



Protocol title: Somatic measurements in Ergonomics

Name:

Date:

Measurement	Test person 1	Test person 2
Body weight		
Height		
Head circumference		
Chest circumference		
Eye height		
Shoulder height		
Suprasternal height		
Elbow height (a - radiale, b - flexion)		
Spina iliaca height		
Tibiale height		
Stylian height		
Sagittal chest diameter		
Transversal chest diameter		
Bicristal pelvic breadth		
Biacromial shoulder breadth		
Bideltoid shoulder breadth		
Reach distance		
Elbow – handgrip distance		
Arm span		
Sitting height		
Sitting - eye height		
Sitting - cervical height		
Sitting - shoulder height		
Sitting - elbow height (a - radiale, b - flexion)		
Popliteal height		
Height of the thigh (above the seat)		
Knee height		
Upper arm length (elbow flexed)		
Elbow-wrist length		
Width of the elbows		
Sitting width		
Sitting - abdominal depth		
Sitting – chest depth		
Thigh length - popliteal		

Thigh length - patellar		
Inside leg		
Outside leg		
Shirt sleeve		
Across back		
Across front		
Shoulder length		