

MAJOR PLANT AND ANIMAL REMEDIES

Aconitum, Apis, Arnica



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ARNICA

- Potentially toxic (vomiting, diarrhea, collapse)
- Internal use today is limited to homeopathic use only
 - ▶ Support healing processes, bleeding control
 - ▶ therapy after shock, surgery, childbirth...

Drug profile (People Arnica):

- People who take Arnica very often deny that they are ill and ignore the severity of the disease.
- They often prefer solitude and are prone to annoyance.
- Poor concentration and forgetfulness are typical of Arnica, as are nightmares and morbid dreams.

3 Homeopathic medicinal products

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ARNICA

Feelings:

- Contusion, congestion
- The impression of a bed being too hard

Modalities:

IMPROVEMENT: **by resting**, lying down with the head set low

DETERIORATION: touch, shock, damp cold

Etiology:

- All manifestations of muscle fatigue

5 Homeopathic medicinal products

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ARNICA (Wolf's bane) *Arnica montana*



Source details:

- Forests of Central Europe (Switzerland, Germany)
- Sesquiterpene lactones (antimicrobial and antifungal effect)
- It has a fast effect on an acute condition ▶ **use more often**

History:

- Widely used in traditional medicine ▶ externally for muscle pain, such as anticoagulant, antiphlogistic, antirheumatic, and for superficial phlebitis

2 Homeopathic medicinal products

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ARNICA

- ▶ **first aid remedy** after accidents, surgeries, loss of a loved one, childbirth, or dental procedures.

- ▶ used to treat joint pain, fever, skin problems

Shock, injury & postoperative care

- Acute and chronic consequences of shock, injury, or after surgery.
- Bruises, foreign bodies in the eye, concussion and nosebleeds.

4 Homeopathic medicinal products

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ARNICA

Postpartum pain

- Contusions, stabbing pain in the vagina

Toothache and gum pain

- Painful teeth and gums after dental surgery

Skin problems

- Hard, dry, swollen skin due to insect bites, bedsores, small painful and red ulcers.
- Capillary or venous involvement (vascular fragility, varices).

6 Homeopathic medicinal products

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ARNICA

Febrile states:

- Hot head, cold body and exhaustion. Both stool and sweat have a characteristic odor of rotten eggs. Stool and urinary incontinence may occur.
- Recurrent febrile attacks - malaria.

Dosage:

- Acute cases: 9-15 CH (as soon as possible, often)
- Chronic: 15-30 CH (1-2x daily)

7 Homeopathic medicinal products



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ARNICA

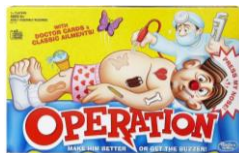


8 Homeopathic medicinal products



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ARNICA

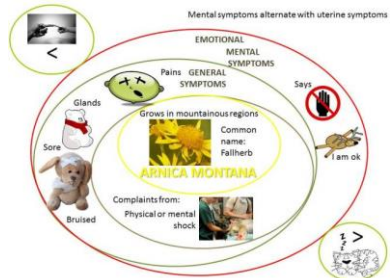


9 Homeopathic medicinal products



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ARNICA



10 <https://graphichomeopathy.wordpress.com/2014/04/28/arnica-montana-3/>



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