

## MAJOR PLANT AND ANIMAL REMEDIES

### Aconitum, Apis, Arnica



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1

### ACONITE

#### History:

- the deadly juices were used as an arrow poison
- a popular alternative to the blood-letting for the treatment of acute fevers and inflammations

#### Remedy profile:

Physical symptoms often develop as a result of shock, fear, or exposure to cold and dry winds (skiing), but strong heat as well. Acute infections, such as colds and coughs, can be treated with this remedy. Aconite may also be prescribed for anxiety states, and for mothers and infants during or immediately after the childbirth.

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3

### ACONITE

#### Cardiovascular system:

- Tachycardia, arterial hypertension
- Bleeding out of period

#### Fever:

- Sharp onset
- Red, dry skin
- Intense thirst
- Agitation

#### Febrile conditions:

APIS: without thirst  
BELLADONNA: variable thirst  
ACONITUM: intense thirst



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5

### ACONITE *Aconitum napellus*



- **Acute remedy** ► **rapid reaction**  
(acute drugs are mostly poisons ► cause severe reactions)

#### Source:

- Wet, shady, mountainous regions of Europe and Central Asia
- Ornamental plant
- Used externally (not on broken skin) ► relieving joint pain and treating bruises
- X rarely used internally ► toxic (alkaloids aconitine, napelin, biogenic amines dopamine and tyramine)

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2

### ACONITE

#### Toxicology

- Feeling of tingling, stiff lips, anxiety, dizziness
- Paralysis of RS, nausea, vomiting
- Local anesthetic, erythema on the skin
- CV system malfunction (rhythm disorders, sudden HT)
- ↑ secretion of saliva and sweat (all glands)
- Death by cardiac arrest and respiratory damage

#### Nervous system:

- Intense **neuralgia** - trigeminal nerve
- Feeling **afraid of death**, anxiety

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### ACONITE

#### Feelings:

- Unbearable pain
- Stiffening or tingling (peripheral microspasms)

#### Modalities:

DETERIORATION: sharp cold  
around midnight

IMPROVEMENT: sweating, menstruation, urination

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6

## ACONITE

### Accompanying symptoms:

- Dry, reddish skin
- Great thirst for cold water
- Hot palms, hypersensitivity to light, sounds and smells
- Anxiety caused by the intensity of the symptoms

### Etiological relationships:

- Severe reaction symptoms due to:
  - Sudden temperature changes (cold)
  - Sudden fear
  - Hypertensive seizures

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## ACONITE

### Sensitive type:

- A young, stenotic person - in good health, reacts violently to a strong, sudden and unexpected event

- Fear of death



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## ACONITE

### Acute respiratory infections:

- Cold or flu (↑ occurs rapidly)
- Katarrh, inflammation and severe tonsilitis
- Dry irritating cough
- Restless sleep
- Hot face
- Persistent headaches
- Hypersensitive skin
- **Intense thirst**

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## ACONITE

### Eye & ear infections:

- Inflamed eyes with burning pain (injury or conjunctivitis)
- Hypersensitivity to light
- Ear infections occur very quickly and suddenly (pain, red ears and hypersensitivity to noise)
- Tinnitus

### GIT:

- Severe stomach pain, vomiting, summer diarrhea

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## ACONITE

### Basic clinical indications

- Neuralgia
- Fear, panic
- Sudden hypertension
- Paroxysmal tachycardia
- Attack angina pectoris
- Hemorrhage (9-15 CH)
- Acute pyrexia
- Sunburn, sunburn (9 CH)

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## ACONITE

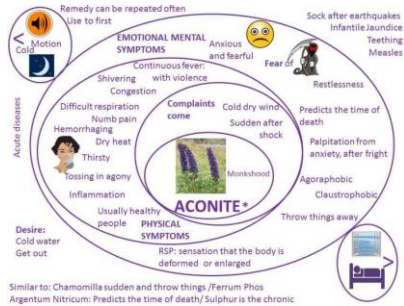


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12

# ACONITE



13 <https://graphichomeopathy.wordpress.com/2014/06/10/aconite/>

