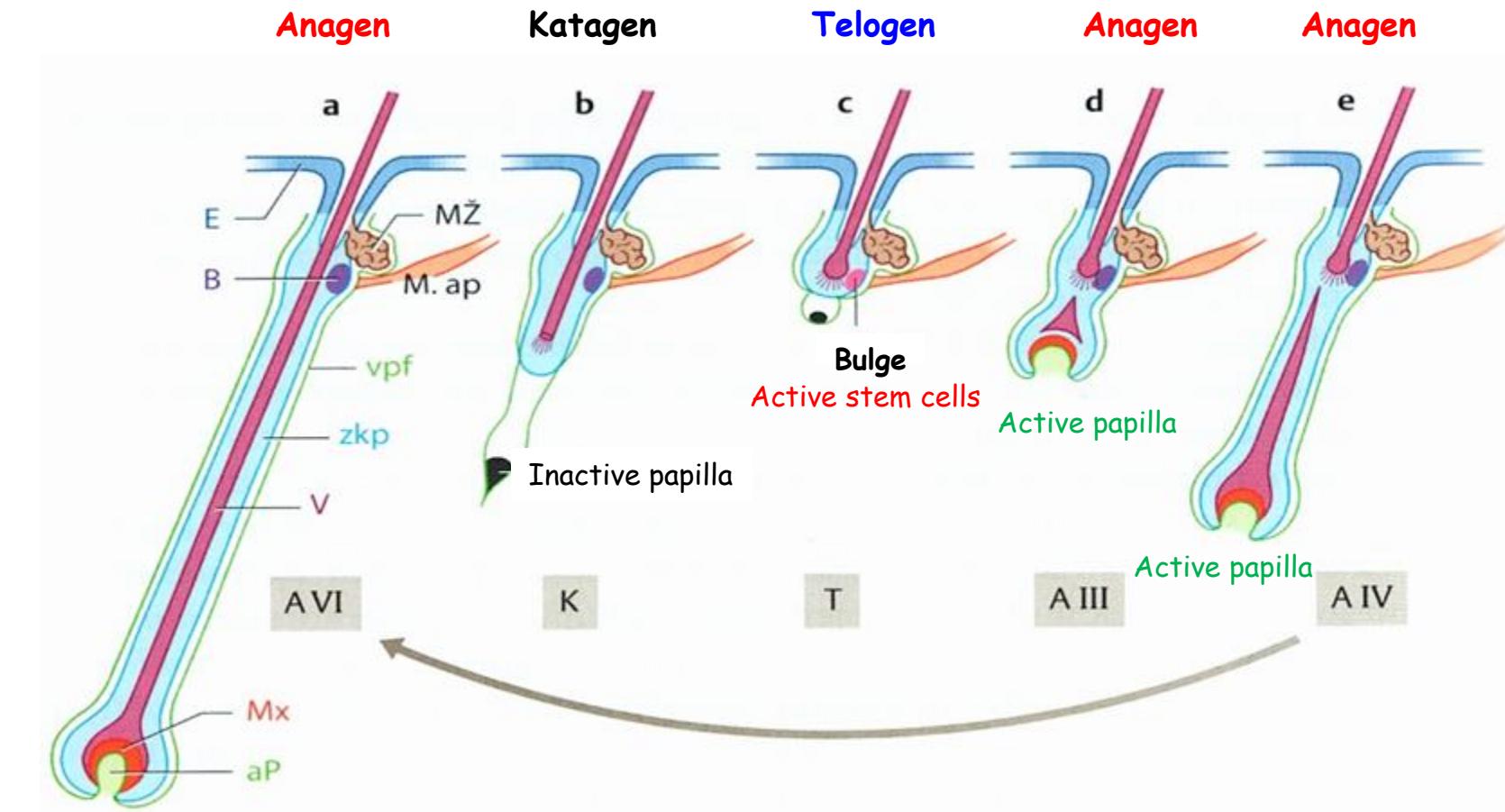
(c)



(d)



# Vlasový cyklus



Active papilla

**Anagen** - months to years

**Katalogen** - 3 weeks (involution)

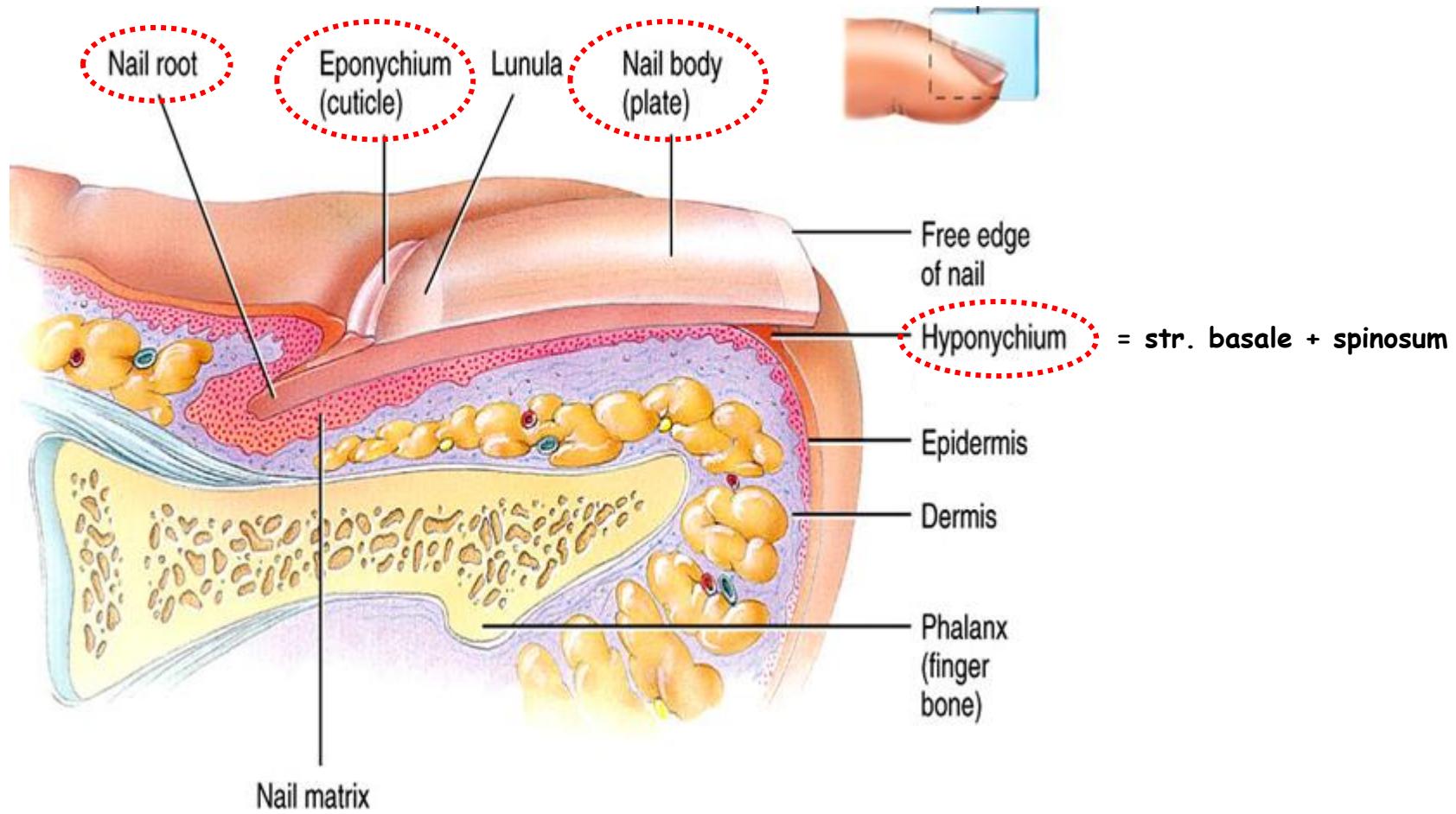
**Telogen** - 3 months (resting)

# Nehet 1

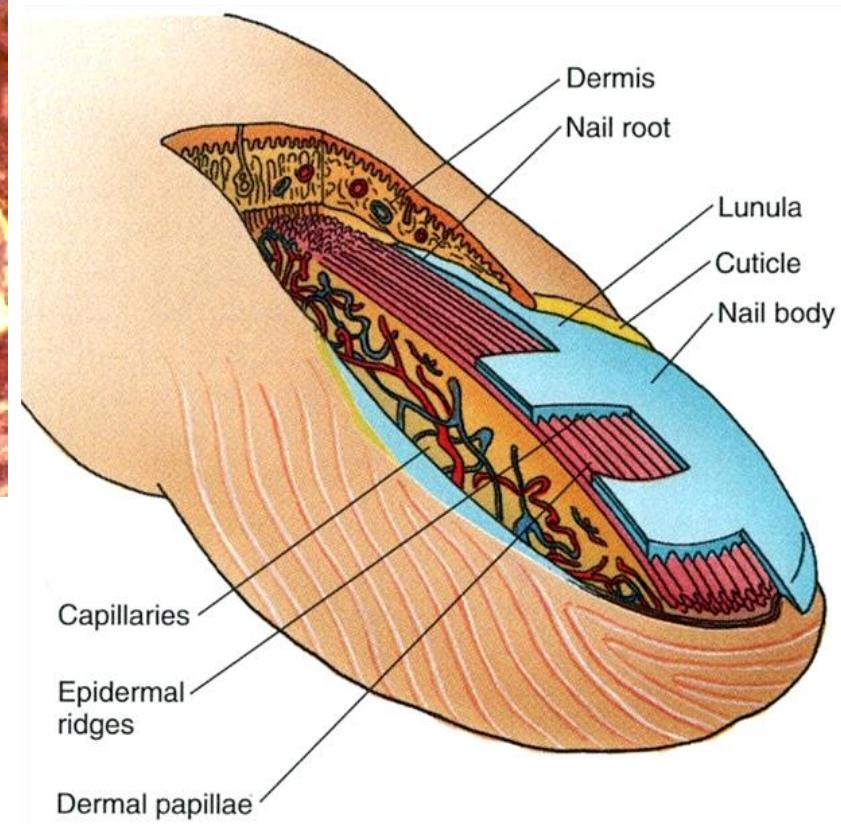
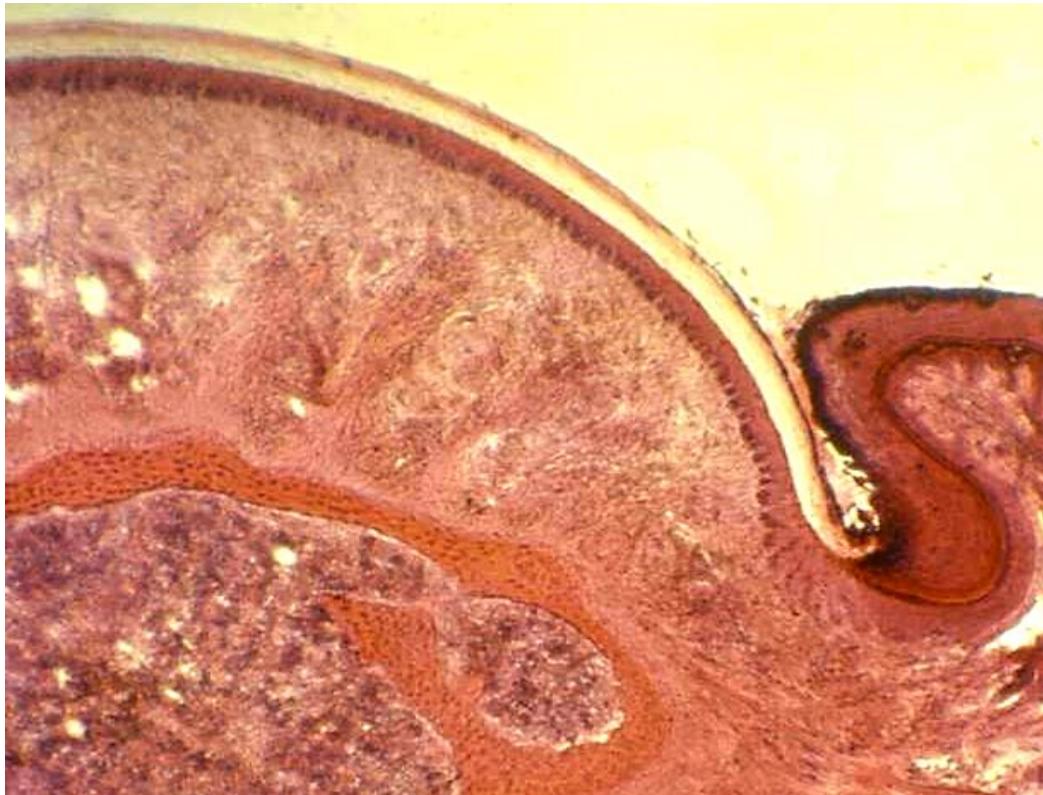
Nehtová ploténka (tělo) - str. corneum

Nehtové lůžko - str. basale + spinosum + dermis

Matrix - str. germinativum



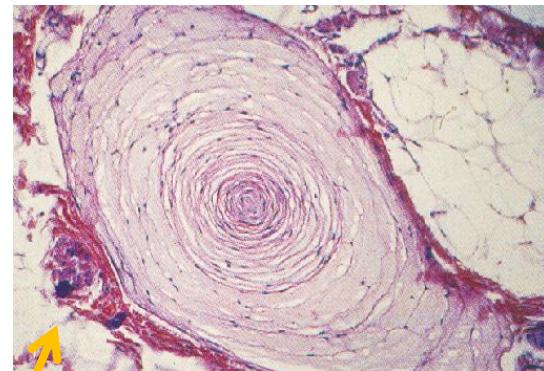
## Nehet 2



# Podkoží - Hypodermis

## Area deep to the dermis

- Řídke vazivo obsahující adipocyty, nervy, sensitivní receptory, arterie a vény (deep rete cutaneum)
- Provides a flexible attachment to the underlying muscle and fascia



Pacinian Corpuscle



Adipocytes

Hair bulb in the  
subcutis of the scalp

# Vývoj kůže

## Ektoderm

- Epidermis
- Adnexa

## Mesenchym

(mesoderm - dermatomy + nesegmentovaný  
mesoderm - somatopleura)

- Dermis
- Hypodermis

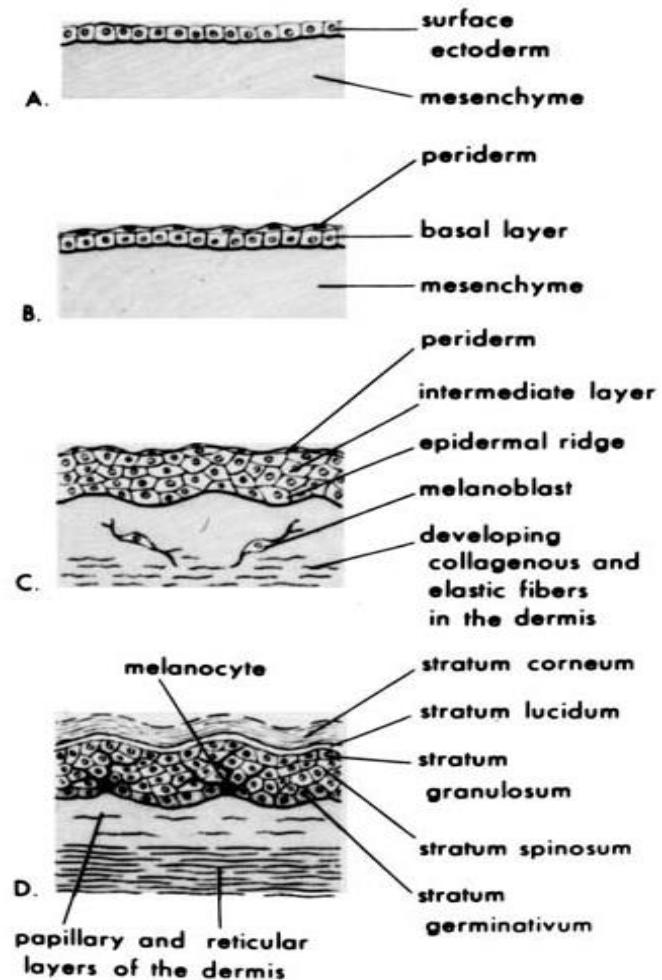
A - Month 1 - simple surface ectoderm

B - Month 2 - two layered epithelium:  
basal layer + periderm (epitrichium)

C - Month 3 - basal + intermediary +  
periderm layers

(week 10-17 - formování dermálních lišt)

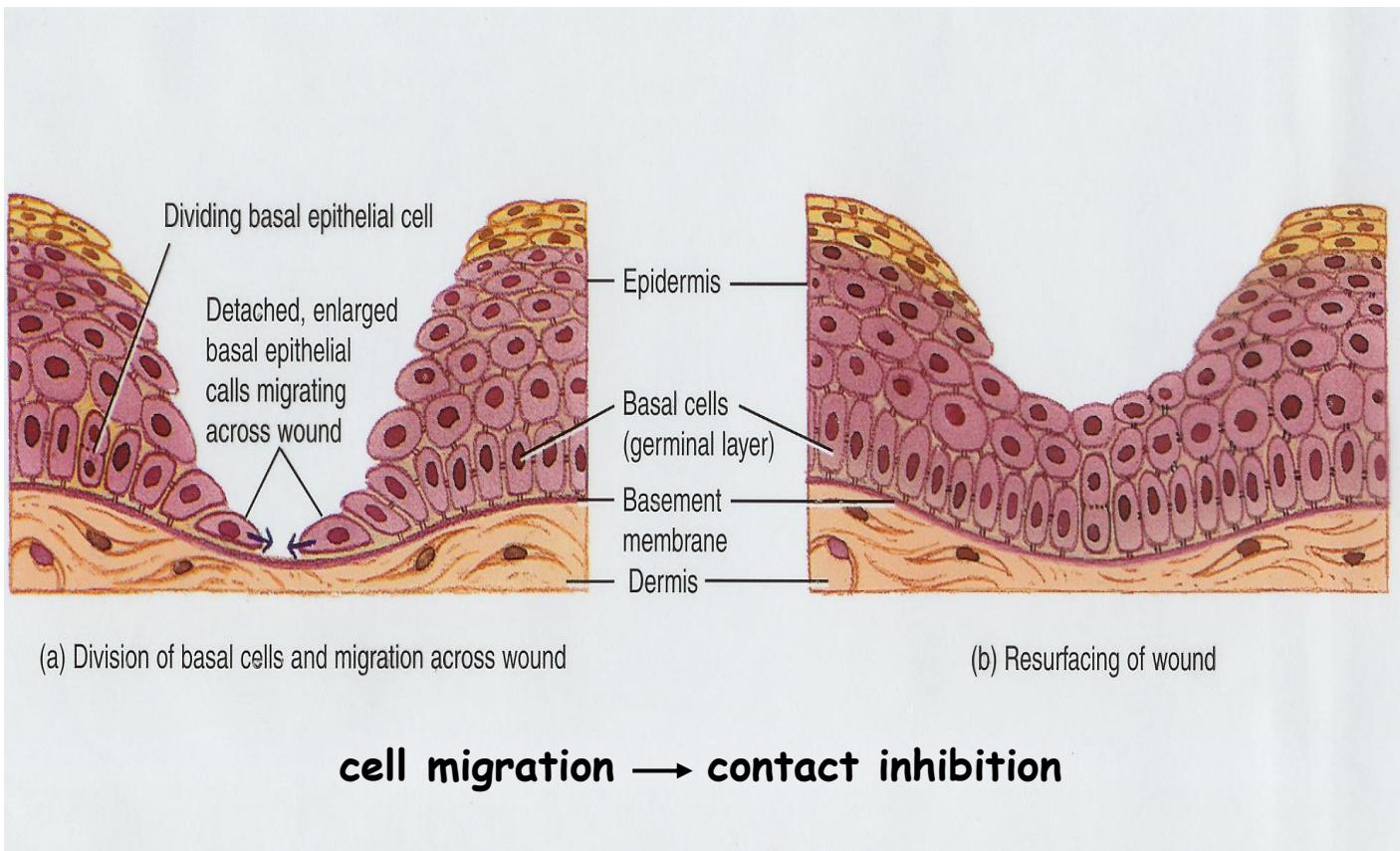
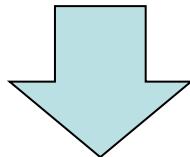
D - Month 5 (end) - periderm replaced  
by stratum corneum



# Hojení kožních ran 1

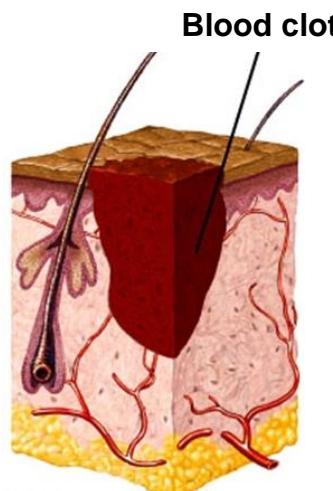
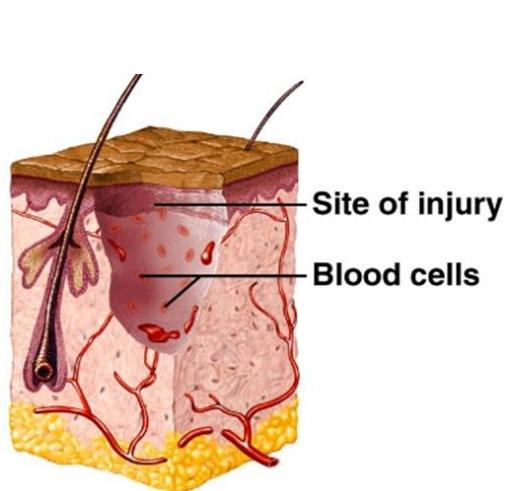
Povrchové rány

Hluboké rány

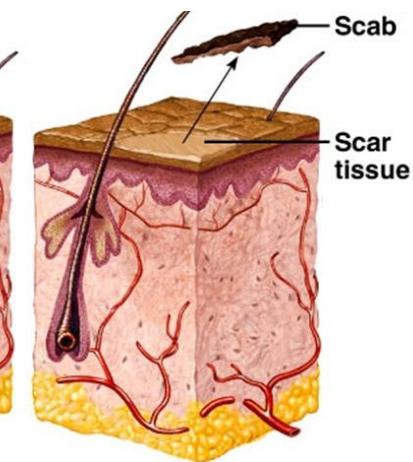
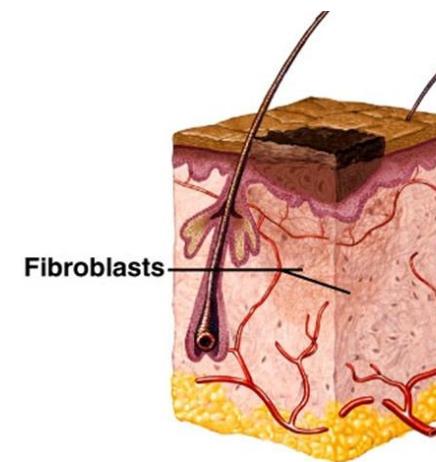
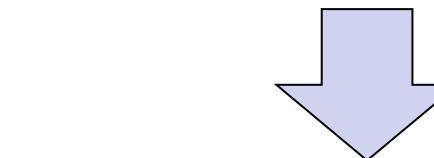


# Hojení kožních ran 2

## Povrchové rány



## Hluboké rány



Inflammatory phase → Migratory phase → Maturation phase  
+  
Proliferative phase

Fibrin tvoří sraženinu

Fibroblasty tvoří granulační tkáň  
hypertrophic scar = keloid

# Děkuji za pozornost !

Otázky a komentáře na:  
[ahampl@med.muni.cz](mailto:ahampl@med.muni.cz)