

# BIOMARKERS AND TOXICITY MECHANISMS 13 – BIOMARKERS Summary and final notes

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Tento projekt je spolufinancován Evropským sociálním fondem a státním rozpočtem České republiky.









INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

# Topics covered in the final presentation

- Biomarkers at different levels
  - Omics
  - -... and beyond

- Biomarkers in human medicine and drug development
  - Strategy and steps in development
  - Application examples



# Biomarkers at various levels "omics"



### Biomarkers at different biological levels – "omics" approach



## Biomarkers at different biological levels

- "Omics" techniques
  - Systems biology research
  - Screenings of responses (differences) at all levels of biological organization
- GENOMICS
  - Relatively stable
    - not responding to environmental changes (e.g. Toxicants)
  - Can be used as "biomarkers of susceptibility" (SNPs and personalized medicine)
- OTHER "OMICS" (Transcripts, Proteins, Metabolites...)
  - Resposive to environmental stress (including toxicants, therapy etc.)



#### **Biomarkers at different biological levels**



# Hypothesis driven research (focus on pathways)

# Data driven research (omics & profiling)



# Biomarkers at even higher levels – example: toxic metals



Early warning to individual health

Early warning from population to ecosystem health

Fig. 1. Environmental pollutants –such as metals– can exert their effects at all levels of biological organization. Most used biomarkers for assessing toxic responses are listed in each level. MN= micronuclei, CA= chromosome aberrations, SNPs= single nucleotide polymorphisms.

# Developments and applications of biomarkers



## 3 key steps towards the biomarker establishment

#### An example of protein-based biomarkers



## 3 key steps towards the biomarker establishment

- Biomarker development
  - High numbers of endpoints (e.g. proteins)
  - Low numbers of samples compared (e.g. 10 controls vs 10 "treatments")
- Biomarker validation
  - Decreasing number of markers
  - Increasing numbers of specimens (biological samples)
- Biomarker qualification and approval
  - Individual markers
  - Analytical methods validated and well established



More detailed view: 5 steps leading to biomarker use in practice





Centrum pro výzkum toxických látek v prostředí

#### EXAMPLE process of biomarker establishment – lung cancer diagnosis



## What is (what is not) a candidate biomarker: example flowchart



# Biomarkers have MANY APPLICATIONS ... such as:

#### Biomarkers in research

- Search of "potential" therapies/drugs
  - Changes in biochemical responses provide information on efficiency and mechanism of action
- Identification of "early markers" of chronic diseases
  - Early diagnosis (e.g. identification of developing cancer, coronary disease...)

#### Biomarkers in medicine

- Identification of status of an individual
  - Healthy vs Disease
- Assessment of therapy/treatment
  - Efficiency Did treatment improved situation? (improvements in biomarker responses)
  - Adverse or side effects of therapy
- Biomarkers in toxicology
  - Identification of status
    - Intoxicated (exposed) vs Controls
    - Forensic toxicology (e.g. consumption of drugs of abuse, alcohol etc)
  - Early warnings of future health consequences
    - Biochemical changes are detectable before the actual health problems





#### Various designs to search for biomarkers of different therapies



TABLE 20.1	Summary	of IARC	changes in	arcinogenicity	status based	on	biomarker o	lata.
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Change	Number of Chemicals		
Mechanistic evidence used to upgrade hazards from 2A (prob- ably carcinogenic to humans) to 1 (carcinogenic to humans)	3		
Mechanistic evidence used to upgrade hazards from 2B (possibly carcinogenic to humans) to 2A (probably carcinogenic to humans)	36		
Mechanistic evidence used to upgrade hazards from 3 (not classifiable as to carcinogenicity to humans) to 2B (possibly carcinogenic to humans)	4		
Mechanistic evidence used to downgrade hazards from 2B (possibly carcinogenic to humans) to 3 (not classifiable as to carcinogenicity to humans)	8		
Total	51		



## **Biomarker validation EXAMPLE**

Kim-1 protein levels and kidney clinical signs (histopathology grades 0-3)



**FIGURE 22.4** Boxplots of Kim-1 values by kidney histopathology injury grade. A plot of the individual values sorted by Kim-1 value is superimposed over each, giving a finer scaled picture of the distribution of the data. The figure indicates that median Kim-1 values generally increase with an increased histopathology score. Also, some samples in the group of animals treated with a nephrotoxicant but with histopathology scores of zero have elevated Kim-1 levels. (See color insert for a full color version of this figure.)



#### OMICS biomarkers in discovery and validation

#### Overview of Multi-omic Approaches Applied in Biomarker Discovery





# toxicity mechanisms (MoA) and biomarkers

# overall summary



Molecular effects of toxicants (1)

 $\rightarrow$  Propagate to higher levels (2),

 $\rightarrow$  here they induce various "responses" detectable as (3) biomarkers



Biological organization

