Homework number 8

Do both exercises.

Exercise 18. Compute $\pi_k(\mathbb{R}P^n)$ in terms of $\pi_k(S^n)$.

Exercise 19. Let Y be a connected space with a base point y_o such that the couple $(Y, \{y_o\})$ has the homotopy extension property. Then every continuous map $f: S^k \to Y$ can be extended to $F: D^{k+1} \to Y$ if and only if $\pi_k(Y, y_o) = 0$.