## Job & Internship Guide • 09-10

Resume & Letter Writing



"Keep your resume up to date! You need them at career fairs and for unexpected opportunities. At career fairs I usually bring 40-50 resumes and just talk to companies. I find out what I want to do into in terms of careers and positions." Dora W., Senior, Applied Math



"To keep my resume from being redundant, I use the verb list in the Job and Internship Guide. It's a helpful tool that helps make my resume unique. You don't want your resume to be like everyone else's." Karen C., Senior, Mass Communications/Psychology



well crafted resume can elevate you from a state of anonymity to the position of new employee. Strong resumes do more than merely summarize your educational background and work history; they emphasize the **results** of your efforts, and draw clear parallels between your skills and experience and an employer's needs.

# **THE 5 STEPS OF RESUME DEVELOPMENT**

Read job descriptions thoroughly and then highlight all of the keywords which indicate required and preferred skills, abilities, attributes, and qualifications. If an employer is looking for somebody who is innovative, punctual, and attentive to detail, use these same or similar words in your resume.

#### **Step 2: Generate a List of Accomplishments**

Create an inventory of your accomplishments. These should include tasks that you enjoyed doing, did well, and are proud of. Include education/training, volunteer experience, jobs, projects, school assignments, travel, and group/ team activities. Focus on the outcomes of your efforts. Quantify your results if possible. Don't be humble! Resumes are promotional tools.



- Keep an inventory of your achievements. Save any positive written feedback you receive and other documents that illustrate your success. These come in handy when creating resumes and cover letters.
- Get an early start. Carve out time to develop and edit your resumes and cover letters before submitting them.
- Access proven examples and tools. Beyond this Job & Internship Guide, you can access the Resume Builder within Callisto to create effective resumes.
- Use your own words. Do not borrow content from others' resumes. Your unique voice should come across loud and clear!
- Make a Mini-Appointment. Ask a career counselor to review and critique resume and cover letter drafts.
- Recruit an English major or other word whiz to perform a final grammar and content review. Have two other people read your resume for good measure.
- Follow up with employers you've submitted your resume and cover letter to within two weeks.
- Watch our Online Resume and Cover Letter Workshops, available 24/7 on career.berkeley.edu

# Internships

Your Job or Internship Search

Successful Interviewing

nternship &

Job Offers

# Step 3: Identify Relevant Skill Areas

What skills are necessary for the job? Frame your experience so that the focus is on skills and achievements that are desirable for that particular position. Expand on relevant skills and experiences and commit less space to describing other experiences.

## **Step 4: Write Descriptive Phrases**

Using action verbs—see p. 27, write short phrases to describe experiences that demonstrate your relevant skills. Remember, always place them in order of relevance. The most relevant information should always be on top.

## Step 5: Choose a Format

While resume templates may be tempting, employers are often familiar with them and may perceive you as lacking ingenuity. Also, templates tend to be inflexible. Here's a chart to help you select a format.

Selecting a Resume Forma Chronological	Skills	Hybrid
<ul> <li>Lists your experience in reverse chronological order—from most recent to least recent.</li> <li>Works best when your work, volunteer, and academic experience relate directly to the type of job you're applying for.</li> <li>Illustrates consistency in your work history. If there are wide gaps in your experience, this may not be the best format for you.</li> <li>Most popular resume style. The majority of on-campus recruiters and business employers prefer this style.</li> <li>See an example, p. 30</li> </ul>	<ul> <li>Lists your experience based on skill headings, which are not necessarily in chronological order.</li> <li>Actual work history is summarized in a brief section at the bottom of the page.</li> <li>Focus is shifted away from where and when you developed particular skills. The skills themselves are the main attraction.</li> <li>Works best when you are trying to break into a field where you have little or no experience. A good choice for career shifters.</li> <li>See an example, p. 31</li> </ul>	<ul> <li>Combines the above formats so that experience is listed chronologically and with skill headings.</li> <li>Can be organized in different ways, but usually displays experiences with descriptions in reverse chronological order grouped under skill headings.</li> <li>Works best when there are some consistent themes to your experience (teaching, leadership, marketing, etc.)</li> <li>Some employers prefer this format, as it provides them with easily identifiable skill areas and a sense of your history.</li> <li>See an example, p. 32</li> </ul>

# RESUME TIPS FOR FIRST YEAR STUDENTS

- You may include work, leadership, and academic achievements from high school. By your third year, college experiences should replace those from high school.
- Don't worry about having limited work experience. You may highlight other accomplishments, such as those listed under "Resume Components," p. 26. Include some of the components marked "optional."
- First resumes require extra time to assemble. Expect to spend a few hours creating a rough draft, and make an appointment with a career counselor to review your resume.
- Be patient with the process! Resumes are always a work in progress.

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# **RESUME DOs AND DON'Ts**

# Do

Focus on the specific results of your work, significant achievements, and recognition received

Use action verbs such as "created" or "coordinated" to describe your experience

Get feedback from several people, including a career counselor

Have somebody whose writing skills you trust proofread your resume for spelling and grammatical errors

Remember to describe both your paid and unpaid positions or volunteer experiences

Exercise restraint rather than cramming too much information onto a resume

Tailor your resume to each specific position

Omit experiences that you would not want to repeat in future positions unless they are necessary for the job

Use high quality paper in a neutral color

. . . . . . . . . . . . . .

Use readable and common fonts

# Don't

Use phrases such as "Responsibilities included"

Use resume templates included in word processing software

Manipulate margins or font size to accommodate information in place of proper editing

Include routine job duties such as "making copies"

Use long sentences or paragraphs

Submit the same resume to every employer, regardless of the position

Write long objectives such as, "To find a sales position at a medium sized corporation where I can grow and develop my management skills" Let's say you worked as a restaurant host for the past two years; now you want to find an internship in human resources. How can you make the switch? By using your transferable skills! Transferable skills are skills that you've developed that can be used in many different settings. Here are some examples:

MAKING A CAREER SHIFT

- Customer service & conflict resolution
- Analytical & problem solving ability
- Teamwork & leadership
- Written and verbal communication
- Organizational skills and attention to detail
- Research & presentation

Your list will be unique. Prior to writing your resume, consider what skills you've developed that may translate from one work environment to another. As you search for jobs or internships, target job postings with these skills. Then write out in detail the ways in which you've developed each one. The case below illustrates how a restaurant host could demonstrate some of the transferable skills that an employer is seeking. Use it as a model for developing your own list of transferable skills.

#### **The Job Posting:**

Join the Human Resources Team of Cable Company X in the East Bay as a Recruiting Intern. Must:

- be effective at written and verbal communication
- be proficient in Word and Excel
- be able to quickly learn computer programs
- have ability to travel locally when needed
- have punctual and consistent attendance
- be willing to perform administrative duties

#### Skills Developed as a Restaurant Host

Written and Verbal Communication

- Two years of assisting customers in a fast-paced, hectic restaurant environment
- Mediated conflicts using a "customers first" approach to ensure resolution and satisfaction
- Developed a customer service handbook for hosts and waitstaff. Initiative resulted in being awarded Employee of the Year.

#### Quick Learner/Computers

• Mastered proprietary table service management system in less than one week, increasing food service accuracy

#### Punctual/Good Attendance

• Maintained perfect attendance record as a host and as a residence hall peer counselor for over a 3 year period

Interviewing

Successful

# EMAILING RESUMES

Before emailing your resume, try to find out the employer's format preference. Some accept attachments; others prefer your resume in the text of the email message. If you can't find out the employer's preference, send it both ways in one message. Unless you are told otherwise, include a cover letter. Send the resume and cover letter in one email message. See p. 37 for an example email format.

When submitting a resume via an organization's website, use the formatting and display style recommended by the website.

#### To send your resume as an attachment:

- Give the document a name the recruiter will associate with you, such as "MillerJennifer.doc." Don't give it a generic name like "Resume.doc"
- Be sure your document is virus free
- Email it to yourself to make sure it's easy to open and the formatting remains intact

### To send your resume in the text of the email message:

- Put the cover letter first
- Do not use bold, underlining, bullets, distinctive fonts, colored text, or html codes. Use asterisks, plus signs (+), dashes, all capital letters, and combinations of these to highlight text
- Email it to yourself and a friend with a different email provider to see how it will look
- Text resumes look plain and ordinary, but employers are used to this. They are more concerned with whether the content meets their needs

#### To make your resume scannable:

Some employers utilize resume database tracking systems. They scan incoming resumes (sometimes letters, too) into a database and when they have openings, they retrieve resumes using relevant keywords. Some companies will indicate on their website if they scan resumes and often provide formatting tips.

- Include industry or job-specific keywords, especially relevant skills, universal abbreviations, major, specific areas of study, and experience (e.g., marketing research, java, html, sales, gel electrophoresis).
- Use 10 to 12 point font size. Do not use italics, underlining, fancy fonts, bullets or multiple columns. Use all bold or capitals for emphasis.
- When submitting a hard copy by mail, print it on white paper with a laser printer and do not fold it.

# **RESUME CHECKLIST**

STOP! Don't submit your resume until you have checked off this list!

- Have you set up a Mini-Appointment at the Career Center to get your resume critiqued?
- Is the resume pleasing to the eye: easy-to-read font, good layout? Can an employer learn the basics about you with a 10 second glance at your resume?
- Are your name, address, city, state, zip code, phone number and email address at the top of the page?
- Did you use bullets, bold, all capitals, and underlining to highlight key strengths?
- If you know your resume will be scanned, did you omit columns, underlining, and bullets?
- Is information listed in order of importance and relevance to the skills listed in the job description?
- Does the resume avoid generalities and focus on specific information about context, actions taken, and results?
- Did you check the spelling of every word and make sure the grammar and punctuation are correct?
- Do most phrases begin with action verbs such as "developed," "initiated," etc.?
- Have you been accurate and truthful about your accomplishments rather than being too modest or overly zealous?
- Did you tailor your resume for the position by including key skills and experiences the employer wants?
- If you were the employer, would you call you for an interview?

# RESUME COMPONENTS

COMPONENT	BASICS	COMMENTS
Identifying Data	• phone or message number at the top of the	Voicemail message, email address, and website content should be appropriate for a potential employer. Don't answer the phone during a job search if you are in a crowded or noisy setting.
Education	graduation date, projected graduation date, or dates of attendance if degree was not completed.	Include any course titles relevant to the targeted position. Honors and grade-point average are optional; include if among your strong points. If you attended more than one school, list the most recent first. You don't have to list all the schools you have attended or high school. Additional education and training may either go here or under a separate heading.
Experience/Work History		

Optional components-use if appropriate for your background and the employers you're targeting

Job Objective	A one-line description of the type of position you want.	Follows your name, address and phone number at the top of your resume. Should be specific rather than a general statement of your interests.
Skills & Abilities or Summary of Qualifications	Foreign languages, computer skills, office skills, lab techniques, or transferable skills not mentioned elsewhere in the resume.	Can be combined under one heading or listed under separate headings.
Languages	Mention if you are proficient or fluent in a foreign language.	If you understand a language but are not fluent, still mention it. For example: fluent in Russian, conversational Spanish, or basic French.
	In order of importance or reverse chronological order, list student activities/organizations, professional associations, and committees in which you have participated. List any offices that you held with the skills you used.	
Community Involvement/Volunteer Activities	accomplishments.	If the setting is political or religious, you may want to use generic descriptions (e.g., Youth Leader for church, Speech Writer for City Council candidate). If substantial, these may be listed under "Experience."
Honors	Recent graduates and continuing students can include academic honors such as Dean's List, honor societies, and scholarships.	Can be listed separately or as a bullet point under Education.
Research & Publications	Briefly describe research projects. List published articles, papers, books and presentations.	
Class Projects		This shows that you have hands-on experience and is a good strategy for students with limited experience.
Travel	Include if your career interest involves travel or knowledge of other cultures.	You can use this as a way of distinguishing yourself if you have significant travel experience.
	<ul> <li>phrase, "References Available on Request,"</li> <li>but this is the best place to state that you have</li> <li>"Portfolio and/or writing samples available on request."</li> </ul>	Create a separate page for references, see p 38. List names, titles and contact information. Always ask permission before using anyone's name as a reference. Include people who know about your work related abilities, such as former employers, volunteer project supervisors, and faculty. Do not use relatives or friends.

#### Management

administered analyzed assigned attained chaired consolidated contracted coordinated delegated developed directed evaluated executed improved increased organized oversaw planned prioritized produced recommended reviewed scheduled strengthened supervised

### Communication

addressed arbitrated arranged authored collaborated convinced corresponded developed directed drafted edited enlisted formulated influenced interpreted lectured mediated moderated negotiated persuaded

#### promoted publicized reconciled recruited spoke translated wrote

## Research

clarified collected critiqued diagnosed evaluated examined extracted identified inspected interpreted interviewed investigated organized reviewed summarized surveyed systematized

#### **Technical**

assembled built calculated computed designed devised engineered fabricated maintained operated overhauled programmed remodeled repaired solved upgraded

## Teaching

adapted advised clarified coached communicated coordinated demystified developed enabled encouraged evaluated explained facilitated guided informed instructed persuaded set goals stimulated trained

### Financial

administered allocated analyzed appraised audited balanced budgeted calculated computed developed forecasted managed marketed planned projected researched

### Creative

acted conceptualized created customized designed developed directed established fashioned founded illustrated initiated instituted integrated introduced invented originated performed planned revitalized shaped

## Helping

assessed assisted clarified coached counseled demonstrated diagnosed educated expedited facilitated familiarized guided motivated referred rehabilitated represented

Words in **bold** are especially good for pointing out accomplishments.

## Clerical or Detail Oriented

approved arranged catalogued classified collected compiled dispatched executed generated implemented inspected monitored operated organized prepared processed purchased recorded retrieved screened specified systematized tabulated validated

### More Verbs for Accomplishments

achieved expanded improved pioneered reduced (losses) resolved (problems) restored spearheaded transformed

from **The Damn Good Resume Guide** by Yana Parker, Berkeley: Ten Speed Press Internships

Your Job or Internship Search

Resume & Letter Writing

Successful Interviewing

Job Offers



# "AFTER" RESUME hybrid format

Kristen	Romano		romano790@berkeley.edu	rch
2250 Dura	nt Street, #6	Berkeley, CA 94704	510-555-2996	- Your
Summary <ul> <li>Leadersh</li> <li>Women's</li> <li>Language</li> <li>Commun</li> </ul>	aw Internship at Hilder, of Qualifications ip: Consistently surpass Pre-Law Organization. e: Bilingual Spanish, spo ication: Training and tut	Grant, and Smythe LLC. ed fundraising expectations as D oken and written foring experience in food service valuations from supervisors.		Internships
Educatior	<b>.</b>	aluations from supervisors.	The Hybrid for	mat _
Bachelor University Expected g	of Arts in Rhetoric of California, Berkeley graduation date: May 20 of Experience	11 • Graduation date lets employers know where you are in your college career.	highlights skills experience. Car use of lines and bullets adds im	reful Strike
		re-Law Organization, UC Berkele	y Jan 08-present	
<ul><li>events. <i>I</i></li><li>Increased developr</li><li>Collabora trips to I</li></ul>	Attendance rose from 85 d yearly organization fur nent and fundraising evolute with Outreach Chair aw firms.	nd from \$1,800 to \$3,000 dollars ents. and Club President to coordinate	through alumni donor	Resume & Letter Writing
	and Tutoring Experie		Court 07 pressent	e
<ul> <li>Supervise standard</li> <li>Promoted</li> <li>Volunteel</li> <li>Provided</li> </ul>	e and train new employe s, and company mission d from cashier to trainee <b>Tutor</b> , Willard Middle	e supervisor within 3 months of e School, Berkeley, CA group tutoring to students in Mat	employment. Sept-Dec 08	Successful Interviewing
	Experience can be divided by experiences at the top of the Experience does not have to Take your resume from #	pecially quantified results, build Kristen's / topical area, allowing you to group your page. Pick topical areas relevant to the po be divided by paid and unpaid positions. /before" to "after" by scheduling a Mini- areer counselor for a resume review.	r most relevant osition you seek.	Internship & Job Offers





#### **Sophie Moore** 2290 Fremont Way 510-555-9090 Fremont, CA 94555 jobhunter@berkeley.edu **OBJECTIVE:** Summer internship as a Mechanical Engineer **EDUCATION** BS Mechanical Engineering, expected August 2011 (GPA 3.4) University of California, Berkeley Coursework: Statics, Dynamic Analysis, Product Development Physics, Math & Engineering Coursework, Fall 2006-Spring 2007 (GPA: 3.8) Choose skills and Evergreen Valley College, San Jose, CA areas to highlight based on what's listed SKILLS AND ACCOMPLISHMENTS in job descriptions. **DESIGN, PROBLEM SOLVING, AND CREATIVITY** Improved accuracy of monthly inventory counts at an ink-jet factory from 90% to 96% • Applied problem-solving skills to design a more stable ironing board for a group project Took initiative to organize restaurant work area, resulting in greater efficiency • Developed and maintained personal website (moorefamily.net) MANUFACTURING Maintained appropriate inventory levels for hundreds of parts used in the manufacture of inkjet printers and cartridges • Distributed parts to busy production line in a timely way to prevent work stoppages Developed knowledge of production protocols and manufacturing environment **TEAMWORK AND INTERPERSONAL SKILLS** • Provided efficient and courteous customer service to diverse clientele in busy retail environments while accurately making quick transactions Demonstrated real-time adaptability and intuitive sense of group dynamics in jazz ensemble Taught new crew members technique and motivated them during practices and competitions **COMPUTER AND LANGUAGE SKILLS** This resume focuses on skills, but still Software: AutoCAD, Advanced Microsoft Excel lists work and other • Languages: Proficient in Spanish conversation activites. WORK HISTORY Stockroom Assistant, Hewlett Packard, Palo Alto, CA 7/07-8/08 Promotional Assistant, Old Navy, Inglewood, CA 6/07-7/07 Customer Service Representative, Yogurt Park, Berkeley, CA 1/06-6/07 **ACTIVITIES** Saxophone, UC Berkeley Jazz Band 9/07-present Rower, Cal Lightweight Crew Team 8/07-1/09 See how

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<sup>9</sup>reparing for Your Search

Internships

Internship Search

Your Job of

Resume & Letter

Writing

Interviewing

Successfu

nternship 8 Job Offers

this student transforms her resume into a chronological format.



450 Buona Vi	sta Avenue #3	aguitar@barkalay.adu
Berkeley, CA		aguitar@berkeley.edu (510) 555-6712
Derkeley, CA	24720	(510) 555-0712
Objective	Educational software sales position	
Education	University of California, Berkeley B.A. French, Minor in Education, May 2010 Senior Honors Thesis about semiotics and myth in Roland Barthes' works (in p	rogress)
Skills Summary	<ul> <li>Knowledgeable about educational software through academic and personal ex</li> <li>Consistently successful track record in sales</li> <li>Over one year of experience in teaching and training</li> </ul>	perience
Experience	TEACHING	
	<ul> <li>Teaching Intern, Break the Cycle, Berkeley, CA</li> <li>Improved 1st grade students' math skills.</li> <li>Motivated 15 underachieving students toward success in their annual distric</li> <li>Designed individualized curricula.</li> </ul>	September 2009-present t exams.
nis hybrid resume ombines the rengths of both iills and	<ul> <li>Tutor and Teacher's Aide, Edna Brewer School, Oakland, CA</li> <li>Conceptualized and implemented a yearlong project for ESL students resulti autobiographical works for use as a learning tool for other ESL instructors, hi of inspiration for other ESL students.</li> <li>Drafted proposal to finance project, resulting in full grant support.</li> </ul>	
nronological sumes. It focuses n two skill sets – aching and sales/	<ul> <li>Instructor and Camp Leader, National Cheerleaders' Association, Garland, TX</li> <li>Instructed students of all ages in cheerleading, gymnastics, and dance.</li> <li>Collaborated with a team of five instructors to create a positive, fun, and live</li> </ul>	May-July 2006 & 2007 ely learning atmosphere.
arketing – and lows the	SALES & MARKETING	
xperiences in which ey were used.	<ul> <li>Managing Editor – Maganda, UC Berkeley</li> <li>Designed visual concept for Filipino Literary and Art magazine's launch.</li> <li>Organized and brought together Filipino artists from areas throughout Califor promotional events.</li> </ul>	September 2007- present
	<ul><li>Rush Chairperson, Chi Omega Sorority, UC Berkeley</li><li>Coordinated team of ten in planning sorority recruitment.</li></ul>	January-December 2008
	<ul> <li>Implemented marketing strategies promoting the benefits of membership, reincrease of 35 percent.</li> <li>Budgeted spending for Rush preparation week and Rush week.</li> </ul>	sulting in chapter membership
	<ul><li>Salesperson, Panoply Corporation, Berkeley, CA</li><li>Refined communication skills and marketing techniques while helping custo</li><li>Led in clothing sales for the months of July and August.</li></ul>	July 2006-December 2008 omers select flattering attire.
Other Skills	<ul> <li>Proficient in written and conversational French</li> <li>Strong Microsoft Excel, Adobe PhotoShop, Dreamweaver, SoundEdit Pro, a</li> </ul>	nd Internet research skills

	3920 Durant Ave • Berke miles@	STEVENS eley, CA 94704 • 510-555-92 berkeley.edu ephensportfolio.com	230		
Education	UNIVERSITY OF CALIFORNIA, BER <b>B.A. Architecture,</b> May 2010	KELEY			
Relevant Courses	Design Studio History of A	on Process & Method Architecture & Urbanism eering Material Properties	Landscap	esign in Buildings be Structures ctural Design	
Relevant Experience	BERG JONES ARCHITECTS, Oakland Architecture Intern (6/08-12/09) • Conducted site surveys for Gap, Old • Prepared as-built drawings using Arri • Researched code requirements and p • Constructed site and building models ATKINS PAINTERS, San Bernardino, O Web Designer/Painter (6/08-8/08) • Designed and developed company w • Prepared and painted interiors and ex-	Navy, Banana Republic, an s 7.0 prepared survey reports for client proposals CA ebsite		Bullet points work well to draw attention to action verbs.	
Leadership Positions	AMERICAN INSTITUTE OF ARCHITER AIAEB Student Representative (12/0 • Attend monthly AIA board meetings a PHI SIGMA FRATERNITY, UC Berkele Vice President (1/08-1/09) • Organized venues, security, transport • Managed \$18,000 annual budget	7-present) nd events on behalf of stud y	ent chapter	Describe campus leadership activities with the same detail you would use to describe relevant jobs.	
	Executive Vice President (1/07-1/08) • Administered nationally recognized pl • Evaluated fraternity operations and m House Manager (1/06-1/07) • Coordinated 52 residents in routine m • Supervised demolition, purchasing, c BERKELEY EDUCATES ON ALCOHO Student Director (1/06-12/06) • Developed and presented seminars point in the second se	nade critical decisions naintenance and repairs of a ontracting and scheduling o LAWARENESS SEMINARS	f \$12,000 ba S (BEARS, U	athroom renovations JC Berkeley)	
Skills Affiliations	Technical: AutoCAD 2006, Arris CAD, I Professional: Model making, public spe American Institute of Architecture Stud	eaking		il, Intramural Softball	

Preparing for Your

Your Job or

**Resume & Letter** 

Successful

JOSHU	JA LARSON	
2503 Channing Way, #800, Berkeley, CA 94704	(510) 555-1029	jlarso@berkeley.edu
EDUCATION: WALTER A. HAAS SCHOOL OF BUSINESS, Univers Bachelor of Science, Business Administration, May 20 Major GPA: 3.5, Overall GPA: 3.4; SAT Math: 710 Verb	10	Except for some larg firms, most employe don't ask for SAT scores.
WORK EXPERIENCE Catalyst Partners, Inc., San Francisco, CA Consultant: Collaborated with 5 students and 3 Accer client's online software. Conduct basic market researc surveys. Develop updated marketing plan and create i	h with customer base through i	nterviews and paper based
Spherion Technology Infrastructure Solutions, Pleasan Intern: Gathered and researched leads for account ex executives. Created Excel spreadsheet to track recruit	ecutives. Performed phone inte	(6/08-8/08, 12/07-1/08) erviews with industry
Psychology Department, University of California, Berke <b>Research Assistant</b> : Managed team of four behaviora Attended weekly team meetings to assess progress, d over 40 calls to survey, recruit, and schedule potential	al coders for project investigatin iscuss coding methods, and dis	
ACTIVITIES Eggster Hunt & Learning Festival, Berkeley, CA Co-Director: Manage 11 committee heads to facilitate sponsor five local children's nonprofits with funds, time hunts and 50+ educational booths geared toward child	e, and talent and to offer a free	event consisting of 10 egg
<b>Community Relations Co-Chair</b> : Supervised and dev selected five agencies and developed working relation meetings. Assisted organization in raising \$26K and at	ships through community servi	
Alumni Scholars Club, Berkeley, CA Member/Marketing Chair/Freshman Finals Survival per semester. Research prices for kit materials and su through extensive mailing to parents of UC Berkeley st	pervise package assembly for	
Children's Hospital Oakland, Oakland, CA <b>100 Hour Volunteer</b> : Facilitated patient care by engag bedside visits. Created and arranged arts and crafts p		
HONORS National Society of Collegiate Scholars, California Alur Scholarship; won four merit scholarships.	nni Association Leadership Sch	holarship, Robert C. Byrd
Languages: Spanish (conversational), C	notographer. Accomplished dan	
		This resume makes full use of the page with smaller margins Margins should be a least 0.5 inches and fonts no smaller thar 10 pt.

List both local and permanent addresses

if you plan to move

from your local

address within 3 months of applying.

## **Anna** Liu

Local: 333 Haste St. Apt. 200C, Berkeley, CA 94708 (510) 555-8798 Permanent: 1898 20th Avenue, San Francisco, CA 94122 (415) 555-8522 **Email**: aliu@berkeley.edu

#### Education o

**University of California, Berkeley** Bachelor of Arts in Molecular and Cell Biology, December 2008 **Emphasis in Cell and Developmental Biology** 

Physics

Human Physiology

Human Anatomy



#### Laboratory Skills

Enzyme characterization, RIAs, ion-exchange chromatography, gel electrophoresis, media preparation, protein assays, plasma preps, aseptic techniques, use of radioisotopes, HPLC, cell fractionation

Cell Biology

Microbiology

**Biochemistry** 

#### Coursework

**Biology** Chemistry

**Organic Chemistry** 

#### **Experience**

#### **Laboratory Instructor**

- Vista Community College, Berkeley, CA (8/08-present)
- Lecture in genetics, immunology, microbiology, and general biology
- Carefully prepare stock solutions and media
- Supervise teacher assistants and oversee 35 students in each class
- Work with a team of professors and teacher assistants in publishing new lab manuals

#### **Research Assistant**

- Comparative Endocrinology Lab, University of California, Berkeley (8/07-present)
- Plan, organize, and carry out long-term and short-term research projects
- Analyze, research, and study evolution of hormones
- Develop expertise in metabolic pathways of thyronines

#### **Student Caseworker**

Suitcase Clinic, Berkeley, CA (1/07-5/07)

- Interviewed over 100 homeless and low-income individuals to obtain profiles and determine their presenting issues
- Worked with lawyers, physicians, and social workers to obtain services for qualifying individuals

#### **English Tutor and Mentor**

City College of San Francisco, San Francisco, CA (1/06-6/06)

- Developed lesson plans to teach three groups of 35 students the complexities of the English language
- Provided assistance to tutors in subjects such as grammar and composition

#### Activities

Mentor, Chinatown YMCA (8/07-present) Officer, Society of Cal Integrative Biology Undergraduate Students (SCIBUGS) (12/07-6/08) Fundraiser, Recreation Center for the Disabled (8/05-12/07)

#### **Additional Skills**

Corel Quattro Pro, MS Excel, MS Access, and DOS; fluent in Cantonese



## CHRISTOPHER LEWIS 1475 Grand Avenue Apt. 3 Oakland, CA 94602 (510) 555-2217 christol@abc.com OBJECTIVE Editorial Assistant SUMMARY OF QUALIFICATIONS C

- Staff Editor for *The Archaeological Review*
- Trained in expository, media, and academic writing
- Developed archival system for museum film collection
- Proficient in Word, PowerPoint, Publisher, SASS and Mac and PC environments

#### SKILLS

#### Writing/Editing

- Edited submitted papers for content, coherence, and language usage.
- Transferred edited copy from print to Quark and formatted material for publication.
- Completed Master's dissertation; currently synthesizing select chapters for publication.

#### Research

- Developed, implemented, and interpreted six-page questionnaire.
- Developed sampling techniques including special variant of standard random sample.
- Prepared raw data for computer analysis.

#### **Organization/Administration**

- Coordinated all aspects of four-day international professional conference. Developed agenda, scheduled speakers, and organized discussion groups.
- Catalogued and curated American Indian Ethnographic Film Collection for Lowie Museum of Anthropology.
- Scheduled and coordinated auditions and interviews for performers and technical staff for commercial and industrial film projects.
- Evaluated and contacted prospective clients and talent agencies as production assistant in commercial and industrial film projects.

#### WORK HISTORY

Field Archaeologist and Lab Analyst Field Archaeologist and Lab Analyst Field Archaeologist Collections Curator Sales Associate

**EDUCATION** 

San Jose State University, CA Enlene and Verberie, France Jefferson Park, MD Lowie Museum, Berkeley, CA Canterbury, San Francisco, CA Spring 2009 Fall 2007 - Summer 2008 Summer 2007 Summer 2006 2005-2006

University of California, Berkeley M.A. Archaeology, May 2010 B.A. Anthropology, May 2004 UC Education Abroad Program, University of Melbourne, Australia, Spring 2003 The Summary of Qualifications brings immediate attention to relevant skills.

This student uses a skills resume to highlight his writing and editing experiences and de-emphasize his archaeology background.

# Internships

# Successful Interviewing

Job Offers

# EMAIL RESUME

# $\bigcirc \bigcirc \bigcirc \bigcirc$

Dear Ms. Walters,

Thank you for meeting with me following the career panel yesterday at UC Berkeley. I am very interested in the entry-level manufacturing engineering position we discussed. Below is a copy of my resume and I have attached it as well.

I believe my strong mechanical engineering training and work experience in a manufacturing setting make me an ideal candidate. I am available to begin work after January 2, 2010.

I look forward to hearing from your human resources representative and will follow up on your suggestions. Thank you for your time and your referral.

John Chang

#### RESUME

John Chang 189 Manor Lane Walnut Creek, CA 94598 (510) 555-8975 jc@berkeley.edu

EDUCATION University of California, Berkeley BS in Mechanical Engineering, December 2009 Honors: Pi Tau Sigma (Mechanical Engineering honor society); Regent's Scholar

#### **RELATED COURSES**

\*Product Development \*Measurement Systems \*Advanced 3D Modeling \*Fluid Mechanics \*Applied Fluids \*Thermodynamics \*Heat Transfer \*Properties of Materials

#### PROJECTS

\*Modeled aluminum tubing framework of a DNA machine and provided cost analysis, vendor information, and component and assembly drawings.

\*Conceptualized and developed a prototype for a device used to prevent the disastrous effects of household gas leaks.

#### EXPERIENCE

RAYTEK, INC., Fremont, CA, May 2008-present Manufacturing Engineering Assistant. Performed daily maintenance and troubleshooting of a manufacturing line. Researched and tested hardware and software scenarios for implementation.

- Unless told otherwise, always send a cover letter with your electronic resume.Email resumes and cover letter content should not exceed three printed pages.
- Emain resultes and cover letter content should not exceed three printed pages.

Text is simple and easy to read with no bold, underlining, or tabs. All text is justified left. See p. 25 for more guidelines.

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Job & Internship Guide • 09-10

# Preparing for Your Search

# Your Job or Internship Search

Resume & Letter Writing

Successful Interviewing

Internship & Job Offers

# COVER LETTERS

A well written cover letter should always accompany your resume or application. Its purpose is to introduce you and expand on the experience in your resume. A good cover letter should:

- Include specific information about why you want to work for the employer
- Exemplify clear and concise writing skills
- Demonstrate your knowledge of the position
- Align your experience with the desired qualifications of the employer

#### Cover Letters for Job or Internship Listings 1. Know the employer

Research the employer's organization to see how your skills and abilities meet its needs. In your cover letter, show why you are a good fit. Send the letter to a specific person whenever possible; otherwise, use "Dear Hiring Manager" or "Dear Members of the Selection Committee."

## 2. Analyze the job description

Take a good look at the job responsibilities and qualifications and design your cover letter to match these as much as possible. Sometimes job listings are vague. In these cases, draw from your experience of similar jobs to infer what skills and abilities might be required or research similar positions online.

### 3. Analyze your background

Think about your background in relation to the job responsibilities and qualifications. Ask yourself, "What have I done that is similar to what this job entails?" Consider courses taken, classroom projects, work experience, summer jobs, internships, volunteer experience, extracurricular involvement, and travel.

Be sure to indicate in the first paragraph what position you're seeking. If a specific person recommended you for or alerted you about the position, include their name and title up front. For example "Jason Ryner, your Marketing Manager, recommended that I apply for this position."

## **Prospecting Letters**

If you are inquiring about possible openings, you are sending an Inquiry or Prospecting Letter. Address your letter to a specific individual, usually the person who supervises the functional area where you'd like to work. Be as specific as possible about the type of position that interests you. Ideally, your research will reveal the job titles used by this employer. If not, use generic job titles commonly understood in the field.

# COVER LETTER CHECKLIST

STOP! Don't submit your cover letter until you have completed the following:

- Write an original targeted cover letter for each employer and position
- State in the first sentence why you are writing
- Show that your career goals are aligned with both the position and the organization
- Make your points succinctly; every point should support your readiness to contribute
- Proofread for typos and accuracy of contact information. Have another set of eyes review it too
- Run Spell Check before sending your final copy, but remember that it does not catch everything
- Follow up with the employer if you hear nothing after 2-3 weeks. Inquire if any further information is needed and reiterate your interest

#### HOW TO WRITE A COVER LETTER THAT GOES NOWHERE

- Make your introduction long winded and don't include your job objective to cause confusion about what you're applying for
- Don't proofread your letter or use Spell Check. This is very useful for those who claim to be "detail oriented"
- Ramble on about your experiences without explaining why they are relevant. Don't mention details that will let the employer know that you understand what their company does or what the job entails
- Write more than one page, forcing employers to hunt for your qualifications
- Explain what the employer can do for you, instead of what you can do for them
- Don't encourage the employer to contact you, leave out contact information, and don't sign your name at the end of the letter
- Send the same generic cover letter to all employers

# COVER LETTER

The following is intended as a guide. Cover letters should be unique and original.

Your street address City, State Zip Code Email address (Area Code) Phone Number

Month Date, Year

The simplest way to lay out your cover letter is to align all text to the left. Not only is it simple, but it looks professional and polished.

Mr./Ms./Dr. First and Last Name of Person Position or Title Employer Organization's Name Employer Street Address/P.O. Box City, State Zip Code

Dear Mr./Ms./Dr. Last Name of Addressee:

Tell the reader why you are writing (i.e., regarding the position that interests you; if appropriate, indicate how you learned of the position and/or organization). Make a general statement about being a good candidate for the job.

Explain why you have targeted this particular organization: demonstrate your knowledge of its products, services and operations (this means you must research the potential employer). Stress what you have to offer, not what you want from, the employer. Identify those parts of your experience (paid or non-paid) that will interest this employer. Students and recent graduates can draw attention to relevant course work, special projects and campus activities. In some cases, you will add detail to items included in your resume. Refer the reader to your enclosed resume for additional information.

Demonstrate your understanding of the duties of the positionthat you are applying for, and state how your unique qualifications fit the position. Request an interview appointment, or tell the reader that you will contact him/her soon in order to see if you can schedule a mutually convenient appointment. If the employer is some distance away, indicate when you would be available for an interview. (For example, if you will be traveling to the employer's location during an academic holiday, indicate the days you will be in that area.) Thank the reader for his/her time and consideration.

Sincerely,

Sign Your Name Here

Type your name

<sup>9</sup>reparing for Your Search

Internships

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Successful Interviewing

Internship & Job Offers

# **COVER LETTER**

2121 Elm Street Berkeley, CA 94541 maryjones@berkeley.edu December 28, 2009

Ms. Susan Merrill PricewaterhouseCoopers Dispute Analysis & Corporate Recovery Group 100 Palm Street Los Angeles, CA 90000

Dear Ms. Merrill:

As a Business Administration major at UC Berkeley with a strong background in economics, accounting, and finance, I am very excited to hear of a staff consultant position with PricewaterhouseCoopers. While I am certainly impressed by the far reach of PwC's work, the company's commitment to sustainable corporate responsibility and women's professional development are particular draws for me. I believe the qualities, skills and experience you seek are well matched by my track record:

Your Needs	My Qualifications	
Accounting Experience	• Currently working with the Investment Management Group at Wells Fargo.	
Finance Experience	• Prepared income tax returns for retail businesses and low income households.	
Strong Communication Skills	<ul> <li>Led team in preparing income tax returns by determining clients' specialized needs.</li> <li>Interact constantly with Wells Fargo managers and vendors.</li> </ul>	
Solid Accounting and Finance Education	<ul> <li>Coursework in intermediate financial accounting, auditing, economics, introductory finance, and investments.</li> <li>Graduating Business Administration Major with 3.5 GPA.</li> </ul>	
Professional Accomplishments	• Independently created databases to facilitate expense tracking for IMG Finance and Marketing.	

I am eager to pursue this opportunity and would be very interested in setting up an interview to discuss further how I would be a strong contributor at PricewaterhouseCoopers. I can be contacted at (510) 333-1111. I look forward to talking with you soon.

Sincerely,

Mary Jones

Mary Jones

Although it's more assertive to indicate that you will call, it's best to wait for a call if the employer specifically states "no calls" in their listing.

# COVER LETTER prospecting for a position

Since you don't have a mutual contact, you have to find another way 333 College Avenue to form a bond with the Berkeley, CA 94765 reader. Establish that you susantdavis@berkeley.edu are interested specifically (555) 555-7777 in this organization and explain why you are December 1, 2009 targeting them. Mr. Earl Jones Goodworks Agency 234 E Santa Clara Street San Jose, CA 94567 Dear Mr. Jones: I learned about Goodworks in the process of researching nonprofits online. I have been seeking an organization whose mission matches my desire to help low-income clients with practical matters and emotional support, and was inspired by Goodworks' range of services and successful track record. I am writing to see whether you would be interested in hiring an intern this summer. I am a junior at UC Berkeley, pursuing my BA in Sociology and a Spanish Minor, and considering an eventual career in social work or nonprofit management. Since August, I have been conducting HIV test counseling sessions as a volunteer at the Berkeley Free Clinic. It has been rewarding working with people from diverse backgrounds, many of whom are struggling to meet basic life needs, and to use my Spanish speaking skills. I would love to apply and further develop my counseling skills while making a positive contribution at Goodworks. I will be available to work up to 20 hours a week this coming summer and would welcome the opportunity to meet with you to discuss the possibility of interning there. I will follow up on this letter in a week to see if we can set up a time. Thank you very much for your attention. Sincerely, Keep the letter short Susan T. Davis and to the point. The reader is probably Susan T. Davis very busy, and the letter is just to get her attention. Be assertive in the closing.

