# An overview of theories about autism.

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### Autism as the result of an extreme male brain

- affected individuals are extremely focused on systemizing >< empathizing</li>
- Men: more systemizing brain
- Women: empathizing brain
- Support for the theory:
- more males are affected by autism
- high-functioning affected individuals tend to outperform unaffected people with similar IQs on systemizing tasks
- behavioral differences between people with and without autism are mediated by differences at the anatomical level of the brain.
- prenatal exposure to testosterone (an androgen) is positively related to the development of autistic traits.
- (Ploeger & Galis, 2011)

#### So having an extreme male brain...

- condition which we strongly associate with autism
- may have had practical advantages given demands of ancestral times
- These advantages would have conferred greater reproductive success
- Ploeger & Galis, 2011)

# Autism as the result of an extreme imprinted brain

- imbalanced genomic imprinting theory
- Genomic imprinting: expression of genes from only one of the two parental chromosomes.
- We inherit two copies of every allele, a maternal and a paternal copy.
- In most cases both copies are functional
- In some exceptional cases one of the copies is turned off and thus not functional.
- Ploeger & Galis, 2011)

# This may be the consequence of imprinting..

- maternal imprinting ensures that only the maternal copy is expressed
- paternal imprinting ensures that only the paternal copy is expressed.
- evolutionary function of imprinted genes is unknown
- Ploeger & Galis, 2011)

### But it has been suggested ...

- genomic imprinting originates in a conflict
- between the sexes about the amount of investment of the mother in the child.
- Paternally expressed imprinted genes tend to promote fetal growth
- > < maternally expressed imprinted genes tend to suppress fetal growth</p>
- father's point of view: beneficial that the mother invests as much as possible in the child
- mother's point of view: important to preserve her resources
- imprinted genes are highly expressive in the central nervous system
- they are involved in neurodevelopment
- Imprinted genes are often implicated in disorders, because a single change can dysregulate their function

(Ploeger & Galis, 2011)

### Crespi and Badcock

- hypothesized that autism reflects reduced maternal brain functions, and enhanced paternal brain functions.
- more males are affected than females.
- children with autism impose additional demands compared to normal children
- which is beneficial from the point of view of the father, because the mother will spend more of her time and resources on the child
- In the case of autism, the behavior of the child assumes pathological proportions which no longer benefit either the mother or the father.
- (Ploeger & Galis, 2011)

### Autism as the result of a reptile brain

- Polyvagal theory
- through stages of phylogeny, mammals, have evolved a functional neural organization that regulates emotions and social behavior.
- humans have a well-developed ability to shift adaptively between mobilization and social engagement behaviors
- individuals with autism lack this ability
- nervous system of the autistic individual is in a constant state of hypervigilance or shutdown.
- penerally adaptive responses in reptiles, but are severely maladaptive in mammals.
- does not explain the genetic background and the heritability of autism
- (Ploeger & Galis, 2011)

## Epistatic interactions between the effects of genes

- Epistatic: interaction in which one gene suppresses the expression of another
- integration of different approaches on the evolution of autism: interactions between the effects of genes
- autism is caused by many interacting genes (nearly 30 genes)
- this same set of genes is involved in the development of intelligence.
- intelligence is positively correlated with potential reproductive success
- 30 genes that are involved in autism can potentially spread in the population, thanks to the link with intelligence.
- (Ploeger & Galis, 2011)

# Epistatic interactions between genes ..

- some unlucky interactions, especially in combination with negative spontaneous mutations
- lead to the development of autism, low intelligence, or other pathologies.
- On certain intelligence tests, individuals with autism show equal or better performance levels compared to normal individuals.
- evidence for the relation between autism and exceptional abilities, with some famous examples of autistic savants.
- co-occurrence of savant syndrome and autism is an example of the effect of epistatic interactions between genes
- (Ploeger & Galis, 2011)

### The proposal

- combination of high heritability and low fertility in autism
- can be explained by the effects of epistatic interactions
- between genes that are involved in both intelligence and autism.
- Ploeger & Galis, 2011)

## The Theory of Mind Hypothesis of autism

- refers to the ability to infer the full range of mental states that cause action.
- Possessing a theory of mind is to be able to effectively reflect on the contents of one's own and others minds
- allows us to predict and anticipate behaviors in others
- and respond accordingly and appropriately.
- Difficulty in understanding other minds and interpreting behavior is a core cognitive feature of individuals diagnosed with autism.
- individuals with autism fail to "impute mental states to themselves and others"
- this deficit manifests as inability to mentalise, or failure to take into account others' mental states.
- (Rajendran & Mitchell 2007)

### Widely used test of Theory of Mind

- transfer test of false belief
- the participant watches a sequence of events
- usually enacted by dolls
- story unfolds so that one doll has a belief about the location of an object that is incongruous with its real location
- participant then makes a judgment about where the doll will look
- in order to give the correct answer the participant has to infer the mental state of the doll (I think he thinks)
- 80% of children with autism failed the unexpected transfer task
- (Rajendran & Mitchell 2007)

#### Second-order false belief task

- Problem: 20% of autistic individuals passed tests of false belief
- deficit seemed not to be universals
- So they used the more difficult second-order false belief task
- (I think, he thinks, she thinks)
- none of the children with autism passed the test.
- (Rajendran & Mitchell 2007)

### The theory of mind

- remarkably successful in making specific predictions about the impairments
- in socialization, imagination and communication shown by people with autism.
- It cannot explain either the non-triad features of autism, or earlier experimental findings of abnormal assets and deficits on non-social tasks.
- it may be necessary to postulate an additional cognitive abnormality
- (Rajendran & Mitchell 2007)

#### Weak Central Coherence theory

- it explains some of the non-social, as well as the social features of autism
- such as the attention to acute detail that ranges from pedantry to obsession.
- typically developing individuals process information by extracting overall meaning or gist.
- autism is characterized by weak or absent drive for global coherence
- individuals with autism process things in a detail, focused or piecemeal way
- processing the constituent parts, rather than the global whole.
- (Frith & Happé, 1994)

### The broken mirror theory

- caused by a hypoactivity of mirror neurons
- a neuronal system that is activated when an action is performed by a person
- and when the subject observes the same action done by a conspecific.
- one of the key mechanisms for what concerns social interactions
- it allows an individual to embody in himself the mental states of those who have faced as they were their own.
- Autistic patients would not be able to embody in themselves others' mental states
- due to a dysfunction related to mirror neurons.
- hypoactivity of the mirror system would be found only in certain circumstances and not in other.
- (Keller & Bugiani & Fantin & Pirfo 2011)

#### Hypoactivity ot the mirror system

- imitation tasks which do not require an <u>explicit</u> imitative behavior: hypoactivity of the autistic mirror system.
- does not occur when the subject is explicitly asked to imitate an observed movement.
- deficits associated with the mirror system does not stop at simple task imitation.
- Autistic subjects have great difficulty in understanding the others' intentions
- seem to have no impairment regarding the goal of the action, or rather the "what" of the action.
- could not understand the general intention of the model: "why" this action is performed.
- (Keller et al. 2011)

#### Conclusion

- Autistic subjects, for those problems of embodiment of the mental states of others,
- which are possible only thanks to mirror neurons
- have many difficulties in reading the emotional states of others.
- (Keller et al. 2011)

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