

Thyroid hormones

Regulation of metabolism

- increasing oxygen consumption
- modulating levels of other hormones (insulin, glucagon, somatotropin, adrenalin)
- important in cell differenciation
- crucial role in development of CNS, gonads and bones

Effects of thyroid disruption



Hypothyroidism



Hyperthyroidism

Effects of thyroid disruption

- In prenatal development severe damage of CNS (cretenism, delayed eye opening, cognition)
- Megalotestis
- Histological changes in thyroid gland (goitre)



Thyroid hormones

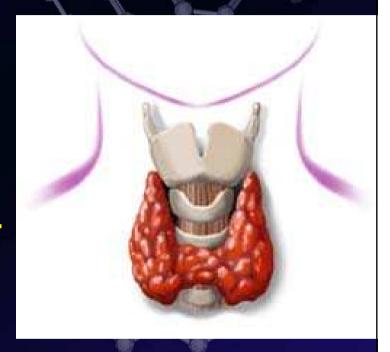
- T4 prohormone
- 5'-deiodination leads to active form, T3

Thyroxine (T₄)

3,5,3'-Triiodothyronine (T_3)

Thyroid hormones

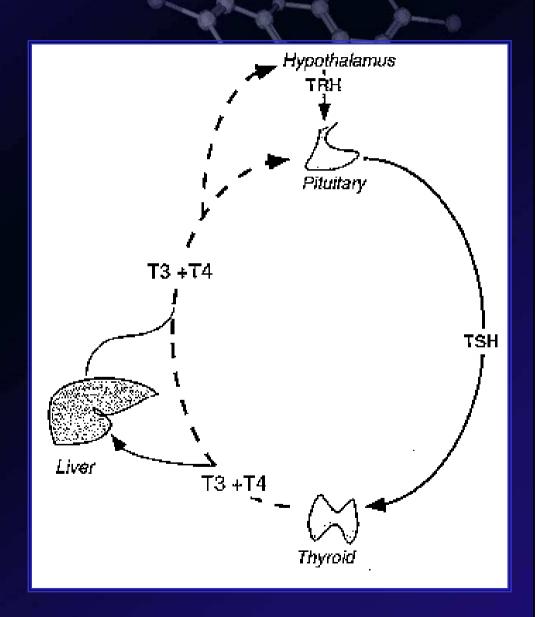
- T4 and small amount of T3 produced in thyroid gland
- Most T3 produced by deiodination in target tissues (deiodinases)



- T4 synthesis iodination of tyrosin residues on tyreoglobulin
- coupling of two iodotyrosines conducted by thyroid peroxidase

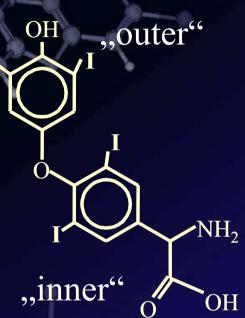
Pituitary-thyroid axis

- -Regulation of thyroid synthesis
- -Negative feedback
- -TSH stimulates both Iuptake and iodination of tyrosine resides on Tg



Enzymes involved in thyroid metabolism

- Thyroid peroxidases
 - iodination of tyrosyl residues
 - coupling of iodinated tyrosyl residues
- Thyroid deiodinases
 - D1, D2 activation of T4 into T3 via deiodination on ,outer" ring (formation of T3)
 - D3 deactivation into rT3 via deiodination on "inner" ring



Mechanism of action

- Alike other nuclear receptors
 - -5 isoforms of TR
 - -After activation formation of homo- and heterodimers
 - -Binding to thyroid responsive elements
 - -Gene expression

Thyroid binding proteins

- Regulating free T4 and T3 levels in blood
- -3 types:
 - -Thyroid-binding prealbunin (transthyretin) (20-25%)
 - -Albumin (5-10%)
 - -Thyroid binding globulin (75%)

Competitive binding to thyroid binding proteins

- OH-PCBs, brominated and chlorinated flame retardants, DDT, dieldrin
- OH-PCBs equal affinity to TBP as T4 and T3
- More of free T4 in blood => increased depletion

Competitive binding to TR

- Probably less important than binding to TBP
- Chemicals that affect thyroid signalling in vivo mostly don't bind to TR (DDT, PCBs) or bind with much lesser affinity than T3 (OH-PCBs 10000x)

Accelerated depletion of TH

- UDP-glucuronosyltransferase detoxication enzyme (II.biotransformation phase)
 - Induced by PCBs, dioxins
 - Key enzyme in thyroid catabolism

- Increased by disruption of TBP binding

In vivo assessment

- TH serum levels simple, nondestructive x variation witin time of day, age, sensitive to other than biochemical stresses
- Thyroid gland weight and folicular cells number
- Delayed eye opening, abnormalities in brain development and cognition
- Increased testis weight and sperm counts
- Perchlorate discharge test (TH synthesis)

In vitro assessment

- Enzyme inhibition assays (thyroid peroxidase, deiodinases)
- Competitive binding assays with TBP
- TH- dependent proliferation assay (pituitary tumor GH3, thyroid tumors like FRTL-5 cell line) or TSH-dependent proliferation assay (thyroid tumors)
- Receptor-reporter gene assays with luciferase (monkey kidney CV-1, chinese hamster ovary CHO or insect Sf9 cell lines)