



CEITEC

Central European Institute of Technology
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S5015

Light microscopy methods in biology

Lecture 2: Confocal and lightsheet microscopy

Milan Ešner

Cellular Imaging Core Facility, Ceitec MU
milan.esner@ceitec.muni.cz

S5015 : Light microscopy methods in biology

Lecture 1: September 30, 2021 at 9:00

History of microscopy, fundamentals of light microscopy. Contrasting techniques in transmitted light microscopy – brightfield, darkfield, phase contrast, DIC. Widefield fluorescence microscopy - deconvolution, point spread function, point spread function measurements, description. Detectors in widefield microscopy, filters, light sources.

Lecture 2: October 14, 2021 at 9:00

Confocal microscopy - principles, types of confocal microscopes – scanning, spinning disc, channel vs spectral imaging, linear unmixing. Lasers, detectors, beam splitters, optical sections. Lightsheet microscopy.

Lecture 3: October 25, 2021 at 9:00

Imaging below diffraction limits – SIM, SMLM, STED

Lecture 4: November 4, 2021 at 9:00

Basics of Image analysis – image types, pixels, voxels, basic filters, image processing, metadata, deconvolution, 3D visualization, objects detection, quantification.

Practical 1: December 14, 2021 at 9:00

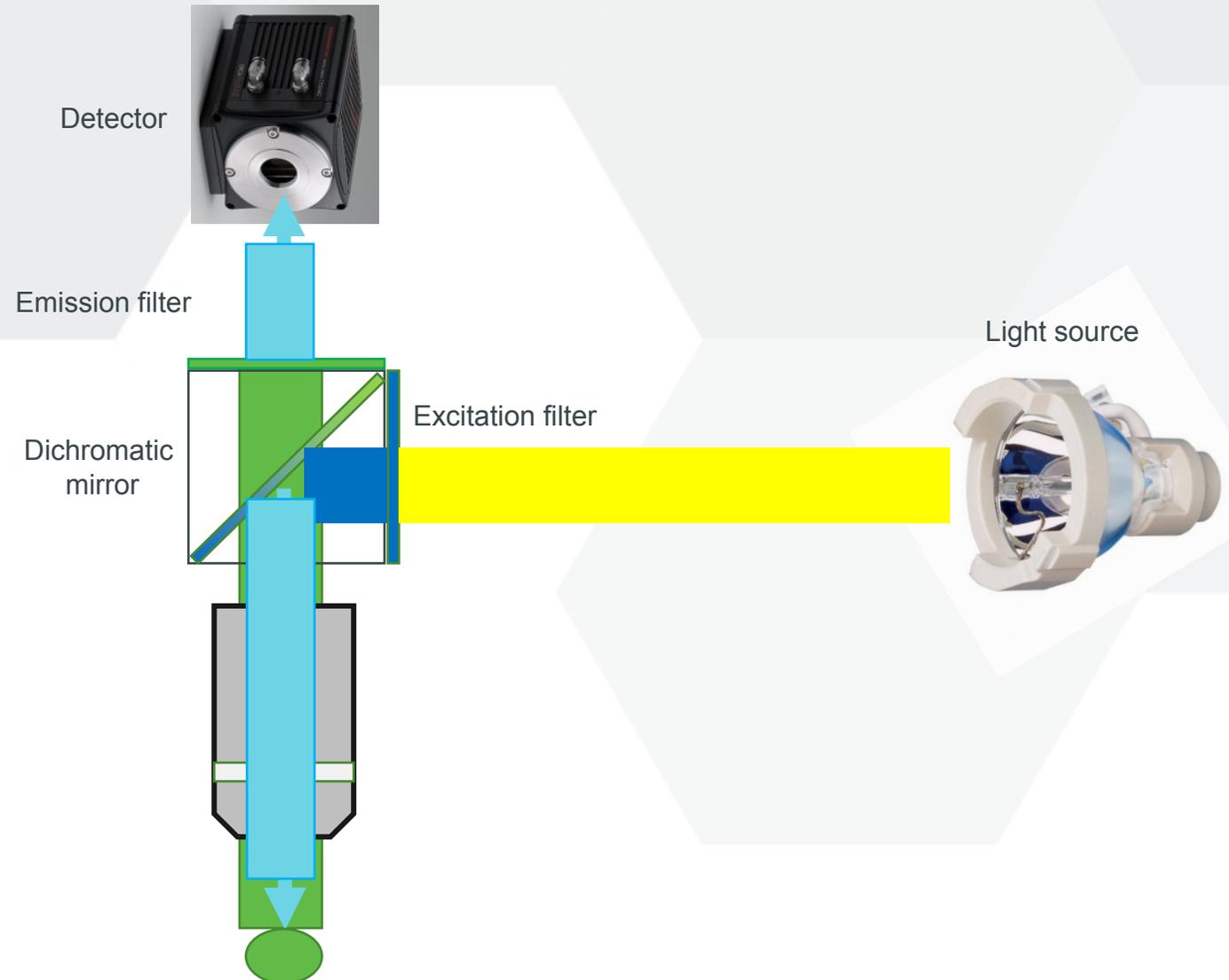
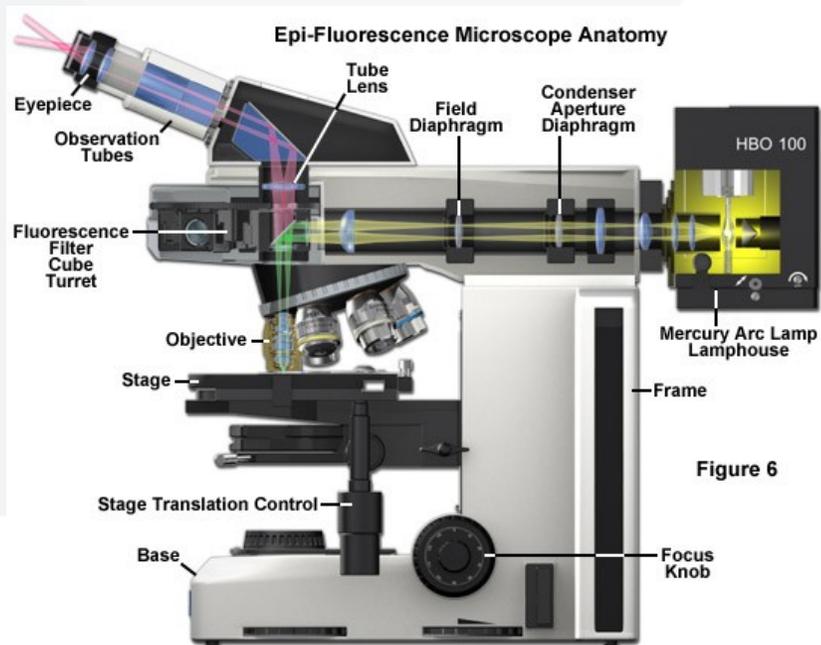
Transmitted light microscopy, widefield fluorescence, confocal, Apotome, SIM

Practical 2: December 15, 2021 at 9:00

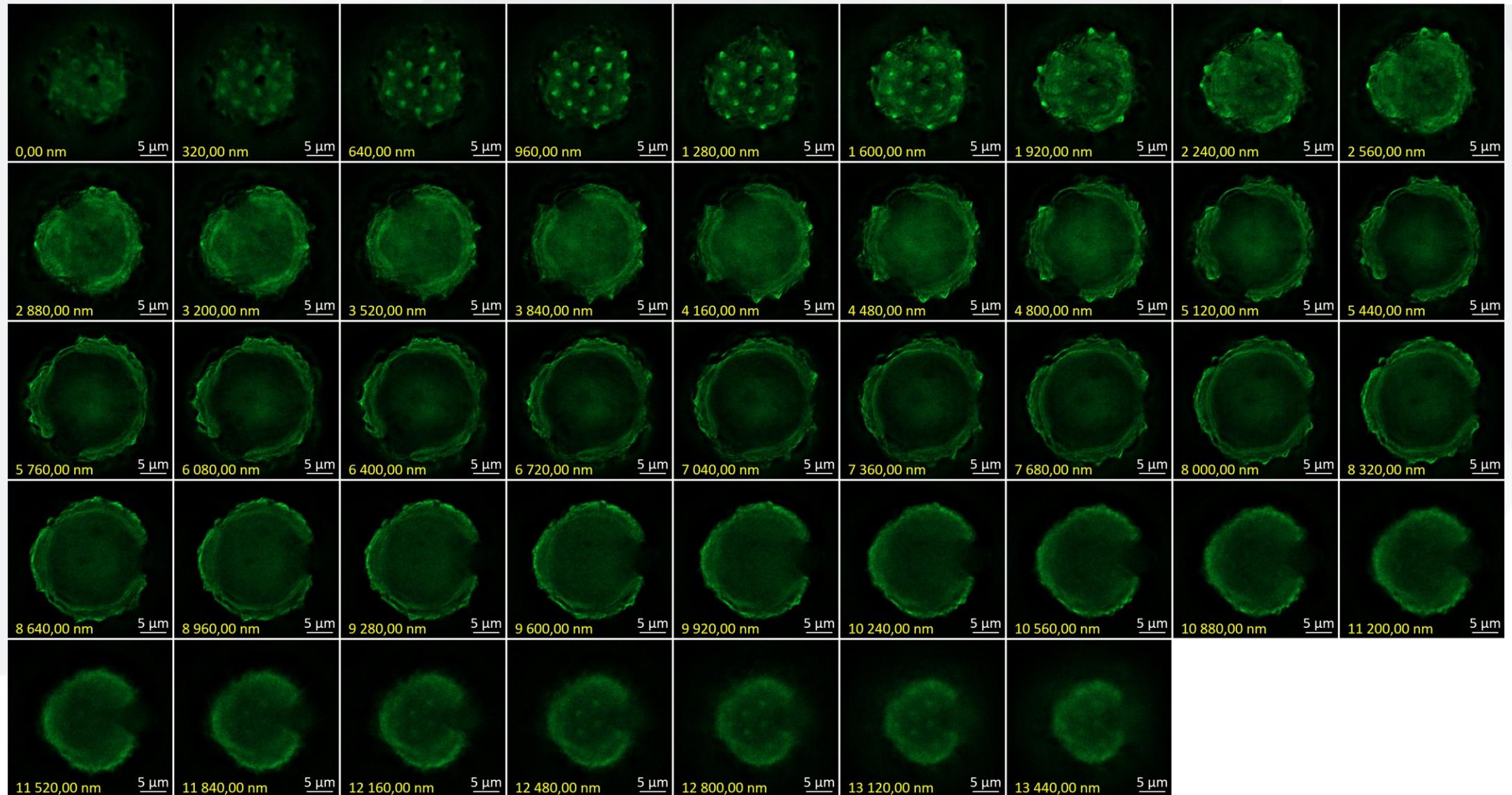
Sample preparation, single molecule localization microscopy acquisition and analysis, deconvolution.

Widefield fluorescence imaging

- + fast and photo efficient
 - + sensitive detectors – sCMOS with 95%QE,
 - + variable LED sources
 - + easy and accessible technique of imaging
 - + relatively cheap instruments
- blurred images due to out of focus light



Confocal microscopy



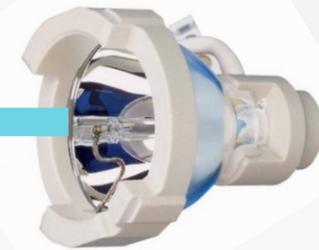
Confocal microscopy

Pinhole

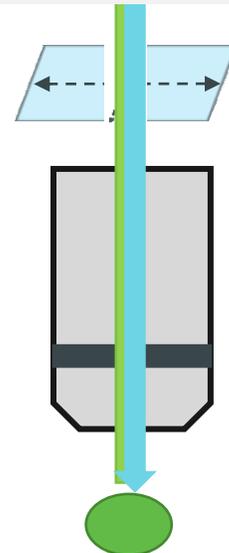


confocal pinhole

- Pinhole physically blocking out of focus light
- Define optical thickness of scan
- Diameter in Airy units, depends on wavelengths and NA
- Impact resolution
- Multicolor imaging - same opening produce different optical thickness
- Adjustable for each dye in point scanning microscopes
- Spinning disc confocals have fixed pinhole diameter

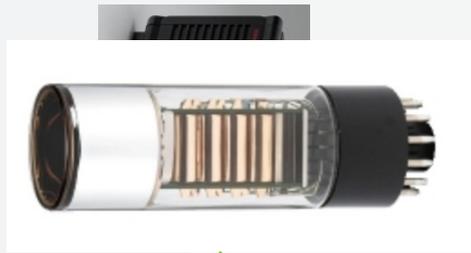


Coherent light source
lasers

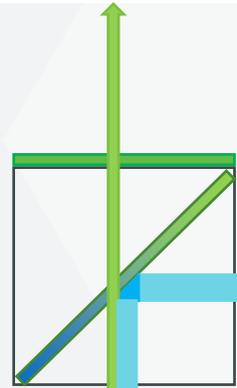


Scanning mirrors

Point scanning confocal microscopy



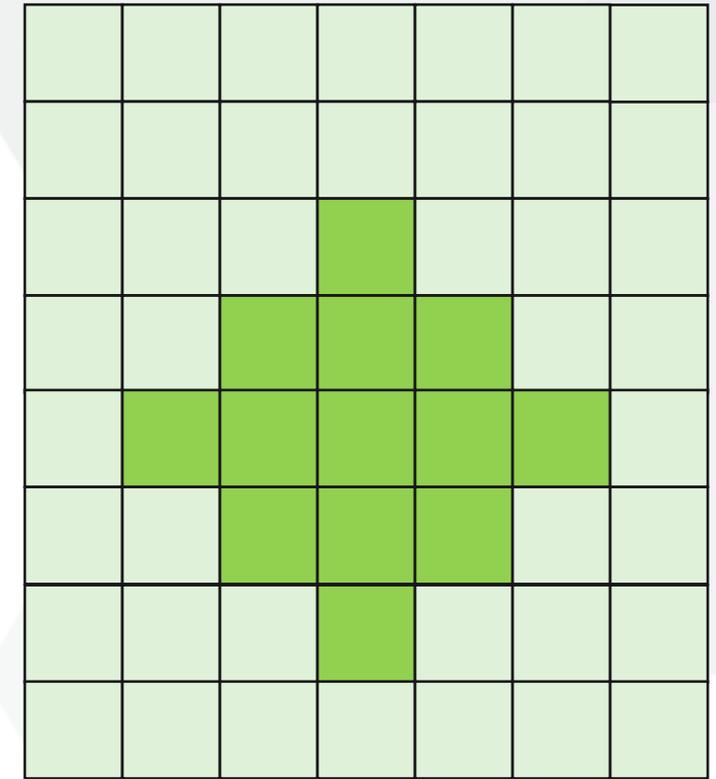
confocal pinhole



Scanning mirrors



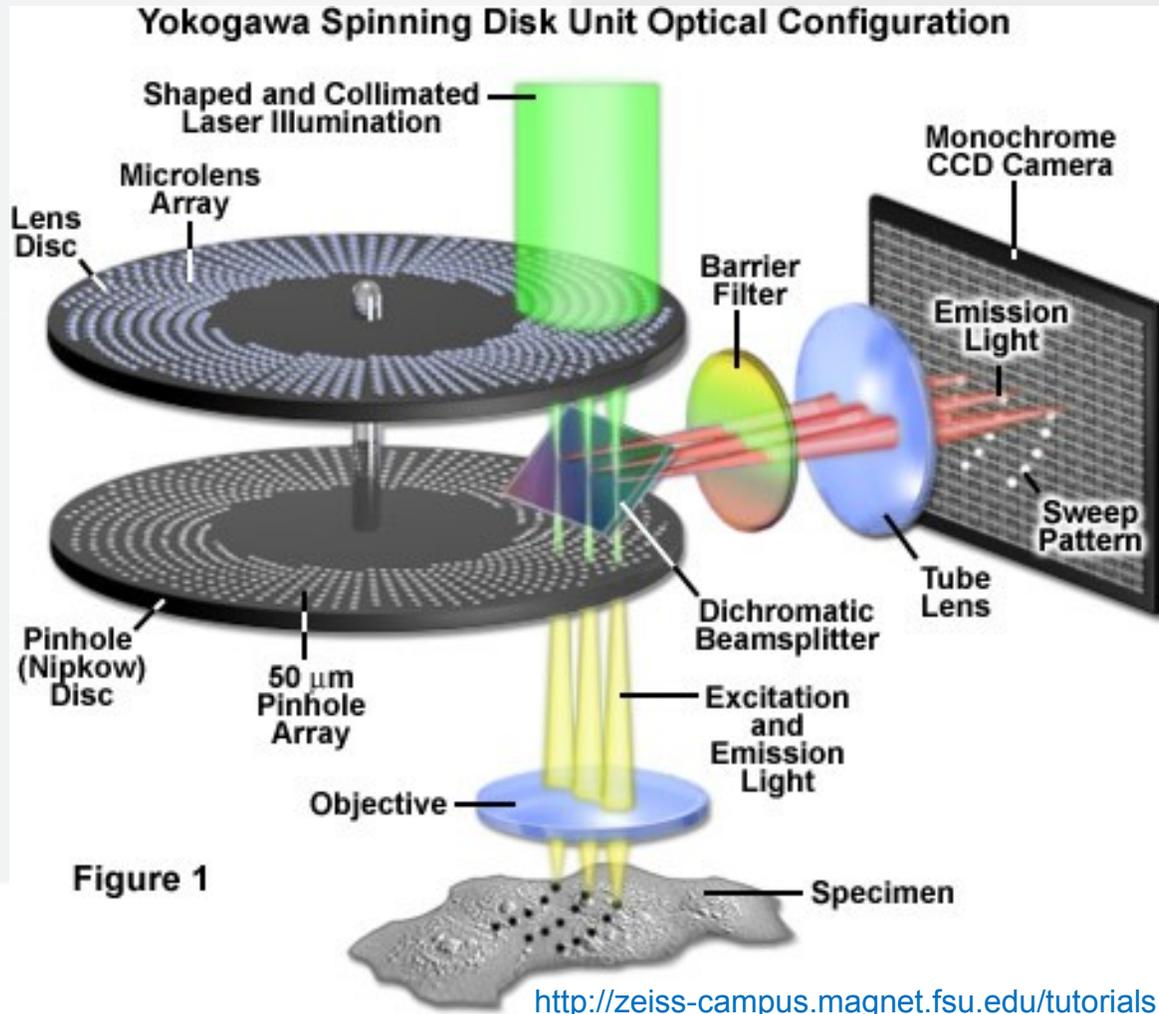
Coherent light source
lasers



Nyquist-Shannon criterion

Pixel size should be at least 2.3 times smaller than actual optical resolution of the system.

Spinning disc confocal microscopy



- + optical sectioning
- + fast
- pinholes optimized for one objective (interchangeable discs)
- sensitive to dust

Only slightly increased resolution compare to widefield system
Main advantage – increase contrast and optical sections

Lateral resolution

Conventional microscope

$$d = 0.61 * \frac{\lambda_{emm}}{NA}$$

Confocal microscope
1 AU pinhole

$$d = 0.61 * \frac{\lambda_{exc}}{NA}$$

Confocal microscope
0.25 AU pinhole

$$d = 0.37 * \frac{\lambda_{exc}}{NA}$$

Axial resolution

Conventional microscope

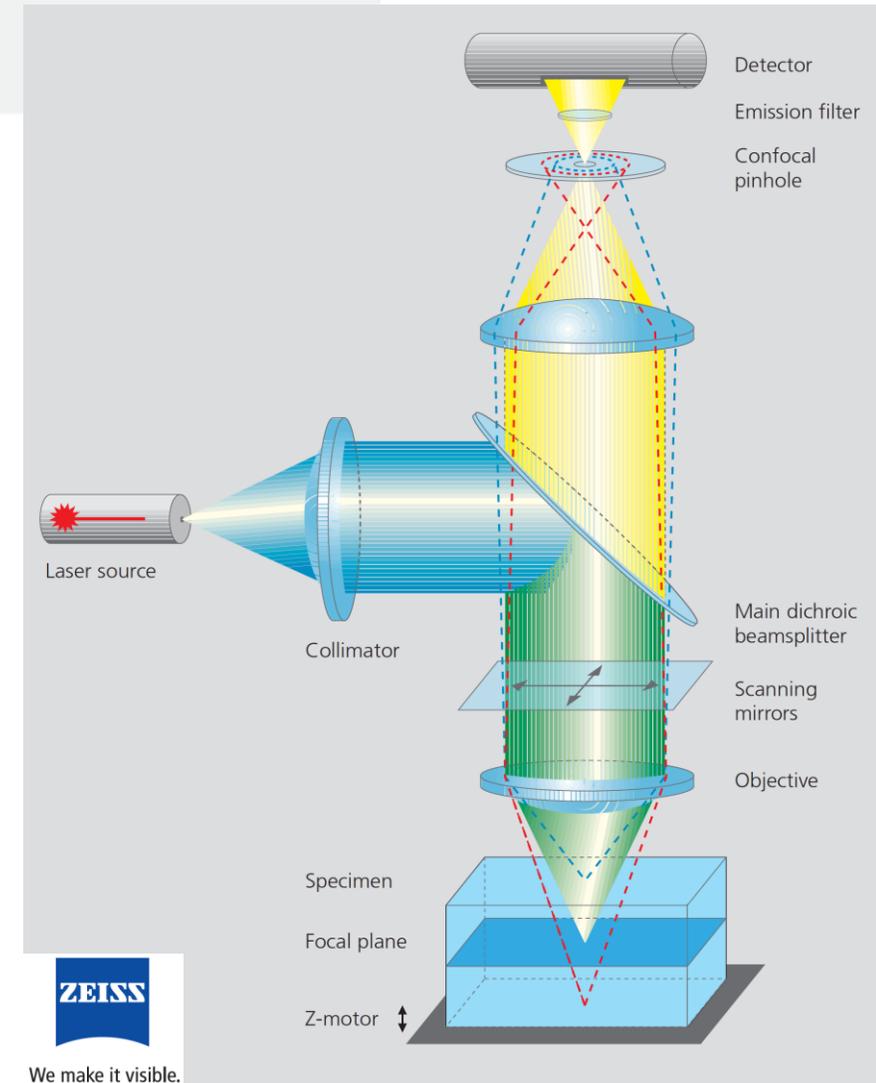
$$d = \frac{n * \lambda_{emm}}{NA^2}$$

Confocal microscope
1 AU pinhole

$$d = \frac{0.88 * \lambda_{exc}}{(n - \sqrt{n^2 - NA^2})}$$

Confocal microscope
0.25 AU pinhole

$$d = \frac{0.64 * \lambda_{exc}}{(n - \sqrt{n^2 - NA^2})}$$



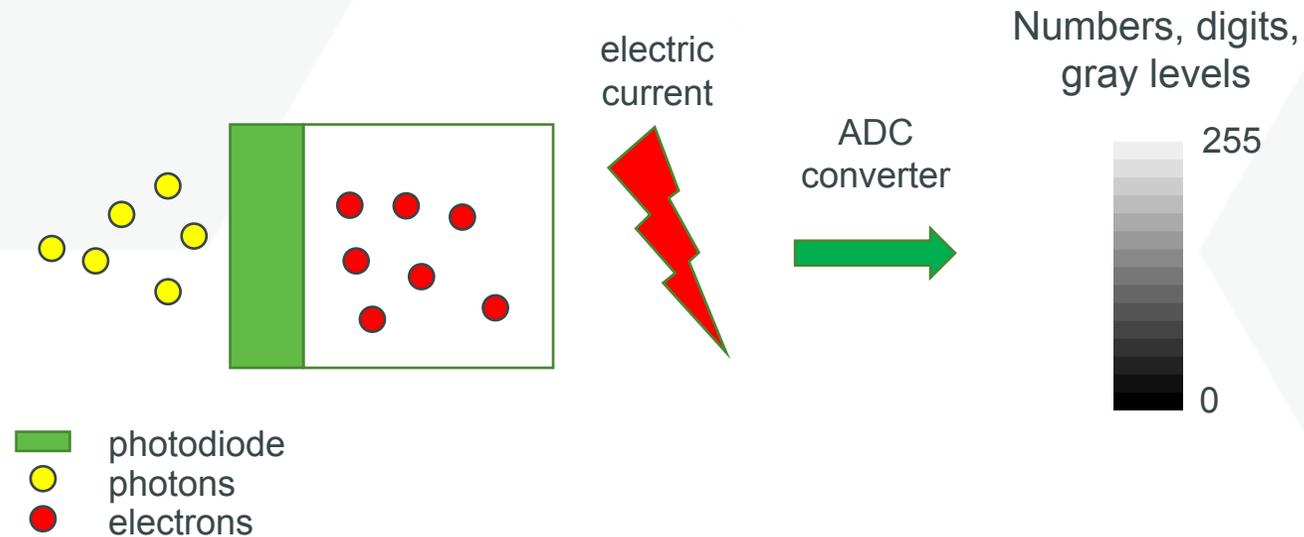
Light source

- lasers polarized, coherent, monochromatic, collimated
- Cw – constant wave lasers, mW range
- 405, 488, 561, 640 – standard wavelengths
- 350, 458, 514 and others
- Argon laser source (458, 488, 514) – outdated
- Diode lasers most often
- White laser tunable
- Pulsed lasers, cw lasers
- Lasers are combined together by laser combiner
- Dichromatic beam splitter, or AOBS

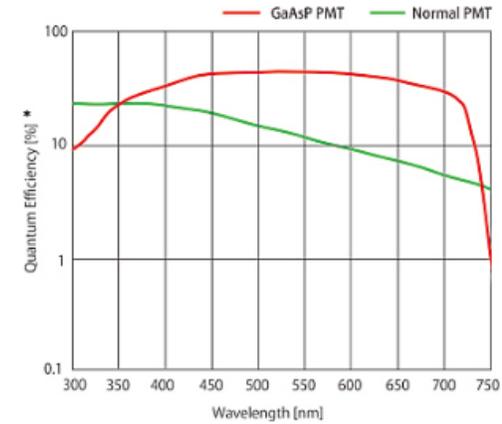
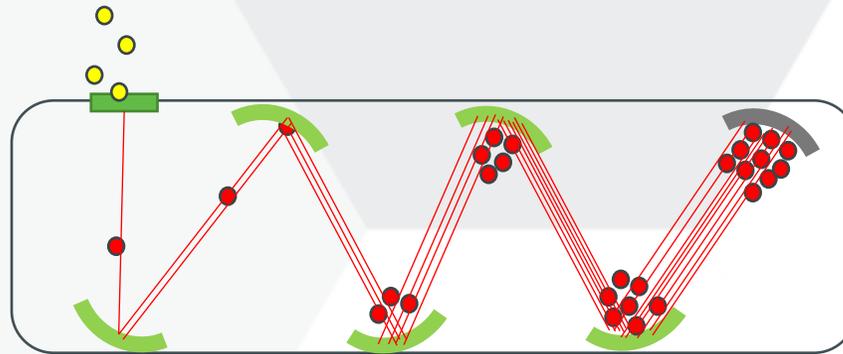
Capture light emitted from sample ->

Point scanning confocal microscopes: Photon Multiplying Tube, Avalanche PhotoDiode detectors

Widefield, spinning disc microscopes: CCD, EM-CCD, sCMOS sensors



Photomultiplier tube detector (PMT)



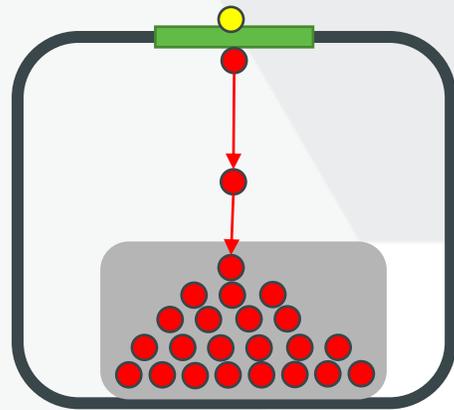
■ photocathode
● photons
● electrons

⤿ dynode (electrodes)
⤿ anode

Photocathode determine QE and spectral sensitivity.

GaAsP (Galium, Arsenid, Phosphid) are more sensitive then standard multialkali PMTs, but are sensitive to overexposure. QE up to 50% in 550 nm.

Avalanche photodiode detector (APD) – hybrid detectors (Leica)



Avalanche diode

GaAsP (Galium, Arsenid, Phosphid), but are sensitive to overexposure. QE up to 50% in 550 nm.

-  GaAsP photocathode
-  photons
-  electrons
-  avalanche photodiode

CCD and CMOS devices

CCD – Charge-Coupled Device

Pixels read out by line (interline CCD). Single output node and ADC, lower frame rate.
Consume more electricity.

CMOS – Complementary Metal-Oxide-Semiconductor

Faster read out then CCD, each pixels read out individually. Each row has its own output node with ADC.
More noise compare to CCD, but faster fps. Major improvements in last years.

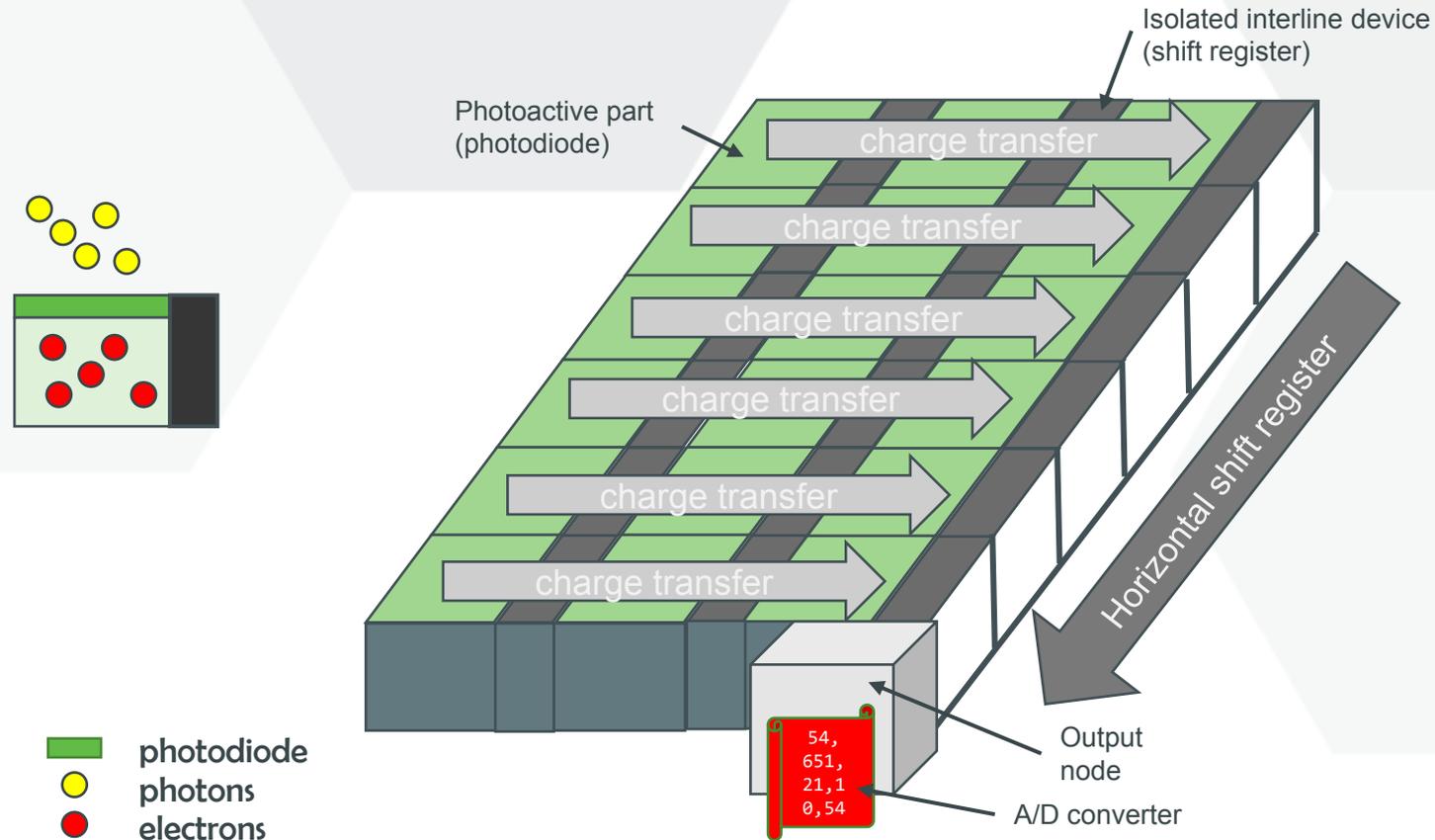
Photoactive part releasing electrons and generating charge, which is converted into a voltage.
Analog signal (voltage) is converted to discrete signal (numbers).
Array of multiple units (pixels).



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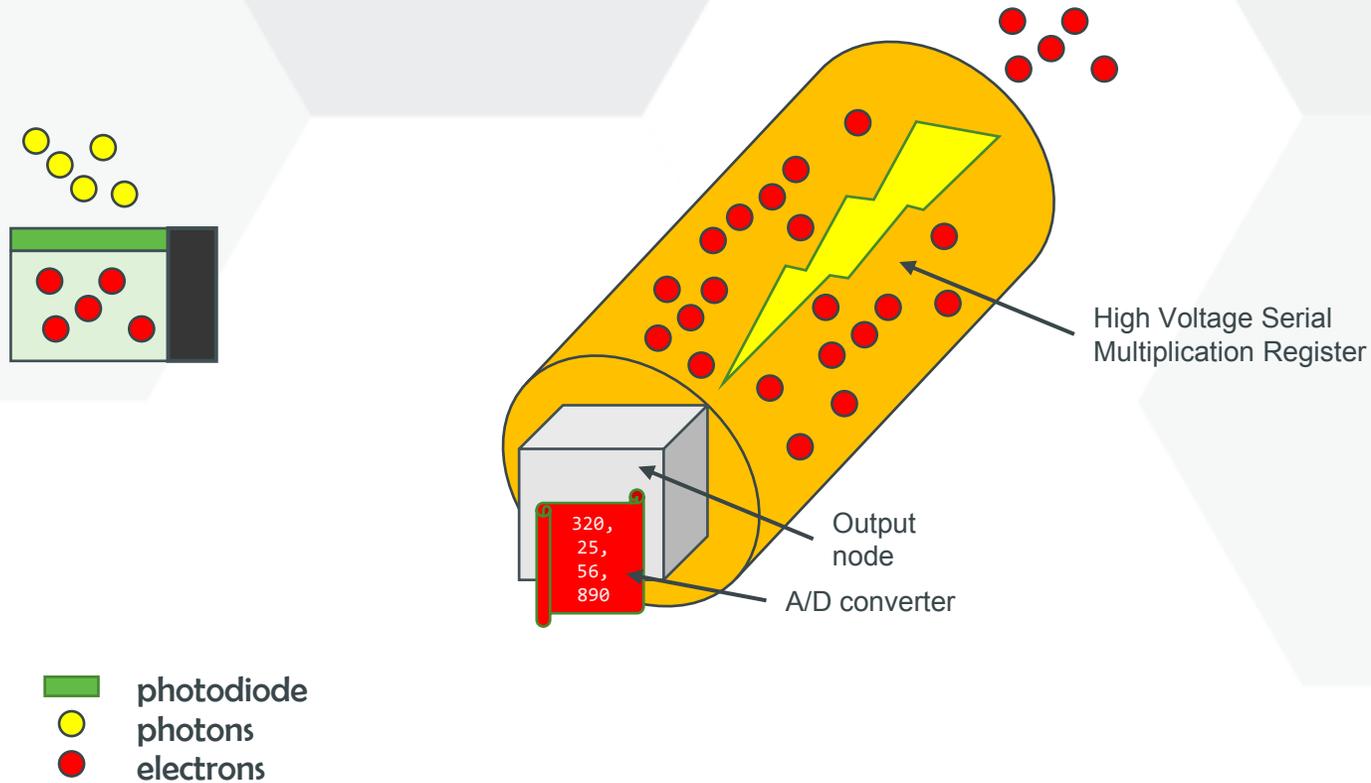
CCD sensor

Pixel charge fill to neighborhood pixels horizontally and vertically (interline CCD)



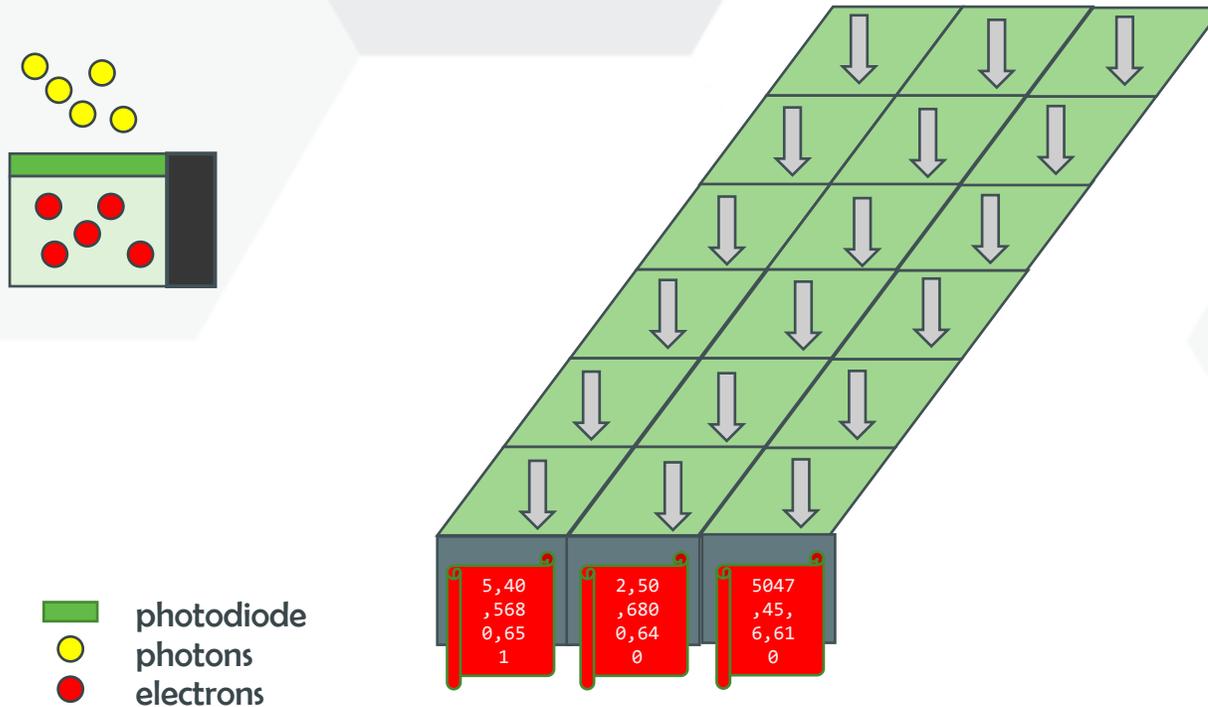
EM-CCD sensor

Electron multiplying charge-coupled device – on-chip amplification
Advantage - Extremely sensitive, near 100% QE
Disadvantage – low pixel number, big pixel size



Detectors

CMOS sensor



Photon (shot) noise – most important part of the noise, caused by quantum nature of light (photons).

– follow Poisson distribution, $SD = \sqrt{\textit{photon count}}$

Dark current noise – randomly generated electrons without photons (thermally generated electrons). Depends on temperature.

Read noise – several sources, errors during quantification of electrons to current (voltage) and subsequent analog-digital (A/D) conversion, higher at faster pixel read-out rates.

Fast scan: 1.4 electrons rms ^{*1}
Standard scan: 1.0 electrons rms ^{*1}
Ultra-quiet scan: 0.7 electrons rms ^{*1}

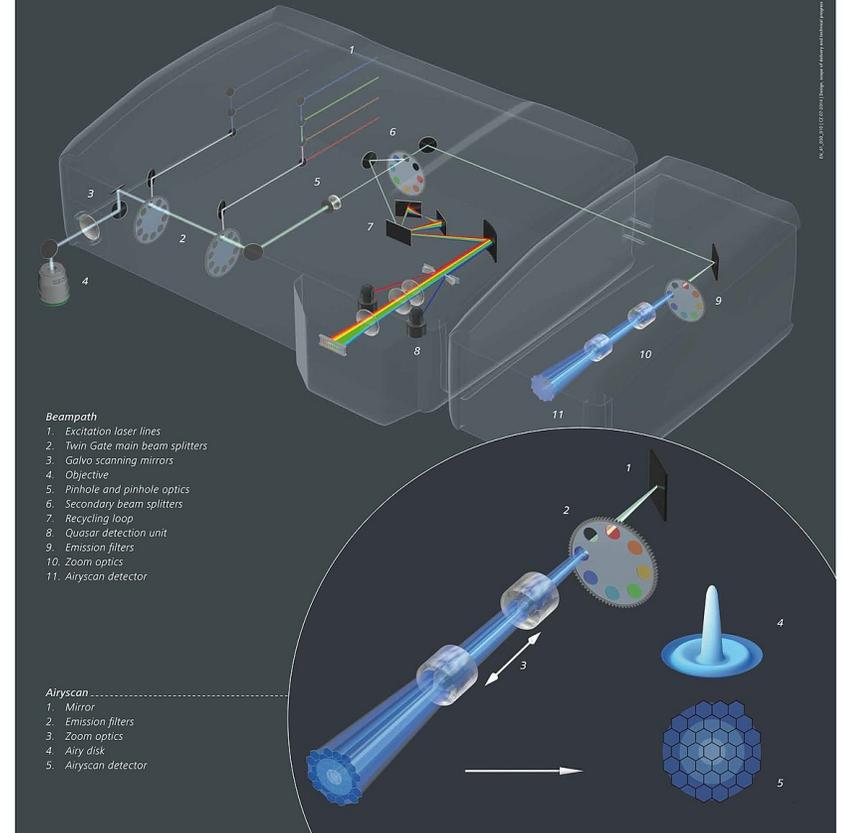
$$\text{Noise} = \sqrt{(\textit{photon noise})^2 + (\textit{dark noise})^2 + (\textit{read noise})^2}$$

Confocal image acquisition

Confocal microscope have usually multiple detectors for fluorescence and one detector for transmitted light.
Based on fluorochromes we can acquire multicolor image in different ways

- Sequential scanning with interchangeable hardware setting between tracks
- Sequential scanning without interchangeable setting hardware between tracks
- Simultaneous scanning
- Lambda scanning

ZEISS LSM 880 with Airyscan Revolutionize Your Confocal Imaging



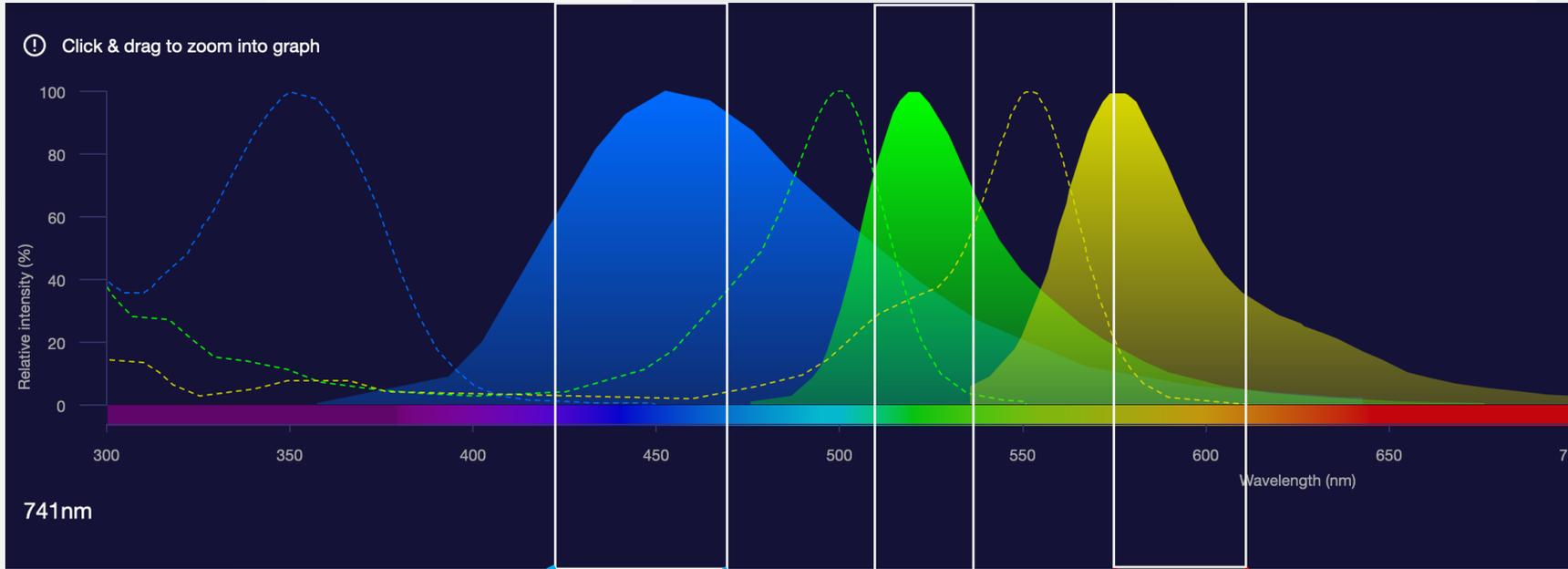
Carl Zeiss Microscopy
microscopy@zeiss.com
www.zeiss.com/lsm880



We make it visible.

Channel imaging

Sequential acquisition



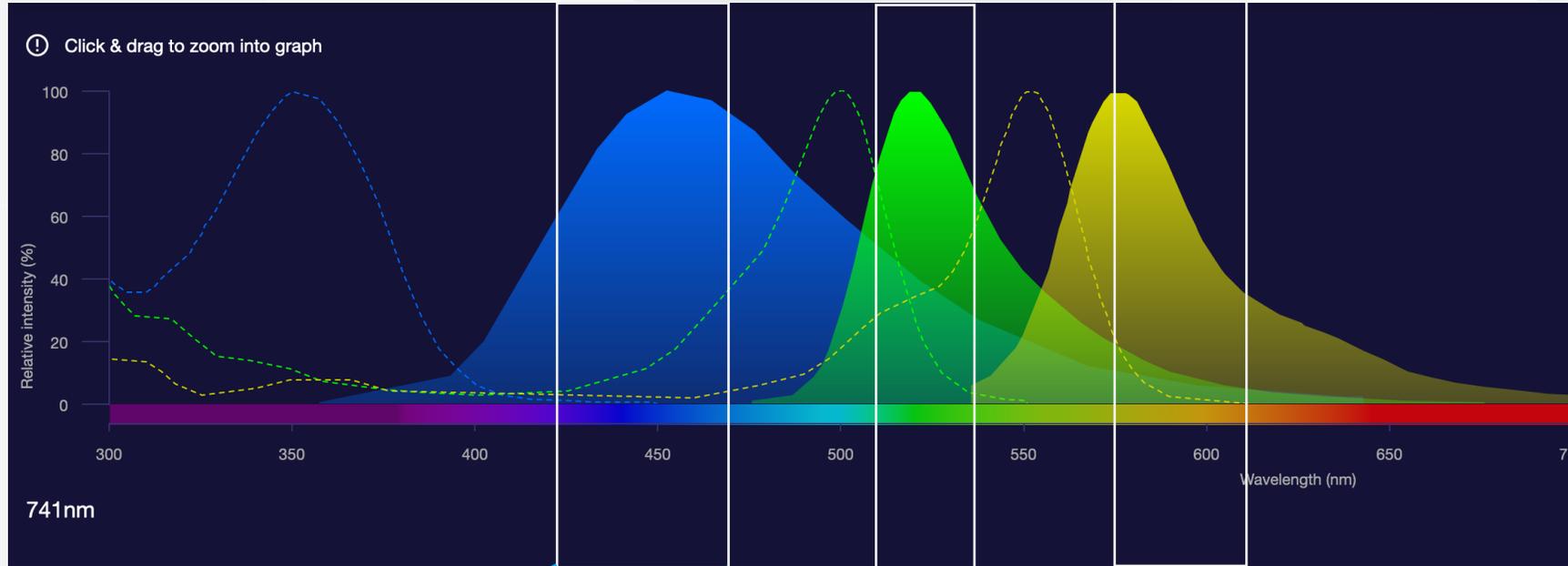
Detector 1

Detector 2

Detector 3

Channel imaging

Simultaneous acquisition



+ speed

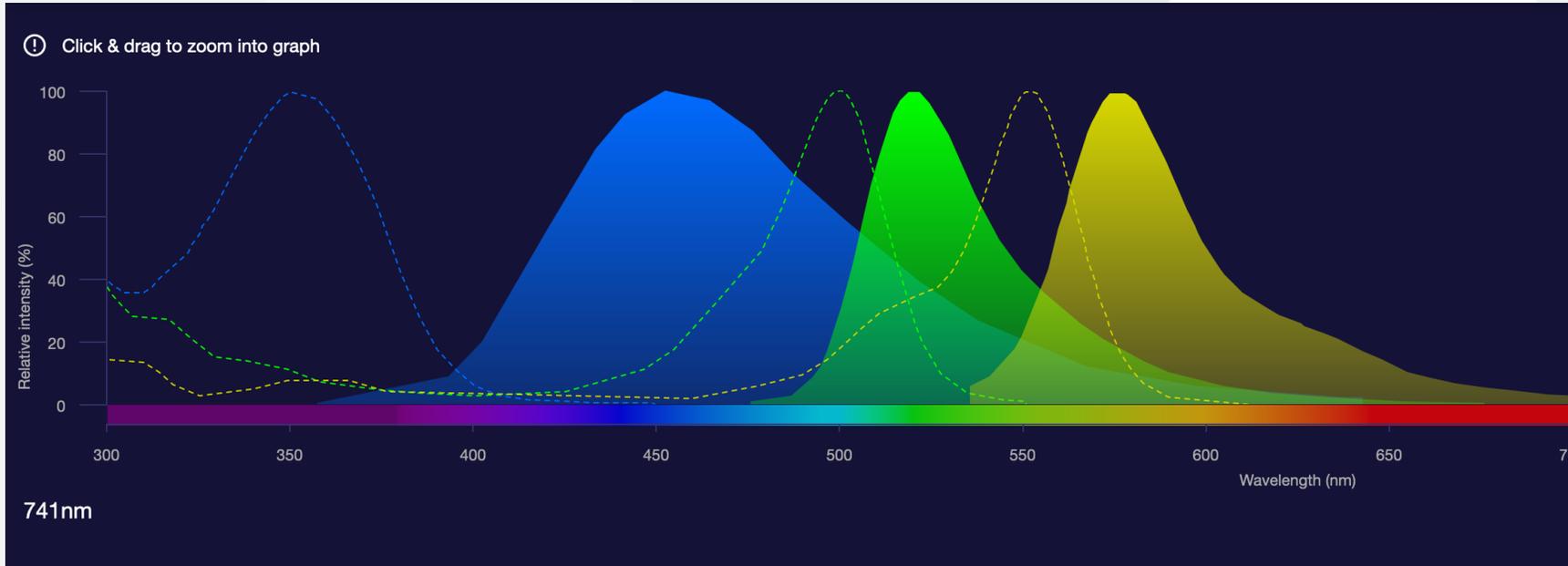
- crossexcitation and bleedthrough

Detector 1

Detector 2

Detector 3

Lambda imaging



- + speed
- + separation of similar spectras
- Mathematical separation
- of fluorochromes



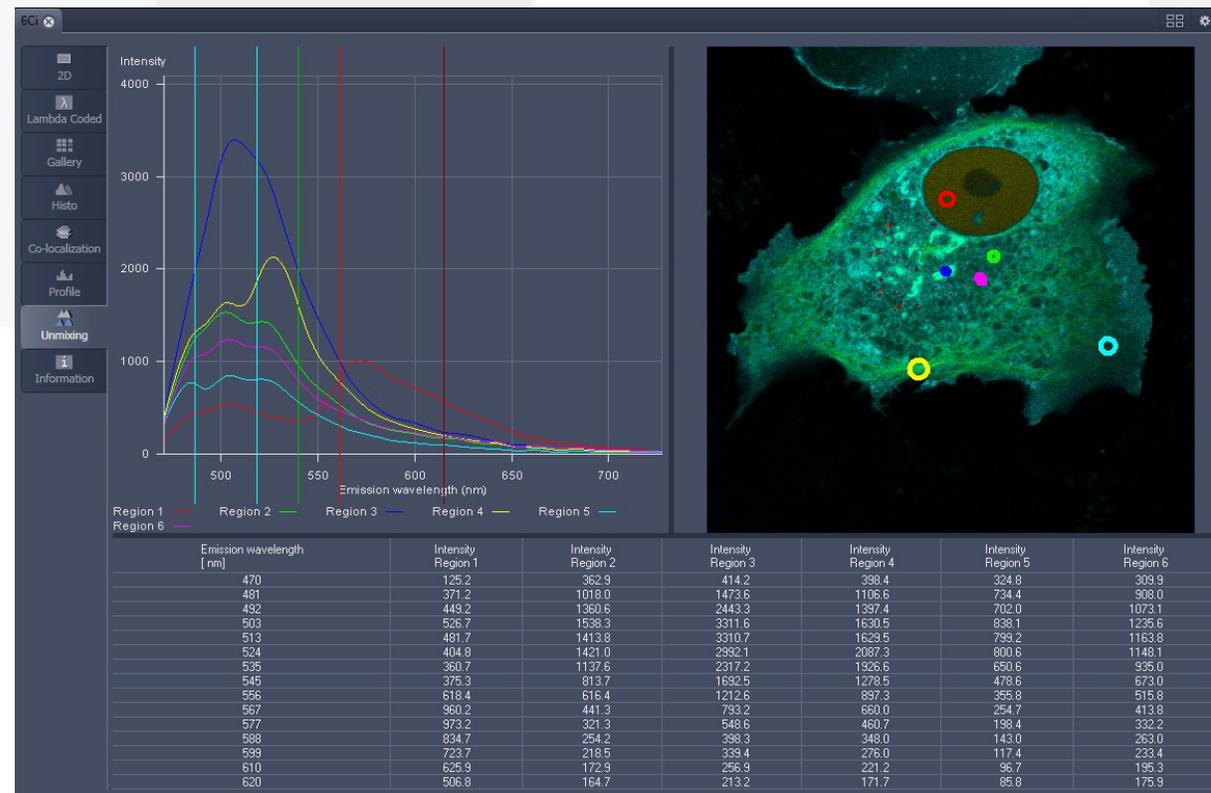
Acquire lambda scan and define spectra of each fluorophore separately

Spectra saved in databases

Using the same settings acquire mixture of fluorophores

Different algorithms to separate lambda scan to individual fluorophores – multichannel image

Defined spectra or unknown spectra



Parameters of confocal imaging

Pinhole diameter: \downarrow diameter = \downarrow light = \downarrow optical thickness and \uparrow lateral resolution

Detector gain: \uparrow gain = \uparrow noise = \downarrow laser power

Pixel dwell time (sec): time of measurement of each pixel

Uni-direction or bi-directional scan

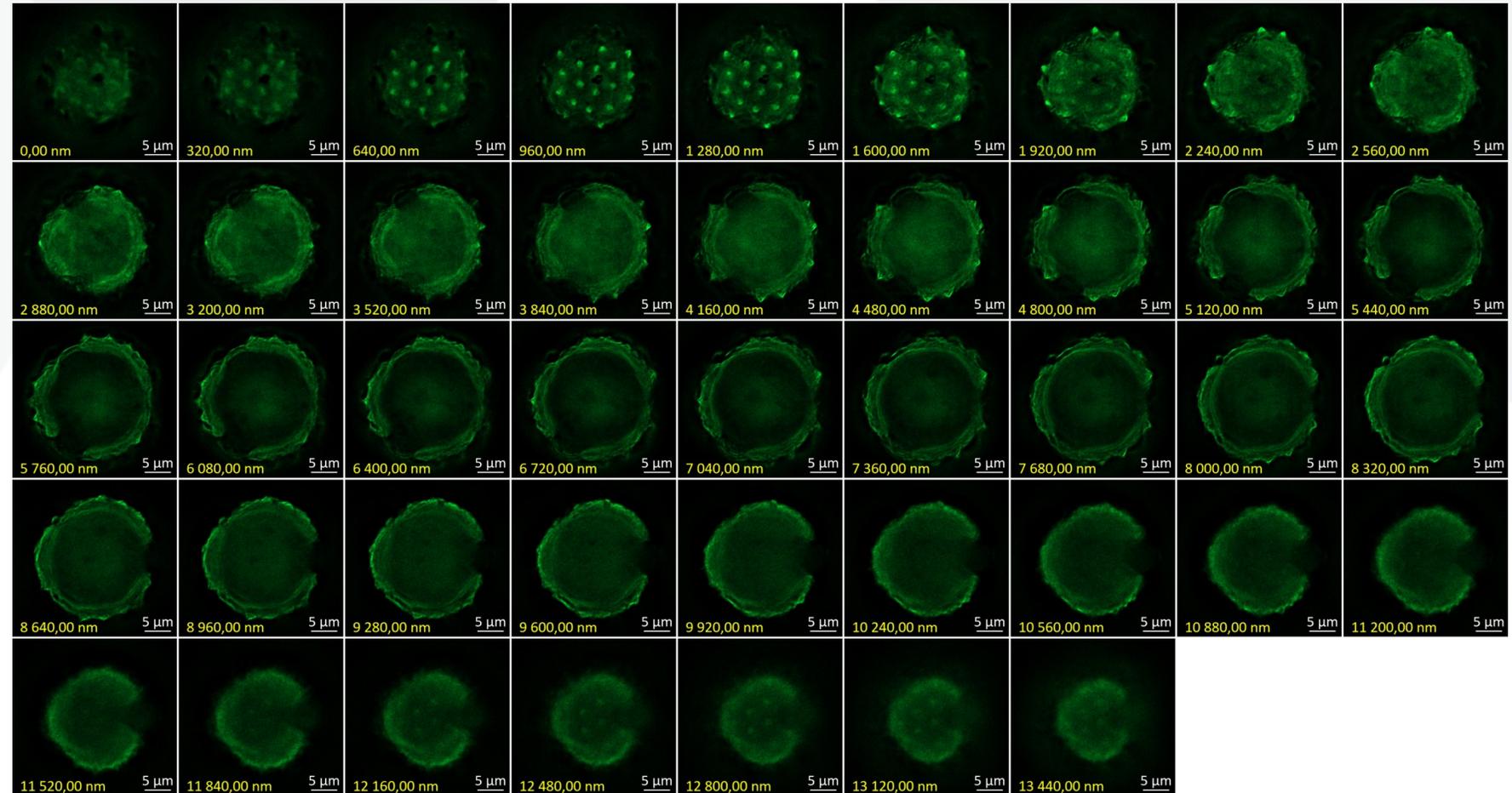
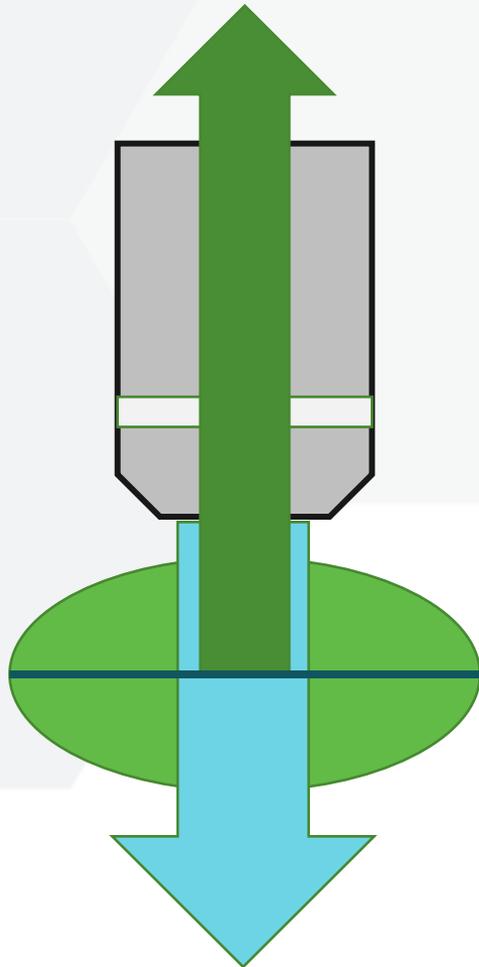
Number of pixels: size an numbers freely adjustable in point scanning systems

Bit depth: adjustable

Averaging: measurement of one pixel several time

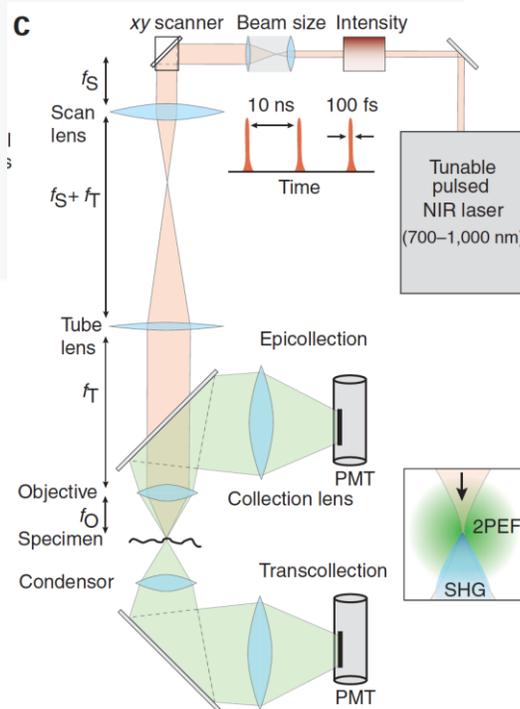
Limitations of confocal microscope

- speed, phototoxicity, photobleaching, penetration depth



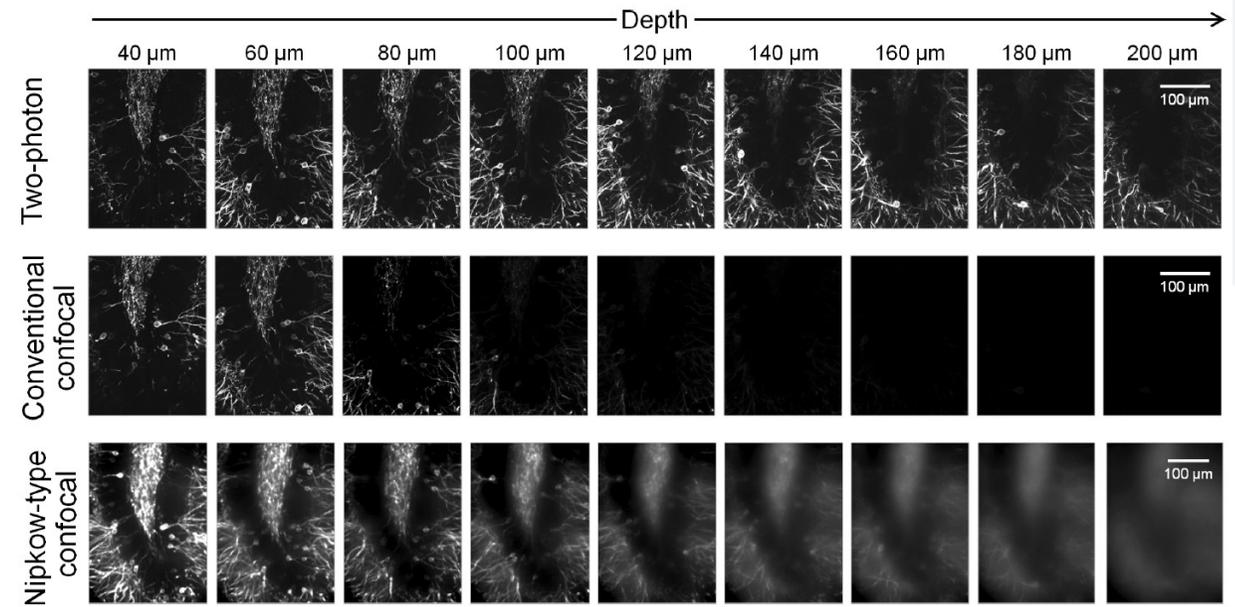
Two photon confocal microscopy

Excitation with longer wavelength laser, than emission
 Using near infrared femtoseconds pulsed laser
 Longer wavelength = lower energy, two photons required for excitation
 Near IR laser penetrates deeper in tissue, less scattering
 Confocality assured by excitation point spread function – no pinhole
 Superior to standard one photon confocal microscopes for deep tissue imaging



Deep tissue two-photon microscopy

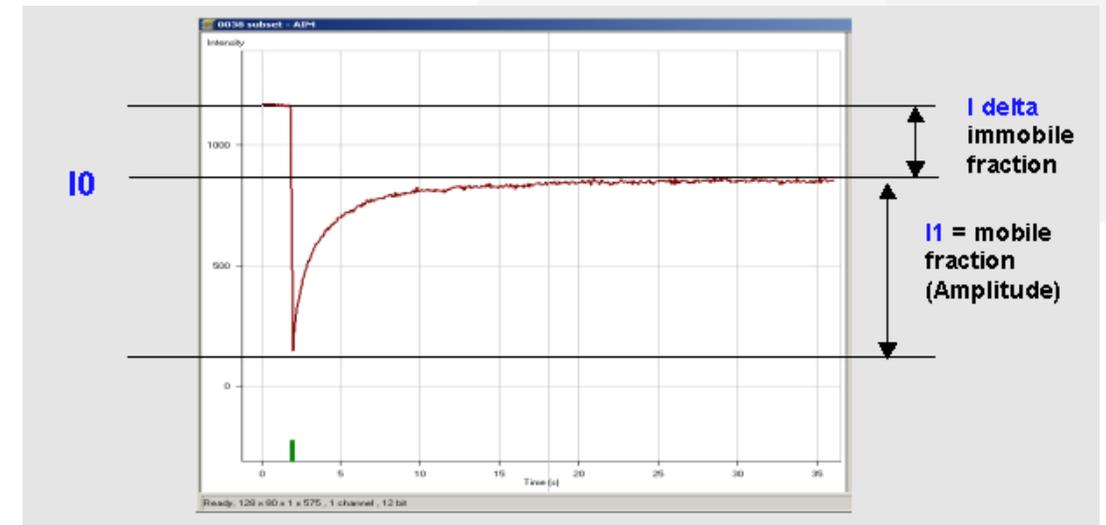
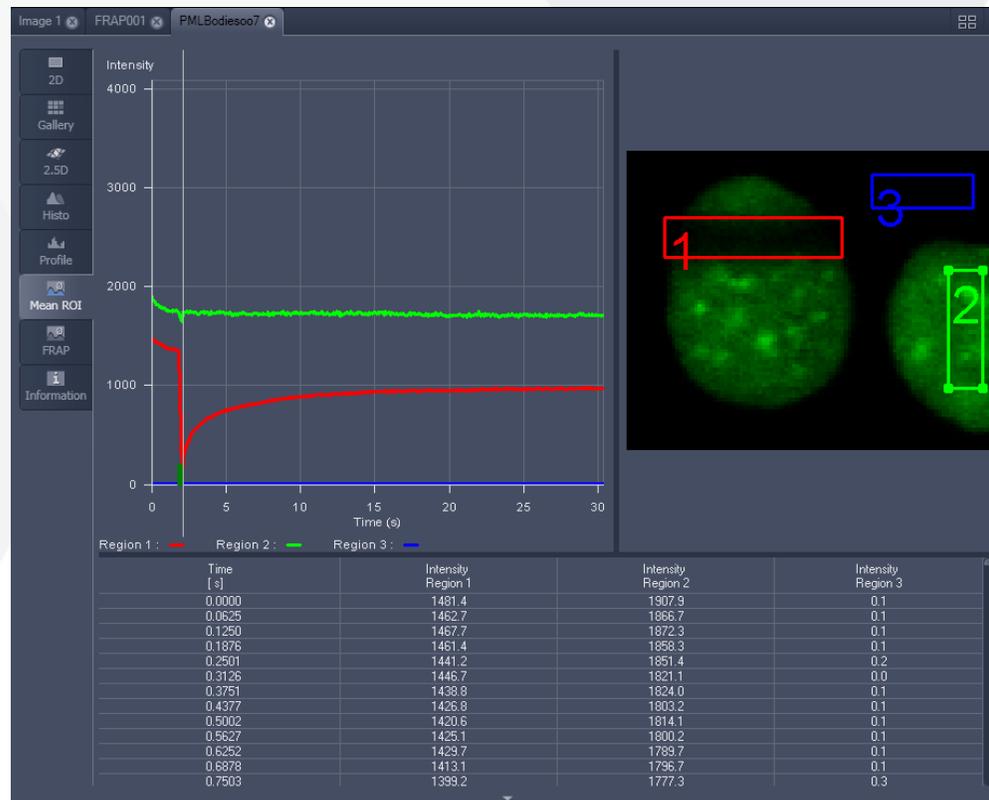
Fritjof Helmchen & Winfried Denk
Nature Methods 2, 932–940 (2005) | Cite this article



NIPKOW CONFOCAL IMAGING FROM DEEP BRAIN TISSUES

Fluorescence recovery after photobleaching - FRAP

Methods to study the mobility of fluorescently labeled molecules inside cells
Photobleach selected region and measure restoration of signal intensity over time
Active transport or diffusion



Fluorescent lifetime imaging - FLIM

Lifetime = time fluorophore remains in excited state (before starting emitting photons)
Each molecule has different lifetime – picoseconds to nanoseconds
Time between excitation and arrival of photon to detector – transition to ground state
Sensitive to local environment – pH, temperature, ion concentration

Requirements

Pulsed laser – femtosecond lasers

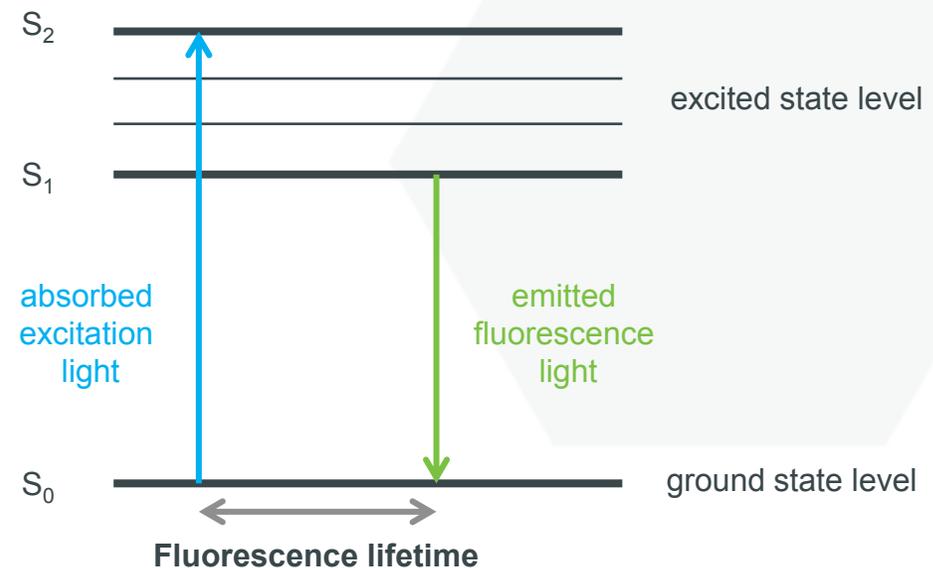
Single photon detectors – single photon avalanche diode, PMT, hybrid detectors

Special timing electronics for data registration

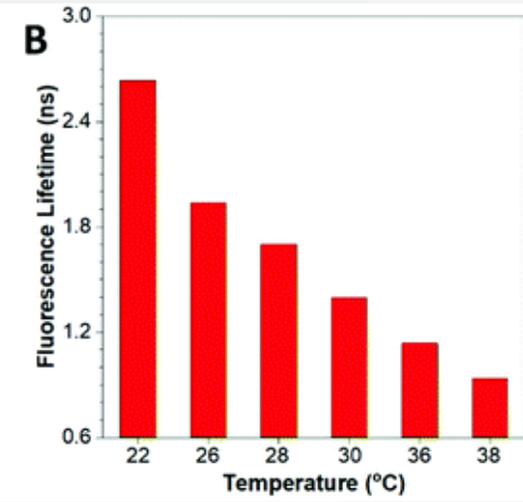
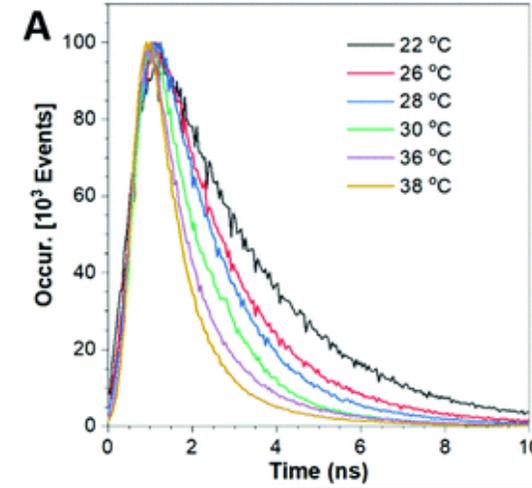
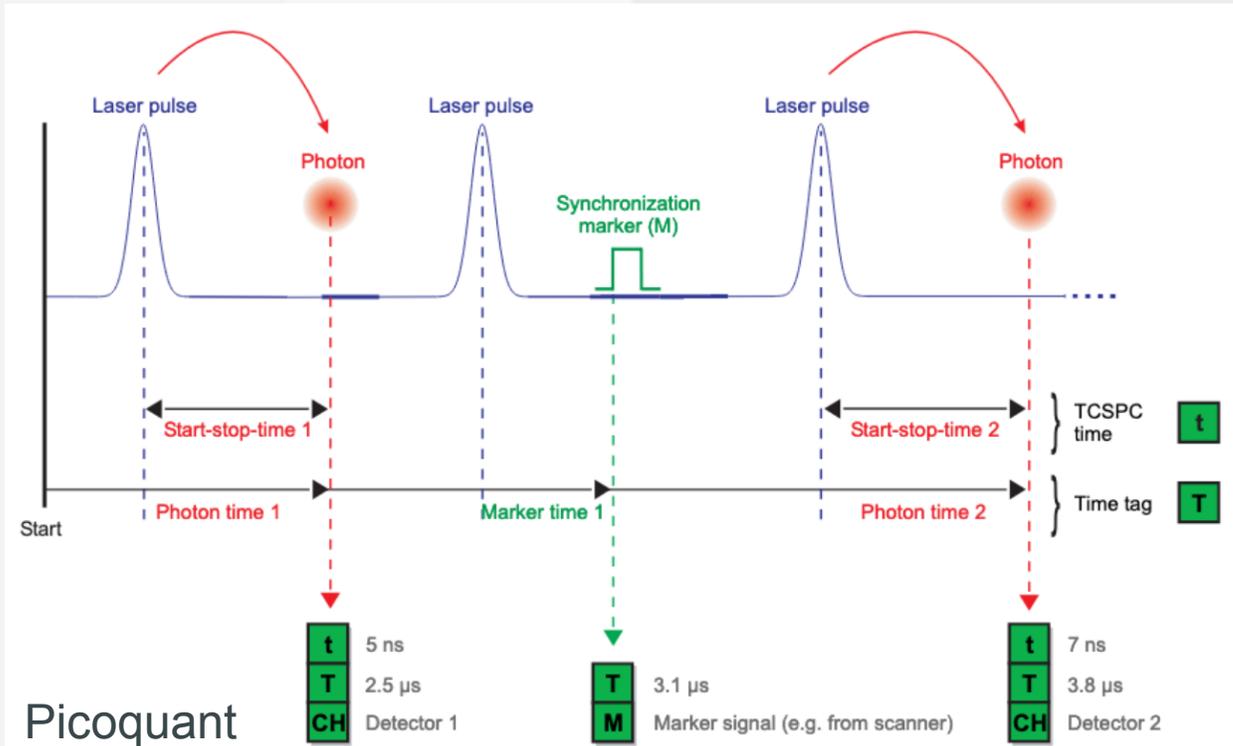
Environmental sensing – pH, ion concentration, protein interactions

Multiple fluorophores separation

Conformational changes



Fluorescent lifetime imaging - FLIM



[Check for updates](#)

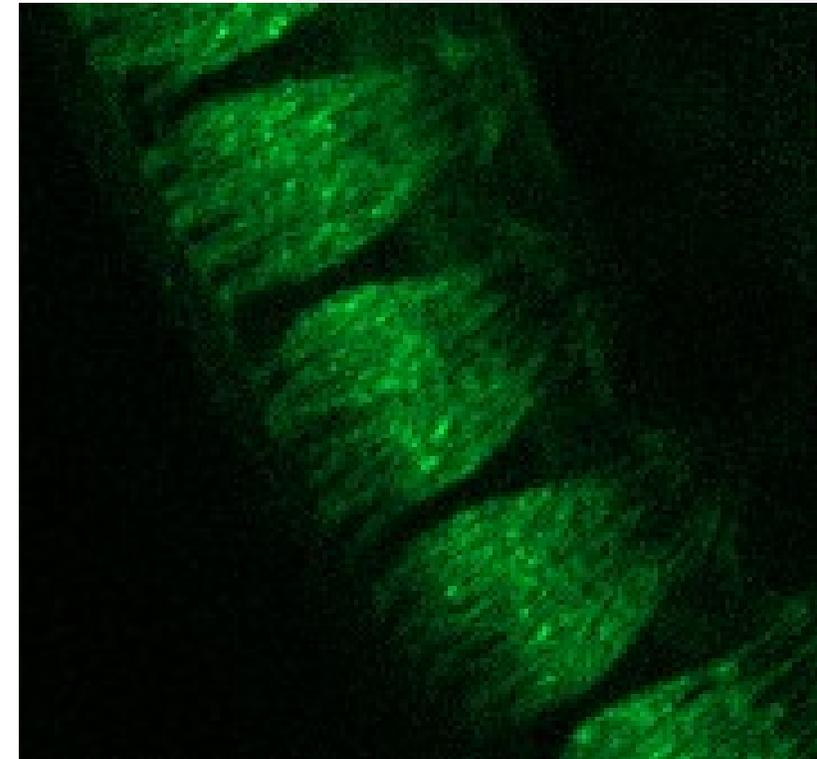
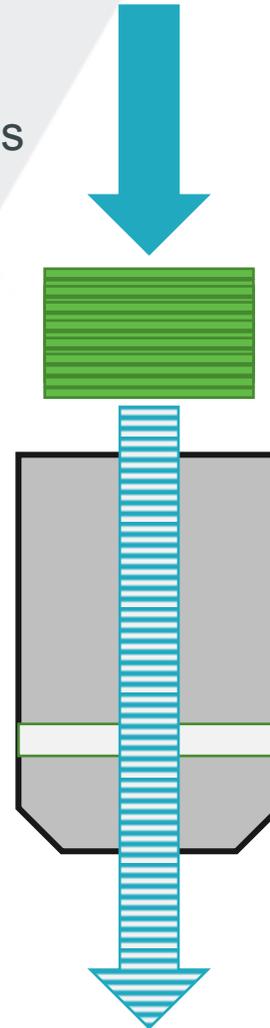
Cite this: *Nanoscale Horiz.*, 2020, 5, 488
 Received 3rd November 2019; Accepted 27th November 2019
 DOI: 10.1039/c9nh00693a
rsc.li/nanoscale-horizons

A simple yet effective AIE-based fluorescent nano-thermometer for temperature mapping in living cells using fluorescence lifetime imaging microscopy†

Hui Gao,^{1†} Chuen Kam,² Tsu Yu Chou,³ Ming-Yu Wu,⁴ Xin Zhao⁵ and Sijie Chen^{6*}

SIM Apotome for optical sectioning

- Illumination of sample with a known spatially structured pattern
- Grid structure is projected on focal plane of sample
- Grid is moving in one direction only, several images acquired with different grid position
- Different grid structures – magnification and wavelength
- Final image calculated from several phase shifted images

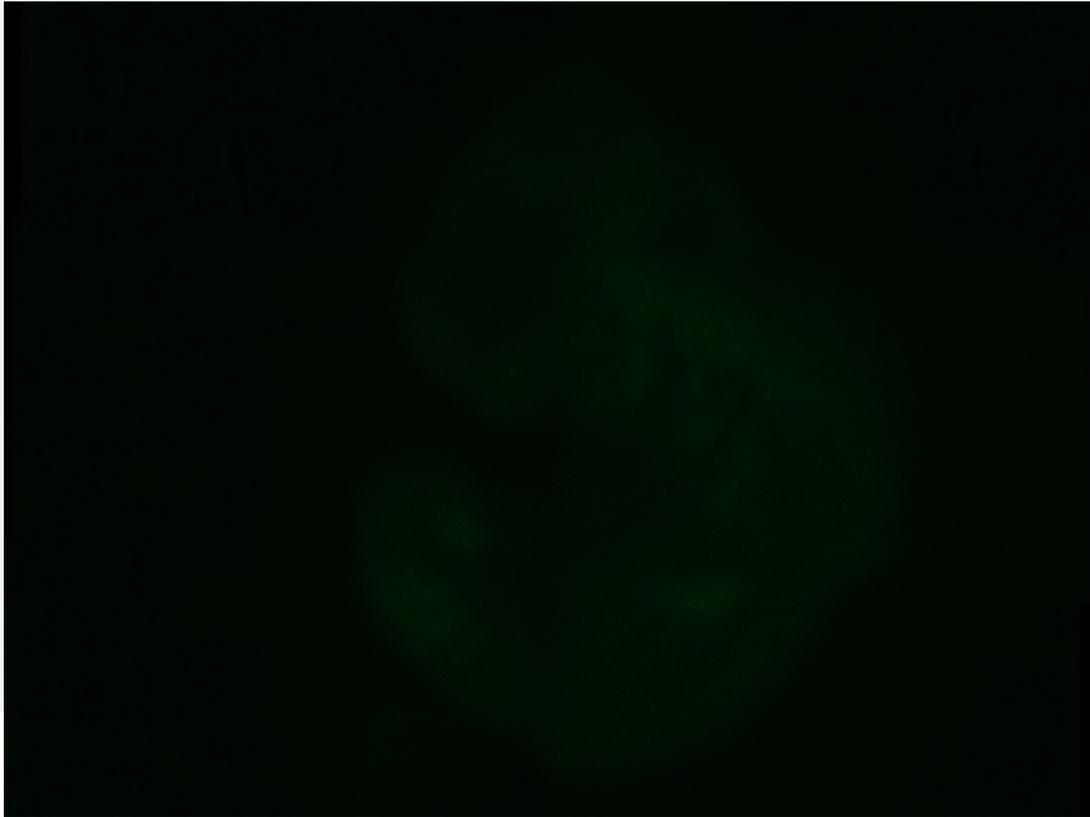


Nela Jandová, Marcela Buchtová, ÚŽFG AVČR Brno



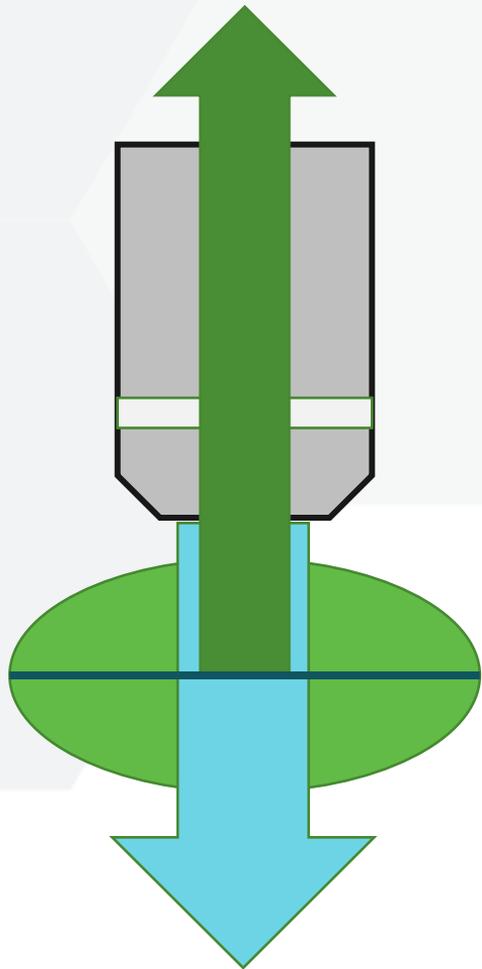
SIM Apotome for optical sectioning

Economic solution compare to confocal microscope and faster. Not suitable for all samples.
Same sample preparation as for widefield, or confocal microscopy.

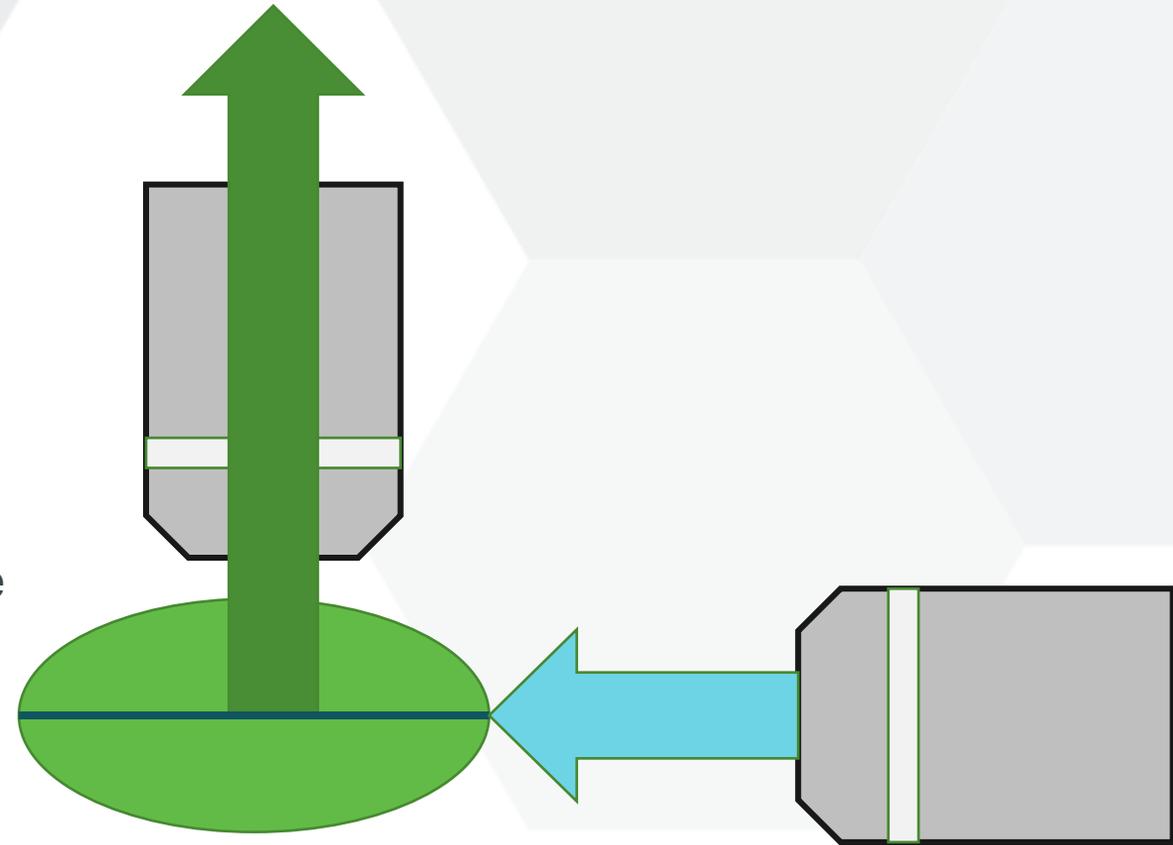


Nela Jandová, Marcela Buchtová, ÚŽFG AVČR Brno

Other optical sectioning methods



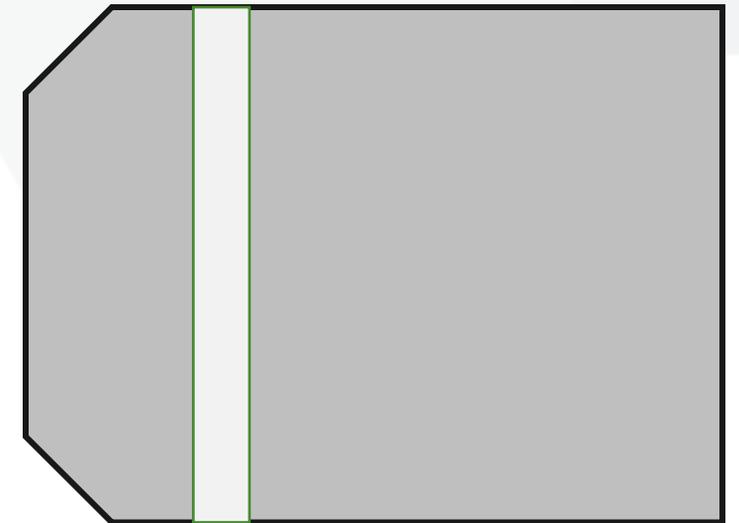
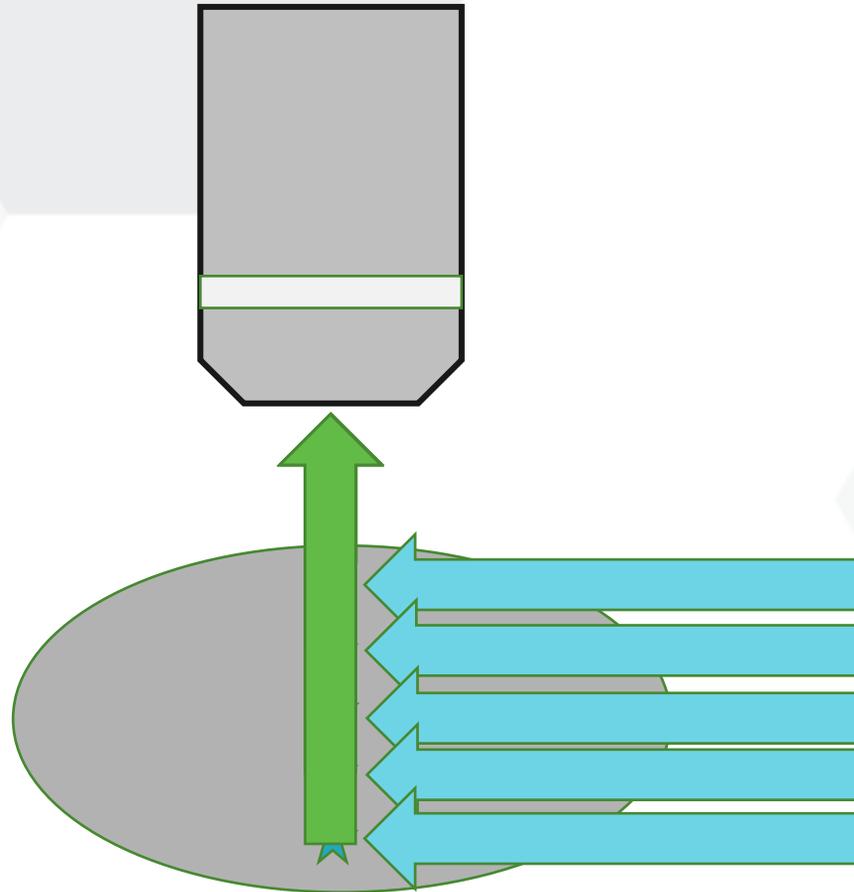
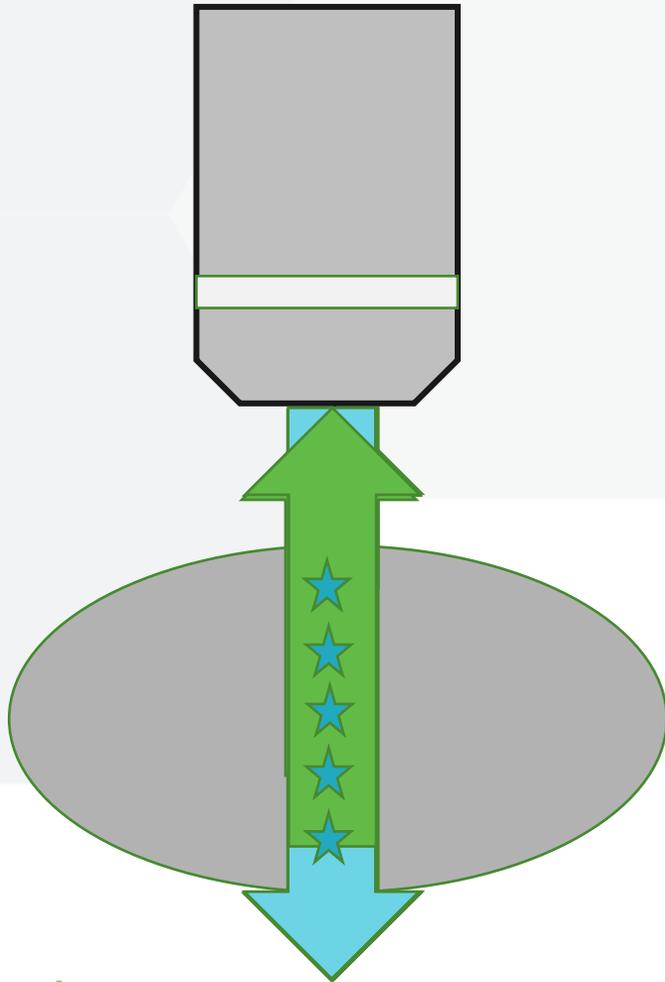
- + optical sectioning
- + minimal photobleaching
- + fast
- Sample preparation
- Image analysis and storage



Z sectioning and photobleaching

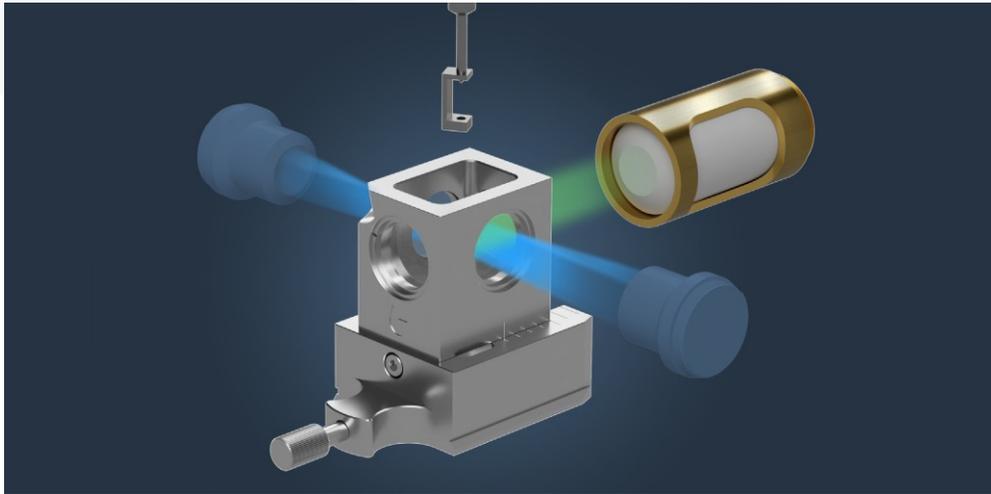
all planes are excited, also out of focus.

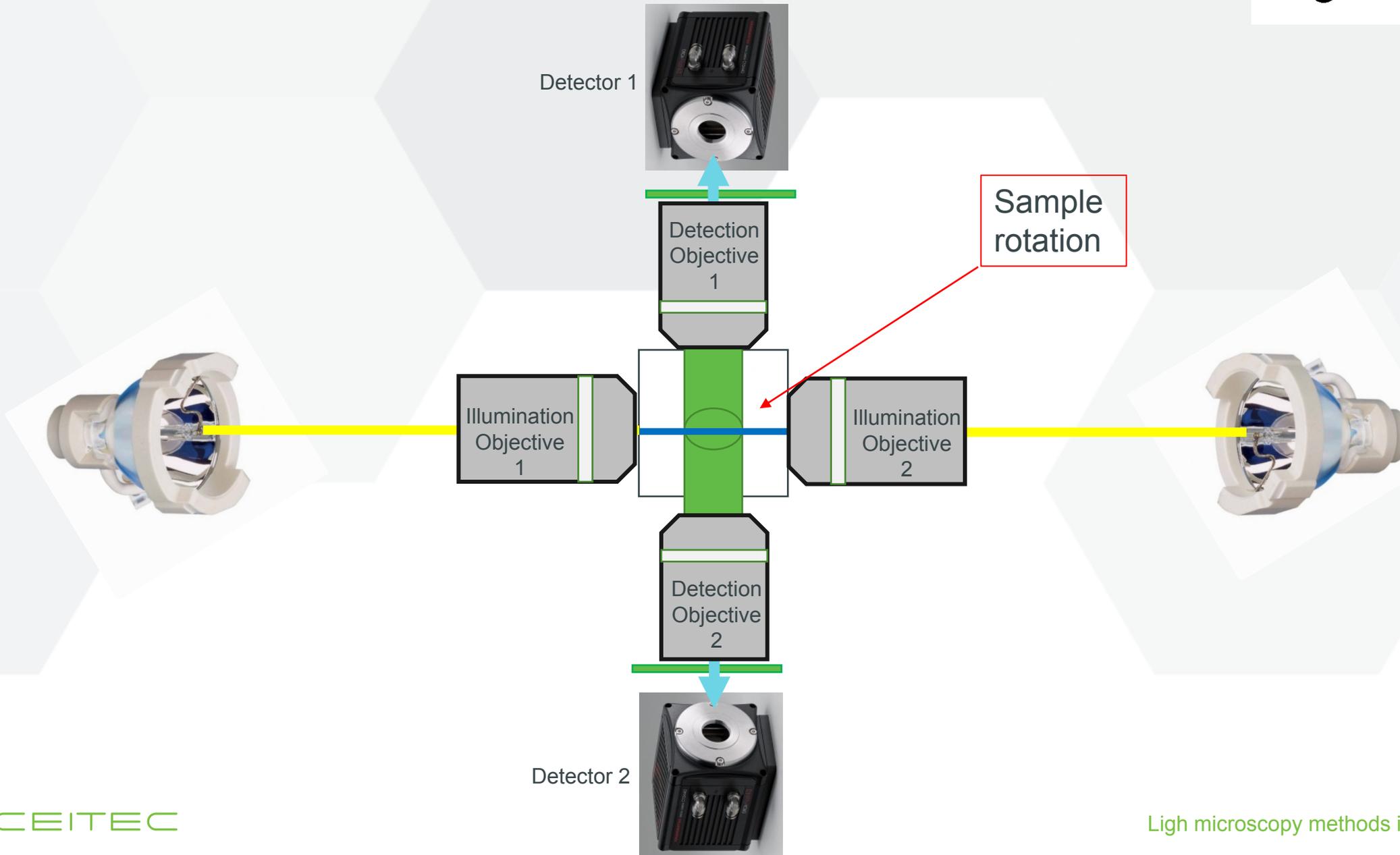
Lightsheet illuminates only planes in focus, much more gentle to sample



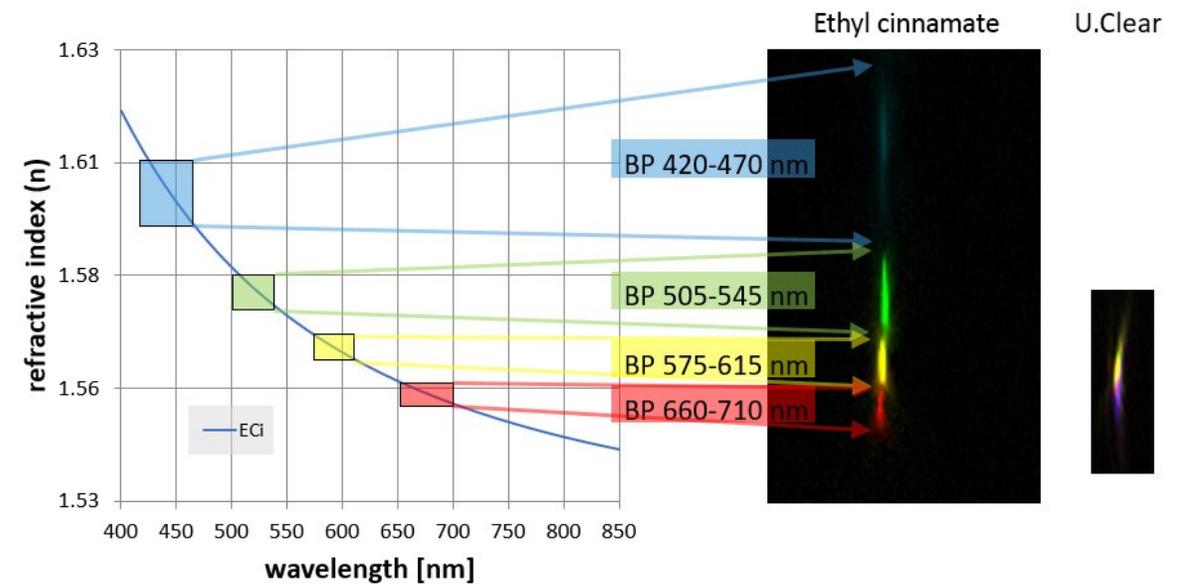
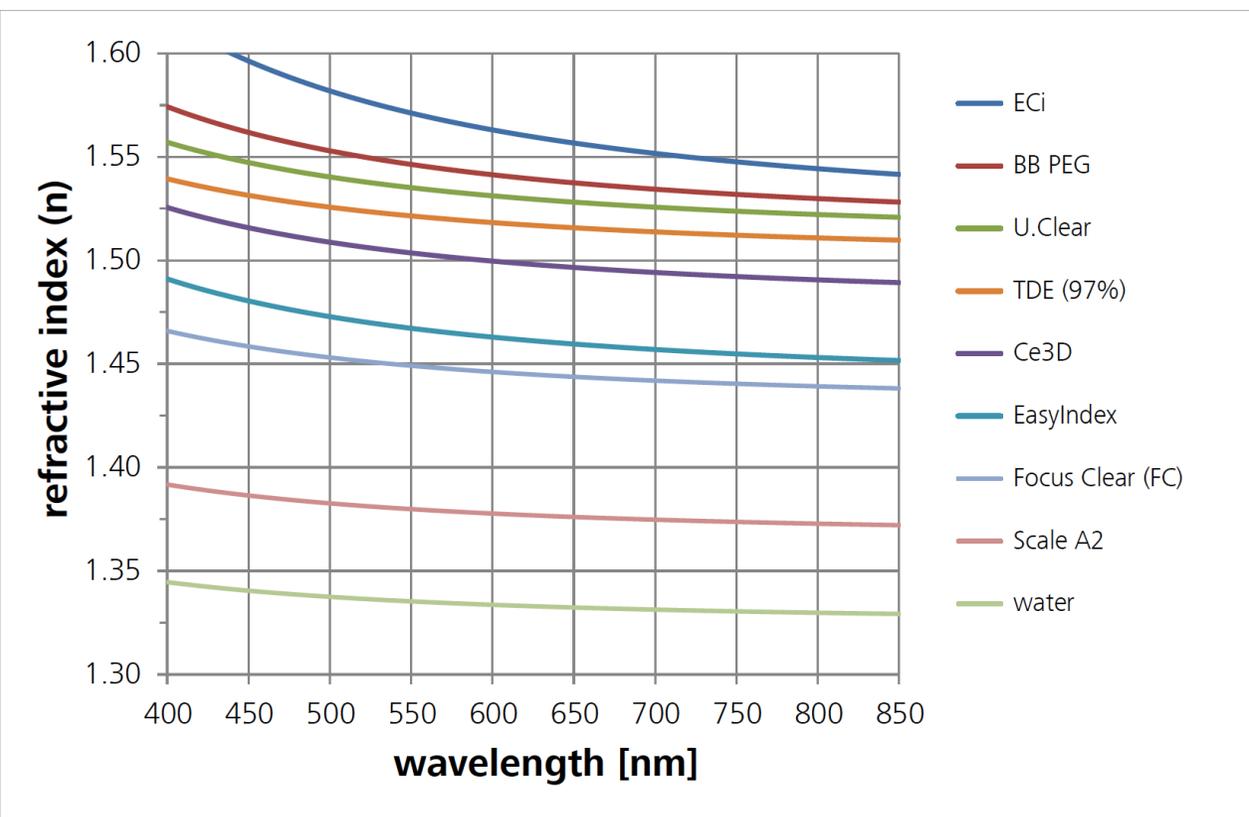
Gaussian beam lightsheet microscopes

- Gaussian beam – diffraction limited
- Multiple optical setups possible and available
- Optical thickness defined by thickness of lightsheet
- Multiple excitation objectives and detection objectives
- Imaging of large specimens – water, clearing objectives
- Major drawback – data processing

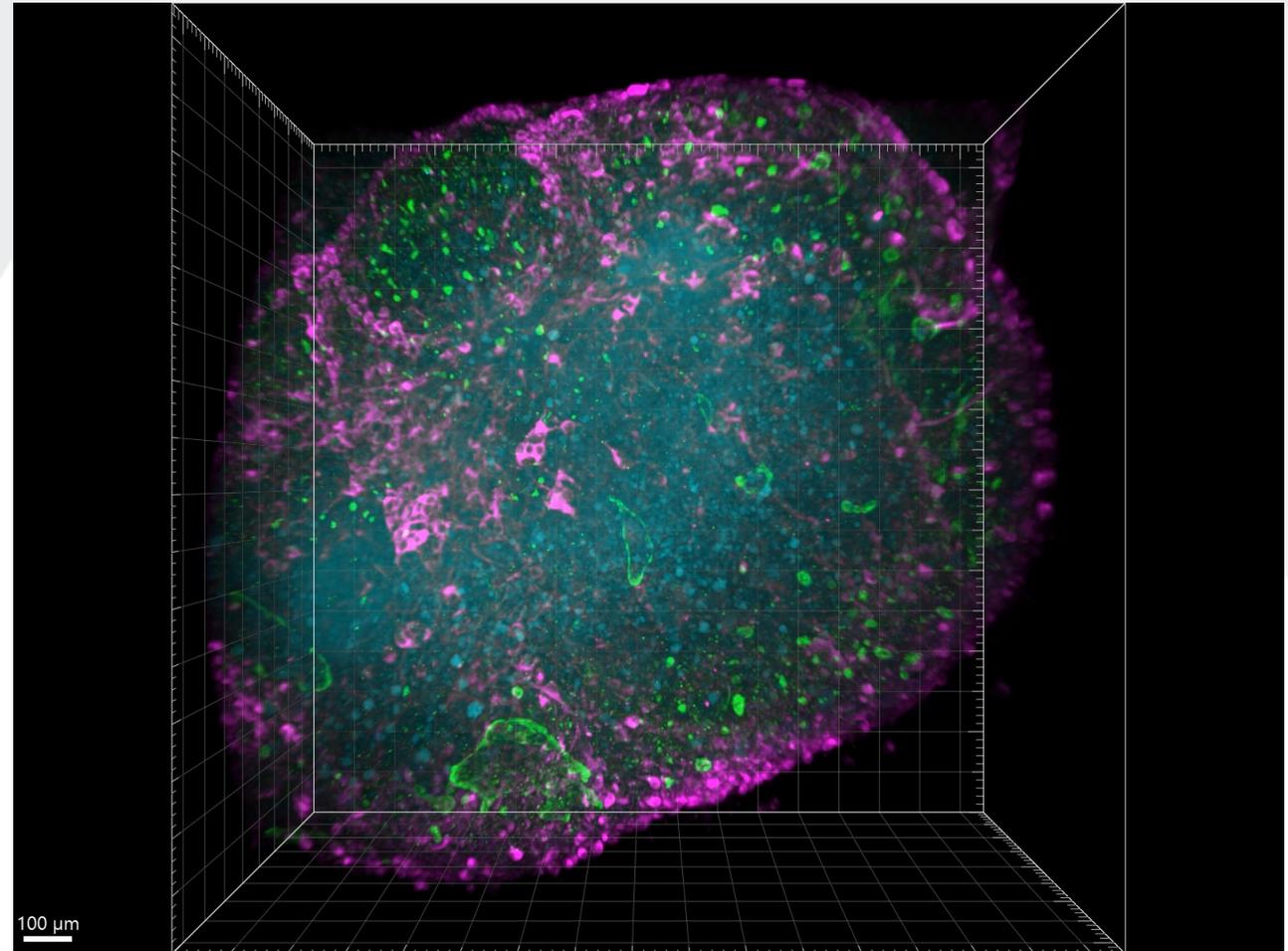
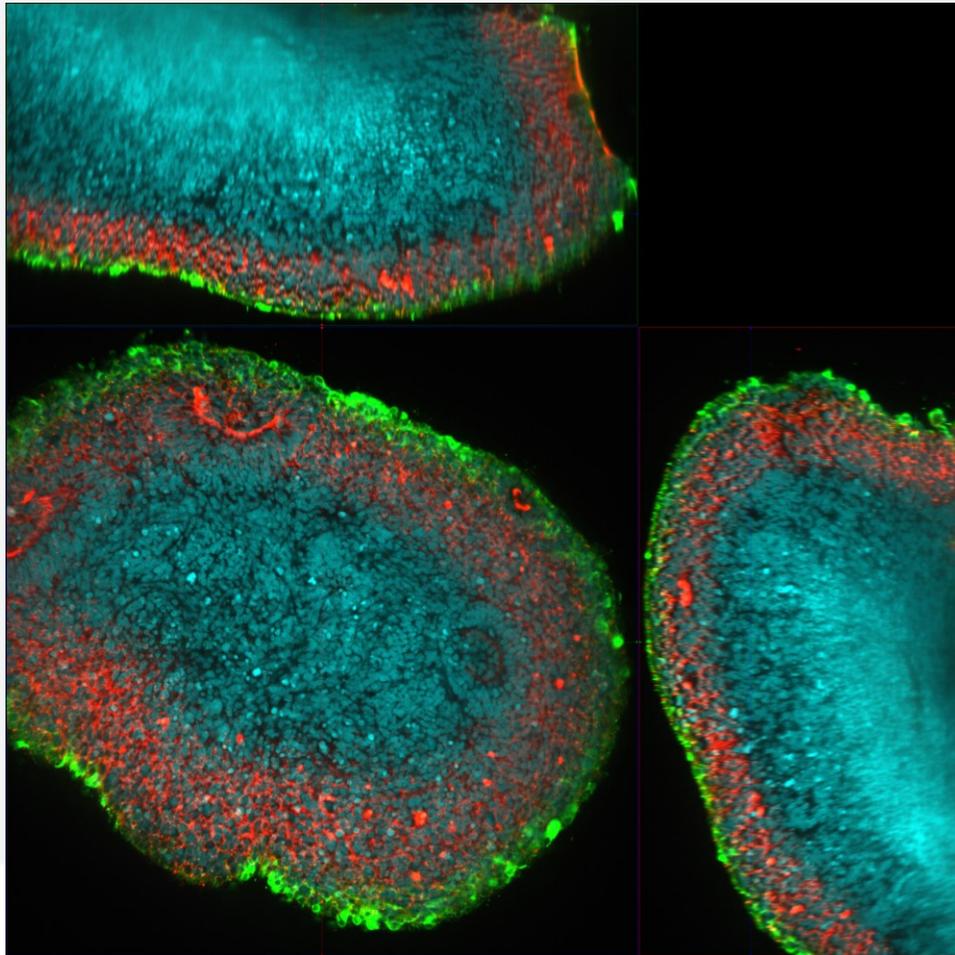




Refractive index match importance



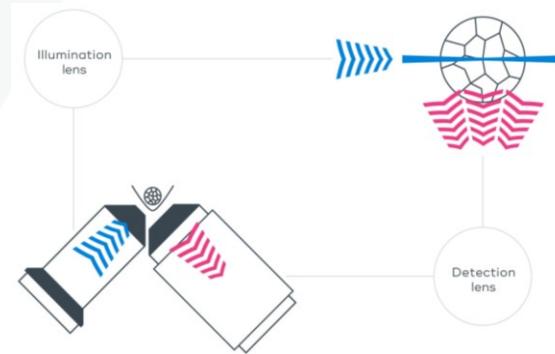
Gaussian beam lightsheet microscopes



V. Pospíšilová, D. Boháčiková, LF MU

Alternative lightsheet geometry

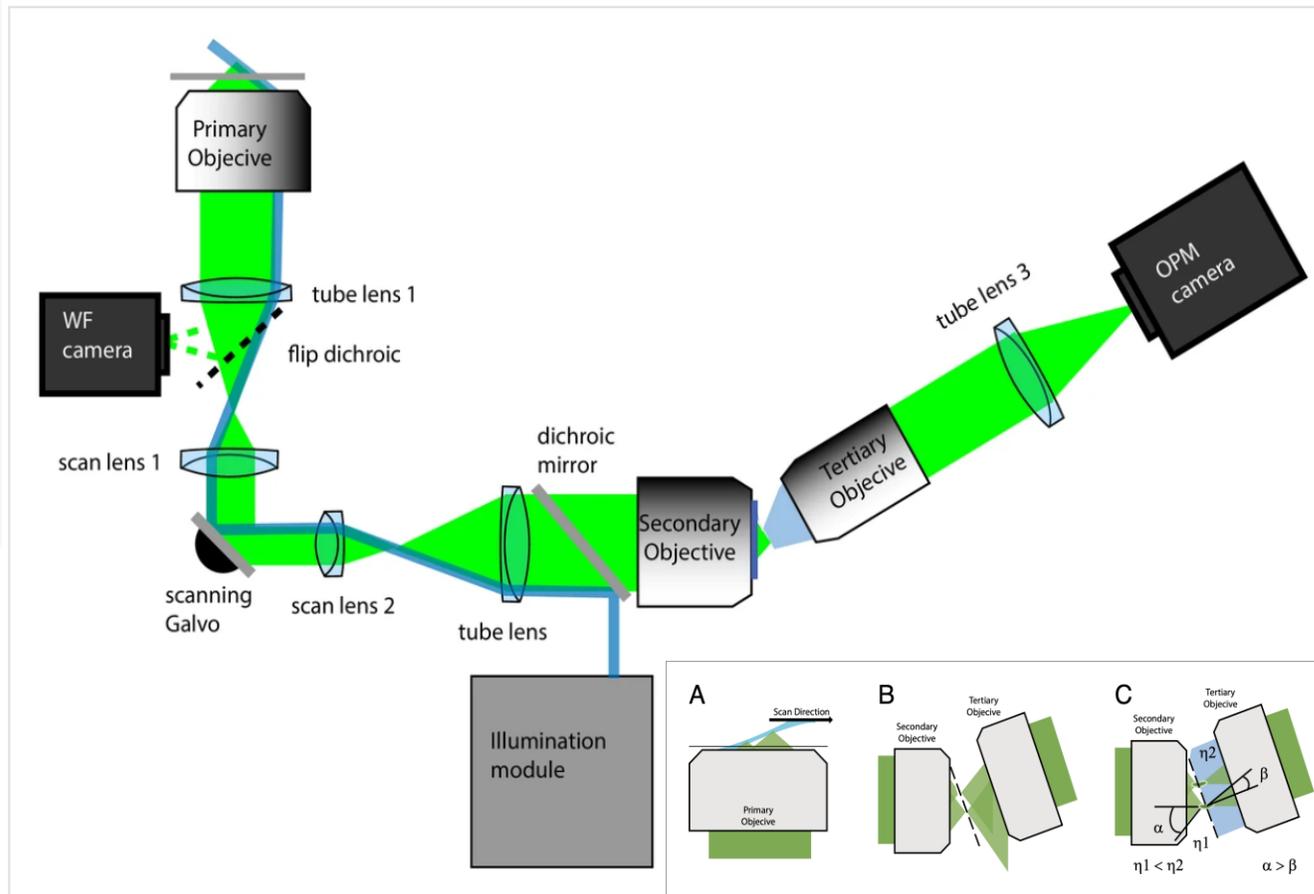
Example of lightsheet for live organoid imaging
Similar geometry to inverted microscope, special culture dishes
Samples in liquid media, not need to special mounting into agar
Easy multi positions imaging



Single objective lightsheet microscopes

Oblique plane microscope

Resolution comparable to lattice light sheet

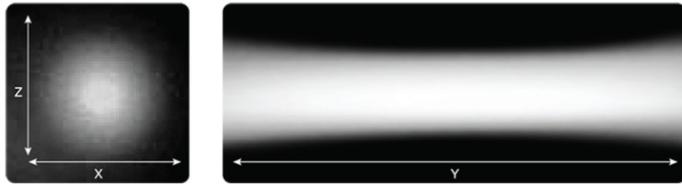


Sapoznik et al. eLife 2020;9:e57681. DOI: <https://doi.org/10.7554/eLife.57681>

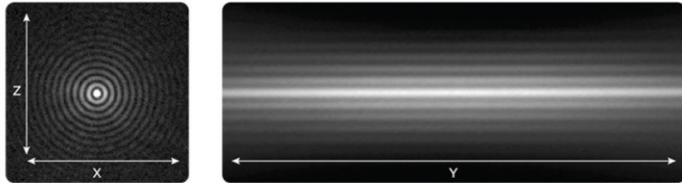
Lattice light sheet

Most suitable for fast and gentle super-resolution live cell imaging in 3D
Developed initially by E. Betzig
Using non diffracting Bessel beam instead of classical Gaussian beam
Non-diffracting light sheet formed by interference patterns

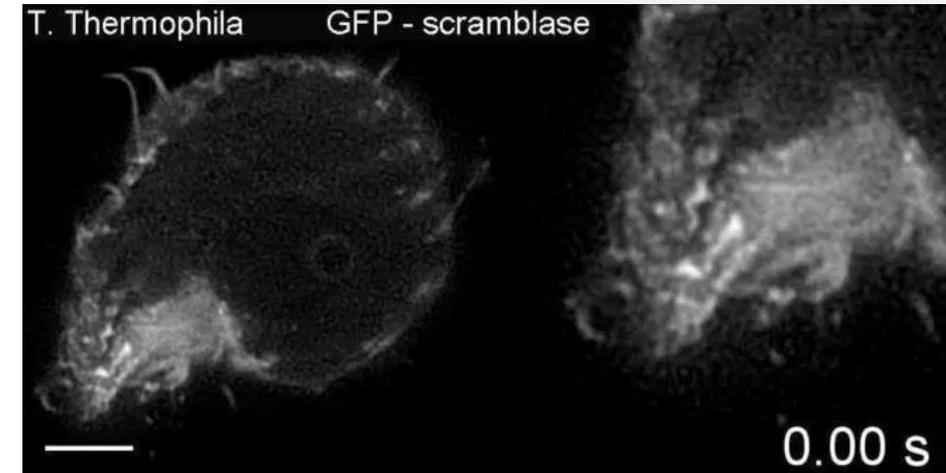
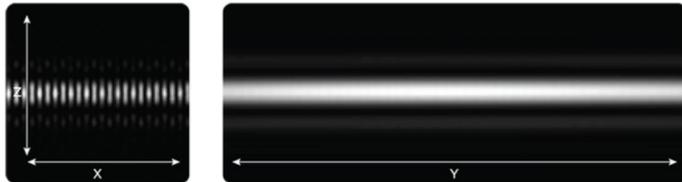
Gaussian



Bessel



Lattice



Protozoa Tetrahymena thermophila

Lattice light-sheet microscopy: Imaging molecules to embryos at high spatiotemporal resolution

Bi-Chang Chen^{1,2,4}, Wesley R. Legant^{1,2}, Kai Wang^{1,2}, Lin Shao¹, Daniel E. Milkie², Michael W. Davidson³, Chris Janetopoulos⁴, Xufeng S. Wu⁵, John A. Hammer III⁶, Zhe Liu¹, Brian P. English¹, Yuko Mimori-Kiyosue⁶, Daniel P. Romero⁷, Alex T. Ritter⁸, Jennifer Lippincott-Schwartz⁹, Lillian Fritz-Laylin¹⁰, R. Dyche Mullins¹⁰, Diana M. Mitchell^{11,4}, Joshua N. Bembek¹¹, Anne-Cecile Reymann^{12,13,8}, Ralph Böhme^{12,13}, Stephan W. Grill^{12,13,8}, Jennifer T. Wang¹⁴, Geraldine Seydoux¹⁴, U. Serdar Tulu¹⁵, Daniel P. Kiehart¹⁵, Eric Betzig^{1,11}

Science 24 Oct 2014:
Vol. 346, Issue 6208, 1257998
DOI: 10.1126/science.1257998

Thank you for your attention

Lecture 3: October 25, 2021 at 9:00

Imaging below diffraction limits – SIM, SMLM, STED