

# **REINFORCEMENT INVENTORIES**

## **FOR CHILDREN AND ADULTS**

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### **I N S T R U C T I O N S**

The items in this questionnaire refer to things and experiences that may give a person joy, satisfaction, or pleasurable feelings. Check each item in the column that describes how much the person enjoys the things described.

Reinforcement Inventory for Children and Adults

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**REINFORCEMENT INVENTORY**  
**FOR**  
**CHILDREN**

Reinforcement Inventory for Children

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
<b>A. FOOD ITEMS</b>					
1. Candy					
What Kind?					
a.					
b.					
c.					
2. Ice Cream					
What Kind?					
a.					
b.					
3. Nuts					
4. Potato Chips					
5. Cake					
6. Cookies					
7. Beverages					
What Kind?					
a.					
b.					
8. Other Foods					
a.					
b.					
c.					
d.					
<b>B. TOYS AND PLAYTHINGS</b>					
1. Racing Cars					
2. Electric Trains					
3. Bicycle					
4. Skate Board					
5. Playing with Dolls					
6. Makeup and Dress-up Toys					
7. Erector Set					
8. Other Toys					
a.					
b.					
<b>C. ENTERTAINMENT</b>					
1. Watching Television					
Favorite Programs?					
a.					
b.					
2. Movies					
3. Listening to Music					
Favorite Program / Artists					
a.					
b.					

Reinforcement Inventory for Children

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
<b>D. SPORTS AND GAMES</b>					
1. Playing Football with Kids					
2. Playing Football with Parents					
3. Swimming					
4. Bike Riding					
5. Skating					
6. Skiing					
7. Horseback Riding					
8. Tennis					
9. Hiking					
10. Checkers					
11. Chess					
12. Fishing					
13. Baseball					
14. Ping Pong					
15. Scrabble					
16. Monopoly					
17. Painting by Numbers					
18. Computer Games					
19. Video Games					
20. Clue					
21. Competitive Games					
22. Other					
a.					
b.					
<b>E. MUSIC / ARTS / CRAFTS</b>					
1. Playing a Musical Instrument Type?					
2. Singing					
3. Dancing					
4. Drawing					
5. Building Models					
6. Working with Tools					
7. Working with Clay					
8. Musical Group					
9. Other					
a.					
b.					
<b>F. EXCURSIONS / COMMUNITY</b>					
1. Ride in Car					
2. Going to Work with Mother or Father					
3. Visiting Grandparents or Relatives					
4. Visit to Beach					
5. Picnic					

Reinforcement Inventory for Children

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
6. Vacation (Where? )					
7. Airplane Ride					
8. Going Out to Dinner					
9. Visit a Friend (Who? )					
10. Visit a City (Where? )					
11. Visit a Museum					
12. Going to Store (Name? )					
13. Going for Walk					
14. Going to Library					
15. Visit Amusement Park					
16. Other?					
a.					
b.					
<b>G. SOCIAL / INTERACTION</b>					
1. Playing with Others (Whom? )					
2. Being Praised (By Whom? )					
a. By Father					
b. By Mother					
c. By Teacher					
d. By Friends					
3. Being Hugged and Kissed					
4. Being Touched					
5. Group Activities (Girl/Boy Scouts, Clubs)					
6. Going to Friends (Whom? )					
7. Having Friends Sleep over					
8. Sleeping at Friends House (Whose? )					
9. Talking with Others					
10. Kidding and Joking					
11. Party for Friends					
12. Taking Friend out					
13. Happy Faces, Smiles					
14. Other?					
<b>H. ACADEMIC / CLASSROOM</b>					
1. Learning a New Language					
2. Taking Piano Lessons					
3. Reading					
4. Being Read to					
5. Looking at Books					

Reinforcement Inventory for Children

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
6. Spelling					
7. Science					
8. Social Studies					
9. Physical Education					
10. Math					
11. Going to School					
12. Riding Bus to School					
13. Doing Homework					
14. Helping Teacher					
15. Helping Others					
16. Cafeteria Helper					
17. Room Proctor / Leader					
18. Line Monitor					
19. Extra Recess, Free Time					
20. Leave Class or School Early					
21. Visit Activity Center or Corner					
22. Listen to Records					
23. Read Book of Choice					
24. Write Notes					
25. Hall Monitor					
26. Individual Conference or Counseling					
28. Get a Drink					
29. Tutor Another Student					
30. Arrange Bulletin Board					
31. Other:					
a.					
b.					
<b>I. DOMESTIC ACTIVITIES</b>					
1. Setting the Table					
2. Making the Bed					
3. Baking					
4. Repairing or Building					
5. Working in the Yard					
6. Going on Errands					
7. Cooking					
8. Washing or Working on the Car					
9. Sewing					
10. Shopping					
11. Preparing a Menu					
12. Running Errands					
13. Exemption from a Domestic Activity					
<b>J. PERSONAL APPEARANCE</b>					
1. Getting New Clothes					
2. Putting on Makeup					
3. Purchasing Makeup					

Reinforcement Inventory for Children

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
4. Wearing Special Clothes					
5. Dressing in a Costume					
6. Wearing Others' Clothing					
7. Getting a Haircut					
8. Going to Beauty Parlor					
9. Manicure					
10. Pedicure					
11. Massage					
12. Wearing Perfume or Cologne					
13. Wearing Jewelry					
14. Purchasing Jewelry					
15. Having Picture Taken					
16. Other					
a.					
b.					
c.					
d.					
<b>K. OTHER EVENTS &amp; ACTIVITIES</b>					
1. Staying up Past Bedtime					
2. Earning Money					
3. Having Free Time					
4. Having a Pet					
5. Having or Going to a Party					
6. Taking a Bath or Shower					
7. Sleeping with Parents					
8. Feeding the Pet					
9. Listening to Stories					
10. Friend to Eat over					
11. Talking into a Tape Recorder					
12. Decorating Own Room					
13. Extended Bedtime					
14. Plan the Days Activities					
15. Public Display of Work or Progress					
16. Choosing Own Bedtime					
17. Sleeping Late					
18. Chairperson at Meeting					
19. Subscription to Special Magazine					
20. No Nagging by Others					
21. Attention Given in a Group					
22. Period with No Monitoring					
23. Opportunity to Masturbate					
24. Opportunity to Leave Work Early					
25. Opportunity to Select a Job					
26. Work in a Special Setting (office)					



List below those event or activities the person does more than:

5 times a day?	10 times a day?

15 times a day?	20 times a day?

How much time does the person spend in the following activities (e.g., hours, minutes)?

Watching Television?	Sleeping?
Listening to Music?	Along?
Playing with Others?	Reading?
Playing with Toys?	Playing Alone?
Talking on Telephone?	Organized Sports?
Sitting Around?	Eating?
Random Activity?	

What is the person's most favorite thing to do? \_\_\_\_\_

What is the person's least favorite thing to do? \_\_\_\_\_

What does the person ask for most often? \_\_\_\_\_

What does the person complain about most? \_\_\_\_\_

What does the person seem to try to avoid the most? \_\_\_\_\_

**REINFORCEMENT INVENTORY**  
**FOR**  
**ADULTS**

*Our appreciation to Linda Fuller for her contribution in developing this inventory, 1985.*

Reinforcement Inventory for Adults

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
<b>ENTERTAINMENT</b>					
1. Watching Television Favorite Programs?					
a.					
b.					
c.					
2. Playing Home Video Games Which Ones?					
a.					
b.					
3. Playing Community Video Games					
4. Computers					
5. Movies					
6. Dancing					
7. Listening to Music Cassette Tapes Compact Discs					
8. Singing					
9. Playing Musical Instruments					
10. Drawing					
11. Painting					
12. Sculpting/Pottery					
13. Latch Hook					
14. Sewing					
16. Working with Tools					
17. Other					
<b>HOBBIES</b>					
18. Photograph					
19. Typing					
20. Collecting Items: Specify					
a.					
b.					
c.					
21. Building Models					
22. Plants/Gardening					
23. Other					
<b>FOOD</b>					
24. Fruit What Kind?					
a.					
b.					
c.					

Reinforcement Inventory for Adults

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
25. Nuts					
What Kind?					
a.					
b.					
c.					
26. Cookies					
What Kind?					
a.					
b.					
c.					
27. Ice Cream					
What Kind?					
a.					
b.					
c.					
28. Chips					
What Kind?					
a.					
b.					
c.					
29. Snack Bars					
What Kind?					
a.					
b.					
c.					
30. Hot Dogs					
31. Hamburgers					
32. Tacos					
33. Pizza					
34. Popcorn					
35. Pretzels					
36. Bagels					
37. Granola					
38. Other					
a.					
b.					
c.					
<b>BEVERAGES</b>					
39. Fruit Juice					
What Kind?					
a.					
b.					
c.					
40. Sparkling Water					
What Kind?					
a.					
b.					
c.					

Reinforcement Inventory for Adults

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
41. Sodas					
What Kind?					
a.					
b.					
c.					
42. V-8 Juice					
43. Coffee					
44. Decaffeinated Coffee					
45. Hot Tea					
46. Hot Herbal Tea					
What Kind?					
a.					
b.					
c.					
47. Milk					
48. Chocolate Milk					
49. Beer					
50. Wine					
51. Mixed Drinks					
52. Lemonade					
53. Punch					
<b>SPORTS</b>					
54. Aerobics					
55. Jogging					
56. Roller Skating					
57. Swimming					
58. Soccer					
59. Running					
60. Football					
61. Baseball					
62. Frisbee					
63. Windsurfing					
64. Skateboarding					
65. Bowling					
66. Golf					
67. Miniature Golf					
68. Pool					
69. Boating					
70. Water Skiing					
71. Snow Skiing					
72. Tennis					
73. Bodybuilding					
74. Weight Lifting					
75. Exercise Bike					
76. Racquetball					
77. Climbing					

Reinforcement Inventory for Adults

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
<b>EXCURSIONS</b>					
78. Spectator Sports					
a. Car Racing					
b. Olympics					
c. Baseball					
d. Basketball					
e. Horse Racing					
f. Wrestling					
g. Hockey					
79. Car Rides					
80. Shopping					
81. Out to Dinner					
82. Health Club					
83. Amusement Parks					
84. Going Camping					
85. Vacations					
86. Visiting Beach					
87. Visiting Mountains					
<b>SOCIAL</b>					
88. Talking with Others					
89. Having Others Listen					
90. Being Praised					
91. Being Touched					
92. Being Hugged					
93. Visiting Friends					
94. Group Activities					
95. Activity with One Other					
<b>MISCELLANEOUS</b>					
96. Looking at Magazines					
97. Looking at Books					
What Kind?					
a.					
b.					
c.					
98. Work Jigsaw Puzzles					
<b>HELPING AROUND THE HOUSE</b>					
99. Setting the Table					
100. Making Bed					
101. Vacuuming					
102. Washing Dishes					
103. Dusting					
104. Going on Errands					
105. Yard Work					
106. Cooking					

Reinforcement Inventory for Adults

DESCRIPTION OF POTENTIALLY REINFORCING EVENTS	NOT AT ALL	A LITTLE	A FAIR AMOUNT	MUCH	VERY MUCH
<b>PERSONAL APPEARANCE</b>					
107. Getting New Clothes					
108. Putting on Makeup					
109. Going to Beauty Parlor					
110. Getting Hair Cut					
111. Other					
a.					
b.					
c.					
<b>OTHER EVENTS AND ACTIVITIES</b>					
112.					
113.					
114.					
115.					

Reinforcement Inventory for Adults

How much time does the person spend in the following activities (e.g., hours, minutes)?

	Hours	Minutes
Watching television		
Listening to music		
Interacting with others		
Alone		
Reading		
Organized sports		
Working		
Sleeping		

List below those events that the person does or requests more than:

5 times a day? \_\_\_\_\_

\_\_\_\_\_

10 times a day? \_\_\_\_\_

\_\_\_\_\_

15 times a day? \_\_\_\_\_

\_\_\_\_\_

20 times a day? \_\_\_\_\_

\_\_\_\_\_

What is the person's most favorite thing to do? \_\_\_\_\_

\_\_\_\_\_

What is the person's least favorite thing to do? \_\_\_\_\_

\_\_\_\_\_

What does the person ask for most often? \_\_\_\_\_

\_\_\_\_\_

What does the person complain about most? \_\_\_\_\_

\_\_\_\_\_

What does the person seem to try to avoid the most? \_\_\_\_\_

\_\_\_\_\_

Reinforcement Inventory for Adults

A large empty rectangular box with a thick black border, intended for data entry.