



Autonomously Together

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autonomous learning



why learner's autonomy?

who?

what actually?

how?

when?

where?

whether?

debate



the role of student vs. the role of teacher?

who is the expert?

what are the expectations from all sides?

what can be done?

the answer in ALMS – University of Helsinki

role play



STUDENT

- expert on learning
- partner
- individuality
- test is not the end

TEACHER

- counsellor / advisor / partner, not authority
- flexible, open-minded, patient
- belief in the student
- experience
- ideas, not a plan

metacognitive skills



David Little:

"...drawing together the threads
of self-assessment, goal-setting
and reflection..."

metacognitive skills



responsibility

attitudes, motivation

evaluation, monitoring

integration, self-reflection

planning, setting goals

realization...

English Autonomously



- option
- framework
- not a compulsory course
- no testing

English Autonomously



- contract
- SILL, CEFR, Kaleidoscope, strategies...
- intro sessions
- individual counsellings
- independent / individual work
- log
- support groups, showers

support groups portfolio



- literature – analysis
- double speak
- book club
- environmental English
- academic discussions
- film club
- drama
- journalling
- vocabulary builder
- reading shower
- art in galleries and elsewhere
- grammar shower
- soft skills
- pronunciation
- case studies
- organising an event through business correspondence
- presentation skills
- academic writing

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contract template



| | |
|------------------------------|-----------------|
| intro sessions | 10 |
| individual counselling | 1 |
| min.2 support groups | 20 |
| log writing | 4 |
| independent work | 15 |
| TOTAL | 50 hours |

= 2 credits

piloting now



- 38 students
- 2 counsellors
- 12 module teachers

- 8 modules (over 40 hours of contact hours)
- 3 showers (300 minutes)
- 40 hours of counselling

future



- life-long learning
- know-how
- motivation

- other faculties
- other areas
- other teachers

Mathew's syndrome



The rich will be richer, the poor will be poorer...

And hopefully, they will all be more autonomous:)



Thank you for your attention.

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